

Medullary Norepinephrine Projections Release Norepinephrine into the Contralateral Bed Nucleus of the Stria Terminalis

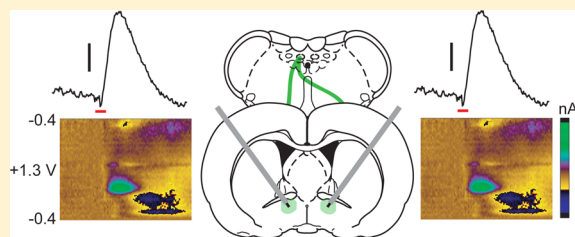
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Supporting Information

ABSTRACT: Central norepinephrine signaling influences a wide range of behavioral and physiological processes, and the ventral bed nucleus of the stria terminalis (vBNST) receives some of the densest norepinephrine innervation in the brain. Previous work describes norepinephrine neurons as projecting primarily unilaterally; however, recent evidence for cross-hemispheric catecholamine signaling challenges this idea. Here, we use fast-scan cyclic voltammetry and retrograde tracing to characterize cross-hemispheric norepinephrine signaling in the vBNST. We delivered stimulations to noradrenergic pathways originating in the A1/A2 and locus coeruleus and found hemispherically equivalent norepinephrine release in the vBNST regardless of stimulated hemisphere. Unilateral retrograde tracing revealed that medullary, but not locus coeruleus norepinephrine neurons send cross-hemispheric projections to the vBNST. Further characterization with pharmacological lesions revealed that stimulations of the locus coeruleus and its axon bundles likely elicit vBNST norepinephrine release through indirect activation. These experiments are the first to demonstrate contralateral norepinephrine release and establish that medullary, but not coerulean neurons are responsible for norepinephrine release in the vBNST.

KEYWORDS: Norepinephrine, fast-scan cyclic voltammetry, cross-hemispheric, locus coeruleus, nucleus of the solitary tract, ventral bed nucleus of the stria terminalis



Central norepinephrine signaling mediates a variety of processes including learning and memory, drug reward and withdrawal, and the behavioral and physiological responses to stress.^{1–5} Dysregulation of noradrenergic signaling is implicated in disorders ranging from drug addiction⁶ to Alzheimer's disease,⁷ and the ventral bed nucleus of the stria terminalis (vBNST) is a site of some of the densest noradrenergic innervation in the brain.⁸ Limbic, forebrain, and brainstem inputs converge in the BNST to relay information about stressors and generate an appropriate physiological response through regulation of the hypothalamic-pituitary adrenal (HPA) axis.¹ The vBNST receives noradrenergic input primarily from medullary neurons (A1/A2) coursing through the ventral noradrenergic bundle (VNB) and, to a lesser extent, from the neurons of the locus coeruleus (LC) through the dorsal noradrenergic bundle (DNB).^{1,9–12} Norepinephrine is released in the vBNST during presentation of an aversive tastant, omission of an expected reward, and delivery of a noxious stimulus.^{13–15} Furthermore, the vBNST is an important structure in mediating the aversive components of drug-withdrawal,^{4,16,17} and norepinephrine signaling in the vBNST undergoes robust plasticity following stress or drug-withdrawal dependent on HPA axis function.^{18,19} Norepinephrine signaling in the vBNST can integrate information about aversive and stressful stimuli to generate an appropriate physiological response, thus how it is regulated is an important topic of investigation.

Early anatomical studies described catecholamine neurons as projecting solely to one hemisphere in rodents.^{20,21} However, more modern tracing studies challenge the exclusively unilateral nature of catecholaminergic projections, and provide evidence for crossing projections originating in cell groups ranging from the ventral tegmental area (VTA)^{22,23} to the LC.^{24,25} We recently asked to what extent cross-hemispheric projections contribute to striatal dopamine release in rats.²⁶ Despite the reportedly small number of contralateral dopamine projections,^{22,23} we found that stimulating these projections resulted in physiologically relevant striatal dopamine release, which may confound the interpretation of unilateral manipulations.²⁶ Since some norepinephrine neurons also exhibit crossing projections in rats,^{24,25,27,28} and primates,^{29,30} we hypothesized that, like dopamine, bilateral norepinephrine projections would influence measured norepinephrine release. In this work, we used fast-scan cyclic voltammetry in anesthetized rats to measure cross-hemispheric norepinephrine release in the vBNST. We found noradrenergic axon pathways can release norepinephrine in the contralateral vBNST, and we identified contralaterally projecting norepinephrine neurons using retrograde tracing. As a consequence of these investigations, we serendipitously discovered that LC and DNB stimulations produce norepi-

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nephine overflow indirectly. This finding is contrary to our previous report suggesting coerulean projections are directly responsible for measured release in the vBNST.³¹ In agreement with anatomical evidence,^{1,9} we report that the neurons responsible for vBNST norepinephrine release are medullary in origin, and they exhibit cross-hemispheric functionality.

RESULTS AND DISCUSSION

Stimulation of Noradrenergic Axons Elicits Release in the Contralateral vBNST. Early anatomical studies describe catecholamine neurons as projecting primarily unilaterally in rodents;^{20,21} however, more modern tracing studies have revealed some catecholamine neurons project contralateral to their origin.^{22–25} We recently showed crossing dopaminergic projections support dopamine release in the contralateral striatum and may contribute to interhemispheric signaling.²⁶ To determine if norepinephrine neurons might also exhibit cross-hemispheric functionality and influence release in the vBNST, we used fast-scan cyclic voltammetry at dual carbon-fiber electrodes³² to measure norepinephrine release in anesthetized rats. We first lowered two carbon-fiber electrodes bilaterally into the vBNST, and a stimulating electrode unilaterally into the VNB (schematic in Figure 1a). Unilateral VNB stimulations produced norepinephrine release at both electrodes (examples in Figure 1b), supporting our hypothesis that norepinephrine projections exhibit cross-hemispheric functionality.

To map the location of contralateral projections, we next held the carbon-fiber electrode at a fixed depth in the vBNST (−7.2 mm DV), and lowered the stimulating electrode ventrally through the contralateral noradrenergic bundles. We measured contralaterally evoked norepinephrine release over a large dorsal-ventral range, peaking at locations corresponding to the DNB (−6.4 mm DV) and VNB (−8.0 mm DV, Figure 1c), in agreement with previous ipsilateral characterization.³¹ Norepinephrine release evoked by contralateral DNB and VNB stimulation was linear with increasing stimulation duration (DNB slope = 0.146 ± 0.007 $r^2 = 0.97$; VNB slope = 0.170 ± 0.005 , $r^2 = 0.98$; Figure 1d), similar to our previous report with ipsilateral stimulations.¹⁸ On average, maximal norepinephrine release in the vBNST was of comparable magnitude following stimulations of the contralateral DNB or VNB (DNB: $0.214 \pm 0.066 \mu\text{M}$; VNB: $0.192 \pm 0.038 \mu\text{M}$, $n = 10$, respectively), and ipsilateral DNB and VNB (DNB: $0.228 \pm 0.063 \mu\text{M}$; VNB: $0.191 \pm 0.029 \mu\text{M}$, $n = 10$, respectively). In a subset of animals, we performed within-animal comparisons of ipsilateral vs contralateral release by lowering the stimulating electrode ventrally through the ipsilateral, then contralateral hemisphere. Strikingly, the ratio of ipsilateral to contralateral release was equal between hemispheres following either DNB or VNB stimulations (Ipsi/Contra, VNB: 1.3 ± 0.20 ; DNB: 1.0 ± 0.08 , $n = 6$ animals, $P > 0.05$, Figure 1e). In this way, cross-hemispheric norepinephrine in the vBNST closely resembled dopamine in the dorsomedial striatum, in that it exhibited equivalent release regardless of stimulated hemisphere.²⁶

DSP-4 Treatment Does Not Attenuate vBNST Norepinephrine Release. The vBNST is thought to receive a small input from the LC through the DNB.^{1,9} Since DNB stimulations produced hemispherically equivalent release amplitudes, we next placed our stimulating electrode in the contralateral LC to ascertain its contribution to vBNST norepinephrine release. Stimulations of the LC elicited robust norepinephrine regardless of stimulated hemisphere (Ipsi,

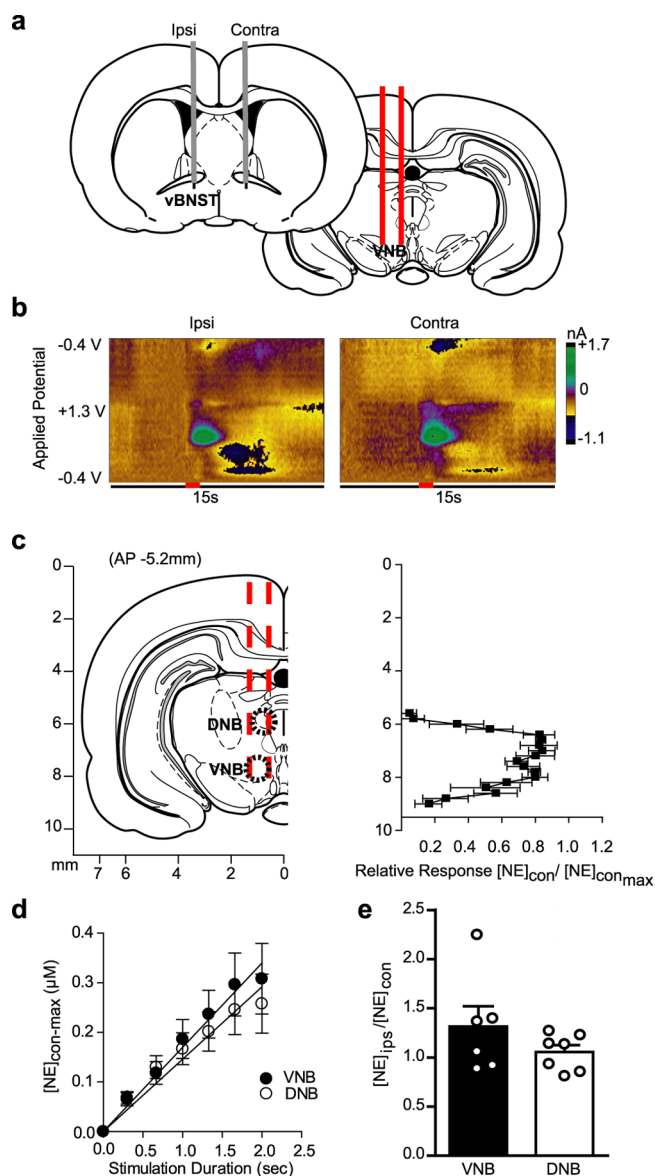


Figure 1. Stimulation of noradrenergic axon bundles produces hemispherically equivalent norepinephrine release in the ventral bed nucleus of the stria terminalis (vBNST). (a) Schematic of dual carbon-fiber electrodes in the vBNST (gray) with unilateral stimulating electrode (red) in the ventral noradrenergic bundle (VNB). (b) Representative color plots demonstrating norepinephrine release to a 1s electrical stimulation (red bar) to the VNB recording ipsilateral (Ipsi) and contralateral (Contra) to the stimulation. Applied potential is plotted on the abscissa, recording time on the ordinate, and current is encoded in false color. (c) Effect of stimulation electrode placement on contralateral norepinephrine release. Data are plotted as norepinephrine release $[\text{NE}]_{\text{con}}$ over maximal norepinephrine release $[\text{NE}]_{\text{con-max}}$ as elicited by contralateral stimulations and are presented as average \pm SEM. (d) Effect of stimulation duration on norepinephrine release evoked by contralateral dorsal noradrenergic bundle (DNB) and VNB stimulations. Average \pm SEM. (e) Within-animal comparison of norepinephrine release in the vBNST as elicited by ipsilateral and contralateral DNB and VNB stimulations. Average \pm SEM with individual experiments overlaid.

$0.163 \pm 0.082 \mu\text{M}$; Contra, $0.250 \pm 0.115 \mu\text{M}$, $n = 5$, $P > 0.05$, Figure 2), and of similar magnitude to previously reported LC-evoked norepinephrine in the vBNST.³¹ However, coerulean inputs to the vBNST are sparse;⁹ thus, we next

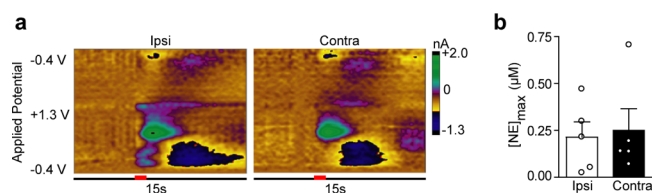


Figure 2. Locus coeruleus stimulations produce equivalent norepinephrine release in the ventral bed nucleus of the stria terminalis independent of stimulated hemisphere. (a) Representative color plots demonstrating norepinephrine release in the vBNST following a 1 s electrical stimulation (red bar) of the ipsilateral (Ipsi) and contralateral (Contra) locus coeruleus (LC). (b) Maximal norepinephrine release (NE_{max}) in the vBNST following Ipsi and Contra LC stimulations in all subjects.

asked if off-target effects could contribute to robust norepinephrine release described here and in the previous study.³¹ We employed the selective neurotoxin DSP-4 to lesion norepinephrine terminals from the LC.³³ Tissue content analysis revealed the treatment was effective at eliminating a significant degree of LC innervation, as concentrations were markedly reduced in the anteroventral thalamus (AV), a brain region receiving exclusively coerulean input (Table 1). Control values for the vBNST and the AV are similar to those previously reported from our lab^{18,31} and others.^{8,34} DSP-4 treatment significantly reduced norepinephrine and dopamine in the AV (unpaired t test, norepinephrine: $t_{(9)} = 3.579$, $P = 0.006$; dopamine: $t_{(9)} = 2.586$, $P = 0.029$), but did not exhibit an effect on the catecholamine content of the vBNST (norepinephrine: $t_{(9)} = 0.959$, $P = 0.363$; dopamine: $t_{(9)} = 0.371$, $P = 0.719$), in agreement with sparse coerulean innervation of the latter.⁹

As expected from the tissue content findings, DSP-4 treatment significantly attenuated DNB-evoked norepinephrine release in the AV (control vs DSP-4, 0.216 ± 0.035 vs 0.0950 ± 0.0376 μM , $n = 5$, respectively, unpaired t test: $t_{(8)} = 2.363$, $p < 0.05$, Figure S1). DSP-4 treatment did not affect vBNST release with ipsilateral VNB stimulations (control vs DSP-4, 0.281 ± 0.046 vs 0.408 ± 0.104 μM , $n = 5$ rats, respectively, Figure 3a) in agreement with our previous work.¹⁹ Surprisingly, DSP-4 treatment did not reduce vBNST norepinephrine evoked by ipsilateral LC or DNB stimulations (control vs DSP-4, DNB: 0.288 ± 0.046 vs 0.386 ± 0.154 ; LC 0.163 ± 0.032 vs 0.237 ± 0.073 μM , $n = 5$ rats, respectively, $P > 0.05$, Figure 3a), suggesting LC inputs to the vBNST were spared by DSP-4, or that release arises through an indirect effect.

Physical, but Not 6-OHDA LC Lesions Attenuate vBNST Norepinephrine Release. Since DSP-4 does not lesion the LC with 100% efficacy,³⁵ and its actions on the LC noradrenergic system have been called into question,³⁶ we next used bilateral 6-hydroxydopamine (6-OHDA) lesions targeted to the LC to corroborate the DSP-4 findings. Two weeks after 6-OHDA treatment, we anesthetized animals and recorded norepinephrine evoked from ipsilateral electrical stimulations.

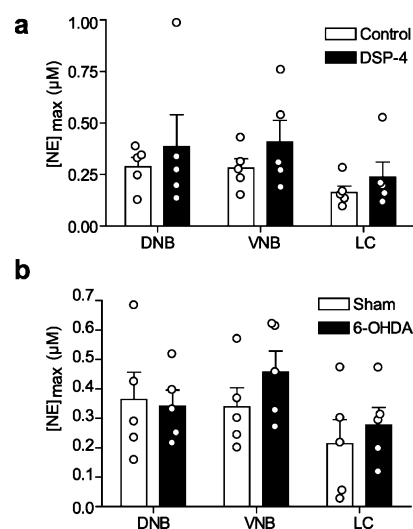


Figure 3. Chemical lesions of the LC do not impact vBNST norepinephrine release. (a) Maximal norepinephrine concentrations elicited by ipsilateral DNB, VNB, and LC stimulations in control (white) and DSP-4 treated rats (black). (b) Maximal norepinephrine concentrations elicited by ipsilateral DNB, VNB, and LC stimulations in sham (white), and 6-OHDA lesioned rats (black). Average \pm SEM with individual experiments overlaid.

Similar to DSP-4 treatment, 6-OHDA lesions of the LC had no measurable effect on norepinephrine release in the vBNST (Sham vs 6-OHDA; DNB: 0.364 ± 0.092 vs 0.342 ± 0.054 μM ; VNB: 0.339 ± 0.065 vs 0.457 ± 0.072 μM ; LC 0.213 ± 0.082 vs 0.278 ± 0.060 μM , $n = 5$ rats, respectively, $P > 0.05$, Figure 3b). In our previous report of LC-evoked norepinephrine in the vBNST, release was suppressed after delivery of lidocaine to the stimulation site.³¹ Given that selective chemical ablations did not reduce norepinephrine release, we turned to a physical disconnection approach by performing a knife-cut at the level of the LC. Cutting the ipsilateral LC markedly reduced LC-evoked norepinephrine release in the vBNST ($9.0 \pm 6.1\%$, $n = 5$ rats, Figure 4), similar to lidocaine.³¹

A2, but Not LC Neurons Project Bilaterally to the vBNST. Since a physical, but not selective pharmacological lesion of the LC reduced norepinephrine overflow, we asked if the LC sends projections to the vBNST that might be spared by chemical treatments. We unilaterally injected fluorogold into the vBNST, and looked for retrograde labeling in the LC and the nucleus of the solitary tract (A2) (Schematic in Figure 5a, Representative injection site Figure 5b). Even after signal amplification with an antibody against fluorogold, we did not find any retrogradely labeled cells in the LC (Figure 5c,d). Instead, we found bilateral fluorogold labeling in the A2 (Figure 5e–g). A1 norepinephrine neurons also innervate the vBNST,^{1,7,9–11} which may provide an additional source of cross-hemispheric projections. However, further work is needed to assess if the A1 sends bilateral projections to the vBNST, and

Table 1. Catecholamine Tissue Content in Target Regions for Untreated and DSP-4-Treated Animals^a

| | NE ($\mu\text{g/g}$ tissue) | | DA ($\mu\text{g/g}$ tissue) | |
|-------|------------------------------|----------------------|------------------------------|-------------------|
| | untreated | DSP-4 | untreated | DSP-4 |
| vBNST | 2.98 ± 0.80 | 2.14 ± 0.58 | 0.82 ± 0.25 | 0.84 ± 0.17 |
| AV | 1.82 ± 0.50 | $0.18 \pm 0.10^{**}$ | 1.62 ± 0.52 | $0.34 \pm 0.20^*$ |

^aValues are shown as mean \pm SEM. * $P < 0.05$, ** $P < 0.01$, compared to untreated values. Abbreviations: NE, norepinephrine; DA, dopamine.

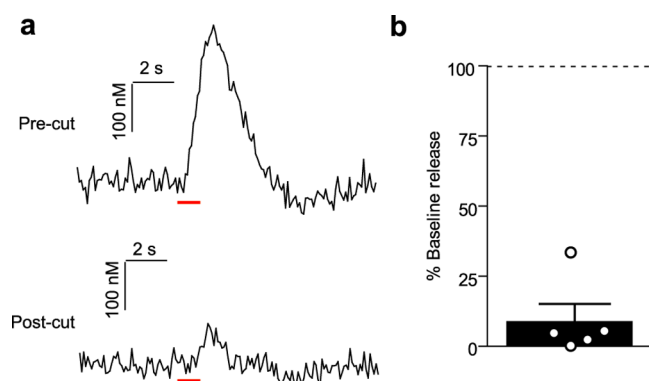


Figure 4. Knife-cut of the LC reduces LC-evoked vBNST norepinephrine. (a) Representative traces of norepinephrine release elicited by LC stimulations before, and after knife cut. Red bar denotes stimulation duration. (b) Norepinephrine release as a percentage of pre-cut baseline. Average \pm SEM with individual experiments overlaid.

if they contribute to contralateral norepinephrine release. Nevertheless, we found strong bilateral retrograde labeling in the A2. The number of labeled cells ipsilateral to the tracer infusion was greater than those in the contralateral hemisphere (27 ± 1.7 vs 5.3 ± 1.2 cells, $n = 3$ rats), which was surprising since we measured similar concentrations of norepinephrine with ipsilateral and contralateral VNB stimulations.

Hemispherically equivalent release could arise from a number of mechanisms. First, norepinephrine concentrations released from contralateral projections were linear with respect to stimulation duration, in a similar manner as ipsilaterally evoked norepinephrine.¹⁸ This might indicate norepinephrine release is “capped” from ipsilateral projections by regulation mechanisms. In our previous characterization of cross-hemispheric dopamine, we found the ratio of ipsilateral to contralateral dopamine release was at least partially dependent on D2 autoreceptor control.²⁶ Thus, autoreceptors may play a role in balancing norepinephrine concentrations between hemispheres as they do for dopamine. Alternatively, norepinephrine neurons may co-release glutamate, which was recently demonstrated to occur from some dopamine terminals.³⁷ Co-release of other neurotransmitters may depolarize norepinephrine terminals in the vBNST and partially explain the apparent hemispheric equivalence. Indeed, bath application of excitatory amino acids can stimulate norepinephrine release in brain slices.^{38,39} It is also worth considering that stimulations of the VNB also target the VTA,³² which receives inputs from both the A2 group⁴⁰ and the BNST.⁴¹ Activation of these projections may also contribute to electrically evoked norepinephrine release and hemispheric equivalence. Although the mechanism underlying hemispherically equivalent norepinephrine release is unknown, these data reveal that norepinephrine in the vBNST is similar to dopamine release in the dorsomedial striatum,²⁶ in that it is of similar magnitude with ipsilateral or contralateral stimulations.

DNB Stimulations Produce vBNST Norepinephrine Indirectly. The LC sends most of its forebrain projections through the DNB.²¹ Since the LC was not labeled with fluorogold, we hypothesized DNB stimulations produced norepinephrine release through an indirect mechanism. To test the possibility that another midbrain structure was mediating norepinephrine release, we delivered ibotenic acid (IBA) to the DNB (schematic in Figure 6a). IBA is a glutamate analog that, through excitotoxicity, selectively inactivates cell

bodies while leaving fibers of passage intact.⁴² Therefore, its neurotoxicity is not expected to impact the axons of the DNB; however, it would inactivate other proximal neurons. In agreement with this, norepinephrine release was not significantly altered in the AV (Saline vs IBA: $68.0 \pm 4.3\%$ vs $70.8 \pm 10.4\%$, $n = 5$ rats, $p > 0.05$, Figure 6b,c), indicating in this region, release is mediated by direct activation of the DNB. However, IBA infusions in the DNB significantly reduced norepinephrine release in the vBNST (saline $77.9 \pm 3.3\%$ vs IBA $20.3 \pm 3.8\%$, $n = 5$ rats, two-way repeated measures ANOVA: drug \times region interaction $F_{(2,16)} = 16.52$, effect of region $F_{(2,16)} = 21.47$, effect of drug $F_{(2,16)} = 46.67$, Bonferroni post hoc, $p < 0.001$, Figure 6b,c), suggesting DNB evoked release in the vBNST arises through an indirect mechanism.

Possible Mechanisms for Coerulean Evoked Norepinephrine in the vBNST. Based on the data obtained after selective chemical inactivation, we propose that norepinephrine release in the vBNST evoked from DNB and LC stimulations arises through an indirect mechanism. First, vBNST norepinephrine release was attenuated following IBA infusions in the DNB. Since IBA does not affect fibers of passage,⁴² the results from this experiment suggest that other midbrain nuclei are mediating release following DNB stimulation. At the coordinates used in this study, the DNB courses by several structures including the periaqueductal gray (PAG). Fluorogold infusions into the ventrolateral portion of the PAG bilaterally labels neurons in the A2 region.⁴³ Thus, PAG activation may antidromically activate the A2 group to elicit vBNST release, or this release could arise from another unidentified mechanism. Second, selective chemical inactivation with DSP-4 and 6-OHDA strongly suggest that noradrenergic neurons of the LC are not responsible for release in the vBNST. However, both lidocaine and knife-cut would prevent the propagation of action potentials traveling down axons near the LC. It is therefore possible that projections from medullary noradrenergic neurons close to the LC are responsible for this release. Indeed, an anterograde tracing study revealed A2 neurons innervate regions proximal to the LC.⁴⁴

Alternatively, the A2 projects to the nucleus paragigantocellularis (PGi),⁴⁵ which in turn, sends projections to the LC.⁴⁶ Therefore, LC stimulation may antidromically activate the PGI and subsequently the A2 to produce norepinephrine release in the vBNST. Furthermore, cross-talk between coerulean and medullary cell groups is supported by work demonstrating both norepinephrine cell groups contribute to opiate withdrawal syndrome,^{4,47} and coerulean lesions produce adaptations in norepinephrine signaling originating from A1/A2 neurons.¹⁹ Regardless of mechanism, the selective chemical lesions reveal that, although the DNB and LC can produce release in both ipsilateral and contralateral vBNST, it likely does so indirectly. Interestingly, the nonspecific activation we propose here may be responsible for the disparity in reports describing electrical self-stimulations of the LC or its pathways.^{48–51} Indeed, in animals trained to self-stimulate the LC, neither 6-OHDA lesions, nor electrolytic lesions of the DNB attenuate self-stimulation behavior,^{52,53} providing further support that stimulations of the LC/DNB activate other pathways.

There are two obvious approaches to address the specific neuronal populations contributing to vBNST norepinephrine release. The first would be to inactivate medullary norepinephrine neurons to confirm they are the sole population responsible for release in the vBNST. We have made repeated attempts to chemically ablate the A2 group, however these

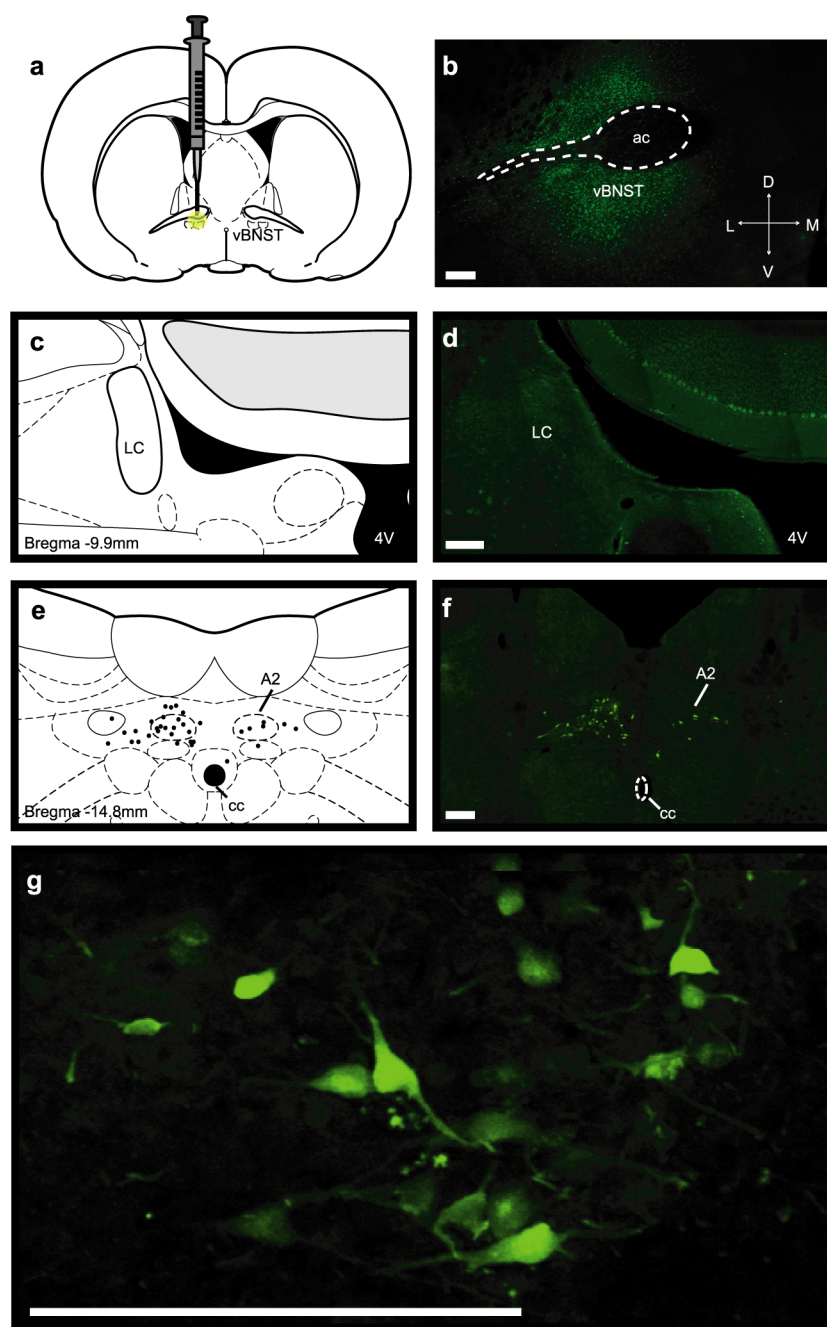


Figure 5. Unilateral fluorogold tracing in the vBNST. (a,b) Schematic and representative infusion site of fluorogold into the vBNST. (c,d) Apparent lack of fluorogold-positive cells in the ipsilateral LC and atlas section corresponding to the photomicrograph. (e,f) Bilateral fluorogold-positive cells in the A2 and camera lucida drawing of labeled cells in the atlas section corresponding to the photomicrograph. (g) Higher magnification image of fluorogold-positive cells in the ipsilateral A2. Scale bars are 200 μm . 4 V, fourth ventricle; ac, anterior commissure; cc, central canal.

manipulations in the brainstem typically result in ceased respiratory activity and subsequent death of the subject. The second approach would rely on a more selective stimulation method, such as optogenetics. Although optogenetic approaches have been widely successful for dopamine measurements,⁵⁴ thus far we have been unable to measure norepinephrine release from optogenetic stimulations in intact rats. For the time being, electrical stimulations must suffice for studying vBNST norepinephrine release in anesthetized animals. It is in this context that we place our findings regarding LC and DNB evoked norepinephrine. Although this release likely arises through an indirect mechanism, we can not provide a definitive

source. However, it is clear that care must be taken when interpreting data obtained with electrical stimulations of norepinephrine neurons and their projections.

Cross-Hemispheric Projections in the Context of Unilateral Manipulations. Neurodegenerative conditions such as Parkinson's disease are often modeled with unilateral lesions of catecholaminergic neurons.⁵⁵ However, the cross-hemispheric nature of catecholamine projections may confound the interpretation of data obtained following unilateral manipulations in rats. Indeed, stimulating intact, contralateral dopamine projections can release dopamine into an otherwise depleted hemisphere.²⁶ Furthermore, in a recent report,

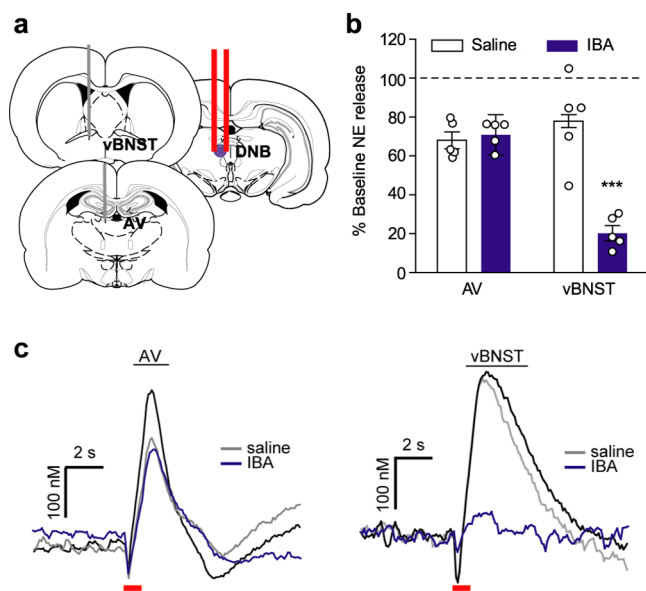


Figure 6. Ibotenic acid infusions in the DNB attenuate norepinephrine release in the vBNST, but not anteroventral thalamus (AV). (a) Schematic of recording locations and infusion of ibotenic acid (IBA) in the DNB. (b) Effect of saline (white) and IBA (purple) infusions on norepinephrine release in the vBNST and AV as a percent of baseline release (hashed line).*** $P < 0.01$, two-way repeated measures ANOVA with Bonferroni post hoc. (c) Representative evoked norepinephrine in the AV and vBNST after saline (gray) and IBA (purple) infusions. Red bar denotes electrical stimulation.

researchers used a unilateral knife-cut of the DNB to rule out contributions of LC norepinephrine to catecholamine release measured in the medial prefrontal cortex.⁵⁶ However, LC neurons project bilaterally to some regions^{24,25} and these contralateral projections may release physiologically relevant norepinephrine concentrations. It is clear from these findings that care must be taken when performing unilateral disconnection studies, since the unilateral nature of the monoamine projections originally described by Ungerstedt^{20,21} is now being called into question. Finally, exploiting the cross-hemispheric nature of catecholamine projections may prove useful in therapies such as deep-brain stimulation for restoring catecholamine concentrations in the brain.

CONCLUSIONS

In summary, we found norepinephrine release was elicited in the vBNST contralateral to the stimulation location. Stimulations of the DNB, VNB, and LC evoked norepinephrine of equal magnitude in both hemispheres. Norepinephrine evoked from LC stimulations occurred via nonspecific activation, as only physical, but not selective pharmacological lesions of the LC attenuated release. DNB stimulations also elicited norepinephrine in a nonspecific way, since inactivation of cells proximal to the DNB reduced evoked vBNST norepinephrine. Furthermore, fluorogold tracing revealed medullary, but not LC neurons, send bilateral projections to the vBNST. Taken together, these data show that, although norepinephrine is released in both hemispheres with unilateral activation, only medullary norepinephrine neurons are directly responsible for cross-hemispheric release in the vBNST. This previously undescribed property of norepinephrine neurons should be taken into account when performing unilateral manipulations.

METHODS

Animal Care. All experiments were performed in accordance with the Institutional Animal Care and Use Committee guidelines of the University of North Carolina at Chapel Hill (UNC). Sprague–Dawley rats (males, 300–400 g; Charles River, Wilmington, MA) were given food and water ad libitum and pair-housed in UNC animal facilities on a 12:12 h light:dark cycle.

Voltammetric Norepinephrine Measurements. Norepinephrine release was measured in anesthetized rats as described previously¹⁹ using HDCV.⁵⁷ An average in vitro calibration factor of 6 nA/ μ M was used to convert norepinephrine current to concentration following principal component analysis.⁵⁸ For bilateral norepinephrine measurements, rats were anesthetized with urethane (1.5 g/kg) and placed in a stereotaxic frame (Kopf, Tujunga, CA). Holes were drilled for the vBNST (AP 0 mm, ML \pm 1.2 mm), the DNB/VNB (AP -5.2 mm, ML $+1.2$ mm), and the LC (AP -9.8 mm, ML $+1.3$ mm), referenced from bregma and based on the atlas of Paxinos and Watson.⁵⁹ A Ag/AgCl reference electrode was placed in the left hemisphere and secured with a jeweler's screw. A carbon fiber microelectrode (~ 100 μ m active length) was lowered into the right vBNST (-7 to -7.5 mm DV) and a bipolar stimulating electrode (Plastics One, Roanoke, VA) was lowered ipsilateral to the carbon-fiber electrode in the LC (~ -7.0 mm DV), DNB (~ -6.5 mm DV), or VNB (~ -8.0 mm DV) until maximal norepinephrine release was attained. Both stimulating and carbon-fiber electrodes were subsequently secured with dental cement. A second carbon fiber microelectrode was lowered into the left, contralateral vBNST (-7 to 7.5 mm DV) until maximal norepinephrine was achieved. A total of 10 rats were used for these studies.

For mapping experiments and stimulation duration studies, first a carbon-fiber electrode was lowered into the right vBNST until maximal release with ipsilateral VNB stimulations was attained. Next, the stimulating electrode was raised to the DNB to determine maximum ipsilateral release. Then, the stimulating electrode was lowered through the contralateral hemisphere in 200 μ m increments to map the effect of contralateral stimulating electrode placement in the vBNST. Sixty Hz stimulations of varying duration (20–120 pulses) were delivered at depths corresponding to maximal release from contralateral DNB and VNB stimulations and plotted vs stimulation duration. We compared maximal norepinephrine evoked by ipsilateral and contralateral DNB and VNB stimulations at the same recording electrode location. A total of 6 rats were used for these experiments. In another group of rats ($n = 5$), we compared maximal norepinephrine release in the vBNST following ipsilateral and contralateral LC stimulations.

DSP-4 Treatment. Adolescent rats (150–200 g) were administered DSP-4 (*N*-(2-chloroethyl)-*N*-ethyl-2-bromobenzylamine) in two doses (0.5 mL, 50 mg/kg, i.p.) provided 3 days apart.¹⁹ Voltammetric ($n = 5$ DSP-4, $n = 5$ control) and tissue content ($n = 6$ DSP-4, $n = 5$ control) experiments were conducted 10–15 days after the last dose.

Tissue Content Analysis. A separate group of rats was anesthetized with urethane (1.5 g/kg), and their brains were rapidly removed and placed in ice-cold artificial cerebral spinal fluid (aCSF). Coronal sections (300 μ m thick) containing the BNST or AV were collected with a VF-200 Compressome (Precision Instruments Greenville, NC) in ice cold aCSF. The aCSF contained (in mM) 126 NaCl, 25 NaHCO₃, 2.45 KCl, 12 NaH₂PO₄, 1.2 MgCl₂, 2.4 CaCl₂, 20 HEPES, and 11 glucose, and was adjusted to pH 7.4 and saturated with 95% O₂ /5% CO₂. Tissue containing the vBNST or AV was excised bilaterally with a 1 mm punch, and collected into preweighed tubes. The samples were mixed with 200 μ L of 0.1 N HClO₄ containing 1 μ M hydroquinone, the internal standard, and subsequently homogenized using a sonic dismembrator (Fisher Scientific, Model 60, Pittsburgh, PA). The homogenate was spun down at 6000 rpm for 10 min, and the supernatant was removed and filtered using a 0.2 μ m syringe filter. High performance liquid chromatography was performed as described previously.^{18,31} Briefly, 20 μ L injections were made onto a reversed-phase column (5 μ m, 4.6 \times 5 mm, Waters Atlantis, Milford, MA). The mobile phase consisted of 0.1

M citric acid, 1 mM sodium hexylsulfate, 0.1 mM EDTA (pH = 3), and 10% methanol organic modifier at a flow rate of 1.0 mL/min. Norepinephrine and dopamine were detected with a thin layer radial electrochemical cell (BASi, West Lafayette, IN) at a potential of +800 mV vs Ag/AgCl. Data were collected at 60 Hz using a LabVIEW stripchart recorder program (Jorgenson Lab, UNC) and custom-built electronics. Concentration was determined by a ratio of analyte peak area to internal standard peak area, and normalized to wet tissue weight.

6-Hydroxydopamine Lesions. Rats underwent stereotaxic surgery under isoflurane anesthesia (4% induction, 1.5% maintenance), and an incision was made in the scalp to drill bilateral holes targeting the LC (AP -9.8 mm, ML \pm 1.4). An infusion cannula (Plastics One) was lowered to a depth of 7.0 mm from brain surface, and 1 μ L of 10 mM 6-hydroxydopamine hydrobromide (6-OHDA)/ 0.01% w/v ascorbic acid (Sigma-Aldrich) in sterile saline (0.9%), or saline (sham-lesioned) was infused into each hemisphere with an infusion needle (33 ga, 10 mm, Plastics One) over 5 min. The scalp was closed with Vet Bond (3M, St Paul, MN) and rats were allowed to recover for 2 weeks before being anesthetized with urethane for voltammetric norepinephrine measurements.

Knife-Cut Experiments. Rat were anesthetized with urethane (1.5 g/kg) and affixed in a stereotaxic frame. Holes were drilled for the vNST, VNB, and LC as described above. Once maximal release was attained with ipsilateral VNB stimulations the stimulating electrode was moved to the ipsilateral LC and adjusted for maximal release. The stimulating electrode was subsequently removed, and a surgical blade was lowered 0.2 mm past the depth of maximal LC release. The stimulating electrode was repositioned in the LC, and norepinephrine release was measured after subsequent LC stimulations. A total of 5 animals were used for these experiments.

FluoroGold Tracing. Rats underwent stereotaxic surgery under isoflurane anesthesia (4% induction, 1.5% maintenance). A small incision was made in the scalp, a hole was drilled in the skull to unilaterally target the BNST (AP 0.0 mm, ML 1.2 mm), and a 2 μ L Hamilton syringe was lowered to a depth of 7.2 mm from brain surface. 200 nL of FluoroGold (4% w/v in 0.9% saline, Fluorochrome, Denver, CO) was infused slowly over 5 min using a microinjection unit (model 500, Kopf, Tujunga, CA). The syringe was left in place for an additional 5 min to minimize spread up the tract. The scalp was closed with vet bond (3M), and rats were allowed to recover for 2 weeks. Rats were then anesthetized with urethane (1.5 g/kg) and transcardially perfused with 0.1 M phosphate buffered saline (PBS, pH 7.4), followed by 4% paraformaldehyde dissolved in PBS. Brains were subsequently removed and postfixed for >24 h in 4% paraformaldehyde. The fixed tissue was cryoprotected for >24 h in 30% sucrose before 30 μ m sections were collected in PBS using a freezing microtome (Leica, Germany).

Free-floating sections were incubated in 1%NaBH₄/0.1 M PBS for 15 min to quench endogenous fluorescence, and then rinsed in PBS 3 \times 15 min. Sections were blocked in 10% Normal Goat Serum (NGS)/ 0.3% Triton x-100 for 2 h at room temperature. After blocking, sections were incubated in 1:1000 rabbit-anti-FluoroGold (Fluorochrome) in 3% NGS 0.1%Triton x-100 overnight at 4 $^{\circ}$ C. Sections were washed in PBS before being incubated for 2 h in 1:500 goat anti-rabbit IgG FITC conjugate (Millipore) in 2% bovine serum albumin/0.1 M PBS at room temperature. Sections were rinsed 3 \times in PBS, then mounted, dried, and coverslipped with fluoromount (Sigma-Aldrich) for imaging on an Olympus FV1000 confocal microscope.

Ibotenic Acid Infusion. Electrical stimulation of the DNB was repeated every 3 min over a 1 h period to establish a baseline for norepinephrine release. Thereafter the stimulating electrode was removed, and the tip of a 2 μ L Hamilton syringe containing sterile saline was positioned 500 μ m dorsal to the original stimulation depth. The saline was infused manually with a microinjection unit (Model 500, Kopf, Tujunga, CA) over a 20 min period, and the syringe was removed for reinsertion of the stimulating electrode. Stimulations commenced for another 1 h period before the infusion procedure was repeated with 2 μ L ibotenic acid (130 mM in 2% Chicago Sky Blue prepared in sterile saline, Abcam, Cambridge, MA). The last 15 min of

data collected for baseline, post-saline and post-IBA were used in analysis

Statistics. All statistical tests were performed in Graph Pad Prism. Two-tailed *t* tests were used to assess differences in ipsilateral vs contralateral release. Two-way analysis of variance (ANOVA) with Bonferroni post hoc was used to assess differences in release following DSP-4 or 6-OHDA treatment. Two-way repeated-measures ANOVA with Bonferroni post hoc was used to assess differences in norepinephrine release following IBA lesions.

■ ASSOCIATED CONTENT

📄 Supporting Information

The Supporting Information is available free of charge on the ACS Publications website at DOI: 10.1021/acscemneuro.6b00210.

Figure demonstrating norepinephrine release in the AV after DSP-4 treatment (PDF)

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Author Contributions

M.E.F. and E.S.B. performed and analyzed voltammetry experiments. J.A.J. assisted with DSP-4 experiments. M.E.F. performed HPLC analysis of catecholamine content and fluorogold tracing. M.E.F., E.S.B., and R.M.W. wrote the manuscript.

Notes

The authors declare no competing financial interest.

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■ ABBREVIATIONS

A2, nucleus of the solitary tract; DNB, dorsal noradrenergic bundle; DSP-4, *N*-(2-chloroethyl)-*N*-ethyl-2-bromobenzylamine; IBA, ibotenic acid; LC, locus coeruleus; vNST, ventral bed nucleus of the stria terminalis; VNB, ventral noradrenergic bundle

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