

# Situating the default-mode network along a principal gradient of macroscale cortical organization

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**Understanding how the structure of cognition arises from the topographical organization of the cortex is a primary goal in neuroscience. Previous work has described local functional gradients extending from perceptual and motor regions to cortical areas representing more abstract functions, but an overarching framework for the association between structure and function is still lacking. Here, we show that the principal gradient revealed by the decomposition of connectivity data in humans and the macaque monkey is anchored by, at one end, regions serving primary sensory/motor functions and at the other end, transmodal regions that, in humans, are known as the default-mode network (DMN). These DMN regions exhibit the greatest geodesic distance along the cortical surface—and are precisely equidistant—from primary sensory/motor morphological landmarks. The principal gradient also provides an organizing spatial framework for multiple large-scale networks and characterizes a spectrum from unimodal to heteromodal activity in a functional metaanalysis. Together, these observations provide a characterization of the topographical organization of cortex and indicate that the role of the DMN in cognition might arise from its position at one extreme of a hierarchy, allowing it to process transmodal information that is unrelated to immediate sensory input.**

topography | connectivity | cortical organization | default-mode network | gradients

A key assumption in neuroscience is that the topographical structure of the cerebral cortex provides an organizing principle that constrains its cognitive processes. Recent advances in the field of human connectomics have revealed multiple large-scale networks (1–3), each characterized by distinct functional profiles (4). Some are related to basic primary functions, such as movement or perceiving sounds and images; some serve well-documented, domain-general functions, such as attention or cognitive control (5–8); and some have functional characteristics that remain less well-understood, such as the default-mode network (DMN) (9, 10). Although the topography of these distinct distributed networks has been described using multiple methods (1–3), the reason for their particular spatial relationship and how this constrains their function remain unclear.

Advances in mapping local processing streams have revealed spatial gradients that support increasingly abstract levels of representation, often extending along adjacent cortical regions in a stepwise manner (11). In the visual domain, for example, the ventral occipitotemporal object stream transforms simple visual features, coded by neurons in primary visual cortex, into more complex visual descriptions of objects in anterior inferior temporal cortical regions and ultimately, contributes to multimodal semantic representations

in the middle temporal cortex and the most anterior temporal cortex that capture the meaning of what we see, hear, and do (12–15). Similarly, in the prefrontal cortex, a rostral–caudal gradient has been proposed, whereby goals become increasingly abstract in anterior areas more distant from motor cortex, because they are increasingly removed from selection processes that operate on specific motor representations (5, 16–19). Much like the function–structure correspondence elucidated by topographic maps within sensory and motor areas (20, 21), these processing gradients provide a systematic mapping between spatial position and a functional spectrum of increasingly abstract representations (22).

Processing gradients have proven useful for understanding the relation between specific regions and function in separate domains: Mesulam (23) observed that the emergence of more abstract functional classes of cortex may follow a similar trajectory, hypothesizing that abstract categories emerge from the convergence of information across modalities (Fig. 1C). This notion has recently been extended by Buckner and Krienen (24), who proposed the “tethering hypothesis,” arguing that association cortex gains its functional attributes through its increasing spatial distance from the constraints that determine the functional specialization of

## Significance

**We describe an overarching organization of large-scale connectivity that situates the default-mode network at the opposite end of a spectrum from primary sensory and motor regions. This topography, based on the differentiation of connectivity patterns, is also embedded in the spatial distance along the cortical surface between these respective systems. In addition, this connectivity gradient accounts for the respective positions of canonical networks and captures a functional spectrum from perception and action to more abstract cognitive functions. These results suggest that the default-mode network consists of regions at the top of a representational hierarchy that describe the current cognitive landscape in the most abstract terms.**

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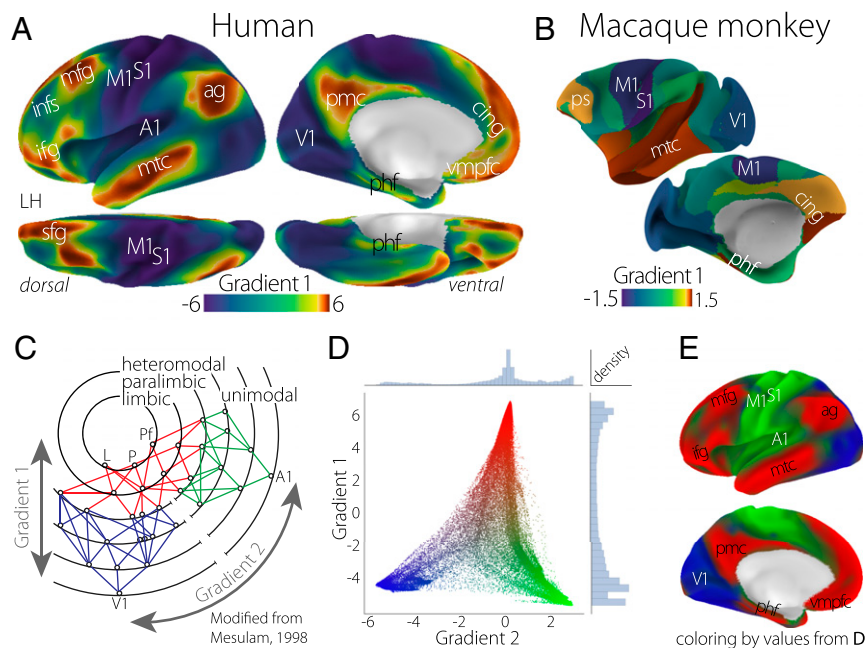
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**Fig. 1.** The principal gradient of connectivity in both the (A) human and (B) macaque monkey cortices shows a spectrum between unimodal regions (dark blue) and transmodal regions (sienna), which in the human cortex, peaks in regions corresponding to the DMN. The proximity of colors can be interpreted as greater similarity of connectivity patterns. (C) The illustration of connectivity organization suggested by Mesulam (23) proposes a hierarchy of processing from distinct unimodal areas to integrative transmodal areas. Labels Gradient 1 and Gradient 2, which were not included in the original figure, correspond to the results in D. Modified from ref. 23. (D) A scatter plot of the first two connectivity embedding gradients. Gradient 1 extends between primary sensorimotor and transmodal regions (red). Gradient 2 separates somatomotor and auditory cortex (green) from visual cortex (blue). Histograms depicting the distribution of values are presented on the respective axes. (E) Colors from the scatter plot are presented on the cortical surface for anatomical orientation. A1, primary auditory; ag, angular gyrus; cing, anterior cingulate cortex; ifg, inferior frontal gyrus; infs, intermediate frontal sulcus; L, limbic; M1, primary motor; mfg, middle frontal gyrus; mtc, middle temporal cortex; P, parietal; Pf, prefrontal; phf, parahippocampal formation; pmc, posteromedial cortex; ps, principal sulcus; S1, primary somatosensory; sfg, superior frontal gyrus; V1, primary visual; vmprc, ventromedial prefrontal cortex.

primary cortex. These viewpoints suggest that there may be macroscale gradients that integrate information across multiple domains into progressively more abstract representations, in which local gradients within specific cortical systems could be situated and understood.

One large-scale cortical system with function that remains unclear is the DMN. Initially identified through its tendency to deactivate during externally oriented tasks (25), the DMN has since been shown to activate in tasks that depend on information retrieved from memory, such as remembering the past or thinking about the future, or considering the mental states of others (reviews are in refs. 10 and 26). The DMN is also known to play a role in states that are less related to ongoing environmental events, such as daydreaming and mind wandering (27–30), and contributes to lapses in external processing (31). A consensus view on the role of the DMN in human cognition is still lacking, however, because of the increasing number of cognitive domains in which it has been implicated. As well as playing an active role during states, such as autobiographical memory retrieval, social cognition, and future thinking, the DMN has recently been shown to operate in concert with regions implicated in cognitive control during complex working memory tasks (32–36). This emerging evidence illustrates that the DMN is not tied to a specific form of informational content, leading to suggestions that it acts as a hub that integrates representational information across the cortex (30, 37).

To understand the topographic organization of the cerebral cortex at the macroscale (38), we explore how the principal variance in cortical connectivity relates to the topography of structure and function by addressing four key questions. (i) Is there a macroscale gradient of connectivity in the human brain that reflects the systematic integration across modalities in a hierarchical fashion? (ii) Does this macroscale organization relate to the geometric

structure of the cortex? (iii) Does the organization captured by the principal gradient account for the spatial distribution of large-scale networks and the associated functions across the cortex? (iv) Do these observations provide a framework for understanding the functional role of the DMN in cognition?

## Results

We began our analysis by characterizing the components describing the maximum variance in functional connectivity patterns—the extent to which nodes agree in the spatial distribution of correlations—across the human cerebral cortex (Fig. 1 and Fig. S1). The functional connectivity matrix consisted of 91,282 cortical and subcortical “grayordinates” with a resolution of 2 mm from the preprocessed dense connectome S900 release of the Human Connectome Project (HCP) (39). These data were based on 1 h of resting-state fMRI data acquired from 820 healthy adult individuals. No further processing of the connectivity matrices beyond those already implemented by the HCP, which included minimal spatial smoothing of 2 mm FWHM (40), was conducted.

Rather than delineating discrete network parcellations, we implemented a method that captures gradients in connectivity patterns over space—a cortical feature termed “connectotopies” (41). This method, known as diffusion embedding (42), allows local and long distance connections to be projected into a common space more effectively than approaches that use linear dimensionality reduction, such as principal component analysis (SI Materials and Methods). The resultant components, which we describe here as “gradients,” are unitless and identify the position of nodes along the respective embedding axis that encodes the dominant differences in nodes’ connectivity patterns.

**The Principal Gradient in Humans and Macaque Monkeys.** The principal gradient (Fig. 1A), which accounts for the greatest variance in connectivity in the human brain (Fig. S2), is anchored at one end by the primary and unimodal visual, somatosensory/motor, and auditory regions. At the other end are regions including the angular gyrus, rostral anterior cingulate, posteromedial cortex, middle temporal gyrus, and middle and superior frontal gyri—regions that, in humans, are collectively described as the DMN. Regions situated between the two extreme ends of the principal gradient include the inferior frontal sulcus, the intraparietal sulcus, and the inferior temporal sulcus, constituting heteromodal integration and higher-order cognitive regions.

The initial proposal of Mesulam (23) was motivated by tract-tracing studies conducted in the macaque monkey. To determine whether our method would generalize to these forms of data, we performed the same embedding analysis on a publicly available database of tract-tracing studies conducted in the macaque monkey. The principal gradient of the macaque monkey cerebral cortex is presented in Fig. 1B and similar to the human functional connectivity-based results, anchored at one end by visual and somatosensory/motor regions and at the other end by higher-order transmodal regions in the temporal lobe and the medial and lateral prefrontal cortexes. The cross-species correspondence of the principal gradient suggests that this axis of connectivity variation is phylogenetically conserved and may represent a primary dimension of cortical expansion (43).

The topography of the principal gradient in both the human and macaque monkey is consistent with the claim that cortical connectivity is organized along a dimension spanning primary/unimodal and transmodal regions—a hypothesis that is summarized schematically along the Gradient 1 dimension in Fig. 1C. However, for this spectrum to indicate hierarchical integration across distinct modalities, the following connectivity component should distinguish between primary modalities as indicated by the dimension Gradient 2 in Fig. 1C.

Consistent with the hypothesis by Mesulam (23) (Fig. 1C), the component accounting for the second-most variance in connectivity in the human brain differentiates regions solely within the unimodal end of the principal gradient (Fig. 1D). One end of the spectrum is characterized by regions of the occipital cortex implicated in processing visual input, whereas the opposite end includes the somatosensory and motor regions surrounding the central sulcus as well as the auditory regions of the temporal perisylvian region (Fig. 1E). The convergence described by the first two connectivity gradients across sensory/motor modalities and toward a singular set of nodes within transmodal cortex is consistent with the claim that the principal gradient is organized along a dimension that integrates unimodal regions in a hierarchical manner (Fig. 1C). Moreover, the principal gradient, anchored at one end by the DMN, contains within it several local processing gradients that have already been described within the temporal and frontal lobes (12–15, 17–19).

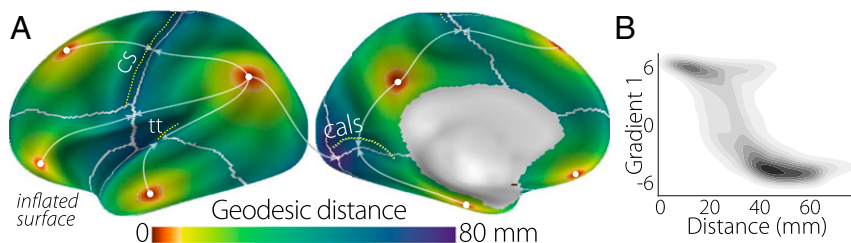
Additional gradients describing progressively less connectivity variance are available in Fig. S1.

**DMN Peaks of the Principal Gradient Are Equidistant from Primary Areas.** Having characterized the topography of a principal gradient in connectivity, we next investigated whether it is related to the intrinsic geometry of the cortex. To do so, we examined whether regions at the extreme of the DMN end occupy spatial locations that are maximally distant along the cortical surface from unimodal regions. We selected seven peak cortical nodes across the DMN clusters of the principal gradient and calculated the minimum geodesic distance from all other nodes to any of these “seed” nodes (additional description of methods is in *SI Materials and Methods*).

Fig. 2 shows that cortical distance reproduces many features of the spatial embedding of the principal gradient. Four of the peak DMN nodes are equidistant from the central sulcus, which is the topographical landmark of primary somatosensory/motor cortex. Likewise, we observe a similar correspondence with the calcarine sulcus, marking the location of primary visual cortex. More generally, distance clearly increases with lower principal gradient values, with an especially rapid transition in the connectivity gradient between 25 and 40 mm and plateaus at the extremes (Fig. 2B). This relationship is, nevertheless, captured by a linear fit ( $R^2 = 0.55$ ). It is noteworthy that unimodal regions are at least 40 mm from the DMN peaks. In similar analyses of macaque monkey cortical distance (Fig. S3), we observed a comparable distance threshold for unimodal regions. In sum, this analysis shows that the principal connectivity gradient reflects macrostructural features of cortical organization: the nodes corresponding to one extreme end of the gradient—core regions of the DMN—are maximally distant from regions that directly govern perception and action.

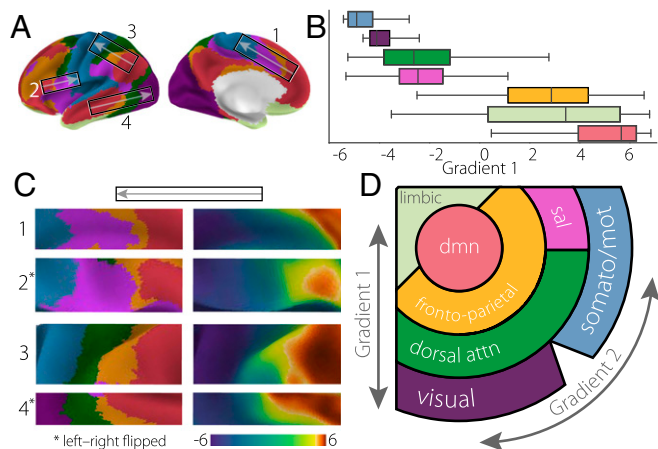
**The Principal Gradient Captures the Spatial Layout of Large-Scale Networks.** We next examined the extent to which the principal gradient captures the macroscale layout of intrinsic functional connectivity networks. Despite the high reproducibility of large-scale resting-state networks (1, 44–46), there is no clear overarching spatial schema to explain the transition of one network to another. We examined the widely used seven-network parcellation by Yeo et al. (2) with respect to the position of each network along the principal gradient (Fig. 3A). [Results using the 17-network parcellation from ref. 2 are presented in Fig. S4.]

Fig. 3 shows that networks are not randomly distributed along this dimension: instead, as shown in the box plots in Fig. 3B, cortical nodes from the same network tend to cluster at similar positions. Importantly, the DMN identified in this parcellation (Fig. 3, red) occupies one extreme position along the principal gradient and is maximally separated from visual (Fig. 3, purple) and motor (Fig. 3, blue) networks, which are at the other extreme. One exception is the limbic network (Fig. 3, beige), which includes an extensive range of values. However, the spatial distribution of



**Fig. 2.** (A) The minimum geodesic distance (in millimeters) from each point on the cortical surface to seven seed nodes located in the positive peaks of the principal gradient. Morphological landmarks of primary areas denoted by white dotted lines, such as the central sulcus (cs; somatosensory/motor), calcarine sulcus (cals; visual), and transverse temporal gyrus (tt; auditory), are equidistant from the surrounding DMN peaks (illustrated by arrows). Gray lines mark the calculated equidistant line. (B) The contour scatter plot shows the negative relationship between geodesic distance from seven positive peak locations and the principal gradient ( $R^2 = 0.55$ ).





**Fig. 3.** (A) The principal gradient values from each of seven networks (2) are presented as (B) box plots ordered by the mean value. (C) Illustrative cutouts taken from A to show the repeated patterns of network spatial adjacency captured by the principal gradient. Arrows in A indicate the corresponding orientation of the cutouts. (D) A schematic of the spatial relationships of canonical resting-state networks (2) applying the schema suggested in ref. 23 presented in Fig. 1C. dmn, default-mode network; dorsal attn, dorsal attention network; sal, salience network; somato/mot, somatosensory/motor network.

this network may be accounted for by low signal to noise within the original data used for parcellation (2), and it may, thus, not accurately reflect the connectivity of its constituent regions.

This analysis, therefore, shows that the principal gradient of connectivity provides a framework for the spatial ordering of large-scale networks. In addition, the principal gradient captures similar, repeating transitions between these networks, which occur across cortical lobes (Fig. 3C). We represent this consistent arrangement as a schematic illustration in Fig. 3D. Notably, outlier gradient values for each network are located predominantly at their boundaries (Fig. S5), suggesting that, in some cases, the principal gradient describes gradual connectivity transitions that are obscured by discrete network parcellation.

**Distribution of Functions Along the Principal Gradient.** Our final analysis explored whether the regions located at the DMN extreme of the gradient serve functions that are abstracted from perception and action. We conducted a metaanalysis using the NeuroSynth database (47) [Figs. S6 and S7 show corresponding analysis using the BrainMap database (48)] and examined the association between a list of topic terms with regions of interest created from five-percentile bins of the principal gradient. Topic terms were sorted by their weighted average position along the gradient, revealing a systematic shift in function. Fig. 4 shows that the unimodal end is characterized by terms depicting acting and perceiving, such as “motor,” “visual perception,” “multisensory processing,” and “auditory processing,” whereas the end characterized by the DMN emphasizes terms such as “social cognition,” “verbal semantics,” and “autobiographical memory”—tasks that rely on complex representations abstracted away from specific sensory and motor processes. Between the extremes, we observe domain-general functions, such as “cued attention,” “inhibition,” and “working memory,” in regions corresponding to the dorsal attention and salience networks above (Fig. 3D).

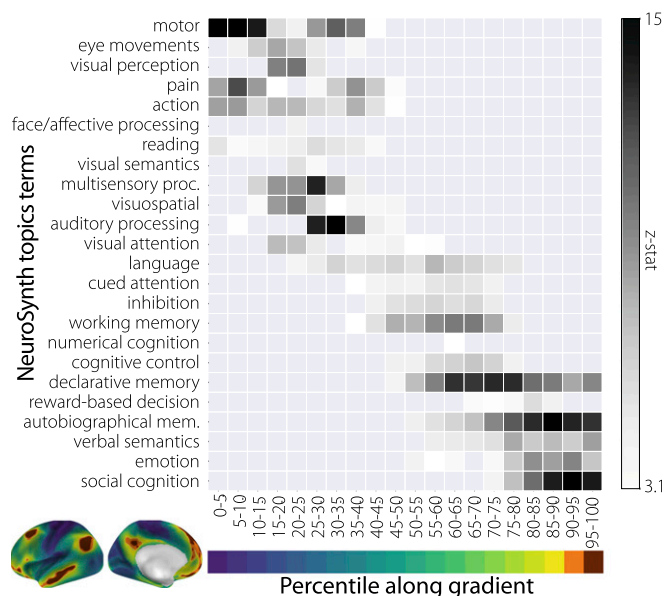
**Discussion**

Our analysis characterized a principal gradient of cortical organization in the human connectome, which is anchored at one end by systems implicated in perceiving and acting, and at the other end by transmodal association regions, corresponding in humans to the DMN (Fig. 1). A comparative analysis using tract-tracing

data from studies in the macaque monkey found a corresponding gradient, providing initial evidence that this axis of connectivity variation may be phylogenetically conserved. The observation that the principal gradient corresponds to the intrinsic geometry of the cortex—regions in the DMN have the greatest geodesic distance along the cortical surface from primary sensory/motor areas—further indicates this axis may provide a crucial blueprint for cortical organization (Fig. 2). We also found that large-scale networks are arranged along this axis, with the same transitions between consistently adjacent networks occurring throughout the cortex (Fig. 3). Finally, a task-based metaanalysis characterizing the functional attributes of this gradient showed a spectrum of increasing abstraction that follows the transition from unimodal cortex to the extreme end of the gradient in the DMN (Fig. 4).

The location of the DMN at one extreme end of the principal gradient provides an organizing principle for understanding its role in cognition. First, these findings provide anatomical support for why the DMN has been associated with processes that are unrelated to immediate stimulus input, such as daydreaming or mind wandering (27, 28, 30). The DMN is at a maximal distance from systems involved in perception and action in both functional connectivity and anatomical space, indicating that the neural activity in these regions is likely to be comparably insulated from direct environmental input (49, 50). Second, the location of the DMN as equidistant from all sensory/motor systems is aligned with its broad range of functions that requires integration between multiple sensory systems, including episodic (51) and semantic memory (52–54), social cognition (55, 56), goal-directed working memory tasks (26, 32, 33, 35), and reward-guided decision making (57, 58). The two cardinal features of the DMN related to abstraction—stimulus independence and content heterogeneity—can be accounted for by its position at the end of a topographical hierarchy that is equidistant from unimodal systems, thus acting as a hub of integration across multiple sensory modalities (37) (Fig. 3D).

The principal gradient illustrates a broader topographic organization of large-scale connectivity (38) that accounts for the



**Fig. 4.** NeuroSynth metaanalysis of regions of interest along the principal gradient using 24 topic terms. Terms are ordered by the weighted mean of their location along the gradient. Sensory processing terms are located at the top followed by domain-general cognitive functions and then, higher-order abstract cognitive and memory-related processes. Similar results using the BrainMap database are available in *S1 Materials and Methods*. autobiographical mem., autobiographical memory; multisensory proc., multisensory processing.

spatial arrangement of local processing streams throughout the cerebral cortex. Gradients in both the temporal and prefrontal cortexes are apparent in Fig. 1, showing that these hierarchies are not isolated local phenomena; they emerge as elements of a spectrum that begins within input–output systems and ends with the DMN. Notably, our results are consistent with a recent modification of the rostral–caudal processing gradient described within lateral frontal cortex (59, 60). Rather than the more rostral areas located farther along in the processing hierarchy (18, 19), two distinct hierarchical gradients of temporal- and feature-related abstraction converge in middle lateral prefrontal cortex (60). The consistency between the principal gradient and this revised lateral prefrontal hierarchy suggests that it may provide a source for future studies investigating the detailed topography of local processing streams.

In addition to incorporating local processing streams within a global framework, the principal gradient situates discrete large-scale connectivity networks along a continuous spectrum. With recent advances in multimodal cortical parcellation (61), this approach provides a complementary means to describe the gestalt of the cortical mosaic. Future studies are needed to better characterize the types of transitions between different patterns of large-scale connectivity and identify where processing occurs in a stepwise (11) or “gradiential” manner (22).

It is now widely accepted that the DMN is important, because it permits cognitive processing that is independent of the here and now. This capacity is adaptive, because it permits flexibility: more abstract representations of a stimulus enable the generation of alternative behaviors, allowing original and creative thoughts to emerge (62). Along those lines, a “positive–negative” axis of brain–behavior covariation describes a similar connectivity spectrum, distinguishing the DMN from sensory/motor regions (63). Beyond supporting states of creativity and planning (64, 65), the DMN has also been implicated in almost all psychiatric conditions (66), indicating that there may be costs as well as benefits from the capacity to apprehend the world as it might be rather than seeing it as it is right now.

## Materials and Methods

The principal gradient was derived from human (39) and macaque (67, 68) connectivity matrices using diffusion embedding (42)—a nonlinear dimensionality reduction technique (Fig. 1). Geodesic distance along the cortical surface from peak nodes of the transmodal end of the principal gradient, presented in Fig. 2, was calculated using an exact distance algorithm (69, 70). For the comparison with canonical large-scale networks (Fig. 3), the principal gradient values were extracted from each of seven networks from ref. 2. Finally, binarized masks at five-percentile increments of the principal gradient were used as regions of interest in a NeuroSynth (47) metaanalysis (Fig. 4). Additional information regarding methods is available in *SI Materials and Methods* as well as Figs. S1–S7. All software used in this study is openly available at [https://neuroanatomyandconnectivity.github.io/gradient\\_analysis/](https://neuroanatomyandconnectivity.github.io/gradient_analysis/).

All MRI data used in this study were publicly available and anonymized. Participant recruitment procedures and informed consent forms, including consent to share deidentified data, were previously approved by the Washington University Institutional Review Board as part of the HCP (39).

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