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# Phosphatidylcholine as a metabolic cue for determining B cell fate and function

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# Abstract

In activated B cells, increased production of phosphatidylcholine (PtdCho), the most abundant cellular phospholipid, is handled primarily by the CDP-choline pathway. B cell-specific deletion of CTP:phosphocholine cytidylyltransferase a (CCTa), the rate-limiting enzyme in the CDPcholine pathway, led to augmented IgM secretion and reduced IgG production, suggesting that PtdCho synthesis is required for germinal center reactions. To specifically assess whether PtdCho influences B cell fate during germinal center responses, we examined immune responses in mice whereby PtdCho synthesis is disrupted in B cells that have undergone class switch recombination to IgG1 (referred to as either  $C\gamma 1^{wt/wt}$ ,  $C\gamma 1^{Cre/wt}$  or  $C\gamma 1^{Cre/Cre}$  based on Cre copy number). Serum IgG1 was markedly reduced in naïve  $C\gamma 1^{Cre/wt}$  and  $C\gamma 1^{Cre/Cre}$  mice, while levels of IgM and other IgG subclasses were similar between  $C\gamma 1^{Cre/wt}$  and  $C\gamma 1^{wt/wt}$  control mice. Serum IgG2b titers were notably reduced and IgG3 titers were increased in  $C\gamma 1^{Cre/Cre}$  mice compared with controls. Following immunization with T cell-dependent antigen NP-KLH, control mice generated high titer IgG anti-NP while IgG anti-NP titers were markedly reduced in both immunized Cy1<sup>Cre/wt</sup> and Cy1<sup>Cre/Cre</sup> mice. Correspondingly, the frequency of NP-specific IgG antibody-secreting cells was also reduced in spleens and bone marrow of Cy1<sup>Cre/wt</sup> and  $C\gamma 1^{Cre/Cre}$  mice compared to control mice. Interestingly, though antigen-specific IgM B cells were comparable between  $C\gamma 1^{Cre/Wt}$ ,  $C\gamma 1^{Cre/Cre}$  and control mice, the frequency and number of IgG1 NP-specific B cells was reduced only in Cy1<sup>Cre/Cre</sup> mice. These data indicate that PtdCho is required for the generation of both germinal center-derived B cells and antibody-secreting cells. Further, the reduction in class-switched ASC but not B cells in  $C\gamma 1^{Cre/wt}$  mice suggests that ASC have a greater demand for PtdCho compared to germinal center B cells.

Conflict of interest: The authors declare that they have no conflicts of interest with the contents of the manuscript.

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#### Keywords

CCTa; antibody-secreting cell; antibody; germinal centers; T cell-dependent antigen; unfolded protein response; phospholipid biosynthesis

# INTRODUCTION

B cell differentiation into antibody-secreting cells (ASC) invokes the unfolded protein response (UPR), a tightly organized, largely transcriptionally-controlled process resulting in enhanced secretory capacity. A distinctive feature of UPR transcriptional programming licenses B cells to enhance endoplasmic reticulum (ER) biogenesis [1], including components required for expanding the rough ER and Golgi to facilitate the marked demand for antibody secretion following activation and differentiation.

Spliced X-box binding protein 1 (XBP1S) via IRE1 is essential for transcription of UPR genes[2], and consequently for the production of antibody by ASC. One key factor that can be regulated by XBP1S is choline cytidylyltransferase a. (CCTa.)[3], the predominant isoform of the rate-limiting enzyme in the cytidine phosphocholine (CDP-choline) pathway for phosphatidylcholine synthesis [4, 5]. Indeed, enforced expression of XBP1S in fibroblasts is sufficient to drive induction of phosphatidylcholine (PtdCho) by a mechanism involving regulation of CCTa. [6]. The production of CCTa, in turn, increases the supply of CDP-choline for synthesis of phosphatidylcholine (PtdCho) that can be further processed into phosphatidylserine (PtdSer) and phosphatidylethanolamine (PtdEtn)[7, 8]. PtdCho, PtdSer and PtdEtn are all major lipid constituents for cellular membranes, with PtdCho the most abundant [9]. Thus, XBP1S can regulate the supply of membrane lipids, an ability that fits well with its essential function in ER biogenesis in numerous types of dedicated secretory cells such as ASC [10, 11], pancreatic acinar cells [12], Paneth cells [13] and salivary gland cells [14] that possess and utilize large quantities of rough ER for their functions.

*In vivo* activation of B cells by either T cell-independent (TI) or –dependent (TD) antigens leads to differentiation of B cells into either short-lived plasmablasts [15] or to development of germinal centers that ultimately generate both long-lived ASC and memory B cells [16]. B cells stimulated with bacterial lipopolysaccharide (LPS), a TLR4-dependent model for T cell-independent responses, upregulate CCT activity approximately 2-fold while PtdCho production increases approximately 7-fold [9]. Similarly, LPS stimulation of CH12 lymphoma cells resulted in increased CCTa levels, though this was attributed to reduced protein turnover rather than transcriptional activation [5]. Importantly, CCTa-deficient B cells fail to upregulate PtdCho synthesis after LPS stimulation [17]. Thus, CCTa appears integral for B cell differentiation into ASC in response to T cell-independent stimuli.

Interestingly, mice harboring B cells rendered CCTa-deficient following lineage commitment *via* CD19-Cre-induced gene deletion generated markedly reduced IgG and increased IgM in response to immunization with TD antigen [17]. IgM production was similarly increased in primary CCTa-deficient B cells *in vitro* upon stimulation with LPS, despite a corresponding reduction in B cell proliferation. However, reduced frequencies of

splenic and peritoneal B cells were also noted in B cell-CCTa-deficient mice [17]. Both splenic marginal zones and the peritoneum contain B-1 cells [18], and B-1 cell-derived IgM is required for normal responses to TD-antigens [19]. This raises the possibility that a reduction of B-1 cells contributed to the impaired antibody responses observed in B cell-CCTa-deficient mice. Moreover, neither germinal center nor antigen-specific antibody levels were measured in those studies. Therefore, the significance of increased PtdCho production in antigen-specific B cell responses remains unknown.

To resolve whether PtdCho production is required for B cell responses to TD antigens, humoral immunity was examined in conditional IgG1 B cell-CCTa-deficient (Cy1-CCTa) mice in which CCTa is selectively eliminated in B cells that have undergone class switch recombination from IgM to IgG1. Importantly, B cell development appeared normal in all  $CCTa^{flox}$  ( $C\gamma 1^{wt/wt}$ ,  $C\gamma 1^{Cre/wt}$ , and  $C\gamma 1^{Cre/Cre}$ ) mice, and serum immunoglobulin (Ig) levels were similar between  $C\gamma 1^{Cre/wt}$  and wild-type mice, with the exception of selective reduction in IgG1. Serum IgG1 levels in Cy1<sup>Cre/Cre</sup> mice were also reduced, while these mice also unexpectedly exhibited decreased IgG2b and increased IgG3 titers as compared to control mice. In response to immunization with NP-KLH emulsified in alum, which generates an IgG1-dominant antibody response to NP, both antigen-specific IgM and IgG primary responses were impaired in Cy1Cre-expressing mice as compared to CCTasufficient control mice. The reduced response was not due to failure of Cy1-Cre-expressing mice to generate germinal centers since the frequency and number of GC was comparable between each of the three strains examined. Rather, the diminished antigen-specific IgG in  $C\gamma$ 1-Cre-expressing mice correlated with reductions in hapten-specific antibody-secreting cells (ASC). Examination of germinal center B cell populations revealed that, while the frequency and number of NP-specific IgM B cells in Cy1-Cre-expressing mice was comparable to control mice, the frequency and number of NP-specific IgG1 germinal center B cells was significantly reduced in  $C\gamma 1^{Cre/Cre}$  CCTa mice. Notably, though class-switched, hapten-specific ASC were reduced in Cg1Cre/wt mice, the frequency and number of classswitched hapten-specific germinal center B cells was not, suggesting a differential demand for PtdCho. No differences were observed in the affinity of NP-specific IgG after immunization, suggesting that increased PtdCho synthesis is not required for selection of antigen-specific B cells. In summary, these studies reveal that PtdCho is required for the generation of class switched B cells in germinal centers as well as the production of both IgG1 memory B cells and ASC.

#### RESULTS

Conditional *Pycta1* mice were generated by crossing a mouse strain containing loxP-flanked *Pycta1* alleles (*Pycta1*<sup>flox</sup>)[17] with the C $\gamma$ 1-Cre strain [20] whereby Cre recombinase is expressed when B cells undergo class switch recombination from IgM to IgG1. Progeny from the mouse cross therefore generate B cells that selectively delete *Pycta1* upon commitment to expressing IgG1. *Pcyta1* encodes CTP:phosphocoline cytidylyltransferase a (CCTa), the rate-limiting in the CDP-choline pathway for synthesis of phosphatidylcholine (PtdCho) [4], the most abundant phospholipid component in cell membranes [9]. Because IgG1 B cells conventionally derive from immune responses, the requirement for phospholipid synthesis for the generation of antibody-secreting and memory B cells was

measured following immunization with the well-characterized T cell-dependent (TD) hapten-carrier antigen NP-KLH.

#### Conditional deletion of CCTa in IgG1 B cells does not alter B cell development

To determine whether conditional deletion of *Pycta1* alters B cell development prior to immunization, naïve littermate control mice ( $C\gamma 1$ -wt Pycta1<sup>flox/flox</sup>, referred to as wild-type) and  $C\gamma 1$ -Cre-expressing *Pycta1*<sup>flox/flox</sup> (referred to as  $C\gamma 1^{Cre/wt}$  and  $C\gamma 1^{Cre/Cre}$ ) mice were compared. Developing bone marrow B cells were identified as B220<sup>+</sup> CD23<sup>neg</sup> and were further distinguished phenotypically by CD24 and CD43 levels. As shown in Figure 1a, the frequencies of pre-pro (CD24<sup>neg</sup>, CD43<sup>+</sup>), pro (CD24<sup>int</sup> CD43<sup>+</sup>) and pre B (CD24<sup>+</sup> CD43<sup>+/-</sup>) cells were comparable between control and  $C\gamma 1$ -Cre-expressing mice. Moreover, the frequencies of all developing B cells as well as mature recirculating (B220<sup>+</sup> CD23<sup>+</sup>) B cells were also equivalent between control and experimental groups of mice. Peripheral B cell populations were similarly assessed, and the frequencies of total transitional (B220<sup>+</sup> CD93<sup>+</sup>) and mature (B220<sup>+</sup> CD93<sup>neg</sup>) B cells were again comparable between each of the strains (Figure 1b). Finally, the frequencies of follicular (CD21<sup>lo</sup> CD23<sup>+</sup>) and marginal zone (CD21<sup>+</sup> CD23<sup>int</sup>) B cells were measured, and again both CCT $\alpha$ -sufficient and -deficient mice were indistinguishable. These data indicate that B cell development is normal in C $\gamma$ 1-Cre-expressing mice.

Impaired antibody-secreting cell (ASC) differentiation would most notably manifest as a reduction in serum immunoglobulin (Ig). Serum levels of IgM, IgG1, IgG2a, IgG2b, and IgG3 were therefore quantified in naïve 10 week-old mice. Serum titers of IgM, IgG2a, IgG2b and IgG3 were similar between wild-type and  $C\gamma 1^{Cre/wt}$  mice (Figure 2). Interestingly, though  $C\gamma 1^{Cre/Cre}$  mice also had comparable titers of IgM and IgG2a antibodies, IgG2b titers were significantly reduced and IgG3 titers were elevated compared to wild-type control mice. While serum IgG1 was detectable up to 1 to 10,000 dilution from control mice, IgG1 was detectable only at 1 to 100 serum dilution from  $C\gamma 1$ -Cre-expressing mice, indicating that CCT $\alpha$ , and PtdCho production, is necessary for the generation of normal serum IgG1.

#### CCTa is required for humoral response to TD antigen

To evaluate whether conditional deletion of *Pycta1* in IgG1 B cells causes defects in Ig production upon antigen stimulation, mice were immunized intraperitoneally (i.p.) using the TD antigen NP-KLH emulsified in alum and examined three weeks later. As shown in Figure 3a, while wild-type mice generated mean NP-specific IgM and IgG titers of 1,673 and 56,000,  $C\gamma 1^{Cre/Wt}$  and  $C\gamma 1^{Cre/Cre}$  mice had mean NP-specific IgM titers of 698 and 643, and mean NP-specific IgG titers of 5,929 and 5,000, respectively. Therefore,  $C\gamma 1$ -Cre-expressing mice exhibit an impaired IgM and IgG primary response to TD antigen.

Serum IgG derives primarily from ASC in the bone marrow, and these bone marrow ASC derive from germinal center responses. To examine whether the production of germinal center-derived ASC was affected in C $\gamma$ 1-Cre-expressing mice, NP-specific ASC were enumerated by ELIspot assay. Three weeks following immunization with NP-KLH in alum, both wild-type control and C $\gamma$ 1-CCTa mice generated comparable frequencies of NP-

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specific IgM-secreting cells in the spleen (Figure 3b left panel,  $26.7 \pm 5.8$ , wt vs.  $20.8 \pm 4.1$ ,  $C\gamma 1^{Cre/wt}$ , and  $16.0 \pm 4.1$ ,  $C\gamma 1^{Cre/Cre}$ ). Consistent with the reduced hapten-specific IgM antibody titers, both  $C\gamma 1^{Cre/wt}$  and  $C\gamma 1^{Cre/Cre}$  mice had reduced NP-specific IgM<sup>+</sup> ASC in bone marrow compared to control mice (Figure 3c left panel,  $1.6 \pm 0.3$ , wt,  $1.0 \pm 0.5$ ,  $C\gamma 1^{Cre/wt}$  and 0.4 + 0.2,  $C\gamma 1^{Cre/Cre}$ ). By comparison, the production of NP-specific IgG secreting cells was reduced in  $C\gamma 1$ -Cre-expressing mice relative to wild-type control mice in both spleen (Figure 3b right panel,  $39.2 \pm 9.5$ , wt vs.  $16.9 \pm 5.7$ ,  $C\gamma 1^{Cre/wt}$  and  $6.5 \pm 3.0$ ,  $C\gamma 1^{Cre/Cre}$ ) and bone marrow (Figure 3c right panel,  $2.7 \pm 1.4$ , wt vs.  $1.0 \pm 0.4$ ,  $C\gamma 1^{Cre/wt}$  and  $0.3 \pm 0.1$ ,  $C\gamma 1^{Cre/Cre}$ ). Collectively, these results suggest that PtdCho production is required for the generation of class-switched ASC.

Reduced NP-specific IgM during the primary response in C $\gamma$ 1-CCTa mice was unexpected. To determine whether this could be due to impaired germinal centers, the frequency of splenic germinal centers was quantified. Using flow cytometry, the frequency of PNA<sup>hi</sup> CD95<sup>+</sup> (germinal center) B cells was determined two weeks after immunization with TD antigen NP-KLH (Figure 4a, 4b). The frequency (5.1 ± 0.5, wt vs. 4.1 ± 0.7, C $\gamma$ 1<sup>Cre/wt</sup> and 3.8 + 0.5, C $\gamma$ 1<sup>Cre/Cre</sup>) and number (241,523 ± 36,718, wt vs. 193,479 ± 45,573, C $\gamma$ 1<sup>Cre/wt</sup> and 200,235 ± 27,427, C $\gamma$ 1<sup>Cre/Cre</sup>) of germinal center B cells was similar between immunized control and C $\gamma$ 1-Cre-expressing mice. To complement these analyses, histological analysis was also performed. Approximately 36% of splenic follicles from immunized wild-type mice contained germinal centers, while approximately 39% and 44% of splenic follicles in immunized C $\gamma$ 1<sup>Cre/wt</sup> and C $\gamma$ 1<sup>Cre/Cre</sup> mice had germinal centers, respectively (Figure 4c). Thus, C $\gamma$ 1-Cre-expressing mice were as capable as control mice of forming germinal centers in response to TD antigen challenge.

#### Reduced antigen-specific B cell memory in Cy1<sup>Cre/Cre</sup> mice

Germinal center responses generate both antigen-specific ASC and memory B cells. To measure whether the production of memory B cells was also impaired in immunized C $\gamma$ 1-Cre-expressing mice, the frequency and number of NP-specific germinal center B cells was measured (Figure 5). The frequency and number of IgM<sup>+</sup> NP-specific germinal center B cells (Figure 5b and 5d) was similar between CCTa-sufficient and Cy1-Cre-expressing mice  $(1.3 \pm 0.4 \text{ and } 2,659 \pm 762, \text{ wt}; 1.0 \pm 1.0 \text{ and } 1,754 \pm 480, \text{ Cy}1^{\text{Cre/wt}}; 1.7 \pm 0.4 \text{ and } 2,751$  $\pm$  788, C $\gamma$ 1<sup>Cre/Cre</sup>). In contrast, while approximately 2% of germinal center B cells in wildtype mice were NP-specific IgG1<sup>+</sup>, the frequency was markedly reduced in  $C\gamma 1^{Cre/Cre}$  mice  $(2.1 \pm 0.5, \text{ wt vs}, 0.3\% \pm 0.1, C\gamma 1^{\text{Cre/Cre}})$  (Figure 5c). The number of NP-specific IgG1 germinal center B cells was also reduced approximately 4-fold in Cy1<sup>Cre/Cre</sup> compared to the number in wild-type mice  $(4,521 \pm 1,313, \text{ wt vs. } 796 \pm 295, C\gamma 1^{Cre/Cre})$  (Figure 5e). These differences between wild-type and  $C\gamma 1^{Cre/Cre}$  mice were evident in both CD38<sup>+</sup> and CD38<sup>lo/neg</sup> germinal center cells (data not shown), suggesting that both light and dark zone responses were involved [21]. Surprisingly, the frequency and number of NP-specific IgG1 germinal center B cells did not differ statistically between  $C\gamma 1^{Cre/wt}$  (1.4 ± 0.4 and 2,477  $\pm$  740) and wild-type mice. From these data, we conclude that the generation of antigenspecific class-switched germinal B cells requires de novo PtdCho synthesis, but that this developmental process can proceed under conditions of reduced PtdCho production.

To test whether the reduced antigen-specific IgG1 B cells and ASC had a functional consequence, mice were challenged and secondary responses were measured. As was observed in the primary response, the antigen-specific IgM response after challenge was comparable between wild-type and Cy1-Cre-expressing mice (Figure 6). Thus, no differences in NP-specific IgM titers (1,300  $\pm$  272, wt; 1,116  $\pm$  210, C $\gamma$ 1<sup>Cre/wt</sup>; 2,050  $\pm$  665, Cγ1<sup>Cre/Cre</sup>) (Figure 6a left panel) nor frequency of NP-specific IgM ASC in bone marrow  $(5.5 \pm 1.6, \text{ wt}; 2.3 \pm 1.3, C\gamma 1^{Cre/wt}; 4.5 \pm 3.7, C\gamma 1^{Cre/Cre})$  (Figure 6c left panel) were observed. There was a trend toward an increased frequency of NP-specific IgM ASC in spleen in  $C\gamma$ 1-Cre-expressing mice compared to wild-type mice, though these data were not statistically significant (8.7 ± 0.9, wt; 261.5 ± 121.3, C $\gamma$ 1<sup>Cre/wt</sup>; 101.3 ± 67.2, C $\gamma$ 1<sup>Cre/Cre</sup>) (Figure 6b left panel). In contrast to the IgM response, while wild-type mice produced 1,725 NP-specific IgG splenic ASC, the frequency was reduced at least 3-fold in Cy1-Creexpressing mice (Figure 6b right panel:  $572 \pm 83.7$ ,  $C\gamma 1^{Cre/wt}$ ;  $373.8 \pm 83.2$ ,  $C\gamma 1^{Cre/Cre}$ ). The frequency of NP-specific IgG bone marrow ASC was also reduced in Cy1-Creexpressing mice  $(12.2 \pm 1.6, C\gamma 1^{Cre/wt}; 9.2 + 2.3, C\gamma 1^{Cre/Cre})$  compared to wild-type mice  $(45.1 \pm 5.8)$  (Figure 6c right panel). Therefore, PtdCho production is required for the generation of antigen-specific, class-switched ASC.

To gauge whether the production of antigen-experienced B cells was also affected in C $\gamma$ 1-Cre-expressing mice, germinal centers were interrogated (Figure 7). As expected, the frequency and number of NP-binding IgG1<sup>+</sup> germinal center B cells increased relative to the frequency observed in primary germinal center responses (Figure 7a, c, e). Notably, the mean level of NP binding (MFI) appeared greater in IgG1 versus IgM B cells (Figure 7a). In contrast to the recall response of CCT $\alpha$ -sufficient control mice, the frequency and number of IgG1<sup>+</sup> NP-specific germinal center B cells was reduced in C $\gamma$ 1-Cre-expressing mice (IgG1, mean ± SEM: 7.7 ± 1.0 and 97,651 ± 26,303, wt; 3.7 ± 0.4 and 47,977 ± 6,426, C $\gamma$ 1<sup>Cre/wt</sup>; 2.3 ± 0.7, 22,238 ± 4,404, C $\gamma$ 1<sup>Cre/Cre</sup>). Thus, reduced primary responses of CCT $\alpha$  mice manifested as reduced recall germinal center responses.

#### Antigen-specific IgG affinity is comparable in wild-type and Cy1-Cre-expressing mice

Reducing competition within germinal centers by loss of high-affinity B cells can allow lower-affinity B cells to be selected [22, 23]. To determine whether elimination of CCTa in B cells that class switch to IgG1 affects germinal center selection, relative changes in antigen-specific serum IgG antibody affinity were measured by determining the ratio of antibody titers binding low (NP<sub>2</sub>) to highly (NP<sub>20</sub>) haptenated BSA. The ratio of NP<sub>2</sub>/NP<sub>20</sub> IgG titers from wild-type mice increased from approximately 0.5 to approximately 0.7 (Figure 8). Comparatively, the NP<sub>2</sub>/NP<sub>20</sub> IgG titer ratio was lower after primary immunization in C $\gamma$ 1<sup>Cre/wt</sup> mice, but increased to approximately 0.5 following secondary challenge. C $\gamma$ 1<sup>Cre/Cre</sup> mice exhibited a trend toward more increased affinity following secondary challenge with antigen, however the increase was not statistically different from affinity changes in wild-type mice. Thus, no significant differences were observed in the relative serum affinity of IgG antibodies between wild-type and C $\gamma$ 1-Cre-expressing mice.

#### DISCUSSION

Among the key events in B cells undergoing differentiation into ASC, upregulation of phospholipid biosynthesis facilitates the expansion of the ER and Golgi to accommodate an increased demand for Ig synthesis, assembly and secretion. Previous studies detailed that CCTa is the rate-limiting enzyme for PtdCho synthesis in B cells and that it was necessary to direct class switch recombination of B cells to the TI stimulus LPS in a proliferationindependent manner [17]. To address whether B cells responding to TD antigen in germinal centers differed in their dependence for CCTa, we utilized C $\gamma$ 1-Cre CCTa<sup>flox/flox</sup> mice whereby CCTa would be deleted upon class switch recombination of B cells from IgM to IgG1. We observed that B cell development and germinal center development is normal in  $C\gamma$ 1-Cre-expressing mice; however, these mice had reduced serum IgG1 levels and reduced antigen-specific IgG1 antibody and ASC upon antigen challenge. Interestingly, classswitched hapten-specific germinal center B cells, though reduced in  $C\gamma 1^{Cre/Cre}$  mice, were similar between wild-type and  $C\gamma 1^{Cre/wt}$  mice, suggesting that proliferating germinal center B cells may demand less PtdCho than ASC. Surprisingly, the IgM antibody response in immunized  $C\gamma$ 1-Cre-expressing mice was also reduced compared to wild-type mice, though the frequency and number of hapten-specific IgM germinal center B cells was similar in all three strains of mice. These studies indicate that CCTa is required for the production of germinal center-derived class-switched ASC and memory cells. Further, these results are consistent with a model whereby PtdCho is rate-limiting for both cell proliferation and differentiation of germinal center B cells (Figure 9).

Gene-targeted deletion of *Pcyt1a* is embryonically lethal (day 3.5)[24], whereas deletion of other CCT isoforms such as CCT $\beta$  have less profound effects [25], supporting that CCT $\alpha$  is the dominant isoform required for PtdCho synthesis in multiple tissues. The requirement for CCT $\alpha$  in B cells was assessed using CD19-mediated conditional deletion, and resulted in reduced numbers of peritoneal and splenic B cells, as well as significantly reduced serum IgG levels [17]. Upon challenge with TD antigen, CD19-CCT $\alpha$  mice notably failed to form germinal centers, likely due to the requirement for CCT $\alpha$  in the oligoclonal proliferative burst that initiates the germinal center response [26]. Both reduced B cell numbers and the failure to form germinal centers were likely responsible for impaired IgG production in CD19-CCT $\alpha$  mice following TD antigen challenge. Use of C $\gamma$ 1-Cre-expressing mice in the current work offered an approach that does not affect B cell development or the formation of germinal center responses to be directly assessed. Therefore, antigen-specific B cells retain the ability to synthesize PtdCho to allow for expansion and generation of germinal centers.

Differentiation of B cells into antibody-secreting cells requires the UPR transcription factor XBP1S. This requirement extends to both responses to TI antigens by marginal zone B cells and to TD antigens that occur through germinal centers. The link between XBP1S and PtdCho is 3-fold: XBP1 is sufficient to upregulate CCTa and PtdCho synthesis (3, 6), deletion of XBP1 impairs PtdCho synthesis in activated B cells [27] and blocking PtdCho synthesis in B cells through selective deletion of CCTa induces XBP1(S) (18). Interestingly, CCTa-deficient B cells stimulated *in vitro* with LPS fail to class switch Ig and also secrete more IgM compared to CCTa-sufficient B cells [17]. Therefore, disabling new PtdCho

production in activated B cells drives them to upregulate XBP1 and secrete IgM. By comparison, conditional elimination of XBP1 in B cells leads to reduced basal Ig levels, as well as reduced specific Ig in response to immunization using TD antigen NP-KLH emulsified in alum. The reduced antigen-specific response was limited to the generation of ASC, as the development of antigen-specific B cells in germinal centers was not affected [28]. We demonstrate that conditional elimination of CCTa in germinal center B cells upon class switch recombination to IgG1 leads to a reduction in both antigen-specific ASC and B cells. Taken together, these separate studies would suggest that limiting PtdCho availability acts ahead of the need for XBP1S, likely due to the requirement for PtdCho in expansion of class-switched antigen-specific B cells prior to differentiation within the germinal center reaction.

Interestingly, levels of serum IgM increase in CD19-CCTa mice following immunization, suggesting that reduced capacity to synthesize PtdCho in B cells may manifest as a type of hyper-IgM syndrome [17]. The expression of CCTa is cell-cycle regulated [4, 29], raising the possibility that inhibiting proliferation by impairing PtdCho synthesis can direct antigenspecific B cells to differentiate into ASC. Consistent with this idea, depletion of PtdCho levels leads to induction of XBP1S [17]. In C $\gamma$ 1-CCTa mice, while the frequency of antigen-specific IgM germinal center B cells was comparable with those observed in primary-immunized control mice, levels of antigen-specific IgM were significantly reduced. In addition, antigen-specific IgM bone marrow ASC in Cy1-CCTa mice were reduced compared with control mice. Thus, impairment of PtdCho synthesis in class-switched B cells affected the production of IgM-ASC but not IgM-B cells. The reduction in antigenspecific IgG observed in  $C\gamma$ 1-Cre expressing mice may contribute to a general reduction in germinal center efficiency by limiting IgG immune complexes, though this would not be expected to differentially affect the production of IgM-ASC. IgM B cells in germinal centers generally would not express Cre recombinase, since Cre is translated from  $C\gamma 1$  transcripts via an internal ribosomal entry site. However, it is possible that a percentage of these germinal center B cells begin, but do not complete, class switch recombination. In this scenario, sterile transcripts could be generated, thereby allowing Cre recombinase to be expressed and CCTa to be subsequently deleted. The effect would be more profound for IgM-ASC than IgM B cells due to increased demands for PtdCho synthesis to expand the endoplasmic reticulum to accommodate enhanced secretory capacity.

Depleting PtdCho in non-lymphoid cells initiates the UPR and leads to apoptosis [30, 31]. A similar phenotype could explain the reduction in antigen-specific IgG B cells and ASC in immunized C $\gamma$ 1-Cre-expressing mice. Alternatively, the observation that both antigen-specific IgG B cells and ASC were similarly reduced in C $\gamma$ 1<sup>Cre/Cre</sup> cohorts may suggest that PtdCho is required at the level of clonal expansion within the germinal center prior to commitment to differentiation into ASC. However, only antigen-specific IgG ASC and not B cells were reduced in C $\gamma$ 1<sup>Cre/wt</sup> mice, raising the intriguing possibility that ASC are more sensitive to limited PtdCho supply than proliferating germinal center B cells. Notably, though titers of antigen-specific IgG were reduced in C $\gamma$ 1-Cre-expressing mice, the affinity of the IgG response was comparable between immunized C $\gamma$ 1-Cre-expressing mice and control animals. Therefore, impaired PtdCho synthesis had no effect on affinity of the IgG response.

Previous studies examining selection of B cells within germinal centers found that reducing competition of high-affinity B cells allows lower-affinity B cells to be selected [22, 23]. Signaling via membrane IgG is more potent compared to IgM [32], possibly providing a competitive advantage for IgG B cells in the germinal center response. If true, it follows that reducing the number of IgG B cells through conditional deletion of CCTa could manifest as an increase in antigen-specific IgM B cells. This is not the case, as we observed approximately equivalent frequency and numbers of NP-specific IgM B cells within germinal centers of C $\gamma$ 1-Cre-expressing mice and control mice. Because germinal centers also serve to potentiate affinity maturation, we speculate that in a setting whereby the frequency and number of IgG B cells is limiting, IgM B cells compete for antigen within the germinal centers thereby resulting in an increase in serum antibody affinity. Though affinity of antigen-specific IgM is very difficult to measure, the reduced NP-specific IgM bone marrow ASC observed in C $\gamma$ 1-Cre-expressing mice would at least be consistent with this hypothesis, though we cannot exclude post-germinal center selection.

In conclusion, these studies support a requirement for PtdCho synthesis in the generation of both memory and ASC during germinal center responses to TD antigens. This dependency likely reflects a dependence for PtdCho in both the proliferative burst of antigen-specific B cells as well as the need for the expansion of the ER, Golgi and plasma membranes required for ASC differentiation. Putting our studies into context with earlier work demonstrating that limiting PtdCho synthesis triggers induction of XBP1S in the B cell response to LPS, it is likely that the fate and/or function of responding B cells employing the UPR is dependent on the degree of proliferation involved in the differentiation process.

#### MATERIALS AND METHODS

#### Generation of mice with CCTa-deficient IgG1 B cells

*Pcyta1*<sup>flox/flox</sup> mice [31] were crossed with  $C\gamma 1$ -*Cre* [20] mice to generate  $C\gamma 1^{\text{Cre/Cre}}$ *Pcta1*<sup>flox/flox</sup>,  $C\gamma 1^{\text{Cre/wt}}$  *Pcta1*<sup>flox/flox</sup>, and  $C\gamma 1^{\text{wt/wt}}$  *Pcta1*<sup>flox/flox</sup> littermates. Notably, all examined aspects of B cell development and serum immunoglobulin levels were comparable between  $C\gamma 1^{\text{wt/wt}}$  *Pcta1*<sup>flox/flox</sup> and non-floxed wild-type mice, and therefore they are collectively referred to as wild-type herein. Mice were housed at the University of South Alabama in an AAALAC-certified specific pathogen-free facility. Maintenance of breeding colonies and all procedures involving mice were performed according to protocols approved by the University of South Alabama Institutional Animal Care and Use Committee.

#### Immunization and serum analysis

Mice were immunized intraperitoneally (*i.p.*) with 0.05 mg Imject-precipitated (Thermo Scientific, Grand Island, NY) 4-hydroxy-3-nitrophenyl conjugated to keyhole limpet hemocyanin (NP<sub>5</sub>-KLH; Biosearch Technologies, Novato, CA). Booster immunizations were administered identically 3 weeks after primary immunization.

#### Anti-NP Response and Affinity Measurements by ELISA

Serum was collected from individual mice and NP-specific antibody titers were determined by sandwich ELISA. 96-well plates (Nunc; Thermo Scientific) were coated with 5 *ug*/well

NP<sub>2</sub>-BSA or NP<sub>20</sub>-BSA. Plates were blocked with the addition of 5% dry milk (Carnation®) in PBS (Blotto). NP-specific IgG serum antibody in serially diluted samples was detected by horse radish peroxidase–conjugated goat anti–mouse IgG (Southern Biotechnology, Birmingham, AL). Between incubations, plates were washed with PBS containing 0.1% Tween. Color was developed using substrates 3, 3', 5, 5'-tetramethylbenzemidine (TMB, Thermo Scientific) and hydrogen peroxide, and absorbance was measured at 405 nm using Softmax software package (Molecular Devices, Sunnyvale, CA). Antibody titer was determined as the reciprocal of the greatest dilution whose absorbance remained at least two-fold above background. For relative affinity measurements, the ratio of titers to NP<sub>2</sub>-BSA and NP<sub>20</sub>-BSA was calculated for individual mice using OD<sub>405</sub> in the linear ranges of the assays as previously described [33]. For ELISA measuring IgM and IgG subclass titers in serum, a sandwich method was used by coating wells with goat anti-mouse Ig, and developing as above with subclass-specific IgM, IgG1, IgG2a, IgG2b or IgG3 horseradish peroxidase conjugated secondary antibodies (Southern Biotechnology).

#### Enzyme-linked Immunospot Assay for NP-specific antibody-secreting cells (ASC)

Frequencies of NP-specific ASCs were quantitated as previously described [33]. In brief, 24well polystyrene plates (Corning Inc., Corning, NY) were coated with NP<sub>5</sub>-BSA. After extensive washing, plates were blocked using 1% BSA in PBS for 2 hours. Serial ten-fold diluted splenic mononuclear cells or BM cells (10<sup>6</sup> to 10<sup>3</sup> cells/well) were added in DMEM media with 2% fetal bovine serum and incubated overnight at 37 C. Each dilution of cells was assayed in duplicate. Plates were then washed with PBS containing 0.1% Tween and incubated with alkaline phosphatase–conjugated goat anti–mouse IgG antibody (Sigma-Aldrich). Plates were developed using 5-bromo-4-chloro-3-indolyl phosphate at 1 mg/ml in 0.6% agarose to produce blue-colored spots identifying NP-specific ASCs. Spots were counted to determine ASC frequency. As controls, each sample was also plated in wells coated with BSA or KLH. Few BSA-specific ASCs were detected in the BM or spleen and fewer than 100 KLH-specific ASCs were observed per recipient spleen (data not shown).

#### Flow cytometry and cell sorting

Single cell suspensions of bone marrow and splenic mononuclear cells (MNC) were isolated by density gradient centrifugation using Lympholyte M (Cedarlane Laboratories, Burlington, N.C.). To detect IgG1 B cells, MNCs were stained with biotinylated anti-IgG1 antibody (clone X-56, Miltenyi Biotec, Auburn, CA), followed by streptavidin-PerCP-Cy5.5 conjugate (BD Biosciences, San Jose, CA). Other antibodies used for flow cytometric analyses of B cell subsets in bone marrow, spleen and cervical lymph nodes included the following (BD Biosciences and eBioscience, San Diego, CA): CD19 (1D3), CD21/CD35 (7G6), CD23 (B3B4), CD24 (M1/69), CD38 (90), CD43 (S7), CD45R/B220 (RA3-6B2), CD93 (AA4.1), CD95 (Jo2), CD138 (281–2), IgM (II/41, R6-60.2), IgD (11–26), T and B cell activation antigen (GL-7), and PNA (Vector Laboratories, Burlingame, C.A.). To identify NP-specific B cells, cells were incubated with NP coupled to allophycocyanin (Thermo Scientific). Cells were analyzed by FACSCanto II and sorted using multi-laser FACSAria II-SORP (BD Biosciences) housed in the University of South Alabama College of Medicine Flow Cytometry Core Laboratory. Data were analyzed with FlowJo software (Tree Star Ashland, OR).

#### Immunohistochemistry

Isolated spleens were preserved in OCT compound on dry ice. 5-µm thick cryosections were examined following staining with biotinylated anti-B220 (BD Biosciences) and FITC-conjugated peanut agglutinin (Vector Laboratories). Streptavidin-alkaline phosphatase (Invitrogen) and HRP-conjugated anti-FITC (Thermo Scientific) were used as secondary staining reagents. Staining was visualized using a Nikon Eclipse microscope (Nikon Instruments Inc., Melville, NY) and images were analyzed using Nikon Elements software.

#### Statistical analysis

Data comparing three groups were analyzed by a 1-way ANOVA test with Tukey's multiple comparisons test applied to compare individual group means. Statistical significance was determined by *p* value as indicated within the figure legends.

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### Abreviations

ASC	antibody-secreting cell
ER	endoplasmic reticulum
UPR	unfolded protein response
XBP1	X-box binding protein 1
XBP1S	spliced X-box binding protein 1
IRE1	inositol requiring 1
PtdCho	phosphatidylcholine
CDP-choline	cytidine diphosphocholine
ССТ	choline cytidylyltransferase
PtdEtn	phosphatidylethanolamine
PtdSer	phosphatidylserine
NP-KLH	nitrophenyl-keyhole limpet hemocyanin
TD	T cell-dependent
TI	T cell-independent
LPS	lipopolysaccharide

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# Highlights

- CCTa is required for antigen-specific, germinal center-derived antibody-secreting cells
- CCTa is required for antigen-specific, germinal center-derived memory B cells
  - Phosphatidylcholine is required for germinal center B cell responses

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Figure 1. B cell development occurs normally in C $\gamma$ 1-Cre-expressing mice

B cell development in representative naïve 2 month-old wild-type  $(C\gamma 1^{wt/wt} CCTa^{flox/flox}, left panels)$  and  $C\gamma 1^{Cre/wt} CCTa^{flox/flox}$  (middle) and  $C\gamma 1^{Cre/Cre} CCTa^{flox/flox}$  (right) mice was assessed by flow cytometry. In (a), developing (B220<sup>+</sup> CD23<sup>-</sup>) and mature (B220<sup>+</sup> CD23<sup>+</sup>) bone marrow B cells were distinguished (top panels). Developing B cells were further assessed using CD43 and CD24 levels. Splenic B cell analyses are shown in (b): transitional B cells were defined as B220<sup>+</sup> CD93<sup>+</sup> (top panels); marginal zone (MZ) and follicular (FO) were distinguished by CD21 and CD23 (bottom panels).





Ig titers for IgM and IgG subclasses in serum from naïve 2 month-old wild-type (n=5, black bars),  $C\gamma 1^{Cre/wt}$  (n=5, gray) and  $C\gamma 1^{Cre/Cre}$  (n=5, white bars) mice were measured by ELISA. Data shown are means, with standard error indicated (\*\*p<0.003, \*\*\*\*p<2 × 10<sup>-5</sup>, unpaired Student's *t* test with Welch's correction).



Figure 3. Impaired antigen-specific IgG response and ASC formation in Cy1-Cre-expressing mice

Mice were immunized *i.p.* using 50 µg NP<sub>5</sub>-KLH emulsified in alum. Three weeks after immunization, ELISA (a) and ELIspot assays (b and c) were used to measure antigen-specific responses. In (a), IgM and IgG primary antibody responses (mean + standard deviation) in wild-type mice (black bars) and C $\gamma$ 1-Cre-expressing mice (gray bars). NP-specific IgM (left panels) and IgG (total, right panels) antibody-secreting cells (ASC) in spleen (b) and bone marrow (c); filled circles represent data from individual wild-type mice, filled squares are data from C $\gamma$ 1<sup>Cre/wt</sup> mice, and filled triangles are data from C $\gamma$ 1<sup>Cre/Cre</sup> mice (all mice were CCT $\alpha$ <sup>flox/flox</sup>). Statistics were calculated using 1-way ANOVA with Tukey's multiple comparison test (\*p<0.02; \*\*p<0.007; \*\*\*p<0.0002).



**Figure 4. Development of germinal centers occurs normally in Cy1-Cre-expressing mice** The frequency and number of germinal center B cells in spleen were determined by flow cytometry. The frequency of splenic germinal center B cells (a) identified as the PNA<sup>hi</sup> CD95<sup>+</sup> fraction of the B220<sup>+</sup> population. The absolute number of germinal center B cells (b) was calculated by multiplying the frequency by total splenocyte counts. Filled circles represent data from individual wild-type mice, filled squares are data from Cy1<sup>Cre/wt</sup> mice, and filled triangles are data from Cy1<sup>Cre/Cre</sup> mice (all mice were CCTa<sup>flox/flox</sup>). In (c), the frequency of germinal centers was determined by immunohistochemical analysis of splenic cryosections. Up to 4 sections from wild-type mice (n=6), Cy1<sup>Cre/wt</sup> (n=6), and Cy1<sup>Cre/Cre</sup> (n=6) mice were assessed.

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Figure 5. The frequency of germinal center-resident NP-specific IgG1^+ B cells is reduced in  $C\gamma 1^{Cre/Cre}$  mice

NP-specific germinal center B cells were identified using flow cytometry. Briefly, in (a), single lymphocytes (upper left and middle-left plots) were gated on B cells (middle-right plot) in germinal centers (far right plot), then assessed for frequency of NP-binding IgG1 B cells (lower plots). Minus 1 staining negative controls (not shown) were used to establish gates for NP-binding. Representative data from multiple wild-type,  $C\gamma 1^{Cre/wt}$  and  $C\gamma 1^{Cre/Cre}$  mice are shown. The frequency and number of IgM<sup>+</sup> (b and d) and IgG1<sup>+</sup> (c and e) NP-binding splenic germinal center B cells. Statistical differences were determined with 1-way ANOVA using Tukey's multiple comparison test (\*p<0.03).

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Figure 6. CCTa is required for IgG but not IgM antibody and ASC during secondary immune responses  $% \mathcal{A}^{(1)}$ 

Mice were immunized *i.p.* using 50 µg NP<sub>5</sub>-KLH emulsified in alum. Five days after booster immunization, ELISA (a) and ELIspot assays (b) were used to measure antigen-specific responses. In (a), IgM (left panel) and IgG (right panel) primary antibody responses (mean + standard deviation) in wild-type (black bars) and C $\gamma$ 1-Cre-expressing mice (gray bars). In (b and c), NP-specific IgM (left panels) and IgG (right panels) antibody-secreting cells (ASC) in spleen (b) and bone marrow (c); filled circles represent data from individual wild-type mice, filled squares are data from C $\gamma$ 1<sup>Cre/Wt</sup> mice, and filled triangles are data from C $\gamma$ 1<sup>Cre/Cre</sup> mice (all mice were CCTa<sup>flox/flox</sup>). Statistical differences were determined with 1-way ANOVA using Tukey's multiple comparison test (\**p*<0.03; \*\*\**p*<0.0001).

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**Figure 7.** Germinal center recall responses are impaired in C $\gamma$ 1-Cre-expressing mice NP-specific germinal center B cells were identified using flow cytometry as described earlier. Representative data from multiple wild-type, C $\gamma$ 1<sup>Cre/wt</sup> and C $\gamma$ 1<sup>Cre/Cre</sup> mice are shown in (a). The frequency (b, c) and number (d, e) of IgM<sup>+</sup> (b, d) and IgG1<sup>+</sup> (c, e) NPbinding splenic germinal center B cells for multiple mice are shown. Statistical differences are indicated (\*p<0.02, \*\*p 0.002, \*\*\*p=0.0006, 1-way ANOVA with Tukey's multiple comparisons).





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#### Figure 9. XBP1S and PtdCho in the humoral immune response

When B cells are activated by antigen and T cell help (as well as by T cell-independent stimuli), synthesis of phosphatidylcholine (PtdCho) and other membrane lipids increases to meet the needs of membrane biogenesis in dividing cells. At this point, activated B cells can differentiate into short-lived antibody-secreting cells (ASC), a developmental process that is coordinated by the XBP1S transcription factor and that requires an increased supply of membrane lipids like PtdCho to fuel expansion of the secretory apparatus. Alternatively, in the case of B cells activated with T cell help, entry into the germinal center reaction ushers in additional rounds of cell division that require more membrane lipids, followed by the potential of either memory B cell development or XBP1S-dependent, lipid-demanding differentiation of long-lived ASC.