



EDITOR'S
CHOICE

A fluke diagnosis

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DESCRIPTION

A 42-year-old man presented to the emergency department with a 1-week history of left iliac fossa pain, fever and diarrhoea. He reported no recent travel or unwell contacts. He originated in Sierra Leone but has lived in the UK for 15 years. His last visit to Sierra Leone was 5 years ago.

On examination, left iliac fossa tenderness was noted with suspicion of a palpable mass. He was febrile, tachycardic and normotensive. Blood tests revealed an elevated C reactive protein of 120 mg/L and a white cell count of 15.7 (neutrophils 12.7) $\times 10^6/\text{mL}$. The remainder of his blood tests were within normal limits, and blood cultures grew no organisms. Chest and abdominal X-rays revealed no abnormalities.

CT imaging demonstrated inflammation of the proximal sigmoid colon with an adjacent collection (figure 1). Possible sigmoid diverticular changes were also reported leading to a working diagnosis of acute diverticulitis with a sealed localised perforation.¹ Conservative treatment with intravenous antibiotics and analgesia resulted in a good clinical recovery and improvement of biochemical inflammatory markers. The patient was discharged, and an outpatient colonoscopy was planned.

Colonoscopy demonstrated a mild, patchy, resolving sigmoid colitis but no evidence of diverticular disease² (figure 2). Sigmoid biopsy samples revealed a viable schistosome ovum with surrounding granuloma, eosinophils and Splendore-Hoepli

phenomenon³ (figure 3A, B). The ovum was sub-typed as *Schistosoma mansoni* confirming the diagnosis of chronic schistosomal colitis with paracolic abscess formation.

Definitive treatment with a single, oral dose of praziquantel was administered. This is the treatment of choice for all species of schistosomes and has a reported cure rate of 65–90%.



Figure 2 Endoscopic images showing a mild, patchy, resolving sigmoid colitis.



Figure 1 CT images demonstrating inflammation of the proximal sigmoid colon with an adjacent collection (red arrow).

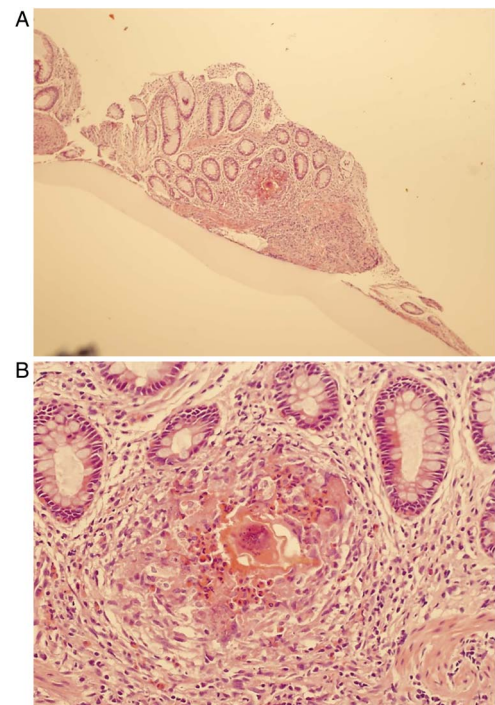


Figure 3 (A and B) Histology image of a sigmoid colon biopsy sample showing a viable schistosome ovum with surrounding granuloma, eosinophils and Splendore-Hoepli phenomenon (deposition of amorphous, hyaline material around a pathogenic organism as a result of local antigen–antibody reaction).



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Learning points

- ▶ It is important to take a detailed travel history from any patient with diarrhoeal symptoms. This should include relevant travel and residence abroad, which may extend back to childhood.
- ▶ Schistosomiasis affects over 200 million people worldwide. It can lay dormant for many years and should be considered in patients from endemic areas, presenting with suggestive features.
- ▶ Schistosomal infection can cause colitis and paracolic, granulomatous collections (sometimes referred to as 'bilharzomas'). Colonic involvement is usually confined to the descending and sigmoid colon because the adult worms have a tendency to enter the inferior mesenteric vein.

Contributors CT, SM-AM, MAS and SA involved in gaining consent, collecting data, writing the case report and submitting.

Competing interests None declared.

Patient consent Obtained.

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