

Elevated ventricular wall stress disrupts cardiomyocyte t-tubule structure and calcium homeostasis

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Aims

Invaginations of the cellular membrane called t-tubules are essential for maintaining efficient excitation–contraction coupling in ventricular cardiomyocytes. Disruption of t-tubule structure during heart failure has been linked to dyssynchronous, slowed Ca²⁺ release and reduced power of the heartbeat. The underlying mechanism is, however, unknown. We presently investigated whether elevated ventricular wall stress triggers remodelling of t-tubule structure and function.

Methods and results

MRI and blood pressure measurements were employed to examine regional wall stress across the left ventricle of sham-operated and failing, post-infarction rat hearts. In failing hearts, elevated left ventricular diastolic pressure and ventricular dilation resulted in markedly increased wall stress, particularly in the thin-walled region proximal to the infarct. High wall stress in this proximal zone was associated with reduced expression of the dyadic anchor junctophilin-2 and disrupted cardiomyocyte t-tubular structure. Indeed, local wall stress measurements predicted t-tubule density across sham and failing hearts. Elevated wall stress and disrupted cardiomyocyte structure in the proximal zone were also associated with desynchronized Ca²⁺ release in cardiomyocytes and markedly reduced local contractility *in vivo*. A causative role of wall stress in promoting t-tubule remodelling was established by applying stretch to papillary muscles *ex vivo* under culture conditions. Loads comparable to wall stress levels observed *in vivo* in the proximal zone reduced expression of junctophilin-2 and promoted t-tubule loss.

Conclusion

Elevated wall stress reduces junctophilin-2 expression and disrupts t-tubule integrity, Ca²⁺ release, and contractile function. These findings provide new insight into the role of wall stress in promoting heart failure progression.

Keywords

Left ventricular wall stress • Heart failure • T-tubules • Ca²⁺ homeostasis • Junctophilin-2

1. Introduction

In cardiac myocytes, contraction is triggered by a transient elevation of cytosolic [Ca²⁺] during the action potential. This increase in Ca²⁺ levels is initiated by the opening of L-type Ca²⁺ channels, which triggers additional Ca²⁺ release from ryanodine receptors in the sarcoplasmic reticulum (SR). This process of Ca²⁺-induced Ca²⁺ release occurs at

functional units called dyads, where invaginations of the cellular membrane, called t-tubules, place Ca²⁺ channels in close apposition to the ryanodine receptors.¹ A dense t-tubule network in ventricular cardiomyocytes ensures efficient and synchronous triggering of Ca²⁺ release across the cell.²

During diseases such as heart failure (HF) and atrial fibrillation, t-tubules are lost and disorganized.^{3,4} Such dyadic disruption reduces

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the efficiency^{5,6} and synchrony of Ca²⁺-induced Ca²⁺ release across the cell,^{7–10} and has been linked to slowed contraction.^{11,12} The majority of studies that have examined t-tubule alterations in pathological conditions have been descriptive in nature, and given little mechanistic insight into the signals that lead to their remodelling. However, a link to altered mechanical load has been proposed.¹³ Specifically, the restoration of t-tubule organization in failing hearts has been observed following resynchronization therapy,¹⁴ treatment with β -blockers,¹⁵ and unloading of the heart by heterotopic abdominal heart transplantation.¹⁶ We presently hypothesized that elevated ventricular wall stress triggers t-tubule degradation during HF. We observed that wall stress varied across post-infarction failing rat hearts, with the highest levels observed proximal to the infarct. Elevated wall stress was associated with reduced levels of junctophilin-2, a critical dyadic anchor,¹⁷ disruption of cardiomyocyte t-tubule organization and Ca²⁺ homeostasis, and impaired local *in vivo* contractile function. *Ex vivo* studies on loaded papillary muscles confirmed a direct role of wall stress in the regulation of junctophilin-2 expression and t-tubular structure.

2. Methods

Refer to the Supplementary material online, *Methods*.

2.1 Rat model of HF following myocardial infarction

All animal protocols were performed in accordance with the Norwegian Animal Welfare Act and NIH Guidelines (NIH publication No. 85-23, revised 2011) and were approved by the Ethics Committee of the University of Oslo. Myocardial infarction was induced by coronary artery ligation in anaesthetized male Wistar rats (mask ventilated with a mixture of 2.5% isoflurane, 97.5% oxygen) to enable HF progression over the following 6 weeks. Sham-operated rats (Sham) served as controls. Cardiac geometry and function were examined by MRI. Peak systolic and end-diastolic blood pressures were measured in the left ventricle via the right common carotid artery.

2.2 Magnetic resonance imaging

Anaesthesia was induced in a chamber with a mixture of 4.0–5.0% isoflurane and O₂, and maintained by a mixture of 1.0–2.0% isoflurane and O₂. Animals were freely breathing during MRI experiments, and respiration rate, heart rate, and body temperature were monitored continuously. Heart and respiration rates were kept stable by minor adjustments of anaesthesia level. Animal temperature was maintained by thermostat-regulated air. MRI acquisitions were triggered by the R-peak of the ECG signal and gated to respiration.

Velocity-encoded MRI data were acquired using a phase-contrast black-blood gradient echo sequence. 3D myocardial motion was measured in three short-axis slices: basal, mid-ventricular, and apical. Data acquisition time was 45–60 min, depending on heart and respiration rate.

In each slice of the velocity-encoded MRI data sets, the myocardium was manually segmented and automatically divided into 32 circumferential sectors. In each sector, myocardial curvature, wall thickness, and circumferential strain were calculated as previously described in detail.^{18,19}

2.3 Cardiomyocyte imaging

Cardiomyocytes were isolated as previously described²⁰ and plated on laminin-coated coverslips, mounted in a perfusion chamber. T-tubules were visualized with di-8-ANEPPS using an LSM 710 confocal scanning microscope (Zeiss GmbH, Jena, Germany). T-tubule organization was assessed for density and the prominence of transverse and longitudinal components, as described in the Supplementary material online, *Methods* and *Figure S1*.

For measurements of Ca²⁺ transients, cells were loaded with fluo-4 AM and superfused with a 37°C HEPES Tyrode solution. Cardiomyocytes were scanned every 1.5 ms by an LSM 7 Live scanning system (Zeiss), with a 1024 pixel line drawn along the longitudinal axis of the cell. Dyssynchrony of Ca²⁺ release was quantified as previously described.⁷

2.4 Western blotting

Primary antibodies for immunoblotting were Junctophilin-2 (1:1000) (Santa Cruz Biotechnology Inc., Texas, USA, sc-51313) and GAPDH (1:1000) (Santa Cruz, sc-20357). Secondary antibodies were anti-rabbit or anti-mouse IgG HRP-linked whole antibody (GE Healthcare, Oslo, Norway).

2.5 Papillary muscle experiments

Anterior and posteromedial papillary muscles were harvested from anaesthetized 11-week-old Wistar rats and mounted with sutures in a myobath system (Myobath II Multi-Channel Tissue Bath System, World Precision Instruments). Muscles were superfused with Tyrode's buffer solution and electrically stimulated at 0.5 Hz, while force was recorded during isometric contraction. Preload (diastolic wall stress) was set by stretching muscles. Diastolic, systolic, and developed force were sampled for 1 min every hour. Following 48 h of force recording, muscles were frozen and cut into transverse 20 μ m sections, and t-tubules were labelled with Caveolin-3 antibody (Abcam, ab2912).

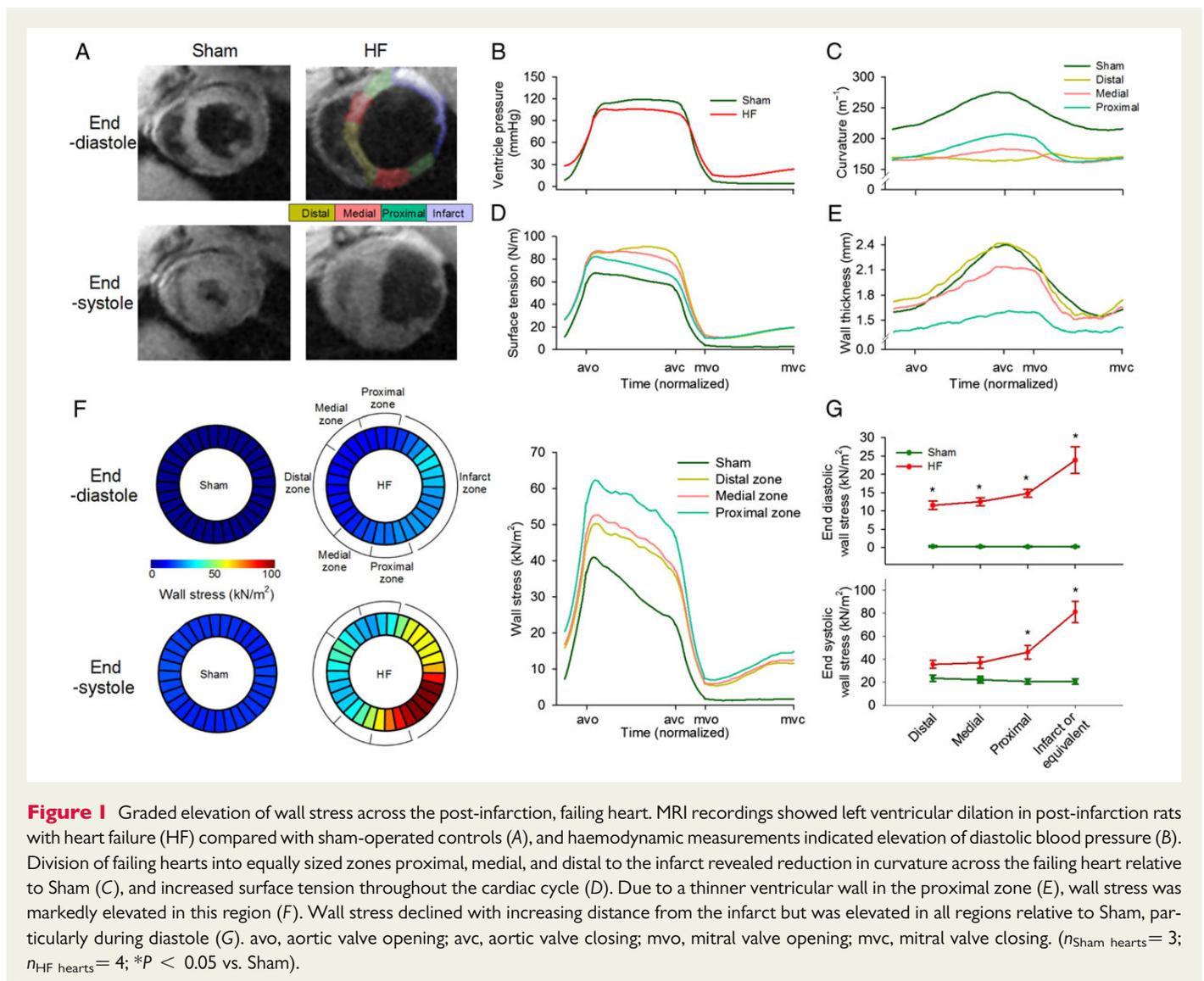
2.6 Statistics

Statistical difference was tested with *t*-tests or when applicable, ANOVA tests. Linear regression analyses were performed, and Pearson's Product Moment test was utilized to test for significant relationships using SigmaPlot (SyStat Software Inc., San Jose, CA, USA). All correlations were based on data points from individual cells and hearts. *P* < 0.05 was considered statistically significant. All data are presented as mean \pm SEM.

3. Results

3.1 Regional variation in left ventricular wall stress across post-infarction failing rat hearts

In vivo left ventricular geometry and function were assessed by cine phase-contrast MRI (*Figure 1A*) and blood pressure measurements (*Figure 1B*). In comparison with Sham, rats that had developed HF following myocardial infarction exhibited a marked reduction in left ventricular ejection fraction ($25.5 \pm 2.9\%$ in HF vs. $67.1 \pm 3.4\%$ in Sham, *P* < 0.05) and elevated diastolic pressure (*P* < 0.05, *Figure 1B*). Transmural infarctions were observed to cover $42.0 \pm 1.9\%$ of the left ventricle in failing hearts, and remaining viable myocardium was subdivided into equal sized regions, termed the proximal, medial, and distal zones (*Figure 1A*). Regional wall stress was estimated by first calculating local surface tension (ventricle pressure/local curvature) during the cardiac cycle. In comparison with Sham, the elevation of diastolic blood pressure in HF and ventricular dilation (reduced curvature; *Figure 1C*; Supplementary material online, *Figure S2E*) resulted in high surface tension across failing hearts (*Figure 1D*; see Supplementary material online, *Figure S2F* and *Video SV1*). Wall stress (surface tension/wall thickness) was also elevated in HF but was particularly high in the proximal zone (*Figure 1F*; see Supplementary material online, *Video SV2*) due to local thinning of the ventricular wall (*Figure 1E*; see Supplementary material online, *Figure S2G*). This regional disparity in wall stress measurements in HF was apparent during both the diastolic and systolic phases of the cardiac cycle, but elevation from Sham values was most pronounced during end-diastole (*Figure 1G*). Curvature, surface tension, and wall stress were similar across Sham hearts, as measured in regions



equivalent in position to the proximal, medial, distal, and infarct zones of failing hearts (see Supplementary material online, Figure S2).

3.2 T-tubule structure and Ca^{2+} homeostasis are disrupted in ventricular regions with elevated wall stress

The relationship between regional left ventricular wall stress and cardiomyocyte structure/function was investigated by isolating cardiomyocytes from the proximal, medial, and distal zones of HF and equivalent regions in Sham. T-tubules were imaged by di-8 ANEPPS staining and confocal scanning microscopy (Figure 2, left panels). In Sham hearts, somewhat higher t-tubule density was observed in the proximal equivalent zone compared with other zones (0.21 ± 0.01 vs. 0.18 ± 0.01 in both distal and medial equivalent zones, $P < 0.05$), although an organized, striated pattern of t-tubule staining was observed across these hearts. This organized t-tubule pattern was markedly disrupted in the proximal zone of failing hearts, as t-tubule density was reduced. In contrast, t-tubule density was maintained in the medial and distal zones in HF. Further analyses revealed that transversely oriented tubules were lost in all zones, while in the distal and medial

zones, overall t-tubule density was maintained due to increased amounts of longitudinal elements (Figure 2, right panels).

The net effect of these complex changes in t-tubule pattern was examined by calculating the distances from all points across the cell to the nearest t-tubule or surface membrane. Distance maps (Figure 3A; see Supplementary material online) showed a gradient across the failing heart, as distances to the nearest membrane were markedly increased in the proximal zone but not significantly different from Sham values in the distal zone. Importantly, wall stress measurements significantly predicted both t-tubule density and distance-to-nearest membrane (see Supplementary material online, Figure S3A and S3B, respectively, $P < 0.05$). Elevated wall stress in the proximal zone of failing hearts was also associated with loss of junctophilin-2 (Figure 3B), supporting recent reports that this dyadic anchor is necessary for maintaining t-tubule density.^{21–23}

Ca^{2+} homeostasis was examined across Sham and failing hearts. In Sham hearts, Ca^{2+} release was somewhat less synchronous in the distal equivalent zone than other zones (1.57 ± 0.13 vs. 1.20 ± 0.05 in medial equivalent, $P < 0.05$, 1.32 ± 0.09 in proximal equivalent, $P = \text{NS}$). In agreement with an observed gradient disruption of t-tubule structure in HF, desynchronized Ca^{2+} release was observed proximal but not distal to the infarct in comparison with Sham (Figure 4A and B).

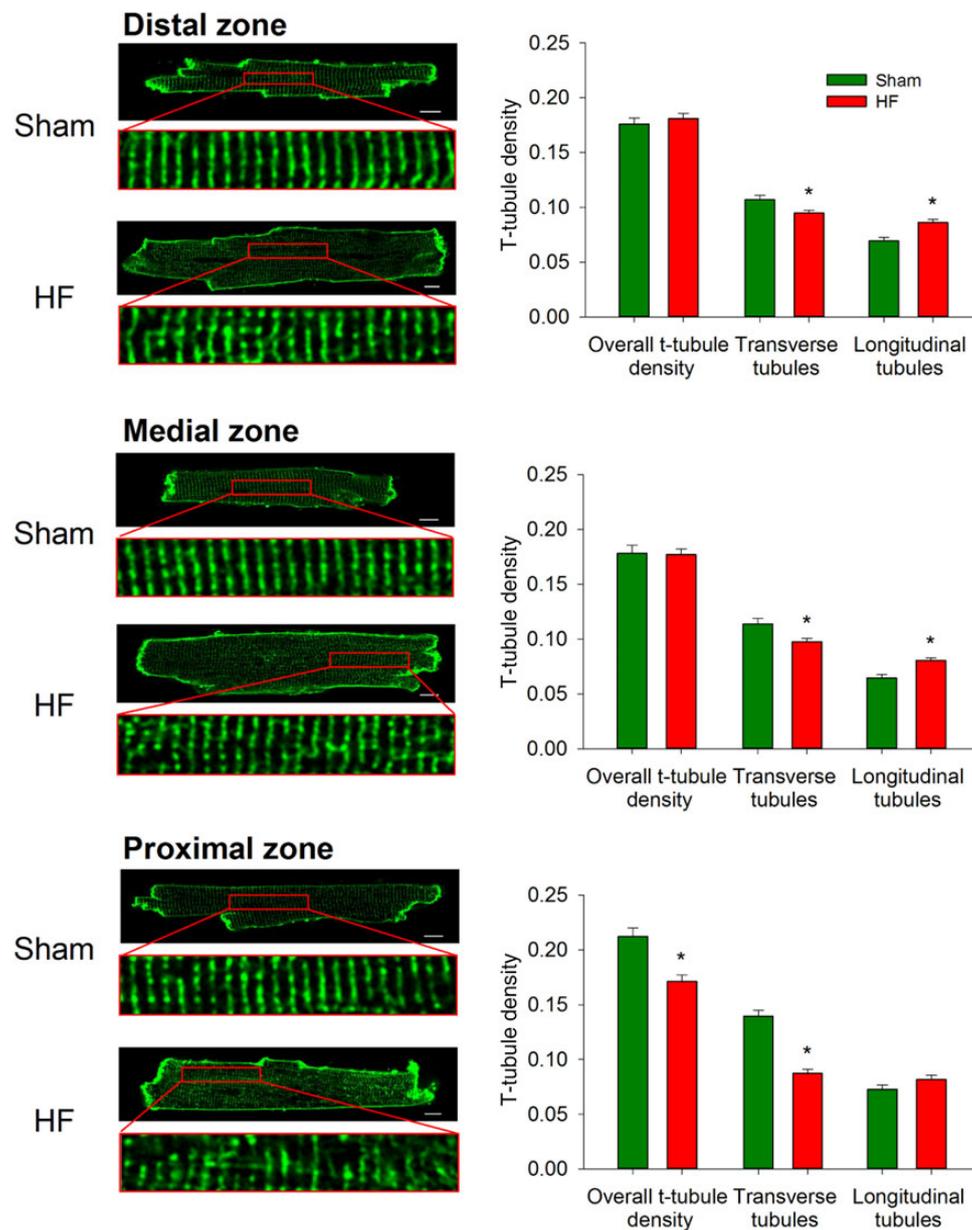


Figure 2 T-tubules are most markedly disrupted proximal to the infarction. di-8-ANEPPS stains were employed to examine t-tubule density and organization. In comparison with sham-operated controls, overall t-tubule density was only reduced in the proximal zone of failing hearts. However, transverse elements were observed to be lost in all regions, but compensated by growth of longitudinal tubules in the medial and distal zones. ($n_{\text{Sham cells}} = 183$ from 3 hearts, $n_{\text{HF cells}} = 246$ from 4 hearts; * $P < 0.05$ vs. Sham).

Dyssynchronous Ca^{2+} release in the proximal zone resulted in a marked slowing of the rise time of the Ca^{2+} transient (Figure 4C). Ca^{2+} release dyssynchrony across Sham and failing hearts tended to be correlated with diastolic wall stress (see Supplementary material online, Figure S4A, $P = 0.10$) and was significantly predicted by junctophilin-2 expression (see Supplementary material online, Figure S4B, $P < 0.05$).

The observed alterations in cardiomyocyte structure and function in the proximal zone could theoretically result from release of signalling molecules from the infarct or inadequate tissue perfusion. To investigate this possibility, we examined t-tubule structure and Ca^{2+} transients in non-failing, infarcted hearts (mean infarct size = $14.3 \pm 3.7\%$) which exhibited significantly lower wall stress than in HF. Normal

t-tubular structure was observed in the proximal zone of these hearts (see Supplementary material online, Figure S5), indicating that the mere presence of a nearby infarct does not directly disrupt t-tubules.

3.3 Elevation of wall stress disrupts cardiomyocyte structure in cultured papillary muscles

The above findings showed marked correlation between ventricular wall stress and cardiomyocyte structure/function. These correlations do not establish causation. Therefore, to investigate whether elevated wall stress directly disrupts t-tubular structure, we developed an *in situ*

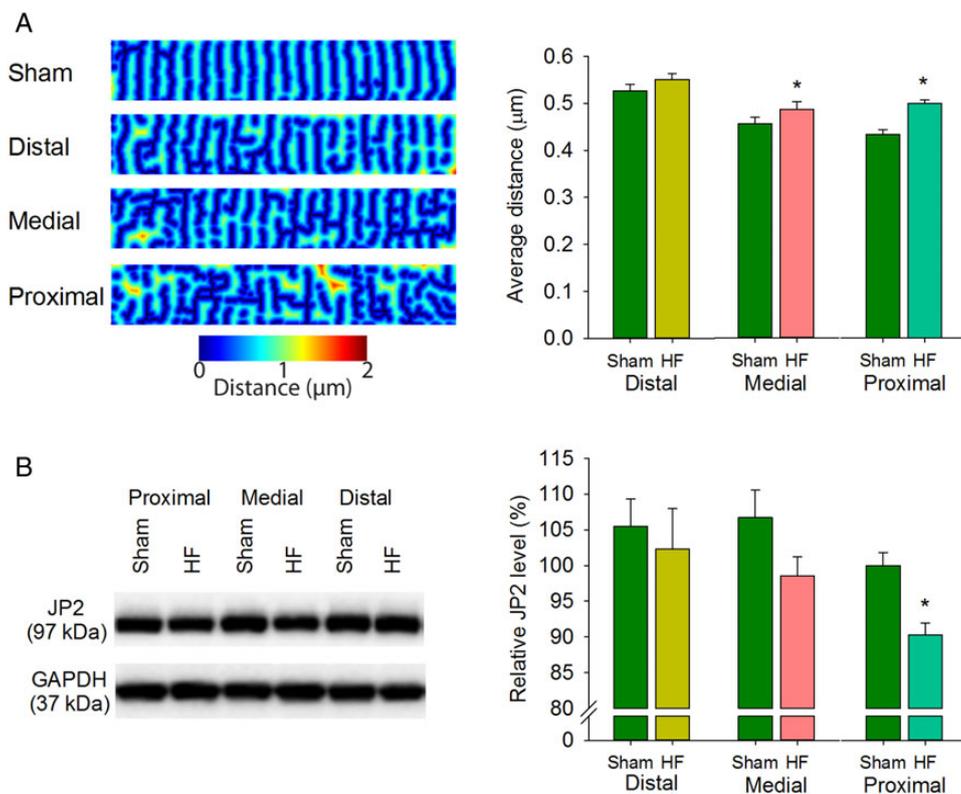


Figure 3 T-tubule disruption is associated with reduced junctophilin-2 expression. Images of di-8-ANEPPS-stained cardiomyocytes were used to create 'distance maps' (A, left panel), indicating distance from all points in the cytosol to the nearest t-tubule or surface sarcolemma. Average distance was increased with greater proximity to the infarction (right panel). ($n_{\text{Sham cells}} = 183$ from 3 hearts, $n_{\text{HF cells}} = 246$ from four hearts). (B) Junctophilin-2 (JP2) protein abundance was assessed by western blotting and normalized to GAPDH. Mean JP2 levels were significantly down-regulated in the proximal zone only. ($n_{\text{hearts}} = 6$ in Sham and HF). (* $P < 0.05$ vs. Sham).

model where rat papillary muscles were kept in culture conditions under different levels of simulated wall stress (see Methods and Figure 5A). One group of muscles was stretched to estimate the diastolic wall stress observed during end-diastole in the proximal zone of failing hearts ($\approx 15\text{--}20$ kN/m²). A second group was exposed to modest diastolic stress (≈ 4 kN/m²). Tension development was well sustained in both groups during 48 h of isometric stimulation at 0.5 Hz (Figure 5A; $P = \text{NS}$ vs. 1 h). Muscles exposed to low wall stress maintained an organized t-tubule network during the incubation period, while muscles exposed to high wall stress revealed extensive t-tubule loss (Figure 5B and C), which was due to degradation of both transverse and longitudinal elements (Figure 5D and E). In congruence with decreased t-tubule density, junctophilin-2 gene expression was reduced in muscles exposed to high wall stress (Figure 5F). Importantly, acute exposure of muscles to high wall stress conditions did not disrupt t-tubule organization (see Supplementary material online, Figure S6), indicating that observed t-tubule loss during the 48 h treatment period was a regulated process. These data support a direct role of elevated wall stress in triggering junctophilin-2 down-regulation and t-tubule disruption.

3.4 In vivo consequences of wall stress-induced cardiomyocyte remodelling

The observed wall stress-induced disruption of t-tubule structure and Ca²⁺ homeostasis in the proximal zone would suggest that local contractile function would be depressed in this region of the failing heart. To test

this prediction, we assessed strain (local contraction) across the left ventricle. Figure 6A depicts regional peak circumferential strain in a representative Sham and HF heart, while strain during the cardiac cycle is illustrated in Figure 6B. Average strain recordings showed relatively uniform strain and rate of strain development across the left ventricle in sham-operated hearts (Figure 6D and E; see Supplementary material online, Figure S7A). In failing hearts, no contraction was observed in the infarcted zone, and very little strain was observed in the proximal zone, indicating that these regions contracted nearly isometrically. Peak strain and strain rate increased with distance from the infarction towards the distal zone, where contraction was comparable to Sham values (Figure 6B, D, and E). We additionally examined contractility across the heart with stress-strain loops (Figure 6C; see Supplementary material online, Figure S7B) and defined a 'contractility index' calculated as regional end-systolic strain/wall stress.⁹⁻¹¹ These calculations indicated markedly reduced contractility with greater proximity to the infarction in failing hearts (Figure 6F). Importantly, local contractility was correlated with levels of junctophilin-2 ($P < 0.01$), t-tubule density ($P < 0.01$), and the synchrony of Ca²⁺ release ($P = 0.01$) observed in isolated myocytes across sham and HF hearts, linking wall stress-induced cardiomyocyte remodelling to *in vivo* dysfunction.

4. Discussion

In the present study, we observed a gradient of ventricular wall stress across failing rat hearts, with highest values close to the infarct

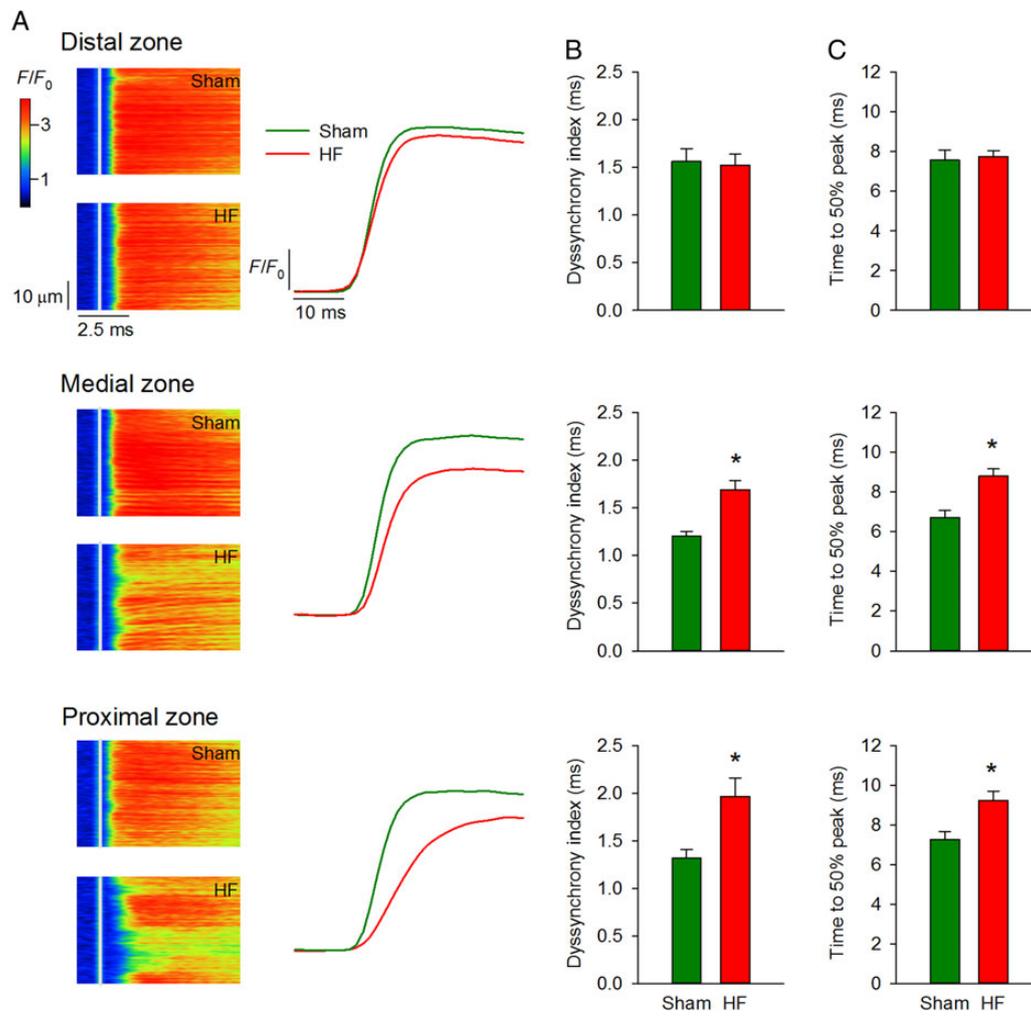


Figure 4 Ca^{2+} transients are progressively desynchronized with greater proximity to the infarct. As predicted by distance maps in Figure 3, confocal line-scan images (A) showed progressively more dyssynchronous and slowed Ca^{2+} transients approaching the infarct. Mean measurements of dyssynchrony index and time to 50% rise of the Ca^{2+} transient are shown in (B and C), respectively ($n_{\text{Sham cells}} = 82$ from three hearts, $n_{\text{HF cells}} = 83$ from four hearts) (* $P < 0.05$ vs. Sham).

(proximal zone) and lower levels in distal regions. This pattern coincided with regional variability in the disruption of cardiomyocyte structure and function, as elevated wall stress was associated with decreased junctophilin-2 expression, t-tubule density, Ca^{2+} release synchrony, and local *in vivo* contractility. Verifying a causative link between wall stress and disruption of cardiomyocyte structure/function, exposure of papillary muscles to high wall stress approximating *in vivo* conditions in the proximal zone triggered decreased junctophilin-2 expression and marked t-tubule remodelling. These data provide novel insight into the mechanistic link between elevation of ventricular wall stress and disrupted contraction during HF.

While the pathways controlling t-tubule structure are unknown, an unspecified involvement of ventricular workload has been suggested, since increased workload is associated with t-tubule disruption.^{13,24,25} Conversely, reducing the workload of failing hearts, either pharmacologically,^{15,26} by implanting assist devices¹⁴ or by heterotopic transplantation¹⁶ reverses t-tubule remodelling and relieves HF progression. The present results support the paradigm of a workload-regulated t-tubule network and specifically point to the importance of the

physical stress placed on the ventricular wall. Of note, we did not observe significant correlation between wall stress and various measures of cardiomyocyte t-tubule structure and Ca^{2+} release across failing hearts (see Supplementary material online, Figures S3 and S4). However, significant correlations were observed when measures across Sham hearts were also included (see Supplementary material online, Figure S3 and S4), and reproducing elevated wall stress conditions by *ex vivo* stretch markedly disrupted t-tubule structure (Figure 5). In apparent agreement with our findings, dyssynchronous HF following left bundle-branch block was observed to promote t-tubule disruption in late-activated regions, which experience abnormal stretch/wall stress as contraction occurs in early activated regions.¹⁴ Although experimental measurements of wall stress and t-tubule integrity have not been previously paired, it is important to note that many studies have reported t-tubule disruption in conditions of eccentric, dilated hypertrophy,^{6–8,10,22} which is associated with elevated diastolic wall stress.²⁷ Our present data indicate that eccentric hypertrophy following myocardial infarction may be particularly prone to t-tubule disruption, as the myocardial wall is thinned (and wall stress further elevated)

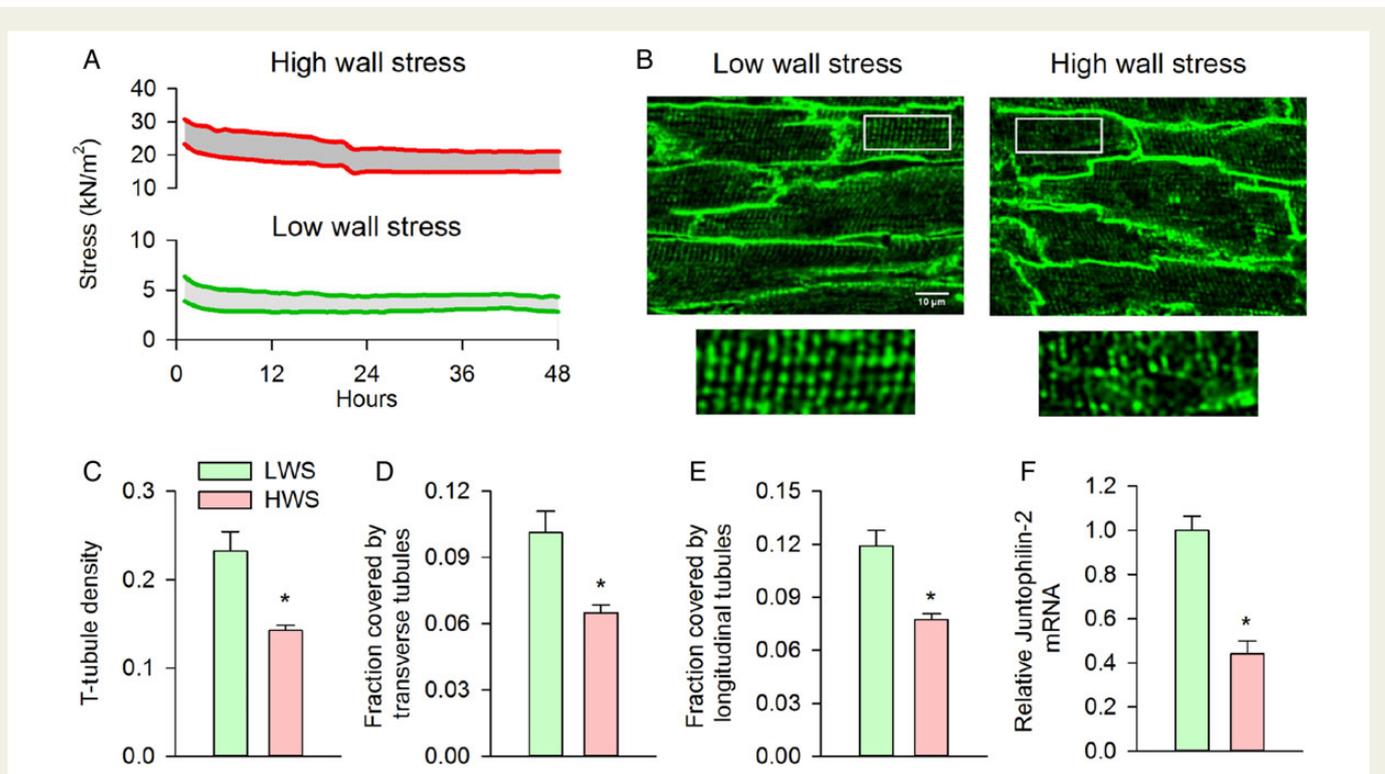


Figure 5 High wall stress induces t-tubule disruption and loss *in vitro*. Papillary muscles were isolated, mounted in a Myobath system, and maintained under culture conditions for 48 h during 0.5 Hz stimulation. Muscles were exposed to modest pre-load (diastolic stress ≈ 4 kN/m²) or elevated diastolic stress approximating that observed during end-diastole in the proximal zone (15–20 kN/m²). (A) Representative recordings of diastolic and systolic stress for the two treatment groups during the protocol. Visualization of t-tubules by caveolin-3 immunostaining after the 48 h incubation period revealed well-maintained t-tubular structure in the low-wall stress group, but marked t-tubule disruption following high wall stress (B). Overall t-tubule density was reduced by exposure to high wall stress (C) and included loss of both transverse and longitudinal elements [D and E, low wall stress: $n = 67$ cells from five muscles (4 hearts), high wall stress: $n = 64$ cells from five muscles (three hearts)]. T-tubule loss was associated with a marked decrease in relative junctophilin-2 mRNA expression in the high-wall stress group (F, $n_{\text{muscles}} = 4, 3$ in low, high wall stress groups, respectively). LWS, low wall stress; HWS, high wall stress (* $P < 0.05$ vs. low wall stress).

near the scar. Importantly, our data from non-failing infarcted hearts indicate that the presence of a nearby infarct alone does not promote t-tubule disruption in the absence of sufficiently elevated wall stress.

The mechanosensors and signalling pathways that trigger wall stress-induced t-tubule disruption are unclear. One candidate player is titin and its associated ligands, which play an important role in cardiomyocyte mechanotransduction by regulating the interaction between wall stress, the extracellular matrix, and the sarcomere.²⁸ Titin-cap (T-cap) may be critically involved in such transduction, as T-cap down-regulation during HF has been linked to t-tubule disruption.²⁹ Furthermore, T-cap knockout leads to progressive loss of t-tubules and accelerates progression of HF following aortic banding.³⁰ Membrane-mediated mechanosensation by stretch-activated channels, integrins, proteoglycans, and angiotensin II type I receptors has also been reported, and shown to activate a variety of pathways, including MAPK, AKT, and calcineurin-NFAT.^{31,32} Particularly intriguing are recent data indicating that the t-tubules themselves can transduce these signals during stretch and/or contraction,^{33,34} raising the possibility that stress sensing within t-tubules could regulate their own structure. It is critical that the upstream regulators of junctophilin-2 are identified, as previous work^{22,35} and our present findings show that even relatively small reductions in junctophilin-2 expression are associated with significant t-tubule alterations. Of note, the NFAT pathway may be involved, since its downstream effector mir-24 has been shown to reduce

junctophilin-2 levels and promote t-tubule loss.³⁶ Conversely, mir-24 suppression is reported to protect against t-tubule disruption and HF progression.³⁷

Since cardiomyocytes can sense cell shortening (strain), it might be argued that t-tubular degradation in the proximal zone of failing hearts is signalled by reduced strain, rather than elevated wall stress in this region. However, our *in vitro* experiments showed that t-tubule structure was well maintained during isometric stimulation when wall stress was normal. Therefore, while reduced contractility may signal other changes in structure such as cell thickening during concentric hypertrophy,³⁸ it does not appear that altered cell shortening signals t-tubule remodelling. Rather, our data suggest that the reduced strain and contractility observed in the proximal zone is likely a consequence of remodelling of t-tubules and Ca²⁺ homeostasis. A significant correlation was observed between cellular structure/function (junctophilin-2 level, t-tubular structure, Ca²⁺ release synchrony) and regional *in vivo* contractility. While *in vivo* hypocontractility proximal to the infarcted zone has been reported to occur despite normal perfusion,^{39,40} it is important to point out that tethering of the proximal zone to the immobile infarct likely additionally contributes to the contractile deficit.⁴⁰

In agreement with other studies (reviewed in Ref. 4), we observed an increased fraction of longitudinally oriented tubules in failing cells. Unlike loss of transverse elements, we have previously shown that growth of these longitudinal elements is compensatory, as they facilitate

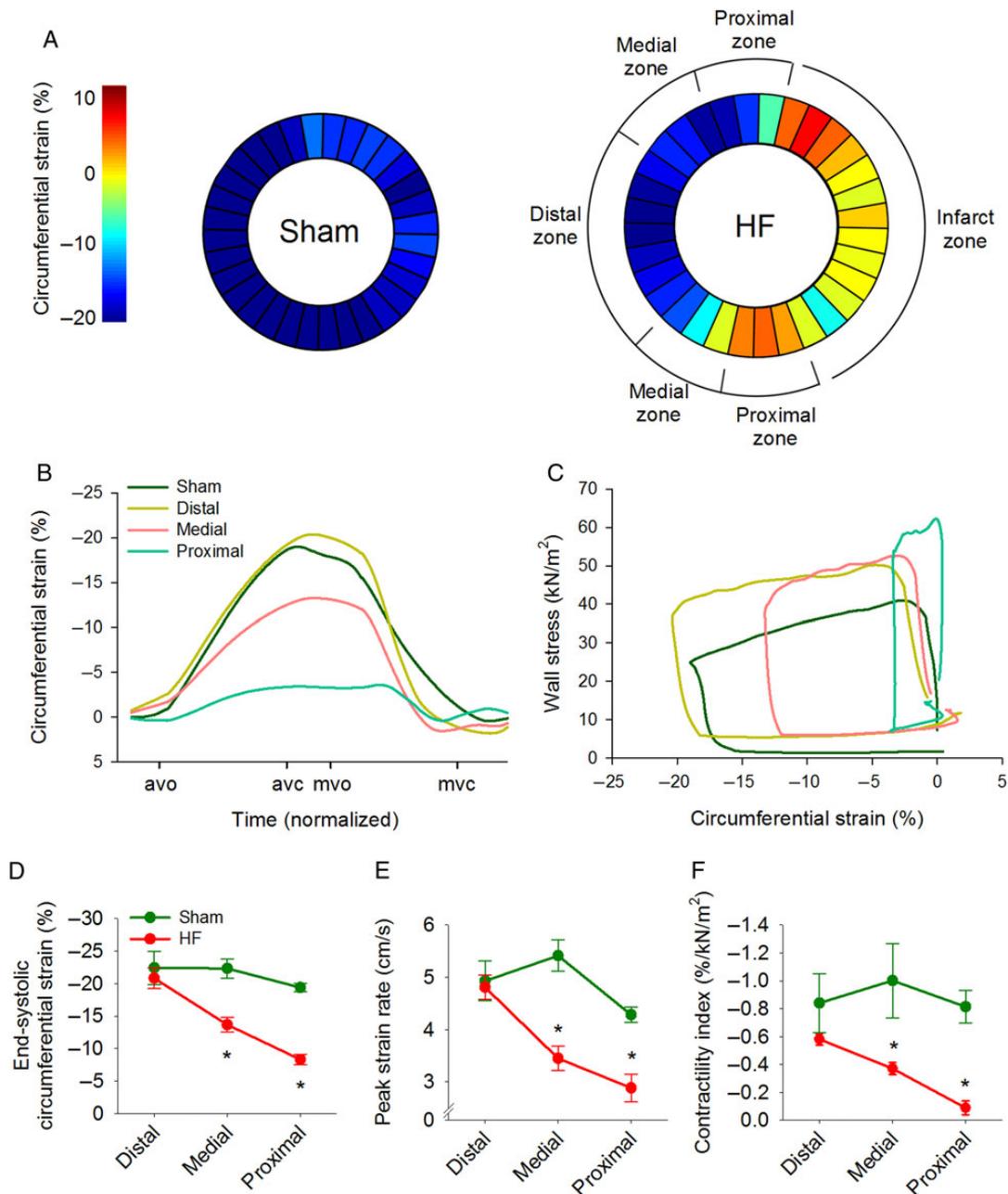


Figure 6 Local *in vivo* contractility is reduced in regions with disrupted cardiomyocyte structure and Ca²⁺ handling. (A) Representative measurements of MRI-determined circumferential strain show graded contraction across the failing heart. Mean strain and peak strain rate were markedly reduced in the proximal zone but near-normal in the distal zone (B, D and E). (C) Wall stress–strain loops were employed to estimate a ‘contractility index’, calculated as end-systolic strain/stress. In comparison with Sham, the contractility index was significantly reduced in regions of failing hearts near the infarction (F, $n_{\text{Sham hearts}} = 3$, $n_{\text{HF hearts}} = 4$). avo, aortic valve opening; avc, aortic valve closing; mvo, mitral valve opening; mvc, mitral valve closing. (* $P < 0.05$ vs. Sham).

greater trans-sarcolemmal Ca²⁺ cycling.⁴¹ We presently found no association between wall stress and longitudinal t-tubule density; rather, we saw the highest fraction of these tubules in the medial and distal zones (Figure 3B). This finding suggests that transverse and longitudinal tubules are regulated by different pathways.

In conclusion, the current study provides critical new insight into the link between mechanical stress and remodelling of cardiomyocyte structure and function during HF. We show that wall stress regulates junctophilin-2 protein level, t-tubule integrity, cellular Ca²⁺ release characteristics, and contractile function in rat hearts. These findings

shed new light on the beneficial effects of unloading the heart for HF patients.

Supplementary material

Supplementary material is available at *Cardiovascular Research* online.

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Conflict of interest: none declared.

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