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DNA-reactive B cells in lupus

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Abstract

IgG anti-DNA antibodies are both diagnostic and pathogenic for systemic lupus erythematosus (SLE). They contribute to tissue inflammation through direct tissue binding and to systemic inflammation through activation of Toll-like receptors by nucleic acid-containing immune complexes.

IgG DNA-reactive antibodies originate when B cell tolerance mechanisms are impaired. The heterogeneous immune perturbations in SLE lead to the survival and activation of DNA-reactive B cells in various B cell subsets at distinct stages of B cell maturation and differentiation. We propose that the spectrum of B cell alterations and failed tolerance mechanisms for DNA-reactive B cells in lupus patients is best understood by studying genetic risk alleles.

This implies that the B cells producing anti-DNA IgG antibodies and the failed tolerance mechanisms(s) will differ across patients. A better understanding of these differences should lead to better patient stratification, improved outcomes of clinical trials, and the identification of novel therapeutic targets.

Introduction

IgG anti-DNA antibodies are one of the hallmarks of SLE. The pathogenicity of IgG autoantibodies lies in their ability to bind tissue and engage Fc receptor (FcR) mediated mechanisms of myeloid cell activation. IgG anti-DNA antibodies bound to DNA or crossreactive antigens in tissue will activate complement or engage activated FcRs to mediate antibody dependent cell cytotoxicity (ADCC) and initiate inflammation [1,2]. In addition, DNA containing IgG immune complexes can be internalized through FcRs and transported to endosomal compartments where they activate Toll like receptors (TLRs), leading to inflammatory responses by myeloid cells [3–5]. Because of the potency of these

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In this review, we provide an overview of the B cell subsets that can produce IgG anti-DNA antibodies in SLE and the tolerance checkpoints that usually prevent their differentiation into plasma cells. We address the tolerance checkpoints that are breached in SLE patients, and how they are influenced by genetic risk factors.

Tolerance checkpoints of DNA-reactive B cells in mice

In the bone marrow (BM), B cells mature from pro-B to pre-B (heavy chain expression) and from pre-B to immature B cells (heavy and light chain expression). Beginning when surface IgM is expressed in association with surrogate light chain or with a kappa/ lambda light chain, a variety of mechanisms occur to prevent an autoreactive B cell from achieving immunocompetence (Table 1). Anti-DNA Ig transgene or knock-in mouse models on non autoimmune backgrounds have been useful in identifying clonal deletion, receptor editing and anergy among these mechanisms [6–9]. Undefined differences in the affinity, fine specificity or polyreactivity of the anti-DNA antibodies in each model have disclosed this diversity of cell fates. In some, deletion appears to be driven by a strong signal delivered through the BCR. In others, receptor editing occurs. In others, anergy serves as a tolerance mechanism perhaps representing a pathway regulating B cells with lower affinity BCRs. Anergic B cells themselves present an array of phenotypes, including follicular exclusion which bars them from participating in germinal center (GC) reactions in which B cells undergo class switch recombination and somatic mutation, altering the affinity or specificity of the BCR [10]. These models have been extremely useful, but are limited by the focus on a single BCR. Moreover, they are studied on genetic backgrounds that do not necessarily mimic the various genotypes that confer susceptibility to the human disease.

Marginal zone (MZ) B cells and B-1 cells have an increased frequency of autoreactive BCRs. These B cells produce mainly IgM antibodies that are important as the first line of defense against pathogens. IgM anti-DNA antibodies are present in healthy individuals and help prevent SLE by assisting in the elimination of cellular debris in a non-inflammatory fashion [11]. These cell types are therefore often considered to be "innate" antibodyproducing cells. They primarily produce IgM and IgA (B-1 cells) antibodies, but can also switch to IgG and undergo limited somatic mutation, and can potentially be a source of pathogenic anti-DNA antibodies [12,13].

Many anti-DNA antibodies arise from follicular B cells being recruited into GC responses. As GC reactions lead to B cell differentiation into long-lived memory and plasma cells, this compartment is critically important in protection against autoimmunity. Importantly, somatic hypermutation can lead to *de novo* autoreactivity arising during the GC reaction. Therefore, mechanisms are in place to prevent the survival of autoreactive B cells during the GC response (Table 1). Since the GC response requires cognate T cell help, a lack of recognition of DNA by T cells might explain why anti-DNA transgenic BCR mice generally do not develop anti-DNA IgG antibodies. However, for cross-reactive B cell receptors, however, that recognize DNA as well as an eliciting foreign antigen, tolerance must be mediated

through different mechanisms, as these cells can receive positive signals in the GC from the T cells that recognize the foreign antigen. Mouse models suggest that tolerance induction in post-GC B cells occurs by exposure to soluble antigen as B cells exit the GC. Engagement of the BCR at this stage initiates both receptor editing and apoptosis [14–18].

Together, the data demonstrate that several B cell subsets may produce anti-DNA antibodies and numerous mechanisms exist to prevent the secretion of high affinity IgG anti-DNA antibodies. At a minimum these include reducing the emergence of autoreactive B cells from the BM and their recruitment into follicles early in B cell development, blocking the differentiation of plasma cells from autoreactive GC B cells, and limiting class switching and somatic hypermutation in "innate" B cells.

Amplification loop of autoimmunity through B cell-intrinsic and –extrinsic pathways

Anti-DNA responses clearly arise through B cell intrinsic or B cell extrinsic pathways (Figure 1). In B cell-intrinsic pathways, tolerance is breached through an aberrant function of molecules in the B cell itself. Once anti-DNA antibodies are in the circulation, DNAcontaining immune complexes form and activate myeloid cells through Fc receptor or TLR engagement [19]. Myeloid cells producing increased levels of BAFF, IL-10, type I IFN, or other cytokines, further modulate B cell selection [20–22].

In B cell-extrinsic pathways, activation of myeloid cells through defects in clearance of apoptotic debris, or genetic alterations in thresholds for activation, can initiate an inflammatory milieu with a loss of tolerance of DNA-specific B cells.

In either case, an amplification loop of autoimmunity develops (Figure 1).

Regulation of DNA-reactive B cells in healthy individuals

Our insight into tolerance checkpoints in humans has been derived from single-cell cloning of immunoglobulins, a methodology developed a decade ago. These studies have revealed the tolerance checkpoints of polyreactive and autoreactive B cells, including dsDNA-reactive B cells. Whereas B cells exhibit a gradual decrease in anti-nuclear reactivity throughout their development to mature naïve B cells, reactivity towards dsDNA seems to follow a more stringent pattern in healthy individuals, with a large decrease in reactivity as B cells develop from early immature to immature B cells (Figure 2) [23–26]. The degree of autoreactivity in the memory compartment of healthy individuals remains controversial [25,27]. Moreover, some rare populations are enriched for DNA-reactivity. For example, IgD+ λ B cells which are enriched for autoreactivity, are permitted to mature [28]. Why tolerance mechanisms are not operative in these cells is unknown.

Tolerance breaches of DNA-reactive B cells in lupus patients

As shown in Figure 2, lupus patients exhibit increased frequencies of dsDNA-reactive B cells, both in recently emigrating and mature naïve B cell subsets, demonstrating a breach in early B cell tolerance pathways in these individuals [29]. It does not follow, however, that

serum anti-DNA antibodies derive from these B cells. Indeed, individuals with deficiencies in MyD88 or IRAK-4 signaling molecules have increased numbers of autoreactive naïve B cells in the absence of serum autoantibodies [30]. Likewise, dsDNA antibodies may be produced by IgG+ memory cells which mostly derive from non-autoreactive precursor cells, suggesting that the loss of tolerance in naïve B cells may not explain all DNA-reactivity [25,31]. Interestingly, in one study similar numbers of autoreactive IgG+ memory cells were observed in healthy individuals and in SLE patients.[31] A different assay for DNA-reactive B cells showed an increased number of DNA-reactive B cells in total B cells in SLE patients. When patients with active and inactive disease were compared, the number of DNA-binding cells in an antigen-experienced population was increased in those with active disease [32]. A single histologic study of tonsils demonstrated follicular exclusion of autoreactive B cells in healthy individuals but not in lupus patients [33]. Using a flow cytometry based assay, we recently found that anergy induction of autoreactive B cells was impaired in lupus patients

[27]. These data together suggest that DNA-reactive B cells are more likely to mature, participate in GC reactions and undergo plasma cell differentiation in lupus patients.

Sources of anti-DNA in lupus patients

The development of IgG secreting plasma cells can arise as a consequence of class switching of naïve, MZ B cells or B-1 cells, leading to the generation of short-lived plasma cells, as well as through GC-dependent reactions, leading to the generation of memory B cells and long-lived plasma cells. Because lupus is a chronic condition, and serum autoantibodies are present years before disease onset [34], long-lived plasma cells are one likely source of anti-DNA antibodies. A recent study looking specifically at a subset of autoreactive B cells expressing a V_H 4–34 encoded heavy chain suggested that autoreactive (including DNAreactive) plasmablasts arising during lupus flares were derived primarily from memory B cells but also from activated naïve cells [35], perhaps explaining increases in anti-DNA titers during flare, and suggesting that short lived plasma cells contribute to disease.

Genetic risk factors for lupus and their effect on tolerance of DNA-reactive

B cells

Over 50 genes have been identified in genome-wide association studies (GWAS) for SLE [36], most of which associate with the production of anti-DNA antibodies in SLE; however, the functionality of most of these is still not known. Recent studies investigating the celltype specific expression of these risk alleles has revealed that these genes are most highly expressed in B cells, monocytes, and plasmacytoid dendritic cells [37,38]. This suggests that genetic risk factors can contribute to both B cell-intrinsic and B cell-extrinsic triggering of the disease (Figure 2). Genes with well-defined roles of risk alleles and which are associated with the production of anti-DNA antibodies are discussed below and summarized in Table 2.

B cell-intrinsic risk alleles

B cell intrinsic risk alleles exist for BANK1, BLK, CSK, FCGR2B, and PTPN22. Each of these genes modulates BCR signaling. All of these risk alleles, except for PTPN22, lead to hyper-responsiveness to BCR engagement and enhanced B cell activation. Such hyper-

responsiveness to BCR triggering can contribute to defects in tolerance at the late transitional, GC or post-GC stage. Healthy carriers of the CSK risk allele have increased numbers of late transitional B cells. Carriers of the BLK risk allele have increased numbers of switched memory cells and IgD λ B cells which are enriched for autoreactivity.

The PTPN22 risk allele results in decreased phosphorylation of proteins in the BCR signaling pathway and has been shown to diminish tolerance in immature B cells. As PTPN22 is also expressed by T cells and myeloid cells, there appear to be B cell-extrinsic effects of this risk allele as well.

B cell-extrinsic risk alleles

Risk alleles with defined effects on myeloid cells are PRDM1, IRF5, and as stated above, PTPN22. Although they have clear B cell-extrinsic effects, an additional role for direct effects on B cells cannot yet be excluded.

The risk allele for PRDM1 (Blimp-1), a transcriptional repressor, exhibits decreased expression and decreased repression of several inflammatory cytokines in dendritic cells (DCs). The proinflammatory environment created by Blimp-1 deficient DCs leads to increased Tfh activation, increased GC responses and production of GC derived DNAreactivity. While Blimp-1 is critical in plasma cell differentiation, an allele-specific function in B cells has not been demonstrated. Like PRDM1, the IRF5 risk allele, which is most highly expressed by monocytes and DCs, leads to increased production of cytokines that impair B cell selection and modulate differentiation.

B cell targeted therapy

Because antibodies contribute to both tissue damage and systemic inflammation in SLE, B cell targeted therapies are of great interest. B cell depletion failed in randomized placebocontrolled double blind studies [39,40]; it has been speculated that the high levels of BAFF that are present following B cell depletion impair early B cell tolerance checkpoints. Anti-BAFF antibody (belimumab) was approved by the FDA for moderate SLE in 2011, and appears to restore anergy induction of naïve autoreactive B cells. While it is useful, it has not replaced more classic cytotoxic therapy. There is interest in plasma cell depletion in SLE, but great concern that the approach may be too immunosuppressive. B cell signaling pathways are also potential therapeutic targets, especially in light of the hyperresponsiveness of the BCR on SLE B cells.

Conclusions

Our understanding of which B cells express DNA-reactive BCRs and which of these become plasma cells comes for the most part from studies of mice that express monoclonal DNAreactive BCRs and have genetic backgrounds that do not mimic the known SLE risk alleles. Moving forward, the study of the B cell intrinsic or extrinsic functionality of SLE risk alleles may help delineate the pathogenic B cell subset(s) in each patient and thereby provide a rational stratification of patients for clinical trials and elucidate new mechanisms of B cell tolerance.

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Figure 2.

Tolerance checkpoints for DNA-reactive B cells in humans. The percentages of DNAreactive B cells in each subset are derived from references 17–20, 23, 25. Markers to identify the different populations in these studies are indicated in the top of the figure. N.d. not determined.

Table 1

Tolerance mechanisms for DNA-reactive B cells

* Although heavy chain receptor editing, allelic inclusion and light chain receptor editing in transitional cells have been shown in some studies, their exact contribution to development of tolerance, especially in the context of a normal immune repertoire is not completely established.

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Table 2

SLE and DNA autoantibody-associated genes with functional data on risk alleles SLE and DNA autoantibody-associated genes with functional data on risk alleles

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 * Polymorphisms are shown that are proxies for other risk alleles that make up the risk haplotype. Nucleotides are shown as nomisk allele \rightarrow risk allele. Polymorphisms are shown that are proxies for other risk alleles that make up the risk haplotype. Nucleotides are shown as nonrisk allele → risk allele.