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# Cancer Cell Metabolism and the Modulating Effects of Nitric Oxide

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# Abstract

Altered metabolic phenotype has been recognized as a hallmark of tumor cells for many years, but this aspect of the cancer phenotype has come into greater focus in recent years. NOS2 (inducible nitric oxide synthase of iNOS) has been implicated as a component in many aggressive tumor phenotypes, including melanoma, glioblastoma and breast cancer. Nitric oxide has been well established as a modulator of cellular bioenergetics pathways, in many ways similar to the alteration of cellular metabolism observed in aggressive tumors. In this review we attempt to bring these concepts together with the general hypothesis that one function of NOS2 and NO in cancer is to modulate metabolic processes to facilitate increased tumor aggression. There are many mechanisms by which NO can modulate tumor metabolism, including direct inhibition of respiration, alterations in mitochondrial mass, oxidative inhibition of bioenergetic enzymes, and the stimulation of secondary signaling pathways. Here we review metabolic alterations in the context of cancer cells and discuss the role of NO as a potential mediator of these changes.

## Keywords

Nitric Oxide; metabolism; cancer; energy; proliferation; mitochondria; glycolysis

# Introduction

Nitric oxide (NO) has been implicated in cancer biology and tumor progression for many years. From discoveries of the mutagenic activities of nitrosamines to the effect of nitric oxide synthase inhibitors in various cancer models, there has been much activity in this area. This review focusses primarily on breast cancer and breast cancer models, and also on the old and yet emerging concept of bioenegetic and metabolic modulation. There is new and exciting evidence that inducible nitric oxide synthase (iNOS) is an important mediator of tumor aggressiveness in breast, and other, cancers. This review brings together this observation with other observations of the effect of NO on cellular bioenergetics to suggest

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the basic thesis that the modulation of cellular metabolism and bioenergetics by NO could be a component of its effect on cancer progression. While this review primarily focusses on iNOS, it should be noted that other NOS isoforms, particularly eNOS have also been implicated in tumor aggressiveness in breast cancer [1,2].

We first review metabolic alterations in cancer cell metabolism and bioenergetics, and then in the second part discuss how NO could modulate or mediate some of these changes.

#### **Bioenergetics, Metabolism and Breast Cancer**

Breast cancer, a malignant tumor originating from breast tissue, is the most common cancer diagnosed and the second leading cause of cancer-related mortality among American women [3]. With sustained investigation of the molecular mechanisms of breast cancer progression and development of anti-cancer therapies, the death-rate of breast cancer has dropped dramatically in the last decades. However, it is estimated that every woman in the United States has a 12 % lifetime risk of developing breast cancer. In addition, several types of breast cancers, for example triple negative breast cancer (which lacks expression of estrogen receptor, progesterone receptor, and HER2/neu receptor) either have, or develop, resistance to some of the most effective therapies, clearly indicated a need for targeted, and perhaps individualized, therapies for such pathologies. Therefore, understanding the mechanisms that underlie tumor aggressive and identifying the virulence factors for breast tumor progression are critical in the development of more effective and less toxic therapies.

#### **Bioenergetics in cancer**

Cancer is a disease caused by a heterogeneous collection of dysregulated cellular signaling processes involved in cell proliferation and homeostasis, arising in multiple tissues, and caused by a combination of genetic mutations and/or internal or external oncogenic stimuli [4,5]. Cancer etiology is a multi-step process and cancer cells acquire the following characteristics: uncontrolled growth in the absence of growth signals, resistance to anti-proliferative signals, evasion from apoptosis, limitless replication, development of new blood vessels (angiogenesis), and invasion to surrounding tissue and metastasis to distal organs. These six phenotypes were described as classic hallmarks of cancers by Hanahan and Weinberg in 2000 [6]. A decade later, the reprograming of energy metabolism and immune evasion have been considered as two additional emerging hallmarks of cancers [7]. It is well recognized that cancers have altered energy metabolism which fuels aberrant cancer cell proliferation [8–11]. Additionally, the reprogramming of energy metabolism has been associated with activated oncogenes or inactivated tumor suppressors, and contributes to aggressive cancer phenotypes, highlighting the important role of bioenergetic modulation in tumor progression [12–16].

#### Overview of energy metabolism

Glucose is a major energy substrate for cells to generate adenosine triphosphate (ATP) for multiple cellular processes in supporting cell functions, cell growth, and cell division. Cells take up glucose through glucose transporters (GLUT) and then it is metabolized to pyruvate by glycolytic enzymes. This process, called glycolysis, generates pyruvate, ATP, and

reduced nicotinamide adenine dinucleotide (NADH). The pyruvate is then transported into mitochondria and converted to acetyl-CoA, which is directed to the tricarboxylic acid cycle (TCA cycle), to generate NADH and FADH<sub>2</sub>. These reduced nucleotides are oxidized through oxidative phosphorylation (OXPHOS) by the mitochondrial electron transport complexes to generate an electrochemical proton gradient that ultimately drives ATP production. The electrons donated by NADH or FADH<sub>2</sub> reduce oxygen to water. The efficiency of ATP production by OXPHOS is almost 18 times higher than that by glycolysis [17], thus OXPHOS is the major cellular process of energy transduction in the presence of oxygen. Other metabolic substrates (lipids, amino acids) ultimately feed electrons into the electron transport chain and all require a functional electron transport chain to generate ATP. Consequently the presence of oxygen is essential to generate ATP from these substrates.

In the absence of oxygen ATP cannot be formed via mitochondria, so glycolysis becomes its major source. However glycolysis would soon be halted by the reduction of the NAD<sup>+</sup>/ NADH redox couple as NAD<sup>+</sup> is required in the pathway. Although the cytosolic and mitochondrial pools of NADH are isolated, cytosolic NADH electrons can still be fed into the electron transport chain via metabolic shuttles. Under anaerobic conditions, where the electron transport chain is not functioning, cytosolic NADH cannot be oxidized in this manner. Consequently an additional reaction is required to oxidize cytosolic NADH; namely the reduction of pyruvate to lactate catalyzed by lactate dehydrogenase. ATP production can thus be sustained at the expense of lactate production.

#### Metabolic alterations in cancers

Most cancer cells have increased reliance on glycolysis for ATP production and secrete significant glucose-derived carbon as lactate even in the presence of normal oxygen levels. This observation was first described by Otto Warburg in 1920s and the phenomena is known as the Warburg effect [18,19]. It was proposed that an impairment of OXPHOS in mitochondria caused the Warburg effect in tumor cells [20]; however, many tumor cells have no obvious impairment of OXPHOS [21] and mutations in mitochondrial proteins are rare in cancer. Furthermore, aerobic glycolysis is not unique to tumors. Studies reveled that in proliferating cells, such as proliferating lymphocytes, 90% of glucose was converted to lactate [22–24]. Even though there are similarities between tumor cells and normal proliferating cells with respect to bioenergetic pathways, there are also differences. Accumulating studies show that in addition to the up-regulation of glycolysis, many metabolic pathways are also modulated in tumors. Such metabolic alterations, caused by oncogenic mutations in combination with microenvironmental stimuli, strongly associate with cancer progression [25–27]. Here, several known alterations of metabolic processes in cancer cells will be discussed, including contributions from mutations of metabolic enzymes and oncogenic pathways. Several metabolic alterations in cancers will be discussed in the following sections, however, it is not appropriate to apply the list to all cancer cells, because individual cells may acquire different combination of metabolic modulations during tumorigenesis [28,29].

Why cancer cells exhibit altered metabolic rewiring remains an open question but there are several leading concepts. Much early thought on this was understandably ATP-centric. It has

been suggested, for example, that although glycolysis is an inefficient way to generate ATP from glucose, it may be faster and be required for increased ATP demand during proliferation [30]. More recently the focus has shifted away from ATP to the idea that bioenergetics and metabolism are intricately linked, and the same metabolic processes that are used to make ATP are also used to generate non-essential metabolites used to build the carbon polymers essential for proliferation [30,31]. Ribose nucleotides, non-essential amino acids, heme, and other essential biomolecule synthesis pathways are all sub-branches of the basic bioenergetic tree, and the observed metabolic rewiring may facilitate the diversification of the cellular metabolome required for rapid proliferation. Put simplistically, carbon dioxide, the oxidation product of aerobic metabolism is not very useful to a proliferating cell.

It is also possible that cancer cells become glycolytic for the purpose of generating lactate. Local lactic-acidosis appears to contribute to tumor progression through multiple mechanisms including facilitation of matrix disruption and the increase of metastatic potential. The lactate export monocarboxylate transporters, are considered potential therapeutic targets. [32]

#### Modulations in glycolysis

Many tumors have higher rates of glucose uptake than non-transformed tissues, and this metabolic feature has been applied for clinical tumor imaging, such as <sup>18</sup>F-2-deoxyglucose (FDG) accumulation detected by positron emission tomography (PET) [33]. Glucose is taken up through GLUTs and metabolized to pyruvate. Pyruvate produced from the glycolysis is either fed into the TCA cycle and OXPHOS or is converted to lactate by lactate dehydrogenase in the expense of NADH. The lactate is transported to the extracellular space through plasma membrane monocarboxylate transporters (MCTs). As mentioned above cancer cells have increased reliance on this latter pathway and increased expression of GLUTs, lactate dehydrogenase (LDH-A), and MCTs. Moreover, elevated expression of these proteins has been reported in in several cancers and is associated with cancer progression [34–38].

The first step of glycolysis is the phosphorylation of glucose to glucose-6-phosphate (G-6-P) catalyzed by hexokinases (HKs), consuming ATP. There are four isoforms of HK (HK I–IV) expressed in different tissues/cells and subcellular localizations [39]. The over-expression of HK II has been found in many tumors facilitating glycolysis and associated with cancer progression [40]. A predominant fraction of HK II binds to the voltage-dependent anion channel (VDAC) in the mitochondrial outer membrane [41] and this interaction increases the efficiency for G-6-P production in tumors by decreasing of the sensitivity of G-6-P product inhibition [42], increasing the accessibility to ATP generated by mitochondrial OXPHOS [43], and increasing the stability of HK II protein [44]. In addition, the binding of HK II decreases the available binding sites on VDAC for pro-apoptotic factors (such as Bax); thereby preventing cytochrome *c* release and apoptosis [45]. Therefore, the increased mitochondria-bound HK II contributes not only to the glycolytic phenotype of tumors but also to apoptosis resistance.

The third step of glycolysis involves phosphorylation of fructose-6-phosphate by phosphofructokinase. Quantitative and qualitative changes to phosphofructokinase-1 (PFK-1) are also linked to cancer progression. PFK-1 phosphorylates fructose-6-phosphate to fructose-1,6-bisphosphate in the glycolytic pathway. There are three human PFK-1 isoforms, PFK-M, PFK-L, and PFK-P [46] and increased PFK-1 activity and isoform switch have been associated to cancer malignancy [47,48]. The mechanisms of isoform switching in cancer progression are still unclear. PFK-1 activity can be regulated by many cellular metabolites. One of the potent activators of PFK-1 is fructose-2,6-bisphosphate (F-2,6-BP) generated by phosphofructokinase-2 (PFK-2) [49,50]. Increased expression of PFK-2 (also known as PFKFB3) has been shown in cultured cancer cell lines and primary tumor tissues [51]. Silencing of the PFK-2 gene or administration of PFK-2 inhibitors decrease cancer cell growth indicating the important regulatory role of PFK-2 in cancer metabolism [52,53] and its potential as a drug development target [54].

Pyruvate kinase (PK) is the other glycolytic enzyme linked to tumorigenesis [55]; however, its contribution to tumorigenesis via accelerating glycolysis is in debate. PK catalyzes the dephosphorylation of phosphoenolpyruvate with the production of ATP and pyruvate. Four isoforms exist in human: type L, type R, type M1, and type M2. PK-M2 is the dominant isoform expressed in tumor cells/tissues which enhances glycolysis and lactate production, and PK-M2 expression increased tumor growth in a xenograft mouse model indicating its role in tumor formation [56]. Conversely, recent PK-M2 knockdown studies showed that PK-M2 is not necessary for all tumor cell growth *in vivo* [57,58] suggesting other roles of PK-M2 beyond its glycolytic function may play important roles in tumorigenesis, such as diversion of glycolytic flux to the pentose phosphate pathway (PPP) supporting tumor cells survival under oxidative stress [59].

The PPP is the metabolic process leading to the generation of 5-carbon sugars and NADPH (reduced nicotinamide adenine dinucleotide phosphate) for anabolic processes. NADPH is not only the cofactor for lipid and nucleotide synthesis, but also for regeneration of glutathione (GSH) and maintenance of cellular redox balance. It has been shown that activation of the PPP prevents oxidative stress-induced cell death in tumors [60–62]. As mentioned previously, PK-M2 inactivation by reactive oxygen species (ROS) increased amounts of upstream metabolites in glycolysis beneficial for biosynthesis of amino acids and phospholipids, and increased shunting of G-6-P to the PPP for nucleotide biosynthesis and NADPH production [63,64]. Therefore, the up-regulation of glycolysis and the PPP has several advantages for cancers: increase of metabolic intermediates for biosynthetic reactions (e.g. fatty acid, nucleotides, and amino acids), rise in detoxification capacity for ROS, and evasion of apoptosis.

#### Metabolic alterations in the TCA cycle

The TCA cycle serves two important roles in cell metabolism: deriving maximal ATP production from oxidizable metabolites and generating metabolic intermediates for biosynthesis pathways. Proliferating cells and tumor cells generate substrates for biosynthesis of lipids and amino acids, and NADPH through the TCA cycle. During fatty acid synthesis, mitochondrial citrate, one of the intermediates in the TCA cycle, is first

transported out to the cytosol and then converted to oxaloacetate (OAA) and acetyl-CoA by ATP citrate lyase (ACL). The acetyl-CoA is then used for fatty acid synthesis, while the OAA is converted to malate by cytosolic malate dehydrogenase at the expense of NADH. The malate can then be converted to pyruvate by malic enzyme, generating NADPH. Increased either ACL or fatty acid synthase (FASN) have been associated to tumor growth [65,66]. In addition, the citrate removed from the TCA cycle by fatty acid synthesis can be replenished by glutamine metabolism. Glutamine can be converted to a-ketoglutarate (a-KG) via glutaminolysis and a-KG can then be diverted into the TCA cycle and metabolized to citrate. Many tumors highly rely on glutamine and increased expression of enzymes involved in glutaminolysis have been identified in tumors [67–69]. In addition, glutaminolysis elevates the TCA intermediate malate which can then be transported to the cytosol and converted to pyruvate by cytosolic malic enzyme accompanied with NADPH production. The glutamine addiction phenomenon in tumors illustrates the important role of glutamine metabolism in fueling biosynthetic pathways in supporting tumor growth.

Generally, mutations of metabolic enzymes in the TCA cycle are rare in tumors. One such mutation related to tumorigenesis is in the enzyme isocitrate dehydrogenase (IDH). It has been shown that the mutations of genes encoded cytoplasmic and mitochondrial IDH (IDH1 and IDH2 respectively) are increased and associated with tumor progression, especially in glioblastoma and acute myeloid leukemia (AML) [70,71]. Wild type IDH converts its substrate, isocitrate, to α-KG; however, the IDH mutants lose this enzymatic activity. Instead, they gain the function of metabolizing α-KG to 2-hydroxyglutarate (2-HG), an oncometabolite [72]. 2-HG is a competitive inhibitor for α-KG-dependent oxygenases, including TET family proteins, which are involved in DNA demethylation processes [73,74]. This leads to global DNA hypermethylation in IDH-mutant AML [75]. IDH1/IDH2 mutations links metabolism and epigenetic modification to tumor formation [76].

Reductive carboxylation of glutamine-derived  $\alpha$ -KG has been shown to support tumor cell growth with down-stream mitochondrial defects. This pathway converts  $\alpha$ -KG to citrate via isocitratae dehydrogenase – effectively running the TCA cycle in reverse. Thus glutamine is not just an important source of amine groups for the proliferating cell, but also a source of citrate and subsequent fatty acid synthesis [77]. This pathway is elevating under hypoxia [78] and requires bidirectional, oxidative and reductive pathways of  $\alpha$ -KG metabolism [79]

#### Oncogenic signaling and the regulation of cancer metabolism

**Phosphoinositide 3-kinase (PI3K) pathway**—The PI3K pathway is downstream of receptor tyrosine kinases activated by growth factors, and controls cell proliferation and survival in cooperation with energy metabolism. PI3K signaling is one of the most frequently altered pathways in cancers, and aberrant activation of this pathway by amplification or mutations in genes of its regulatory components has been reported in tumors [80–82]. This also contributes to the glycolytic phenotype in cancers [83]. PI3K activates one of its downstream effectors Akt (also known as protein kinase B), and Akt stimulates glycolysis by directly stimulating glycolytic enzyme activities [84,85] and/or increasing glycolytic enzyme expression via the serine/threonine kinase mammalian target of rapamycin (mTOR). Akt stimulates mTOR signaling by phosphorylation and inhibition of

its inhibitor tuberous sclerosis 1/2 complex (TSC1/TSC2) leading to the translation of hypoxia inducible factor  $1\alpha$  (HIF- $1\alpha$ ) [86]. HIF- $1\alpha$  is an important transcription factor regulating many glycolytic protein expressions and will be discussed later.

Increased fatty acid synthesis is associated with poor diagnosis in many cancers [87,88]. FASN expression can be activated by either PI3K/Akt or mitogen-activated protein kinase (MAPK) pathways [89–92]. Increased metabolic intermediates and the reducing equivalent NADPH from the PPP and glutaminolysis can be diverted to fatty acid synthesis. The substrate of FASN for fatty acid synthesis, acetyl-CoA can be generated by activation of ACL via Akt phosphorylation [93,94]. Taken together, activation of PI3K signaling directly affects glycolysis and biosynthetic pathways including fatty acid synthesis in cancers.

#### Transcription factors in metabolic regulation

HIF-1a—HIF1 signaling is one of the most common dysregulated pathway in cancers and the aberrant activation is associated with cancer progression [95]. HIF1, a heterodimer protein consisting of HIF-1 $\alpha$  and HIF-1 $\beta$ , acts as a transcription factor, binding to hypoxia response elements (HREs) of promoters and activating downstream gene expression in response to hypoxic conditions. HIF1 signaling is mainly controlled at the level of HIF-1a. The stability of HIF-1a is controlled by oxygen tension. In the presence of oxygen, proline residues (at Pro-402/Pro-564) of HIF-1a are hydroxylated by prolyl hydroxylase domain proteins (PHD), which use oxygen and  $\alpha$ -KG as substrates and produce CO<sub>2</sub> and succinate. Prolyl hydroxylated HIF-1a is then recognized by the von Hippel-Lindau tumor suppressor (VHL), an E3 ubiqutin ligase, and subjected to proteasomal degradation [96-98]. Under hypoxic conditions, the PHD-dependent hydroxylation of HIF-1a is inhibited because of the lack of oxygen, and the stabilized HIF-1 $\alpha$  can associate with HIF-1 $\beta$  leading to the transactivation of metabolic proteins responsible for the adaptation responses under hypoxia, including glucose transporters, glycolytic enzymes, LDH-A [99-102], MCT-4 [103], and PDK [104]. In cancers, hypoxia-independent activation of HIF1 signaling has three major etiologies: 1) the regulation of PHD activity 2) VHL loss-of-function 3) increase of HIF-1a expression. Functional mutations of the TCA enzymes, fumarate hydratase (FH) and succinate dehydrogenase (SDH), cause the accumulation of fumarate and succinate, which competitively inhibits PHD [105,106]. Interestingly, fumerate is able to react with glutathione to form succinated glutathione, which can impact mitochondrial superoxide production [107]. Loss-of-function in IDH1 mutants results in decrease of conversion of isocitrate to a-KG, leading to the reduction of a-KG which is required for PHD-dependent HIF-1a hydroxylation [108]. VHL mutations are found in renal carcinoma with the stabilization of HIF-1a [109]. ROS accumulation can also stabilize HIF-1a, partly caused by the inactivation of the nonheme iron(II) catalytic center of PHD [110,111]. Increased levels of nitric oxide (NO) have been associated with HIF-1 $\alpha$  accumulation under normoxia [112]. In addition, the over-activation of PI3K/Akt/mTOR signaling increases HIF-1a. expression and contributes to the glycolytic phenotype in cancers [113]. A short summary is shown in Figure 1.1.

**Myc**—c-Myc (Myc) is a transcription factor regulating genes involved in a broad range of cellular activities in cell proliferation, and also energy metabolism [114]. Constitutively

activated Myc by gene amplification, translocation, and mutations have been found frequently in many cancers [115]. Myc directly transactivates the genes in glycolysis and contributes to the glycolytic phenotype [116]. Myc also increases PK-M2 expression via the up-regulation of RNA splicing factors, which promotes RNA splicing for the expression of PK-M2 [117] and leads to the increase of glycolytic intermediates and flux to the PPP for nucleotide synthesis and NADPH production [118]. Myc also contributes to the glutaminolytic phenotype in tumors via transactivation of the glutamine transporter ASCT2 and glutaminase [119]. Moreover, Myc stimulates mitochondrial biogenesis through direct activation of nuclear encoded genes involved in mitochondrial biogenesis [120–122]. Therefore, Myc is the metabolic regulator in boosting cellular energetic metabolism for cell proliferation and the constitutively active mutant contributes to tumor metabolic phenotypes.

**p53**—Transcription factor p53, a well-known tumor suppressor, participates in repairing or preventing cellular damage triggered by intrinsic or extrinsic stresses and controls cell fate. The function of p53 has also been extended to regulate energy metabolism, including glycolysis, glutaminolysis, OXPHOS, and fatty acid metabolism [123]. In contrast to HIF-1a and Myc, p53 generally functions as a negative regulator of glycolysis and fatty acid synthesis, and positive regulator for mitochondrial respiration and fatty acid oxidation that fits in its role as tumor suppressor. Actions on glycolysis inhibition by p53 include: 1) inhibition of GLUTs transcription [124], 2) downregulation of glycolytic enzymes including phosphoglycerate mutase, which converts 3-phosphoglycerate to 2-phosphoglycerate [125], 3) induction of the expression of TP53-induced glycolysis and apoptosis regulator (TIGAR), which acts as a bisphosphatase that decreases F-2,6-BP levels, a potent activator of PFK1, and dampens glycolytic flux [126,127], 4) downregulation of pyruvate dehydrogenase kinase 2 (PDK2) expression leading to decreased phosphorylation of pyruvate dehydrogenase complex (PDC) and increased PDC activity. PDC converts pyruvate to acetyl-CoA which then can be fed into the TCA cycle. In addition, p53 favors OXPHOS not only by increasing the levels of acetyl-CoA, but also by transcriptional activation of the SCO2 (synthesis of cytochrome c oxidase) which helps cytochrome c oxidase assembly to facilitate OXPHOS [128]. Glutamine metabolism is also controlled by p53 via the induction of the expression of mitochondrial glutaminase GLS2 which leads to increased cellular glutamate,  $\alpha$ -KG, and mitochondrial respiration [129]. p53 is also an important regulator in lipid metabolism. Carnitine palmitoyltransferase 1C, a protein responsible for transporting fatty acids to mitochondria for fatty acid oxidation, can be upregulated by p53 resulting the increase of fatty acid oxidation and ATP production [130]. p53 suppresses fatty acid synthesis by negatively regulating sterol regulatory element-binding protein-1 (SREBP-1), a key transcriptional regulator of lipogenic enzymes including FASN and ACL [131]. The effects of p53 on cellular metabolism are enormously complicated and this is still a growing area for investigation. Generally, p53 acts like a reverse Warburg effect- decreases glycolysis and increase of OXPHOS (general summary in Figure 1.2); as one can imagine, the inactivation of p53 in many tumors contributes to the Warburg effect, at least in part.

To summarize, the common features and benefits of altered metabolic pathways are illustrated in figure 1.3 in many cancers include: up-regulation of aerobic glycolysis for ATP production and biomass synthesis, suppression of mitochondrial OXPHOS, increase of

metabolic flux to PPP for production of nucleotide precursors and NADPH, and utilization of glutaminolysis to replenish TCA intermediates for fatty acid synthesis and NADPH production. The metabolic reprogramming is optimized to meet the need for cell proliferation by stimulation of the carbon flux to biosynthesis pathways, and increase of NADPH for anabolism and oxidative defense [132].

#### Nitric Oxide and Cancer Metabolism

In the second half of this review we will discuss how the intrinsic biological chemistry of NO is able to modulate cellular metabolism. We will first discuss biological targets of NO and mechanisms by which it is able to alter cellular bioenergetics and metabolism.

#### NO-dependent signaling mechanisms

**The reactivity of NO**—One of the most abundant and well disseminated myths concerning NO is that it is highly reactive. Granted, "highly reactive" is a relative term and in comparison with the majority of biomolecules this epithet may be somewhat justified, however, compared to many other free radicals NO is remarkably unreactive. Most importantly it does not react with itself to any appreciable amount. The NO dimer  $(NO)_2$  is only 1–2 kcal/mol lower in energy than NO {5938} and pure NO is a stable gaseous molecule at room temperature and pressure. Indeed when one contemplates relatively stable biologically-relevant free radicals, one has to consider much more complex organic structures, such as flavin radicals and protein radicals, which only exist stably in intricately defined environments. Other small molecule inorganic radicals that are often implicated in biological processes such as hydroxyl radical, chloride radical, and even superoxide, selfannihilate with rate constants in excess of  $10^5 \,\mathrm{M^{-1}s^{-1}}$  {5939}, and in most cases close to the diffusion limit. The other important concept here is that "reactivity" is almost entirely defined by the magnitude of second order rate constants between two molecules. Nitric oxide reactivity spans the entire gamut of the second-order range constants giving NO its highly selective reactivity that allows it to diffuse unscathed through a sea of biomolecules until it collides with a molecule with which it can rapidly react.

**Molecular targets of NO**—In order for NO to act as a signal it must be sensed. Most signaling molecules are sensed through non-covalent interactions with receptor proteins, resulting in a conformation change in the receptor that subsequently triggers a down-stream response. The interactions between receptor and ligand usually take the form of hydrogen bonds and this interaction is often referred to as 'binding' as the dissolution of the hydrogen bonds allows release of the intact ligand. It has long been understood that metal ions make the best NO 'receptors' as the unpaired electron of NO can interact with a d-orbital electron to make an inorganic complex {4404}. A major biological target for NO appears to be ferrous heme iron. NO reacts with ferrous heme groups to form iron nitrosyls which generally are very stable species. However, as with hydrogen bonds, the d-orbital bond has a probability of spontaneously breaking, allowing release of NO, and so again this interaction could be termed 'binding'. The iron nitrosyl of hemoglobin, for example, has a binding constant in excess of  $10^{10}$  M, with an on rate of  $5 \times 10^7$  M<sup>-1</sup>s<sup>-1</sup> and an off rate less than  $10^{-3}$  s<sup>-1</sup> {4093}. Any ferrous heme protein with a vacant coordination site is likely a

potential NO "receptor". The classic example of this interaction occurs in the canonical pathway of NO signaling with soluble guanylyl cyclase (sGC) as the receptor {3985}, although studies indicate that this is not the whole story of NO-dependent sGC activation {5449}. In addition, the binding of NO to the heme/Copper center of the terminal electron transfer complex, cytochrome c oxidase, has been highlighted as a mechanism by which NO may alter cellular metabolism and consequently modulate a multiplicity of cellular processes {1099}. Other metallo-proteins, such as ferric iron, iron-sulfur clusters, copper and zinc ion-containing structures may also be targets for NO, but the underlying chemistry is more poorly resolved and no such proteins have been generally regarded as 'NO receptors'.

The other major molecular targets of NO are other free radicals. Although relatively unreactive with itself, NO reacts with other free radicals with lightning speed. Perhaps the best studies such reaction is that between NO and superoxide which generates the strong biological oxidant, peroxynitrite {474}. Much has been explored and written concerning the biological fate and consequences of peroxynitrite formation, but suffice to say that this reaction combines two rather innocuous free radicals into a non-radical molecule with a much greater propensity for bio-molecule oxidation {5878}. Other NO-radical interaction include those with lipid-derived radicals, where NO can potently inhibit lipid oxidation but lead to the generation of nitro-lipid species {81}. Finally, NO may also react with molecular oxygen. This latter reaction generates nitrogen dioxide, a potent biological oxidant, but its role in the biological chemistry of NO is uncertain. This is because the reaction is kinetically third order, and very slow at physiological levels of NO and oxygen {288}{4148}. It should be highlighted that a major danger of using non-physiological levels of NO and oxygen in model systems is that the NO/oxygen reaction will be emphasized and the oxidative and damaging effects of NO, via nitrogen dioxide formation, may overwhelm more physiological pathways.

The formation of peroxynitrite and nitrogen dioxide lead into the domain of redox signaling which can be loosely (but perhaps not completely) defined as the propagation of cellular signals by the oxidation and reduction of protein cysteinyl thiols {5487}. Often vicinal thiols are oxidized to form a disulfide by a small-molecule oxidant, which then can be reduced by the cellular reducing machinery with electrons ultimately derived from NADPH. The oxidized and reduced forms of the protein then have different function that can act as a signal per se or modulate other signaling mechanisms. In addition to the thiol/disulfide switch, several different types of thiol modifications have been recognized and one of these, S-nitrosation, is NO specific {5458}{124}. There is an abundance of discussion on S-nitrosation as an NO-dependent post-translational thiol modification have identified numerous proteins that are susceptible to S-nitrosation {5940}. S-nitrosation is a very attractive mechanism by which the observed pleotropic nature of NO can be rationalized at the molecular level, and strong evidence exists for the participation of this post-translation modification in cellular signaling events.

#### The effect of NO on tumor biology

The effect of NO on cellular signaling appears to be dependent on the concentration and duration of NO exposure under the influence of the cellular microenvironment. The NO levels needed to elicit specific cellular responses correlate well with the observed biphasic effect of NO on tumor biology [133-135]; low concentrations of NO stimulate tumor proliferation and high NO levels elicit tumoricidal activity [136]. The potential molecular mechanisms by which NO promotes tumor progression in breast tumors have been demonstrated at various NO levels. Low to medium levels of NO (<300 nM) mediate cell proliferative and protective responses via cGMP signaling, mTOR activation, phosphorylation of Akt, and stabilization of HIF-1a, and these signaling events have been associated with the promotion of tumor proliferation, migration and angiogenesis [137–142]. NO-induced PI3K/Akt activation at NO concentrations of 100-400 nM has been shown to be mediated by phosphorylation and/or tyrosine nitration of TIMP-1 (tissue inhibitor matrix metalloproteinase-1), which activates pro-survival signaling through binding to the cell surface receptor CD63 complex [143]. NO at a level of 300 nM has been found to activate EGFR (epidermal growth factor receptor), Src kinase, and Ras by the mechanisms of nitrosation which leads to the suppression of tumor suppressor protein phosphatase 2A activity and/or the activation of oncogenic signaling pathways, including c-Myc, Akt,  $\beta$ catenin, and Ets-1 [144,145]. As NO levels increase above 300 nM, the increased phosphorylation of p53, a tumor suppressor, is observed indicating a cytostatic and/or apoptotic response can be expected. That observation is correlated to tumoricidal effects of high NO levels [146–148]. Suppression of DNA syntheses, disruption of iron homeostasis, inhibition of mitochondrial respiration, inactivation of ERK and Akt by increased expression and activity of MAP kinase phosphatase-1 (MKP-1), decrease of protein synthesis mediated by activation of protein kinase R, and activation of intrinsic apoptotic signaling have also been attributed to tumoricidal effect of high NO levels [149–153]. In addition, the effect of NO is also influenced by the sensitivity of target proteins to NO. For example, in human mammary adenocarcinoma MCF7 cells, HIF-1a is activated by NO immediately as long as the NO levels reach 100–300 nM [154]. On the other hand, phosphorylation of p53 requires at least 2 hours of NO exposure and the activation lasts long after the NO exposure [155]. Therefore, the NO targets can be classified into immediate-transient, immediate-sustained, delayed-transient, and delayed-sustained [156] which implicates the duration of NO exposure can lead to different biological responses. Furthermore, the redox environment also affects the behavior of NO. Reactive oxygen species (ROS), such as superoxide and hydrogen peroxide, generated during cell metabolism are recognized as signaling molecules and plays important roles in cancer progression [157]. It has been shown that NO signaling can be attenuated by superoxide [158–160]; therefore, any factor altering superoxide levels can modulate NO signaling that may convert a growth-inhibition phenotype to a pro-growth phenotype and vice versa [161,162]. Herein, the versatile biological responses elicited by NO can be attributed to the concentrations of NO at local environments and the type of molecular targets which NO or NO derivatives interact with.

#### The effect of NO on bioenergetics

NO has great impact on energy metabolism [163,164]. NO increases the energy substrates and oxygen availability to cells and tissues by increasing blood flow. NO also alters cellular

bioenergetics mediated by direct or indirect NO actions that modulate enzyme activities or signaling intermediates in metabolic pathways. Several known effects of NO on mitochondrial functions and the regulation of glycolysis will be discussed in the following sections.

Effect of NO on mitochondrial respiration—Mitochondrial respiration takes place in the mitochondrial inner membrane and is mediated by electron transport chain (ETC) complexes using the reducing equivalents (NADH and FADH<sub>2</sub>). Electrons donated from NADH or FADH<sub>2</sub> to the ETC via NADH- ubiquinone oxidoreductase (complex I) or succinate-ubiquinone oxidoreductase (complex II) are transferred to ubiquinone-cytochrome c oxidoreductase (complex III) by ubiquinone, then passed to cytochrome c oxidase (CcO, complex IV) via cytochrome c. At CcO these electrons reduce oxygen, the terminal electron acceptor, to form water. The electron transporting processes are coupled to the pumping of proton from the mitochondrial matrix into the intermembrane space and the consequent proton electrochemical gradient is used to generate ATP by ATP synthase (complex V). Extensive experimental evidence has shown that NO inhibits mitochondrial respiration in multiple ways through either direct or indirect modification on mitochondrial complex activities [165–167] and NO-mediated mitochondrial inhibition is associated with pathological conditions [168–173]. CcO is very sensitive to NO inhibition compared to other mitochondrial complexes and it has been shown that nanomolar concentrations of NO at physiological levels (1-200 nM) can inhibit mitochondrial respiration at CcO [174-177]. NO reversibly inhibits mitochondrial oxygen consumption by competing with oxygen at the CcO heme iron:copper (a<sub>3</sub>/Cu<sub>B</sub>) dinuclear center [178–182], and the inhibitory effect increases with the decrease of oxygen tension in respiring mitochondria. This illustrates the potential regulatory function of NO in modulating cellular respiration under physiological conditions [183–186]. It has also been reported that high levels of NO treatment or prolonged incubation can cause persistent inhibition of CcO caused by the S-nitrosation of cysteine residues in subunit II [187] and by decrease of CcO protein level [188,189].

Mitochondrial complex I can be inhibited by NO mainly through the indirect NO reactions of S-nitrosation [190,191] and/or tyrosine nitration [192,193]. NO-dependent inactivation of complex I is accelerated under hypoxia suggesting complex I inhibition may be enhanced under pathological conditions contributing to cell dysfunction [194]. Purified mitochondrial complex II can be inhibited by high levels of NO, possibly via the disruption of iron-sulfur complex [195]. Complex III activity can be reversibly inhibited by high levels of NO in purified enzymes or submitochondrial particles, but the mechanisms are unclear [196–198]. Tyrosine nitration in  $\beta$  subunit of complex V has been shown to inhibit the enzyme activity [199,200]. Taken together, mitochondrial respiration and ATP synthesis can be either reversibly or irreversibly inhibited by NO and NO derivatives. Persistently irreversible inhibition may be critical in pathological conditions; however, it has also been illustrated that the S-nitrosation of cysteine residues in complex I provides cytoprotective effects against heart ischemia-reperfusion injury by the reduction of reactive oxidants production [201,202].

NO and the TCA cycle—The TCA cycle involves a series of enzyme-catalyzed reactions in the mitochondrial matrix to generate reducing equivalents, NADH and FADH<sub>2</sub>, for ATP production by OXPHOS. In these reactions, the six-carbon molecule citrate is oxidized to the four-carbon molecule oxaloacetate (OAA) with the production of NADH and FADH<sub>2</sub>, and citrate is then regenerated using the acetyl group of acetyl-CoA and OAA Acetyl-coA is generated by pyruvate dehydrogenase complex (PDC) using pyruvate as the substrate; therefore, PDC couples glycolysis and the TCA cycle and it controls the flow of the TCA cycle. It has been shown that PDC can be inhibited by SIN-1, a peroxynitrite producing compound, in a concentration dependent manner and it is not reversible by treatment with dithiothreitol (DTT), a thiol reducing agent, suggesting that tyrosine nitration of PDC plays major role in the inhibition [203]. Aconitase is an iron-sulfur containing protein that catalyzes the isomerization of citrate to isocitrate and is a sensitive target of NO and NOderivatives. NO binds to the iron center and reversibly inhibits aconitase [204–206]. Peroxynitrite is a potent aconitase inhibitor and the inhibition is reversible by DTT and iron supplement [207,208] suggesting the inhibition is mediated by the oxidation of cysteine residue bound to the iron-sulfur center which facilitates the removal of iron from [4Fe-4S]<sup>2+</sup> cluster [209]. Tyrosine nitration on aconitase has been detected in purified protein treated with peroxynitrite or in animal models, but this modification seems not the major cause for enzyme inhibition [210-212]. S-Nitrosoglutathione (GSNO) can also inhibit aconitase but the reaction is irreversible and the mechanism is still unclear. S-Nitrosation reversibly inhibits aconitase activity in purified mitochondria treated with mitochondria-targeted Snitrosothiol Mito-SNO [213]. Hence, the NO-dependent aconitase inhibition is caused by the disruption and/or removal of iron from the iron-sulfur cluster center, at least in part. Further down the TCA cycle, IDH is inhibited in LPS-stimulated murine macrophage RAW264.7 cells that may be a result of protein S-nitrosation [214]. a-KG dehydrogenase converts a-KG to succinyl-CoA and produces NADH. It is reversibly inhibited by S-nitrosation [215] and peroxynitrite treatment, and N-acetyl cysteine (NAC, cell permeable cysteine supplementation for GSH synthesis) reversed peroxynitrite-mediated inhibition indicating a reversible thiol modification involved in the inactivation [216].

**NO and mitochondrial biogenesis**—NO plays important roles in mitochondrial proliferation. Mitochondrial biogenesis is mainly controlled at the level of transcription and can be stimulated by various factors, including exercise, caloric restriction, hormones, cytokines, and cold [217,218]. Calorie-restricted mice had increased eNOS expression, mitochondrial proteins, and mitochondrial respiration [219]; in addition, lower mitochondrial density in many tissues of eNOS knockout mice compared to wild-type mice indicates NO generated from eNOS plays an important role in the regulation of mitochondrial biogenesis [220]. The mechanism by which NO up-regulates mitochondrial biogenesis appears to be mediated by the activation of sGC. In some cell-types in culture the increase of mitochondrial proteins and mitochondrial DNA (mtDNA) content by NO, from NO donors or eNOS expression, were accompanied by an increase of cGMP and key transcription factors responsible for mitochondrial biogenesis programming. These include PGC-1a (peroxisome proliferator-activated receptor gamma coactivator-1a), NRF-1 (nuclear respiratory factor-1), and mtTFA (mitochondrial transcription factor A) [221,222]. Mitochondrial biogenesis can be stimulated by the addition of the cGMP analog (8 Br-

cGMP) and attenuated by ODQ (a sGC inhibitor) which indicates that NO-dependent mitochondrial biogenesis occurs via sGC-cGMP signaling. Additionally, NO-dependent PGC-1a activation and mitochondrial biogenesis were attenuated by eNOS knockdown [223]. NO-induced PGC-1a expression can also be mediated by AMPK activation in skeletal muscle cells exposed to nanomolar levels of NO [224,225] that may be caused by the AMPK-dependent phosphorylation of PGC-1a leading to an increase of PGC-1a transcription [226]. AMPK activation can also be mediated by mitochondrial ROS production driven by NO-dependent CcO inhibition which leads to the phosphorylation of CREB (cAMP-response-element-binding protein) and increase of PGC-1a transcription [227–231].

NO and glycolysis—A biphasic effect of NO on glycolysis has been reported, but such effects appear to be cell type-dependent. In general, low/physiological levels of NO stimulate glycolysis and high levels of NO inhibit it. NO stimulates glycolysis in astrocytes via mitochondrial inhibition, which results in AMPK activation, increase levels of F-2,6-BP, a potent PFK-1 activator, and glucose uptake [232,233]. This activation of glycolysis in astrocytes is cGMP-independent, and NO failed to stimulate glycolysis in neurons indicating the effect of NO is context-dependent [234]. NO-dependent stimulation of glucose uptake in insulin-sensitive skeletal muscle cells occurs through a different pathway that is cGMPdependent [235,236]. Furthermore, HIF-1a plays a role in NO-dependent activation of glycolysis. It has been shown that, under hypoxia, NO decreases HIF-1a stability by redistribution of oxygen from mitochondria respiration to other uses, such as for PHD activity leading to HIF-1a hydroxylation and proteasomal degradation [237]; In contrast, NO can create "pseudohypoxia" for HIF-1 activation under normoxia, and it plays an important role for tumor progression [238-241]. However, the mechanisms of NOdependent HIF-1a activation are still under investigation, and appear to depend on NO concentration and ROS generation [242-244]. Several mechanisms have been proposed including inhibition of PHD activity by NO interaction with the iron containing catalytic center, by the S-nitrosation of cysteine residues on PHD [245,246], and S-nitrosation of cysteine residues on HIF-1a resulting in stabilization of HIF-1a [247]. In addition, NO increases HIF-1a levels in astrocytes via PI3K/AKT/mTOR signaling leading to the upregulation of glycolytic enzymes and enhancement of glycolysis [248]. On the other hand, excess amounts of NO inhibit glycolysis. High flux of NO, for example under inflammatory conditions, increases the generation of NO derivatives which leads to the inhibition of glycolytic enzymes, including glyceraldehyde-3-phosphate dehydrogenase (GAPDH) and aldolase. GAPDH converts glyceraldehyde-3-phosphate to 1,3-bisphosphglycerate with the production of NADH. It has been shown that cells treated with NO donors or with Snitrosothiols exhibited either reversible or irreversible inhibition of GAPDH activity mediated by S-glutathiolation or S-nitrosation of cysteine residues [249,250]. GAPDH is also sensitive to peroxynitrite resulting in the inhibition of GAPDH activity through thiol oxidation or tyrosine nitration [251,252]. Aldolase, also known as fructose-bisphosphate aldolase, splits fructose-1,6-bisphoaphate to glyceraldehyde-3-phosphate and dihydroxyacetone phosphate. Aldolase can be inhibited by peroxynitrite or high levels of GSNO through tyrosine nitration [253,254]. Overall, glycolysis is stimulated by NO through signaling triggered either by mitochondrial inhibition, NO-sGC-cGMP, or HIF-1a.

Glycolysis inhibition generally occurs under high NO flux mediated by chemical modification of enzymes resulting in enzymatic inhibition.

#### Summary

Figure 1.3 summarizes many of the pathways discussed above. NO plays an important role in maintaining cellular energetic balance in response to various environmental situations. Under physiological conditions, NO increases the availability of oxygen and carbon substrates for cells by sGC/cGMP-mediated vessel relaxation; stimulates mitochondrial biogenesis through transcriptional regulation; elevates glycolytic metabolism mediated by AMPK and HIF-1 $\alpha$  signaling. The NO-dependent bioenergetic stimulatory effects are critical for tissue repair and other energy demanding conditions, for example inflammation and muscle contraction. In converse, NO can cause energetic suppression by persistent inhibition in mitochondrial respiration and glycolysis which is often observed under high NO flux.

# Significance

Up-regulation of NOS2 expression in breast and other tumors has been associated with tumor proliferation, migration, and angiogenesis [255,256], and NOS2 expression is positively correlated with tumor size, decreased tumor differentiation (increasing tumor grade), and poor prognosis in aggressive breast cancers suggesting the NOS2 expression may be an early event, and probably necessary for tumor progression [257-261]. The signaling events by which NO activates and promotes breast tumor progression have been illustrated in breast tumors [262-266]; however, the potential role of NO in breast tumor progression is still under investigation. In addition, accumulating evidence shows that cancers have altered energy metabolism which is essential for tumor growth and survival, and such metabolic modulation is associated with aggressive breast cancers [267–270]. NO is a potent regulator of energy metabolism and NO signaling is intimately associated with cancer progression; so much so that it has recently been suggested to be a positive regulator of the Warburg effect in ovarian cancer {5941}. It is possible that the modulating effects of NO on cancer cell bioenergetics and metabolism can contribute to increased aggressiveness and that iNOS expression may be another diagnostic biomarker that could guide therapeutic strategy.

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# Highlights

• We discuss metabolic alterations in cancer cells

- We discuss how metabolic alterations can alter cancer aggressiveness
- We summarize the chemical biology of Nitric Oxide
- We discuss how Nitric Oxide can alter cancer cell metabolism
- We link the effects of Nitric Oxide on bioenergetics and metabolism to aggressive cancer growth







#### Figure 1.1. Mechanisms of HIF-1a activation in cancers

In normoxia, hypoxia-inducible factor (HIF)-1a is hydroxylated by prolyl hydroxylase domain proteins (PHD), which uses oxygen and a-KG as substrates. Hydroxylated HIF-1a is recognized by von Hippel-Lindau (VHL), which facilitates HIF-1a ubiquitination, and such modification subjects HIF-1a to proteasomal degradation. Upregulation of HIF-1 signaling has been observed in many cancers caused by aberrant activation of PI3K/Akt/ mTOR pathway leading to an increase of HIF-1a translation. The inhibition of PHD by decrease of a-KG, increase of competitive inhibitors, and inactivation of enzyme activity mediated by reactive oxidative species (ROS) or NO have been observed. In addition, lossof-function mutation of VHL also contributes to HIF-1a stabilization. HIF-1a associates with HIF-1 $\beta$  and binds to the hypoxia response element (HRE) of promoters resulting in transcription of target genes, including those involved in glycolysis regulation. Herein, HIF-1a stabilization contributes to tumor glycolytic phenotype.



#### Figure 1.2. Metabolic regulations by p53

p53 inhibits glycolysis by downregulation of glycolytic enzyme, glucose transportor (GLUTs), and F-2,6-BP, a glycolysis activator. Mitochondrial oxidative phosphorylation (OXPHOS) is also maintained by p53 through facilitating cytochrome c oxidase (CcO) assembly. Increasing conversion of pyruvate to acetyl-CoA and transcription of glutaminase for glutaminolysis ultimately elevate the metabolites in the TCA cycle. p53 also inhibits fatty acid synthesis and activates fatty acid oxidation.



#### Figure 1.3. Metabolic alterations in cancers

Many cancers have increased glycolysis for ATP production and amino acid synthesis, and elevated metabolic flux to pentose phosphate pathway (PPP) for NADPH production and nucleotide synthesis. Pyruvate is converted to lactate for NAD<sup>+</sup> regeneration to maintain glycolytic flux. Many cancers also rely on glutamine metabolism which replenishes the TCA cycle intermediates and further leads to NADPH production and fatty acid synthesis. Reductive carboxylation allows the use of glutamine for fatty acid synthesis and other metabolic needs even in the presence of hypoxia or mitochondrial dysfunction.



#### Figure 1.4. NO signaling and cellular bioenergetics

Under physiological conditions, NO increases the availability of energy substrates and oxygen to cells and mitochondrial mass through sGC-cGMP signaling. The reversible inhibition of mitochondrial CcO by NO elevates oxidant (ROS) formation resulting in the activation of AMPK and upregulation of glycolysis. Glycolysis is also stimulated by HIF-1a signaling through direct or indirect NO activities. The boost of energetic pathways by NO in physiological conditions plays important roles in cytoprotection and tissue repair. In pathological conditions, usually characterized with high NO flux under inflammatory situations, NO derivatives (NOx) cause the irreversible inhibition of mitochondrial respiration and glycolysis leading to cell death.