REVIEW

Multifunctional particle-constituted microneedle arrays as cutaneous or mucosal vaccine adjuvant-delivery systems

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ARSTRACT

To overcome drawbacks of current injection vaccines, such as causing needle phobia, needing health professionals for inoculation, and generating dangerous sharps wastes, researchers have designed novel vaccines that are combined with various microneedle arrays (MAs), in particular, with the multifunctional particle-constructed MAs (MPMAs). MPMAs prove able to enhance vaccine stability through incorporating vaccine ingredients in the carrier, and can be painlessly inoculated by minimally trained workers or by selfadministration, leaving behind no metal needle pollution while eliciting robust systemic and mucosal immunity to antigens, thanks to delivering vaccines to cutaneous or mucosal compartments enriched in professional antigen-presenting cells (APCs). Especially, MPMAs can be easily integrated with functional molecules fulfilling targeting vaccine delivery or controlling immune response toward a Th1 or Th2 pathway to generate desired immunity against pathogens. Herein, we introduce the latest research and development of various MPMAs which are a novel but promising vaccine adjuvant delivery system (VADS).

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Introduction

Nowadays it is widely recognized that vaccination is the most cost-effective and the best prophylactic strategy for the treatment of many diseases, such as pathogenic infections, inflam-mations, and even malignant tumors.^{[1](#page-11-0)} Unfortunately, most of the now available vaccines are administered by intramuscular or subcutaneous injection and are, thus, inevitably associated with numerous unwanted disadvantages, such as causing needle phobia and low patient compliance, the risk of potential contamination by needles, a need for highly trained personnel for inoculation, $²$ $²$ $²$ and also sometimes triggering poor immunity,</sup> especially, in mucosa.³ To overcome the drawbacks associated with injections, researchers have formulated novel vaccines that can be inoculated through alternative routes, such as oral uptake, inhalation, intranasal and transdermal administration.[4-6](#page-11-3) Encouragingly, some of these novel vaccines that are vaccinated through intranasal or oral uptake have been approved for marketing,^{[4,6](#page-11-3)} offering great benefits to vaccinees, especially, children and the ones who have needle phobia.

In the past 2 decades, microneedle arrays (MAs) have been developed to deliver various vaccines through cutaneous or mucosal routes and have attracted much attention of researchers and pharmaceutical developers due to numerous advantages.[7,8](#page-11-4) Microneedles on MAs are needle-like structures, including the hollow or solid ones, both of which are usually shorter than 1 mm and used to pierce the stratum corneum or stratified squamous epithelia to facilitate the delivery of agents into skin or mucosa. For vaccine delivery, microneedles should be long enough to pierce the cutaneous or mucosal superficial

layers, but preferably short enough to avoid bleeding and paincausing. As such, MA vaccines have big advantages over others in that they have sub-millimeter structures designed to pierce the skin or mucosa painlessly and can very efficiently deliver vaccines to the cutaneous or mucosal compartments enriched in antigen-presenting cells (APCs), such as Langerhans cells, dendritic cells and macrophages, providing the basis for robust immunostimulatory effects and a significant antigen-sparing potential.^{[9-12](#page-11-5)} In particular, MA vaccines possess the potential to simplify immunization programs by eliminating the use of hypodermic metal needles, allowing self-administration of vaccine during pandemics and, thus, facilitating large-scale immunization in developing nations with a critical shortage of healthcare workers.^{[13,14](#page-11-6)}

To date, various types of MAs have been designed for vaccine delivery and can be roughly summarized as 2 categories: the dissolvable and non-dissolvable ones. 7 Usually, the non-dissolvable MAs include the hollow metal microneedles just for injection of the enclosed contents and the solid ones that are made of stiff inorganic materials, such as metal, silicon, glass and ceramics, bearing, or not, the active ingredients on microneedle surfaces and, therefore, function mainly as a poking device, micro-injection or as a master mold for fabrication of dissolving MAs. The dissolvable MAs are usually fabricated with biocompatible materials that can be degraded or dissolve in body fluids, and are either formulated as a simple homogeneous matrix entrapping antigen/adjuvant or engineered into specific multifunctional particles carrying the vaccine ingredients forming the multifunctional particle-constructed MAs (MPMAs).^{7,15}

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Usually, MPMAs are fabricated with materials in the form of particulate carriers, such as liposomes, polymeric particles, virus-like particles (VLPs), and non-virulent viruses, some of which may be further modified with functional molecules other than vaccine primary ingredients (i.e., antigen and/or adjuvant), rendering MAs an effective vaccine adjuvant and delivery system (VADS).^{[16](#page-11-7)} Notably, these MPMAs deliver vaccines in particulate carriers as they penetrate and dissolve into skin/ mucosa and, as a result, often play multiple roles, such as an antigen depot, targeting delivery, controlled release, and even the immunoresponse pathway-governor, depending on the function of decorating molecules. These molecules include TLR (toll-like receptor) ligands acting as an adjuvant, C-type receptor ligands working as an APC-targeting guide, and the microenvironmental cue-sensitive materials triggering agent release.[17](#page-11-8) Thus, the MPMA vaccines formulated with different ingredients in a specific way can induce a Th1, Th2 or mixed Th1/Th2 immune response resulting in strong cellular/humoral immunity against the loaded antigens.^{[7](#page-11-4)} Especially, when administration through oral mucosal routes, the MPMAs can efficiently elicit systemic as well we mucosal immunity not only at the vaccination site but also throughout the mucosal network, establishing a multiple immunodefense against invading pathogens.^{[18](#page-11-9)}

To date, though various types of MPMA vaccines under development are still far away from markets, several conventional vaccines based on microneedle delivery- are undergoing clinical trials,[19-23](#page-12-0) hinting the tantalizing prospects of MPMA products, which have numerous ideal features including the high stability, convenient and painless inoculation process, the possibility of self-administration, and easy post-use disposal leaving no needle pollutions. In this review, different types of MPMAs fabricated as an effective VADS are introduced to provide a reference to readers who are going to commit to the development of MA vaccines that are suitable for wide vaccination.

Preparation of MPMAs

The MPMAs are usually fabricated using the specific microneedle array inverse molds (MAIMs), which define the number, geometry and size of the microneedles. To make the MPMAs, the functional micro/nanoparticles are firstly prepared with or without vaccine ingredients and then filled into the MAIMs, and after removal of water and, sometimes, any other solvents, the solidified MPMAs are formed.^{[7](#page-11-4)} Although this casting-drying process for making MPMAs is simple, $15,24$ the premises for accomplishing such a fabrication process are that the vaccines with particulate characters have been well formulated and the MAIMs are already at hand. Unfortunately, production of either of the 2 entities is not as easy as the MPMA fabrication procedure and requires a comprehensive design and often involves rather complicated techniques.^{[18](#page-11-9)}

While the MAIMs are mainly fabricated with polydimethylsiloxane (PDMS), $7,15$ other materials such as ceramics and even purple sands have also been employed by some researchers to make the reverse molds with the advantage of not only simplifying the process by saving several steps and some types of special precision instruments but also omitting the use of organic solvents.[25,26](#page-12-1) By comparison, preparation of the MAIMs with PDMS is rather complex and involves several toxic solvents and numerous energy-consuming steps.^{[27-29](#page-12-2)} Usually, the MAIMs of PDMS are fabricated from the master molds, of which the MPMAs are the exact replicates. The master molds are usually made of different stiff materials, such as silicon, titanium, stainless-steel and glass, are often fabricated by the microelectromechanical systems (MEMS) technology, including deposition, photolithography, and reactive ion etching $(RIE)^{7,30}$ $(RIE)^{7,30}$ $(RIE)^{7,30}$ The details of the MAIM fabrication process can be found in several previ-ous papers,^{[27,30](#page-12-2)} but, herein, are briefly introduced, taking as an example the preparation of the PDMS MAIMs with silicon master molds. [Figure 1](#page-2-0) shows the process flow chart (top and side view) for fabrication of the silicon master molds and PDMS MAIMs, while the steps are briefly summarized as follows: (1) Coating a protective layer ([Fig. 1a and b](#page-2-0)); (2) Patterning and iso-tropic etching ([Figs. 1c and d\)](#page-2-0); 27,30 27,30 27,30 (3) Anisotropic etching; [\(Fig. 1e, f and g\)](#page-2-0); (4) Polymerization and molding ([Figs. 1h,](#page-2-0) [and i](#page-2-0)). 16

The above steps are just a brief summarization of the fabrication process of the PDMS MAIMs, of which a prepared representative product is shown in [Figure 2](#page-3-0), with each of the main steps and operating conditions having been markedly simplified. However, this concise summary is a clear outline of the rather complexed process for preparing MAIMs and may provide a reference for pharmaceutical or biological researchers who do not have a strong MESM background but are facing a challenge to develop MAs for vaccine/drug delivery. For more professional details, readers are encouraged to refer to the related references. $27,30$

Physical aspects and penetration of MPMAs

Size and geometry of MPMAs

The influences of microneedle geometry and size on agent delivery are theoretically identical for all solid microneedles and, therefore, are introduced here without distinguishing between MPMAs and other MAs.^{[7,15](#page-11-4)} The microneedles on MAs are reported in literature to have various shapes including pyramidal, taper cone, cylindrical, rectangular, octagonal, and quadrangular columns with sharp tips, 7.15 as shown in [Figure 3](#page-4-0). Obviously, the piercing features and the loading capacity, which usually counts on just the microneedle body but not the substrate of a MA, are the primary defining factors that have to be taken into consideration while deciding the optimum geometry of the microneedles to be prepared. Often, the microneedle length of different MAs ranges from 100 to 600 μ m, while the width or diameter of the microneedle bottom plane extends from 100 to 300μ m, to ensure efficient penetration, painless piercing, and also sufficient loading capacity for ingredients.^{[7,15,18](#page-11-4)}

Factors influencing penetration

Up to now, there have been few reports about how the shape and geometry of the microneedles actually influence immunization efficacy, but there are a few reports providing evidence on their influences on the agent other than vaccine delivery. Based

Figure 1. Schematic process for preparing the microneedle array reverse mold (MARM) with PDMS using photolithography and reactive ion etching (RIE) methods of the microelectromechanical systems (MEMS) technology.

on physical mechanics and the physiological features of the inoculation site for the MPMAs, several factors are argued to influence the microneedle penetration into the skin or mucosa. Firstly, the elastic nature of the skin or mucosa can prevent microneedle penetration by unfolding around the needles during microneedle application. Secondly, the hardness and toughness of MAs limit the insertion forces not to exceed the tensile forces of the microneedles to avoid damaging the microstruc-tures.^{[15](#page-11-10)} Especially, this aspect should be taken into account when MAs with relatively long microneedles are designed for application to the tough skin rather than the much vulnerable mucosa. Thirdly, the sharpness of the microneedle tip is also an important factor for skin and mucosa penetration, since sharp microneedles will penetrate more efficiently than the blunt ones.[31](#page-12-3) Therefore, the microneedle geometry plays a crucial role in MA-based vaccine delivery since it defines the sharpness and strength of the microneedles and will finally influence insertion stress. Fourthly, the microneedle density of a MA (the number of microneedles per row or the number of microneedles related to the surface area of patch) will also have an influence on the penetration. Usually, MPMA microneedles with a low density can easily pierce the skin or mucosa because they can pull it tight between the needles. In contrast, very dense microneedles fixed on a MPMA are less efficient in piercing the vaccination site due to the 'bed of nails' effect they exhibit,^{[15](#page-11-10)} as shown livingly by the action of an acrobat who lies on an array of sharp but dense nails without injury.

Recently, there has been an interest to investigate the influence of different variables related to the microneedle physical properties to reach optimum microneedle design and, hence, improve the transdermal drug delivery using $MAs.³²$ $MAs.³²$ $MAs.³²$ Many relevant factors have been considered crucial to formulate an optimized microneedle array system, including the geometry and shape of the microneedles, microneedle density, microneedle length, and microneedle bottom and even tip radius.

Park et al. fabricated beveled- and chisel-tip and taperedcone microneedles using biodegradable polymers, such as PLA and PLGA, measured needle mechanical properties, and assessed their ability to increase transport across the skin.^{[29](#page-12-5)} Mechanical testing proved that the microneedle failure forces (the force at which needles broke during axial loading) increase with Young's modulus of the material and needle base diameter but decrease with needle length, while they are larger than the forces needed to insert microneedles into skin, allowing MAs to increase permeability of human cadaver skin to a low-molecular weight tracer calcein and a macromolecular protein bovine serum albumin (BSA) by up to 3 orders of magnitude.

To optimize the microneedle dimensions with a view to increase skin permeability, Al-Qallaf and Das using algorithm based on an in-house java program presented a framework, allowing one to choose dimensions according to one's need.^{[33](#page-12-6)} Their optimization program suggests that the optimum patches have the number of microneedles per row (n) equal 20 and 13 for solid and hollow microneedles, respectively, while the surface area of patch and microneedle bottom radius equal 0.04 cm² and 25 μ m, respectively, in case of solid microneedles. The authors also showed that the aspect ratio (relates to the ratio of the center-to-center distance between 2 microneedles

Figure 2. A photo of a microneedle array inverse mold (MAIM) made of PDMS taken in zoom lens with a digital camera (left) and the image of the microholes of a MARM observed under an optical microscope (right). Reprinted with permission from Reference 16.

(pitch) to the microneedle bottom radius, R) should be greater than 2.0 so that an overlapping between any microneedles does not occur.

Bal et al. described the influence of microneedle geometry on agent transport through the formed conduits by LSCM (laser scanning confocal microscopy) visualization in human volunteers, who received 3 types of MAs with $300-\mu$ m length microneedles of different shapes ([Fig. 4](#page-5-0)) with the model agent fluorescein which was applied either before or after piercing.^{[32](#page-12-4)} They observed that the shape of the conduits formed by microneedle piercing was dependent on the type of MA used and the microneedles with the shape of oblique section-cut cylinder [\(Fig. 4A,](#page-5-0) named 300A for convenience) formed half-moon shaped conduits which were much larger and deeper than those visualized after treatment with the other 2 MAs, which had shapes of oblique section-cut square column ([Fig. 4B](#page-5-0), 300B) and regular cone ([Fig. 4C,](#page-5-0) 300C), respectively, and left behind the more round-shaped conduits with similar size. Also, these piercing effects were observed at different times of 5, 10 and 15 min after MA administration. In addition, they found that the fluorescent dye preferably diffused through the lipid regions surrounding the corneocytes, outlining the cells. Though application of the MAs with 300- μ m length microneedles was not perceived as painful, administration with the 300A microneedles, in contrast to the other 2 types, resulted in, occasionally, small blood spots which were regarded as the sign of side effects and the relatively large holes, whereby bacteria and other pathogens may, arguably, enter into skin.

Although microneedle geometry and size has an influence on the insertion ability of MAs, many issues, such as delivery efficiency, therapeutic or immunization efficacy and side effects, for different MAs with differently shaped microneedles remain yet unclear, despite the fact that several types of MAs with irregular shaped microneedles have been developed and investigated for agent delivery in animal models.⁷ Nevertheless, many novel MAs, especially MPMAs, have been successfully developed for drug and, increasingly, for vaccine delivery and proven highly effective in enhancing efficacy in preclinical investigations.

MPMAs for vaccine delivery

A MPMA constructed for vaccine delivery usually comprises 2 parts: the basement or pedestal and a number of microneedles fixed on the basement.^{[15](#page-11-10)} While the basement is, in most cases, composed of inert materials as matrix, the microneedles contain the functional particles, antigens/adjuvants which may or not be incorporated into those particles, and the necessary excipients that are well-chosen for shaping, protecting, and increasing the adjuvanticity and efficacy of the vaccines. The vaccine antigens are often in the form of the antigenic proteins isolated from the surface expressions by pathogens or the whole live attenuated or inactivated pathogens, such as viruses and bacteria.[34-36](#page-12-7) The isolated antigenic proteins, used for constituting so called subunit vaccines, are often entrapped or integrated into the functional particles such as liposomes, PLGA particles, virus like particles (VLPs), which may be combined with biofunctional materials including adjuvants to increase the deliv-ery and immunization efficiency of vaccines.^{[35,37](#page-12-8)} The whole live attenuated or inactivated pathogens can rarely be entrapped in micro/nanoparticles due to their large individual size and therefore are usually directly incorporated in or coated on the surface of MA microneedles and, also, may be separately delivered under the assistance by poking with independent MAs. However, MA delivery of vaccines composed of the nonvirulent whole pathogens, which, though, are actually the micro/nano-sized particles, has, whether or not, been widely tested or validated in the clinic and is not yet included in this paper which focuses on only the artificial micro/nanoparticles.

Multifunctional liposomes constituted MPMAs

Liposomes were discovered by British haematologist Bangham and coworkers, in the early 1960s, and have since been widely explored for vaccine delivery due to their good biocompatibility, high loading capacity to a variety of agents and well-established production method.^{[38-41](#page-12-9)} Also it is argued that when used as a vaccine carrier liposomes fulfil a dual function of delivery and adjuvanticity, although the latter is rather weak. 42 Thus, to increase the adjuvanticity, antigen-loading capacity as well as delivery efficiency, conventional liposomes are often modified on surface or in membranes with functional materials, such as the ionizable lipidic ingredients, TLR ligands, and C-type receptor-binding molecules, engendering the multifunctional liposomes to act as a carrier that can efficiently capture the oppositely charged antigens and targetedly deliver the immunogenic agents to APCs.^{[43,44](#page-12-11)}

Figure 3. Different type of MAs made of silicon, metal and polymer with microneedles of different shapes. Reprinted with permission from Reference 7.

Currently, liposomal vaccines are also fabricated into MAs to enhance their transportation into superficial layers of skin or mucosa, wherein affluent APCs are patrolling in surveillance of the invading pathogens. Gao's group prepared the cationic CpG OND-liposomes entrapping antigens or hepatitis B virus DNA, which were subsequently fabricated into the microneedles (9 \times 9 right square pyramid with a base width of 250 μ m, and 550 μ m in height) of MAs with PVP as a pedestal and matrix.[45](#page-12-12) When patched onto mice skin, this kind of MAs induced the production of high levels of anti-antigen IgG and IgG2a antibodies and directed a shift of the immunoresponse type from predominately Th2 type to a balance Th1/Th2 type. In particular, this kind of MPMAs loaded with hepatitis B virus DNAs could effectively deliver DNA vaccine into skin, inducing effective immune response toward the desired pathway establishing robust immunity against HBV in mouse model.^{[46](#page-12-13)} By comparison, Bouwstra's group demonstrated that encapsulation of model antigen OVA into cationic DOTPA/CpG OND-liposomes had a beneficial effect on the quality of the antibody response in mice after intranodal or i.d. immunization via needle injection but, notably, impaird proper delivery of antigen and adjuvant to the lymph nodes when the formulations are administered intra-nasally or transcutaneously at the site pre-treated by metal MAs $(4 \times 4$ microneedles with a length of 300 μ m).^{[47](#page-12-14)} These results suggest that, in contrast to liposomal vaccine-incorporated MAs, pre-treatment with independent MAs for micro-channel formation is not beneficial for vaccination with liposomal vaccines.

Irvine's group engineered a special kind of multifunctional liposomes, which were the negatively charged interbilayercross-linked multilamellar lipid vesicles (ICMVs) containing TLR4 ligand monophophoryl lipid A (MPLA) and proved to be a potent vaccine carrier.^{[48](#page-12-15)} Using PLGA as the matrix and pedestal, the researchers fabricated MPMAs with individual microneedles coated with multilayer films via layer-by-layer assembly of the biodegradable cationic $poly(\beta\text{-amino ester})$ (PBAE) and negatively charged ICMVs ([Fig. 5](#page-6-0)).^{[49](#page-12-16)} Given to mice on skin, the MPMAs effectively transferred the multilayer films of PBAE/ICMV from microneedle surfaces into cutaneous tissues, where the ICMV loaded cargos remained over the course of 24 h, increasing local APC uptake of the delivered antigens and stimulating the immune systems in situ, which resulted in robust antigen-specific humoral immune responses with a balanced generation of Th1/Th2 types.

Although most of the MPMA-based vaccines under development have been designed for percutaneous immunization, intramucosal administration provides an alternative inoculation route with numerous additional benefits, as reported by Wang's group in their papers on MPMA vaccines.^{[16,50](#page-11-7)} Using emulsification-lyophilization procedure, $39-41,51,52$ the researchers successfully created multifunctional liposomes bearing decorations of C-type receptor ligand mannose-PEG-cholesterol conjugate and TLR4 ligand MPLA, forming the mannosylated/ lipid A-liposomes (MLLs), which were confirmed to be an effective vaccine carrier for administration at oral cavity mucosa by inducing enhanced antigen-specific IgG, mucosal secreting IgA and chemookines such as IFN- γ and IL-4.^{[44](#page-12-18)} Going further, they incorporated the MLLs into the microneedles of a new kind of MAs, which were called proMMAs and had an array of 6×6 pyramidal microneedles, each with a base width of 250 μ m and a height of 650- μ m, using PVP and sucrose as the matrix, base plates as well as the dehydration

Figure 4. Images of the 3 different microneedle arrays used in this study. A: 300A microneedle array, assembled of 30 G needles. B: 300ED stainless steel microneedle array. C: Dermastamp consisting of 6 microneedles. In figure D, E and F higher magnification images of single microneedles are shown. Reprinted with permission from Reference 32.

protectants for antigens (OVA or HBsAg) [\(Fig. 6](#page-6-1)).^{[16](#page-11-7)} Thanks to lack of water and the presence of dehydration protectants, the proMMAs proved rather stable satisfying the handle condition of $CTC₁₃$ $CTC₁₃$ $CTC₁₃$ which is a very useful measure to guarantee the bioactivity of the vaccines transported and allocated in remote areas where the integrated cold chain is not often available.^{[53](#page-13-0)} Patched onto mouse oral cavity mucosa other than skin, the proMMAs, which were tough enough to pierce porcine skin, dissolved rapidly recovering, driven by interstitial fluid rehydration force, in situ the initial multifunctional MLLs which subsequently functioned the roles of vaccines and stimulated robust systemic immune responses against the loaded antigens

(OVA or HBsAg). Also, the researchers demonstrated that proMMAs could enormously save vaccine doses due to their direct delivery of MLLs across mucus barrier into oral mucosa, preventing the ingredient loss caused by oral fluids and swallowing. In contrast to the results by Irvine et al., who showed that transcutaneous administration of MA-based vaccines could still induce mucosal immune responses in mammals, 54 Wang's group revealed that only through mucosal rather than cutaneous immunization could the effective mucosal immunity be established by proMMAs, as evidenced by their observation that high levels of antigen-specific IgA in the salivary, intestinal and vaginal secretions were only detected in the mucosally vaccinated mice[.16](#page-11-7) Also, the proMMAs induced mice to initiate a mixed Th1/Th2 immune response against the loaded antigens, such as OVA and HBsAg, due to the dual decoration of liposomes with a mannose derivative and adjuvant lipid A, which can respectively facilitate APC uptake of the pathogen-like MLLs through mannose receptor-mediated endocytosis and APC cross-presentation of the internalized particulated antigens with MHC-I to $CD8⁺$ T cells through activation of TLRmediated signaling pathways. $42,52,55,56$ Thus, the proMMAbased vaccines have the capacity to induce both systemic and mucosal immune responses to the loaded antigens to set up strong cellular and humoral immunity against the related pathogens.

Clearly, different types of the multifunctional liposome-constituted MAs, including the proMMAs with oral cavity immunization, have created many novel vaccine platforms which, once well developed, will bring great benefits to humans, especially children, who need urgently the effective, convenient and safe vaccines to set up systemic as well as mucosal immunity as a first line of defense against numerous invasive pathogenic microorganisms, such as HBV, HIV, malaria, Dengue, and the high lethal Ebola viruses.^{[57](#page-13-2)}

PLGA particles constituted MPMAs

To adjust the pharmacodynamics and release kinetics of a drug as what is desired, numerous macromolecules have been synthesized for constructing pharmaceutical carriers. Among these, PLGA (poly(lactic-co-glycolic acid)) is a well-known biocompatible polymer which is rather safe and will hydrolyse into the original monomers of lactic acid and glycolic acid in the body.⁵ PLGA not only has been used in a number of Food and Drug Administration (FDA) approved therapeutic products,⁵⁹ but also is engineered into micro/nanoparticles as a vaccine carrier.⁵⁹⁻⁶¹ However, an effective carrier should have the ability to deliver vaccines to the professional APCs, such as dendritic cells (DCs) and macrophages, which are argued to be most efficient in antigen presentation for initiating immune responses but are usually lurking in plenty in superficial skin and mucosa.

To develop skin DC-targeting vaccines, Kissenpfennig's group prepared dissolving MAs with a 19 \times 19 array of 600- μ m height microneedles which were incorporated with OVA-encapsulated PLGA nanoparticles engineered with size of 357 nm, zeta-potential of -20 mV, and OVA entrapment efficiency of 35%.⁶² The researchers vaccinated mice by manually inserting the MPMAs onto the untreated dorsal side of both ears and showed that the skin-resident DCs first took up the antigen-PLGA nanoparticles

Figure 5. (a) Schematic illustration of (Poly-1/ICMV) multilayers deposited onto PLGA microneedle surfaces (Poly-1 = PBAE). ICMV lipid nanocapsules are prepared with interbilayer covalent cross-links between maleimide head groups (M) of adjacent phospholipid lamellae in the walls of multilamellar vesicles. (Poly-1/ICMV) PEMs were constructed on microneedles after (PS/SPS) base layer deposition. (b) Microneedles transfer (Poly-1/ICMV) coatings into the skin as cutaneous depots at microneedle insertion points. (c) Hydrolytic degradation of Poly-1 leads to PEM disintegration and ICMV release into the surrounding tissue. (d) ICMV delivery to skin-resident APCs provides coincident antigen exposure and immunostimulation, leading to initiation of adaptive immunity. Reprinted with permission from Reference 49.

and then delivered them to cutaneous draining lymph nodes where they subsequently induced significant expansion of antigen-specific T cells. Moreover, mice received this kind of MPMAs generated robust antigen-specific cellular immunity, which provided a complete protection against the challenges with either antigen-expressing B16 melanoma tumors or a murine model of para-influenza, through the activation of antigen-specific cytotoxic $CD8⁺$ T cells that resulted in efficient clearance of tumors and virus. Further

investigation confirmed that following MPMA immunization, it was Langerhans cells (LCs) that constituted the major skin DC subset capable of cross-priming antigen-specific CD8+ T cells ex vivo[.63](#page-13-6) Although all DC subsets were equally efficient in priming $CD4+T$ cells, LCs were largely responsible for orchestrating the differentiation of CD4+ IFN- γ - and IL-17-producing effectors, as evidenced by the observation that depletion of LCs prior to immunization had a remarkable negative effect on $CD8 + CTL$ responses

Figure 6. Characteristics of the prepared proMMA and MLLs. (A) Image of the prepared proHMA with 6×6 microneedles. (B) An optical microscopy image of a proHMA microneedle, which, upon rehydration, dissolved rapidly with changing its shape within 5 s (C) and almost disappeared in 1 min (D). (E) SEM of the powders of the proHMA microneedles. The within numerous nanospheres were proliposomes of the HBsAg-MLLs. (F) TEM of the HBsAg-MLLs prepared by procedure of emulsion-lyophilization. Reprinted with permission from Reference 16.

in vivo, rendering the vaccinated animals the reduced protective anti-tumor and viral immunity. Notably, the cross-priming bias was lost following i.d. immunization with the soluble antigen-laden MAs, suggesting that processing and cross-presentation of nanoparticulate antigen is favored by LCs highlighting the importance of LCs in skin immunization. Thus, selectively targeting the skin resident DCs with nano-particulate immunogens in dissolvable polymeric MAs potentially provides a promising technological platform for improved vaccination strategies.

Also, Irvine and his group manufactured PLGA microparticle MAs entrapping protein antigens and adjuvant Cy3-poly(I:C). The PLGA microparticles had a size of about 1580 nm in diameter and zeta potential of -26 mV and were fabricated to form the MPMAs which had conical microneedles of 700- μ m in height and 250- μ m in diameter at the base with water-soluble poly(acrylic acid) (PAA) as a supporting pedestal.^{[64](#page-13-7)} The MA microneedles proved thermostable and able to perforate the stratum corneum and implant the antigen/adjuvant-loaded PLGA microparticles in the epidermal compartment following patch removal due to rapid separation of microneedles from PAA pedestal [\(Fig. 7](#page-7-0)). Notably, the formed depot of PLGA microparticles remained in the skin for weeks after patching and maintained the release of encapsulated cargos for sustained delivery, resulting in potent humoral and cellular immunity matching or exceeding that by traditional needle injection vaccination. These results suggest that PLGA microparticleconstituted MPMAs are an effective platform for straightforward and robust transcutaneous vaccine deliverythrough engendering the controlled release depot of vaccines.

Chitosan nanoparticles delivered with MAs

Chitosan is a linear glucosamine polysaccharide with mucoadhesive property and has a positive charge under acidic condi-tions, allowing it to be used widely for drug delivery.^{[65](#page-13-8)} Recently, Bouwstra's group made a study to gain insight into the transcutaneous delivery and immunogenicity of N-trimethyl chitosan (TMC) nanoparticles entrapping diphtheria toxoid (DT) as an adjuvant, which were applied transcutaneously with an indepen-dent metal MA.^{[66](#page-13-9)} Mice were vaccinated with DT-loaded TMC nanoparticles, a solution of TMC and DT (TMC/DT) or DT alone, which were applied onto the skin before or after microneedle treatment with 2 different 300- μ m-long microneedle arrays and were also injected i.d.ly (ID). They found that independent of the MA used,the sequence of microneedle treatment and vaccine application, transcutaneous immunisation with the TMC/DT mixture solution elicited 8-fold higher IgG titres compared to the DT-loaded TMC nanoparticles or DT solution, while the toxin-neutralising antibody titres from this group were similar to those elicited by subcutaneous DT-alum. Confocal microscopy studies revealed that transport of the TMC nanoparticles across the microneedle conduits was limited compared to a TMC solution. Also, in another study this group demonstrated that after transcutaneous administration with metal MAs, TMC–OVA conjugates were more immunogenic than either TMC/OVA nanoparticles or the TMC $+$ OVA mixtures, likely because they penetrate the skin more easily than nanoparticles and, consequently, were better delivered to DCs, while they showed higher uptake by DCs than $TMC + OVA$ mix-tures.^{[67](#page-13-10)} Thus, it was argued that TMC had indeed an adjuvant

Figure 7. (a) Confocal microscopy images of PLGA-PAA composite microneedles fabricated to encapsulate DiD-loaded PLGA microparticles (MP) (right, scale bar 200 μ m). SEM images of (b) resulting microparticle-encapsulating microneedle array (scale bar 200 μ m) and (c) high magnification image of the composite needle interior of a fractured microneedle (scale bar 10 μ m). Reprinted with permission from Reference 64.

function in transcutaneous immunization with microneedles, but only if applied in a solution, denying the necessity of engineering TMC into nanoparticles as vaccine in carriers when using independent MA for delivery. This suggests that the design and development of MPMA vaccines is much more complexed than the speculation just based on the existent data of specific MAs and, thus, requires sufficient precautions, considerations and explorations.

Polyelectrolyte multilayer constituted MPMAs

The polyelectrolyte multilayer (PEM) is an ultra-thin film which is formed by the alternate adsorption of positively and negatively charged polyelectrolytes on a substratum.^{[68](#page-13-11)} The electrostatic attraction between multiple oppositely charged polyelectrolytes provides relatively firm interactions for immobilization of biomolecules within the PEMs, engendering a kind of useful carriers for loading various vaccine agents including antigenic peptides, DNAs or RNAs.^{[69](#page-13-12)}

However, the planar multilayer patches can rarely facilitate entry of released cargos from the PEM films into the epidermis due to their specific configuration. DeMuth and coworkers engineered DNA vaccine-entrapping PEMs which were further fabricated into MAs with 9 \times 9 conic microneedles of 250 μ m in diameter at base and 650 μ m in height and a matrix/basement of poly(L-lactide) (PLA), forming this so called "multi-layer tattoo" DNA vaccines.^{[17](#page-11-8)} Using melt-molding protocol the authors produced the PLA-based MPMAs, which were then coated with a release layer of photo- and pH-sensitive PNMP, and then a PEM film of 20 bilayers of protamine-sulfate (PS) and poly(4-styrene-sulfonate) (SPS) to provide a uniform charge density through the use of layer-by-layer (LbL) selfassembly, and finally, by iterative adsorption, with an overlying PEM film composed of immune-stimulatory poly (I:C) and/or vaccine DNA (Cy5-labeled pDNA encoding luciferase, Cy5 pLUC) and a biodegradable $poly(\beta\text{-amino-ester})$ (PBAE), forming the MA coated with PEM films as "multilayer tattoo" DNA vaccines. Further investigation demonstrated that the MAs with pH-sensitive release layer allowed PEMs to transfer into the skin after brief microneedle application and promoted local transfection by increasing the retention of DNA and adjuvants in the skin of C57Bl/6 mice from days to weeks, with kinetics determined by the film composition. In addition, the "multilayer tattoo" DNA vaccines in the MPMAs induced immune responses against a model HIV antigen comparable with electroporation in mice; increased memory T-cell generation and produced 140-fold higher gene expression in nonhuman primate skin compared with i.d. DNA injection. These results suggest that this type of MPMAs composed of PEM films overlying a pH-sensitive release layer is a promising carrier for improving DNA vaccination against HIV viruses, which have claimed millions of human lives since their discovery due to lack of an effective vaccine for prophylaxis of their infection.

Virus-like Particle Constituted MPMAs

Virus-like particles (VLPs) are nanoparticles formed by multisubunit protein complexes through self-assembly into the 3D structures that mimic conformation of native viruses.^{[70](#page-13-13)} VLPs are non-infectious and unable to replicate due to lack of viral genetic material and, therefore, are considered excellent candidates for vaccine carriers, because the repetitive arrays on their surface resembling pathogen features can be recognized by the immune system to induce strong humoral and cellular responses even in the absence of frequently used adjuvants. To date, more than 110 types of VLPs from 35 different pathogen families have been constructed and evaluated in different fields, and [Figure 8](#page-8-0) summarizes different platforms available used to produce different VLP configurations.^{[71](#page-13-14)} Notably, several VLP-based vaccines have already entered markets, including the HBV, HPV, HEV, and RTS,S vaccines,⁷² among which the HPV VLP vaccines have been tested with MPMA delivery in animal models.

Influenza VLP vaccine constituted MPMAs

For i.d. delivery of influenza vaccines, Quan et al. using Spodoptera frugiperda Sf9 as factory cells manufactured influenza VLPs, which contained H1 HA and M1 proteins derived from H1N1 A/PR/8/34 virus and were coated onto steel MA 5-microneedle surfaces stabilized with disaccharide trehalose.⁷³ In vivo experiments showed that mice received a single dose of MA influenza VLPs (0.35 μ g of total VLP protein) in the skin produced high levels of IgG2a, HA inhibition titers, neutralizing antibodiesby

Figure 8. Different VLP platforms developed to produce VLP vaccines with different configurations. Reprinted with permission from Reference 71.

increased antibody-secreting plasma cells, and acquired remarkable 100% protection immunity against the lethal influenza virus; while mice with intramuscular influenza VLPs (0.35 μ g of total VLP protein) obtained inferior immunity with only partial protection $(\leq\!\!40\%)$ from the lethal influenza virus. Using similar strategies, Song et al. proved that H5N1 avian influenza VLP-constituted MAs induced long-lasting B- and T-cell responses with improved protection in mice.^{74,75} Also, Pearton et al. found that influenza VLP-based MAs could initiate a stimulatory response in Langerhans cells (LCs) through deposition of the vaccine in human skin[.12](#page-11-11) And further exploration of the complex molecular and cellular host responses to influenza VLP MAs revealed up-regulation of a host of genes responsible for key immunomodulatory processes and host viral response following microneedle injection of VLPs.⁷⁶

More recently, a broadly cross-protective influenza A intradermal MA vaccine was developed based on VLPs anchored with the M2 protein which is influenza virus extracellular domain and remains nearly invariant among different strains and is, thus, a promising candidate antigen for developing uni-versal influenza vaccines.^{[77](#page-13-19)} To further broaden the immunological protective scope, the researchers genetically engineered a new construct with a tandem repeat of M2e sequences (M2e5x) derived from human, swine, and avian origin influenza A viruses to better cover a broader range of influenza viruses. Then, M2e5x sequences were expressed on a VLP platform and manipulated into a membrane-anchored form of M2e5x VLPs, which were coated onto steel MA microneedles (700 μ m in length and 200 μ m in width) with carboxymethyl cellulose and trehalose as a stabilizer [\(Fig. 9](#page-9-0)). The MA M2e5x VLPs maintained stability for 8 weeks at room temperature and, when patched to the skin of mice, induced strong humoral and mucosal M2e antibody responses and conferred cross-protection against challenges with heterosubtypic H1N1, H3N2, and H5N1 influenza viruses through additional robust cellular immunity, as indicated by high levels of IgG2a isotype antibodies and IFN- γ . The potential immunological and logistic advantages of M2e5x VLP MA vaccines may offer a promising approach to develop easy-to-administer universal influenza vaccines.

Human papilloma VLP vaccine constituted MPMAs

Currently, the 2 successfully licensed human papilloma virus (HPV) vaccines are both VLP-based intramuscular injection products, bearing inconvenient immunization disadvantages, such as causing pain, needing professional personnel and producing metal needle wastes. Notably, because the HPV capsids confer tropism for basal epithelium, HPV VLPs represent attractive carriers for vaccination targeted to the skin using microneedles, providing the potential to abandon intramuscular injection for HPV vaccination.^{[78](#page-13-20)} To develop convenient HPV vaccines as well as to fully exploit skin-targeting features of HPV VLPs, Kines et al. encapsidated DNA expressing the M/M2 or F-protein antigen of respiratory syncytial virus (RSV) in HPV16 pseudovirions (PsV) engendering the HPV16-M1/M2-PsV and HPV16-F-PsV, respectively, which were coated onto steel MA microneedle surfaces with carboxymethyl cellulose and trehalose as a sta-bilizer.^{[78](#page-13-20)} Immunization of mice with HPV16-M/M2 MAs induced M/M2-specific T-cell responses which were detected post RSV challenge, while the HPV16 PsV-F immunized mice were fully protected from challenge with HPV16 PsV and had reduced RSV viral load in lung and nose upon intranasal RSV challenge. The results suggest that MA delivery of lyophilized HPV PsV as VLPs may provide a practical, thermostable combined vaccine approach against different pathogens.

Perspectives

Benefits of MPMA vaccines

Up to now, a variety types of MPMAs have been developed for vaccine delivery. Unfortunately, there are no MPMA vaccines

Figure 9. MAs and M2e5x VLPs or M2e5x proteins for vaccination. (A) Structure of M2e5x VLP or M2e5x proteins. HM2e: human M2e, SM2e: swine M2e (2009 pandemic flu), A1M2e: major avian M2e, A2M2e: minor avian M2e. (B) Schematic diagram of influenza M2e5x VLPs containing tandem repeat of heterologous M2e and matrix (M1) proteins. (C) Cryo-TEM (transmission electron microscopy) image of influenza M2e5x VLPs. (D) Microneedle array coated with M2e5x VLPs. Reprinted with permission from Reference 77.

that have been approved for use or even for clinical trials for prophylaxis of the existing infectious pathogens. The MPMAs contain the particles that can be easily decorated with different molecules to fulfil targeting delivery or governing immune response toward a Th1, Th2 or mixed Th1/Th2 pathway to generate the desired immunity against pathogens. In contrast to non-dissolvable MAs, the dissolvable MPMAs can deliver vaccines without sharp wastes left behind after vaccination and enhance vaccine stability through incorporating vaccine ingredients within micro/nanoparticles or microneedle anhydrous matrix.[50](#page-12-19) The dissolvable MPMA vaccines are also helpful for enhancing vaccination coverage rates, 18 18 18 because their high thermostability makes the products applicable to the CTC for dispatch in areas lack of an integrated cold chain, 13 their convenient vaccination needs no professionals and expands the inoculation coverage in poor districts,^{[13,16](#page-11-6)} and also their high efficacy reduces the dose and dosing times for a vaccine that is in shortage, especially, during a pandemic period. 35

Vaccination routes

Although most of the current MA vaccines are designed for administration via mammalian skin, oral cavity and vaginal mucosa provides indeed a practical option of sites through which the MPMAs can be vaccinated. Mucosal vaccination of MPMAs may bring in numerous benefits, such as good compliance, convenience, vaccination by self-administration or by minimally trained personnel, production of zero pollution thanks to uptake of the MPMA pedestal or other rests into gastrointestinal tract of recipients, and, especially, the induction of systemic as well as mucosal immunity, which is usually elicited mainly via mucosal route as the first line of immunodefenses and, thus, very crucial to protecting the body from attack by infectious pathogens.[16](#page-11-7) In addition, mammalian oral mucosa is usually much easier to pierce by MPMAs than the skin, 9,15,79 9,15,79 9,15,79 and this markedly reduces the hardness requirement for microneedles and, therefore, greatly expands the scope of materials and procedures that can be used for producing MPMA vaccines.[50](#page-12-19) By comparison, i.d. MPMA vaccination may leave behind on the skin the ingredient residues, which upon hydration may be rather adhesive and are very likely to stain the clothes by contamination; in contrast, mucosal MPMA vaccination does not cause this kind of troubles. Therefore, in the authors' opinion, future efforts on the development of MPMA vaccines might well be put on designing the products suitable for mucosal vaccination.^{[80](#page-13-21)}

Hurdles to the development of MPMA vaccines

The dissolvable MPMAs made of micro/nanoparticles, polymers and saccharides are relatively brittle and frail presenting a big challenge to packaging, transportation and vaccination. For efficacious vaccine delivery, the MPMAs must be fabricated with appropriate ingredients to ensure their sufficient hardness for skin penetration and resistance to friction encountered before or during vaccination. 81 It is reported that the MPMAs are tough enough to pierce mammalian stratum corneum when they are constructed with an optimized combination of biocompatible polymers, such as PVP and PLGA, and/or sugars,

such as sucrose and trehalose, and the highly active adhesives, such as CMC-Na and starch. However, in practice, human individual variation in race, gender and even age of recipients may require much more high levels of hardness for MPMAs than the standards used in models with a limited sample size.^{[82](#page-14-0)}

In addition, preparation of MAs, especially the dissolvable MPMAs, is rather complex and usually involves numerous fine steps using a variety of precision instruments, $18,27$ with the bottle neck lying in the large scale production of MAIMs as preliminary reserves using MEMS technology, such as photoresistence deposition, lithography pattern and RIE.[18](#page-11-9) Recent progress and advances in related fields make it possible to massively produce the MAIMs, but, at the cost of production costs, which also arises from the exquisite package required to ensure the fragile micro-needles remain intact before vaccination.^{[83](#page-14-1)} Although MA delivery can reduce the cost of vaccination and the increased thermostability may lower dispatch spending by omitting the expensive cold chain, the production costs of MPMA vaccines can hardly be expected at levels offsetting the overall expenditures associated with final clinical use of the products. Nevertheless, it is the key attributes of MPMA vaccines, such as usability, wear time, and proper disposal that control the product acceptability in the marketplace, which, in turn, influences the inputs of social and industrial resources. [84](#page-14-2)

Hopes and prospects of MPMA vaccines

Currently, there are no MPMA vaccines that have been approved for use or even for clinical trials for prophylaxis of the existing infectious pathogens. However, numerous prominent advantages of this novel VADS attract more and more academic and company researchers to devote their efforts to the development of vaccines based on MPMAs. Encouragingly, several clinical trials on other types of both dissolvable and non-dissolvable MA vaccines have already been carried out by researchers and physicians. And the safety and effectiveness of these MA-based vaccines have been primarily confirmed by the updated clinical trials.^{[20,21,85](#page-12-20)} Also, a recent interview showed high support for administration of MA vaccines by key opinion leaders in the United States, who suggested that the priority considerations in the ongoing development of MA vaccines include confirming efficacy and ensuring safety for self-administration, ease of use, short wear times, and an easily accessible application site.^{[84](#page-14-2)} All these suggest that MA vaccines have attracted attentions not only from the academic and industrial communities but also from the governmental administrations, as also indicated by the fact that MAs combine with several conventional vaccines, such as influenza, polio and measles, have been approved for clinical trials under collaboration between researchers, manufacturers and the administrative authorities.[86-88](#page-14-3) In summary, it is reasonable to argue that the wide collaborative and incessant efforts by manufacturers, governments and scientists from different fields, such as pharmacy, immunology, bioengineering and MEMS, may eventually push certain MA, even MPMA, vaccines into clinical use for

prophylaxis of infectious diseases. If that is realized, an era of 'vaccination without pain' does come.

Abbreviations

Disclosure of potential conflicts of interest

No potential conflicts of interest were disclosed.

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Author contributions

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