

Nanomedicine and cancer immunotherapy: focus on indoleamine 2,3-dioxygenase inhibitors

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Abstract: Nanomedicine application in cancer immunotherapy is currently one of the most challenging areas in cancer therapeutic intervention. Innovative solutions have been provided by nanotechnology to deliver cytotoxic agents to the cancer cells partially affecting the healthy cells of the body during the process. Nanoparticle-based drug delivery is an emerging approach to stimulate the immune responses against cancer. The inhibition of indoleamine 2,3-dioxygenase (IDO) is a pivotal area of research in cancer immunotherapy. IDO is a heme-containing immunosuppressive enzyme, which is responsible for the degradation of tryptophan while increasing the concentration of kynurenine metabolites. Various preclinical studies showed that IDO inhibition in certain diseases may result in significant therapeutic effects. Here, we provide a review of the natural and synthetic inhibitors of IDO. These inhibitors are classified according to their source, inhibitory concentrations, the chemical structure, and the mechanism of action. Tumor-targeted chemotherapy is an advanced technique and has more advantages as compared to the conventional chemotherapy. Search for more efficient and less toxic nanoparticles in conjunction with compounds to inhibit IDO is still an area of interest for several research groups worldwide, especially revealing to be an extensive and a promising area in cancer therapeutic innovations.

Keywords: indoleamine 2,3-dioxygenase, natural inhibitors of IDO, synthetic inhibitors of IDO, nanomedicine, cancer therapeutics

Introduction

Medicine has evolved dramatically in recent years. New strategies have emerged for the diagnosis and treatment of various diseases, leading to a better prognosis and improved quality of life in patients. Within this new environment that combines technology and medicine, it seems that the next rung on the ladder of technological advances is primarily focused on nanomedicine, especially in the area of cancer biology. In conventional chemotherapy, drugs generally exhibit high toxicity for both cancer and healthy cells.¹ Nanomedicine offers the possibility of a direct effect of drugs on diseased cells without harming the healthy cells in the body,² preventing the high toxicity associated with chemotherapy. This leads to a therapeutic advantage that only affects the tumor and preserves the structure and function of the healthy tissue.

Nanoparticles are gradually being used as a carrier for delivering molecular drugs to the sites of tumor growth. Nanoparticles not only increase the circulation time of the molecular cargo but also protects it from biodegradation.³ Liposomes,⁴ hydrogels,⁵ nanofibers,⁶ metallic nanoparticles⁷ and nanodiamonds⁸ are examples of nanomaterials that have been widely tested as transporters for specific drugs for the treatment of cancers. The first polymeric vector for small interfering RNA delivery entered a phase I trial in 2008. It was termed as CALAA-01 and was prepared using

cyclodextrin-polyethylene glycol-transferrin (cyclodextrin-PEG-Tf) nanoparticle formulation.⁹ One method currently in use is conjugating an antibody with a radioactive isotope to permit imaging by the emission of photons or beta radiation preventing tumor metastasis.¹⁰ Another possible method for treatment using the noninvasive approach for tumor removal is nanoshell-assisted photothermal therapy.¹¹ Nanoshells are nanoparticles comprising silica, coated with a thin layer of metal, usually gold. These nanoparticles have a sharp gel–liquid phase transition that is used for rapid drug release at hyperthermic temperatures.¹² Conjugated PEGylated silica-core gold nanoshells that precisely target the cancer cells in the peritoneal cavity.¹³

Tumor-targeted chemotherapy is an advanced technique and has more benefits as compared to the conventional chemotherapy.^{2,14} Advancement in the nanofabrication technologies now makes it possible to use the nanostructured materials in drug delivery.¹⁵ Polymeric micelles are used as transporters for delivery of drugs and nucleic acids.¹⁶ The biodistribution of nanoparticles is dependent on the size and surface properties. Therefore, the size of nanoparticles must be >7 nm but <100 nm in order to protect their elimination from the body.^{3,16,17} These nanoparticles can be modified by different means to enhance their specificity for different types of tumors.

It has been shown that for unmodified nanoparticles, the dominant uptake pathway is macrophagocytosis, whereas for the nanoparticles conjugated with interleukin (IL)-13 peptide, the uptake is mediated by clathrin-dependent endocytosis.¹⁸ In the mid-1990s Food and Drug Administration (FDA) adopted a liposomal formulation of doxorubicin, Doxil[®]; this formulation exhibited decreased cardiotoxicity compared with doxorubicin¹⁹ for the treatment of ovarian cancer. Another example is the drug Abraxane[®] approved by the FDA in 2005, formulated with a nanoparticle containing albumin and paclitaxel indicated for the treatment of various cancers.^{20,21} Nanoparticles have also been used to formulate vaccines showing promising potential in the cancer immunotherapy. It has been demonstrated that antigen-presenting cells actively take in antigen-loaded nanocarriers by initiating an immunostimulatory cascade, which can work against the cancer cell.²² Moreover, nanomaterials have been used as auxiliary agents for obtaining diagnostic images of better quality by making use of imaging methods, such as computed tomography or magnetic resonance imaging.²² This is achieved by encapsulating nanoparticles in contrast media such as gadolinium or superparamagnetic iron oxide, so that the location of tumors or metastases can be determined

more accurately, staging the disease and suggesting the most appropriate treatment plan.²³ Recently, nanorobotics has been reconciled with nanomedicine by combining minimally invasive diagnosis with miniaturized robotics in conjunction with computer-assisted surgery. This approach has been used to target benign tumors in cancer surgery.^{24–26}

Nanoparticles possess immunostimulatory effect²⁷ as the biomolecules encapsulated within or attached to nanoparticles are known to elicit enhanced T- and B-cell responses as compared to the biomolecules delivered in a soluble form.²⁸ Gold nanoparticles are used preferentially for drug delivering, diagnosis and treatment of cancer.²⁹

The implementation of nanomedicine in the treatment and diagnosis of cancer has acquired great value and drugs combined with nanoparticles are already in various stages of preclinical and clinical trials for the treatment of breast, lung, melanoma, pancreatic and gastroesophageal cancers³⁰ (Tables 1 and 2).

Novel therapies utilizing nanomedicine can result in superior treatments as compared to the current regimens. The goal to achieve increased efficacy and reduced toxicity has been achieved by overcoming the drug delivery challenges using nanomedicine to detect and treat pancreatic ductal adenocarcinoma,³¹ colorectal cancer (CRC),³² melanoma³³ and cervical cancer.³⁴

The inhibition of indoleamine 2,3-dioxygenase (IDO) is a pivotal area of research in cancer immunotherapy. IDO is a heme-containing enzyme that catalyzes the oxidative cleavage of 2,3 double bond of indole ring.³⁵ IDO has the ability to inhibit T-cell activation by tryptophan starvation, whereas T-cell survival and proliferation are regulated by O₂ free radicals and kynurenine derivatives.³⁶ IDO plays a crucial role in autoimmunity,^{36,37} infections³⁸ and malignancies.³⁹ Overexpression of IDO has been reported in breast,^{40–42} thyroid,⁴³ pancreatic,^{44,45} prostate,^{46,47} lung,^{48,49} cervical⁵⁰ and ovarian⁵¹ cancers.

It has been reported that IDO expression can be modulated by CD137/CD137L pathway against Ewing sarcoma cells; IL2 plays a role in IDO expression from tumor cells due to interferon gamma (IFN- γ) production by lymphocytes.⁵² PI3K→AKT→nuclear factor kappa light chain enhancer of activated B-cell pathway is also involved with IDO expression through CD80/CD86 induction.⁵³

It is known that there is a population of CD4⁺ T cells able to inhibit responses of cytotoxic T cells to specific antigens, which are referred to as T-regulatory cell (T-reg). The phenotype of this cell population is CD4⁺/CD25⁺/CTLA4⁺/FoxP3.⁵⁴ T-regs can be induced by immature

Table 1 Nanotechnological carrier systems used for cancer treatments

Indication	Nanotechnological system	Compounds (agents)	Status
Leukemia	Liposome	Topotecan + amlodipine ¹²¹ 6-Mercaptopurine + daunorubicin ¹²²	Preclinical
	Transferrin-conjugated PEGylated liposome	Doxorubicin + verapamil ¹²³	
	Folate-G5 poly-propyleneimine dendrimer with ethylenediamine core	Methotrexate + all-trans-retinoic acid ¹²⁴	
Breast cancer	Liposome	Gemcitabine + tamoxifen ¹²⁵ Ceramide + sorafenib ¹²⁶	
	HER2 conjugated-GMO-MNPs	Paclitaxel + rapamycin ¹²⁷	
Prostate cancer	HPMA-Gem-Dox	Gemcitabine + doxorubicin ¹²⁸	
	Aptamer-G4 PAMAM dendrimer conjugates	Unmethylated CpG-ONTs + doxorubicin ¹²⁹	
Glioblastoma	G5 PAMAM dendrimer	Antisense-miRNA21 + 5-fluorouracil ¹³⁰	
	RGDfK-G3 poly-lysine dendrimer	Doxorubicin + siRNA ¹³¹	
Cervical cancer	Liposome	PD0325901 + siMcl1 ¹³²	
Lung cancer	Liposome	Doxorubicin + msurvivin T34A plasmid ¹³³	
Brain cancer	PEG-liposome	Topotecan + vincristine ¹³⁴	
Hepatocellular carcinoma	PLGA	Vincristine + verapamil ¹³⁵	
Advanced colorectal cancer	Liposome (CPX-1)	Irinotecan + floxuridine ¹³⁶	Phase II
	Liposome (CPX-351)	Cytarabine + daunorubicin ¹³⁷	

Abbreviations: GMO, glycerol monooleate; HER2, human epidermal growth factor receptor 2; HPMA, N-(2-hydroxypropyl)methacrylamide; miRNA, microRNA; MNPs, magnetic nanoparticles; ONTs, oligonucleotides; PAMAM, polyamidoamine; PEG, polyethylene glycol; PLGA, poly lactic-co-glycolic acid; siRNA, small interfering RNA.

dendritic cell (DC) that accumulates at the tumor microenvironment. Ipilimumab, an anti-CTLA-4 antibody, has been approved for advanced melanoma patients.⁵⁵ Two anti-PD-1 antibodies, pembrolizumab and nivolumab, have also been approved for patients with metastatic lung, breast, bladder and renal cancers. PD-1 is a protein of immunoglobulin superfamily that has a co-inhibition function for antigen presentation. It is expressed on the surface of T-lymphocytes activated, NKT cells, B-lymphocytes, monocytes and DCs.⁵⁶ The interaction with their ligands PD-L1 or L2 leads to the phosphorylation of PD-1 on tyrosine residues with the intracellular portion of the molecule, with subsequent recruitment of phosphatase SHP-2 and inhibition of signaling triggered by TCR. The increased expression of PD-L1 is common in the context of melanoma and appears to be induced by the neoplastic cells through unknown mechanisms.⁵⁷

IDO inhibitors as adjuvant therapy

The mechanism of immune escape developed by a tumor cell may influence the success rate of a specific immunotherapeutic intervention.⁵⁸ As IDO plays an important part in the immune escape scenario for a cancer cell,³⁹ thus IDO inhibitors can act as an innovative and promising strategy for cancer therapy.^{59,60} To obtain better results, adjunct treatment is proposed in which the inhibitors should be administered concomitantly with cytotoxic chemotherapy agents.⁵⁹⁻⁶⁴ Several research groups are working in the search of new and more potent IDO inhibitors whether they are synthetic or endogenous.⁶⁵ Structural basis of IDO provides different binding sites for substrates and cofactors,⁶⁶ which allows for the development of competitive and noncompetitive inhibitors,⁶⁷ leading to an increased number of possible inhibitory molecules to be used for targeted intervention.

Table 2 US FDA approved nanomedicines used for cancer treatments

Drug	Class	Platform	Drug carried ratio	Diameter (mm)	Dose (mg ² /m)	References
Doxorubicin	Liposome	Doxil®	10,000–15,000	100	25–80	Gabizon et al ¹⁶ and Hamilton et al ¹³⁸
Vincristine	Liposome	Marqibo	~10,000	100	2.0–2.25	Bedikian et al ¹³⁹ and Silverman and Deitcher ¹⁴⁰
Daunorubicin	Liposome	Daunoxome	~10,000	50	10–190	Gill et al ¹⁴¹ and Bellott et al ¹⁴²
Mertansine	Antibody–drug conjugates	Trastuzumab emtansine	≤8	~10	10–160	Lu et al ¹⁴³
Monomethyl auristan E	Antibody–drug conjugates	Brentuximab vedotin	≤8	~10	90–110	Younes et al ¹⁴⁴ and Bradley et al ¹⁴⁵
Paclitaxel	Protein carrier	Abraxane®	> 10,000	130	150–300	Ando et al ¹⁴⁶

Abbreviation: FDA, Food and Drug Administration.

A clinical IDO inhibitor should ideally inhibit the local degradation of tryptophan in the tumor microenvironment and significantly in draining lymph nodes where the process of presentation of tumor antigens is most effective.⁶⁶ It is most likely that novel potent IDO inhibitors will provide effective treatment when combined with other modalities of cancer therapy.

An enormous number of inhibitors have been tested for their pharmacologic activity against IDO⁶⁸ (Figure 1). 1-Methyl tryptophan (1-MT) is the most important competitive inhibitor of IDO.⁶⁹ Since the discovery of 1-MT in 1991,⁶⁹ it has been widely studied because of its favorable pharmacokinetic activity, such as low protein binding, oral availability and low clearance.⁷⁰ Currently, 1-MT is regarded

as a classical IDO inhibitor in clinical research based on its exponential effectiveness in treating tumors.⁵⁹ No case of toxicity has been reported against 1-MT till date except dehydration in a study carried out on mice model where this inhibitor was administered through drinking water.⁶⁰ The efficacy of 1-MT is significantly enhanced when given in combination with powerful chemotherapeutic agents, such as paclitaxel, cisplatin, doxorubicin and cyclophosphamide.⁷¹ There are two stereoisomers of 1-MT: the D-isomer and L-isomer.⁷² Through in vitro testing by using different cell lines or cell-free assays, it has been revealed that the L-isomer exhibits the highest degree of efficacy against IDO, whereas it does not promote high level of T-cell proliferation in vivo as compared to the D-isomer.⁷³ Beta-carboline derivatives

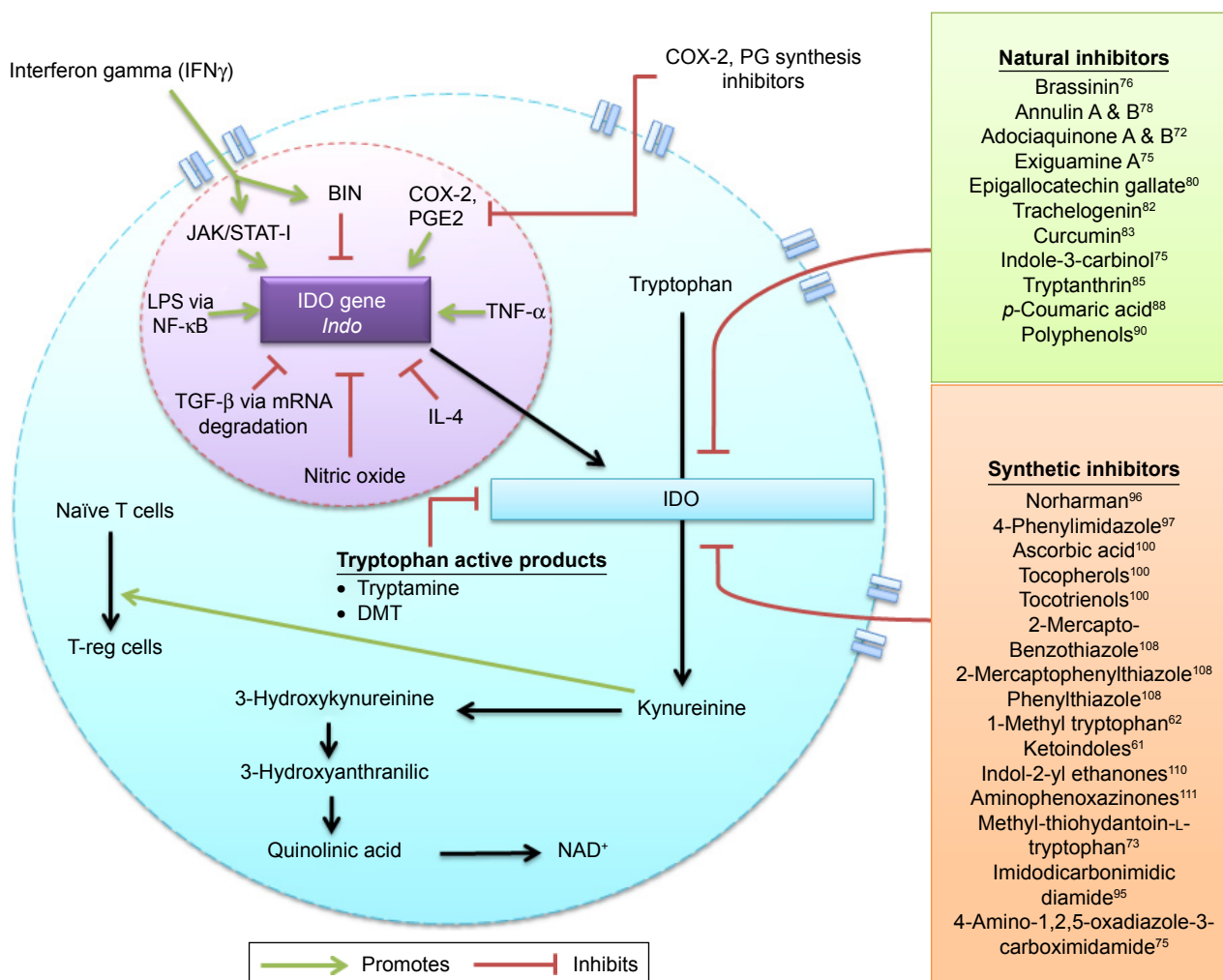


Figure 1 IDO pathway and inhibitors.

Notes: Tryptophan catabolism through the kynurenine pathway involves IDO an intracellular rate limiting enzyme and possible natural and synthetic inhibitors of this enzyme acting through various routes. IDO serves as an apoenzyme which is encoded by the *Indo* gene, this gene is upregulated by JAK/STAT signaling pathway induced by IFN- γ , cyclooxygenase-mediated prostaglandin E2, TNF- α and LPS regulated by NF- κ B. In contrast, it is downregulated by BIN gene, IL-4, nitric oxide and TGF- β through mRNA degradation pathway. Apart from the natural and synthetic inhibitors certain tryptophan active products, such as tryptamine and DMT, also serve as modulators of this enzyme.

Abbreviations: COX-2, cyclooxygenase-2; DMT, N-dimethyltryptamine; IDO, indoleamine 2,3-dioxygenase; IFN- γ , interferon gamma; IL, interleukin; JAK, Janus kinase; LPS, lipopolysaccharides; mRNA, messenger RNA; NAD, aldehyde dehydrogenase; NF- κ B, nuclear factor kappa light chain enhancer of activated B cells; PG, prostaglandin; PGE2, prostaglandin E2; STAT, signal transducers and activators of transcription; TGF- β , transforming growth factor β ; TNF, tumor necrosis factor; T-reg, T-regulatory cells.

comprise the class of noncompetitive inhibitors,⁴⁸ which bind to the heme iron different to the active site where the substrate binds. A huge number of beta-carboline inhibitors have been developed, but their development has been restricted by the fact that these inhibitors behave as benzodiazepine ligands.³⁷ Whether the IDO inhibitors are competitive or noncompetitive in nature; the basic mechanism of inhibition remains independent by the substitution of indole ring.⁶² However, now research is being carried out to find the potential inhibitors of IDO that use the mechanism of substitution of the indole ring.

Natural inhibitors

Recently, isolation of several natural products has revealed various potent IDO inhibitors.^{74,75} Chen et al investigated the relationship between anti-inflammatory properties of natural products and IDO activity. High concentration of numerous phytochemicals, possessing flavonoid chemical structure, has been reported in various medicinal plants, fruits and vegetables. For instance, curcumin, a natural IDO inhibitor, is an active ingredient of turmeric being used in treating cancer. Physicochemical properties and structures of natural inhibitors are described in Tables 2 and 3 and Figure 2.

Brassinin

Brassinin was first identified in the Chinese cabbage.⁷⁶ It is a phytoalexin found in the cruciferous vegetables. The inhibition mechanism takes place when methyl dithiocarbamate chain, present in brassinin, substitutes the chain of amino acid in tryptophan. Thus, it presents a great potential to act as an anticancer agent.⁷² It is reported to be an active, moderately competitive IDO inhibitor and has shown an inhibitory constant (K_i) value of 97.7 μM .^{75,77}

Annulins and adociaquinones

Andersen et al⁹⁴ demonstrated that a wide range of marine hydroids contain various natural products, which exhibit inhibitory activity (IC_{50}) against IDO. These products act in a noncompetitive manner. Annulins A and B, the pyranonaphthoquinones, are naturally obtained from the extracts of *Garveia annulata*, a marine hydroid. The annulin B has shown a K_i of 0.12 μM ⁷⁸ and are reported to be more active than 1-MT, whereas K_i value for pyranonaphthoquinones is 0.07 μM .⁷⁸ Crude extracts from *Xestospongia* sp. contain adociaquinones A and B, which exhibit activity as IDO inhibitors. Adociaquinone B has shown most potent activity among other compounds with a K_i of 25 nM.⁷²

Exiguamine A

Another natural product exiguamine A has been revealed to cause the inhibition of IDO activity with a K_i value of 0.04–0.21 μM . However, the cellular mechanisms are still unknown. Nevertheless, this compound might be used further to develop IDO inhibitors synthetically.⁷⁵

Tryptamine (TRY)

Although the tryptophan metabolism is mainly degraded through kynurenine pathway, other tryptophan active products include TRY, melatonin, serotonin and *N*-dimethyltryptamine (DMT). Recently, a study determined IDO inhibitory activities of these compounds. Serotonin and melatonin were not shown to inhibit IDO even at high concentrations, whereas DMT and TRY inhibited IDO activity noncompetitively with K_i values of 506 and 160 μM , respectively.⁷⁹

Epigallocatechin gallate

EGCG is a phytochemical and an active component of green tea that exerts chemoprotective role and exhibits anticancer

Table 3 Physicochemical properties of selected natural inhibitors

Natural inhibitor	Molecular weight (Da)	Polar surface area (\AA^2)	Molecular surface area (\AA^2)	Partition coefficient (log P)
Brassinin	236.35	27.82	310.98	3.28
Annulin A	360.35	110.13	501.95	3.20
Annulin B	386.39	106.97	547.34	4.13
Adociaquinone A	520.77	110.52	423.438	1.10
Adociaquinone B	423.43	110.52	520.92	1.10
Exiguamine A	492.50	146.03	647.56	-1.85
Tryptamine	160.21	41.81	252.62	1.49
Curcumin	368.37	93.06	509.73	4.12
Epigallocatechin gallate	458.37	197.37	556.67	3.08
Tryptanthrin	248.23	49.74	299.16	2.40
3,3'-Diindolylmethane	246.30	31.58	352.74	4.26
<i>p</i> -Coumaric acid	164.15	57.53	216.51	1.83
Thielavin	580.62	148.82	869.53	9.30

Note: Physicochemical properties of selected natural inhibitors retrieved from Watkins et al.¹⁴⁷

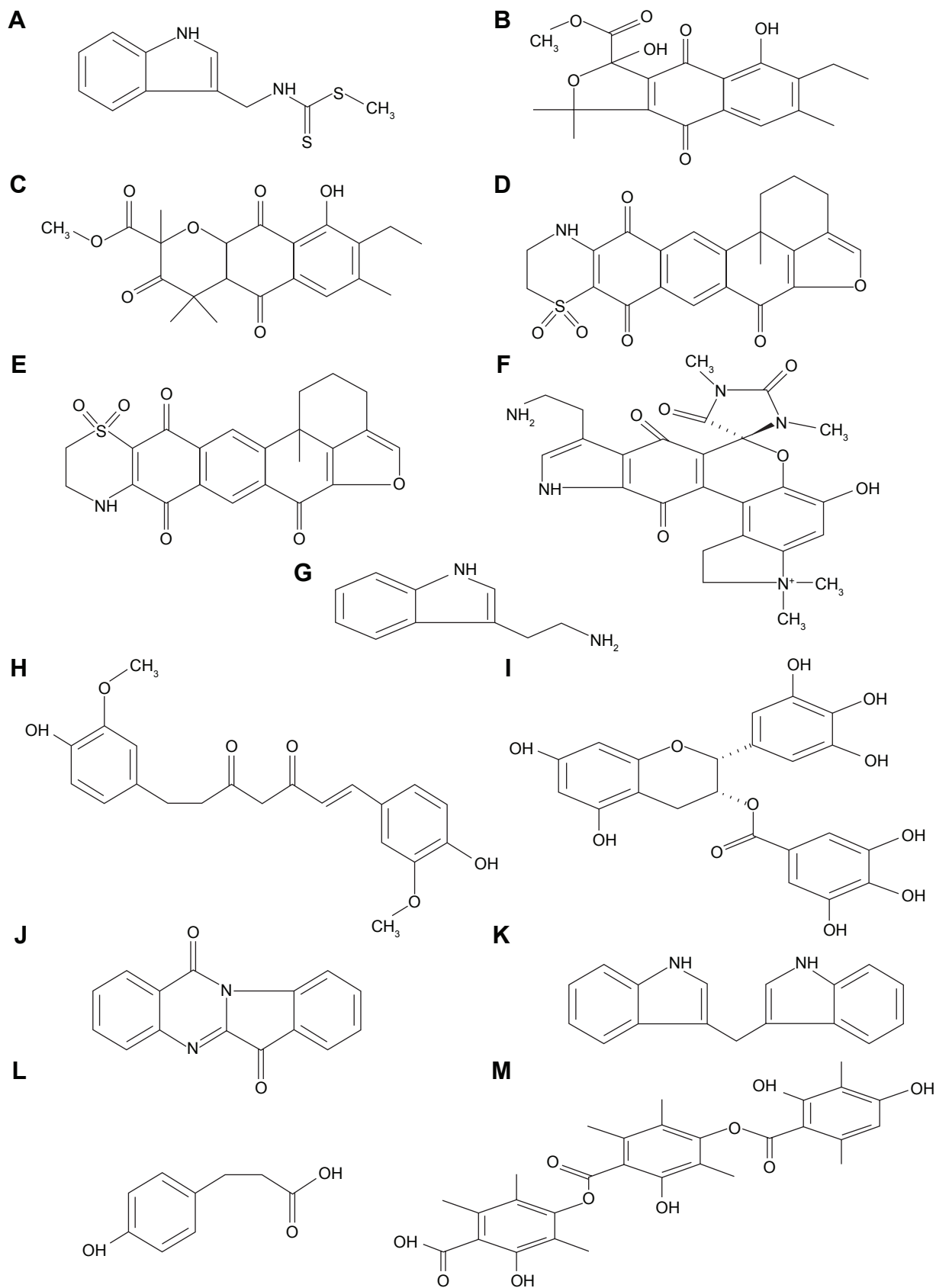


Figure 2 Natural inhibitors with structures.

Notes: (A) Brassinin,⁷⁶ (B) annulin A,⁷⁸ (C) annulin B,⁷⁸ (D) adociaquinone A,⁷² (E) adociaquinone B,⁷² (F) exiguamine A,⁷⁵ (G) tryptamine,⁷⁹ (H) curcumin,⁸³ (I) epigallocatechin gallate,⁸⁰ (J) tryptanthrin,⁸⁵ (K) 3,3'-diindolylmethane,⁷⁵ (L) *p*-coumaric acid,⁸⁸ and (M) thielavin.⁵⁹

effects in several organs. Recent studies revealed that the treatment of EGCG inhibits IDO enzyme activity in CRC cells through the inhibition of STAT1 activation.⁸⁰

Crinum latifolium leaf extract

Genus *Crinum* (Amaryllidaceae) consists of plants comprising ~130 species, widely present and frequently used in traditional medicine worldwide. A strong suppressive action of leaf extract of *C. latifolium* activity of IDO in prostate tumor cells has been demonstrated. This inhibitory action is specifically attributed to alkaloids present in *C. latifolium*.⁸¹

Carthamus tinctorius

C. tinctorius, the herbaceous plant also known as safflower, belongs to the family Asteraceae and traditionally used in Chinese medicine. In Mediterranean area, its role has been recently demonstrated as anticancer, antihelminthic and diuretic. Three lignans (a group of chemical compounds found in plants), namely trachelogenin, matairesinol and arctigenin, were isolated and investigated for their inhibitory capability for IDO. Subsequent experiments showed that trachelogenin and arctigenin prevent the mitogen-induced breakdown of tryptophan in a dose-dependent manner, and no negative influence of these compounds recorded on the viability of cells.⁸²

Curcumin

Curcumin, a phenolic natural and active compound, obtained from *Curcuma longa* (turmeric) possesses anti-inflammatory, anticancer and antioxidant properties.⁸³ Recently, it was revealed that curcumin-inhibited IFN- γ induced IDO activity both at protein and messenger RNA (mRNA) level through Janus kinase (JAK)1/2 and protein kinase C delta (PKC δ) signaling pathways. Thus, this immunomodulatory effect of curcumin might be exploited therapeutically to treat and control various types of cancers.⁷⁴

3,3'-Diindolylmethane (DIM)

The nutritional supplement, indole-3-carbinol and its metabolites, DIM contain indole ring and are structurally similar to tryptophan. It has been reported that DIM competitively inhibit tryptophan degradation. It has a moderate activity which is an IDO-specific inhibitor.⁷⁵

Tryptanthrin

A natural product tryptanthrin is found in *Polygonum tinctorium* and *Isatis tinctoria*. These two plants are

frequently used in Chinese medicine. Tryptanthrin has revealed immunomodulatory⁷⁶ and various inhibitory activities against microbes and parasites.⁸⁴ Tryptanthrin has been identified as a potent novel IDO inhibitor, which has an IC₅₀ of 7.15 μ M⁸⁵ and reported to have Ki value of 4.8 μ M.⁷⁸

Neem (*Azadirachta indica*) leaf glycoprotein (NLGP)

Various immunotherapeutic strategies are used to treat cancer by downregulating IDO activity, possibly by using IDO inhibitors, and thus reducing T-regs. NLGP, the naturally occurring immune system modulator, has revealed various unique activities. Most significant of which are to inhibit T-regs and mature DCs. As IDO is induced by T-regs and their hyperactivity is the hallmark of cancer, thus it has been proposed that NLGP may inhibit IDO induction in DCs by suppressing T-regs.⁸⁶

p-Coumaric acid

p-Coumaric acid exists abundantly in various plant products, fruits and vegetables, for example, potatoes, tea and beans, and has been anticipated to exhibit antioxidant activity.⁸⁷ Numerous antioxidants are suggested to suppress IDO activity through posttranscriptional and translational regulations. In addition, it has been demonstrated to inhibit prolactin secretion. Lymphoid organs and pituitary gland also secrete prolactin. Based on the fact that prolactin increases IDO activity induced by IFN- γ , researchers have proposed that *p*-coumaric acid and various other antioxidants suppress IDO activity in macrophages.⁸⁸

Polyphenols

Numerous flavonoids have been reported to exhibit anti-inflammatory and antioxidant activities.⁸⁹ However, the chemical structure is the main determinant of their potency. Wogonin, baicalein, apigenin and chrysin have shown similar basic flavonone chemical structure. Despite possessing OH group in their structures, all these compounds inhibit the IDO-1 protein in a similar way.⁹⁰

Benzomalvin

Jang et al isolated benzomalvin, a new benzodiazepine from the extracts of fungus during their search for IDO inhibitors. During the screening process, one of the culture broths from soil fungus showed activity and was later identified as *Penicillium* sp. on the basis of having sequence homology with two species of *Penicillium* sp. The IC₅₀ values for benzomalvin were found to be 21.4 \pm 1.2 μ M.^{78,91}

Thielavin

Jang et al have identified several IDO inhibitors from the microbial source, especially soil fungi during the past few years. Thielavin-Q a new benzoate trimer is one of the compounds identified by them, recently, from the broth of *Coniochaeta* sp. during the fermentation process. Thielavin-Q has shown an IC_{50} value for IDO⁹² of 15 μ M.⁵⁹

β -Lapachone

β -Lapachone occurs naturally and is derived from 1,2-naphthoquinone. It is already well-known that it possesses anticancer properties and based on that it has been advanced into the clinical trials. Recently, Flick et al discovered that β -lapachone also possesses nanomolar IDO inhibitory enzymatic activity and shows K_i value of 0.10–0.45 μ M.^{78,93}

Naphthoquinones

After elucidating the crystal structure of IDO in 2006,³⁵ it practically became possible to predict which other nuclei could become potential inhibitors. Simultaneously, other compounds such as the naphthoquinone were identified, which were extracted from marine invertebrates.⁹⁴ These compounds presented K_i values in nanomoles; however, they were shown to be inactive in cellular assays, which suggested that they faced difficulties in crossing the cell membrane.⁹⁵

Synthetic inhibitors

Physicochemical properties and structures of synthetic inhibitors are described in Table 4 and Figure 3.

Norharman (9H-pyrido [3,4-b]indole)

Norharman, also termed as β -carboline is a non-competitive inhibitor of IDO. Norharman (K_i of 176 μ M) competes

with molecular oxygen (O_2), necessary for the activity of dioxygenase.⁹⁶

4-Phenylimidazole (PIM)

PIM is another noncompetitive inhibitor discovered in 1989 and has a different mechanism of action to that of Norharman. PIM (K_i of 8 μ M) binds to the enzyme at the inactive ferric (Fe^{3+}) form and prevents its reduction to the catalytically active ferrous form.⁹⁷

Salicylates and glucocorticoids

A study involving prostaglandins revealed that enzymes phospholipase A2 and cyclooxygenase-2 (COX-2), which are essential for its synthesis, play a significant role in IDO induction through IFN- γ pathway.⁹⁸ It was also assessed that these inhibitors are able to block this induction.⁹⁹

Antioxidants

Antioxidants, such as ascorbic acid, tocopherols and tocotrienols, that inhibit reactive oxygen species also perform an important role in the IDO inhibition-mediated activity by IFN- γ in macrophages-derived monocytes.¹⁰⁰

5-Bromo-brassinin

Another natural compound called brassinin was identified^{72,101} from Chinese cabbage and broccoli with a K_i of 27.9 μ M. Beside its synthetic derivative, 5-bromo-brassinin with a K_i of 24.5 μ M presented chemoprotective activity in mammary cancer and melanomas in animal models.^{102,103}

Nitric oxide

Nitric oxide (NO) negatively modulates the expression of IDO activity.¹⁰⁴ The same happens with the production of

Table 4 Physicochemical properties of selected synthetic inhibitors

Synthetic inhibitors	Molecular weight (Da)	Polar surface area (\AA^2)	Molecular surface area (\AA^2)	Partition coefficient (log P)
Norharman (9H-pyrido [3,4-b]indole)	168.19	28.68	230.63	1.87
4-Phenylimidazole	144.17	28.68	211.56	1.89
Salicylic acid	138.12	57.53	183.54	1.98
Ascorbic acid	176.12	107.22	208.27	-1.91
Nitric oxide	30.00	34.14	48.22	-0.35
1-Methyl tryptophan	218.25	68.11	322.23	1.32
2-Mercapto-benzothiazole	167.25	12.89	191.43	2.89
2-Mercapto-4-phenylthiazole	193.28	12.89	236.29	3.44
Phenylthiazole	161.22	12.89	215.12	2.66
Imidodicarbonimidic diamide	101.11	111.77	130.40	-1.46
4-Amino-1,2,5-oxadiazole-3-carboximidamide	127.10	114.81	147.82	-1.37
Phenformin	205.25	102.78	302.68	0.34
Cinnabaric acid	300.22	139.28	311.10	0.44

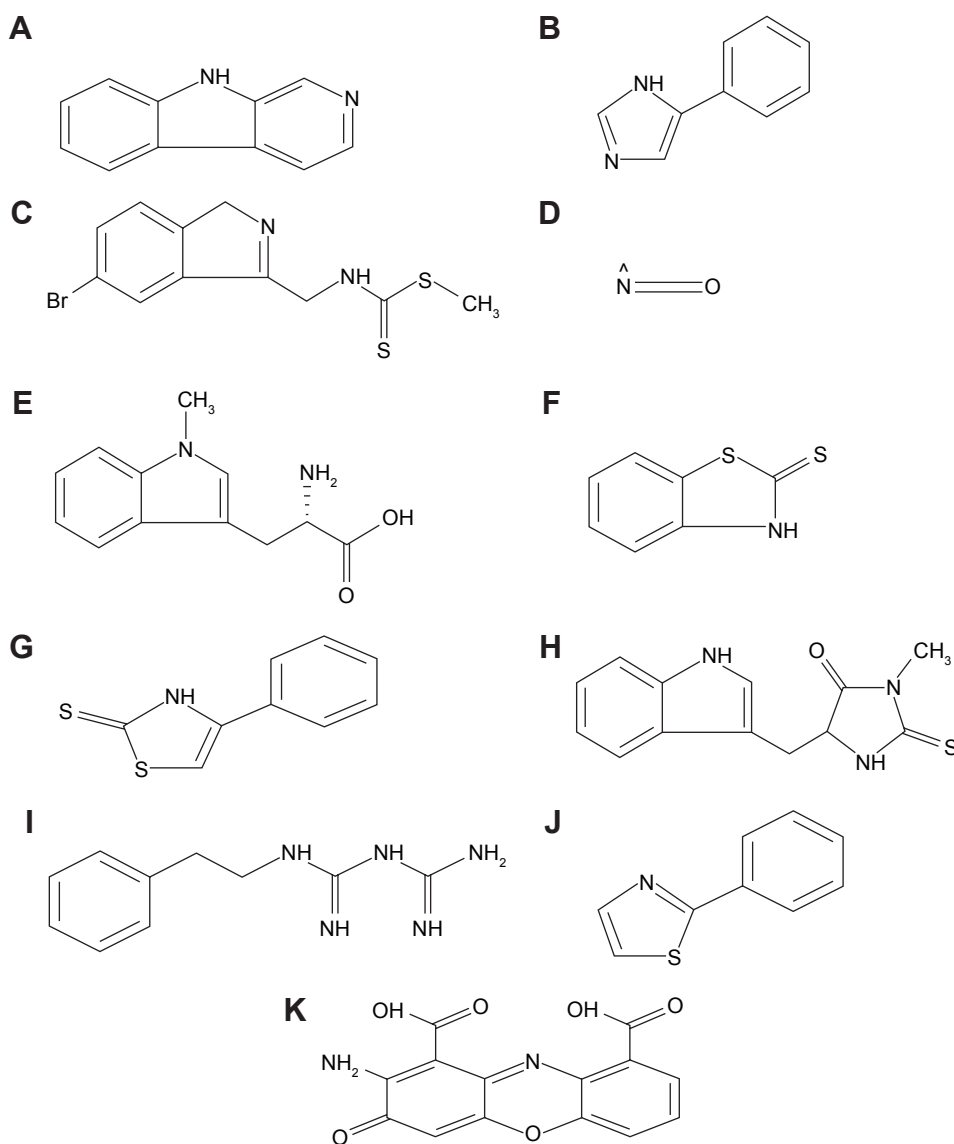


Figure 3 Synthetic inhibitors with structures.

Notes: (A) Norhaman,⁹⁶ (B) 4-phenylimidazole,⁹⁷ (C) 5-bromo-brassinin,¹⁰² (D) nitric oxide,¹⁰⁴ (E) 1-methyl tryptophan,⁶² (F) 2-mercaptobenzothiazole,¹⁰⁸ (G) 2-mercapto-4-phenylthiazole,¹⁰⁸ (H) methyl-thiohydantoin-L-tryptophan,¹⁰⁸ (I) phenformin,⁷³ (J) phenylthiazole,¹⁰⁸ and (K) cinnabarinic acid.⁹⁵

inducible NO synthase,¹⁰⁴ which directly interferes with IDO activity^{104,105} and eventually promotes degradation through proteolytic cleavage.¹⁰⁶ This led to the belief that certain agonists exhibit the potential to reverse the state of immunosuppression caused by IDO in cases of cancer, thus contributing to anticancer therapy.

1-MT

For a long time, the best anti-IDO compound was derived from changes in the molecule tryptophan, including inserting a methyl group in the nitrogen present in the indole ring, resulting in a synthetically active 1-MT with K_i of 34 μM . The catalytic activity of the enzyme was affected by replacing

the nitrogen in the ring with an oxygen or sulfur,⁶⁹ resulting in enhanced affinity to inhibit the enzyme in nanomolar quantities.^{62,107} So far 1-MT is the only compound that has been allowed to be passed into clinical trials based on its potency, efficacy and safety profile.⁵⁹

2-Mercapto-benzothiazole, 2-mercapto-4-phenylthiazole and phenylthiazole

In 2010, a study was conducted based on the structure–activity relationship between IDO and 55 possible synthetic inhibitors,¹⁰⁸ which were analyzed by docking. It was assessed that 2-mercaptobenzothiazole, 2-mercaptophenylthiazole and phenylthiazole were characterized as the

most efficient. These compounds presented K_i of 7.4 and 8.9 μM , respectively, and exhibited safety and efficacy both in the cellular and cell-free systems. In this study, Röhrig et al demonstrated that for an efficient inhibitory action, IDO inhibitors should contain: 1) a bicyclic fragment to fill the aromatic binding site, 2) an atom with pairs of free electrons that can coordinate with the iron present on the heme molecule (such as sulfur, oxygen or nitrogen), 3) a group able to establish van der Waals connections and 4) a group able to establish hydrogen bonds with fragments of specific amino acid structures on IDO.

Ketoindoles

Recently, noncompetitive inhibitors of IDO have been discovered with a micromolar range of inhibitory potency. A screening strategy was used to discover these compounds based on virtual tools, such as filters for exhibiting high throughput docking profiles. Calorimetric inhibition of in vitro assays revealed IC_{50} of 13 μM ⁶¹ with a K_i of 190 μM .^{109,110}

Indol-2-yl ethanones

In an effort to investigate novel compounds for IDO inhibition, indol-2-yl ethanones were identified and in vivo and in vitro tests were conducted to access the inhibitory concentrations.¹¹⁰ Results revealed that variations in inhibitory concentrations were obtained by altering the substituent at positions 5 and 6 of the indole ring, leading to IC_{50} of 24–153 μM .

Aminophenoxazinones

Oxidative cyclo-oxidation of 2-aminophenols led to the formation of a range of 2-aminophenoxazin-3-one compounds.¹¹¹ Naturally, this reaction is catalyzed by a copper-containing oxidase enzyme referred as phenoxazinone synthase. A series of results were obtained after certain experiments to evaluate the concentrations required to inhibit IDO. It was reported that cinnabarinic acid was the most potent inhibitor out of the series of compounds with the IC_{50} of 0.46 μM with a K_i at 326 nM.

Methyl-thiohydantoin-L-tryptophan (MTH-Trp)

To find a structurally distinct inhibitor for IDO, several commercially available compounds with indolamine, as the key component, were identified and tested. After biochemical analysis, the results indicated that MTH-Trp acts as a competitive inhibitor of IDO with K_i of 12 μM . Interestingly, in a cell-based assay, MTH-Trp shows ~20-fold more potency than 1-MT.⁷³

Imidodicarbonimidic diamide

A non-indolic IDO inhibitor was identified with an excellent potency against IDO. This compound which is classified as NSC 401366 has not been reported to have any other biological targets except its activity against IDO. On the basis of the experimental data, it was assessed that it demonstrated a K_i of $1.5 \pm 2 \mu\text{M}$.⁹⁵

4-Amino-1,2,5-oxadiazole-3-carboximidamide

During the high throughput screening of a collection (Incyte's corporate) of compounds, a potent inhibitor of IDO was identified. This compound serves as a competitive inhibitor with a K_i of 1.5 and an IC_{50} of 1 μM when tested in HeLa cells. It has been confirmed by absorption spectroscopy that this compound binds to the active site of heme in the ferrous form of IDO.⁷⁵

Conclusion

Targeted drug delivery to cancer cells has been achieved by nanomedicine. Nanotechnology is used to design specific drug delivery platforms that have the ability to carry anticancerous compounds to the target cells ensuring safety and efficacy of the treatment.

Nanomedicine has taken a giant step into cancer therapeutics, but researchers still face a number of challenges in this field. Most of the nanomedicines have been in the preclinical phase in the drug discovery pipeline and it will take years in order to lead them with confidence from laboratory to the bedside. Undoubtedly, nanomedicine has shown foreseeable progress in the last decade and is a leading determinant for personalized and targeted cancer treatment.

A nanotechnology-based device has been tested, which can detect the association of protein that interacts with thioredoxin and functions to distinguish between the prostate cancer associated stroma from that of benign prostatic hyperplasia.¹¹²

In a preclinical study, oral presentation of a nanoparticle-encapsulated active ingredient of green tea showed greater therapeutic benefits to combat xenografts of prostate cancer in mice presentation unencapsulated control.¹¹³

Encapsulation of lutelina, a compound naturally found in the green vegetables in a water-soluble polymer to form nanoparticles, improved the ability of the compound to inhibit the growth of human cells of lung cancer and head and neck in crops cellular and mice, suggesting that the administration of nanoparticles similar to natural nutritional supplements could be applied in chemoprevention.¹¹⁴

A multifunctional nanomedicine platform created from a single polymer can increase the sensitivity of the images, convert efficiently light into heat within tumors (photothermal therapy) and effectively deliver drugs in tumors, demonstrating the wide range of relevant clinical uses.¹¹⁵

IDO inhibition is a pivotal area of research in cancer immunotherapy. A constitutive IDO expression in most human tumors is demonstrated in 2003.^{116,117} Commercial scale production of IDO inhibitors in conjunction with nanomedicine is, therefore, an important area of immunotherapy that should develop fairly soon. In conclusion, naturally occurring or synthetic IDO inhibitors have been shown to contain an antiproliferative function for cancer cells. These inhibitors are bound to find their way into the pharmaceutical industry to play a critical role in cancer immunotherapy,^{118–120} organ transplantation and treatment of infectious and autoimmune diseases.

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Author contributions

All authors contributed toward data analysis, drafting and critically revising the paper and agree to be accountable for all aspects of the work.

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