

Selective inhibition of phosphodiesterases 4, 5 and 9 induces HSP20 phosphorylation and attenuates amyloid beta 1–42-mediated cytotoxicity

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Phosphodiesterase (PDE) inhibitors are currently under evaluation as agents that may facilitate the improvement of cognitive impairment associated with Alzheimer's disease. Our aim was to determine whether inhibitors of PDEs 4, 5 and 9 could alleviate the cytotoxic effects of amyloid beta 1– 42 ($\text{A}\beta_{1-42}$) via a mechanism involving the small heatshock protein HSP20. We show that inhibition of PDEs 4, 5 and 9 but not 3 induces the phosphorylation of HSP20 which, in turn, increases the colocalisation between the chaperone and $\mathbf{A}\beta_{1-42}$ to significantly decrease the toxic effect of the peptide. We conclude that inhibition of PDE9 is most effective to combat $A\beta_{1-42}$ cytotoxicity in our cell model.

Alzheimer's disease (AD) is the most common form of dementia in the elderly and numerous studies have shown the amyloid beta (AB) peptide to be a key toxic component in AD. Involvement of soluble or higher order aggregation species of the $\mathbf{A}\beta$ peptide, in various intra- or extracellular compartments, has been linked to neurotoxicity. However, the underlying toxic mechanism triggered by \overrightarrow{AB} dyshomeostasis promoting the loss of neurons and synaptic failure is still being investigated [\[1\]](#page-8-0).

One signalling pathway that has been targeted to improve synaptic function is the cyclic nucleotide second messenger system. Cyclic AMP (cAMP) [[2](#page-8-0)] and cyclic GMP (cGMP) [\[3\]](#page-8-0) signalling systems have been shown to have a crucial input into regulation of synaptic plasticity, learning and memory. As a result, signalling intermediates within these pathways such as phosphodierases [[4](#page-8-0)] and cAMP response element-binding protein (CREB) [\[5\]](#page-8-0) have been identified as possible therapeutic targets for AD.

The superfamily of phosphodiesterases (PDEs) is an attractive target for modulating synaptic plasticity via second messenger signalling as these enzymes provide the sole means of cyclic nucleotide degradation. There are 21 different genes that encode PDEs and these are separated functionally into 11 families depending on characteristics such as cyclic nucleotide specificity and modular structure [[6](#page-8-0)]. Further diversity is generated through multiple splice variants existing for a number of PDE families resulting in more than 60 different isoforms of PDE [[6\]](#page-8-0). A number of PDEs have been associated with signalling pathways involved in

Abbreviations

AD, Alzheimer's disease; Ab, amyloid beta; DMEM, Dulbecco's Modified Eagle's Medium; HSP20, heatshock protein 20; PDE, phosphodiesterase; PKA, protein kinase A; PKG, protein kinase G.

neuropsychiatric disorders, particularly PDE4, PDE5 and PDE9, with the latter two more recently emerging as novel therapeutic targets for AD [\[7\]](#page-8-0).

A topical neuroprotective mechanism that is a consequence of the inhibition of PDE4 and PDE5 is the hyperphosphorylation of the molecular chaperone heatshock protein 20 (HSP20) on serine 16 by protein kinase A (PKA) or protein kinase G (PKG) [[8](#page-8-0)]. HSP20 is known to associate with the pathological hallmarks of AD brains [\[9](#page-8-0)] and to physically bind to the \overrightarrow{AB} peptide, reducing its toxicity to neurons [\[10\]](#page-9-0). Recent data from our lab have shown that inhibition of a PDE4 pool directly associated with HSP20 results in its increased phosphorylation by PKA [[11](#page-9-0)] which in turn promotes association of the chaperone with the self association domain of the $A\beta$ peptide, preventing its oligomerisation [\[12\]](#page-9-0) and reducing its cytotoxicity [[13](#page-9-0)]. We now investigate whether inhibition of PDEs 5 and 9 result in similar functional consequences with respect to HSP20 phosphorylation and \overrightarrow{AB} toxicity in a cellular model. We report that both inhibition of PDE5 and PDE9 result in a dose-dependent phosphorylation of HSP20 on serine 16 that promotes greater association of HSP20 with \overrightarrow{AB} to decrease Ab-induced cell death. Our results suggest a novel mechanism for PDE inhibitors in the context of AD.

Materials and methods

Materials

All chemicals used to conduct this research were of analytical grade and were supplied by Sigma-Aldrich, Poole, UK, unless otherwise stated. Compounds were typically dissolved in DMSO and added to cells at a concentration no greater than 0.1% (v/v). All aqueous solutions were prepared with deionised water (dH₂O; Millipore, Livingston, UK). Antibodies used in the phosphorylation assays and ICC, a-pS16-HSP20 Abcam (ab58522; Cambridge, UK), a-Rabbit-HRP Sigma-Aldrich (A6154), a-Rabbit-Alexa Fluor[®] 594 Invitrogen (Paisley, UK; A-11012). Primary antibody used for PDE9 western blotting experiment was supplied by Scottish Biomedical (Glasgow, UK).

RT-PCR

Approximately 10⁶ SHS5Y cells were harvested, washed in PBS, then snap-frozen and stored at -80 °C. RNA was prepared using RNeasy column (Qiagen, London, UK) with oncolumn DNAse digestion (Qiagen). About 1.5μ g of total RNA (1 μ L) was used to synthesise 20 μ L of cDNA using Superscript Vilo cDNA synthesis kit (Invitrogen) with incubation times as follows: 25 °C, 10 min; 42 °C, 120 min; 85 °C, 15 min. PDE9A1 intron-spanning RT-PCR primer pairs were designed to three separate regions of the gene sequence (PDE9A1_1, PDE9A1_2, PDE9A1_3), and were resuspended to a stock concentration of 10 μ mol·L⁻¹ in nuclease-free water. RT-PCR reactions were performed using PDE9A1 primers and GAPDH primers as a positive control at a concentration of 200 nmol $\cdot L^{-1}$. For the PCR, pre-mixed PCR reagent (Thermo Scientific, Paisley, UK) was used with the following thermal cycling parameters: 94 °C, 2 min then 30 cycles of 94 °C, 30 s; 55 °C, 30 s; 72 °C, 30 s, followed by 72 °C for 20 min. One microlitre of cDNA was used as a template in each 20- μ L reaction. No template control reactions lacking cDNA were included to ensure primer contamination had not occurred. Ten microlitres of each PCR product was resolved on a 1.8% , $0.5\times$ TBE agarose gel. Bands corresponding to the predicted molecular weight were obtained for each PCR reaction strongly suggesting that PDE9A1 mRNA is expressed in SHS5Y cells.

Preparation of A_B

For cell-based assays, synthetic \overrightarrow{AB} peptides were purchased from rPeptide® (Athens, GA, USA). A β 1-42 (A-1002) peptides are the recombinant form of the human $\mathbf{A}\beta$ peptide. A β 1–42 scrambled peptide (A β scr; A-1004) which is a rearranged version of the peptide that carries the overall weight and charge of $A\beta1-42$, was used as a control. For ICC experiments, fluorescein-tagged $A\beta$ 1–42 was purchased from Anaspec (ANA23525-05; Fremont, CA, USA). Peptides were dissolved in DMSO at a concentration of 5 mg·m L^{-1} and sonicated in a water bath for 15 min. Samples were aliquoted and stored at -20 °C until required. To create neurotoxic $A\beta$ 1–42 derivatives a method similar to that described by Lambert et al. [\[14\]](#page-9-0) was used, where $A\beta1-42$ (or scrambled) peptides were brought to 100μ M in cold PBS and incubated at 4–8 °C for 24 h. The resulting aggregated peptides were added directly to cell culture medium typically at 1 : 10 dilution ($\mathbf{A}\mathbf{\beta}$: media). Samples from each 100- μ M stock added were taken for SDS/PAGE and western blotting analysis.

Western blotting

The SDS/PAGE gels were transferred to nitrocellulose membranes using an Invitrogen X-Cell apparatus (Invitrogen) using Nupage[®] X-cell Blotting Module and $20 \times$ NuPage[®] transfer buffer containing 20% methanol (v/v) in 200 mL of $dH₂O$. Proteins were transferred at 28 V for 1.5 h and transfer efficacy was established through visualisation of molecular weight markers or Ponceau staining. Following transfer membranes were incubated in 5% milk solution (w/v) in $1 \times$ TBST (20 mM Tris-Cl pH7.6, 150 mM NaCl, 0.1% Tween 20) for 1 h at room temperature under agitating conditions to block nonspecific antibodies binding to the membrane. Membranes were then incubated in 1% milk solution with the appropriate primary antibody added and incubated overnight at 4 °C with agitation. The membrane was then washed for 3×10 min with $1 \times$ TBST, and incubated in fresh 1%

milk solution containing appropriate horseradish peroxidase (HRP)-conjugated secondary antibody for 1–2 h at room temperature. After incubation, membranes were washed for 3×10 min before adding Pierce enhanced chemiluminescence (ECL) western blotting substrate (Thermo Scientific). Membranes were incubated in ECL substrate for 1 min before transferring to a light-sensitive cassette. Autoradiographic film was used to detect any signals from membranes and films were developed on a Kodak X-omat Model 2000 processer (Rochester, NY, USA). Resulting images were quantified using QUANTITY ONE (BioRad, Hemel Hempstead, UK).

Mammalian cell culture

Cell cultures were examined using a phase contrast inverted microscope (Leitz Diavert, Midland, ON, Canada) in order to analyse the condition of the cells and to monitor for contamination. SH-SY5Y cells were grown in Dulbecco's Modified Eagle's Medium (DMEM) and F12-Ham's at a 1 : 1 ratio, media was supplemented with 10% (v/v) FBS, 1% (v/v) L-Glutamine, 1% (v/v) Minimum Essential Medium with Nonessential Amino Acids (MEM-NAA) and 1% (v/v) Penicillin–Streptomycin. Cells were cultured in a humidified, 5% (v/v) $CO₂$, 37 °C incubator.

Real-time cell monitoring (xCELLigence)

The xCELLigence system Real-Time Cell Analyzer RTCA-SP (ACEA Biosciences, San Diego, CA, USA) is an electrical impedance-based real-time cell-monitoring system for detection of cellular viability. The recording of cell index values (CI), normalisations and the monitoring of $A\beta1-42$ mediated cytotoxicity was performed using RTCA Software 1.2 (San Diego, CA, USA). The RTCA-SP device was calibrated using RTCA Resistor Plate 96 prior to each experiment and impedance measurements were carried out in 96 well E-plates (ACEA). The impedance readout is expressed as arbitrary cell index values. The normalisation of cell index arbitrarily sets cell index to 1 at a desired time point, which is typically the time of adding compounds. The background impedance caused by the media is measured using $100 \mu L$ in each well prior to seeding of cells and is automatically subtracted by the RTCA software using the following equation: $CI - (Z_i - Z_o)/15$ with Z_i as the impedance at any given time point and Z_0 being the background signal [[15\]](#page-9-0).

HSP20 phosphorylation assays

The SH-SY5Y cells were seeded at a density of 1×106 cell per well onto six-well plates for at least 16 h prior to treatment with various PDE inhibitors. Compounds were diluted in media and added to cells for 0.5, 1, 2, 4 & 6 h for time-course assays or incubated for 15 min for dose–response assays prior to harvesting using 3T3 lysis buffer supplemented with protease inhibitor Mini-Complete and phosphatase inhibitor phosSTOP (Roche, Welwyn Garden City, UK). Phospho-HSP20 levels were analysed using standard SDS/PAGE and western blotting techniques described previously.

Fig. 1. PDE9 expression in SH-SY5Y cells. (A) RT-PCR of SH-SY5Y RNA using PDE9A1 intron-spanning RT-PCR primer pairs designed to three separate regions of the gene sequence (PDE9A1_1, PDE9A1_2, PDE9A1_3). Negative controls where no cDNA template was included are maked $(-)$. (B) Western blot of SH-SY5Y lysates identifying protein expression of PDE9 isoforms.

Fig. 2. PDE inhibitors increase phosphoHSP20 levels in a time-dependent fashion. SH-SY5Y cells were incubated with indicated PDE inhibitors (A) Rolipram (10 μ M), (B) Sildenafil (1 μ M), (C) PF-04447943 (25 µM) and (D) BAY 73-6691 (25 μ M) over a time course of 6 h. Cell lysates were prepared and blotted for phospho-HSP20. Levels of phospho-HSP20 were normalised against tubulin and increases plotted against control, untreated samples $n = 3$, errors are SEM. Significances were determined using Student's *t*-test. $*P = 0.05$, $*P < 0.01$, $***P = 0.001$.

Immunocytochemical staining of SH-SY5Y cells

The SH-SY5Y cells $(2 \times 10^5/\text{well})$ were grown overnight in six-well plates containing sterile coverslips. Coverslips were sterilised using an ethanol : ether solution $(1 : 1, v/v)$ and air-dried for a minimum 30 min in a cell culture hood. The following day cells were treated with 1μ M of fluoresceintagged $A\beta_{1-42}$ (FAM-A β_{1-42}) and incubated for 6 h in order to mimic the real-time cell-monitoring assays. SH-SY5Y cells were then treated with either rolipram (10μ) , sildenafil $(1 \mu M)$, PF-04447943 $(1 \mu M)$, BAY 73-6691 $(1 \mu M)$ or DMSO only control for 1 h prior to fixation and immunostaining for phospho-HSP20. Cells were fixed on glass coverslips using -20 °C methanol solution for 5 min, then washed twice for 5 min in cold PBS with gentle agitation. Cells were permeabilised for 20 min at room temperature with PBST (0.1% Triton-X100 in PBS), then washed for 5 min in PBS alone. Nonspecific antibody-binding sites were blocked by incubating with blocking buffer [0.5% BSA (w/v) in PBS] for either 30 min at room temperature, or overnight at 4 °C,

coverslips were then washed twice in PBS for 5 min. The phosphor-HSP20 primary antibody was diluted to the desired concentrations in blocking buffer, and coverslips were incubated with primary antibodies overnight at 4 °C. Coverslips were then washed three times for 10 min in PBS, and incubated with 1 : 500 dilutions of appropriate fluorescently labelled secondary antibodies in a final volume of 500 lL per coverslip and protected from light. This step took place overnight at 4 °C. Following secondary antibody incubation, coverslips were washed once in PBS and mounted onto glass slides using ProLong Gold antifade reagent with 4',6-diamidino-2-phenylindole nuclear stain (Molecular Probes, Eugene, OR, USA) and air-dried for a minimum 48 h prior to use. Coverslips were stored at 4 °C, protected from light.

Results

Expression of PDE4 [\[13\]](#page-9-0) and PDE5 [[16](#page-9-0)] had already been confirmed in our cellular model SH-SY5Y,

Fig. 3. PDE inhibitors increase phospho-HSP20 levels dose dependently. SH-SY5Y cells were incubated with increasing concentrations of PDE inhibitors (A) Rolipram, (B) Sildenafil, (C) PF-04447943 and (D) BAY 73-6691 for 15 min. Cell lysates were prepared and blotted for phospho-HSP20. Levels of phospho-HSP20 were normalised against tubulin and increases plotted against control, untreated samples $n = 3$, errors are SEM. Significances were determined using Student's *t*-test. $*P = 0.05$, $*P < 0.01$, $***P = 0.001$.

although there has been no such confirmation of PDE9. As a result, our first priority was to confirm the expression of PDE9 in this cell line. Firstly, we used RT-PCR of SH-SY5Y RNA using primer pairs targeted to three distinct intron-spanning regions of the PDE9A1 gene (Fig. [1A](#page-2-0)). All three PDE9A primers amplified PDE9A cDNA from SH-SY5Y cells. Secondly, we used a commercially available PDE9A antibody to positively identify the enzyme in SH-SY5Y cell lysates. We observed PDE9A protein at a number of different molecular weights, suggesting that a number of isoforms are expressed (Fig. [1](#page-2-0)B).

HSP20 phosphorylation at serine 16 is induced by the inhibition of PDE4 and PDE5 via PKA and PKG activation, respectively, however, it has not been shown that PDE9 inhibition can influence such a modification of the chaperone. In light of this, we decided

to compare HSP20 phosphorylation in SH-SY5Y cells using western blotting following pharmacological inhibition of PDE4 using rolipram (Figs [2A](#page-3-0) and 3A), PDE5 with sildenafil (Figs [2B](#page-3-0) and 3B), PDE3 using cilostimide (data not shown) and PDE9 utilising two commercially available PDE9 inhibitors, PF-04447943 (Figs [2C](#page-3-0) and 3C) and BAY 73-6691 (Figs [2](#page-3-0)D and 3D). We lSH-SY5Y cells were treated with various concentrations of inhibitors and incubated for 15 min (Fig. [2](#page-3-0)). All of the inhibitors (except cilostimide: data not shown) promoted dose-dependent increases in HSP20 phosphorylation compared with the vehicle control, with 25μ M- treated cells being statistically significant for all inhibitors except for rolipram (Fig. [2](#page-3-0)B– D). Rolipram response was significant over control values when tested at 10 μ M (Fig. [2](#page-3-0)A). In addition to dose responsiveness, we also evaluated the temporal

Fig. 4. Inhibition of PDE9 significantly attenuates AB_{1-42} -induced cell death. (A) Noninvasive evaluation of SH-SY5Y cell viability was undertaken using xCELLigence Real-Time Cell Analyzer RTCA-SP following addition of AB_{1-42} or a scrambled version of $\mathsf{A}\beta_{1-42}$ PDE 9 inhibitors were added 6 h after AB_{1-42} addition. (B) Evaluation of changes in normalised Cell Index ($n = 3$) over the $A\beta_{1-42}$ time-course following inhibition of PDE9 with PF-04447943 (left) or BAY 73- 6691 (right). Errors are SEM and significances vs untreated controls determined using Student's t-test. $*^*P < 0.01$.

increase in HSP20 phosphorylation over a 6-h timecourse of each inhibitor. As previously reported, PDE4 (Fig. [3](#page-4-0)A) and PDE5 inhibition (Fig. [3B](#page-4-0)) produced a transient and significant increase in HSP20 phosphorylation, peaking at 1 h. Interestingly, this effect was also observed following treatment with both PDE9 inhibitors. PF-04447943 treatment caused a significant fourfold increase (± 0.5 , $P = 0.0001$) after 1 h (Fig. [3](#page-4-0)C) compared to a ninefold increase $(\pm 4, \cdot)$ $P = 0.03$ $P = 0.03$) following BAY 73-6691 addition (Fig. 3D) at the same time point.

As we have previously published that increases in HSP20 phosphorylation at serine 16 triggers a reduction in $\mathbf{A}\beta$ peptide toxicity in SH-SY5Y cells [[13](#page-9-0)], we sought to discover whether the induction of phospho-HSP20 via pharmacological PDE inhibition (Figs [2](#page-3-0) and [3](#page-4-0)) could recreate this neuroprotective effect. Using the xCELLigence system for label-free, real-time monitoring of $\mathsf{A}\beta$ -induced cytotoxicity [[13](#page-9-0)], preliminary

growth curves demonstrated that divergence between the $A\beta_{1-42}$ and A β scr growth curves occurred after approximately 6 h of peptide incubation. We concluded that it takes 6 h for significant quantities of soluble $\mathbf{A}\beta_{1-42}$ oligomers to accumulate within the cells to induce SH-SY5Y death, hence we added PDE inhibitors 6 h post $\mathbf{A}\mathbf{B}_{1-42}$ addition. Treatment with either PF-04447943 or BAY 73-6691 induced a pronounced effect on neuroblastoma growth curves (Fig. 4A), significantly reducing the amount of cell death by $A\beta_{1-42}$. Inhibition of PDE9 provided significant protection against the cytotoxic effects of $A\beta_{1-42}$ as early as 12 h post treatment (Fig. 4B), reaching a maximum at 48 h, 158% (± 24 %, $P = 0.016$) for PF-04447943 and 180% $(\pm 35\%, P = 0.02)$ for BAY 73-669.

When tested in the same manner, the influence of PDE4 and PDE5 inhibition on $A\beta_{1-42}$ cytotoxicity was observed to be similar in trend but less pronounced than that promoted by PDE9 inhibition (Fig. [5A](#page-6-0)). The

significantly attenuates $\mathsf{A}\beta_{1-42}$ -induced cell death.(A) Noninvasive evaluation of SH-SY5Y cell viability was undertaken using xCELLigence Real-Time Cell Analyzer RTCA-SP following addition of AB_{1-42} or a scrambled version of $\mathsf{A}\beta_{1-42}$ PDE 4 (rolipram) and 5 (sildenafil) inhibitors were added 6 h after AB_{1-42} addition. (B) Evaluation of changes in normalised Cell Index ($n = 3$) over the A β_{1-42} time-course following inhibition of PDE9 with rolipram (left) or sildenafil (right). Errors are SEM and significances vs untreated controls determined using Student's t-test. $*P = 0.05$.

increase in Cell Index relative to $A\beta_{1-42}$ control peaked at 48-h time-points for both rolipram and sildenafil (Fig. 5B) with maximum increases of 145% ($\pm 18\%$, $P = 0.018$) and 144% (± 24 %, $P = 0.043$) respectively (Fig. 5B).

Given that selective inhibition of PDEs 4, 5 and 9 significantly protected neuronal-like SH-SY5Y cells against $\mathbf{A}\mathbf{B}_{1-4}$ -induced cell death, it was important to establish if this protective mechanism was mediated to some extent through HSP20. As we have shown that phosphorylation of HSP20 increases its association with $A\beta_{1-42}$ and reduces the effective concentration of the chaperone required to inhibit $A\beta_{1-42}$ oligomerisation [\[13\]](#page-9-0), we evaluated the formation of the HSP20 fluorescein $A\beta_{1-42}$ -tagged complex in cells using immunofluorescence (Fig. [6A](#page-7-0)). A synthetic $FAM-A\beta_{1-}$ ⁴² peptide had been shown previously to readily

accumulate intracellularly within cortical neurons and SH-SY5Y cells at sublethal concentrations [\[17\]](#page-9-0). This property was utilised to quantify colocalisation of phospho-HSP20 and FAM- $A\beta_{1-42}$ using Pearson's correlation coefficient (PCC), a statistical tool used to correlate the spectral overlap between the red (phosph-HSP20) and green $(FAM-A\beta_{1-42})$ emission channels [\[18\]](#page-9-0). We observed a PCC value of $0.327 (\pm 0.034 \text{ SEM})$ in cells treated with vehicle alone indicating little colocalisation (Fig. [6B](#page-7-0)). All PDE inhibitors tested induced significant increases in the colocalisation of $FAM-A\beta_{1-}$ ⁴² with phospho-Hsp20 (Fig. [6](#page-7-0)B). Rolipram increased the PCC value to 0.458 (± 0.04 , $P = 0.034$), sildenafil to 0.426 (\pm 0.03, $P = 0.049$), PF-04447943 to 0.465 $(\pm 0.029, P = 0.017)$, and BAY 73-6691 to 0.480 (± 0.069 , $P = 0.022$). These data suggest that increases in HSP20 phosphorylation through inhibition of PDE

increase colocalisation of HSP20 and in SH-SY5Y cells. (A) SH-SY5Y cells were incubated with either 10 µM rolipram (Rol), 1 μ M sildenafil (Sil), 1 μ M PF-04447943 (PF) or 1 μ M BAY73-6691 (BAY) for 15 min prior to methanol fixation and staining with antibodies against phospho-HSP20 (pS16- HSP20) and the C-terminal domain of APP (APP-CTD) which contains the $\mathsf{A}\beta$ epitope. Scale bar = 10 μ m. (B) Pearson's Correlation coefficient (PCC) for the colocalisation of phosphor-HSP20 and $\mathsf{A}\mathsf{B}$ were calculated in cells treated with PDE inhibitors. Student's t-test was used to evaluate changes compared to DMSO only controls. ($P < 0.05$, Student t-test, $n = 3$).

families 4, 5 and 9 serves to promote association of the chaperone with $A\beta_{1-42}$ attenuating aggregation of the peptide and conferring protection against $A\beta_{1-42}$ toxicity.

Discussion

Cyclic nucleotides (cAMP and cGMP) are ubiquitous second messengers that are known to relay signals within the brain, influencing synaptic plasticity. In the context of AD, increases in cAMP and cGMP triggered by selective inhibition of PDE4 [\[19\]](#page-9-0), PDE5 [\[20\]](#page-9-0) and PDE9 [\[21\]](#page-9-0) have been responsible for improved synaptic function and memory in AD rodent models. Protective mechanisms promoted by increases in cAMP/cGMP include phosphorylation of the transcription factor CREB by PKA/PKG, which in turn promotes CREB binding to cAMP response elements on specific DNA sequences. This action activates transcription of genes involved in synaptic plasticity and neuronal protection, reversing $A\beta_{1-42}$ -induced cognitive deficits (reviewed in [4]).

Another protein that can be phosphorylated by PKA/PKG and confers protection in AD is the small heatshock protein HSP20. Phosphorylation of HSP20 is known to initiate a variety of cardio-protective effects [8,22] and promote protection against ischaemia–reperfusion injury in the brain via a mechanism involving modulation of Bcl-2 and Bax expression [[23](#page-9-0)]. However, the chaperone's neuroprotective abilities in AD had not previously been linked with its phosphorylation. Recent work from our laboratory has demonstrated that phosphorylation of HSP20 by PKA increases its association with the aggregation domain of $A\beta_{1-42}$, reducing oligomerisation [[12](#page-9-0)] and neuronal toxicity of the peptide [[13](#page-9-0)]. We show here that PDE inhibitors, which target specifically PDEs 4, 5 and 9, induce the phosphorylation of HSP20 in a dose- and time-dependent manner. It is already known that HSP20 exists in a complex with AKAP-Lbc [\[24\]](#page-9-0) and PDE4D [\[11\]](#page-9-0), and that dissociation of PDE4 from this signalosome results in the phosphorylation of HSP20, which acts to attenuate hypertrophic signalling in a heart failure model [[25](#page-9-0)]. In contrast, the direct association of PDE5 and PDE9 with HSP20 has not been investigated, yet our data suggest that the activities of these PDEs also influence the probability of HSP20 phosphorylation. Indeed the phosphorylation of HSP20 is enhanced in coronary arteries following treatment with the PDE5 inhibitor sildenafil [[26](#page-9-0)], but no such data exist for the inhibition of PDE9. In light of this, it was unexpected that the PDE9 inhibitors performed best in each assay within this study, producing the largest HSP20 phosphorylation, the greatest level of protection against Ab-induced cytotoxicity, and the most pronounced increase in colocalisation between phospho-HSP20 and $FAM-A\beta_{1-42}$. Interestingly, PDE9 inhibitors have been investigated as modulators of the nitric oxide/guanylate cyclase/ PKG signalling pathway as a therapeutic strategy [\[27,28\]](#page-9-0) and are currently under evaluation in clinical trials as cognitive enhancers for AD. We speculate that

the molecular mechanisms underpinning the neuroprotective capacity of PDE9 inhibition may involve the enhanced HSP20 phosphorylation, although a recent study suggests that certain PDE9 inhibitors may also prevent $A\beta_{1-4}$ oligomerisation by acting as metal ion chelators [\[29\]](#page-9-0).

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Author contributions

GSB, AIP and RTC conceived the study; RTC and GSB designed experiments, analysed data and wrote the manuscript; RTC, JPD and EW performed experiments; GSB and EW made manuscript revisions.

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