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Drug resistance in eukaryotic microorganisms

Alan H. Fairlamb¹, Neil A. R. Gow², Keith R. Matthews^{3,*}, and Andrew P. Waters⁴

¹Dundee Drug Discovery Unit, Biological Chemistry and Drug Discovery, College of Life Sciences, University of Dundee, Dundee DD1 5EH, UK

²Aberdeen Fungal Group, Wellcome Trust Strategic Award in Medical Mycology and Fungal Immunology, School of Medical Sciences, Institute of Medical Sciences, Foresterhill, University of Aberdeen, Aberdeen AB25 2ZD, UK

³Centre for Immunity, Infection and Evolution, School of Biological Sciences, University of Edinburgh, Edinburgh EH9 3FL, UK

⁴Wellcome Trust Centre for Molecular Parasitology, Institute of Infection, Immunity and Inflammation, College of Medical and Veterinary Life Sciences, University of Glasgow, Glasgow G12 8TA, UK

Abstract

Eukaryotic microbial pathogens are major contributors to illness and death globally. Although much of their impact can be controlled by drug therapy as with prokaryotic microorganisms, the emergence of drug resistance has threatened these treatment efforts. Here, we discuss the challenges posed by eukaryotic microbial pathogens and how these are similar to, or differ from, the challenges of prokaryotic antibiotic resistance. The therapies used for several major eukaryotic microorganisms are then detailed, and the mechanisms that they have evolved to overcome these therapies are described. The rapid emergence of resistance and the restricted pipeline of new drug therapies pose considerable risks to global health and are particularly acute in the developing world. Nonetheless, we detail how the integration of new technology, biological understanding, epidemiology and evolutionary analysis can help sustain existing therapies, anticipate the emergence of resistance or optimize the deployment of new therapies.

The identification and use of antibiotics are some of the great medical achievements of the twentieth century, saving count-less lives by controlling the risk of infection from contagion, after injury, surgery or in immunosuppressed individuals. However, in only 80 years since the introduction of penicillin, resistance to a broad range of antibiotic drugs has become widespread, with the compounded risk from multidrug-resistant bacterial infections severely limiting treatment options. This has created justified concern and global attention, not only

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^{*} keith.matthews@ed.ac.uk.

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in the medical community but also at government level, in the media and the general public1.

While predominantly applied to control prokaryotic microbial infections, the threat of disease from eukaryotic microorganisms has also been contained by therapeutic drugs — preventing or controlling disease caused by eukaryotic parasites and fungi in both a human and animal health setting. These represent some of the most important disease-causing agents (Table 1), particularly in the tropics, where the distribution of a pathogen is frequently linked to the distribution of the arthropods that act as disease vectors. Such vector-borne parasites include malaria (*Plasmodium* spp.) and kineto-plastid parasites (*Trypanosoma cruzi*, which causes Chagas disease; *Trypanosoma brucei gambiense* and *T. b. rhodesiense*, which cause human African trypanosomiasis (HAT); and 17 *Leishmania* spp., which cause a variety of cutaneous and visceral diseases). Other clinically important protozoan parasite species not considered here are transmitted either orally (*Toxoplasma*, *Giardia* and *Entamoeba*) or venereally (*Trichomonas*). Distinct from the many obligate eukaryotic unicellular parasites, opportunistic fungal pathogens are global in distribution and include *Candida*, *Aspergillus* spp., *Cryptococcus* and *Pneumocystis* spp.

The control of these eukaryotic pathogens has often involved therapies whose development predates the use of penicillin and which, in some cases, have unacceptable toxicity profiles2. Nonetheless, as with the rise of antimicrobial resistance in bacteria, resistance has emerged or is emerging against therapies targeting these eukaryotic microorganisms, with potentially devastating consequences for exposed populations. This has received far less attention than antibacterial resistance, despite some commonality in its underlying causes. Here, we detail how the control of eukaryotic microorganisms poses both similar and distinct challenges to that of bacterial pathogens, the drugs used to combat these pathogens, and the resistance mechanisms they are evolving. Finally, we discuss how the latest methodological approaches can anticipate the emergence of drug resistance and support new therapeutic approaches, either through the development of new drugs, the maintenance of existing therapies or through the use of alternative approaches to limit the spread of drug resistance.

Common challenges for the control of microbial pathogens

The challenges of controlling eukaryotic microbial pathogens share many similarities with bacterial infections. Both replicate more rapidly than their hosts, such that resistance can be selected in a relatively short timescale in a treated host population. This is exacerbated by inappropriate treatment profiles, leading to sub-curative exposure in the context of infection3. Problems of suboptimal dosing are particularly acute when applied to tropical parasites. For example, in the case of antimalarial therapies, up to 35% of drugs may be of low quality, or have packaging and labelling that is poor or may be falsified4. The lower than optimal concentrations of the active agent found in these low-quality antimalarial drugs can rapidly select for resistance in exposed populations, as can under-dosing resulting from self-prescription. For zoonoses, parasite selection in livestock populations treated with antimicrobials in a context in which there is poor supply chain management, fraudulent provision or cost barriers to optimal dosing can also lead to the emergence of resistance. For African trypanosomes, this represents a considerable threat, since up to 50 million doses of

trypanocides are used in sub-Saharan livestock annually, mainly as a prophylactic, and trypanocides represent 45% of animal health costs. Mirroring the situation with antibiotic use in veterinary contexts for bacterial infections, in which environmental contamination has generated substantial regulatory concern5, the agricultural use of fungicides might also contribute to the selection of azole-resistant *Aspergillus fumigatus*6.

A further similarity between bacterial and eukaryotic microbial pathogens is the phenomenon of persister populations7. Persisters are a subpopulation of pathogen that survives after exposure to a chemotherapeutic agent (or vaccine). They can then re-establish patent infection while remaining drug sensitive (reviewed in ref. 8). The state of persistence is not heritable and resistance is not due to genetic alterations directly linked to rendering a drug ineffective. Rather, persistence is a physiological state in which the pathogen actively responds to drug assault. Persistence ensures incidental survival but does not future-proof a pathogen as genetically heritable resistance would. However, the combination of a persister population and suboptimal drug dosage could provide a reservoir from which resistance can emerge and may even provide a population predisposed to evolve resistance more readily. An example of this relating to parasite dormancy is the resistance of *Plasmodium falciparum* to artemisinin (and other antimalarials such as mefloquine and atovaquone), which was first characterized by degrees of persistence followed by the emergence of genomic changes now causally associated with resistance (see later). Similarly, fungal infections (for instance with *Candida albicans*) that are associated with biofilms are a good example of persister populations analogous to those found in bacterial communities9-11. The duration of persistence can range from days (*P. falciparum*) to life-long (for example, *C. albicans*). Mechanisms of persistence vary — persistence may emerge spontaneously, possibly through stochastic changes in gene expression that prepare a population of pathogens for survival in varying environmental conditions ('bet hedging'). This is best described in bacteria12 but is a phenomenon recently characterized in *P. falciparum*13. Furthermore, environmental signals may induce persistence, such as the nutrient starvation typically encountered by C. albicans in biofilms9.14.

Distinct challenges for the control of microbial pathogens

Although bacterial and eukaryotic microorganisms share common features with respect to their responses to drug exposure, there are also differences, with some challenges specific to the control of eukaryotic pathogens. First, eukaryotic microorganisms are more similar to their hosts than prokaryotic pathogens in terms of their biochemistry and metabolism, genetic composition, cell architecture and biology. Consequently, drugs targeting eukaryotic microorganisms must focus on differences from the eukaryotic norm, or particular specialisms of each pathogen group. This can restrict the cross-specificity of drugs to a point where there are distinctions in sensitivity between different apicomplexans (malaria, toxoplasma) or between the evolutionarily divergent trypanosomes, *T. brucei* spp. and *T. cruzi.* Comprising a different evolutionary kingdom, fungi have many differences from other eukaryotic microbial pathogens, again necessitating drugs to be developed for, and targeted to, a particular pathogen. This increases the challenges for drug development and inevitably constricts the new drug pipeline.

Second, many eukaryotic microbial pathogens have evolved a parasitic lifestyle distinct from the opportunistic infections characteristic of most bacterial pathogens (but also fungi). The evolution of parasitism is often accompanied by the development of sophisticated immune evasion mechanisms, which increases the impact of the persister phenotypes described earlier. Specifically, bacteriostatic drugs can operate to clear infection in concert with the immune system15. However, drugs that generate cytostatic rather than cytocidal responses to infection with an immunosuppressive parasite can lead to recrudescence upon the removal of drug exposure. This, in turn, can predispose the population to selection for drug resistance. Similarly, adaptation to an intracellular lifestyle or particular body niche can protect parasites from drug exposure, a feature shared with some bacterial pathogens that have evolved to survive in cells rather than systemically (*Legionella, Mycobacteria*).

A third challenge relates to clinical diagnosis and screening for drug resistance in eukaryotic microbial pathogens 16. In bacterial infections, screening for sensitivity to antibiotics is straightforward and routine. By contrast, eukaryotic parasites can require highly specialized growth media and considerable growth periods to determine their susceptibility or otherwise to potential drug therapies. Also, unlike bacterial susceptibility testing, in which a minimum inhibitory concentration (MIC) is determined, most parasitologists report half-maximum effective concentration (EC₅₀) values without providing the Hill slope of the growth inhibition curve or calculating the 90% effective concentration (EC₉₀) value. It is perfectly possible to obtain a resistant line with an identical EC₅₀ to the susceptible isolate, yet that is still resistant owing to a shallower Hill slope. As a consequence, clinical diagnosis and the selection of appropriate clinical management can be slow or practically impossible in the context of all but the most specialized laboratories.

A fourth distinction from common bacterial infections is the economic challenge of treating diseases of the developing world. Diseases such as malaria, trypanosomiasis, leishmaniasis and cryptococcosis are common in the poorest parts of the world, where the economic capacity to develop or deliver treatments is very limited, often restricted to philanthropic and charitable donations or the concerted actions of intergovernmental agencies. This makes the threat of drug resistance even more acute since there is no financial incentive to develop new drugs to replace those to which resistance emerges. Nonetheless, some pharmaceutical companies are increasingly engaged in public–private partnerships, providing access to chemical compound collections and other resources helpful for discovering and developing new drugs for neglected tropical diseases. Excellent examples of this collaborative spirit include the Medicines for Malaria Venture (http://www.mmv.org/), the Drugs for Neglected Diseases initiative (http://www.dndi.org/) and the Tres Cantos Open Lab Foundation (http://www.openlabfoundation.org/).

One route to limit the impact of drug resistance has been the exploitation of combination therapies for parasitic infections. This approach has proved useful for cancer therapy as well as for the treatment of tuberculosis, leprosy and viral infections such as HIV. Results have also been encouraging for parasitic infections; for example, through artemisinin combination therapy (ACT)17,18 to limit the emergence and spread of artemisinin-resistant malaria, and for trypanosomes, for which nifurtimox–eflornithine combination therapy19 is proving more robust than eflornithine-based therapy alone. However, combination therapies for parasitic

diseases require the availability of more than one effective drug or drug class, which is not always the case. Moreover, combination therapies have often been embraced only when resistance has already been detected to one of the frontline monotherapies, allowing multidrug-resistant parasites to be selected. In a situation like this, the use of drug combinations with different pharmacokinetics in plasma, as with artemisinin and piperaquine, can limit the emergence of resistance20. However, the cost of drugs for many parasites seen in the developing world can generate geographical discrepancies in the use of mono and combination therapies. In this scenario, the efficacy of combination therapies can be threatened by ingression of resistant parasites selected under monotherapy.

The final challenge for eukaryotic microorganisms that differs from many prokaryotic and viral pathogens has been the failure to formulate and use effective vaccines to prevent infection21. Malaria research has focused intensively on vaccine development without transformative success, whereas for African trypanosomes the immune evasion mechanism used by the parasite (antigenic variation) effectively renders vaccine approaches impossible. It has also proved challenging to produce safe, effective vaccines for other kinetoplastids, despite the widespread early use of 'leishmanization' for the cutaneous form of leishmaniasis, which has the risk of virulence in some individuals and immunosuppression22. Fungal pathogens have their greatest impact in immunocompromised individuals, rendering vaccines potentially less useful. At present there are no licenced fungal vaccines; nonetheless, there are promising developments for adhesion-like substance 3 (Als3)- and secreted aspartic protease 2 (Sap2)-based vaccines, although concerns have been raised over their univalency and the potential for *C. albicans* to circumvent their efficacy23.

Drugs and resistance mechanisms

Microorganisms have evolved numerous strategies to counteract cellular toxicity induced by diverse chemical stresses (xenobiotics, metals, reactive oxygen and reactive nitrogen species, and so on). Many of these generic defences have been co-opted for drug resistance. Figure 1 summarizes the major therapeutic agents used to target malaria, kinetoplastid parasites and fungi, highlighting the dates of introduction and the appearance of resistance for each. The principal methods of resistance (Fig. 2) involve either reduction of the free drug level at the target site of action, alterations in the drug target, reducing its drug-binding affinity, or overexpression of the target, restoring its essential function. In the case of inhibition of a metabolic pathway, the essential end product can be produced either by induction of an alternative pathway or by upregulation of a salvage pathway to obtain an essential metabolite from the host. Downstream consequences of target inhibition include damage to DNA, proteins and lipids such that upregulation of repair pathways can also contribute to resistance. Unlike bacteria, acquisition of resistance genes by lateral gene transfer on plasmids has not been observed for protozoan parasites or fungal pathogens. In Table 2 we summarize the drugs used to treat eukaryotic microbial pathogens, their mode of action and mechanisms of resistance where known. Here, we highlight specific examples in which drug resistance or the threat of resistance challenges current control efforts.

Malaria

The most successful antimalarial in history to date has been chloroquine, a 4-aminoquinoline derivative of quinine (itself the world's first mass-distributed antimalarial), first synthesized in 1934 (ref. 24). Chloroquine was cheap and remained effective for decades. However, due to massive overuse and suboptimal compliance, resistance to chloroquine emerged in Southeast Asia in 1957 and in South America in 1960, and — by the mid-1980s — it was barely possible to use even in Africa25. Although disputed by some26, the leading candidate for resistance to chloroquine is the *P. falciparum* chloroquine resistance transporter PfCRT (ref. 27). However, despite reports that PfCRT functions as a chloride channel, a proton pump, an activator of Na⁺/H⁺ exchangers or a cation channel, the physiological function of PfCRT remains unclear28. Nonetheless, PfCRT is central to much antimalarial resistance, the precise profile of which is modulated by associated mutations in other genes.

Artemisinin and its derivatives are fast-acting but short-lived antimalarials that have been globally successful. In particular, ACTs (for example, artemether-lumefantrine, artesunateamodiaquine and dihydroartemisinin-piperaquine) were recommended by the World Health Organization in 2001 to ensure high cure rates of falciparum malaria and to reduce the spread of drug resistance to other frontline drugs. However, clinical resistance was confirmed in 2008 (ref. 29), characterized by a failure to clear parasites rapidly in patients around the Thai-Cambodian border30,31. Resistant parasites were characterized by transcriptomics32, large-scale whole-genome sequencing (WGS) of clinical isolates33,34 and classical generation of resistant mutants by in vitro culture followed by WGS (ref. 35). This pinpointed multiple independent mutations in a gene encoding a Kelch propeller protein (KELCH13), which was then causally linked to resistance by reverse genetics36,37. Large-scale genomic epidemiological evidence suggests that artemisinin resistance is not as straightforward as the simple acquisition of mutations in kelch13. Indeed, nonsynonymous mutations in ferredoxin, apicoplast ribosomal protein S10, multidrug resistance protein 2 and PfCRT also showed strong associations with artemisinin resistance29. These mutations appear to act as markers of a genetic landscape upon which artemisinin-resistanceconferring kelch13 mutations are more likely to occur. These landscape mutations also correlate with the current geographical limits of artemisinin resistance29. This concept is further supported by additional genomic epidemiological evidence that demonstrates that many of the 20 or so mutations in kelch13 that have been implicated in the Southeast Asian manifestation of artemisinin resistance are also found in African P. falciparum isolates. However, these mutations are present at no greater frequency in the African strains than other *P. falciparum* genes, indicating a lack of selective pressure in that continent and that these strains lack the enabling genetic background observed in Southeast Asia38.

Kelch propeller domain proteins are subcellular organizers of multiprotein complexes, and indeed artemisinin-resistance-associated mutation of KELCH13 results in its reduced association with phosphatidylinositol-3-OH kinase (PI(3)K)39. Experimental overexpression of PI(3)K results in enhanced artemisinin resistance, and phosphatidylinositol 3-phosphate (PI(3)P) levels are predictive of resistance to artemisinin39. In addition, upregulation of the chaperonin complexes PROSC and TRiC, involved in the unfolded protein stress response in other eukaryotes, may contribute to artemisinin resistance32. Worryingly, resistance to some

of the various ACT regimens (involving lumefantrine, amodiaquine and PfCRT) is becoming evident40–43. However, the framework for the rapid evaluation of genome evolution in the face of drugs is in place and will hopefully swiftly indicate any further potential mechanisms.

Human African trypanosomiasis

The vast majority of reported cases of HAT are caused by T. b. gambiense, with less than 2% caused by T. b. rhodesiense44. Treatment involves either pentamidine or suramin for stage 1 infection (before central nervous system involvement), whereas melarsoprol, effornithine or nifurtimox/eflornithine combination therapy are used once the parasite crosses the bloodbrain barrier2, with the combination therapy reducing the duration of treatment regimens. Given the limited chemotherapeutic options for the treatment of HAT (Table 2), drug resistance could seriously compromise efforts to eliminate this epidemic disease as a public health problem 44. Fortunately, resistance emergence for pentamidine has not been marked, despite continuous use of pentamidine since the 1940s, including a mass chemoprophylactic campaign in the 1950s in the then Belgian Congo. However, cross-resistance to pentamidine and melarsoprol, used for stage 2 of infection, is frequently observed. Melarsoprol is a trivalent melaminophenyl arsenical that has a propensity to react covalently with vicinal dithiols, including the parasite-specific dithiol, trypanothione45, to form a cyclic complex known as MelT (ref. 46). Melarsoprol has a high incidence of severe (lethal) toxicities and high rates of treatment failures have been reported in the Democratic Republic of Congo, Uganda, Angola and Sudan2. Although therapeutic failure does not necessarily equate with drug resistance, it appears that the high relapse rate in northwest Uganda is associated with reduced susceptibility to melarsoprol47,48. The recent report that the aquaglyceroporin AQP2 appears to function as a transporter for large drugs such as pentamidine and melarsoprol was surprising, given that aquaglyceroporins are channels facilitating the passive transport of water and small neutral molecules across cell membranes. Nonetheless, there is strong evidence that AQP2 is synonymous with the high-affinity pentamidine transporter (HAPT1)49, with a recent report indicating that pentamidine binds and inhibits the transporter and is then internalized via endocytosis50.

Chagas disease

For *Trypanosoma cruzi*, an intracellular parasite with a wide tissue tropism, infection has three phases: an acute phase associated with high parasitaemia; an asymptomatic (indeterminate) phase lasting anywhere between 10 to 30 years, during which parasitaemia is controlled by the immune response; and a chronic phase in about 30–40% of patients characterized by either cardiac disease or digestive disease (mega-oesophagus and megacolon). For treatment, benznidazole and nifurtimox have considerable activity in the acute phase51 and benznidazole also eliminates parasitaemia in the indeterminate and chronic phases of the disease52,53. However, a large multi-centre, randomized trial of benznidazole for chronic Chagas cardiomyopathy failed to significantly reduce cardiac clinical deterioration at up to 5 years follow-up53. Whether this is due to differences in drug susceptibility, pharmacokinetic/pharmacodynamic issues or the pathophysiology of the disease is not known. The results of two recent clinical trials with azole ergosterol inhibitors,

posaconazole and E1224 (a pro-drug of ravuconazole) have been equally disappointing 52, 54, 55.

Visceral leishmaniasis

Treatment of visceral leishmaniasis, cutaneous and mucocutaneous leishmaniasis is limited to four main drugs: pentavalent antimonial complexes (sodium stibogluconate and meglumine antimonate); amphotericin B (as deoxycholate or liposomal formulations); the aminoglycoside paromomycin; and the alkylphosphocholine miltefosine56,57. Treatment varies according to geographical location, the immune status and other co-morbidities of the patient, and the disease classification58.

Of these treatments, widespread resistance to antimonial drugs is specific to South Asia and is not seen in sub-Saharan Africa or Brazil. Indeed, antimonial drugs are not recommended in India or Nepal owing to treatment failures starting in the 1990s and now reported to be as high as 60% in some regions59. This has been attributed to inappropriate treatment in an unregulated private health system or to the use of substandard antimonial drugs. However, South Asia is the only region where arsenic exposure and widespread antimonial resistance co-exist. Thus, environmental pollution and exposure of patients to arsenic in food and drinking water was proposed as an alternative hypothesis for the high rates of resistance60. Arsenic and antimony are both metalloids and selection of leishmania parasites for resistance to trivalent arsenic results in cross-resistance to trivalent antimony *in vitro*61, but its physiological relevance is uncertain. Chronic exposure of infected mice to arsenic in drinking water at environmentally relevant levels showed that it is possible to generate resistance to pentavalent antimony *in vivo*62. A retrospective clinico-epidemiological study identified a trend towards increased treatment failure in arsenic-exposed patients, but failed to reach statistical significance63.

Resistance to antimonials is multifactorial, and most of the mechanisms shown in Fig. 2 have been implicated in Leishmania. Studies on experimental and clinical resistant isolates strongly support the hypothesis that trypanothione has a pivotal role in antimonial resistance. However, none of the following mechanisms are universal in resistant isolates. Decreased biological reduction of SbV to Sb^{III} has been reported in resistant leishmania amastigotes64 and two candidate 'antimony reductases' have been identified, although genetic65,66 and proteomic studies67,68 have not identified any changes in either TDR1 (ref. 69) or ArsC (ref. 70). The mechanism of uptake of Sb^V is not known, but modulation of expression of AQP1 affects Sb^{III} susceptibility71–73. AQP1 copy number and expression levels correlate with susceptibility to Sb^{III} in some, but not all, clinical isolates74,75. However, interpretation of this observation is complicated by the fact that AOP1 is located on chromosome 31, which is frequently trisomic or tetrasomic76 in these mosaic aneuploid parasites77. Upregulation of trypanothione and ancillary biosynthetic pathways has also been observed in genomic65,66 and metabolomic78,79 studies. MRPA is responsible for ATP-dependent efflux of Sb^{III} as a thiol conjugate into membrane vesicles80 and a homodimeric ABC half-transporter (ABCI4) is one possible candidate for efflux across the plasma membrane81.

Miltefosine, the only oral treatment for visceral leishmaniasis, was first approved for use in India in 2002. However, a decade on there is an increasing rate of clinical relapse82,83, which threatens to undermine the Kala-Azar Elimination Program in the Indian subcontinent. Stable resistance is readily generated in the laboratory with no cross-resistance to other anti-leishmanial drugs84,85.

Fungi

Several classes of antifungals are used clinically (Tables 1 and 2) — each with very different drug resistance profiles. The oldest antifungals are the polyene macrolide antibiotics, exemplified by amphotericin B, which remains a frontline choice for a broad-spectrum agent for fungal infections of unknown aetiology. Amphotericin deoxycholate is toxic to the kidneys, a side effect that is substantially ameliorated in lipid carrier formulations such as AmBisome, which also has potent anti-*Leishmania* activity. As with other eukaryotic pathogens, resistance to antifungal drugs has become an increasingly important clinical problem86,87. A few recognized cases exist of inherent resistance of certain fungi to specific antifungals, but mostly resistance is due to induced changes and mutations.

The imidazoles and more modern triazoles (collectively known as the 'azoles') constitute the main class of antifungals used in the treatment of infections. Various modifications of the triazole ring have generated a series of antifungals including fluconazole (used mainly in the treatment of *Candida* infections), and itraconazole, voriconazole, posaconazole, ravuconazole and the recently licenced isavuconazole, which have improved activity against *Aspergillus* and filamentous fungal species. These compounds have important differences in antifungal potencies, spectrum of activities, bioavailability, drug interactions and potential toxicity. For example, some patients treated with voriconazole suffer from photosensitivity and an elevated risk of skin carcinoma88. Other sterol inhibitors include the allylamines squalene epoxidase inhibitors and phenylmorpholine Erg24 D14 reductase and Erg2 D8-D7 isomerase inhibitors that are used topically against dermatophytic infections for which clinical resistance is low.

Although some fungi such as *Candida krusei* are inherently azole resistant, multiply triazoleresistant strains are now emerging89,90, as well as strains with cross-resistance to azoles and echinocandins, suggesting the emergence of concerning multidrug-resistant phenotypes in medically important fungi91. A threat from multi-azole-resistant strains of *A. fumigatus* may have arisen under the selective pressure of agricultural azole fungicides and subsequent transmission of azole-resistant strains to the clinic by spore dispersal92–95. The prevalence of these alleles is increasing in Europe and now in other parts of the world90,96,97. In *Candida*, mutants harbouring azole resistance have a fitness deficit98; however, multidrugresistant strains of *Aspergillus* do not seem to have markedly decreased fitness, implying that they may become stably represented in the environment.

The most recently developed major class of antifungal is the echinocandin antibiotics, of which caspofungin, micafungin and anidulafungin are used clinically. These have similar pharmaco-kinetic properties, although a new echinocandin (CD101; formerly biofungin) is in clinical trials and has improved stability *in vivo* and requires less frequent intravenous dosing. Echinocandins are fungicidal against *Candida* species and fungistatic or fungicidal

against *Aspergillus*, causing hyphal or bud tip lysis, but they are not efficacious against *Pneumocystis jiroveci* and some other species.

Hsp90-mediated changes in drug tolerance have also been implicated in determining echinocandin sensitivity99. Recently, multidrug azole/echinocandin resistance has been identified in fungi and this is particularly frequent in strains of *C. glabrata*, which is common in patients with haematological malignancies and solid tumours100,101. These multidrug-resistant strains of *C. glabrata* can then only be treated with intravenous amphotericin, and since this agent has poor penetration into urine such infections are essentially untreatable.

Outstanding challenges and future prospects

We began by highlighting the similarities and differences between the emergence of drug resistance in prokaryotic and eukaryotic microorganisms. The control of emerging drug resistance in eukaryotic microbial pathogens also has similarities and distinctions from prokaryotic drug resistance, and the challenge for the future is to ensure best practice is employed for both groups. One effective mechanism to control the spread of drug resistance in bacterial pathogens is the application of appropriate antibiotic stewardship, applying the right drug at the right dose, at the right time, for the right duration. This approach operates effectively where there is well-regulated healthcare, effective and rapid screening, a selection of available drugs as contingency, and the necessary education and engagement between the patient and healthcare provider. Moreover, bacterial drug resistance is a global phenomenon in which resistance selected through poor stewardship in one geographical area may be contained by stringent practices in other areas, or combatted by an investment in new pharmaceutical development in wealthy countries. These containment measures are inevitably less effective where primary care is limited or too expensive, education is lacking or where the diseases involved do not have a direct impact in the developed world. As a consequence, the limitation of many eukaryotic pathogens to the poorer parts of the world makes a coordinated response to resistance emergence more difficult to achieve.

The drivers of the emergence of resistance are also more difficult to mitigate for many eukaryotic pathogens. As highlighted earlier, drug provenance and effective delivery is a considerable challenge in the developing world. Delivery is a particular challenge for prospective mass drug administration programmes, in which delivery to a population on a broad or local scale, if incomplete, can counteract its intention to contain the spread of existing resistance in target regions. A further complication in low- and middle-income countries is the effects of co-infection or malnutrition in populations treated with drugs targeting a particular pathogen (discussed previously102). Notably, the pharmacokinetic behaviour of drugs in malnourished individuals may be variable and unpredictable, leading to inadvertent under-dosing, which can drive resistance. When combined with immunosuppression induced by many parasites, or the hospital-induced immunosuppression of patients that become susceptible to fungal infection, drug concentrations that would clear infections in the context of a robust immune system may fall short in its absence. The ecological balance between distinct pathogens in patients with co-infections can also lead to unanticipated consequences, in which the removal of one pathogen can create a niche exploited by a distinct pathogen, or in which the normal interactions between pathogens

with each other, and with the immune system, is perturbed with drug pressure. The resistance mechanisms selected in drug-treated populations can also alter pathogen phenotypes with the risk of enhanced virulence.

Although the factors that drive drug resistance are well known, it remains essential to identify when drug resistance arises and to respond rapidly and effectively. As with health care, surveillance is a key challenge for diseases in the developing world, where populations may be inaccessible, reluctant to engage or where treatment failure can have multiple causes beyond the emergence of drug resistance. Moreover, resistance can show considerable variation among populations or in different geographical settings. Here, accurate and rapid detection is critical to understand resistance epidemiology and thereby the best treatment to deliver, but this can be difficult to achieve. Despite this, developments in field polymerase chain reaction (PCR) assays and next-generation sequencing permit the sensitive identification and tracking of emergent resistance, allowing earlier control responses than could be previously achieved. Hence, an integration of improved therapeutic delivery and treatment monitoring are critical control points to reduce the emergence of resistance, in tandem with the discovery of the relevant resistance mechanisms and the search for new drug therapies. These combined approaches span the individual scientific researcher to clinicians, to health agencies, governments and populations, all of which must be well integrated and alert, with effective and rapid communication between different levels to allow appropriate responses to be put into action if needed.

Fortunately, while drug resistance is emerging in many eukaryotic microbial pathogens, new tools and methodologies are being developed to (1) predict resistance mechanisms, (2) identify modes of drug action and potential escape pathways, and (3) understand pathogen biochemistry as a means of discovering possible new therapies. With respect to drug resistance, the advent of cost-effective and rapid genome resequencing allows signatures of selection to be identified 103-106, while genome-wide RNA interference screens allow the mapping of resistance pathways107,108, and overexpression libraries109 can assist with drug target deconvolution through selective screens. These genetic tools are complemented by improvements in proteomics such that adaptations accompanying drug resistance can be pinpointed, providing information on resistance mechanisms, and potential diagnostic tools to detect the emergence of resistance110. Combined with the improved sensitivity and resolution of metabolomics analysis111, biochemical pathways can also be mapped in the context of drug exposure, allowing bypass mechanisms to be highlighted, if present. These each provide the essential early warning systems necessary to identify and combat the spread of drug resistance. Furthermore, certain combination therapies might offer novel transmission blocking strategies: very recently, resistance to the antimalarial atovaquone, a component (with proguanil) of the widely used and successful treatment marketed as Malarone, was further characterized. Resistance mutations that appear during the blood stage of infection localize to the mitochondrial protein cytochrome b, one of the few proteins encoded by the highly reduced Plasmodium mitochondrial genome. All atovaquoneresistance mutations examined generate a deficient mitochondrion and a parasite that, while viable in the blood, is incapable of development in the mosquito and thereby cannot be transmitted 112. Thus, despite the fact that resistance to atovaquone might arise repeatedly, each incident is isolated. Drugs that target cytochrome b could form part of combination

therapies that are self-limiting in terms of spread of drug resistance and may delay any transmission of resistance that arises to the drug it is partnered with.

Concluding remarks

Drug resistance in eukaryotic microorganisms is an increasing global problem that threatens the advances in health care made over the last 50 years. This mirrors the situation for bacterial and viral pathogens but is particularly acute given the abundance of eukaryotic pathogens in the poorest regions of the world. These countries have the least capacity to respond to the emergence of resistance through the development of new drugs, vaccines and diagnostics, while developed countries lack financial incentives to assist. Nonetheless, there are opportunities to respond to this threat owing to the distinct biology of many major eukaryotic pathogens, uncovered through basic research. Furthermore, many eukaryotic microorganisms are arthropod-borne diseases, such that targeting transmission can be a route to pathogen control not available for opportunistic pathogens. This can take the form of transmission-blocking vaccines or drugs targeting *Plasmodium*113, or the application of vector control measures such as insecticide-impregnated bed nets114, peri-domestic and indoor residual insecticide spraying114,115, tsetse traps116, or improved housing117. Sterile insect release is also a route to limiting the vector population and so restricting disease spread118,119. Eukaryotic microorganisms have also, like some bacterial pathogens, been found to show cooperative and social behaviours to optimize their establishment and transmission in their hosts or vectors120,121. These social responses can control parasite density or the development of transmission stages122-124, such that blocking or mimicking signals for communication or their transduction pathways provides new routes for limiting the impact of the pathogens using strategies that might be less susceptible to the emergence of resistance.

Whether or not new targets or approaches can be identified, there is a real need to optimize the delivery and deployment of drugs. Control of drug quality and distribution, and the supply of cost-effective drugs is crucial. Furthermore, the application of both epidemiological modelling and evolutionary theory to guide drug treatment policies is important in prolonging the lifespan of drugs and thereby maximizing the return on the considerable cost associated with developing and introducing a new drug. Targeted therapy as opposed to mass drug administration is key to limiting the emergence of resistance, or containing resistance when it is detected. This requires an integration of epidemiology, diagnosis, detection and supply chain control, as well as investment in a pipeline of new therapeutics ready to be deployed when resistance inevitably emerges. Only through slowing the emergence of resistance and accelerating new drug discovery will the control successes achieved against eukaryotic microbial pathogens be sustained.

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Figure 1. Timelines for emergence of drug resistance in parasitic diseases and fungi.

The solid bars represents the time from first widespread clinical use to the first year drug resistance was suspected or confirmed. The shading gradient indicates that certain drugs are still in use for particular indications or in specific geographical locations. NECT, nifurtimox–eflornithine combination therapy; VL visceral leishmaniasis. For fungal pathogens, insensitive or resistant strains have been identified shortly after the introduction of all of the major classes of antifungal agents. In the case of amphotericin B, there remains

very little resistance — and differences in sensitivity mainly reflect the relative inherent sensitivity of different species to this agent.



Figure 2. Molecular mechanisms of drug resistance.

Eukaryotic microbial pathogens can exhibit drug resistance through reducing the overall intracellular concentration of the drug (less uptake, more efflux), by inactivating or failing to activate the drug, or by sequestering the drug away from its target. Resistance can also be mediated by reducing affinity of the drug for the target by mutation or by reducing the drug effect by overexpression of the target. Salvage and bypass pathways can also lower the overall impact of the drug action, as can the activation of pathways to repair any damage caused.

Table 1

Diseases caused by eukaryotic microorganisms, their vectors and frontline treatment options.

Disease	Pathogen group	Vector	Pathogen	Frontline treatments [*]
Malaria	Apicomplexan	Anopheline mosquitoes	P. falciparum	Uncomplicated <i>P. falciparum</i> malaria: ACTs; artemether plus lumefantrine; artesunate plus amodiaquine; artesunate plus mefloquine; dihydroartemisinin plus piperaquine; artesunate plus sulfadoxine plus pyrimethamine. Severe malaria: parenteral (or rectal, children <6 years) artesunate followed by oral ACT (i.m. artemether or i.m. quinine if artesunate unavailable).
			P. vivax, P. ovale, P. malariae or P.knowlesi	Blood stage infections: chloroquine (except in areas of chloroquine resistance); ACTs (except pregnant women and infants <6 months). Radical cure of liver (hypnozoite) infection: primaquine (close medical supervision with G6PD-deficient patients).
African trypanosomiasis	Kinetoplastid	Tsetse flies	<i>T. b. gambiense</i> (chronic form)	Haemolymphatic stage (no CNS involvement): pentamidine (i.m.). CNS stage: nifurtimox (oral) and eflornithine (i.v.) combination therapy (NECT) (melarsoprol if NECT unavailable).
			<i>T. b. rhodesiense</i> (acute form)	Haemolymphatic stage (no CNS involvement): suramin (i.v.). CNS stage: melarsoprol (i.v.).
American trypanosomiasis	Kinetoplastid	Triatomine bugs	T. cruzi	Benznidazole; nifurtimox.
Leishmaniasis	Kinetoplastid	Phlebotomine sandflies	Visceral disease: Leishmania donovani, L. infantum	Visceral disease: Amphotericin B (as liposomal or deoxycholate complex, i.v.); miltefosine (oral, contraindicated in pregnancy); paromomycin (i.m.); sodium stibogluconate (SSG) or meglumine antimonate, parenteral (except India and Nepal); SSG plus paromomycin (East Africa).
			Mucocutaneous disease: L. braziliensis, L. panamensis	Mucocutaneous: SSG (systemic).
			Cutaneous disease: For example, <i>L. major, L.</i> tropica, <i>L. mexicana, L.</i> amazonensis	Cutaneous: SSG (intralesional); paromomycin (ointment); miltefosine.
Invasive candidiasis	Fungal	Opportunistic	C. albicans, C. glabrata, C. parapsilosis	Echinocandins; fluconazole; liposomal amphotericin B.
Aspergillosis	Fungal	Opportunistic	A. fumigatus	Voriconazole (amphotericin B formulations; caspofungin; micafungin; posaconazole; itraconazole).
Pneumocystis pneumonia	Fungal	Opportunistic	Pneumocystis carinii	Sulfamethoxazole-trimethoprim (clindamycin-primaquine).
Cryptococcal meningitis	Fungal	Opportunistic	Cryptococcus neoformans	Amphotericin B plus flucytosine; amphotericin B plus fluconazole.

Several of the parasitic pathogens are arthropod-transmitted, and in these cases the responsible vector is shown. Fungal pathogens are predominantly opportunistic. CNS, central nervous system; i.m., intramuscular; i.v. intravenous. *Second-line treatment options are given in parentheses. Data from the World Health Organization58,125–127 and other sources 57,128,129.

Table 2	
Modes of action and mechanisms of drug resistan	ce in eukaryotic microorganisms.

Pathogen	Drug and date of resistance reported	Drug class	Mode of action	Resistance mechanism
Plasmodium	Chloroquine: 1957 (Southeast Asia); 1960 (South America); mid-1980s (Africa)	4-Aminoquinoline	Chloroquine interferes with the detoxification of haem into chemically inert haemozoin, resulting in accumulation of toxic chloroquine ferric haem complex and subsequent parasite lysis 130.	K76T (ref. 27) mutation in a digestive- vacuole-sited, ATP- dependent, 10- transmembrane-domain transporter PfCRT27; a range of more than 30 different mutations might interact epistatically131–133. These stimulate the active efflux of chloroquine by mutant PfCRT or the passive efflux of diprotonated chloroquine133. Other genes contributing to resistance include: the <i>P. falciparum</i> multidrug resistance transporter 1 (PfMDR1) homologue; multipass transmembrane transporter CG2; and PfNHE1 and a sodium hydrogen antiporter also associated with quinine resistance134. The specific genetic background of the parasite and the range of mutations in genes other than PfCRT are also key to the manifestation of chloroquine resistance135. An independent mutation in PfCRT (C350R) can reverse chloroquine resistance and also increase susceptibility of the parasite to other antimalarials (mefloquine, quinine and lumefantrine, but not piperiquine136). The mutation N326D confers increased resistance to the antimalarial amodiaquine40.
	Mefloquine: 1982 (Thailand)	Quinoline-4-methanol	Blockade of haemozoin formation and binding to phospholipids.	PfMDR1 is associated with mefloquine resistance137 but may also modulate chloroquine resistance through compensatory mutations that counteract PfCRT mutations that compromise parasite fitness138.

Pathogen	Drug and date of resistance reported	Drug class	Mode of action	Resistance mechanism
	Artesunate, dihydroartemisinin and artemether: 2008 (Southeast Asia)29	Sesquiterpene lactone endoperoxides	Form a carbon- centred free radical or reactive electrophilic intermediate that alkylates a number of malaria proteins 139 after activation by haem or free iron.	Dormancy resulting in an extended ring stage phase of development in the erythrocyte promotes resistance30– 32. Multiple independent mutations in a gene encoding KELCH13 confer resistance33–37. This results in its enhanced association with PI(3)K, which is subsequently underubiquitinated and accumulates along with its lipid product, PI(3)P. The specific genetic background of the parasite and the range of mutations in genes other than kelch 13 may also be key to the manifestation of resistance to artemisinin33.
	Sulfadoxine/pyrimethamine: 1967 (Thailand); 1980s (Africa)	Antifols	Sulfadoxine: inhibition of dihydropteroate synthase (DHPS). Pyrimethamine: inhibition of dihydrofolate reductase (DHFR). Synergistic effect on thymidylate synthesis.	Decreased affinity of both drugs for their respective targets. Resistance to sulfadoxine involves DHPS point mutations. DHPS variant A437G confers moderate resistance, with the additional mutations S436F and A613S conferring high-level resistance 140. Pyrimethamine clinical resistance involves DHFR point mutations at S108N in Africa and Southeast Asia. Additional mutations that confer high-level resistance are N511 and C59R (ref. 141). Increased GTP cyclohydrolase (copy number variations) enhances folate biosynthesis, compensating for loss of fitness141.
	Proguanil			High-level resistance to cycloguanil (a metabolite of proguanil) involves DHFR mutation of Ser108 to threonine. The triple mutations (C59R, S108N and I164L) confer cross- resistance to both pyrimethamine and cycloguanil142.

Pathogen	Drug and date of resistance reported	Drug class	Mode of action	Resistance mechanism
	Atovaquone (in combination with proguanil for prophylaxis or treatment)			Effective resistance to atovaquone involves one of a range of mutations in cytochrome <i>b</i> , most commonly Y268S. Other mutations associated with such resistance include I258M, Y268C, M133I and V259L143.
African trypanosomes	Suramin	Naphthylamine trisulfonic acid	Mode of action unknown.	Laboratory-generated resistance mediated through the silencing of invariant surface glycoprotein (ISG75), the AP1 adaptin complex, lysosomal proteases and major lysosomal transmembrane protein, as well as spermidine and <i>N</i> - acetylglucosamine biosynthesis108.
	Pentamidine: clinical resistance is not significant	Diamidine	Mode of action unknown.	Resistance is associated with loss of uptake on the P2 adenine/ adenosine transporter144, (AT1)145. Cross-resistance between melaminophenyl arsenicals and diamidines is mediated by AQP2 (ref. 146). A chimaeric AQP2/AQP3 gene is associated with cross-resistance to melarsoprol and pentamidine in laboratory- generated49,146,147 and clinical isolates148,149
	Melarsoprol: treatment failures have been reported in the Democratic Republic of Congo, Uganda, Angola and Sudan2	Trivalent melaminophenyl arsenical	Forms a cyclic complex with trypanothione known as MeIT (ref. 46). Inhibits trypanothione reductase and probably other targets.	Resistance is associated with loss of uptake on the P2 adenine/ adenosine transporter144,145. A non-functional mutant has been identified in melarsoprol-resistant field isolates150. See also AQP in pentamidine section.
	Eflornithine (difluoromethylornithine)	Fluorinated amino acid	Mechanism-based inhibitor of ornithine decarboxylase, required for biosynthesis of polyamines and trypanothione.	Laboratory-generated resistance is due to loss of a non-essential amino acid transporter151,152. There is no detected resistance in <i>T. b.</i> <i>gambiense</i> , but there is inherent resistance in some clinical isolates of <i>T. b. rhodesiense</i> 2.

Pathogen	Drug and date of resistance reported	Drug class	Mode of action	Resistance mechanism
	Nifurtimox: poor efficacy as monotherapy, used in combination therapy with eflornithine (NECT)	Nitrofuran	Prodrug activated by an oxygen- insensitive mitochondrial nitroreductase (NTR)153 to form highly reactive drug metabolites154 that kill trypanosomes via unknown mechanisms155.	A genome-scale RNA interference screen identified NTR and a number of other genes possibly associated with NTR function108. NTR is also the key resistance determinant in laboratory-generated lines156,157, showing cross-resistance to fexinidazole, an oral nitroimidazole currently undergoing phase II/III clinical trials for HAT.
South American trypanosomes	Benznidazole, nifurtimox: natural resistance in some <i>T. cruzi</i> isolates	Nitroheterocyclics	Benznidazole is activated by mitochondrial NTR153,158 to form electrophilic drug metabolites159,160.	Drug efflux via an ABCG-like transporter161. The NAD(P)H flavin oxidoreductase (old yellow enzyme) is downregulated in resistant lines162,163. However, this enzyme does not reduce benznidazole and only reduces nifurtimox under anaerobic conditions164.
Visceral leishmaniasis	Sodium stibogluconate, meglumine antimonite: 1990s widespread resistance in India and Nepal, not widespread in sub-Saharan Africa or Brazil	Pentavalent antimonials	Sb ^V is reduced to Sb ^{III} to attack intracellular amastigotes. Likely to bind multiple targets including trypanothione reductase 165,166, tryparedoxin peroxidase167 and CCHC zinc finger proteins166.	Selection for resistance to trivalent arsenic results in cross- resistance to trivalent antimony <i>in vitro</i> 61 and <i>in vivo</i> 62. Resistance is multifactorial through several mechanisms: (1) Decreased reduction of Sb ^V to Sb ^{III} . (2) Sb ^{III} is taken up via an aquaglyceroporin73 and modulation of expression of AQP1 affects Sb ^{III} susceptibility71–73. (3) Elevated intracellular trypanothione levels168 or increased biosynthetic potential65,66,78,79. (4) Increased levels of tryparedoxin peroxidase confer resistance to Sb ^{III} (ref. 169) and are found in clinical resistant isolates167. (5) MRPA (also known as PgpA or ABCC3), a member of the ATP-binding cassette (ABC) transporters, is amplified in some resistant lines170–172 and sequesters Sb ^{III} in an intracellular vacuolar compartment close to the flagellar

Pathogen	Drug and date of resistance reported	Drug class	Mode of action	Resistance mechanism
				pocket80. (6) Chaperones and stress- related proteins are upregulated67,68, potentially reducing or repairing cellular damage induced by antimonials173.
	Paromomycin	Aminoglycoside	Inhibition of protein synthesis.	Added to World Health Organization essential medicines list in 2007. No notable clinical resistance. Laboratory- derived resistant lines show decreased drug uptake and increased expression of ribosomal proteins174.
	Miltefosine: 2012 (Indian subcontinent)	Alkylphosphocholine	Miltefosine markedly perturbs lipid metabolism175– 177, but the targets and precise mechanism of action are not fully understood178.	Resistance involves either: loss-of-function mutations or underexpression of an aminophospholipid translocase (LdMT)179–181 or its regulatory subunit LdRos3 (ref. 182); or drug efflux by ABC transporters183,184. Laboratory-generated resistant lines show alterations in lipid metabolism and gene expression85,185, but WGS in another study identified mutations only in the miltefosine transporter, pyridoxal kinase and an α- adaptin-like protein176.
	Amphotericin B (deoxycholate or liposomal formulation): no notable clinical resistance reported	Polyene macrolide antibiotics	See below.	Not applicable, as no notable clinical resistance has been reported.
Fungi	Amphotericin B, amphotericin deoxycholate	Polyene macrolide antibiotics	Binds ergosterol more avidly than human cholesterol, disrupting the semipermeable membrane and causing leakage of essential metabolites and the collapse of electrochemical gradients. Binding of low-density lipoprotein receptors and amphotericin- mediated oxidative damage may also contribute.	Laboratory mutants with lower ergosterol content are less sensitive to amphotericin B, but are rare clinically. <i>Aspergillus terreus</i> is intrinsically less amphotericin sensitive but resistant strains have a normal ergosterol content, suggesting that membrane permeability may not be the only mechanism of amphotericin action186. Binding to ergosterol might contribute to its mode of action187.
	Fluconazole, itraconazole, voriconazole, posaconazole, ravuconazole, isavuconazole	Azoles	Bind haem groups and inhibit the P450-mediated	Resistance involves the overexpression of drug efflux pumps and point

Pathogen	Drug and date of resistance reported	Drug class	Mode of action	Resistance mechanism
			14α-demethylation (Erg11p or Cyp51p) of lanosterol in the ergosterol biosynthetic pathway. Leads to impaired membrane permeability, membrane protein action and cell wall synthesis188.	mutations in the target <i>ERG11/CYP51A</i> gene product, along with promoter mutations in these genes189–191. Changes in the levels of three fungal main efflux pumps, Cdr1, Cdr2 and Mdr1, and mutations in the genes encoding the Tac1, Upc2, Pdr1 and Mr1 transcription factors required for efflux pump upregulation, represent major causes of decreased drug sensistivity192,193. This type of azole resistance can be acerbated by isochromosome formation and aneuploidy, which can increase the copy number of key resistance genes such as <i>ERG11</i> and <i>TAC1</i> (refs 194–196). Interference with the RNA-polymerase-II- interacting mediator complex can re- sensitize Pdr1- dependent regulation of drug efflux pumps197. Chaperone Hsp90 can mitigate against stress induced damage198 and also contribute to multidrug resistance with echinocandins. TR34/L98H and the more recently identified TR46/ Y121F/T289A alleles that confer clinical azole resistance are likely to have arisen from environmentally generated mutations.
	Caspofungin, micafungin, anidulafungin, CD101 (formerly biofungin)	Echinocandins	Cyclic hexapeptides with an antifungal bioactive lipid side chain that binds the fungal-specific β -1,3-glucan synthase Fks cell membrane proteins, disrupting cell wall integrity.	Resistance through point mutations in two major hotspots in the β -1,3 glucan synthase genes <i>FKS1</i> , and, in <i>C.</i> <i>glabrata</i> , <i>FKS2</i> (refs 86, 101, 199); these reduce drug binding57,181,182. Upregulation of cell wall chitin can protect cell wall damage184– 186. Hsp90 chaperone can mitigate against stress-induced damage170.
	Flucytosine (5-fluorocytosine)	Fluoropyrimdines	Converted to 5- fluorouracil by cytosine deaminase, which becomes incorporated into	Resistance results from mutations in the genes encoding cytosine permease transporter, cytosine deaminase,

Pathogen	Drug and date of resistance reported	Drug class	Mode of action	Resistance mechanism
			RNA, resulting in inhibition of DNA synthesis.	which converts 5- fluorocytosine to 5- fluorouracil, or the uracil phosphoribosyl transferase required to convert 5- fluorocytosine into a substrate for nucleic acid synthesis200. Their impact is lessened by the use of 5-fluorocytosine in combination therapy.