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Metastatic solid tumors to the jaw and oral soft tissue: A retrospective clinical analysis of 44 patients from a single institution

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Summary

Purpose—Metastatic solid tumors to the oral cavity are rare, frequently indicative of an endstage disease process, and associated with poor survival rates. We performed a 20-year retrospective clinical analysis of our institution's cases of solid metastases to the oral cavity, and investigated these patients' clinical outcomes.

Material and Methods—A retrospective study of patients with metastatic solid tumors to the oral cavity over a 20-year period (October 1996 to September 2015) was conducted at Memorial Sloan Kettering Cancer Center. Patients were selected if they had a histopathologically confirmed diagnosis. Demographic, pathologic, and clinical information were reviewed to identify patient outcomes.

Results—A total of 44 patients with metastatic non-melanocytic non-hematopoietic tumor to the oral cavity were identified: 24 males and 20 females (39 adults and 5 children) with a mean age of

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54.3 years. In all, 24 cases involved the jaw and 20 cases involved the oral soft tissue. Eight patients (18.2%) had oral cavity metastases as the first indication of an occult malignancy. In adult patients, the common primary sites were the lungs (n = 9, 20%), kidney (n = 7, 16%), breast (n = 5, 11%), and colon (n = 4, 9%); and in pediatric patients the adrenal gland (3/5) was the most common site. Of the adult patients, 33 (84.6%) died of disease. From the time of metastasis diagnosis, patients with jaw metastases had a median and mean survival of 12 months and 27.7 months, respectively. In comparison, patients with oral soft tissue metastases had a median survival time of 5 months, and mean of 8 months. One pediatric patient (20%) died of disease 8 months after metastasis diagnosis.

Conclusion—Metastatic solid tumors to the oral cavity can be the first sign of a malignancy. Pediatric patients with oral cavity metastases have a better prognosis compared to adult patients. In this series, adults with oral soft tissue involvement had shorter survival times compared to patients with jaw involvement.

INTRODUCTION

Metastatic solid tumors to the oral cavity are rare. Involvement of the jaw can be considered more common than involvement of oral soft tissue (Hirshberg et al., 2008; Summerlin, 1994). Metastases to the oral cavity can arise from any part of the body, but tumors of epithelial origin (carcinoma) occur more frequently (D'Silva et al., 2006; Hirshberg et al., 2008; Bodner et al., 2006; Antunes and Antunes, 2008). The common primary sites of metastatic oral cavity tumors are the breast in females and lung in males (Hirshberg et al., 2008; Allon et al., 2014). Metastatic dissemination to the oral cavity is highly indicative of an end-stage disease process, with reported survival time after oral metastases diagnosis at 3.7 to 8.25 months (van der Waal et al., 2003; Hirshberg et al., 2008; Murillo et al., 2013; Allon et al., 2014). Most patients who present with metastases to the oral cavity have already been diagnosed with primary tumors; however, in 22% to 25% of cases, oral cavity metastasis is the first manifestation of the disease (Hirshberg et al., 2008; Zachariades, 1989).

Metastatic disease involving the mandible, particularly the posterior region, is more common than the maxilla, whereas the gingiva is the most frequently involved oral soft tissue (Hirshberg et al., 2008; Hirshberg et al., 1994; Allon et al., 2014; Hirshberg et al., 1993; Zachariades, 1989).

The clinical presentation of metastatic tumors to the oral cavity range from jaw pain, exophytic lesion (either as a swelling or mass that may be ulcerated), paresthesia, and numbness, as well as misleading presentations such as toothache, dentoalveolar swelling, and loose tooth. The latter signs and symptoms can lead clinicians to consider an odontogenic disease process (D'Silva et al., 2006; Murillo et al., 2013; McClure et al., 2013).

Due to the rarity of metastatic tumors to the oral cavity and their often innocuous presentation, clinical and histopathologic diagnosis may be challenging (D'Silva et al., 2006; Hirshberg et al., 2014; Sauerborn et al., 2011). In this retrospective study, we describe a series of patients with metastatic tumors to the oral cavity and investigate the clinical outcomes of these patients.

MATERIAL AND METHODS

The study was approved by the Memorial Sloan Kettering Cancer Center (MSKCC) Institutional Review Board. A retrospective patient record review during a 20-year period (October 1996 to September 2015) was conducted for the identification of patients with metastatic tumors to the oral cavity. Patients with histopathologically confirmed diagnosis were included in the study. The following keywords were searched from our pathology electronic records: metastatic; jaw; jaw bone; mandible; maxilla; gingiva; gingival mucosa; alveolar mucosa; buccal mucosa; cheek mucosa; labial mucosa; palate; palatal mucosa; tongue; floor of mouth. Patients with melanoma, myeloma, lymphoma, and leukemia involving the jaw were excluded from this study. Patients with a clinical diagnosis of a jaw metastasis without histopathologic diagnosis were also excluded. The following clinical information was reviewed: sex, age at diagnosis, site of primary tumor, site of metastatic disease, vital status, histopathologic diagnosis, time duration from oral cavity metastasis diagnosis to patient's death, clinical presentation of metastases, list of positive immunohistochemical (IHC) stains in the biopsied specimen from the oral cavity, and therapy instituted.

RESULTS

Based on the inclusion criteria, 44 patients were histopathologically identified as having metastatic tumor to the oral cavity. There were 24 males and 20 females with a mean age of 54.3 years (range, 7 months to 85 years). A total of 39 (88.6%) adult patients and 5 (11.4%) pediatric patients made up this series. In all, 22 (50%) cases involved the mandible (20 cases in the posterior region, including 4 cases in the ramus and 2 in the anterior region); 2 cases were in the maxilla, both in the anterior region; 11 (25%) cases involved the gingiva; 5 cases were in the buccal mucosa; 3 cases involved the tongue; and 3 cases involved the palatal mucosa. Two patients had 2 oral soft tissue involvements each, in 1 patient to the gingiva and palatal mucosa and in another patient to the gingiva and tongue. In adult patients, the primary sites were the lung (n = 9), kidney (n = 7), breast (n = 5), colon (n = 4), prostate (n = 5)2), liver (n = 1), pleura (n = 1), thyroid (n = 1), testis (n = 1), soft tissue buttock (n = 1), stomach (n = 1), submandibular (n = 1), uterus (n = 1), adrenal gland (n = 1), ureter (n = 1), and pancreaticobilliary (n = 1), and in 1 patient the primary site was unknown. In the pediatric patients, the primary sites were the adrenal gland (n = 3), eye (n = 1), and mediastinum (n = 1). Eight (18.2%) patients (cases 1, 3, 5, 20, 22, 25, 28, and 37) in this study had oral metastases as the first indication of an occult malignancy (sites: uterus, lung [n = 2], pancreaticobillary, colorectal, ureter, kidney, and adrenal gland). In the adult patients, 33 (84.6%) of 39 patients died of their disease and 6 patients were alive at the time of this study. In the pediatric patients, 1 patient died of disease and 4 patients were alive at the time of this study. Table 1 is a summary of the analyzed patient information. Carcinomas made up the majority (33 of 44; 75%) of the histologic subtypes in the study group. The clinical presentation of the metastases to the jaw varied and included jaw pain, jaw swelling/ mass, lower lip and chin numbness, toothache, tooth abscess, non-healing tooth infection, and tooth exfoliation. The radiographic presentations of the jaw metastases were that of an expansile lytic lesion with ill-defined margins and cortical disruption in most cases (Figures 1 and 2). However, the clinical presentation of the metastases to the oral soft tissue

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represented mainly masses and swellings of the gingiva, buccal mucosa, and tongue (Figure 3). Other clinical symptoms and signs for the oral cavity metastases were pain, restriction in mouth opening, and difficulty with mastication.

All cases were histopathologically evaluated, and 1 or more ancillary/IHC stains was performed in 29 cases in order to arrive at an accurate diagnosis: e.g., cytokeratins, thyroid transcription factor-1, estrogen receptor, progesterone receptor, prostate-specific antigen, vimentin, smooth muscle actin, epithelial membrane antigen, CDX2, HepPar-1, and neuroendocrine markers (chromogranin and synaptophysin) (Figure 4). Oral cavity metastases were managed with radiotherapy, surgical resection, chemotherapy, or a combination of treatment modalities. In the adult patients, the median and mean time from the diagnoses of jaw metastases to the patient's death were 12 months, and 27.7 months, respectively (range, 2 to 142 months), whereas the median and mean time from the diagnoses of oral soft tissue metastases to the patient's death were 5 months and 8 months, respectively (range: 5 days to 34 months). At the time of the review, 6 adult patients were alive (2 to 93 months) post-metastasis diagnosis. One pediatric patient died 8 months after the jaw metastasis diagnosis. The remaining 4 pediatric patients were alive (85 to 233 months) after the metastasis diagnosis. The summary of the histologic subtype, duration of oral cavity metastasis diagnosis to patient's death, clinical presentations, positive immunohistochemical stains, and therapy instituted in the management of oral cavity metastases are presented in Table 2.

DISCUSSION

In this study, we describe a series of patients with metastaticc tumors to the oral cavity and investigate their clinical outcomes. The gender distribution (male predilection) and site predilection (the majority of jaw cases involved the mandibular posterior region and soft tissue cases involved the gingiva) are similar to previous literature reviews (Hirshberg et al., 2008; Allon et al., 2014). In the adult population, the most common primary sites were the lung, kidney, breast, and colon. Similar primary site distributions have been reported in the literature (Hirshberg et al., 2008; D'Silva et al., 2006; Allon et al., 2014; Zachariades, 1989). In the pediatric patients, the most common primary site was the adrenal gland. Certain primary tumor sites have a predilection for either the jaw or oral soft tissue; for example the lung is the most common primary tumor site to metastasize to the oral soft tissue, whereas the breast has a predilection for the jaw and are rarely found in the oral soft tissue (Mirra, 1989). Of the adult patients, 84.6% died of disease, and of the pediatric patients, 80% are still alive at the time of this study.

Although most oral cavity metastases are found in the presence of a widespread disease process, oral cavity metastasis might be the first manifestation of the disease in 22% to 25% of patients (Hirshberg et al., 2008; Pesis et al., 2014; Zachariades, 1989). In our study, 8 (18.2%) patients first presented with metastatic oral symptoms. The pathogenesis of oral metastases is unclear. Metastatic deposit can arise from secondary site, such as the lungs, or directly from the primary organ site, bypassing the lungs, via the valveless vertebral venous plexus (Batson, 1940; Cumming et al., 1990). Also, the role of the presence of teeth and

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chronic inflammation in gingival metastasis as a contributing factor to the draw of metastatic tumor cells has been suggested. In this study, 10 of 11 patients with gingival metastases had teeth or implants at the gingival site (Allon et al., 2014).

Due to the rarity and sometimes ambiguous presentation of these lesions, they can be a diagnostic challenge, with most soft tissue cases occurring on the gingiva (Hirshberg et al., 1993; Sauerborn et al., 2011). The clinical differential diagnosis could include pyogenic granuloma, peripheral giant cell granuloma, peripheral ossify fibroma, epulis, and vascular anomaly. The importance of histopathologic evaluation cannot be overstated. A treatmentresistant dental pathosis or an obvious jaw pathosis should be biopsied for histopathologic evaluation. The pathologist must determine the lineage and tumor type of the biopsied tissue to identify potentially curable lesions, for example, hormone-sensitive and chemo-sensitive tumors. A history of known primary tumor can be helpful in this process by morphologically comparing the histopathologic slides. If there is no cancer history, the use of ancillary/IHC stains is highly recommended to determine the lineage and subtype of the tumor. The following stains are very useful but not exhaustive: cytokeratins 7 and 20, thyroid transcription factor-1, estrogen receptor, progesterone receptor, mammaglobin, CDX2, renal cell carcinoma, carbonic anhydrase IX, CD10, prostate-specific antigen, and HepPar-1. In our study, all of the reported metastases to the oral cavity were biopsied and histopathologically evaluated, and IHC stains were applied when warranted. After a diagnosis is rendered, body scans/imaging should be performed to evaluate for the primary tumor site and other metastatic site(s). This study focused on patients histologically evaluated. The number of patients who presented with oral metastases is suspected to be more than what we reported in this study, as patients radiographically or clinically diagnosed but not biopsied before they died of disease were excluded.

Although management of this condition varies, the use of surgical resections alone in cases of jaw-only metastasis has been found to improve prognosis (Nakamura et al., 2001). In cases with multiple metastatic recurrent prostate cancers, the use of surgical resection and radiotherapy show promise (Ost et al., 2015). Meanwhile, some cases of metastatic neuroblastoma improve with chemotherapy (Bhattacharyya et al., 1999). In our series, 2 patients diagnosed with metastatic neuroblastoma to the jaw were successfully managed with chemotherapy.

The hallmark of malignancy is metastasis. Epithelial–mesenchymal transition (EMT) has been proposed as an essential mechanism by which solid cancer cells undergo invasion and metastasis (Thiery, 2002). The transition of epithelial to mesenchymal cell phenotype allow for cell motility, loss of adherens junctions, loss of lineage, and dedifferentiation (Thiery, 2002). Pro-EMT transcription factors are ZEB1 (zinc finger E-box binding homeobox 1), SLUG, SNAIL, and TWIST (Boutet et al., 2007; Peinado et al., 2007; Yang et al., 2004). These transcription factors cause a reduction in epithelial cadherin, a transmembrane protein that maintains epithelial integrity responsible for anchorage of cells to one another (Cano et al., 2000; Herranz et al., 2008). These factors also regulate angiogenesis, which facilitates tumor invasion and metastasis.

The use of anti-angiogenic agents that target angiogenesis holds significant promise in the management of malignancies. Anti-angiogenic medications such as bevacizumab and sunitinib have been approved by the U.S. Food and Drug Administration. Bevacizumab, an anti-vascular endothelial growth factor (anti-VEGF) has been approved for the management of metastatic colorectal cancer, non–small cell lung cancer, and metastatic renal cell carcinoma. Sunitinib (anti-VEGF receptor) is a multi-targeted receptor tyrosine kinase inhibitor that has been also approved for the management of renal cell carcinoma, Imatinib-resistant gastrointestinal stromal tumor, and pancreatic neuroendocrine tumors. These medications work by stimulation of endothelial cell apoptosis, inhibition of neovascularization, prevention of tumor-mediated vasodilation, and prevention of recruitment of endothelial progenitor cells (Ellis and Hicklin, 2008).

Recently, the use of personalized therapy in the management of cancer patients is now gaining ground by the use of genome sequencing. Next-generation sequencing allows hundreds of genetic abnormalities to be analyzed very quickly and with great precision. This new technology allows the oncologist to determine whether the patient's cancer has a clinically useful mutation that makes the cancer susceptible to certain drugs, clinical trials, or individualistic targeted therapy. However, its role in clinical practice is still limited (Damodaran et al., 2015; Hyman et al., 2015).

CONCLUSION

Metastatic non-melanocytic solid tumors to the oral cavity are rare and can be the first clinical sign of a late-stage malignancy. Patient outcome after the diagnosis of metastasis to the oral cavity is poor and may be attributed to widespread disease at the time of diagnosis. Pediatric patients with oral cavity metastases have a better prognosis compared to adult patients. Metastases to the oral soft tissue (mean survival time of 8 months after metastasis diagnosis) carries a graver consequence compared to metastases to the jaw. This observation is supported by the existing literature; the average survival time after metastases to the oral soft tissue has been placed at 3.7 months, whereas the average survival time after metastases to the oral cavity is 7 months (Allon et al., 2014; Hirshberg et al., 2008).

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Figure 1.

Computed tomogram: axial view of a patient (case 1) with metastatic high-grade pleomorphic sarcoma to the mandible from the uterus first identified in the mandible, which demonstrates a destructive, erosive lytic lesion.

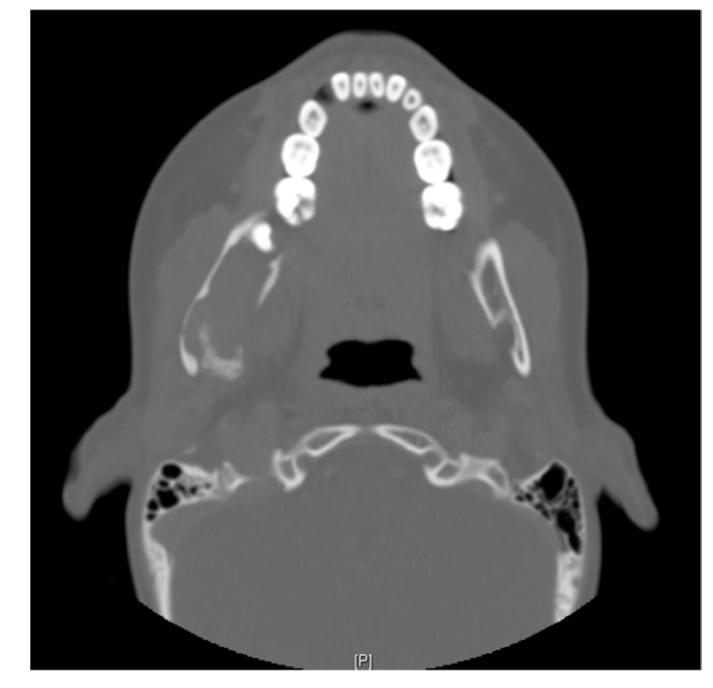


Figure 2.

Computed tomogram: axial view of a patient (case 37) with metastatic neuroblastoma to the mandibular ramus from the adrenal gland first identified in the mandible, which demonstrates a destructive, erosive lytic lesion.



Figure 3.

Clinical pictures of metastatic lung undifferentiated carcinoma to multiple mandibular and maxillary gingival sites (A—C). Case 9, metastatic renal cell carcinoma involving buccal mucosa (D); case 32, metastatic lung adenocarcinoma involving maxillary gingiva (E); case 11, metastatic colon adenocarcinoma involving mandibular gingiva (F); case 24

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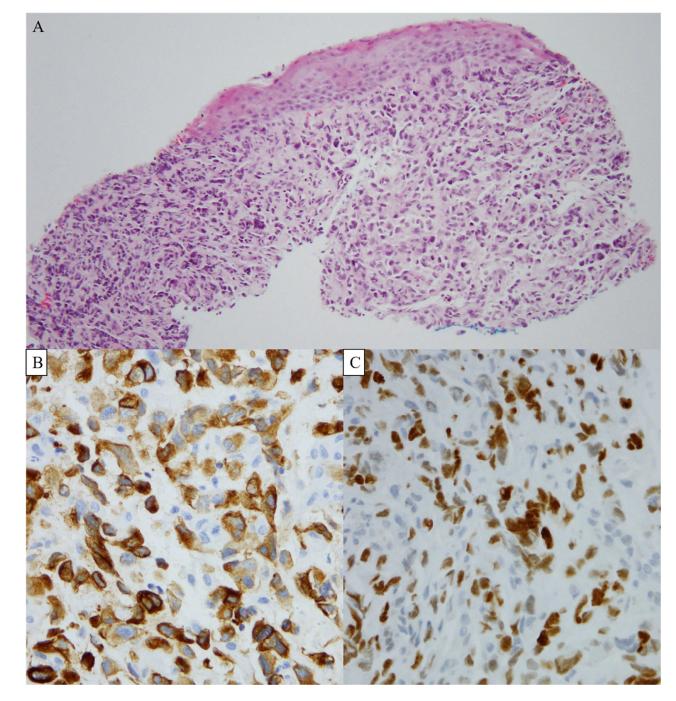


Figure 4.

Photomicrographs of the biopsied metastatic lung undifferentiated carcinoma (hematoxylin and eosin, ×200) (A). Cytokeratin 7 demonstrating a cytoplasmic staining pattern (X400) (B), and TTF-1 demonstrating a nuclear staining pattern (X400) (C); case 9.

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Table 1

Demographic data of patients with metastatic solid tumors to the oral cavity

Case no. Sex	Sex	Age (y)	Primary site	Metastatic site	Vital status (DOD/alive)
1	F	50	Uterus	Posterior mandible	DOD
2	М	69	Lung	Posterior mandible	DOD
3	М	70	Lung	Posterior mandible	DOD
4	F	52	Lung	Anterior maxilla	DOD
5	М	58	Lung	Posterior mandible	DOD
9	М	69	Pleura (lung)	Tongue	DOD
L	F	54	Lung	Buccal mucosa	DOD
8	М	62	Lung	Maxillary gingiva and palatal mucosa	DOD
6	F	65	Lung	Mandibular and maxillary gingiva	DOD
10	М	40	Lung	Palatal mucosa	DOD
11	н	65	Lung	Maxillary gingiva	DOD
12	н	76	Breast	Mandibular ramus	DOD
13	н	68	Breast	Posterior mandible	Alive
14	н	73	Breast	Mandibular ramus	DOD
15	н	64	Breast	Mandibular gingiva	Alive
16	н	69	Breast	Tongue	DOD
17	М	79	Prostate	Posterior mandible	DOD
18	М	63	Prostate	Posterior mandible	DOD
19	Μ	71	Liver	Posterior mandible	DOD
20	М	85	Pancreaticobilliary	Posterior mandible	DOD
21	н	77	Colon	Posterior mandible	DOD
22	М	74	Colorectal	Mandibular ramus	DOD
23	ц	43	Colon	Anterior maxilla	DOD
24	Μ	59	Colon	Mandibular gingiva	Alive
25	н	64	Ureter (renal pelvis)	Posterior mandible	DOD
26	ц	61	Kidney	Anterior mandible	DOD

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OD/alive)		0
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Abbreviations: DOD, dead of disease; F, female; M, male.

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Summary of the histologic subtype, duration from oral cavity metastasis diagnosis to patient's death, clinical presentations, therapy instituted in the management of oral cavity metastases, and positive immunohistochemical stains

Histop dia	Histopathologic diagnosis	Duration from jaw/soft tissue metastases to DOD (mo)	Clinical presentation of jaw/soft tissue metastases	Management of metastatic jaw/soft tissue disease	Positive IHC stains
High-grade pleomorphic sarcoma	ade sarcoma	13	Buccogingival mass preventing chewing	RT	SMA, Vimentin
Non-small cell carcinoma	ll cell ma	2	Expansile lesion	RT	Cytokeratin
Small cell carcinoma	arcinoma	6	Non-healing tooth infection	CT	QN
Poorly differentiated carcinoma	erentiated oma	3	Lesion on the hard palate increased in size non- responsive to antibiotic	RT	TTF-1, CK7, AE1/3
Adenocarcinoma	rcinoma	11	Jaw pain attributed to toothache, tooth extracted and swelling developed	RT	CK7
Mesoth	Mesothelioma	34	Submucosal mass	CT	CK5/6, Calretinin
Poorly difi adenoca	Poorly differentiated adenocarcinoma	0.16	Submucosal mass	CT	CK7, TTF-1, Napsin-A,
Undiffe carci	Undifferentiated carcinoma	2	Gingival swellings	CT	ND
Undiffe carci	Undifferentiated carcinoma	7	Swollen gingivae	CT	CK7, TTF-1
Poorly di adenoc	Poorly differentiated adenocarcinoma	14	Palatal mass after an extraction	CT	ND
Adenoc	Adenocarcinoma	5	Gingival mass	CT	CK7
Infiltrat carc	Infiltrating ductal carcinoma	142	Numbness of lower lip, jaw pain, trismus		CK7, ER, PR
Adenoc	Adenocarcinoma	Alive, 93 mo after jaw metastases	Numbness of lower lip, trismus	RT	ER
Adenoc	Adenocarcinoma	21	Expansile lesion	CT	ND
Adenoc	Adenocarcinoma	Alive 35 mo after oral metastasis	Gingival mass	CT	CK7, ER
Poorly di adenoci	Poorly differentiated adenocarcinoma	8	Submucosal mass	RT	CK7
Adenoc	Adenocarcinoma	65	Numbness of lower lip,	S/RT	ND

Positive IHC stains		PSA	HepPar-1	CK7, CK19, CA19-9	ND	AE1/3, CK20, CDX2	CK20, CDX2	ΟN	CK, CEA	QN	ND	CK, Vimentin, CD10, EMA, PAX2, PAX8	ND	ND	QN	PAX8, CD10, CA IX	QN	NSE, p53, SYN, CD56	QN	ND
Management of metastatic jaw/soft tissue disease		ı	ı	RT	RT	RT	S/RT	CT	RT	S	RT	S/CT	CT	S/RT	RT	S/CT	RT	CRT	S	s
Clinical presentation of jaw/soft tissue metastases	expansile lesion	Numbness of lower lip, lesion around tooth	Tooth abscess, jaw pain	Jaw numbness	Chin numbness	Jaw mass	Facial pain and nasal congestion	Gingival swelling	Teeth sensitivity, abscess, lip numbness, jaw pain and swelling	Lip numbness and jaw mass	Jaw pain and jaw mass	Oral pain and gingival swelling	Submucosal mass	Submucosal mass	Bilobed mass extending from buccal to lingual gingiva	Pink raised lesion	Rapidly developing jaw mass	Tooth exfoliated, Jaw pain and mass	Jaw mass	Rapidly developing jaw
Duration from jaw/soft tissue metastases to DOD (mo)		10	10	11	5	21	21	Alive 2 mo after oral metastasis	61	12	96	Alive 44 mo after oral metastasis	2	19	8	Alive 4 mo after oral metastasis	Alive, 21 mo after jaw metastases	8	Alive, 170 mo after jaw metastases	Alive, 93 mo after jaw
Histopathologic diagnosis		Adenocarcinoma	Hepatocellular carcinoma	Mucinous adenocarcinoma	Adenocarcinoma	Adenocarcinoma with signet-ring features	Adenocarcinoma	Adenocarcinoma	Transitional cell carcinoma	Renal cell carcinoma	Renal cell carcinoma	Renal cell carcinoma	Renal cell carcinoma	Renal cell carcinoma	Renal cell carcinoma	Renal cell carcinoma	Neuroblastoma	Retinoblastoma	Neuroblastoma	Neuroblastoma
Case no.		18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36

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Positive IHC stains		NXS	34BE12, A4A, focal Desmin	SMA, Vimentin	CK, Beta-HCG		CD31, CD34	CK7, Mucincarmine	Chromogranin, NSE
Management of metastatic jaw/soft tissue disease		CT	S	CT	S/RT	CT	RT	CT	CT
Clinical presentation of jaw/soft tissue metastases	mass in 1 week	Patient irritable attributed to teething, rapidly developing jaw mass	Gingival mass	Painless submucosal mass	Gingival swelling	Ulcerated lesion	Palatal mass	Submucosal mass	Jaw mass
Duration from jaw/soft tissue metastases to DOD (mo)	metastases	Alive, 85 mo after jaw metastases	0.5	1	3	5	15	2	Alive, 233 mo after jaw metastases
Histopathologic diagnosis		Neuroblastoma	Anaplastic thyroid carcinoma	Leiomyosarcoma	Germ cell tumor	Adenocarcinoma	Angiosarcoma	Adenocarcinoma with papillary features	Neuroblastoma
Case no.		37	38	39	40	41	42	43	44

Abbreviations: SMA, smooth muscle actin; CK, cytokeratins; TTF-1, thyroid transcription factor—1; ER, estrogen receptor; PR, progesterone receptor; PSA, prostate-specific antigen; NSE, neuron-specific enolase; EMA, epithelial membrane antigen; CA, carbonic anhydrase; ND, not done; DOD, dead of disease; RT, radiotherapy; S, surgical resection; CT, chemotherapy; CRT, chemoradiation therapy.