

Simple subgroup approximations to optimal treatment regimes from randomized clinical trial data

JARED C. FOSTER*

Department of Biostatistics, University of Michigan, Ann Arbor, MI 48109, USA and Biostatistics and Bioinformatics Branch, Division of Intramural Population Health Research, Eunice Kennedy Shriver National Institute of Child Health and Human Development, National Institutes of Health, Bethesda, MD 20852, USA

jared.foster@nih.gov

JEREMY M. G. TAYLOR, NIKO KACIROTI, BIN NAN

Department of Biostatistics, University of Michigan, Ann Arbor, MI 48109, USA

SUMMARY

We consider the use of randomized clinical trial (RCT) data to identify simple treatment regimes based on some subset of the covariate space, A . The optimal subset, \hat{A} , is selected by maximizing the expected outcome under a treat-if-in- A regime, and is restricted to be a simple, as it is desirable that treatment decisions be made with only a limited amount of patient information required. We consider a two-stage procedure. In stage 1, non-parametric regression is used to estimate treatment effects for each subject, and in stage 2 these treatment effect estimates are used to systematically evaluate many subgroups of a simple, prespecified form to identify \hat{A} . The proposed methods were found to perform favorably compared with two existing methods in simulations, and were applied to prehypertension data from an RCT.

Keywords: Optimal treatment regimes; Personalized medicine; Subgroup analysis; Variable selection.

1. INTRODUCTION

Although some treatments may be more widely effective than others, few, if any, work for all individuals in a target population. In many cases, a treatment may be extremely effective for some subset of a population, but mildly effective or ineffective for others. Even if a new treatment is effective, the standard of care may still be preferred for some individuals if, for example, the new treatment is very expensive and there is little difference in effectiveness between the two (Song and Pepe, 2004). Thus, it is desirable to know which subgroup(s) of a population, if any, will respond well to a particular treatment. In particular, the identification of the characteristics which lead to these individuals showing an enhanced response is of interest, as this may allow future patients to be assigned the treatment which will benefit them most.

Treatment decisions will often be made by someone who may not be comfortable with complex rules and algorithms. Thus, an issue which should be considered before employing any subgroup identification

*To whom correspondence should be addressed.

procedure is the potential interpretability of the results. A very complex subgroup, which depends on many covariates may accurately identify truly enhanced responders, but often lacks “nice” interpretability. In addition, the dependence on a large number of covariates means a large amount of information needs to be collected, which could lead to slower, more expensive, or more invasive treatment decisions than are necessary, limiting the chances of such a subgroup being used in practice. In contrast, a subgroup which depends on only one or two covariates will be easier to interpret, and in many cases, may be still able to classify enhanced responders relatively well.

If only a small number of covariates exist, or if one has specific subgroups or markers that are of interest, testing for a small number of interactions (perhaps with a correction for multiple comparisons) can be considered. However, oftentimes many covariates exist, and subgroups of interest are not known *a priori*, so identifying simple subgroups requires some form of variable selection. One option is to use tree-based methods (Negassa and others, 2005; Su and others, 2008, 2009; Foster and others, 2011; Lipkovich and others, 2011; Faries and others, 2013), which partition the data into subgroups of individuals who are similar with regard to the response, generally defined using only a subset of the covariates. One could also consider a more model-based approach to selecting covariates, such as penalized regression (Tibshirani, 1996; Fan and Li, 2001; Gunter and others, 2007; Zou and Zhang, 2009; Qian and Murphy, 2011; Imai and Ratkovic, 2013; Foster and others, 2013), which simultaneously estimates regression parameters and performs variable selection by shrinking some parameter estimates and forcing others to zero.

We limit our discussion to randomized clinical trial (RCT) data with a continuous outcome, two treatments and a moderate number of baseline covariates, e.g. 5–100. We consider the use of RCT data to select a treatment “regime” which, if followed by the entire population, leads to the best expected outcome (Murphy and others, 2001; Robins, 2004; Gunter and others, 2007; Brinkley and others, 2010; Qian and Murphy, 2011; Zhang and others, 2012). This expectation is sometimes referred to as the average Value (Sutton and Barto, 1998; Gunter and others, 2007; Qian and Murphy, 2011). Our potential regimes assign one treatment to individuals who are in a subgroup, \hat{A} , of the population, and the other treatment to those in \hat{A}^c . The identification of “optimal” treatment regimes is not a new problem; however, our emphasis will be on the simple form of the regime. In particular, our goal will be to identify the best regime defined by a contiguous subsets of the covariate space of up to three dimensions, such as $\{x_1 > 0, x_2 > 0\}$ or $\{x_3 < 5, x_4 > 0, x_7 < 1\}$, should a worthwhile regime of this form exist. Ideally this “locally optimal” regime will give an expected outcome which is similar to that of the globally most optimal regime, but in some cases the true treatment effect may be so complex that no worthwhile simple regime exists. For example, if the truly enhanced subgroup was not contiguous, it could be difficult to capture using a contiguous region.

2. IDENTIFYING SIMPLE TREATMENT REGIMES

Suppose that we have independent observations $(y_1, \mathbf{x}_1, T_1), \dots, (y_n, \mathbf{x}_n, T_n)$ from the model

$$y_i = h(\mathbf{x}_i) + (T_i - \pi)g(\mathbf{x}_i) + \epsilon_i, \quad (2.1)$$

where y is continuous, g and h are unknown functions, with $g(\mathbf{x}_i)$ being the treatment effect for subject i , T is a treatment indicator, π is the treatment randomization probability, $\epsilon_1, \dots, \epsilon_n$ are independent and identically distributed (i.i.d.) errors with mean zero and variance σ^2 and covariates x_1, \dots, x_p are independent, and may be continuous or categorical. Without loss of generality, assume that higher levels of y represent an improved response. This formulation was chosen because, in the linear setting (i.e. $g(\mathbf{x}) = \mathbf{x}^T \boldsymbol{\beta}$), it was shown to be robust to misspecification of h . In particular, under certain assumptions, $\hat{\boldsymbol{\beta}}$ is a consistent estimate of $\boldsymbol{\beta}$, regardless of the choice of main effect (Lu and others, 2013). To identify our

treatment regime, we consider a two-stage approach where, in stage 1, we estimate h and g in (2.1), and in stage 2, these estimated $g(\mathbf{x}_i)$ values are used to systematically evaluate many subgroups of a simple, prespecified form in order to identify our treatment regime.

2.1 Non-parametric estimation of g and h

We estimate h and g using the following iterative approach:

- (i) Fit the model $y = h(\mathbf{x})$ to obtain the initial estimate of h , $\hat{h}^{(1)}$.
- (ii) Fit the model $(1/(T - \pi))(y - \hat{h}^{(k)}(\mathbf{x})) = g(\mathbf{x})$ to obtain $\hat{g}^{(k)}$, $k \geq 1$.
- (iii) Fit the model $y - (T - \pi)\hat{g}^{(k)}(\mathbf{x}) = h(\mathbf{x})$ to obtain $\hat{h}^{(k+1)}$, $k \geq 1$.
- (iv) Iterate between steps (ii) and (iii) until $\sum_{i=1}^n [y_i - \hat{h}^{(k)}(\mathbf{x}_i) - (T_i - \pi)\hat{g}^{(k)}(\mathbf{x}_i)]^2$ changes by less than a prespecified small number.

Functions h and g may be complex, so we use non-parametric methods, such as multivariate adaptive regression spline (MARS) (Friedman, 1991) or Random Forests (RFs) (Breiman, 2001), to estimate them. One may wish to choose the “convergence threshold” in step (iv) differently depending on which method is chosen to estimate h and g . For instance, we found a threshold of around 10^{-5} can generally be achieved within a few iterations for MARS. For RF, the amount by which the sum of squares in step (iv) changes remains somewhat constant across iterations, most likely because of the random nature of this method. Thus, in this case, we continue until 60 iterations have been performed, which we found is sufficient to obtain good estimates of h and g . The required number of iterations may be smaller or larger in other settings.

2.2 Selecting a subgroup for fixed g and h

Using notation similar to Zhang and others (2012), let y_{1i} and y_{0i} be the potential responses given that subject i received treatment or the standard of care, respectively, so that $y_i = y_{1i}T_i + y_{0i}(1 - T_i)$. Let $y_i^*(A) = y_{1i}I(\mathbf{x}_i \in A) + y_{0i}(1 - I(\mathbf{x}_i \in A))$ be the potential outcome for a future patient in the population under this “treat-if-in- A ” regime. for any A . Using simple algebra, we have

$$E[y_i^*(A)] = E[E(y_i^*(A) | \mathbf{x}_i, A)] = E[h(\mathbf{x}_i)] - E[\pi g(\mathbf{x}_i)] + E[g(\mathbf{x}_i)I(\mathbf{x}_i \in A)]. \quad (2.2)$$

As only the last term in (2.2) involves A , maximizing (2.2) with respect to A amounts to maximizing $E[g(\mathbf{x}_i)I(\mathbf{x}_i \in A)]$, which, given g , can be estimated by $(1/n) \sum_{i=1}^n g(\mathbf{x}_i)I(\mathbf{x}_i \in A)$. After multiplying by n and replacing g by \hat{g} , this becomes

$$\sum_{i: \mathbf{x}_i \in A} \hat{g}(\mathbf{x}_i). \quad (2.3)$$

The chosen subgroup, denoted by \hat{A} , is that which maximizes (2.3). Note that, if there were no restriction on \hat{A} , we would choose $\hat{A} = \{\mathbf{x} : \hat{g}(\mathbf{x}) > 0\}$. In practice, one may wish to consider the inclusion of an offset in (2.3), as in our experience this can help to better identify truly positive responders. Specifically, one could replace (2.3) with $\sum_{i: \mathbf{x}_i \in A} [\hat{g}(\mathbf{x}_i) - \delta]$, where $\delta > 0$. Selection of the offset δ is considered below.

We consider 1D, 2D and 3D regions of the general form $\{x_{ij} \gtrless c_j\}$, or $\{x_{ij} \gtrless c_j\} \cap \{x_{ik} \gtrless c_k\}$ or $\{x_{ij} \gtrless c_j\} \cap \{x_{ik} \gtrless c_k\} \cap \{x_{il} \gtrless c_l\}$ as candidates for \hat{A} , where \gtrless indicates either \geq or $<$ and covariates j , k , and l are distinct. In addition, we consider the complements of these regions. We refer to this as *Simple Optimal Regime Approximation* (SORA).

Note that for just 3D regions, there are $\binom{p}{3}$ unique combinations of covariates, $2^3 = 8$ unique ways to assign directions $\geq / <$ to x_j , x_k , and x_l , and as many as $n - 1$ unique cutpoints for each covariate. Thus,

SORA often involves the evaluation of many regions, making it computationally expensive. Therefore, we employ a modified version, in which we consider an evenly-spaced grid of 10–20 cutpoints, rather than all observed values for each covariate. Additionally, instead of considering all candidate regions simultaneously, we employ a “stepwise” approach. Let $B_q(M_q)$ denote the set of unique covariates which define the best M_q candidate regions of dimension q . The stepwise algorithm is as follows: (1) evaluate all candidate 1D regions, and identify $B_1(M_1)$, (2) evaluate all candidate 2D regions in which one of the dimensions is defined by a member of $B_1(M_1)$, and identify $B_2(M_2)$, and (3) evaluate all candidate 3D regions in which two of the dimensions are defined by a pair from $B_2(M_2)$, and select the best 3D region. The best overall region is \hat{A} . Note that $B_q(M_q)$ only defines *which* covariates are considered in the next step. All candidate directions (i.e. $<$ or \geq) and cutpoints are re-considered for these covariates.

2.3 Evaluation of the region \hat{A}

The proposed method always selects a region, so it is important to evaluate the strength of \hat{A} . We thus consider the metric proposed by [Foster and others \(2011\)](#):

$$Q(\hat{A}) = E(y | T = 1, \mathbf{x} \in \hat{A}) - E(y | T = 0, \mathbf{x} \in \hat{A}) - [E(y | T = 1) - E(y | T = 0)], \quad (2.4)$$

which is a measure of the enhanced treatment effect in \hat{A} relative to the average treatment effect. Methods for estimating (2.4) are considered below.

Resubstitution (RS). Replace the four conditional expectations in (2.4) with the observed means in the data and use these obtain an estimate of

$$\begin{aligned} Q(\hat{A}) : \hat{Q}(\hat{A})_{\text{RS}} &= \frac{\sum_{i=1}^n y_i I(\mathbf{x}_i \in \hat{A}, T_i = 1)}{\sum_{i=1}^n I(\mathbf{x}_i \in \hat{A}, T_i = 1)} - \frac{\sum_{i=1}^n y_i I(\mathbf{x}_i \in \hat{A}, T_i = 0)}{\sum_{i=1}^n I(\mathbf{x}_i \in \hat{A}, T_i = 0)} \\ &\quad - \left[\frac{\sum_{i=1}^n y_i I(T_i = 1)}{\sum_{i=1}^n I(T_i = 1)} - \frac{\sum_{i=1}^n y_i I(T_i = 0)}{\sum_{i=1}^n I(T_i = 0)} \right]. \end{aligned}$$

The RS method reuses the data which were used to identify \hat{A} . It is well known that, due to overfitting, measures of a model’s predictive accuracy will often be overly optimistic when obtained from the training data. It seems reasonable to assume that a similar phenomenon will occur when the training data are used to identify a subgroup and then reused to assess the enhancement of that subgroup. Thus, we expect the RS estimate to be positively biased.

Simulate new data (SND). The goal of this method is to obtain new data which “look like” the original data, but are independent of the original data, reducing the bias of the resulting estimate. This could be repeated many times, where each time $\hat{Q}(\hat{A})_{\text{RS}}$ was recalculated, and the SND estimate could be found by averaging these RS estimates. We avoid actually simulating new data by instead replacing y_i by $\hat{y}_i = \hat{h}(\mathbf{x}_i) + (T_i - \pi)\hat{g}(\mathbf{x}_i)$, $i = 1, \dots, n$ in $\hat{Q}(\hat{A})_{\text{RS}}$. This estimate is denoted by $\hat{Q}(\hat{A})_{\text{SND}}$, and is generally less biased than $\hat{Q}(\hat{A})_{\text{RS}}$.

Mean \hat{g} . Under (2.1), the empirical version of (2.4) is $(1/|\hat{A}|) \sum_{i:\mathbf{x}_i \in \hat{A}} g(\mathbf{x}_i) - (1/n) \sum_{i=1}^n g(\mathbf{x}_i)$, where $|\hat{A}|$ is the number of individuals in \hat{A} . Thus, \hat{g} can be used to estimate (2.4): $\hat{Q}(\hat{A})_{\hat{g}} = (1/|\hat{A}|) \sum_{i:\mathbf{x}_i \in \hat{A}} \hat{g}(\mathbf{x}_i) - (1/n) \sum_{i=1}^n \hat{g}(\mathbf{x}_i)$. This is similar to $\hat{Q}(\hat{A})_{\text{SND}}$, and will generally have a similar amount of bias. In fact, if each treated observation had a corresponding identical (with respect to covariates) control observation, this would be exactly equal to $\hat{Q}(\hat{A})_{\text{SND}}$.

Bootstrap bias correction. We also consider the bootstrap bias correction of [Foster and others \(2011\)](#). The bias of $\hat{Q}(\hat{A})$ is $\hat{Q}(\hat{A}) - Q(\hat{A})$, and as discussed in [Foster and others \(2011\)](#), can be approximately estimated using bootstrap data. This estimated bias can then be used to adjust any of the above estimates, i.e. bias-corrected $\hat{Q}(\hat{A}) = \hat{Q}(\hat{A}) - (1/L) \sum_{l=1}^L (\hat{Q}^{(l)}(\hat{A}^{(l)}) - \hat{Q}(\hat{A}^{(l)}))$, where l denotes a particular bootstrap

sample. These adjusted RS, SND, and Mean \hat{g} estimates are denoted by $\hat{Q}(\hat{A})_{\text{RS(BC)}}$, $\hat{Q}(\hat{A})_{\text{SND(BC)}}$, and $\hat{Q}(\hat{A})_{\hat{g}(\text{BC})}$, respectively.

2.4 Selection of δ

If one wishes to consider an offset, δ , a number of options exist. We describe two potential approaches below. In this paper, we use δ to reduce classification errors (particularly false positives) around the threshold $\hat{g}(\mathbf{x}_i) = 0$. Alternatively, δ could be chosen *a priori* based on a meaningful treatment effect or, if one wishes for \hat{A} to be of a specific size, δ could be chosen accordingly. If one wishes to be less aggressive, an offset need not be used.

“Ad hoc” approach. True treatment effects can be broken into the following categories: (a) $g(\mathbf{x})$ depends on the covariates, (b) $g(\mathbf{x})$ does not depend on the covariates and has a mean which is less than or equal to zero, and (c) $g(\mathbf{x})$ does not depend on the covariates, but has a positive mean. Factors which might be important in determining a suitable δ are the variability of $g(\mathbf{x}_i)$, its signal-to-noise ratio $E(g)/\text{SD}(g)$, and the amount of variability that is explained by g in (2.1). As we wish to identify subjects for whom $g(\mathbf{x}_i) > 0$, δ will ideally be around zero, but because the estimate $\hat{g}(\mathbf{x}_i)$ is not precise, using a small positive offset will reduce the false-positive rate. If the true treatment effect falls into category (a), then a small δ would be appropriate, unless the signal-to-noise ratio for g is small and g only explains a small amount of the variance. If the true treatment effect falls into category (b), we would like a modestly sized positive δ , as in this case we do not wish to identify a subgroup. If the true treatment effect falls into category (c), the ideal δ will be around zero, as in this case we essentially wish to treat everyone. Therefore, one potential δ is

$$\delta_{\text{Ad hoc}} = \max \left[0.1, -1.4 \left(\frac{\bar{\hat{g}}}{\text{SD}_{\hat{g}}} \right) + 1.4 \left(\frac{R_2^2}{R_1^2} \right)^4 + 0.1 \right] (\text{SD}_{\hat{g}}),$$

where $\text{SD}_{\hat{g}} = \text{SD}(\hat{g}(\mathbf{x}_1), \dots, \hat{g}(\mathbf{x}_n))$, R_1^2 is the residual variance when model (2.1) is fit under the assumption $g(\mathbf{x}) = \theta$, for some constant θ and R_2^2 is that when model (2.1) is fit using the non-parametric procedure outlined in Section 2.1. If $g(\mathbf{x})$ does not depend on the covariates, we expect R_1^2 and R_2^2 to be close, whereas if $g(\mathbf{x})$ does explain more of the variability, we expect R_2^2 to be considerably smaller than R_1^2 . Moreover, we expect $\text{SD}(\hat{g})$ to increase as the degree to which $g(\mathbf{x})$ depends on the covariates increases. Thus, we expect $\delta_{\text{Ad hoc}}$ to be closer to $0.1 * \text{SD}_{\hat{g}}$ when the true treatment effect is in category (c), closer to $1.5 * \text{SD}_{\hat{g}}$ when the true treatment effect is in category (b), and between $0.1 * \text{SD}_{\hat{g}}$ and $1.5 * \text{SD}_{\hat{g}}$ when the true treatment effect is in category (a).

Augmented Inverse Probability Weighted Estimate (AIPWE)-based approach. Recall that, if we were not interested in forcing \hat{A} to have a simple form, we would select $\hat{A} = \{\mathbf{x} : \hat{g}(\mathbf{x}) > 0\}$, or more generally $\hat{A} = \{\mathbf{x} : \hat{g}(\mathbf{x}) > \delta\}$. This can be viewed as our “target group”, as our goal is essentially to identify the simple approximation that most closely captures this region. Therefore, we may select δ using the AIPWE of the expected response considered by [Zhang and others \(2012\)](#). In particular, we consider

$$\delta_{\text{AIPWE}} = \arg \max_{\delta} \text{AIPWE}(\delta) = \arg \max_{\delta} \frac{1}{n} \sum_{i=1}^n \left\{ \frac{C_{\delta,i} y_i}{\pi_c(\mathbf{x}_i)} - \frac{C_{\delta,i} - \pi_c(\mathbf{x}_i)}{\pi_c(\mathbf{x}_i)} \hat{y}_i \right\},$$

where $\hat{\pi}(\mathbf{x})$ is the sample proportion assigned to the treatment group (since we consider only RCT data), $\pi_c(\mathbf{x}_i) = \hat{\pi}(\mathbf{x})^{T_i} (1 - \hat{\pi}(\mathbf{x}))^{1-T_i}$, $C_{\delta,i} = T_i I(\hat{g}(\mathbf{x}_i) > \delta) + (1 - T_i) I(\hat{g}(\mathbf{x}_i) \leq \delta)$, and \hat{y}_i 's are the predicted values from fitting (2.1).

3. SIMULATIONS

A simulation study was undertaken, in which SORA was compared to Virtual Twins (VT) (Foster and others, 2011) and the recursive partitioning approach proposed by Su and others (2009). VT is another two-stage procedure designed to identify simple subgroups. In the first stage, y is modeled using RF, with the covariates and treatment indicator as predictors to obtain estimates of y_{1i} and y_{0i} for each subject, from which estimated treatment effects are calculated. In the second stage, the estimated treatment effects are used as the outcome in a single regression tree, and the identified subgroup consists of all terminal nodes for which the estimated treatment effect from the VT tree is beyond some predefined “enhancement” threshold. The recursive partitioning approach of Su and others (2009) follows the standard classification and regression tree framework, but employs a splitting criterion which is large for strong treatment-by-covariate interactions. This can be viewed as a “one-stage” approach, as it does not require estimation of subject-specific treatment effects. We refer to this as the *Tree* approach. We also compare the performance of some δ selection methods for SORA.

We consider eight cases:

1. $g(\mathbf{x}) = 25I(x_1 > 0, x_2 > 0)$,
- 2.

$$g(\mathbf{x}) = \begin{cases} 0.5 + 10 \min(|x_1|, |x_2|) & \text{if } x_1 > 0.5 \text{ and } x_2 > 0.5, \\ -0.5 & \text{if } x_1 < -0.5 \text{ or } x_2 < -0.5, \\ \min(|x_1 + 0.5|, |x_2 + 0.5|) - 0.5 & \text{otherwise,} \end{cases}$$

3. $g(\mathbf{x}) = 25I(x_1 > 0, x_2 > 0) \min(|x_1|, |x_2|)$,
4. $g(\mathbf{x}) = (5/\sqrt{2})(x_1 + x_2)$,
5. $g(\mathbf{x}) = 3$,
6. $g(\mathbf{x}) = 0$,
7. $g(\mathbf{x}) = (5/\sqrt{2})(x_1 + x_2) + 6.4$,
8. $g(\mathbf{x}) = (5/\sqrt{5})(x_1 + x_2 + x_3 + x_4 + x_5)$.

In Cases 1–7, at most two variables determine $g(\mathbf{x})$, and in Case 8, five variables determine $g(\mathbf{x})$. Cases 1–3 have clearly defined enhanced individuals present. In Case 1, the treatment effect for non-responders is fixed at zero, and that for responders is a positive constant. In Case 2, there is a group of non-responders whose g values vary slightly around zero, and a group of responders, whose values vary around some non-zero mean. Case 3 is similar to Case 2, but non-responders have a constant zero treatment effect. In Case 4, the treatment effects are symmetric about zero. Thus, there is no clearly separated “enhanced” group of individuals who are different from the rest of the population, but the treatment effect is positive for individuals with $x_1 + x_2 > 0$ and negative for those with $x_1 + x_2 < 0$. In Case 5, the treatment effect is a positive constant for all individuals, so essentially everyone is “enhanced,” and in Case 6, the treatment effect is exactly zero for everyone. Case 7 was chosen to be analogous to the data we will analyze in Section 4. In this data set, nearly all subjects appear to respond positively to treatment, so the problem becomes identifying the small subgroup of patients who *should not* receive treatment. Thus, in Case 7, we generate data so that nearly all subjects have a positive treatment effect. Case 8 is similar to Case 4, but with the true treatment effect depending on five covariates instead of two. This case was chosen to assess the performance of SORA when the true treatment effect depends on more than three covariates and has a non-rectangular form. In Cases 1–3, we expect one-fourth of the population to be enhanced, in Cases 4 and 8 we expect one-half of the subjects to be enhanced, in Case 5 the true region is all individuals, in Case 6 the true region is empty, and in Case 7 we expect about 90% of the subjects to be enhanced.

For each case, 500 data sets of size $n = 500$ were generated from $y_i = 30 + 5x_{1i} + 5x_{2i} - 5x_{7i} + T_i g(\mathbf{x}_i) + \epsilon_i$, where x 's are i.i.d. $N(0, 1)$ and are independent of the ϵ 's, which are i.i.d. $N(0, 20^2)$.

In all cases, we consider a total of 10 variables in our analysis. To match the desired covariate balance in clinical trials and to eliminate spurious positive true $Q(\hat{A})$ values, we used paired data, i.e. each subject in the treatment group has a “twin” in the control group with identical covariate values. This can be viewed as an approximation to a stratified trial design.

For SORA, only subgroups of size 20 or larger were considered, though this value is somewhat arbitrary. For the stepwise subgroup search, we chose $M_1 = 10$, and $B_2(M_2)$ consisted of unique pairs from the top five groups of the form $\{x_i \geq c_i, x_j \geq c_j\}$ (and top five of the form $\{x_i \leq c_i, x_j \leq c_j\}^c$). Candidate cutpoints for each covariate were the corresponding 5, 7.5, . . . , 95, 5, 10, . . . , 95, and 5, 20, 35, 50, 65, 80, 95 percentiles for the 1D, 2D, and 3D searches, respectively. For both SORA and VT, 20 bootstrap data sets were used to obtain the bias-corrected estimates, and for SORA, g and h were estimated using a simple average of MARS and RF estimates, as this was found to perform better than either method alone in our simulations. These estimates were obtained using the R functions *randomForest* and *mars* with default settings. For the Tree approach, the maximum tree depth was set at 15, and terminal nodes were required to include at least 10 subjects from each treatment group. To prune initial trees for this method, a complexity parameter value of $\lambda = \ln(n)$ was used. Additional details can be found in [Su and others \(2009\)](#).

To assess the ability of the methods to identify the true underlying subgroup, we calculate the average number of individuals with a true positive treatment effect, the average $|\hat{A}|$, the average sensitivity, specificity, positive and negative predictive values for \hat{A} , the proportion of times the correct covariates are included in \hat{A} , the proportion of times \hat{A} is defined using only the correct covariates. We also compute the average expected outcome if \hat{A} were used to assign treatment, and the average values of $Q(A)$, $Q(\hat{A})$, and all the estimates of $Q(\hat{A})$ discussed in Section 2.3. Only $\hat{Q}(\hat{A})_{RS}$ is computed for the Tree approach, as this approach does not involve the estimation of subject-specific treatment effects.

For the comparison of SORA to VT and Tree approaches, we chose $\delta = 0$ for SORA and

$$\delta_{VT} = 0.1 * \max \left(\frac{\sum_{i=1}^n y_i I(T_i = 1)}{\sum_{i=1}^n I(T_i = 1)} - \frac{\sum_{i=1}^n y_i I(T_i = 0)}{\sum_{i=1}^n I(T_i = 0)}, \text{sd}(\hat{y}_i; i : T_i = 0) \right)$$

for VT. We considered terminal nodes with positive empirical treatment effects to be enhanced for the Tree approach. From Table 1, we can see that, though all methods are generally quite similar, SORA appears to best maximize the expected outcome. Note that this result also holds for Case 8, in which the true treatment effect depends on five covariates and is non-rectangular. In addition, when $\delta = 0$, SORA tends to identify the largest subgroups, giving it higher sensitivity and lower specificity and positive predictive value than the other two methods. VT is the most successful at identifying regions which depend on all of the true covariates, followed by the Tree approach. Moreover, VT most frequently identifies regions which depend only on the correct covariates, though none of the methods considered performs overly well in this regard. It is worth noting that Cases 4 and 8 (for which SORA performs well) are the only scenarios in which it is truly undesirable to treat too many people. In all other cases, subjects who unnecessarily receive treatment would experience no real harm, as their true $g(\mathbf{x}_i)$ is close to zero. In Cases 5 and 7, it is important to treat a larger number of people, and SORA achieves this.

From Table 2, we can see that the VT and Tree procedures identify more enhanced regions than SORA. Again, this is a result of SORA’s tendency to identify larger subgroups when $\delta = 0$. As expected, $\hat{Q}(\hat{A})_{SND}$ and $\hat{Q}(\hat{A})_{\hat{g}}$ are less biased than $\hat{Q}(\hat{A})_{RS}$ for both VT and SORA. The bias correction appears to work better for SORA, showing less of a tendency to overcorrect than with VT, though $\hat{Q}(\hat{A})_{SND(BC)}$ is quite poor for both approaches, and $\hat{Q}(\hat{A})_{\hat{g}(BC)}$ is essentially always near zero. Although none of the estimates considered is completely satisfactory, $\hat{Q}(\hat{A})_{RS(BC)}$ is generally the least biased for both SORA and VT.

SORA can be very computationally expensive. For instance, using the Biowulf Linux cluster at NIH (see website in Acknowledgments for exact specifications), the average run time for Case 8 was

Table 1. Simulation study results: subgroup identification performance

Scenario	True # responders [†]	Size	Sens.	Spec.	PPV	NPV	Incl. x_1, x_2^{\ddagger}	Only x_1, x_2^{\ddagger}	$E(y^*(A)) _{A=\hat{A}}$
Case 1									
SORA	125.41	395.71	0.99	0.28	0.32	0.99	0.42	0.01	36.24
VT	125.41	149.12	0.94	0.92	0.84	0.98	1.00	0.30	35.91
Tree	125.41	309.12	0.96	0.50	0.43	0.97	0.96	0.05	36.04
Case 2									
SORA	125.41	279.90	0.64	0.47	0.30	0.80	0.10	0.002	30.47
VT	125.41	162.86	0.45	0.72	0.36	0.80	0.41	0.03	30.46
Tree	125.41	263.90	0.59	0.49	0.29	0.79	0.22	0.00	30.44
Case 3									
SORA	125.41	357.02	0.90	0.35	0.33	0.92	0.21	0.004	32.76
VT	125.41	180.73	0.67	0.74	0.53	0.88	0.90	0.13	32.44
Tree	125.41	303.75	0.77	0.45	0.35	0.85	0.61	0.04	32.51
Case 4									
SORA	250.26	247.76	0.68	0.68	0.70	0.70	0.39	0.01	31.03
VT	250.26	166.33	0.51	0.85	0.77	0.65	0.73	0.10	31.04
Tree	250.26	262.10	0.64	0.60	0.64	0.66	0.46	0.03	30.72
Case 5									
SORA	500	391.88	0.78	—	1.00	—	—	—	32.36
VT	500	211.60	0.42	—	0.99	—	—	—	31.28
Tree	500	338.47	0.68	—	1.00	—	—	—	32.04
Case 6									
SORA	0	249.83	—	0.50	—	1.00	—	—	30.01
VT	0	147.21	—	0.71	—	1.00	—	—	30.01
Tree	0	254.47	—	0.49	—	1.00	—	—	30.01
Case 7									
SORA	449.98	436.08	0.90	0.39	0.93	0.32	0.37	0.01	36.14
VT	449.98	233.30	0.51	0.88	0.98	0.17	0.76	0.10	34.16
Tree	449.98	375.88	0.78	0.47	0.93	0.22	0.46	0.03	35.39
Case 8									
SORA	250.46	251.30	0.63	0.63	0.65	0.65	—	—	30.78
VT	250.46	168.13	0.45	0.78	0.68	0.60	0.01	0.004	30.71
Tree	250.46	251.89	0.60	0.59	0.61	0.61	0.03	0.00	30.58

Values represent averages across 500 simulated data sets. VT failed to identify a subgroup in 3.6% of data sets for Case 2, 3.2% for Case 4, 0.8% for Case 5, 7.2% for Case 6, and 2.8% for Case 8. Tree method failed to identify a subgroup in 4.4% of data sets for Case 2, 3% for Case 4, 6.6% for Case 6, and 4.4% for Case 8.

[†] True responders defined as those with $g(x_i) > 0$.

[‡] In Case 8, these columns indicates inclusion of x_1, x_2, x_3, x_4 , and x_5 .

approximately 6 h and 22 min, whereas the VT and Tree procedures generally did not take more than a few minutes.

SORA was also implemented for Cases 1–6 using $\delta_{\text{Ad hoc}}$ and δ_{AIPWE} . From Tables 3 and 4, we can see that the average $|\hat{A}|$ varies considerably depending on which δ is selected, and thus so do sensitivity, specificity, positive predictive value, negative predictive value, $Q(\hat{A})$ and $\hat{Q}(\hat{A})$. Of the methods considered, choosing $\delta = 0$ appears to lead to the best expected outcome, though all three methods are generally fairly similar in this regard. However, choosing $\delta > 0$ leads to smaller subgroups with a more clearly distinguishable treatment effect from the whole population.

Table 2. *Simulation study results: $Q(\hat{A})$ estimation performance*

Scenario	$Q(A)$	$Q(\hat{A})$	$\hat{Q}(\hat{A})$			Bias-corrected $\hat{Q}(\hat{A})$		
			RS	SND	Mean \hat{g}	RS	SND	Mean \hat{g}
Case 1								
SORA	18.73	1.76	4.15	2.57	2.94	2.09	-0.33	0.46
VT	18.73	14.81	17.89	13.48	—	12.65	7.03	—
Tree	18.73	4.43	9.71	—	—	—	—	—
Case 2								
SORA	3.01	0.31	6.48	2.59	3.46	2.67	-2.82	-1.25
VT	3.01	1.05	10.46	3.43	—	2.93	-5.79	—
Tree	3.01	0.35	8.65	—	—	—	—	—
Case 3								
SORA	8.75	1.10	4.50	2.40	2.88	1.66	-1.61	-0.60
VT	8.75	5.06	11.61	5.85	—	4.81	-2.50	—
Tree	8.75	1.77	8.56	—	—	—	—	—
Case 4								
SORA	3.99	2.27	7.52	4.26	5.00	3.73	-1.01	0.45
VT	3.99	3.36	10.96	4.71	—	3.77	-4.17	—
Tree	3.99	1.60	9.23	—	—	—	—	—
Case 5								
SORA	0.00	0.00	3.44	1.34	1.81	0.68	-2.56	-1.59
VT	0.00	0.00	8.58	2.67	—	1.47	-5.89	—
Tree	0.00	0.00	6.83	—	—	—	—	—
Case 6								
SORA	0.00	0.00	7.45	2.75	3.80	3.33	-3.06	-1.25
VT	0.00	0.00	10.27	2.98	—	2.79	-6.20	—
Tree	0.00	0.00	8.64	—	—	—	—	—
Case 7								
SORA	0.98	0.66	2.63	1.35	1.64	0.70	-1.25	-0.58
VT	0.98	2.75	8.59	4.27	—	1.99	-3.73	—
Tree	0.98	0.89	5.33	—	—	—	—	—
Case 8								
SORA	3.98	1.71	7.42	4.00	4.79	3.57	-1.42	0.10
VT	3.98	2.28	11.16	3.83	—	3.66	-5.57	—
Tree	3.98	1.29	9.56	—	—	—	—	—

Values represent averages across 500 simulated data sets. VT failed to identify a subgroup in 3.6% of data sets for Case 2, 3.2% for Case 4, 0.8% for Case 5, 7.2% for Case 6, and 2.8% for Case 8. Tree method failed to identify a subgroup in 4.4% of data sets for Case 2, 3% for Case 4, 6.6% for Case 6, and 4.4% for Case 8.

4. APPLICATION TO RCT DATA

The proposed methods were applied to data from the Trial of Preventing Hypertension (TROPHY) ([Julius and others, 2006](#)). This study included participants with prehypertension, i.e. either an average systolic blood pressure (SBP) of 130–139 mm Hg and diastolic blood pressure (DBP) of no more than 89 mm Hg for the three run-in visits (before randomization), or SBP of 139 mm Hg or lower and DBP between 85 and 89 mm Hg for the three run-in visits. These subjects were randomly assigned to receive either 2 years of candesartan or placebo, followed by 2 years of placebo for all subjects. Subjects had

Table 3. δ selection comparison: subgroup identification performance

Scenario	True # responders [†]	Size	Sens.	Spec.	PPV	NPV	Incl. x_1, x_2	Only x_1, x_2	$E(y^*(A)) _{A=\hat{A}}$
Case 1									
$\delta_{\text{Ad hoc}}^{\ddagger}$	125.41	362.24	0.99	0.36	0.36	0.99	0.45	0.02	36.21
$\delta_{\text{AIPWE}}^{\ddagger}$	125.41	227.57	0.92	0.70	0.63	0.97	0.72	0.05	35.75
$\delta = 0$	125.41	395.71	0.99	0.28	0.32	0.99	0.42	0.01	36.24
Case 2									
$\delta_{\text{Ad hoc}}$	125.41	145.78	0.37	0.73	0.36	0.78	0.13	0.02	30.32
δ_{AIPWE}	125.41	237.91	0.54	0.55	0.32	0.80	0.10	0.002	30.40
$\delta = 0$	125.41	279.90	0.64	0.47	0.30	0.80	0.10	0.002	30.47
Case 3									
$\delta_{\text{Ad hoc}}^{\ddagger}$	125.41	290.67	0.80	0.49	0.39	0.90	0.26	0.01	32.54
$\delta_{\text{AIPWE}}^{\ddagger}$	125.41	245.66	0.71	0.58	0.45	0.88	0.35	0.01	32.33
$\delta = 0$	125.41	357.02	0.90	0.35	0.33	0.92	0.21	0.004	32.76
Case 4									
$\delta_{\text{Ad hoc}}$	250.26	125.60	0.37	0.87	0.79	0.60	0.37	0.01	30.73
δ_{AIPWE}	250.26	243.84	0.63	0.65	0.70	0.69	0.37	0.01	30.81
$\delta = 0$	250.26	247.76	0.68	0.68	0.70	0.70	0.39	0.01	31.03
Case 5									
$\delta_{\text{Ad hoc}}$	500	326.04	0.65	—	1.00	—	—	—	31.97
δ_{AIPWE}	500	246.41	0.49	—	1.00	—	—	—	31.49
$\delta = 0$	500	391.88	0.78	—	1.00	—	—	—	32.36
Case 6									
$\delta_{\text{Ad hoc}}$	0	107.23	—	0.79	—	1.00	—	—	30.01
δ_{AIPWE}	0	239.91	—	0.52	—	1.00	—	—	30.01
$\delta = 0$	0	249.83	—	0.50	—	1.00	—	—	30.01

Values represent averages across 500 simulated data sets.

[†] True responders defines as those with $g(x_i) > 0$.

[‡] Averages based on 497 and 499 data sets in Cases 1 and 3, respectively, due to numerical problems.

return visits at 1 and 3 months post-randomization, and approximately every 3 months thereafter. The study produced analyzable data on 772 subject (391 candesartan, 381 placebo). Baseline measurements included age, gender, race (white, black, or other), weight, body-mass index (BMI), SBP, DBP, total cholesterol, high density lipoprotein cholesterol (HDL), low density lipoprotein cholesterol (LDL), HDL:LDL ratio, triglycerides, fasting glucose, total insulin, insulin:glucose ratio, and creatinine. The insulin:glucose ratio was dropped due to extremely high correlation (≈ 0.98) with total insulin. For our analysis, we consider SBP at 12 months post-randomization as the outcome.

At 12 months post-randomization, approximately 20% of the outcome values were missing due to patient dropout and patients developing hypertension. Because hypertension was defined based only on *observed* blood pressure measurements, missing data due to patients experiencing the event were assumed to be missing at random. There was also a small amount of missingness in the baseline covariates, with the largest fraction for any covariate being 4.3%. All missing values were imputed using SAS PROC MI (SAS Institute, Inc., Cary, NC, USA). The imputation model included baseline measures of age, weight, BMI,

Table 4. δ selection comparison: $Q(\hat{A})$ estimation performance

Scenario	$Q(A)$	$Q(\hat{A})$	$\hat{Q}(\hat{A})$			Bias-corrected $\hat{Q}(\hat{A})$		
			RS	SND	Mean \hat{g}	RS	SND	Mean \hat{g}
Case 1								
$\delta_{\text{Ad hoc}}^\dagger$	18.73	2.61	5.30	3.37	3.81	3.02	0.08	1.02
$\delta_{\text{AIPWE}}^\dagger$	18.73	9.37	12.50	7.21	8.39	8.98	1.87	4.11
$\delta = 0$	18.73	1.76	4.15	2.57	2.94	2.09	-0.33	0.46
Case 2								
$\delta_{\text{Ad hoc}}$	3.01	0.93	15.08	4.98	7.26	8.84	-3.79	-0.22
δ_{AIPWE}	3.01	0.57	10.20	3.53	5.03	5.63	-2.93	-0.55
$\delta = 0$	3.01	0.31	6.48	2.59	3.46	2.67	-2.82	-1.25
Case 3								
$\delta_{\text{Ad hoc}}^\dagger$	8.75	2.16	7.17	3.60	4.41	3.59	-1.50	0.03
$\delta_{\text{AIPWE}}^\dagger$	8.75	3.38	9.86	4.51	5.71	5.70	-1.43	0.64
$\delta = 0$	8.75	1.10	4.50	2.40	2.88	1.66	-1.61	-0.60
Case 4								
$\delta_{\text{Ad hoc}}$	3.99	3.56	15.76	7.33	9.25	9.35	-1.52	1.77
δ_{AIPWE}	3.99	2.29	9.52	4.68	5.78	5.23	-1.22	0.74
$\delta = 0$	3.99	2.27	7.52	4.26	5.00	3.73	-1.01	0.45
Case 5								
$\delta_{\text{Ad hoc}}$	0.00	0.00	5.87	2.12	2.96	2.33	-2.86	-1.37
δ_{AIPWE}	0.00	0.00	9.44	3.15	4.56	4.92	-3.20	-0.93
$\delta = 0$	0.00	0.00	3.44	1.34	1.81	0.68	-2.56	-1.59
Case 6								
$\delta_{\text{Ad hoc}}$	0.00	0.00	17.95	5.46	8.27	10.79	-4.54	-0.26
δ_{AIPWE}	0.00	0.00	10.10	3.27	4.80	5.42	-3.24	-0.82
$\delta = 0$	0.00	0.00	7.45	2.75	3.80	3.33	-3.06	-1.25

Values represent averages across 500 simulated data sets.

\dagger Averages based on 497 and 499 data sets in Cases 1 and 3, respectively, due to numerical problems.

total cholesterol, LDL, HDL, HDL:LDL ratio, total insulin, fasting glucose, insulin:glucose ratio, triglycerides, and creatinine, as well as all blood pressure measurements up to 12 months post-randomization, stratified by treatment, and gender. Because the proposed methods have not yet been extended to data with missing values, only a single imputation was performed.

There are three very large and influential outliers in the covariate values. Thus, RF, rather than an average of RF and MARS, was used to estimate g and h , as we found it to be less sensitive to outliers. Insulin, glucose, HDL, LDL, HDL:LDL ratio, and triglycerides were log-transformed.

For SORA, all 1D and 2D regions were considered in the stepwise procedure, and $B_2(M_2)$ consisted of unique pairs from the top 50 2D groups (and the top 50 complement groups). Percentiles used as cutpoints in the 3D search were 7.5, 15, ..., 90, and the RF included 2000 trees. All other settings were the same as in the simulations.

A histogram of the estimated treatment effects is given in Figure 1. The very high percentage of positive predicted treatment effects suggests that candesartan is widely effective, so in this case, it is more interesting to identify the small subgroup of individuals who should not receive treatment. As a result,

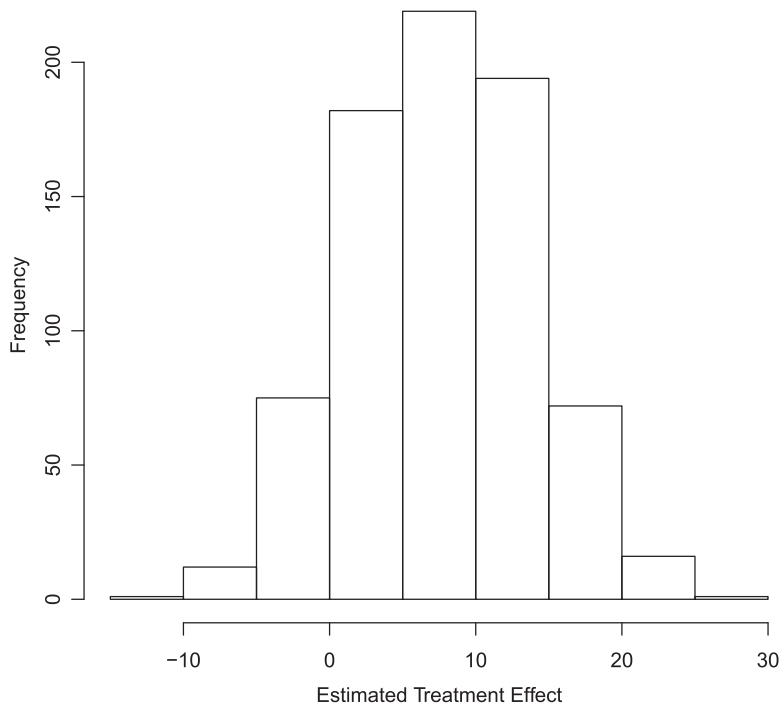


Fig. 1. Histogram of $\hat{g}(\mathbf{x})$ for TROPHY Data.

we chose $\delta = 0$, and \hat{A} was redefined as the region which *minimizes* (2.3). The identified region was $\hat{A} = \{\text{HDL}:\text{LDL ratio} < 0.38, \text{HDL} < 46.02, \text{total insulin} \geq 25.11\}$, and contained 20 subjects, suggesting a regime where these individuals receive no treatment and all others receive candesartan. These subjects also had high triglycerides, total cholesterol, and LDL, and could be described as having an elevated risk profile on lipids and a high risk of diabetes. Values of $\hat{Q}(\hat{A})_{\text{RS}}$, $\hat{Q}(\hat{A})_{\text{RS(BC)}}$, $\hat{Q}(\hat{A})_{\text{SND}}$, $\hat{Q}(\hat{A})_{\text{SND(BC)}}$, $\hat{Q}(\hat{A})_{\hat{g}}$, and $\hat{Q}(\hat{A})_{\hat{g}(\text{BC})}$ were $-1.63, 3.92, -8.14, 0.35, -9.75$, and -4.24 , respectively. The relatively small magnitude of the bias-corrected estimates suggests that individuals in \hat{A} may have essentially no response to treatment, rather than a large negative response.

Due to the random nature of RF, results may vary slightly depending on which seed is chosen for estimating g and h . We re-implemented SORA using a different seed, and a slightly different \hat{A} was identified; however, it was again defined using insulin and two of the cholesterol measures, and contained some, but not all of the same individuals. The above analysis was also performed without the three large outlying observations in the covariates, and again a region based on cholesterol measures and insulin was identified.

We also applied the VT and Tree procedures to the TROPHY data. For this analysis, we chose $\delta_{\text{VT}} = 0$, and VT selected a tree containing HDL, total insulin, triglycerides, baseline SBP, and age, but failed to identify a subgroup, as predictions from this tree suggested that all subjects benefit from candesartan. The Tree procedure identified three disjoint subgroups, containing a total of 128 subjects: $\{\text{HDL} \geq 45, \text{baseline SBP} < 128\}$ (34 subjects), $\{\text{HDL} < 45, \text{total insulin} \geq 4.7, \text{fasting glucose} \geq 88.39, \text{triglycerides} < 112, \text{weight} \geq 184\}$ (50 subjects), and $\{\text{HDL} < 45, \text{total insulin} \geq 4.7, \text{fasting glucose} \geq 88.39, 141 \leq \text{triglycerides} < 215, \text{weight} \geq 209\}$ (44 subjects), and $\hat{Q}(\hat{A})_{\text{RS}}$ for these 128 subjects was -12.72 . Because $\hat{Q}(\hat{A})_{\text{RS}}$ is generally strongly biased, it is difficult to assess the strength of this subgroup. However, it is possible that these individuals truly have a strong

negative response to candesartan, but were not all identified by SORA because the true structure of the subgroup was too complex to be detected.

5. DISCUSSION

We proposed a method, SORA, that uses RCT data to identify simple treatment regimes which, once properly validated, could be used to assign treatment to future patients in the population. Our simulations showed that regimes identified by SORA better maximized the expected outcome than those identified by the VT or Tree methods. Moreover, in our experience, the VT and Tree procedures have a tendency to identify subgroups which consist of two or more disjoint regions, so subgroups identified by SORA will generally be more interpretable.

The SORA method tends to select 3D regions, even when the true underlying region is of fewer dimensions. Thus, it may be interesting to consider some form of pruning, or perhaps incorporating a penalty based on the number of covariates into the objective function, which could help SORA identify regions of the correct dimension more frequently.

As illustrated in our simulations, the value of δ can strongly impact $|\hat{A}|$. Although we considered a few methods for selecting δ , other data-adaptive methods could be developed. There may also be logistical or cost-based reasons for preferring a non-zero δ , which could be taken into account.

It may be of interest to consider methods for increasing computational speed. The speed of SORA as implemented in this paper does not change with n , but is heavily dependent on the number of covariates, so it may be interesting to consider a method for weeding out “useless” covariates between model estimation and subgroup identification to reduce computation time.

In our simulations, the bootstrap often led to an overestimate of the bias of $\hat{Q}(\hat{A})$. This phenomenon was discussed by [Efron and Tibshirani \(1997\)](#) in the case of classification error. Although the settings are slightly different, it may be possible to improve the estimation of $Q(\hat{A})$ by following their same general arguments. As a rough illustration, consider $\hat{Q}(\hat{A})_{\text{SND}}$. In [Table 2](#), $\hat{Q}(\hat{A})_{\text{SND}}$ tends to overestimate $Q(\hat{A})$, whereas $\hat{Q}(\hat{A})_{\text{SND(BC)}}$ underestimates $Q(\hat{A})$. However, $0.632\hat{Q}(\hat{A})_{\text{SND}} + 0.368\hat{Q}(\hat{A})_{\text{SND(BC)}}$ is generally very close to $Q(\hat{A})$. That is, by up-weighting $\hat{Q}(\hat{A})_{\text{SND}}$ and down-weighting $\hat{Q}(\hat{A})_{\text{SND(BC)}}$ in a fashion similar to [Efron and Tibshirani \(1997\)](#), we can obtain a noticeably less biased estimate. It may be interesting to investigate this further. One could also potentially consider using cross-validation to obtain more honest estimates of $Q(\hat{A})$, though this was also shown by [Foster and others \(2011\)](#) to overestimate the bias for VT.

Who should and should not receive treatment are both very important and clinically meaningful questions, and considering only the primary outcome when attempting to choose the best regime may lead to less sufficient results. It may thus be useful to consider additional information when attempting to select the best regime, such as secondary outcomes, and the risks and rewards associated with each of the competing treatments for the outcome(s) considered.

6. SOFTWARE

R code is available on request from the corresponding author.

ACKNOWLEDGMENTS

We utilized the high-performance computational capabilities of the Biowulf Linux cluster at NIH, Bethesda, MD (<http://biowulf.nih.gov>). We thank Xiaogang Su for sharing his R code. *Conflict of Interest:* None declared.

FUNDING

This research was partially supported by a grant from Eli Lilly, grant DMS-1007590 from the National Science Foundation, grants CA083654 and AG036802 from the National Institutes of Health (NIH), and the Intramural Research Program of the NIH, *Eunice Kennedy Shriver* National Institute of Child Health and Human Development.

REFERENCES

- BREIMAN, L. (2001). Random forests. *Machine Learning* **45**, 5–32.
- BRINKLEY, J., TSIATIS, A. AND ANSTROM, K. J. (2010). A generalized estimator of the attributable benefit of an optimal treatment regime. *Biometrics* **66**(2), 512–522.
- EFRON, B. AND TIBSHIRANI, R. (1997). Improvements on cross-validation: the .632 bootstrap method. *Journal of the American Statistical Association* **92**(438), 548–560.
- FAN, J. AND LI, R. (2001). Variable selection via nonconcave penalized likelihood and its oracle properties. *Journal of the American Statistical Association* **96**, 1348–1360.
- FARIES, D. E., CHEN, Y., LIPKOVICH, I., ZAGAR, A., LIU, X. AND OBENCHAIN, R. L. (2013). Local control for identifying subgroups of interest in observational research: persistence of treatment for major depressive disorder. *International Journal of Methods in Psychiatric Research* **22**(3), 185–194.
- FOSTER, J. C., TAYLOR, J. M. G. AND NAN, B. (2013). Variable selection in monotone single-index models via the adaptive lasso. *Statistics in Medicine* **32**(22), 3944–3954.
- FOSTER, J. C., TAYLOR, J. M. G. AND RUBERG, S. J. (2011). Subgroup identification from randomized clinical trial data. *Statistics in Medicine* **30**(24), 2867–2880.
- FRIEDMAN, J. H. (1991). Multivariate adaptive regression splines. *The Annals of Statistics* **19**(1), 1–141.
- GUNTER, L., ZHU, J. AND MURPHY, S. (2007). Variable selection for optimal decision making. *Proceedings of the 11th conference on Artificial Intelligence in Medicine, AIME '07*. Berlin: Springer, pp. 149–154.
- IMAI, K. AND RATKOVIC, M. (2013). Estimating treatment effect heterogeneity in randomized program evaluation. *Annals of Applied Statistics* **7**(1), 443–470.
- JULIUS, S., NESBITT, S. D., EGAN, B. M., WEBER, M. A., MICHELSON, E. L., KACIROTI, N., BLACK, H. R., GRIMM, R. H., MESSERLI, F. H., OPARIL, S. AND SCHORK, M. A. (2006). Feasibility of treating prehypertension with an angiotensin-receptor blocker. *New England Journal of Medicine* **354**(16), 1685–1697.
- LIPKOVICH, I., DMITRIENKO, A., DENNE, J. AND ENAS, G. (2011). Subgroup identification based on differential effect search—a recursive partitioning method for establishing response to treatment in patient subpopulations. *Statistics in Medicine* **30**(21), 2601–2621.
- LU, W., ZHANG, H. H. AND ZENG, D. (2013). Variable selection for optimal treatment decision. *Statistical Methods in Medical Research* **22**(5), 493–504.
- MURPHY, S. A., VAN DER LAAN, M. J., ROBBINS, J. M. AND CPPRG. (2001). Marginal Mean Models for Dynamic Regimes. *Journal of the American Statistical Association* **96**(456), 1410–1423.
- NEGASSA, A., CIAMPI, A., ABRAHAMOWICZ, M., SHAPIRO, S. AND BOIVIN, J.-F. (2005). Tree-structured subgroup analysis for censored survival data: validation of computationally inexpensive model selection criteria. *Statistics and Computing* **15**(3), 231–239.
- QIAN, M. AND MURPHY, S. A. (2011). Performance guarantees for individualized treatment rules. *Annals of Statistics* **39**(2), 1180–1210.
- ROBBINS, J. M. (2004). Optimal structural nested models for optimal sequential decisions. *Proceedings of the Second Seattle Symposium on Biostatistics*. Berlin: Springer.

- SONG, X. AND PEPE, M. S. (2004). Evaluating markers for selecting a patient's treatment. *Biometrics* **60**(4), 874–883.
- SU, X., TSAI, C.-L., WANG, H., NICKERSON, D. M. AND LI, B. (2008). Subgroup analysis via recursive partitioning. *Journal of Machine Learning Research* **10**, 141–158.
- SU, X., ZHOU, T., YAN, X., FAN, J. AND YANG, S. (2009). Interaction trees with censored survival data. *The International Journal of Biostatistics* **4**(1), 1–26.
- SUTTON, R. S. AND BARTO, A. G. (1998). *Reinforcement Learning: An Introduction*. Cambridge, MA: MIT Press.
- TIBSHIRANI, R. (1996). Regression shrinkage and selection via the lasso. *Journal of the Royal Statistical Society. Series B (Methodological)* **58**(1), 267–288.
- ZHANG, B., TSIATIS, A. A., LABER, E. B. AND DAVIDIAN, M. (2012). A robust method for estimating optimal treatment regimes. *Biometrics* **68**(4), 1010–1018.
- ZOU, H. AND ZHANG, H. H. (2009). On the adaptive elastic-net with a diverging number of parameters. *Annals of Statistics* **37**(4), 1733–1751.

[Received December 20, 2013; revised August 11, 2014; accepted for publication October 21, 2014]