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## The CB<sub>1</sub> Antagonist, SR141716A, Is Protective in Permanent Photothrombotic Cerebral Ischemia

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### Abstract

Modulation of the endocannabinoid system has been shown to have a significant impact on outcomes in animal models of stroke. We have previously reported a protective effect of the CB<sub>1</sub> antagonist, SR141716A, in a transient reperfusion mouse model of cerebral ischemia. This protective effect was in part mediated by activation of the 5HT<sub>1A</sub> receptor. Here we have examined its effect in a mouse model of permanent ischemia induced by photoinjury. The CB<sub>1</sub> antagonist was found to be protective in this model. As was the case following transient ischemia reperfusion, SR141716A (5 mg/kg) resulted in smaller infarct fractions and stroke volumes when utilized both as a pretreatment and as a post-treatment. In contrast to the effect in a transient ischemia model, the pretreatment effect did not depend on the 5HT<sub>1A</sub> receptor. Neurological function correlated favorably to the reduction in stroke size when SR141716A was given as a pretreatment. With the incidence of stroke predicted to rise in parallel with an ever aging population, understanding mechanisms underlying ischemia and therapeutics remains a paramount goal of research.

### Keywords

Stroke; Cerebral Ischemia; CB<sub>1</sub> Antagonist; Cannabinoid Receptor; Photochemical Injury; Permanent Occlusion

## 1. Introduction

In the US, a stroke occurs every 40 seconds and unfortunately a death from this injury results every 4 minutes [1]. Anywhere from 15-30% of survivors remain permanently

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### 6. Conflict of Interest Statement

The authors declare that there are no conflicts of interest.

### 7. Ethical Responsibility of Animals

All applicable international, national, and/or institutional guidelines for the care and use of animals were followed.

disabled and 20% require institutionalized care [1-4]. Predictions suggest that by 2030, an increase of 21.9% in stroke incidence will occur [1]. Therefore, enhancing our understanding of stroke pathophysiology and improving treatments remains an imperative goal in caring for an ever aging population.

The endogenous cannabinoid system has long been shown to serve a role in neuroprotection following ischemic insults [5-10]. There has been much debate regarding the role of the CB<sub>1</sub> receptor as to whether its activation or antagonism would serve to protect neuronal tissue. Many reports have shown that antagonizing the CB<sub>1</sub> receptor produced favorable outcomes with improved behavioral presentations and reduced stroke volumes [6-11]. In contrast, reports of CB<sub>1</sub> activation improving stroke outcome, as well as studies illustrating larger stroke volumes in CB<sub>1</sub>R<sup>-/-</sup> mice, gave support to the notion that CB<sub>1</sub> receptor agonists are neuroprotective. However, many of these studies utilized mixed CB<sub>1</sub>/CB<sub>2</sub> agonists and therefore did not rule out a role for CB<sub>2</sub> receptor agonism in this neuroprotection [11-16]. Many studies regarding protection conferred from CB<sub>1</sub> agonists have focused on excitotoxic injury alone [17-19]. In particular, researchers showed that SR141716A reduced stroke volume when administered after permanent infarction by filament method and investigated its role in glutamate and NMDA signaling [20,21]. Therefore, discrepancies among the mechanisms responsible for injury among these different models likely contributes to the seemingly contradictory results. More uniform results have been obtained with studies of the role of the CB<sub>2</sub> receptor and the protective effects of CB<sub>2</sub> agonism [7-10].

Our laboratory has recently reported that both a CB<sub>1</sub> antagonist (SR141716A) and a CB<sub>2</sub> agonist (O-1966) decreased stroke volume, and the combination of these two drugs yielded smaller stroke volumes compared to either agent alone [7]. These findings correlated to increased regional cerebral blood flow and increased arteriolar diameter during the occlusion, and these effects were dependent on both the CB<sub>2</sub> and 5HT<sub>1A</sub> receptor [7]. To our knowledge, the exploration of a CB<sub>1</sub> antagonist in the outcome of permanent ischemia induced by a photochemical method has not been studied. The photochemically-induced permanent ischemia model utilizes a systemic injection of the photo-sensitive dye, Rose Bengal, followed by cerebral exposure to a light source to induce injury. Rose Bengal has been shown to penetrate into the cytoplasm as well as bind cell membranes and after absorbing photons induces oxidation of membrane components [22,23]. The oxidation leads to abnormal endothelial function, platelet activation, platelet aggregation, and thrombus formation [24,25]. In the present study, we hypothesized that the CB<sub>1</sub> antagonist would be protective in the photochemically-induced stroke model and generate much smaller infarct volumes. In parallel to our previously published study, we also sought to explore the role of the 5HT<sub>1A</sub> receptor prior to the onset of injury.

## 2. Materials and Methods

### 2.1 Animals

This study was carried out in accordance with the National Institutes of Health guidelines for the treatment of animals and was approved by the Animal Care and Use Committee at Temple University. Male (n = 35) C57Bl/6 (Jackson Laboratories) mice, 7-8 weeks old, and weighing 20-25g were housed under a 12-h light/dark cycle with access to water and food ad

libitum. The animals were anesthetized with a mixture of ketamine (100 mg/mL) and xylazine (20 mg/mL) mixed (1:1 by volume) at a dose of 1 mL/kg. Body temperature during all surgical procedures was maintained with a heating pad and lamp.

## 2.2 Preparation and Administration of SR14176A and WAY-100635

SR14176A was prepared to 0.5 mg/mL in Ethanol:Cremaphor:Saline (1:1:18) and injected at 5 mg/kg. Injections were intraperitoneal and given 1 hour prior to the photothrombotic injury or 1 hour after the onset [7,10]. WAY-100635 (Sigma Aldrich), a 5HT<sub>1A</sub> antagonist, was prepared 0.3 mg/mL in 0.9% saline and injected at 3 mg/kg [26-28]. WAY-100635, utilized prior to induction of ischemia, was injected 15 minutes prior to injection of SR14176A. Dosing and timing followed our previous studies with 5HT<sub>1A</sub> antagonists [7]. Vehicle was administered at the same time for each respective group (vehicle pretreatment, vehicle post-treatment). Vehicle solution contained Ethanol:Cremaphor:Saline (1:1:18) as in the experimental groups.

## 2.3 Photothrombotic Cerebral Ischemia

After adequate anesthesia, mice were maintained at 36.5° to 37.5° C throughout the procedure. The technique was carried out with some modifications from those described in Kleinschnitz et al [29]. Briefly, 0.1 mL of Rose Bengal (Sigma Aldrich), 10 mg/mL dissolved in 0.9% saline, was injected intraperitoneally. The fur on the head was clipped and skin and periosteum over the right parietal bone removed. The head was secured in place and a cold light source was positioned over the exposed area. Five minutes after the injection of dye, the light source was activated for 20 minutes and temperature monitored. After illumination the mouse was returned to its home cage for recovery.

## 2.4 Neurological Evaluation

The severity of neurological deficits was evaluated 24 hours after the ischemic insult using a five point deficit score modified from Hata et al [30]. The scale utilized the following criteria adapted from Hata: 0 = normal motor function, 1 = flexion of torso and of contralateral forelimb on lifting of the animal by the tail, 2 = circling but normal posture at rest, 3 = leaning while at rest, 4 = no spontaneous motor activity or lateral rolling.

## 2.5 Infarct Volume and Fraction Assessment

Animals were euthanized with an overdose of pentobarbital (200 mg/kg interaperitoneal) 24 hr after cerebral ischemia and then the brains were removed. Brains were submerged in cold PBS briefly and then cut into six 2 mm coronal sections using a mouse brain matrix (Zivic Lab, Pittsburgh, PA, USA). The brain sections were placed in 2% triphenyltetrazolium chloride (Sigma, Inc) dissolved in saline and stained for 5 minutes at 37°C in the dark. The brain sections were fixed in 4% paraformaldehyde at 4°C for 24 hr. Next, the anterior and posterior face of each section was scanned by a flatbed color scanner (Microtek Inc., Carson, CA USA). Images were saved as JPEG files and analyzed with Image-J Software (NIH). The infarct volumes were expressed as mm<sup>3</sup>.

Infarct fraction was also measured to compensate for changes in infarct volume due to swelling as described in the literature [8-10,31-33].

$$\text{Infarct Fraction} = \left( \frac{\text{Infarct Volume} + \text{Contralateral Volume} - \text{Ipsilateral Volume}}{\text{Conteralateral Volume}} \right) \times 100$$

The infarct fraction was expressed as the percentage of total brain volume.

## 2.6 Statistical Analysis

Pretreatment photothrombosis cerebral ischemia data were analyzed with one way analysis of variance with Bonferroni correction for multiple comparisons. Post-treatment data were analyzed by a student's t-test. Data is reported as the mean  $\pm$  the standard error of the mean. A p-value  $< 0.05$  was used for statistical significance. Asterisks over bars indicate significance compared with vehicle control.

## 3. Results

### 3.1 Effect of SR141716A and WAY-100635 on Infarct Size, Figures 1-3

Administration of SR141716A either before or after the induction of ischemia decreased both infarct volume and infarct fraction, Figures 1-3. In contrast to our pervious publication with a reperfusion model, the effect of pretreatment with SR141716A in a permanent ischemic model was not dependent on the 5HT<sub>1A</sub> receptor, as the addition of the 5HT<sub>1A</sub> antagonist WAY-100635 did not attenuate the protective effect observed. Mice that had received vehicle pretreatment had an overall infarct volume of  $68.63 \pm 7.16 \text{ mm}^3$  compared to SR141716A pretreatment at  $38.67 \pm 5.16 \text{ mm}^3$  ( $p < 0.05$ ). The mean infarct volume in animals pretreated with SR141716A and WAY-100635 together was  $38.20 \pm 9.46 \text{ mm}^3$  ( $p < 0.05$ , Figure 2). One way ANOVA revealed an effect of SR141716A [ $F_{(2,12)} = 5.45$ ,  $p < 0.05$ , significant]. Infarct fraction similarly decreased in the SR141716A pretreated group, demonstrating that the protective effect was not simply the result of attenuation of edema. Vehicle pretreated mice had an infarct fraction of  $24.15 \pm 2.30 \%$  whereas SR141716A given as a pretreatment decreased this to  $8.95 \pm 3.14 \%$  ( $p < 0.05$ ). The addition of WAY-100635 with SR141716A as a pretreatment resulted in a mean infarct fraction of  $9.34 \pm 3.57 \%$  ( $p < 0.05$ ). One way ANOVA analysis showed an effect of SR141716A [ $F_{(2,12)} = 7.18$ ,  $p < 0.05$ , significant]. Vehicle post-treatment yielded an infarct volume of  $59.23 \pm 3.86 \text{ mm}^3$  while the volume following SR141716A post-treatment was  $43.01 \pm 4.55 \text{ mm}^3$  ( $p < 0.05$ ). Vehicle post-treatment had an infarct fraction of  $18.13 \pm 1.50\%$  compared to SR141716A post-treatment with a fraction of  $10.50 \pm 2.01 \%$  ( $p < 0.05$ ).

### 3.2 Effect of SR141716A and WAY-100635 on Neurological Performance, Figures 4 and 5

Neurological impairment in the SR141716A pretreatment group was significantly less than the Vehicle pretreatment group, Figure 4. The Neurological Score for the Vehicle pretreatment group was  $2.1 \pm 0.58$  and  $0.5 \pm 0$  for the SR141716A pretreatment group ( $p < 0.05$ ). Additional treatment with WAY-100635 produced a non-significant attenuation of the protective effect of SR141716A, with a clinical score of  $1.2 \pm 0.34$ . One way ANOVA showed a significant effect of SR141716A [ $F_{(2,12)} = 4.29$ ,  $p < 0.05$ , significant]. SR141716A post-treatment produced a non-significant improvement of clinical score, with mean clinical

scores of  $0.96 \pm 0.07$  compared to Vehicle post-treatment with scores of  $1.38 \pm 0.25$ , Figure 5,  $p = 0.07$ .

Overall, there was no statistical difference among weight loss in the experimental groups although SR141716A pretreatment tended to trend towards a conservation of more body weight, Figure 4 and 5. Vehicle pretreatment mice lost  $10.23 \pm 1.03$  % of their original body weight compared to  $5.44 \pm 3.75$  % in SR141716A pretreatment group and  $9.61 \pm 0.86$  % with SR141716A and WAY-100635 pretreatment. One way ANOVA analysis yielded  $F_{(2,12)} = 1.28$ ,  $p = 0.31$ , non-significant]. Vehicle post-treatment animals lost on average  $10.23 \pm 0.83$  % versus  $10.83 \pm 0.90$  % with SR141716A post-treatment, ( $p = 0.65$ ).

#### 4. Discussion

The goal of this investigation was to examine the effect of a CB<sub>1</sub> receptor antagonist in a model of photochemically-induced permanent cerebral ischemia. Our findings here demonstrate the protective effect of the CB<sub>1</sub> antagonist in a permanent model of cerebral ischemia and correlate with work previously done in our laboratory with ischemia/reperfusion injury [7-10]. Moreover, our results here challenge the long standing notion that CB<sub>1</sub> activation serves a neuroprotective role by demonstrating that CB<sub>1</sub> receptor blockade can also protect against CNS injury in select models. Having determined that the CB<sub>1</sub> receptor antagonist was protective in a permanent ischemia model, we also demonstrated that the effect was not 5HT<sub>1A</sub> dependent. In the last component of the study we went on to demonstrate that the CB<sub>1</sub> receptor antagonist was also protective when administered one hour after ischemia.

In our recent publication exploring an ischemia/reperfusion model, the protective effects of SR141716A and O-1966, through the 5HT<sub>1A</sub> and CB<sub>2</sub> receptors respectively, decreased infarct volume at least in part through a mechanism of increased cerebral blood flow via dilation of arteriolar vessels during occlusion. It is interesting to note that the CB<sub>1</sub> receptor was not necessary for this protection [7]. In contrast with the ischemia/reperfusion model, there is almost no return of flow to the ischemic core with the permanent photochemical model. Since the factors contributing to infarct size mechanistically differ between transient and permanent ischemia, it was important to determine if the CB<sub>1</sub> receptor antagonist could also attenuate injury in a permanent ischemia model.

Due to the fact that activation of the 5HT<sub>1A</sub> receptor was shown to be a requirement for the protective effect of the CB<sub>1</sub> receptor antagonist in the transient ischemia model, we investigated the possibility that antagonism of this receptor might also block the protective effect of SR141716A in the permanent ischemia model. This was found not to be the case, as the addition of WAY-100635 to antagonize the 5HT<sub>1A</sub> receptor failed to prevent the attenuation of infarct size produced by SR141716A. In the permanent photochemical model, the ischemic core remains almost completely devoid of flow and differs from the mechanism in transient ischemia induced by a filament in many models. It is, however, possible that in the photochemical stroke, interventions that preserve the penumbra could reduce infarct size.

A possible explanation for the protective effect of the CB<sub>1</sub> antagonist in the permanent ischemia model may be the prevention of a cerebral steal syndrome, or in other words, the diversion of blood flow from regions of marginal perfusion by the dilation of vessels in healthy regions of the brain. Multiple studies have shown increases in cannabinoids following cerebral ischemia with elevations being recorded as early as 20 minutes after the onset of ischemia but also noted at as much as 20 hours later [5,6,11,20,34,35]. Decreases in enzymes responsible for the degradation of anandamide were also seen and concentrations of cannabinoids have been noted to be proportional to ischemic time [5,11]. Several lines of evidence have demonstrated that the endogenous cannabinoids anandamide (AEA) and 2-arachdonylglycerol (2-AG), which can activate the CB<sub>1</sub> receptor, produce vasodilation [36-40]. Both endogenously produced cannabinoids increase after cerebral ischemia and multiple reports have demonstrated a hypotensive and vasodilatory action of AEA and 2-AG that is blocked by SR141716A [6,20,41-43]. Further, inhibition of the CB<sub>1</sub> receptor was shown to cause vasoconstriction in response to a Thromboxane A<sub>2</sub> mimic [44]. Therefore increases in AEA and/or 2-AG may induce vasodilation in healthy regions of the brain and compromise the penumbra following stroke. CB<sub>1</sub> antagonism may block this effect while maintaining perfusion pressure in the penumbra and protecting against secondary injury.

A second goal of this investigation was to determine if SR141716A would have a protective effect when administered after ischemia. While both pre and post-treatment with SR141716A was protective, the effect was larger in pretreatment groups, as might be expected. If SR141716A acts to prohibit a cerebral steal syndrome, then its activity at the onset of ischemia explains the greater benefit when given as a pretreatment. The 5HT<sub>1A</sub> receptor did not prove to be necessary for the protective effect of SR141716A and we hypothesize that protection likely comes from inhibiting a cerebral steal syndrome. However, the possibility that a non CB<sub>1</sub>/CB<sub>2</sub> cannabinoid receptor contributes to this protection cannot fully be excluded at this time [38]. Interestingly, SR141716A has been shown to prevent the downregulation of NMDA receptors but not affect glutamate release, an effect that would in theory contribute to excitotoxic injury [21]. This does not however appear to be the case since infarct size was reduced by the compound [20,21].

The improved neurological function observed with SR141716A as a pretreatment parallels the preservation of brain tissue. Interestingly, despite almost no change in infarct fraction or volume among the treatment groups, the addition of WAY-100635 tended to produce a less favorable clinical outcome with worse neurological function compared to SR141716A alone, although it was not significantly different than the SR141716 pretreatment group. This discrepancy in neurological outcome may be secondary to anti-serotonergic effects of WAY-100635 or off target receptor involvement that affects behavior. Our laboratory has recently begun utilizing novel objection exploration and operant learning to evaluate neurological function after cerebral ischemia and these tests may yield additional and more precise insight to our present findings [45]. The preservation of body weight can be seen as a surrogate marker of well-being and neurological function as animals that maintained body weight were able to continue to feed, hydrate, and recover. SR141716A pretreatment mice had the greatest conservation of weight with only 5.44% lost. While SR141716A served to reduce infarct volume and infarct fraction in both pre and post-treatment, its neurological preservation was only seen with pretreatment.



In conclusion, the goal of this investigation was to determine if a CB<sub>1</sub> antagonist would improve outcome in a model of permanent cerebral ischemia. SR141716A proved to be protective and reduce the size of infarctions in the brain and this effect did not depend on the 5HT<sub>1A</sub> receptor. Animals treated with SR141716A as a pretreatment achieved more favorable clinical function scores. While animals that received SR141716A after the injury showed a trend of neurological improvement, that data failed to reach statistical significance unlike animals in the pretreatment group. It should not be overlooked that numerous surgical procedures place patients at greater risk for cerebral ischemia and pretreatment in these cases could be of therapeutic benefit. Further studies will be necessary to precisely define the mechanism of action responsible for this protective effect.

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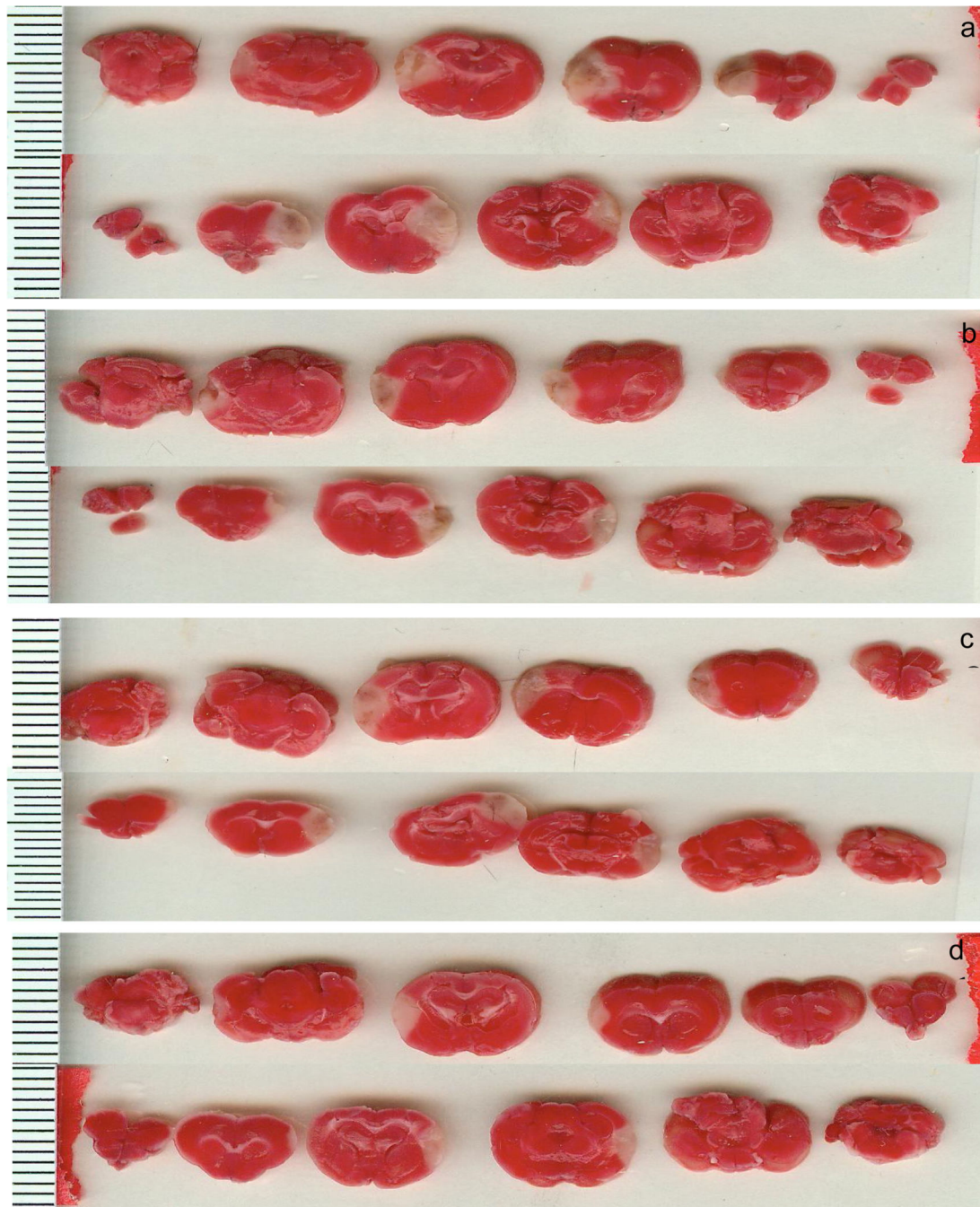
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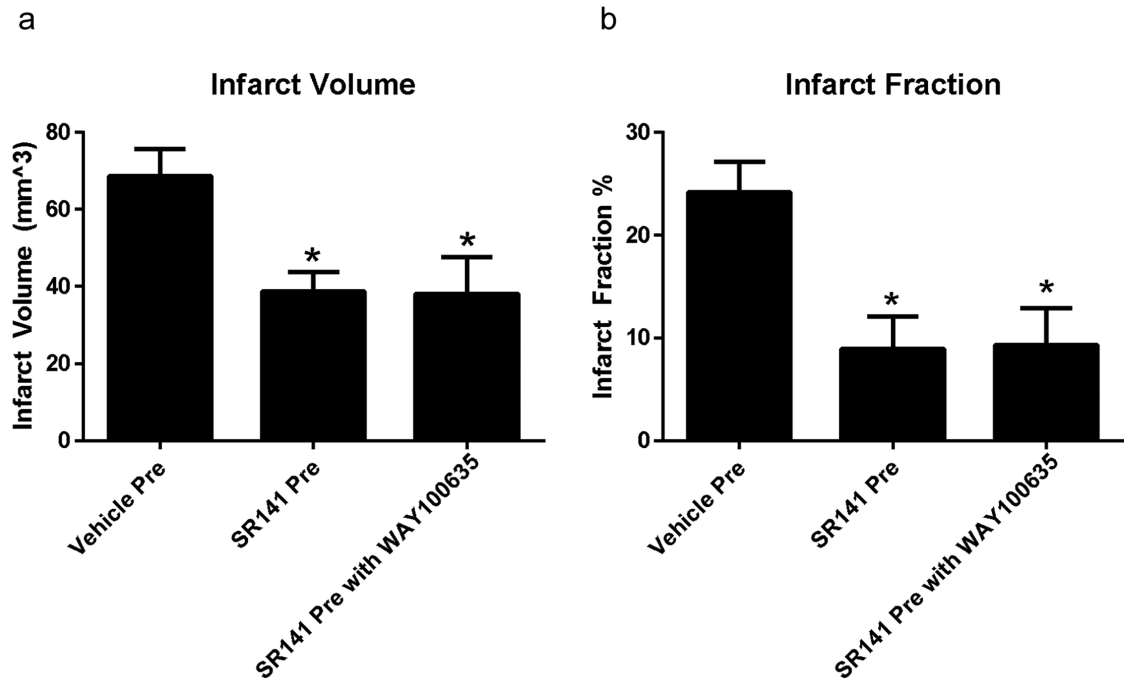
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**Highlights**

- The CB<sub>1</sub> antagonist, SR141716A is protective in photochemically induced ischemia.
- The CB<sub>1</sub> antagonist, SR141716A, results in reduced size of infarctions.
- The CB<sub>1</sub> antagonist, SR141716A, does not rely on 5HT<sub>1A</sub>R for its protective effect.
- The SR141716A improves neurological function after stroke when given prior to injury.

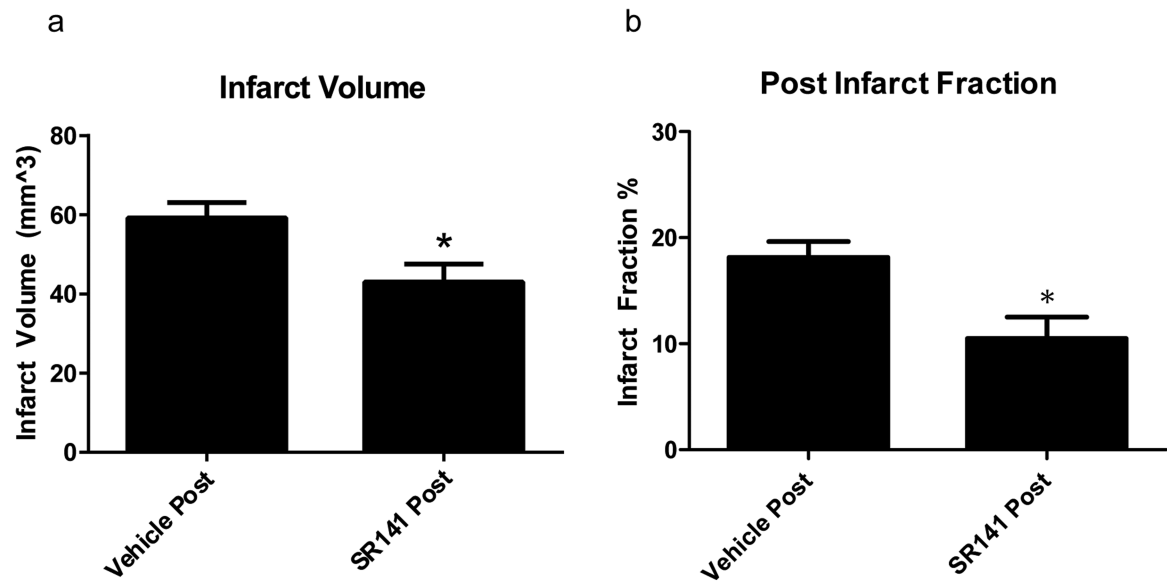
**Figure 1. TTC Staining in Photothrombotic Studies**

TTC staining following photothrombotic stroke (24 hours). a: Vehicle Mice. b: SR141716A pretreatment. c: SR141716A post-treatment. d: SR141716A pretreatment with with WAY-100635 pretreatment. The bars on the left are mm. Anterior faces of slices from a single animal from each group are shown. More rostral portions are on the left and progress caudally moving to the right side of the panel.



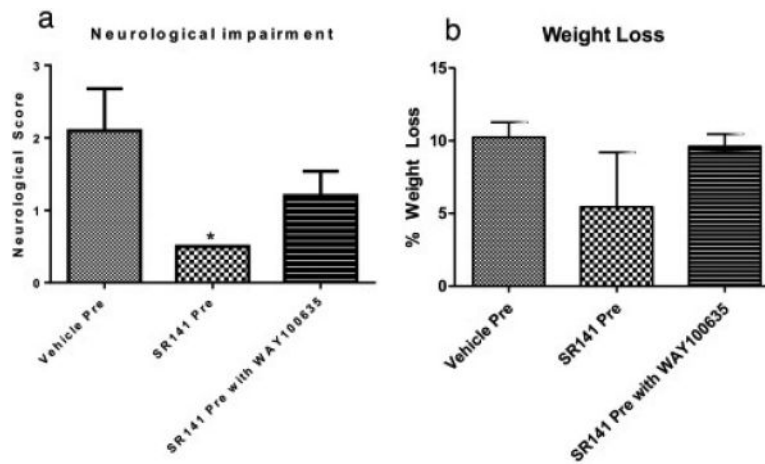
**Figure 2. Stroke Size with SR141716A Pre-treatment**

Pretreatment with SR141716A. a: Stroke volume among groups. b: Infarct fraction among groups. Data expressed as Mean  $\pm$  SEM.  $p < 0.05$ .  $n = 5$  mice in each group



**Figure 3. Stroke Size with SR141716A Post-treatment**

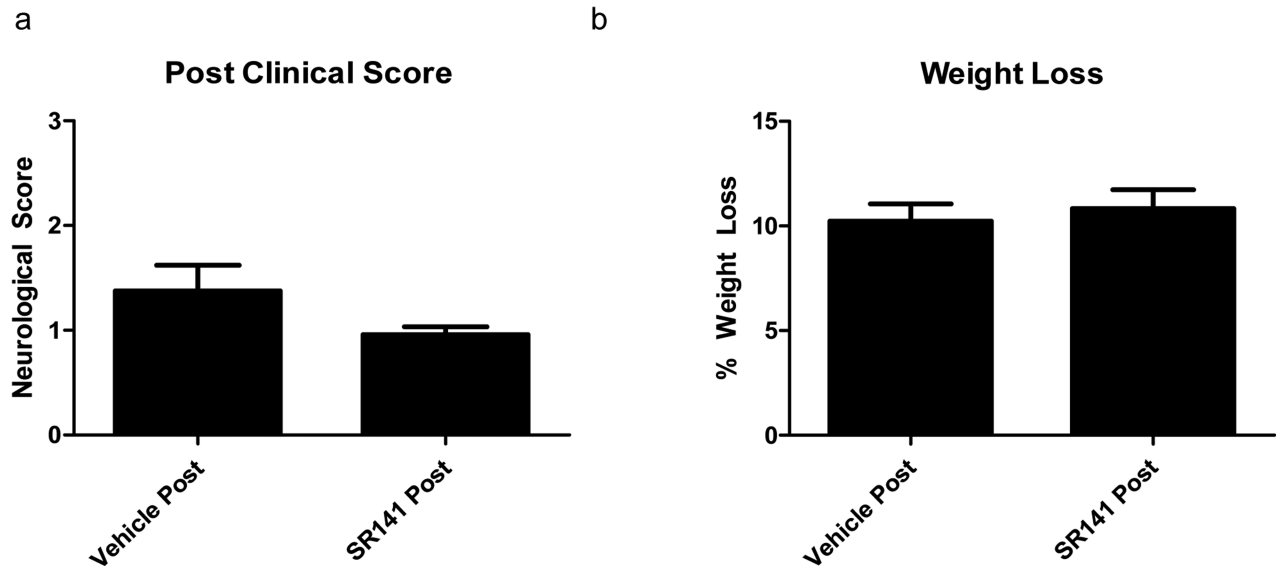
Post-treatment of SR141716A. a: Clinical Score among groups. b: Weight loss as a percent of pre-operative body weight. Data expressed as Mean  $\pm$  SEM.  $p < 0.05$ .  $n = 8$  mice in Vehicle Post-Treatment, 12 in SR141716A Post-Treatment



**Figure 4. Clinical Parameters with SR141716A Pre-treatment**

Pretreatment with SR141716A. a: Clinical Score among groups. b: Weight loss as a percent of pre-operative body weight. Data expressed as Mean  $\pm$  SEM.  $p < 0.05$ .  $n = 5$  mice in each group





**Figure 5. Clinical Parameters with SR141716A Post-treatment**

Post-treatment of SR141716A. a: Clinical Score among groups. b: Weight loss as a percent of pre-operative body weight. Data expressed as Mean  $\pm$  SEM.  $p < 0.05$ .  $n = 8$  mice in Vehicle Post-Treatment, 12 in SR141716A Post-Treatment