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Surveillance Tools Emerging From Search Engines and Social Media Data for Determining Eye Disease Patterns

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Abstract

IMPORTANCE—Internet-based search engine and social media data may provide a novel complementary source for better understanding the epidemiologic factors of infectious eye diseases, which could better inform eye health care and disease prevention.

OBJECTIVE—To assess whether data from internet-based social media and search engines are associated with objective clinic-based diagnoses of conjunctivitis.

DESIGN, SETTING, AND PARTICIPANTS—Data from encounters of 4143 patients diagnosed with conjunctivitis from June 3, 2012, to April 26, 2014, at the University of California San Francisco (UCSF) Medical Center, were analyzed using Spearman rank correlation of each weekly observation to compare demographics and seasonality of nonallergic conjunctivitis with allergic conjunctivitis. Data for patient encounters with diagnoses for glaucoma and influenza were also obtained for the same period and compared with conjunctivitis. Temporal patterns of Twitter and Google web search data, geolocated to the United States and associated with these clinical diagnoses, were compared with the clinical encounters. The a priori hypothesis was that weekly internet-based searches and social media posts about conjunctivitis may reflect the true weekly clinical occurrence of conjunctivitis.

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MAIN OUTCOMES AND MEASURES—Weekly total clinical diagnoses at UCSF of nonallergic conjunctivitis, allergic conjunctivitis, glaucoma, and influenza were compared using Spearman rank correlation with equivalent weekly data on Tweets related to disease or diseaserelated keyword searches obtained from Google Trends.

RESULTS—Seasonality of clinical diagnoses of nonallergic conjunctivitis among the 4143 patients (2364 females [57.1%] and 1776 males [42.9%]) with 5816 conjunctivitis encounters at UCSF correlated strongly with results of Google searches in the United States for the term *pink* eye (ρ , 0.68 [95%CI, 0.52 to 0.78]; $P < .001$) and correlated moderately with Twitter results about pink eye (ρ, 0.38 [95%CI, 0.16 to 0.56]; $P < .001$) and with clinical diagnosis of influenza (ρ, 0.33 [95%CI, 0.12 to 0.49]; $P < .001$), but did not significantly correlate with seasonality of clinical diagnoses of allergic conjunctivitis diagnosis at UCSF (ρ , 0.21 [95%CI, –0.02 to 0.42]; P = .06) or with results of Google searches in the United States for the term *eye allergy* (ρ , 0.13 [95%CI, -0.06 to 0.32]; $P = .19$). Seasonality of clinical diagnoses of allergic conjunctivitis at UCSF correlated strongly with results of Google searches in the United States for the term *eye allergy* (ρ, 0.44 [95%CI, 0.24 to 0.60]; $P < .001$ and eye drops (ρ, 0.47 [95%CI, 0.27 to 0.62]; $P < .001$).

CONCLUSIONS AND RELEVANCE—Internet-based search engine and social media data may reflect the occurrence of clinically diagnosed conjunctivitis, suggesting that these data sources can be leveraged to better understand the epidemiologic factors of conjunctivitis.

> Conjunctivitis is one of the most common eye diseases in the United States. It often causes eye pain, discomfort, and temporary vision impairment, and rarely causes permanent conjunctival and corneal scarring. Conjunctivitis has 3 predominant forms: bacterial, 1 viral, 2 and allergic, $3-5$ each with unique characteristics.⁶ It contributes substantial annual costs in the United States affecting health care, the workforce, and education.^{7–9} Children with conjunctivitis are prohibited from attending school, causing parents to miss work or pay for childcare; a study from 2014 calculated that conjunctivitis has an overall annual US medical cost of \$800 million and causes 3.5 million missed school days and 8.5 million missed work days annually, with estimated annual lost wages of \$1.9 billion.⁹ Epidemics of severe conjunctivitis appear to be on the rise in some countries and are endemic in others.² Despite the effect of conjunctivitis in the United States, to our knowledge, no primary eye-specific infectious diseases, including conjunctivitis, are regularly tracked by the Centers for Disease Control and Prevention. Therefore, seasonality, incidence, and frequency of conjunctivitis epidemics in the United States are not well documented. However, the prevalence of conjunctivitis in the United States is estimated at approximately 2.2%, and conjunctivitis is estimated to account for approximately 1% of all emergency department and primary care physician visits.⁹

> In the past decade, public health and research organizations have begun to supplement standard health and disease monitoring and epidemiologic reporting with complementary information obtained through digital surveillance of social media, including both passive (geocoded web traffic and keywords from social networks and search engines, news feeds, and blogs) and active (participatory electronic surveys and electronic medical record [EMR] registries) sources.^{10–17} These approaches have the potential to improve understanding of epidemiologic factors and to detect outbreaks much sooner than the traditional criterion standard methods, and have reportedly been shown to detect and predict influenza and other

outbreaks weeks in advance of traditional Centers for Disease Control and Prevention methods, complementing traditional reporting.^{18–23} However, it is for traditionally less wellmonitored or less-reported infectious diseases where social media data may have the greatest potential to provide epidemiologic information, 24 as is currently the case in the United States for infectious eye diseases.

Some studies have begun investigating the role of social media as related to ophthalmology²⁵ and some nonprofit and commercial systems are tracking conjunctivitis geospatially, for example, by using news feeds and randomly submitted reports.²⁶ Previous analyses of data for eye-related terms from Google Trends before 2009 have established the seasonality of conjunctivitis, with a peak in colder weather.²⁷ However, it has not been confirmed if this pattern continued in subsequent years, or how it corresponds to the seasonal patterns of incidence as seen in clinical practice. It is also unknown if other sources of social media, such as Twitter, may add to our understanding. Other studies have investigated allergic rhinitis, which has an ocular component, and have suggested a strong correlation of allergic rhinitis with internet-based Google searches, web traffic logs, and other related terms such as *medications*.²⁸ We compare the seasonality of conjunctivitis in online searches in the United States with the seasonality observed in an EMR system from a tertiary care center. We compare that correlation of conjunctivitis-related seasonality with that of other eye-related and of non–eye-related online searches and EMR data as well as with Tweets about pink eye. We also perform a subanalysis of allergic conjunctivitis and nonallergic conjunctivitis.

Key Points

Question

Can internet-based data from social media and search engines provide novel sources of epidemiologic factors of infectious eye diseases, associated with objective clinic-based diagnoses?

Findings

Seasonality of clinical diagnoses of nonallergic conjunctivitis from electronic medical records correlated strongly with results of Google searches in the United States for the term pink eye, and correlated moderately with Tweets about pink eye and with clinical diagnosis of influenza. Seasonality of clinical diagnoses of allergic conjunctivitis from electronic medical records correlated strongly with results of Google searches in the United States for the term eye allergy.

Meaning

Internet-based data from search engines and social media may provide a novel complementary source for understanding the epidemiologic factors of infectious eye disease.

Methods

Data Acquisition

EMR Clinical Data—With approval from the University of California San Francisco (UCSF) Institutional Review Board, we obtained total weekly counts of all encounters with diagnosis names containing the string "conjunctivi" for June 3, 2012, to April 26, 2014, from the UCSFEMR. Resulting encounters were grouped into allergic and nonallergic conjunctivitis, based on whether the conjunctivitis diagnosis name contained the string "allerg." In addition to conjunctivitis diagnosis name encounters, we also obtained total weekly counts for the same period from the UCSF EMR for glaucoma and for influenza. Informed consent was waived because patient data were deidentified.

Google Search Data—Results of searches were obtained from Google Trends¹⁷ using the United States as the search location for the same period as the EMR data. The keywords used were *pink eye, eye allergy, flu,* and *eye drops*. We also searched Google Trends using Australia as the location for the keyword *conjunctivitis* during the same period(*pink eye* is rarely used to describe conjunctivitis in Australia).

Twitter—A random sample of 6441 Tweets, geolocated for the United States and enriched via the Boolean query to include Tweets with first-person statements regarding having or getting conjunctivitis (and enriched to exclude Tweets regarding celebrities, cinematic topics from popular culture, animals, reposts of URLs, and retweets) was obtained through the Crimson Hexagon platform²⁹ for the same period as the EMR data (see thee Appendix in the Supplement for the detailed query). Clinical EMR data from UCSF were obtained in the fall of 2014, while data from Twitter and Google searches were obtained in the spring of 2015.

Statistical Analysis

We conducted Spearman rank correlation of each weekly observation. Time series bootstrap (with a fixed window of 2)was conducted to construct 95% CIs and P values.³⁰ All computations were conducted in R , version 3.1 for MacIntosh (R Foundation for Statistical Computing).

Results

Demographics of Clinical Diagnoses

Demographic characteristics of the UCSF group are summarized in Table 1. The UCSF conjunctivitis query resulted in a data set containing 4143 patients with 5816 conjunctivitis encounters. Patients were from 67 departments, including general pediatrics (1106 [26.7%]), ophthalmology (840 [20.3%]), and general internal medicine (693 [16.7%]). The cohort comprised 2364 females (57.1%), 1776 males (42.9%), 1794 white patients (46.5%), 766 Asian patients (19.8%), 404 black or African American patients (10.5%), 14 Native American or Alaska Native patients (0.4%), and 71 Native Hawaiian or Pacific Islander patients (1.8%); 810 patients (21.0%) had no information on race/ethnicity. We found evidence of a significant age difference between patients with nonallergic and allergic conjunctivitis ($P < .001$, Wilcoxon rank-sum test). The mean age of patients with nonallergic

conjunctivitis was 30.3 years (95% CI, 29.4–31.2), and of allergic patients, 43.6 years (95%CI, 42.0–45.2). Table 1 shows the largest difference between patients with allergic and nonallergic conjunctivitis at the youngest age class (<5 years). Patients with allergic and nonallergic conjunctivitis also differed by race/ethnicity ($P < .001$, Fisher exact test); for example, among the group with allergic conjunctivitis, Asian race made up a higher percentage (266 [28.4%]) than in the group with nonallergic conjunctivitis (500 [17.1%]), while, inversely, white patients made up a higher percentage of the group with nonallergic conjunctivitis (1441 [49.3%]) than of the group with allergic conjunctivitis (353 [37.7%]). In addition, we found evidence of a difference by sex $(P < .001$, Fisher exact test), with 648 females (64.2%) in the group with allergic conjunctivitis vs 1716 females (54.8%) in the group with nonallergic conjunctivitis. The seasonality of all UCSF encounters of patients with allergic conjunctivitis and those with nonallergic conjunctivitis is shown in Figure 1. The frequency of encounters with patients with nonallergic conjunctivitis fluctuated over time, roughly doubling in size from fall to spring for each year observed and then returning to fall levels. Cases of allergic conjunctivitis followed a similar pattern (increase from fall to spring, then back to fall levels), but the seasonality appeared delayed behind the encounters with patients with nonallergic conjunctivitis by approximately 2 months, and perhaps with more varied levels of fluctuation between years.

Spearman Rank Correlation Comparison

Table 2 compares the clinical diagnoses with results of Google searches and Tweets. For patient encounters at UCSF with nonallergic conjunctivitis, we found the strongest correlations with results of a Google search in the United States (Google USA) for *pink eye* (ρ , 0.68 [95%CI, 0.52 to 0.78]; $P < .001$) and with Google USA search results for eye drops $(p, 0.48 \, [95\% CI, 0.30 \, \text{to } 0.62]; P < .001)$. We found moderate correlation between UCSF diagnoses of nonallergic conjunctivitis and Twitter USA posts about pink eye (ρ, 0.38 [95% CI, 0.16 to 0.56]; $P < .001$ and between UCSF diagnoses of nonallergic conjunctivitis and UCSF diagnoses of influenza (ρ , 0.33 [95% CI, 0.12 to 0.49]; $P < .001$). However, we found no strong evidence of correlation between UCSF diagnoses of nonallergic conjunctivitis and UCSF diagnoses of allergic conjunctivitis (ρ , 0.21 [95%CI, –0.02 to 0.42]; P = .06), between UCSF diagnoses of nonallergic conjunctivitis and Google USA search results for eye allergy (ρ , 0.13 [95%CI, -0.06 to 0.32]; $P = .19$), or between UCSF diagnoses of nonallergic conjunctivitis and UCSF diagnoses of glaucoma. Finally, we found evidence of inverse correlation of UCSF diagnoses of nonallergic conjunctivitis and Google Australia search results for *conjunctivitis* ($ρ$, −0.66 [95% CI, −0.77 to −0.50]; *P* < .001), suggesting somewhat opposite seasons, as is known for the 2 hemispheres. Similar to UCSF diagnoses of nonallergic conjunctivitis, Google USA search results for pink eye also correlated strongly with Google USA search results for eye drops (ρ , 0.42 [95% CI, 0.20 to 0.60]; $P \lt$. 001) and with Twitter USA posts about *pink eye* (ρ , 0.55 [95%CI, 0.33 to 0.70]; *P* < .001), had a strong inverse correlation with Google Australia search results for conjunctivitis (ρ, -0.84 [95%CI, -0.88 to -0.75]; $P < .001$), and had no correlation with Google USA search results for eye allergy.

For patients at UCSF with allergic conjunctivitis, there was evidence of a strong correlation with Google USA search results for eye drops (ρ , 0.47 [95%CI, 0.27 to 0.62]; $P < .001$) and

with Google USA search results for *eye allergy* (ρ , 0.44 [95% CI, 0.24 to 0.60]; $P < .001$) (Table 2). However, UCSF diagnoses of allergic conjunctivitis were inversely correlated with Google USA search results for flu (ρ , -0.42 [95% CI, -0.59 to -0.22]; $P < .001$) and UCSF diagnoses of influenza (ρ , -0.30 [95% CI, -0.49 to -0.08]; *P* < .001). We found modest correlation of UCSF diagnoses of allergic conjunctivitis with UCSF diagnoses of glaucoma (ρ , 0.24 [95% CI, 0.02 to 0.44]; $P = 0.02$). We found no evidence of correlation of UCSF diagnoses of allergic conjunctivitis with UCSF diagnoses of nonallergic conjunctivitis and with Google USA search results for pink eye, Google Australia search results for conjunctivitis, or Twitter USA posts about *pink eye*. Similar to UCSF diagnoses of allergic conjunctivitis, we also found evidence that Google USA search results for eye allergy were strongly correlated with Google USA search results for eye drops $(\rho, 0.60)$ [95% CI, 0.42 to 0.74]; $P < .001$, but inversely correlated with Google USA search results for $flu(\rho, -0.59)$ [95% CI, -0.69 to -0.45]; $P < .001$).

University of California San Francisco diagnoses of glaucoma (Table 2), a control diagnosis, did not correlate strongly with any tested data sources but did correlate inversely with Twitter USA posts about *pink eye* (ρ , −0.39 [95% CI, −0.56 to −0.20]; *P* < .001) and Google USA search results for *pink eye* (ρ , -0.32 [95%CI, -0.51 to -0.09]; $P < .001$). In addition, UCSF diagnoses of influenza (Table 2) correlated with Google USA search results for $flu(\rho)$, 0.65 [95% CI, 0.47 to 0.77]; $P < .001$)and Google USA search results for *pink eye* (ρ , 0.47 [95% CI, 0.25 to 0.66]; $P < .001$), but correlated inversely with Google USA search results for eye allergy (ρ , -0.43 [95% CI, -0.60 to -0.22]; $P < .001$).

Figure 2 depicts Google USA search results for *pink eye*, Google Australia search results for conjunctivitis, and UCSF diagnoses of nonallergic conjunctivitis and all cases of conjunctivitis, including the apparent inverse seasonality between the United States and Australia that was also suggested in Table 2. Unlike in Figure 1, the data from UCSF are presented weekly to allow comparison with the weekly search data available from Google Trends.

Discussion

The clinical data, Google search results, and Twitter posts show a common pattern. We found evidence that clinical diagnoses of conjunctivitis detected through EMRs appear seasonal and are highly correlated with results of Google searches and correlated with relevant Tweets. We found that Google searches for *pink eye* and related terms in the United States followed the seasonality seen in prior studies.²⁷ Previous studies have also found that allergic rhinitis (which is related to allergic conjunctivitis), assessed through Google Trends, peaked in the spring, similar to our findings for allergic conjunctivitis. 28 This finding suggests some overlap of allergic conjunctivitis and allergic rhinitis in social media data and clinical diagnoses.⁵ We also found differences in allergic vs nonallergic conjunctivitis where EMR data on nonallergic conjunctivitis correlated strongly with Google USA search results for pink eye but not significantly with UCSF diagnoses of allergic conjunctivitis or Google USA search results for eye allergy. Inversely, EMR data on allergic conjunctivitis correlated strongly with Google USA search results for eye allergy (and with the typical annual San Francisco area high allergy season of March through May), but not with Google USA search

results for *pink eye* or EMR data on nonallergic conjunctivitis data. However, EMR data on allergic and nonallergic conjunctivitis correlated well with Google USA search results for eye drops. We did not find evidence that EMR data on conjunctivitis or Google USA search results for pink eye were correlated with glaucoma, a largely unrelated ophthalmologic condition with are ported seasonality, 27 which served as one kind of control. Electronic medical record data on influenza showed the highest correlation with Google USA search results for flu , as might be expected based on studies of influenza like illness.³¹ Electronic medical record data on influenza were also correlated with both EMR data on nonallergic conjunctivitis data and Google USA search results for *pink eye* (probably owing to similar seasonality of the underlying infections). Electronic medical record data on influenza were inversely correlated with EMR data on allergic conjunctivitis and Google USA search result for eye allergy, perhaps owing to the fact that the allergy season in the San Francisco area does not coincide with the typical influenza season. For influenza, disease-related data from search engines and social media can reveal facets of the true epidemiologic factors of the disease; in this case, we have found that to be likely for conjunctivitis, including possibly by nonallergic and allergic subtype. This finding suggests that data from search engines and social media could serve as a surrogate source of epidemiologic information about infectious eye disease, at a minimum to better refine estimates of US seasonality, but we believe this work must be conducted and validated carefully, leveraging the complementary aspects of these data vs EMR data when possible. Although EMR data may be more costly and access to data more delayed, it most likely will remain the most precise source, for example, to distinguish demographics or subtype of eye disease and perhaps may include some diseases less likely to be identifiable online owing to nonunique search terms or to stigma(eg, rare sexually transmitted infections affecting the eye). On the other hand, social media, search engine, and other similar online sources of large amounts of non traditional data, especially when a disease with unique keywords (such as *pink eye*) can complement this precision through more publicly (and rapidly) available data, across wider geographic regions at potentially lower cost compared with EMR data and may have an advantage of reflecting disease that does not always appear in a clinical setting (such as mild conjunctivitis). With better refinement, perhaps as with influenza and other infectious diseases, our findings also could be interpreted to suggest that social media and search engines could potentially be leveraged to identify or even predict infectious eye disease, but whether this use is possible or practical remains to be explored, including key issues such as how to distinguish seasonal increases from localized outbreaks or how to improve other desired aspects of data precision.

Our study had several limitations. Electronic medical records from only a relatively short time were available for our analysis; future analysis with a larger clinical sample size and longer time can test whether the observed pattern continues. Moreover, administrative data, such as diagnosis codes, may contain inaccuracies, and more refined means of segregating encounters for analysis may be available based on types of conjunctivitis in addition to the methods we used that might be useful for more in-depth future study. For influenza studies, often regularly government-reported data on influenza-like illness (rather than diagnosis) are used as a criterion standard, and for that approach these same inherent limitations likely exist. National ophthalmology registries may be more precise alternative larger sources of

data for future studies, but regular government reporting does not currently exist for primary infectious eye disease, lending value to the use of social media and search engines as alternate sources of epidemiologic information on infectious eye diseases. For Tweets, although we used a refined query to reduce unrelated signals, it is likely that not all Tweets that mention *pink eye* are necessarily indicative of currently having conjunctivitis; some may reflect past episodes, hopes to avoid the disease, or other mentions. More refined queries can be developed and more specific information regarding age, sex, disease severity, or geographic location from Tweets would help improve analyses based on these demographics, but such information is not available at this time. Raw Google search data are not available; Google Trends provides data in a normalized format, and, in general, refinement to remove likely confounders is difficult (eg, in Figure 2, a spike in Google USA results for *pink eye* in February 2014 was likely related in part to a popular television sports anchor whose highly publicized case of conjunctivitis occurred during the Olympics). It also is possible that some inherent seasonality of Google search results might exist overall; however, not all search results showed the same seasonality, suggesting that our results were not driven by inherent seasonality of Google search results. Tweets regarding having pink eye showed the same associations with EMR data on conjunctivitis as did Google search results, also lending support to the validity of social media and search engine results as reflecting the seasonality of EMR data and indicating that conclusions based on one form of social media or search engine results can support those drawn from the other. For analysis on a national level, we found geolocation not likely to be a concern (as data from searches of Google Australia showed a near inverse pattern that one would expect based on their opposite seasons than the United States), but further refinements may allow analysis of social media based on more granular, reliable locations, such as state.

In analyzing our EMR clinical data, several findings were reported regarding nonallergic vs allergic encounters. We found relatively more patients with nonallergic than allergic conjunctivitis in the youngest age groups, perhaps explained by a higher incidence of bacterial or viral conjunctivitis in young children or based on a higher rate of allergy in older patients (for patients 50 years, there were more diagnoses of allergic than nonallergic conjunctivitis, as has been reported³). We also found a tendency for more conjunctivitis cases overall among females than males and by conjunctivitis subgroup (especially for allergic conjunctivitis). We also found conjunctivitis subgroup differences based on race/ ethnicity. More in-depth analysis of a larger EMR data set and subsets could help to better explain some of our findings on conjunctivitis related to social media. Future analyses investigating the correlation of other eye infections and eye diseases with internet-based social media and search engines may be useful.

Conclusions

Internet-based search engine and social media data were strongly associated with the occurrence of clinically diagnosed conjunctivitis as seen in EMRs. The information that people post and search for online, and when they post such information, can be leveraged to better understand the epidemiologic factors of conjunctivitis.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Figure 1. Number of Diagnoses of Nonallergic and Allergic Conjunctivitis

Number of diagnoses of nonallergic and allergic conjunctivitis in the University of California San Francisco electronic medical record, June 3, 2012, to April 26, 2014, based on all 5816 diagnoses (data for April 2014 end on the 26th; the total for full month would likely be higher than shown). Diagnoses of nonallergic conjunctivitis were those without the string "allerg" in the electronic medical record; diagnoses of allergic conjunctivitis were those with the string "allerg" in the electronic medical record.

Figure 2. Selected Weekly Results of Google Searches and Conjunctivitis Diagnoses Google USA results for *pink eye*, Google Australia results for *conjunctivitis* (apparent inverse seasonality), diagnoses of nonallergic conjunctivitis (those without the string "allerg" in the electronic medical record), and all conjunctivitis diagnoses.

Table 1

Demographics of Patients With Clinical Conjunctivitis

 $a²$ Data for June 3, 2012, to April 26, 2014, based on 4143 unique patients with 5816 encounters of diagnosed conjunctivitis. Numbers do not total 4143 owing to a small number of patients with missing records for particular fields.

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Spearman rank correlation. Spearman rank correlation.

 $b_{\rm The\ correlation\ matrix}$ is symmetric, but entries to the right are suppressed for clarity. The correlation matrix is symmetric, but entries to the right are suppressed for clarity.

 $c_{P<.001}$

Table 2

a

Spearman Rank Correlation (95% CI) for Weekly UCSF Encounters With Eye Disease Diagnoses vs Disease-Related Google Searches and Tweets

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