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# 236 children with developmental hydrocephalus: causes and clinical consequences

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# Abstract

Few systematic assessments of developmental forms of hydrocephalus exist. We reviewed MRIs and clinical records of patients with infancy-onset hydrocephalus. Among 411 infants, 236 had hydrocephalus with no recognizable extrinsic cause. These children were assigned to one of five subtypes and compared on the basis of clinical characteristics, developmental and surgical outcomes. At an average age of 5.3 years, 72% of children were walking independently and 87% could eat by mouth. 18% had epilepsy. Distinct patterns of associated malformations and syndromes were observed within each subtype. On average, children with aqueductal obstruction, cysts and encephaloceles had worse clinical outcomes than those with other forms of developmental hydrocephalus. 53% of surgically-treated patients experienced at least one shunt failure, but hydrocephalus associated with posterior fossa crowding required fewer shunt revisions. We conclude that each subtype of developmental hydrocephalus is associated with distinct clinical characteristics, syndromology, and outcomes, suggesting differences in underlying mechanisms.

# Keywords

hydrocephalus; aqueductal stenosis; myelomenigocele; encephaloceles

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Ethical Approval. This study was reviewed by the Human Subjects Protection Program of the Seattle Children's Research Institute and was granted approval number 14299.

Hydrocephalus, characterized by progressive accumulation of cerebrospinal fluid (CSF) within the ventricular system of the brain, affects approximately one in 1,000 births<sup>1</sup>. Hydrocephalus is a well-established consequence of acquired events such as intraventricular hemorrhage, but also occurs without a clear extrinsic cause, especially in infants. Our understanding of the causes of non-extrinsic forms of hydrocephalus, which we refer to as developmental hydrocephalus, is particularly limited.

When hydrocephalus develops during infancy, it has significant clinical implications. Earlyonset hydrocephalus conveys a high risk of neurodevelopmental impairment, but because developmental subtypes of hydrocephalus are often not defined, the extent to which outcome depends upon subtype is unclear. Similarly, the extent to which surgical outcome (in particular, the rate of shunt failure) differs by subtype is also unclear. As a result, most available information about the both the causes and the clinical consequences of developmental hydrocephalus is generic, rather than subtype-specific.

Using existing medical records, we investigated the clinical characteristics of a large cohort of infants with hydrocephalus, with particular emphasis on hydrocephalus without an extrinsic cause. We sought to better define the major clinical-radiographic subtypes of developmental hydrocephalus and their relative frequency, as well as the additional physical malformations and syndromes seen within each group, which could hold clues to underlying functional mechanisms. We then compared subtypes on the basis of concrete and quantifiable markers of developmental and surgical outcome.

# **METHODS**

#### Patient identification

With the intention of performing a retrospective review, and with the approval of the Seattle Children's Hospital Institutional Review Board, we searched the hospital's imaging database using the terms "hydrocephalus," "ventriculomegaly," and "aqueductal stenosis" for MRIs that had been performed in children 12 months of age or less.

#### Patient inclusion and exclusion criteria

We used the definition of hydrocephalus proposed by the International Hydrocephalus Working Group: "an active [and progressive] distension of the ventricular system…resulting from inadequate passage of CSF from its point of production... to its point of absorption...<sup>2</sup>" Accordingly, we included children with ventricular distension, regardless of whether they had clinical signs of increased intracranial pressure. We excluded children with hydranencephaly, children in whom excessive CSF was purely extraaxial, and children with hydrocephalus *ex vacuo*, unless progressive ventricular distension was also evident.

#### Confirmation of hydrocephalus and review of anatomy

Two authors (HMT, GEI) assessed scans to confirm ventricular dilatation. When we observed only equivocal ventricular dilatation, we looked for evidence of progression on follow-up imaging studies, or accelerated head growth on growth charts. To quantify

ventricular dilatation, we calculated an Evans index using standard methods<sup>3</sup>. We also assessed brain anatomy in detail.

### **Clinical information**

We reviewed the medical records of all identified children. In addition to basic demographic characteristics, date of birth and date of death or last follow-up, we recorded associated medical conditions, results of diagnostic testing, surgical history and cause of death (if known, and if applicable). Time of onset of hydrocephalus was defined as the age at which it was first confirmed on imaging. We recorded whether children of any age were able to eat safely by mouth and whether they required physical or speech therapy. We also recorded whether children had epilepsy. We recorded whether children 2 years of age and older were able to walk independently. We recorded the type and timing of all hydrocephalus-related surgical procedures, and whether there was a history of shunt infection or mechanical shunt failure.

#### Classification of subtypes

We sought to delineate subtypes of developmental hydrocephalus on the basis of major radiographic findings, particularly the apparent point of CSF obstruction. Since infants with developmental forms of hydrocephalus may have multiple points of CSF obstruction, not all of which can be easily defined on MRI<sup>2</sup>, we classified them as having apparent obstruction at the level of the aqueduct, at the level of the posterior fossa, or neither. We also incorporated readily apparent imaging findings such as intracranial cysts and encephaloceles, as well as the distinctive Chiari II malformation seen in association with myelomeningoceles.

#### Statistical analysis

To compare differences in outcome variables across subtypes of hydrocephalus, we performed Chi-square, Fisher's exact, anova and non-parametric mean tests. All analyses were performed using Stata12 software (*Stata Statistical Software: Release 12.* College Station, TX: StataCorp LP).

# RESULTS

We identified 424 infants who were diagnosed with or treated for hydrocephalus between 2002 and 2012, 411 of whom had sufficiently detailed records to allow assessment of etiology (Supplementary Table 1). Of these infants, 155 (37.7%) had hydrocephalus attributable to a known extrinsic event, including intraventricular (N=96) or intraparenchymal (N=10) hemorrhage, neoplasm (N=20), infection (N=16), and trauma (N=8). Another 20 had clinical or imaging signs that implied a cryptic extrinsic cause, including chorioretinal scarring (suggesting intrauterine infection), or apparent hemosiderin on MRI (suggesting intrauterine hemorrhage). The remaining 236 patients had hydrocephalus without any evident extrinsic cause, so were classified as having developmental hydrocephalus.

# Subtypes of developmental hydrocephalus

232 of 236 children could be placed in one of five clinical-radiographic categories (Supplementary Table 2): hydrocephalus associated with **myelomeningocele (MMH)** (Figure 1), (N=78); hydrocephalus associated with apparent **aqueductal obstruction (AQ)** (Figure 2), (N=59); hydrocephalus associated with **posterior fossa crowding (PFC)** (Figure 3), (N=25); hydrocephalus associated with **cysts** or **cephaloceles** (Figure 4) (N=40); and **communicating hydrocephalus** (Figure 5), with no radiographic evidence of obstruction (N=31). Four children could not be categorized: two with Vein of Galen malformations and one with a dural AV fistula, none of whom had detailed pre-surgical imaging to allow the point of obstruction to be determined, and one with neurocutaneous melanosis, with multiple subarachnoid adhesions. These children were included in the overall analyses, but not within subgroup analyses.

#### Additional brain malformations (Supplementary Table 3)

All but two children with MM-associated hydrocephalus had classic Chiari II malformations. The other two had the brainstem features of a Chiari II, but with a partially absent cerebellum, a feature presumed to be the result of a prenatal disruption<sup>4</sup>. Among children with AQ, 14 had additional midline brainstem and cerebellar malformations. Three had nodular aqueductal obstruction, and two had the characteristic features of muscle-eyebrain disease. PFC was associated with Chiari I malformations in 11 children, four of whom had megalencephaly.

Among children in the cysts and cephaloceles group, agenesis of the corpus callosum (ACC) was seen in seven, always in conjunction with midline cysts. Cortical dysplasia, sometimes extensive, was seen in eight children. Only two children in this category had classic Dandy-Walker malformations. Among children with communicating hydrocephalus, two had midline malformations, including ACC and absent septum pellucidum; otherwise, brain malformations were uncommon.

### Additional physical malformations and identifiable clinical syndromes

Additional physical anomalies were identified in 48 of 232 children (21%), 27 of whom had been diagnosed with specific syndromes (Table 2). No specific syndromes were present in patients with MMH, and additional physical malformations were rare. Among children with AQ, eight of 59 (14%) had a defined syndrome, including six with Hydrocephalus with Stenosis of the Aqueduct of Sylvius (HSAS) associated with *L1CAM* mutations (sometimes referred to as Bickers-Adams syndrome). Only one additional physical anomaly was seen.

Only three of 39 children (6%) with cysts and cephaloceles had an identifiable syndrome, but seven (19%) had additional malformations, most conspicuously renal cysts and digit abnormalities.

Among children with communicating hydrocephalus, only two of 31 (6%) had a defined syndrome, but five had major physical anomalies, including two structural cardiac defects and three congenital diaphragmatic hernias. Remarkably, 15 of 25 children (60%) with PFC had defined disorders, most frequently multi-suture craniosynostosis or skeletal dysplasia

syndromes. Additional physical malformations were seen in two of the ten remaining children (20%).

#### **Developmental and surgical outcome**

After assessing basic characteristics of children with hydrocephalus (Table 3), we compared children on the basis of objective clinical criteria. At an average age of 5.3 years, 87% could eat by mouth, and 72% of children over two years of age (86% of children without MM) were walking independently. Seventy percent required physical therapy (56% of those without MM), 41% were receiving speech therapy, and 18% had epilepsy. We noted statistically significant differences in the need for physical therapy, speech therapy, and the presence of epilepsy across subtypes.

Surgery for hydrocephalus was performed in 72% of children, with the highest proportion in MMH (87%) and the lowest in communicating hydrocephalus (19%) (Table 4). Among patients who underwent VP shunt placement, 53% experienced at least one shunt failure, a result that did not differ statistically by subtype. However, the 10-year shunt failure rate demonstrated highly statistically significant difference across subtypes, a result driven by the lower revision rates seen in children with PFC.

# DISCUSSION

We investigated a large series of infants with hydrocephalus and found that 58% had no obvious extrinsic cause of their condition. Almost all children could be placed into one of five subtypes based on key clinical and radiographic features. The additional malformations and syndromes seen within subtypes suggest distinct underlying mechanisms, a notion further underscored by differences in basic clinical characteristics, developmental and surgical outcomes.

#### Hydrocephalus associated with myelomeningocele

The MM-associated Chiari II malformation is characterized by several anatomic features that combine to cause apparent aqueductal and posterior fossa crowding<sup>5</sup>, which may contribute to the earlier onset and greater ventricular dilatation seen in this group of children compared to those with posterior fossa crowding alone. Though these children had mobility problems as a result of their myelomeningoceles, the proportion of children requiring speech therapy, who had epilepsy and who were deceased was relatively low.

Mechanistically, the Chiari II malformation is usually viewed as a consequence of chronic intrauterine CSF leakage<sup>6, 7</sup>, a notion supported by animal models<sup>7–9</sup> and by the results of clinical trials *in utero* repair of myelomeningocele, which show improvement in hydrocephalus<sup>10</sup>. Of note, mutations in planar cell polarity genes play a role in the pathogenesis of some neural tube defects in humans<sup>11–13</sup>, while mutations in other planar cell polarity genes give rise to hydrocephalus independent of MM in mice<sup>14</sup>, which is postulated to be the result of impaired development and function of ependymal cilia<sup>15</sup>. The hydrocephalus that accompanies MM may therefore be both a consequence of mechanical obstruction and, in a subset of patients, genetically-based differences in CSF flow.

### Aqueductal obstruction

Hydrocephalus associated with aqueductal obstruction was early in onset and associated with the greatest severity of ventricular dilation. Not surprisingly, this group of children had the worst developmental outcomes of any group, though the need for multiple surgeries and the total number of surgical procedures undergone by each patient was similar to most other subtypes.

Of the eight children with aqueductal obstruction tested, six had mutations in *L1CAM*, which plays key roles in neuronal migration and axon guidance<sup>16</sup>. Two children had muscleeye-brain disease caused by mutations in *POMGNT1*, which also leads to aberrant migration of neurons and likely contributes to an obstructive brainstem malformation<sup>17, 18</sup>. Notably, 15 children with aqueductal obstruction had additional mid-hindbrain malformations, most often mesencephalosynapsis with or without rhombencephalosynapsis. These malformations are thought to be genetically based, though the genes involved are not known.

Though we excluded patients with known IVH or infection, some children in this group could have aqueductal obstruction as the result of an unrecognized extrinsic event. Evidence of obstructive microhemorrhage in a structurally normal aqueduct is sometimes evident only upon autopsy<sup>19</sup>. IVH has also been shown to induce nodules of neural progenitor cells within the ventricular system<sup>20</sup>. This mechanism could potentially explain the nodular obstruction seen in three children.

# Posterior fossa crowding

PFC, with or without hydrocephalus, is often described in conjunction with alterations of skull shape<sup>21–24</sup>. Skeletal dysplasias and multi-suture synostosis syndromes were seen in over half the patients in this category, with mutations in *FGFR* genes found in all but one of those children who underwent testing. The bony changes associated with *FGFR*-related syndromes are well recognized. However, mutations in *FGFR*-mediated signaling pathways can also cause excessive growth of the brain itself<sup>25–28</sup>. This provides a link between *FGFR*-associated hydrocephalus and megalencephaly-associated hydrocephalus, which was present in six children in this category.

The mechanism leading to this subtype of hydrocephalus may be a progressive mismatch between skull size and brain size, which is underscored by the relatively late onset of hydrocephalus seen in this group of children. Clinical outcomes were similar to the group as a whole, though fewer children had epilepsy. Notably, children in this category who underwent hydrocephalus-related surgery were much less likely to experience shunt failure, possibly because many also underwent skull surgery, possibly rendering these children less shunt-dependent though improvedment of CSF flow dynamics.

# Cysts and cephaloceles

Cysts and cephaloceles are known causes of hydrocephalus<sup>29, 30</sup>, but the pathogenesis of these malformations is poorly understood. Simple cysts have been attributed to accidental entrapment of CSF within a split layer of arachnoid<sup>31</sup>. However, more complex cystic malformations can have a genetic basis, with numerous syndromes described in the

literature, including oro-facial-digital syndrome<sup>32</sup>, Chudley-McCullough syndrome<sup>33</sup> and Aicardi syndrome<sup>34</sup>. This subtype was associated with the highest proportion of children with epilepsy, likely reflecting the inclusion of complex cystic malformations and encephaloceles with associated cortical dysplasia.

We suspect that several molecular mechanisms underlie cyst- and cephalocele-associated hydrocephalus, which is supported by the spectrum of MRI findings seen in this group of children. Only three patients had a defined syndrome, but additional physical anomalies were more common in this subtype than in any other. Several of the malformations seen in association with complex cystic malformations and encephaloceles, including renal cysts and poly- or syndactyly, hint at defective ciliary signaling<sup>35</sup>.

#### Communicating hydrocephalus

Hydrocephalus without apparent obstruction is a known consequence of IVH and infection, presumably due to inflammation in the subarachnoid space. The pathophysiology of idiopathic communicating hydrocephalus is less clear, with cryptic hemorrhage<sup>36</sup>, immaturity of the arachnoid granulations<sup>37, 38</sup>, excessive skull growth<sup>39</sup>, lymphatic dysplasia<sup>40</sup> and elevated venous outflow resistance<sup>41–43</sup> all invoked as possible causes. A genetic underpinning of idiopathic communicating hydrocephalus has long been suspected, based on the observation that a substantial minority of affected children have close family members with macrocephaly<sup>38, 44, 45</sup>. In our series, this subtype had a much higher proportion of males than others, which suggests an X-linked contribution.

The highly variable age of onset and severity seen among children with communicating hydrocephalus suggests that multiple functional mechanisms may be operating. Notably, five patients in this group had malformations associated with increased vascular pressure, confirming that high venous outflow resistance may be important in this form of hydrocephalus.

# Limitations of this study

This study provides detailed anatomic and clinical information on a large cohort of children; however, it is limited to those who underwent MRI scans. Those who underwent only CT or ultrasound were not included, which could bias the results towards more severely affected children. This study is also limited by its retrospective and observational nature. Children with multiple medical needs are likely to have frequent medical appointments with detailed documentation available for review; children who are more mildly affected may be more easily lost to follow-up. Therefore, this study may be biased towards more severely affected children, with a resulting overestimation of the proportion with disabilities. In contrast, this study may underestimate the frequency of outcomes such as epilepsy and shunt failure; these outcomes accrue over time and would be expected to increase if the cohort were followed longer.

# CONCLUSION

Among 411 infants with hydrocephalus, 60% had no recognizable extrinsic cause of their condition. All but four of these infants could be placed in one of five categories based on key

clinical and radiographic features. The clinical characteristics, patterns of additional malformations and syndromes, as well as statistically significant differences in developmental and surgical outcome observed across subtypes suggest distinct underlying mechanisms. We suspect that these mechanisms will be better elucidated, and subtypes further refined, with advances in imaging and discovery of new genes. This in turn will allow for more nuanced counselling of affected families and more clinically relevant comparisons of outcome and response to treatment.

# Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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**Figure 1. MM-associated hydrocephalus.** A–D: Classic Chiari II malformation Sagittal T1 MRI image (A) demonstrating classic features of a Chiari II malformation including elongated pons and downwardly displaced medulla, tectal beaking, small posterior fossa with vertically oriented tentorium, with cerebellar tonsillar ectopia below the foramen magnum line. Axial 1 T2 images (B–D). Note patency of aqueduct in B (arrow). **E–H: Chiari II with aqueductal compression.** Sagittal T1 image (A) demonstrating similar anatomic configuration as A, but with more prominent posterior fossa crowding and aqueductal compression. Axial T2 images (F–H). Note absence of patent aqueduct in F (arrow).



Figure 2. Aqueductal obstruction. A–D: Aqueductal obstruction associated with *L1CAM* mutation

Sagittal T1 MRI image (A) showing complete aqueductal occlusion (arrow) and small cerebellum. Axial T2 images (B–D) demonstrating extensive dilation of lateral ventricles. **E–H: Mesencephalosynapsis.** Sagittal T1 images (A) demonstrating inferior aqueductal occlusion with funneling (arrow). Axial T2 images (F–H) showing fused inferior colliculi (arrow) and severe ventricular dilatation. **I–L: Periventricular nodular heterotopia with aqueductal nodule.** Sagittal T1 image (A) showing obstructive nodule within aqueduct

(arrow). Axial T2 images (J–L) demonstrating moderate ventricular dilatation and periventricular nodular heterotopia (arrows.) **M–P: Muscle-Eye-Brain disease.** Sagittal T1 image (M) showing enlarged tectum with complete aqueductal obstruction (arrow), hypoplastic and kinked brainstem, and cerebellar dysplasia with cysts. Axial T2 images (N–P) showing cobblestone cortex and abnormal white matter.

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#### Figure 3. Posterior fossa crowding. A-D: Chiari I malformation

Axial T1 MRI image (A) showing open aqueduct and relatively large-appearing cerebellum, with herniation of tonsils below foramen magnum (dashed line). Axial T2 images (B–D) showing moderate dilatation of lateral ventricles. **E–H: Pfeiffer Syndrome** with multisuture synostosis. Sagittal T2 images (E) showing midface retrusion, widely patent aqueduct and small, crowded posterior fossa with tonsillar herniation below the foramen magnum (dashed line) in patient with a confirmed FGFR2 mutation. Axial T2 images (F–H) showing moderate ventricular dilatation. **I–L: MPPH syndrome.** Sagittal T1 image (I) showing widely patent aqueduct with tonsillar herniation through foramen magnum (dashed line). Axial T2 image showing moderate ventricular dilation (J–L) and extensive bilateral perisylvian polymicrogyria (L, arrow).



# Figure 4. Cysts and cephaloceles. A–D: 3<sup>rd</sup> ventricular cyst

Sagittal T1 (A) and axial T2 (B-d) MRI images demonstrating small, obstructive cyst with lack of additional brain malformations or cortical dysplasia. **E–H: intrahemispheric cyst.** Sagittal CISS and axial T2 images showing interhemispheric cyst with absent corpus callosum. **I–L: complex cystic malformation.** Sagittal (I) and axial (J–L) T2 images demonstrating brainstem hypoplasia and extensive infolded, dysplastic cerebral hemispheres (L, arrows). **M–P: Encephalocele.** Sagittal T1 images (M) showing cephalocele, with fluid

collection in continuity with posterior fossa. Axial T2 images (N–P) demonstrating relatively normal-appearing cerebral hemispheres.



**Figure 5.** Communicating hydrocephalus. A–D: mild idiopathic communicating hydrocephalus Sagittal T1 MRI image (AS) showing open aqueduct and absence of posterior fossa crowding. Axial T2 images (B–D) showing rounded, mildly dilated ventricles with generous extraaxial space. E–H: severe idiopathic communicating hydrocephalus. Sagittal T1 image (E) showing enlarged aqueduct, 4<sup>th</sup> ventricle, and excess fluid within the posterior fossa. Axial T2 images (E–H) demonstrate marked ventriculomegaly with transependymal flow.

	All hydrocephalus (n=236)	MM (n=78)	Proximal obstruction (n=60)	Distal obstruction (n=25)	Cysts and celes (n=38)	Communicating (n=31)
Male N (%)	131 (55.3)	43 (55.1)	14 (56.0)	14 (56.0)	18 (47.4)	22 (71.0)
Age at diagnosis N (%)						
Prenatal and <1w	166 (72.2)	78 (100.0)	51 (86.4)	2 (8.0)	24 (64.9)	11 (35.4)
1w-6m	37 (16.1)	0 (0.0)	7 (11.9)	9 (36.0)	9 (24.3)	12 (38.7)
>6m-12mo	27 (11.7)	0 (0.0)	1 (1.7)	14 (56.0)	4 (10.8)	8 (25.8)
<b>Age at last visit (yrs)</b> mean +/– SD (min, max)	4.6 +/- 3.1 (0.0, 13.1)	4.9 +/- 3.1 (0.1, 11.7)	4.9 +/- 3.2 (0.0, 11.8)	5.2 +/- 3.2 (0.3, 11.3)	4.7 +/- 3.1 0.4, 13.1)	3.0 +/- 2.1 (0.1, 10.0)
<b>Evans index</b> median (min, max)	0.44 (0.26, 0.88)	0.41 (0.30, 0.76)	0.56 (0.34, 0.88)	0.41 (0.31, 0.71)	0.43 (0.31, 0.59)	0.37 (0.26, 0.80)
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Basic characteristics of 236 children with developmental hydrocephalus

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Table 1

# Table 2

Clinical syndromes and additional anomalies by category

Clinical syndrome/Additional anomalies	Genetic cause (N/N tested
MM-associated	
Defined syndrome: 0/78 (0%)	
Additional physical anomalies: 3/78 (4%)	
MM with structural cardiac (1), atypical thoracic MM with vert seg defects, absent L kidney, absent R estis, structural cardiac (1), atypical thoracic MM with multiple vert seg defects (1)	
- Proximal obstruction	
Defined syndrome: 8/59 (14%)	
Aqueductal stenosis without additional findings (47), including HSAS.	L1CAM(6/8)
Muscle-eye-brain (2)	POMGNT1 (2/2)
Additional physical anomalies without defined syndrome: 1/51 (2%)	
Unilateral anophthalmia (1)	
Distal obstruction	
Defined syndrome: 15/25 (60%)	
Crouzon (4)	FGFR2(1/1)
Pfeiffer (3)	FGFR2 (3/3)
Carpenter (1)	Not tested
Achondroplasia (3)	FGFR3(1/1)
Thanatophoric dysplasia (1)	FGFR3(1/1)
Spondyloepiphyseal dysplasia (1)	Not tested
Undefined skeletal dysplasia	FGFR3 (0/1)
MPPH (1)	<i>PiK3CA/AKT3</i> pathway genes not tested
Additional physical anomalies without defined syndrome 2/10 (20%)	
Additional anomalies: unilateral microphthalmia (with megalencephaly), upper cervical fusion anomaly	
Cysts and cephaloceles	
Defined syndrome: 3/39 (8%)	
Chudley-McCullough (1)	GPSM2(1/1)
Oro-facial-digital type 1 (1)	OFD1 not tested
Opitz G/BBB (1)	MID1 not tested
Opitz G/BBB (1) Additional physical anomalies without defined syndrome: 7/36 (19%)	MID1 not tested
Opitz G/BBB (1) Additional physical anomalies without defined syndrome: 7/36 (19%) Cysts in multiple organ systems and polysyndactyly (1), multicystic kidneys (1), ambiguous genitalia and solydactyly (1), syndactyly and limb reduction with skin appendages (1), structural renal with vert seg defects ind interrupted aortic arch (1), vert seg defects and cleft palate (1), structural renal (1), TEF (1)	<i>MID1</i> not tested ( <i>OFD1</i> 0/1,other genes not known/not tested)
Opitz G/BBB (1) Additional physical anomalies without defined syndrome: 7/36 (19%) Cysts in multiple organ systems and polysyndactyly (1), multicystic kidneys (1), ambiguous genitalia and polydactyly (1), syndactyly and limb reduction with skin appendages (1), structural renal with vert seg defects and interrupted aortic arch (1), vert seg defects and cleft palate (1), structural renal (1), TEF (1) Communicating	<i>MID1</i> not tested ( <i>OFD1</i> 0/1,other genes not known/not tested)
Opitz G/BBB (1) Additional physical anomalies without defined syndrome: 7/36 (19%) Cysts in multiple organ systems and polysyndactyly (1), multicystic kidneys (1), ambiguous genitalia and polydactyly (1), syndactyly and limb reduction with skin appendages (1), structural renal with vert seg defects and interrupted aortic arch (1), vert seg defects and cleft palate (1), structural renal (1), TEF (1) Communicating Defined syndrome: 2/31 (6%)	<i>MID1</i> not tested ( <i>OFD1</i> 0/1,other genes not known/not tested)
Opitz G/BBB (1) Additional physical anomalies without defined syndrome: 7/36 (19%) Cysts in multiple organ systems and polysyndactyly (1), multicystic kidneys (1), ambiguous genitalia and polydactyly (1), syndactyly and limb reduction with skin appendages (1), structural renal with vert seg defects and interrupted aortic arch (1), vert seg defects and cleft palate (1), structural renal (1), TEF (1) Communicating Defined syndrome: 2/31 (6%) Cardio-facio-cutaneous with pulmonic stenosis (1)	<i>MID1</i> not tested ( <i>OFD1</i> 0/1,other genes not known/not tested) <i>BRAF</i> (1/1)

Clinical syndrome/Additional anomalies	Genetic cause (N/N tested)
CDH (3), structural cardiac (1)	(genes not known)

MM: myelomeningocele, HSAS: Hydrocephalus with Stenosis of the Aqueduct of Sylvius (associated with *L1CAM* mutations), TEF: tracheoesophageal fistula, MPPH: megalencephaly, polydactyly, polymicrogyria and hydrocephalus syndrome.

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Table 3

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Clinical	

	All hydrocephalus (n=236)	MM (n= 78)	Proximal obstruction (n=60)	Distal obstruction (n=25)	Cysts and celes (n=38)	Communicating (n=31)	P value for heterogeneity
NGT- or GT-fed N (%)	29 (12. 8)	6 (7.9)	10 (17.0)	5 (20.8)	4 (11.1)	4 (12.9)	0.40
Mobility (age 2 years) Walking independently	114 (65.9)	19 (31.1)	32 (74.4)	19 (95.0)	24 (85.7)	16 (94.1)	0.28 (excluding MM)
Crutches or walker	14 (8.1)	$12^{I}(19.7)$	2 (4.7)	0 (0.0)	0 (0.0)	0 (0.0)	
Wheelchair	45 (26.0)	$30^{I}(49.2)$	9 (20.9)	1 (5.0)	4 (14.3)	1 (5.8)	
Physical therapy N (%)	126 (70.0)	63 <sup>1</sup> (92.7)	28 (68.3)	10 (47.6)	17 (68.0)	8 (32.0)	0.02 (excluding MM)
<b>Speech therapy</b> N (%)	71 (40.5)	19 (29.2)	23 (59.0)	12 (54.6)	10 (58.3)	7 (28.0)	0.02
Epilepsy N (%)	40 (17.3)	5 (6.5)	20 (33.3)	2 (8.0)	11 (29.0)	2 (6.5)	<0.001
Deceased N (%)	14 (6.0)	1 (1.3)	7 (11.5)	2 (8.0)	2 (5.3)	2 (6.5)	0.16
Note: figures in hold reflect n	v values less than 0.005						

Vote: figures in bold reflect p values less than 0.005

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	All hydrocephalus (n=236)	MM (n= 78)	Proximal obstruction (n=60)	Distal obstruction (n=25)	Cysts and celes (n=38)	Communicating (n=31)	P value for heterogeneity
Any surgery <sup>I</sup> N (%)	167 (72.0)	68 (87.2)	47 (78.3)	13 (52.0) <sup>2</sup>	33 (86.8)	6 (19.4)	<0.001
<b>Total surgeries</b> <sup>2</sup> Mean +/–SD (min, max)	$2.3 \pm 1.6 (1, 9)$	$2.3 \pm 1.7$ (1,9)	$2.3 \pm 1.5 \ (1,6)$	$1.3 \pm 0.8 (1,3)$	$2.8 \pm 1.8$ (1,7)	$1.8 \pm 1.2 \; (1,3)$	0.04
VP shunt N (%)	162 (68.6)	67 (85.9)	47 (78.3)	11 (44.0)	28 (73.7)	6 (19.4)	<0.001
Any shunt failure $^{\mathcal{J}}$ N (%)	85 (52.8)	39 (58.2)	26 (55.3)	2 (18.2)	15 (55.6)	2 (33.3)	0.13
Failure rate <sup>3</sup> (number of failures per 10 child-years) <sup>3</sup>	$2.0 \pm 3.9$	$2.0 \pm 3.6$	$1.8 \pm 3.6$	$0.4 \pm 0.9$	$3.0 \pm 5.5$	$1.4 \pm 2.8$	<0.001
I Shint ETV or over far	nactrotion						

Shunt, ETV, or cyst fenestration

 $\mathcal{Z}_{\mbox{Among children who underwent surgery.}}$ 

 $\mathcal{J}_{Among}$  children with VP shunt.