

RESEARCH PAPER

Cannabinoid type 1 receptor antagonism ameliorates harmaline-induced essential tremor in rat

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BACKGROUND AND PURPOSE

Essential tremor (ET) is a neurological disorder with unknown aetiology. Its symptoms include cerebellar motor disturbances, cognitive and personality changes, hearing and olfactory deficits. Hyperactivity of excitotoxic cerebellar climbing fibres may underlie essential tremor and has been induced in rodents by systemic harmaline administration. Cannabinoid (CB) receptor agonists can cause motor disturbances; although, there are also anecdotal reports of therapeutic benefits of cannabis in motor disorders. We set out to establish the effects of CB receptor agonism and antagonism on an established rodent model of ET using a battery of accepted behaviour assays in order to determine the risk and therapeutic potential of modulating the endocannabinoid system in ET.

EXPERIMENTAL APPROACH

Behavioural effects of systemic treatment with a CB receptor agonist (0.1, 0.5 and 1 mg kg⁻¹ WIN55, 212–2) or two CB₁ receptor antagonists (1 mg kg⁻¹ AM251 and 10 mg kg⁻¹ rimonabant) on tremor induced in rats by harmaline (30 mg kg⁻¹; i.p.), were assessed using tremor scoring, open field, rotarod, grip and gait tests.

KEY RESULTS

Overall, harmaline induced robust tremor that was typically worsened across the measured behavioural domains by CB receptor agonism but ameliorated by CB₁ receptor antagonism.

CONCLUSIONS AND IMPLICATIONS

These results provide the first evidence of the effects of modulating the endocannabinoid system on motor function in the harmaline model of ET. Our data suggest that CB₁ receptor manipulation warrants clinical investigation as a therapeutic approach to protection against behavioural disturbances associated with ET.

Abbreviations

ET, essential tremor; MS, multiple sclerosis; PC, Purkinje cell

Tables of Links

TARGETS
GPCRs^a
CB ₁ receptors
Ligand-gated ion channels^b
Glycine receptors

LIGANDS
Δ^9 -THC, Δ^9 -tetrahydrocannabinol
AM251
Rimonabant
WIN55,212-2

These Tables list key protein targets and ligands in this article that are hyperlinked to corresponding entries in <http://www.guidetopharmacology.org>, the common portal for data from the IUPHAR/BPS Guide to PHARMACOLOGY (Southan *et al.*, 2016), and are permanently archived in the Concise Guide to PHARMACOLOGY 2015/16 (^{a,b}Alexander *et al.*, 2015a,b).

Introduction

Simple essential tremor (ET) is a neurological disorder of unknown aetiology (prevalence: 0.4–3.9%), typically affecting the upper limbs and, less commonly, the head, jaw, tongue, trunk and lower limbs. Although a syndrome of tremor in posture and movement, cerebellar motor disturbances, cognitive and personality changes, hearing and olfactory deficits are also associated with ET (Deuschl and Elble, 2009). Interest in ET remains prominent due to its relatively high prevalence, adverse effect upon quality of life (Schmouh *et al.*, 2014) and apparently increasing prevalence in diseases like multiple sclerosis (MS) (approximately 25%) (Fox *et al.*, 2004). Treatment of ET includes pharmacotherapy with β adrenoceptor antagonists, anticonvulsants, neuroleptics and antidepressants; although, surgical treatments are required in approximately 50% of cases due to pharmacoresistance (Chopra *et al.*, 2013), demonstrating a significant unmet clinical need (Koller and Vetere-Overfield, 1989).

Hyperactivity of the excitotoxic climbing fibres has been suggested as one possible cause of ET and can be induced in laboratory animal species by i.p. administration of harmaline, a β carboline derivative of harmala alkaloids from *Peganum harmala* (Syrian Rue) seeds. Harmaline produces an 8–16 Hz tremor in mice and rats and, in rats, is associated with Purkinje cell (PC) loss (Handforth, 2012).

Recent studies have revealed a role for endocannabinoids in tremor disorders (Glass, 2001; Howard *et al.*, 2013; Arjmand *et al.*, 2015). Cannabinoid (CB) receptors and their endogenous ligands, the endocannabinoids, are abundant in brain areas that manage motor function where they play a neuromodulatory role (Rodriguez de Fonseca *et al.*, 1998). The abundant expression of cerebellar CB₁ receptors, particularly on PC inputs from interneurons and excitatory climbing fibres arising from granule cells and PC synapses, emphasises the importance of endocannabinoid signalling in the cerebellum where it modulates classical cerebellar neurotransmission via activity-induced inhibition of presynaptic neurotransmitter release through inhibition of presynaptic Ca²⁺ influx, mediated by K⁺ channel activation (Daniel *et al.*, 2004).

Although specific changes to cannabinergic signalling in motor diseases remain unclear and significant gaps in our understanding of cannabinergic influences on motor pathways remain, patients have claimed therapeutic benefits of

medical cannabis in tremor-associated diseases (Clifford, 1983). Reduced tremor and spasticity in animal models of MS have been reported following treatment with Δ^9 -tetrahydrocannabinol (THC), a psychoactive plant cannabinoid (Baker *et al.*, 2000; Koch *et al.*, 2007), and numerous but unsubstantiated patient claims for benefits of cannabis use in ET have been made (Tudge *et al.*, 2015). Interestingly, there are several publications showing dose-dependent effects of the CB receptor partial agonist, Δ^9 -tetrahydrocannabinol (Δ^9 -THC), in this regard (Frederickson *et al.*, 1976; Kujtan *et al.*, 1983; Stanford and Fowler, 1998; Freedland *et al.*, 2002). Most notably, a systematic review revealed that Δ^9 -THC was probably ineffective for easing MS-related tremors (Koppel *et al.*, 2014) while, conversely, sustained use of Δ^9 -THC-rich extracts reduced tremor and spasticity in MS (Buccellato *et al.*, 2011). Thus, there are confusing reports of cannabinoid effects upon tremor in MS, and, to date, no studies have investigated the effects of cannabinoids in ET, a discrete disorder. Here, we report the effects of a CB receptor agonist and two CB₁ receptor antagonists on harmaline-induced tremor in rats, using behavioural measures to determine whether endocannabinoid modulation represents a plausible therapeutic strategy for the treatment of ET. In addition, we have assessed the potential risks associated with therapeutic or recreational use of cannabinoid preparations by ET patients.

Methods

All animal care and experimental procedures were in accordance with National Institutes of Health guidelines and approved by the Kerman University of Medical Sciences. Animal studies are reported in compliance with the ARRIVE guidelines (Kilkenny *et al.*, 2010; McGrath and Lilley, 2015). Male Wistar Kyoto rats (40–60 g; P 24–28), provided by the Kerman Neuroscience Research Center, were group housed (2–3 animals per cage) in conventional laboratory rodent cages (Razirad Co., Iran) of dimensions 26.5 (W) × 15 (H) × 42 (L) cm and maintained on a 12 h light–dark cycle at a 23 ± 2°C with access to food and water *ad libitum*. Experiments were conducted during the light phase (08:00–16:00 h).

Three experiments (see Experimental design below) were undertaken, each of which employed five behavioural tasks:

tremor scoring, open field test, rotarod test, grip strength test and gait analysis test (Vaziri *et al.*, 2015). Tests were administered sequentially. Pilot studies ($n = 16$) revealed that 30 mg kg^{-1} harmaline induced stable tremor in this population for the duration of the testing period (2.5–3 h). Previous studies have revealed that harmaline produces tremor at doses of 9–50 mg kg^{-1} in laboratory rodent species (Al-Deeb *et al.*, 2002; Handforth, 2012; Shourmasti *et al.*, 2014).

Behavioural assays

Tremor scoring

Tremor was rated by two observers blinded to treatment. Intra-observer and inter-observer reliability was assessed via the kappa coefficient (acceptance criterion: $>80\%$). Tremor data were acquired during the open field test and quantitatively scored as follows: 0: no tremor; 1: occasional tremor affecting only the head and neck; 2: intermittent (occasional tremor affecting all body parts); 3: persistent (persistent tremor affecting all body parts and tail); and 4: severe (persistent tremor rendering the animal unable to stand and/or walk) (Al-Deeb *et al.*, 2002). Number of rearing events (standing on hind paws with a body-floor angle $>45^\circ$) (Lamprea *et al.*, 2008) (a measure of vertical and explorative activity related to locomotor behaviour) and number of grooming events, i.e. coordinated, patterned and obsessive motor action of front paws or mouth on the fur (Komorowska and Pellis, 2004; Kalueff *et al.*, 2007), per session were also recorded.

Open-field test assessing locomotor behaviour

A Plexiglas arena [90 (W) \times 90 (L) \times 30 (H) cm] was used. Each animal was placed in the centre of the arena and horizontal activity recorded for 5 min with subsequent offline analysis (Ethovision 7.1, Noldus Information Technology, The Netherlands) that assessed total distance moved, duration of mobility and speed. The chamber was cleaned with 70% ethanol and dried between sessions (Vaziri *et al.*, 2015).

Rotarod test

Motor and balance performance were evaluated by accelerating rotarod device (Hugo Sachs, Germany). Prior to placing an animal on the apparatus, rod rotation was set to 10 rpm. At test start, the animal was placed on the rod which was linearly accelerated at 10 rpm min^{-1} to a maximum of 60 rpm. Each animal undertook three trials with a 30 min inter-trial rest interval. The duration for which each animal remained in the apparatus was recorded and the mean for all trials per animal calculated (Vaziri *et al.*, 2015).

Wire grip test

The wire grip test assesses muscle strength and balance (Marks *et al.*, 2009). Each animal was suspended by both forepaws from a horizontal steel wire (80 cm long, 7 mm diameter) suspended 45 cm from the ground. Each animal was held in a vertical position when its front paws were placed in contact with the wire. When the animal grasped the wire, it was released and latency to fall recorded with a stopwatch.

Each animal undertook three trials with a 5 min inter-trial rest interval.

Gait analysis test

The gait analysis test assesses animal walking patterns and gait kinematics. The hind paws of each animal were marked with a non-toxic ink and the animal allowed to traverse a clear Plexiglas tunnel [100 cm (L) \times 10 cm (H) \times 10 cm (W)] lined with white absorbent paper (100 \times 10 cm) and ending in a darkened cage. The resulting tracks provide the spatial relationship of consecutive footfalls from which animal stride length and width were measured. Animals were habituated to the runway for three training runs before testing. Hind paw stride lengths were measured by distance (cm) between the respective paw prints to the successive ipsilateral prints to assess unilateral or bilateral effects of treatment upon gait. Hind paw stride widths were measured by distance between the centers of the respective paw prints to the corresponding contralateral stride length measurements at a right angle. Footprints at the beginning and end of each run were not considered in the analysis (Wecker *et al.*, 2013).

Experimental design

The present study comprised three discrete experiments.

Experiment 1 assessed the effects of harmaline in the behavioural tests described. Here, two groups of animals were employed, one of which received harmaline (30 mg kg^{-1} ; i.p.) and the other harmaline vehicle (dH_2O ; i.p.), each 15 min before behavioural testing began. **Experiment 2** assessed the effect of CB receptor agonism upon harmaline-induced symptoms. Here, four groups of animals were used where one received WIN55, 212–2 vehicle (i.p.; administered 30 min before harmaline) plus harmaline (30 mg kg^{-1} ; i.p.; 15 min before behavioural testing), and three received WIN55, 212–2 at doses of 0.1, 0.5 and 1 mg kg^{-1} (i.p.; administered 30 min before harmaline) plus harmaline (30 mg kg^{-1} ; i.p.; 15 min before behavioural testing). Finally, **Experiment 3** examined the effects of CB₁ receptor antagonism upon harmaline-induced symptoms. Here, three groups of animals were used where one received AM251 or rimonabant vehicle (i.p.; administered 30 min before harmaline) plus harmaline (30 mg kg^{-1} ; i.p.; 15 min before behavioural testing) and two received either AM251 (1 mg kg^{-1} ; i.p.; administered 30 min before harmaline) or rimonabant (10 mg kg^{-1} ; i.p.; administered 30 min before harmaline) plus harmaline (30 mg kg^{-1} ; i.p.; 15 min before behavioural testing).

In vitro, AM251 exhibits greater affinity for CB₁ receptors (3–10-fold; dependent on assay) and exerts greater inhibition of agonist effects at CB₁ receptors (6–10-fold difference in IC_{50} ; dependent on assay and agonist) (Pertwee (2005). Therefore, AM251 and rimonabant were employed at doses of 1 and 10 mg kg^{-1} respectively. CB receptor agonists and antagonists employed in the present study were also examined for effects in the tasks described when administered in the absence of harmaline (doses as stated above; i.p.; 45 min before testing began; See **Supplemental Results**; Figures S3A and S4A vs other supplemental Figures S1–S4). Briefly, when administered in the absence of harmaline, only rimonabant treatment affected any measure where a decrease in rearing events and time on rotarod were observed.

Data and statistical analysis

The data and statistical analysis in this study comply with the recommendations on experimental design and analysis in pharmacology (Curtis et al., 2015). On entry into the study, 192 animals were randomized, using an online tool (<http://graphpad.com/quickcalcs/randomize1/>; seeded using the time of day) into 16 groups of 12 animals as described. Where animals failed to complete a task and provide valid data, no value was included for analysis. Reasons for task failure included the following: failure to habituate to handling, failure to habituate to equipment, technical (e.g. equipment) failure or data provided not amenable to robust analysis (e.g. indistinguishable footprints in the gait task). The number of animals per group per assay that contributed data for quantitative analysis is shown in parentheses in each figure. Group size was determined by sample size calculation to provide statistical power of $\geq 80\%$ to detect effect sizes consistent with relevant comparators previously described for this animal model (Handforth, 2012) at the 5% level of significance with the intention to establish differences between control and study drug groups.

Experimental data were collected by researchers blinded to drug treatment and analysed by an independent researcher blinded to group identity. Data were unblinded prior to pairwise statistical comparisons (see below) in order to allow specification of the comparator control group. SPSS (IBM, USA), Origin (OriginLab Co., MA, USA) and GraphPad Prism 6 (GraphPad Software, USA) were used for statistical analysis of data and figure production. Prior to the conduct of comparative statistics, the presence or not of outlier data points pooled by task was assessed using the ROUT method as implemented in GraphPad Prism 6 (Motulsky and Brown, 2006). These data were excluded from the statistical analysis and comprised 6/1648 (approximately 0.3%) data points across all groups and all assays. Data were then assessed for normality using a Kolmogorov–Smirnov test. Results found to be normally distributed ($P > 0.05$ in K–S test) were expressed as mean \pm SEM and analysed using either a paired Student's *t*-test or a one-way ANOVA test. Where a main effect was seen in ANOVA tests, pairwise comparisons between control and each drug treated group were then made using Tukey's *post hoc* tests. Results that were not normally distributed ($P < 0.05$ in K–S test) were expressed as median and interquartile range [expressed as median (interquartile range)] and analysed using either a Mann–Whitney test or a Kruskal–Wallis test. Where a main effect was seen in Kruskal–Wallis tests, pairwise comparisons between control and each drug treated group were then made using Dunn's multiple comparisons test. In each case, $P < 0.05$ was considered statistically significant.

Materials

The non-selective CB receptor agonist, WIN55, 212–2 (Sigma, USA), and the CB₁ receptor selective antagonists, AM251 (Sigma) and rimonabant (Cayman, USA), were first dissolved in DMSO before further dilution in distilled water (maximum final DMSO concentration, 1%*v/v*). Harmaline hydrochloride dihydrate (Sigma) was dissolved in distilled water. Drugs were administered i.p. in a maximum total injection volume of 1 mL.

Results

Experiment 1 assessed the effects of harmaline versus a single, distilled water-treated control group. Harmaline reliably induced a significant and persistent tremor that affected all body parts (Figure 1A) and also significantly reduced rearing (Figure 1B) and grooming events (Figure 1C). In the open field test, harmaline significantly decreased total distance moved (Figure 1D) while mean mobility duration (Figure 1E) and median speed (Figure 1F) were also significantly decreased by treatment. In the rotarod test, median time on the apparatus was significantly decreased by harmaline treatment (Figure 2A), and, similarly, treatment significantly decreased median gripping time in the grip strength test (Figure 2B). When animal gait was assessed, harmaline significantly increased mean gait width (Figure 2C) and reduced mean right (Figure 2D) and left (Figure 2E) stride length. These results demonstrate that treatment with 30 mg kg⁻¹ harmaline reliably and reproducibly induced severe tremor associated with significant functional deficits that were detected and assessed using the tasks employed.

Experiment 2 assessed the effect of CB receptor agonism upon the harmaline-induced symptoms described in **Experiment 1**. The CB receptor agonist, WIN55, 212–2 (0.1, 0.5 and 1 mg kg⁻¹) or vehicle was administered 30 min before harmaline (30 mg kg⁻¹) and effects assessed behaviourally as previously described. Here, an overall effect of treatment upon median harmaline-induced tremor [H(3) = 12.1, $P < 0.05$; Figure 3A], median rearing events [H(3) = 13.47, $P < 0.05$; Figure 3B] and median grooming events was seen [H(3) = 18.01, $P < 0.05$; Figure 3C], although subsequent pairwise comparisons only revealed significant effects of higher doses (0.5, 1 mg kg⁻¹) of WIN55, 212–2 upon grooming events (Figure 3C).

In the open field test, no overall effects of treatment upon mean total distance moved ($F_{3, 41} = 2.270$, $P > 0.05$; Figure 3D) or median mobility duration [H(3) = 4.509, $P > 0.05$; Figure 3E] were seen; although, mean movement speed ($F_{3, 37} = 4.688$, $P < 0.05$; Figure 3F) was affected where *post hoc* tests revealed that WIN55, 212–2 1 mg kg⁻¹ significantly reduced movement speed. In the rotarod test, a main effect of treatment upon median time on the rotarod apparatus [H(3) = 14.21, $P < 0.05$] was seen where WIN55, 212–2 caused a dose-dependent exacerbation of harmaline effects on this measure (Figure 4A). Furthermore, treatment significantly affected median grip strength [H(3) = 20.28, $P < 0.05$]; although, *post hoc* comparisons revealed that only WIN55, 212–2 0.5 mg kg⁻¹ significantly reduced gripping time (Figure 4B). Finally, when animal gait was assessed, significant effects of treatment upon median gait width [H(3) = 13.32, $P < 0.05$; Figure 4C] and median stride length [right stride: H(3) = 17.35, $P < 0.05$; left stride: H(3) = 9.703, $P < 0.05$; Figure 4D,E] were seen. *Post hoc* comparisons with harmaline plus WIN55, 212–2 vehicle-treated controls tests revealed that the lowest dose of WIN 55212–2 (0.1 mg kg⁻¹) decreased the harmaline-induced increase in gait width, although the highest dose of WIN 55212–2 (1 mg kg⁻¹) exacerbated the harmaline-induced decrease in right, but not left, stride length.

Experiment 3 assessed the effects of CB₁ receptor antagonism upon harmaline-induced symptoms by examining

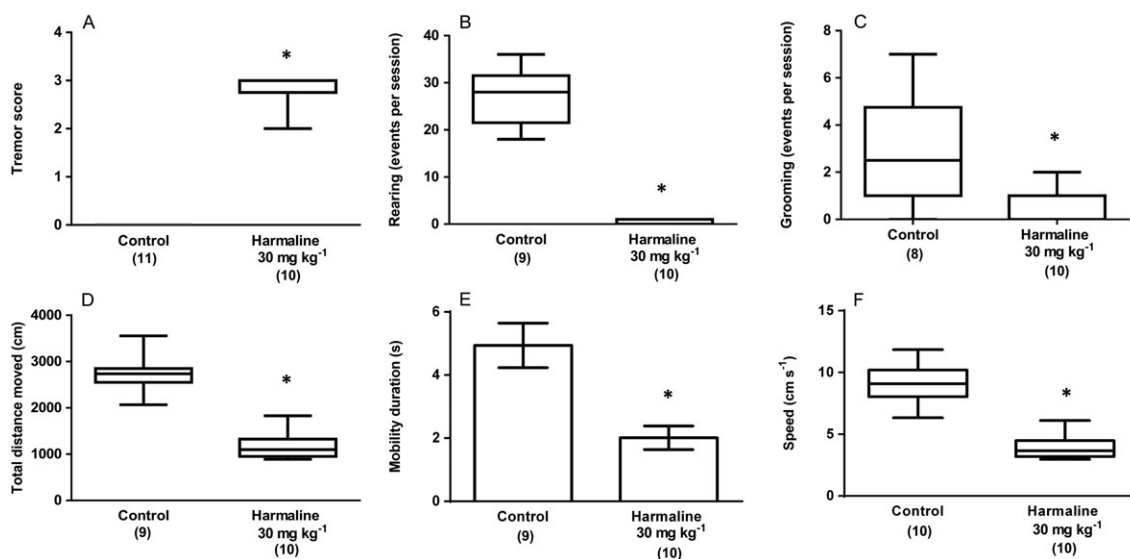


Figure 1

Experiment 1: The effect of harmaline (30 mg kg^{-1} ; i.p.) on (A) tremor score, (B) rearing events per session and (C) grooming events per session. Results from the same treatment in the open field test are shown as (D) total distance moved (cm), (E) mobility duration (s) and (F) movement speed (cm s^{-1}). Data describing mobility duration exhibited a normal distribution and are represented as mean \pm SEM. Data describing tremor score, rearing events, grooming events, total distance moved and movement speed were not normally distributed and are represented as medians with interquartile ranges as a box and maxima/minima as whiskers. * $P < 0.05$, significantly different from the vehicle (distilled water; i.p.) treated group. Numbers in parentheses indicate group sizes. No data points were excluded as outliers in the presented analyses.

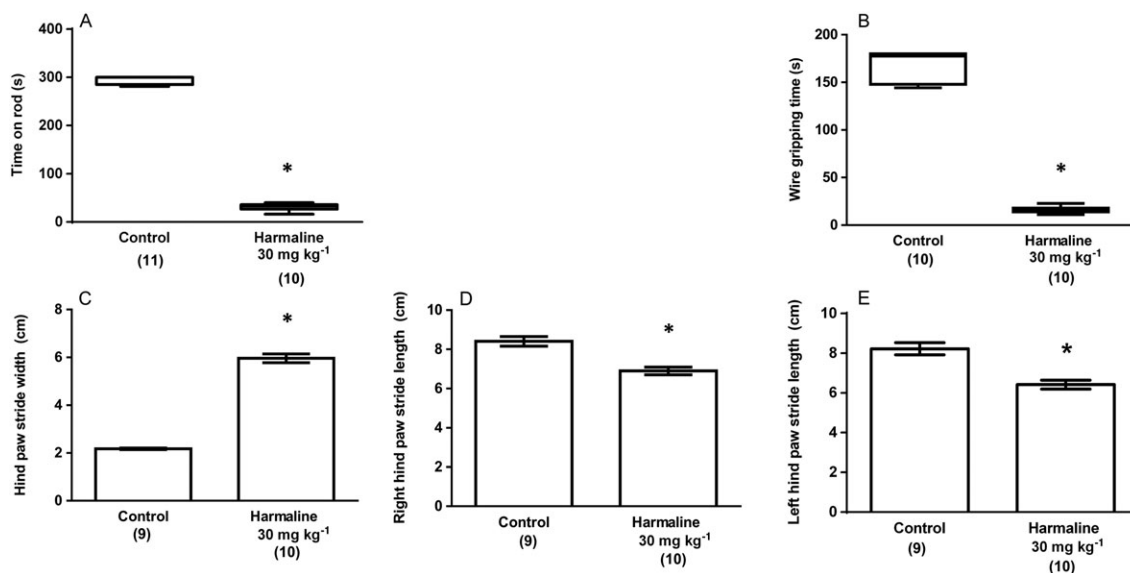


Figure 2

Experiment 1: The effect of harmaline (30 mg kg^{-1} ; i.p.) upon (A) time spent on rotarod apparatus and (B) gripping time in the wire grip test. Results from the same treatment in the gait analysis test are shown as (C) hind paw stride width (cm), (D) right hind paw stride length (cm) and (E) left hind paw stride length (cm). Data describing measures from the gait analysis exhibited a normal distribution and are represented as mean \pm SEM. Data describing time on the rotarod apparatus and gripping time in the wire grip test were not normally distributed and are represented as medians with interquartile ranges as a box and maxima/minima as whiskers. * $P < 0.05$, significantly different from the vehicle (distilled water; i.p.) treated group. Numbers in parentheses indicate group sizes. No data points were excluded as outliers in the presented analyses.

the effects of the CB₁ receptor selective antagonists AM251 (1 mg kg^{-1}) and rimonabant (10 mg kg^{-1}) when administered 30 min before harmaline (30 mg kg^{-1}) in our battery

of behavioural tasks. A significant effect of drug treatment [$H(2) = 17.02$, $P < 0.05$] on median tremor score was seen, and *post hoc* tests revealed that AM251 and rimonabant

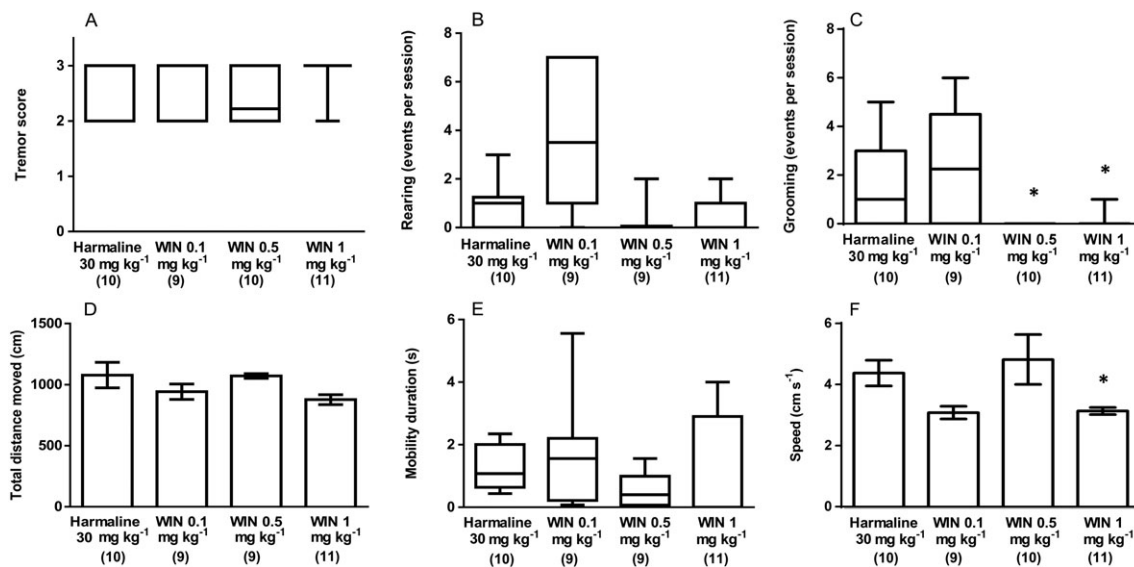


Figure 3

Experiment 2: The effect of CB receptor agonist (WIN55212-2 0.1, 0.5 and 1 mg kg⁻¹; i.p.) treatment upon harmaline (30 mg kg⁻¹; i.p.) induced symptoms. (A) Tremor score, (B) rearing events per session and (C) grooming events per session. Results from the same treatment in the open field test are shown as (D) total distance moved (cm), (E) mobility duration (s) and (F) movement speed (cm s⁻¹). Data describing total distance moved and movement speed exhibited a normal distribution and are represented as mean \pm SEM. Data describing tremor score, rearing events, grooming events and mobility duration were not normally distributed and are represented as medians with interquartile ranges as a box and maxima/minima as whiskers. * $P < 0.05$, significantly different from the harmaline only group. Numbers in parentheses indicate group sizes. No data points were excluded as outliers in the presented analyses.

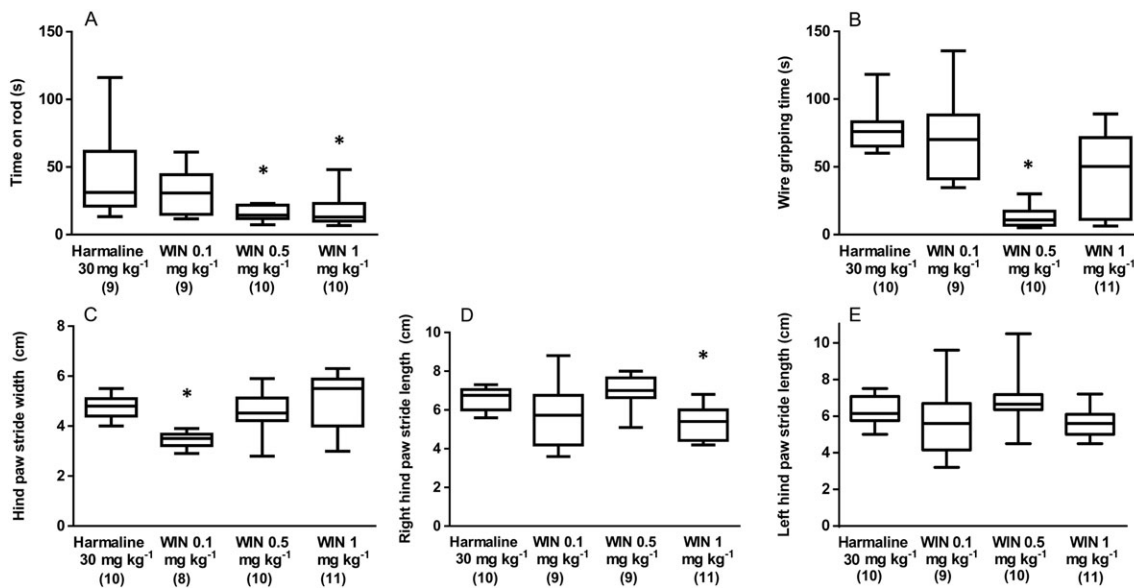


Figure 4

Experiment 2: The effect of CB receptor agonist (WIN55-212,2 0.1, 0.5 and 1 mg kg⁻¹; i.p.) treatment upon harmaline (30 mg kg⁻¹; i.p.) induced symptoms. (A) Time spent on rotarod apparatus and (B) gripping time in the wire grip test. Results from the same treatment in the gait analysis test are shown as (C) hind paw stride width (cm), (D) right hind paw stride length (cm) and (E) left hind paw stride length (cm). Data for all measures in this experiment were not normally distributed and are represented as medians with interquartile ranges as a box and maxima/minima as whiskers. * $P < 0.05$, significantly different from the harmaline only group. Numbers in parentheses indicate group sizes. 3/199 data points were detected as outliers and excluded from the presented analyses.

(Figure 5A) significantly reduced tremor scores when compared with harmaline plus vehicle controls. When rearing events were assessed, a main effect of treatment was detected [$H(2) = 12.86, P < 0.05$] and revealed that rimonabant significantly increased rearing events when compared with harmaline plus vehicle (Figure 5B). A significant effect of treatment upon grooming events was also seen [$H(2) = 19.88, P < 0.05$] where both antagonists produced significant increases when compared with harmaline plus vehicle (Figure 5C). In the open field test, significant effects of treatment were seen on the median total distance moved [$H(2) = 17.51, P < 0.05$], mean mobility duration ($F_{2, 27} = 10.84, P < 0.05$) and mean movement speed ($F_{2, 27} = 3.792, P < 0.05$). Here, when comparisons were made versus the harmaline plus vehicle group, *post hoc* tests revealed that both AM251 and rimonabant significantly increased total distance moved (Figure 5D) and mobility duration (Figure 5E), but only rimonabant significantly increased movement speed (Figure 5F).

In the rotarod test, a main effect of treatment upon mean time on the apparatus was seen ($F_{2, 23} = 47.21, P < 0.05$) that revealed CB₁ receptor antagonist treatment to significantly increase times on the rod when compared with harmaline plus vehicle controls (Figure 6A). In the grip strength test, a similar effect was seen where the main effect of treatment ($F_{2, 24} = 24.04, P < 0.05$) arose from significant effects of CB₁ receptor antagonism to increase mean grip time (Figure 6B). Finally, in our analysis of gait, a significant effect of treatment was seen upon median stride width [$H(2) = 14.71, P < 0.05$; Figure 6C] but not mean stride length (right: $F_{2, 25} = 1.559, P > 0.05$ and left: $F_{2, 25} = 2.685, P > 0.05$; Figure 6D,E) where

post hoc tests revealed that CB₁ receptor antagonism reduced stride width, when compared with harmaline plus vehicle controls.

Discussion

Essential tremor is the most common movement disorder (Louis *et al.*, 1998), has unmet clinical need (approximately 50% of the cases of ET are resistant to pharmacotherapy) and is most frequently cerebellar in origin. The endocannabinoid system plays an important role in cerebellar function, and CB₁ receptor expression is at its most abundant in mammalian cerebellum (Miller and Devi, 2011). However, while behavioural effects of CB₁ receptor agonism in healthy laboratory species are well established (Little *et al.*, 1988), CB₁ receptor modulation in ET has never been examined. Such a study is important and timely since the endocannabinoid system may represent an unexploited target for ET pharmacotherapy. Moreover, recreational and medical use of cannabis are increasing, raising the risk of exposure in ET patients. Finally, recreational abuse of synthetic cannabinoids (typically CB₁ receptor agonists) is also increasing, presenting additional risks within the ET patient population (Fox *et al.*, 2004; Gilman *et al.*, 2014; Tudge *et al.*, 2015). We therefore assessed the effects of a CB receptor agonist and two CB₁ receptor antagonists in a murine ET model using five conventional behavioural assessments.

In our first experiment, and consistent with the published reports, harmaline reliably induced tremor (Martin *et al.*, 2005) which was manifested as marked deficits in

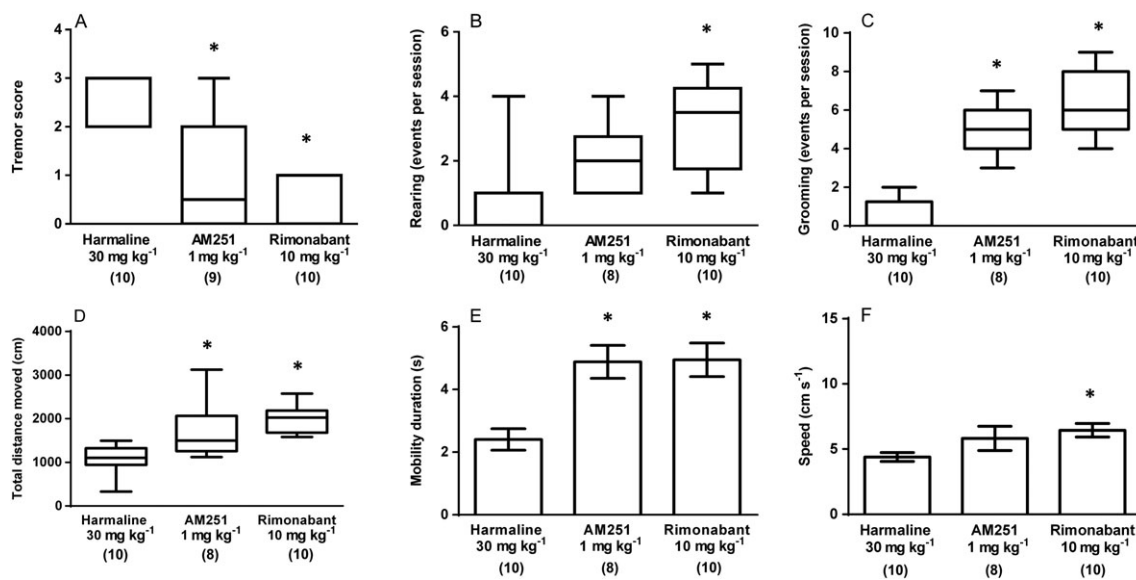


Figure 5

Experiment 3: The effect of the CB₁ receptor antagonists (AM251 1 mg kg⁻¹ and rimonabant 10 mg kg⁻¹; both i.p.) treatment upon harmaline (30 mg kg⁻¹; i.p.) induced symptoms. (A) Tremor score, (B) rearing events per session and (C) grooming events per session. Results from the same treatment in the open field test are shown as (D) total distance moved (cm), (E) mobility duration (s) and (F) movement speed (cm s⁻¹). Data describing mobility duration and movement speed exhibited a normal distribution and are represented as mean ± SEM. Data describing tremor score, rearing events, grooming events and total distance moved were not normally distributed and are represented as medians with interquartile ranges as a box and maxima/minima as whiskers. * $P < 0.05$, significantly different from the harmaline only group. Numbers in parentheses indicate group sizes. 3/172 data points were detected as outliers and excluded from the presented analyses.

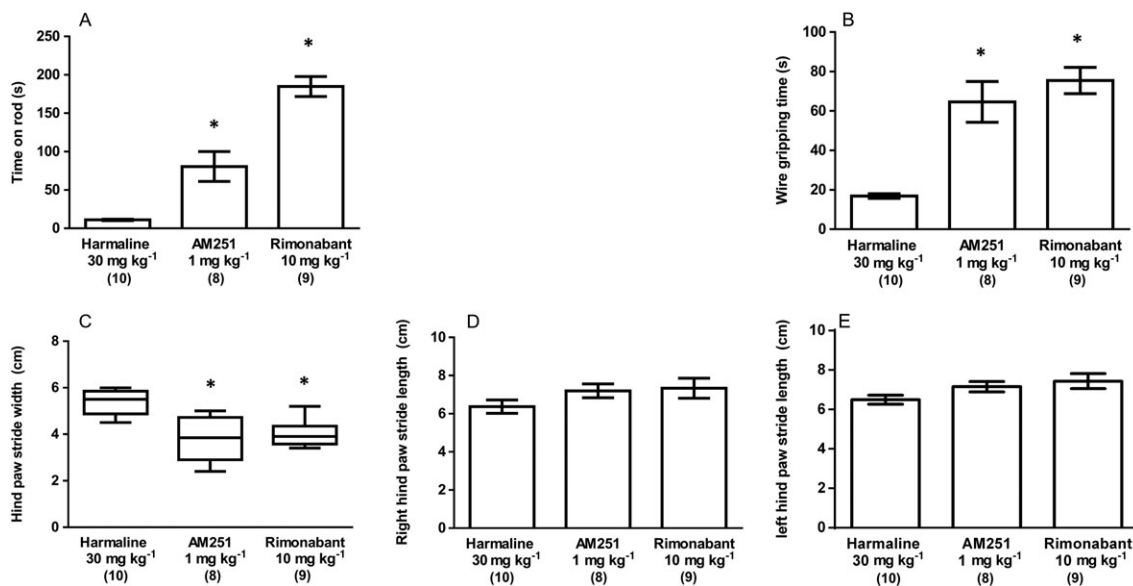


Figure 6

Experiment 3: The effect of CB₁ antagonist (AM251 1 mg kg⁻¹ and rimonabant 10 mg kg⁻¹; both i.p.) treatment upon harmaline (30 mg kg⁻¹; i.p.) induced symptoms. **(A)** Time spent on rotarod apparatus and **(B)** gripping time in the wire grip test. Results from the same treatment in the gait analysis test are shown as **(C)** hind paw stride width (cm), **(D)** right hind paw stride length (cm) and **(E)** left hind paw stride length (cm). Data for time on rotarod apparatus, gripping time in the wire grip test and right and left hind paw stride lengths were normally distributed and are represented as mean ± SEM. Hind paw stride width data were not normally distributed and are represented as medians with interquartile ranges as a box and maxima/minima as whiskers. * $P < 0.05$, significantly different from the harmaline only group. Numbers in parentheses indicate group sizes. No data points were excluded as outliers in the presented analyses.

performance, in all of the behavioural tasks employed. These deficits were shown by significant reductions in rearing and grooming events, distance moved by animals in the open field test, mobility duration, movement speed, time on rotarod, grip strength, bilateral gait width and stride length. Harmaline produces tremor, the severity of which is reliably dose-dependent and species-specific (Miwa *et al.*, 2006). Notably, studies seeking to detect the effects of agents that are hypothesized to potentiate ET, such as caffeine (Al-Deeb *et al.*, 2002), most commonly employ a lower dose of harmaline, about 10 mg kg⁻¹, while those exploring the potential therapeutic utility of novel agents to treat ET symptoms, will most often employ higher harmaline doses, about 30 mg kg⁻¹ (Shourmasti *et al.*, 2014). Here, since a severe tremor state was required, upon which only potent ameliorating or exacerbating pharmacological effects of the cannabinoids studied would be revealed, a harmaline dose of 30 mg kg⁻¹ was employed. The primary cause of harmaline-induced tremor is via alteration of synchronous activation of climbing fibres from the inferior olive projecting to cerebellar PC (Kolasiewicz *et al.*, 2009), most likely via repetitive discharge generation in inferior olivary nucleus neurons through potentiation of Ca_v3.1 calcium channels responsible for intrinsic oscillatory activity in this neuronal population (Miwa and Kondo, 2011).

One of the most frequently reported effects of cannabis in a survey of MS patients was tremor relief (Koch *et al.*, 2007). However, other studies have reported that cannabis does not improve MS-associated tremor (Fox *et al.*, 2004; Koppel *et al.*, 2014), and static ataxia can be reliably induced by CB₁ receptor agonism in dogs and mice (Dewey *et al.*, 1972). In

our second experiment, we examined the consequences of CB receptor activation upon harmaline-induced behavioural deficits in rat. Here, the CB receptor agonist largely exacerbated harmaline-induced symptoms, as demonstrated by reduced grooming events, movement speed and time spent on the rotarod, consistent with CB₁ receptor agonist effects in healthy animals (Little *et al.*, 1988). While these effects occurred only at the higher doses of WIN55212-2 and suggested a possible dose-dependent effect, CB receptor agonism also exerted conflicting and apparently dose-independent effects upon features of gait. Here, only the lowest dose of WIN55212-2 partly reversed harmaline-induced changes in stride width, yet the highest dose exacerbated right, but not left stride length. Similarly, only the middle dose of WIN55212-2 exacerbated the harmaline-induced decrease in grip strength which was unaffected by either the lowest or highest doses.

WIN55212-2 is an agonist that acts at both CB₁ and CB₂ receptors. While the presence and functional relevance of central CB₂ receptors remains controversial (Morgan *et al.*, 2009; Xi *et al.*, 2011), the potential for some of the effects of WIN55212-2 reported here to have been mediated, wholly or in part, via CB₂ receptor activation cannot be ruled out. Overall, CB receptor agonism typically worsened harmaline-induced symptoms as assessed using the behavioural measures employed. While some conflicting results were found in more nuanced tests of motor function (e.g. gait), they did not appear to be dose-dependent, and no indication of potential therapeutic benefit was seen in tests which assessed fundamental features of the model (e.g. tremor).

Our previous *in vitro* studies have suggested that CB₁ receptor antagonism may be beneficial in movement disorders by reducing CB₁ receptor-mediated inhibition of GABA release (Ma *et al.*, 2008). In the present study, we have shown that CB₁ receptor antagonists ameliorated severe ET symptoms and such data represent the first behavioural evidence of clinical potential in an established and relevant animal model. Importantly, the two CB₁ receptor antagonists tested both significantly decreased harmaline-induced tremor score, showing beneficial effects on the primary behavioural deficit exhibited in this model. Moreover, while not reaching magnitudes comparable with control animal behaviours, both AM251 and rimonabant increased grooming events when compared with animals only treated with harmaline, while rimonabant alone increased rearing events, largely consistent with previous reports (Zavatti *et al.*, 2011). CB₁ receptor antagonism also exerted beneficial effects in the open field test where both antagonists tested ameliorated harmaline-induced behavioural deficits in all measured domains (with the exception of AM251 in movement speed). Similarly, both antagonists exerted beneficial effects upon harmaline-induced adverse effects in the rotarod and grip strength tasks in addition to ameliorating harmaline effects upon stride width but not stride length. Thus, blockade of endocannabinergic tone exerts intrinsic therapeutic benefit in this rodent model of severe ET. Harmaline treatment evokes rhythmic burst-firing activity in the medial and dorsal accessory inferior olivary nuclei that is propagated via climbing fibres to PCs, before further transmission to deep cerebellar nuclei, brainstem and spinal cord, consistent with our previous observation (Ma *et al.*, 2008) that CB₁ receptor antagonism inhibits PC firing via blockade of endocannabinergic inhibition of GABA release. However, the involvement of other, additional, endocannabinoid-mediated processes cannot yet be eliminated.

While a reversal by CB₁ receptor antagonism of harmaline effects upon simple motor functions or their exacerbation by CB₁ receptor agonists most likely arise predominantly from central CB₁ receptor-mediated effects, some CB₁ receptor antagonists exert off-target effects. Therefore, and particularly with regard to results where a clear dose-related response was not evident, further investigation is warranted to determine potential interplay between such signalling systems. *In vitro*, rimonabant and AM251 can allosterically potentiate GABA_A receptors at nanomolar concentrations; although, their site of action is distinct from other allosteric modulators of this receptor (Baur *et al.*, 2012; Battistella *et al.*, 2014). Moreover, glycine receptors are involved in a number of movement disorders (Yang *et al.*, 2008) and exhibit a distinct pharmacological profiles for several cannabinoid compounds and CB receptor ligands and so establish glycine receptors as novel targets for endogenous and exogenous cannabinoids (Yang *et al.*, 2008).

As found in the cerebellum and ET, CB₁ receptor expression is also abundant in the cerebral ganglia (Pacher and Steffens, 2009) and has been studied in a primate model of dyskinesia. Here, while rimonabant reduced dyskinetic symptoms (van der Stelt *et al.*, 2005), another CB₁ receptor antagonist, 1-[7-(2-chlorophenyl)-8-(4-chlorophenyl)-2-methylpyrazolo(1,5-a)-[1,3,5] triazin-4-yl]-3-ethylaminoazetidine-3-carboxylic acid amide benzenesulfonate, failed to affect

dyskinetic symptoms (Cao *et al.*, 2007). Moreover, the CB receptor partial agonist, nabilone, also alleviated symptoms in the same model (Fox *et al.*, 2002) and in a small clinical pilot (Sieradzan *et al.*, 2001), but these results were not replicated in a randomized-controlled clinical trial (Carroll *et al.*, 2004). Thus, as found in the present study with respect to CB₁ receptor modulation of ET symptoms, other dyskinesias appear either improved or unaffected by CB₁ receptor antagonism but paradoxically alleviated and exacerbated by CB receptor agonists. This contradiction, exemplified by our own results and those describing therapeutic benefits of CB₁ receptor agonists in animal models of chronic tremor (Baker *et al.*, 2000; Koch *et al.*, 2007), may suggest that overall effects are determined by the aetiology of the disorder model. Thus, in a chronic encephalomyelitis modelling MS (Baker *et al.*, 2000) where widespread demyelination and axon loss occur, CB receptor agonism can be of use while, in acute tremor arising from cerebellar hyperexcitability (e.g. harmaline treatment) to model idiopathic ET, CB₁ receptor antagonism is beneficial.

In conclusion, our results demonstrated that acute CB₁ receptor antagonism improved severe ET symptoms and so demonstrated their therapeutic potential for ET. Rimonabant was previously licensed for weight loss although this drug was withdrawn in 2008 following reports of psychiatric side effects in a trial population where higher doses were employed (Moreira and Crippa, 2009). However, adverse reactions of this nature do not necessarily preclude the use of a treatment, as in the case of suicidal ideation associated with SSRIs (Ghaziuddin *et al.*, 2014) and so should not hinder drug development, if warranted by unmet clinical needs. Moreover, rimonabant has since been shown to act as an inverse agonist at CB₁ receptors (Landsman *et al.*, 1997) and so making the investigation of neutral CB₁ receptor antagonists, such as Δ^9 -tetrahydrocannabinol (Tudge *et al.*, 2015), in ET even more necessary, because it is already known to modulate PC firing *in vitro* (Ma *et al.*, 2008).

Our study reinforces the pivotal role of the endocannabinoid system in motor function and highlights its therapeutic potential in the treatment of ET symptoms. Our novel findings justify further study of the basic neuronal circuits that subserve CB₁ receptor antagonist therapies for ET alongside further *in vivo* studies to elucidate mechanisms of CB₁ receptor antagonist effects on harmaline symptoms (e.g. central microdialysis). Moreover, while harmaline-induced tremor is a valuable first line model used to inform prioritisation of candidate ET treatments for subsequent investigation, it is necessarily limited as a result of its acute nature. Harmaline-induced tremor is predictive of clinical efficacy in ET in approximately 50% of cases (Handforth, 2012), and so the findings presented here strongly support further preclinical study of repeated CB₁ receptor antagonist treatment in animal models of disease, in comparison with models of acute symptoms, as used here, and subsequent clinical development.

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Author contributions

H.A. executed the research project, statistical analysis, manuscript preparation. B.J.W. was responsible for the conception, organization, review and critique of research, statistical analysis and manuscript preparation. V.S. carried out the organization of the research project. M.S. took part in the conception and organization of the research project, the statistical analysis and manuscript preparation.

Conflict of interest

The authors declare no conflicts of interest.

Declaration of transparency and scientific rigour

This Declaration acknowledges that this paper adheres to the principles for transparent reporting and scientific rigour of preclinical research recommended by funding agencies, publishers and other organisations engaged with supporting research.

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Supporting Information

Additional Supporting Information may be found in the online version of this article at the publisher's web-site:

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Figure S1 The effect of WIN55–212,2 (0.1, 0.5 and 1 mg kg⁻¹; i.p.) upon (A) rearing events per session and (B) grooming events per session. Results from the same treatment in the open field test are shown as (C) total distance moved (cm), (D) mobility duration (s) and (E) movement speed (cm s⁻¹). Data describing rearing events and total distance moved exhibited a normal distribution and are represented as mean ± SEM. Data describing grooming events, mobility duration and movement speed were not normally distributed and are represented as medians with interquartile ranges as a box and maxima/minima as whiskers. * *P* < 0.05, significantly different from the vehicle (distilled water; i.p.) treated group. Numbers in parentheses indicate group sizes. No data points were excluded as outliers in the presented analyses.

Figure S2 The effect of WIN55–212,2 (0.1, 0.5 and 1 mg kg⁻¹; i.p.) upon (A) time spent on rotarod apparatus and (B) gripping time in the wire grip test. Results from the same treatment in the gait analysis test are shown as (C) hind paw stride width (cm), (D) right hind paw stride length (cm) and (F) left hind paw stride length (cm). Data describing measures from the gait analysis exhibited a normal distribution and are represented as mean ± SEM. Data describing time on the rotarod apparatus and gripping time in the wire grip test were not normally distributed and are represented as medians with

interquartile ranges as a box and maxima/minima as whiskers. * *P* < 0.05, significantly different from the vehicle (distilled water; i.p.) treated group. Numbers in parentheses indicate group sizes. No data points were excluded as outliers in the presented analyses.

Figure S3 The effect of AM251 (1 mg kg⁻¹; i.p.) and rimonabant (10 mg kg⁻¹; i.p.) upon (A) rearing events per session and (B) grooming events per session. Results from the same treatment in the open field test are shown as (C) total distance moved (cm), (D) mobility duration (s) and (E) movement speed (cm s⁻¹). Data describing rearing and grooming events and total distance moved exhibited a normal distribution and are represented as mean ± SEM. Data describing mobility duration and movement speed were not normally distributed and are represented as medians with interquartile ranges as a box and maxima/minima as whiskers. * *P* < 0.05, significantly different from the vehicle (distilled water; i.p.) treated group. Numbers in parentheses indicate group sizes. No data points were excluded as outliers in the presented analyses.

Figure S4 The effect of AM251 (1 mg kg⁻¹; i.p.) and rimonabant (10 mg kg⁻¹; i.p.) upon (A) time spent on rotarod apparatus and (B) gripping time in the wire grip test. Results from the same treatment in the gait analysis test are shown as (C) hind paw stride width (cm), (D) right hind paw stride length (cm) and (F) left hind paw stride length (cm). Data describing measures from the gait analysis exhibited a normal distribution and are represented as mean ± SEM. Data describing time on the rotarod apparatus and gripping time in the wire grip test were not normally distributed and are represented as medians with interquartile ranges as a box and maxima/minima as whiskers. * *P* < 0.05, significantly different from the vehicle (distilled water; i.p.) treated group. Numbers in parentheses indicate group sizes. No data points were excluded as outliers in the presented analyses.