# Growth hormone-releasing hormone receptor antagonists inhibit human gastric cancer through downregulation of PAK1–STAT3/NF-κB signaling

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Gastric cancer (GC) ranks as the fourth most frequent in incidence and second in mortality among all cancers worldwide. The development of effective treatment approaches is an urgent requirement. Growth hormone-releasing hormone (GHRH) and GHRH receptor (GHRH-R) have been found to be present in a variety of tumoral tissues and cell lines. Therefore the inhibition of GHRH-R was proposed as a promising approach for the treatment of these cancers. However, little is known about GHRH-R and the relevant therapy in human GC. By survival analyses of multiple cohorts of GC patients, we identified that increased GHRH-R in tumor specimens correlates with poor survival and is an independent predictor of patient prognosis. We next showed that MIA-602, a highly potent GHRH-R antagonist, effectively inhibited GC growth in cultured cells. Further, this inhibitory effect was verified in multiple models of human GC cell lines xenografted into nude mice. Mechanistically, GHRH-R antagonists target GHRH-R and down-regulate the p21-activated kinase 1 (PAK1)-mediated signal transducer and activator of transcription 3 (STAT3)/nuclear factor-κB (NF-κB) inflammatory pathway. Overall, our studies establish GHRH-R as a potential molecular target in human GC and suggest treatment with GHRH-R antagonist as a promising therapeutic intervention for this cancer.

GHRH receptor | GHRH-R antagonist | PAK1 | stomach cancer | prognostic predictor

Gastric cancer (GC) ranks as the fourth most common cancer<br>in incidence and the second most frequent in mortality among all cancers worldwide (1). Surgery remains the only curative therapy for GC, and it must be accomplished in a timely manner. The 5-y relative survival rate of GC is less than 25% (2). Despite recent advances, the molecular mechanisms underlying gastric tumorigenesis remain largely unknown. Several molecular targets including human epidermal growth factor receptor 2 (HER2), epidermal growth factor receptor (EGFR), c-MET, VEGR2, HGF, and mTOR have been proposed in human GC (2–4). However, the response rates related to these therapeutic approaches vary considerably (4). Thus, the development of novel molecular targets and derived therapeutic strategies is an urgent need.

Increasing evidence suggests that GC is a type of inflammationassociated cancer caused by the complex interaction between host and environmental factors (5). Infection with the pathogen Helicobacter pylori, which triggers chronic gastritis, remains the strongest single risk factor for human GC (6). Numerous cellular and molecular pathways, which converge at the level of the signal transducer and activator of transcription 3 (STAT3) and nuclear factor-κB (NF-κB) (7–10), are involved in this inflammation-driven gastric tumorigenesis and progression.

Growth hormone-releasing hormone (GHRH) is a neuropeptide produced in the hypothalamus. In the anterior pituitary, GHRH regulates the synthesis and secretion of growth hormone (GH) (11, 12) upon binding to GHRH receptor (GHRH-R) and subsequently exerts mitogenic activity for pituitary cells (11, 12). GHRH and GHRH-R had been demonstrated to be expressed predominantly in the anterior pituitary gland but also found modestly in other somatic cells. However, accumulating evidence shows that both GHRH and GHRH-R are significantly present in various cancers including breast, prostate, ovarian, pancreatic, colon, gastric, and lung cancers, lymphoma, and glioblastoma

## **Significance**

Gastric cancer (GC) is a leading and lethal malignancy in the world. Unfortunately, therapeutics targeting GC lag behind those of many other cancers, and the effective treatment options are limited. Here we report that increased expression of growth hormone-releasing hormone receptor (GHRH-R) in tumor specimens is significantly associated with tumorigenic progression and poor clinical outcome of GC patients. MIA-602, a highly potent GHRH-R antagonist, effectively inhibits GC growth in vitro and in vivo. The anti-neoplastic effects were mediated by blockage of the p21-activated kinase 1 (PAK1)–signal transducer and activator of transcription 3 (STAT3)/ nuclear factor-κB (NF-κB) axis. Thus, GHRH-R presents a molecular marker and therapeutic target of GC, and MIA-602 demonstrates excellent therapeutic potential against human GC.

Conflict of interest statement: A.V.S. and R.C. are listed as co-inventors on patents on GHRH analogs which were assigned to the University of Miami and Veterans Affairs Department.

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Fig. 1. GHRH-R overexpression in GC patients is associated with poor survival. (A, Left) Immunohistochemical staining of GHRH-R (brown) on GC sections ( $n =$ 106) and paired noncancerous tissues. Nuclei were counterstained with hematoxylin (blue). (Scale bars: Top, 200 μm; Bottom, 50 μm.) (Right) The immunohistochemistry score of GHRH-R in GC (filled bar) and paired noncancerous (open bar) tissues was plotted. Error bars indicate SEM.  $**P < 0.01$  by paired t test. (B) Kaplan–Meier curves compared the overall survival in GC patients with high and low protein levels of GHRH-R. (C) The relationship between overall survival and mRNA levels of GHRH-R in GC by Kaplan-Meier survival analysis. (D) Univariate and multivariate Cox regression analysis of clinicopathological factors in GC patients ( $n = 106$ ).

(11–19). The GHRH/GHRH-R pathway is considered a growth factor-signaling pathway in these cancers and may modulate the activities of multiple intracellular pathways (11–13). Thus, targeting the GHRH/GHRH-R pathway has been proposed for the treatment of cancer (11, 12). Over the past three decades, various classes of GHRH-R antagonists have been developed that have shown strong growth-inhibitory effects in cancer both in vitro and in vivo (11–14, 20). MIA-602 (14) represents the latest in a series of GHRH-R antagonists and has been chosen for clinical development. We previously reported that GHRH-R is present in gastric mucosa (13), and GHRH-R mRNA is detectable in two GC cell lines (17). However, little is known about the effects of a GHRH-R antagonist, particularly on GC in vivo, and the mechanisms by which GHRH-R antagonist achieves anti-neoplastic effects in GC. Moreover, although GHRH-R expression has been discovered in multiple cancers, the clinical relevance of GHRH-R in tumorigenic progression and in clinical outcomes is largely elusive.

Among the multiple oncoproteins, a serine/threonine protein kinase designated "p21-activated kinase 1" (PAK1), which is stimulated by active Rac1 and Cdc42-GTPases, works as a node of cancersignaling networks (21, 22). PAK1 overexpression has been observed frequently in a variety of cancers. Aberrant PAK1 plays a critical role in tumor cell proliferation and invasiveness, thereby modulating oncogenesis and tumorigenic progression (21, 22). Because PAK1 has been recognized as a potential pharmacological molecular target, the clinical pipeline of molecular therapy targeting PAK1 has been growing (21–23). Our previous studies and those of other investigators demonstrated that PAK1 is up-regulated in cancers of the gastrointestinal tract, including GC (23–28). Intriguingly, PAK1 also activates the inflammatory signaling induced by H. pylori infection in epithelial cells, further linking PAK1 to human GC pathogenesis (29). Indeed, PAK1 not only induces the oncogenic signaling but also promotes inflammatory pathways, such as STAT3 and NF-κB (29–32), which are associated with inflammationassociated malignancy (7–10), suggesting that PAK1 has a function in inflammation-related tumor progression.

In this study, we show that aberrant GHRH-R is clinically important in GC progression and patient prognosis. Targeting GHRH-R by using MIA-602 induces the inhibition of GC growth both in vitro and in vivo. The inhibitory effects of GHRH-R antagonist are mediated by targeting the inflammatory signaling pathway of PAK1–STAT3/NF-κB.

#### Results

Overexpression of GHRH-R Is Clinically Important for Tumorigenic Progression and Is Associated with Overall Survival in Human GC. To evaluate the clinical significance of GHRH-R in human GC, we investigated GHRH-R expression in GC specimens from a 106-patient cohort. By analysis of specimens immunohistochemically stained for GHRH-R in primary GC specimens, along with paired



Fig. 2. The inhibitory effect of MIA-602 on the viability of GC cells in vitro. (A– C) The viability of KATO-III (A), SGC-7901 (B), and SK-GT5 (C) cells treated with MIA-602 (0.1, 1, 5, or 10  $\mu$ M) or vehicle solution for 48 h was measured by 3-[4,5dimethylthiazol-2-yl]-2,5-diphenyltetrazolium bromide (MTT) assay. (D–F) Colony formation of KATO-III (D), SGC-7901 (E), and SK-GT5 (F) cells was decreased by treatment with MIA-602 (filled bar) compared with vehicle treatment (open bar). Quantitative analysis of colony numbers is given on the right. Error bars indicate SEM.  $*P < 0.05$ ,  $**P < 0.01$ ,  $***P < 0.001$  by a one-way ANOVA with post hoc intergroup comparisons (A–C) or Student's t test (D–F);  $n = 3$  in each group (A–F).



Fig. 3. Inhibition of gastric tumor growth in vivo by MIA-602. (A–C, Left) Tumor growth curves of KATO-III (A), SGC-7901 (B), and SK-GT5 (C) models  $(n = 12$  in each group) treated with MIA-602 administration or vehicle. (Center) Tumors were harvested at the end of the experiments. (Right) The average weights of tumors derived from treatment with MIA-602 (filled bar) or control (open bar). Error bars indicate SEM. \*P < 0.05, \*\*P < 0.01, \*\*\*P < 0.001 by Student's t test.

adjacent normal tissues, we discovered that the GC tissues exhibited robust expression of GHRH-R compared with normal tissues ( $P <$ 0.01) (Fig. 1A). To validate a reasonable cutoff score for GHRH-R overexpression, a receiver operating characteristic (ROC) curve analysis was performed ([Fig. S1](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1618582114/-/DCSupplemental/pnas.201618582SI.pdf?targetid=nameddest=SF1)). Accordingly, the cutoff score for GHRH-R overexpression was 2.5 (immunochemistry score), which was closest to the point with both maximum sensitivity and specificity. The cases with scores  $\leq 2.5$  were defined as having low expression of GHRH-R, and those with scores >2.5 were defined as having overexpression of GHRH-R. Overexpression of GHRH-R was detected in 50 of 106 human primary GCs (47.17%). We further examined the association of GHRH-R expression with clinicopathological features of malignant behavior. Correlation analysis demonstrated that the overexpression of GHRH-R was positively correlated with tumor size  $(P = 0.031)$  and pathological tumor (pT) status ( $P = 0.001$ ) [\(Table S1\)](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1618582114/-/DCSupplemental/pnas.201618582SI.pdf?targetid=nameddest=ST1). Thus, GHRH-R is highly enriched in human GC tissues and correlates closely with cancer progression.

Further, Kaplan–Meier analysis demonstrated that GC patients with increasing expression of GHRH-R showed a poor overall survival ( $P < 0.001$ , log-rank test) (Fig. 1B). We further confirmed our findings in a larger cohort containing 876 GC patients from a published dataset [\(kmplot.com/analysis/index.php?](http://kmplot.com/analysis/index.php?p=service&cancer=gastric) p=[service&cancer](http://kmplot.com/analysis/index.php?p=service&cancer=gastric)=gastric) (33), which was multi-institutional and represented various races and countries, including Germany, Australia, Brazil, Korea, Singapore, and China. In line with above observations, this dataset showed that higher GHRH-R expression is associated with a poorer overall survival of GC patients ( $P \lt \theta$ 0.001, log-rank test) (Fig. 1C). Multivariate Cox regression analysis of the 106-patient cohort determined that GHRH-R expression is an independent predictor of prognosis for GC patients [hazard ratio (HR) = 2.497, 95% confidence interval (CI) = 1.369–4.553,  $P = 0.003$  (Fig. 1D). The survival analyses from these multiple cohorts confirmed that GHRH-R overexpression is positively associated with poor overall survival of GC patients and is a potential predictor for GC patients.

Because increased transcription and gene copy number gain or amplification are alternative mechanisms of oncoprotein overexpression, we examined the status of mRNA expression and gene copy number of GHRH-R in human GC. In a published dataset (GSE13861) including 65 GC specimens and 19 adjacent normal tissues (34), GHRH-R mRNA was found to be significantly elevated in GC specimens vs. normal controls  $(P < 0.001)$ [\(Fig. S2](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1618582114/-/DCSupplemental/pnas.201618582SI.pdf?targetid=nameddest=SF2)A). Supporting the above findings, 21 of 24 GC cell lines had higher expression of GHRH-R mRNA than did normal gastric tissues  $(n = 10, \text{ MERAV database}, \text{merav.wi.mit.edu})$ [\(Fig. S2](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1618582114/-/DCSupplemental/pnas.201618582SI.pdf?targetid=nameddest=SF2)B) (35). Next, the amplification of the GHRH-R gene in human GC was observed by analyzing DNA copy number using the Oncomine database (Fig.  $S2C$ ) (36). Thus, in addition to protein overexpression, GHRH-R mRNA is also overexpressed in human GC tissues, along with gene amplification. Together these findings show that increased GHRH-R is clinically important in tumorigenic progression in human GC and correlates closely with patient outcome.

The GHRH-R Antagonist MIA-602 Inhibits the Growth of Human GC Cells in Vitro. The clinical importance of GHRH-R involvement in tumor progression and patient outcomes underscores the great therapeutic promise of targeting GHRH-R in human GC. We therefore determined the inhibitory efficacy of MIA-602, one of the latest GHRH-R antagonists, on human GC cells. We treated three human GC cell lines, KATO-III, SGC-7901, and SK-GT5, with MIA-602 at 0.1-, 1-, 5-, and 10-μM concentrations for 48 h (15, 16, 37). MIA-602 treatment resulted in reduced cell viability in all cell lines in a dose-dependent manner, as compared with vehicle controls ( $P < 0.05$  for all) (Fig. 2 A–C). Because a striking decrease, by ~25% (IC<sub>25</sub>), was seen in cell viability at 1 µM following MIA-602 treatment (Fig.  $2A-C$ ), we chose the dosage of 1 μM for subsequent studies. After exposure to 1 μM MIA-602 for 9 d, all treated cell lines formed fewer colonies than the same cell lines treated with vehicle (control)  $(P < 0.01$  for all) (Fig. 2 D–F). Cellular proliferation represented by phospho-Histone H3 (pH3) immunofluorescence was decreased in all MIA-602–treated cells compared with controls ( $P < 0.01$  for all) [\(Fig. S3](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1618582114/-/DCSupplemental/pnas.201618582SI.pdf?targetid=nameddest=SF3)). Therefore, the GHRH-R antagonist MIA-602 inhibits GC cell growth.

The GHRH-R Antagonist MIA-602 Inhibits the Growth of Human GC in Vivo. To evaluate the therapeutic potential of the GHRH-R antagonist MIA-602 in a more clinically relevant GC model system, three mouse xenograft models were generated by s.c. inoculation of KATO-III, SGC-7901, or SK-GT5 cells. When individual tumors reached a volume of  $75.89$  mm<sup>3</sup>, mice were treated with MIA-602 at a dose of 5 μg/d by s.c. injection (KATO-III- and SGC-7901-mice were treated for 4 wk; SK-GT5-mice was treated for 5 wk). MIA-602 exhibited remarkable inhibitory effects on tumor growth in vivo  $(P < 0.001$  for all) (Fig. 3), as evidenced by the decreased tumor size and weight (Fig. 3). These data indicate that MIA-602 effectively inhibits GC growth in vivo, further indicating that GHRH-R is a potential therapeutic target in human GC.

The GHRH-R Antagonist MIA-602 Inhibits the Growth and Progression of Human GC by Blocking the PAK1–STAT3/NF-κB Axis. To generate a cellular model for studying the underlying mechanisms responsible for the effects of MIA-602, we examined the expression of GHRH-R in a panel of GC cell lines by Western blotting. Full-length GHRH-R glycosylated protein (55 kDa) was present in all examined cell lines. KATO-III cells had the highest level of GHRH-R; SGC-7901 and SK-GT5 cells expressed moderate levels of GHRH-R; SNU-1 cells expressed a low level of GHRH-R [\(Fig. S4](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1618582114/-/DCSupplemental/pnas.201618582SI.pdf?targetid=nameddest=SF4)A).

Given that GC is an inflammation-driven cancer, and that MIA-602 has been shown to inhibit inflammatory signaling (14, 38), we investigated whether MIA-602 could suppress inflammatory signaling, specifically in GC. STAT3 and NF-κB, two critical inflammation regulators, were suspected to be the molecular surrogates of downstream GHRH-R signaling. Of note, MIA-602



Fig. 4. MIA-602 suppresses inflammatory signaling in GC. (A) KATO-III and SGC-7901 cells were treated with MIA-602 or vehicle and then were harvested, and equal amounts of lysates were immunoblotted for the labeled antigens. β-Actin was used as an internal control. (B) Subcellular localization of p65 (red) in the KATO-III and SGC-7901 cells, as analyzed by an immunofluorescence confocal assay. Nuclei were stained with DAPI (blue). (C) KATO-III and SGC-7901 cells were treated by MR-409 (1 μM) or vehicle and then were harvested. Equal amounts of lysates were immunoblotted for the labeled antigens. β-Actin was used as an internal control. (D, Upper) Representative images of immunohistochemistry of GHRH-R, GHRH, PAK1, p-STAT3, p65, and pH3 in tumors derived from SGC-7901 cells. (Lower) The percentages of treated (filled bars) and untreated (open bars) cells expressing the indicated proteins were plotted. Error bars indicate SEM. \*\*P < 0.01, \*\*\*P < 0.001 by Student's t test;  $n = 12$  in each group. (Scale bars: B, 10 μm; D, 50 μm.)

dramatically inhibited the levels of phosphorylated STAT3 (p-STAT3) and p65, a critical unit of NF-κB, in KATO-III and SGC-7901 cells (Fig. 4A). As expected, treatment with MIA-602 suppressed GHRH-R expression in both cell lines (Fig. 4A). Importantly, TNF- $\alpha$  stimulation, which activates the canonical NF-κB pathway, increased the translocation of p65 to the nucleus in both KATO-III and SGC-7901 cells, whereas MIA-602 strongly inhibited the nuclear translocation (Fig. 4B), indicating that the activation of NF-κB signaling was blocked by MIA-602. Contrarily, p-STAT3 and p65 were both activated by the GHRH-R agonist MR-409 (Fig. 4C), further indicating that targeting GHRH-R can nullify the inflammatory signals of STAT3/NF-κB. In addition, after MIA-602 administration, the expression of p-STAT3 and of p65 was significantly suppressed in SGC-7901 and SK-GT5 xenografted tumors ( $P < 0.01$  for all) (Fig. 4D and [Fig. S4](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1618582114/-/DCSupplemental/pnas.201618582SI.pdf?targetid=nameddest=SF4)B). Cellular proliferation, as evidenced by the number of pH3<sup>+</sup> cells, was also decreased significantly by MIA-602 in both xenografted tumors ( $P < 0.01$  for both) (Fig. 4D and [Fig. S4](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1618582114/-/DCSupplemental/pnas.201618582SI.pdf?targetid=nameddest=SF4)B). Interestingly, the expression of both GHRH-R and GHRH was remarkably decreased by MIA-602 treatment in vitro and in vivo, as shown by immunohistochemistry and immunofluorescence confocal microscopy (Fig. 4D and [Figs. S4](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1618582114/-/DCSupplemental/pnas.201618582SI.pdf?targetid=nameddest=SF4)B and [S5](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1618582114/-/DCSupplemental/pnas.201618582SI.pdf?targetid=nameddest=SF5)), whereas treatment by the GHRH-R agonist MR-409 increased the expression of both GHRH-R and GHRH in GC cells [\(Fig. S5](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1618582114/-/DCSupplemental/pnas.201618582SI.pdf?targetid=nameddest=SF5)A). These results collectively strongly support the notion that MIA-602 is a suppressor of inflammatory signaling in human GC.

As a nodal regulator of cancer-inflammation signaling networks (21), PAK1 has been recognized as an activator of STAT3 and NF-κB (29–32). We next tested whether the anti-neoplastic effects of GHRH-R on GC depend on PAK1-mediated STAT3/ NF-κB activity. MIA-602 administration suppressed PAK1 expression in cultured KATO-III and SGC-7901 cells (Fig. 4A) and also in xenograft tumors ( $P < 0.01$  for both) ([Fig.](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1618582114/-/DCSupplemental/pnas.201618582SI.pdf?targetid=nameddest=SF4) 4D and Fig. [S4](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1618582114/-/DCSupplemental/pnas.201618582SI.pdf?targetid=nameddest=SF4)B). Contrarily, the expression of PAK1 was up-regulated by the GHRH-R agonist MR-409 in both GC cells lines (Fig. 4C). Thus, experimental results using both a GHRH-R antagonist and a GHRH-R agonist indicate that pharmacological targeting of GHRH-R is able to regulate oncogenic kinase PAK1 effectively,

suggesting that PAK1 may be a downstream effector of GHRH-R in GC. Furthermore, ectopic expression of PAK1 obviously enhanced the expression levels of p-STAT3 and p65 in KATO-III and SGC-7901 cells (Fig. 5A), whereas the knockdown of PAK1 by two specific siRNAs remarkably down-regulated the expression of p-STAT3 and p65 in both cell lines [\(Fig. S6](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1618582114/-/DCSupplemental/pnas.201618582SI.pdf?targetid=nameddest=SF6)A). We further investigated whether overexpression of PAK1 can rescue the MIA-602–induced anti-neoplastic effects in GC cells in PAK1 overexpressing KATO-III and SGC-7901 cells treated with MIA-602. The results showed that overexpression of PAK1 virtually abrogated MIA-602–induced anti-neoplastic effects in both GC cells as well as the inhibition of p-STAT3 and p65 (Fig. 5B and [Fig. S7](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1618582114/-/DCSupplemental/pnas.201618582SI.pdf?targetid=nameddest=SF7)). In contrast, knockdown of PAK1 did not dramatically potentiate MIA-602–induced inhibition of cell viability ([Fig.](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1618582114/-/DCSupplemental/pnas.201618582SI.pdf?targetid=nameddest=SF6) [S6](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1618582114/-/DCSupplemental/pnas.201618582SI.pdf?targetid=nameddest=SF6)B). Thus, these data further demonstrate that MIA-602 exerts the anti-neoplastic effects by blocking PAK1-mediated STAT3/ NF-κB signaling.

### **Discussion**

This study has provided experimental and clinical evidence demonstrating the clinical importance of the association of GHRH-R with human GC progression and with patient survival and has revealed the targeting effects of a GHRH-R antagonist, MIA-602, on GC in vitro and in vivo. We also revealed the previously unrecognized mechanisms by which MIA-602 blocks the PAK1– STAT3/NF-κB axis and thereby suppresses growth of GC.

Although the presence of GHRH-R has been previously identified in multiple types of human cancers (11–19), the clinical importance of GHRH-R in the tumorigenic progression and patient outcome was unappreciated prior to this study. In this study, by analyzing multiple cohorts of GC patients of different races, we defined the heretofore undocumented associations between GHRH-R and poor survival of human GC. Interestingly, by analysis of a local patient cohort that contains clear clinicopathological information, we identified the overexpression of GHRH-R as an independent predictive factor for patient prognosis, although this finding needs to be validated across the spectrum of multiple cohorts in the future. The observed



amplification of the GHRH-R gene in GC tissues suggests that the gain in gene copy number may be a mechanism that contributes to GHRH-R overexpression in human GC. These data predict the contribution of GHRH-R to human cancer progression and demonstrate the rationale for using GHRH-R as a therapeutic target in GC.

MIA-602 is one of the latest in a series of highly potent GHRH-R antagonists and is based on an earlier antagonist, JMR-132 (11, 15, 16, 37). MIA-602 has been reported to possess greater potency and stability in antitumor activity than JMR-132 (15). Using MIA-602, we systemically examined its therapeutic effects by targeting GHRH-R in human GC cells in vitro and in vivo and found that MIA-602 exerts higher anti-neoplastic effects than previous antagonists, as we previously demonstrated in cell lines (11, 17). In the current study we validated the beneficial effects of MIA-602 in multiple cellular models and three independent human GC xenograft models, establishing MIA-602 as an effective anticancer agent in human GC.

Studies of different classes of GHRH-R antagonists in cancers demonstrate the GHRH-R antagonists' ability to modulate multiple intracellular pathways involved in cellular proliferation, survival, metastasis, apoptosis, and inflammation (11–14). The identified mechanisms of GHRH-R antagonists include suppression of the canonical pituitary–hepatic GH–insulin-like growth factor I (IGF-I) axis (11), inhibition of autocrine and/or paracrine production of IGFs in tumors, and blocking the direct stimulatory action of local GHRH on tumors (11). Beyond these canonical pathways, accumulating evidence indicates that additional intracellular molecules and pathways can be modulated by GHRH-R antagonists. JMR-132 induced cell-growth inhibition and apoptosis through PKCδmediated activation of p53/p21 in endometrial cancer (39) and caused p21-mediated S-phase arrest in colon cancer (40). Another GHRH-R antagonist, MZ-J-7-138, up-regulated wild-type p53 but down-regulated mutant p53 and p21 in prostate cancer (41). Similarly, the GHRH-R antagonists JV-1-65 and JV-1-63 inhibited mutant p53 expression in small cell lung carcinoma (42). MZ-5-156 inhibited the release of matrix metalloproteinases, which led to the suppression of invasion in lung cancer (43). In lung cancer and prostate cancer, MZ-J-7-118 and RC-J-29-18 decreased the expression of the EGFR/HER family (44, 45). In ovarian cancer, JMR-132 inactivated the EGFR–Akt pathway (46). Of note, GHRH-R antagonists also modulate multiple inflammation-relevant molecules and pathways. JMR-132 exhibited antioxidant activity by decreasing NF-κB and COX-2 in prostate cancer (47) and inactivated the JAK2/STAT3 pathway in prostate hyperplasia (48). JMR-132, MIA-313, and MIA-459 suppressed the expression of IL-1β, NF-κB, and COX-2 in prostatic hyperplasia (49). MIA-602 inhibited NF-κB in glioblastoma, breast cancer, and ovarian cancer (37). Most recently, MIA-602 was shown to inactivate STAT3 in mouse bone marrow-derived mesenchymal stem cells (50) and to down-regulate the expression of inflammatory cytokines in experimental ocular inflammation (38) and triplenegative breast cancer (14).

Fig. 5. PAK1 overexpression reverses the anti-neoplastic effects of MIA-602. (A) KATO-III and SGC-7901 cells were transiently transfected with PAK1-overexpressing plasmid or control vector and were subjected to Western blotting for the indicated antigens. β-Actin was used as an internal control. (B) The viability of PAK1-overexpressing cells that were treated with MIA-602 (1  $\mu$ M) or vehicle for 48 h was assessed by MTT assay. Error bars indicate SEM.  $*P < 0.05$ ,  $*P < 0.01$ ,  $**P < 0.001$  by one-way ANOVA with post hoc intergroup comparisons;  $n = 3$ in each group.

Although multiple inflammation-associated molecules and pathways have been reported to be modulated by GHRH-R antagonists, the key molecule that links GHRH-R to these downstream pathways remains to be discovered. In our study, the STAT3/NF-κB signaling pathway was markedly inhibited by MIA-602. Furthermore, the inhibited STAT3/NF-κB signaling in MIA-602–treated cells was attributed to the down-regulation of PAK1. These data provide mechanistic insights into the actions of GHRH-R antagonists on human cancers. Given that PAK1 has been reported to participate in the activation of inflammatory signaling in  $H$ . pylori-infected epithelial cells  $(29)$ , it is reasonable to predict that MIA-602–induced down-regulation of PAK1 is a critical mechanism by which GHRH-R antagonists inhibit inflammatory signaling pathways in human GC. Because STAT3 may be activated by multiple growth factors and cytokines in GC cells (8, 51), the STAT3 inactivation induced by MIA-602 may involve a more complex regulation. Future studies are required to examine whether MIA-602 interferes with the identified signaling in other mechanistic manners. Moreover, the mechanism by which MIA-602 alters the GHRH–GHRH-R axis and PAK1-signaling pathways may be more complicated. The GHRH–GHRH-R axis and other growth factors may mediate the down-regulation of PAK1 induced by MIA-602 (52-54), whereas PAK1 may regulate GHRH in the feedback regulation ([Fig. S8\)](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1618582114/-/DCSupplemental/pnas.201618582SI.pdf?targetid=nameddest=SF8).

In summary, these studies have illuminated long-standing questions on how GHRH-R expression correlates with clinical outcomes in human cancers, establishing the role of GHRH-R as a molecular signature as well as a potential prognostic predictor of GC. MIA-602 remarkably inhibits the growth of human GC in vitro and in vivo through the suppression of PAK1–STAT3/ NF-κB signaling. Our study strongly highlights the therapeutic potential of GHRH-R antagonists in the treatment of GC patients. Knowledge gained in our study will shed light on how to select the appropriate patients for personalized cancer therapy using GHRH-R antagonists.

#### Materials and Methods

Clinical Patients and Samples. A total of 106 paraffin-embedded specimens of human primary GCs and paired noncancerous tissues were collected from the Sun Yat-sen University Cancer Center during 2011–2012. All samples were surgical cases. All samples were histopathologically and clinically confirmed as GC. No patients in the study had undergone preoperative radiotherapy or chemotherapy for GC. Clinical research protocol of this study was reviewed and approved by the Ethics Committee of Sun Yat-sen University Cancer Center. Written informed consent was obtained from patients in accordance with the Declaration of Helsinki.

Peptides and Chemicals. The GHRH-R antagonist MIA-602 and the GHRH-R agonist MR-409 were synthesized by R.C. and A.V.S at the Miami Veterans Administration hospital and the University of Miami. For in vitro experiments, MIA-602 and MR-409 were dissolved in 100% DMSO [American Chemical Society (ACS) grade; Sigma-Aldrich] and diluted with appropriate incubation medium. The concentration of DMSO never exceeded 0.1%. The details of MIA-602 dilution for in vivo experiments are given in [SI Materials and Methods](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1618582114/-/DCSupplemental/pnas.201618582SI.pdf?targetid=nameddest=STXT).

Tumor Xenografts. A total of  $2 \times 10^6$  KATO-III, SGC-7901, or SK-GT5 cells were resuspended in 150 μL PBS and were injected s.c. into the flanks of 5- to 6-wk-old nude mice (Vital River Laboratory Animal Technology Co. Ltd.). Details of experiments with the tumor xenografts are given in [SI Materials](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1618582114/-/DCSupplemental/pnas.201618582SI.pdf?targetid=nameddest=STXT) [and Methods](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1618582114/-/DCSupplemental/pnas.201618582SI.pdf?targetid=nameddest=STXT). These animal experiments were reviewed and approved by the Ethics Committee of Shantou University Medical College.

Materials and methods are described further in [SI Materials and Methods](http://www.pnas.org/lookup/suppl/doi:10.1073/pnas.1618582114/-/DCSupplemental/pnas.201618582SI.pdf?targetid=nameddest=STXT).

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