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## A phase II study of paclitaxel for the treatment of ovarian stromal tumors: An NRG Oncology/ Gynecologic Oncology Group Study<sup>★</sup>

Elizabeth R. Burton<sup>a,\*</sup>, Mark Brady<sup>b</sup>, Howard D. Homesley<sup>c</sup>, Peter G. Rose<sup>d</sup>, Toshiaki Nakamura<sup>e</sup>, Joshua P. Kesterson<sup>f</sup>, Jacob Rotmensch<sup>g</sup>, J. Tate Thigpen<sup>h</sup>, and Linda Van Le<sup>i</sup>

<sup>a</sup> Hanjani Institute for Gynecologic Oncology, Abington Memorial Hospital, 1200 Old York Road, Abington, PA 19001, United States

<sup>b</sup> NRG Oncology Statistical Office, Roswell Park Cancer Institute, Elm & Carlton Streets, Buffalo, NY 14263, United States

<sup>c</sup> East Carolina University, Greenville, NC 27858, United States

<sup>d</sup> Cleveland Clinic Foundation, Cleveland, OH 44195, United States

<sup>e</sup> Kagoshima City Hospital, Department of OB/GYN, Kagoshima City 892 8580, Japan

<sup>f</sup> Hershey Medical Center, GYN/Oncology, Hershey, PA 17033, United States

<sup>g</sup> Rush-Presbyterian St. Lukes Medical Center, Chicago, IL 60612, United States

<sup>h</sup> University of Mississippi Medical Center, Jackson, MS 39216, United States

<sup>i</sup> University of North Carolina School of Medicine, 101 Manning Drive, Chapel Hill, NC 27514, United States

### Abstract

**Objective**—To estimate the probability of complete clinical response and toxicity of paclitaxel as second-line chemotherapy in measurable disease patients with malignant tumors of the ovarian stroma, and to evaluate the value of inhibin for predicting response.

**Methods**—Thirty-one patients with histologically confirmed ovarian stromal tumor were enrolled from 2000 to 2013. Patients were required to have measurable recurrent disease, and to have received only one prior chemotherapy regimen. Paclitaxel 175 mg/m<sup>2</sup> was administered over

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\* Corresponding author. eburton@abingtonhealth.org. eburton@abingtonhealth.org (E.R. Burton), mbrady@gogstats.org (M. Brady), homesleyh@ecu.edu (H.D. Homesley), rosep@ccf.org (P.G. Rose), nakamura@ml.kch.kagoshima.kagoshima.jp (T. Nakamura), jkesterson@hmc.psu.edu (J.P. Kesterson), Jacob\_rotmensch@rush.edu (J. Rotmensch), jthigpen@umc.edu (J. Tate Thigpen), lvl@med.unc.edu (L. Van Le).

#### Conflicts of interest

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a 3 hour infusion, cycling every 21 days. Inhibin levels were drawn within two weeks of initiation of treatment.

**Results**—Of 31 women enrolled, there was only one complete response (3.2%), and partial response in eight of 31 cases (25.8%). The pretreatment inhibin level for the single patient who had complete response was 88 pg/mL. Median progression-free survival was 10.0 months and overall survival was 73.6 months. Myelosuppression was common with 12 of 31 patients (38.7%) suffering grade 3 or 4 neutropenia, leukopenia, or anemia.

**Conclusion**—There were too few complete responses to warrant continued evaluation of paclitaxel as a single agent treatment for women with recurrent malignant ovarian stromal tumors with measurable disease according to the primary objective of the study. Toxicity of the regimen was acceptable. Pretreatment inhibin is not a reliable tumor marker as it was not elevated in the majority of patients.

### Keywords

Stromal tumor of ovary; Paclitaxel

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## 1. Introduction

Malignant sex cord stromal cell tumors comprise 2–8% of all ovarian cancers [1]. Stromal tumors can be benign or malignant and express a variety of markers and hormones. Granulosa cell tumors are the most common malignant stromal tumor. The less common ovarian sex cord stromal tumors include Sertoli–Leydig types which may produce androgenic hormones and span benign to malignant phenotypes. Rare stromal tumors include granulosa cell–theca cell tumor, steroid cell tumor, gynandroblastoma, unclassified sex cord stromal tumors, and sex cord tumor with annular tubules.

Patients with stage I malignant stromal tumors have a favorable prognosis with surgical treatment alone, however, women with advanced and recurrent disease have a poor prognosis and are commonly treated with chemotherapy. Most studies have focused on the behavior of these tumors which present in early stage when adjuvant therapy is not needed. However, these tumors are on occasion indolent and late recurrences can occur.

Due to the rarity of these tumors, defining adjuvant and therapeutic regimens has been difficult. Studies have evaluated agents such as 5-fluorouracil, vincristine, dactinomycin, and cyclophosphamide. None of these agents attained significant clinical response [2, 3]. Case reports and series have described varying degrees of success with combinations of cisplatin, doxorubicin, cyclophosphamide, and altretamide [4–7]. In 1996, Gershenson et al. proposed treatment with a combination of bleomycin, cisplatin, and etoposide (BEP) [8]. In that study of nine patients, of the six with measurable disease there was a 33% complete response and 50% partial response observed. In 1999, a Gynecologic Oncology Group (GOG) study by Homesley et al. evaluated this similar regimen with 16 women with primary disease and 41 with recurrent disease, and confirmed activity of this combination. The end point used for response was second-look laparotomy. Of patients undergoing second-look laparotomy, 37% (14/38) had negative findings [9]. As a result of this study, BEP became the standard of care

for treatment of stromal cell tumors. A few clinical trials have studied the more rare androgen-based sex cord stromal tumors and none resulted in clear clinical recommendation for treatment. Consequently, androgenbased sex cord stromal tumors have been combined with granulosa cell tumors for the purpose of study and treatment.

Paclitaxel, originally derived from the Pacific Yew tree, belongs to a class of drugs whose prime mechanism of action is the disruption of microtubule activity and thus is considered a mitotic inhibitor. In the pivotal study by McGuire et al., a taxane/platin regimen emerged as the standard of care for treatment of epithelial ovarian cancer [10]. GOG-187 was designed to evaluate the clinical response and toxicity of single agent paclitaxel as second-line therapy in patients with measurable recurrent malignant stromal tumor and to evaluate the value of inhibin A and inhibin B as predictors of tumor response.

## 2. Materials and methods

Women diagnosed with histologically confirmed ovarian stromal tumor were eligible for enrollment. Initially, patients with any measurable disease were enrolled including those receiving first-line therapy. The protocol was later amended, requiring patients to have recurrent disease and to have received only one previous chemotherapy regimen. Measurable disease was required as defined by GOG Response Evaluation Criteria in Solid Tumors (RECIST) criteria [11]. Stromal histology included: granulosa cell tumor, granulosa cell-theca cell tumor, Sertoli–Leydig cell tumor, steroid cell tumor, gynandroblastoma, unclassified sex cord stromal tumors, and sex cord tumor with annular tubules. Patients were required to have GOG performance status of 0, 1, or 2. Histologic confirmation was performed by central review by the GOG Pathology Committee. Adequate bone marrow function was required as defined by: absolute neutrophil counts (ANC) greater than or equal to  $1500/\mu\text{l}$ , platelet count greater than  $100,000/\mu\text{l}$ , hepatic function (bilirubin  $\leq 1.5$  times institutional upper limit of normal), and SGOT and alkaline phosphatase  $\leq 2.5$  times institutional upper limit of normal.

The GOG protocol and consent were approved by each participating institution. The protocol was reviewed annually by the Institutional Review Board. Patients were enrolled after obtaining informed consent. Each patient had been treated with first-line therapy as chosen by her physician. Patients with persistent/stable disease or progression were eligible for trial entry. Serum inhibin A and inhibin B were drawn to monitor response to therapy. Paclitaxel at  $175 \text{ mg}/\text{m}^2$  was administered over a 3 hour infusion, cycling every 21 days until progression or adverse events prohibited additional treatment. When a patient had a complete response, two additional courses of paclitaxel were administered. Maximum body surface area calculated for dosing was  $2.0 \text{ m}^2$  as per GOG Chemotherapy procedures manual. CT of the chest, abdomen and pelvis was performed within 28 days of initiation of treatment and repeated every other cycle. If disease was followed by physical exam, measurements were repeated every cycle while on therapy. Inhibin levels were drawn within two weeks of initiation of treatment.

Patients received paclitaxel administered at  $175 \text{ mg}/\text{m}^2$  IV over 3 h on day one of a 21-day cycle. Pre-medication for paclitaxel infusion was at the discretion of the investigator,

however, oral/IV dexamethasone, IV diphenhydramine, and IV H2 blockers were recommended.

Patients continued receiving treatment if white blood cell count was  $\geq 3000/\text{mcl}$  and platelet counts were  $\geq 100,000/\text{mcl}$ . Modification was made for patients with febrile neutropenia or sepsis. For these patients, a dose reduction of one level, to a dose of  $135 \text{ mg}/\text{m}^2$ , was initiated. Use of G-CSF was allowed at the discretion of the investigator. A delay of greater than two weeks resulted in a dose reduction to  $135 \text{ mg}/\text{m}^2$ . Patients who were delayed more than three weeks were removed from study. Re-escalation was allowed if a dose reduction was initiated due to low white count or platelet count in a previous cycle or for patients who experienced Grade 0/1 hematologic toxicity without other organ toxicity. In these cases, dosing was escalated by one level for each subsequent course until maximum dosing was reached. Grade 3 or grade 4 GI toxicity required a two dose level reduction, to a dose of  $110 \text{ mg}/\text{m}^2$ , if the toxicities were due to mucositis or diarrhea. Any other grade 4 GI toxicity was accompanied by a dose reduction to  $135 \text{ mg}/\text{m}^2$ . In regard to hepatic toxicity, grade 3 or grade 4 hepatic toxicity required one dose level reduction in subsequent courses. For renal toxicity of grade 2 or greater, not clearly due to obstructive uropathy, a dose reduction to  $135 \text{ mg}/\text{m}^2$  was performed.

The primary measure of treatment efficacy in this study is complete clinical response. This study implemented an optimal and flexible two-stage accrual design [12]. The number of individuals enrolled during each stage of the study was allowed to vary in order to account for the complexities of managing a multi-institutional study or the potential for enrolling patients who could eventually be deemed ineligible following centralized review. During the first stage of accrual between 15 and 22 patients were to be enrolled, and at least one complete response out of the 15–16 enrolled or two complete responses out of the 17–22 enrolled was required in order to advance to the second stage of accrual. If the second stage of accrual was warranted, then enrollment would continue until a total of 30–37 eligible patients were enrolled onto the study. If there were more than two complete responses out of 30–31 enrolled or three complete responses out of 32–37, then the regimen would be deemed sufficiently active to warrant further investigation. This design provides an average of 90% power for detecting a treatment that has a true 20% complete response probability, when the type I error is set to 10% for a one-sided test of the null hypothesis that the true complete response rate is no more than 5%. These type I and II errors are averaged over all allowable enrollment configurations [12].

### 3. Results

#### 3.1. Patient characteristics

During the first stage of accrual 15 patients were enrolled from 2000 to 2004 and one complete responder was reported in this cohort. Therefore, a second stage of accrual was initiated during which 16 additional patients were enrolled from 2005 to 2012. In total, 31 patients, all with recurrent disease, were enrolled in this study. Patient characteristics are summarized in Table 1. The majority of patients were non-Hispanic white (18/31). The majority had a performance status of 0 (25/31). Three patients had been treated with prior radiation, and one patient had had prior immunotherapy. Twenty-four patients had received

prior chemotherapy, and three patients had had previous hormone therapy. Pretreatment inhibin levels were available for 30 of 31 patients, and they ranged from 1.8 to 1062 pg/mL with the majority (12/30, 40%) having initial levels of  $\leq 10$  pg/mL. Twelve of 30 (40.0%) patients with measured inhibin levels had pretreatment levels of  $\leq 10$  pg/mL. Ten of 23 (33.3%) had a value in the range of 11–100 pg/mL. Eight patients (26.7%) had a pretreatment inhibin value of  $> 100$  pg/mL. The pretreatment inhibin level for the single patient who experienced a complete response was 88 pg/mL. Over half of the patients enrolled received greater than five cycles of treatment. The range of treatment cycles was 1–46.

### 3.2. Patient response

There was one complete response (3.2%, 80% CI: [0.74%–15.3%]) and 8 (25.8%) partial responses. Fifteen (48.4%) patients had stable disease while six (19.3%) patients progressed on treatment. One patient was indeterminate. At the time of analysis, 27 of 31 (87.1%) had progressed. Sixteen (51.6%) were dead of disease and 11 (35.5%) were alive with progression. Only four (12.9%) were alive without progression of disease. The median duration of follow-up among those who were alive at last contact was 5.6 years. Median progression-free survival (PFS) was 10.0 months and overall survival was 73.6 months. Treatment response is shown in Table 2, and survival curves are shown in Fig. 1.

### 3.3. Toxicity

Adverse events were classified and graded based on Common Toxicity Criteria version 2.0. Myelosuppression was common, with 12 of the 31 patients (38.7%) experiencing at least one instance of grade 3 or grade 4 neutropenia (11 individuals), leukopenia (2 individuals), or anemia (1 individual). Grade 2 dermatologic adverse events were reported in 19/31 (61.3%). There were no deaths attributed to the study treatment. Overall, the treatment was well-tolerated.

## 4. Discussion

In our study of 31 patients only one had a complete response. According to the primary objective of the study, our data do not justify continuing to evaluate single agent paclitaxel administered every three weeks for women with recurrent measurable malignant stromal tumor of the ovary. Alternatively, paclitaxel may be evaluated with a different administration schedule. We delivered paclitaxel on day one every three weeks at 175 mg/m<sup>2</sup>. In epithelial ovarian cancer, the Japanese GOG demonstrated that weekly (dose-dense) paclitaxel improved median PFS and 3 year survival, with a continuation of this trend at a median follow-up of 6.4 years [13,14]. Weekly paclitaxel may have an anti-angiogenic effect in epithelial ovarian cancer. A similar anti-angiogenic effect due to dose-dense paclitaxel may also occur in stromal cell tumors of the ovary. A recent GOG phase 2 trial demonstrated the efficacy and safety of bevacizumab in recurrent sex cord stromal ovarian tumors with a 16.7% partial response rate and 77.8% patients with stable disease [15]. In this GOG phase 2 trial, patients were allowed unlimited prior therapy with the exception of bevacizumab. Thirty-three of 36 patients (91.7%) had received prior chemotherapy with a median of two prior regimens. 6 patients had had prior radiation therapy. This trial concluded that

bevacizumab had activity in recurrent sex cord stromal tumors. It may be reasonable for future trials to include a dose-dense approach to paclitaxel administration in an effort to mimic the anti-tumorigenic effects of biologics such as bevacizumab, but with a different toxicity profile.

Brown et al. compared BEP to taxane-based therapy. In this retrospective study the authors found that while patients treated with BEP had a higher response rate than those treated with taxanes, the difference was not statistically significant. However, there was a better toxicity profile for the group who received taxane as a single agent. Additionally, they suggested that the taxane group may have had a more durable response. However, when the taxane arm excluded those patients that received platinum in combination, the response rate was considerably lower (18% versus 60%) [16]. This retrospective study evaluated patients who received platinum combination therapy with those who received single agent taxane therapy. At the same time, our prospective trial was underway to evaluate single agent paclitaxel without the addition of a platinum agent.

The prognostic factors associated with survival in stromal tumors of the ovary range widely, from tumor size to stage. Prior studies generally included only small numbers of patients, and therefore there is much variation when drawing conclusions about prognostic factors.

Inhibin A and inhibin B as well as anti-Mullerian hormone may be effective tumor markers for recurrence or progression of disease in sex cord stromal tumors of the ovary [17,18]. Pretreatment inhibin levels were available in 30 patients. Twelve of 30 patients had pretreatment inhibin levels at  $\leq 10$  pg/mL. Thus, inhibin may not always be an effective tumor marker particularly if it not elevated at the time of recurrence. As there is no prospective trial of stromal tumors that report inhibin levels, future trials should investigate inhibin A and inhibin B levels prior to treatment and the correlation of levels with response to treatment.

Suri et al. found that diabetes had an associated increased risk of recurrent ovarian granulosa cell tumor with a hazard ratio of 3.19 [19]. In their study, 20% of the population had diabetes, so the data may not have been applicable to a larger, more diverse population. Metformin, an anti-diabetic medication from the biguanide class, is at the center of exciting and relatively new investigation. Recent epidemiologic evidence suggests that metformin use lowers cancer risk and reduces cancer deaths among diabetic patients. [20–22]. Metformin has an anti-tumorigenic which effect may be due to the reduction of circulating insulin levels, or a direct action in the inhibition of the mTOR pathway. The GOG is currently studying patients with advanced or recurrent endometrial cancer. Many stromal tumors of the ovary are similarly hormone-driven, therefore, it is possible that metformin has a role in the adjuvant treatment of this rare tumor.

A variety of novel biologic agents are currently being evaluated for activity in stromal cell tumors. Enzatumamide is a new generation of anti-androgenic agent approved for prostate cancer [23]. Enzatumamide's target is steroidogenesis by way of CYP17 inhibition. Total ablation of androgen production by potent CYP17 inhibition is the goal of enzatumamide and many other agents [24]. Androgen receptors are abundant in granulosa cell tumors. When



the FOXL2 gene is mutated, it causes increased CYP17 expression and subsequent increase in androgen synthesis. As the mutated FOXL2 gene results in an increased CYP17 expression, it follows that inhibition of this enzyme may reverse the effect of the FOXL2 gene mutation. Additional inhibition of CYP17 may be achieved by other novel agents such as abiraterone, also used in prostate cancer, as well as ketoconazole, which has been used in granulosa cell ovarian tumors [24,25]. Bevacizumab and other antiangiogenesis agents such as cediranib are also being studied in recurrent stromal tumors of the ovary [26].

As the armamentarium of active agents against advanced or recurrent stromal ovary tumors increases, cytotoxic agents remain among the most active. While single agent paclitaxel did not produce a robust response in the patients enrolled in this trial, there may be a role for dose-dense paclitaxel or the combination of paclitaxel and novel biologic agents in the treatment of advanced or recurrent stromal tumor of the ovary. We reaffirm that the toxicity of paclitaxel at the dose and regimen described is acceptable. In the case of malignant stromal ovarian tumors, rarity coupled with the indolent nature and overall good prognosis in early stage, makes prospective studies difficult. It took 13 years to accrue 31 patients with measurable recurrent disease. We must continue to work within the constraints that are inherent in studying the rare and indolent tumor that is stromal tumor of the ovary. Current clinical trials are decreasing the length of time for accrual by fostering international relationships and scientific collaboration [27]. Among other methods, international collaboration will allow more rapid study of rare tumors which are inherently difficult to study.

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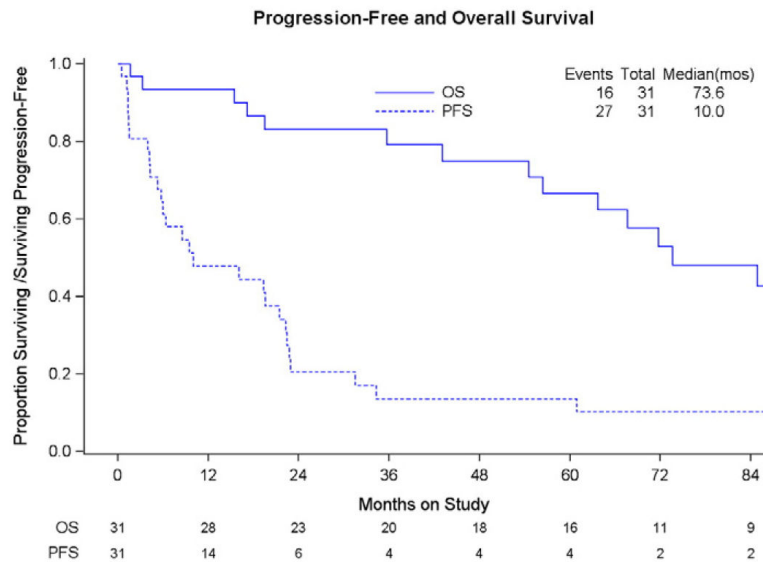
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### HIGHLIGHTS

- Paclitaxel has activity in recurrent, malignant stromal tumor of the ovary.
- There was a complete response in 3.2% and partial response in 25.8% of women.
- Inhibin is not a reliable tumor marker.



**Fig. 1.** Median duration of follow-up for patients who were alive at last contact is 5.6 years.

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**Table 1**

Patient characteristics.

| Characteristics                     | No. of cases | % of cases |
|-------------------------------------|--------------|------------|
| <i>Age</i>                          |              |            |
| <40                                 | 7            | 22.6       |
| 40–49                               | 8            | 25.8       |
| 50–59                               | 9            | 29.0       |
| 60                                  | 7            | 22.6       |
| <i>Race</i>                         |              |            |
| Non-Hispanic Black                  | 7            | 22.6       |
| Non-Hispanic White                  | 18           | 58.1       |
| Hispanic                            | 2            | 6.4        |
| Asian/Pacific Islander              | 4            | 12.9       |
| <i>Disease status</i>               |              |            |
| Previously untreated                | 0            | 0.0        |
| Recurrent disease                   | 31           | 100.0      |
| <i>Performance status</i>           |              |            |
| 0                                   | 25           | 80.6       |
| 1                                   | 5            | 16.1       |
| 2                                   | 1            | 3.2        |
| <i>Prior radiotherapy</i>           |              |            |
| Yes                                 | 3            | 9.7        |
| No                                  | 28           | 90.3       |
| <i>Prior immunotherapy</i>          |              |            |
| Yes                                 | 1            | 3.2        |
| No                                  | 30           | 96.8       |
| <i>Prior chemotherapy</i>           |              |            |
| Yes                                 | 24           | 77.4       |
| No                                  | 7            | 22.6       |
| <i>Prior hormone therapy</i>        |              |            |
| Yes                                 | 3            | 9.7        |
| No                                  | 28           | 90.3       |
| <i>Pretreatment Inhibin (pg/mL)</i> |              |            |
| 10                                  | 12           | 38.7       |
| 11–100                              | 10           | 32.2       |
| >100                                | 1            | 3.2        |

**Table 2**

Clinical response.

| Characteristics    | No. of cases | % of cases |
|--------------------|--------------|------------|
| Response           |              |            |
| Complete response  | 1            | 3.2        |
| Partial response   | 8            | 25.8       |
| Stable disease     | 15           | 48.4       |
| Increasing disease | 6            | 19.3       |
| Indeterminate      | 1            | 3.2        |

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