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Bladder Overactivity Involves Overexpression of MicroRNA 132 and Nerve Growth Factor

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Abstract

Aim—Here, we assessed the expression of non-protein coding microRNAs (miRs), nerve growth factor and inflammatory molecules in the rat model of acetic acid induced bladder overactivity.

Main Methods—Under isoflurane anesthesia, adult female Sprague-Dawley rats were instilled for 30 min with either saline or NGF antisense oligonucleotides complexed with liposomes. 24h later, treated rats were exposed to either intravesical infusion of saline or saline containing 0.25% acetic acid at the rate of 0.04ml/min for 2h under urethane anesthesia (1g/kg; s.c). After CMG, bladder was harvested to study expression of NGF, cytokines and 8 specific miRNAs involved in bladder dysfunctions. The role of miR-132 in bladder overactivity was independently assessed through bladder wall transfection of plasmid encoding miR-132.

Key Findings—NGF overexpression in bladder overactivity was associated with ~2-fold upregulation and downregulation of miR-132 and miR-221, respectively. Pretreatment with NGF antisense restored the expression of miR-221 and miR-132 to control levels and also reduced the expression of cytokines (MCP-1 and sICAM-1). There was insignificant alteration in expression of miR-199a-5p, but expression of, miR-210, miR-212, miR-155, miR-134 and miR-206 remained similar across the experimental groups. Bladder wall transfection of miR-132 plasmid in absence of acetic acid exposure was able to independently induce bladder overactivity, bladder hypertrophy and upregulate the expression of NGF and other cytokines.

Significance—Overall, our work sheds light on the role of miR-132 in bladder overactivity, bladder hypertrophy, NGF signaling and expression of inflammatory mediators. Findings suggest that aberrant expression of miR-132 is involved in voiding dysfunctions.

Keywords

Neurotrophins; Bladder overactivity; MicroRNA; Antisense

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1. Introduction

Previous studies have reported on the role of miR in the regulation of inflammatory responses, but the role of miR in bladder overactivity which is known to involve aberrant expression of neurotrophins such as nerve growth factor (NGF), brain derived neurotrophic factor (BDNF), Glial derived neurotrophic factor (GDNF) and inflammatory signaling (Kashyap et al., 2013, Vizzard, 2000) is not completely known. Among neurotrophins, a causal relationship has been established for NGF and BDNF in lower urinary tract symptoms such as bladder overactivity.

Studies done on mouse brain reported intricate involvement of miR expression in the neuronal differentiation, synaptic plasticity (Kye and Goncalves Ido, 2014) and a reciprocal homeostatic relationship between miR expression and neuronal activity (Eacker et al., 2013, Karpova, 2014, Sim et al., 2014). However, studies in the peripheral organs have so far focused on the neurotrophin-induced expression of protein-encoding genes (Kashyap et al., 2013) and not on non-protein coding gene such as miRs. Since neurotrophin signaling is known to be regulated by miRs (Montalban et al., 2014) and the overexpression of neurotrophins is associated with most voiding dysfunctions, we surmised that miRs can open new avenues for understanding the voiding dysfunctions at molecular level and identify targets for genetic intervention in treatment of OAB. Here, we assessed the expression of miRs following NGF overexpression induced by acetic acid (Oddiah et al., 1998) and downregulation of NGF overexpression by intravesical NGF antisense. Various microRNAs (miRs) namely, miR-132, miR-134, miR-221, miR-155, miR-199a-5p, miR-212, miR-210, and miR-206 were selected based on the published literature on neuronal activation, inflammation and smooth muscle contractility (Tognini and Pizzorusso, 2012). Selection of miR-221, miR-199a-5p (Monastyrskaya et al., 2013) and miR-155 was guided by their reported role in the regulation of inflammation, which is relevant in cytokine expression linked to acetic acid induced bladder overactivity (Rao et al., 2015, Urbich et al., 2008). Selection of miR-206, miR-210 and miR-134 was predicated on their link to muscle function (Hu et al., 2010) and synaptic development (Schratt et al., 2006). Selection of miR-132 was supported by the upregulated expression of miR-132 in detrusor following bladder outlet obstruction (Sadegh et al., 2015) and a causal relationship between miR-132 transcription and neuronal activation (Nudelman et al., 2010). Here, we assessed the effect of NGF over expression and its genetic manipulation on the expression of miR-132 and other relevant miRs and cytokines in acetic acid induced bladder overactivity. Subsequently, the pathogenic role of miR-132 in bladder over activity was verified by the exogenous overexpression of miR-132 in rat bladder left unexposed to acetic acid.

2. Methods

2.1 Animals

Female adult Sprague-Dawley (SD) rats weighing 225–250 g were obtained from the Hilltop, PA. All rats were housed under pathogen free conditions and experiments were performed under protocols approved by the Institutional Animal Care and Use Committee (IACUC) protocol # 14053280.

2.2 Administration of NGF antisense

The study was conducted on three groups, with each group having 4 rats. Animals were anesthetized with 2% isoflurane and their bladders were temporarily catheterized for 30 min by 24-gauge angiocatheters (Becton Dickinson) through urethral opening to drain the urine and then instill 0.5mL of either saline or 18mer antisense phosphorothioateoligos (12 μ M) targeting nerve growth factor NGF complexed with liposomes. The dwell time period of instillation in bladder was 30 min, as described earlier (Kashyap et al., 2013), following which rats were returned back to regular housing for 24h. The NGF antisense sequence 5'GCCCCGAGACGCCTCCCGA 3' was directed against unique sequence in the exon 3 of rat NGF mRNA, which were custom made by Integrated DNA technologies (San Diego, CA).

2.3 Induction of Bladder Overactivity

Transurethral open cystometry under urethane anesthesia (1.0 g/kg, s.c.) was performed in all groups by slowly filling the bladder with saline (0.04 mL/min) to elicit repetitive voiding for more than for 1 hour in both groups instilled with either saline or NGF antisense (12 μ M) twenty four hours earlier. A polyethylene catheter (PE-50) was inserted via urethra for recording the intravesical pressure and for infusing the solutions into the bladder. Inserted catheter was connected by a three-way stopcock to a pressure transducer and to a syringe pump. All the animal groups were first exposed to saline and then to either only saline or saline containing 0.25% acetic acid at the infusion rate of 0.04mL/min for 2h. The intravesical pressure was recorded with data-acquisition software (sampling rate 400 Hz; Char t) on a computer system equipped with an analog-to-digital converter. We evaluated different CMG parameters such as intercontractile intervals (ICI), bladder compliance and peak pressures. The body temperature of animals was maintained within physiologic range using a heating lamp. Rats were sacrificed at the end of cystometry and bladders were then harvested to extract total RNA for miR analysis.

2.4 miRNA Analysis- RNA Isolation

Total RNA from rat bladder of each group was extracted using Trizol reagent and converted to cDNA using TaqMan MicroRNA Reverse Transcription Kit (Applied Biosystems) according to manufacturer's protocol. The following 8 TaqMan primers namely, hsa-miR-132; mmu-miR-212; hsa-miR-206; mmu-miR-134; mmu-miR-155; hsa-miR-199-5p; hsa-miR-210 and hsa-miR-221 were procured from Life Technologies for expressional study. Hsa prefix stands for human species and mmu stands for mouse species, and the commercially available primers are developed against sequences conserved from rodents to humans. The relative gene expression levels of miR were determined by quantitative real time PCR on a StepOnePlus™ System using TaqMan Universal PCR Master Mix (Applied Biosystems) according to manufacturer's protocol. Relative expression levels were determined using the comparative C_T method after normalization to U6 small nuclear RNA.

2.5 Analysis of NGF and Inflammatory Molecules

Whole bladder tissues were homogenized in RIPA lysis buffer system (Santa Cruz Biotechnology Inc., USA) containing 1 \times protein cocktail inhibitors. NGF content in homogenized tissue was determined using commercially available NGF Emax®

ImmunoAssay System ELISA Kit (Promega, Madison, WI, USA) according to the manufacturer's instructions. Intercellular Adhesion Molecule-1 sICAM-1 (Othumpangat et al., 2012a) and monocyte chemoattractant protein-1 (MCP-1) (Tyagi et al., 2016) were analyzed by Luminex xMAP kit obtained from EMD Millipore (Billerica, MA) as previously described and calculations were expressed as pg/mg of protein.

Bladder wall Transfection of miR-132 Plasmid—The plasmid vector pLV-[hsa-mir-132] was procured from Biosettia Inc, San Diego, CA (Catalog # mir-p098) for transfection in miR-132 plasmid group (n=5). Luciferase plasmid for transfection into control group was procured from Invitrogen. Procured plasmids were transformed in *E. coli* strain DH5 α for propagation prior to transfection using liposomes. Plasmid (10 μ g) was complexed with protamine sulfate and cationic liposomes composed of DOTAP (N-[1-(2,3-Dioleoyloxy)propyl]-N,N,N trimethylammonium methylsulfate) in a molar ratio of 1: 2: 3 (Kashyap et al., 2014) in nuclease free water. Bladder wall transfection involved, midline abdominal incision followed by injection of complexed plasmid (80 μ L volume) at 4 separate sites (20 μ L at each anterior, posterior and bilateral) with a 30-gauge needle. Abdomen was sutured back after surgery and after awakening, animals were returned to normal caging and monitored daily. 7 days later, transurethral CMG was performed under urethane anesthesia. At the end of cystometry, harvested bladder was weighed and then cryopreserved for histological analysis by hematoxylin and eosin (H&E) stain as previously described (Smaldone et al., 2009) and for quantitative real time PCR analysis with primers for NGF, MCP-1, sICAM-1 and connexin-43 (Cx-43).

3. Statistics

The results are presented as means \pm the standard error of the mean (SEM). The differences in the expression of protein coding genes among the three groups were analyzed by ANOVA followed by Tukey's multiple comparison test for statistical significance at $p < 0.05$. Expression of miRs between acetic acid treated groups and transfected groups was analyzed by unpaired Student's t test.

4. Results

4.1 Acetic acid exposure and Cystometry

Baseline CMG under saline infusion was indistinct between the control and the NGF antisense treated groups. However, acetic acid infusion induced bladder overactivity in group instilled with saline previously, as evident from significantly reduced ICI from 29.64 ± 3.33 min to 9.18 ± 1.59 min, (One way ANOVA followed by Tukey's test # $p < 0.01$ Fig. 1A–B). CMG after initiation of acetic acid appear very different from the CMG of the group continuously infused with saline showing significantly longer ICI (green tracing). Pretreatment with NGF antisense complexed with liposomes afforded protection against the acetic acid induced bladder overactivity (blue tracing) as is apparent from the longer ICI of 21.88 ± 3.80 min in presence of acetic acid (Fig. 1B).

Acetic acid exposure in absence of NGF antisense reduced the compliance to 0.07 ± 0.01 mL/cm H₂O compared to 0.20 ± 0.03 mL/cm H₂O in saline condition (Fig. 1C). NGF

antisense treatment significantly reverse these parameters to normal as rats exposed to NGF antisense have significantly higher compliance (0.199 ± 0.37 mL/cm H₂O) in presence of acetic acid. We did not observe significant changes in peak pressure amplitude among groups (Fig. 1D).

4.2 Expression of NGF and Inflammatory Mediators

Acetic acid being a chemical irritant is known to cause massive release of chemokines and NGF in bladder. Exposure to acetic acid significantly increased the NGF expression to 363.3 ± 60.95 pg/mg of protein compared to levels of 107.1 ± 10.15 pg/mg of protein in saline group (One way ANOVA followed by Tukey's test # $p < 0.01$; $n=4$; Fig. 2A). Pretreatment with NGF antisense significantly reduced the NGF overexpression to 209.3 ± 20.18 pg/mg of protein (One way ANOVA followed by Tukey's test; * $p < 0.05$; Fig. 2A). Acetic acid also significantly increased the expression of inflammatory mediators, monocyte chemoattractant protein-1 (MCP-1) and soluble intracellular adhesion molecule-1 (sICAM-1). The expression of MCP-1 was 592.2 ± 94.2 pg/mg in saline group after acetic acid exposure, which was significantly reduced to 312.9 ± 28.822 pg/mg in the group pretreated with NGF antisense (Fig. 2B; * $p < 0.05$). It is known that sICAM-1 is expressed in copious amounts in bladder and it is measured in ng range vs pg range for NGF and MCP-1. Exposure to acetic acid upregulated the expression of sICAM-1 in bladder to 37.83 ± 12.63 ng/mg of protein from 3.58 ± 1.97 ng/mg of protein measured in the control group not exposed to acetic acid (Fig. 2C; * $p < 0.05$). NGF antisense also reduced the acetic acid induced upregulation of sICAM-1 expression.

4.3 Acetic acid exposure results in the dysregulation of several miR

Upon investigating the effect of acetic acid exposure on the miR expression, we observed the aberrant expression of several miRs that could potentially contribute to acetic acid induced bladder overactivity. Eight specific miRs namely, miR-155, miR-132, miR 134, miR-199a-5p, miR-221, miR-210, miR-212 and miR-206 were predicted to either affect or be affected by neurotrophin upregulation consequent of bladder irritation. Pair wise comparison of miR-132 expression in acetic acid treated groups demonstrated a ~2 fold downregulation by NGF antisense (Fig. 3) compared to untreated group, suggesting that expression of miR-132 is linked to NGF overexpression (Fig. 2).

In contrast, pretreatment with NGF antisense caused a ~2-fold upregulation of miR-221 relative to group exposed to acetic acid in absence of NGF antisense (Fig. 3). Findings suggest that miR-132 expression is induced by NGF and the expression of miR-221 is suppressed by NGF overexpression. NGF antisense also altered the expression of miR-199a-5p, but without statistical significance, whereas expression levels of miR-212, miR-155, miR-210, miR-134 and miR-206 remained unchanged in all experimental groups (Fig. 4).

4.4 Predicted targets of the dysregulated miR

When the miR expression data of experimental groups exposed to acetic acid was compared between saline and NGF antisense treated groups, we observed that the overexpression of miR-132 corresponded positively with the overexpression of inflammatory mediators.

Amongst its target genes, we found that miR-132 was predicted to target transcription factors and genes involved in inflammation such as FOXO3 responsible for MCP-1 expression. Likewise, decreased miR-132 expression was associated with decreased expression of chemokines suggesting that reduced targeting of FOXO3 by miR-132 is probably responsible for the reduced production of chemokine expression (Rao et al., 2015). Reduced expression of miR-221 following acetic acid exposure was predicted by other reports (Othumpangat et al., 2012b), which indicate that silencing of miR-221 expression upregulates NGF expression. The expression of sICAM-1 is also regulated by miR-221 (Othumpangat et al., 2012a). These results suggest that the miR expression profile and its associated biological functions, as indicated in published studies for miR-132 and miR-221 correlate with observed bladder overactivity after acetic acid infusion.

4.5 Confirmation of the role of miR-132 in bladder overactivity

Bladder wall transfection of miR-132 plasmid (n=5) caused a >2 fold upregulation of miR-132 relative to control group transfected with Luciferase plasmid (Fig. 5). The upregulation of miR-132 in bladder following transfection is slightly higher than the fold change measured after acetic acid exposure. Physiological consequences from exogenous overexpression of miR-132 in bladder were the exhibition of bladder overactivity in absence of acetic acid ICI (Fig. 5A–B). The ICI of the rat group transfected with miR-132 was significantly reduced relative to the control group (Fig. 5B). As predicted by findings in Fig. 3, overexpression of miR-132 upregulates the expression of NGF and MCP-1 by 5 fold and sICAM-1 by 2 fold (Fig. 5C). Overexpression of miR-132 also upregulates the expression of Cx-43, which is a clinically relevant marker of bladder overactivity.

We checked whether overexpression of miR-132 by comparing the gross weights of harvested bladder at the end of cystometry and the body weights of animals in two groups. Gross weight comparison of harvested bladder demonstrated a significant increase in group transfected with miR-132 plasmid (Fig. 6A; unpaired student's t test; $p < 0.01$). Significant increase in bladder weight was noted without any significant change in the body weight of miR-132 plasmid group relative to the control group (Fig. 6B). Increased bladder weight suggested that bladder overactivity observed following transfection of miR-132 is linked to bladder hypertrophy. Histological analysis of cryosections obtained from two groups indicated thickening of the bladder wall following transfection of miR-132 plasmid (Fig. 6D) compared to rat bladder transfected with control plasmid (Fig. 6C). Therefore, overexpression of miR-132 has a pathogenic role in the bladder overactivity and bladder hypertrophy.

5. Discussion

MicroRNA (miR) is an emerging class of highly conserved, non-coding small RNA, whose discovery has advanced the understanding of gene regulation. These non-coding RNA molecules can be located in the introns, exons or the intragenic regions of genes to facilitate mRNA degradation and/or translational repression (Gheinani et al., 2013). Earlier reports indicated that chemically induced bladder overactivity involves upregulation of neurotrophins, genes involved in neuronal development, and increased maturation of neural

progenitor cells (Saban et al., 2006, Saban et al., 2002). Here we extended our earlier work (Kashyap et al., 2013) to demonstrate that changes in the transcriptional repertoire of inflammatory molecules in rat bladder following acetic acid exposure are also accompanied with perturbations in miR expression.

The exhibition of bladder overactivity following transfection of miR-132 in absence of acetic acid confirms the critical role played by miR-132 in mediating bladder overactivity. Bladder wall transfection of miR-132 upregulated the expression of miR-132 in bladder leading to bladder hypertrophy and bladder overactivity. Observed bladder hypertrophy after transfection of miR-132 is concordant with the results of miR-132 upregulation following bladder outlet obstruction (Sadegh et al., 2015). Bladder hypertrophy may be a consequence of smooth cell proliferation and angiogenesis from increased Ras activity following upregulation of miR-132 (Anand et al., 2010). Overexpression of miR-132 also raised the expression of Cx-43, which is a clinically relevant marker for bladder overactivity (Heinrich et al., 2011) and may explain the observed bladder overactivity observed. Overexpression of Cx-43 in miR-132 plasmid transfected group is consistent with the literature reports indicating decreased Cx43 expression due to disruption in miR-132 expression (Xu et al., 2015).

Overexpression of miR-132 in bladder caused parallel overexpression of NGF and MCP-1 following acetic acid exposure or transfection. The parallel increase of miR-132 and inflammatory chemokine MCP-1 is consistent with the known role of miR-132 in mediating inflammation via the transcription factor FOXO3 (Rao et al., 2015). FOXO3 is also known to be involved in cardiac hypertrophy (Ucar et al., 2012) and may also explain the miR-132 mediated bladder hypertrophy. The effect of NGF antisense on the expression of miR-132 and miR-221 provides a mechanistic link for the reduced NGF expression leading to reduced expression of inflammatory cytokines and chemokines (Kashyap et al., 2013) through the action of FOXO3.

NGF overexpression following exogenous overexpression of miR-132 is in agreement with the literature reports on miR mediated regulation of neurotrophin expression (Gao et al., 2010, Giannotti et al., 2014). Deep sequencing studies of cultured primary cortical mouse neurons identified miR-132 as BDNF-induced miR (Remenyi et al., 2010), which taken together with reduced expression of BDNF in mouse urothelium following transgenic overexpression of NGF (Girard et al., 2011) led us to postulate a mediatory role for BDNF in the observed changes in miR-132 expression. Slight elevation of miR-199a-5p following acetic acid induced bladder irritation is consistent with its reported role in impairment of tight junctions and bladder permeability (Monastyrskaya et al., 2013). Unchanged expression of miR-134, miR-155, miR-206 and miR-210 (Fasanaro et al., 2009) together with parallel overexpression of NGF and miR-132 in bladder suggests intricate miR interactions with genes encoding neurotrophins.

Differences in expression of MCP-1 and sICAM-1 following transfection of miR-132 indicates that different signaling pathways and miRs are involved in production of MCP-1 and sICAM-1. The overexpression of sICAM-1 and NGF accompanying reduced expression of miR-221 following acetic acid exposure (Othumpangat et al., 2012b) can be explained by

the complementarity of miR-221 to the 3'-UTR of sICAM-1 mRNA (Hu et al., 2010). Treatment with NGF antisense was able to reduce both NGF and ICAM-1 expression and also the silencing of miR-221 expression by acetic acid. The miR-221 is known to target the 3'-UTR of stem cell factor receptor c-kit (Koelz et al., 2011) and indirectly regulate endothelial nitric oxide synthase expression (Urbich et al., 2008).

NGF antisense restored the miR-221 expression to levels seen in saline treated animals. Future studies will need a method to independently reduce the miR-221 expression (Hamada et al., 2012) to demonstrate *per se* the effect of miR-221 on bladder overactivity. These findings provide evidence that observed bladder overactivity can be explained, at least in part, to the intricate miR alterations and miR interactions with genes encoding neurotrophins or inflammatory genes. Overall, expression of miR-132 is involved in bladder overactivity and hypertrophy through changes in the expression neurotrophins, chemokines and gap junction communication.

6. Conclusions

Overall, present work sheds light on the involvement of miR-132 in the NGF signaling as well as in the therapeutic effect of NGF antisense in the bladder. These findings suggest that aberrant expression of miR-132 is involved in overactive bladder.

Acknowledgments

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List of Abbreviations Used

miR	MicroRNA
NGF	Nerve Growth factor
BDNF	Brain derived neurotrophic factor
MCP-1	Monocyte chemoattractant protein-1
ICAM-1	Intracellular adhesion molecule 1
CMG	Cystometrogram

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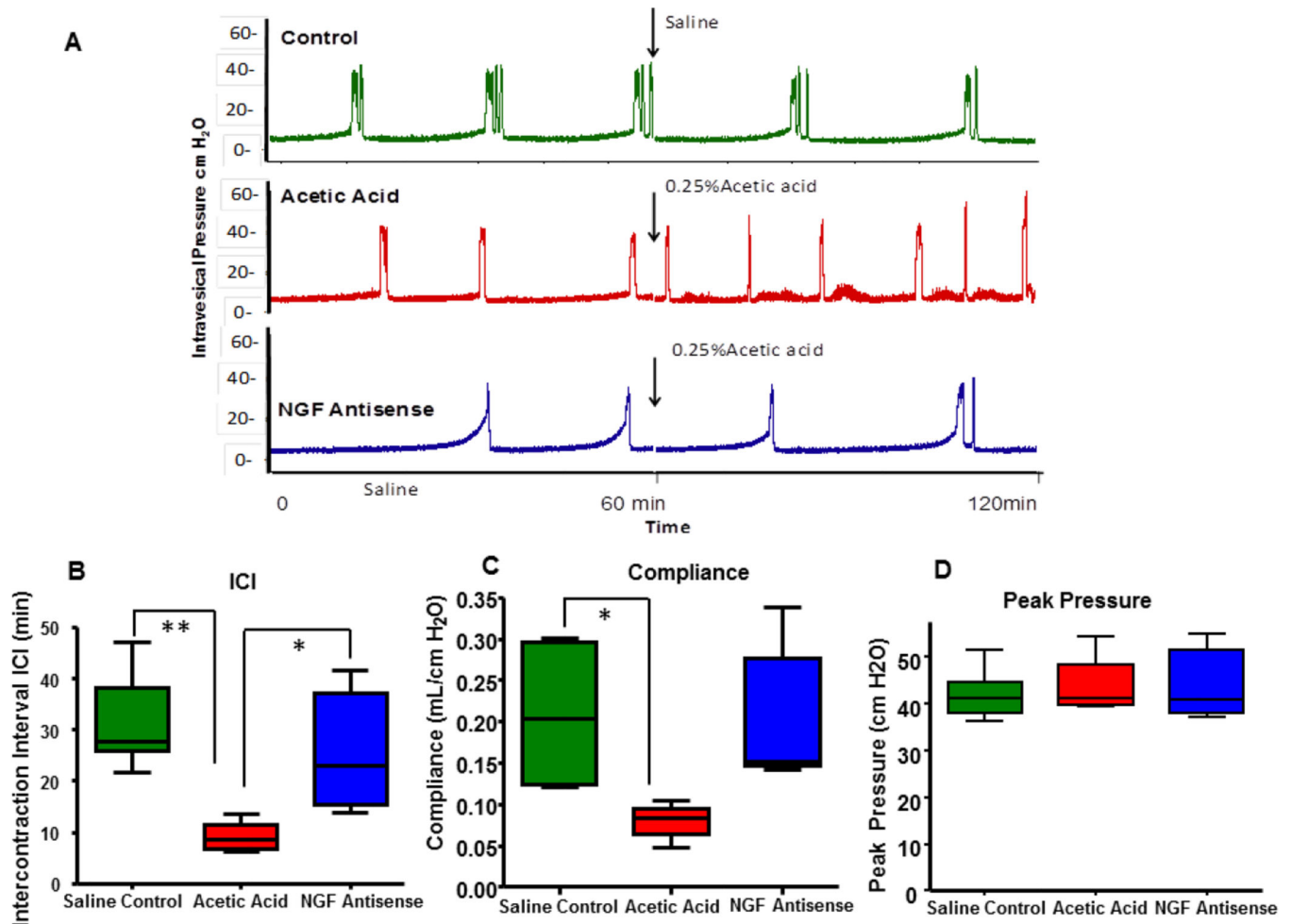


Fig. 1. Representative tracings from cystometry under urethane anesthesia (1.0g/kg s.c.) from three groups, where saline control group represented by green tracing was not exposed to 0.25% acetic acid. Groups represented by red and blue tracing were exposed to 0.25% acetic acid following the saline cystometry at baseline. Bladder overactivity in group pretreated with saline (red tracing) was clearly evident following the time point for infusion of acetic acid marked by arrow. Rat group pretreated with NGF antisense (blue tracing) was able to block the acetic acid induced overactivity, which is driven by overexpression of NGF and inflammatory mediators (**Panel A**). Different CMG parameters such as lower ICI and poor compliance were observed in rats exposed to acetic acid while NGF antisense was able to reverse these parameters (**Panel B–D**). We didn't observe any change in the peak pressure amplitude in all these groups (**Panel E**). One way ANOVA followed by Tukey's test # $p < 0.01$; * $p < 0.05$.

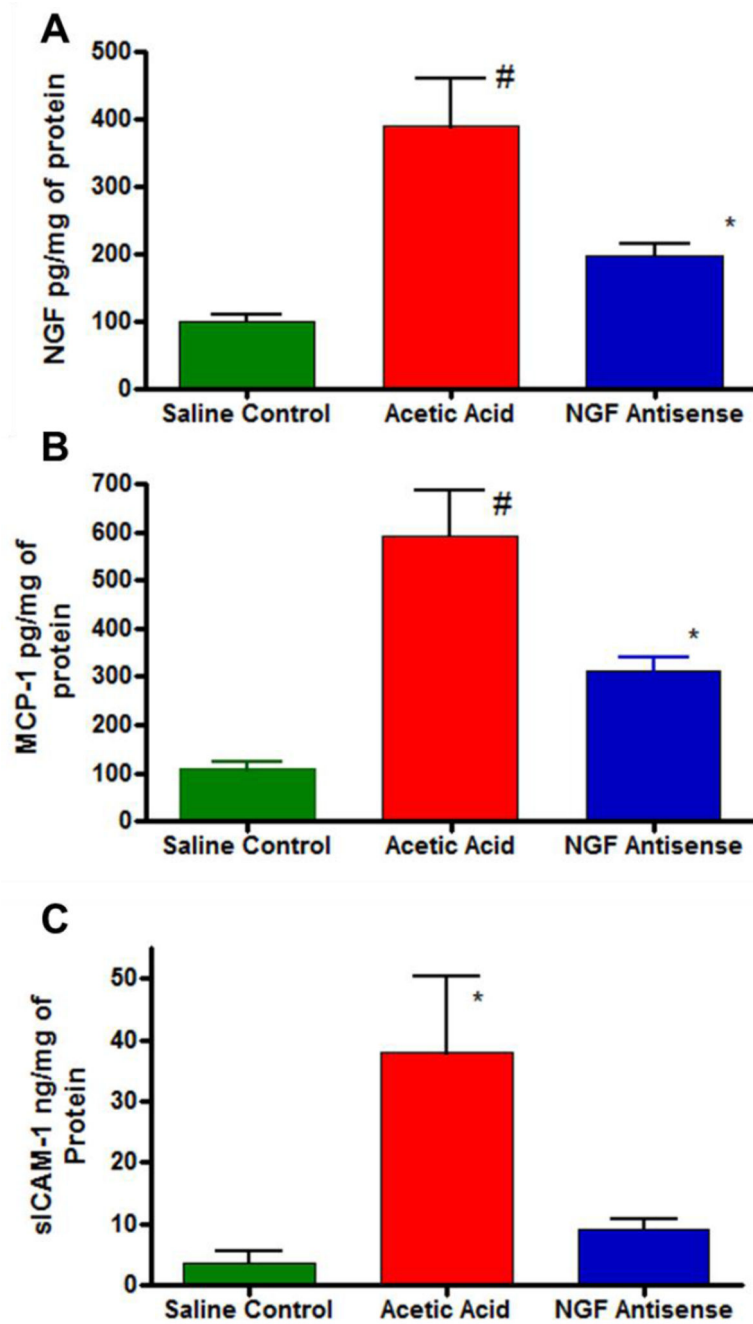


Fig. 2. Acetic acid exposure in bladder induced the expression of protein coding genes for NGF (panel A), MCP-1 (panel B) and sICAM-1 (panel C) relative to saline control group. Normalized protein levels are expressed as pg/mg or ng/mg of protein and compared by ANOVA followed by Tukey's test (* $p < 0.05$; # $p < 0.01$). Pretreatment with NGF antisense blunted the rapid rise of NGF, MCP-1 and sICAM-1 following acetic acid exposure.

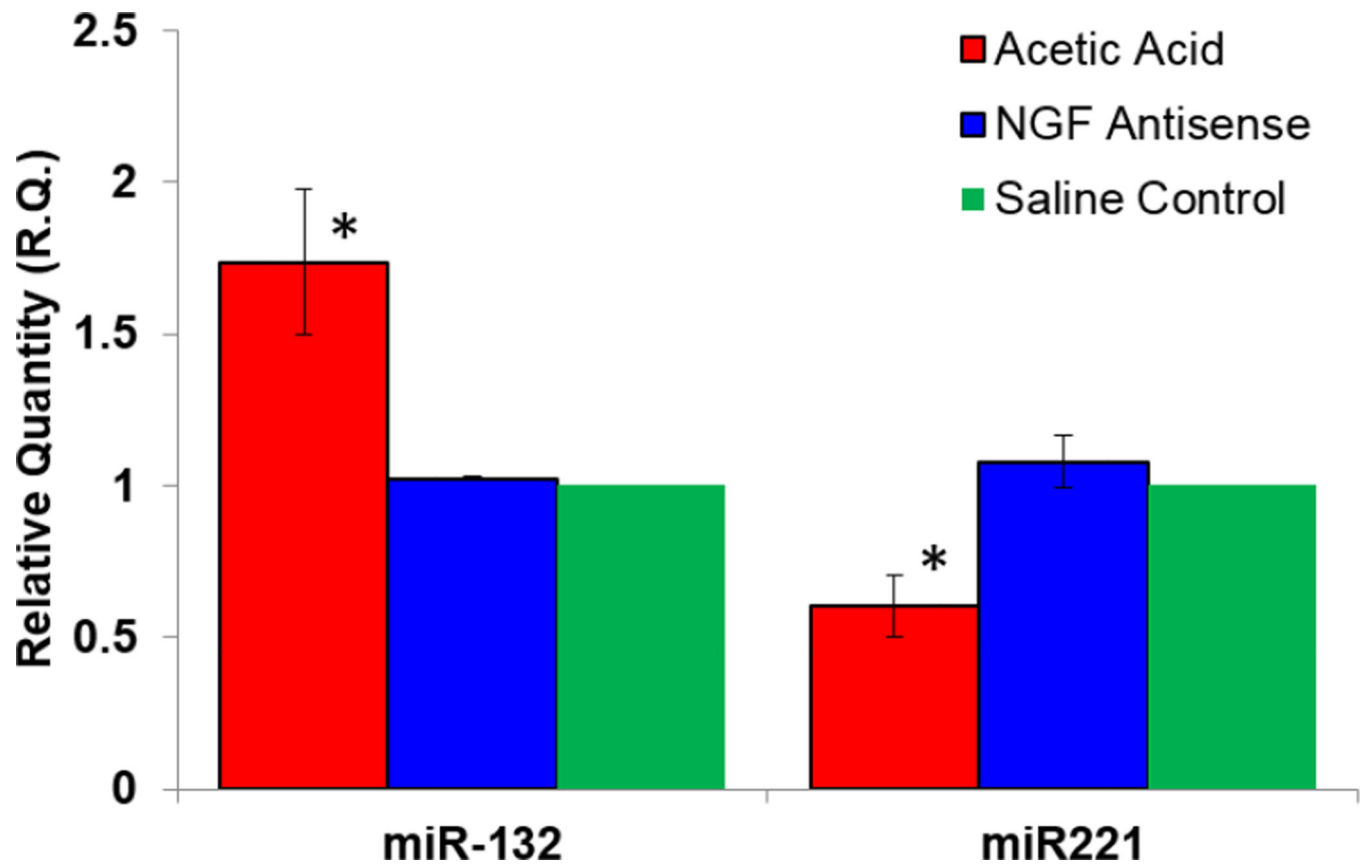


Fig. 3. Acetic acid exposure caused a dysregulation in the expression of non-protein coding genes responsible for miR expression. Pair wise comparison of acetic acid treated experimental groups showed that the expression of miR-132 was downregulated ~2 fold by NGF antisense, while expression of miR-221 saw a ~ 2 fold increase. miR levels were calculated using the comparative C_T method after normalization to U6 snRNA. * $p < 0.05$; unpaired Student's t test.

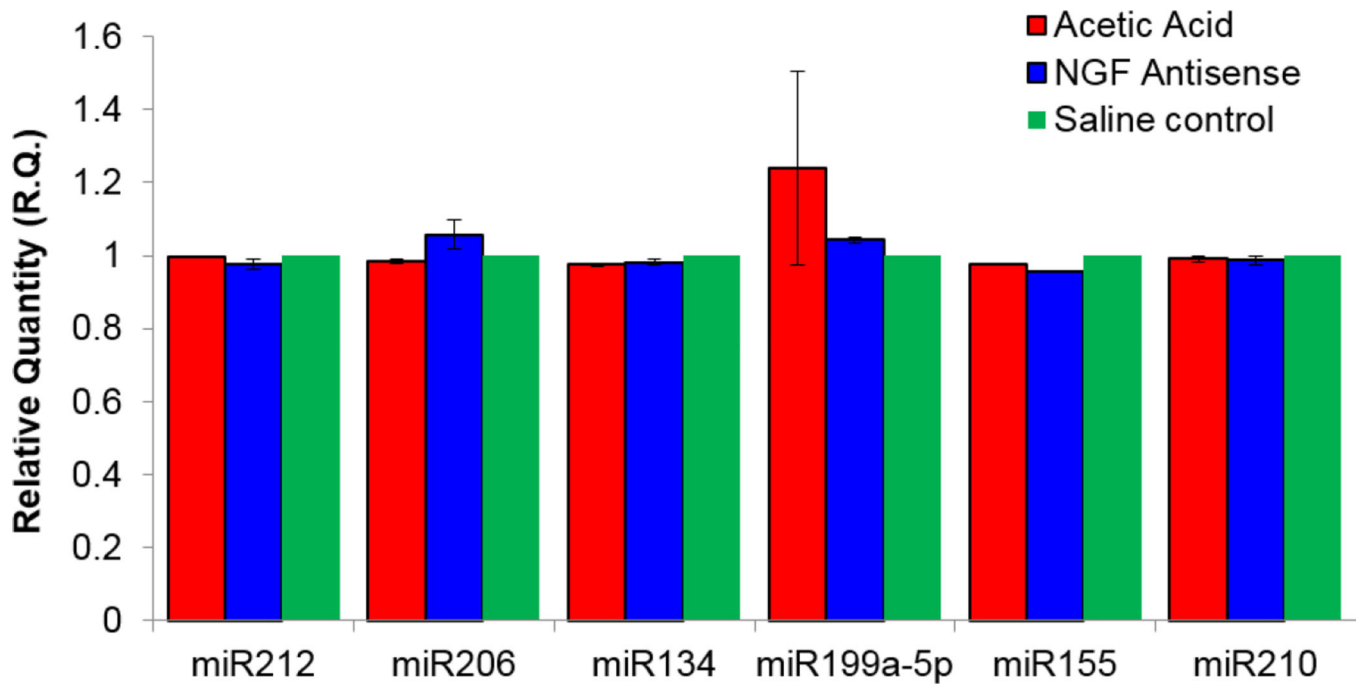


Fig. 4.

Insignificant effect of acetic acid and NGF antisense on miR expression. Analysis found similar expression of miR212, miR-155, miR-210, miR134 and miR206 in control and acetic acid exposed groups with only a insignificant elevation of miR-199a-5p following acetic acid exposure.

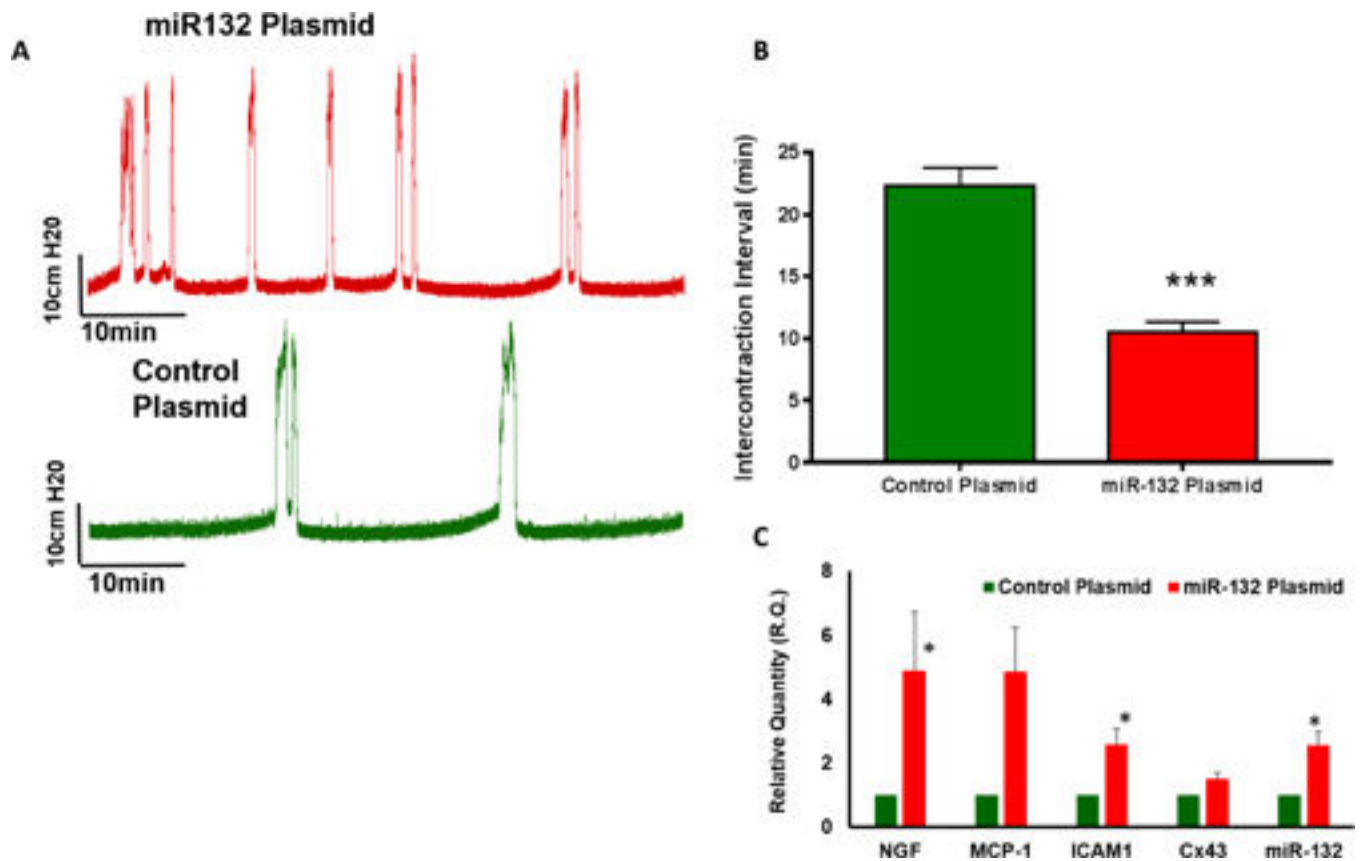


Fig. 5. Representative tracings of saline cystometry performed 7 days after bladder wall transfection in luciferase (control) and miR-132 plasmid transfected group (n=5) under urethane anesthesia. Panel B- Unpaired analysis of ICI demonstrated that overexpression of miR-132 in bladder leads to bladder overactivity in absence of acetic acid exposure (Unpaired student's t test; **p<0.001). Panel C: Bladder wall transfection of miR-132 plasmid vector drastically upregulates the expression of miR-132, which consequently causes 5 fold upregulation of NGF and MCP-1 and two fold upregulation of sICAM-1 and Cx-43 genes relative to the control group transfected with luciferase plasmid (Unpaired student's t test; *p<0.01)

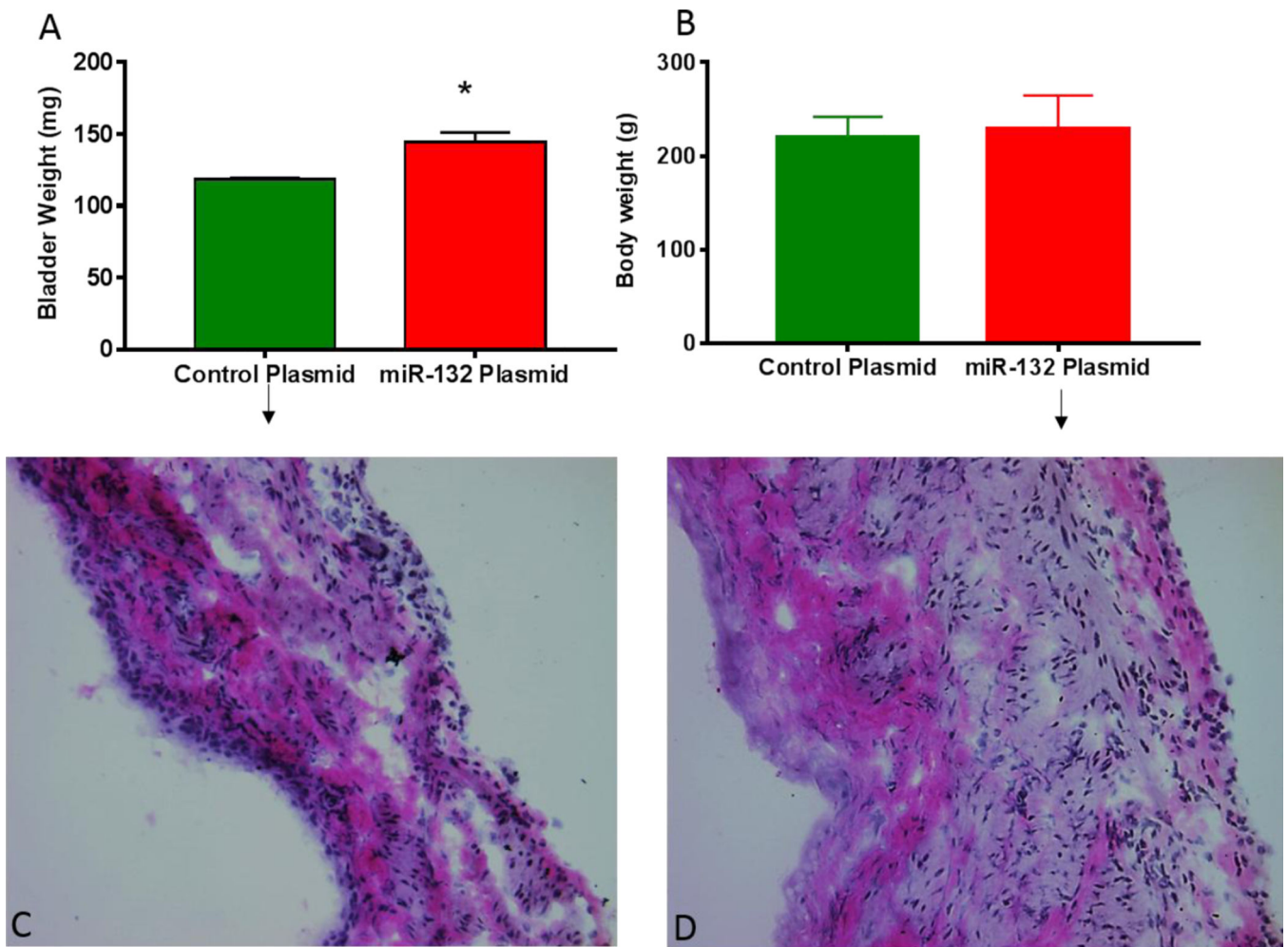


Fig. 6. Panel A: Exogenous overexpression of miR-132 significantly increased the gross weight of bladder harvested 7 days after transfection of luciferase (control) and miR-132 plasmids (Unpaired student's t test; * $p < 0.01$). Significant increase in bladder weight of group transfected with miR-132 plasmid was noted without any significant change in body weight relative to control group (Panel B). Histological analysis indicated signs of bladder hypertrophy following overexpression of miR-132 as apparent from thickened bladder wall (Panel D) relative to control plasmid (Panel C).