



Published in final edited form as:

Antiviral Res. 2016 July ; 131: 61–65. doi:10.1016/j.antiviral.2016.04.003.

Susceptibilities of enterovirus D68, enterovirus 71, and rhinovirus 87 strains to various antiviral compounds

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Abstract

Compounds were evaluated for antiviral activity in rhabdomyosarcoma (RD) cells against a recent 2014 clinical isolate of enterovirus D68 (EV-D68), a 1962 strain of EV-68D, rhinovirus 87 (RV-87, serologically the same as EV-D68), and enterovirus 71 (EV-71). Test substances included known-active anticoronavirus agents (enviroxime, guanidine HCl, pirodavir, pleconaril, and rupintrivir), nucleobase/nucleoside analogs (3-deazaguanine and ribavirin), and three novel epidithiodiketopiperazines (KCN-2,2'-epi-19, KCN-19, and KCN-21). Of these, rupintrivir was the most potent, with 50% inhibition of viral cytopathic effect (EC₅₀) and 90% inhibition (EC₉₀) of virus yield at 0.0022-0.0053 μM against EV-D68. Enviroxime, pleconaril and the KCN compounds showed efficacy at 0.01-0.3 μM; 3-deazaguanine and pirodavir inhibited EV-D68 at 7-13 μM, and guanidine HCl and ribavirin were inhibitory at 80-135 μM. Pirodavir was active against EV-71 (EC₅₀ of 0.78 μM) but not against RV-87 or EV-D68, and all other compounds were less effective against EV-71 than against RV-87 and EV-D68. The most promising compound inhibiting both virus infections at low concentrations was rupintrivir. Antiviral activity was confirmed for the ten compounds in virus yield reduction (VYR) assays in RD cells, and for enviroxime, guanidine HCl, and pirodavir by cytopathic effect (CPE) assays in A549, HeLa-Ohio-1, and RD cells. These studies may serve as a basis for further pre-clinical discovery of anti-enterovirus inhibitors. Furthermore, the antiviral profiles and growth characteristics observed herein support the assertion that EV-D68 should be classified together with RV-87.

Keywords

Enterovirus D68; enterovirus 71; rhinovirus 87; picornavirus; antiviral

Enteroviruses, of which there are more than 100 known serotypes, are common causes of summer and fall illnesses, with up to 15 million infections annually in the United States. Enterovirus infections are associated with mild respiratory illness, febrile rash, and may also

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cause neurologic illness, such as aseptic meningitis and encephalitis (Solomon et al., 2010). According to the Centers for Disease Control and Prevention (CDC), non-polio enteroviruses are very common, and most people who get infected with these viruses do not get sick or have only a mild illness (Midgley et al., 2014). However, some people can have serious complications, especially infants and people with weakened immune systems.

Enterovirus D68 (EV-D68) is unique among non-polio enteroviruses in that it shares epidemiologic and biologic features with human rhinoviruses (Midgley et al., 2014; Oberste et al., 2004). It was first isolated in California in 1962 from 4 children with bronchiolitis and pneumonia. Since the original isolation of EV-D68, it has rarely been reported in the U.S. The National Enterovirus Surveillance System received only 79 EV-D68 reports during 2009-2013 (Schieble et al., 1967), but there was an increase in incidence in 2014 (Khan, 2015). EV-D68 is normally associated with mild to severe respiratory illness. However, infections with the 2014 virus strains caused more serious respiratory problems, especially in children who have asthma. The recent increase in the incidence of EV-D68 is also associated with an increase in unexplained polio-like cases in children, involving sudden onset of weakness in one or more limbs, referred to as acute flaccid myelitis in children (Greninger et al., 2015). Genetic sequencing of the virus found in respiratory secretions of children in California and Colorado who suffered from paralysis or muscle weakness in the fall of 2014 revealed that they were infected with a mutated strain of EV-D68 that is closer to polio than other strains common in previous years. This novel strain of EV-D68, called B1, appears to have emerged recently and has only 5 to 6 coding differences from previous strains commonly found in the United States. Of those six genetic polymorphisms in the B1 type of EV-D68 polyprotein, five are present in neuropathogenic poliovirus, enterovirus D70, or both (Greninger et al., 2015). Nucleotide sequencing, serology, and acid lability evidence suggest that EV-D68 is more similar to human rhinovirus 87 (RV-87) than to the enteroviruses (Blomqvist et al., 2002).

Another virus that has caused an increase in human infections is enterovirus 71 (EV-71). EV-71 is a major cause of hand, foot and mouth disease (HFMD) but also has the potential to induce severe neurological disease. EV-71 was first isolated from a two-month old patient with aseptic meningitis in California, USA in 1969 (Schmidt et al., 1974). Since that time, EV-71 has been identified as one of the causative agents for HFMD and is responsible for outbreaks in several countries including Taiwan, China, Australia, Singapore, Vietnam and Cambodia affecting up to millions of individuals at one time (Lin and Shih, 2014). These outbreaks often correlate with cohorts of children born that have not been previously exposed to the virus. While most cases of EV-71 present as a simple rash as seen in HFMD, approximately 10-20% of cases become neuropathogenic and cause severe neurological disease resulting in paralysis and death (McMinn, 2002; Ooi et al., 2010). According to the Global Disease Detection Program administered by the CDC, EV-71 is on the list of five infectious agents that are monitored worldwide for potential outbreaks (Christian et al., 2013). The CDC considers EV-71 a threat because of the potentially fatal nature of the disease, the ability to create large outbreaks through efficient spreading in daycare and school settings.

There is a need to identify inhibitors of enterovirus infections that may be developed for treatment. As we were in the process of preparing this manuscript for publication, two reports emerged describing antiviral activities of various anti-picornavirus agents against EV-D68 in vitro. Sun et al. reported efficacies of seven compounds against EV-D68 clusters A, B, and C viruses, with rupintrivir and SG85 being the most active compounds (Sun et al., 2015). Rhoden and colleagues evaluated 15 compounds from various classes against four EV-D68 strains (Rhoden et al., 2015). They also found the antipicornavirus agent rupintrivir to be highly active, but also similarly potent was the sialidase cleaving enzymatic compound DAS181. In this report we describe the antiviral activities of ten antiviral substances that have the potential to treat conditions caused by these viruses. Some of the compounds we investigated were recently reported (Rhoden et al., 2015; Sun et al., 2015), and other compounds are reported here for the first time, such as epidithiodiketopiperazine inhibitors. In addition to the information in the two recent publications, we show the cytotoxicity and selectivity indices of the compounds, their effects on virus yield, and comparative inhibitory activity of certain compounds in three human cell lines.

The following viruses were obtained from the American Type Culture Collection (ATCC, Manassas, VA) for evaluation: Enterovirus D68 (Fermon strain, VR-1076), Enterovirus 71 (Tainan/4643/98 strain, NR-471), and Rhinovirus 87 (F02-3607 Corn strain, VR-1197). Enterovirus D68 (US/KY/14-18953 strain, NR-49132) was from BEI Resources (Manassas, VA). Assays were performed in the following cell lines: A549 human lung carcinoma (CCL-185) and RD human rhabdomyosarcoma (CCL-136) cells from ATCC; and HeLa-Ohio-1 human cervical epithelioid carcinoma cells from Frederick Hayden (University of Virginia, Charlottesville, VA). Most of the studies were performed using RD cells.

Test compounds were obtained from various sources. Enviroxime was from the U.S. Army Medical Research Institute of Infectious Diseases (USAMRIID), Ft. Detrick, Frederick, MD through the NIAID antiviral screening program. Guanidine HCl was purchased from Sigma Aldrich (St. Louis, MO). Pirodavir was purchased from AdooQ Bioscience, (Irvine, CA). Pleconaril and rupintrivir were obtained from the former Biota Pharmaceuticals (Notting Hill, Victoria, Australia). 3-deazaguanine and ribavirin were from the former ICN Pharmaceuticals (Costa Mesa, CA). Epidithiodiketopiperazine compounds KCN-2,2'-epi-19, KCN-19, and KCN-21 were prepared at The Scripps Research Institute (La Jolla, CA) as previously described (Nicolaou et al., 2012). Each compound was dissolved in DMSO or MEM then diluted in half-log₁₀ increments, and added to cells immediately prior to addition of virus-containing medium. The compounds represented different types of inhibitors, such as those inhibiting viral uncoating (so-called virus canyon binders), viral protease, viral RNA polymerase, and other modes of action as discussed below.

In vitro antiviral studies were conducted by two well-established methods, the inhibition of virus-induced cytopathic effect (CPE) and virus yield reduction (VYR). CPE assays were conducted in triplicate wells of 96-well microplates of infected cells as described previously (Barnard et al., 1997; Barnard et al., 2004). EV-D68 and RV-87 viruses were evaluated in RD cells at 33°C with 25 mM MgCl₂ and 2% FBS in minimal essential medium (MEM), typical conditions for evaluating rhinoviruses. EV-71 was tested in RD cells in MEM with 2% FBS but no MgCl₂ and incubated at 37°C. Quantitation of percent virus destruction was

made by neutral red dye uptake. The multiplicity of infection (MOI) used was the minimum inoculum that caused >80% CPE in 3-4 days of incubation for each virus (~16 cell culture infectious doses (CCID₅₀) per microwell for EV-D68 (US/KY/14-18953), ~270 for EV-D68 (Fermon), ~430 for EV-71, and ~46 for RV-87). The MOI was varied to obtain equivalent CPE for comparisons. To verify that MOI differences did not confound the results, selected assays were also performed using equal MOIs; these yielded similar results as in Table 1 with the same comparisons and conclusions (data not shown).

Compounds were evaluated at 8 half-log₁₀ concentrations designed to bracket the 50% virus inhibitory concentration (EC₅₀). The 50% cytotoxic concentration (CC₅₀) of the compounds was determined in duplicate uninfected wells on the sample microtiter plate. Cells were in the confluent, stationary monolayer stage at the time of infection and treatment. VYR assays were conducted by first replicating the viruses in the presence of inhibitor, then after 3 days collecting the supernatant from each concentration of test compound and storing at -80°C. Later, virus yield was determined by endpoint dilution method (Reed and Muench, 1938). Briefly, supernatant virus was serially diluted in log₁₀ increments then plated onto quadruplicate wells of 96-well plates seeded with RD cells. The presence or absence of CPE for determining a viral endpoint was evaluated by microscopic examination of cells 6 days after infection. From these data, 90% virus inhibitory concentrations (EC₉₀) were determined by regression analysis.

The ten compounds were evaluated against EV-D68, RV-87, and EV-71 strains in CPE assays to determine viral inhibition (Table 1). Compounds that were potent inhibitors of EV-D68 and RV-87 included rupintrivir, pleconaril, enviroxime, and three KCN compounds. However, these same compounds were less active or ineffective against EV-71. Of the compounds tested, rupintrivir exhibited the most potent effects against EV-D68, RV-87, and EV-71 viruses. Guanidine HCl, 3-deazaguanine, pirodavar, and ribavirin also exhibited slight antiviral activity against EV-D68, RV-87 and/or EV-71. Pirodavar was the only compound that was more active against EV-71 than it was against EV-D68. Importantly, the antiviral sensitivity profile of EV-D68 more closely resembled that of RV-87 than of EV-71, supporting the assertions by Bloomqvist et.al. (2002) that RV-87 and EV-68 are highly similar and should be reclassified as a single serotype, perhaps as rhinoviruses rather than enteroviruses.

Dose-responsive effects of compounds on virus yield are shown graphically in Figure 1. Rupintrivir and KCN-21 were the most potent of the compounds against EV-D68, whereas pirodavar and ribavirin were the least active. From these data, concentrations inhibiting virus yield by 90% (EC₉₀) were calculated by regression analysis (Table 2). A one-log₁₀ reduction in viral titer (EC₉₀) largely correlated to a 50% inhibition in viral CPE (EC₅₀). The one exception was for pirodavar, which inhibited CPE at a much lower concentration than it did virus yield. For this reason we deem pirodavar to be poorly effective against EV-D68 virus.

We also evaluated the antiviral activities of selected inhibitors against EV-D68 in three different human cell lines: A549, Hela-Ohio-1, and RD (Table 3). There was a general consistency in EC₅₀ and CC₅₀ values for each inhibitor across the three cell lines. Pirodavar

was less cytotoxic to A549 cells than it was to the other two cell lines, which resulted in a higher selectivity index (SI). Enviroxime was more active in RD cells, although the variability between assays for enviroxime was high depending on subtle differences in cell health and confluence.

The inhibitors tested in these assays have diverse modes of action, some of which are known versus picornaviruses, and others that can be inferred from their effects against other viruses. Rupintrivir, the most active substance, was chemically designed to inhibit picornavirus proteases (Dragovich et al., 1999; Patick et al., 1999) and represents the most potent compound tested. Our antiviral results with rupintrivir agree with those recently published (Rhoden et al., 2015; Sun et al., 2015). Rupintrivir was found to be effective in treating an EV-71 infection in suckling mice by reducing mortality and clinical scores (Zhang et al., 2013). In the same experiment ribavirin was found to be ineffective. Rupintrivir is considered a potential agent to treat EV-71 infections (Zhang et al., 2010), and the same could be said for treating infections caused by EV-D68, based upon its activity. Patick et al. (Patick et al., 1999) reported that rupintrivir also inhibits rhinovirus 87, which is reported to be the same virus serotype as EV-D68 (Blomqvist et al., 2002).

Pirodavir and pleconaril are picornavirus capsid binding inhibitors that prevent attachment and/or virus uncoating (Barnard et al., 2004; Kaiser et al., 2000; Liu et al., 2015). Activities of these two compounds against EV-D68 and EV-71 were previously reported against the Fermon 1962 strain (Liu et al., 2015), and recent publications evaluated one or both of these inhibitors with data similar to ours (Rhoden et al., 2015; Sun et al., 2015). Enviroxime has been implicated to inhibit multiple picornavirus targets, but the viral nonstructural protein 3A(B) may be the predominant one (Brown-Augsburger et al., 1999; Heinz and Vance, 1995). The modes of action of ribavirin and 3-deazaguanine have not been specifically identified against picornaviruses. Both compounds (once metabolized to 5'-monophosphate nucleotides) inhibit cellular inosine monophosphate dehydrogenase, resulting in decreases in intracellular guanosine triphosphate levels (Allen et al., 1977; Streeter et al., 1973). This affects the rates of viral and cellular RNA synthesis. Whether these compounds in their intracellular nucleoside triphosphate forms inhibit picornavirus RNA polymerases has not been determined, although ribavirin-resistant EV-71 viruses have mutations in viral 3D polymerase (Sadeghipour et al., 2013). Guanidine HCl inhibits picornavirus RNA synthesis by interaction with viral non-structural protein 2C (Sadeghipour et al., 2012). The present report is the first to document the antiviral activity of this compound against EV-D68. Guanidine HCl has been used to treat picornavirus infections in mice (Eggers, 1976; Herrmann et al., 1982). KCN-2,2'-epi-19, KCN-19, and KCN-21 are closely related compounds that we first reported as inhibitors of poliovirus replication (Nicolaou et al., 2012). Here we report their activities against EV-D68 and EV-71 for the first time. Their mode(s) of action against EV-D68, EV-71, and poliovirus are not known.

Compounds other than those discussed above that are under investigation as anti-picornavirus agents include itraconazole and vapendavir (Gao et al., 2015; Tijmsa et al., 2014). Itraconazole inhibits picornavirus nonstructural protein 3A (similar to enviroxime), but viruses resistant to enviroxime-like compounds are not cross resistant to itraconazole. Vapendavir is a virus capsid binding inhibitor that was reported to inhibit EV-71 (Tijmsa et

al., 2014). We have tested vapendavir against EV-D68, and found it to be inactive (D.F. Smee et al., unpublished). This agrees with Rhoden et al. (2015) in RD cells, but not with Sun et al. (2015) who indicated that vapendavir is active against ten strains of EV-D68 in HeLa cells. Differences in activity of vapendavir between labs may relate to the type of cells used for assay.

Cytopathic effect inhibition studies performed here were followed up by virus yield reduction assays, indicating the compounds were inhibitors of virus replication and not just of viral cytopathic effect. Except for the pirodavir data, it was shown that a 90% reduction in virus yield reduction (EC_{90}) correlated approximately to a 50% reduction in viral cytopathic effect (EC_{50}). This is an observation we have made repeatedly with multiple viruses (such as influenza), but have never published.

We found that EV-D68 did not replicate well in cell culture unless we lowered incubation temperature to 33°C and added magnesium chloride to the medium, conditions commonly used for rhinoviruses, not enteroviruses. Using these conditions, we investigated a number of cell types from human and monkey origin, and developed CPE assays in three human cell lines: A549, Hela-Ohio-1, and RD. African green monkey kidney (Vero 76) and other monkey kidney cell lines were not suitable for EV-D68 antiviral assays, whereas EV-71 replicated well and induced strong CPE in Vero 76 cells, and we routinely perform antiviral studies using Vero 76 cells. This highlights yet another way in which EV-D68 differs from classical enteroviruses.

Mouse models have been developed for evaluation of inhibitors of EV-71 infections, such as the use of newborn/suckling mice (Chen et al., 2004; Yu et al., 2000) and adult AG129 mice that lack the interferon α/β receptor (Caine et al., 2013; Khong et al., 2012). Presently there is no mouse model for EV-D68 infections. Until an EV-D68 model is developed, new broad-spectrum anti-picornavirus agents must be evaluated in other picornavirus models of infection, such as in EV-71-infected mice.

Broad-spectrum anti-picornavirus agents, i.e., compounds that inhibit EV-D68, EV-71, and other picornaviruses such as rhinoviruses, coxsackieviruses, and polioviruses, are more likely to be successful as drug candidates than those inhibiting only a limited number of these viruses. Recently it was determined that rupintrivir inhibits noroviruses (Rocha-Pereira et al., 2014), which are not in the picornaviridae family. Perhaps this broad-spectrum activity will revitalize interest in rupintrivir as a treatment for picornaviruses, or else will serve to inspire the synthesis and development of other related compounds that may have a broader antiviral spectrum. The work presented here has identified novel diketopiperazines (KCN-2,2'-epi-19, KCN-19, and KCN-21) that inhibit EV-D68. They have previously been reported by us to inhibit poliovirus (Nicolaou et al., 2012), thus these compounds deserve further investigation as anti-picornavirus agents. Many of the compounds studied here are not being pursued for further development but they should be. Because of the medical need for treating enterovirus infections, these compounds could serve as a basis for further pre-clinical discovery.

Acknowledgements

This project has been funded in part with Federal funds from the Virology Branch, Division of Microbiology and Infectious Diseases, National Institute of Allergy and Infectious Diseases, National Institutes of Health, Department of Health and Human Services, under Contract Numbers HHSN272201100019I/HHSN27200009/B16 and HHSN272201100019I/HHSN27200011/B18. The opinions expressed herein are those of the authors and not of the Federal Government.

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Highlights

- Ten compounds were evaluated for inhibition of EV-D68, EV-71 and RV-87.
- Nine compounds inhibited EV-D68 and RV-87, with rupintrivir being most active.
- Three novel epidithiodiketopiperazines were among the active inhibitors of EV-D68.
- Inhibition of EV-D68 was confirmed in three cell lines and by virus yield assays.
- Antiviral profiles support classifying EV-D68 with RV-87.

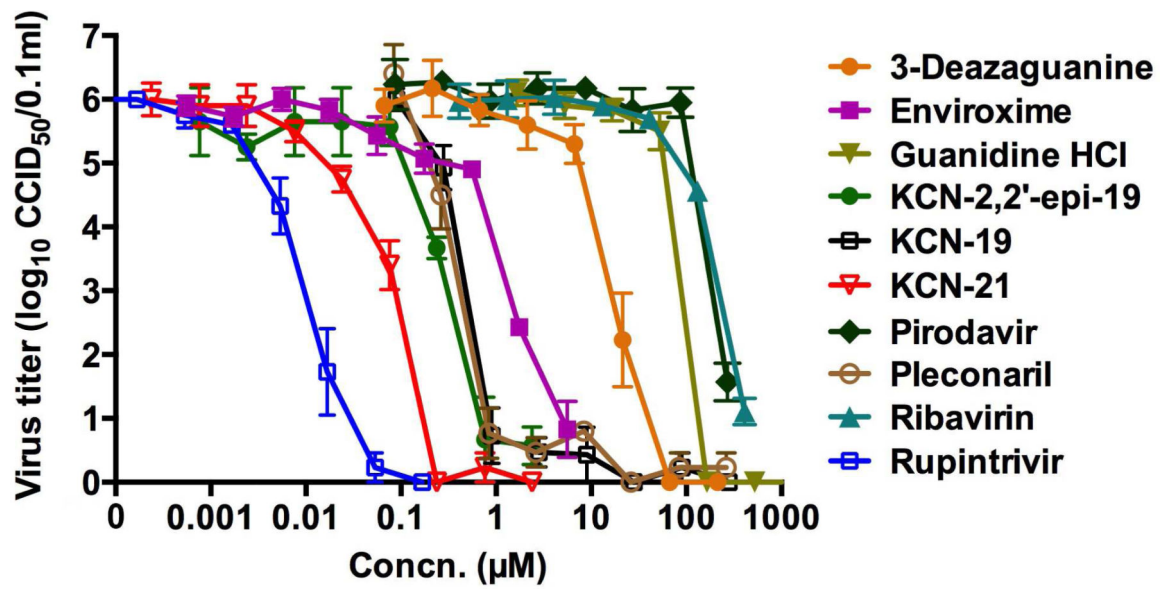


Figure 1. Dose-response curves for the inhibition of EV-D68 (US/KY/14-18953 strain) yield by ten antiviral compounds. Mean values \pm SD were derived from 3 independent assays, determined using supernatant fluids from RD cells at 3 days after infection.

Table 1

Antiviral activities and cytotoxicities of test compounds against EV-D68, RV-87, and EV-71 by in vitro viral cytopathic effect (CPE) inhibition assays quantified by neutral red dye uptake.

Compound	Enterovirus D68/US/KY/14-18593			Enterovirus D68/Fermon			Rhinovirus 87			Enterovirus 71			
	CC ₅₀ ^a	EC ₅₀ ^b	SI ^c	EC ₅₀	SI	EC ₅₀	SI	EC ₅₀	SI	EC ₅₀	SI	EC ₅₀	SI
3-Deazaguanine	360±227	8.0±2.3	45	6.7±1.6	54	8.0±0.9	45	73±25	5				
Enviroxime	95±27	0.31±0.22	306	0.27±0.19	352	0.19±0.11	500	1.0±1.1	92				
Guanidine HCl	3670±1100	80±21	46	91±11	40	91±10	40	305±5	12				
KCN-2,2'-epi-19	1.9±1.0	0.130±0.003	15	0.084±0.030	23	0.13±0.06	14	>1.9±0	0				
KCN-19	3.4±1.4	0.25±0.12	14	0.14±0.08	24	0.31±0.12	11	1.5±0.1	2				
KCN-21	2.4±1.5	0.017±0.005	141	0.014±0.009	171	0.031±0.026	77	0.93±0.57	3				
Pirodavir	19±13	13±7.0	1.5	7.0±3.0	3	>19±0	0	0.78±0.32	24				
Pleconaril	11.3±6.3	0.13±0.03	87	0.13±0.09	87	1.6±1.0	7	>11.3±0	0				
Ribavirin	1100±450	135±74	8	147±74	7	106±26	10	>1100±0	0				
Rupintrivir	134±21	0.0046±0.0027	29130	0.0022±0.0120	60910	0.0053±0.0038	25280	0.018±0.015	7450				

^a 50% cytotoxic concentration (μM) ± SD (3 independent determinations), determined in confluent monolayers of RD cells.

^b 50% effective (virus-inhibitory) concentration (μM) ± SD (3 independent determinations), determined in parallel with cytotoxicity.

^c Selectivity index (CC₅₀ / EC₅₀).

Table 2

Activities of test compounds against EV-D68 (US/KY/14-18953 strain) by virus yield reduction assays in RD cells.

Compound	EC ₉₀ ^a (μM) ± SD	SI ^b
3-Deazaguanine	8.0 ± 1.1	45
Enviroxime	0.61 ± 0.08	156
Guanidine HCl	60 ± 1.3	64
KCN-2,2'-epi-19	0.14 ± 0.03	14
KCN-19	0.27 ± 0.03	13
KCN-21	0.024 ± 0.002	100
Pirodavir	106 ± 12	<1
Pleconaril	0.21 ± 0.05	54
Ribavirin	93 ± 23	12
Rupintrivir	0.004 ± 0.002	33,500

^a90% (1 log₁₀) reduction of virus yield; mean ± SD calculated from three independent assays.

^bSelectivity index (CC₅₀ [from Table 1] / EC₉₀).

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Table 3

Antiviral activities and toxicities of three inhibitors against EV-D68 in different cell lines by neutral red assay.

Cell Line	Enviroxime			Guanidine HCl			Pirodavir		
	EC ₅₀ ^a	CC ₅₀ ^b	SI ^c	EC ₅₀	CC ₅₀	SI	EC ₅₀	CC ₅₀	SI
A549	0.77 ± 1.1	68 ± 13	89	32 ± 4.8	2990 ± 500	93	11 ± 7.2	140 ± 33	13
HeLa-OHio-1	1.7 ± 0.72	78 ± 24	45	66 ± 22	3040 ± 79	46	6.1 ± 2.8	33 ± 6.1	5.3
RD	0.27 ± 0.23	66 ± 28	240	76 ± 28	3960 ± 510	52	8.1 ± 3.9	32 ± 18	3.9

^a 50% effective concentration (μM) ± SD (3 independent determinations) against EV-D68/US/KY/14-18953.

^b 50% cytotoxic concentration (μM) ± SD (3 independent determinations) in stationary cell monolayers.

^c Selectivity index (CC₅₀ / EC₅₀).