

Checkpoint inhibitors in lung cancer: latest developments and clinical potential

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Abstract: Lung cancer is the leading cause of cancer death in the United States. The vast majority of patients are diagnosed with metastatic disease with a 5-year survival rate of less than 5%. After first-line chemotherapy or biomarker-matched targeted therapy, only suitable for a small group of patients, further systemic therapy options rendered very limited, if any, benefit until recently. Checkpoint inhibitors have significantly improved outcomes in patients with metastatic non-small cell lung cancer (NSCLC) and are currently an established second-line therapeutic option. In this manuscript, we review the mechanism of action of checkpoint inhibitors, present the available data with approved and experimental agents, discuss the progress that has already been made in the field, as well as toxicity awareness, and future perspectives.

Keywords: lung cancer, immunotherapy, checkpoint inhibitor

Introduction

Lung cancer is the leading cause of cancer death in the United States, with only 17.4% of patients being alive after 5 years [Howlader *et al.* 2015]. In 2015, an estimated number of 221,200 new cases were diagnosed and 158,040 deaths occurred [Siegel *et al.* 2015]. Approximately 85% of lung cancers can be classified as non-small cell lung cancer (NSCLC), divided into two major groups by histology: squamous (Sq) and nonsquamous (non-Sq). Early-stage disease is potentially curable, although curative-intent surgical resections are feasible in only 25–30% of patients. In some cases of locally advanced disease, definitive chemoradiation therapy offers a possibility of cure [Howington *et al.* 2013]. Unfortunately, 57% of patients have already distant metastatic disease at diagnosis with a 5-year survival rate of less than 5% [Howlader *et al.* 2015].

Much progress has been made recently to increase survival rates for patients with advanced disease. Targeted therapies against epidermal growth-factor receptor (EGFR), anaplastic lymphoma kinase (ALK), and ROS1 have significantly improved outcomes for a molecularly defined subgroup of patients harboring respectively EGFR activating mutations, ALK or ROS1 translocations [Rosell *et al.* 2012; Solomon *et al.* 2014;

Chan and Hughes, 2015; Khozin *et al.* 2015]. However, for the remaining majority of patients with nontargetable genomic alterations, platinum-based chemotherapy is still the backbone of first-line therapy in the metastatic setting [Leighl, 2012]. There can be benefit in non-Sq NSCLC from the addition of the vascular endothelium growth-factor (VEGF) inhibitor bevacizumab [Sandler *et al.* 2006; Zhou *et al.* 2015]. Upon progression, until recently, single-agent chemotherapy for patients with a good performance status was the therapy of choice, rendering response in up to 10% of patients and a median progression-free survival (PFS) of ~2.5 months, at the cost of significant toxicity [Leighl, 2012; Melosky, 2014; Thatcher *et al.* 2015]. This scenario was urging for new therapeutic options that would result in higher and durable responses and ultimately improve patient's quality of life and outcomes.

Accompanying melanomas and kidney cancers [Larkin *et al.* 2015; Motzer *et al.* 2015; Robert *et al.* 2015], recent studies have shown encouraging activity of checkpoint inhibitors in NSCLC, changing the treatment paradigm of this disease. Two programmed death-1 (PD-1) inhibitors named nivolumab and pembrolizumab have been approved by the Food and Drug Administration (FDA) to treat metastatic disease in second line.

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Several clinical trials are ongoing to expand the indications for this class of drugs, including testing PD-1 and programmed death-ligand-1 (PD-L1) inhibitors as monotherapies in first line, combination trials with cytotoxic T lymphocyte-associated antigen-4 (CTLA-4) antibodies, targeted therapy, chemotherapy, radiotherapy and vaccines. Studies are being conducted both in the refractory and front-line setting, aspiring to take over as protagonists in the fierce battle against lung cancer.

The objective of this review is to present the progress already made with checkpoint inhibition in lung cancer, outline the ongoing research in the field, and discuss the promising perspectives for the future.

Mechanism of action of programmed death-1 pathway

T cells require two signals to become fully activated [Lafferty *et al.* 1978]. The first signal comes from the interaction of T-cell receptors (TCR) with the antigen-peptide major-histocompatibility complex (MHC), which gives specificity to the immune response. To be fully activated, T cells need a costimulatory antigen-dependent signal that occurs through the interaction between CD28 on T cells and B7-1 and B7-2 on the antigen-presenting cells (APC). Expression of CTLA-4 by T cells represents one important mechanism to prevent overstimulation of the immune system. CTLA-4 has a 100-fold higher affinity with the B7 complex than CD28, and this interaction leads to an inhibitory effect on the cell [Pardoll, 2012]. Therefore, CTLA-4 inhibitors were developed to release these breaks. This class of drugs is currently approved for melanoma and being studied in lung cancer.

Another important mechanism of immune-response evasion is regulated by PD-L1 expression. PD-L1 binds to PD-1 on the T cells and thus initiates a dual mechanism of inhibition, by promoting apoptosis in antigen-specific T cells in lymph nodes and simultaneously reducing apoptosis in regulatory T cells (Tregs), which have a suppressor role (Figure 1). After the interaction takes place, PD-1 is phosphorylated on its two intracellular tyrosines and subsequently binds two phosphatases, SHP-1 and SHP-2. These two phosphatases can bind to the immunoreceptor tyrosine-based inhibitory motif (ITIM) and immunoreceptor tyrosine-based

switch motif (ITSM) of PD-1 downregulating antigen-receptor signaling. When ITSM alone is mutated, PD-1 loses its inhibitory function, making this tyrosine of pivotal role in PD-1 inhibition [Okazaki *et al.* 2001; Konishi *et al.* 2004; Sheppard *et al.* 2004; Keir *et al.* 2008]. It is important to notice that PD-L1, but not PD-L2, has greater affinity for B7-1 than CD28, which further increases the inhibitory effect on the pathway. In addition, PD-L2 expression was shown to be restricted to APC and Th2 cells [Lesterhuis *et al.* 2011]. Therefore, although PD-1 also binds PD-L2, several preclinical studies have shown that inhibiting PD-L2 does not result in effective T-cell activity as compared with PD-L1 inhibition [Keir *et al.* 2008; Lesterhuis *et al.* 2011].

Current practice and completed or ongoing clinical trials

To date, there are two checkpoint inhibitors approved by the FDA as second-line therapy for NSCLC: nivolumab, approved for NSCLC independently of PD-L1 expression, and pembrolizumab, only approved for PD-L1-positive NSCLC. Below, we summarize the available data for the two approved inhibitors. In addition, we describe other agents that have shown clinical activity in lung cancer and are currently in clinical development (Table 1).

Nivolumab

Nivolumab is a fully human IgG4 monoclonal antibody that binds to and blocks the activation of PD-1 by its ligand. It is currently approved as front-line monotherapy or in combination with ipilimumab for advanced melanoma, as second-line therapy for metastatic renal clear-cell carcinoma, and for advanced NSCLC that progressed on initial therapy.

Nivolumab was initially approved in March 2015 for advanced SqNSCLC based on an open-label, multicenter, randomized phase III trial (CheckMate 017) [Brahmer *et al.* 2015] that allocated patients to receive either nivolumab ($n = 135$), 3 mg/kg intravenously (IV) every 2 weeks, or docetaxel ($n = 137$), 75 mg/m² IV every 3 weeks. The primary outcome, median overall survival (OS), was significantly higher in the nivolumab group (9.2 *versus* 6 months [hazard ratio (HR) 0.59; 95% CI, 0.44–0.79; $p = 0.00025$]). The median PFS was 3.5 months with nivolumab

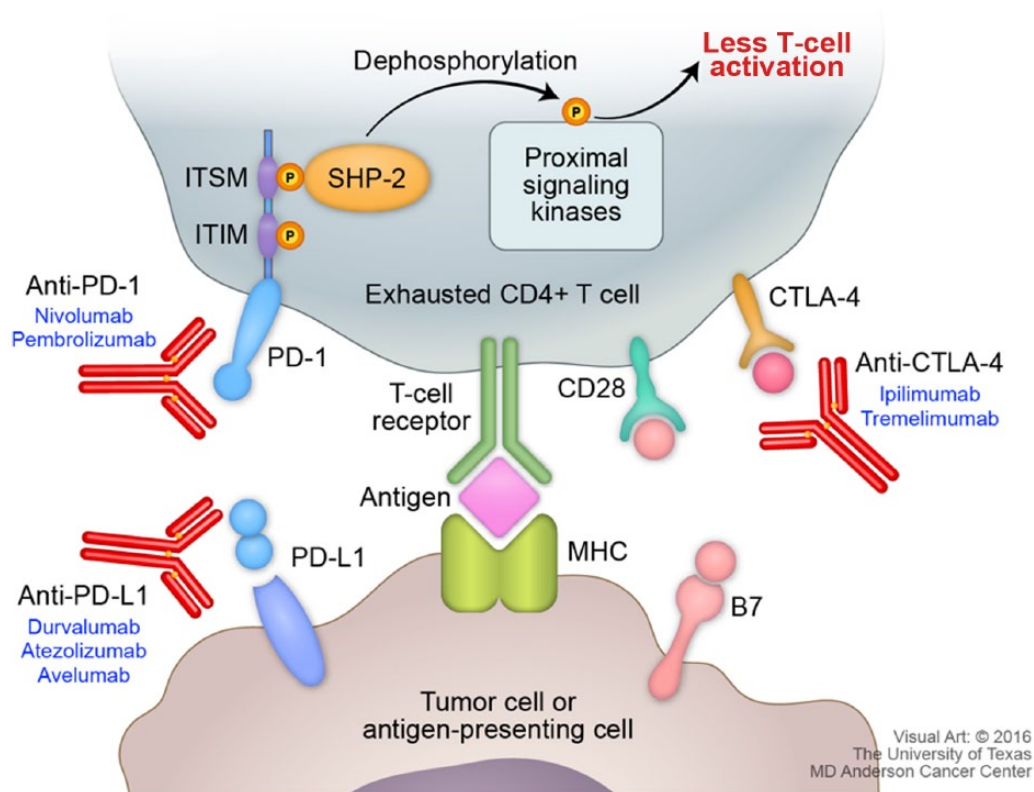


Figure 1. PD-1/PD-L1 pathway and immunotherapy targets.

ITSM, immunoreceptor tyrosine-based switch motif; ITIM, immunoreceptor tyrosine-based inhibitory motif; PD-1, programmed-death 1; PD-L1, programmed death-ligand 1; CD28, cluster of differentiation 28; MHC, major histocompatibility complex; SHP-2, Src homology 2 (SH2) domain containing non-transmembrane PTP; B7, B7 protein; CTLA-4, cytotoxic T-lymphocyte associated protein 4.

versus 2.8 months with docetaxel (HR for death or disease progression, 0.62; 95% CI, 0.47–0.81; $p < 0.001$). Response rates were also higher with nivolumab (20% *versus* 9%, $p < 0.002$).

The approval for non-SqNSCLC was issued in October 2015, based on demonstration of improvement in OS in an international, multicenter, open-label phase III clinical trial (CheckMate 057) [Borghaei *et al.* 2015] that randomized (1:1) patients to receive either nivolumab ($n = 292$), 3 mg/kg every 2 weeks or docetaxel ($n = 290$), 75 mg/m² every 3 weeks. Overall survival was improved with a HR of 0.73 (95% CI, 0.60–0.89; $p < 0.002$). Median OS was 12.2 months in patients treated with nivolumab, compared with 9.4 months in the docetaxel group. Response rates were higher with nivolumab *versus* docetaxel (19% *versus* 12%, $p = 0.02$). Although PFS did not favor nivolumab over docetaxel (median 2.3 *versus* 4.2 months, respectively), the rate of PFS at 1 year was higher with nivolumab than with docetaxel (19% and 8%, respectively).

Nivolumab is currently being studied in ongoing phase III trials in the front-line setting [ClinicalTrials.gov identifiers: NCT02477826 and NCT02041533] and in the adjuvant setting [ClinicalTrials.gov identifier: NCT02595944]. Several other studies combining nivolumab with chemotherapy, immunotherapy and targeted therapies are ongoing, as listed in Table 2.

Pembrolizumab

Pembrolizumab is a humanized IgG4 PD-1-blocking antibody, currently approved for unresectable or metastatic melanoma as initial therapy or for refractory settings. It was granted accelerated approval for NSCLC, both Sq and non-Sq, based on the results of a randomized phase II/III trial (KEYNOTE-010) that included patients with previously treated advanced NSCLC who were PD-L1 positive in tumor cells by immunohistochemistry ($\geq 1\%$) [Herbst *et al.* 2015]. There were three arms in this trial: pembrolizumab at 2 mg/kg ($n = 345$), pembrolizumab at 10 mg/kg

Table 1. Completed trials with checkpoint inhibitors in non-small cell lung cancer.

Author	Phase	Histology/line of treatment	Drug (dose)	Patients (n)	ORR (%)	PFS (%)	OS (%)
Brahmer <i>et al.</i> [2014]; Gettinger <i>et al.</i> [2015]	Ib	NSCLC/second	Nivolumab (1 mg/kg)	33	3.0	1.8	9.2
			Nivolumab (3 mg/kg)	37	24.3	1.9	14.9
			Nivolumab (10 mg/kg)	59	20.3	3.7	9.2
Rizvi <i>et al.</i> [2015c]	II	SqNSCLC/third	Nivolumab (3 mg/kg)	117	14.5	1.9	8.2
Rizvi <i>et al.</i> [2014]	I	EGFR-mutant/first	Nivolumab (3 mg/kg) + erlotinib (150 mg)	21	19	6.8	NR
Nishio <i>et al.</i> [2015]	II	SqNSCLC/second	Nivolumab (3 mg/kg)	35	25.7	4.2	NYR
Nishio <i>et al.</i> [2015]	II	Non-SqNSCLC/ second	Nivolumab (3 mg/kg)	76	19.7	2.8	NYR
Brahmer <i>et al.</i> [2015]	III	SqNSCLC/second	Nivolumab (3 mg/kg)	135	20	3.5	9.2
Borghaei <i>et al.</i> [2015]	III	Non-SqNSCLC/ second	Nivolumab (3 mg/kg)	292	19	2.3	12.2
Antonia <i>et al.</i> [2014]	I	NSCLC/second	Nivolumab (1–3 mg/kg) + ipilimumab (1–3 mg/kg)	49	11–33	NR	NR
Garon <i>et al.</i> [2015]	I	NSCLC/first–fifth	Pembrolizumab (10 mg/kg) q3w	287	19.2	3.7	12.0
		NSCLC/first–fifth	Pembrolizumab (10 mg/kg) q2w	202	19.3	3.7	12.0
		Non-SqNSCLC/ first–fifth	Pembrolizumab (2 mg/kg) q3w	6	33.3	3.7	12.0
Patnaik <i>et al.</i> [2015]	I/II	NSCLC/second	Pembrolizumab (2–10 mg/kg) + ipilimumab (1–3 mg/kg)	18	39	NR	NR
Herbst <i>et al.</i> [2015]	II/III	NSCLC/second	Pembrolizumab (2 mg/kg)	345	18	3.9	10.4
			Pembrolizumab (10 mg/kg)	346	18	4.0	12.7
Horn <i>et al.</i> [2015]	I	NSCLC/second	Atezolizumab (1–20 mg/kg)	88	23	4	16
Spigel <i>et al.</i> [2015]	II	NSCLC/second (no brain metastases)	Atezolizumab (1200 mg)	93	17	3.5	10.6
		NSCLC/second (previously treated brain metastases)	Atezolizumab (1200 mg)	13	23	4.3	6.8
Spira <i>et al.</i> [2015]	II	NSCLC/second	Atezolizumab (1200 mg)	144	15	2.8	11.4
Rizvi <i>et al.</i> [2015a]	I/II	NSCLC/first–third	Durvalumab (10 mg/kg)	228	16	NR	NR
Antonia <i>et al.</i> [2016a]	Ib	NSCLC/second	Durvalumab (3–20 mg/kg) + tremelimumab (1–10 mg/kg)	102	27	NR	NR
Gulley <i>et al.</i> [2015]	Ib	NSCLC/second	Avelumab (10 mg/kg)	184	13.6	2.7	8.4

ORR, overall response rate; PFS, progression-free survival; OS, overall survival; NR, not reported; NYR, not yet reached; NA, nonapplicable; NSCLC, non-small cell lung cancer; Sq, squamous; EGFR, endothelial growth factor receptor; q3w, every three weeks; q2w, every two weeks.

($n = 346$), and docetaxel at 75 mg/m^2 ($n = 343$) administered every 3 weeks. The median OS was 10.4 months for the lower dose of pembrolizumab, 12.7 months for the higher dose, and 8.5 months for docetaxel. OS was significantly longer

for both doses of pembrolizumab when compared with docetaxel (pembrolizumab 2 mg/kg: HR, 0.71; 95% CI, 0.58–0.88; $p = 0.0008$) (pembrolizumab 10 mg/kg: HR, 0.61; 95% CI, 0.49–0.75; $p < 0.0001$). Response rate was 18% for both

Table 2. Ongoing phase III trials with PD-1 and PD-L1 inhibitors in lung cancer.

Drug	Manufacturer	Study name	Primary endpoint	Histology/line of treatment	ClinicalTrials.gov identifier
Nivolumab <i>versus</i> SOC	Bristol-Myers Squibb	CheckMate 026	PFS	NSCLC PD-L1 +/- first	NCT02041533
Nivolumab <i>versus</i> nivolumab + ipilimumab <i>versus</i> nivolumab + chemotherapy <i>versus</i> SOC		CheckMate 227	OS/PFS	NSCLC/first	NCT02477826
Nivolumab <i>versus</i> SOC		CheckMate 331	OS	SCLC/second	NCT02481830
Pembrolizumab <i>versus</i> SOC	Merck	KEYNOTE 024	PFS	NSCLC PD-L1 +/- first	NCT02142738
Pembrolizumab <i>versus</i> SOC		KEYNOTE 042	OS	NSCLC PD-L1 +/- first	NCT02220894
SOC ± Pembrolizumab		KEYNOTE 189	PFS	NSCLC/first	NCT02578680
Pembrolizumab <i>versus</i> placebo		KEYNOTE 091	DFS	NSCLC/adjuvant	NCT02504372
Durvalumab ± tremelimumab <i>versus</i> SOC	AstraZeneca	MYSTIC	PFS	NSCLC/first	NCT02453282
Osimertinib ± durvalumab		CAURAL	PFS	NSCLC EGFR-mutant/second	NCT02454933
Atezolizumab <i>versus</i> SOC	Roche/Genentech	IMpower 111	PFS	NSCLC/first	NCT02409355
SOC ± atezolizumab		IMpower 132	PFS	NSCLC/first	NCT02657434
Avelumab <i>versus</i> SOC	EMD Serono	JAVELIN 100	PFS	NSCLC PD-L1 +/- first	NCT02576574
Avelumab <i>versus</i> docetaxel		JAVELIN 200	OS	NSCLC/second	NCT02395172

NCT, national clinical trial; SOC, standard of care; NSCLC, non-small cell lung cancer; SCLC, small cell lung cancer; EGFR, endothelial growth-factor receptor; OS, overall survival; PFS, progression-free survival; DFS, disease-free survival.

pembrolizumab groups against 9% for the docetaxel group.

Pembrolizumab carries the advantage of a slightly more convenient schedule as compared with nivolumab (every 3 weeks, rather than every 2 weeks). Response outcomes were comparable, however pembrolizumab's study, KEYNOTE-010, was designed accruing only patients with PD-L1-positive tumors. This became a requirement for the FDA's approval, which certainly decreases the eligibility for the drug, given that PD-L1 expression, although widely varied among published data (13–70%), is present in fewer than half of tumors in most cases [Kerr *et al.* 2015]. In addition, a second biopsy of the tumor would be often necessary, since PD-L1 expression is an adaptive maneuver by tumor cells to evade the immune system, usually associated with a more resistant line of cells.

Ongoing studies are assessing pembrolizumab as first-line therapy (KEYNOTE-024 [ClinicalTrials.gov identifier: NCT02142738] and

KEYNOTE-042 [ClinicalTrials.gov identifier: NCT02220894]) and as adjuvant therapy (PEARLS [ClinicalTrials.gov identifier: NCT02504372]).

Durvalumab

Durvalumab (MEDI4736) is a selective, high-affinity human IgG1 monoclonal antibody that blocks PD-L1 binding to PD-1 and CD80, but does not bind to PD-L2, avoiding potential immune-related toxic effects due to PD-L2 inhibition, previously noted in animal models. Its safety and efficacy was reported in a phase I/II multicenter trial evaluating heavily pretreated patients with NSCLC [Rizvi *et al.* 2015a]. Durvalumab was administered at 10 mg/kg every 2 weeks until intolerable toxicity or disease progression for up to 12 months. A total of 149 patients were evaluable for response; overall response rate (ORR) was 14% (23% in PD-L1-positive tumors) and disease control rate (DCR) at 24 weeks was 24%. ORR was higher in Sq (21%) *versus* non-Sq (10%) histology. Responses

were durable, with 76% ongoing at the time of the report.

A phase I/II dose-escalation and dose-expansion study reported its preliminary results on durvalumab as first-line therapy [Antonia *et al.* 2016b]. In 59 patients, it demonstrated an ORR of 25%, with 11 of the 12 responders having PD-L1 expression (the trial was amended to restrict enrollment to PD-L1+ tumors after initial poor response among the PD-L1-negative population). DCR was 56%. Responses were again noted to be durable, with nine ongoing responses (duration of response ranging from 5.7+ to 70.1+ weeks).

MYSTIC [ClinicalTrials.gov identifier: NCT02453282] is a phase III trial currently recruiting patients with stage IV NSCLC with no prior treatment to be randomized to the combination of durvalumab and tremelimumab (anti CTLA-4), durvalumab as monotherapy, or standard-of-care platinum-based chemotherapy. NEPTUNE [ClinicalTrials.gov identifier: NCT02542293] is another phase III open-label study recruiting patients to receive either durvalumab and tremelimumab or standard-of-care chemotherapy. The last ongoing phase III trial compares the efficacy and safety of durvalumab *versus* standard of care, and the combination of durvalumab and tremelimumab *versus* standard of care for patients who received at least two prior systemic therapies, including a platinum-based regimen [ClinicalTrials.gov identifier: NCT02352948]. Durvalumab is also being studied in phase III trials in the adjuvant setting for stages Ib, II or IIIA NSCLC [ClinicalTrials.gov identifier: NCT02273375]; and following concurrent chemoradiation in patients with stage III unresectable NSCLC [ClinicalTrials.gov identifier: NCT02125461].

Atezolizumab

Atezolizumab is a fully humanized monoclonal antibody of IgG1 isotype against PD-L1. Its safety is being assessed in phase I and II trials, currently with abstracts of partial results presented at oncology conferences. A phase II trial assessed safety and efficacy of atezolizumab at a dose of 1200 mg every 3 weeks in PD-L1-expressing tumors, with and without treated asymptomatic brain metastases [Spigel *et al.* 2015]. Overall response was 29% for chemo-naïve patients and 17% for patients who received two or more lines of systemic therapy.

A second phase II trial (POPLAR) randomly assigned 287 patients with NSCLC to receive atezolizumab 1200 mg or docetaxel 75 mg/m² every 3 weeks [Spira *et al.* 2015]. OS was 11.4 months for atezolizumab and 9.5 months for docetaxel at a planned interim analysis ($p = 0.11$). PFS and ORR did not significantly differ between the two groups.

Several studies are ongoing evaluating atezolizumab in different settings and in combinations [ClinicalTrials.gov identifiers: NCT02657434, NCT02409355, NCT02366143, NCT02409342 and NCT02367794].

Avelumab

Avelumab is also a fully human monoclonal IgG1 PD-L1 antibody. A phase Ib expansion cohort including 184 NSCLC patients who progressed on platinum-based therapy and received avelumab at 10 mg/kg every 2 weeks demonstrated an ORR of 12%, stable disease in 38% of patients, and a median PFS of 11.6 weeks [Gulley *et al.* 2015].

Two phase III trials are ongoing, evaluating avelumab in PD-L1-positive tumors in the front-line setting [ClinicalTrials.gov identifier: NCT02576574] and in those who progressed on platinum-based chemotherapy, against docetaxel [ClinicalTrials.gov identifier: NCT02395172].

Programmed death-ligand 1 expression and mutational landscape

In the era of precision medicine and steadily increasing costs in healthcare, identifying a proper predictive biomarker is of utmost importance in selecting patients who will most likely benefit from specific therapies. Whether PD-L1-positive tumors have a higher chance of responding to PD-1 or PD-L1 inhibitors, and whether it should guide clinical decisions, however, is still unclear. Many of the published trials suggest significantly better response rates and survival correlating with higher levels of PD-L1 expression (KEYNOTE-001, CheckMate 057, POPLAR) [Borghaei *et al.* 2015; Garon *et al.* 2015; Spira *et al.* 2015]. In KEYNOTE-001, pembrolizumab rendered an ORR of 10.7% for less than 10% PD-L1 expression in cells (neoplastic and intercalated mononuclear inflammatory cells) against 45.2% for at least 50%. CheckMate 057, testing nivolumab for non-SqNSCLC, showed 36% ORR in patients with PD-L1 expression of at least 5%, and 37% in at

least 10%, as compared with 10% and 11% in less than 5% and less than 10% PD-L1 expression, respectively. Interestingly, CheckMate 017 that evaluated nivolumab for SqNSCLC did not show significant differences in patients' outcomes between the treatment groups based on PD-L1 expression, in agreement with several other early-phase trials [Brahmer *et al.* 2015].

There are some reasons that potentially explain the lack of concordance between trials. PD-L1 expression score is often measured through several different methods (distinct immunohistochemistry antibody clones, staining protocols, and platforms), different scoring systems, and arbitrary cutoff values (1%, 5%, 10% and 50%). Other reasons include the dynamic nature of PD-L1 expression, tumor histology, consideration of PD-L1 staining in the tumor microenvironment, and smoking status [Ji *et al.* 2015; Omori *et al.* 2015; Owonikoko *et al.* 2015].

Another important factor that might explain the difference in outcomes is the mutation burden of the tumor. The best responses of immunotherapy are noted in cancers with a high mutational load like melanomas, due to chronic exposure to ultraviolet light, and lung cancers, secondary to carcinogens from cigarette smoking [Herbst *et al.* 2014]. A study sequenced the exome from two independent cohorts of NSCLC patients treated with pembrolizumab and their matched normal deoxyribonucleic acid (DNA) [Rizvi *et al.* 2015b]. It was shown that a higher somatic nonsynonymous mutation burden was associated with the clinical efficacy of pembrolizumab. A total of 73% of patients with high nonsynonymous mutation burden experienced durable clinical benefit, as compared with 13% in the low mutation burden group ($p = 0.04$). ORR and PFS were also higher in patients with high nonsynonymous burden (ORR 63% *versus* 0%, $p = 0.03$; median PFS 14.5 *versus* 3.7 months, $p = 0.01$). The molecular signature of cigarette smoking also correlated with better outcomes. Most samples in this study were PD-L1-positive, therefore an association between mutation burden and PD-L1 expression could not be reliably assessed.

The observation that nonsynonymous mutation burden is associated with pembrolizumab efficacy is consistent with the hypothesis that, as a consequence of somatic mutations, neoantigens are expressed by tumor cells and recognized by the immune system. This finding could account for

the discordance in outcomes by PD-L1 expression in the nivolumab's Sq *versus* non-SqNSCLC populations. Sq lung cancers are more likely to be related to tobacco exposure and have higher mutational loads, so one could expect a more uniform response to immunotherapy, whereas non-Sq populations are more heterogeneous with regard to cigarette-smoking history and mutation burden, with a higher variance in responses.

Future directions: combination therapies

Several early-phase studies have already reported decent activity and an adequate safety profile in combining PD-1 or PD-L1 inhibitors with other classes of drugs, such as chemotherapy, targeted therapies and CTLA-4 inhibitors.

Chemotherapy

The rationale to combine immunotherapy with chemotherapy is to achieve a rapid and large initial response through the action of the cytotoxic drugs, thus releasing antigens to be recognized, and provide a later, however durable, response with checkpoint inhibition. KEYNOTE-021 evaluated the safety and activity of pembrolizumab combined with either: carboplatin and paclitaxel (cohort A); carboplatin, paclitaxel and bevacizumab (non-Sq, cohort B); or carboplatin and pemetrexed (non-Sq, cohort C) [Gadgeel *et al.* 2016]. A total of 74 treatment-naïve patients with advanced NSCLC were enrolled. ORR was 52% in cohort A, 48% in cohort B and 71% in cohort C. Grade 3/4 treatment-related adverse events (AEs) occurred in 36%, 46% and 42% of patients in cohorts A, B and C, respectively, with one treatment-related death (cohort B, pericardial effusion). Responses were regardless of PD-L1 status.

Another phase Ib study revealed an ORR of 67% through combinations of atezolizumab with different platinum-based doublets, again showing better results with pemetrexed. The safety profile was as predicted, with no unexpected toxicities. Phase III studies are ongoing with different checkpoint inhibitors in combination with chemotherapy in the front-line setting for advanced NSCLC.

Targeted therapy

Several tyrosine kinase inhibitors (TKIs) are approved as first-line therapies to treat ALK-translocated and EGFR-mutant non-SqNSCLC.

EGFR pathway activation was shown to induce PD-1, PD-L1 and CTLA-4 upregulation, and increased markers of T-cell exhaustion [Akabay *et al.* 2013]. Therefore, a combined treatment strategy with checkpoint inhibitors was contemplated. Results of preclinical data, however, failed to demonstrate a synergistic effect, finding instead downregulation of PD-L1 expression after blockade of the EGFR pathway with TKIs [Akabay *et al.* 2013; Chen *et al.* 2015]. Findings suggested, on the other hand, that PD-1/PD-L1 blockade might play a role in EGFR-TKIs-resistant NSCLC patients.

Still, combination therapy with checkpoint inhibitors is being tested in several clinical trials, attempting to achieve durable responses and prolong survival among these molecularly defined patient subgroups. A phase I dose-escalation study with durvalumab and gefitinib showed grade 3/4 side effects in 3 out of 10 patients and the maximum tolerated dose was not reached [Creelan *et al.* 2015]. Phase I and II studies are ongoing, with nivolumab plus erlotinib or crizotinib for EGFR-mutated or ALK-translocated tumors, respectively [ClinicalTrials.gov identifiers: NCT01998126 and NCT02323126]. Pembrolizumab is being tested in combination with afatinib and crizotinib [ClinicalTrials.gov identifiers: NCT02364609, NCT02511184 and NCT02323126]. Atezolizumab is being combined with erlotinib or alectinib in a phase Ib trial [ClinicalTrials.gov identifier: NCT02013219].

Cytotoxic T-lymphocyte-associated antigen 4 inhibitors

Inhibiting the PD-1/PD-L1 pathway leads to PI3K activity reduction and downstream AKT activation [Patsoukis *et al.* 2012]. Anti-CTLA-4s, on the other hand, had no effect on the PI3K pathway, but inhibited AKT activation [Karman *et al.* 2012]. Because of the distinct mechanisms of regulating immune response, it was thought that combining both drug classes would provide a synergistic effect with high and durable responses. The anti-PD1 and anti-CTLA4 combination was initially tested and approved in melanoma patients [Larkin *et al.* 2015]. Its use in lung cancer is being tested in the front-line and refractory settings.

CheckMate-012 is a phase I study that evaluated the safety and efficacy of nivolumab in combination with ipilimumab as first-line therapy in

148 patients with advanced NSCLC [Hellmann *et al.* 2016]. The trial consisted of four treatment groups, with doses varying from 1 to 3 mg/kg for both nivolumab and ipilimumab. The group selected for further exploration was nivolumab 3 mg/kg every 2 weeks plus ipilimumab 1 mg/kg every 6 weeks. In this group, any-grade AEs were seen in 69% of patients, and 28% were grades 3 or 4. ORR was 31% and median PFS was 8.3 months.

Another recent phase Ib study was conducted at five cancer centers in the US and evaluated durvalumab in combination with tremelimumab in metastatic NSCLC [Antonia *et al.* 2016a]. Durvalumab was given in doses of 3–20 mg/kg every 4 weeks, or 10 mg/kg every 2 weeks, and tremelimumab in doses of 1–10 mg/kg every 4 weeks for six doses and then every 12 weeks for three doses. The primary endpoint was safety. A total of 102 patients were enrolled into the dose-escalation phase with a median follow up of 18.8 weeks. The maximum tolerated dose was exceeded in the cohort receiving durvalumab 20 mg/kg plus tremelimumab 3 mg/kg every 4 weeks, with two (33%) of six patients having a dose-limiting toxicity. Treatment-related serious AEs occurred in 36% of patients and three deaths were related to treatment (attributed to myasthenia gravis, pericardial effusion and neuromuscular disorder). Evidence of clinical activity was noted both in PD-L1-positive and PD-L1-negative tumors. Response was noted in 17% of patients, and most of them were durable responses. The dose of 20 mg/kg of durvalumab and 1 mg/kg of tremelimumab administered IV every 4 weeks was considered safe and selected to be tested in phase III studies, which are ongoing.

Radiation therapy

The use of checkpoint inhibitors in nonmetastatic patient populations and in combination with radiation therapy is not established. Radiation is being administered with more accurate contouring, minimizing toxicities and increasing efficacy [Tang *et al.* 2014; Seyedin *et al.* 2015]. It is very commonly used in oligometastatic disease or oligoprogression, contributing to increased PFS and possibly OS [Siva *et al.* 2010; Iyengar *et al.* 2014; Xanthopoulos *et al.* 2015]. One of the reasons for radiation therapy to improve patients' outcomes in the metastatic setting could be that by targeting specific lesions that might have acquired resistance

to the current systemic therapy being administered, it allows for the same regimen to be given for a longer period of time.

Another extremely important mechanism by which radiotherapy can improve patients' outcomes is through the release of antigens that follows tumor DNA damage. The antigenic stimulation can induce enhanced and tumor-specific responses from the immune system against tumor cells, through increased activity of cytotoxic T cells [Hiniker *et al.* 2012]. The effect is seen not only locally, but also systemically, with reports of complete remissions in metastasis at distant sites [Finkelstein *et al.* 2011; Postow *et al.* 2012; Golden *et al.* 2013]. This is known as the 'abscopal effect', and the immune system has been shown to play a crucial role in it. Preclinical data demonstrated that the immune response was tumor specific and the theory was corroborated by the demonstration that mice depleted of CD8+ T cells or T-cell-deficient mice had no abscopal effect following radiotherapy [Demaria *et al.* 2004; Liang *et al.* 2013].

Combining radiation with immunotherapy, therefore, became of great interest for researchers. More specifically, stereotactic body radiation therapy (SBRT) provides a high rate of local control, has a favorable toxicity profile, and can induce a more robust immune response when compared with conventionally fractionated radiotherapy by being able to deliver high doses of radiation in a more precisely delineated target [Seung *et al.* 2012; Amini *et al.* 2014]. Blocking immune checkpoints could augment the abscopal effect and tumor responses. Significant clinical responses were already reported from the combination of ipilimumab and radiotherapy in melanoma with temporal association. Several early-phase studies are being developed to evaluate the safety and efficacy of this approach in a variety of solid tumors, the majority of them utilizing SBRT [ClinicalTrials.gov identifiers: NCT02608385, NCT02407171, NCT02400814 and NCT02463994].

A phase I trial enrolled 25 patients with refractory advanced malignancies with lung or liver metastases to receive four doses of ipilimumab at 3 mg/kg, with either concurrent SBRT (starting the day after the first dose), or sequential SBRT (starting one week after the first dose), in a radiation-dose-escalation fashion [Tang *et al.* 2015]. Twelve patients completed all four cycles and nine patients completed planned radiographic

evaluation after cycle four. Five of these exhibited decreased disease burden. In many instances, responding lesions were outside the radiation field. There were no grade 4/5 toxicities, and five patients experienced grade 3 AEs.

Small cell lung cancer

The population suffering from small cell lung cancer (SCLC) faces far worse survival outcomes than NSCLC patients, even at early stages [Byers and Rudin, 2015]. Treatment currently relies on platinum-based doublets, which usually provides good, however short, response [Noda *et al.* 2002]. Topotecan is the standard second-line therapy, which provides a short clinical benefit in a small percentage of patients [Von Pawel *et al.* 1999, 2014; O'Brien *et al.* 2006].

Following the same rationale of NSCLC, SCLC might be an immunologically manipulable neoplasm, given the high rate of somatic mutations, mostly associated with tobacco exposure [Peifer *et al.* 2012]. It was shown that significantly more immune effector T cells (Teff) were detected in limited-stage SCLC compared with extended-staged disease [Koyama *et al.* 2008]. Long-term survivors of SCLC maintained a high Teff to Treg cell ratio, whereas patients with recurrent disease exhibited a low Teff:Treg ratio.

Immunotherapy, as expected, is already showing promising results in early-phase trials, with a 25% response rate and a 31% DCR in a phase Ib trial with pembrolizumab administered in 16 patients with PD-L1-positive, platinum-refractory advanced disease [Ott *et al.* 2015].

Most recently, a phase I/II trial enrolled 216 patients that had disease progression after at least one previous platinum-containing regimen to receive either nivolumab alone at 3 mg/kg, or in combination with ipilimumab in different treatment groups, ranging from 1–3 mg/kg of both drugs [Antonia *et al.* 2016c]. ORR was 10% in the nivolumab group, 23% in the nivolumab 1 mg/kg plus ipilimumab 3 mg/kg (N1 + I3) group and 19% in the nivolumab 3 mg/kg plus ipilimumab 1 mg/kg (N3 + I1). Grade 3 or 4 treatment-related AEs occurred in 13% in the nivolumab group, 30% in the N1 + I3 group and 19% in the N3 + I1 group, with discontinuation of therapy due to treatment-related AEs occurring in 6%, 11% and 7%, respectively. One patient died of pneumonitis in the N3 + I1 group.

Table 3. Treatment-related adverse events reported in phase II/III trials of checkpoint inhibitors in non-small cell lung cancer.

Trial	Drug	Number of patients	Grades 1 and 2 (%)	Grades 3–5 (%)	Deaths	Discontinuations (%)
CheckMate 017 Brahmer <i>et al.</i> [2015]	Nivolumab	131	58	7	0	3
CheckMate 057 Borghaei <i>et al.</i> [2015]	Nivolumab	287	69	10	1*	5
KEYNOTE 010 Herbst <i>et al.</i> [2015]	Pembrolizumab 2 mg/kg	339	63	13	3 [§]	4
	Pembrolizumab 10 mg/kg	343	66	16	3 [¶]	5
POPLAR Spira <i>et al.</i> [2015]	Atezolizumab	142	67	11	1 [§]	1

*Death caused by encephalitis.
[§]Deaths caused by pneumonitis (two patients) and pneumonia (one patient).
[¶]Deaths caused by myocardial infarction (one patient), pneumonitis (one patient) and pneumonia (one patient).
[§]Death caused by cardiac failure.

On the basis of this trial, phase III studies are ongoing comparing nivolumab alone *versus* N1 + I3 every 3 weeks for two 42-day cycles followed by nivolumab *versus* placebo as maintenance therapy for those with disease control (CheckMate 451 [ClinicalTrials.gov identifier: NCT02538666]). Nivolumab is also being compared with single-agent chemotherapy as second-line therapy (CheckMate 331 [ClinicalTrials.gov identifier: NCT02481830]).

Toxicity

Checkpoint inhibitors are a unique class of drugs, not only in how they affect cancer, but also in how they affect the human body. Unfortunately, immunologic activation is nonspecific and can affect healthy tissues as a result of highly activated CD4 and CD8 T cells. Although a reduced rate of any-grade and grades 3/4 AEs were seen with anti-PD1 therapy when compared with chemotherapy (CheckMate 057 and 017 showed 58% and 69% of all grades in the nivolumab arm *versus* 86% and 88% in the docetaxel arm; 7% and 10% of grade 3–4 in the nivolumab arm *versus* 55% and 69% in the docetaxel arm), they can be dangerous and potentially fatal if not recognized and promptly treated. Most common AEs from any grade, ranging from 8% to 16% include fatigue, nausea, hyporexia, asthenia and diarrhea. Fatal events with checkpoint inhibitors are very rare (<1%), due to encephalitis, myasthenia gravis, pneumonitis and pericarditis (Table 3). Diarrhea or colitis and skin rashes can be severe. However,

overall, these agents are much better tolerated than standard cytotoxic chemotherapy. Discontinuation of therapy due to AEs occurred in 3–10% with the PD-1 inhibitors nivolumab and pembrolizumab.

Management of symptoms often requires treatment delays and the toxicity is managed differently from chemotherapy. Physicians need to be aware that early administration of oral or intravenous steroids when indicated is crucial to the appropriate management of these side effects, with a slow taper needed to allow recovery and safety in the administration of subsequent doses. Therefore, success of this class of drugs is strictly related to prompt recognition of immune-related toxicity and to strict adherence to guidelines for their management.

Conclusion

Immunotherapy research has been rapidly trailing an important path in cancer treatment, making its way to improve outcomes in several different cancer histologies.

There are still several unanswered questions such as how to best select patients who will benefit the most, how to most accurately assess response to treatment, and how to overcome resistance to checkpoint inhibitors. It is, nonetheless, an exciting time for research and drug development, as we are coming closer to further improving lung cancer patients' outcomes and quality of life.

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