



# The effect of alprostadil on preventing contrast-induced nephropathy for percutaneous coronary intervention in diabetic patients

A systematic review and meta-analysis

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# Abstract

**Background:** At present, there are a lot of research about the effect of Alprostadil on preventing contrast-induced nephropathy for percutaneous coronary intervention (PCI) in diabetic patients, but the clinical efficacy is not consistent, so we conduct this study and therefore determine the dominant strategy for the treatment of PCI in diabetic patients based on the best evidence currently.

**Methods:** An electronic database search was conducted in MEDLINE, Embase, Cochrane library, CBM, CNKI, VIP, and WanFang to retrieve randomized controlled trial (RCT) comparing Alprostadil versus hydration on preventing CIN for PCI in diabetic patients. Reference lists of relevant articles were also screened manually to retrieve additional ones. Two investigators independently assessed the eligibility of retrieved articles using predefined inclusion and exclusion criteria. All characteristics as well as outcome variables including incidence of CIN, blood urea nitrogen (BUN), cystatin C (CysC), glomerular filtration rate (GFR), serum creatinine (Scr), serum beta 2-microspheres ( $\beta$ 2-MG) presented in each included study were extracted. Heterogeneity was thought to be significant when  $l^2 > 50\%$ . All of the meta-analytic procedures were performed by using Review Manager software, version 5.3.

**Results:** Finally, data from 8 articles including 969 patients were included into this meta-analysis, among them, 487 patients in the experience group, and 482 patients in the control group. Meta analysis showed that the incidence of CIN in the experimental group was significantly lower than that in the control group (OR=0.28,95%CI[0.18,0.42]). The incidence of adverse reactions in the experimental group was significantly lower than that in the control group (OR=0.46,95%CI[0.24,0.85]). The BUN of 24 hours, 48 hours, and 72 hours in the experimental group were significantly lower than that of control group (MD=-0.77, 95%CI [-1.22, -0.32]; MD=-1.38, 95%CI [-1.83,-0.92]; MD=-2.43, 95%CI [-2.68,-2.19], respectively). The CysC of 24 hours, 48 hours, and 72 hours in the experimental group were significantly lower than that of control group (MD=-0.30, 95%CI [-0.40, -0.21]; MD=-0.54, 95%CI [-0.68,-0.41]; MD=-0.49, 95%CI [-0.63, -0.35], respectively). The GFR of 24 hours, 48 hours, and 72 hours in the experimental group were significantly higher than that of control group (MD=7.86, 95%CI [4.44, 11.29], MD=18.23, 95%CI [1.3.76,22.69], MD=12.81, 95%CI [8.51,17.11], respectively). The Scr of 24 hours, 48 hours, and 72 hours in the experimental group were significantly higher than that of control group (MD=-19.14, 95%CI [-2.61, -14.66], MD=-6.50, 95%CI [-8.29, -4.71], respectively). The β2-MG of 24 hours, 48 hours, and 72 hours in the experimental group were significantly lower than that of control group (MD=-0.55, 95%CI [-0.71, -0.39], MD=-0.50, 95%CI [-0.60, -0.39], respectively).

**Conclusion:** Our result suggested that comparing with conventional Hydration, Alprostadil can significantly reduce the incidence of CIN, adverse reaction, and protect renal function in PCI in diabetic patients. Due to the limitations of the quality and quantity of the articles, this conclusion still needs further research to confirm.

**Abbreviations:**  $\beta$ 2-MG = Serum beta 2-microspheres, BUN = blood urea nitrogen, CIN = contrast-induced nephropathy, Cys-C = Cystatin C, GFR = glomerular filtration rate, MD = mean difference, OR = odds ratio, PCI = percutaneous coronary intervention, Scr = serum creatinine.

Keywords: Alprostadil, contrast-induced nephropathy, meta-analysis, percutaneous coronary intervention, diabetic

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#### 1. Introduction

Percutaneous coronary intervention (PCI)<sup>[1-4]</sup> is one of the important means in the treatment of coronary atherosclerotic heart disease. With the progress of technology, the accumulation of experience, and the development of interventional therapy apparatus, the PCI treatment is becoming more and more complex.<sup>[5-8]</sup> Therefore, the dose of contrast agent in PCI is increasing, and renal dysfunction led to by contrast agent is increasing year by year. Contrast-induced nephropathy (CIN)<sup>[9,10]</sup> is an acute renal function injury caused by the iodine contrast agent. CIN not only prolong hospitalization time and increased health care costs, but also increase in-hospital mortality, and have a relationship with long-term adverse events (such as death, stroke, dialysis, and adverse cardiovascular events). This study shows that the incidence of adverse events in patients with CIN was significantly higher than that in patients without CIN. One year follow-up study of 294 patients by Solomon<sup>[11]</sup> showed that the incidence of adverse events in patients with CIN was 2 times than that of the control group.

CIN or acute renal injury induced by the contrast agent is an important complication after application of iodinated contrast. CIN is generally defined as the renal function was damaged within 3 days after the injection of contrast agent, and the level of Scr was increased 0.5 mg/dL (44.2  $\mu$ mol/L) or 25% higher than the basal level.<sup>[12,13]</sup> The study have found that the incidence of CIN was 13.1% in PCI in diabetic patients, and the success rate of PCI was significantly decreased (72.8% vs 94.0%), the risk of Q-wave myocardial infarction was significantly increased (3.95% vs 0.9%), and mortality increased significantly during hospitalization (22.0% vs 1.45%). Also, long-term adverse events and mortality were also significantly increased, which has become one of the important issues of social concern.

Diabetes can do harm to the systemic vascular system so that the probability of coronary heart disease and renal dysfunction in diabetic patients is markedly increased. Clinical observation<sup>[14,15]</sup> have found that the risk of coronary heart disease in patients with diabetes will be enhanced by 2 to 4 times. At present, diabetes has been clearly pointed out as a risk factors for coronary heart disease, and 20% to 50% diabetic patients have a renal insufficiency. Therefore, patients with diabetes are in an increased risk of CIN after exposure to contrast agents.

At present, there are ununiform methods or guidelines for prevention and treatment of CIN. Current treatment methods including hydration, selection of contrast agents, drugs (such as statins, misoprostol, etc.), but all are not the most effective way and adequate measures. Especially for patients with coronary heart disease and diabetes, there is no effectual and unified approach. Hydration, contrast agent selection, drug application, blood sugar control, and many other ways are currently methods for prevent CIN. So far, there are a variety of programs for the treatment of hydration, but there is still no clear study of the type of liquid, time, frequency, and the dosage that should be used. The incidence of CIN is about 3.3% to 8%, and actively seeking ways to prevent and treat CIN has become the urgent task of the medical community.

In recent years, with the clinical study of drugs for prevention of CIN development, alprostadil attracts more and more attention.<sup>[16]</sup> Alprostadil has extensive physiological and pharmacological effects, including vasodilation, inhibits platelet aggregation, promote erythrocyte deformation, thus improving microcirculation. Research<sup>[17,18]</sup> has also shown that alprostadil can stabilize the cell membrane, lysosomes and reduce the release of harmful cytokines, increasing renal blood flow, reducing the damage of the contrast agent to the blood vessel. Therefore, alprostadil plays an important role in the prevention of coronary heart disease in patients with diabetes mellitus in the process of PCI. But there is no system article that evaluates the effect of Alprostadil on preventing contrast-induced nephropathy for percutaneous coronary intervention in diabetic patients. Our study uses meta-analysis to evaluate Alprostadil on preventing CIN for PCI in diabetic patients, to provide a reference for clinical.

#### 2. Methods

#### 2.1. Literature search and screening

A systematic article search using PubMed was conducted by 2 independent psychiatrists (Z-LY and H-LL). If there were an inconsistent selection and lack of agreement, another senior psychiatrist (W-QG) made the final judgment and decision. The search was performed using the keywords "(Alprostadil) and (coronary Heart Disease) and (diabetes) and (Contrast-induced nephropathy)" for all articles available till August 18, 2016. Only articles written in English and Chinese were chosen. Initially, all articles meeting these inclusion criteria were collected, and the titles and abstracts were screened by Z-LY,H-LL, and W-RD to determine whether they were potentially eligible for inclusion in this meta-analysis. When there was disagreement on eligibility, we reached agreement through consensus. All reports that were not related to the topics of augmentation of Alprostadil for patients with coronary heart disease and diabetes were excluded. We then screened all the selected articles using the following inclusion criteria: (1) articles discussing comparisons of the treatment effect in coronary heart disease and diabetes patients treated with Alprostadil augmented with hydration with/without placebo; (2) and articles on clinical trials in humans. (3) All patients were in line with the diagnostic criteria for diabetes. (4) PCI was performed in all patients. (5) General information (age, gender, disease type, and so on) of the experimental group and the control group was not statistically significant. The exclusion criteria were (1) case reports or series; (2) nonclinical trials; (3) animal experiment. (4) Unable to extract data from the literature. In addition, investigating the quality of clinical trials included in the current meta-analysis. We used the Cochrane risk of bias assessment tools to evaluate the quality of clinical trials. All analyses were based on previous published studies; thus, no ethical approval and patient consent are required.

#### 2.2. Data extraction and quality assessment

The following information was extracted from each eligible study (when available): the names of the first author; year of publication; countries where the study was conducted; participants; sample size; number of cases; and sample size; incidence of CIN; incidence of adverse reactions; BUN, Cys C, GFR, Scr,  $\beta$ 2-MG. The adjusted RRs were extracted in case studies provided both crude and adjusted RRs. If a study reported >1 multivariable-adjusted effect estimate, we chose the result fully adjusted for potential confounding variables.

# 2.3. Statistical analysis

All of the meta-analytic procedures were conducted by using Review Manager software, version 5.3. Two-tailed *P* values <

0.05 were regarded as statistically significant. We used Q statistics, their related P values, and the I-square statistic to investigate the heterogeneity of each study. I-square statistic is a quantitative measure describing the percentage of total variation due to heterogeneity. The extracted I-square statistic value was utilized to assess the heterogeneity of each variable across studies.<sup>[19]</sup> According to the Cochrane Handbook, betweenstudy heterogeneity of variables is thought to be substantial when the *I*-square range from 50% to 90%. Therefore, an *I*-square of < 50% is considered acceptable in this systematic review. If the research results were not statistically different, the fixed effect model was used for meta-analysis. If there is statistical heterogeneity among the research results, the heterogeneity of the sources of heterogeneity is further analyzed. After excluding the obvious clinical heterogeneity, the random effects model was utilized to analyze the Meta. In addition, we investigated publication bias through funnel plots.<sup>[20,21]</sup> The meta-analytic procedure fulfills the criteria of Preferred Reporting Items for systematic reviews and Meta-Analyses (PRISMA) compliant.

#### 3. Results

#### 3.1. Study selection and characteristics

Initially, 502 articles were found by the search of electronic databases and references of relevant articles. By screening titles and abstracts, 258 apparently irrelevant articles were first excluded. Then, the full texts of remainders were downloaded

to assess in detail. Eventually, data from 8 articles including 969 patients were included into this meta-analysis, among them, 487 patients were in the experience group, and 482 patients in the control group. The flow diagram of study selection is shown in Fig. 1. The basic information of each included literature can be seen in Table 1.

#### 3.2. Literature quality evaluation

Of the 8 articles,<sup>[22–29]</sup> 1 article<sup>[25]</sup> using a simple random method, 1 article<sup>[29]</sup> using a random number table method, and the other 6 articles<sup>[22–24,26–28]</sup> only refer to the random method, but not the specific description. The distribution of the 8 articles is not clear; the implementation method of the 8 articles is not clear; the selective reporting bias and other bias of the 8 articles were not clear. Literature quality score was shown in Table 2.

### 3.3. Incidence of contrast-induced nephropathy

Seven studies evaluating the effect of alprostadil on CIN in patients with diabetes mellitus complicated with coronary heart disease after PCI. Meta-analysis showed that  $I^2 = 0\%$ , P = 0.49, the heterogeneity was small, so using a fixed effect model. Meta-analysis (fixed effect model) showed that Alprostadil can significantly reduce the incidence of CIN in coronary heart disease patients complicated with diabetes after PCI [OR = 0.28, 95%CI (0.18, 0.42), P < 0.00001], as shown in Fig. 2.



Figure 1. Flow chart for study selection.

### Table 1

#### Characteristics of studies included in meta-analysis.

			Sample	number	Average	e age (y)	Hydration met	hod	Type of	
Author	Year	Country	E	C	E	C	E	C	contrast agent	Observation index
Youming Zhang	2014	China	64	63	60.87 (8.03)	66.76 (9.40)	Hydration + Alprostadil	Hydration	loversol	BUN,Cys-C,Scr,B2-MG,eGFR
Wanling Zhang	2015	China	45	37	61.62 (8.53)	61.97 (8.08)	Hydration + Alprostadil	Hydration	loversol	BUN,Scr,β <sub>2</sub> -MG,eGFR
Sigan Zhong	2014	China	50	50	63.9 (7.6)	64.1 (8.0)	Hydration + Alprostadil	Hydration	loversol	BUN,Scr, B2-MG,NO,NOS,ET-1
Chao Liu	2015	China	54	53	63.38 (8.82)	66.14 (9.38)	Hydration + Alprostadil	Hydration	lopromide	Cys-C,Scr,B2-MG,eGFR
Dawei Wang	2016	China	96	97	59.84 (3.26)	58.63 (308)	Hydration + Alprostadil	Hydration	loversol	BUN,Scr, B2-MG
Xiaoxia Sun	2015	China	43	43	61.2 (13.7)	59.4 (14.9)	Hydration + Alprostadil	Hydration	loversol	BUN,Scr,eGFR
Jing Wang	2014	China	77	81	66.2 (11.1)	65.2 (11.2)	Hydration + Alprostadil	Hydration	loversol	BUN,Scr,eGFR
Hongwei Zhao	2014	China	58	58	64 (9)	65 (8)	Hydration + Alprostadil	Hydration	loversol	BUN,Scr,B2-MG

β2-MG = Serum beta 2-microspheres, BUN = blood urea nitrogen, Cys-C = Cystatin C, GFR = glomerular filtration rate, Scr = serum creatinine.

## Table 2

Assessment of methodological quality of included studies.

Study	Random allocation	Hidden distribution	Blind method	Selective reporting of results	Other bias	Quality grade
Youming Zhang <sup>[22]</sup>	Randomized	No clear	No clear	NO	No clear	B
Wanling Zhang <sup>[23]</sup>	Randomized	No clear	No clear	NO	No clear	В
Sigan Zhong <sup>[25]</sup>	Simple randomization	No clear	No clear	NO	No clear	В
Chao Liu <sup>[24]</sup>	Mention random	No clear	No clear	NO	No clear	В
Dawei Wang <sup>[26]</sup>	Mention random	No clear	No clear	NO	No clear	В
Xiaoxia Sun <sup>[27]</sup>	Mention random	No clear	No clear	NO	No clear	В
Jing Wang <sup>[28]</sup>	randomized	No clear	No clear	NO	No clear	В
Hongwei Zhao <sup>[29]</sup>	Random number table method	No clear	No clear	NO	No clear	В

#### 3.4. Incidence of adverse reactions

Two studies evaluating the incidence of adverse reactions of alprostadil on CIN in patients with diabetes mellitus complicated with coronary heart disease after PCI. Meta-analysis showed that  $l^2=6\%$ , P=0.30, the heterogeneity was small, so using a fixed effect model. Meta-analysis (fixed effect model) results showed that Alprostadil can significantly reduce the incidence of adverse reactions of coronary heart disease patients complicated with diabetes after PCI (OR = 0.46, 95% CI [0.24, 0.85], P < 0.00001]. As shown in Fig. 3.

#### 3.5. Blood urea nitrogen

BUN of 24 hours after operation: Comparing with the control group, BUN of 24 h in the experimental group was significantly decreased, the difference was statistically significant (MD = -0.77,

95%CI [-1.22, -0.32], P=0.0007). BUN of 48 hours after operation: Comparing with the control group, BUN of 48 hours in the experimental group was significantly decreased, the difference was statistically significant (MD=-1.38, 95%CI [-1.83, -0.92], P<0.00001). BUN of 72 hours after operation: Comparing with the control group, BUN of 72 hours in the experimental group was significantly decreased, the difference was statistically significant (MD=-2.43, 95%CI [-2.68, -2.19], P<0.00001], as shown in Fig. 4.

# 3.6. Cystatin C

Cys C of 24 hours after operation: Comparing with the control group, Cys C of 24 hours in the experimental group was significantly decreased, the difference was statistically significant (MD=-0.30, 95%CI [-0.40, -0.21], P < 0.00001). Cys C of 48



Figure 2. Alprostadil prevent the incidence of contrast-induced nephropathy of coronary heart disease and diabetes in patients after coronary angiography.



Figure 3. The incidence of adverse reactions in the experimental group and the control group.

	Expe	rimen	tal	C	ontrol			Mean Difference	Mean Difference			
Study or Subgroup	Mean	SD	Total	Mean SD Tot			Weight	IV, Fixed, 95% CI	IV, Fixed, 95% Cl			
9.2.1 BUN after operation	on 24h											
Jing Wang 2014	7.8	3	77	8.4	3	81	4.4%	-0.60 [-1.54, 0.34]				
Wanling Zhang 2015	5.81	2.1	45	6.75	2.09	37	4.6%	-0.94 [-1.85, -0.03]				
Xiaoxia sun 2015	8.8	2.9	43	9.2	2.5	43	2.9%	-0.40 [-1.54, 0.74]	State of the second sec			
Youming Zhang 2014	5.82	2.09	64	6.74	2.11	63	7.1%	-0.92 [-1.65, -0.19]				
Subtotal (95% CI)			229			224	19.0%	-0.77 [-1.22, -0.32]	•			
Heterogeneity: Chi <sup>2</sup> = 0.	82, df = 3	B (P = 1	0.84); P	²= 0%								
Test for overall effect: Z	= 3.38 (F	9 = 0.0	007)									
9.2.2 BUN after operati	on 48h											
Wanling Zhang 2015	5.5	1.7	45	6.87	1.68	37	7.1%	-1.37 [-2.10, -0.64]				
Youming Zhang 2014	5.48	1.68	64	6.86	1.67	63	11.2%	-1.38 [-1.96, -0.80]				
Subtotal (95% CI)			109			100	18.3%	-1.38 [-1.83, -0.92]	•			
Heterogeneity: Chi <sup>2</sup> = 0.	00, df = 1	(P=)	0.98); P	²= 0%								
Test for overall effect: Z	= 5.91 (F	° < 0.0	0001)									
9.2.3 BUN after operation	on 72h											
Dawei Wang 2016	9.68	1.07	96	11.65	1.26	97	35.1%	-1.97 [-2.30, -1.64]				
Jing Wang 2014	8.2	2.5	77	9.3	3.9	81	3.7%	-1.10 [-2.12, -0.08]				
Sigan Zhong 2014	9.3	1.2	50	12.8	0.9	50	22.1%	-3.50 [-3.92, -3.08]				
Xiaoxia sun 2015	9.4	3	43	10.5	3.8	43	1.8%	-1.10 [-2.55, 0.35]				
Subtotal (95% CI)			266			271	62.7%	-2.43 [-2.68, -2.19]	•			
Heterogeneity: Chi <sup>2</sup> = 42	2.74, df=	3 (P -	0.000	01); I <sup>2</sup> =	93%							
Test for overall effect: Z	= 19.32	(P < 0.	00001)									
Total (95% CI)			604			595	100.0%	-1.92 [-2.12, -1.73]	•			
Heterogeneity: Chi <sup>2</sup> = 90	0.81, df=	9 (P =	0.000	01); I <sup>2</sup> =	90%							
Test for overall effect: Z	= 19.30	P < 0.	00001)						-4 -2 U Z 4			
Test for subaroup differ	ences: C	$hi^2 = 4$	7.24. d	f = 2 (P)	< 0.00	001), P	= 95.8%		Favours (experimental) Favours (control)			

hours after operation: Comparing with the control group, Cyst C of 48 hours in the experimental group was significantly decreased, the difference was statistically significant (MD = -0.54, 95% CI [-0.68, -0.41], P < 0.00001).

Cys C of 72 hours after operation: Comparing with the control group, Cys C of 72 hours in the experimental group was significantly decreased, the difference was statistically significant (MD=-0.49, 95%CI [-0.63, -0.35], P < 0.00001), as shown in Fig. 5.

#### 3.7. Glomerular filtration rate

GFR rate of 24 hours after the operation: Comparing with the control group, the GFR of 24 hours in the experimental group was significantly increased, the difference was statistically significant (MD=7.86, 95%CI [4.44, 11.29], P < 0.00001). GFR of 48 hours after the operation: Comparing with the control group, the GFR of 48 hours in the experimental group was significantly increased, the difference was statistically significant (MD=18.23, 95%CI [13.76, 22.69], P < 0.00001). GFG of 72 hours after the operation: Comparing with the control group, the GFR of 48 hours in the experimental group was significantly increased.

increased, the difference was statistically significant (MD = 12.81, 95%CI [8.51, 17.11], P < 0.00001) as shown in Fig. 6.

#### 3.8. Serum creatinine

Scr of 24 hours after operation: Comparing with the control group, Scr of 24 hours in the experimental group was significantly decreased, the difference was statistically significant (MD=-9.09, 95%CI [-12.67, -5.51], P < 0.00001). Scr of 48 hours after operation: Comparing with the control group, Scr of 48 hours in the experimental group was significantly decreased, the difference was statistically significant (MD=-19.14, 95%CI [-23.61, -14.66], P < 0.00001).

Scr of 72 hours after operation: Comparing with the control group, Scr of 72 hours in the experimental group was significantly decreased, the difference was statistically significant (MD = -6.50, 95%CI (-8.29, -4.71), P < 0.00001), as shown in Fig. 7.

#### 3.9. Serum beta 2-microspheres

 $\beta$ 2-MG of 24 hours after operation: Comparing with the control group,  $\beta$ 2-MG of 24 hours in the experimental group was



significantly decreased, the difference was statistically significant (MD = -0.12, 95%CI (-0.27, 0.03), P = 0.12].  $\beta$ 2-MG of 48 hours after operation: Comparing with the control group, the  $\beta$ 2-MG of 48 hours in the experimental group was significantly decreased, the difference was statistically significant

(MD=-0.55, 95%CI (-0.71, -0.39), P < 0.00001).  $\beta$ 2-MG of 72 hours after operation: Comparing with the control group, the  $\beta$ 2-MG of 72 hours in the experimental group was significantly decreased, the difference was statistically significant (MD=-0.50, 95%CI [-0.60, -0.39], P < 0.00001], as shown in Fig. 8.

	Exp	eriment	al	0	Control			Mean Difference	Mean Difference
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Fixed, 95% Cl	IV, Fixed, 95% Cl
6.2.1 eGFR after operat	tion 24h								
Chao Liu 2015	80.96	19.51	54	72	19.21	53	9.8%	8.96 [1.62, 16.30]	
Jing Wang 2014	69.2	22.9	77	64.9	21.5	81	11.0%	4.30 [-2.63, 11.23]	
Wanling Zhang 2015	88.57	23.4	45	69.7	26.05	37	4.5%	18.87 [8.04, 29.70]	
Xiaoxia sun 2015	69.1	18.3	43	65.6	10.1	43	13.5%	3.50 [-2.75, 9.75]	
Youming Zhang 2014	88.58	23.39	64	74.68	29.06	63	6.3%	13.90 [4.72, 23.08]	
Subtotal (95% CI)			283			277	45.0%	7.86 [4.44, 11.29]	•
Heterogeneity: Chi <sup>2</sup> = 8	.60, df = .	4 (P = 0	.07); 12:	= 54%					
Test for overall effect: Z	= 4.50 (F	P < 0.00	001)						
	10. A.M.								
6.2.2 eGFR after operat	tion 48h	1000 Marca	100				1.000104010404		
Chao Liu 2015	84.96	20.45	54	69.52	16.42	53	10.7%	15.44 [8.42, 22.46]	
Wanling Zhang 2015	87.02	23.49	45	63.88	19.01	37	6.2%	23.14 [13.94, 32.34]	
Youming Zhang 2014	87.01	23.53	64	68.87	18.94	63	9.6%	18.14 [10.72, 25.56]	
Subtotal (95% CI)			163			153	26.5%	18.23 [13.76, 22.69]	
Heterogeneity: Chi <sup>2</sup> = 1	.70, df = 1	2(P = 0)	.43); 12:	= 0%					
Test for overall effect: Z	= 8.01 (F	P < 0.00	001)						
6.2.3 eGFR after operat	tion 72h								
Chao Liu 2015	96.01	20.01	54	74.12	16.91	53	10.7%	21.89 [14.88, 28.90]	
Jing Wang 2014	68	24.2	77	60.9	24.1	81	9.3%	7.10 [-0.43, 14.63]	
Xiaoxia sun 2015	68.4	21.7	43	60.8	15	43	8.5%	7.60 [-0.28, 15.48]	
Subtotal (95% CI)			174			177	28.5%	12.81 [8.51, 17.11]	
Heterogeneity: Chi <sup>2</sup> = 1	0.32, df=	= 2 (P =	0.006);	1 <sup>2</sup> = 819	8				
Test for overall effect: Z	= 5.84 (F	P < 0.00	001)						
Total (95% CI)			620			607	100.0%	12.02 [9.72, 14.31]	•
Heterogeneity: Chi <sup>2</sup> = 3	3.86. df=	= 10 (P =	0.000	2): $ ^2 = 7$	20%			10 10 10 10 10	<u> </u>
Test for overall effect: Z	= 10.26	(P < 0.0	0001)		04.000				-20 -10 0 10 20
		1.17 . 4	200 46	0	0.004	12 04	001		experimental control

Figure 6. Comparison of 24h, 48h, and 72h glomerular filtration rate between the experimental group and the control group.

	Expe	erimenta	al	C	ontrol			Mean Difference	Mean Difference			
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Fixed, 95% CI	IV, Fixed, 95% Cl			
3.2.1 SCr after operation	on 24h											
Chao Liu 2015	110.31	21.17	54	119.66	33.32	53	2.0%	-9.35 [-19.95, 1.25]				
Jing Wang 2014	107.9	23.7	77	111.4	19.4	81	4.9%	-3.50 [-10.27, 3.27]	· · · · · · · · · · · · · · · · · · ·			
Wanling Zhang 2015	81.94	15.69	45	97.66	21.48	37	3.3%	-15.72 [-24.02, -7.42]				
Kiaoxia sun 2015	123.7	19.1	43	125.3	22.5	43	2.9%	-1.60 [-10.42, 7.22]				
ouming Zhang 2014	80.6	13.54	64	95.65	25.26	63	4.5%	-15.05 [-22.11, -7.99]				
Subtotal (95% CI)			283			277	17.7%	-9.09 [-12.67, -5.51]	•			
Heterogeneity: Chi <sup>2</sup> = 1	0.57, df =	4 (P = 0)	.03); 12:	= 62%								
fest for overall effect: Z	= 4.98 (P	< 0.000	01)									
3.2.2 SCr after operation	on 48h											
Chao Liu 2015	109.23	19.95	54	130.19	27.09	53	2.8%	-20.96 [-29.99, -11.93]	·			
Nanling Zhang 2015	80.11	15.05	45	101.1	22.17	37	3.2%	-20.99 [-29.38, -12.60]	<b>←</b>			
ouming Zhang 2014	82.1	14.75	64	99.16	22.01	63	5.3%	-17.06 [-23.59, -10.53]				
Subtotal (95% CI)			163			153	11.3%	-19.14 [-23.61, -14.66]	◆			
leterogeneity: Chi <sup>2</sup> = 0	.73, df = 2	(P = 0.8)	i9); I <sup>2</sup> =	0%				Si (2 )S				
Fest for overall effect: Z	= 8.38 (P	< 0.000	01)									
3.2.3 SCr after operation	on 72h											
Chao Liu 2015	114.73	21.07	54	136.09	29.75	53	2.4%	-21.36 [-31.14, -11.58]	·			
Dawei Wang 2016	35.83	8.16	96	40.87	8.94	97	38.9%	-5.04 [-7.45, -2.63]				
longwei Zhao 2014	69	45	58	82	45	58	0.8%	-13.00 [-29.38, 3.38]	•			
ing Wang 2014	112.3	18.1	77	126.2	20.5	81	6.3%	-13.90 [-19.92, -7.88]				
ligan Zhong 2014	36	8.1	50	39.3	9.1	50	19.9%	-3.30 [-6.68, 0.08]				
liaoxia sun 2015	137.2	21.4	43	156.4	22.6	43	2.6%	-19.20 [-28.50, -9.90]	·			
Subtotal (95% CI)			378			382	70.9%	-6.50 [-8.29, -4.71]	•			
leterogeneity: Chi <sup>2</sup> = 2	7.28, df =	5 (P < 0	.0001);	I <sup>2</sup> = 82%								
Fest for overall effect: Z	= 7.12 (P	< 0.000	01)									
otal (95% CI)			824			812	100.0%	-8.39 [-9.90, -6.88]	•			
Heterogeneity: Chi2 = 6	5.19, df =	13 (P <	0.0000	1); I <sup>2</sup> = 80	0%							
est for overall effect: Z	= 10.91 (	P < 0.00	001)						-20 -10 0 10 20			
est for subaroup differ	ences: Cl	ni <sup>2</sup> = 26.	61. df=	2 (P < 0	.00001)	<sup>2</sup> = 92	.5%		experimental control			
Figure 7	Comparis	on of 2	04h 4	8h and	72h s	erum (	reatining	hetween the experim	pental group and the control group			

	Experimental Contro							Mean Difference	Mean Difference		
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Fixed, 95% CI	IV, Fixed, 95% Cl		
15.2.1 ß2-MG after ope	ration 24	łh									
Chao Liu 2015	2.58	1.28	54	2.3	0.98	53	3.0%	0.28 [-0.15, 0.71]			
Wanling Zhang 2015	1.94	0.66	45	2.13	0.5	37	8.8%	-0.19 [-0.44, 0.06]			
Youming Zhang 2014	1.95	0.65	64	2.11	0.52	63	13.3%	-0.16 [-0.36, 0.04]			
Subtotal (95% CI)			163			153	25.2%	-0.12 [-0.27, 0.03]	•		
Heterogeneity: Chi <sup>2</sup> = 3.	75, df = 3	2 (P =	0.15); P	= 47%							
Test for overall effect: Z	= 1.56 (F	P = 0.1	2)								
15.2.2 β2-MG after ope	ration 48	Bh									
Chao Liu 2015	3.24	1.27	54	2.38	0.82	53	3.4%	0.86 [0.46, 1.26]			
Wanling Zhang 2015	2.23	0.6	45	3.05	0.66	37	7.3%	-0.82 [-1.10, -0.54]			
Youming Zhang 2014	2.24	0.61	64	3.03	0.65	63	11.6%	-0.79 [-1.01, -0.57]			
Subtotal (95% CI)			163			153	22.4%	-0.55 [-0.71, -0.39]	•		
Heterogeneity: Chi <sup>2</sup> = 5	5.00, df=	2 (P •	0.000	01); I <sup>2</sup> =	96%						
Test for overall effect: Z	= 6.80 (F	< 0.0	0001)								
15.2.3 ß2-MG after ope	ration 72	2h									
Chao Liu 2015	4.33	1.5	54	2.62	0.97	53	2.4%	1.71 [1.23, 2.19]			
Dawei Wang 2016	5.27	0.49	96	5.79	0.49	97	29.2%	-0.52 [-0.66, -0.38]	+		
Hongwei Zhao 2014	2.1	0.7	58	3.21	0.8	58	7.5%	-1.11 [-1.38, -0.84]			
Sigan Zhong 2014	5.32	0.53	50	5.83	0.51	50	13.4%	-0.51 [-0.71, -0.31]			
Subtotal (95% CI)			258			258	52.5%	-0.50 [-0.60, -0.39]	•		
Heterogeneity: Chi <sup>2</sup> = 11	01.38, df	= 3 (P	< 0.00	001); I <sup>2</sup> :	= 97%						
Test for overall effect: Z	= 9.46 (F	o < 0.0	0001)								
Total (95% CI)			584			564	100.0%	-0.41 [-0.49, -0.34]	•		
Heterogeneity: Chi2 = 1	80.58, df	= 9 (P	< 0.00	001); F	= 95%						
Test for overall effect: Z	= 10.85	(P < 0.	00001)						-2 -1 U 1		
Test for subgroup differ	ences C	$hi^2 = 2$	0.45 0	f = 2 (P)	< 0.00	01), P:	= 90.2%		experimental control		

Figure 8. Comparison of 24h, 48h, and 72h serum beta 2- microspheres between the experimental group and the control group.



#### 3.10. Publication bias

Funnel plot indicated that there is a certain bias between all articles included in our meta- analysis, but the bias is small, which is basically about symmetry, as shown in Fig. 9.

#### 3.11. Sensitivity analysis

To determine sensitivity, we excluded 1 study at a time. In the comparison between the incidence of CIN, the incidence of adverse reactions, BUN, Cys C, GFR, SCR, and  $\beta$ 2-MG,and the RRs (MD) and 95% CIs did not change substantially after removing 1 study at a time. This result was consistent with the meta-analysis results.

#### 3.12. Subgroup analysis

Because all of the studies were from the same country and nation, this study was not conducted in a subgroup analysis by the nation and country.

### 4. Discussion

At present, the application of coronary artery interventional therapy (such as coronary angiography, stent implantation, etc.) is more and more extensive. The common features of this kind of surgery need to use the contrast agent. Meanwhile, old age, diabetes mellitus, renal insufficiency and hyperlipidemia are the risk factors of contrast induced nephropathy.<sup>[30]</sup> At the same time, the acute renal failure caused by the contrast was 57.2% of the patients with renal failure, 23.8% of irreversible renal damage occurred, and 24% of patients developed end-stage renal failure.

Results have shown that patients with CIN risk factors should be treated with 6-24 hours Hydration of ISO osmotic fluid 12 hours before angiography. At present, it is generally believed that the occurrence of CIN is the common result of many factors, such as the direct toxic effect of contrast agent on renal tubule, the imbalance of renal medulla, oxygen free radical damage, inflammatory reaction, renal tubular blockage, cell apoptosis and so on. However, the main component of alprostadil is prostaglandin E1, which has potent vasodilator effect, through the regulation of adenylate cycles and phosphodiesterase activity promotes adenosine concentration increased. Activation of a series of protein kinases, which rely on cyclic AMP, enables the expansion of blood vessels, reducing glomerular pressure, high filtration, and high perfusion. At the same time, alprostadil can inhibit the release of IL-1, TNF-and other inflammatory mediators, reduce the formation of antigen-antibody reaction, inhibit platelet aggregation, reduce blood viscosity, and prevent the formation of thrombosis and atherosclerotic plaque. Through the above role, improving renal ischemia, hypoxia, prevent the occurrence of CIN.[31-34]

Our study included 969 patients, which was divided into hydration combined with alprostadil group (n=433) and pure water group (n=429),the results from Meta-analysis showed that the incidence of CIN in the experimental group was less than that of the control group (11.5% [50/433] vs 26.6% [114/429]), the difference was statistically significant (OR=0.28, 95% CI [0.18, 0.42],P < 0.00001), the incidence of adverse reactions in the experimental group was less than that of the control group (12.6% [18/142] vs 24.3% [34/140]). And 3 days after surgery, Scr, urea nitrogen of the experimental group were lower than the control group, glomerular filtration rate of the experimental group was significantly higher than the control group, and the difference was statistically significant (P < 0.05). The results suggest that alprostadil can reduces the incidence of CIN through various metabolic pathways, and protect renal function in patients with diabetic patients after PCI.

There are several limitations to this study: (1) a total of 8 randomized controlled studies were included in this study, but most of the studies have some limitations. The inclusion of the study was more concentrated in the same region and country (Asia), and the lack of randomized clinical trials of Western and African race; (2) in the study, there is no unified standard for the using dose, method, and time of alprostadil before and after surgery; (3) although the studies were randomized controlled trials, but the study of the distribution of hidden, the specific random method is not a complete description, there is no evidence to rule out the possibility of patient selection bias. (4) In the study, short-term changes of BUN and Scr were included in the study. But Scr, BUN is not suitable for long-term follow-up and act as a main observing targe, it still need to extend the time of follow-up and selection of new indicators to determine the final outcome of patients. (5) The sample size of the study included in this study was small. And the crowd mainly comes from China, not for the state or nation for further subgroup analysis and sensitivity analysis, so we did not carry out subgroup analysis according to country or nation. Therefore, this meta-analysis also has certain enlightenment to the future randomized controlled trial: (1) Detailed description of the specific methods of test groups; clear intervention time, record the short-term efficacy and long-term efficacy; (2) Uniform drug administration time and dosage; (3) The articles included in the study should come from different countries and regions, in order to clarify the clinical effect of different countries and nationalities, so as to draw the correct conclusion.

#### 5. Conclusion

Our research shows that alprostadil has preventive effects on CIN, which can effectively reduce the incidence of CIN in coronary heart disease patients complicated with diabetes. For patients with diabetes undergoing PCI, the use of alprostadil before operation can reduce the incidence of CIN. Due to the limitations of the quality and quantity of the articles, this conclusion still needs further research to confirm. In the future, it still needs to explore appropriate scheme of alprostadil, including the dosage, usage, and use time. It also needs more and more large-scale design rigorous RCT and long-term follow-up, to obtain a wealth of clinical data and draw a more credible conclusion, so as to guide clinical drug use.

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