

Astrocytes in Alzheimer's Disease

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Summary: The circuitry of the human brain is formed by neuronal networks embedded into astroglial syncytia. The astrocytes perform numerous functions, providing for the overall brain homeostasis, assisting in neurogenesis, determining the micro-architecture of the grey matter, and defending the brain through evolutionary conserved astrogliosis programs.

Astroglial cells are engaged in neurological diseases by determining the progression and outcome of neuropathological process. Astrocytes are specifically involved in various neurodegenerative diseases, including Alzheimer's disease, amyotro-

phic lateral sclerosis, Parkinson's disease, and various forms of dementia. Recent evidence suggest that early stages of neurodegenerative processes are associated with atrophy of astroglia, which causes disruptions in synaptic connectivity, disbalance in neurotransmitter homeostasis, and neuronal death through increased excitotoxicity. At the later stages, astrocytes become activated and contribute to the neuroinflammatory component of neurodegeneration. **Key Words:** Astrocytes, neuroglia, neurodegeneration, Alzheimer's disease, dementia, Parkinson's disease.

GLIAL EXPLOSION FORMS THE HUMAN BRAIN

The human brain is the most sophisticated and complex system in the universe, as far as we are aware. Indeed, nature compacted ~1.5 trillions of cells connected by hundreds of trillions of contacts within the strictly limited volume of the skull, and orchestrated concerted development of neuronal circuits that produce human intellect, which is unparalleled in its computational and creative power by any other device, be it natural or artificial.

The evolution of the nervous system began with an appearance of multicellular organisms, which required coordination of their remote parts to achieve maximal biological success. At the very core of neural elements lies the excitability and intercellular signaling, both appearing very early in the evolution. The very first and primitive forms of life needed to perceive the

environmental changes and preserve their internal homeostasis; this function was achieved by membrane ion channels regulating transmembrane ion movements. These transmembrane ion movements formed the basis for intercellular signaling, epitomized in the Ca²⁺ signaling system.¹ Transmembrane ion gradients and selectively permeable plasmalemma generated uneven distribution of charges in the very vicinity of the plasmalemma, thus stimulating the appearance of voltage-dependent gating mechanisms that laid the foundations for electrical excitability. The voltage-gated channels exist in virtually all living species, and we can find several types of them in bacteria, with the Ca²⁺- and K⁺-selective channels being the most ancient.²⁻⁷ The bacteria also evolved the first precursor of the Na⁺ channel, the NaChBac expressed, for example, in *Bacillus halodurans*.⁸ In the eukaryotes, the excitable molecules developed further; in single-cell organisms, the waves of plasmalemmal excitation began to generate through the spreading opening/closures of voltage-gated channels.⁹ In parallel eukaryotic organisms acquired intracellular organelles, intracellular channels dwelling in the endomembranes, and exocytotic machinery formed the basis for chemical intercellular transmission.^{1,10-12}

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The perception of environmental chemical signals is in all likelihood inseparable from life existence, and the proto-cells certainly needed to detect the most basic chemical clues indicating changes in the immediate neighbourhood. We do not know what the very first chemical receptor was originally, yet we do know that bacteria have chemosensitivity and chemotaxis. Even more important, bacteria have developed the sensitivity to biologically produced chemicals, which are accumulating in the cytosol of the living cells and are released when damaged. This sensitivity is strictly survivalism, which allowed the cells to detect the danger signal produced by their dying relatives; yet this formed the basis for future neurotransmission. The first intercellular signaling molecules were ATP and glutamate, which are highly concentrated in the cytosol of living cells.¹³

Therefore, the very first multicellular organisms were in possession of several signaling systems associated with plasmalemmal channels, plasmalemmal receptors, and exocytotic machinery. The multicellularity brought with it another signaling mechanism made by transcellular channels (generally known as gap junctions), which established the direct communication route in cellular syncytia. The development of the multicellular species induced specialization of cellular layers and appearance of tissues; the surface layer developed into epithelial cells. The epithelial cells were endowed with ion channels; many of these cells possessed exocytotic vesicles; these epithelial cells were connected by gap junctions, and, most importantly, these cells were in direct contact with the environment. Therefore, it is not surprising that the epithelial cells became the ancestors of the nervous system.

The very first neural elements were diffusely scattered throughout the outer surface of the body of *Cnidaria* (i.e. jelly fishes, box gellies, sea anemones, and Hydrozoa). These nervous elements are primarily sensory and they are already attaining a degree of specialization. For example, in *Hydra* the nervous elements are represented by touch-sensitive and photosensitive cells, and they are connected in a simple nervous net through neuritis interwoven in between the epithelial cells.¹⁴ With an increased complexity of organisms the first neuronal conglomerates represented by sensory organs and primordial nerve ganglia have evolved, and this increase in complexity and neuronal specialization coincided with the appearance of neuroglia, which already at this early stage controlled development and functional activity of the neuronal networks.^{15,16}

The appearance of the CNS, with its clearly distinct central and peripheral parts was associated with further specialization of neurons and evolutionary progression of neuroglia. The latter became more complex, evolving into several functionally idiosyncratic cellular populations, represented by astroglia, NG-2 glia, and myelinat-

ing cells, represented by oligodendrocytes and Schwann cells. The astrocytes and NG-2 cells populate the grey matter, whereas oligodendrocytes and Schwann cells cover and myelinate the axons providing the latter with insulation that greatly increased action potential conduction velocity. The microglial cells are migrants, the cells of myeloid origin that invade the brain in the early post-natal period and form the neural immune/defence system. Therefore, the neuroglia assumes full responsibility for the nervous system homeostasis and defense.

The evolution of the primate brain and the emergence of intellect coincided with dramatic changes in neuroglia. First, the numbers exploded, and the neuroglia became the most numerous cell type in the human brain, outnumbering neurons by several times.¹⁷ Second, the morphology had also changed; the human protoplasmic and fibrous astrocytes are 2 to 3 times larger as compared to rodents.^{18,19} Even more importantly, the human astrocytes are immensely more complex¹⁸; each human astrocyte has ~10 times more primary processes than the rodent one; the arborization is also infinitely more complex and human protoplasmic astrocyte covers and integrates ~2 million synapses, whereas rodent astrocytes cover ~20,000 to 120,000 synaptic contacts. In addition, several primate specific astrocytes (e.g. interlaminar and polarized astrocytes) are involved in interlayer integration in the cortex.^{18,19}

FUNCTIONS OF ASTROGLIA

Structural function

All neural elements develop from the neuroepithelial cells that at the very beginning of the embryogenesis gave birth to radial glia, which served as both the source of neural precursors and the scaffold that allowed neural cells to reach their final destination in the grey matter. The astrocytes, being direct descendants of the radial glia, shape the grey matter through the process of tiling.^{20–22} Every protoplasmic astrocyte occupies its own territory, where its processes cover neuronal membranes and synaptic contacts. The astrocytes also send processes to the neighboring blood vessels, and in this way they form a neurovascular unit.²²

Metabolic support

The neurovascular unit provides for a metabolic connection between blood vessels and parenchyma of the brain. First, astrocytes integrate the neuronal activity with the local blood flow being responsible for the functional hyperaemia, which is manifested by a rapid vasodilatation after a local increase in neuronal firing. The increased synaptic transmission induces astroglial Ca^{2+} signaling that travel to the perivascular processes of astroglial cells and triggers release of vasoactive substances from the endfeet.^{23–26} Second, astrocytes provide

active neurons with metabolic substrates via a glucose-lactate shuttle. Increased neuronal activity leads to an increase in glutamate release, which in turn activates astroglial Na^+ -dependent glutamate transporters. The latter mediate substantial Na^+ influx, and thus increase in cytosolic Na^+ concentration in astrocytes. In turn, increased Na^+ stimulates glycolysis and lactate synthesis. The lactate is subsequently transported to neurons through specific transporters.^{27,28}

Brain homeostasis

The brain function is impossible without tight control over the extracellular environment, which includes regulation of extracellular concentrations of ions, metabolites, and neuroactive molecules. Extracellular ion homeostasis is particularly important for K^+ ions, because the latter are accumulated in quantities during neuronal activity, due to repetitive opening of neuronal K^+ channels with subsequent K^+ efflux. Increase in extracellular K^+ concentration in turn depolarizes neuronal membranes, thus altering their excitability. In physiological conditions, extracellular K^+ can rise from ~ 5 mM to 10 to 12 mM during periods of robust neuronal activity; in pathology, K^+ can rise much higher, attaining levels of up to 50 mM.²⁹ Extracellular K^+ homeostasis is mainly carried out by astrocytes through local K^+ uptake (via inward rectifier K^+ channels) and spatial K^+ buffering.^{29,30} The spatial K^+ buffering is achieved through redistribution of K^+ within glial syncytia or even within single polarized glial cells from the areas with elevated $[\text{K}^+]_o$ to the regions with low $[\text{K}^+]_o$. This K^+ uptake and spatial buffering is coupled with astroglial water transport. Increases in synaptic activity are associated with local decreases in extracellular volume, which is regulated by water transport across astroglial membranes and water redistribution through the glial syncytium. Astroglial water transport is functionally linked to activation of water channels aquaporins that are concentrated in perisynaptic processes and in the astroglial endfeet structures.³¹

Astroglial cells are central elements of homeostasis of neurotransmitters in the brain. They are particularly important for homeostasis and turnover of the main excitatory neurotransmitter glutamate being the main sink of glutamate in the brain; from the bulk of glutamate released during synaptic transmission, approximately 20% is accumulated into neurons, whereas the remaining 80% is taken up by perisynaptic astrocytes.^{32,33} Removal of extracellular glutamate from the extracellular space is vitally important for preventing its excitotoxicity. Astroglial glutamate transport is the function of specific glutamate transporters excitatory amino-acid transporter 1 and excitatory amino-acid transporter 2, which are expressed exclusively in astrocytes.³⁴ Glutamate transport is driven by transmembrane gradient for Na^+ transloca-

tion of every glutamate molecule, which is accompanied by an influx of 3 Na^+ ions and 1 H^+ ion, coupled with the efflux of 1 K^+ ion, making this transport electrogenic.³⁵ Activation of glutamate transporters is associated with substantial Na^+ fluxes and increase in $[\text{Na}^+]_i$,³⁶ which serves as a signal for a glucose-lactate shuttle described in the previous section. The excess of intracellular Na^+ is removed by sodium-calcium exchanger, which is conveniently co-localized with glutamate transporters in perisynaptic processes; increased $[\text{Na}^+]_i$ turns the exchanger into the reverse mode, thus rapidly reducing cytosolic Na^+ loads.^{36–38}

The glutamate accumulated by astrocytes is critically important for the overall glutamate turnover in the brain. Glutamate after entering astrocytes is converted into glutamine by the glutamine synthetase.³⁹ The nontoxic glutamine is then transported back to the presynaptic terminal through the extracellular space; in the neuronal cytoplasm glutamine is converted back into glutamate, which is accumulated by synaptic vesicles, thus accomplishing the glutamate–glutamine shuttle.

Signaling in neuronal-glia circuits

1) Glial cells express neurotransmitter receptors.

Glial expression of neurotransmitter receptors was discovered in 1984 when glutamate and GABA-induced electrical responses were recorded from cultured astrocytes and oligodendrocytes.^{40–42} Subsequent *in vitro* experiments have demonstrated that glial cells express the very same diverse variety of neurotransmitter receptors and ion channels as do neurons,^{43–55} thus raising the question of the role for neuroglia in information processing in the brain. Further experiments have found that the expression pattern of neurotransmitter receptors *in situ* is very much restricted by the immediate neurotransmitter environment; as a consequence glial cells are properly endowed to sense the neurotransmitters released in their territorial domains.^{56–59} The expression of neurotransmitter receptors in astrocytes from different brain regions is extremely heterogeneous; although most of astroglial cells express receptors to purines and to glutamate.^{33,60–62} Importantly, astrocytes and oligodendrocytes possess a special type of NMDA glutamate receptors, which, in contrast to neurons, are devoid of Mg^{2+} block^{63–65} and therefore can be activated at characteristically negative glial resting potentials (approximately ~ 80 to -90 mV).

2) The tripartite synapse. The synapses in the CNS are formed by three elements: by the pre- and postsynaptic neuronal compartments and by the astroglial perisynaptic processes. This structure is generally known as a tripartite synapse.^{66,67} The neurotransmitters released in the course of synaptic transmission from the neuronal terminal are stimulating the astroglial receptors

of both ionotropic and metabotropic varieties,^{33,62} thus providing the information input to neuroglial circuitry.

3) Signaling in astroglial syncytia. In contrast to neuronal networks, which are constructed from physically separated neuronal cells, astrocytes are integrated into physically continuous structures known as astroglial syncytia. This integration is achieved through the gap junctions expressed in the peripheral portions of astroglial processes. The gap junctions are formed by intercellular channels, the connexons.⁶⁸ The latter create relatively big pores, which span through the plasmalemma of adjacent cells. The connexon pore is permeable to molecules with molecular weight ~ 1 KD and it is instrumental for long-range glial signaling. Astroglial syncytia are anatomically localized and segregated; for example, in somatosensory cortex these syncytia are confined to individual barrels and do not have inter-barrel connectivity.^{69,70}

The intercellular communication route provides the substrate for astroglial long-range signaling. Indeed, the glial cells are electrically nonexcitable and are unable to generate propagating action potential. Nonetheless, astrocytes are using the intracellular organelle, the endoplasmic reticulum (ER) to generate intra- and intercellular signals. The ER has many functions, which include protein synthesis and post-translational protein modification, as well as intracellular transport of various molecules. In addition, the ER acts as a universal dynamic intracellular Ca^{2+} store,⁷¹⁻⁷⁵ which plays the central role in Ca^{2+} -signal generation in both nonexcitable and excitable cells.

Ca^{2+} ions are universal and ubiquitous intracellular second messengers that control an exceedingly wide range of cellular reactions. The Ca^{2+} -signaling system is one of the most ancient, and it is operative in virtually all living forms.^{1,76,77} The ER participates in Ca^{2+} -signaling through Ca^{2+} release and Ca^{2+} accumulation.^{78,79} The ER membrane contains Ca^{2+} pumps (the sarco[endo]plasmic reticulum ATP-ases (or SERCAs) that transport Ca^{2+} into the ER lumen.⁸⁰ The intra-ER Ca^{2+} concentration is very high (range, 0.5 to 1 mM),^{81,82} which creates a steep concentration gradient aimed at the cytosol. Importantly, the lumen of the ER is internally continuous and Ca^{2+} can rapidly equilibrate within the organelle through unopposed diffusion.⁸³⁻⁸⁵ The ER membrane is also endowed with two classes of Ca^{2+} release channels (i.e., the Ca^{2+} -gated Ca^{2+} channels, generally known as ryanodine receptors, or RyRs, and Inositol 1,4,5-trisphosphate [InsP_3]-gated channels, or InsP_3 receptors).^{86,87} Both channels are sensitive to cytosolic Ca^{2+} (thus being able to produce Ca^{2+} -induced Ca^{2+} release). In addition, the InsP_3 receptors are sensitive to intracellular second messenger InsP_3 . The InsP_3 is produced by phospholipase C, which in turn is linked to plasmalemmal metabotropic receptors via G proteins.

The InsP_3 -mediated Ca^{2+} release is central for astroglial Ca^{2+} signaling, and activation of metabotropic glial receptors triggers both local and propagating Ca^{2+} release from the ER.^{88,89} Importantly, glial Ca^{2+} signals are capable of propagating through glial syncytia,⁹⁰⁻⁹² using several complimentary mechanisms that include diffusion of InsP_3 through gap junctions, or release and extracellular diffusion of gliotransmitter.⁹³⁻⁹⁶ These propagating glial Ca^{2+} waves are the most thoroughly investigated mechanism of long-range glial signaling; nonetheless, many other molecules (e.g., metabolic substrates, ATP, or other second messengers) can also participate in signaling within astroglial circuits.

4) The gliotransmission. Excitation of astroglial cells and astroglial Ca^{2+} waves trigger the release of gliotransmitters. These gliotransmitters include glutamate, ATP, D-serine, GABA, taurine, and mediate glial-neuronal and glial-glia signaling.⁹⁷⁻¹⁰³ The leading mechanism for gliotransmitters release is exocytotic,¹⁰⁴⁻¹⁰⁶ although diffusion through large-pore plasmalemmal channels can also be involved.¹⁰⁷⁻¹¹⁰

5) Glia and information processing in the brain.

The ability of neuroglia to detect neurotransmitters, to produce active responses after stimulation of various receptors to generate propagating signals and to release gliotransmitters, naturally questioned their role in the information processing in the brain. We already know that astrocytes may actively modulate transmission in neuronal networks and affect synaptic plasticity¹¹¹; we may also assume that astroglial circuits can, together with neurons, participate in cognition, learning, and memory. However, this remains an assumption, and more experimental data are required to understand the role of glial cells in higher brain functions.

NEUROLOGICAL DISORDERS AS GLIOPATHOLOGY: THE ROLE OF ASTROGLIA

Diseases of the nervous system remain the most difficult to handle and to cure; the therapeutic advances in neurology are at best modest when compared to other branches of medicine. The reason is simple; it is the singular complexity of the human brain and its connections, both morphological and functional.

For a long time the neurocentric view dominated the neuropathological theories, although the pathological potential of glia was already acknowledged by prominent neuropathologists of the 19th century, such as Alzheimer,¹¹² Frommann,¹¹³ and Nissl.¹¹⁴ Nonetheless, it is now clear that it is neuroglia, which determines the progression and outcome of most, if not all, neurological diseases.^{115,116} Indeed, the brain homeostasis is managed solely by the neuroglia, and the failure of neuroglia to maintain this homeostasis is fatal for the nervous tissue.

This is particularly manifest in the ischemic insult in which performance of astroglia very much determines the development of the ischemic core and its relations with penumbra.¹¹⁷ In addition, the astroglia possess a specific defensive mechanism, (i.e., the astrogliosis that is activated in response to brain insults).^{118,119} The astrogliosis is fundamental for limiting the areas of damage (by scar formation through anisomorphic astrogliosis) and for the post-insult remodeling and recovery of neural function (by isomorphic astrogliosis).

Astroglia is involved in pathogenesis of many chronic neurological disorders.^{67,120} For example, astrocytes undergo remodeling in the epileptic brain, which includes both morphological and functional changes.^{121,122} Astrocytes are also important for pathogenesis of various psychiatric disorders. The astrocytes may play an important role in schizophrenia, because failures in astroglia-dependent glutamate homeostasis can result in neurotransmission disbalance.¹²³

ASTROCYTES IN NEURODEGENERATIVE DISEASES

The neurodegenerative disorders are arguably the most fearsome human diseases because they destroy our intellect and reduce human beings to the animal state. The neurodegenerative diseases are also uniquely the property of mankind, because as a rule they do not occur in animals, making one wonder whether they may represent a price for the exclusive power of our brain. The neurodegenerative processes start with disruptions in the connectivity within the brain circuitry,^{124–127} which affect cognitive functions and underlie the early stages of the disease. Further pathological development of the neurodegenerative process results in neural cell death and general atrophy of the brain, manifested by the disappearance of higher brain functions.

The pathological potential of astroglia in neurodegeneration began to be explored only very recently, as for a long time neurodegenerative diseases were associated primarily with neuronal death. Nonetheless, it is quite obvious now that the astroglia is invariably affected at the early stages of neurodegenerative process, and this determines to a large extent the progression and severity of the disease. Several recent investigations discovered astroglial atrophy, which appears at the very early stages of different neurodegenerative diseases. Conceptually atrophic changes in astrocytes may lie at the very core of initial disruption of neural circuitry, as reduced astroglial support affects maintenance and performance of synapses. Several articles, published in this special issue discuss the role of neuroglia in various neurodegenerative processes in detail; here we shall briefly overview evidence for astroglial atrophic changes in the most frequent forms of neurodegenerative diseases.

Amyotrophic lateral sclerosis

Amyotrophic lateral sclerosis (ALS) described by Charcot¹²⁸ and Charcot and Joffroy¹²⁹ is manifested by the degeneration of motor neurons from the cortex, the brain stem, and the spinal cord. The causes and aetiology of ALS remain generally unknown, although approximately 20% of cases are associated with dominant mutations in the gene coding for Cu–Zn superoxide dismutase (SOD1).¹³⁰

Neuroglial reactions play an important role in ALS pathology. Prominent astroglial degeneration and atrophy was found in the h(uman)SOD1^{G93A} transgenic mouse; this astrodegeneration preceded both neuronal death and the appearance of clinical symptoms.^{120,131} Incidentally, the ALS astrocytes (expressing hSOD1) were specifically sensitive to glutamate, and contrary to healthy astrocytes they displayed glutamate excitotoxicity.^{120,131} Even more importantly, selective silencing of the SOD1 mutant gene in astrocytes significantly slowed the progression of ALS in transgenic mice.¹³² Late stages of ALS are characterized by significant astrogliosis and astroglial proliferation.^{133,134}

Parkinson's disease

The symptoms of Parkinson's disease (akinesia, rigidity, tremor at rest, and postural abnormalities¹³⁵) develop because of specific degeneration and demise of dopaminergic neurons in substantia nigra. The role of astrocytes in the pathogenesis of the Parkinson's disease has not been characterized; although astrogliosis was detected at the late stages of the disease.^{136,137} At the same time substantia nigra, in which Parkinson's disease pathology primarily develops, has a low density of astrocytes compared to other brain regions and early astroglial atrophy may have a pathological significance; astrodegeneration can result in diminished support of dopaminergic neurons associated with an increase of their vulnerability. However, this hypothesis has to be experimentally tested.

Non-AD dementia

Profound changes in astrocytes are observed in many types of non-AD dementia-related neurodegeneration. For example, the early stages of frontotemporal dementia are characterized by significant astroglial degeneration and apoptotic death of astrocytes.¹³⁸ Importantly, the depth of glial atrophy correlated with the severity of dementia. However, other studies found prominent astrogliosis in postmortem tissues from patients with frontotemporal dementia.¹³⁹ Similarly, prominent astrogliosis leads to the development of thalamic dementia, in which neuronal loss is secondary to pathological remodeling of astroglia.¹⁴⁰ Both astrogliosis and astroglial atrophy were observed in immunodeficiency virus-1 (HIV-1) associated dementia, in which astrogliosis in the initial phase is followed by significant astro-

cytic death; the loss of astrocytes correlates with the severity of cognitive impairments.^{141,142} Astrocytes can also be a target for tau pathology, and specific expression of tau protein in astroglial cells can trigger age-dependent neurodegeneration.^{143,144} Impairment of astroglia is also involved in pathogenesis of Wernicke encephalopathy, which is associated with a very substantial reduction in expression of astroglial glutamate transporters; this results in compromised clearance of glutamate with subsequent neuronal death through excitotoxicity.^{145,146}

Astroglia in Alzheimer's disease

The pathological modification of astrocytes in the demented brains were initially observed by Alois Alzhei-

mer,¹¹² who had found glial cells abundantly populating neuritic plaques. The reactive astrogliosis has been subsequently confirmed to be an archetypical morphological feature of plaque-infested Alzheimer's disease (AD) brains at the late stages of the disease (FIG. 1); this astrogliosis was observed in both human tissues and in the brains isolated from AD animal models.¹⁴⁷⁻¹⁵⁰

Morphology and numbers

Knowledge about the role of neuroglia in the progression of AD remains fragmentary, at best. Generalized astrogliosis, manifested by cellular hypertrophy and by an increase in expression of GFAP and astroglial S100B protein, was routinely observed in postmortem tissues from AD patients.^{148,151-156} More detailed analysis of astrogliosis in the brains obtained from old patients (with and without confirmed AD) have demonstrated a correlation between the degree of astrogliosis and cognitive decline; however, the same analysis failed to reveal a direct correlation between astrogliotic changes and senile plaques.¹⁵⁷ The morphological data showed reactive astrocytes associated with some, but not with all A β plaques; astrogliotic fields were also found in areas without A β depositions in both AD and non-AD brains.¹⁵⁷ Moreover, there is no significant difference in GFAP expression in demented versus nondemented brains.¹⁵⁸

The A β -independent astrogliosis may accompany normal brain aging, although the age-dependent changes of astroglia are in urgent need of proper investigation. The data describing astroglia in aged brains are scarce and controversial. For example, in rat retinal preparations, aging was associated with a decrease in the total number of astrocytes and with an increase in the proportion of cells with gliotic morphology.^{159,160} Conversely, a rather significant (by one third) increase in the number of astrocytes was observed in hippocampus of female B57 mice¹⁶¹; similar age-dependent increase in astrocytes quantity was found in the CA1 hippocampal area and in the frontal cortex of male Sprague-Dawley rats; this was accompanied with hypertrophic remodeling that was more prominent in the cortex.¹⁶² An increase (by ~20%) in the number of astrocytes was detected in parietal cortex and the dentate gyrus of old Wistar rats.^{163,164} No change in the number of astroglial profiles was found in the primary visual cortex of old rhesus monkeys¹⁶⁵; similarly, the quantity of astrocytes in the human neocortex did not change with age.¹⁶⁶ Significant increase in GFAP expression and astroglial hypertrophy was detected in the white matter of the brains of senescent monkeys, hinting for specific age-dependent alterations in axonal connectivity in the CNS.¹⁶⁷ Overall, not much is known regarding astroglia in the aged human brain; the generally accepted notion of an increased astrogliosis and increased astroglial numbers in the senescent brain¹⁶⁸ has

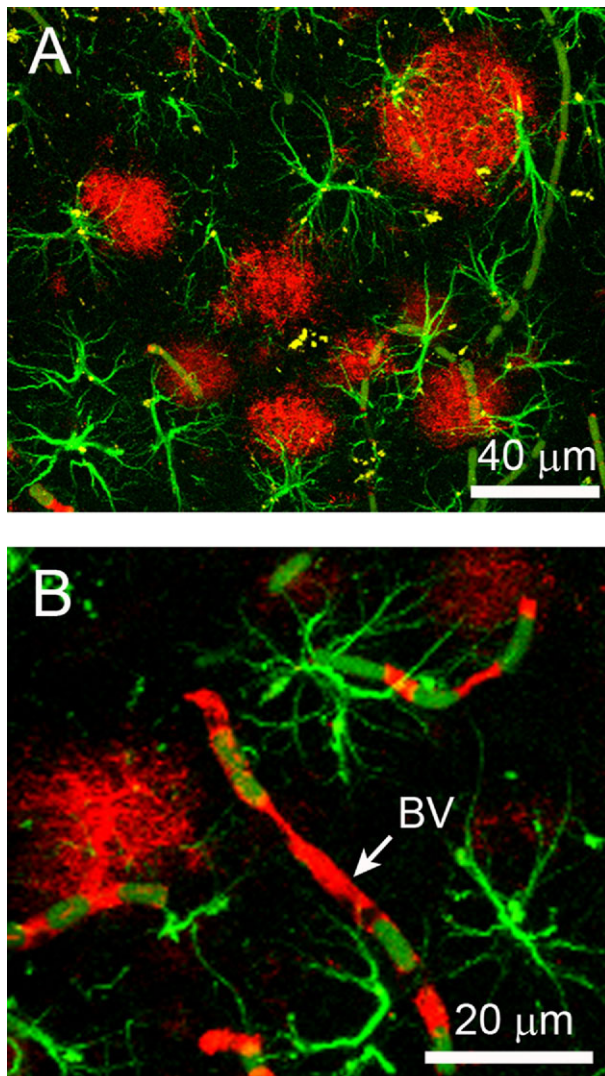


FIG. 1. Confocal images of hippocampal preparations dually labeled by GFAP and by anti- β amyloid monoclonal antibodies (GFAP in green and A β in red) illustrating differential changes in GFAP profiles in astrocytes associated with, and/or close to A β plaques (A, astrogliosis), as well as with vascular A β deposits (B). BV = blood vessel.

to be corroborated by further meticulous morphological analysis.

Astroglial degeneration in AD

Reactive astroglialosis in AD can be initiated by several factors, which include signaling from damaged neurons/neuroglia, as well as extracellular deposition of the β -amyloid peptide ($A\beta$); the latter was shown to trigger astroglialosis *in vitro*.¹⁶⁹ Extracellular $A\beta$ also affects physiological status of astroglial cells. Exposure of cultured astrocytes to β -amyloid induces spontaneous $[Ca^{2+}]_i$ signals and $[Ca^{2+}]_i$ oscillations, which somewhat contribute to astroglial neurotoxicity.^{170,171} The abnormal, spontaneous Ca^{2+} oscillations and Ca^{2+} waves were also observed *in vivo* in astrocytes associated with neuritic plaques.¹⁷² Furthermore, astrocytes in $A\beta$ over-expressing transgenic mice demonstrated increased coupling in neocortical regions and had elevated expression of AMPA/kainate glutamate receptors and glutamate transporters.¹⁷³ In contrast, $A\beta$ was reported to decrease expression and capacity of glutamate-aspartate transporter and glutamate transporter-1 mediated glutamate uptake in cultured astrocytes.¹⁷⁴ The activated astrocytes are intimately involved in the neuro-inflammatory component of the AD through the release of cytokines, pro-inflammatory factors, and nitric oxide/reactive oxygen species neurotoxicity.¹²⁴

At the early stages of the AD pathology in the triple-transgenic mice (3xTg-AD), harboring the mutant genes for amyloid precursor protein (APP_{Swe}), presenilin 1 ($PS1_{M146V}$, and tau_{P301L})¹⁷⁵, the reduction in the morphological presence of astrocytes, indicative of astroglial degeneration/atrophy, was discovered.^{149,150} In these experiments, the GFAP-positive astrocytes were morphologically analyzed in hippocampi of the 3xTg-AD mice of different ages (range, 3 to 18 months). It must be noted that GFAP labeling differs profoundly between brain regions; in hippocampus ~80% of astrocytes are GFAP-positive.¹⁷⁶ There were no significant age-dependent changes in the density of astrocytes in both control and AD brains. Already from 6 months of age, the astrocytes in CA1 and dentate gyrus of 3xTg-AD animals showed atrophic signs (i.e., decrease in the volume of GFAP-staining, decreased size of somata, and decrease in number of processes (FIGS. 1 and 2). These changes became fully significant at older ages (range, 9 to 18 months).^{149,150} Importantly, the appearance of senile plaques, which in the 3xTg-AD model occurs at 12 months of age in the CA1 region and at 18 months of age in the dentate gyrus, triggered morphological astroglialosis, but only in astrocytes directly associated with $A\beta$ deposits; the astroglial cells distant to plaques remained atrophic.^{149,150} Interestingly, that astroglial atrophy (manifested by decreased complexity of processes) was

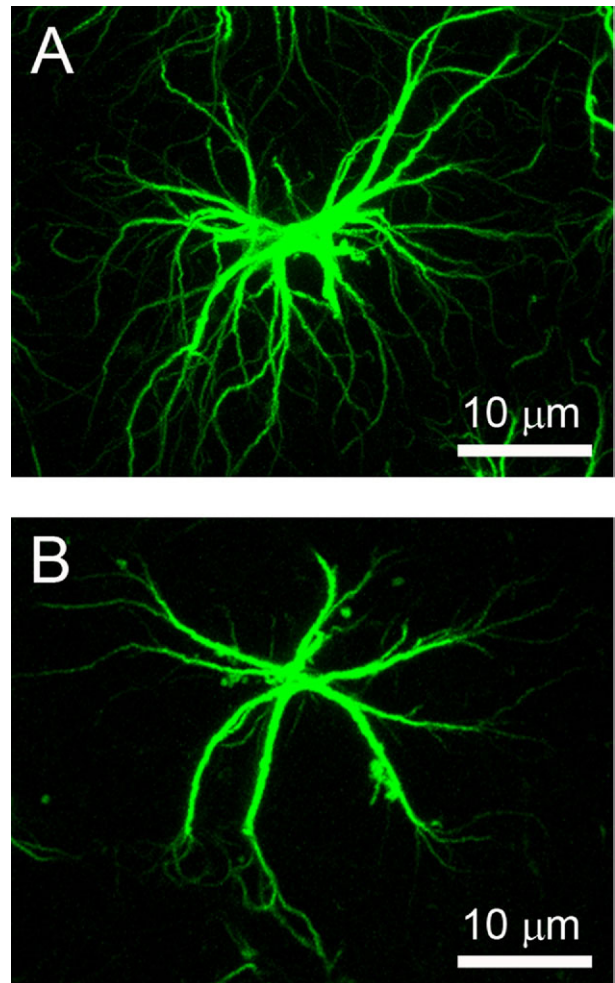


FIG. 2. Confocal micrographs of hippocampal astrocytes non-associated with $A\beta$ plaques in transgenic mice model (3xTg-AD) of Alzheimer's disease. Note the evident astrocytic atrophy in the 3xTg-AD mice (B) when compared to the control animals (A).

observed in postmortem analysis of the neocortex of demented patients.¹⁷⁷

Astroglia and β -amyloid

The role of astroglia in $A\beta$ processing and metabolism represents another controversial matter. The reactive astrocytes in AD were suggested to participate in the clearance and degradation of β -amyloid (for review see References^{178–180}). Indeed, activated astrocytes located in the close vicinity to $A\beta$ plaques formed in the brains of transgenic APP mice were found to express neprilysin, the amyloid-degrading enzyme.¹⁸¹ Accumulation of $A\beta$ was observed in astrocytes from entorhinal cortex of AD patients,¹⁴⁷ although it was rarely found in astrocytes from 3xTg-AD mice.^{149,150} Functional experiments also demonstrated the ability of astrocytes to phagocytose and degrade β -amyloid deposits in an *in vitro* system.¹⁸² However, these experiments also demonstrated β -amyloid sequestration can be done only by astrocytes isolated

from healthy brains; the astroglial cells obtained from APP transgenic mice were ineffective.¹⁸²

At the same time, the AD conditions may affect astroglia, turning them into $A\beta$ producers. Production of $A\beta$ requires the endoprotease known as β -site APP-cleaving enzyme 1 ([BACE 1] also referred to as β -secretase). In the healthy brain expression of BACE 1 seems to be exclusively confined to neurons. In conditions of AD-like pathology or even under chronic stress, astrocytes start to express BACE 1, thus acquiring $A\beta$ -producing ability.¹⁷⁸ Astroglial BACE 1 was detected in activated astrocytes surrounding $A\beta$ plaques in several transgenic AD mice models, such as Tg2576¹⁸³ and double mutated K670N-M671L APP.^{184,185} Various brain insults that triggered astrogliosis (e.g., immunolesion of cholinergic septohippocampal afferents or occlusion of middle cerebral artery) also triggered astrocytic expression of BACE 1.¹⁷⁸ Similarly, increased APP production was detected in the rat model of chronic neocortical astrogliosis, induced by grafting foetal cortical tissue in the midbrain of neonatal animals; chronically activated astrocytes were immunostained for APP as well as for another AD-related marker apolipoprotein E.¹⁸⁶

The neurovascular unit in AD: role for astrocytes

Vascular impairments represent an important factor in the pathology of AD. Numerous imaging studies of humans have found that significant reduction in blood flow in the brains of patients with AD and AD-like status indicated the role for vascular defects at the early stages of the disease (see References^{187–189} for comprehensive review). Morphological analysis also found pronounced vascular pathology in AD brains.¹⁹⁰

The elementary component of brain microcirculation is represented by a neurovascular unit, in which astrocytes integrate neurons, brain endothelium, pericytes, and vascular smooth muscle cells into a functionally independent entity.^{23,188,189} In this structure, astrocytes assume the role of coordinating elements that establish the link between neuronal activity and local blood flow through several signaling cascades controlling vasoconstriction and vasodilatation.^{23,24,26} Furthermore, astroglial endfeet, which plaster brain capillaries, regulate formation of tight junctions (i.e., controlling the blood-brain barrier) and have a central role in the transport of water and electrolytes, as well as in the utilization of glucose and providing neurons with energy substrates.^{28,31,189,191} In AD, the neurovascular unit is specifically targeted because $A\beta$ plaques often encompass brain capillaries (FIG. 1), thus affecting microcirculation and vascular $A\beta$ clearance.¹⁸⁷ At the same time, the primary vascular pathology induces overproduction of $A\beta$ through yet poorly characterized mechanisms.¹⁸⁸

Control of local cerebral circulation and functional hyperemia accomplished by astrocytes is of fundamental

importance for functional activity of neural networks. Pathological remodeling of the neurovascular unit that occurs in AD is likely to be associated with specific damage to astroglia, which may occur at the early stages of the disease and contribute to cognitive abnormalities. Presently, the mechanisms of AD-specific astroglia damage remain unknown, although atrophy of astrocytes may be also linked to neurovascular unit dysfunction.

Metabolic remodeling of astroglia in AD

Metabolic stress represents one of the early symptoms of AD-like pathology. Numerous functional imaging studies demonstrated significant and progressive decrease in glucose use from the very early stages of AD in humans.¹⁹² The $A\beta$ remodels astroglial metabolic phenotype *in vitro* by affecting glucose metabolism and increasing reactive oxygen species production in cultured astrocytes. The data on actual mechanisms of $A\beta$ -dependent changes in glucose metabolic pathways are controversial. Several groups have found that $A\beta$ decreased the astroglial use of glucose.^{193–195} In contrast, treatment with $A\beta$ significantly increased glucose use in cultured astroglial cells by enhancing the activity of all major glucose metabolism pathways and glycogenesis.¹⁹⁶ Furthermore, co-culturing neurons with astrocytes pre-treated with $A\beta$ significantly decreased neuronal survival as compared with co-culturing with naive astrocytes.¹⁹⁶ Analysis of the activity of metabolic enzymes similarly yielded controversial results: both decrease^{197,198} and increase^{195,199} in the activity of enzymes associated with glucose metabolism have been reported in AD brain preparations. These discrepancies may reflect opposite cell-specific changes in glucose metabolism developing at different stages of AD.¹⁹⁶

Astrodegeneration and failed synaptic connectivity: astroglia drive early cognitive decline in AD?

Cognitive deficits are the first signs of AD, which occur well before the development of disease-specific histopathology manifested by the appearance of senile plaques and neurofibrillary tangles.^{200,201} This observation indicates disruptions in neural connectivity. These disruptions occur at the early stages of the disease and are responsible for the decline of the brain function. Numerous studies have demonstrated that synaptic weakness and synaptic loss are the earliest morphological correlates of the AD.^{127,200} Moreover, clinical studies confirmed a strong correlation between the degree of dementia and the extent of synaptic loss.^{202–204} In contrast, there is a rather poor correlation between the level of $A\beta$ load and tangles expression and cognitive function.

Mechanisms of early synaptic failure in dementia and AD are obscure. Of course, synaptic loss may reflect neurodegenerative process solely associated with mal-

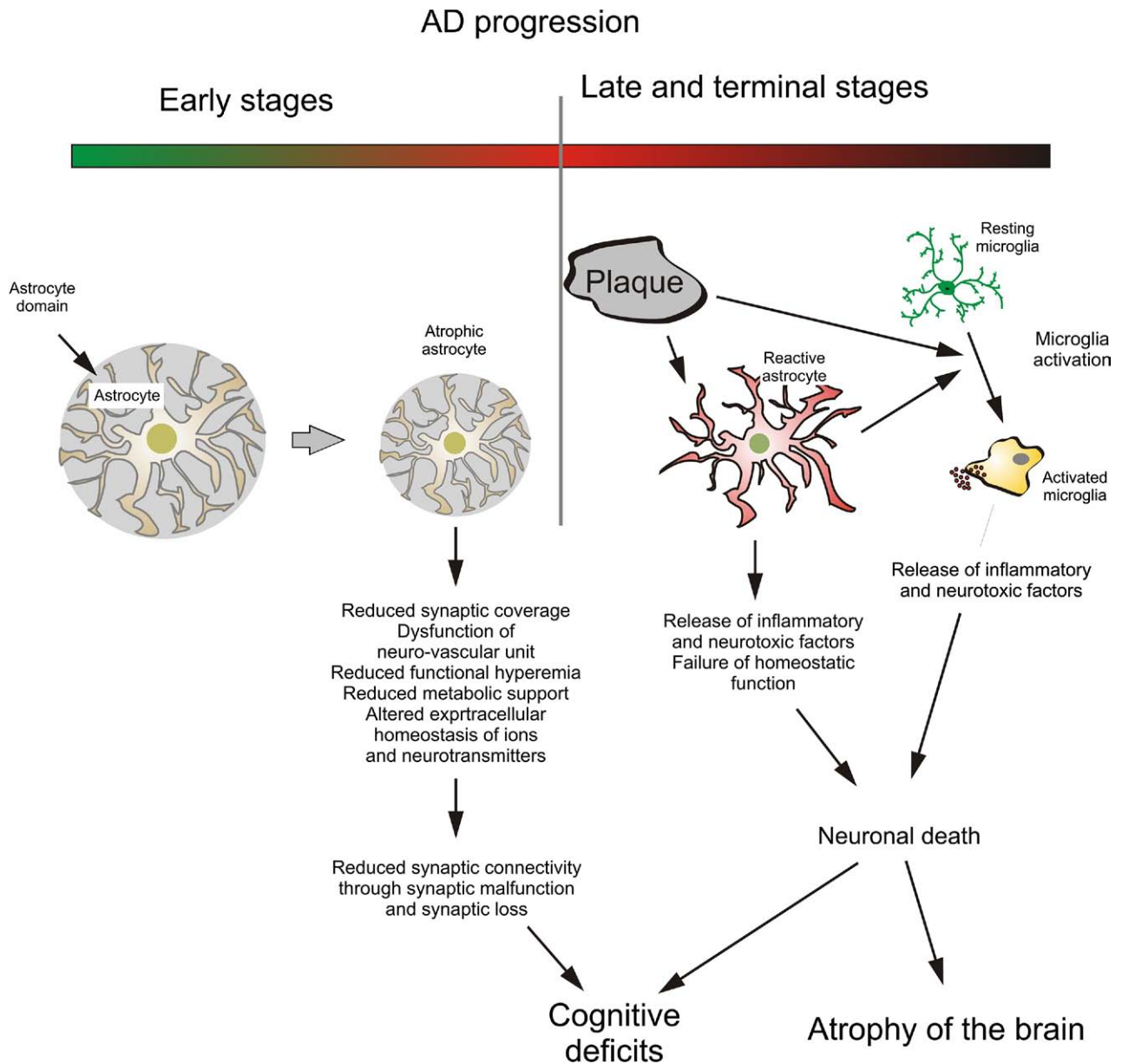


FIG. 3. Astroglial hypothesis of Alzheimer’s disease (AD). The initial impairments of brain connectivity and synaptic transmission observed in AD (and possibly in other neurodegenerative diseases) can result from generalized atrophy of astrocytes. Atrophy of astroglia may cause reduced synaptic coverage, affect homeostasis of ions and neurotransmitters, alter neurovascular unit performance, and reduce metabolic support to neurons. These factors can contribute to synaptic malfunction and synaptic loss, thus causing early cognitive deficits. At the later stages of AD, appearance of senile plaques presents a strong pro-gliotic signal, which triggers activation of both astrocytes and microglia. Reactive astrocytes further reduce synaptic support and may exacerbate microglial activation. Reactive glia release inflammatory and neurotoxic factors, which induce neuronal death and brain atrophy, thus causing severe dementia. (Drawings of astrocytes were kindly provided by Prof. M. Nedergaard.)

function of neurons; yet the central role of astrocytes in brain homeostasis may justify alternative, astrocentric hypothesis (FIG. 3). Indeed, astrocytes are fundamentally important for synaptogenesis and synaptic maintenance. Astroglial transporters control the composition of the extra-synaptic environment and prevent local toxicity of glutamate or local depolarizations by excessive accumulation of K⁺ ions. The glutamate-glutamine shuttle, expressed in astroglia, sustains neuronal glutamate lev-

els, thus maintaining glutamatergic transmission. Finally, astrocytes provide local metabolic support, which, assuming excessive energy demands of synaptic compartment,^{205,206} is critically important for neurotransmission. Therefore, we may suggest that atrophy of astroglia, which occurs at the early stages of AD and is likely to accompany early stages of other neurodegenerative diseases, determines synaptic malfunction, synaptic loss, and cognitive deficits.

Therapeutic implications

At present, there is no cure for AD or other neurodegenerative diseases; existing therapy is purely symptomatic. Numerous attempts to target β -amyloid depositions, although successful in reducing $A\beta$ load, did not improve either cognitive status or disease progression.²⁰⁷ Can the discovery of pathological relevance of astroglia lead to a cell-specific therapy/prevention of AD? Several strategies can be suggested.

First, the astroglia-specific molecules can be specifically targeted. The obvious candidate is GFAP, which is increased in reactive astrocytes. Reduction of GFAP expression affects synaptic plasticity,^{208,209} whereas increase in GFAP expression induces various forms of encephalopathy and alters synaptic activity.¹⁶⁸ Conceptually, levels of GFAP expression can be affected by steroid hormones¹⁶⁸ and even by caloric restriction.²¹⁰ However, this strategy can be effective at the later stages of the AD characterized by prominent astrogliosis.

Second, molecules can be designed to affect astrocyte-specific homeostatic cascades (e.g., astroglial glutamate uptake). The neuroprotective drug Riluzole,²¹¹ which inhibits neuronal glutamate release was also reported to enhance astroglial glutamate uptake.²¹² Incidentally, the beta-lactam antibiotics, (e.g., represented by penicillin and ceftriaxone) increase astroglial expression of glutamate transporter-1 through gene activation.²¹³ Both compounds are considered potential drugs for the treatment of motor neuron diseases associated with glutamate excitotoxicity, resulting from astroglial deficiency.²¹⁴ Similar strategies may be adapted to the treatment of AD by reducing excitotoxic neuronal death and improving synaptic function.

However, the most promising strategy seems to be aimed at long-term modulation of astroglial function by promoting endogenous cell proliferation and differentiation. As astrocytes have some stem cell properties and can (at least in principle) re-enter the cell cycle, manipulation with these abilities can develop the true cell-specific therapy, which can be used for arresting AD progression at the very early stages.

CONCLUSIONS

Astrocytes are the central element of brain homeostatic system, which through their multiple functions provide for maintenance and defence of neural networks. Astroglial cells are specifically involved in various neurological diseases, determining their pathogenesis and outcome. Astrocytes are involved in all types of neurodegenerative processes, and display prominent remodeling in the AD; early dystrophic changes in astroglia can represent an important step in initiation and progression of Alzheimer's disease. Targeting of astroglia may pro-

vide a new principle for treatment of AD at the early stages of the disease.

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