

RESEARCH ARTICLE

Postnatal Changes in Tibial Bone Speed of Sound of Preterm and Term Infants during Infancy

Hsiu-Lin Chen^{1,2*}, Wei-Te Lee¹, Pei-Lun Lee¹, Po-Len Liu², Rei-Cheng Yang^{1,3}

1 Department of Pediatrics, Kaohsiung Medical University Hospital, Kaohsiung, Taiwan, **2** Department of Respiratory Therapy, College of Medicine, Kaohsiung Medical University, Kaohsiung, Taiwan, **3** School of Medicine, College of Medicine, Kaohsiung Medical University, Kaohsiung, Taiwan

* ch840062@kmu.edu.tw



OPEN ACCESS

Citation: Chen H-L, Lee W-T, Lee P-L, Liu P-L, Yang R-C (2016) Postnatal Changes in Tibial Bone Speed of Sound of Preterm and Term Infants during Infancy. PLoS ONE 11(11): e0166434. doi:10.1371/journal.pone.0166434

Editor: Dengshun Miao, Nanjing Medical University, CHINA

Received: January 16, 2016

Accepted: October 28, 2016

Published: November 10, 2016

Copyright: © 2016 Chen et al. This is an open access article distributed under the terms of the [Creative Commons Attribution License](https://creativecommons.org/licenses/by/4.0/), which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Data Availability Statement: All relevant data are within the paper.

Funding: This study was supported by a grant from Kaohsiung Medical University Research Foundation (KMU-Q098014)(HLC). The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.

Competing Interests: The authors have declared that no competing interests exist.

Abstract

This study aimed to evaluate changes in tibial bone speed of sound (SOS) over time, in preterm and term infants during infancy, in addition to identifying factors influencing the development of tibial SOS during infancy. Preterm (n = 155) and term (n = 65) infants were enrolled in this study. Tibial bone SOS was measured using quantitative ultrasonography (QUS) on the left tibia of newborn infants after birth (within 7 days), at 1 month old, and then every 2 months until subjects were approximately 12–15 months old. Follow-up checks included anthropometric measurements and tibial bone SOS. Mean tibial bone SOS at birth was significantly higher in term infants (mean ± SD, 2968.5 ± 99.7 m/s) than in preterm infants (2912.2 ± 122.6 m/s). Values of follow-up tibial bone SOS declined for the first 4 months, and then increased gradually until 12–15 months old. This increasing trend was greater in preterm infants after 2 months of corrected age than in term infants. There were no significant differences by 12–15 months of age between preterm and term infants. A longitudinal mixed-effect model controlling for internal correlations and other covariates in the two groups showed that age and the SOS value at birth were important factors affecting the tibial bone SOS in both preterm and term newborn infants during infancy. There are significant differences in the pattern of change in tibial bone SOS values between preterm and term infants during the first 12–15 months of life. Age and SOS value at birth were important factors affecting the pattern of tibial bone SOS change in both preterm and term newborn infants during infancy.

Introduction

Given that the rates of osteoporosis is reportedly increasing in all demographic groups [1, 2], it is important to understand factors associated with bone strength and development in newborn infants, as a means of creating preventive strategies against osteoporotic fracture for future generations. Epidemiological studies have demonstrated a relationship between birth weight, weight in infancy, and adult bone mass [3, 4]. Hence, fetal and neonatal periods are critical to bone growth and may correlate with skeletal strength in later life. Preterm infants have a

particularly high risk for osteopenia of prematurity, also known as bone metabolic disorder of prematurity [5, 6]. Whether a different pattern of change in bone status between preterm and term infants exists in later life remains to be identified.

Measuring bone development precisely in newborns and infants is a methodological challenge. Dual-energy X-ray absorptiometry (DEXA) is now well defined as an assessment method for the accretion of minerals in adults, and is the current standard for whole-body measurement of minerals [7]. However, DEXA is not suitable for the assessment of neonatal bone status because it requires specialized instruments, experienced personnel, prolonged examination time, and exposure to radiation [8, 9]. Quantitative ultrasound (QUS) displays the ultrasound waveform and automatically detects the fastest waves transmitted through the bone [10, 11], and can be used as a relatively inexpensive, portable, noninvasive, and radiation-free method of assessing bone status. Bone status at different skeletal sites has been investigated. The report by McDevitt et al. [12] showed the variability in reproduction of SOS at radial and tibial sites. Koo et al. [8] demonstrated that SOS is much more difficult to obtain at the radius than at tibia in infants. Hence, bone SOS values were measured on tibial bone in the majority of studies with infants. Several studies have reported on the application of QUS in assessing the bone status in newborn preterm infants [13] and osteopenia of prematurity [10, 14] and following skeletal development and maturation by QUS in preterm infants [15].

Although there have been a number of reports on QUS-related assessment of bone status in children and adolescents [16–18], few studies have assessed postnatal bone status during infancy. The aims of this study were to evaluate postnatal changes in tibial bone SOS over time in preterm and term infants during the first year of life, and to determine what factors influence development of tibial bone SOS during infancy.

Materials and Methods

Subjects

Term (gestational age [GA] \geq 37 weeks) and preterm (GA $<$ 37 weeks) infants admitted to the baby room or neonatal ward of Kaohsiung Medical University Hospital between October 2007 and July 2015 were enrolled in this study. Infants with major congenital anomalies or congenital chromosomal disorders were excluded. Following enrollment, a birth chart including gestational age, birth body weight, and birth height was recorded. Infants with weight below the 10th percentile for GA (small for GA) and above the 90th percentile for GA (large for GA), based on intrauterine growth charts in Taiwan [19], and multiple births were excluded from this study. The ponderal index (PI) was calculated as weight in kilograms divided by the body length in meters cubed (kg/m^3) [20] to approach body composition in study infants.

QUS measurement of the tibial bone SOS

QUS measurement of the tibial bone SOS was performed using an appropriate sized probe with the Sunlight Omnisense 7000S Quantitative Ultrasound scanner (Sunlight Medical Ltd., Israel), which is based on the technique of ultrasound critical angle reflectometry, according to the manufacturer's instructions. There are three different size probes with a frequency of 1.25 MHz (CS—contact surface 2.5×1 cm, CR—contact surface 3.1×1.2 cm, CM—contact surface 4.2×1.3 cm), chosen appropriately for infants of different body weight. The CS probe is used for infants weighing less than 3 kg, the CR probe for infants weighing 3–5 kg, and the CM probe for infants weighing more than 5 kg. Infant weight is used when choosing the probe because the thickness of soft tissue can result in unsuccessful measurements (lack of recording of SOS during a measurement cycle) if the probe used is inappropriately sized for infant weight. The same technician performed all measurements. System quality verification of the

Sunlight Omnisense 7000S Quantitative Ultrasound scanner was performed each day using a phantom, provided by the manufacturer, and the coefficients of variation for the CS, CR, and CM probes were 0.24%, 0.42%, and 0.31%, respectively. Five neonates weighing less than 3 kg (CS probe), 5 infants weighing 3–5 kg (CR probe), and 5 infants weighing more than 5 kg (CM probe) were measured 5 times each to determine the precision of each probe. Coefficient variation for the CS, CR, and CM probes were 0.92%, 1.31%, and 1.31%, respectively. In this longitudinal study, all enrolled infants were measured with at least 2 different probes and, in most cases, with all 3 probes. In order to validate the consistency of SOS measurements using 3 different probes, paired SOS measurements were performed by using CS and CR probes in 7 infants weighing 1.5–3.1 kg, and CR and CM probes in 7 infants weighing 3.5–4.1 kg. There was strong correlation between CS and CR probes ($r = 0.92$, $p < 0.0001$), and between CR and CM probes ($r = 0.78$, $p = 0.0004$).

Tibial bone SOS was measured at the middle of the left tibia. The first measurement was performed within seven days after birth (range 0–7 days, median 3 days). Infants returned to the hospital after discharge for a routine follow-up at 1 month old, and then every 2 months until they were 12–15 months old. Follow-up checks included measurements of body weight, height, and tibial bone SOS. For preterm infants, corrected age (CA) is calculated as postnatal age (PNA) reduced by the number of weeks born before 40 weeks of gestation [21].

Ethics statement

This study was approved by the Institutional Review Board (IRB) of Kaohsiung Medical University Hospital (number KMUH-IRB-980555). Informed consent was documented by the use of a written consent form approved by the IRB and signed by the parents of all infants prior to enrollment. The investigator gave the parents adequate opportunity to read it before it was signed.

Statistical analysis

Continuous variables are presented as mean and standard deviation (SD), and categorical variables as number and percentage. Chi-square tests and t-tests were used to compare basic characteristics among groups. Polynomial regression analysis was used to identify the best fitting model (less than 1% increase in r^2) that was able to reflect the pattern of change in bone SOS with age. Univariate analysis was used to identify possible factors influencing values of tibial bone SOS in both groups. A longitudinal mixed-effect model was further used to test for associations between bone SOS and possible influencing factors, an analytic approach that permits full use of available data while controlling for internal correlations and other covariates in two groups of infants. This model treats each bone SOS data from each enrolled infants as a separate observation and adjusts for within-infant correlations and correlations with their prior bone SOS data. Subjects were treated as random effects, and the analysis could be adjusted to each infant's bone SOS data. A first-order autoregressive error structure accounted for within-infant correlation. A 2-tailed p value less than 0.05 was considered statistically significant. All statistical analyses were performed using the SAS® statistical software version 9.3 (SAS Institute Inc., Cary, NC).

Results

A total of 220 infants, including 65 term and 155 preterm infants, were enrolled between October 2007 and July 2015. There were 37 (23.9%) preterm infants with birth weight less than 1000 g, whose corresponding gestation was 24–28 weeks. Sixty-two (40.0%) preterm infants weighed 1000–1499 g at birth, with corresponding gestation of 26–31 weeks. The remaining 56 (36.1%) preterm infants weighed more than 1500 g at birth with corresponding gestation of

29–36 weeks. The QUS procedure was well tolerated in all infants during the study period, and no adverse effects were observed. There was a total of 1352 tibial bone SOS and anthropometric measurements taken from enrolled infants between birth and 12–15 months old.

Clinical characteristics of infants enrolled in the study are shown in Table 1. In addition to significant differences in GA and anthropometric measurements between preterm and term infants, there was also a significantly higher percentage of maternal hypertension during pregnancy and history of premature rupture of membrane (PROM) in preterm infants. Mean tibial bone SOS at birth was significantly higher in term infants (2968.5 ± 99.7 m/s) than in preterm infants (2912.2 ± 122.6 m/s).

There was no mortality among 155 preterm infants. Mean length of hospitalization was 69.6 ± 37.8 days for preterm infants. Fifty-five preterm infants (35%) were diagnosed as having bronchopulmonary dysplasia, which was defined as oxygen dependency at postmenstrual age 36 weeks. Seventy-three preterm infants (47.1%) were prescribed diuretics (furosemide/thiazides) more than 7 days. The body weight, body length and bone SOS in preterm infants during hospitalization were 2.1 ± 0.9 kg, 42.3 ± 5.6 cm, and 2811.8 ± 113.6 m/s at the first month, 2.5 ± 0.9 kg, 43.6 ± 5.1 cm, and 2759.0 ± 119.8 m/s at the second month, and 3.7 ± 0.8 kg, 48.5 ± 5.4 cm, and 2747.3 ± 308.0 m/s at the third month, respectively.

Table 2 shows the number of different size probes used in this study according to age group. An appropriate size probe was chosen for infants of different body weight. When infants grew into a larger weight category, they needed larger size probe, i.e. the CM probe. One thousand and two (74.1%) tibial bone SOS measurement were collected with the CM probe, whereas 12.8% and 13.1% of measurements were collected with the CS and CR probes, respectively.

Table 1. Clinical characteristics of study infants.

	Preterm babies (< 37 wks) N = 155	Term babies (≥ 37 wks) N = 65	p value
Gestational age, weeks	29.1 ± 2.8	38.6 ± 0.8	< 0.0001
Birth weight, g	1407.6 ± 516.9	3180.5 ± 360.3	< 0.0001
Birth height, cm	39.1 ± 4.8	50.5 ± 2.3	< 0.0001
Birth head circumference, cm	27.0 ± 3.1	33.4 ± 1.4	< 0.0001
Body mass index at birth	8.9 ± 1.7	12.5 ± 1.4	< 0.0001
Ponderal index	2.3 ± 0.4	2.5 ± 0.3	< 0.0001
Male sex, n (%)	84 (54.2)	32 (49.2)	0.501
Maternal age, y	31.5 ± 5.7	31.2 ± 3.4	0.645
Vaginal delivery, n (%)	86 (55.5)	37 (56.9)	0.845
Primiparous, n (%)	61 (39.4)	28 (43.1)	0.608
History of PROM, n (%)	34 (22.2)	2 (3.1)	< 0.001
Hypertension during pregnancy, n (%)	22 (14.4)	1 (1.5)	< 0.001
Diabetes mellitus, n (%)	7 (4.6)	1 (1.5)	0.275
Maternal smoking, n (%)	3 (2.0)	1 (1.5)	0.836
Maternal alcohol, n (%)	2 (1.3)	0 (0)	0.356
Season of birth, n (%)			0.211
Spring	35 (22.6)	21 (32.2)	
Summer	39 (25.2)	12 (18.5)	
Autumn	42 (27.0)	12 (18.5)	
Winter	39 (25.2)	20 (30.8)	
Tibial bone SOS, m/sec	2912.2 ± 122.6	2968.5 ± 99.7	< 0.001

Continuous data are presented as mean ± standard deviation (SD). SOS, speed of sound; PROM, premature rupture of membranes.

doi:10.1371/journal.pone.0166434.t001

Table 2. The number of tibial bone SOS measurements with different size probes by age.

	CS probe	CR probe	CM probe
#CGA<40w	162	54	14
0-1m	10	48	16
1-2m	5	51	76
2-4m	0	20	185
4-6m	0	0	192
6-8m	0	0	162
8-10m	0	0	132
10-12m	0	0	137
12-15m	0	0	88
Total (%)	177 (13.1)	173 (12.8)	1002 (74.1)

#CGA: corrected gestational age.

doi:10.1371/journal.pone.0166434.t002

Table 3 shows the tibial bone SOS and growth variables for term and preterm infants during the study period by age class (preterm infants by CA) and sex. There was no significant difference in tibial bone SOS between sexes, excluding that observed in the age class of 6–8 months and 12–15 months of corrected age in preterm infants when mean SOS values were higher in girls.

The relationship of bone SOS with age in months was evaluated by polynomial regression analysis for curve fitting. The best fitting model was a third degree polynomial in both groups by sex. Fig 1A–1D show the bone SOS values as a function of age and the fitted regression curves for girls and boys of term and preterm infants separately. In preterm infants, both sexes revealed the nadir of bone SOS at a corrected age of 0–2 months. Thereafter, there is an increase and a plateau reached up to age 10–12 months. In term infants, tibial bone SOS positively correlated with age in months in both sexes, although a slight decreasing trend of bone SOS between birth and 2 months of age was noted. For term boys, there was a slightly decreasing trend after 12 months of age.

Trends in age-related changes for tibial bone SOS in term and preterm infants are shown in Fig 2. Three lines with mean bone SOS value versus age class are plotted to show changes in the trend between PNA in term and preterm infants, and CA in preterm infants. Higher tibial bone SOS values were observed in the term group after birth, when compared to the preterm group. There was a decreasing trend for tibial bone SOS values in both groups. The nadir point occurred at CA 1–2 months of age in the preterm groups, significantly lower than that of the term groups. As shown in Fig 2, the decreasing trend in tibial bone SOS values during the first 1 to 2 months of CA in preterm infants was greater than that of term infants. However, in contrast, preterm infants exhibited a steeper increase in tibial bone SOS values after 2 months of CA; thus, the values of tibial bone SOS of preterm infants were significantly higher than that of term infants at age classes of CA 4–6, 8–10, and 10–12 months of age. By 12–15 months old, there was no significant difference between the groups.

Univariate analysis to identify possible factors influencing values of tibial bone SOS in both groups revealed that advanced age class (term infants in PNA and preterm infants in CA), body weight, height at the measured time, and SOS at birth positively affected tibial bone SOS development after birth, whereas sex and maternal smoking during pregnancy did not. PI and status of breastfeeding at the measured time were negatively associated with tibial bone SOS in both preterm and term infants. In preterm infants, GA, birth body weight and birth body height, but not PI at birth, were also significant factors influencing development of tibial bone

Table 3. Tibial bone SOS and growth variables for term and preterm infants during the study period by age and sex.

Group	Age (months)	n	SOS (m/s)	Height (cm)	Weight (kg)	PI (kg/m ³)
Term Boys	Birth	32	2967.7 ± 94.8	51.0 ± 2.0	3.3 ± 0.3	24.7 ± 2.8
	1-2m	11	2820.9 ± 94.0	55.5 ± 2.4	4.8 ± 0.5	28.4 ± 2.4
	2-4m	12	2819.0 ± 110.8	58.8 ± 2.3	6.0 ± 0.7	29.6 ± 2.8
	4-6m	20	2872.4 ± 69.0	64.5 ± 2.2	7.6 ± 0.9	28.6 ± 3.8
	6-8m	22	2985.3 ± 94.6	68.2 ± 2.3	8.4 ± 1.0	26.3 ± 2.5
	8-10m	11	3062.6 ± 73.1	70.7 ± 3.0	9.2 ± 1.2	25.9 ± 2.5
	10-12m	17	3083.7 ± 91.0	73.4 ± 2.1	9.5 ± 1.0	24.1 ± 2.1
	12-15m	26	3160.2 ± 101.0	76.9 ± 3.0	10.2 ± 1.0	22.4 ± 1.0
Term Girls	Birth	33	2969.7 ± 105.7	50.1 ± 2.5	3.1 ± 0.4	24.8 ± 3.7
	1-2m	16	2840.8 ± 124.8	54.4 ± 3.0	4.5 ± 0.7	27.9 ± 3.3
	2-4m	12	2877.3 ± 81.9	58.0 ± 2.1	5.4 ± 0.9	27.5 ± 3.0
	4-6m	18	2898.0 ± 101.3	63.4 ± 2.5	7.2 ± 0.8	28.1 ± 2.9
	6-8m	17	2974.3 ± 101.7	68.0 ± 2.3	8.1 ± 1.0	25.7 ± 2.7
	8-10m	19	3023.7 ± 95.5	70.1 ± 2.9	8.6 ± 1.2	25.1 ± 2.8
	10-12m	19	3093.1 ± 62.1	73.6 ± 3.2	9.2 ± 1.2	23.1 ± 2.7
	12-15m	28	3185.3 ± 78.7	75.7 ± 2.4	9.7 ± 1.2	22.4 ± 2.2
#Preterm Boys	Birth	84	2914.2 ± 116.5	39.2 ± 4.9	1.4 ± 0.6	23.3 ± 4.2
	1-2m	55	2765.2 ± 123.3	55.5 ± 3.3	5.1 ± 1.0	29.5 ± 3.3
	2-4m	96	2837.5 ± 123.1	60.3 ± 3.9	6.2 ± 1.2	28.2 ± 3.3
	4-6m	84	2938.1 ± 120.2	64.5 ± 3.5	7.4 ± 1.3	27.4 ± 3.0
	6-8m	66	2997.2 ± 105.2	67.3 ± 3.4	7.9 ± 1.4	25.6 ± 2.8
	8-10m	51	3083.2 ± 95.7	70.3 ± 3.4	8.4 ± 1.5	24.1 ± 2.3
	10-12m	51	3177.1 ± 81.4	72.6 ± 3.4	8.7 ± 1.4	22.8 ± 2.4
	12-15m	17	3177.8 ± 72.0	75.4 ± 4.4	9.9 ± 1.4	23.0 ± 1.9
#Preterm Girls	Birth	71	2910.0 ± 130.3	39.0 ± 4.7	1.4 ± 0.5	22.7 ± 4.8
	1-2m	50	2714.9 ± 149.8	55.1 ± 3.9	48.0 ± 0.9	28.6 ± 4.2
	2-4m	85	2813.7 ± 126.4	60.0 ± 3.6	6.0 ± 1.0	27.6 ± 3.2
	4-6m	70	2944.9 ± 107.9	64.5 ± 3.2	7.1 ± 1.0	26.3 ± 3.1
	6-8m	57	3042.2 ± 97.1	68.3 ± 3.1	7.8 ± 1.0	24.6 ± 2.9
	8-10m	51	3111.7 ± 80.7	71.2 ± 3.4	8.6 ± 1.1	23.7 ± 2.5
	10-12m	50	3180.2 ± 73.6	74.0 ± 3.1	8.8 ± 1.2	21.8 ± 2.0
	12-15m	17	3238.8 ± 97.0	75.0 ± 3.7	9.3 ± 1.2	22.1 ± 2.5

Continuous data are presented as mean ± SD. SOS, speed of sound; PI, ponderal index.

#: Age groups in preterm infants are based on corrected age in months.

doi:10.1371/journal.pone.0166434.t003

SOS during infancy. In term infants, PI at birth was a negative factor for development of tibial bone SOS.

We further preceded multivariate analysis by using a longitudinal mixed-effect model to test for associations between bone SOS and possible influencing factors. Collinearity may occur among body weight, body height, and PI (also between birth body weight, birth body height, and PI at birth) in regression; therefore, we selected PI as an anthropometric status measure for the multivariate analysis. The variables of age class, sex, GA, SOS value at birth, anthropometric status at birth, season of birth, status of breastfeeding at the measured time, and PI at the measured time were included in the multivariate analysis for both preterm and term infants. The results revealed that age and the SOS value at birth remained significant positive factors influencing tibial bone SOS development during infancy for term infants. For

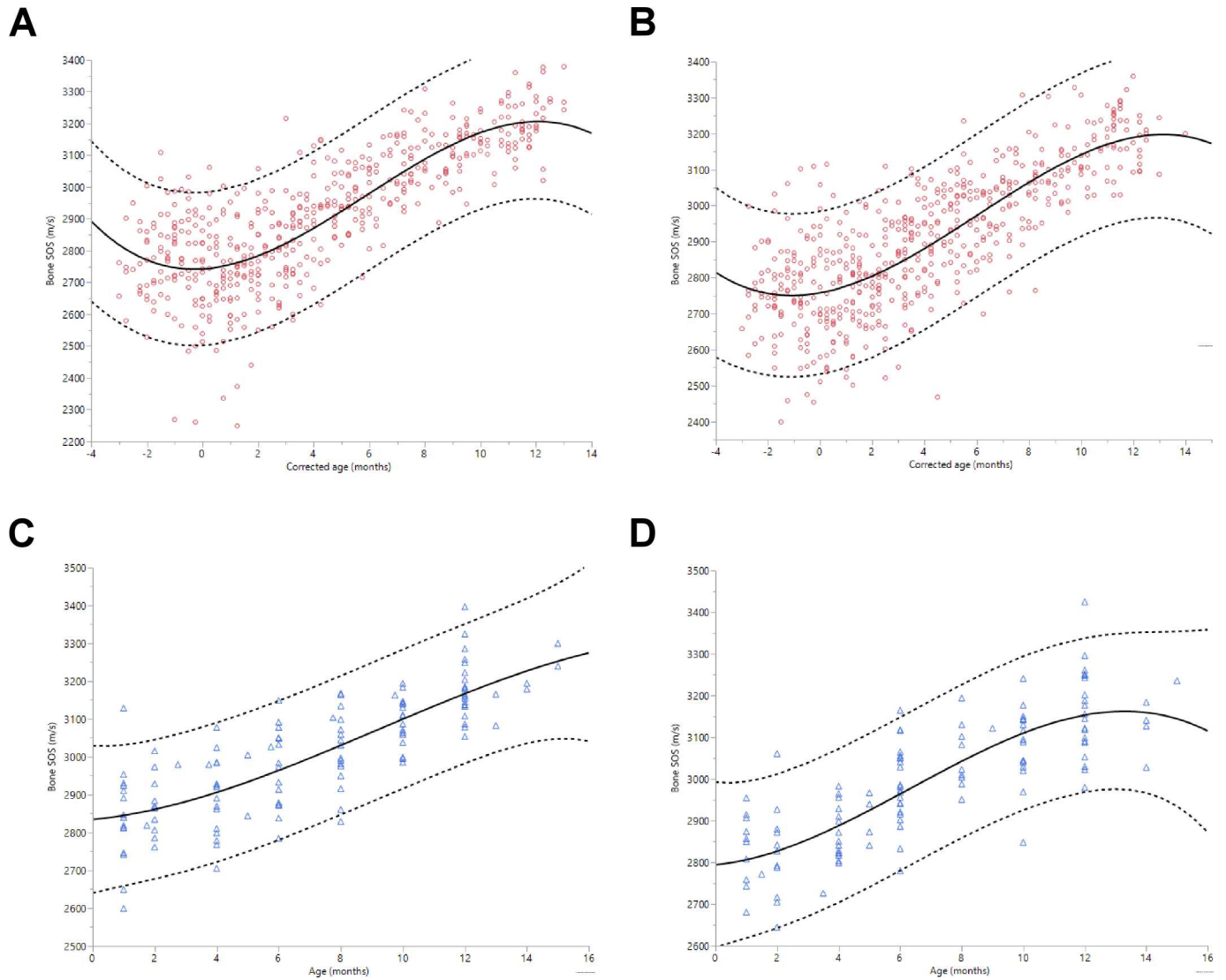


Fig 1. Scatter plots of tibial bone SOS in preterm and term infants with a cubic regression line versus age in months. (A) preterm girls, (B) preterm boys, (C) term girls, (D) term boys. Corrected age is used for preterm infants. Upper and lower individual 95% confidence intervals are shown as dashed lines. \circ = preterm infants; \triangle = term infants; values on X axis of Fig 1 (A) and (B): zero value = corrected gestational age 40 weeks; negative values -1 = corrected gestational age 36 weeks, negative -2 = corrected gestational age 32 weeks, negative -3 = corrected gestational age 28 weeks.

doi:10.1371/journal.pone.0166434.g001

preterm infants, PI at the measured time was an important factor with a negative effect on increased tibial bone SOS during infancy. Status of breastfeeding at the measured time and season of birth in multivariate analysis did not show significant effects on tibial bone SOS during infancy in both groups.

Discussion

The present study provides important information on the postnatal changes in tibial bone SOS for preterm and term infants from birth to 12–15 months of age. There are significant differences in the pattern of change in tibial bone SOS values between preterm and term infants during infancy. Furthermore, we showed that the most important factors associated with bone

strength as a reflection of tibial bone SOS in both preterm and term infants were age in months, and the tibial bone SOS value at birth.

Prevrhal et al. have shown that the tibial bone SOS measurement depends on both the thickness and density of the tibia, and is influenced by the density of the cortex near the surface, rather than the internal structure [22]. Given this relationship with surrogate markers for bone strength, and the safety and convenience of measuring tibial bone SOS, this may be a feasible approach for assessing bone status in infants.

The differences in factors influencing tibial bone SOS between preterm and term infants may be explained by maturity of the fetus. The majority of calcium accretion occurs during the third trimester, with peak accretion rates between 36 and 38 weeks of gestation [4, 23]. When babies are born at term, it may be assumed that a satisfactory amount of bone accretion and nutrition has been acquired, and thus we would expect better tibial bone SOS and anthropometric measurements at birth. In contrast to term infants, preterm infants are born early, and do not achieve adequate bone accretion and nutritional status. Hence, advanced gestational age and greater anthropometric measurements at birth are reflective of satisfactory bone

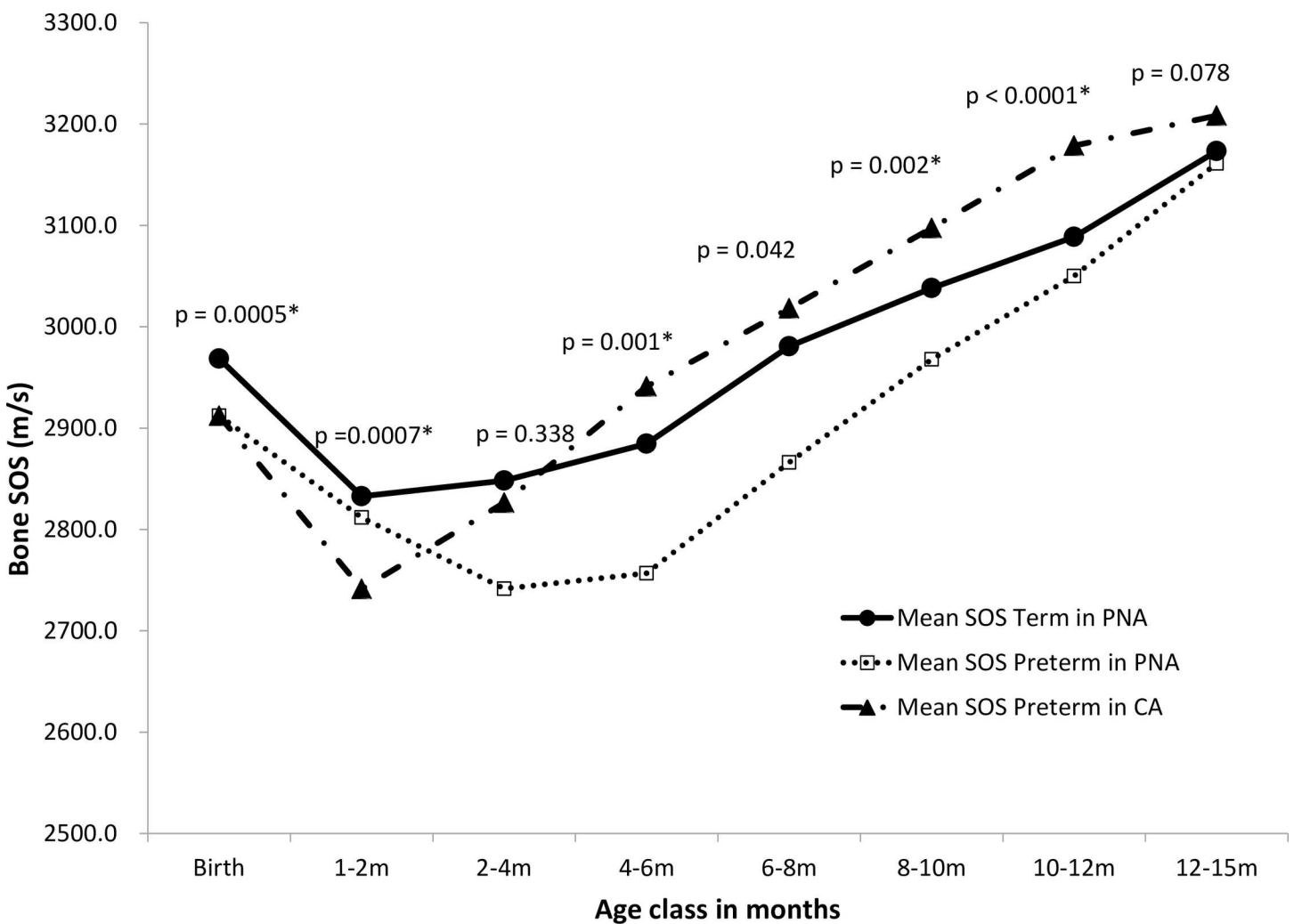


Fig 2. Trends in age-related changes for mean tibial bone SOS in terms of postnatal age (PNA) and preterm infants of PNA and corrected age (CA) during infancy. Tibial bone SOS in each age class of PNA in term infants and CA in preterm infants was compared using t tests. The corresponding p value (PNA in term infants versus CA in preterm infants) is shown for each age class. Post-hoc Bonferroni adjustment was applied to p values to account for multiple comparisons; hence, p values < 0.006 ($\approx 0.05/8$) were considered statistically significant (*) between term infants in PNA and preterm infants in CA.

doi:10.1371/journal.pone.0166434.g002

accretion and nutrition, which may positively influence bone SOS value at birth and further influence bone growth in later life.

The present study revealed that there were no sex-based differences in results of both univariate and multivariate analysis. In our previous study on bone status at birth [24], we showed that tibial bone SOS was higher in male than female infants for an early GA time point; however, at late GA, male and female infants were closer to the linear regression. This phenomenon might explain why previous reports revealed no difference in sex at term birth [13, 25–27]. After birth, both sexes exhibit the same pattern of development of bone SOS during infancy in our study. Koo et al. also reported that gender failed to show a statistical significant effect on postnatal development of bone mineral status as measured by dual energy X ray absorptiometry [28].

Interestingly, we found a decreasing trend in tibial bone SOS for both groups after birth, until 4 months old, which was more evident in preterm infants. After this period of decrease, tibial bone SOS values were observed to increase gradually until 1 year of life. The same phenomenon has been reported in Caucasian [15] and Chinese populations [26]. At birth, about 92% of the cross-section is cortical bone. As the bone-marrow cavity increases during the first months of life, the bone mineral density of long bones drops by about 30%, and cortical thickness decreases [3, 29]. This phenomenon may explain the decreasing trend in tibial bone SOS values from both groups in the first 5 months after birth. After that, tibial bone SOS values increased until 1 year old in both groups. Preterm infants exhibited a faster increase than full-term infants after 2 months of CA. By 12–15 months old, there was no significant difference between the groups. This indicates that, although there are significantly lower tibial bone SOS values at birth in preterm infants, catch-up growth occurs to narrow this difference.

In our study, we used PI to approach body mass. Although PI and body mass index are poor predictors of adiposity at birth [20], PI is still suggested as a complementary measurement in neonatal and pediatric growth and nutritional assessment. In preterm infants, PI at measured time showed a negative effect on development of bone SOS, but this effect was not seen in term infants. Higher PI suggests increased adiposity in infants. Whether increased adiposity (obesity) affects the development of bone SOS in later life requires further clarification from long-term follow-up studies.

The limitation of our study is that we did not account for other potential confounders, such as complementary feeding, sunlight exposure, activity and hormonal status of the enrolled infants. Moreover, subcutaneous fat and probe size can confound the QUS measurements. Tibial bone measurement by the same probe cannot be used due to growth status during a longitudinal study. Infant size appears to significantly affect bone SOS measurements at the tibia, with the smaller probe tending to be unsuccessful in infants with larger weights. Hence, validity of QUS data include SOS as surrogate for bone status remains to be defined.

The strength of this study is that we used a longitudinal mixed-effect model analysis with a first-order autoregressive error structure to test for associations between bone SOS and possible influencing factors while accounting for within-infant correlation. Even though there were limitations to this study, our results provide important information on tibial bone SOS values, according to age in months and sex during infancy, for both term and preterm infants. We also observed differences in the pattern of postnatal tibial bone SOS changes between groups. Given the limited data in the literature pertaining to these trends, this study could be useful for evaluating bone status in both preterm and term infants during their infancy.

Conclusion

This study provided information of postnatal changes in tibial bone SOS for preterm and term infants during infancy. There are significant differences in the pattern of change in tibial bone

SOS values between preterm and term infants during the first year of life. For both preterm and term infants, age and the SOS value at birth are important factors affecting the pattern of tibial bone SOS change during infancy.

Acknowledgments

The authors wish to express their thanks to the nursing staff of the neonatal intensive care unit and neonatal ward in Kaohsiung Medical University Hospital for enrollment of infants. The authors also wish to express their gratitude for the help supplied by the Statistical Analysis Laboratory, Department of Medical Research, Kaohsiung Medical University Hospital, Kaohsiung Medical University for statistical counseling.

Author Contributions

Conceptualization: RCY HLC.

Data curation: HLC P.L. Liu.

Formal analysis: HLC.

Funding acquisition: HLC.

Investigation: HLC.

Methodology: HLC P.L. Liu.

Project administration: HLC.

Resources: HLC WTL P.L. Lee.

Software: HLC.

Supervision: RCY.

Validation: HLC P.L. Liu.

Visualization: HLC WTL P.L. Lee.

Writing – original draft: HLC.

Writing – review & editing: HLC RCY.

References

1. Nelson HD, Haney EM, Dana T, Bougatsos C, Chou R. Screening for Osteoporosis: An Update for the U.S. Preventive Services Task Force. *Ann Intern Med.* 2010; 153(2): 99–111. Epub 2010 Jul 5. doi: [10.7326/0003-4819-153-2-201007200-00262](https://doi.org/10.7326/0003-4819-153-2-201007200-00262) PMID: [20621892](https://pubmed.ncbi.nlm.nih.gov/20621892/).
2. U.S. Preventative Services Task Force. Screening for osteoporosis: U.S. preventive services task force recommendation statement. *Ann Intern Med.* 2011; 154(5):356–64. Epub 2011/01/19. doi: [10.7326/0003-4819-154-5-201103010-00307](https://doi.org/10.7326/0003-4819-154-5-201103010-00307) PMID: [21242341](https://pubmed.ncbi.nlm.nih.gov/21242341/).
3. Land C, Schoenau E. Fetal and postnatal bone development: reviewing the role of mechanical stimuli and nutrition. *Best Pract Res Clin Endocrinol Metab.* 2008; 22(1):107–18. PMID: [18279783](https://pubmed.ncbi.nlm.nih.gov/18279783/). doi: [10.1016/j.beem.2007.09.005](https://doi.org/10.1016/j.beem.2007.09.005)
4. Javaid MK, Cooper C. Prenatal and childhood influences on osteoporosis. *Best Pract Res Clin Endocrinol Metab.* 2002; 16(2):349–67. doi: [10.1053/beem.2002.0199](https://doi.org/10.1053/beem.2002.0199) PMID: [12064897](https://pubmed.ncbi.nlm.nih.gov/12064897/)
5. Koo WW, Oestreich AE, Sherman R, Tsang RC, Steichen JJ, Young LW. Radiological case of the month. Osteopenia, rickets, and fractures in preterm infants. *Am J Dis Child.* 1985; 139(10):1045–6. PMID: [4041131](https://pubmed.ncbi.nlm.nih.gov/4041131/).

6. Koo WW, Sherman R, Succop P, Krug-Wispe S, Tsang RC, Steichen JJ, et al. Fractures and rickets in very low birth weight infants: conservative management and outcome. *J Pediatr Orthop*. 1989; 9(3):326–30. PMID: [2723052](#).
7. Moshang TJ. Osteoporosis. In: Moshang TJ, editor. *Pediatric Endocrinology: The requisites in Pediatrics*: Elsevier Mosby; 2005. p. 241–8.
8. Koo WW, Bajaj M, Mosely M, Hammami M. Quantitative bone US measurements in neonates and their mothers. *Pediatr Radiol*. 2008; 38(12):1323–9. Epub 2008/10/22. doi: [10.1007/s00247-008-1040-5](#) PMID: [18936934](#).
9. Teitelbaum JE, Rodriguez RJ, Ashmeade TL, Yaniv I, Osuntokun BO, Hudome S, et al. Quantitative ultrasound in the evaluation of bone status in premature and full-term infants. *J Clin Densitom*. 2006; 9(3):358–62. PMID: [16931356](#). doi: [10.1016/j.jocd.2006.03.013](#)
10. Rubinacci A, Moro GE, Boehm G, De Terlizzi F, Moro GL, Cadossi R. Quantitative ultrasound for the assessment of osteopenia in preterm infants. *Eur J Endocrinol*. 2003; 149(4):307–15. PMID: [14514345](#).
11. Guglielmi G, Adams J, Link TM. Quantitative ultrasound in the assessment of skeletal status. *European Radiology*. 2009; 19(8):1837–48. Epub 2009/03/05. doi: [10.1007/s00330-009-1354-1](#) PMID: [19259681](#).
12. McDevitt H, Tomlinson C, White MP, Ahmed SF. Quantitative ultrasound assessment of bone in pre-term and term neonates. *Arch Dis Child Fetal Neonatal Ed*. 2005; 90(4):F341–2. PMID: [16036894](#). doi: [10.1136/adc.2004.065276](#)
13. Pereda L, Ashmeade T, Zaritt J, Carver JD. The use of quantitative ultrasound in assessing bone status in newborn preterm infants. *J Perinatol*. 2003; 23(8):655–9. PMID: [14647163](#). doi: [10.1038/sj.jp.7211006](#)
14. Chen HL, Lee CL, Tseng HI, Yang SN, Yang RC, Jao HC. Assisted exercise improves bone strength in very low birthweight infants by bone quantitative ultrasound. *J Paediatr Child Health*. 2010; 46(11):653–9. JPC1822 [pii] doi: [10.1111/j.1440-1754.2010.01822.x](#) PMID: [20796178](#).
15. Ritschl E, Wehmeier K, F DET, Wipfler E, Cadossi R, Douma D, et al. Assessment of skeletal development in preterm and term infants by quantitative ultrasound. *Pediatr Res*. 2005; 58(2):341–6. PMID: [16006425](#). doi: [10.1203/01.PDR.0000169996.25179.EC](#)
16. Lequin MH, van Rijn RR, Robben SG, Hop WC, van Kuijk C. Normal values for tibial quantitative ultrasonometry in caucasian children and adolescents (aged 6 to 19 years). *Calcif Tissue Int*. 2000; 67(2):101–5. Epub 2000/08/02. PMID: [10920212](#).
17. Kaga M, Takahashi K, Suzuki H, Matsueda M, Moriwake T, Miyatake N, et al. Ultrasound assessment of tibial cortical bone acquisition in Japanese children and adolescents. *J Bone Miner Metab*. 2002; 20(2):111–5. Epub 2002/02/28. doi: [10.1007/s007740200015](#) PMID: [11862533](#).
18. Vignolo M, Brignone A, Mascagni A, Ravera G, Biasotti B, Aicardi G. Influence of age, sex, and growth variables on phalangeal quantitative ultrasound measures: a study in healthy children and adolescents. *Calcif Tissue Int*. 2003; 72(6):681–8. Epub 2003/10/18. PMID: [14562996](#).
19. Hsieh WS, Wu HC, Jeng SF, Liao HF, Su YN, Lin SJ, et al. Nationwide singleton birth weight percentiles by gestational age in Taiwan, 1998–2002. *Acta Paediatr Taiwan*. 2006; 47(1):25–33. Epub 2006/10/05. PMID: [17016966](#).
20. De Cunto A, Paviotti G, Ronfani L, Travan L, Bua J, Cont G, et al. Can body mass index accurately predict adiposity in newborns? *Arch Dis Child Fetal Neonatal Ed*. 2014; 99(3):F238–9. Epub 2013/12/05. doi: [10.1136/archdischild-2013-305386](#) PMID: [24302686](#).
21. Engle WA. Age terminology during the perinatal period. *Pediatrics*. 2004; 114(5):1362–4. Epub 2004/11/03. doi: [10.1542/peds.2004-1915](#) PMID: [15520122](#).
22. Prevrhal S, Fuerst T, Fan B, Njeh C, Hans D, Uffmann M, et al. Quantitative ultrasound of the tibia depends on both cortical density and thickness. *Osteoporos Int*. 2001; 12(1):28–34. PMID: [11305080](#). doi: [10.1007/s001980170154](#)
23. Williford AL, Pare LM, Carlson GT. Bone mineral metabolism in the neonate: calcium, phosphorus, magnesium, and alkaline phosphatase. *Neonatal Netw*. 2008; 27(1):57–63. Epub 2008/02/01. doi: [10.1891/0730-0832.27.1.57](#) PMID: [18232590](#).
24. Chen HL, Tseng HI, Yang SN, Yang RC. Bone status and associated factors measured by quantitative ultrasound in preterm and full-term newborn infants. *Early Hum Dev*. 2012; 88(8):617–22. Epub 2012/02/22. doi: [10.1016/j.earlhumdev.2012.01.008](#) PMID: [22349187](#).
25. Littner Y, Mandel D, Mimouni FB, Dollberg S. Bone ultrasound velocity curves of newly born term and preterm infants. *J Pediatr Endocrinol Metab*. 2003; 16(1):43–7. Epub 2003/02/15. PMID: [12585339](#).
26. Liao XP, Zhang WL, He J, Sun JH, Huang P. Bone measurements of infants in the first 3 months of life by quantitative ultrasound: the influence of gestational age, season, and postnatal age. *Pediatr Radiol*. 2005; 35(9):847–53. Epub 2005 May 12. doi: [10.1007/s00247-005-1481-z](#) PMID: [15889246](#)

27. Gursoy T, Yurdakok M, Hayran M, Korkmaz A, Yigit S, Tekinalp G. Bone speed of sound curves of twin and singleton neonates. *J Pediatr Endocrinol Metab.* 2008; 21(11):1065–71. Epub 2009/02/05. PMID: [19189701](#).
28. Koo WW, Bush AJ, Walters J, Carlson SE. Postnatal development of bone mineral status during infancy. *J Am Coll Nutr.* 1998; 17(1):65–70. PMID: [9477392](#)
29. Rauch F, Schoenau E. Changes in bone density during childhood and adolescence: an approach based on bone's biological organization. *J Bone Miner Res.* 2001; 16(4):597–604. doi: [10.1359/jbmr.2001.16.4.597](#) PMID: [11315987](#).