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Sex differences in the behavioral sequelae of chronic ethanol exposure

Nicholas J. Jury^{*,a}, Jeffrey F. DiBerto^b, Thomas L. Kash^b, and Andrew Holmes^a

^aLaboratory of Behavioral and Genomic Neuroscience, National Institute on Alcohol Abuse and Alcoholism, National Institutes of Health, Bethesda, MD, USA

^bDepartment of Pharmacology and Bowles Center for Alcohol Studies, University of North Carolina at Chapel Hill, Chapel Hill, NC, USA

Abstract

Rates of alcohol use disorders (AUDs) differ between men and women, and there is also marked variation between sexes in the effects of acute and chronic alcohol. In parallel to observations in humans, prior studies in rodents have described male/female differences across a range of ethanol-related behaviors, including ethanol drinking. Nonetheless, there remain gaps in our knowledge of the role of sex in moderating the effects of ethanol, particularly in models of chronic ethanol exposure. The goal of the current study was to assess various behavioral sequelae of exposing female C57BL/6J mice to chronic intermittent ethanol (CIE) via ethanol vapors. Following four weeks of CIE exposure, adult male and female mice were compared for ethanol drinking in a two-bottle paradigm, for sensitivity to acute ethanol intoxication (via loss of righting reflex [LORR]) and for anxiety-like behaviors in the novelty-suppressed feeding and marble burying assays. Next, adult and adolescent females were tested on two different two-bottle drinking preparations (fixed or escalating ethanol concentration) after CIE. Results showed that males and females exhibited significantly blunted ethanol-induced LORR following CIE, whereas only males showed increased anxiety-like behavior after CIE. Increased ethanol drinking after CIE was also specific to males, but high baseline drinking in females may have occluded detection of a CIE-induced effect. The failure to observe elevated drinking in females in response to CIE was also seen in females exposed to CIE during adolescence, regardless of whether a fixed or escalating ethanol-concentration two-bottle procedure was employed. Collectively, these data add to the literature on sex differences in ethanol-related behaviors and provide a foundation for future studies examining how the neural consequences of CIE might differ between males and females.

Keywords

alcohol; gender; sex; addiction; mouse; drinking

*Address correspondence to: Nicholas J. Jury, PhD, 5625 Fishers Lane, Room 2N09, Rockville, MD, USA 20852-9411, Telephone: +1 301 443 4052, nickjury@hotmail.com.

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Introduction

Rates of diagnosed alcohol use disorders (AUDs) are lower in women than men (Goldstein, Smith, Dawson, & Grant, 2015). Women are also more sensitive to alcohol intoxication and withdrawal and show evidence of more neurotoxicity because of alcohol abuse (reviewed in Hommer, 2003). Despite these differences, however, the etiological and mechanistic factors underlying sex differences in risk for AUDs still remain poorly understood. Moreover, the impact of biological factors (e.g., ovarian hormone alterations during the estrous cycle) on the risk for developing AUDs is also unclear. Indeed, there are a number of studies describing how factors, including alcohol metabolism and pharmacokinetics, can differ at different phases of the estrous cycle (Baraona et al., 2001; Morin & Forger, 1982; Mumenthaler, Taylor, O'Hara, & Yesavage, 1999; Roberts, Smith, Weiss, Rivier, & Koob, 1998), although there is no consensus on how the estrous cycle might contribute to sex-related differences in AUDs (reviewed in Devaud, Risinger, & Selvage, 2006 and Lynch, Roth, & Carroll, 2002).

Rodents provide an important model species for studying the neural and genetic basis of AUDs, and sex differences in ethanol drinking and other behavioral responses to ethanol have been well documented both in rats and mice (reviewed in Becker & Koob, 2016; Lynch et al., 2002). For example, previous studies have shown that, as compared to males, female rodents exhibit enhanced place-preference for ethanol (Torres, Walker, Beas, & O'Dell, 2014) and reduced signs of withdrawal, including attenuated anxiety-like behavior and plasma corticosterone levels (e.g., Alele & Devaud, 2007; Devaud & Chadda, 2001; Janis, Devaud, Mitsuyama, & Morrow, 1998; Lopez, Grahame, & Becker, 2011; Overstreet, Knapp, & Breese, 2004; Reilly, Koirala, & Devaud, 2009; Strong, Kaufman, Crabbe, & Finn, 2009; Tanchuck-Nipper et al., 2015; Varlinskaya & Spear, 2004; Veatch, Wright, & Randall, 2007) (but see Morales, McGinnis, & McCool, 2015). Furthermore, many (e.g., Aufrère, Le Bourhis, & Beaugé, 1997; Lancaster, Brown, Coker, Elliott, & Wren, 1996; Lancaster & Spiegel, 1992; Li & Lumeng, 1984; McKinzie et al., 1998; Moore & Lynch, 2015; Vengeliene, Vollmayr, Henn, & Spanagel, 2005; Vetter, Doremus-Fitzwater, & Spear, 2007), although not all (e.g., Schramm-Sapota et al., 2014; Varlinskaya & Spear, 2002), prior studies have shown that females drink more ethanol than males.

The chronic intermittent ethanol (CIE) procedure is a tractable method for modeling the behavioral and neural sequelae of a history of a chronic alcohol exposure, and may be of value for furthering current understanding of sex differences in risk for AUDs. In this procedure, subjects are repeatedly maintained at high blood ethanol concentrations (BECs) for extended periods (e.g., sixteen hours) interspersed by forced withdrawals (Becker, 2013; Goldstein & Pal, 1971; O'Dell, Roberts, Smith, & Koob, 2004). Previous work has described an array of neural and behavioral effects of CIE in male mice of several strains (though predominantly C57BL/6J) and various lines of male or sex-balanced groups of gene mutant mice (Becker, 2013). The reported behavioral effects of CIE in mice include elevated ethanol drinking (Becker & Lopez, 2004; Carrara-Nascimento, Lopez, Becker, Olive, & Camarini, 2013; Dhaher, Finn, Snelling, & Hitzemann, 2007; Finn et al., 2007; Griffin, Lopez, & Becker, 2009; Griffin, Lopez, Yanke, Middaugh, & Becker, 2009; Holmes et al., 2012; Lopez & Becker, 2005; McCool & Chappell, 2015), increased seizure susceptibility

and anxiety-like behavior (Becker, 1994; Becker, Diaz-Granados, & Hale, 1997; Becker, Diaz-Granados, & Weathersby, 1997; Becker & Hale, 1993; Morales et al., 2015), tolerance to acute ethanol intoxication (Daut et al., 2015), and alterations in appetitive and aversive learning (DePoy et al., 2013, 2015; Holmes et al., 2012; Radke et al., 2015). In terms of sex differences, one study reported that male but not female HAP-2 mice showed increased ethanol drinking and withdrawal signs following CIE (Lopez et al., 2011). Beyond these observations, however, little is currently known about sex differences in the behavioral consequences of CIE.

The goal of the current study was to determine multiple behavioral changes resulting from CIE in female mice. We first compared adult and adolescent, male and female sentinel mice in order to evaluate the potential effects of sex (e.g., effects of the estrous cycle) and age on CIE-induced BECs. Next, we compared adult male and female mice for ethanol drinking, sensitivity to acute ethanol intoxication, and anxiety-like behavior following CIE. We then examined CIE effects on ethanol drinking in two different drinking paradigms (fixed and escalating concentration), in adult and adolescent females in view of adolescence being a period of heightened risk for AUDs and the increasing abuse of alcohol among young women (Khan et al., 2013).

Materials and methods

Subjects

Subjects were female and male C57BL/6J mice obtained at either 21 ± 4 days (adolescent group) or 49 ± 4 days (adult group) of age from The Jackson Laboratory (Bar Harbor, ME, USA). Mice were housed, by sex, 2/cage in a temperature- (72 ± 5 °F) and humidity- ($45 \pm 15\%$) controlled vivarium under a 12-hour light/dark cycle (lights on at 0600 h), and acclimated to the vivarium for at least 1 week prior to experimentation. The numbers of mice used in each experiment are given in the figure legends. Experimental procedures were approved by both the National Institute on Alcohol Abuse and Alcoholism (NIAAA) Animal Care and Use Committee and the University of North Carolina (UNC) at Chapel Hill Institutional Animal Care and Use Committee. Experiments were performed at NIAAA facilities, with the exception of anxiety-related behavioral experiments, which were performed at UNC facilities. All procedures followed the US National Institutes of Health guidelines outlined in *Using Animals in Intramural Research*.

Chronic intermittent ethanol (CIE) exposure

Chronic ethanol exposure was achieved via vapor inhalation, as previously described (Becker & Lopez, 2004; DePoy et al., 2015). Mice were placed in standard mouse cages in Plexiglas® vapor chambers ($60 \times 36 \times 60$ cm, PlasLabs, Lansing, MI, USA) and exposed to ethanol volatized by passing air through a vaporization stone submerged in ethanol (95%) and mixed with fresh air to deliver 19–22 mg ethanol/L of air at a rate of ~10 L per minute. Ethanol delivery parameters were designed to produce blood ethanol concentrations (BECs) of 175 ± 25 mg/dL (unless otherwise specified) – confirmed weekly via blood samples taken from age/sex-matched ‘sentinel’ mice. Blood samples were collected into heparinized glass capillary tubes using a lancet to prick the submandibular vein (Golde, Gollobin, &

Rodriguez, 2005). Blood samples were centrifuged at 15,000 rpm for 30 min at 4 °C prior to the measurement of BECs using the Analox AM1 alcohol analyzer (Analox Instruments USA, Lunenburg, MA, USA). Vapor exposure parameters did not require alteration to attain comparable BECs across different sex and age groups. This was determined by exposing two separate cohorts (cohort 1 = adult female mice while monitoring the estrous cycle, target BECs = 175 ± 25 mg/dL; cohort 2 = female and male mice, both adolescent and adult, target BECs = 195 ± 25 mg/dL) of mice to CIE and measuring their respective BECs daily, throughout exposure (see Tables 1 and 2).

In order to induce intoxication and stabilize BECs, the ethanol group received intraperitoneal (i.p.) injections of 71.6 mg/kg of the alcohol dehydrogenase inhibitor pyrazole (Sigma, St. Louis, MO, USA) combined with 1.5 g/kg 20% (v/v) ethanol, in a volume of 10 mL/kg body weight, prior to placement in the chambers. Air controls received an injection of 68.1 mg/kg pyrazole and were placed in dedicated chambers (located adjacent to the ethanol chambers) in which air was exchanged at a rate of ~10 L/minute. Each CIE and air exposure lasted 16 hours per day (in at 1700 h, 1 hour before start of the 12-hour circadian dark phase, out at 0900 h), followed by an 8-hour withdrawal. There were four consecutive days of exposure (Monday-Friday) followed by a longer, 80-hour, withdrawal (Friday-Monday). This was repeated for a total of four cycles.

Estrous cycle monitoring

The estrous cycle was monitored during each day of CIE exposure at 0900 hours in a dedicated cohort of adult female mice that did not undergo any other experimentation. BECs were measured from this cohort using the same method as described above. BECs were averaged over the four-week exposure period and are presented according to the corresponding estrous stage at the time of blood collection (see Table 1 for results). Vaginal gavage with 0.9% phosphate-buffered saline was used to dislodge vaginal cells for collection. Vaginal cytology was examined using an Olympus BX41 microscope with a 4X objective (Olympus, Center Valley, PA, USA). The stage of estrous was determined by identification of three distinct vaginal cells: 1) nucleated epithelial cells, 2) anucleated cornified cells, and 3) leukocytes (Caligioni, 2009).

Effects of CIE on sensitivity to acute ethanol intoxication

Sensitivity to the acute intoxicating effects of ethanol was assayed using the loss of righting reflex (LORR) test, as previously described (Chesler et al., 2012). One cohort of adult females and males was exposed to four weeks of CIE – with exposure parameters set to achieve BECs of 150 ± 25 mg/dL and tested for LORR the day after the final exposure. One-day post-CIE was chosen based on prior evidence that reduced sensitivity to LORR (i.e., tolerance) is evident at this time point in adult male C57BL/6J mice (Daut et al., 2015). A separate cohort of both adolescent and adult, females and males was exposed to four weeks of CIE – with exposure parameters set to achieve lower BECs of 100 ± 25 mg/dL (in order to avoid a ‘floor effect’ and increase the ability of detecting reduced sensitivity in the adolescent and/or female groups) and again tested for LORR the day after the final exposure.

For the LORR test, mice were injected i.p. with 3.5 g/kg 20% (v/v) ethanol and placed into the supine position in a 'V'-shaped chamber. LORR duration was measured as the time from injection to the time when the mouse was able to self-right onto all four paws twice within 30 seconds. Immediately after recovery, the mouse was sacrificed via cervical dislocation followed by rapid decapitation for trunk blood collection. Blood was centrifuged in a microcentrifuge at 4 °C for 30 minutes at a speed of 13,000 rpm and analyzed for BECs using the Analox AM1 alcohol analyzer.

Effects of CIE on anxiety-like behavior

Adult male and female mice were given four weeks of CIE exposure and tested in the novelty-suppressed feeding (NSF) test three days later, and then after another three-day interval, the marble burying test. Exposure parameters were set to achieve relatively high BECs of 175 ± 25 mg/dL, given prior data showing anxiety-like behavior is insensitive to the effects of four weeks of CIE when tested in the light-dark exploration test three days after CIE in male C57BL/6J mice (Holmes et al., 2012).

The NSF test was conducted as previously described (Kiselycznyk, Svenningsson, Delpire, & Holmes, 2011). Two days before testing (i.e., one day post-CIE), mice were given, in the home-cage, three pieces of the colored, highly palatable food to be used in the NSF test. Sixteen hours before testing, mice were food deprived. The NSF test was conducted in a polycarbonate cage (28 × 17 cm × 14 cm) placed in a sound-attenuated behavioral cabinet under 20-lux lighting. Cage bedding was placed on the floor and changed between subjects. A circular piece of filter paper (7-cm diameter) was placed in the center of the cage, and three pieces of the colored food were placed on the paper. Mice were placed in a corner of the cage and latency to feed was recorded. Mice that took more than 10 minutes to feed ($n = 2$) were excluded from the data analysis. Immediately after starting to feed (but before any significant consumption), mice were removed from the testing cage and returned to their home cage, where they were offered another three pieces of the colored food to determine consumption in a non-anxiety-provoking situation.

The marble burying test was conducted as previously described (Deacon, 2006; Zhao et al., 2006). The test was conducted in a polycarbonate cage (28 × 17 cm × 14 cm) lined with 5-cm deep bedding (changed between subjects) and placed in a sound-attenuated behavioral cabinet under 20-lux lighting. Twelve marbles were placed atop the bedding arranged in a 4 × 3 array. Mice were introduced to a corner of the cage, and removed after 30 minutes. The number of marbles buried by bedding to at least 2/3 of their depth was counted.

Effects of CIE on ethanol drinking

Ethanol drinking was assessed using a 24-hour access two-bottle choice procedure, as previously described (Boyce-Rustay, Janos, & Holmes, 2008). Ethanol-naive mice were individually housed in 'Space Saver' cages (Model 1145T with Model 1145T482SUDB Polysulfone cage top, Tecniplast, Buguggiate, Italy) and offered two bottles: one containing 15% (v/v) ethanol in water (unless otherwise specified) and the other containing tap water. Every two days, mice were weighed and ethanol and water consumption measured, correcting for evaporation and spillage measured from empty 'dummy' cages adjacent to the

test cages. The left/right position of the bottles was switched to control for side bias. Food was available *ad libitum*. Three separate experiments were conducted in separate cohorts of mice to assess the effects of CIE on drinking under various conditions. For each experiment, daily ethanol consumption was calculated in g per kg of body weight. Relative preference for the ethanol-containing solution over water was calculated as a percentage of total fluid consumption.

We first compared adult male and female mice that were given two weeks of two-bottle drinking prior to four weeks of CIE exposure – with exposure parameters set to achieve BECs of 100 ± 25 mg/dL. Drinking of a 15% ethanol solution was then assessed for two weeks, beginning 72 hours after the final CIE exposure. Next, we compared adolescent and adult female mice that were given four weeks of CIE exposure and then assessed for two weeks of 15% ethanol solution two-bottle drinking, beginning 72 hours after the final CIE exposure. Because there was no pre-drinking experience in this experiment, the exposure parameters were set to achieve lower BECs of 100 ± 25 mg/dL to avoid the potential of a high CIE concentration producing an aversion to drinking in mice with no prior history of drinking (Lopez, Griffin, Melendez, & Becker, 2012). A second cohort of adult and adolescent females was tested in the same manner, with the exception that the concentration of ethanol was increased by 3% (3, 6, 9, 12, 15%) every four days and then finally by 5% (20%) for two days. As we did not find evidence of aversion in the prior experiment, the CIE-exposure parameters were set to achieve higher BECs of 175 ± 25 mg/dL.

Statistical analysis

The effects of age and sex were analyzed using Student's *t* test or two-factor analysis of variances (ANOVA), followed by Sidak's multiple comparison *post hoc* analysis. The effects of age or sex and ethanol concentration or time were analyzed using two-factor ANOVA, with repeated measures for ethanol concentration and time. The statistical threshold was set at $p < .05$.

Results

Effects of sex and age on CIE-induced BECs

In adult female mice, CIE-induced BECs did not significantly differ as a function of stage of estrous cycle during the four-week exposure period (Table 1). Moreover, there were no significant differences between CIE-induced BECs when comparing female and male mice, regardless of age during exposure (Table 2).

Effects of CIE on sensitivity to acute ethanol intoxication

In adult female and male mice, two-factor ANOVA revealed a main effect of CIE exposure [$F(1,48) = 12.34, p = 0.0010$], but not of sex, on the duration to regain LORR. Sidak's multiple comparison *post hoc* analysis revealed a shorter LORR duration in male [$t(1,48) = 2.359, p = 0.0449$] and female [$t(1,48) = 2.624, p = 0.0233$] CIE-exposed mice, as compared to air controls (Fig. 1D).

In adolescent and adult female mice, two-factor ANOVA revealed a main effect of CIE exposure [$F(1,36) = 12.37, p = 0.0012$], but not of age [$F(1,36) = 3.541, p = 0.0680$], on the duration of LORR. Sidak's multiple comparison *post hoc* analysis revealed a shorter LORR duration in adolescent [$t(1,36) = 2.596, p = 0.0270$] and adult [$t(1,36) = 2.378, p = 0.0452$] female mice, as compared to air controls (Fig. 1H).

Effects of CIE on anxiety-like behavior

In adult female and male mice, two-factor ANOVA revealed main effects of sex [$F(1,25) = 23.93, p < 0.0001$] and CIE exposure [$F(1,25) = 7.505, p = 0.0112$] on the latency to feed in a novel cage in the NSF test. There was a trend for an interaction between the two factors [$F(1,25) = 4.210, p = 0.0508$]. Sidak's multiple comparison *post hoc* analysis revealed that CIE-exposed male mice, but not female mice, exhibited a greater latency to feed than air-exposed controls [$t(1,25) = 3.187, p = 0.0077$] (Fig. 1B). Neither sex showed CIE-induced changes in the amount of food consumed in the home cage (data not shown).

In the same adult female and male mice, two-factor ANOVA revealed main effects of sex [$F(1,27) = 20.32, p = 0.0001$] and CIE exposure [$F(1,25) = 5.649, p = 0.0248$] on the number of marbles buried (Fig. 1C). Sidak's multiple comparison *post hoc* analysis revealed that CIE-exposed male mice, but not female mice, buried more marbles than air-exposed controls [$t(1,27) = 2.640, p = 0.0270$].

Effects of CIE on ethanol drinking

In adult male mice, two-factor ANOVA revealed main effects of pre- versus post-exposure [$F(1,44) = 20.46, p < 0.0001$] and of CIE exposure [$F(1,44) = 4.59, p = 0.0376$], as well as a trend toward an interaction of these two main effects [$F(1,44) = 3.155, p = 0.0826$], on ethanol consumption. Two-factor ANOVA revealed a main effect of pre- versus post-exposure [$F(1,44) = 18.61, p < 0.0001$] on preference for ethanol over water. Sidak's multiple comparison *post hoc* analysis revealed that CIE-exposed male mice consumed more ethanol following exposure than air-exposed controls [$t(1,44) = 2.344, p = 0.0467$] (Fig. 1E), while ethanol preference did not change (Fig. 1F).

In adult female mice, two-factor ANOVA revealed a main effect of pre- versus post-exposure [$F(1,28) = 17.73, p = 0.0002$] but not of CIE exposure on ethanol consumption. CIE exposure did not significantly alter ethanol consumption in female mice (Fig. 1E). There were no significant effects on ethanol preference (Fig. 1F).

In adolescent and adult female mice, two-factor ANOVA revealed main effects of concentration [$F(5,167) = 60.25, p < 0.0001$] but not of age, on ethanol consumption. Consumption did not differ between the age groups (Fig. 1K). Two-factor ANOVA revealed main effects of concentration [$F(5,167) = 23.41, p < 0.0001$] and CIE exposure [$F(3,167) = 3.731, p = 0.0125$] on ethanol preference. Sidak's multiple comparison *post hoc* analysis revealed that CIE-exposed adult female mice preferred ethanol (20% concentration) less than air-exposed controls [$t(1,167) = 4.610, p = 0.0073$] (Fig. 1L).

Discussion

The results of the current study provide novel insights into sex differences in the behavioral effects of chronic exposure to ethanol.

A heightened level of anxiety during withdrawal is thought to be a major factor underlying relapse and can be observed in rodents following chronic ethanol exposure (Koob, 2003). However, consistent with prior studies in rats using other chronic ethanol models (Overstreet et al., 2004; Reilly et al., 2009), we found that female C57BL/6J mice were resistant to the anxiety-like effects of CIE. Specifically, while CIE-exposed males exhibited increased anxiety-like behavior in two separate assays, NSF and marble burying, which persisted for up to six days after exposure, females did not. To our knowledge, these are the first data on the use of the NSF and marble burying tests to assess anxiety-related changes resulting from chronic ethanol, and they encourage use of these tests in future studies given that other assays, such as the light-dark exploration assay, appear to be less sensitive to CIE effects in male C57BL/6J mice (Holmes et al., 2012). An obvious avenue for future studies will be to delineate the mechanisms underlying this apparent protection of females from the anxiety-inducing effects of CIE, for example, with regard to emerging evidence implicating sex steroids and hormones (Becker & Koob, 2016; Strong et al., 2009). Of note in this context, we did not observe variation in CIE-induced BECs across different stages of the estrous cycle, as some (Baraona et al., 2001) but not other (Robinson, Brunner, & Gonzales, 2002) prior studies have seen in rats, or any evidence of an ethanol-related disruption in cyclicity that others have also reported in rats (Emanuele, LaPaglia, Steiner, Kirsteins, & Emanuele, 2001; Krueger, Bo, & Rudeen, 1983; Sanchis, Esquifino, & Guerri, 1985).

The current data show that sex-divergent effects of CIE seen for anxiety-like behavior did not extend to other behavioral measures currently examined. LORR duration, taken as an index of sensitivity to the acute intoxicating effects of an ethanol challenge, did not differ between males and females, either in CIE-exposed mice or in air-exposed controls. The absence of an overall sex difference on this measure contrasts with the recent finding of shorter LORR duration in females to a similar ethanol challenge dose as used here (Tanchuck-Nipper et al., 2015). Given that genetic background strongly influences mouse LORR (Boyce-Rustay et al., 2008; Crabbe, 2012; Crabbe, Metten, Cameron, & Wahlsten, 2005) and the mice tested by Tanchuck-Nipper and colleagues were on a C57BL/6J × 129/SvJ background (as opposed to the pure C57BL/6J background used here), a plausible explanation for this discrepancy is that sex differences in the LORR are background-dependent. This would be another interesting question to explore in follow-up work, perhaps similar to what other studies have shown reporting the influence of genetic background on response to ethanol in mice (Fish, DiBerto, Krouse, Robinson, & Malanga, 2014). Aside from this question, we found that LORR durations were significantly shortened by CIE in both males and females – consistent with the development of tolerance to this measure of intoxication (as previously reported in rats and male C57BL/6J mice [Daut et al., 2015; Walls, Macklin, & Devaud, 2012]). These data argue that the resistance to the anxiogenic-like effects of CIE in females is not simply due to a general insensitivity to the chronic ethanol exposure. This conclusion should be qualified, however, by the fact that LORR was tested sooner post-CIE than anxiety-like behavior, and it therefore remains possible that the

LORR response recovers more quickly in females, as it does in chronically exposed rats (Walls et al., 2012).

Nonetheless, these LORR data also bear upon our finding that females failed to show an increase in ethanol drinking after CIE, even under exposure conditions that produced clear increases in males (as had been reported in earlier studies [Becker & Lopez, 2004; Carrara-Nascimento et al., 2013; Dhaher et al., 2007; Finn et al., 2007; Griffin, Lopez, & Becker, 2009; Griffin, Lopez, Yanke, et al., 2009; Holmes et al., 2012; Lopez & Becker, 2005; McCool & Chappell, 2015]). This finding resembles an earlier report that females from high- and low-ethanol-preferring selected lines did not increase drinking after CIE, though males from these lines (unlike C57BL/6J males) also failed to do so (Lopez et al., 2011). One interpretation of these data is that female mice are protected from chronic ethanol effects on drinking, as they are from its effects on anxiety-like behavior and withdrawal hyperexcitability (Alele & Devaud, 2007; Devaud & Chadda, 2001; Janis et al., 1998; Lopez et al., 2011; Overstreet et al., 2004; Reilly et al., 2009; Strong et al., 2009; Tanchuck-Nipper et al., 2015; Varlinskaya & Spear, 2004; Veatch et al., 2007). Indeed, it is possible that these various behavioral effects are related, such that elevated withdrawal severity and anxiety-like behavior is a driver of elevated drinking in males that is absent in females.

One caveat to this explanation, however, is that, consistent with numerous previous studies in rats (e.g., Aufrère et al., 1997; Lancaster et al., 1996; Lancaster & Spiegel, 1992; Li & Lumeng, 1984; McKinzie et al., 1998; Moore & Lynch, 2015; Vengeliene et al., 2005; Vetter et al., 2007) (although see Schramm-Sapyta et al., 2014; Varlinskaya & Spear, 2002), female C57BL/6J mice drank significantly more ethanol than males before any CIE exposure. As such, high basal levels of drinking in the females could have artificially prevented our ability to detect further increases due to CIE (i.e., caused a 'ceiling effect'). The authors of previous studies have posited a similar explanation for the difficulty in detecting increases in drinking in female rats after CIE (Morales et al., 2015) and other environmental insults, such as stress (Butler, Carter, & Weiner, 2014; Rosenwasser, McCulley, & Fecteau, 2014). There are, however, examples of elevated drinking, despite high basal levels, in female rats after prolonged (two or more weeks) forced ethanol abstinence (McKinzie et al., 1998; Vengeliene et al., 2005), indicating that there are at least some experimental conditions in which drinking can be driven higher in females.

In an effort to reduce basal levels of drinking in females, and thereby increase the likelihood of detecting a CIE-related increase, we tested a group of female mice that were not offered ethanol to drink prior to CIE – working under the assumption that exposing naïve animals to CIE would induce a partial aversion to ethanol and lessen post-CIE drinking. Contrary to our prediction, females with no prior drinking showed levels of post-CIE drinking of a 15% percent ethanol concentration that were, if anything, greater than those that had been given previous drinking experience. Similarly, progressively increasing the concentration of ethanol offered also failed to reveal a CIE-induced elevation in females that had not been given an opportunity to drink before CIE exposure began. In fact, under these test parameters, CIE-exposed females drank less than air-exposed controls when they reached the highest (20%) concentration. This finding may warrant replication and further examination as it hints at the possibility that CIE may actually decrease drinking in females

under certain conditions, e.g., when offered high drinking concentrations or at long periods since CIE. This would not be without precedent; one recent study showed that CIE-exposed female rats drank less across weeks of intermittent two-bottle access (whereas males escalated drinking) (Morales et al., 2015).

Another finding from the current study was that a cohort of adult female mice did not exhibit significantly different BECs throughout estrous during CIE exposure. While one study in rats reported that BECs were altered throughout the estrous cycle following exposure to ethanol (Baraona et al., 2001), another report, also in rats, reported the opposite (Robinson et al., 2002). Furthermore, while others have reported that chronic ethanol causes disruptions in cyclicity of estrous in rats (Emanuele et al., 2001; Krueger et al., 1983; Sanchis et al., 1985), we did not observe any such disruption in mice (data not shown) – though this remains to be replicated in a larger sample.

Adolescence is a period of vulnerability to AUDs, and young women in particular are abusing alcohol at historically high levels (Khan et al., 2013). Adolescent rodents also display contrasting behavioral and neural responses to ethanol when compared to adults (e.g., Crews, Braun, Hoplight, Switzer, & Knapp, 2000; Hefner & Holmes, 2007; Lancaster et al., 1996; Melón, Wray, Moore, & Boehm, 2013; Varlinskaya, Truxell, & Spear, 2015), some of which vary as a function of sex (reviewed in Spear, 2000). The current experiments did not, however, demonstrate differential effects of CIE in females as a function of whether exposure was during adolescence or adulthood. This finding differs from the increased drinking reported in rats with adolescent ethanol exposure (Acevedo, Molina, Nizhnikov, Spear, & Pautassi, 2010; Pascual, Boix, Felipe, & Guerri, 2009), but resembles the absence of drinking differences reported in male C57BL/6J mice given CIE exposure during adolescence (Carrara-Nascimento et al., 2013). Thus, the potential effects of CIE exposure during adolescence on this behavioral measure may differ between rats and mice, and conditions under which adolescent exposure might produce long-lasting effects on drinking remain to be determined.

In summary, the main aim of the current study was to assess effects of chronic ethanol exposure, using the CIE vapor method, in female C57BL/6J mice. Results confirmed and extended previous studies in rats and mice by showing that females were protected against the anxiogenic-like effects of withdrawal from chronic ethanol exposure. By contrast, sensitivity to the acute intoxicating effects of ethanol, as measured by LORR, was no different between the sexes. Unlike males, CIE failed to produce elevated (two-bottle) drinking in female mice. This profile in females was seen against a background of high basal drinking and across a variety of experimental conditions: i.e., with and without pre-CIE drinking experience and with either fixed or escalating post-CIE ethanol concentrations. Lastly, we found that when exposed to CIE during adolescence, females again showed no change in ethanol drinking as adults. Taken together, the current findings replicate and extend the literature on the CIE model and the effect of sex on various behavioral sequelae of chronic ethanol exposure. This work may prove useful to future studies aimed at investigating how males and females differ in their risk for AUDs.

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Highlights

- Behavioral effects of CIE were assessed in male and female C57BL/6J mice.
- CIE reduced sensitivity to ethanol-induced LORR in males and females.
- CIE increased anxiety-like behavior in males but not females.
- CIE did not increase ethanol drinking above baseline in adult or adolescent females.
- These data show sex differences in behavioral effects of CIE.

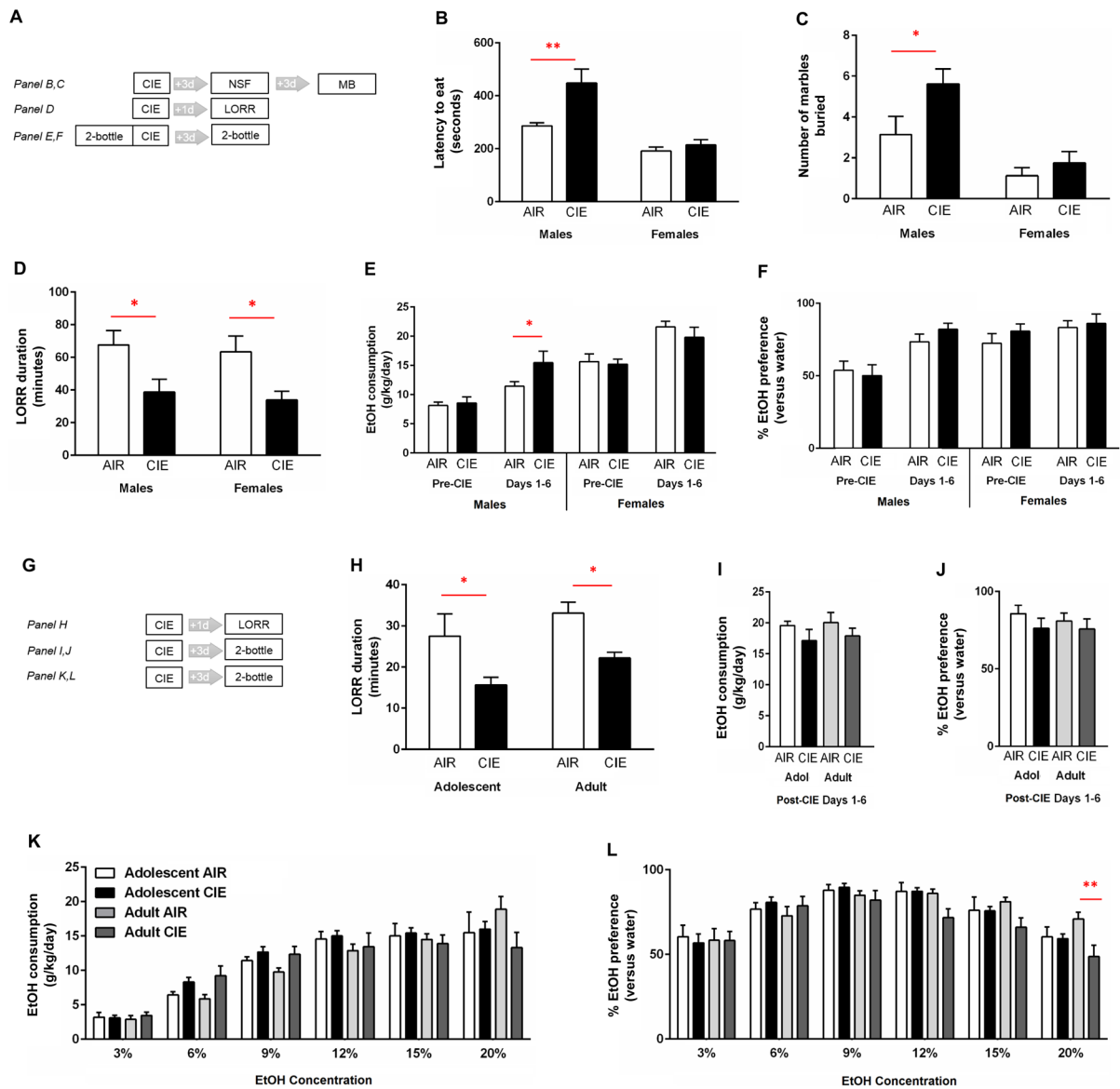


Fig. 1. Effects of CIE in female mice

(A) Experimental schematic for data shown in panels B–F. (B) CIE-exposed males, but not females, had a longer latency to feed in the novelty-suppressed feeding test (C) and buried more marbles ($n = 5–8$ per group). (D) LORR duration was shorter in CIE-exposed adult male and female mice, relative to air controls ($n = 11–15$ per group). Ethanol (15%) drinking (E), but not preference (F), was higher in females than males before and after CIE, and higher in CIE-exposed males than air controls ($n = 8–12$ per group). (G) Experimental schematic for data shown in panels H–L. (H) LORR duration was shorter in CIE-exposed adult and adolescent female mice, as compared to air controls ($n = 10$ per group). Ethanol (15%) drinking (I), and preference (J), were no different between adult and adolescent females, regardless of CIE exposure ($n = 7–8$ per group). Drinking of (K) and preference for (L) increasing ethanol concentrations did not differ between adult and adolescent females. Ethanol drinking preference was lower (20% ethanol concentration) in adult CIE-exposed

females than similarly aged air controls (n = 7–8 per group). Data are means \pm SEM. * $p < .05$, ** $p < .01$ versus air controls

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BECs from adult female mice did not significantly change as a function of the cycle of the estrous cycle at which they were measured. Samples were measured on each day of CIE-exposure and are presented as averages over the four-week CIE-exposure period.

Table 1

BECs as a function of estrous cycle

	Metestrus	Diestrus	Proestrus	Estrus	Mean
Mean BECs (mg/dL)	185.46	141.35	169.13	200.45	174.10
SEM	19.51	24.49	9.455	8.67	9.80
Sample size (n)	5	4	4	4	17

BECs from mice did not differ significantly throughout the four-week exposure period regardless of age or sex.

Table 2

Effects of age and sex on CIE-induced BECs

	Adolescent Female	Adult Female	Adolescent Male	Adult Male	Mean
Mean BECs (mg/dL)	190.08	191.48	199.82	199.22	195.15
SEM	19.51	24.49	9.45	8.67	12.65
Sample size (n)	5	5	5	5	20