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Regulatory T cells promote myositis and muscle damage in *Toxoplasma gondii* infection

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Abstract

The coordination of macrophage polarization is essential for the robust regenerative potential of skeletal muscle. Repair begins with an inflammatory monocyte/pro-inflammatory macrophage (M1)-mediated phase followed by polarization to a pro-regenerative (M2) phenotype. Recently, regulatory T cells (Tregs) were described as necessary for this M1 to M2 transition. Here, we report that chronic infection with the protozoan parasite *Toxoplasma gondii* causes a non-resolving Th1 myositis with prolonged tissue damage associated with persistent M1 accumulation. Surprisingly, Treg ablation during chronic infection rescues macrophage homeostasis and skeletal muscle fiber regeneration showing that Tregs can directly contribute to muscle damage. This study provides evidence that the tissue environment established by the parasite could lead to a paradoxical pathogenic role for Tregs. As such, these findings should be considered when tailoring therapies directed at Tregs in inflammatory settings.

Keywords

Tregs; Macrophages; Infectious Myositis

Introduction

The current paradigm for muscle repair is based on the sequential and discrete actions of inflammatory monocytes/pro-inflammatory macrophages (IM/M1) and pro-regenerative macrophages (M2) (1–3). IM/M1 mediate the acute inflammatory phase of repair by production of lytic factors to break down necrotic cells, phagocytosis of cellular debris, and satellite cell activation, a population of myofiber progenitor cells (2, 4, 5). M2 facilitate a regenerative phase through suppression of inflammatory cells and production of tissue remodeling products such as collagen matrix enzymes. Critically, the IM/M1 to M2 balance in the muscle environment drives both the phase and efficiency of repair (1, 2, 6). Prolonged IM/M1 presence during muscle injury may lead to delayed or aberrant repair (7–13), while

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exuberant M2 activity may cause muscle fibrosis (6). However, it remains unclear how muscles are repaired in the context of chronic inflammation and the factors preventing repair from proceeding. Recent studies implicate a tissue-specific role for resident regulatory T-cells (Tregs) in the transition from IM/M1 to M2 during tissue repair in acute sterile injury and dystrophy models (12, 13). Still, greater insight into how repair proceeds in the face of immune dysfunction and chronic inflammation is needed as these are hallmark features of a variety of debilitating inflammatory myopathies such as polymyositis, dermatomyositis, and idiopathic inflammatory myositis (6, 14–16).

Chronic infections of muscle can represent a source of chronic inflammation that may have detrimental consequences for muscle physiology. Here, we examine skeletal muscle injury and potential tissue repair in the context of infection with *Toxoplasma gondii* in mice. *T. gondii* persists as a life-long chronic infection characterized by parasite-containing tissue cysts in the brain and skeletal muscle (17, 18). Ingestion of tissue cysts or oocysts shed in feline feces results in a robust Th1 immune response to the parasite in the gastrointestinal tract that controls the fast growing tachyzoite life stage. Parasites that escape this response then disseminate throughout the host and IFN γ production by innate and adaptive cells is required for control of parasite growth (19). The mechanisms by which IFN γ operate to limit tachyzoite proliferation include induction of immunity-related GTPases and inducible nitric oxide synthase in a number of host cell types including M1 (20, 21). Immune pressure induces the transition of parasite to slow growing tissue cysts (bradyzoites) that resides in the skeletal muscle and central nervous system. As contaminated meats represent a major parasitic reservoir and source of food-borne transmission, tight regulation of both tissue integrity and immunity in skeletal muscle during chronic infection is important for survival of not only the host but also the parasite (22).

In this report, we ask how tissue integrity is maintained during of chronic infection. Specifically, we investigate the status of macrophage-mediated tissue repair mechanisms in the tissue environment established by chronic infection. Here, we find chronic infection in mice with *T. gondii* elaborates extensive muscle damage and prolonged disruption of macrophage homeostasis. In the setting of a highly Th1-polarized environment established during chronic skeletal muscle infection, Tregs are altered and strikingly, hinder skeletal muscle repair by promoting accumulation of M1. Our results provide the first evidence for detrimental effects of chronic inflammation on muscle Treg function and their role in skeletal muscle tissue repair.

Materials and Methods

Mice

Female C57BL/6 and B6.SJL (CD45.1) mice were obtained from Taconic Farms (Germantown, NY). C57BL/6-Tg(Foxp3-DTR/EGFP)23.2Spar/Mmjax DEREK mice were obtained from Jackson Laboratories (Bar Harbor, ME). Foxp3^{eGFP} knock-in reporter mice were obtained from M. Oukka (Seattle Children's Research Institute). All procedures involving mice were reviewed and approved by the Institutional Animal Care and Use Committee at the University at Buffalo. Mice used were aged and sex matched and 8 to 10 weeks of age.

Oral infection with *Toxoplasma gondii*

Brains from chronically infected mice (30 to 60 days post-infection) were isolated and homogenized in phosphate-buffered saline pH 7.2 (PBS) for oral infection (Oldenhove et al., 2009). The total number of RFP-expressing ME49 cysts (graciously provided by Michael Grigg) within the brain homogenate was counted using a fluorescence microscope on the basis of 3 or more aliquots of 20 μ l. Mice were orally gavaged with five ME49 cysts and monitored by weight and posture daily for the first 14 days of infection, and weekly thereafter.

Muscle histopathology

Skeletal muscle hindlimb muscles were fixed in 10% paraformaldehyde (Sigma-Aldrich, St. Louis, MO). Fixed tissue samples were embedded in paraffin and sectioned at 5 μ m for hematoxylin and eosin (H&E) staining. H&E stained skeletal muscle sections were blindly scored by an independent pathologist for muscle damage by degree of immune infiltration by location, necrotic fibers, and centralized nuclei (0: normal – 3: severe). Images were taken with an AperioScanScope slide scanner. Centralized nuclei per mm^2 was calculated by counting the number of centrally nucleated myofibers on skeletal muscle sections. Muscle tissue cross-sectional area was calculated using ImageScope software (Leica, Wetzlar, Germany).

Muscle functional strength testing

Mice were placed on a screen consisting of 1 \times 1 cm squares. The screen was slowly inverted and held two feet above a padded container. Muscle strength was scored based on time-elapsed between full inversion and maximum duration of hanging (maximum 60 seconds).

Screening of musculoskeletal disease pathways

RNA from naïve (n=5) and chronically infected skeletal muscle tissue (n=5) was isolated by TRIzol extraction (Thermo Fisher Scientific, Waltham, MA). Reverse transcriptase (iScript, Bio-Rad, Hercules, CA) was used to convert extracted RNA to cDNA. Pooled samples of cDNA from either naïve mice or chronically infected mice were used as a template (100 ng/sample) for a SYBR green (SsoAdvanced Universal SYBR green supermix, Bio-rad) qPCR-based screen of 379 unique targets implicated in musculoskeletal disease pathways (Prime PCR musculoskeletal disease pathway tier 1-4, Bio-rad). 384-well plates were run on a Bio-rad CFX384 Touch™ real-time PCR detection system and analyzed using Bio-rad CFX manager.

Isolation of tissue lymphocytes from organ tissues

Mice were euthanized and immediately perfused with PBS pH 7.2. Skeletal muscle was harvested and minced into digestion media (RPMI, 1% penicillin-streptomycin, 1 mM sodium pyruvate, 0.1% β -mercaptoethanol, 25 mM HEPES, 150 μ g/ml Dnase I [Sigma-Aldrich], 50 μ g/ml liberase TL [Roche]). Tissues were digested at 37°C for 55 minutes and subsequently passed through a 70 μ m filter. Mononuclear cells were purified by a percoll gradient (37.5% Percoll [GE healthcare, Chicago, IL]/62.5% Hank's buffered saline solution

[HBSS]) and resuspended in 10% media (RPMI with 10% FBS, 1% penicillin-streptomycin, 1 mM sodium pyruvate, 0.1% β -mercaptoethanol, 25 mM HEPES) for a single-cell suspension.

Spleens were harvested and passed through a 70 μ m filter to obtain a single cell suspension. Red blood cells were lysed in ACK lysing buffer (Lonza, Basel, Switzerland) and resuspended in 10% media. Blood was collected by cardiac puncture and immediately suspended in RPMI with 10% FBS, 1% penicillin-streptomycin, 1 mM sodium pyruvate, 0.1% β -mercaptoethanol, 25 mM HEPES, and 5 mM EDTA on ice. Red blood cells were lysed in ACK lysing buffer for 3 minutes on ice, twice. For single-cell suspensions of bone marrow cells, femurs were collected, cleared of muscle and connective tissue, flushed with PBS, and filtered through a 70 μ m filter.

Flow cytometric analysis

Single-cell suspensions were stained with HBSS containing extracellular antibody stains and Live/Dead Fixable Aqua dead cell stain (Thermo Fischer Scientific). After extracellular staining, cells were fixed and permeabilized (Intracellular Fixation and Permeabilization Buffer Set, eBioscience, Santa Clara, CA). Cells were then rinsed and stained with eBioscience Permeabilization Buffer containing intracellular antibody stains. For intracellular stains containing biotinylated antibodies, streptavidin staining was performed separately in permeabilization buffer (eBioscience) after intracellular staining. Samples were washed and resuspended in flow cytometry buffer/FACS Buffer (PBS, 1% bovine serum albumin [Sigma-Aldrich], 2 mM EDTA [Thermo Fischer Scientific]) for acquisition. Absolute numbers were calculated using Count Bright absolute counting beads (Life Technologies).

In vitro re-stimulation

Lymphocyte single-cell suspensions from tissue were prepared as above and stimulated with 50 ng/mL phorbolmyristate acetate (PMA) (Sigma-Aldrich), 5 μ g/mL ionomycin (Sigma-Aldrich) in the presence of brefeldin A (GolgiPlug, BD Biosciences, Franklin Lakes, NJ) for 3 hours at 37°C in 5% CO₂. Extracellular staining was performed as above, fixed in 2% paraformaldehyde, and permeabilized with 0.5% Saponin in FACS buffer. Cells were then stained with intracellular antibodies and FACS with 0.5% Saponin, washed, and resuspended in FACS buffer for flow cytometric acquisition.

Toxoplasma gondii-specific tetramer staining

Lymphocyte single-cell suspensions from tissue were prepared as above. The following tetramer was obtained through the NIH Tetramer Facility: (APC-conjugated MHC class II tetramers bound to *T. gondii* ME49 hypothetical antigenic peptide I-A(b) (AVEIHRPVPGTAPPS) (Atlanta, GA). Cells were incubated with the *T. gondii*-specific tetramer or CLIP tetramer for 1 hour followed by extracellular and intracellular staining described above.

Antibodies

Antibodies used were: anti-TCR β -APC-Cy7 (BD Pharmingen, clone H57-597), anti-CD44-BV605 (BD Horizon, clone IM7), anti-CD4-PE-Cy7 (BD Pharmingen, clone RM4-5), anti-

CD8 β -PE (BD Pharmigen, clone H35-17.2), anti-CD8 β -PerCP-Cy5.5 (BioLegend, clone YTS156.7.7, San Diego, CA), anti-Foxp3-FITC (eBioscience, clone FJK-16s), anti-CD25-PerCP-Cy5.5 (BD Pharmigen, clone PC61), anti-CD278-PE-Cy5 (eBioscience, clone 7E.17G9), (anti-Tbet-ef660 (eBioscience, clone eBio4B10), anti-Ki67-AF700 (BD Pharmigen, clone B56), anti-IL-10-APC (BD Pharmigen), anti-TNF α (BD Pharmigen), anti-IFN γ BV650 (BD Horizon, clone, XMG1.2), anti-mAmphiregulin-Biotin (R&D systems, Minneapolis, MN), anti-Ly6C-PerCp-Cy5.5 (eBioscience, clone HK1.4), anti-CD11b-BV605 (BD Horizon, clone M1/70), anti-Ly6G-PECF94 (BD Horizon, clone 1A8), anti-CD45-V450 (BD Horizon, clone 30-F11), anti-Nos2-AF488 (eBioscience, clone CXNFT), anti-CD68-PE-Cy7 (eBioscience, clone FA-11), anti-CD206-APC (BioLegend, clone C068C2), anti-TCR β -FITC (ebioscience, clone H57-597), anti-Ly6G-FITC (BioLegend, clone 1A8), anti-NK1.1-FITC (eBioscience, clone PK136), Anti-SiglecF-BB515 (BD Horizon, clone E50-2440), anti-TER119-FITC (BD Pharmigen, clone TER-119), anti-CD45-APC-eFluor 710 (eBioscience, clone 30-F11), and anti-CD115-BV421 (BioLegend, clone AFS98). Flow cytometry data was acquired using a BD LSRFortessa Cell Analyzer and analyzed using FlowJo version 10.0.8 (Tree Star, Ashland, OR).

Treg Adoptive Transfer

CD4⁺CD44⁺Foxp3⁻ cells were FACS sorted from Foxp3-eGFP knock-in reporter mice. Isolated cells were stimulated with 1 μ g/mL plate bound anti-CD3/anti-CD28 (ebioscience) for 48 hours in conditioning media. After the initial 24 hours, 100 U/mL recombinant IL-2 (Peprotech, Rocky Hill, NJ) was added to the wells/conditioning media. To generate non-polarized Tregs, conditioning media contained 10 ng/mL TGF β , 5 μ g/mL anti-IL-4 and anti-IFN γ blocking antibodies (BD Pharmigen). To generate Th1-Tregs, conditioning media contained 10 ng/mL TGF β (Peprotech, Rocky Hill, NJ), 5 μ g/mL anti-IL-4 blocking antibodies and 50 ng/mL IFN γ (Peprotech, Rocky Hill, NJ). Cells were expanded *in vitro* for a total of 8 days. HBSS, 7.5 \times 10⁵ non-polarized Tregs, or Th1-Tregs were adoptively transferred intravenously into CD45⁺ B6.SJL 23 days post-infection. Organs were harvested for analysis six days following adoptive transfer.

Treg-specific depletion in DERE mice

DEREG mice (previously described in (Lahl et al., 2007)) were orally infected with ME49 cysts. Starting 23 days post-infection, both DTR+ and DTR- mice were treated with 1 μ g diphtheria toxin (DT) i.p. for a total of three injections every other day. Organs were harvested for analysis one day following the last injection.

qRT-PCR of muscle differentiation factors

Tissues from experimental mice were isolated and preserved in RNAlater (Qiagen, Venlo, Netherlands) for RNA isolation by Trizol extraction. Isolated RNA was converted to cDNA (iScript, BD Biosciences) assayed for muscle differentiation factors *MyoD* and *myogenin* by real-time PCR (iTaq Universal SYBR Green supermix, BD Biosciences) using primers purchased from BioRad (PrimePCR assay, BioRad laboratories). Ct values were normalized the housekeeping gene 18s rRNA (*Forward*: 5'-GCAATTATTCCCCATGAACG-3', *Reverse*: 5'-GGGACTTAATCAACGCAAGC-3'). 100 ng of skeletal muscle RNA was used for qRT-PCR analysis.

Quantification of parasite burden

Tissues from experimental mice were isolated and preserved in RNAlater (Qiagen) for DNA extraction with the QiagenDNeasy Blood and Tissue kit or RNA isolation with Trizol (Life Technologies). Total parasite burden was quantified by PCR-amplification of a *T. gondii* specific gene, B1 from DNA isolated from target tissues (*Forward*: 5'-TCCCCCTGCTGGCGAAAAGT-3', *Reverse*: 5'-AGCGTTCGTGGTCAACTA TCGATTG - 3'). Ct values were compared to a standard curve constructed from B1 amplification of known *T. gondii* genomic DNA concentrations. Tachyzoite and bradyzoite parasite burden was quantified by qRT-PCR of *Enolase2* (*Forward*: 5'-CCGTTACTCAACTTCCAACA-3', *Reverse*: 5'-CCATCGGTCAACAAGTCAA-3') and *Bag1* (*Forward*: 5'-GGGATGTACCAAGCATCCTG-3', *Reverse*: AGGGTAGTACGCCAGAG CAA-3'), respectively. Ct values were compared to a standard curve constructed from *Enolase2* or *Bag1* amplification of known *T. gondii* RNA concentrations. 1 µg of skeletal muscle DNA or RNA was used for PCR analysis of parasite burden.

Statistics

All statistics were generated using Graphpad Prism v6.0c (GraphPad Software, La Jolla, CA).

Results

T. gondii infection causes myositis and loss of function in skeletal muscle

Following oral infection with five type II ME49 *T. gondii* cysts, C57BL/6 mice experience significant weight loss acutely 9-12 days post-infection and fail to recover weight similar to that of their naïve counter parts as chronic infection (day 30) is established (Figure 1A). We speculated that the inability to efficiently regain weight was due, in part, to ongoing skeletal muscle damage following acute infection. To this end, we compared inflammatory cell infiltration and muscle fiber damage in mock and parasite-infected mice by H&E staining (Figure 1B,C). Specifically, analysis of cellular damage elaborated during infection shows little inflammatory infiltrate in muscle at day 12 but by day 30 post infection, extensive inflammatory infiltrate in perivascular, perimysial, and endomysial locations was observed (Figure 1B,C). The presence of pre-necrotic hyaline and necrotic fibers is comparably increased at day 12 and 30 post infection (Figure 1B,C). Additionally, there is an increased number of myofibers with central nuclei and prominent nucleoli, an indicator of regenerating fibers at 30 days post infection (Figure 1B,C). To determine if this damage evidenced in histology resulted in physiological consequences and alterations in muscle function, we measured muscle strength in infected mice using an inverted screen test. Chronically, infected mice (>day 30) displayed significant muscle weakness as compared to their naïve counterparts (Figure 1D).

To investigate myositis elicited by *T. gondii* in skeletal muscle, we next characterized the immunological landscape of infected skeletal muscle. To this end, we analyzed whole tissue RNA from naïve and chronically infected skeletal muscle for differential expression of gene targets and pathways previously implicated in musculoskeletal diseases. 379 unique targets

were screened by qRT-PCR using a predesigned musculoskeletal disease pathway panel (Biorad). A Th1 driven immune response is protective during both acute and chronic stages (19, 23–26). As expected we find a robust increase in whole tissue expression of Th1 cytokines including *Il12a*, *Il1a*, *Il2*, *Il12b* and *Ifng* in day 30 infected muscle that were below the level of detection in naïve skeletal muscle (Figure 2A left panel). Of note, transcripts encoding proteins involved in immunomodulatory pathways, such as *Il1rn*, *Il10* and *Il10ra*, in d30 infected muscle are expressed at a several fold increase over its expression in naïve skeletal muscle (Figure 2A right panel). The data from this screen describe an environment in which Th1 inflammatory pathways are active despite a concurrent increase in immunomodulatory mechanism, ultimately propagating unresolved inflammation. Furthermore, at the cellular level total CD4⁺ and CD8⁺ T cells dramatically increase in infected muscle while muscle from naïve controls shows few infiltrating T cells (Figure 2B,C). Both muscle CD4⁺ and CD8⁺ effector T cells highly express the Th1 canonical transcription factor Tbet (Figure 2D). Upon restimulation, both CD4⁺ and CD8⁺ effectors from day 24 infected muscle produce IFN γ but not IL-17A (Figure 2E,F). Notably, these populations persist in the infected muscle as evidenced by the continued expression of high levels of Tbet and the production of IFN γ that was detectable directly *ex vivo* 60 days post infection (Figure 2G).

Long lasting alterations in skeletal muscle macrophage populations during infection

Due to the fact we observed such striking muscle damage and loss of function, we next investigated macrophage polarization in infected muscle, as its coordination is essential for proper muscle fiber regeneration (4). Consistent with previous reports, naïve muscle consists mostly of M2-polarized macrophages (~80%) ((27) and Figure 3A-C). By day 12 post infection, we observe an increase in IM/M1-polarized macrophages and a dramatic reduction in M2, which markedly shifts the IM/M1 to M2 ratio heavily in favor of IM/M1s (Figure 3A-C). By 24 days post infection, muscle macrophages express M2 surface markers, such as CD206 and the absolute number of M2 increases (Figure 3A-C). Notably, they may not be fully functionally polarized to the M2 phenotype as they continue to express iNOS, an IM/M1 feature (Figure 3D). Furthermore, this increase in M2 is not paralleled by a contraction of IM/M1 as typically seen during skeletal muscle repair from sterile injury. Rather IM/M1 accumulation is sustained as chronic infection is established (Figure 3C). We postulated this altered macrophage polarization and/or function results in impairment of muscle regeneration leading to on-going muscle damage.

T. gondii infection results in sustained reduction of Tregs frequencies throughout infection

Recent studies of models of sterile muscle injury and muscular dystrophy (mdx) have shown during proper muscle repair a required presence of Tregs in promoting the shift of macrophage populations from pro-inflammatory IM/M1 to the pro-regenerative M2 (12, 13). Critically, the emergence of Tregs in muscle after sterile injury coincides with the transition from IM/M1 to M2-mediated phases of repair (12, 13). Prior works have described a collapse of the Treg compartment both locally in the GI tract, as well as systemically during acute lethal infection with *T. gondii* (28–30). Decreased Treg numbers are associated with limited Treg conversion and a lack of IL-2 availability in the gut (28). However, the long-term dynamics of the Treg compartment, especially the muscle, have not been investigated.

During infection, we observe a steady increase in the number of Tregs during early-infection, accompanied by increased proliferative potential at day 24 of infection (Figure 4A). However, the substantial infiltration of CD4⁺Foxp3⁻ T_{conv} and CD8⁺ T cells into the muscle results in significantly reduced proportions of Tregs to T_{conv} (< 6% Tregs) during chronic infection (Figure 4A). These findings are in striking contrast to the aforementioned sterile injury model of muscle damage where Tregs represent ~40% of all CD4⁺ T cells (31). This is significant because relatively fewer Tregs are available to regulate the expanded effector populations.

Treg populations can be subset by expression of a series of markers into two populations of central memory (CD25^{hi}) and effector memory (ICOS^{hi}) as described in (32). We analyzed the expression of these proteins and found at day 12 there are high-levels of CD25 expression that are not sustained during later time points. Instead ICOS expression is favored by muscle Tregs (Figure 4B,C). Also, phenotypically, a large proportion of these Tregs express the Th1-associated transcription factor Tbet (Figure 4D). Of these Tbet⁺Tregs, the per cell expression of Tbet is comparable to that of Th1 (Figure 4D). Furthermore, in contrast to T_{conv}, the presence of a durable population of *T. gondii* antigen specific Tregs is not detected in the spleen or skeletal muscle during infection (Figure 4E).

As a readout of function, we assessed expression of various pro- and anti-inflammatory cytokines by muscle Tregs from day 24 infected mice by restimulating with the mitogen PMA and ionomycin. Stimulated muscle Tregs did not produce IL-10 (data not shown). Previously it was shown muscle Tregs express high levels of the epidermal growth factor family member amphiregulin (Areg); this expression is thought to promote muscle fiber regeneration by acting on stem cells in the skeletal muscle (12). We find infection increases Areg expression and restimulation increases that expression (Figure 4F). We next assessed pro-inflammatory cytokine IFN γ from muscle Tregs in response to restimulation and did not find skeletal muscle Tregs producing IFN γ (Figure 4F).

Transfer of Th1-iTregs promote IM/M1-accumulation in infected skeletal muscle

We postulated the reduced proportion of Tregs in infected muscle was inadequate to promote efficient transition from IM/M1 to M2 during chronic infection, resulting in the observed accumulation of IM/M1. Furthermore, chronic exposure to IFN γ has been shown to sensitize Tregs to IL-12 signaling and potentially promote IFN γ production by Tregs (28, 33), which could hinder their capacity to promote M2 differentiation. To test if insufficient numbers of Tregs or their chronic exposure to IFN γ results in the accumulation of IM/MI during infection, we adoptively transferred inducible Tregs cultured in the absence (iTreg) or presence (Th1-iTreg) or recombinant IFN γ for 7-9 days. To generate iTregs for transfer, we FACS sorted CD4⁺Foxp3⁻ T cells from Foxp3^{eGFP} reporter mice, converted them to iTregs in the presence of TGF β , and expanded/conditioned them *in vitro* for 7-9 days. iTregs and Th1-iTregs were resorted on the basis of GFP⁺ (Foxp3⁺) cells prior to transfer at day 23 of infection to ensure transfer of a pure population of iTregs (> 98%, data not shown). Day 23 of infection was chosen as the transfer date because M2 populations re-emerge and Tregs are actively proliferating at day 24 post-infection (Figure 3C, 4A). Skeletal muscle was harvested 6 days post-transfer to monitor IM/M1 and M2. Transfer of iTregs did not

significantly alter IM/M1 and M2 numbers, proportions, and proliferative capacity remained similar to transfer controls (Figure 5A-D). Surprisingly, Th1-iTregs adoptively transferred into mice 23 days post infection increases IM/M1 in the skeletal muscle (Figure 5A-C). This increase was not due to the action of transferred Th1-iTregs on *in situ* IM/M1 proliferation (Figure 5D). Transfer of 7.5×10^5 iTregs or Th1-iTregs did not appreciably alter the absolute number of skeletal muscle Treg (Supplemental 2A). Furthermore, these changes occurred in the absence of enhanced immunopathology assessed by elevated liver enzyme (AST/ALT) levels (Supplemental 2B). To better understand how transfer of iTregs and Th1-iTregs result in differential effects on the macrophage population, we assessed their ability to produce a variety of cytokines following stimulation with PMA/Ionomycin after culture. Notably, no differences were observed in their capacity to produce IL-4, IL-13, IL-17, or IL-10 (Supplemental 1A,B). Both iTregs and Th1-iTregs produced Areg (Supplemental 1B). While there was a small but significantly increased ability of Th1-iTregs to produce IFN γ statistically, IFN γ -producing Th1-iTregs still only represent ~2% of total Th1-iTregs (Supplemental 1C). Our data suggests that Th1-iTreg IFN γ production is likely not the distinguishing factor promoting the IM/M1 accumulation in the infected skeletal muscle. Together, our data suggests long-term exposure of Tregs to IFN γ , may alter their canonical function and lead to the accumulation of IM/M1 instead of M2.

Treg ablation shifts macrophage populations in favor of M2 and rescues muscle regeneration

Given the remarkable finding that Th1-iTregs enhances IM/M1 numbers in infected muscle, we asked if skeletal muscle Tregs were directly contributing to the pathology observed during chronic infection. To this end, we used transgenic mice expressing the simian Diphtheria Toxin Receptor driven by Foxp3 (DTR) to systemically deplete Tregs 23 days post infection. DTR⁻ and DTR⁺ mice were infected and treated with diphtheria toxin (DT) starting on day 23 and depletion of skeletal muscle Tregs was confirmed (Supplemental 2C). Given that adoptive transfer of Th1-iTregs increased IM/M1 (Figure 5C), we asked whether Treg depletion restores M2 proportions, leading to improved repair. Indeed, Treg ablation (DTR⁺) increases muscle M2 proportions while DT treatment in DTR⁻ mice had no effect (Figure 6A,B). The shift towards a statistically significant increase in the M2 to IM/M1 ratio was due to the combinatory effect of both a decrease in IM/M1 and increase in M2 absolute numbers (Figure 6C). Furthermore, the effects of Treg depletion on IM/M1 and M2 numbers occurred in the absence of increased immunopathology as assayed by serum AST/ALT levels and total T cell/IFN γ -producing T cells in the skeletal muscle (Supplemental 2D,E). The frequency and number of total iNOS-producing macrophages remained unaltered following Treg depletion (Supplemental 2F). However, reactive nitrogen species may not be the key agent inciting damage, and the re-emergence of macrophages expressing M2 phenotypic markers such as the scavenger receptor CD206, indicates an increased proportion of macrophages that may have enhanced regenerative functions despite also producing iNOS.

To understand how Treg ablation influences the macrophage compartment, we first investigated the *in situ* proliferation of IM/M1 and M2 macrophages following depletion. Ki67-expression in both IM/M1 and M2 remained unaltered (Figure 6D). We next asked

whether Treg ablation acted on a systemic level, influencing M1 and M2 precursor monocytes from the bone marrow. Specifically, it has previously been reported that Ly6c^{hi} and Ly6c^{low} monocytes preferentially give rise to M1 and M2, respectively (4, 34–37, gating scheme Figure 6E). Following Treg depletion during infection, the frequency of Ly6c^{hi} and Ly6c^{low} monocytes is not notably altered (Figure 6F). Interestingly, the absolute number of Ly6c^{low} monocytes is significantly increased whereas the number of Ly6c^{hi} monocytes trends upward (Figure 6F). We next asked whether this change was also reflected in the blood. However, no detectable changes were observed in either frequency or number of monocyte subsets in the blood (Figure 6G).

Strikingly, the depletion of Tregs is associated with an increased incidence of centrally nucleated muscle fibers demonstrating enhanced muscle regeneration (Figure 7A,B), suggesting that Tregs actively inhibit muscle regeneration during chronic infection. We did not observe alterations in the weights of mice during DT treatment (Supplemental 2G). Previously, it was demonstrated that M2 promote the early, proliferative stage of myogenesis following sterile injury (38). To assess whether increased proportions of M2 influence the myogenic processes, we measured levels of the transcription factors *MyoD* and *myogenin*, which regulate distinct phases of the myogenic differentiation program in skeletal muscle stem cell populations. *MyoD* is highly expressed in the mid-G1 phase and between the S and M phases of the cell cycle (39). *Myogenin* is expressed upon differentiation of myoblasts into multinucleated myotubes (39). While tissue level expression of *MyoD* is not significantly altered in infected DTR⁺ mice compared to DTR⁻ mice, *myogenin* expression decreases following Treg depletion (Figure 7C).

Further, it was previously demonstrated that M2 have anti-cyst activity (40). We assessed whether a shift in proportions to favor M2 improved regeneration in part through decreasing parasite burden. Total parasite burden was assessed by the *T. gondii* tandem-arrayed 35-fold repetitive gene, *B1*. Treg depletion resulted in a non-significant trend downward in global parasite burden (Figure 7D). Transcripts *Eno2* (tachyzoite) and *Bag1* (bradyzoite) were also measured to determine if changes in parasite life-stage following Treg depletion occur. While detection of *Eno2* does not significantly change, expression of *Bag1* decreases (Figure 7E). Collectively, our data shows that chronic *T. gondii* infection causes ongoing inflammation and muscle damage. Furthermore, skeletal muscle Tregs in *T. gondii* infected mice directly contribute to muscle pathology by hindering muscle regeneration through promoting IM/M1 accumulation, and consequently influencing the myogenic program.

Discussion

In recent years, great progress has been made in examining the role of inflammation in sterile muscle injury and genetic diseases. These studies have shown that muscle repair is highly dependent on the sequential and discrete actions of pro-inflammatory macrophages (M1) and pro-regenerative (M2) macrophages (1–3). Importantly, dysregulation of macrophage populations and the inability to repair tissue damage is central to the pathogenesis of many inflammatory myopathies. In many myopathies including polymyositis and dermatomyositis, inappropriate macrophage accumulation and activation lead to invasion and destruction of non-necrotic muscle fibers (7, 8, 16) Notably, prolonged

M1 presence during muscle injury may lead to delayed or aberrant repair (7–13), while exuberant M2 activity may cause muscle fibrosis (6).

Previous reports have demonstrated sensorimotor deficits during *T. gondii* infection, however these findings were attributed solely to neurological abnormalities (41–43). Our data compellingly show muscle damage, ongoing myositis and loss of muscle function within infected muscle. This previously under appreciated pathology is associated with prolonged accumulation of IM/M1 in skeletal muscle during infection. Furthermore, it appears that M2 polarization is aberrant as we observe expression of iNOS from these cells. A previous report demonstrated that macrophages exposed to *T. gondii* express features of both M1 and M2 macrophages (44). Recent studies show a tissue-specific role for resident Tregs in the critical transition of pro-inflammatory IM/M1 to pro-regenerative M2 during tissue repair process (12, 13). Surprisingly, we find that during chronic toxoplasma infection Tregs acquire a pathogenic capacity to promote skeletal muscle damage.

The ability to adapt to local inflammatory environments is important for Treg homeostasis and function (30, 45). It is known that exposure to Th1 inflammation endows Tregs with an enhanced capacity to traffic to and survive within local Th1 inflamed environments through acquiring Th1 effector traits, such as Tbet and CXCR3 expression (30, 46). Furthermore, transcriptomic analysis of Tregs cultured in Th1 environments identifies Tregs with hallmark features like Tbet and CXCR3 as phenotypically distinct from Tregs cultured in neutral conditions (30). Consistent with this, we show that in the Th1 environment of chronically infected skeletal muscle, Tregs highly express Tbet. However, little is known about the long-term consequences of extended exposure to a pro-inflammatory milieu on Treg physiology such as that experienced during chronic inflammatory disease states. We show here that there can be detrimental consequences on the ability of Tregs to continue to perform homeostatic functions in the face of long-term inflammation. However it remains to be determined whether Tbet directly plays a role in the pathogenic capacity of these Th1-Tregs. Taken together with our current data, the paradigm of repair must be expanded to account for how pre-existing inflammation may modulate Treg physiology and ultimately alter progression of the repair process.

The role of Tregs during chronic infection with *T. gondii* was previously suggested to be limited during late-stage infection (47, 48). Studies showed that depletion of CD25-expressing cells with the anti-CD25 antibody administered after 2 months of infection showed no alterations in the course of disease. Interestingly, previous studies and our data here highlight that Tregs found in chronic infection express low levels of CD25 compared to Tregs during acute infection ((28, 47, 49), Figure 4). Our study provides compelling evidence that during chronic infection Tregs do indeed participate in the immune response, albeit in a pro-inflammatory role instead of a suppressive role. Our results show that these Tregs modulate the IM/M1 and M2 balance by promoting the accumulation of IM/M1 in the skeletal muscle. This role is independent of IFN γ production by Tregs as we do not find Tregs produce IFN γ *ex vivo* or with mitogenic stimulation. This is in contrast to previous studies that showed Foxp3-expressing cells producing the pro-inflammatory cytokine IFN γ during acute lethal infection with *T. gondii* (28).

We show that ablation of pathogenic Tregs induced during infection coincides with increases in the proportion of pro-regenerative M2 accompanied by increases in the number of regenerating fibers. We did not observe an appreciable decrease in the production of iNOS by M2 suggesting that reactive nitrogen species may not be the key agent inciting damage since we observe a dramatic increase in muscle fiber regeneration. Treg depletion does not alter *in situ* proliferation of either IM/M1 or M2. However, we do observe an increased numbers of Ly6c^{low} monocytes in the bone marrow. While this increase is not reflected in the blood, increased extravasation into the tissue may counter the increased input of Ly6c^{low} monocytes into the blood. Alternatively, the increase in Ly6c^{low} monocytes may represent an accumulation in the bone marrow due to hindered egress and the effect of Treg depletion on the balance of IM/M1 and M2 occurs at the tissue-level. In either circumstance, our results indicate a correlative relationship between the development of pathogenic Tregs during chronic infection, altered tissue macrophage homeostasis, and impaired muscle regeneration.

The results presented are consistent with previous *in vitro* co-culture studies in which M2 stimulated myoblast proliferation (38). Earlier reports note that this effect of M2 is not reliant on myoblast *MyoD* or *myogenin* expression (38). We show, enhanced proportions of M2 following Treg depletion correlates with increases in regenerating fibers concurrent with a decrease in *myogenin* expression. While *myogenin* is important for myotube terminal differentiation and fusion, its expression has been show to inhibit myoblast responsiveness to epidermal growth factors (50). Additionally, decreased *myogenin* expression may represent a myogenic checkpoint to ensure genetic stability in differentiated cells and proper regeneration (51). Taken together, these data suggest that pathogenic Tregs may cause a defective myogenic differentiation program through modulating macrophage subsets.

Alternatively, it is possible that Treg interactions with satellite cells are involved (12, 52). During sterile injury it was shown that Treg recruitment only occurred during the time when satellite cells expand. Furthermore, *in vitro* studies showed iTregs enhanced proliferation of satellite cells while preventing their further differentiation (12, 52). It is unclear if this prevention of differentiation occurs *in vivo*. Furthermore, Tregs in injured muscle show marked increases in the production of epidermal growth factor Areg that is concurrent with the M2 accumulation and proliferation of satellite cells (12). We find that Tregs from infected skeletal muscle express higher levels of Areg than naïve skeletal muscle Tregs. Albeit they do not express as much as Tregs in a sterile injured muscle where greater than half the population produced Areg (12). Given that Treg ablation leads to dramatic increases in regenerating fibers our data suggests the regenerative program during *T. gondii* is not reliant on Areg production by Tregs.

Our studies highlight the complexity of the potential interactions between the parasite, skeletal muscle fiber and immune response. While the depletion of Tregs may affect total parasitic activity, we do not observe significant overall alterations in the parasite burden following depletion as measured by the *B1* gene. Previous studies have shown that M2 have anti-cyst properties during *T. gondii* infection in the brain (40). Interestingly, we show that following Treg depletion, increases in M2 proportions are associated with decreased expression of the bradyzoite gene *bag1*. Conversely, we do not detect alterations in tachyzoite specific gene expression as evidenced by non-significant changes in the *eno2*

transcript levels between Treg replete and depleted mice. Host cell differentiation status can also directly influence parasite growth. Notably terminally differentiated syncytial myotubes promote stage conversion to bradyzoites (22). Taken together, these findings raise intriguing questions about whether the parasite may be influencing the local environment to induce pathogenic Tregs as a means to remain encysted, evade immune detection, and increase the likelihood of transmission via the infectious cyst stage as ingestion of undercooked contaminated meats is the primary route of transmission. In addition, it is tempting to speculate lasting loss of muscle function may have an impact on an organismal level such that the host cannot escape predators and thus the parasite is more likely to be transmitted.

While the importance of innate cells to muscle fiber regeneration has been well characterized, the role of the adaptive immune response is still being explored. Moreover, the regulatory mechanisms that allow for the progression of the wound repair response have just recently begun to be elucidated. The critical role that Tregs play in promoting tissue repair mechanisms in response to damage of the skeletal muscle has been recently recognized (12, 13, 52). The interplay between these cell populations during chronic infection of *Toxoplasma gondii* has not been examined until now. Previous work has showed that in the gut and other tissues, Tregs have a protective role during *T. gondii* infection (28, 30). Our data shows the unexpected finding that Tregs promote muscle damage during chronic infection. As Treg-directed therapies gain traction, a deeper understanding of the consequences of chronic inflammation on Treg physiology and tissue-specific reparative programming will be a powerful asset in producing safe and efficacious therapies. Our results show that Tregs residing in infected skeletal muscle play a decidedly different role than what is normally the suppressive function associated with Foxp3-expressing cells. Identifying the determinants of immunoregulation during skeletal muscle infection will provide targets for novel immune-modulatory therapeutics for a range of inflammatory myopathy etiologies, not limited to infection.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

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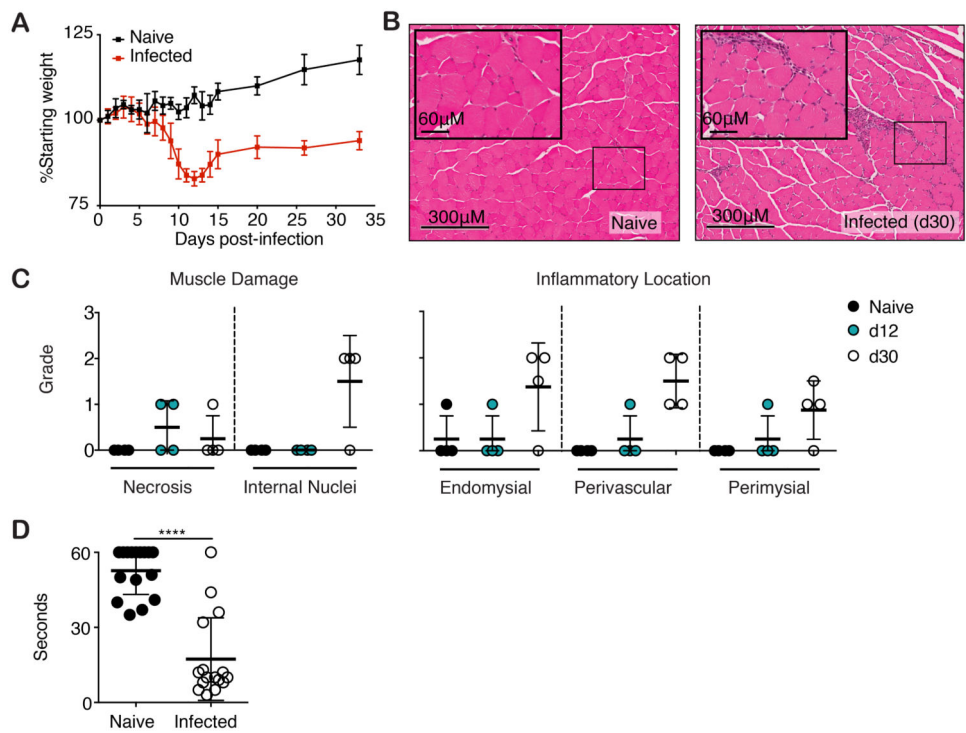


Figure 1. *T. gondii* causes myositis and skeletal muscle damage

(A) C57BL/6 mice were orally infected with 5 ME49 *T. gondii* cysts. Body weight was monitored for up to 35 dpi. (B) Representative images of H&E stained skeletal muscle sections from naïve and infected (30 dpi.) mice. (C) Blinded histopathological scoring of muscle damage and inflammation naïve and infected (12 and 30 dpi.) skeletal muscle. (D) Functional muscle strength was quantified in naïve and infected (>30 dpi.) mice by measuring hang time on Kondziela's inverted screen test. *** $P < 0.001$, Student's *t* test (A-D) Results are representative of at least two experiments with $n = 4$ mice per group/experiment; error bars are the SD.

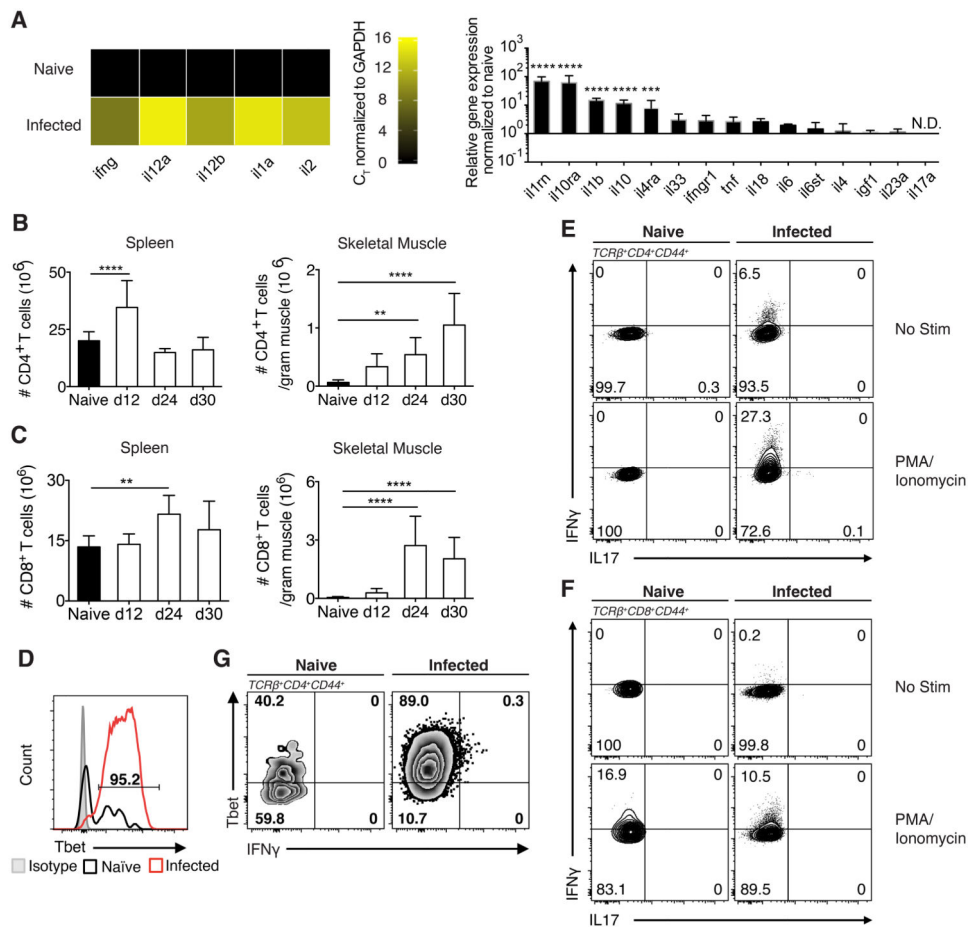


Figure 2. Inflammatory landscape of infected skeletal muscle is highly Th1-polarized
 (A) Inflammatory targets involved in known musculoskeletal disease pathways were explored by screening RNA isolated from the skeletal muscle of naïve mice and mice 30 dpi against 379 unique targets by qRT-PCR. Left: Heatmap was generated from C_T values of targets normalized to housekeeping (GAPDH) from naïve and infected mice. Right: Relative gene expression of infected skeletal muscle targets normalized to housekeeping and naïve skeletal muscle. Statistics were calculated on log-transformed fold change values. (B,C) Quantification of (B) $\text{TCR}\beta^+\text{CD4}^+$ T cells and (C) $\text{TCR}\beta^+\text{CD8}^+$ T cells in spleen and skeletal muscle after infection (D) Representative FACS plots of Tbet expression by T_{conv} ($\text{TCR}\beta^+\text{CD4}^+\text{Foxp3}^-\text{CD44}^+$) in naïve and infected muscle (30 dpi). (G) Representative FACS plots of Tbet and IFN γ by T_{conv} from naïve and infected muscle *ex vivo* (60 dpi). (E,F) Representative FACS plots of IL-17 and IFN γ production by (E) T_{conv} and (F) $\text{CD44}^+\text{CD8}^+$ T cells from naïve and infected muscle following 3-hour PMA/Ionomycin stimulation (24 dpi). (A-F) Results are representative of at least three experiments with $n = 4$ mice per group/experiment; error bars are the SD. ** $P < 0.01$; *** $P < 0.001$; **** $P < 0.0001$; (A) ANOVA with Tukey's multiple comparisons test (B,C) Student's t test.

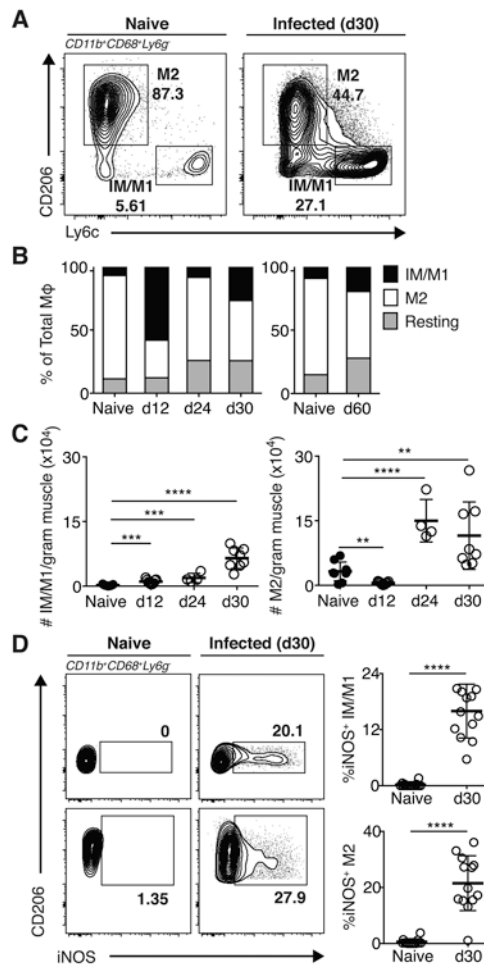


Figure 3. *T. gondii* infection expands IM/M1 populations

(A) Gating scheme for IM/M1 and M2 MΦ were gated on CD45⁺CD11b⁺Ly6G⁻CD68⁺ cells. (B) Frequencies and (C) absolute numbers of IM/M1 (Ly6C^{hi}CD206^{lo}), M2 (Ly6C^{lo}CD206^{hi}), and resting (Ly6C^{lo}CD206^{lo}) MΦ in naïve and infected muscle. (A-B) Results are representative of at least two experiments with n = 4 mice per group/experiment; error bars are the SD. (D) Representative FACS plots and graphical representation of iNOS expression by muscle IM/M1 and M2 in naïve and infected mice. Results are representative of at least four experiments with n = 4 mice per group/experiment. **P < 0.01; ***P < 0.001; ****P < 0.0001; (C) ANOVA with Tukey's multiple comparisons test, (D) Mann-Whitney U test.

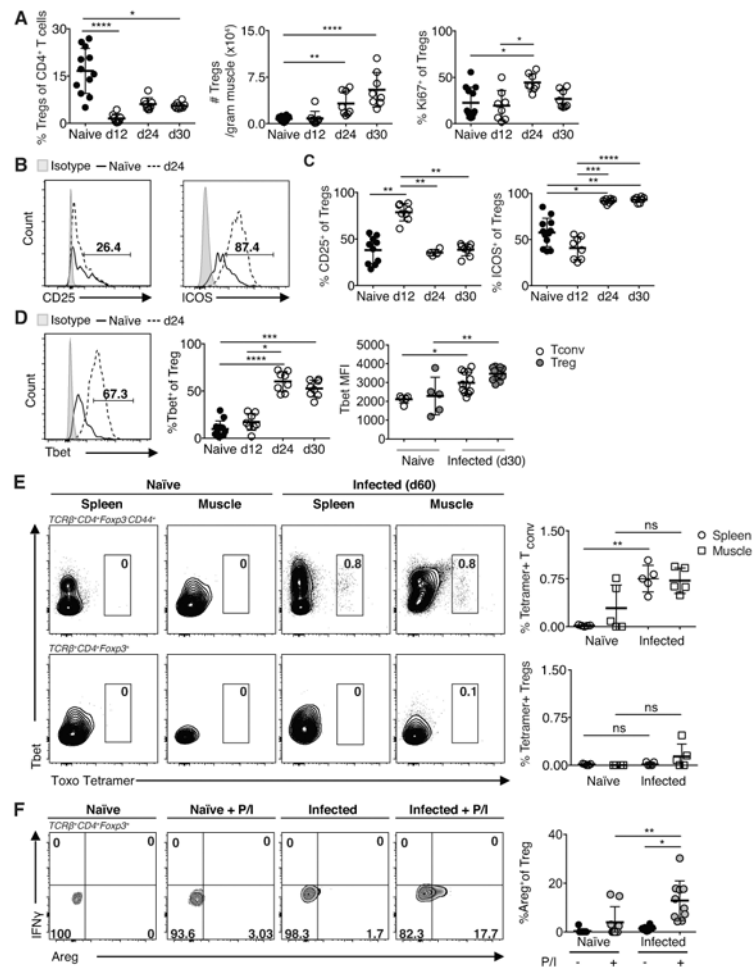


Figure 4. Treg kinetics and phenotype during chronic infection

(A) Quantification of Treg ($\text{TCR}\beta^+\text{CD4}^+\text{Foxp3}^+$) frequency, absolute number and proliferation (KI67^+) during infection. (B) Representative FACS plots (C) and graphical summary of CD25 and ICOS expression in Tregs from naïve and infected (24-days p.i.) muscle. (D) Left and middle: Representative FACS plots and graphical summary of Tbet expression in skeletal muscle Tregs during infection. Right: Tbet MFI in T_{CONV} and Treg 30 dpi. (E) Representative FACS plots and graphical summaries of antigen specific $\text{CD44}^+\text{CD4}^+\text{T}_{\text{CONV}}$ and Tregs in the spleen and skeletal muscle during long-term infection as detected by staining with MHC class II tetramers loaded with *T. gondii* antigenic peptide (F) FACS plots and graphical representation of Areg expression by Tregs isolated from naïve and infected (24-days p.i.) muscle following 3-hour PMA/Ionomycin (P/I) restimulation. Results are representative of at least three experiments with $n = 4$ mice per group/experiment; error bars are the SD. * $P < 0.05$; ** $P < 0.01$; *** $P < 0.001$; **** $P < 0.0001$; Kruskal-Wallis test.

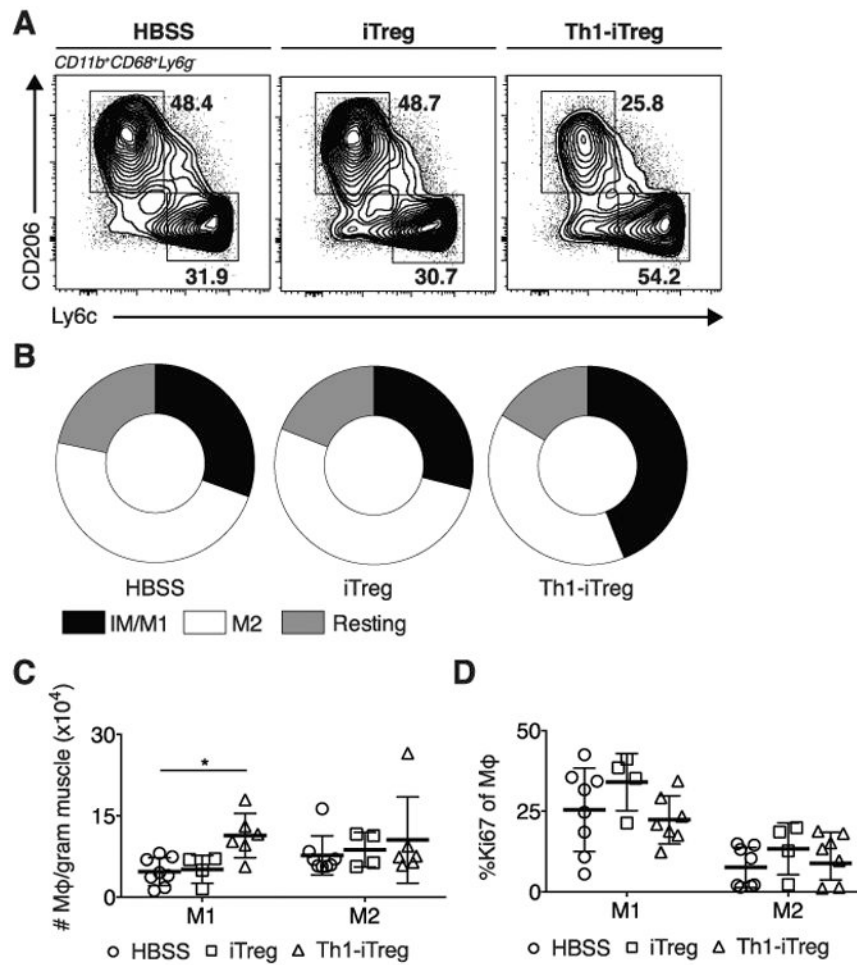


Figure 5. Th1-iTreg Transfer increases M1 populations

HBSS, iTregs, or Th1-iTreg were adoptively transferred into infected mice 23 dpi. (A) Representative FACS plots, (B) Distribution and (C) absolute number of IM/M1, M2 and resting MΦ six days after cell-transfer. (D) Effect of Treg transfer on skeletal muscle M1 and M2 proliferation (Ki67⁺) six days following transfer. Results are representative of n = 5 per group from two experiments, error bars are the SD. *P < 0.05; Student's *t* test.

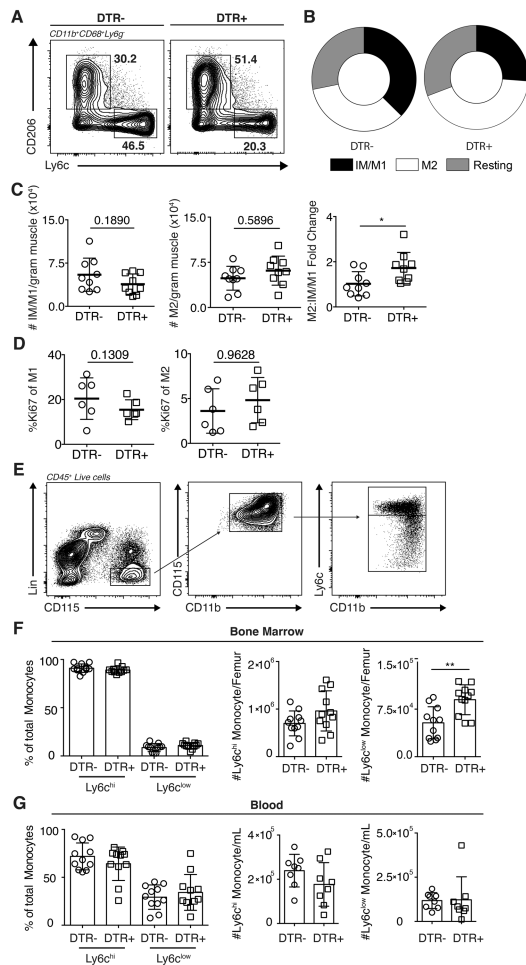


Figure 6. Treg depletion is accompanied by shift toward increased M2
 Systemic depletion of Tregs following DT treatment of DTR transgenic mice. (A) Representative FACS plots, (B) distribution and (C) absolute number and fold change of IM/M1 and M2 one day following final DT treatment. (D) Effect of Treg depletion on skeletal muscle M1 and M2 proliferation (Ki67⁺) one day following final DT treatment. (A-D) Results are representative of n = 10 per group from four experiments. (E) Gating scheme for Ly6c^{hi} and Ly6c^{low} monocytes. Frequencies and absolute numbers of (F) bone marrow and (G) blood Ly6c^{hi} and Ly6c^{low} monocytes (CD45⁺TCR β -Ly6G⁺SiglecF⁻NK1.1⁻TER119⁻CD11b⁺CD115⁺) one day following final DT treatment. Results are representative of n = 13 per group from three experiments; error bars are the SD. *P < 0.05; **P < 0.01; (C, E, F) Kruskal-Wallis test, (D-F) Student's *t* test.

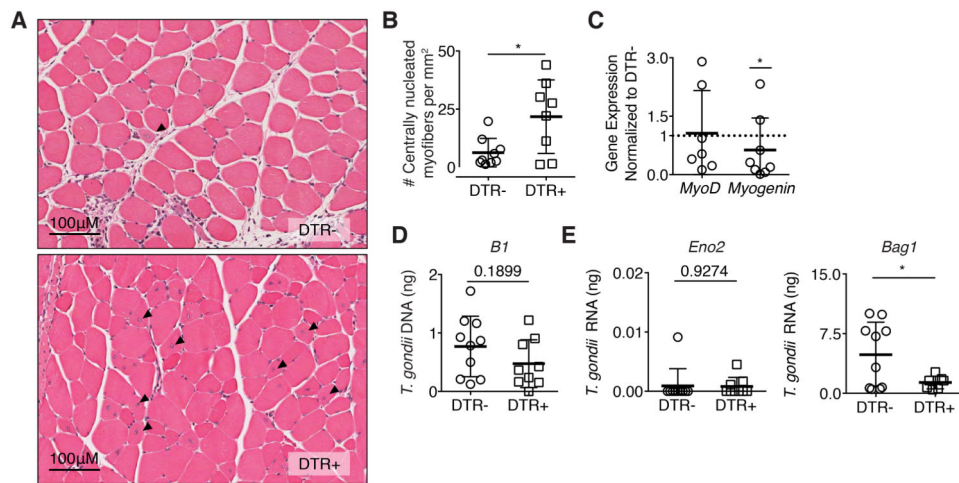


Figure 7. Treg ablation rescues skeletal muscle fiber regeneration

(A) Representative H&E stains of hindlimb muscles one day following final DT treatment in DTR⁻ and DTR⁺ mice 28 dpi. Arrows indicate centrally nucleated myofibers. (B) Quantification of regenerating fibers (centrally nucleated myofibers) in muscle sections per mm² (C) Fold expression of myogenic targets *MyoD* and *myogenin* in infected DTR⁺ skeletal muscle normalized to DTR⁻ skeletal muscle following DT treatment. Statistics were calculated on log-transformed fold change values. (D) qRT-PCR quantification of total parasite burden by *B1* and (E) parasite stage specific transcripts *Bag1* bradyzoite (left) and *Eno2* tachyzoite (right) following DT treatment. Results are representative of n = 10 per group from four experiments; error bars are the SD. *P < 0.05; Student's *t* test