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Kidney Function and Sudden Cardiac Death in the Community: The Atherosclerosis Risk in Communities (ARIC) Study

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Structured Abstract

Background—Individuals with chronic kidney disease, particularly those requiring dialysis, are at high risk of sudden cardiac death (SCD). However, comprehensive data for the full-spectrum of kidney function and SCD risk in the community are sparse. Furthermore, newly developed equations for estimated glomerular filtration rate (eGFR) and novel filtration markers might add further insight to the role of kidney function in SCD.

Methods—We investigated the associations of baseline eGFRs using either serum creatinine, cystatin C, or both (eGFR_{cr}, eGFR_{cys}, and eGFR_{cr-cys}), cystatin C itself, and β_2 -microglobulin (B2M) with SCD (205 cases through 2001) among 13,070 blacks and whites ARIC participants at baseline during 1990–92 using Cox regression models accounting for potential confounders.

Results—Low eGFR was independently associated with SCD risk: for example, HR for eGFR <45 vs 90 ml/min/1.73m² was 3.71 (95%CI 1.74–7.90) with eGFR_{cr}; 5.40 (2.97–9.83) with eGFR_{cr-cys}; and 5.24 (3.01–9.11) with eGFR_{cys}. When eGFR_{cr} and eGFR_{cys} were included together in a single model, the association was only significant for eGFR_{cys}. When three eGFR, cystatin C, and B2M were divided into quartiles, B2M demonstrated the strongest association with SCD (HR for 4th quartile vs 1st quartile 3.48 (2.03–5.96) vs. 2.7 for the other kidney markers).

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Disclosures

The other authors declare that they have no relevant financial interests.

Conclusions—Kidney function was independently and robustly associated with SCD in the community, particularly when cystatin C or B2M was used. These results suggest the potential value of kidney function as a risk factor for SCD and the advantage of novel filtration markers over eGFRcr in this context.

Index Words

Sudden cardiac death (SCD); estimated glomerular filtration rate (eGFR); kidney function; cystatin C; β_2 -microglobulin (B2M); β -trace protein (BTP); chronic kidney disease (CKD); Atherosclerosis Risk in Communities (ARIC) Study

Sudden cardiac death (SCD), a sudden and unexpected pulseless condition with cardiac etiology, is a public health issue worldwide.¹ In the U.S., 180,000 to 450,000 SCD cases are estimated to occur every year² and account for 7% to 18% of all deaths.^{3, 4} Since SCD can occur out-of-hospital before the chance of any medical care and 25% of those with out-of-hospital cardiac arrest have no symptoms before the onset², it is critical to identify individuals at high risk and try to prevent SCD.¹

Chronic kidney disease (CKD) is a well-known risk factor of cardiovascular mortality.⁵ Individuals with CKD have similar mortality risk to those with prior myocardial infarction (MI).⁶ Kidney dysfunction is associated with risk of SCD in several studies.^{7–13} However, these studies were conducted in selected populations with coronary artery disease,^{9, 11} heart failure,^{7, 8, 10} end-stage renal disease,¹² or exclusively older individuals,¹³ leaving uncertainty as to whether kidney function is associated with SCD in a middle-aged general population.

Recently, new equations for eGFR using serum creatinine and/or cystatin C (eGFRcr, eGFRcys, and eGFRcr-cys) were designed. eGFRcr-cys showed greater accuracy and better prognostication than GFRcr.^{14–16} However, these equations have not been studied in the context of SCD. Furthermore, several novel markers of kidney function such as β_2 -microglobulin (B2M) and β -trace protein (BTP) may more accurately estimate kidney function and predict cardiovascular disease and mortality beyond serum creatinine and cystatin C.^{17–19} Thus, the objective of this study was to comprehensively investigate kidney function assessed with various filtration markers and its relationship to SCD in middle-aged individuals from a community-based cohort, the Atherosclerosis Risk in Communities (ARIC) Study.

Methods

Study Participants

The ARIC Study consists of 15,792 individuals aged 45 to 64 years at baseline (1987–1989), from four U.S. communities in North Carolina, Mississippi, Minnesota, and Maryland. Details of the ARIC study have been described elsewhere.²⁰ The current study used visit 2 (1990–92) as baseline, at which 14,348 participants attended and B2M and cystatin C were measured along with serum creatinine. Participants were excluded from the study if they did not have records of B2M (n=975), cystatin C (n=88), follow-up (n=173), or if they were of non-black, non-white ethnicity (n=42), for a final study sample of 13,070 participants. We

repeated the analysis using data at visit 4 (1996–98), when BTP was assessed in addition to serum creatinine, cystatin C and B2M. This sensitivity analysis consisted of 10,406 participants out of 11,656 participants at visit 4, after excluding those who did not have data of cystatin C, B2M, or BTP (n=1,069) or follow-up (n=150) or who were non-black and non-white (n=31).

Kidney Function Markers

eGFR was calculated using the CKD-EPI equations based on serum creatinine, cystatin C, and both (eGFR_{cr}, eGFR_{cys}, and eGFR_{cr-cys}, respectively).^{14, 15} Creatinine was measured at visit 2 in serum specimens and at visit 4 in plasma specimens by the modified kinetic Jaffé method. Cystatin C was measured using the Gentian immunoassay and B2M was measured using Roche B2M reagent on the Roche Modular P800 Chemistry analyzer in stored serum samples at visit 2. Cystatin C, B2M, and BTP were measured at visit 4 by a particle-enhanced immunonephelometric assay with a BNII nephelometer (Siemens Healthcare Diagnostics). Reliability coefficients after removing outliers (>3 standard deviation differences) for masked replicate samples were 0.94 for these filtration markers.²¹

Covariates

At every visit, participants reported information on smoking and alcohol intake, underwent a physical examination, and provided blood samples. Hypertension was defined as systolic blood pressure \geq 140 mmHg, diastolic blood pressure \geq 90 mmHg, or treatment for hypertension. Body mass index was calculated as weight in kilograms divided by height in meters squared. Obesity was defined as body mass index (BMI) \geq 30 kg/m². Education was categorized as advanced (completed college or more), intermediate (high school to less than college), and no or basic (less than high school). Diabetes mellitus (DM) was defined as fasting glucose \geq 126 mg/dL, nonfasting glucose \geq 200 mg/dL, treatment for diabetes mellitus, or a self-reported physician diagnosis of diabetes mellitus. High-density lipoprotein (HDL) cholesterol level was determined using enzymatic methods, and low-density lipoprotein (LDL) cholesterol level was calculated using the Friedewald equation. Prevalent coronary heart disease (CHD) was defined as self-reported CHD or the presence of a previous MI by electrocardiogram at visit 1 or subsequent CHD events prior to the visit of interest. Incident CHD was defined by a definite or probable MI, coronary angioplasty, and coronary artery bypass surgery.²² Cornell voltage for left ventricular hypertrophy (sum of S amplitude in V3 and R amplitude in aVL) and heart rate were obtained from electrocardiogram. Prevalent heart failure (HF) was defined as self-reported use of HF medications within 2 weeks or “manifest” HF by Gothenburg criteria.²³ Incident HF was defined as the first occurrence of either a hospitalization that included an International Classification of Disease, 9th Revision (ICD-9) discharge code of 428 (428.0–428.9) among the primary or secondary diagnoses.²³

Identification of Sudden Cardiac Death

The ARIC study performs continuous and comprehensive surveillance for all potential cardiovascular-related hospitalizations and deaths in the four communities. A group of physicians reviews medical chart of potential cases and adjudicates CHD cases. Possible

fatal CHD in the ARIC Study is intended to broadly capture deaths with any signs or history of cardiovascular disease and is not usually included in the CHD outcome. Of these cases, to identify SCD cases, a sudden pulseless condition presumed to be due to a ventricular tachyarrhythmia, a separate group of physicians classified definite and possible fatal CHD cases into definite sudden arrhythmic death, possible sudden arrhythmic death, not sudden arrhythmic death, or unclassifiable.^{23, 24} Definite and possible sudden arrhythmic deaths composed SCD outcome for this study.²⁴ Those participants who did not develop SCD were censored at earlier of either death other than SCD or administratively censored at December 31, 2001.

Statistical Analysis

All statistical analyses were performed using Stata 13.1 for Windows (Stata Co., College Station, Texas), and $P < 0.05$ was considered statistically significant. Baseline characteristics were summarized according to the status of SCD during follow-up.

We used Poisson regression models to estimate incidence rates of SCD based on eGFR with linear splines after adjustment for age, sex, and race. Knots at 45, 60, 75, 90, and 105 ml/min/1.73m² were selected according to eGFR clinical thresholds and previous literature.¹⁶ Subsequently, the association of clinical eGFR categories with SCD was quantified using Cox proportional hazards models. eGFR category 3B, 4, and 5 (30–44, 15–29, and <15 ml/min/1.73m², respectively) were merged due to a relatively small number of participants in these categories. Three models were constructed to evaluate independent associations of kidney function with SCD. Model 1 adjusted for age, sex, race, and field center. Model 2 additionally included education level, CHD, HF, DM, hypertension, heart rate, Cornell voltage, BMI, HDL and LDL cholesterol, current drinking, and current smoking. Model 3 was intended to evaluate the independence across kidney markers and thus further adjusted for eGFRcr in the analysis for eGFRcys, cystatin C, and B2M and eGFRcys in the analysis of eGFRcr. To compare all five kidney function markers, (eGFRcr, eGFRcr-cys, eGFRcys, cystatin C, and B2M), each marker was categorized by quartile, with quartile 1 (best kidney function) serving as reference.

To appreciate any unique aspects of kidney function markers in terms of SCD risk, we also tested their associations with all-cause mortality and non-SCD (all-cause mortality excluding SCD). Seemingly unrelated regression models were used to compare hazard ratios (HRs) of different mortality outcomes according to kidney markers.

We conducted a few sensitivity analyses to assess the robustness of our findings. In Model 2, we further adjusted for corrected QT interval (QT interval divided by squared RR interval) or incident CHD and HF as time-varying covariates. We repeated the main analyses excluding participants on dialysis at baseline (n=12). Stratified analyses were also performed based on age (below vs above median (57 years)), sex, race, CHD, HF, DM, hypertension, and obesity at baseline. To obtain reliable estimates with adequate events in each subgroup, we contrasted top two versus bottom two quartiles of each GFR and kidney function marker. Interaction was assessed using the likelihood ratio test for models with and without interaction terms. Finally, we repeated the analysis using data at visit 4, allowing the

additional assessment of BTP. As visit 4 had a shorter follow-up and less SCD cases, we assessed tertiles of kidney measures.

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Results

Among 13,070 blacks and whites at the second visit (1990–92) of the ARIC Study, 205 participants developed SCD during a median of 11.2 years of follow-up (incidence rate: 1.4 per 1,000 person-years). Basic characteristics of the cohort are shown in Table 1 based on incidence of SCD during the follow-up. Those who developed SCD were more likely to be older, male, African American, and smokers and have diabetes, hypertension, dyslipidemia, history of CHD and HF, and higher Cornell voltage, compared to those without SCD during follow-up.

eGFR based on Creatinine and Cystatin C and SCD Risk

Figure 1 shows demographically-adjusted incidence rates according to eGFR using serum creatinine, cystatin C, and both. Overall, eGFR_{cys} showed the steepest gradient in rate of SCD. In contrast, eGFR_{cr} and eGFR_{cr-cys} demonstrated similar patterns, although the latter had slightly steeper gradient. Unlike the J-shaped associations with total mortality reported in prior studies,¹⁹ we did not observe a J-shaped association between any measures of eGFR and SCD in the present study.

The associations of eGFR with SCD remained significant even after adjusting for other risk factors, particularly for eGFR categories below 60 ml/min/1.73m² (Model 2 in Table 2). Specifically, adjusted HRs for <45 ml/min/1.73m² compared with eGFR category of 90 ml/min/1.73m² were 3.71 [95% CI 1.74–7.90] for eGFR_{cr}, 5.40 [2.97–9.83] for eGFR_{cr-cys}, and 5.24 [3.01–9.11] for eGFR_{cys}. With eGFR 90 ml/min/1.73m² as a reference, eGFR 60–89 ml/min/1.73m² was significantly associated with SCD risk in all eGFR in Model 1 with demographic adjustment, but only in eGFR_{cys} in Model 2. When incident CHD and HF were adjusted for as a time-varying covariate, the associations were attenuated, but remain similar (e.g., HR for eGFR_{cr} <45 ml/min/1.73m² was 2.19 [1.03–4.67]). The further adjustment for corrected QT interval and exclusion of those on dialysis at baseline did not alter the results (data not shown). Of note, when eGFR_{cr} and eGFR_{cys} were modeled together (Model 3), eGFR_{cys}, but not eGFR_{cr}, remained significant. When contrasting the association with SCD vs. all-cause mortality or non-SCD, eGFRs

(particularly when cystatin C was used) tended to be more strongly associated with SCD than all-cause mortality or non-SCD (Tables S1 and S2).

eGFR, Cystatin C, B2M and SCD Risk

Subsequently, we contrasted associations of SCD with quartiles of cystatin C and B2M alone with the associations of SCD with quartiles of eGFRcr, eGFRcr-cys, and eGFRcys (Table 3). The 4th quartile of every kidney measure was significantly associated with SCD risk in Model 2. Of note, the adjusted HR for the 4th quartile was highest for B2M followed by cystatin C and eGFRcys. Again, we observed similar results after the adjustment for incident CHD and HF as time-varying covariates or corrected QT interval and the exclusion of those on dialysis at baseline (data not shown). The further adjustment by eGFRcr slightly attenuated but did not materially alter the results for cystatin C and B2M (Model 3 in Table 3). These associations for SCD tended to be stronger than those for all-cause mortality and non-SCD (Tables S3 and S4). The associations of the kidney filtration markers with SCD were qualitatively consistent across all subgroups (Figure 2 and Table S5).

Analysis with Visit 4 Data Including BTP

When we used visit 4 data as baseline, there were 56 SCD cases during a median of 5.4 year-follow-up among 10,406 participants (incidence rate: 1.0 per 1000 person-years). Basic characteristics of the cohort at visit 4 based on incidence of SCD during the follow-up are shown in Table S6. The results were largely consistent with the primary analysis using visit 2 as baseline (Table S7). BTP was independently associated with SCD (HR for the third tertile: 26.6 [3.45–204.8]). Again, we observed more robust associations for cystatin C and B2M compared to eGFRcr.

Discussion

In this community-based study, reduced kidney function, as assessed by three eGFR equations, and each of cystatin C, B2M, and BTP, was associated with increased risk of SCD, independently of traditional risk factors at baseline and incident CHD and HF during follow-up. eGFR below 60 ml/min/1.73m² was consistently associated with higher SCD risk compared to eGFR ≥ 90 ml/min/1.73m². The association was more evident when kidney dysfunction was assessed with the novel filtration markers cystatin C and B2M, than with serum creatinine. In the primary analysis with visit 2 data, B2M demonstrated slightly stronger association over cystatin C. Although it was exploratory due to the small number of SCD cases after visit 4, BTP demonstrated a significant association with SCD as well.

Our results are consistent with previous findings in highly selected populations^{7–13} and extend these findings in several respects. First, we found the association of kidney dysfunction and SCD in a middle-aged general population (48–67 years of age). This is important since years of life lost due to SCD peaks in this age range in the US.⁴ Of importance, the associations were qualitatively consistent across key subgroups. Second, we confirmed the robust association of eGFR based on new cystatin C equations with SCD, as demonstrated for other cardiovascular outcomes.¹⁶ Finally, to our knowledge, this is the first study reporting the independent associations of B2M and BTP with SCD.

There are several potential mechanisms linking kidney dysfunction to SCD beyond well-studied relationship of kidney function to CHD and HF.^{25–30} Electrolyte abnormalities as a result of impaired kidney function may decrease myocardium membrane stability and trigger ventricular tachyarrhythmia leading to SCD.²⁵ Kidney dysfunction is associated with prolonged QT interval, and arrhythmias such as Torsades de Pointes could be initiated by early afterdepolarizations.²⁶ Reduced kidney function is also related to inflammation²⁷ and sympathetic over-activity.²⁸ Inflammation could be a trigger for SCD through direct effects on myocardium (i.e., tissue damage).²⁷ Sympathetic over-activity due to renal dysfunction might lead to left ventricular hypertrophy.²⁸ Indeed, left ventricular hypertrophy often coexists in patients with kidney dysfunction²⁹ and is a known substrate for lethal ventricular arrhythmia.³⁰

In consistent with the previous report of the association between cystatin C and SCD risk in older adults,¹³ eGFRcys showed a stronger association with SCD as compared with eGFRcr or eGFRcr-cys. This finding is consistent with previous studies of CHD and mortality.¹⁶ To what extent the stronger association of eGFRcys over the other two eGFR equations is due to a better estimation of kidney function or non-eGFR determinants is still under debate.¹⁶ For estimating measured GFR, eGFRcys and eGFRcr have been shown to be similar.¹⁵ When eGFRcr and eGFRcys were modeled together for SCD risk in our study, only eGFRcys remained significant, potentially suggesting the involvement of non-GFR determinant such as inflammation. Given that some investigators recommend the assessment of cystatin C to confirm CKD among those mildly reduced eGFRcr,¹⁸ our findings suggest that in such a clinical scenario, healthcare providers should focus on eGFRcys for SCD risk evaluation.

We observed stronger associations of B2M with SCD, as compared to GFR equations incorporating cystatin C. Similar patterns have been observed for other cardiovascular and kidney outcomes.²¹ This may indicate that B2M is a better filtration marker than serum creatinine or cystatin C. Indeed, B2M has several advantages as a kidney filtration marker. B2M is a 100-amino acid single polypeptide chain and a part of the major histocompatibility class I molecule on the surface of human cells,³¹ which is not dependent on muscle mass. B2M does not undergo renal tubular excretion like creatinine. B2M also has comparatively low within-person variability.³² Similarly to cystatin C, non-kidney determinants may still contribute to the strong associations between B2M and SCD. B2M can be elevated due to immune response, inflammation, and malignancy, conditions which may increase the risk of SCD.^{17, 33, 34} In our analysis, further adjustment by high-sensitivity C-reactive protein did not alter the association (results not shown).

BTP also showed a significant association with SCD, comparable to cystatin C and B2M. BTP is one of the most prominent proteins in human cerebrospinal fluid and functions as a prostaglandin D synthase.³⁵ BTP has been shown to be a good marker of GFR.³⁶ Further evaluation of BTP with a longer follow-up and more SCD cases would be required to estimate the association between BTP and SCD more precisely.

Our results have significant clinical and public health implications. Although currently low ejection fraction is the key indication of implantable cardioverter-defibrillator (ICD), “risk

stratification approach” has been proposed for SCD prevention.³⁷ In this context, our results suggest kidney function as a candidate predictor. Preventing or delaying kidney disease progression is already a clinically important task, since end-stage renal disease is a devastating condition with high mortality risk, poor quality of life, and high medical cost.³⁸ Our results suggest that the efforts to preserve kidney function may result in low SCD risk. This is particularly important since some studies question the benefit of ICD in patients with severe kidney dysfunction.³⁹

Limitations of the study merit consideration. The adjudication of SCD in the ARIC Study has been done only in cases occurring before December 31, 2001, providing limited number of SCD, particularly after visit 4. Also, this may raise a concern whether our findings are applicable to the current clinical practice where more intensive primary and secondary prevention strategies are implemented than 1990’s. Thus, confirmation in contemporary data would be warranted, although there is no clear evidence suggesting distortion of the association between kidney function and SCD risk over time. Nonetheless, we have a median of 11.2 years of follow-up for our main analysis, long and large enough to detect an appropriate number of SCD cases (>200 cases) for our study question. For both the primary (visit 2 as baseline) and secondary (visit 4 as baseline) analysis, we relied on a single measurement of kidney function markers; thus, there could be misclassification due to short-term variability. However, it is reassuring that the results were consistent between the primary and secondary analyses. In addition, there remains a possibility of residual confounding although we adjusted for various variables known to be associated with SCD.

In conclusion, kidney function assessed by serum creatinine, cystatin C, and novel filtration markers, B2M and BTP, was consistently associated with SCD in the community, independent of traditional risk factors and intermediate CHD and HF events. These results provide evidence that persons with kidney dysfunction are at high risk of SCD and suggest the potential usefulness of both traditional and novel kidney filtration markers in SCD risk assessment when risk-centered approach is implemented for SCD prevention. Our results also suggest the value of novel filtration markers beyond and above serum-creatinine based eGFR.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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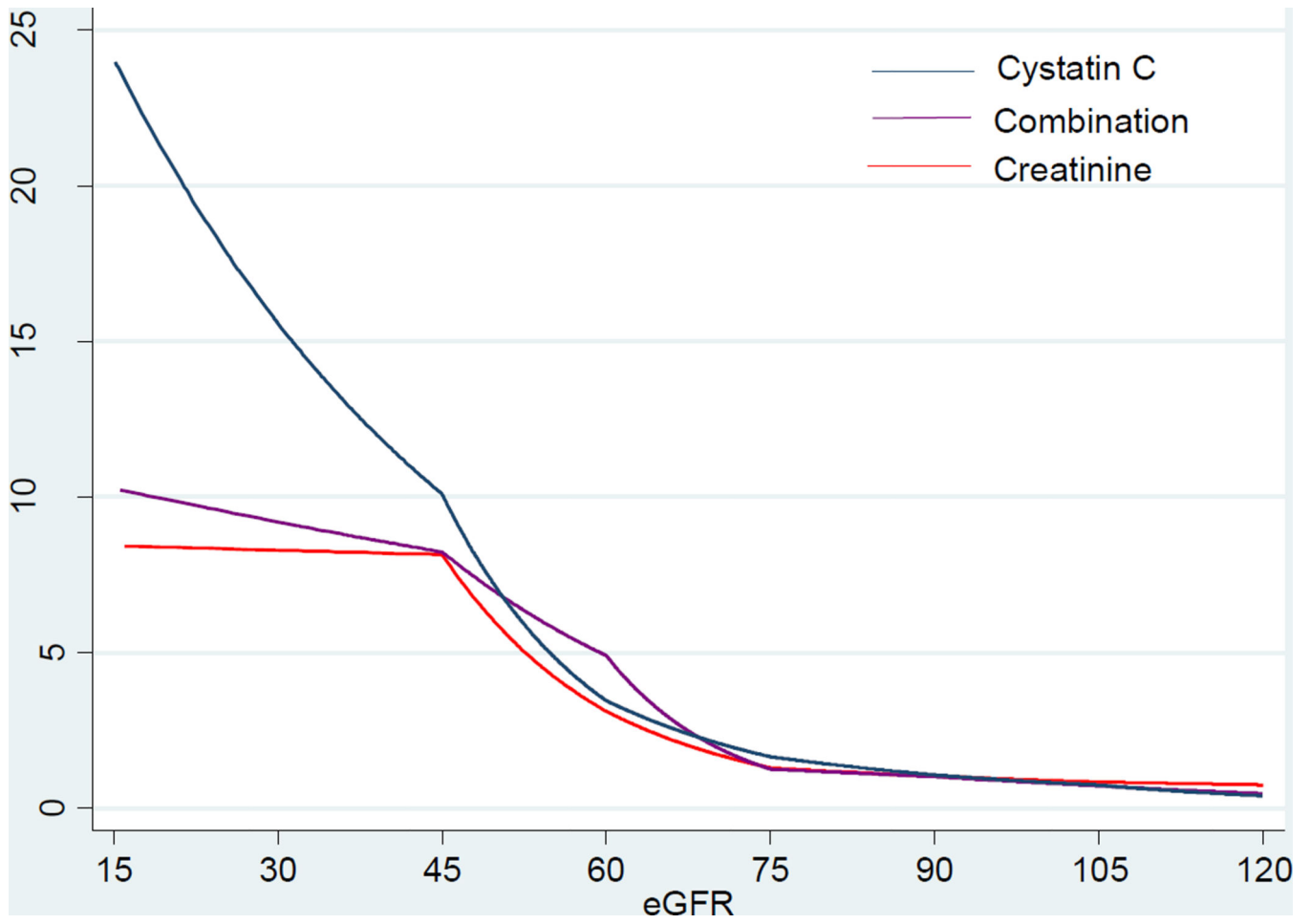


Figure 1.
Age-, Sex-, and Race-adjusted Incidence Rate of SCD based on eGFR

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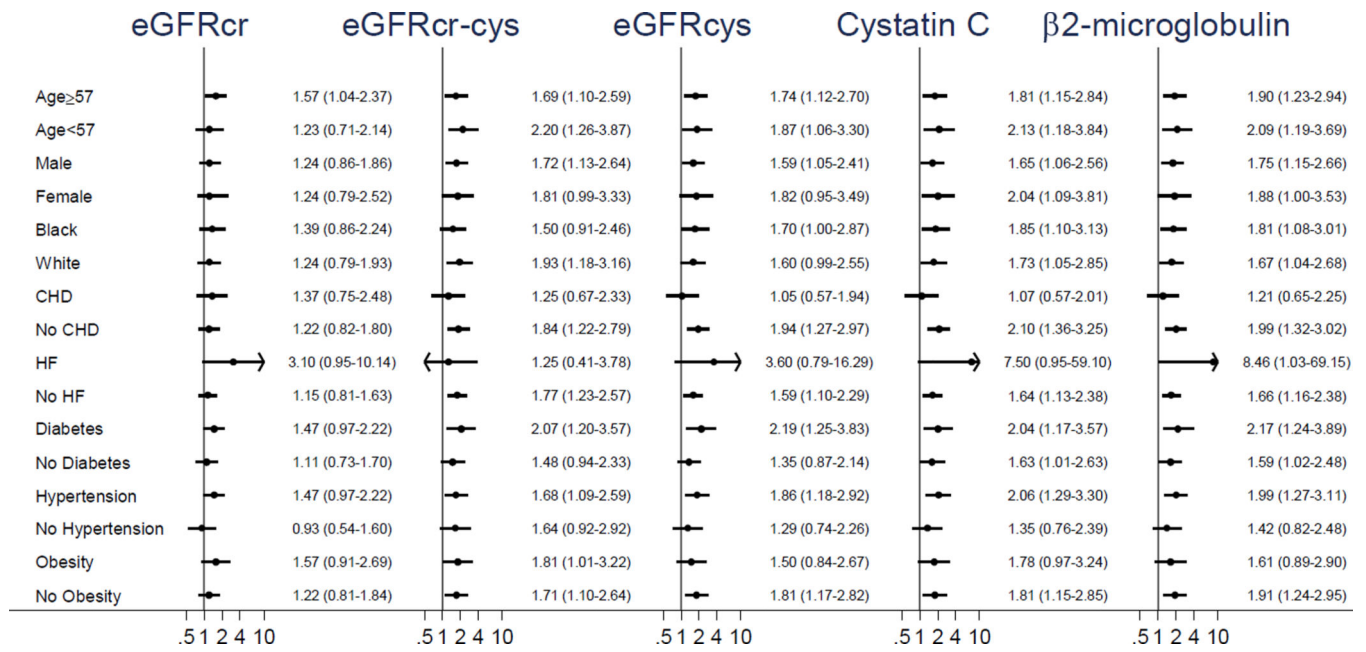


Figure 2.
Subgroup Comparisons by Kidney Filtration Markers (above vs. below median) across Demographic and Clinical Subgroups.*

Every P value for interaction was < 0.05

*adjusted for age, sex, race, field center, education, CHD, HF, DM, hypertension, heart rate, Cornell voltage, BMI, HDL and LDL cholesterol, current drinking, and current smoking

Table 1

Baseline Characteristics by SCD status

	SCD	No SCD
Number	205	12865
Age	59.6 (5.5)	56.9 (5.7)
Male (%)	136 (66)	5599 (44)
African American (%)	83 (40)	3160 (25)
Education		
Advanced	55 (27)	4754 (37)
Intermediate	66 (32)	5283 (42)
No or Basic	83 (41)	2709 (21)
Current drinking (%)	96 (47)	7287 (57)
Current smoking (%)	73 (36)	2799 (22)
Diabetes mellitus (%)	83 (40)	1853 (14)
Hypertension (%)	131 (64)	4520 (35)
Coronary heart disease (%)	72 (36)	679 (5)
Heart failure (%)	29 (14)	597 (5)
Systolic blood pressure (mmHg)	132.2 (25.6)	121.2 (18.6)
Diastolic blood pressure (mmHg)	73.5 (12.5)	72.2 (10.3)
Body mass index (kg/m ²)	28.9 (5.6)	28.0 (5.4)
Heart Rate (bpm)	68.7 (12.8)	65.9 (10.0)
Cornell Voltage (uV)	1625 (763)	1237 (548)
LDL cholesterol (mg/dL)	143.5 (43.4)	133.2 (36.7)
HDL cholesterol (mg/dL)	41.7 (13.1)	49.7 (16.8)
eGFRcr category (%)		
90	107 (52)	9394 (73)
60–89	73 (36)	3231 (25)
45–59	16 (8)	172 (1.3)
<45	9 (4)	68 (0.5)
eGFRcr (ml/min/1.73 m ²)	86.9 (22.2)	96.6 (15.6)
eGFRcr-cys (ml/min/1.73 m ²)	81.2 (23.1)	95.4 (16.9)
eGFRcys (ml/min/1.73 m ²)	75.0 (23.8)	91.0 (18.2)
Cystatin C (mg/L)	1.11 (0.51)	0.88 (0.29)
β2-microglobulin (mg/L)	2.6 (2.0)	2.0 (1.4)

Data are presented as mean (SD), n (%). eGFRcr indicates estimated GFR based on serum creatinine; eGFRcr-cys, eGFR based on creatinine and cystatin C; eGFRcys, eGFR based on cystatin C.

Table 2

Hazard Ratios and 95% Confidence Intervals of SCD based on Level of eGFR

		eGFR (ml/min/1.73 m ²)			
Range		90	60–89	45–59	<45
N		9,501	3,304	188	77
eGFR	Model 1	Reference	1.55 (1.14–2.11)	6.12 (3.57–10.50)	8.64 (4.32–17.27)
	Model 2	Reference	1.33 (0.95–1.87)	3.94 (2.25–6.89)	3.71 (1.74–7.90)
	Model 3	Reference	0.94 (0.64–1.36)	1.75 (0.90–3.44)	1.01 (0.39–2.67)
N		8,536	4,155	262	117
eGFRcr-cys	Model 1	Reference	1.81 (1.32–2.49)	6.54 (3.93–10.87)	12.67 (7.31–21.95)
	Model 2	Reference	1.35 (0.96–1.90)	3.38 (1.95–5.86)	5.40 (2.97–9.83)
	Model 3*	-	-	-	-
N		7,303	4,990	574	203
eGFRcys	Model 1	Reference	1.90 (1.36–2.66)	5.39 (3.40–8.52)	14.28 (8.77–23.35)
	Model 2	Reference	1.48 (1.03–2.12)	2.76 (1.50–4.56)	5.24 (3.01–9.11)
	Model 3	Reference	1.43 (0.98–2.11)	2.59 (1.46–4.59)	4.60 (2.10–10.05)

Model 1: adjusted for age, sex, race, and field center

Model 2: Model 1 plus education, CHD, HF, DM, hypertension, heart rate, Cornell voltage, BMI, HDL and LDL cholesterol, current drinking, and current smoking

Model 3: Model 2 plus eGFRcys for eGFRcr; Model 2 plus eGFRcr for eGFRcys

*When both serum creatinine and cystatin C are available, it is most likely that integrated eGFRcr-cys or both of eGFRcr and eGFRcys would be used for clinical decision making.

Thus, we did not run a model including any other eGFR in the analysis of eGFRcr-cys (“-” in Model 3).

Table 3
Hazard Ratios and 95% Confidence Intervals of SCD by eGFR, Cystatin C, and β 2-microglobulin

		1st Quartile	2nd Quartile	3rd Quartile	4th Quartile
eGFR _{cr} (ml/min/1.73 m ²)	Range	105.7–160.8	97.5–105.7	88.7–97.5	4.31–88.7
	Model 1	Reference	1.23 (0.76–2.00)	1.25 (0.76–2.05)	2.24 (1.46–3.44)
	Model 2	Reference	1.23 (0.75–2.02)	1.04 (0.62–1.75)	1.72 (1.09–2.71)
	Model 3	Reference	1.02 (0.62–1.69)	0.73 (0.43–1.25)	0.81 (0.47–1.38)
eGFR _{cr-cys} (ml/min/1.73 m ²)	Range	106.6–160.1	96.6–106.6	85.0–96.6	3.68–85.0
	Model 1	Reference	1.08 (0.63–1.85)	1.61 (0.98–2.64)	3.50 (2.21–5.53)
	Model 2	Reference	0.98 (0.56–1.71)	1.26 (0.75–2.14)	2.07 (1.26–3.38)
	Model 3	-	-	-	-
eGFR _{cys} (ml/min/1.73 m ²)	Range	104.8–163.2	93.5–104.8	78.7–93.5	3.75–78.7
	Model 1	Reference	1.54 (0.89–2.69)	1.89 (1.11–3.20)	4.54 (2.79–7.41)
	Model 2	Reference	1.34 (0.76–2.37)	1.46 (0.85–2.52)	2.43 (1.45–4.09)
	Model 3	Reference	1.26 (0.71–2.23)	1.28 (0.74–2.22)	1.78 (1.01–3.14)
Cystatin C (mg/L)	Range	0.34–0.76	0.76–0.85	0.85–0.97	0.97–9.49
	Model 1	Reference	1.43 (0.79–2.60)	1.90 (1.09–3.31)	4.77 (2.85–7.99)
	Model 2	Reference	1.29 (0.70–2.39)	1.47 (0.82–2.64)	2.64 (1.52–4.61)
	Model 3	Reference	1.20 (0.65–2.23)	1.30 (0.72–2.34)	1.99 (1.09–3.63)
β 2-microglobulin (mg/L)	Range	0.81–1.62	1.62–1.83	1.83–2.11	2.11–57.74
	Model 1	Reference	2.10 (1.19–3.70)	2.36 (1.35–4.13)	5.60 (3.34–9.40)
	Model 2	Reference	1.92 (1.08–3.42)	1.78 (1.001–3.17)	3.48 (2.03–5.96)
	Model 3	Reference	1.81 (1.01–3.23)	1.62 (0.90–2.90)	2.77 (1.55–4.94)

Model 1: adjusted for age, sex, race, and field center

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Model 2: Model 1 plus education, CHD, HF, DM, hypertension, heart rate, Cornell voltage, BMI, HDL, and LDL cholesterol, current smoking, and current drinking
Model 3: Model 2 plus eGFRcys for eGFRcr; Model 2 plus eGFRcr for eGFRcys, cystatin C, and β_2 -microglobulin