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## Modulation of dendritic cell and monocyte subsets in tuberculosis-diabetes co-morbidity upon standard tuberculosis treatment

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### Abstract

Type 2 diabetes mellitus (DM) is a major risk factor for the development of active pulmonary tuberculosis (PTB), with development of DM pandemic in countries where tuberculosis (TB) is also endemic. However, the effect of anti-TB treatment on the changes in dendritic cell (DC) and monocyte subset phenotype in TB-DM co-morbidity is not well understood. In this study, we characterized the frequency of DC and monocyte subsets in individuals with PTB with (PTB-DM) or without coincident diabetes mellitus (PTB-NDM) before, during and after completion of anti-TB treatment. PTB-DM is characterized by diminished frequencies of plasmacytoid and myeloid DCs and classical and intermediate monocytes at baseline and 2 months of anti-TB treatment but not following 6 months of treatment completion in comparison to PTB-NDM. DC and monocyte subsets exhibit significant but borderline correlation with fasting blood glucose and glycated hemoglobin levels. Finally, while minor changes in the DC and monocyte compartment were observed at 2 months of treatment, significantly increased frequencies of plasmacytoid and myeloid DCs and classical and intermediate monocytes were observed at the successful completion of anti-TB treatment. Our data show that coincident diabetes alters the frequencies of innate subset distribution of DC and monocytes in TB-DM co-morbidity and suggests that most of these changes are reversible following anti-TB therapy.

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## Introduction

Type 2 diabetes mellitus (DM) and pulmonary TB (PTB) are two of the most common co-morbid conditions in many parts of the world, and the union of these diseases poses a serious threat to global health. A variety of clinical and epidemiologic studies have identified that DM triples the risk for the development of active TB [1] and increases the chance of adverse TB treatment outcomes such as failure, death and relapse [2]. Global diabetes prevalence was estimated to be 382 million in 2013 and it is anticipated to reach 292 million in 2035 [22]. Interestingly the potential impact of a rising epidemic of PTB-DM comorbidity reveals a geographical overlap with approximately 80% of people with diabetes living in areas where TB is also endemic [23]. DM is associated with a greater severity of TB disease among the diseased population with harmful effects on both disease presentation and response to treatment [2, 3].

We have previously demonstrated that PTB-DM co-morbidity is characterized by significantly diminished frequencies of plasmacytoid and myeloid DCs and classical and intermediate monocytes at baseline and that DM appears to influence both the phenotype and function of DC and monocytes in *Mycobacterium tuberculosis* infection and pulmonary TB disease [4]. In this study, we characterized the frequencies of DC and monocyte subsets at baseline and at two time points following beginning of treatment: 2 months, which denotes the end of the intensive phase and 6 months, which denotes the completion of treatment. Our data reveal that DM differentially modulates the *ex vivo* phenotype of DC and monocyte subsets in PTB individuals before, during and after the completion of anti-TB treatment.

## Materials and Methods

### Study Population

We studied a group of 57 individuals with PTB: 30 individuals with DM and 27 without DM. These individuals were part of individuals enrolled for the "Effects of Diabetes on Tuberculosis Severity" study presently underway at the Prof. M. Viswanathan Diabetes Research Center and the National Institute for Research in Tuberculosis [5]. All individuals were examined as part of a natural history study protocol approved by the Ethics Committees of the Prof. M. Viswanathan Diabetes Research Center and NIRT. Informed consent was obtained from all participants. The baseline demographic, biochemical and hematological characteristics of the study population have been previously described [6]. PTB was diagnosed on the basis of sputum smear and culture positivity. DM was diagnosed on the basis of oral glucose tolerance test and/or glycated hemoglobin (HbA1c) levels (for known diabetics), according to the WHO criteria. All the individuals were HIV seronegative and anti-tuberculous treatment naïve. Anthropometric measurements and hematological and biochemical parameters were obtained by standardized techniques detailed elsewhere [6]. All individuals had pan-sensitive *Mycobacterium tuberculosis* on sputum culture at enrollment and all received standard Directly Observed Treatment Short Course (DOTS) with isoniazid, rifampicin, pyrazinamide and ethambutol for 2 months, followed by isoniazid and rifampicin for 4 months). All individuals were smear and culture negative at the end of 6

months of therapy (Table 1). Blood samples were collected at baseline, 2 months and 6 months post-treatment initiation.

### Ex vivo analysis

All antibodies used in the study were from BD Biosciences (San Jose, CA), BD Pharmingen (San Diego, CA), Biolegend (San Diego, CA). Whole blood was used for *ex vivo* phenotyping and it was performed on all 57 individuals. Briefly, to 250µl aliquots of whole blood was added a cocktail of monoclonal antibodies specific for various immune cell types. Phenotyping of DC subsets was performed using antibodies directed against HLADR PerCP (clone: L243; BD) lineage cocktail (CD3, CD14, CD16, CD19, CD20, CD56) FITC (clone SJ25C1, SK7, MΦp9, L27, NCAM16.2, 3G8 BD) CD123-PE (clone 9F5; BD) CD11c-APC (clone S-HCL-3; BD). Plasmacytoid DCs were classified as (Lin<sup>-</sup> HLA-DR<sup>+</sup> CD123<sup>+</sup>) and myeloid DCs as (Lin<sup>-</sup> HLA-DR<sup>+</sup> CD11c<sup>+</sup>). Monocyte phenotyping was performed using antibodies directed against CD45-PerCP (clone 2D1; BD), CD14-Pacific Blue (clone M5E2; Biolegend) HLA-DR-PE-Cy7 (clone L243; BD) and CD16-APCCy7 (clone 3G8; BD). Classical monocytes were classified as CD45<sup>+</sup> HLA-DR<sup>+</sup> CD14<sup>hi</sup>CD16<sup>-</sup>; intermediate monocytes as CD45<sup>+</sup> HLA-DR<sup>+</sup> CD14<sup>hi</sup> CD16<sup>dim</sup> and non-classical monocytes were classified as CD45<sup>+</sup>HLADR<sup>+</sup> CD14<sup>dim</sup>CD16<sup>hi</sup> [7]. Following 30 min of incubation at room temperature erythrocytes were lysed using 2 ml of FACS lysing solution (BD Biosciences Pharmingen), and cells were washed twice with 2 ml of 1× PBS and suspended in 200µl of PBS (Lonza, Walkersville, MD). Eight colour flow cytometry was performed on a FACSCanto II flow cytometer with FACSDIVA software, version 6 (BD). The gating was set by forward and side scatter, and 100,000 gated events were acquired. Data were collected and analysed using FLOW JO software (TreeStar, Ashland, OR). A representative flow cytometry plot showing the gating strategies for DC and monocyte subsets is shown in the Supplementary material (Fig. S1).

### Statistical analysis

Geometric means were used for measurements of central tendency. Comparisons were made using the Mann–Whitney U-test with Holm’s correction for multiple comparisons. Wilcoxon signed rank test and correlations with the Spearman Rank test. Analyses were performed using GRAPHPAD PRISM Version 6 (GraphPad, San Diego, CA).

## Results

### Biochemical and haematological features of the study population

No significant differences in age or gender were observed between the respective groups. PTB-DM individuals exhibited significantly higher levels of fasting and postprandial glucose, HbA1c, serum triglycerides, total cholesterol, low-density lipoprotein and very-low-density lipoprotein cholesterol (Table 2). They also exhibited significantly higher levels of total bilirubin but not other biochemical parameters (Table 2). Finally, PTB-DM individuals exhibited no significant difference in haematological parameters, with the exception of absolute neutrophil counts, which were significantly higher (Table 3).

### **PTB-DM is associated with diminished percentages of plasmacytoid and myeloid dendritic cells**

To study the influence of DM on DC subset homeostasis in PTB, we examined the ex vivo percentages of DC subsets in PTB-DM and PTB-NDM individuals at baseline and at two and six months following anti-TB therapy. As shown in Figure 1A, PTB-DM is characterized by decreased percentages of plasmacytoid and myeloid DCs before treatment in comparison to PTB-NDM individuals. Similarly, at 2 months following initiation of treatment, PTB-DM is characterized by decreased percentages of plasmacytoid and myeloid DCs (Figure 1B). In contrast, the percentage of plasmacytoid and myeloid DCs were significantly increased in PTB-DM compared to PTB-NDM at 6 months of treatment (Figure 1C). Therefore, DM is associated with alterations in the subset distribution of DCs in PTB before, during and after treatment.

### **PTB-DM is associated with diminished percentages of classical and intermediate monocyte subsets**

To study the influence of DM on monocyte subset homeostasis in PTB, we examined the ex vivo percentages of monocyte subsets in PTB-DM and PTB-NDM individuals at baseline and at two and six months following anti-TB therapy. As shown in Figure 2A, PTB-DM is characterized by decreased percentages of classical and intermediate monocytes and no significant differences in non-classical monocytes before treatment in comparison to PTB-NDM individuals. Similarly, at 2 months following initiation of treatment, PTB-DM is characterized by decreased percentages of classical and intermediate monocytes and no significant differences in non-classical monocytes (Figure 2B). In contrast, the percentages of classical and intermediate monocytes were significantly increased in PTB-DM compared to PTB-NDM at 6 months of treatment (Figure 2C). Therefore, DM is associated with alterations in the subset distribution of monocytes in PTB before, during and after treatment.

### **DC subsets exhibit a borderline negative relationship with hyperglycemia but not with sputum smear status in PTB**

To determine the influence of hyperglycemia on DC subset distribution in PTB, we examined the correlation between DC subsets and fasting blood glucose or HbA1c levels in all PTB individuals (with or without DM). As shown in Figure 3A, plasmacytoid DCs exhibited a borderline negative correlation with fasting blood glucose levels. Similarly, as shown in Figure 3B, plasmacytoid and myeloid DCs exhibited a borderline negative correlation with HbA1c. To determine the influence of bacterial burdens on DC subset distribution in PTB, we also examined the relationship between DC subsets and bacterial smear grades, classified as 1+, 2+ and 3+. As shown in Figure 3C, the percentages of DCs subsets exhibited no significant correlation with bacterial smear grades in PTB individuals with or without DM.

### **Monocyte subsets exhibit a borderline negative relationship with hyperglycemia but not with sputum smear status in PTB**

To determine the influence of hyperglycemia on monocyte subset distribution in PTB, we examined the correlation between monocyte subsets and fasting blood glucose or HbA1c

levels in all PTB (with or without DM) individuals. As shown in Figure 4A, classical and intermediate monocyte subsets exhibited a borderline negative correlation with fasting blood glucose levels. Similarly, as shown in Figure 4B, classical and intermediate monocyte subsets exhibited a borderline negative correlation with HbA1c, while in contrast, non-classical monocytes exhibited a positive correlation with HbA1c. To determine the influence of bacterial burdens on monocyte subset distribution in PTB, we also examined the relationship between monocyte subsets and bacterial smear grades, classified as 1+, 2+ and 3+. However, as shown in Figure 4C, the percentages of monocyte subsets exhibited no significant correlation with bacterial smear grades in PTB individuals with or without DM.

### Treatment-induced changes in DC subsets in PTB-DM individuals

Alterations in DC subsets following treatment in PTB individuals has not been well described. Therefore, to elucidate the impact of treatment on the ex vivo phenotype of DC subsets in PTB-DM and PTB-NDM individuals, we examined the percentages of DC subsets before and at 2 months and 6 months following initiation of treatment. As shown in Figure 5A, PTB-DM individuals exhibited no significant differences in the percentages of DC subsets at 2 months following treatment. However, they exhibited a significant increase in the percentages of plamacytoid and myeloid DCs at the completion of treatment (6 months). In contrast, as shown in Figure 5B, PTB-NDM individuals no significant differences in the percentages of DC subsets, at 2 months and 6 month following treatment. Thus, the alterations in the percentages of DC subsets in PTB-DM individuals are reversed by anti-TB treatment.

### Treatment induced changes in monocyte subsets in PTB-DM individuals

Alterations in monocyte subsets following treatment in PTB individuals has not been well described. Therefore, to elucidate the impact of treatment on the ex vivo phenotype of monocyte subsets in PTB-DM and PTB-NDM individuals, we examined the percentages of monocyte subsets before and at 2 months and 6 months following initiation of treatment. As shown in Figure 6A, PTB –DM individuals exhibited a significant increase in the percentages of classical monocytes but not intermediate and non-classical monocytes at 2 months following treatment. In addition, they exhibited a significant increase in the percentages of classical and intermediate monocytes at the completion of treatment (6 months). In contrast, as shown in Figure 6B, PTB-NDM individuals exhibited no significant differences in the percentages of monocyte subsets at 2 months and 6 month following treatment. Thus, the alterations in the percentages of monocyte subsets in PTB-DM individuals are reversed by anti-TB treatment.

## Discussion

Diabetes is a major acquired TB susceptibility factor, particularly in Asian countries where its prevalence is rising [8]. Comorbid DM increases the risk to develop active TB and adversely affects TB treatment response and disease outcomes [3]. The immunological basis for susceptibility to TB among those with DM is not well understood. One probable mechanism is that a compromised immune response in diabetic patients accelerates either initial infection with *M. tuberculosis* or reactivation of latent tuberculosis [3]. Studies

examining the innate and adaptive immune response to microbial antigens in diabetic patients propose that these responses are compromised, particularly in patients with chronic hyperglycemia [9–11]. Whether this applies to tuberculosis infection remains unclear. In addition DM can also significantly modulate cells of the innate and adaptive immune system, most particularly monocytes/macrophages and neutrophils [10]. However, the role of DC and monocyte subsets in DM with coincident TB has not been explored in detail. Our study is the first study, to our knowledge to explore the *ex vivo* phenotype of DC and monocyte subsets in TB-DM comorbidity after successful completion of standard anti-TB treatment.

Dendritic cells are one of the important cells in linking innate and adaptive immune response through their role in capturing, processing and presenting antigens. Circulating blood DCs have been classified as HLADR<sup>+</sup> cells (but negative for lineage-specific markers) and are differentiated into cells of the myeloid lineage (CD11c<sup>+</sup>) or the plasmacytoid lineage (CD123<sup>+</sup>) [7]. Studies have shown that migration of DC to the draining lymph node is required for the activation of naïve T cells in TB infection [12] and that at the commencement of the infection, DCs are highly represented at sites of *M. tuberculosis* infection [13, 14]. Characterizing the role of these subsets in active TB shows that co-operation between *M. tuberculosis* infected myeloid DCs and plasmacytoid DCs favors the stimulation of CD4<sup>+</sup> T cells [15]. In addition, the association between these subsets is also known to support antibacterial activity and CD8<sup>+</sup> T-cell stimulation [16]. Thus it is clear that DC subsets play a crucial role in the immune responses to TB. We previously demonstrated that pulmonary TB profoundly alters the frequencies of DC subsets and that DM resulted in significantly lower frequencies of myeloid and plasmacytoid dendritic cells in PTB, LTB and NTB individuals [4]; however, no longitudinal studies on the progression of the DC subsets in TB-DM comorbidity have been reported.

Our findings reveal three major features of DC subsets by *ex vivo* phenotyping of PTB-DM patients. First, plasmacytoid and myeloid DC are significantly decreased in percentage in PTB-DM compared to PTB-NDM individuals. Secondly, the frequencies of DC subsets negatively correlated (although the correlation was only borderline significant) with hyperglycemia in the presence of active TB but not with bacterial burden as estimated by sputum smear grade. Finally, the frequencies of DC subsets were significantly diminished in PTB-DM at baseline but they demonstrate reversal upon standard TB treatment. Thus, hyperglycemia and its associated factors potentially function as the primary influence driving alterations in the frequency of DC subsets in TB. The functional consequences of this altered phenotypic distribution of DC subsets in PTB-DM individuals needs to be further explored. It could reflect differences in subset composition in the maintenance of the DC population in the periphery or differential migration of DC subsets to the site of infection in the presence of co-existent DM. Nevertheless, our data complement the growing body of evidence indicating an effect of hyperglycemia on the homeostatic or infection-driven function of DC subsets in DM.

Monocytes are critical to the innate immune system and play a vital role in numerous inflammatory conditions associated with chronic infections. Human monocyte subpopulations can be classified based on the dichotomous expression of the surface

markers CD14 and CD16 into three major subsets: Classical (CD14<sup>++</sup>CD16<sup>-</sup>), intermediate (CD14<sup>+</sup>CD16<sup>+</sup>) and non-classical (CD14<sup>dim</sup>CD16<sup>+</sup>) [17]. Earlier studies have reported that these monocyte subsets have different biological roles in TB infection and disease, [18] with non-classical monocytes being elevated in active TB and correlating with disease severity [19], and classical monocytes contributing to the anti-mycobacterial response and being increased in individuals with latent TB [19]. Circulating monocytes play a crucial role in *M. tuberculosis* infection by migrating to the lung early in TB infection and differentiating into macrophages for antigen presentation and secretion of cytokines. Therefore it is clear that monocyte subset alterations play a key role in the immune responses to TB. We previously demonstrated that pulmonary TB profoundly alters the frequencies of monocyte subsets and that DM results in significantly lower frequencies of classical and intermediate monocytes subsets in PTB, LTB and NTB individuals [4]. However, no longitudinal studies on the progression of the monocyte subsets in TB-DM co-morbidity have been reported

Our findings clearly reveal that at baseline (before treatment) and early following treatment (2<sup>nd</sup> month of anti-TB treatment), classical and intermediate monocytes are significantly decreased in percentage in PTB-DM compared to PTB-NDM individuals. Secondly, the diminished frequencies of monocyte subsets negatively correlated (although with borderline significance) with hyperglycemia in the presence of active TB but not with bacterial burden as estimated by sputum smear grade. Finally, the frequencies of monocyte subsets, significantly diminished in PTB-DM before treatment, are shown to undergo reversal upon completion of standard TB treatment. The importance of monocyte subsets in *M.tuberculosis* infection suggests that functional modifications in these cells in DM patients will contribute to their enhanced susceptibility to TB disease [3]. Previous studies have shown that association of *M.tuberculosis* with monocytes was significantly lower in diabetics than non-diabetics patients, and poorly-controlled DM were significantly associated with the lower interaction of *M.tuberculosis* with monocytes [20]. Other immunological studies have reported that monocytes from naïve TB patients with diabetes have a defect in the phagocytic pathways of these cells, which in turn contributing to the greater susceptibility of DM patients to pathogens like *M. tuberculosis* [21]. Thus, our data reveals that alterations in the monocyte subsets in the presence TB disease and the perturbations of these parameters in the presence of DM co-morbidity could potentially have important implications for the both host immunity and metabolic responses, which needs to be explored further.

Since this was a descriptive study, we are unable to draw any inferences on cause and effect. Our study suffers from the limitations of being descriptive study, having a limited sample size and DC and monocytes subsets also demonstrated only very minimal negative correlation with FBG and HbA1c. However, our results clearly delineate a profound impact of diabetes on the homeostatic DC and monocyte profiles in active TB individuals. Being follow-up study in design, our study also clearly describes the evolution of this phenotype with progression of treatment. Our study also attributes changes in DC and monocyte subsets to potentially contribute to the immune responses in PTB-DM co-morbidity and suggest that this diabetic complication is driven by chronic hyperglycemia.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

## Acknowledgments

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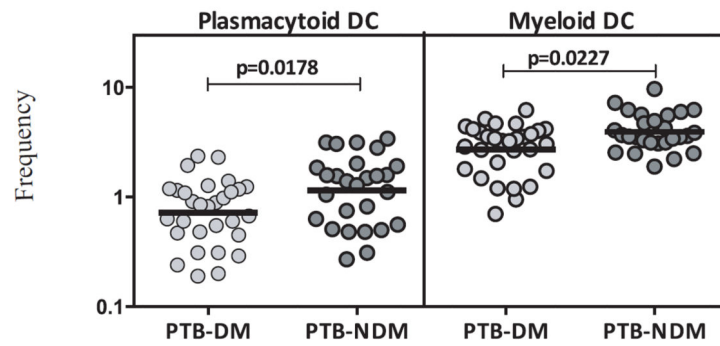
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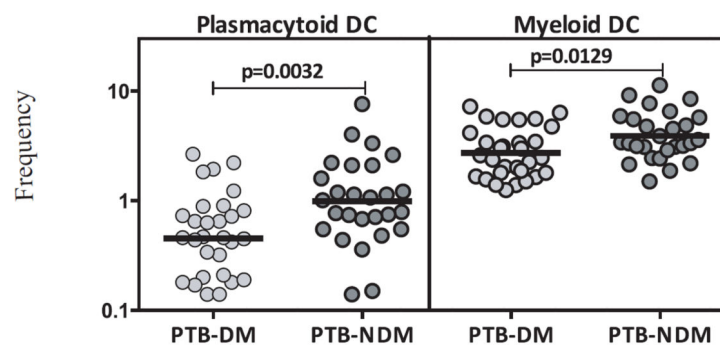


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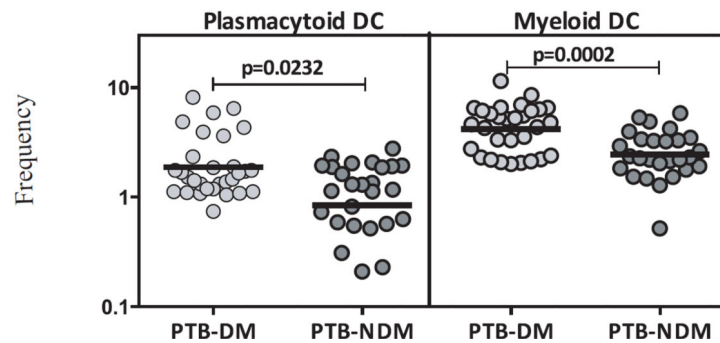
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B : Post Treatment 1

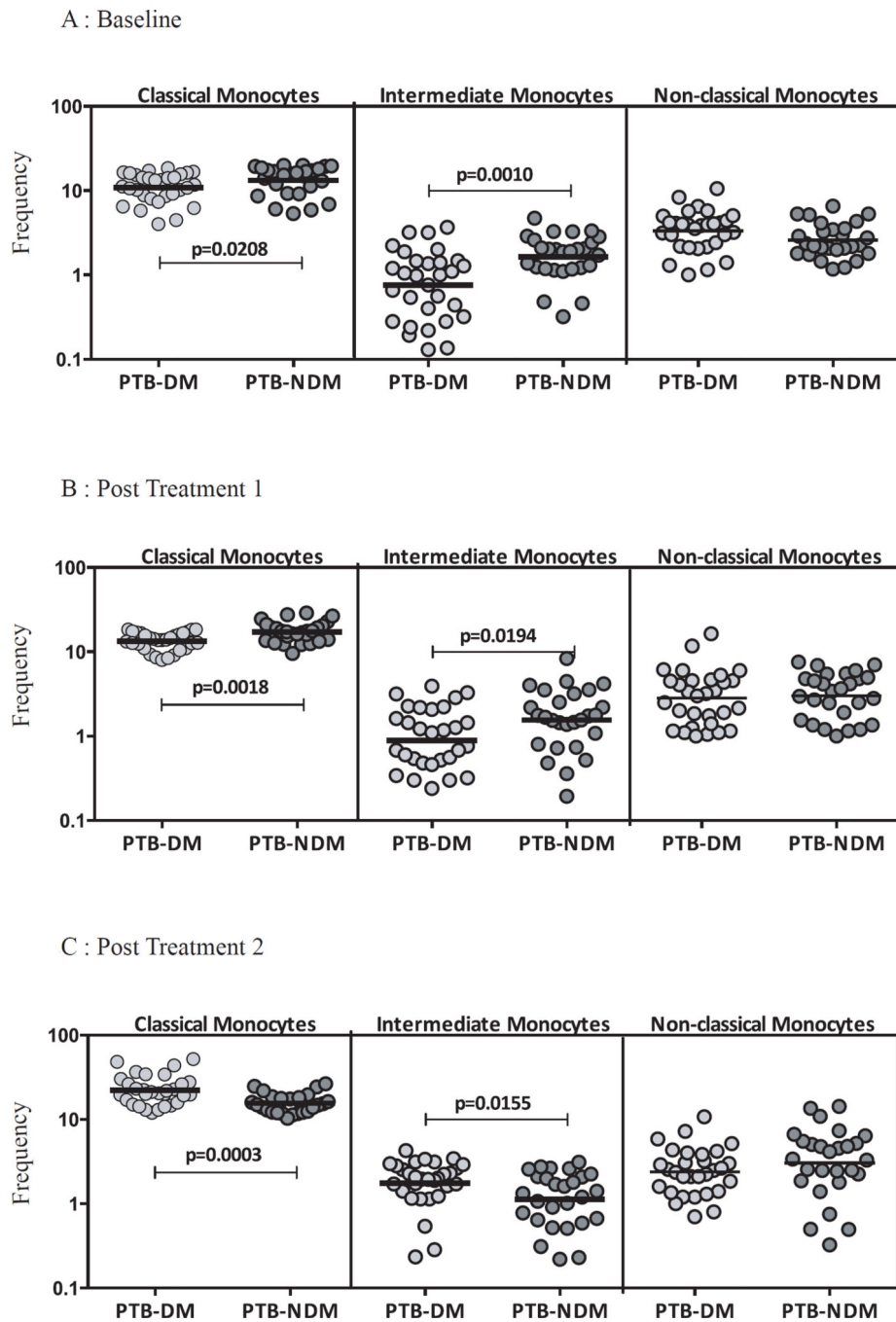


C : Post Treatment 2



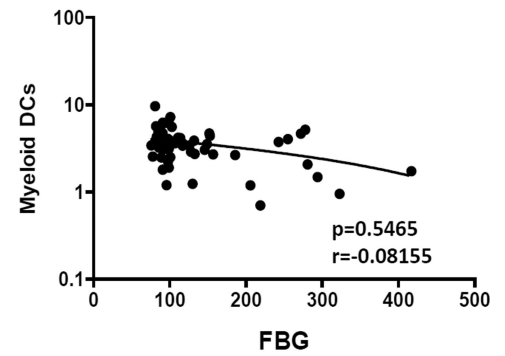
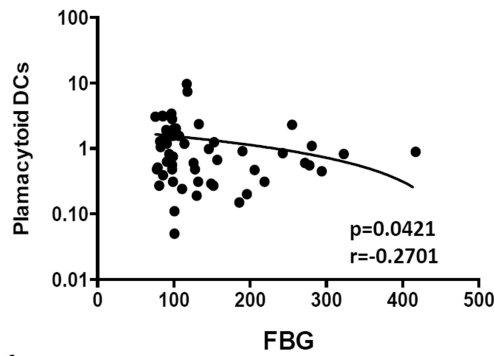
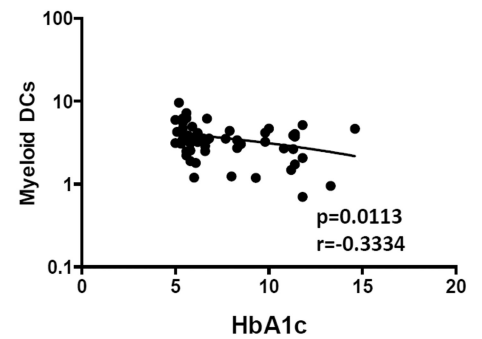
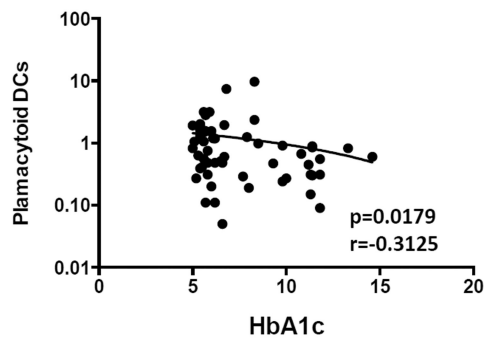
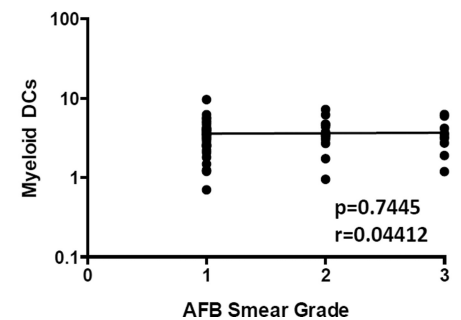
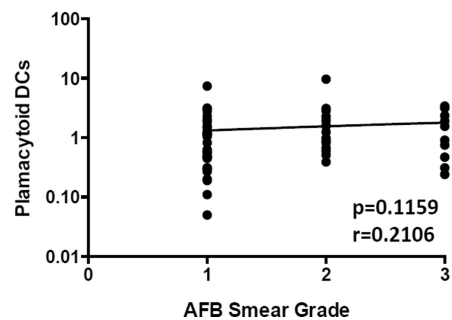
**Figure 1. PTB-DM is associated with altered frequencies of DC subsets at baseline and following treatment**

The frequencies of DC subsets in PTB-DM (n=30) and PTBNDM (n=27) individuals at baseline (A) and at two (B) and six (C) months following treatment. The data are represented as scatter plots with each circle representing a single individual. P values were calculated using the Mann-Whitney test.



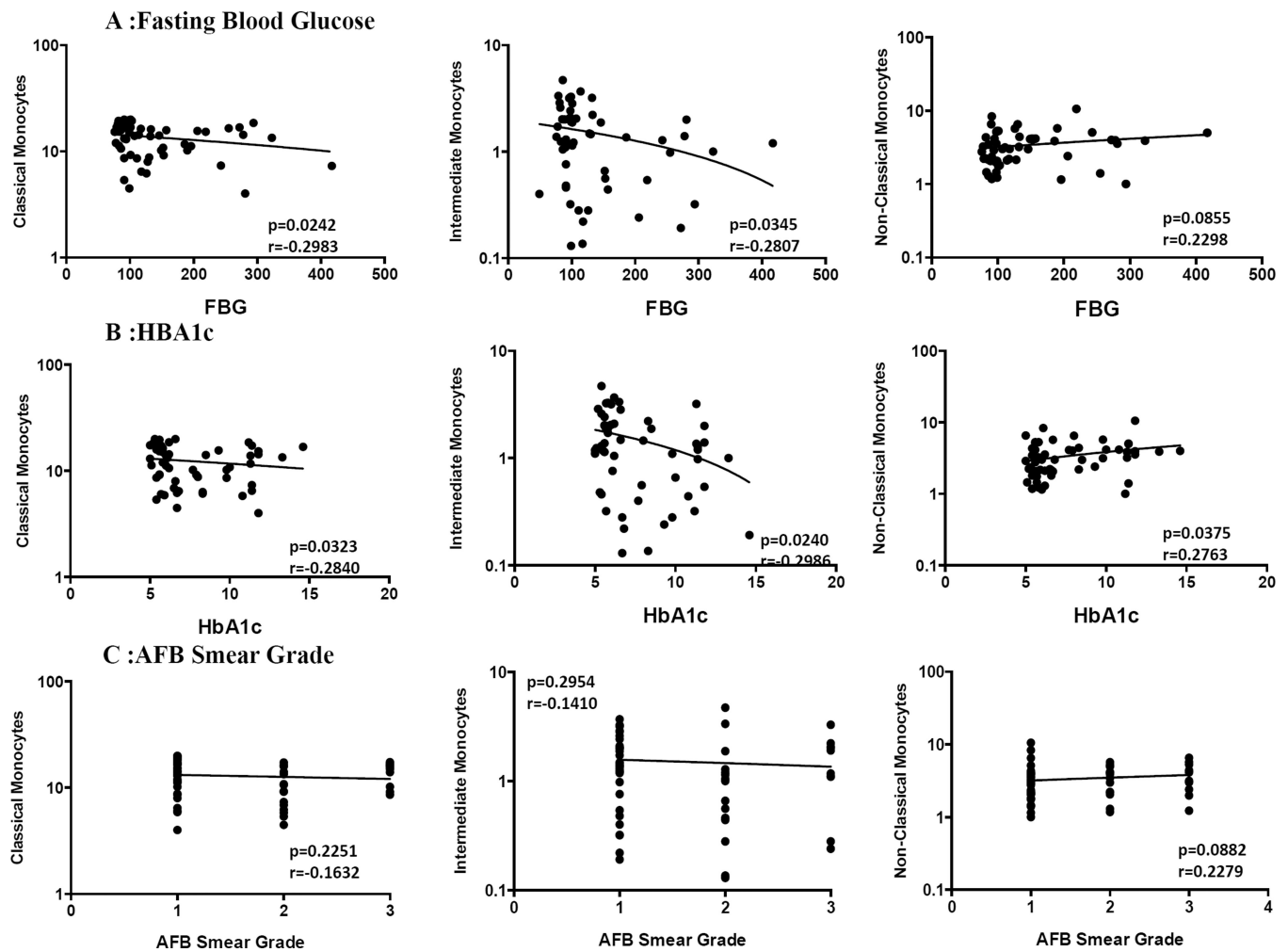
**Figure 2. PTB-DM is associated with altered frequencies of monocyte subsets at baseline and following treatment**

The frequencies of monocyte subsets in PTB-DM (n=30) and PTB-NDM (n=27) individuals at baseline (A) and at two (B) and six (C) months following treatment. The data are represented as scatter plots with each circle representing a single individual. P values were calculated using the Mann-Whitney test.

**A :Fasting Blood Glucose****B :HbA1c****C :AFB Smear Grade**

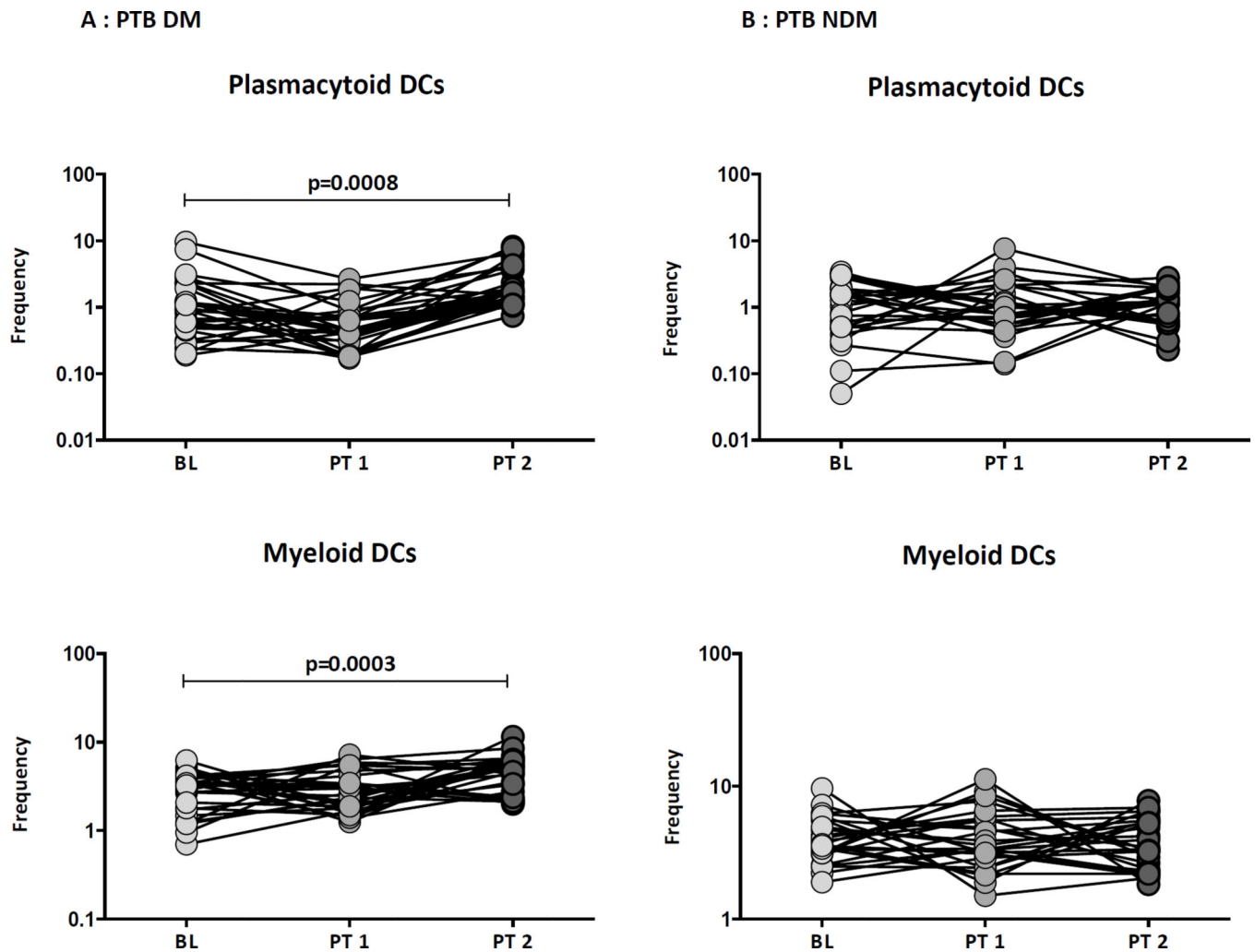
**Figure 3. Relationship between DC subsets and hyperglycemia or bacterial burdens in PTB individuals**

(A) The correlation between the frequencies of DC subsets and fasting blood glucose levels at baseline in all individuals. (B) The correlation between the frequencies of DC subsets and HbA1c levels at baseline in all individuals. (C) The correlation between the frequencies of DC subsets and bacterial burdens as determined by smear grades (1+, 2+ or 3+) in all individuals. The data are represented as scatter plots with each circle representing a single individual. P values were calculated using the Spearman Rank correlation



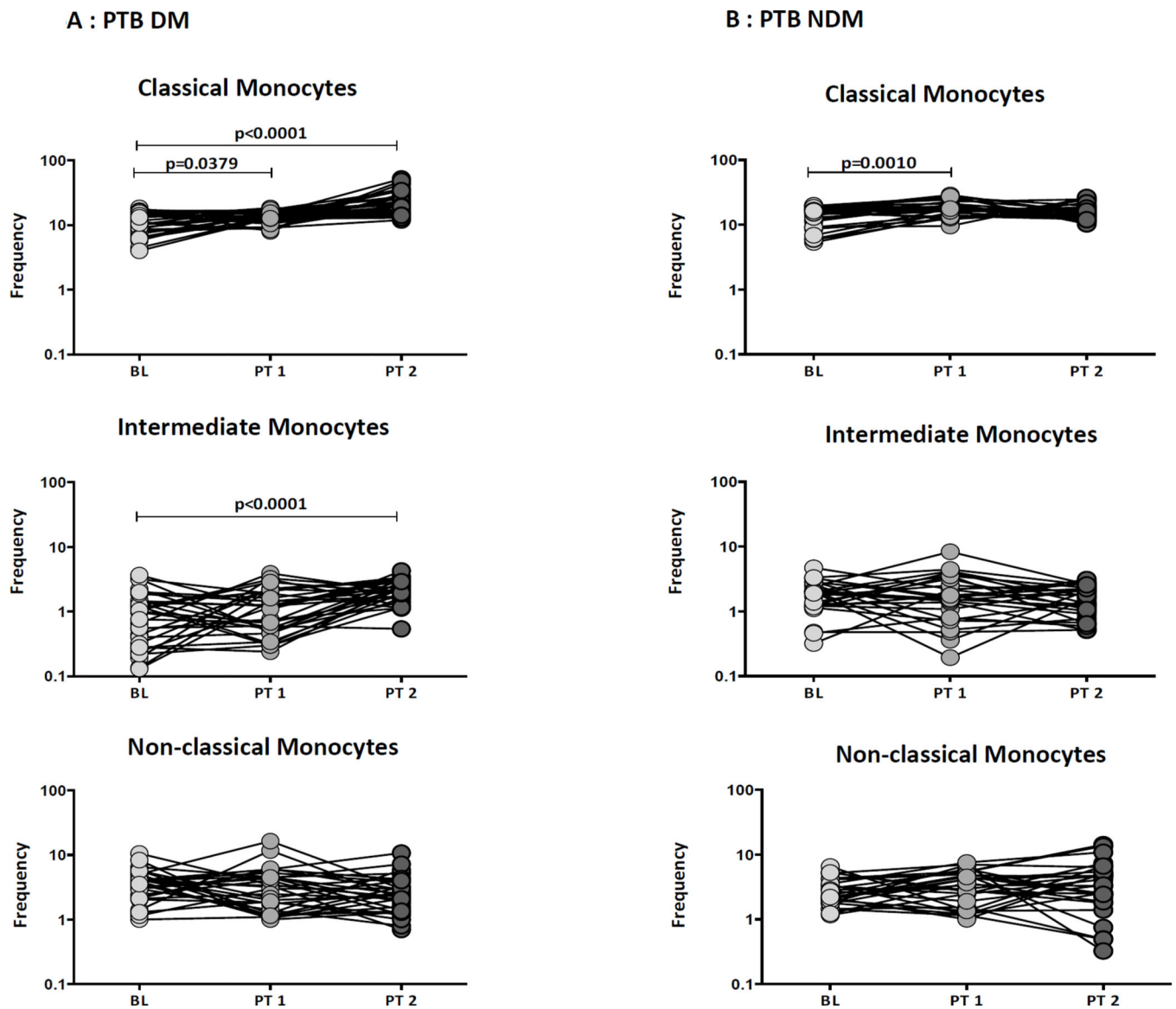
**Figure 4. Relationship between monocyte cell subsets and hyperglycemia or bacterial burdens in PTB individuals**

(A) The correlation between the frequencies of monocyte subsets and fasting blood glucose levels at baseline in all individuals. (B) The correlation between the frequencies of monocyte subsets and HbA1c levels at baseline in all individuals. (C) The correlation between the frequencies of monocyte subsets and bacterial burdens as determined by smear grades (1+, 2+ or 3+) in all individuals. The data are represented as scatter plots with each circle representing a single individual. P values were calculated using the Spearman Rank correlation.



**Figure 5. Treatment induced alterations in dendritic cell subsets in PTB individuals**

The frequencies of DC subsets in (A) PTB- DM and (B) PTB-NDM individuals before and at 2 and 6 months following anti-TB treatment. The data are represented as line diagrams with each line representing a single individual. P values were calculated using the Wilcoxon signed rank test.



**Figure 6. Treatment induced alterations in monocyte subsets in PTB individuals**

The frequencies of monocyte subsets in (A) PTB- DM and (B) PTB-NDM individuals before and at 2 and 6 months following anti-TB treatment. The data are represented as line diagrams with each line representing a single individual. P values were calculated using the Wilcoxon signed rank test.

Table 1

Demographics of study individuals

Study Demographics	Baseline (Before treatment)		pValue	Post Rx 1 (2 <sup>nd</sup> Month)		Post Rx 2 (6 <sup>th</sup> Month)	
	PTB Diabetes	PTB Non-diabetes		PTB Diabetes	PTB Non-diabetes	PTB Diabetes	PTB Non-diabetes
No. of subjects recruited	30	27	-	30	27	30	27
Gender (Male / Female)	23/7	24/3	-	-	-	-	-
Median Age (Range)	48 (25 – 70)	40 (25 – 67)	p=0.0581	-	-	-	-
Median Height, cm	159 (133 – 169)	162 (140 – 184)	p=0.2121	-	-	-	-
Median Weight, kg	52 (32 – 67)	46 (30 – 90)	p=0.2484	-	-	-	-
Smeear Grade: 0/1+/2+/3+	0/16/9/5	0/16/6/5	-	17/11/2/0	24/3/0/0	Negative	Negative
Culture Results: Negative/1+/2+/3+	0/10/5/15	0/12/6/9	-	26/11/1/2	24/2/1/0	Negative	Negative

The values represent geometric means and range.



Table 2

Baseline biochemical parameters of study individuals

Study Demographics	Baseline (Before treatment)		p Value	Post Treatment (6th Month)		p Value
	PTB Diabetes	PTB Non-diabetes		PTB Diabetes	PTB Non-diabetes	
Fasting Blood Glucose, mg/dL	120 (98–293)	90 (68–101)	p<0.0001			
Post Prandial Glucose, mg/dL	257 (203–448)	119 (76–137)	p<0.0001			
Glycated hemoglobin level, %	9.3 (6.6 – 14.6)	5.6 (5.0 – 5.9)	p<0.0001	8.8 (5.2 – 17.7)	5.4 (4.6 – 6.1)	p<0.0001
Serum Triglycerides, mg/dL	107 (66 – 178)	76 (39 – 113)	p<0.0001			
Total Cholesterol, mg/dL	182 (110 – 294)	162 (86 – 182)	p=0.0298			
HDL Cholesterol, mg/dL	37 (22 – 58)	35 (19 – 69)	p=0.6957			
LDL Cholesterol, mg/dL	95 (51 – 162)	83 (49 – 107)	p=0.0204			
VLDL Cholesterol, mg/dL	44 (18 – 76)	36 (15 – 48)	p=0.0039			
Urea, mg/dL	18 (7 – 30)	16 (9 – 25)	p=0.8982			
Creatinine, mg/dL	0.85 (0.6 – 1.0)	0.8 (0.6 – 1.2)	p=0.2241			
Total Bilirubin, mg/dL	0.5 (0.3 – 1.2)	0.3 (0.1 – 0.7)	p=0.0282			
Total Protein, g/dL	8.2 (6.3 – 9.0)	8.2 (7.1 – 9.7)	p=0.8132			
Serum Albumin, g/dL	4.1 (2.5 – 4.6)	4.1 (3.1 – 5.1)	p=0.5735			
Serum Globulins, g/dL	4 (3.2 – 5.1)	4.3 (3.2 – 5.0)	p=0.4264			
SGOT, U/l	15 (6 – 31)	18 (10 – 48)	p=0.2059			
SGPT, U/l	17 (6 – 57)	14 (8 – 43)	p=0.5636			
Alkaline Phosphatase, U/l	278 (162 – 499)	235 (159 – 624)	p=0.0562			
Vitamine D3, ng/ml	18 (3.1 – 48)	16 (3 – 49)	p=0.2241			

The values represent geometric means and range.

**Table 3**

Baseline haematological parameters of study individuals

Hematology profile	PTB-DM	PTB-NDM	pValue
Red blood cell count, $\times 10^6$ cells/ $\mu$ l	4.9 (3.7–6.2)	4.6(3–6.2)	NS
White blood cell count, $\times 10^3$ cells/ $\mu$ l	9800(6300–14700)	8300(5200–18700)	NS
Lymphocyte count, cells/mL	1775(1008–2940)	1820(884–3071)	NS
Neutrophil count, cells/mL	6525(3484–10496)	5698(3348–14586)	<b>p=0.0408</b>
Monocyte count, cells/mL	870(252–1414)	803(102–1870)	NS
Eosinophil count, cells/mL	189(87–819)	296(73–913)	NS
Platelet count, $\times 10^3$ platelets/ $\mu$ l	342(215–591)	378(131–676)	NS

The values represent geometric means and range.