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The Oral Microbiome of Children: Development, Disease and Implications Beyond Oral Health

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Abstract

In the era of applied meta-omics and personalized medicine, the oral microbiome is a valuable asset. From biomarker discovery to being a powerful source of therapeutic targets, and to presenting an opportunity for developing non-invasive approaches to health care, it has become clear that oral microbes may hold the answer for understanding disease, even beyond the oral cavity. Although our understanding of oral microbiome diversity has come a long way in the past 50 years, there are still many areas that need to be fine-tuned for better risk assessment and diagnosis, especially in early developmental stages of human life. Here, we discuss the factors that impact development of the oral microbiome, and explore oral markers of disease, with a focus on the early oral cavity. Our ultimate goal is to put different experimental and methodological views into perspective for better assessment of early oral and systemic disease at an early age, and discuss how oral microbiomes- at the community level, could provide improved assessment in individuals, and populations at risk.

Introduction

Leeuwenhoek's microscope observations in his own dental plaque, over 3 centuries ago, suggested an unprecedented diversity of microorganisms (or "animalcules") in the human oral cavity. Indeed, W.D Miller, in his seminal account of the microorganisms of the human mouth 'Die Mikroorganismen der Mundhohle' (1892)[1], suggests that a great number of bacterial morphotypes obtained in the mouth could make their classification impossible. Since then, microbiologists and microbial ecologists have come a long way - from targeting specific members of the "culturable" fraction of the oral cavity [2], to using cloning [3, 4], fingerprinting [5] and high throughput sequencing technologies, to reveal that this microecosystem may harbor over 800 to 1,000 different oral bacterial taxa (as sharing >98.5% 16S rRNA sequence identity)[3], with varying abundance and diversity patterns across age and health status. Consequently, this vast microbial diversity, which includes bacteria, archaea, viruses, phage and various microeukaryotes, makes it a challenge for clinicians and microbial ecologists to look for valid markers of oral health and disease, not to mention the hurdles associated with the significant variation found between and within (different oral cavity sites) subjects [6, 7]. Diversity surveys on healthy oral microbiomes do

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suggest a core group of phylotypes [8, 9], different from those found under diseased conditions [5, 10]. Further, an extensive body of literature has focused on reviewing and surveying the oral microbiome in health and disease [3, 11–14]. However, finding consistent bacterial markers, across studies and cohorts, is still a daunting task. Moreover, translating these findings into effective treatment of oral, and even systemic health is a significant challenge.

In this review we attempt to dissect relationships between oral bacteria and health by exploring the factors that shape the human oral microbiome, with a focus on the early oral cavity. Thus, we review studies on the oral microbiome of children, and the ecological and developmental aspects of this microecosystem that relate to oral and systemic health. To accomplish these goals, we 1) examine the factors impacting development and maturation of the oral microbiome since birth; 2) explore biomarkers influencing oral health and disease in children and 3) inspect how oral microbial markers affect health beyond the child's oral cavity into adulthood. Finally, 4) we discuss the technical and analytical areas where the microbial ecology and clinical field should focus to translate biomarker discovery into preventive therapeutics in oral and systemic health in an individual's lifetime.

1. Development and maturation of the oral microbiome following birth

How we acquire our microbiome during pregnancy and after birth has been the subject of numerous research studies [15], the majority focusing on microbes populating the lower gastrointestinal (GI) tract, with far more limited information on the microorganisms populating of the oral cavity following birth. Interestingly, emerging evidence has pointed to a connection between the placental environment and the oral microbiome. For instance, 16S rRNA gene sequencing analysis has revealed the presence of several prominent oral commensals such as *Streptococcus*, *Fusobacterium*, *Neisseria*, *Prevotella* and *Porphyromonas* in the human and murine placenta [16–18]. Indeed, close similarities were found between the presumed placental microbiome and that in the mother oral cavity, compared to any other body site [18]. The hypotheses behind these findings propose that during pregnancy, oral commensals reach the amniotic fluid through blood (low grade bacteremia), a condition that may be exacerbated during periodontal disease and oral infection in mothers, with potential deleterious consequences for term delivery [19–22]. Moreover, an association has been found between mode of delivery and specific oral microbiome patterns in three to six month old infants, specifically as far as the abundances of *Streptococcus*, *Fusobacterium* and *Slackia* [23].

Nonetheless, the hypotheses of a placental microecosystem of hematogenic origin, and establishment of the newborn oral cavity influenced by mother-derived oral bacteria are controversial. The critiques mainly rely on a lack of evidence that bacterial DNA found in amniotic fluid is that of live bacteria, as one would expect that high throughput sequencing technologies would detect any bacterial DNA present regardless of cell viability, so the signal obtained may be merely cell debris. Additionally, there is the possibility of contamination of placenta with maternal blood [24]. Despite these observations, it is a fact that the both the placental and oral microecosystem are particularly unique in diversity compared to any other body site, including the vaginal microbiome [7], and that the

microbial signal obtained in the amniotic fluid includes bacteria not usually found in the urogenital tract. Thus, the connection between maternal oral microbes and the seeding of the oral microbiome in newborns is potentially likely, but needs to be further tested using mechanistic, rather than association-type, models.

Assembly of microbes in the oral cavity. After initial seeding, assemblage of the human microbiome seems to be significantly influenced by environmental exposure. In this scenario, specific body habitats create a set of physical, chemical, and biological conditions that “filter” body microecosystems, to allow colonization by a very particular set of environmentally-derived bacteria [25]. In the case of the oral cavity, it is likely that a specific set of environmental stimuli and immune filtering, after initial seeding, shapes the oral environment into adulthood, potentially impacting oral health. In this regard, a combination of different mother microbiome sources including gut, vaginal, skin, as well as breast milk and early foods may shape the early oral microbiome [26, 27]. For instance, just as it happens with the gut microbiome in infants, the early oral cavity is also influenced by mode of delivery [15, 23, 28]. Specifically, vaginally delivered infants tend to show increased abundances of taxa such as *Prevotella*, *Bacteroides* and *TM7*, while C-section-delivered babies show increased colonization by *Propionibacterium* *Staphylococcus*, *Slackia* and *Veillonella*. The way these signals impact children oral health later in life, as it has been suggested with gut microbial communities, requires further investigation.

Right after birth, the newborn oral cavity seems to be rapidly dominated by *Streptococcus* (*S. mutans*, *S. epidermidis* and *S. salivarius*) and *Fusobacterium* [28–30]. Apparently, the bloom of *Streptococcus* spp. (particularly *S. salivarius*) is associated with the first oligosaccharide stimuli in the infant oral cavity [31]. Possibly, the metabolic products by *Streptococcus* on dietary oligosaccharides in breast milk or formula (fermentation) pave the way for other oral commensals to thrive. Furthermore, different species of pioneer *Streptococcus* spp. isolated from both breast- and formula-fed neonates have the metabolic capability to cleave immunoglobulin A1 (IgA1) [32], which would suggest Streptococci could bloom in an IgA1-rich environment, likely triggered by breast milk[33]. However, it is unclear whether potential differential abundances in diverse Streptococci species arise in response to formula or breast milk stimuli, or if these differences could impact oral health.

From the first months of life (3-4 months) into the first years and adulthood, the oral microbiome becomes significantly more diverse and undergoes very particular succession mechanisms [34, 35]. For instance, at the genera and species levels, *E. coli*, *Staphylococcus* and *Pseudomonas*, as well as lactic acid producing bacteria such as *Lactobacillus crispatus*, *Lactobacillus gasseri* and *Streptococcus*, all of which are associated with the gut, skin or breast milk [15, 36–38] are prevalent in the first months, even before tooth eruption. Conversely, *Fusobacteria*, *Tenericutes*, *Synergistetes*, *TM7* and *SR1* start dominating the oral microecosystem towards the first years of life, specifically, *Veillonella*, *Fusobacterium*, *Neisseria*, *Prevotella*, *Rothia*, *Treponema* and *Streptococcus mutans*, linked to more mature oral microbiomes and with potentially cariogenic microbiomes seem to emerge as infants transition into more mature stages, and likely more exposure to the external environment [34, 35, 39–42].

Nonetheless, increasing attention has been given to possible links between host genetic factors and the composition of the human microbiome [43–45], with some studies of this kind specifically targeting the oral cavity. For example, studies on healthy monozygotic and dizygotic infant twins using high-throughput sequencing and fingerprinting methods have shown that host genetic background (as opposed to the shared environment) have no significant effect in shaping salivary or plaque bacterial communities [46, 47]. These findings are in contrast to other twin cohort studies, in which checkerboard assays point to taxa in saliva and plaque that are potentially heritable and that may have role in the pathology of caries (e.g. Mutans streptococci) [48, 49]. Likewise, positive associations between some Major Histocompatibility Complex (MHC) class II alleles and salivary levels of culturable *S. mutans* and lactobacilli have been found in caries bearing adult women and young adults [50, 51]. Consequently, the extent to which the shared environment and the host genetic landscape influence colonization of the early oral cavity is still unclear and should be further investigated based on standardized deep sequencing techniques.

2. The oral microenvironment and biomarkers of oral disease in children

Thus, most evidence available shows that an early oral environment, strongly shaped by maternal sources rapidly transitions into a more complex, mature microecosystem influenced by the external environment. A critical question then is to identify, at an early age, the factors that trigger oral disease later in life. For instance, healthy children (from 3 months old) already harbor potentially cariogenic bacteria (*S. mutans*), which increase in abundance with age [35, 52]. Additionally, among 3-month old children, Increased presence of Lactobacilli, a taxon that tends to dominate carious lesions [41, 53] may be predictive of caries at 3 years [34]. These observations suggest that a combination of extrinsic and intrinsic factors determine oral disease phenotypes later in childhood. Figure 1 offers a schematic view of oral microbiome development at an early age, and subsequent maturation, including influence of oral disease markers.

Childhood oral diseases

Caries, the most common chronic childhood disease, is of dietary/bacterial origin, and it occurs as a result of cariogenic diets (sugar-related) and the metabolism of specific bacteria on dietary sugars in susceptible hosts [54, 55]. Thus, it is reasonable to expect that the first dietary stimuli have a strong influence on the etiology of caries at later developmental stages. For instance, meta-analyses have shown evidence that bottle fed children exhibit more early childhood caries ($p < 0.05$), with additional supporting evidence to show that breastfeeding may prevent caries in early childhood [56]. Indeed, a suppressive effect on cariogenic *S. mutans* has been observed by *Lactobacilli* isolated only from the oral cavity of breast fed children but not from formula fed children [57], implying potential benefits of breast milk in the oral ecosystem. However, other studies have suggested that a possible positive effect of breastfeeding on the incidence of caries in children may be masked by other confounding socio-economical factors such as poverty, ethnicity and maternal prenatal smoking [58].

All in all, it seems that frequent sucrose consumption at early age (from 1.5 to 3 years old) is one of the leading causes influencing increased colonization with *S. mutans*, the main causing and predictive factor of oral caries [59–63]. During this process, particular community dynamics involving sucrose metabolism, pH homeostasis and biofilm formation, impact oral disease development [55, 64]. For instance, tooth decay and enamel demineralization seem to be promoted by a community shift in biofilm populations towards acidogenic (acid producing) and aciduric (acid tolerant) cariogenic bacteria, likely triggered by low pH after sucrose fermentation [65]. Additionally, sucrose seems to be a substrate for the production of extracellular and intracellular polysaccharides, two components that determine biofilm formation and structure [66, 67]. Indeed, children with nursing caries (12–48 month old with primary dentition), who are also under increased sucrose exposure, not only have higher incidences of *S. mutans* but also an altered biofilm structure characterized low Ca, Pi and F and higher levels of insoluble polysaccharides compared to caries free children [68, 69].

Thus, a constant influx of fermentable sugars into the oral cavity results in increased carbohydrate fermentation (lactic acid production), followed by longer periods of oral exposure to low pH (Stephan curve [70]) and the selection of bacteria able to thrive on these conditions (aciduric taxa), such as *S. mutans*, Lactobacilli and Bifidobacteria [71, 72]. These taxa constitute some of the main biomarkers in caries lesions biofilms. For instance, *S. mutans* can trigger pH conditions as low as 3.0 after sugar stimuli through fermentation, a scenario that has been linked to enamel demineralization [73, 74]. In contrast, other species within the *Streptococcus* genus, such as *S. salivarius* and *S. mitis* are associated with an increase of pH through alkali generating pathways, and therefore are linked to a protective effect against caries [64, 65].

However, in epidemiological experiments or animal models of oral disease, it is not immediately clear whether the bloom in the aforementioned cariogenic taxa occurs in response to increased sugar availability, or if low pH after sugar metabolism creates an acidogenic environment that displaces non-aciduric, health-associated taxa [75]. In this regard, controlled culture systems of defined mixed inoculum have shown that constant glucose influx, while maintaining neutral pH, keeps the bacterial community in balance, and the proportions of potentially cariogenic taxa at low levels (e.g. *S. mutans* and *L. rhamnosus*) [76]. In contrast, allowing the pH to drop, proportional to glucose fermentation, results in significant blooms of caries-associated (aciduric) taxa, at the expense of health-associated bacteria [77]. Thus, low pH due to sugar catabolism, rather than substrate availability alone, is a determining factor in promoting the rise of potentially cariogenic taxa in the oral cavity [75].

These observations denote the high complexity of caries as far as the physicochemical triggers and taxa involved, and suggest the adoption of an ecology-wise approach to understand oral disease [71, 72]. For example, despite the traditional central role of *S. mutans* in childhood caries, oral bacteria belonging to other genera such as *Granulicatella*, *Actinomyces*, *Actinobaculum*, *Scardovia*, *Atopobium*, *Aggregatibacter*, *Slackia*, *Bifidobacteria* and *Prevotella* have also been associated with early childhood caries and severe early childhood caries (S-ECC, an extremely destructive form of early-childhood

Pasteurellaceae family) positively impacts the oral acid-base homeostasis to inhibit aciduric and caries-associated taxa (e.g. *Leptotrichia* and *S. mutans*) in plaque under low sugar consumption[88]. However, the opposite scenario characterizes saliva, in which increased urease activity is associated with high caries incidence and levels of *S. mutans* [89]. This scenario poses a very complex framework to understand community and metabolic interactions in the early oral cavity and to implement valid biomarkers of caries risk in children in relation to alkali balance. A useful approach would be to characterize microbial communities using shotgun metagenomic sequencing in addition to enzymatic activity profiling. However, up to date, no studies exist on the metagenome of the early oral cavity.

As far as whole-metabolome analyses in the early oral cavity, studies have shown that the saliva of caries-bearing children with primary, mixed, and permanent dentition exhibit different metabolomic profiles (Nuclear magnetic resonance) and increased levels of lactate, *n*-butyrate, and acetate compared to healthy matches[90]. Furthermore, the salivary metabolome of caries-affected children after a 3 month treatment with composite resin exhibits significant changes that correlate with a reduction in propionate, acetate, *n*-butyrate, and saccharides along with decreased levels of cultured *S. mutans* and *Lactobacillus* sp. [91]. These observations correlate with the proposed links between bacterial metabolism of sugars (glycolysis), fermentation, and an increased abundance of acidogenic taxa (e.g. *Propionibacterium* and *Lactobacillus*) in early oral disease [71, 92, 93]. Other saliva metabolome analyses (Gas Chromatography Mass Spectrometry [GCMS]) on children with tooth decay highlighted a prominent role of metabolites involved in the arginine and proline metabolic pathway, and connected arginine to alkali production and hence, acid-base balance [64, 94].

Indeed, a metaproteomic analysis of oral biofilm in caries-bearing and healthy adults identified proteins involved in the L-lactate dehydrogenase and arginine deiminase systems. These systems aid in pH buffering and show the highest expression in the supragingival dental plaque of healthy individuals[64, 95]. Interestingly, in these studies, overexpression of the L-lactate dehydrogenase and arginine deiminase systems correlated negatively with high abundance of sugar transporters (ATP-binding cassettes and phosphotransferase systems) and other sugar degrading proteins from *Actinomyces*, *Corynebacterium*, *Rothia* and *Streptococcus*. Thus, the combined power of meta-omics and high throughput approaches to community ecology could provide a clearer, system-like picture of early oral disease and potential marker discovery in early diagnostics. These approaches are also key to determine how early oral disease provides clues to understand systemic health from childhood into adulthood.

Finally, meta-OMIC integration analysis and system-level approaches should also take into account biogeographical aspects of early oral disease. For example, in adults, there is a distinct microbial composition between different healthy tooth surfaces and different tooth types in a single individual [96, 97] and between carious lesions in dentine and enamel [98]. In children, healthy permanent and deciduous teeth also harbor different supragingival microbial profiles [99]. Furthermore, analyses of tooth decay in children have shown that caries in a given tooth not only impacts the microbial ecology and health onsite but also on nearest teeth [78, 80, 100]. Likewise, studies on temporal and spatial microbiome variation

in preschool children show that both plaque and saliva acquire distinct microbiome configurations with age and transitions to cariogenic stages [101]. These observations demonstrate that targeting single sites in the early oral cavity to assess oral disease may only offer a partial view of disease biomarkers.

3. Bacterial markers of early oral health and disease and implications for systemic health

The associations between periodontal and systemic disease have been the subject of numerous studies including oral marker links to cardiovascular, respiratory, immune, metabolic, osteopathic and obstetric complications [102–106]. The proposed mechanisms of these oral-systemic links include the spread of infection from the oral cavity in the form of bacteremia or circulating bacterial toxins, triggering increased circulating pro-inflammatory cytokines and a weakened immune system, as well as cross-reactivity (molecular mimicry) between bacterial and self-antigens [104, 107]. Although associations between oral disease markers and systemic health in children are scarce, some studies have provided important insights.

For instance children with juvenile idiopathic arthritis (13 years old in average), who typically resemble adults with rheumatoid arthritis, have increased antibody response to *Porphyromonas gingivalis*, one of the main taxon involved in periodontal disease [108, 109], and higher incidence of symptoms related to periodontal disease [110]. Likewise, children with celiac disease (1.4 years old in average) under gluten free diets show a less diverse salivary microbiome compared to healthy controls, and increased abundance of oral caries-related taxa (e.g. *Rothia*, *Porphyromonas*, Gemellaceae, *Prevotella*, *Streptococcus* and Lachnospiraceae) [111]. The abundances of these taxa also correlated with higher levels of organic volatile compounds in the saliva and fecal samples of affected children detected through GC-MS [112]. A similar scenario takes place in the tongue microbiome of children with Crohn's disease, who exhibit reduced diversity and decreased abundance of Fusobacteria and Firmicutes compared with healthy controls [113]. However, it is unclear whether these apparent dysbiosis leads to more susceptibility to oral disease (e.g. caries) in Crohn's patients. Therefore, these findings, which mirror what takes place in the intestinal mucosa during Crohn's, have more important implications for developing diagnostic tools of systemic disease based on oral biomarkers.

As such, the assessment of oral risk factors in children could provide important information on current and future systemic health status, however, further understanding of directionality in these mechanisms, and caution in diagnostics are necessary. For instance, it is likely that a generally weakened immune system compromises oral health, as it is the case of HIV-infected children [114]. Likewise, bacteremia can be the result of periodontal trauma in children (teeth extraction) [115], with potential detrimental consequences for cardiovascular disease (platelet aggregation induced by oral commensals) and endocarditis in adulthood [102, 116]. Thus, although multiple avenues are open to use oral disease biomarkers in the diagnosis of chronic disorders such as cancer and liver disease [117–119], several technical, methodological, experimental and therapeutic challenges remain.

4.Challenges: Techniques, analyses, biomarker discovery and translational preventive therapeutics in oral and systemic health

Even though the application of molecular-based techniques in the last 20 years has allowed us to have a better understanding of the complex oral microecosystem, we are just beginning to unravel the role that multiple intrinsic and extrinsic layers play in oral disease. This awareness requires knowledge of a multi-system approach that integrates different techniques to characterize the host-microbe entity [120], and analyses that extend into an individual's or population's environment (socioeconomics) - a challenge that is most relevant in childhood health [83]. We propose that such framework should build on four main stakes to guarantee more effective risk assessment, bring precision at the individual level and minimize population-level health disparities [121] (Figure 2).

i) High resolution tools to study the oral microbiome at the compositional and functional levels

As characterizations of oral microbiomes move from strictly culture-based methods to using the Human Oral Microbiome Identification Microarray (HOMIM)[122] and, lately, whole community profiling using high throughput 16S rRNA sequencing and shotgun metagenomics, the concepts of the “ecological plaque hypothesis”[71] and a super complex oral ecosystem have become more relevant. This complexity, however, has also pointed out that understanding microecosystem functioning requires a multi level view that includes taxonomic assessment (composition), potential (metagenome -transcriptome), and encoded functions (proteome and metabolome) [123, 124]. This view is essential to shift current disease models from focusing on pathobiomes rather than on pathogens [125]. Thus, a complete understanding of early oral disease may not be accomplished by applying one of these techniques, but by combining two or more, an approach that is seldom implemented in early oral community ecology assessment (but see [126]).

ii) Effective meta-omic integration to extrapolate/translate the data to ecosystem (host) phenotype

Likewise, the use of one or more “omic” techniques requires effective models to integrate these datasets and predict host phenotype and potential disease risks. This view takes into account that system components (modules, layers) cannot be considered from isolated perspectives[127]. In this regard, Meta-OMIC modeling and network-view approaches are just beginning to emerge to characterize oral microbiome dynamics and predict health and disease states [64, 126, 128]. However, there is a clear necessity for more applications of such models into risk assessment in the early oral cavity. Moreover, given the difficulty of implementing mechanistic views of disease onset in the early oral cavity, meta-OMIC network modeling becomes an attractive tool to understand ecosystem functioning and potential causal factors [129]. In this regard, efforts in assessing disease biomarkers in the early oral cavity are already exploiting machine learning models for disease risk prediction [101]. However, these efforts have been so far limited to microbial community composition analyses.

iii) Studies that not only include cross-sectional but also longitudinal data in larger cohorts

Most of the molecular and meta-OMIC based reports on the oral microbiome in health and disease have traditionally relied on small cohorts. This scenario may improve as sequencing and other high-throughput techniques decrease in cost, which will result in improved resolution power. Likewise, efficient risk assessment for individuals and specific vulnerable populations may require longitudinal approaches [83], which is key to identify valid biomarkers of disease in real time (pre and post disease) [130, 131]. In this regard, the use of larger cohorts, in combination with longitudinal sampling, has revealed the corresponding weight shared environment and genetics have on the early oral microbiome [46]. Furthermore, despite the realization that there may be little geographic structure in global diversity patterns in the human salivary microbiome [4], global surveys of diverse human populations at a larger scale may provide important clues to better understand the influence of cultural and genetic factors in impacting health and disease [132].

iv) Need for standardization of technical methods: An issue that spans all areas of microbiome research in general

The necessity to find reproducible results, and the ability to compare different datasets are huge challenges that the microbiome field faces today [133]. These concerns have increased efforts to evaluate better sample storage methods [134–137], to select appropriate phylogenetic markers and techniques and effectively assess microbial community composition [138] and build comprehensive databases for the vast number of uncharacterized and uncultured oral organisms (e.g. The Human Oral Microbiome Database (HOMD) [139] and the Core Oral Microbiome Database (CORE) [140]). As all microbiome fields (and researchers) make significant progress towards standardization of methods, the chances for better risk assessment and prediction of oral disease in children will improve significantly.

Conclusion: The future of microbiome studies for oral health and childhood diseases

As the challenges mentioned above are surpassed, microbiome research on early oral health and disease should move beyond profiling oral community patterns in cross-sectional and longitudinal cohorts. For instance, as we standardize techniques to find valid oral disease biomarkers, efforts should be focused on using biomarker information to apply effective therapeutics in specific individuals and populations at most risk. Specially, the concept of precision medicine has been proposed to minimize health disparities in the most vulnerable populations, taking into account subject-specific variability in genes and environment [83]. Along these lines, we are already making efforts to identify oral microbial markers at increased taxonomic depth and diversity coverage, a particularly relevant issue in oral disease. For instance, the improved Human Oral Microbiome using next generation sequencing (HOMINGS), from the Forsyth institute (<http://forsyth.org>) [122], harbors a well-curated collection of sequences from oral bacteria at the species level, allowing researchers to accurately expand marker identification in the highly diverse oral ecosystem. Likewise, more rigorous studies on infant twin cohorts and using genome-wide analyses,

host gene expression levels and deep sequencing in the oral cavity could provide clues on the extent to which oral disease in children is explained by heritable or environmentally-acquired taxa. Finally, researchers involved in oral microbiome research should visualize the value of oral samples beyond the oral cavity - a key concept in the era of applied meta-omics and personalized medicine.

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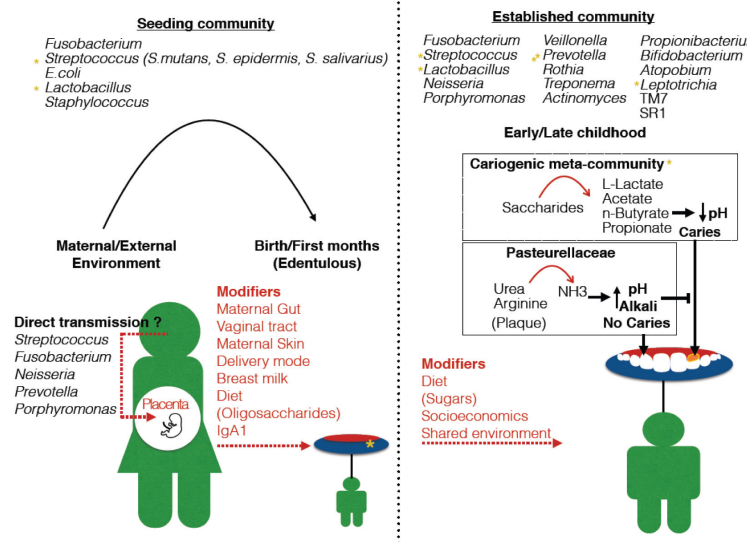


Figure 1.

Oral microbiome development, maturation, and emergence of oral disease markers. The early oral microbiome is mainly shaped by maternal stimuli including a possible signal from the maternal oral cavity (via placenta), as well as her gut, skin and vaginal microbiomes. During the first months, diet further modifies the oral microecosystem, specifically as far as oligosaccharides present in formula and breast milk and Immunoglobulin A1 from the later. These maternal and dietary stimuli give rise to the seeding oral community of infants, which include potentially cariogenic bacteria (e.g. *S. mutans*). Later in childhood, diet and environment determine the mature oral microbiome, which increases significantly in diversity including colonization with potentially cariogenic taxa. This stage is also critical for the emergence of oral disease, with sugar consumption and fermentation by potentially cariogenic taxa (along with an acidic pH) being the main determinants. However, the establishment of oral caries may be reversed by ureases encoded by certain commensals in plaque (e.g. Pasteurellaceae).

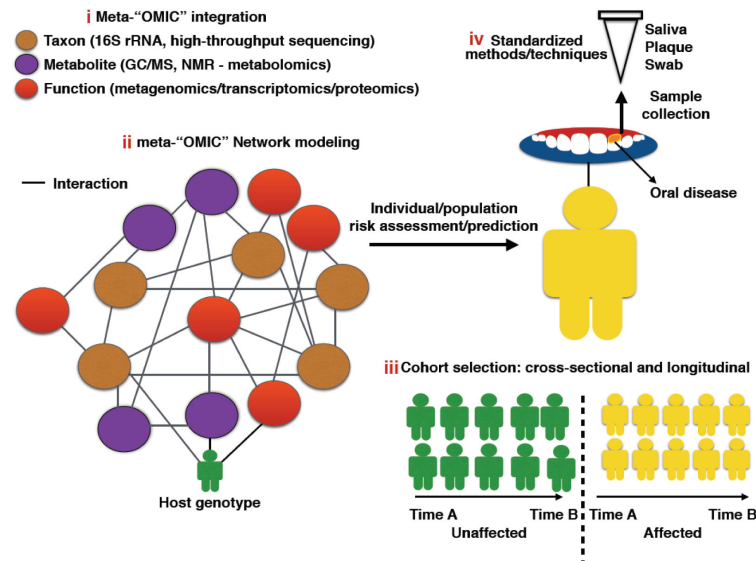


Figure 2.

Biomarker discovery and translational preventive therapeutics in oral and systemic health. Effective risk assessment of oral disease and diagnostics precision at the individual level and specific populations at risk may be accomplished by implementing a framework that builds on four main stakes: i) High resolution tools to study the oral microbiome at the compositional and functional levels (“omic” techniques that simultaneously unravel community composition, potential and encoded functions); ii) Effective meta-omic integration modeling to extrapolate/translate the data to ecosystem (host) phenotype (Computational and statistical models to integrate various “omic” datasets and algorithms that allow risk prediction based on meta-omic integration networks); iii) Studies that not only include cross-sectional but also longitudinal data in larger cohorts (Valid biomarkers of oral disease in real time (pre and post disease) and at a global scale); and iv) Standardization of methods (Sample storage methods, standardization of phylogenetic markers and sequencing techniques, building of comprehensive oral microbe databases).