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Comparative Molecular Characteristics of Community-Associated and Healthcare-Associated Methicillin-Resistant *Staphylococcus aureus* Isolates From Adult Patients in Northern Taiwan

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Abstract: Methicillin-resistant *Staphylococcus aureus* (MRSA) is an important nosocomial pathogen in hospitals, and increases rapidly in the community, named as community-associated MRSA (CA-MRSA). We conducted a prospective/retrospective study to understand the epidemiology, antimicrobial susceptibility, and molecular characteristics of MRSA infections in adult patients in Taiwan.

From March to June, 2012, all clinical MRSA isolates were prospectively collected from adult patients in a tertiary hospital in northern Taiwan. Selective isolates were further characterized. We reviewed the detailed medical record of each case retrospectively.

A total of 857 clinical isolates were collected from 555 patients. A total of 749 isolates from 453 patients were classified as healthcare-associated (HA)-MRSA and 108 isolates from 102 patients as CA-MRSA by the epidemiologic criteria. Compared to HA-MRSA, CA-MRSA isolates were significantly more frequently identified from pus (78% vs 28%, $P < 0.001$) and less frequently from sputum (4.6% vs 43.8%, $P < 0.001$) and blood (3.7% vs 15%, $P = 0.002$). CA-MRSA isolates were more susceptible to all antibiotics tested. A total of 102 CA-MRSA and 101 HA-MRSA isolates were characterized, showing significantly different molecular characteristics between CA and HA isolates ($P < 0.001$). The clone of sequence type (ST) 59/t437 complex, with 2 pulsotypes, accounted for 70% of CA isolates. Three major clones were identified from HA-MRSA isolates, namely clonal complex (CC) 59 (32.7%), CC239 (29.7%), and CC5 (24.8%). Among HA isolates, a significant difference was also seen between community-onset and hospital-onset MRSA isolates in terms of the source of specimens, antibiotic susceptibility patterns, and molecular characteristics.

CA-MRSA isolates from adults in northern Taiwan were genetically significantly different from HA isolates. The community clones, CC59, spread into hospitals.

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Abbreviations: CA = community-associated, CC = clonal complex, CO = community-onset, HA = healthcare-associated, HO = hospital-onset, MRSA = methicillin-resistant *Staphylococcus aureus*, PFGE = pulsed-field gel electrophoresis, PVL = Pantone-Valentine leukocidin, SCC = staphylococcal cassette chromosome.

INTRODUCTION

Methicillin-resistant *Staphylococcus aureus* (MRSA) has been an important nosocomial pathogen for a long time. Since mid-1990s, MRSA was not only identified in the hospital settings but also from persons without risk factors predisposing for the acquisition of MRSA. These isolates are classified as community-associated MRSA (CA-MRSA). The reports of CA-MRSA infections are increasing, and many studies indicate that CA-MRSA isolates have different clinical and molecular features from healthcare-associated MRSA (HA-MRSA) isolates. CA-MRSA infections occur more often in previously healthy young people, and mostly cause skin and soft tissue infections such as cellulitis and abscess. They possess smaller staphylococcal cassette chromosome (SCC)*mec*, predominantly SCC*mec* IV or V, compared to SCC*mec* I, II, or III for HA-MRSA isolates. CA-MRSA isolates more commonly carry Pantone-Valentine leukocidin (PVL) genes, and they are less resistant to non- β -lactam classes of antimicrobials.¹ However, various MRSA clones have spread between community and hospitals, particularly CA-MRSA transmitted in hospital settings, making the distinctions between CA-MRSA and HA-MRSA blurred.^{2,3}

CA-MRSA infections spread rapidly in the community and draw attention worldwide. So far, 5 major epidemic clones have been identified, namely multilocus sequence type 1 (USA400), ST8 (USA300) in North America, ST80 in Europe, ST59 in Asia-Pacific area, and ST30 worldwide.^{2,4} The prevalence of CA-MRSA varies markedly worldwide and was relatively high in Taiwan. The dominant clone of CA-MRSA in Taiwan was ST59 or its variants (namely, clonal complex [CC] 59).⁵ However, most studies regarding CA-MRSA from Taiwan were collected retrospectively, and limited in children. For few studies addressing CA-MRSA in adults all recruited the cases of blood stream infection only but not the full spectrum of clinical entities.⁶⁻⁸ Hence, we conduct a study to address the epidemiology and molecular characteristics of CA-MRSA in adults in Taiwan.

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MATERIALS AND METHODS

This study was conducted in Chang Gung Memorial Hospital (CGMH), which is a university-affiliated teaching hospital in northern Taiwan and provides a range of care, from primary to tertiary care, with 3700 beds. The study was approved by the Institutional Review Board of Chang Gung Memorial Hospital. Between 1 March and 30 June, 2012, all clinical MRSA isolates were collected prospectively from both inpatients and outpatients older than 18 years old. We evaluated the medical charts first and if needed, interviewed the patients or their caregivers for detailed medical history after a written consent was obtained. We then categorized the patients into CA-MRSA or HA-MRSA infections according to the definition proposed by Naimi et al.⁹ Briefly, MRSA identified after 48 hours of hospitalization or isolated from a lesion absent at admission was defined as hospital-onset (HO); conversely, community-onset (CO) was defined as MRSA isolated within 48 hours or from a lesion present at admission. Patients were classified as HA-MRSA infection if they had HO isolates, a permanent indwelling catheter or percutaneous medical device, history of hospitalization, surgery, and dialysis within previous 12 months, or lived in a long-term-care facility. Patients had none of the features were classified as CA-MRSA.

MRSA isolates from any site were collected during the study period. Specimens obtained for colonization surveillance and the patients without available medical records were excluded. From a single patient, only 1 isolate was selected for further characterization, usually the first isolate or the one from sterile sites. The demographics, clinical diagnosis, source of specimen, and antibiotic susceptibility were collected.

MRSA was identified according to Clinical and Laboratory Standards Institute (CLSI) guidelines.¹⁰ The susceptibility test was performed on Mueller–Hinton agar with disk-diffusion method following the protocol of CLSI and included oxacillin, teicoplanin, penicillin, trimethoprim/sulfamethoxazole (TMP/SMX), erythromycin, clindamycin, linezolid, fusidic acid, daptomycin, and tigecycline. For the determination of vancomycin susceptibility, if the clinical isolates were identified from blood stream specimens, minimal inhibition concentration (MIC) was determined for each isolate by E-test. Otherwise, a screening agar containing vancomycin 3 µg/mL was used first and then, if growth, E-test was performed to determine MICs of the isolates. Pulsed-field gel electrophoresis (PFGE) with *Sma*I digestion was used to fingerprint the isolates according to the procedure

described previously.^{11,12} PFGE genotypes were designated in alphabetical order as in our previous studies,^{7,13} and those have less than 4-band differences from an existed genotype were defined as subtypes.¹⁴ Polymerase chain reaction (PCR) assays for SCC_{mec} typing and PVL genes were performed according to the methods described previously.^{7,15–17} As our previous studies,^{18,19} some representative isolates from each PFGE pattern were sent for multilocus sequence typing and *spa* typing.

Chi-square test and Fisher exact test were used for categorical variable, and the independent *t*-test was used for continuous variables. Statistical significance was defined as *P* value <0.05 (2-sided). All analyses were performed with the software SPSS, version 17.0.

RESULTS

During the 4 months, a total of 881 MRSA isolates from adults were identified from the bacterial laboratory of Chang Gung Memorial Hospital. After excluding isolates from colonization surveillance (10 isolates), from patients with unavailable medical charts (13 isolates) or from patients refusing to participate in this study (1 isolate), a total of 857 MRSA isolates from 555 patients were included for analysis. Of the 857 isolates, 729 and 128 isolates were identified from the inpatients and the outpatients (including those visiting emergency department), respectively. A total of 749 and 108 were classified as HA-MRSA and CA-MRSA, respectively. Table 1 shows the distribution of specimens from which the 857 MRSA isolates were identified. Compared to HA-MRSA, CA-MRSA isolates were significantly more frequently isolated from pus (78.7% vs 28.0%, *P* < 0.001), and less frequently found from sputum (4.6% vs 43.8%, *P* < 0.001) and blood (3.7% vs 15.0%, *P* = 0.002). Among 749 HA-MRSA isolates, a statistically significant difference was also found between CO-MRSA and HO-MRSA isolates in terms of the sources from pus, blood, and sputum. Furthermore, CO-MRSA isolates were more significantly likely identified from the deep tissue specimen (*P* = 0.023).

Of the 555 patients included, 122 patients were outpatients and 433 were inpatients. A total of 202 patients (18.4%) were identified as CA-MRSA infection. Among these 433 hospitalized patients with MRSA infection, only 43 (9.5%) had CA-MRSA infection. The mean age was 47 and 65 years for the patients with CA- and HA-MRSA infection, respectively (*P* < 0.001). In CA- and HA-MRSA group, 57.8% and 62.7%

TABLE 1. Distribution of 857 Clinical Methicillin-Resistant *Staphylococcus aureus* Isolates, Stratified by Origin of Specimens

Origin	Community-Associated No., %	Healthcare-Associated No., %	<i>P</i> -Value	Community-Onset No., %	Hospital-Onset No., %	<i>P</i> -Value
No. of isolates	108	749		257	492	
Blood	4 (3.7)	112 (15.0)	0.002	49 (19.1)	63 (12.8)	0.030
Sputum	5 (4.6)	328 (43.8)	<0.001	54 (21.0)	274 (55.7)	<0.001
Pus	85 (78.7)	210 (28.0)	<0.001	102 (39.7)	108 (22.0)	<0.001
CVC	0	22 (2.9)	0.097	6 (2.3)	16 (3.3)	0.633
Urine	6 (5.6)	14 (1.9)	0.031	6 (2.3)	8 (1.6)	0.572
DTS	6 (5.6)	41 (5.5)	1.000	28 (10.9)	13 (2.6)	0.023
Ascites	0	10 (1.3)	0.623	5 (1.9)	5 (1.0)	0.324
CSF	0	3 (0.4)	1.000	1 (0.4)	2 (0.4)	1.000
Others	2 (1.9)	9 (1.2)		6 (2.3)	3 (0.6)	

CSF = cerebrospinal fluid, CVC = central venous catheter, DTS = deep tissue specimen.

TABLE 2. Antibiotic Susceptibility of 555 Clinical Methicillin-Resistant *Staphylococcus aureus* Isolates From Case Patients, Stratified According to the Origin of Acquisition

Origin	No. of Isolates	Erythromycin No., %	Clindamycin No., %	Fusidic Acid No., %	Trimethoprim/Sulfamethoxazole No., %	Tigecycline No., %	Linezolid No., %	Daptomycin No., %
Community-associated*	102	17/96 (17.7)	17/96 (17.7)	101 (99.0)	95 (93.1)	102 (100)	102 (100)	8/8 (100)
Healthcare-associated*	453	42/442 (9.5)	41/442 (9.3)	409 (90.3)	299 (66.0)	450 (99.3)	453 (99.8)	103/104 (99.0)
Community-onset†	191	26/186 (14.0)	25/186 (13.4)	169 (88.5)	142 (74.3)	190 (99.5)	191 (100)	56/56 (100)
Hospital-onset‡	262	16/256 (6.3)	16/256 (6.3)	240 (91.6)	157 (59.9)	260 (99.2)	261 (99.6)	47/48 (97.9)

All the isolates were resistant to penicillin while susceptible to vancomycin and teicoplanin.

* The susceptibility to erythromycin, clindamycin, fucidic acid, and trimethoprim/sulfamethoxazole were significantly different between community-associated and healthcare-associated isolates ($P=0.031, 0.026, 0.014, \text{ and } <0.001$, respectively).

† The susceptibility to erythromycin, clindamycin, and trimethoprim/sulfamethoxazole were significantly different between community-onset and hospital-onset isolates ($P=0.010, 0.016, \text{ and } 0.002$).

of patients were male. Of the 102 patients with CA-MRSA infection, 69 patients (67.6%) presented with skin and soft tissue infection (SSTI). Eight patients (7.8%) presented with bone and joint infection, and 3 patients (2.9%) presented with deep-seated soft-tissue infection, including necrotizing fasciitis for 2 cases and toe necrosis for 1 case. Seven patients (6.9%) had sinusitis or otitis media. Five patients (4.9%) presented with pneumonia, including necrotizing pneumonia for 1 case. There were 6 patients with MRSA isolated from urine, but all of these were not considered as pathogens. Two patients had eye infection. Two patients had bacteremia, 1 was secondary to wound infection and the other was due to prostatitis. All patients with CA-MRSA infection recovered uneventfully. The in-hospital case-fatality rate was 0% and 25.6% for CA- and HA-MRSA groups, respectively ($P < 0.001$).

Table 2 illustrates the antibiotic susceptibility of the 555 isolates from the case patients. Nearly all the isolates were susceptible to vancomycin, teicoplanin, tigecycline, linezolid, and daptomycin. More than 80% of the isolates were resistant to erythromycin and clindamycin. However, CA-MRSA isolates were significantly more susceptible to erythromycin, clindamycin, fusidic acid, and TMP/SMX ($P < 0.05$ for all) than HA-MRSA isolates. Comparing to HO-MRSA, CO-MRSA isolates were significantly more susceptible to erythromycin, clindamycin, and TMP/SMX ($P < 0.05$).

Further molecular analyses were performed for a total of 203 MRSA isolates, including 102 CA-MRSA and 101 HA-MRSA isolates (Table 3). All of the 102 CA-MRSA isolates were included while 50 isolates from CO-MRSA patients and 51 from HO-MRSA patients (1 per 4 and 1 per 5 consecutive isolates, respectively) were selected for molecular characterization. Twelve PFGE patterns were identified for CA-MRSA and HA-MRSA isolates, respectively. Nine pulsotypes were singletons. Among the CA-MRSA isolates, pulsotype D and C were the most common patterns, accounting for 56.9% and 19.6%, respectively. Six SCCmec types were found with the predominant types of V_T (57.8%) and IV (33.3%). Among the 101 HA-MRSA isolates, pulsotype F (22.8%), A (21.8%), and D (20.8%) were the most common types. Except 4 untypable isolates, 6 SCCmec types were identified. Type II and III accounted for 23.8%, respectively. PVL genes were detected in fewer HA-MRSA isolates than CA-MRSA ones (19.8% vs 65.7%). A total of 23 CA-MRSA isolates and 21 HA-MRSA isolates were selected for MLST, and 10 and 8 sequence types were identified, respectively. A total of 56 isolates were selected for spa typing and 17 spa types were identified.

Table 4 shows the comparison of 4 major clones identified among the CA- and HA-MRSA isolates. ST59/PFGE type D/SCCmec V_T/PVL(+)/t437 was significantly more commonly seen in CA-MRSA isolates (53.9%) than in HA-MRSA isolates (18.8%); ST5/PFGE type F/SCCmec II/PVL(-)/t002 (21.8%) and ST239/PFGE type A/SCCmec III/PVL(-)/t037 (17.8%) were significantly more detected in HA-MRSA isolates than in CA-MRSA isolates (2.9% and 1.0%, respectively) (all $P < 0.001$). Likewise, ST239/PFGE type A was significantly more commonly seen in HO-MRSA isolates (27.5%) than in CO-MRSA isolates (8.0%) ($P = 0.022$).

DISCUSSION

To our knowledge, this is the first study regarding molecularly characterizing all clinical MRSA isolates collected from any specimen sites in adult patients in Taiwan. The results showed a significant difference between CA- and HA-MRSA isolates as well as between CO- and HO-MRSA isolates in terms of the source of specimens, antibiotic susceptibility patterns, and molecular characteristics, a scenario similar to that seen in children in Taiwan. Clinically, the patients with CA-MRSA infection were younger and had better outcomes than those with HA-MRSA infection. These again suggest that CA-MRSA was a distinct pathogen from HA-MRSA in Taiwan. In the present study, CA-MRSA isolates accounted for 12.6% of all MRSA isolates, 18.4% of patients with MRSA infection were classified as CA-MRSA infection, and only 10% of MRSA isolates from inpatients were categorized as CA isolates. The prevalence of CA-MRSA among adult MRSA-infected patients in Taiwan may be underestimated, particularly inpatients, because this is a hospital-based study and performed in a tertiary hospital.

Clinically, the sources of clinical specimens obtained may reflect the disease spectrum. Similar to our previous study in children with same design,⁷ the most common source of specimens for CA-MRSA isolates in the present study was pus. However, the percentage of SSTI (70%) in adults was lower than that in children (92%), the ratio of bone and joint infection was higher in adults than in children (7.8% vs 1.9%, respectively). In 2000s in Taiwanese children, SSTI accounted for 72% to 86% of CA-MRSA infections and bone and joint infection accounted for 2% to 12%.⁵ In USA, 87% to 95.6% of CA-MRSA infections presented as SSTIs, and bone and joint infections accounted for up to 3% only.²⁰⁻²³ In addition, 12.7% of patients with CA-MRSA infections in the present

TABLE 3. Molecular Characteristics of 203 Selective Clinical Methicillin-Resistant *Staphylococcus aureus* Isolates From Case Patients, Stratified by the Origin of Acquisition and Pulsed-Field Gel Electrophoresis Patterns

Origin	Pulsed-Field Gel Electrophoresis Patterns									
	A	B	C	D	F	BM	AK	AG	Others	
Community-associated (n = 102)	4	0	20	58	3	4	1	7	5	
Healthcare-associated (n = 101)	22	7	12	21	23	7	4	1	4	
Hospital-onset (n = 51)	17	4	5	6	14	3	0	0	2	
Community-onset (n = 50)	5	3	7	15	9	4	4	1	2	
SCCmec type	III	III	IV	V _T (75), IV (4)	II (25), UT (1)	V(7), IV (1), UT (3)	IV	IV	II (2), III (1), IV (4), V(1), UT (1)	
PVL-positive	0	0	2	78	0	0	0	8	0	
Sequence type	239 (4/4)	239 (2/2)	59 (5/6), 2841* (1/6)	59 (10/10), 437 (11/16), 1441 (3/16), 4135 (1/16), 4145 (1/16)	5 (4/4)	45 (4/4)	508 (2/2)	30 (3/3)	5 (2), 1, 9, 78, 89, 188, 239, 573	
Spa type	t037 (4/4)	t037 (2/2)	t437 (8/10), t216 (1/10), 3401 (1/10)	t437 (11/16), t441 (3/16), 4135 (1/16), 4145 (1/16)	t002 (5/5)	t1081 (4/4)	t015 (2/2)	t019 (4/4)	t002(2), t037, t189, t375, t786, t899, t1462, t2845	

PVL = Pantone-Valentine leukocidin, SCCmec = staphylococcal chromosomal cassette, UT = untypable.

* ST 2841 is a single locus variant of ST 59.

TABLE 4. Comparison of Major Clones From Community-Associated and Healthcare-Associated Methicillin-Resistant *Staphylococcus aureus* Isolates

Origin	No. of Isolates	ST59/PFGE		ST59/PFGE		ST239/PFGE		ST5/PFGE	
		D/SCCmec V _T /PVL+	D/SCCmec V _T /PVL-	C/SCCmec IV/PVL-	C/SCCmec IV/PVL+	A/SCCmec III/PVL-	A/SCCmec III/PVL+	F/SCCmec II/PVL-	F/SCCmec II/PVL+
Community-associated	102	55 (53.9)*	18 (17.7)	18 (17.7)	1 (1)*	1 (1)*	3 (2.9)*		
Healthcare-associated	101	19 (18.8)*	12 (11.9)	12 (11.9)	18 (17.8)*	18 (17.8)*	22 (21.8)*		
Community-onset	50	13 (26)	7 (14)	7 (14)	4 (8)†	4 (8)†	8 (16)		
Hospital-onset	51	6 (11.8)	5 (9.8)	5 (9.8)	14 (27.5)†	14 (27.5)†	14 (27.5)		
Spa typing		t437(7/12), t441(3/12), t4145(1/12), t4135(1/12)	t437 (8/9), t3401(1/9)	t437 (8/9), t3401(1/9)	t037 (2/2)	t037 (2/2)	t002 (4/4)		

Values are given as n (%). MLST = multilocus sequence typing, PFGE = pulsed-field gel electrophoresis, PVL = Pantone-Valentine leukocidin, SCCmec = staphylococcal chromosomal cassette.

* A significant difference was found between the community-associated and healthcare-associated isolates in respect to PFGE D, PFGE A, and PFGE F clones (P < 0.001).

† A significant difference was found between the community-onset and hospital-onset isolates in terms of ST239/PFGE A (P = 0.022).

study had invasive diseases, including osteomyelitis, necrotizing fasciitis, and necrotizing pneumonia, a rate higher than that reported from US (6%).²⁰ However, none of the cases in the present study died. In contrast, HA-MRSA isolates were more commonly found in respiratory tract infection and bacteremia than CA-MRSA isolates, and thus contributed to a higher mortality, as shown in the present study.

As known, there was significant difference in antibiotic susceptibility between CA- and HA-MRSA isolates. Unlike a high susceptibility rate to erythromycin and clindamycin for CA-MRSA isolates from the USA,⁹ the susceptibility rate was only 17.7% for CA isolates in this study. Similar to previous reports from Taiwan,⁵ the largest susceptibility difference between CA- and HA-MRSA isolates²⁴ was noted for TMP/SMX, to which 93% of CA isolates were susceptible, significantly higher than HA-MRSA isolates (66%). This scenario was also seen between CO- and HO-MRSA isolates in this study. TMP/SMX was suggested to use for simple SSTIs.^{24,25} However, the evidence of TMP/SMX to treat invasive or severe MRSA infections was still inadequate.²⁴

The molecular characteristics of CA-MRSA isolates from adults in this study were similar to those from Taiwanese children.⁵ ST59/pulsotype D/SCCmec V_T/PVL(+)/t437, named as Taiwan clone, was the most common clone and accounted for more than half of the clinical CA-MRSA isolates from adult patients, as in pediatric patients. Nearly 20% of the isolates were ST59/pulsotype C/SCCmec IV/PVL(-), which was also a major community clone in Taiwan but more frequently identified from colonized subjects in Taiwan.^{5,26-29} The clone of ST30/SCCmec IV/PVL(+)/t019, named as southwest Pacific clone and rarely reported from Taiwan previously, accounted for 7 (6.9%) CA-MRSA isolates and deserved further observation. Interestingly, 1 ST9/t899 isolate, a livestock-associated MRSA in Taiwan,³⁰ was found in pus from a pig farmer hospitalized for skin and soft-tissue infection and subsequent osteomyelitis.

For molecular characteristic of HA-MRSA isolates in the present study, there were 3 major clones identified, namely CC 59 (32.7%), CC239 (29.7%), and CC5 (24.8%), which were consistent with an islandwide study in 2010.³¹ ST239/pulsotype A/SCCmec III (Hungarian or Brazilian clone), the previously most epidemic HA clone in Taiwan, decreased year by year since 2000 (from 73% in 2000 to 26% in 2010),³¹ and accounted for less than 20% in the current study. Its dominance was lost by the clone of ST5 and the community clone of ST59, both of which emerged in late 1990s, increased gradually and were among the major clones of bloodstream isolates up to 2010.^{5,31,32} In our previous study in children,⁷ ST 59 also accounted for 30.7% of HA-MRSA isolates and 40% of CO-MRSA. All of these findings indicated that the community clone had spread into hospital settings in Taiwan.

There are several limitations in this study. First, the clinical cases as well as the clinical isolates of MRSA were not collected all year round but for only 4 months, which limited the full epidemiologic features, since the case number was too huge to be handled. Second, not every HA-MRSA isolate, but selected isolates, were molecularly characterized. Third, clinical outcomes were not evaluated and correlated with HA- or CA-MRSA infections as well as genotypes of MRSA infections.

In conclusion, the characteristics of CA- and HA-MRSA isolates from Taiwanese adults were significantly different in terms of clinical disease spectrum, antibiotic susceptibility, and molecular characteristics. The major CA-MRSA clones were CC59/t437 and included ST59/pulsotype D/SCCmec V_T/PVL(+) and ST59/pulsotype C/SCCmec IV/PVL(-). The

major HA-MRSA clones were CC59/t437, CC239, and CC5. Further longitudinal molecular surveillance for MRSA and population-based studies are needed to provide more clinical information.

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