ORIGINAL ARTICLE

A phase I study of recombinant (r) vaccinia‑CEA(6D)‑TRICOM and rFowlpox‑CEA(6D)‑TRICOM vaccines with GM‑CSF and IFN‑α**‑2b in patients with CEA‑expressing carcinomas**

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Abstract Prime-boost vaccination with recombinant (r) vaccinia(V)-CEA(6D)-TRICOM (triad of co-stimulatory molecules B7.1, ICAM-1 and LFA-3) and rFowlpox(F)- CEA(6D)-TRICOM infect antigen-presenting cells and direct expression of co-stimulatory molecules. We hypothesized that co-administration of vaccine with GM-CSF and interferon alpha (IFN- α) would have efficacy in CEAexpressing cancers. Patients with CEA-expressing cancers received the rV-CEA(6D)-TRICOM vaccine subcutaneously (s.c.) on day 1 followed by GM-CSF s.c. to the injection site on days 1–4. In Cycle 1, patients received thrice weekly s.c. injections of IFN-α-2b the week after rV-CEA(6D)-TRICOM. In Cycles 2–4, patients received thrice weekly s.c. injections of IFN-α-2b the same week that

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rF-CEA(6D)-TRICOM was given. The first cohort received no IFN followed by dose escalation of IFN-α in subsequent cohorts. Thirty-three patients were accrued (mean 59.8 years). Grade 3 toxicities included fatigue and hyperglycemia. Grade 4–5 adverse events (unrelated to treatment) were confusion (1), elevated aspartate transaminase (AST)/alanine transaminase (ALT) (1), and sudden death (1). No patients had a partial response, and eight patients exhibited stable disease of \geq 3 months. Median progression-free survival and overall survival (OS) were 1.8 and 6.3 months, respectively. Significantly higher serum CD27 levels were observed after vaccine therapy $(p = 0.006$ post 1–2 cycles, $p = 0.003$ post 3 cycles, $p = 0.03$ post 4–7 cycles) and 42 % of patients assayed developed CEAspecific T cell responses. Pre-treatment levels of myeloidderived suppressor cells correlated with overall survival ($p = 0.04$). Administration of IFN- α led to significantly increased OS $(p = 0.02)$ compared to vaccine alone. While the vaccine regimen produced no clinical responses, IFN-α administration was associated with improved survival.

Keywords Vaccines · Carcinoembryonic antigen (CEA) · Colorectal cancer · Immunotherapy · Interferon alpha-2b

Abbreviations

Introduction

Colorectal cancers are the third leading cause of cancer-related mortality in the USA [\[1](#page-10-0)]. Locally advanced tumors and tumors with lymph node involvement frequently recur even after successful surgery and adjuvant chemotherapy [[2](#page-10-1)]. The 5-year survival rate for patients with metastatic disease is typically around 20 %. However, improvements in systemic therapy are leading to increased survival rates. 5-fluorouracil (5-FU) has served as the cornerstone of therapy for patients with metastatic or locally advanced colorectal cancer [\[3\]](#page-10-2). Newer chemotherapeutic drugs have been approved (e.g., irinotecan and oxaliplatin) and when utilized in combination with 5-FU have demonstrated improved response rates and overall survival [\[4\]](#page-10-3). Despite these advances, the search for novel therapies utilizing alternate anti-tumor mechanisms is ongoing [\[5](#page-10-4)].

Carcinoembryonic antigen (CEA) is a glycoprotein normally found at low levels in the gut crypts and healing intestinal mucosa [[6\]](#page-10-5). However, CEA over-expression can be found in virtually all adenocarcinomas of the colon and rectum, [\[7](#page-10-6)[–9](#page-10-7)]. In colorectal carcinomas, CEA is produced at high levels and can be detected in the circulation [\[10](#page-10-8)]. This over-expression of CEA in colorectal cancers has led to intensive research on vaccine strategies targeting this protein.

The immunologic destruction of tumors necessitates the presentation of antigenic peptides on antigen-presenting cells and the acquisition of co-stimulatory signals by the T cell. Recombinant (r) vaccinia-based and recombinant avipox-based vectors containing the transgenes encoding for the co-stimulatory molecules B7.1, ICAM-1, and LFA-3 were created (designated TRICOM). These TRICOM constructs were shown in preclinical studies to be superior to construct that contained only one or two of the co-stimulatory molecules [[11\]](#page-10-9). Additionally, a unique CEA agonist epitope, CAP1-6D, was included in the vaccine in an attempt to increase the immune response directed against "self." CAP1-6D, a mutated 9-mer peptide (YLSGAN-LNL) of the CEA protein that binds to HLA-A2, appears to be more effective in the induction of an immune response [\[12](#page-10-10), [13](#page-10-11)]. Marshall et al. [[14\]](#page-10-12) evaluated four sequential vaccinations with rF-CEA(6D)-TRICOM alone, in combination with rV-CEA(6D)-TRICOM and with GM-CSF.

These vaccines were administered to patients with CEAexpressing carcinomas demonstrating the feasibility of this approach.

The effects of IFN- α on the expression of tumor antigens such as CEA have been evaluated by several investigators. Monoclonal antibody-based treatments are significantly enhanced by IFN-α pre-treatment in tumor models, and the mechanism for this seems to depend on the ability of IFN-α to enhance the expression of tumor antigens [[15,](#page-10-13) [16](#page-10-14)]. IFNα, IFN-β, and IFN-γ can all mediate the increased expression of CEA on human cell lines [\[17](#page-10-15)[–20](#page-10-16)]. The actions of IFN-α occur at concentrations easily attainable in the clinic via infusion/injection of IFN-α. Moreover, these effects continue well past the time of exposure to IFN [[21\]](#page-10-17). It has also been shown that combining IFN-α-2b and GM-CSF induces a rapid maturation of monocytes into dendritic cells that are functionally superior to those induced by treatment with IL-4 plus GM-CSF [\[22](#page-11-0)].

It was hypothesized that upregulation of carcinoma cell CEA expression by IFN- α and the potential for increased dendritic cell activity would lead to enhanced activation of antigen-specific T cells in subjects receiving IFN-α in combination with the vaccine regimen. The purpose of this trial was to evaluate the safety of adding IFN-α to rV-CEA (6D)-TRICOM and rF-CEA(6D)-TRICOM in combination with GM-CSF.

Methods

Eligibility criteria

A National Cancer Institute (NCI) sponsored phase I trial of prime-boost vaccinations with rV-CEA(6D)-TRICOM and rF-CEA(6D)-TRICOM in combination with GM-CSF and IFN- α -2b in patients with CEA-expressing carcinomas was conducted at the Ohio State University Comprehensive Cancer Center under an Institutional Review Board-approved protocol (OSU-0312, NCI-5633). Eligible patients had histologically confirmed metastatic or locally advanced cancer that was shown to express CEA. Patients must have received at least one previous systemic regimen, and 4 weeks must have passed since any previous treatment (6 weeks for patients receiving nitrosoureas or mitomycin C). Patients also met the following criteria: age \geq 18 years, life expectancy ≥ 6 months, Eastern Cooperative Oncology Group (ECOG) status \leq 2, normal organ function, negative pregnancy test, and ability to provide informed consent. Patients must not have had a history of allergy or untoward reaction to a vaccinia vaccine or any of its components. Patients with known brain metastases or allergy to eggs were excluded. Patients with concurrent steroid use, except topical and inhaled steroids, and those who were

immunocompromised (HIV positive or Hepatitis B/C positive) were excluded. Patients who had close contact with immunocompromised persons were excluded. Patients were required to exhibit acceptable renal function and must not have had splenectomy. Pregnant women and those with any recent cardiovascular events were excluded.

Study design

The clinical trial employed two novel anti-CEA vaccines: rV-CEA(6D)-TRICOM and rF-CEA(6D)-TRICOM. The vaccinia vaccine was administered s.c. on day 1 followed by GM-CSF administered to the same site on days 1–4. In Cycle 1, patients received thrice weekly injections of IFN-α-2b s.c. the week after the rV-CEA(6D)-TRICOM vaccine was administered. This schema was chosen so that 7 days had passed since vaccination, as the administration of IFN-α-2b could inhibit replication of the vaccinia virus. In Cycles 2–4, patients received thrice weekly s.c. injections of IFN-α-2b simultaneously with the administration of rF-CEA(6D)-TRI-COM vaccine and GM-CSF, since IFN-α-2b can augment dendritic cell maturation and should not inhibit the activity of the non-replicating fowlpox vector. An initial six-patient cohort (Cohort 0) received no IFN-α-2b. Dose escalation of IFN-α-2b (1 × 10⁶, 3 × 10⁶, 6 × 10⁶, 9 × 10⁶ U) therapy took place in cohorts of three patients following a standard $3 + 3$ design based on the number of dose-limiting toxicities (DLTs) observed during the first cycle. The maximum tolerated dose (MTD) was defined as the highest dose level at which fewer than two patients experienced first course DLT. Six additional patients were treated at the MTD and were all HLA-A2 positive. There was no intra-patient dose escalation of IFN-α-2b. IFN-α-2b was administered s.c. at rotating sites away from the vaccination site during Cycle 1. In Cycles 2–4, IFN-α-2b was given along with GM-CSF at the vaccination site. There were at least three patients in each of the four cohorts. HLA-A2 status was determined for most patients, but was not a requirement.

Patients who did not progress or have unacceptable toxicity after the initial phase of vaccinations were offered additional vaccinations of rF-CEA(6D)-TRICOM (with $GM-CSF$ and IFN- α -2b). Patients received the same dose of vaccine and IFN-α-2b as the treatment arm on which they were enrolled every 28 days through vaccination number 6 and every 3 months thereafter for up to 2 years. Off-study criteria and clinical/immunologic monitoring continued for these patients. Patients were restaged every 2 months.

Vaccine preparation

rV-CEA(6D)-TRICOM and rF-CEA(6D)-TRICOM were manufactured by Therion Biologics Corp. (Cambridge,

MA) and supplied by the Cancer Therapy Evaluation Program, National Cancer Institute (Bethesda, MD). A total of 0.2 mL (=1.2 \times 10⁸ pfu) of rV-CEA(6D)/TRICOM was administered by subcutaneous injection. A total of 0.2 mL of rF-CEA(6D)-TRICOM was withdrawn to a sterile glass vial containing 1.96 mL of 0.9 % sodium chloride for injection and vortexed at high power for at least 10 s. A total of 1 mL ($=4 \times 10^8$ pfu) of the diluted vaccine was then withdrawn for subcutaneous administration.

Measurement of serum sCD27 and sCD40L

Serum levels of sCD27 were determined using the human sCD27 Instant ELISA kit (eBioscience, San Diego, CA) according to the manufacturer's instructions. The standard range of this kit is 15.6–1000 U/ml. The serum levels of sCD40L were determined using the human sCD40L Platinum ELISA kit (eBioscience) according to the manufacturer's instructions. The standard range of this kit is 0–10 ng/ ml.

Assessment of antigen‑specific responses

Antigen-specific responses were assessed by intracellular cytokine staining (ICS) following a period of in vitro stimulation with overlapping 15-mer peptide pools encoding the tumor-associated antigen (TAA) CEA as previously described [\[23](#page-11-1)]. The TAA peptide pool was designed to contain an agonist epitope (CAP1-6D), which was also present in the vaccines [[24\]](#page-11-2); peptide pools encoding for HLA and CEFT (a mixture of cytomegalovirus, Epstein–Barr virus, influenza, and tetanus toxin) served as negative and positive controls, respectively. Peptide mixes were purchased from JPT (Berlin, Germany), reconstituted in DMSO, and utilized immediately. Cryopreserved PBMCs were defrosted, rested overnight, and then stimulated for 7 days with peptide pools (0.1 ug/mL) with cytokines (IL-7 and IL-15, 10 ng/mL, PeproTech, Rocky Hill, NJ) supplemented on days 3 and 5. On day 7 cultures were rested (with the removal of cytokine and peptide), and 4 days later (day 11), 1×10^6 cells were restimulated for 24 h with peptide pools (0.1 ug/mL) in the presence of anti-CD107a-APC (clone H4A3, BD Biosciences, San Jose, CA); brefeldin A (1 ul/ mL) and monensin (0.7 ul/mL) (BD Biosciences) were added to cultures 2 h after the start of the restimulation and incubated for the remaining 22 h. PBMCs were then stained with anti-CD4-PerCP-Cy5.5 (clone OKT4, Biolegend, San Diego, CA), anti-CD8-AF700 (clone OKT8, eBioscience), and anti-TNF-PE (clone MAb11), anti-IFNγ-PE-Cy7 (clone 4SB3), and anti-IL-2-BV521 (clone 5344.111) (BD Biosciences). At least 3×10^5 events in the live gate were acquired with a BD LSR-II flow cytometer and analyzed with FlowJo software (TreeStar, Ashland, OR). The

absolute number of $CD4^+$ or $CD8^+$ lymphocytes producing cytokine or positive for CD107a was calculated per 1×10^6 cells plated at the start of the in vitro stimulation. The background signal (obtained with the HLA peptide pool) and values obtained prior to therapy were subtracted from those obtained post-therapy. Values >250 were scored as positive for TAA-specific immune response following therapy.

Flow cytometry for myeloid‑derived suppressor cells

PBMC from each patient at the pre-treatment and post-Cycle 1 time points were analyzed for myeloid-derived suppressor cells (MDSCs) as previously described [\[25](#page-11-3)]. Specific antibodies included CD15-FITC (Beckman Coulter), CD33-APC (Beckman Coulter), HLA-DR-PC7 (Beckman Coulter), CD11b-PE (Beckman Coulter), and CD14-V450 (BD Biosciences). Single color staining was performed for compensation. All samples were run on a BD LSR II flow cytometer and were subsequently analyzed with FlowJo software (TreeStar). MDSC were defined as cells positive for CD33 and CD11b and lacking HLA-DR with subsets expressing CD15 or CD14 representing granulocytic and monocytic MDSC, respectively, as discussed in figure legends.

Statistical analysis

Patient demographic and clinical characteristics were summarized by number and percentage for categorical data, and mean or median as well as range for each continuous variable. The changes in serum sCD27 and sCD40L levels before and after treatment were compared using the Wilcoxon signed rank test, and MDSC percentages were compared using a paired *t* test. Response and progression were evaluated using the international criteria proposed by the Response Evaluation Criteria in Solid Tumors (RECIST) committee [[26\]](#page-11-4). Progression-free survival (PFS) and overall survival (OS), defined as the time from initiation of study drug to disease progression or death, censored at last evaluation date for PFS and last known survival data for OS, were estimated using the Kaplan–Meier method. Results were also summarized by dose cohort and compared using log rank test. All statistical analyses were performed using SAS 9.4 (SAS Inc., Cary, NC).

Results

Patient demographics

Thirty-three patients were enrolled on this study (20 males, 13 females). Their mean age was 59.8 years (range 38–71). All patients had metastatic disease at trial entry (Table [1](#page-3-0)).

Table 1 Patient demographics and outcomes

Most patients had colorectal cancers $(n = 21, 64, 96)$. Other cancer types included lung (4), breast (3), pancreas (2), appendix (1), esophagus (1), and bladder (1). Sites of metastasis included lung (16), liver (16), lymph node (8) kidney (3), abdomen (3), pelvis (2), stomach (2), spine (2), brain (2), bone (1), pancreas (1), and small intestine (1). Fourteen patients were HLA-A2 positive, 11 patients were HLA-A2 negative, and eight patients had unknown HLA status. Patients were heavily pre-treated. Thirty-one out of 33 patients (94 %) had received at least two prior chemotherapy regimens, and 29 out of 33 patients (88 %) had greater than two prior chemotherapy regimens (range 3–8). Twenty-five patients (76 %) had prior surgery, while only 12 (36 %) had received radiation treatment.

Toxicities

Toxicities are listed in Table [2](#page-5-0). In general, the regimen was well tolerated. Common grade 3 toxicities included fatigue, hyperglycemia, and abdominal pain and were felt to be disease related. Other notable toxicities were encephalopathy (1), troponin elevation (1), and disseminated intravascular coagulation (DIC) (1). In each case, the adverse event was felt to be related to disease progression and not the experimental therapy. Grades 4 and 5 toxicities included confusion, elevated aspartate transaminase-to-alanine transaminase (AST/ALT) ratio, and sudden death. The elevated liver enzymes were felt to be related to metastatic disease in the liver. The patient with confusion also had uncontrolled hypertension and underwent a brain MRI for further evaluation. The imaging was consistent with posterior reversible encephalopathy syndrome, which was deemed to be related, in part, to the hypertension and possibly the IFN-α treatment. However, the patient was removed from the trial shortly afterward recovered fully. The only patient who expired while on trial was noted to have breast adenocarcinoma metastatic to liver, lung, and bone. She had a recurrent pleural effusion and had received seven different systemic regimens for her metastatic disease along with surgery and radiation to the lung. She developed an upper respiratory infection (likely viral) on Cycle 2 and refused further supportive therapy. On day 8 of Cycle 2, she presented to the emergency department with a chief complaint of progressive dyspnea. She was found to be hypoxic and imaging revealed a large pleural effusion. She expired within hours of presentation without having had any supportive interventions.

Response to therapy

Outcome data are presented in Table [1.](#page-3-0) No patients had a partial response (PR). Eight patients (24 %) exhibited stable disease (SD) that lasted 3 months or more (16, 16,

16, 17, 22, 26, 28, and 67 weeks). Twenty-one patients (64 %) had progressive disease prior to 3 months. Complete information was unavailable for four patients (12 %) who were removed from the study at early time points due to toxicities (2), refusal to continue treatment (1), or death (1). The median number of treatment cycles received was 2 (range 1–8). The median PFS was 1.8 months, and the median OS was 6.3 months. While those patients who received any dose of IFN-α-2b (Cohorts 1–4) had significantly improved OS compared to those who did not receive IFN-α-2b (6.40 vs 3.94 months, *p* = 0.02) (Fig. [1a](#page-6-0), b), PFS did not differ significantly between these two groups (1.80 vs 1.87 months, $p = 0.54$). However, Cohorts 3 and 4 had marginally better PFS than Cohort $0-2$ ($p = 0.07$). Due to the small sample size in each cohort, there were no significant differences in PFS or OS among dose cohorts (Fig. [1](#page-6-0)c, d).

Immune responses

Serum levels of sCD27 are increased at all time points post‑vaccine therapy

Soluble CD27 is a marker of T cell activation, and previous studies have suggested that elevated levels can be used as a marker for patients responding to immunotherapy [[27\]](#page-11-5). The levels of sCD27 were measured in patient serum at all available time points. The levels of sCD27 before vaccine therapy were compared with those measured after Cycle 1 or 2, Cycle 3 or Cycles 4–7. Six different patients had samples available at two post-therapy time points. As shown in Fig. [2](#page-6-1), the serum levels of sCD27 were significantly increased at all time points after vaccine therapy, with median levels of 103.8 U/ml pre-therapy (*n* = 33), 111.1 U/ml post-Cycles 1–2 (Fig. [2](#page-6-1)a, *n* = 21, *p* = 0.007), 131.0 U/ml at Cycle 3 (Fig. [2](#page-6-1)b, *n* = 12, *p* = 0.003), and 131.2 at Cycles 4–7 (Fig. [2c](#page-6-1), $n = 6$, $p = 0.03$). When the net increase in sCD27 levels from pre-treatment to post-treatment (regardless of cycles) was evaluated in the context of IFN- α -2b dose received, those patients who received any dose of IFN-α-2b had a significant increase in sCD27 levels compared to baseline ($p < 0.004$), while those receiving no IFN-α-2b had no significant change in sCD27 $(p = 0.065)$, indicating that the addition of IFN- α -2b as a vaccine adjuvant may have enhanced T cell activation in this patient subset. A significant correlation with OS was detected when comparing the net sCD27 increase in the IFN-α-2b treated group versus untreated groups $(p = 0.04)$. The time span between the last chemotherapy administration and the first trial vaccination for each patient was evaluated for its relationship to survival and immune response. A trend indicated that increased time

between treatments was positively associated with PFS $(p = 0.071)$. Additionally, the change in sCD27 from pretreatment to post-Cycle 4 showed a positive, but statistically nonsignificant association with time between treatments ($p = 0.072$). In addition, serum levels of sCD40L were measured, as they have been shown to have a potential immunosuppressive role [[28](#page-11-6)]. There were no significant changes in sCD40L levels over the time points examined for this group of patients.

Detection of antigen‑specific CEA responses post‑vaccine therapy

Sufficient PBMCs were available from 19 of 33 patients to analyze antigen-specific immune responses by intracellular cytokine staining. These patients were representative of the total patient population. Patients were assessed before vaccination and after Cycle 1 ($n = 4$), Cycle 2 ($n = 6$), and Cycle 3 $(n = 9)$ of therapy. Three subjects evaluated

Fig. 2 Serum levels of sCD27 increased at all time points posttherapy. Serum levels of sCD27 are analyzed by ELISA. **a** Patient samples analyzed pre-therapy (day 1 or "Pre") and after 1–2 cycles $(n = 21, p = 0.007)$. **b** Patient samples analyzed prior to therapy and

after 3 cycles ($n = 12$, $p = 0.003$). Patients who were also assayed at Cycles 4–7 are shown as open *circles*/*squares*. **c** Patient samples analyzed pre-therapy and after $4-7$ cycles ($n = 6$, $p = 0.03$). *Dot plots* with medians and interquartile range are shown

at Cycle 3 were also analyzed at Cycle 5 or 6 (all from Cohort 4). As shown in Fig. [3](#page-7-0) and Supplementary Table S1, 8 of 19 patients (42 %) developed T cell responses to the 15-mer CEA peptide pools during the course of treatment, as evidenced by cytokine production or the induction of CD107a positive $CD4^+$ and/or $CD8^+$ T cells. Of the eight patients developing responses, three were HLA-A2 positive. Notably, all three patients evaluated at Cycle 5 or 6 (2/3 HLA-A2 positive and all receiving the highest dose of IFN-α-2b) developed CEA-specific T cell responses. Of these patients, 2/3 also displayed a response at Cycle 3 (as indicated by CD107a positivity or IFN-**ɣ** production by CD4 T cells). Two patients (B and N, Cohorts 0 and 1, respectively) had pre-existing immune responses to CEA that were further increased following therapy. There were no significant differences in the responses between cohorts.

Fig. 3 CEA-specific T cell responses post- versus pre-vaccination. PBMCs from patients are analyzed for antigen-specific immune responses by intracellular cytokine staining. Patients are assessed before vaccination and after Cycle 1 ($n = 4$), Cycle 2 ($n = 6$), Cycle

All patients assessed for viral responses to CEFT peptide pools were positive.

Levels of circulating MDSC correlate with overall survival

Myeloid-derived suppressor cells are often found at increased levels in cancer patients and are known to promote disease progression through multiple immunosuppressive mechanisms, including suppression of T cell function [[29\]](#page-11-7). Cryopreserved, total PBMCs from 19 patients collected prior to the initiation of therapy and following the completion of Cycle 1 were stained with fluorochromeconjugated antibodies targeting CD33, HLA-DR, CD11b, CD14, and CD15. Cells displaying a CD33+/HLA-DR[−] phenotype were considered to constitute total MDSC, while cells further expressing CD11b, and CD14 or CD15 were considered to be monocytic (M-MDSC) and granulocytic (G-MDSC) subsets, respectively. The mean frequency

3 ($n = 9$), and Cycle 5–6 ($n = 4$) of therapy. **a** Percentage of patients with CD4⁺ or CD8⁺ T cell responses after indicated cycle. **b** CD4⁺ or (**c**) CD8**+** T cell responses as evidenced by cytokine production or the induction of CD107a positive T cells

of total MDSC within patient PBMCs increased slightly following the initial cycle of therapy (from 1.60 to 2.27 %, $p = 0.18$), with post-Cycle 1 levels ranging from 1.24 to 3.30 % (Fig. [4](#page-8-0)a). The absolute change in MDSC percentage from pre-treatment to post-Cycle 1 did not differ significantly by treatment cohort (Fig. [4](#page-8-0)b). Prior to the initiation of treatment, levels of G-MDSC were higher than the levels of M-MDSC (mean percentage of 0.55 vs 0.14 %, respectively). However, by the end of Cycle 1, levels of G-MDSC and M-MDSC were comparable (0.60 vs 0.61 %). Pretreatment levels of MDSC were found to have a significant, negative correlation with OS for both the total MDSC $(p = 0.04)$ and G-MDSC $(p = 0.05)$ populations, but not M-MDSC (Fig. [4c](#page-8-0)). A similar trend could be seen at the post-Cycle 1 time point, with total MDSC, G-MDSC, and M-MDSC all being present at lower percentages in those patients with an OS greater than 150 days. With regard to the T cell responses, G-MDSC levels following Cycle 1 of treatment were found to have a negative correlation with

Fig. 4 MDSC levels are associated with overall survival. Circulating levels of total (HLADR−, CD33+), granulocytic (HLADR−, CD33+, CD11b+, CD15+) or monocytic (HLADR−, CD33+, $CD11b^{+}$, $CD14^{+}$) MDSC are measured by flow cytometry prior to or after completion of Cycle 1 of treatment. **a** Patient samples ana-

lyzed before (Pre) and after 1 cycle $(n = 19)$ and **b** absolute change in MDSC by cohort group, calculated as % MDSC Pre-minus % MDSC Post-Cycle 1. **c** Pre-treatment MDSC and **d** Post-Cycle 1 MDSC levels stratified by overall survival at 150 days. *Dot plots* with medians and interquartile range are shown

pre-treatment sCD27 levels $(p = 0.03)$, indicating that those patients with higher baseline levels of T cell activation, as indicated by sCD27 levels, had lower G-MDSC following one cycle of vaccine therapy. Overall, while MDSC levels appeared to be prognostic for survival in this patient population, they did not appear to be significantly

affected by treatment and did not correlate with any other immune responses, including sCD40L levels and antigenspecific T cell responses.

Discussion

A phase I clinical trial evaluating the combination of GM-CSF and IFN-α with the novel anti-CEA vaccines, rV-CEA(6D)-TRICOM and rF-CEA(6D)-TRICOM, was conducted. This study was based on the rationale that GM-CSF has been shown to increase the frequency of antigenpresenting cells and enhance the antigen-specific antitumor response and that IFN-α can enhance the expression of tumor antigens such as CEA. The present regimen was well tolerated. The majority of grade 3/4 events were felt to be disease related. In this study, the combination of the rV-CEA(6D)-TRICOM prime and multiple rF-CEA(6D)- TRICOM booster vaccines with GM-CSF and IFN-α-2b resulted in stable disease in 24 % of patients and no partial responses. The median PFS and OS were 1.8 and 6.3 months, respectively, and the OS was significantly increased with the addition of IFN-α-2b to the treatment regimen. The sCD27 data indicated that T cell activation increased with the addition of IFN-α-2b to the regimen. The development of antigen-specific CEA responses to the vaccine therapy was seen in 42 % of patients tested and did not appear to be dependent on treatment cohort. Levels of circulating MDSC measured prior to treatment were found to significantly correlate with overall survival.

While no patients had a clinical response to therapy, it is important to note that all patients were heavily pre-treated, with 94 % having received at least two prior chemotherapy regimens and 76 % having undergone prior therapeutic surgeries. The extent of disease and number of prior therapies also likely contributed to the common grade 3 toxicities seen during therapy (fatigue, hyperglycemia, and abdominal pain), as IFN- $α$ has been generally well tolerated when administered as an adjuvant in other vaccine trials [[30,](#page-11-8) [31\]](#page-11-9).

Immunotherapy of cancer and the development of cancer vaccines have become an important area of research for the treatment of colorectal cancer, given the predictive value of tumor immune infiltrates with respect to survival [\[32](#page-11-10)]. The TRICOM vaccines consist of either a priming vaccinia virus or a booster avipox virus vector, encoding for CEA and three co-stimulatory molecules. These constructs allow for an enhanced immune response to specific tumor-associated antigens, such as CEA [[33\]](#page-11-11). CEA/TRICOM vaccines have shown efficacy in the induction of CEA-specific T cell responses in other clinical studies [\[14](#page-10-12)], and this outcome was confirmed in the current study, with 8 out of 19 (42 %) patients tested developing responses to CEA peptide pools, as indicated by the presence of $CD4^+$ and/or $CD8^+$ T cells

positive for CD107a or producing the cytokines IFN- γ , IL-2 or TNF-α following peptide stimulation. Additionally, sCD27 levels in all patients tested were found to increase significantly from pre-treatment to post-therapy cycles, indicating that the treatment brought about T cell activation. Although the development of antigen-specific T cell responses has historically been measured by stimulating PBMCs with a single 9-mer peptide and measuring the production of IFN-*γ* by ELISPOT, extensive studies have shown a number of advantages to the flow-based intracellular cytokine staining method following a period of in vitro stimulation with overlapping 15-mer peptide pools that span the entire length of a given tumor-associated antigen. More recently, a TRICOM vaccine containing transgenes for the MUC1 tumor antigen, in addition to CEA (known as PANVAC), has shown promise when given in combination with GM-CSF and when utilized to modify autologous dendritic cells for injection [\[34](#page-11-12), [35](#page-11-13)].

The effects of IFN-α administration on CEA and major histocompatibility complex (MHC) expression by tumor cells appear to be fairly robust [[36\]](#page-11-14). Guadagni et al. [[37\]](#page-11-15) demonstrated that the cell surface expression of CEA and MHC antigens on freshly isolated tumor cells is significantly enhanced following exposure to type I interferons. The intramuscular administration of IFN-α at a dose of 3×10^6 U on a daily basis significantly increased the localization of an anti-melanoma antibody to tumor deposits in melanoma patients with metastatic disease [[38\]](#page-11-16). Similar results were obtained in a study in which patients with metastatic breast cancer received either IFN-α at a dose of 3×10^6 U daily or no treatment [[39\]](#page-11-17). These results support the applicability of this approach to multiple clinical situations. It has also been observed that many tumors express low levels of MHC molecules [\[40](#page-11-18), [41](#page-11-19)]. This can lead to impaired recognition by specific immune effector cells. MHC class I and II as well as ICAM-1 are critically important to effector cell recognition of cancer cells [[42,](#page-11-20) [43\]](#page-11-21). The potentially favorable effects of IFN-α on MHC class I and II expression in adenocarcinoma cells are well documented [\[44](#page-11-22), [45\]](#page-11-23). In this trial, patients receiving any dose of IFNα-2b had significantly improved OS compared to those who did not receive IFN- α , indicating that adding IFN- α as an adjuvant was beneficial. Cohorts 3 and 4 (IFN-α doses 6×10^6 and 9×10^6 U, respectively) also had better PFS than Cohorts 0–2, although this result was not statistically significant ($p = 0.07$). Reflective of the mechanisms previously described, the net sCD27 increase in the IFN-α-2b treated versus untreated groups significantly correlated with OS ($p = 0.04$), further implying that the addition of IFNα-2b to the therapy could possibly result in increased T cell activation, leading to enhanced survival. This enhancement might have been due to increased expression of MHC and CEA on tumor cells following IFN-α administration.

Our group and others have previously shown that enhanced levels of circulating MDSC correlate with increased disease burden and decreased survival in patients with cancer [\[46](#page-11-24), [47\]](#page-11-25). Additionally, we have shown that MDSC can function to reduce IFN-α responsiveness of immune cells [[25,](#page-11-3) [48\]](#page-11-26). In the present trial, circulating levels of MDSC were measurable and pre-treatment MDSC levels were found to negatively correlate $(p = 0.04)$ with overall survival. This may be due to the fact that increased MDSC levels could lead to enhanced immunosuppression and diminished response to IFN-α treatment. Moreover, it is noteworthy that G-MDSC levels following one cycle of therapy were negatively correlated with sCD27 levels pre-treatment ($p = 0.03$). This suggests that patients with heightened T cell activation prior to the initiation of therapy (as indicated by increased serum sCD27) did not experience an influx of immunosuppressive G-MDSC during Cycle 1 of therapy. This effect could signal the importance of MDSC levels in determining the responsiveness to a vaccine given with IFN-α. Further studies of patient MDSC levels are warranted and may yield clues for potential combination therapies to target MDSC in the context of immune-based therapies.

This immunotherapy regimen was generally well tolerated and can be safely administered to patients with CEAexpressing carcinomas. While the vaccine regimen did not produce any clinical responses, the addition of IFN-α to this vaccine was associated with patient immune responses. IFN- α as a vaccine adjuvant is thus worthy of further investigation in future clinical trials.

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Compliance with ethical standards

Conflict of interest The authors declare that they have no conflict of interest.

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