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Bioactive forms of vitamin D selectively stimulate the skin analog of the hypothalamus-pituitary-adrenal axis in human epidermal keratinocytes

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Abstract

Ultraviolet radiation B stimulates both the production of vitamin D₃ in the skin and the activation of the skin analog of the hypothalamic-pituitary-adrenal axis (HPA) as well as the central HPA. Since the role of vitamin D₃ in the regulation of the HPA is largely unknown, we investigated the impact of 1,25(OH)₂D₃ and its noncalcemic analogs, 20(OH)D₃ and 21(OH)pD, on the expression of the local HPA in human epidermal keratinocytes. The noncalcemic analogs showed similar efficacy to 1,25(OH)₂D₃ in stimulating the expression of neuropeptides, CRF, urocortins and POMC, and their receptors, CRFR1, CRFR2, MC1R, MC2R, MC3R and MC4R. Interestingly, unlike other secosteroids, the activity of 21(OH)pD did not correlate with induction of differentiation, suggesting a separate but overlapping mechanism of action. Thus, biologically active forms of vitamin D can regulate different elements of the local equivalent of the HPA with implications for the systemic HPA.

Keywords

Vitamin D₃; Vitamin D₃ analogs; HPA axis; Corticotropin releasing factor; Keratinocytes differentiation; Calcium

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Uncited references

Chakraborty et al., 1999; Ebeling, 2014; Elias, 2012; Holick, 1996; Holick et al., 1977; Loite et al., 2013; Mason et al., 2013; Paus, 2011; Pawelek et al., 1992; Pisarchik and Slominski, 2002; Quevedo et al., 2001; Quirk et al., 2016; Searing and Leung, 2010; Slominski et al., 1996; Tang et al., 2013; Vasiadi et al., 2012; Watt, 1983; Zbytek and Slominski, 2005; Zbytek and Slominski, 2007; Zbytek et al., 2002; Zbytek et al., 2004; Zbytek et al., 2005; Zmijewski and Slominski, 2009; Zouboulis, 2009.

1. Introduction

Skin responds to stress and possesses the cutaneous equivalent of the hypothalamic-pituitary-adrenal axis (HPA), referred to as the sHPA (reviewed in (Slominski et al., 2012; Paus et al., 2014)). Its functions are coordinated by the corticotropin releasing factor (CRF) signaling system (reviewed in Slominski et al. (2013a)). An additional cutaneous regulatory system initiated by the action of ultraviolet B radiation (UVB) is the vitamin D₃ signaling pathway (reviewed in Bikle (2011a,b,c), Holick (2003)). After photochemical production, vitamin D₃ (which is a prohormone) (Holick et al., 1997; Holick, 1996), is activated by 25-hydroxylation catalyzed by CYP2R1 or CYP27A1 in the liver, then 1 α -hydroxylation by CYP27B1 in the kidney, producing 1,25-dihydroxyvitamin D₃ (1,25(OH)₂D₃) (Holick, 2011; Bikle, 2011a,b,c, 2012; Zhu et al., 2013). Local activation is also possible since these enzymes are present in the skin (Bikle, 2011a,b,c, 2012; Zhu et al., 2013; Bikle et al., 2004a,b), as is the vitamin D receptor (VDR) (Bikle, 2012; Reichrath et al., 1996), so that the skin is not only a source of active vitamin D₃ but also a target of its activity.

Recently, one of the key enzymes in steroidogenesis, CYP11A1 (also known as cytochrome P450_{scc}), was shown to metabolize 7-dehydrocholesterol and vitamin D₃ providing an alternative pathway of vitamin D activation (Slominski et al., 2005c; 2015b), with products including the low calcemic but biologically active secosteroids, 21(OH)pD which has a short (2C) side chain and 20 S -hydroxyvitamin D₃ (20(OH)D₃) (reviewed in Slominski et al. (2014, 2013c,d)).

Active forms of vitamin D₃ exhibit a broad spectrum of phenotypic effects on the skin such as inhibition of cell proliferation and stimulation of cell differentiation (reviewed in Bikle (2012), Oda et al. (2007), Bikle (2004), Holick (2014)). Furthermore, there is accumulating evidence that active forms of vitamin D possess anti-cancer (Holick, 2014; Bikle, 2008; Feldman et al., 2014), antifibrotic (Slominski et al., 2011; Slominski et al., 2013b,c,d; Bonventre, 2013), antioxidative (Slominski et al., 2015a; Tongkao-On et al., 2015; Gordon-Thomson et al., 2012) and anti-inflammatory properties (Cannell et al., 2014; Barragan et al., 2015; Wei and Christakos, 2015; Bikle, 2011a,b,c).

The skin equivalent of the HPA follows the basic scheme of the central HPA, with the expression of CRF, structurally related urocortins (UCN 1–3) and their corresponding receptors: CRFR1 and CRFR2 (Slominski et al., 2001; Slominski et al., 2004; Slominski et al., 2000; Slominski et al., 1998 Slominski et al., 2006b; Zmijewski and Slominski, 2009). Stimulation of the CRFR1 receptor in skin cells results in an induction of the expression of proopiomelanocortin (POMC) with the resulting generation of POMC-derived peptides, ACTH, α -MSH and β -endorphin (Slominski et al., 2005a,b; Rousseau et al., 2007). CRF and ACTH (interacting with the MC2R receptor) stimulate the production of glucocorticoids (cortisol and corticosterone) in skin cells (Slominski et al., 2005a,b; Cirillo and Prime, 2011; Hannen et al., 2011; Slominski et al., 2006a). Activation of the glucocorticoid receptor (GR) completes the stress response via inhibition of the HPA axis by attenuating CRF and POMC peptide production (Slominski et al., 2013a; Zmijewski and Slominski, 2011; Ito et al., 2005). Furthermore, locally produced glucocorticoids play an important role in the regulation of the skin inflammatory response (Sevilla et al., 2012; Slominski et al., 2013a,d).

UVB not only induces production of vitamin D₃, but also stimulates cutaneous production of a variety of classical hypothalamic and pituitary peptides involved in the HPA and increases the expression of their receptors (reviewed in Chakraborty et al. 1999; Pawelek et al., 1992; Slominski et al. (2012, 2013a,d)), and stimulates local steroidogenesis (Slominski et al., 2013a,d; Skobowiat et al., 2011; Skobowiat et al., 2013a,b; Talabér et al., 2013). UVB also upregulates the central HPA axis (Skobowiat and Slominski, 2015) and the POMC signaling system in the arcuate nucleus of the hypothalamus (Skobowiat and Slominski, 2016). Therefore, it is hypothesized that the selective expression of neuropeptides and their receptors not only contributes to the process of formation of the epidermal barrier, but also participates in skin stress and immune responses.

Vitamin D₃ and calcium are essential regulators of skin physiology including keratinocyte differentiation (Bikle, 2011a,b,c, 2012; Elias, 2012; Elias et al., 2013). Vitamin D and its analogs are known to modify expression of at least 3000 genes (Haussler et al., 2011), as shown by several transcriptome-wide arrays, however the effect on expression of the elements of HPA axis has not been investigated (Rid et al., 2013). Therefore, the major aim of this study was to determine whether 1,25(OH)₂D₃ and its low calcemic analogs, 20(OH)D₃ and 21(OH)pD, as well-studied inducers of keratinocytes differentiation, also modulate the expression of the sHPA.

2. Materials and methods

2.1. Cell culture

Pooled juvenile Human Epidermal Keratinocyte Progenitors (HPEKp) were acquired from CELLnTEC (Bern, Switzerland). Cells were cultivated in Epidermal Keratinocyte Medium (CnT-07, CELL-nTEC) containing low calcium (0.07 mM), supplement mix (A, B, C), bisphenol A (BPE) and gentamycin. This medium supports the retention of proliferative progenitors and reduces differentiation according to the manufacturer. HPEKp cells were cultured at 37 °C in a humidified 5% CO₂ incubator in T-75 culture flasks. Only cells from passages two to four were used for experiments. Cells were passaged at 80–90% confluency after trypsinization with TrypLE™ Express solution (Gibco, Life Technologies, USA).

2.2. Cell treatment

After 24 h of preincubation in supplemented CnT-07 medium, HPEKp cells were treated with vehicle, 0.1 μM 1,25(OH)₂D₃ or 2.5 mM CaCl as a source of Ca²⁺, alone or in combination with 1,25(OH)₂D₃, for 4 or 24 h. Additionally, some cells were treated with the vitamin D₃ derivatives 20(OH)D₃ or 21(OH)pD (0.1 μM) for 24 h. 1,25(OH)₂D₃ was purchased from Pharmaceutical Research Institute, Warsaw, Poland. 21(OH)pD was synthesized according to a procedure described by Zmijewski et al. (2011) by ProChimia Surfaces Sp. Zo.o. (Poland), while 20(OH)D₃ was enzymatically synthesized as described previously (Slominski et al., 2005c; Tuckey et al., 2011).

2.3. Proliferation assay

The degree of proliferation of cells following treatment was measured from their protein content using the sulforhodamine B assay (SRB). Measurements were made as described

previously (Wierzbicka et al., 2015), with some modifications. Cells were seeded at a density of $\sim 12 \times 10^3$ cells per 100 μl in 96-well plates and allowed to attach for 24 h before treatment. The culture medium was replaced with fresh medium containing serial dilutions of $1,25(\text{OH})_2\text{D}_3$ or its analogs (0.01 nM–1 μM) in a volume of 100 μl /well. The plates were incubated at 37 °C for an additional 48 h, 100 μl of 10% TCA was added to each well and plates incubated for 1 h at 4 °C. Medium was removed and cells were washed 5 times with deionized water. Following overnight air drying, 100 μl of SRB solution [0.4% (w/v) in 1% acetic acid] was added to each well. After incubation for 15 min, plates were washed 5 times with 1% acetic acid and air-dried. The protein-bound dye was solubilized with 10 mM Tris-base solution (pH 10.5). The absorbance of the dye was recorded at 570 nm with a microplate reader. Results are expressed as percentage change in protein level

$$\frac{\text{mean of treated group}}{\text{mean of control group}} \times 100\%$$

2.4. Real-Time PCR

Total RNA was extracted from cell cultures or skin biopsies using the Total RNA MiniPLUS kit (A&A Biotechnology, Poland) according to the manufacturer's instructions. The concentration and purity of isolated RNA were measured with an Epoch spectrophotometer (BioTek, Winooski, USA). Two micrograms of total RNA were subjected to reverse transcription using a RevertAid™ First Strand cDNA Synthesis kit (Thermo Fisher Scientific Inc., USA.). The primers used for PCR amplification are listed in Table 1. The reactions were performed in duplicate for each primer set with Real Time HS 2× PCR Master Mix SYBR® kit (A&A Biotechnology, Poland). The data were collected using the StepOnePlus™ Real-Time PCR System (Life Technologies, USA). The amount of amplified product for each gene was compared to that for the reference gene (*RPL37*) using a comparative CT method and presented as a fold change \pm SD. In the initial stage of the project it was found that *RPL37*, a gene encoding a ribosomal 60s subunit protein, is a suitable reference gene for quantitative transcript analysis for human keratinocytes out of all the potential housekeeping genes that were tested (*RPL37*, *B2M* and *HPRT1*).

2.5. Immunofluorescence microscopy

Prior to immunofluorescence stainings, HPEKp keratinocytes were seeded in 8-well Lab-Tek II chamber slides (Nalge Nunc Inc., USA). At selected time points after treatment, cells were fixed with 4% paraformaldehyde (PFA) and then permeabilized in 0.2% TritonX-100 solution in PBS for 10 min. Blocking was performed with 1% BSA in PBS for 1 h at room temperature (RT). Following extensive rinsing in PBS, the primary antibodies diluted in the same blocking solution were added and incubated overnight at 4 °C. Next day, slides were rinsed with PBS and incubated with the corresponding Alexa Fluor® (AF488 or AF594)-conjugated secondary antibodies for 1 h at RT. Then slides were rinsed, counterstained with DAPI (Sigma Aldrich) and closed with a cover glass. Cells treated with only the secondary antibody were used as the negative control. Images of cells were collected with a Nikon Eclipse E800, and further analyzed with the use of ImageJ® software. All primary and secondary antibodies and their dilutions for use are listed in Table 2.

2.6. Flow cytometry

HPEKp cells were treated with 0.1 μM 1,25(OH) $_2$ D $_3$, 20(OH)D $_3$ or 21(OH)pD for 24 h. Simultaneously control, unstimulated cells were cultured. After treatment cells were harvested and washed twice in PBS. Cells were fixed and permeabilized with Cytofix/Cytoperm Buffer (BD Biosciences, San Jose, CA, USA) and stained with selected antibodies (Table 2) according to the manufacturer's protocol. Samples were analyzed with a BD FACS Calibur flow cytometer. FL-1 and FL-4 signals (collected from 10,000 events in side scatter/forward scatter window after debris exclusion) were recorded. Forward (relative to cell size) and side (relative to cell granularity) scatter were also recorded. Data were further analyzed with BD CellQuest Pro software (BD Biosciences, San Jose, CA, USA).

2.7. Statistical analyses

Data are presented as mean \pm SD, and were analyzed with a Student's *t*-test (for two groups) or one-way analysis of variance with appropriate post-hoc tests (for more than two groups) using Prism 4.00 (GraphPad Software, San Diego, CA). Statistically significant differences are denoted with asterisks: **P* < 0.05, ***P* < 0.01, ****P* < 0.005.

3. Results

The general effects of 1,25(OH) $_2$ D $_3$ and its analogs on HPEKp primary keratinocytes were examined (Fig. 1). All secosteroids significantly inhibited cell proliferation in a dose-dependent manner with 21(OH)pD showing a similar IC $_{50}$ to that of 1,25(OH) $_2$ D $_3$ (1.73 nM vs 1.69 nM, respectively), while 20(OH)D $_3$ gave a higher value (12.5 nM) (Fig. 1A–C). However, 20(OH)D $_3$ showed higher maximal inhibition (efficacy) in comparison to 1,25(OH) $_2$ D $_3$ and 21(OH)pD, reducing the cell number by 60–70% vs 20%, for 1,25(OH) $_2$ D $_3$ and 21(OH)pD. In addition, there was a significant difference (***P* < 0.01) in the percentage of Ki67 positive cells (Fig. 1G) between control (71.3 \pm 4.8%) and 1,25(OH) $_2$ D $_3$ -treated cells (55.3 \pm 7.8%). We investigated the expression of keratinocyte differentiation marker genes and found that expression of the early differentiation marker genes, cytokeratin 14 (*KRT14*) and cytokeratin 1 (*KRT1*), Fig. 1D, E was elevated in HPEKp keratinocytes treated with all secosteroids tested (**P* < 0.05). *KRT14* expression was elevated by each secosteroid with the relative stimulation being 21(OH)pD > 20(OH)D $_3$ > 1,25(OH) $_2$ D $_3$ (Fig. 1D). Only 1,25(OH) $_2$ D $_3$ and 20(OH)D $_3$ treatment effectively increased the level of mRNA for the involucrin (*INV*) gene, a late differentiation marker, with the short side-chain analog, 21(OH)pD, having no effect (Fig. 1F). These results are consistent with previous data on induction of the *INV* gene expression in the HaCaT cell line treated with active forms of vitamin D $_3$ (Zbytek et al., 2008). The 1,25(OH) $_2$ D $_3$ effect was also confirmed by immunofluorescence staining for INV (Fig. 1H). 1,25(OH) $_2$ D $_3$ proved to be as strong an inducer of INV production as Ca $^{2+}$.

We also examined changes in the expression of genes involved in vitamin D $_3$ signaling following treatment with the secosteroids. There was a lack of effect of 1,25(OH) $_2$ D $_3$ and 20(OH)D $_3$ on *VDR* gene expression with inhibition only occurring with 21(OH)pD (Fig. 2A). In contrast, the expression of the *PDIA3* gene which encodes a plasma membrane-bound receptor for vitamin D $_3$, was enhanced by 1,25(OH) $_2$ D $_3$ and 20(OH)D $_3$, but not by

21(OH)pD (Fig. 2B). Only 1,25(OH)₂D₃ strongly induced the expression of *CYP24A1* which encodes the 24-hydroxylase that inactivates 1,25(OH)₂D₃, (Fig. 2C), while 20(OH)D₃ caused modest stimulation, in agreement with previous investigations (reviewed in Slominski et al. (2015a,b,c)). All secosteroids tested significantly stimulated the expression of the xenobiotic metabolizing enzyme, *CYP3A4*, at the mRNA level (Fig. 2E), and to a lesser extent stimulated expression of the 25-hydroxylase gene, *CYP2R1* (Fig. 2D). Interestingly, only 21(OH)pD significantly increased the expression of the 1 α -hydroxylase gene, *CYP27B1* (Fig. 2F).

3.1. Vitamin D derivatives and calcium stimulate expression of sHPA axis

Previous studies have demonstrated that UVB can significantly stimulate the expression of HPA-related genes in epidermal keratinocytes and melanocytes (Zbytek et al., 2006a; Skobowiat et al., 2011; Slominski et al., 1996; Slominski et al., 2006c). To test whether these effects are secondary to the action of active forms of vitamin D, we investigated whether 1,25(OH)₂D₃ affects the expression of *CRF* and *CRF*-related genes [urocortins 1–3 (*UCN1–3*)] at the mRNA level (Fig. 3). HPEKp cells were treated with 0.1 μ M 1,25(OH)₂D₃ or 2.5 mM calcium (Ca⁺²) separately, or simultaneously with both (Fig. 3), for 4 or 24 h. Four hours after treatment *CRF* mRNA was significantly increased in all groups tested (Fig. 3A). By 24 h this stimulation decreased compared to 4 h, but still was higher than the control level. The strongest effect was seen for simultaneous treatment with 1,25(OH)₂D₃ and Ca⁺². The stimulation of the expression of *UCN1–3* was less pronounced or absent, and was predominantly seen at 24 h of treatment (Fig. 3B–D). These effects were also selective with weak but significant stimulation after a 4 h of treatment with 1,25(OH)₂D₃ (*UCN-2* and *3*), and 1,25(OH)₂D₃ plus Ca⁺² (*UCN-3*), with strongest stimulation at 24 h by 1,25(OH)₂D₃ plus Ca⁺² (*UCN1–3*). Significant stimulation of *UCN-1* and *3* expression by 1,25(OH)₂D₃ alone was only seen at 4 h (Fig. 3B–D).

The expression of the *POMC* gene, encoding the second element of the sHPA, was stimulated at 4 and 24 h of treatment with 1,25(OH)₂D₃ alone or in combination with Ca⁺², with the strongest stimulation being observed with 1,25(OH)₂D₃ plus Ca⁺² for 24 h (Fig. 3E). 1,25(OH)₂D₃ and/or Ca⁺² treatment of HPEKp cells also stimulated the expression of receptors for POMC-derived peptides (Fig. 3F–H). Incubation of cells with 1,25(OH)₂D₃ or 1,25(OH)₂D₃ plus Ca⁺² resulted in increased expression of the *MC1R* gene at 4 and 24 h, with the highest stimulation seen for 1,25(OH)₂D₃ plus Ca⁺² at 24 h, while Ca⁺² alone had no effect (Fig. 3F). Stimulation of *MC2R* and *MC4R* gene expression was observed with all treatments, with the effects being greatest at 4 h (Fig. 3G and H). Finally, expression of the glucocorticoid receptor (GR) gene, *NR3C1* (Fig. 3I), was only slightly elevated in cells treated with 1,25(OH)₂D₃ or 1,25(OH)₂D₃ plus Ca⁺², at 24 h only.

The expression of selected elements of the sHPA in human primary keratinocytes (HPEKp) at the protein level was investigated by western blotting (Fig. 4) and immunofluorescence (IF) (Fig. 5). The level of CRF peptides in HPEKp cells was increased by treatment with 1,25(OH)₂D₃ and Ca⁺² separately or together for 24 h (Fig. 4). Some processing of the 25 kDa CRF precursor to the 19 kDa form was apparent which is consistent with previous reports in the literature (Chretien and Seidah, 1984) and with data provided by the supplier

of the antiserum, with both forms displaying an increase with the treatments. The increase in CRF expression was accompanied by an increase in CRFR1 immunoreactivity as shown by western blotting (with a marked increase also occurring over 24 h without treatment) (Fig. 4) and by an elevated number of CRFR1 positive HPEKp cells (Fig. 5A). In addition, 1,25(OH)₂D₃, Ca⁺² or 1,25(OH)₂D₃ plus Ca⁺² stimulated the production of POMC-derived ACTH in cultured keratinocytes (Fig. 5B), consistent with stimulation of *POMC* gene expression. Finally, similar treatments increased the MC2R protein level as evaluated by western blotting and IF (Figs. 4 and 5C).

3.2. The effect of low-calcemic D₃ analogs on the expression of HPA axis elements

20(OH)D₃ and 21(OH)pD (0.1 μM) were tested for their ability to stimulate the expression of sHPA genes in comparison to 1,25(OH)₂D₃. Both of these secosteroids stimulated the expression *CRF* similarly to 1,25(OH)₂D₃ (Fig. 6A). Interestingly, the highest level of stimulation of the expression of *CRF* and urocortins was observed for 21(OH)pD (Fig. 6B–D). In addition, 1,25(OH)₂D₃ and 20(OH)D₃ did not affect the expression of the *UCN1* gene (Fig. 6B) and only moderately increased the expression of *UCN2* and *3* (Fig. 6C–D). The expression of the *POMC* gene was stimulated comparably by 1,25(OH)₂D₃, 20(OH)D₃ or 21(OH)pD (Fig. 6E). Furthermore, stimulation of the expression *MC1R* and *MC2R* genes followed the same trend, with comparable effects for all the secosteroids tested (Fig. 6F–G). *MC3R* mRNA was undetectable in primary keratinocytes from the control culture, but its expression was effectively induced by all the secosteroids tested, with the highest stimulation obtained with 21(OH)pD (compared to 1,25(OH)₂D₃ treatment). Finally, 20(OH)D₃ or 1,25(OH)₂D₃ treatment, unlike 21(OH)pD, attenuated the expression of *CYP11A1* (Fig. 6I), while only 21(OH)pD moderately decreased the expression of *NR3C1* (Fig. 6J).

3.3. The degree of keratinocyte differentiation affects the expression of ACTH and MC2R in cells treated with vitamin D₃ derivatives

Since the differentiation of keratinocytes is accompanied by an alteration in the expression of several genes (Eckert and Rorke, 1989; Eckhart et al., 2013; Elias, 2012), we tested whether the degree of differentiation of keratinocytes, monitored by the level of expression of INV, affects the stimulation of ACTH and MC2R expression by vitamin D compounds. Using flow cytometry we tested two populations of keratinocytes, INV positive (INV⁺, differentiated) and INV negative (INV⁻, undifferentiated) cells (Fig. 7). 1,25(OH)₂D₃ treatment increased the number of positive cells for ACTH (Fig. 7A) and its receptor (MC2R), in INV⁺ keratinocytes (Fig. 7C), while their relative numbers decreased for INV⁻ cells (Fig. 7B, D). The treatment of HPEKp with 20(OH)D₃ or 21(OH)pD resulted in a decrease in the % of cells co-expressing ACTH in INV⁺ keratinocytes (Fig. 7A). Also, 21(OH)pD, but not 20(OH)D₃, significantly decreased the % of cells co-expressing MC2R and INV⁺ (Fig. 7C), while the % of cells positive for MC2R in INV⁻ cells was increased by 21(OH)pD and 20(OH)D₃, but slightly decreased by 1,25(OH)₂D₃ (Fig. 7D).

4. Discussion

Recently, we have reported increased expression of cutaneous elements of the HPA coincides with the keratinocyte differentiation program, with both processes being stimulated by calcium addition (Wierzbicka et al., 2016). Since active forms of vitamin D₃ protect the epidermis against UVB, a major environmental stressor (Slominski et al., 2015a,c; Gordon-Thomson et al., 2012; De Haes et al., 2005), clarification of the relationship between the cutaneous HPA axis and vitamin D₃-activated pathways is mandatory.

We observed that 1,25(OH)₂D₃ and its non-calcemic analogs (20(OH)D₃ and 21(OH)pD) displayed antiproliferative properties, while only 1,25(OH)₂D₃ and 20(OH)D₃ stimulated differentiation of keratinocytes using *INV* as a marker. Previous studies on immortalized human epidermal keratinocytes have shown that 20(OH)D₃ possesses antiproliferative activity similar to that of 1,25(OH)₂D₃, with both compounds effectively stimulating *INV* expression (Zbytek et al., 2008). Interestingly, 21(OH)pD inhibited cell proliferation as effectively 1,25(OH)₂D₃ and 20(OH)D₃, but caused weaker induction of keratinocytes differentiation, with only a moderate effect on the expression of *KRT14* (an early differentiation marker) and no effect on *INV* expression (late differentiation marker). Treatment of primary keratinocytes with 21(OH)pD, which only has a 2C side chain, did not stimulate the expression of *CYP24A1*, a major target of the activated VDR, suggesting an alternative pathway may be activated by this secosteroid. This is consistent with previous studies showing that treatment of melanoma cells with 21(OH)pD does not stimulate the translocation of VDR to the nucleus (Zmijewski et al., 2011) nor cause stimulation of *CYP24A1* expression (Wasiewicz et al., 2015), despite inhibiting melanoma cell proliferation (Zmijewski et al., 2011; Wasiewicz et al., 2015). The lack of stimulation of VDR translocation and expression of *CYP24A1* and *INV* genes by 21(OH)pD can be explained by the recent *in silico* prediction that 21(OH)pD interacts poorly with the VDR, having the lowest docking score of the vitamin D analogs examined (Kim et al., 2012). Thus, the observed inhibition of cell proliferation by 21(OH)pD may be secondary to the interaction of this secosteroid, with an alternative receptor to the VDR.

1,25(OH)₂D₃ caused a massive increase in the expression of *CYP24A1*, with *CYP24A1* catalyzing the inactivation of both 25(OH)D₃ and 1,25(OH)₂D₃ (Holick, 2003). As before (Zbytek et al., 2008), 20(OH)D₃ caused very low stimulation of *CYP24A1* expression, with the gene product catalyzing the further activation of 20(OH)D₃ instead of its inactivation, at least in melanoma cells (Tieu et al., 2012). 1,25(OH)₂D₃, 20(OH)D₃ and 21(OH)pD all caused a 3- to 3.5-fold increase in *CYP3A4* expression in keratinocytes at the mRNA level. *CYP3A4*, as well as acting on a wide range of xenobiotics, provides an alternate route to *CYP24A1* for the metabolism of active forms of vitamin D₃, including 20(OH)D₃ (Cheng et al., 2016). 20(OH)D₃ and 21(OH)pD, but not 1,25(OH)₂D₃, caused a small but significant stimulation of the expression of *CYP2R1* which encodes a vitamin D 25-hydroxylase. Only 21(OH)pD significantly stimulated expression of *CYP27B1* but it is unlikely that the encoded 1 α -hydroxylase can act on vitamin D₃ analogs like 21(OH)pD, which possess a short side chain (Chen et al., 2014).

The current study shows that treatment of primary keratinocytes with $1,25(\text{OH})_2\text{D}_3$ and calcium induces the expression, at least at the mRNA level, of all the elements of the HPA axis including *CRF*, *UNC1-3*, *POMC*, *MC1R* and *MC2R* and *NR3C1*. Furthermore, stimulation is generally greater than that by treatment with $1,25(\text{OH})_2\text{D}_3$ alone, particularly at 24 h. We have previously shown that the process of keratinocytes differentiation, which is strongly induced by the cooperation of vitamin D_3 with Ca^{2+} (Bikle et al., 2004a,b), plays a crucial role in the stimulation of elements of the cutaneous HPA (Wierzbicka et al., 2016). However, the effect of incubation of calcium with primary keratinocytes for 4 or 24 h on the elements of the HPA was always weaker than that caused by $1,25(\text{OH})_2\text{D}_3$. This suggests that active forms of vitamin D_3 may act on the epidermal elements of the HPA through overlapping and distinct pathways to that induced by calcium.

$21(\text{OH})\text{pD}$ was the only secosteroid tested that was able to stimulate expression of urocortin 1 (*UCN1*), and was the strongest inducer for *CRF*, *UCN2* and *UCN3* gene expression. It is well established that CRF and UCN1 enhance expression of *POMC* through CRFR1 receptor-mediated activation of adenylate cyclase (Slominski et al., 2013a). It seems however, that the observed higher level of induction of *CRF* and *UCN1* by $21(\text{OH})\text{pD}$ in comparison to other secosteroids, has no impact on *POMC* expression, since they all showed similar effects. $21(\text{OH})\text{pD}$ was marginally better at stimulating the expression of receptors for melanocortins (except *MC1R*) than the other secosteroids. To our knowledge, this is the first study showing the stimulation of *MC3R* and *MC4R* expression by $1,25(\text{OH})_2\text{D}_3$ or its non-calcemic analogs, $20(\text{OH})\text{D}_3$ and $21(\text{OH})\text{pD}$. Recently, *MC3R* was proposed as an alternative target for corticotropins involved in immunomodulation (Zmijewski and Slominski, 2013). Although γ -MSH is the preferred ligand for *MC3R*, ACTH can bind to *MC3R* with comparable affinity (Bohm and Grassel, 2012). Moreover, *MC3R* may be involved in the activation of steroidogenesis (Harmer and Bicknell, 2005), but what is most interesting is the selective upregulation of IL- 1β , IL-6, and NOS2 in *Mc3^{-/-}* mice compared to wild type mice (Patel et al., 2010). Based on this, it was postulated that induction of *MC3R* contributes to the melanocortin-induced skin stress response.

The current study shows that ACTH and *MC2R* are preferentially found at the border of the *stratum spinosum* and *stratum granulosum* in full thickness skin biopsies. These results are supported by the observed induction of ACTH and *MC2R* expression in partially differentiated HPEKp keratinocytes (Wierzbicka et al., 2016). Using flow cytometry analysis and INV as a marker of moderate differentiation, we observed that $1,25(\text{OH})_2\text{D}_3$ enhanced ACTH and *MC2R* production only in INV^+ cells, while $20(\text{OH})\text{D}_3$ (moderately) and $21(\text{OH})\text{pD}$ (more strongly) stimulated *MC2R* production in undifferentiated keratinocytes (INV^-). Unlike $1,25(\text{OH})_2\text{D}_3$, treatment of primary keratinocytes with $21(\text{OH})\text{pD}$ resulted in a significant decrease in *MC2R* immunoreactivity in differentiated (INV^+) cells but an increase in *MC2R* immunoreactivity in undifferentiated (INV^-) keratinocytes. Furthermore, in contrast to $1,25(\text{OH})_2\text{D}_3$ there was not a significant effect of $21(\text{OH})\text{pD}$ on ACTH immunoreactivity. This suggests that $21(\text{OH})\text{pD}$ action on ACTH signaling can be separated from the induction of the keratinocyte differentiation program.

Finally, our data raise the intriguing question as to whether the stimulation of the cutaneous elements of the HPA by UVB is mediated, at least in part, by locally synthesized active

forms of vitamin D₃. Different elements of the HPA including POMC peptides, CRF and related peptides and glucocorticoids are involved in the regulation of the epidermal skin barrier and its immune activities, as described above. Therefore, our findings may not only explain a role of vitamin D in the regulation of epidermal neuroendocrine activities, but also may represent a dawn for studies on the mechanism of regulation of systemic HPA axis and/or of POMC and CRF activities in the brain (Skobowiat and Slominski, 2016; Slominski, 2015; Slominski et al., 2015a,b,c).

In summary, we have shown for the first time that active forms of vitamin D stimulate the expression of elements of the skin analog of the HPA axis. This process occurs rapidly, is enhanced by the induction of the keratinocyte differentiation program and may follow overlapping but different mechanisms defined by the length of side chain and location of hydroxyl groups on the vitamin D scaffold.

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Abbreviations

INV	Involucrin
HPA	hypothalamic-pituitary-adrenal axis
sHPA	skin analog of HPA
HPEKp	human primary epidermal keratinocytes (pulled donors)
UVA/B	ultraviolet radiation A and B KRT1, KRT14, KRT15 keratin 1, 14, 15
CRF	corticotropin releasing factor
UCN1-3	urocortins 1-3
POMC	proopiomelanocortin
ACTH	adrenocorticotrophin
CRFR1	corticotropin-releasing hormone receptor 1
CRFR2	corticotropin-releasing hormone receptor 2
MC1-5R	melanocortin receptors 1-5
GR	glucocorticoid receptor
1α,25(OH)₂D₃	1 α ,25-dihydroxyvitamin D ₃ (calcitriol)
20(OH)D₃	20S-hydroxyvitamin D ₃

21(OH)pD	21-hydroxypregnacalciferol
25(OH)D3	calcifediol (25-hydroxyvitamin D3)
7-DHC	7-dehydrocholesterol (provitamin D3, cholesta-5,7-dien-3 β -ol)
VDR	vitamin D receptor
PDIA3	Protein disulfide isomerase associated 3

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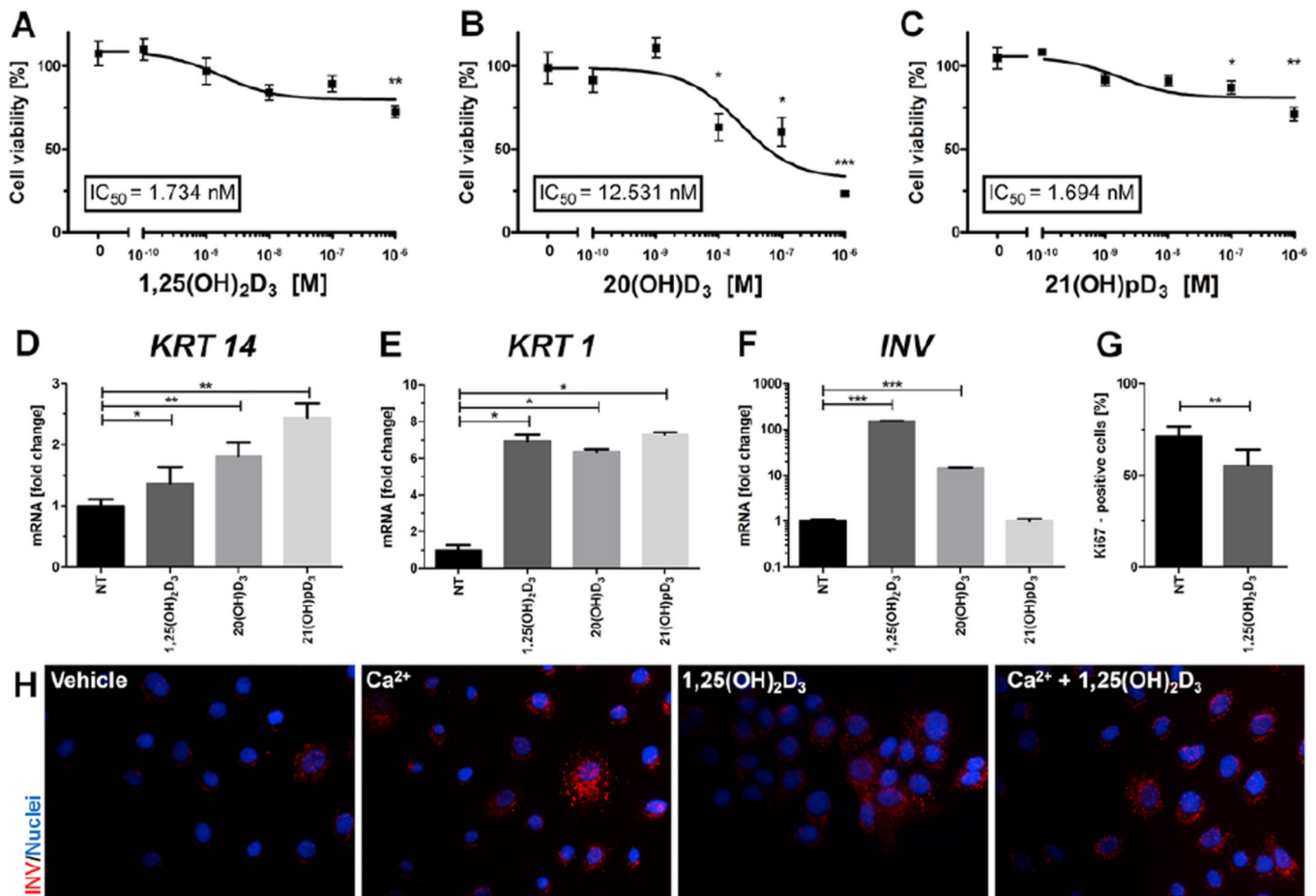


Fig. 1. 1,25(OH)₂D₃ and its analogs inhibit cell proliferation and stimulate differentiation of primary human epidermal keratinocytes (HPEKp cell line)

Inhibition of the growth of primary human epidermal keratinocyte by 1,25(OH)₂D₃ (A), 20(OH)D₃ (B) and 21(OH)pD (C) was measured at 48 h using the SRB protein assay.

Concentration-response curves were plotted and the IC₅₀ value determined as the concentration of the secosteroid which caused a 50% decrease in cell proliferation, calculated using Graph Pad Prism 5. Real-time quantitative PCR analyses were carried out on the expression of key differentiation markers, cytokeratin 1 (*KRT1*, D), cytokeratin 14 (*KRT14*, E) and involucrin (*INV*, F), in primary human epidermal keratinocytes stimulated with 0.1 μM 1,25(OH)₂D₃, 20(OH)D₃ or 21(OH)pD for 24 h. Immunofluorescence labeling for Ki67 in control and stimulated cells with 1,25(OH)₂D₃ (0.1 μM) indicated a decrease in number of cells which entered cell cycle (G). Data are presented as means ± SD. Involucrin immunofluorescent-stained primary human epidermal keratinocytes (H) displayed increases in cell differentiation between control and stimulated cells with 1,25(OH)₂D₃ (0.1 μM), Ca²⁺ (2.5 mM) or both. Magnification 400×. *P < 0.05, **P < 0.01, ***P < 0.001 compared to control.

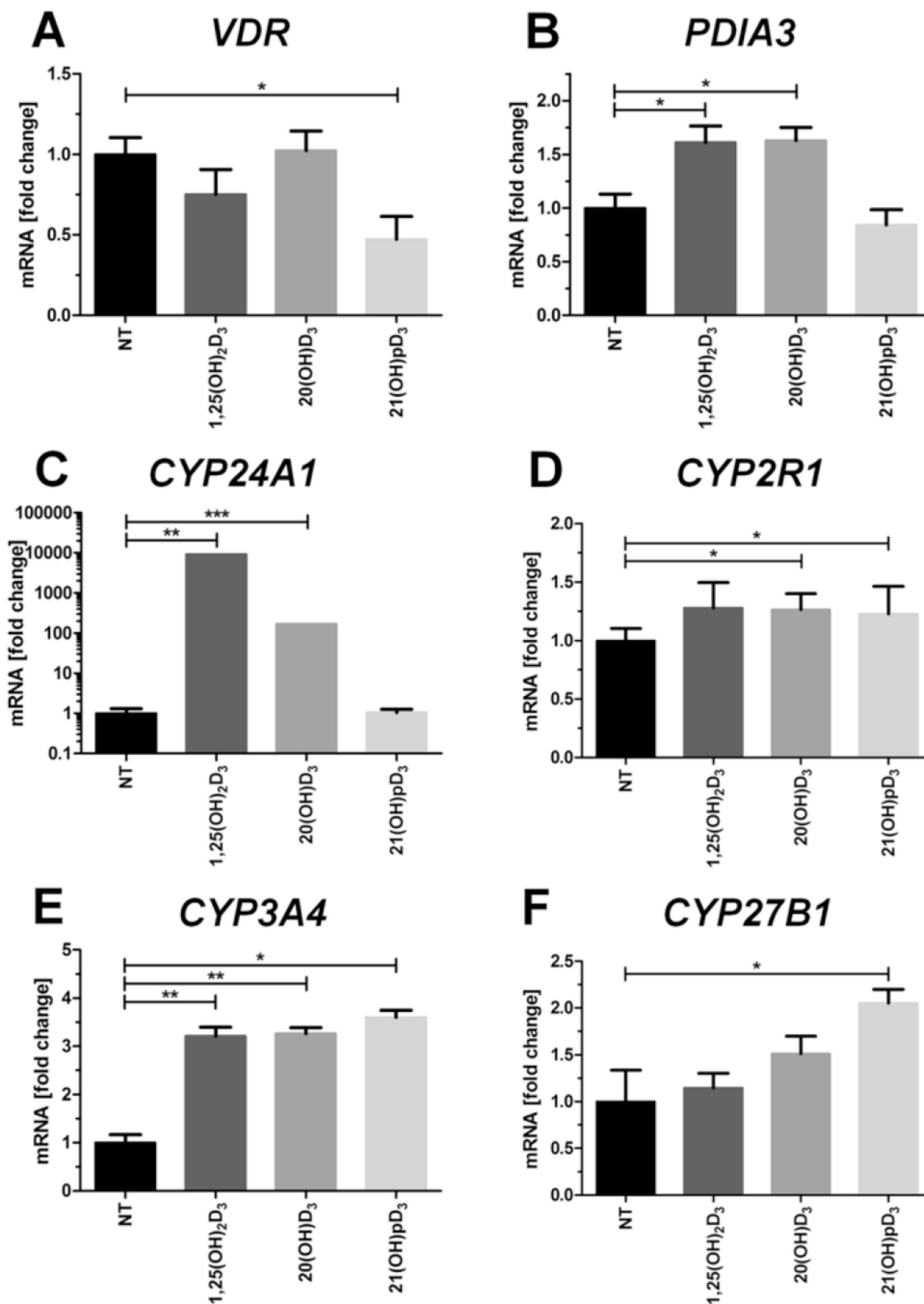


Fig. 2. 1,25(OH)₂D₃ and its analogs modulate the expression of vitamin D-related genes in primary human epidermal keratinocytes (HPEKp cell line)

Real-time quantitative PCR analyses were carried out on the expression of key vitamin D-related genes: *VDR* (A), *PDIA3* (B), *CYP24A1* (C), *CYP2R1* (D), *CYP3A4* (E) and *CYP27B1* (F) in primary human epidermal keratinocytes stimulated with 0.1 μM 1,25(OH)₂D₃, 20(OH)D₃, or 21(OH)pD for 24 h. Data are presented as means ± SD. *P < 0.05, **P < 0.01, ***P < 0.001 compared to control.

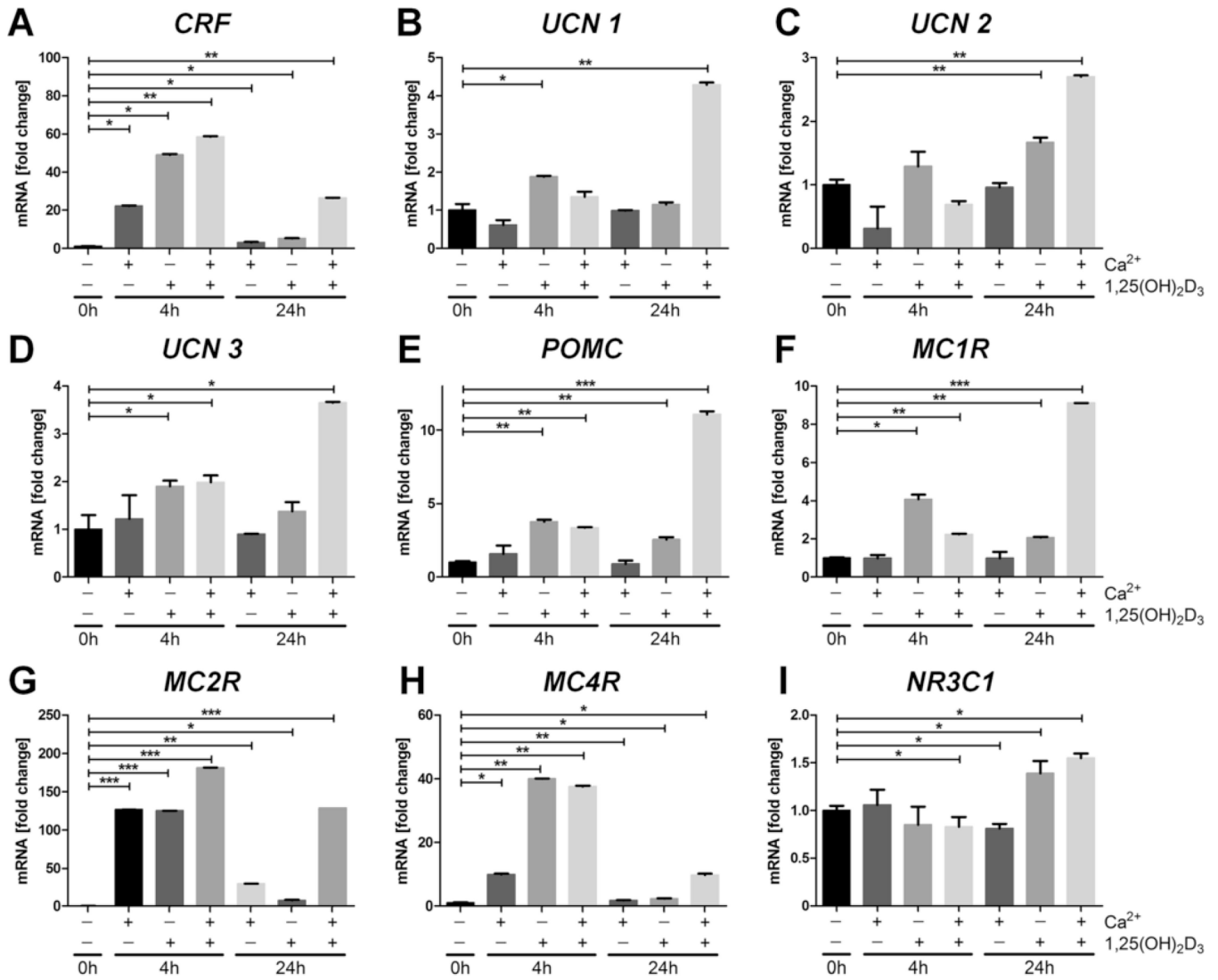


Fig. 3. $1,25(\text{OH})_2\text{D}_3$ and calcium modulate the expression of neuropeptides in primary human epidermal keratinocytes (HPEKp cell line)

Real-time quantitative PCR analyses of neuropeptide gene expression were carried out on *CRF* (A), *UCN1* (B), *UCN2* (C), *UCN3* (D), *POMC* (E), *MC1R* (F), *MC2R* (G), *MC4R* (H) and *NR3C1* (I) in primary human epidermal keratinocytes stimulated with $1,25(\text{OH})_2\text{D}_3$ ($0.1 \mu\text{M}$), Ca^{2+} (2.5mM), or both, for 4 and 24 h. Data are presented as means \pm SD. * $P < 0.05$, ** $P < 0.01$ compared to control.

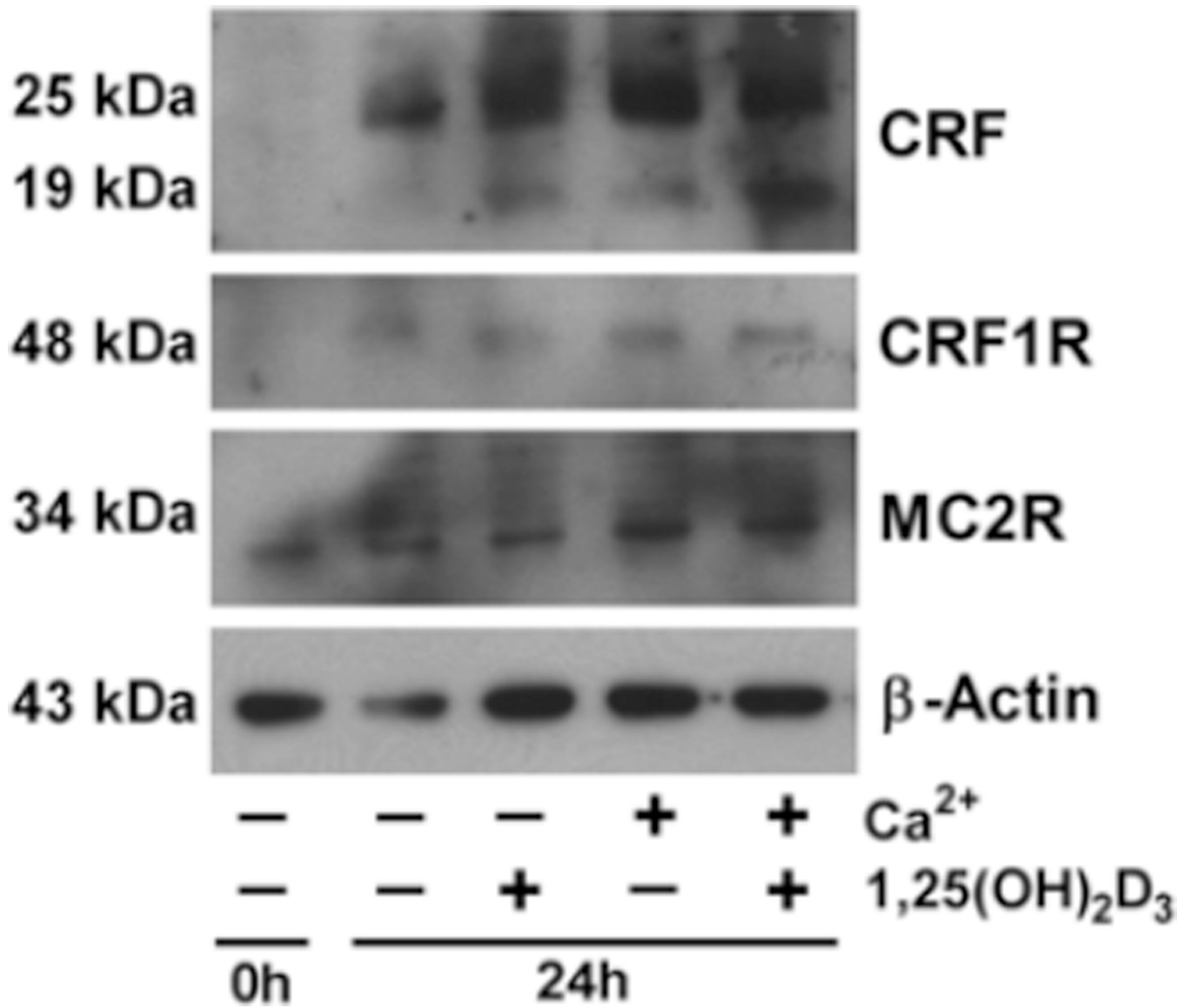


Fig. 4. Western Blot analyses of key proteins of the sHPA axis

CRF, CRFR1 and MC2R protein levels were measured in primary human epidermal keratinocytes stimulated with 1,25(OH)₂D₃ (0.1 μM), Ca²⁺ (2.5 mM), or both, for 24 h. β-Actin levels were measured as a control.

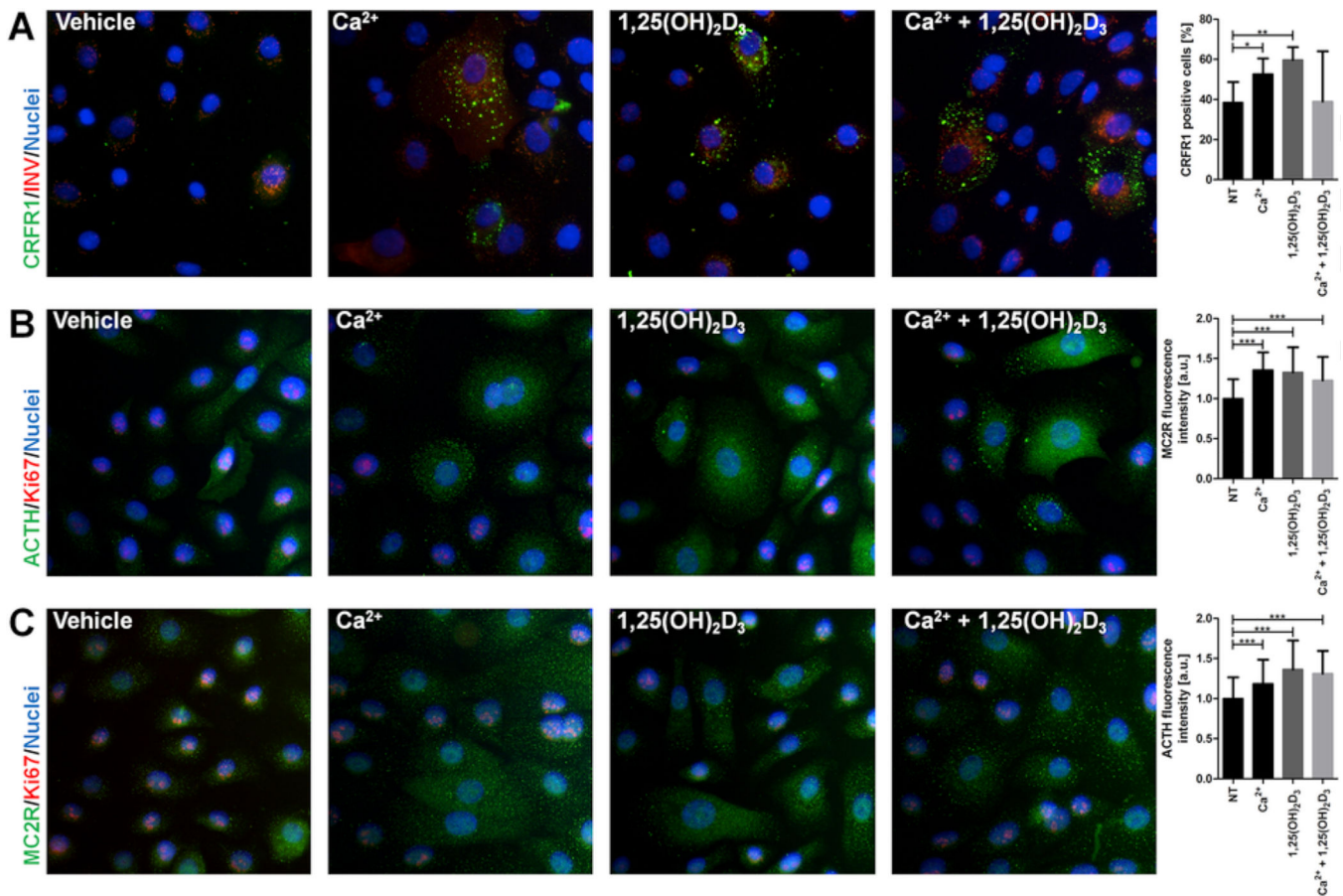


Fig. 5. 1,25(OH)₂D₃ and calcium modulate the protein level of neuropeptides and their receptors in primary human epidermal keratinocytes (HPEKp cell line)

Involucrin (red) and CRFR1 (green) immunofluorescent-stained primary human epidermal keratinocytes demonstrated increases in CRFR1 (A) in cells stimulated with 1,25(OH)₂D₃ (0.1 μM), Ca²⁺ (2.5 mM), or both, compared to the control. Ki67 (red) and ACTH (green) immunofluorescent stained primary human epidermal keratinocytes (B) demonstrated increases in ACTH in cells stimulated with 1,25(OH)₂D₃ (0.1 μM), Ca²⁺ (2.5 mM), or both, compared to control. Ki67 (red) and MC2R (green) immunofluorescent-stained primary human epidermal keratinocytes (C) demonstrated increases in MC1R in cells stimulated with 1,25(OH)₂D₃ (0.1 μM), Ca²⁺ (2.5 mM), or both, compared to control. Fluorescence intensity, was evaluated with the image analysis software, ImageJ (graphs on the right). Magnification 400×. Data are presented as means ± SD. *P < 0.05, **P < 0.01, ***P < 0.001 compared to control. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

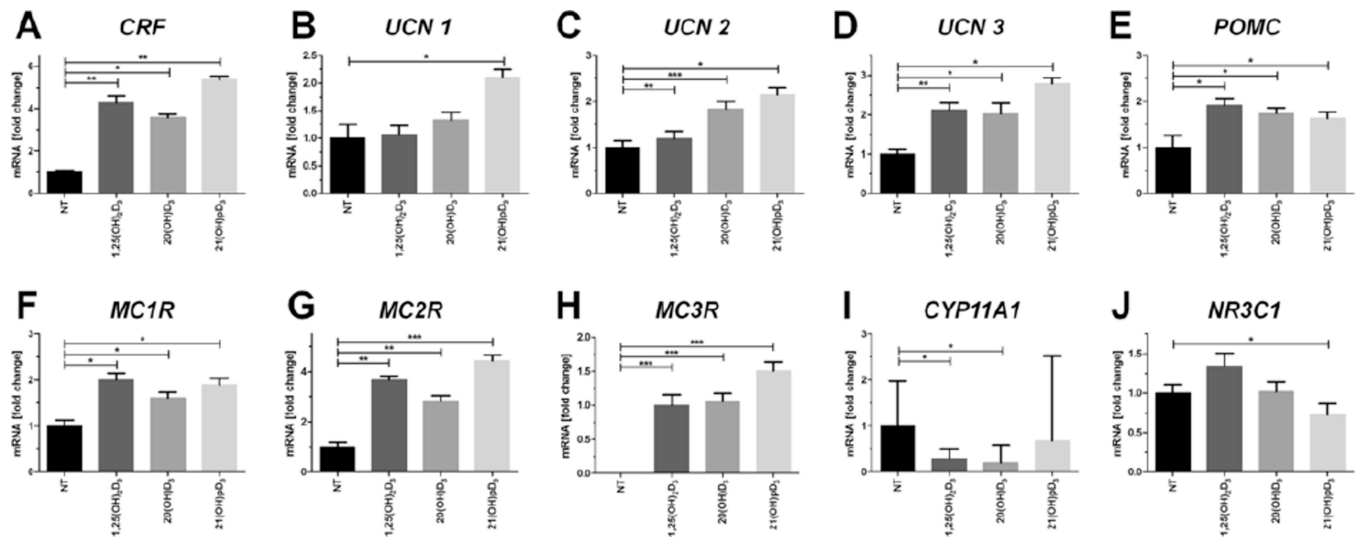


Fig. 6. 1,25(OH)₂D₃ and its analogs modulate the expression of sHPA axis elements in primary human epidermal keratinocytes (HPEKp cell line)

Real-time quantitative PCR analyses of the expression of key genes of the HPA axis were carried out for *CRF* (A), *UCN1* (B), *UCN2* (C), *UCN3* (D), *CRFR1* (E), *POMC* (F), *MC1R* (G), *MC2R* (H), *MC3R* (I) and *NR3C1* (J) in primary human epidermal keratinocytes stimulated with 0.1 μ M 1,25(OH)₂D₃, 20(OH)D₃ or 21(OH)pD₃ for 24 h. Data are presented as means \pm SD. *P < 0.05, **P < 0.01, ***P < 0.001 compared to control.

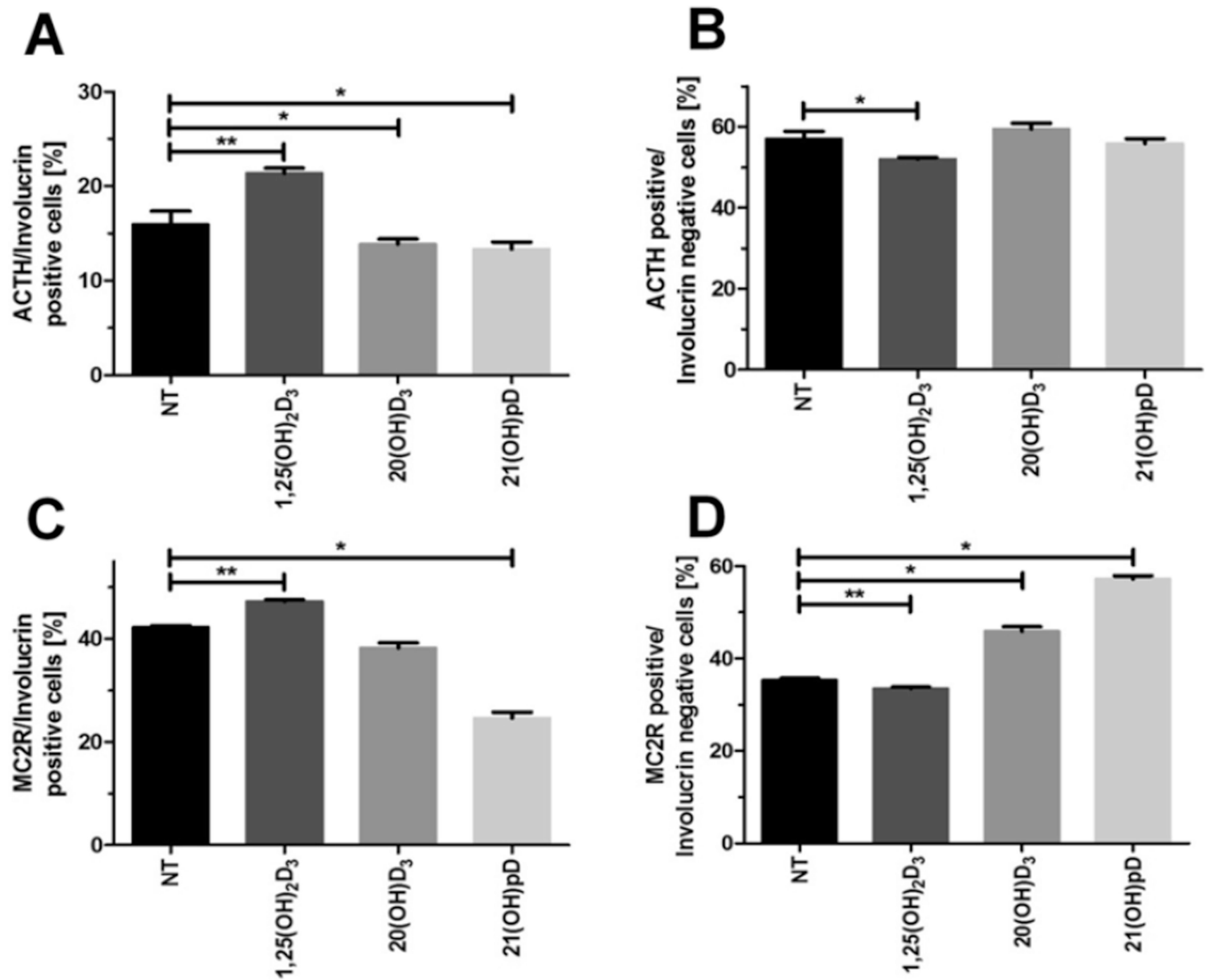


Fig. 7. 1,25(OH)₂D₃ and its analogs selectively modulate the expression of ACTH and MC2R in differentiated and undifferentiated primary human epidermal keratinocytes (HPEKp cell line) Flow cytometry analyses were performed on ACTH and MC2R in involucrin positive and negative primary human epidermal keratinocytes stimulated with 0.1 μ M 1,25(OH)₂D₃, 20(OH)D₃ or 21(OH)pD for 24 h. Data are presented as means \pm SD. *P < 0.05, **P < 0.01, ***P < 0.001 compared to control.

Table 1

The list of PCR primers used in the study.

Gene name	Forward primer	Reverse primer
<i>RPL37</i>	TTCTGATGGCGACTTTACC	CACTTGCTCTTTCTGTGGCA
<i>IVL</i>	TGGGTATTGACTGGAGGAGG	CTGCCTCAGCCTTACTGTGA
<i>KRT 1</i>	TGACCAAGGTGGACCTTCAG	ATGATGCTGTCCAGGTGAG
<i>KRT 14</i>	TCTGCAGAAGGACATTGGC	GGCCTGCTGAGATCAAAGAC
<i>CRF</i>	CACCCTCAGCCCTTGGATTTC	GCCCTGGCCATTTCCAAGAC
<i>UCN 1</i>	CAGGCGAGCGGCCGCG	CTTGCCACCGAGTCGAAT
<i>UCN 2</i>	GTGTCGGCCACTGCTGAGCCTGAGAGA	ATCTGATATGACCTGCATGACAGTGGCT
<i>UCN 3</i>	TGCTGCTCCTGCTGCTGCTC	GTGTCCTGGCGTGGCTTTCCC
<i>POMC</i>	GAGGGCAAGCGCTCCTACTCC	GGGGCCCTCGTCCTTCTTCTC
<i>MC1R</i>	ACTCACCCATGTACTGCTTC	TACAGCACGGCCATGAGCAC
<i>MC2R</i>	GACTGTCCTCGTGTGGTTTTG	GGCTGCCAGCATATCAGAT
<i>NR3C1</i>	GAGACCAGATGTAAGCTCTCCT	GCAATCATTCCTTCCAGCAC
<i>VDR</i>	CCAGTTCGTGTGAATGATGG	GTCGTCCATGGTGAAGGA
<i>PDIA3</i>	CTCCGACGTGCTAGAACTCA	CAGGTGTTAGTGTGGCAGT
<i>CYP24A1</i>	GCAGCCTAGTGCAGATT	ATCACCCAGAACTGTTG
<i>CYP2R1</i>	AGAGACCCAGAAGTGTCCAT	GTCTTTCAGCACAGATGAGGTA
<i>CYP3A4</i>	AAGGCACCACCCACCTATGATACT	TACTTTGGGTCACGGTGAAGAGCA
<i>CYP27B1</i>	TGTTTGCATTGCTCAGA	CCGGGAGAGCTCATAAG

Table 2

The list of antibodies used in the study.

Primary antibodies					
Antigen	Isotype	Dilution	Supplier		Cat. #
Involucrin	Mouse	1:100	Novocastra		NCL-INV
Ki67	Mouse	1:100	Novocastra		NCL-Ki67-MM1
CRF	Goat	1:100	Santa Cruz Biotechnology		sc-21675
CRFR1	Goat	1:200	Abcam		ab77686
ACTH		1:500	Dr. Allen, USA		
MC2R	Goat	1:500	Abcam		ab77347
GR	Rabbit	1:100	Santa Cruz Biotechnology		sc-8992
Secondary antibodies					
Antigen	Isotype	Dilution	Conjugate	Supplier	Cat. #
Anti-Goat IgG	Donkey	1:500	Alexa Fluor® 488	Life Technologies	A11055
Anti-Rabbit IgG	Goat	1:500	Alexa Fluor® 488	Life Technologies	A11008
Anti-Mouse IgG	Donkey	1:500	Alexa Fluor® 594	Life Technologies	A21203