

CASE REPORT

Anti-Collapsing Response-Mediating Protein-5 Antibody-Positive Paraneoplastic Peri optic Neuritis without Typical Neurological Symptoms

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ABSTRACT

A 68-year-old male presented with blurred vision in both eyes. Ophthalmoscopy revealed bilateral prominent disc swelling and vitritis. No systematic neurological symptoms were observed. Magnetic resonance imaging revealed bilateral meningeal enhancement of the optic nerve. Small cell carcinoma was found, and antibodies against collapsing response-mediating protein-5 (CRMP-5) were detected in the serum. Ophthalmological manifestations disappeared during a decrease in tumour size with treatment for the malignancy. This case report describes this rare case of anti-CRMP-5 antibody-positive paraneoplastic peri optic neuritis without neurological symptoms, showing that prompt diagnosis and timely treatment of the underlying tumour are crucial to prevent increased levels of autoantibodies and irreversible damage to the nervous system.

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Anti-CRMP-5 antibody; paraneoplastic optic neuropathy; small cell lung carcinoma

Introduction

Paraneoplastic optic neuropathy (PON) is a rare syndrome that can cause acute or subacute, bilateral, painless, progressive visual deterioration or visual loss characterised by optic disc swelling and vitritis.^{1,2} Most PON patients exhibit many neurological symptoms, including ophthalmoplegia, cerebellar ataxia, seizures, dementia, and various sensory and/or motor abnormalities.^{1,3–5} The various neurological symptoms are believed to be caused by an antitumour immune response^{3,6} associated with an increased level of autoantibodies against collapsing response-mediating protein-5 (CRMP-5),^{4,5,7–9} which is expressed in the optic nerve, neurons of the central and peripheral nervous systems, oligodendrocytes, the cytoplasm of small cell lung carcinoma (SCLC) cells, or thymomas.^{5,6,9–11} Only a few studies have reported anti-CRMP-5 antibody-positive PON cases that presented with optic neuropathy as the only clinical symptom. Magnetic resonance imaging (MRI) of these cases has been reported as normal,^{8,12} or involving unilateral optic nerve involvement.⁷ In the following case report, we describe an anti-CRMP-5 antibody-positive PON patient without neurological symptoms who presented with bilateral peri optic neuritis.

Case report

A 68-year-old male former smoker who smoked 40 cigarettes daily for 38 years was admitted to a hospital, complaining of painless blurred vision in both eyes starting a few weeks before his visit. Because ophthalmoscopy revealed that both eyes had pale swollen discs, he was transferred to our hospital. Initial neuro-ophthalmic testing showed a corrected visual acuity of 20/20 in his right eye and 20/25 in his left eye. He did not suffer from headaches or eye pain. The pupillary reactions were normal, and no relative afferent pupillary defect was observed. The patient's ocular movements were normal. Systemic neurological symptoms, including sensorimotor deficits examined by a neurologist, were absent. Anterior segment features were normal, except that cataracts were apparent. Ophthalmoscopy and B-mode ultrasonography revealed prominent disc swelling and vitritis in both eyes (Figure 1A, B). Humphrey visual field testing showed that the blind spots were markedly enlarged, especially in the left eye, and that non-specific peripheral scotoma was present in both eyes (Figure 2A). Optical coherence tomography (OCT) revealed marked swelling of the optic disks but no sign of choroidal thickening

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or serous detachment of the retina. Fluorescein angiography indicated significant disc leakage (Figure 1C), but no arterial attenuation and no phlebitis were observed. Gadolinium-enhanced T1-weighted brain MRI showed bilateral meningeal enhancement of the optic nerve and protrusion of the optic disc into the vitreous cavity, especially in the left eye (Figure 3A, B). Magnetic resonance venography and angiography were unremarkable. Blood tests revealed no sign of diabetes and a normal range of serum angiotensin-converting enzyme (ACE). Treponemal antibodies were negative.

A cerebrospinal fluid (CSF) test was performed. The opening pressure was normal. Pleocytosis (40 cells/mm³, 98% monocytes), a mildly elevated protein level (64 mg/dL; normal: 15–40 mg/dL), and a normal glucose level (62 mg/dL; normal: 50–70 mg/dL) were evident. Repeated CSF examinations revealed no malignancy in the cytology.

Whole-body computed tomography (CT) revealed a 19 × 19 mm mass in the right upper lung lobe and enlargement of the ipsilateral lymph nodes. Antibodies against CRMP-5 were detected in the serum at a level of +++, qualitatively measured by

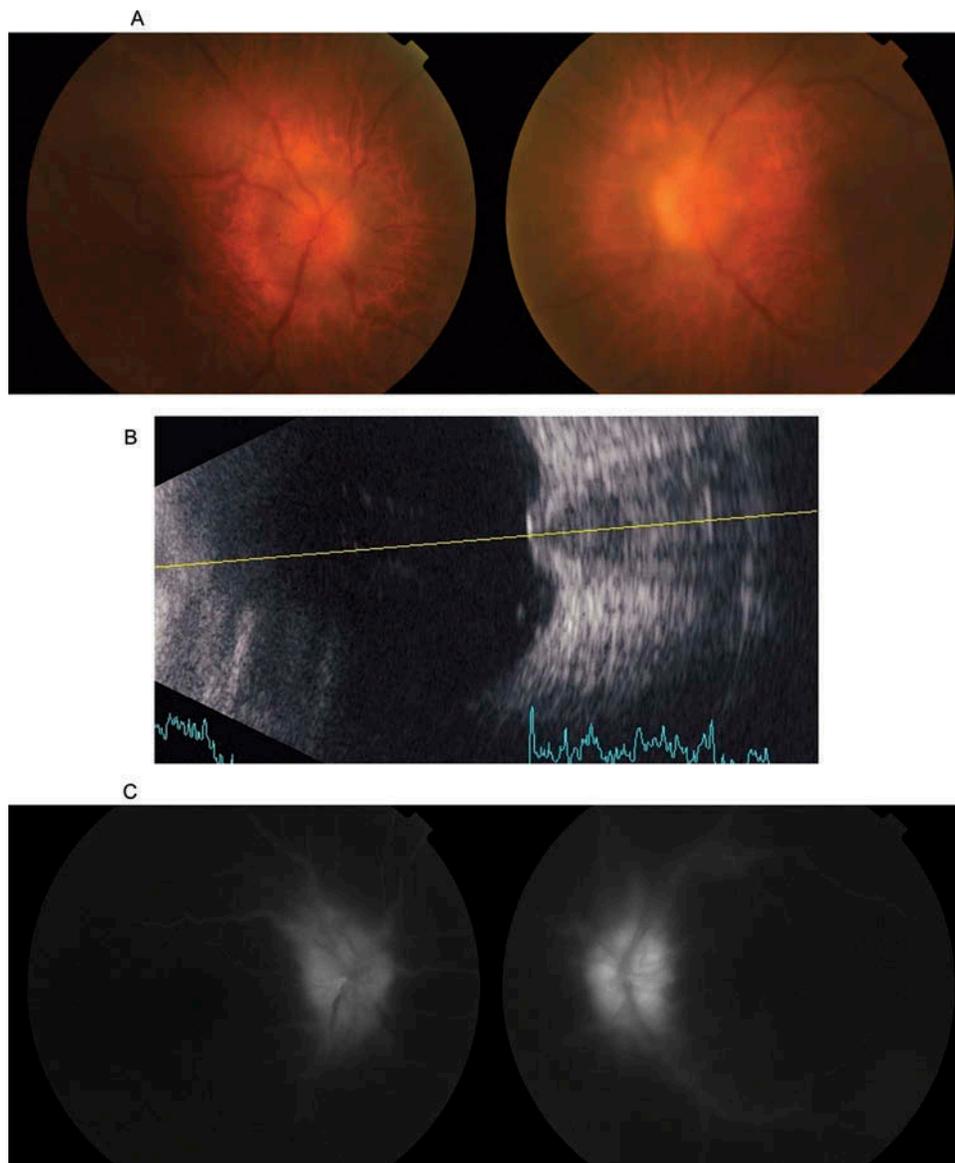


Figure 1. (A) A colour fundus photograph taken at the initial presentation, showing bilateral optic disc swelling. The haze is attributable to vitritis. (B) A B-mode ultrasonograph of the left eye, showing marked protrusion of the optic disc into the vitreous cavity. (C) Fluorescein angiography showing leakage from the optic disc.

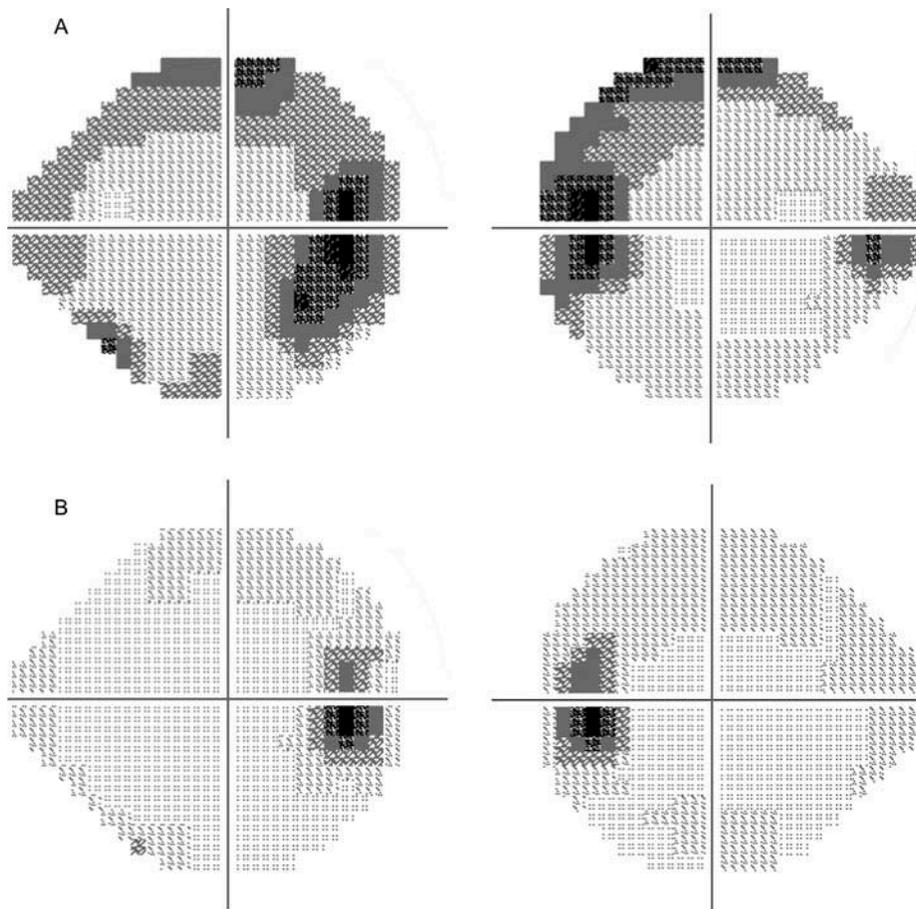


Figure 2. Humphrey visual fields test results before (A) and after (B) the treatment against the underlying malignancy. An enlarged Mariotte blind spot with non-specific scotoma is evident in both eyes in (A), which is not present in (B).

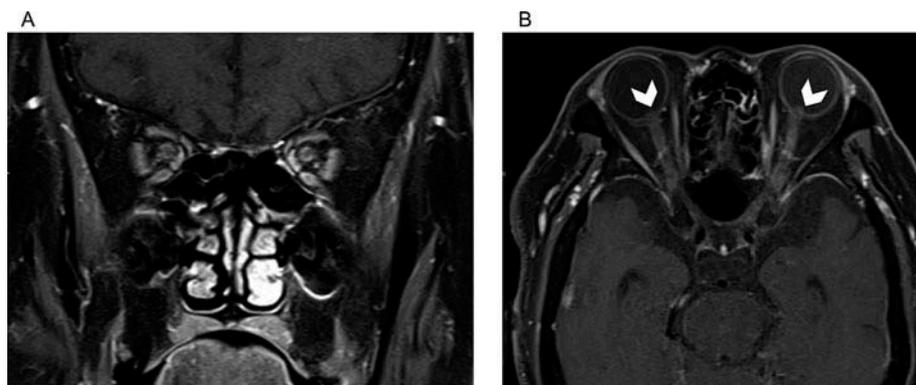


Figure 3. Gadolinium-enhanced T1-weighted coronal (A) and axial (B) magnetic resonance images. Enhancement of the bilateral optic nerve sheaths is evident in (A) and (B). Protrusion of the optic disc into the vitreous cavity (arrowheads) is also observed in (B).

the Cosmic Corporation Co., Ltd. (Tokyo, Japan) using an immune assay. No other anti-neuronal antibodies to recoverin, amphiphysin, Paraneoplastic antigen Ma2 (PNMA2), Ri, Yo, Hu, Sox-2, titin, zic4, Glutamic Acid Decarboxylase (GAD)65, or Tr were detected. On bronchoscopic lung biopsy, small cell

lung cancer was diagnosed on pathological examination.

Whole-body fluorodeoxyglucose positron emission tomography indicated that the tumour was localised to the right upper lobe and ipsilateral lymph nodes (Figure 4). The patient received four

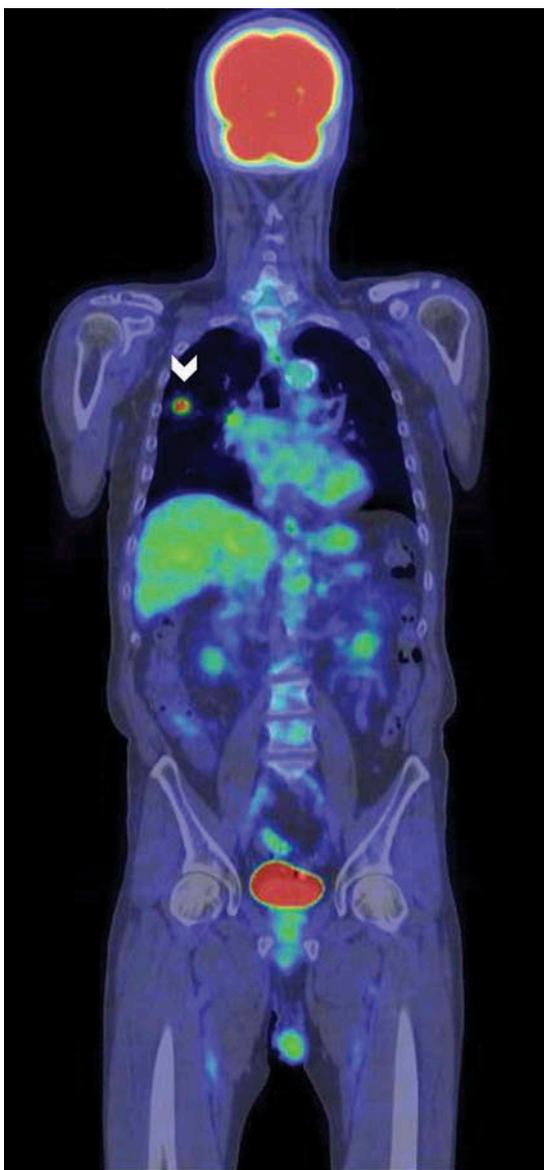


Figure 4. Whole-body fluorodeoxyglucose positron emission tomography. The tumour was detected in the right upper lung (arrowhead). No metastasis was detected.

treatments involving a combination of chemotherapy (cisplatin and etoposide) and intravenous corticosteroid (dexamethasone, 9.9 mg on day 1 and 6.6 mg on days 2 and 3), in addition to local radiotherapy (40 Gy/30 fractions). The optic disc swelling promptly improved after receiving corticosteroid. In proportion with the progress of treatment, the tumour size decreased, with reduced numbers of vitreous cells. Antibodies against CRMP-5 in the serum decreased to a level of +. One year later, the visual acuities of both eyes were 20/16. The optic nerve swelling, the blind spot enlargement, and the

non-specific scotoma evident on visual field testing had all disappeared (Figure 2B).

Discussion

The anti-CRMP-5 antibody was first defined as an immunoglobulin G (IgG) autoantibody specific for CRMP-5,⁹ and is now thought to be the same autoantibody as anti-Crossveinless-2 (CV2).^{6,13,14} CRMP-5 is expressed in the optic nerve, neurons of the central and peripheral nervous systems, oligodendrocytes, and the cytoplasm of SCLC cells.^{5,6,10,11,13–15} It has been suggested that autoantibodies generated against the neoplastic CRMP-5 react as a host immune response to normal tissues, resulting in various neuronal disorders.^{6,10,16} In our case, bilateral meningeal enhancement of the optic nerve was evident on MRI, indicating that the main pathogenesis of the optic neuropathy was bilateral perioptic neuritis due to the involvement of oligodendrocytes around the optic nerve. This cause is consistent with preserved central visual acuity, prominent disc swelling, and prompt disappearance of disc swelling in response to the cancer treatment.

This case of PON had no neurological symptoms except optic neuropathy. To the best of our knowledge, only three anti-CRMP-5 antibody-positive PON cases with only optic neuropathy as a neurological symptom have been previously reported.^{7,8,12} The visual prognoses of these cases and MRI findings varied. One case⁷ suffered bilateral deterioration in light perception, and mild enhancement and enlargement were observed only in the right optic nerve on MRI. The other two cases presented normal MRI findings, with mild visual acuity improvement in one case¹² and full recovery of visual acuity but substantial remaining visual field defects in the other case.⁸ Compared with these cases, recovery of our patient involved normal visual acuity and a normal visual field. It is possible that a weak antibody-antigen reaction or low-level antibody production (titre was not measured), and/or the main target of the autoantibody (in our case, perioptic nerve sheaths), explains both the initial mild visual deterioration and the positive visual outcome.

PON is difficult to diagnose because the disease is rare, especially in the absence of multiple neurological symptoms. Sagittal sinus thrombosis,

Harada disease, sarcoidosis, intracranial hypertension, diabetes, or syphilis can be present as a differential diagnosis. However, sagittal sinus thrombosis was unlikely based on the MRI results. Harada disease was unlikely without choroidal thickening and without serous detachment of the retina revealed by OCT.¹⁷ Sarcoidosis was unlikely because of a normal level of ACE and because the pathology of the lymph nodes lacked typical signs of ophthalmic manifestations. Diabetes and syphilis were unlikely based on the blood test results.

Because PON is thought to be caused by an immune reaction, it is treated by immune suppression using systemic corticosteroids, local injection of triamcinolone acetonide, or intravenous immunoglobulin, in addition to treatment of the underlying cancer.^{6,12,18–20} The visual acuity of our case improved after receiving only chemotherapy and radiotherapy. It was possible that additional immune suppression was not necessary because the amount of antibody decreased with a decrease of the tumour size. It has been previously reported that the mechanism responsible for the ocular manifestations depended on the activity of the underlying malignancy, which involved detection of multiple autoantibodies.¹⁶ It is therefore recommended that prompt diagnosis and timely treatment of the underlying tumour to prevent an increase in autoantibody levels and irreversible damage to the nervous system.

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Declaration of interest

The authors report no conflicts of interest. The authors alone are responsible for the content and writing of the article.

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