ORIGINAL ARTICLE



# Detection of *Toxoplasma gondii* in small ruminants in Chennai using PCR and modified direct agglutination test

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**Abstract** A total of 193 sera samples, along with tissues (lung, heart, and brain) collected from 136 sheep and 57 goats from the Corporation slaughter house, Madras Veterinary College teaching hospital, and private mutton shops from Chennai were tested for Toxoplasma gondii. All the sera samples were tested using modified direct agglutination test. Of the 193 sera samples, 57 (29.5 %) had a minimum titre of 1:20, with 30.14 % (41/136) of sheep and 28.07 % (16/57) of goats being seropositive. Tissue samples from all 193 animals, when subjected to B1 based PCR to detect T. gondii DNA, showed 3.67 and 3.50 % to be positive in sheep and goats, respectively. In the present investigation B1 based PCR detected T. gondii in low numbers, possibly due to limitation of the sample size. The presence of T. gondii in tissues of sheep and goats slaughtered for human consumption in Chennai indicates the role of these food animals as potential sources of infection to human.

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## Introduction

Toxoplasmosis is a worldwide (pandemic) zoonotic disease caused by Toxoplasma gondii, an obligate intracellular protozoan parasite, which infects all warm blooded animals including human beings. Cats and other felids are the definitive hosts of the parasite (Garcia et al. 1999). The prevalence of toxopalsmosis in animals varies from country to country. As far as animal toxoplasmosis is concerned, the incidence in various economically important livestock species is highly variable (Dubey and Beattie 1988) with documented evidence of global prevalence rates as high as 28.9 % in goats (Gondim et al. 1999), 38.5 % in sheep (Freyre et al. 1997), 66 % in cattle (Eren et al. 1997). In small ruminants, toxoplasmosis is one of the infectious causes of reproductive failure (Owen et al. 1998). Rearing of sheep and goats plays a major role in the farming community and fetal loss is a serious problem in small ruminants. Further, most of the farmers rear sheep and goats in free range or in semi-intensive system in India. So the possibility of ingestion of oocysts by these grazing ruminants is also high. Mutton and chevon are very important sources of protein in India and thus, sheep and goats can act as potential modes of transmission of T. gondii to humans. Transmission of T. gondii through goat milk had also been documented (Sacks et al. 1982). Traditionally, various serological methods have been used for the detection T. gondii antibodies in domestic animals and human beings. Molecular methods are also routinely used

in the diagnosis of toxoplasmosis. The present study focussed on diagnosis of *T. gondii* infection in ruminants based on PCR and modified direct agglutination tests.

## Materials and methods

Modified direct agglutination test (MAT) antigen and reference sera (positive and negative) were kindly provided by Department of Laboratory Medicine, AIIMS, New Delhi. Primers for B1gene (Angel et al. 1997) was obtained from Eurofins Genomics, Bangalore. PCR master mix  $(2\times)$ was obtained from Ampliqon and stored at -20 °C. 100 bp DNA molecular size marker was obtained from Gene ruler, Thermo Scientific, Fermentas. DNeasy Tissue extraction kit (QIAGEN, Germany) was used to extract DNA from tissue samples. Proteinase K solution was procured from Himedia, (20 mg/ml, W/V).

Serum, along with tissues samples were collected from sheep (136) and goats (57) as follows: Whole blood (5 ml) and samples of heart, brain, lungs and placenta (up to 50 g) were collected from sheep and goats from the Corporation slaughter house, Perambur and private mutton shops. Blood and tissues samples were collected from cases of abortion brought to Madras Veterinary College teaching hospital. The blood samples were allowed to clot and centrifuged at 2500 rpm and the clear serum was transferred to sterile 2 ml storage vial. These serum samples were stored at -20 °C until further use. All tissue samples were stored at 4 °C until further study.

MAT was performed with minor modification as per the procedure of Desmonts and Remington (1980). A minimum titre of 1:25 was considered as positive in MAT in sheep and goat (Dubey et al. 2008).

#### **Extraction of genomic DNA**

All 193 tissue samples were subjected to B1 based PCR to detect *T. gondii*. DNA extraction was carried out from pooled samples of heart, lung, and brain using DNeasy Tissue Kit as per the manufacturer's instructions. The extracted DNA was stored in aliquots at -20 °C.

#### Polymerase chain reaction (PCR)

PCR assay targeted to B1 gene (194 bp) was used for diagnosis of toxoplasmosis as per Angel et al. (1997). The nucleotide sequences of the forward and reverse primers are as follows for B1 gene (194 bp size).

Forward: 5'-GGA ACT GCA TCC GTT CAT GAG-3' and Reverse 5': TCT TTA AAG CGT TCG TGG TC-3'

PCR amplification of B1 gene fragment was setup in 25 µl reactions. The reaction mixture consisted of 4.0 µl (58 ng) of template DNA, 12.5  $\mu$ l of 2× master mix which consist of  $10 \times$  PCR buffer, 10 mM dNTP mix, and Taq DNA polymerase and 1.0 µl each (10 pmol) of the forward and the reverse primer. The volume was made up to 25 µl by nuclease free water (6.5 µl). The cycling conditions were as follows; the first series of thermal cycling (pre-PCR) consisted of initial denaturation at 94 °C for 5 min, followed by 30 cycles of denaturation 94 °C for 45 s annealing at 60 °C for 1 min and extension at 72 °C for 2 min. Final extension was performed at 72 °C for 10 min. The PCR products (5 µl) were loaded into the respective wells. Molecular weight marker (100 bp) and positive and negative controls were also run. The electrophoresis was carried out at 100 V for 45 min or until the tracking red dye migrated more than two third of the length of the gel tray. The gel was placed under UV trans-illuminator and the results were documented in a gel documentation system (Bio rad) to analyze and document the results.

# Results

#### Modified direct agglutination test

A minimum titre of 1:20 was considered as positive in MAT. Of the 193 sera samples screened for the presence of antibodies against *T. gondii*, 57 (29.5 %) had a minimum titre of 1:20. Of the 57 seropositive samples, 30.14 % (41/136) of sheep and 28.07 % (16/57) of goats were found positive.

B1 based PCR: PCR revealed amplification of target fragment from five sheep samples (3.67 %) and two (3.50 %) goat samples Fig. 1.

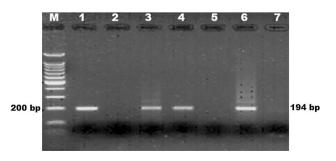


Fig. 1 B1 based PCR for detection of *Toxoplasma gondii* in small ruminants. M molecular weight marker (100 bp ladder), 1 positive control, 2 negative control, 3, 4 sheep sample (heart, brain), 5, 6, 7 Goat sample (heart)

## Discussion

## Modified direct agglutination test

Most of the earlier workers identified that MAT was the most sensitive test for toxoplasmosis. This study concurred with early works of Dubey and Thulliez (1989), Dubey et al. (1995), Gamble et al. (2005) and Vijaya Bharathi et al. (2003, 2011) and the above authors concluded that MAT was identified as most sensitive test than ELISA, IHAT and Latex agglutination test. Of the 136 sheep and 56 goat serum samples screened in this study for the presence of antibodies against T. gondii, 57 (29.5 %) were found positive, while Dubey and Adams (1990) and Mainar et al. (1996) reported a low seropositivity of 22.1 and 11.80 % respectively. This prevalence study also agreed with Zhang et al. (1996), who reported that 32.9 % goats were positive to T. gondii. Seroprevalence of T. gondii is highly variable and depends on many factors, the major one being the population density of the final host, the domestic cat. With a similar cut off value, Dubey and Kirkbride (1989) recorded a lesser titre of 22 %, while Patton et al. (1990) recorded a high seropositivity of 55-65 %.

#### B1 based PCR diagnosis of T. gondii

In this study, all 193 tissue samples were subjected to B1 based PCR to detect *T. gondii*. DNA extraction was carried out from pooled samples of heart, lung and brain based on the early works by Esteban-Redondo and Innes (1998). B1 gene based PCR applied on collected samples detected low number of samples. This study as concurred with early works of Hannah et al. (2013) in Chennai, who reported 14.25 % to be positive by B1 PCR.

In the present study, 193 pooled tissue samples of sheep and goat were used for PCR for the detection of *T. gondii*. Among them seven (five sheep and two goat samples) were positive. In *T. gondii*, the 35-copy number B1gene is most widely used for diagnosis (Burg et al. 1989). The B1 gene found to be highly specific for *T. gondii* and well conserved among all the strains tested so far. The assay was sensitive for *Toxoplasma* detection from various clinical specimens such as blood, broncho-alveolar lavage, cerebrospinal fluid, urine, vitreous, lymph node, cerebrum and retina. A nested PCR assay targeting a B1 gene amplicon has been described to increase the detection levels and yield of the products (Pelloux et al. 1998). In the present investigation, less number of positive cases might be due to limitation of the sample size, as parasite may be present in the unexamined tissues.

This results of the study concurred with Esteban-Redondo et al. (1999) and Wyss et al. (2000) who concluded that serodiagnostic tests (ELISA) detected more positive (79 %) than PCR (6 %). They also concluded that detection of parasite in food animals was very difficult due to the low density of the organisms.

This study detected *T. gondii* in tissues of sheep and goats slaughtered for human consumption in Chennai, which indicates the role of these species as a potential source of infection to human. In another study by Wastling et al. (1994), Jones et al. (2000) and Sreekumar (2001) compared the P30 and B1 gene based PCR diagnosis and concluded that PCR for B1 was superior to P30.

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