

HHS Public Access

Author manuscript Addict Behav. Author manuscript; available in PMC 2018 May 01.

Published in final edited form as:

Addict Behav. 2017 May ; 68: 39-44. doi:10.1016/j.addbeh.2017.01.015.

Patterns of drug use and HIV infection among adults in a nationally representative sample

Stephanie Shiau^{1,2}, Stephen M. Arpadi^{1,2}, Michael T. Yin³, and Silvia S. Martins²

¹Gertrude H. Sergievsky Center, Columbia University Medical Center, 622 West 168th Street, PH 19, New York, NY, USA

²Department of Epidemiology, Columbia University Mailman School of Public Health, 722 West 168th Street, New York, NY, USA

³Division of Infectious Diseases, Department of Medicine, Columbia University Medical Center, 630 West 168th Street, PH 8, New York, NY, USA

Abstract

Background—Little is known about drug use patterns among people living with HIV in comparison to an uninfected group in the general population. The aim of this study was to investigate the association between legal and illegal drug use and HIV infection in a nationally representative sample of adults in the United States.

Methods—Public use data files (2005–2014) from the National Survey on Drug Use and Health (NSDUH) were used. Respondents were asked whether a medical professional had ever told them that they had HIV/AIDS. Ever (lifetime), past-year, and past month use of cigarettes, alcohol, marijuana, cocaine, heroin, hallucinogens, inhalants, and nonmedical use of psychotherapeutics was assessed. Logistic regression was used to estimate adjusted odds ratios (aOR) of the relationship between drug use and HIV infection, adjusting for demographics.

Results—Of 377,787 respondents age 18 and older, 548 (0.19%) were categorized as HIVinfected. Ever use of cigarettes, tobacco, marijuana, cocaine, heroin, hallucinogens, inhalants, and psychotherapeutics was higher in HIV-infected individuals compared to HIV-uninfected individuals after adjustment for sex, age, race/ethnicity, education, total family income, and marital status. Past year and past month use was also higher for HIV-infected individuals for all substances aside from alcohol.

Corresponding Author: Silvia S. Martins, MD, PhD, Columbia University, Department of Epidemiology, 722 West 168th Street, Room 509, New York, NY 10032, ss2183@columbia.edu, Phone: 212-305-2848.

Contributors The authors of this study are: Ms. Stephanie Shiau (SS), Dr. Stephen M. Arpadi (SMA), Dr. Michael T. Yin (MTY), and Dr. Silvia S. Martins (SSM, corresponding author). SSM and SS designed and conceptualized the study. SS analyzed the data under the supervision of SSM. SS wrote the first full draft of the manuscript. All authors critically reviewed and edited the manuscript, and approved the final version for submission (SS, SMA, MTY, SSM).

Conflict of Interest The authors have no conflict of interest to declare.

Publisher's Disclaimer: This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final citable form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

Conclusions—In a nationally representative sample, there are higher levels of drug use and DSM-IV dependence among the HIV-infected population compared to the HIV-uninfected population. This is of concern because drug use and dependence can impede engagement in HIV care and adherence to antiretroviral therapy.

Keywords

HIV; AIDS; drug use patterns; representative sample

1. Introduction

Drug use and HIV have been closely linked since the start of the Human Immunodeficiency Virus (HIV) epidemic. In the United States, over 180,000 people with HIV who inject drugs have died over the course of the epidemic, accounting for more than 25% of total deaths among people with Acquired Immune Deficiency Syndrome (AIDS) [1]. Drug use is a well-established risk factor of HIV infection. Of an estimated 44,073 people newly diagnosed with HIV infection in the United States in 2014, approximately 6% were attributed to injection drug use and an additional 3% were due to injection drug use in combination with male-to-male sexual contact [2]. Recently, an outbreak in Indiana of 181 new cases of HIV infection use of prescription opiates [3]. Although injection drug use can directly lead to HIV transmission via the sharing of drug preparation or injection equipment, drinking, smoking, or inhaling drugs such as alcohol, cocaine, and methamphetamine can further increase HIV infection risk by adversely affect decision making and increasing risky sexual behavior [4–7].

In addition to increasing the risk of HIV transmission, for those already infected with HIV, drug use poses several health challenges. Some evidence indicates substance use can alter HIV disease progression by immune modulation and increasing HIV viral load [8]. In addition, drug use can negatively affect adherence to HIV treatment and engagement with health care [9, 10], leading to adverse clinical outcomes. As a result, the management of HIV in drug users requires a careful consideration of many factors, including comorbid medical and mental health conditions, medication side effects and toxicities, and drug interactions.

Existing studies on HIV and drug use in the United States primarily report on HIV infection rates among injection drug users in comparison to non-injection drug users [11, 12] or on the prevalence of drug use among a population with HIV [13, 14]. Few studies, however, have specifically compared drug use patterns among people living with HIV to people without HIV in the general United States population. Furthermore, it is unclear if the burden of HIV and substance use varies across sub-groups of the population, such as young adults or racial/ ethnic minorities. Carefully studying these patterns may identify specific groups of drug users to target for HIV prevention, as well as drug users with HIV to target for substance abuse prevention or treatment as well as HIV care. In this study, we investigated the association between legal and illegal drug use and HIV infection in a nationally

representative sample of adults in the United States. In addition, we assessed the association between HIV and illegal drug use across age, race/ethnicity, and sex groups.

2. Materials and Methods

2.1. Data Source

We used data from the National Survey on Drug Use and Health (NSDUH), an annual national survey sponsored by the Substance Abuse and Mental Health Services Administration (SAMHSA) that evaluates the use of legal and illegal drugs in the noninstitutionalized United States citizen population, age 12 and older [15]. Each year, households are randomly selected to participate in the NSDUH and data are collected using questionnaires administered through face-to-face interviews. Sampling weights were created to account for probability of selection into the sample, correct for nonresponse, and adjust for known population distributions [16]. Public use data files from 2005–2014 were combined for this analysis. From a total of 560,099 observations from all years, we excluded 176,879 participants under the age of 18 and an additional 5,433 with missing/unknown HIV infection status (only 0.97% of the total sample), leaving us with a total of 377,787 participants for analysis.

2.2 Measures

The following socio-demographic characteristics were considered in this analysis: sex, age, race/ethnicity, education, total family income, and marital status. Race/ethnicity included the following categories: non-Hispanic White, non-Hispanic Black, Hispanic, and Other (Native American, Native Hawaiian or Pacific Islander, Asian, and more than one race). New questions asking about 20 lifetime health conditions have been added to the NSDUH questionnaire since 2005. Respondents were asked whether doctors or other medical professionals had ever told them that they had HIV/AIDS and were categorized as HIV-infected if they responded yes. Ever (lifetime) use, past-year use, past month use, was assessed with a dichotomous (yes/no) variable for a number of substances including cigarettes, alcohol, marijuana, cocaine, heroin, hallucinogens, inhalants, and non-medical psychotherapeutics (analgesics including prescription opioids, stimulants including methamphetamine, sedatives, and tranquilizers). Past-year DSM-IV-TR dependence (met three or more of seven DSM-IV dependence criteria) was also assessed [17]. Any illegal drug use and DSM-IV dependence was also assessed.

2.3 Statistical Analyses

First, descriptive characteristics of the sample were calculated stratified by HIV-infection using weighted cross-tabulations. Next, drug use characteristics were compared between HIV-infection groups using weighted-cross tabulations. Chi-squared tests were used to determine differences in characteristics by HIV infection group. Weighted logistic regression was then used to estimate unadjusted odds ratios (OR) and 95% confidence intervals of drug use comparing HIV-infected participants to HIV-uninfected participants. Multivariable multinomial logistic regression was then used to generate adjusted odds ratios (aOR) to evaluate the relationship between drug use and HIV infection, adjusting for potential confounders including sex, age, race/ethnicity, education, total family income, and marital

status. Finally, to better understand the burden of substance use and HIV across subgroups, we compared the prevalence of past year illegal drug use between HIV-infected and uninfected participants within sub-groups, including sex (male vs. female), age (18–25 vs. 26–34 vs. 35–49 vs. 50), and race/ethnicity (non-Hispanic White, non-Hispanic Black, and Hispanic) using Chi-squared tests. The Other race/ethnicity group was excluded due to small numbers. Weighted logistic regression was used to calculate the OR and 95% confidence intervals of illegal drug use comparing HIV-infected participants to HIV-uninfected participants within sub-groups, adjusted for other demographic variables. Data were analyzed with SAS 9.4 (Cary, NC, USA) and adjusted for weighting and clustering to reflect the complex design of the NSDUH sample. All p-values are 2-tailed and p-values <0.05 were considered statistically significant.

3. Results

3.1. Demographic characteristics by HIV infection group

Data on characteristics of 377,787 respondents age 18 and older are presented in Table 1, stratified by HIV infection group. A total of 548 (0.19% weighted) adults were categorized as HIV-infected. Sex, age, race/ethnicity, family income, and marital status were significantly different between the HIV-uninfected and HIV-infected group. While sex was balanced in the HIV-uninfected group (48% male), 80% of the HIV-infected group was male (p<0.0001). A higher proportion of the HIV-infected group were 35–49 years of age compared to the HIV-uninfected group (41.4 vs. 27.5%, p<0.0001). In addition, a greater proportion of the HIV-infected group was non-Hispanic Black (29.2 vs. 11.4%, p<0.0001) and Hispanic (18.8 vs. 13.9%, p<0.0001) compared to the HIV-uninfected group. Forty percent of the HIV-infected group had a total family income <\$19,000 compared to 18.3% in the HIV-uninfected group. A larger proportion of the HIV-infected group had never been married compared to the HIV-uninfected group (68.1 vs. 26.2%, p<0.0001).

3.2. Drug use characteristics by HIV infection group

A higher proportion of the HIV-infected group reported ever use of cigarettes, tobacco, alcohol, marijuana, cocaine, heroin, hallucinogens, inhalants, and non-medical psychotherapeutics, and any illegal drug use compared to the HIV-uninfected group (Table 2). Three-quarters of the HIV-infected participants reported ever using marijuana compared to 44.5% of the HIV-uninfected participants. Close to half of the HIV-infected participants reported ever cocaine use (57.6%), ever hallucinogen use (49.2%), ever inhalant use (42.7%), and ever non-medical psychotherapeutic use (47.4%). Over 80% of the HIV-infected participants reported ever using illegal drugs compared to just under 50% of the HIV-uninfected participants. Past year and past month use of all drugs aside from alcohol was significantly higher in the HIV-infected participants reported any past year illegal drug use compared to 14.7% of the HIV-uninfected participants (p<0.0001). A third (36%) of the HIV-infected participants (p<0.0001).

3.3. HIV and drug use: logistic regression results

To adjust for potential confounding of the association between HIV and drug use, we conducted weighted multinomial logistic regression analyses adjusted for sex, age, race/ ethnicity, education, total family income, and marital status (Table 3). In adjusted analyses, ever use of all drugs was higher in HIV-infected participants compared to HIV-uninfected participants, including cigarettes (aOR: 1.63, 95% CI: 1.22, 2.17), tobacco (aOR: 1.50, 95% CI: 1.10, 2.05), alcohol (aOR: 2.47, 95% CI: 1.40, 4.33), marijuana (aOR: 3.58, 95% CI: 2.75, 4.66), cocaine (aOR: 5.49, 95% CI: 4.10, 7.35), heroin (OR: 3.84, 95% CI: 2.47, 5.98), hallucinogens (aOR: 4.55, 95% CI: 3.37, 6.14), inhalants (aOR: 6.85, 95% CI: 5.12, 9.15), psychotherapeutics (aOR: 3.11, 95% CI: 2.31, 4.18). Ever use of any illegal drug use was more than 4 times higher in HIV-infected participants compared to HIV-uninfected participants (aOR: 4.62, 95% CI: 3.39, 6.29). Past year use of cigarettes (aOR: 2.15, 95% CI: 1.67, 2.77), tobacco (aOR: 1.59, 95% CI: 1.24, 2.05), marijuana (aOR: 3.16, 95% CI: 2.41, 4.16), cocaine (aOR: 4.56, 95% CI: 3.16, 6.58), heroin (aOR: 3.64, 95% CI: 1.08, 12.25), hallucinogens (aOR: 3.76, 95% CI: 2.28, 6.22), inhalants (aOR: 14.69, 95% CI: 9.90, 21.79), and non-medical psychotherapeutics (aOR: 2.73, 95% CI: 1.93, 3.86) was significantly higher among those with HIV-infection compared to those without HIVinfection, after adjustment for sex, age, race/ethnicity, education, total family income, and marital status. Results were very similar for past month use of cigarettes (aOR: 2.09, 95% CI: 1.63, 2.68), tobacco (aOR: 1.63, 95% CI: 1.29, 2.06), marijuana (aOR: 3.31, 95% CI: 2.49, 4.40), cocaine (aOR: 5.27, 95% CI: 3.25, 8.55), heroin (aOR: 6.36, 95% CI: 1.80, 22.44), hallucinogens (aOR: 4.04, 95% CI: 1.86, 8.80), inhalants (aOR: 16.94, 95% CI: 10.22, 28.06), and non-medical psychotherapeutics (aOR: 3.09, 95% CI: 1.95, 4.90). Past vear DSM-IV dependence of any illicit drug use was 4 times higher in HIV-infected participants compared to HIV-uninfected participants (aOR 4.34, 95% CI: 2.87, 6.57).

3.4 Past year illegal drug use in sub-groups

The prevalence of past-year illegal drug use was greater in males with and without HIVinfection than females (Table 4), with half of all males with HIV-infection using illegal drugs in the past year. The association between HIV and past year illegal drug use was higher in males (OR: 4.19, 95% CI: 3.16, 5.56) compared to females (OR: 2.76, 95% CI: 1.64, 4.66). Across all age groups, the prevalence of past-year illegal drug use was higher in HIV-infected participants compared to HIV-uninfected participants (Table 4). The prevalence decreased from 62.7% among the youngest HIV-infected group to 36.4% in the oldest HIV-infected group. In weighted logistic regression models, the odds of past year illegal drug use was 2.76 (95% CI: 1.66, 4.58), 3.33 (95% CI: 1.82, 6.09), 3.63 (95% CI: 2.47, 5.35), and 4.83 (95% CI: 2.71, 8.58) times higher in HIV-infected adults than HIVuninfected adults for those 18–25 years, 26–34 years, 35–49 years, and greater than 50 years, respectively. The prevalence of past-year illegal drug use was significantly higher in HIV-infected participants compared to HIV-uninfected participants in all race/ethnicity groups (Table 4), and similar between race/ethnicity groups. The odds of past year illegal drug use was similar across race/ethnicity groups, including among non-Hispanic Whites (OR: 4.37, 95% CI: 2.96, 6.44), non-Hispanic Blacks (OR: 3.35, 95% CI: 2.13, 5.26), and Hispanics (OR: 3.94, 95% CI: 2.05, 7.57).

4. Discussion

Our study compares drug use characteristics in HIV-infected individuals to HIV-uninfected individuals in a nationally representative sample. We found higher levels of reported ever drug use among HIV-infected adults compared to HIV-uninfected adults in the United States. For past year and past month use, the HIV-infected group consistently reported higher use of all substances other than alcohol compared to the HIV-uninfected group, even after adjustment for demographic variables. This study is of particular importance as few studies have estimated drug usage among HIV-infected populations in comparison to the general population. The majority of epidemiologic studies report on HIV infection rates among injection drug users in comparison to non-injection drug users [11, 12] or on the prevalence of drug use among a population with HIV [13, 14].

Our finding of both higher lifetime and recent drug use in HIV-infected adults versus uninfected adults is of great concern. Drug use can affect HIV disease progression, impede engagement in care, and affect adherence to antiretroviral therapy. Specific drugs have been shown to affect disease progression and quality of life even among those with suppressed virus on treatment. A study of suppressed HIV-infected individuals found users of methamphetamine to have greater CD4 T-cell and CD8 T-cell proliferation as well as exhaustion of the immune system [18]. In infected adults receiving care, those with current illicit drug use and polysubstance use have decreased mental and physical health-related quality of life [19]. Unfortunately, drug use can negatively affect adherence to HIV treatment and engagement with health care [9, 10, 20, 21]. Life expectancy consequences of HIV and drug use may also exist [22-24]. A recent study of HIV-infected adults in the Kaiser Permanente cohort in 1996-2011 and matched HIV-uninfected adults which estimated a life expectancy gap for the HIV-infected adults, particularly among those who use injection drugs [23]. Treatment considerations are also needed for HIV-infected drug users, especially around drug interactions when treating both drug addiction and HIVinfection. For example, the concentration of methadone, used to treat opioid addictions and reduce pain, is decreased in blood when used in combination with certain antiretroviral regimens [25].

Apart from adverse effects on an individual's health, substance use among people living with HIV has implications for continued spread of HIV through risky sexual behavior. Drug use is a strong predictor of poor adherence and, consequently, failure to maintain viral suppression [20, 26]. Increases in viral load have been shown to be associated with an increased risk of HIV transmission [27, 28],

We did not find past year and past month alcohol use to be significantly different between the HIV-infected and HIV-uninfected groups. This finding is consistent with a national probability survey of HIV-infected adults receiving medical care in the United States which estimated 53.4% of the population of HIV-infected persons to have consumed alcohol in the past month, similar to a general population estimate of 53.5% reported by the Substance Abuse and Mental Health Services Administration (SAMHSA) [13]. Despite no elevated alcohol use in the HIV-infected group, alcohol use may be uniquely harmful in this population. A recent analysis of data from the Veterans Aging Cohort study found that HIV-

Shiau et al.

infected adults had a higher risk of mortality or physiological injury in comparison to HIVuninfected individuals, even among lower alcohol consumption levels and among individuals with suppressed viral load [29].

Our data suggests the combination of HIV and drug use may affect sub-groups of the population. Consistent with other national estimates indicating that HIV has a disproportionate impact on racial and ethnic minorities in the United States [30], in our study almost 50% of the HIV-infected group included non-Hispanic Blacks and Hispanics in comparison to 25% of the HIV-uninfected group. These differences support that interventions, including HIV and substance use prevention, need to be specifically tailored for affected populations. Although the association between HIV and drug use is higher in males than females, it still remains elevated for women with HIV compared to women without HIV. Globally, female HIV-infected drug users may not regularly engage in HIV care and receive the benefits of ART and specific implementation approaches are needed that consider structural and contextual level barriers to care [31]. While drug use was more prevalent in all age groups comparing HIV-infected individuals to uninfected individuals, young adults (age 18–25) with HIV are of particular concern. More than 60% of HIVinfected young adults in our study used illegal drugs in the past year. Young adults are undergoing many important neurodevelopmental, psychosocial, and lifestyle changes and are more prone to engaging in risky behaviors as compared to older age groups. This can lead to challenges with adherence as they age. Drug use can further disrupt this period of change [32–34] and lead to unexpected complications in this population sub-group.

Although a major strength of this study is the nationally representative data source which allows us to compare an HIV-infected group to an HIV-uninfected group, our study has several limitations. Our estimate of HIV prevalence of 0.19% using combined 2015 to 2014 data from NSDUH among adults 18 or older is slightly lower than other national estimates by the Centers for Disease Control (prevalence of 0.295% of people ages 13 and older living with diagnosed HIV infection in the United States) [35]. This may be due to the nature of the self-reported HIV question which asked if the participant had been told by a doctor or other health care professional that they had HIV/AIDS. HIV-infected individuals misclassified as negative because they are unaware of their infection status may be among the individuals at greatest risk for not seeking care and receiving HIV testing and have higher alcohol and drug use levels. The exclusion of incarcerated, institutionalized, and homeless adults from NSDUH may also contribute to the underestimated HIV prevalence and limit the generalizability of our study.

Findings from this study help us understand the highly interconnected nature of drug use and HIV at the population level and have important implications with respect to HIV prevention, substance use prevention and treatment, as well as HIV care and treatment. Public health efforts are needed to screen and assess those infected with HIV first for substance use to prevent progression to abuse/dependence, then for substance dependence or abuse in order to link those in need of assistance to care and treatment. For uninfected individuals that engage in high-risk behaviors, the risk of HIV acquisition via needle exposure or sexual exposure can be reduced through pre-exposure prophylaxis [36] as well as other harm-reduction strategies, though the effectiveness of pre-exposure prophylaxis highly depends on

adherence [37]. A reduction in drug use may have important implications for the health of people living with HIV.

Acknowledgments

Role of Funding Sources This study was partially funded by the National Institutes of Health, National Institute on Drug Abuse (NIH-NIDA) R01 DA037866 (PI: Martins).

The authors would like to thank the National Survey on Drug Use and Health NSDUH study respondents and Substance Abuse and Mental Health Service Administration (SAMHSA) for access to the NSDUH files.

References

- 1. Centers for Disease Control and Prevention. HIV and Injection Drug Use in the United States. 2015.
- Centers for Disease Control and Prevention. HIV Surveillance Report Diagnoses of HIV Infection in the United States and Dependent Areas. 2014.
- Conrad C, Bradley HM, Broz D, Buddha S, Chapman EL, Galang RR, et al. Community Outbreak of HIV Infection Linked to Injection Drug Use of Oxymorphone--Indiana, 2015. MMWR Morb Mortal Wkly Rep. 2015; 64:443–444. [PubMed: 25928470]
- Baggaley RF, Boily MC, White RG, Alary M. Risk of HIV-1 transmission for parenteral exposure and blood transfusion: a systematic review and meta-analysis. Aids. 2006; 20:805–812. [PubMed: 16549963]
- Molitor F, Truax SR, Ruiz JD, Sun RK. Association of methamphetamine use during sex with risky sexual behaviors and HIV infection among non-injection drug users. West J Med. 168:93–97.
- Purcell DW, Parsons JT, Halkitis PN, Mizuno Y, Woods WJ. Substance use and sexual transmission risk behavior of HIV-positive men who have sex with men. J Subst Abuse. 2001; 13:185–200. [PubMed: 11547619]
- 7. Hudgins R, McCusker J, Stoddard A. Cocaine use and risky injection and sexual behaviors. Drug Alcohol Depend. 1995; 37:7–14. [PubMed: 7882875]
- Kapadia F, Vlahov D, Donahoe RM, Friedland G. The role of substance abuse in HIV disease progression: reconciling differences from laboratory and epidemiologic investigations. Clin Infect Dis. 2005; 41:1027–1034. [PubMed: 16142670]
- Hinkin CH, Barclay TR, Castellon SA, Levine AJ, Durvasula RS, Marion SD, et al. Drug use and medication adherence among HIV-1 infected individuals. AIDS Behav. 2007; 11:185–194. [PubMed: 16897351]
- Azar MM, Springer SA, Meyer JP, Altice FL. A systematic review of the impact of alcohol use disorders on HIV treatment outcomes, adherence to antiretroviral therapy and health care utilization. Drug Alcohol Depend. 2010; 112:178–193. [PubMed: 20705402]
- Strathdee SA, Stockman JK. Epidemiology of HIV among injecting and non-injecting drug users: current trends and implications for interventions. Curr HIV/AIDS Rep. 2010; 7:99–106. [PubMed: 20425564]
- Spiller MW, Broz D, Wejnert C, Nerlander L, Paz-Bailey G. HIV infection and HIV-associated behaviors among persons who inject drugs--20 cities, United States, 2012. MMWR Morb Mortal Wkly Rep. 2015; 64:270–275. [PubMed: 25789742]
- Galvan FH, Bing EG, Fleishman JA, London AS, Caetano R, Burnam MA, et al. The prevalence of alcohol consumption and heavy drinking among people with HIV in the United States: results from the HIV Cost and Services Utilization Study. J Stud Alcohol. 2002; 63:179–186. [PubMed: 12033694]
- 14. Ompad DC, Giobazolia TT, Barton SC, Halkitis SN, Boone CA, Halkitis PN, et al. Drug use among HIV+ adults aged 50 and older: findings from the GOLD II study. AIDS Care. 2016:1–5.
- 15. Substance Abuse and Mental Health Services Administration. Public Use Data Files. 2005–2014. National Survey on Drug Use and Health.
- 16. Substance Abuse and Mental Health Services Administration. National Survey on Drug Use and Health Sample Design Report. 2012.

Shiau et al.

- 17. American Psychiatric Association. Diagnostic and statistical manual of mental disorders. 4. 2000. text rev
- Massanella M, Gianella S, Schrier R, Dan JM, Perez-Santiago J, Oliveira MF, et al. Methamphetamine Use in HIV-infected Individuals Affects T-cell Function and Viral Outcome during Suppressive Antiretroviral Therapy. Sci Rep. 2015; 5:13179. [PubMed: 26299251]
- Korthuis PT, Zephyrin LC, Fleishman JA, Saha S, Josephs JS, McGrath MM, et al. Health-related quality of life in HIV-infected patients: the role of substance use. AIDS Patient Care STDS. 2008; 22:859–867. [PubMed: 19025480]
- Arnsten JH, Demas PA, Grant RW, Gourevitch MN, Farzadegan H, Howard AA, et al. Impact of active drug use on antiretroviral therapy adherence and viral suppression in HIV-infected drug users. J Gen Intern Med. 2002; 17:377–381. [PubMed: 12047736]
- Nolan S, Milloy MJ, Zhang R, Kerr T, Hogg RS, Montaner JS, et al. Adherence and plasma HIV RNA response to antiretroviral therapy among HIV-seropositive injection drug users in a Canadian setting. AIDS Care. 2011; 23:980–987. [PubMed: 21480010]
- Helleberg M, Afzal S, Kronborg G, Larsen CS, Pedersen G, Pedersen C, et al. Mortality attributable to smoking among HIV-1-infected individuals: a nationwide, population-based cohort study. Clin Infect Dis. 2013; 56:727–734. [PubMed: 23254417]
- Marcus JL, Chao CR, Leyden WA, Xu L, Quesenberry CP Jr, Klein DB, et al. Narrowing the gap in life expectancy between HIV-infected and HIV-uninfected individuals with access to care. J Acquir Immune Defic Syndr. 2016
- 24. Samji H, Cescon A, Hogg RS, Modur SP, Althoff KN, Buchacz K, et al. Closing the gap: increases in life expectancy among treated HIV-positive individuals in the United States and Canada. PLoS One. 2013; 8:e81355. [PubMed: 24367482]
- 25. McCance-Katz EF. Treatment of opioid dependence and coinfection with HIV and hepatitis C virus in opioid-dependent patients: the importance of drug interactions between opioids and antiretroviral agents. Clin Infect Dis. 2005; 41(Suppl 1):S89–95. [PubMed: 16265622]
- Cropsey KL, Willig JH, Mugavero MJ, Crane HM, McCullumsmith C, Lawrence S, et al. Cigarette Smokers are Less Likely to Have Undetectable Viral Loads: Results From Four HIV Clinics. J Addict Med. 2016; 10:13–19. [PubMed: 26656939]
- 27. Gray RH, Wawer MJ, Brookmeyer R, Sewankambo NK, Serwadda D, Wabwire-Mangen F, et al. Probability of HIV-1 transmission per coital act in monogamous, heterosexual, HIV-1-discordant couples in Rakai, Uganda. Lancet. 2001; 357:1149–1153. [PubMed: 11323041]
- Attia S, Egger M, Muller M, Zwahlen M, Low N. Sexual transmission of HIV according to viral load and antiretroviral therapy: systematic review and meta-analysis. Aids. 2009; 23:1397–1404. [PubMed: 19381076]
- Justice AC, McGinnis KA, Tate JP, Braithwaite RS, Bryant KJ, Cook RL, et al. Risk of mortality and physiologic injury evident with lower alcohol exposure among HIV infected compared with uninfected men. Drug Alcohol Depend. 2016; 161:95–103. [PubMed: 26861883]
- Pellowski JA, Kalichman SC, Matthews KA, Adler N. A pandemic of the poor: social disadvantage and the U.S. HIV epidemic. Am Psychol. 2013; 68:197–209. [PubMed: 23688088]
- Metsch L, Philbin MM, Parish C, Shiu K, Frimpong JA, Giang le M. HIV Testing, Care, and Treatment Among Women Who Use Drugs From a Global Perspective: Progress and Challenges. J Acquir Immune Defic Syndr. 2015; 69(Suppl 2):S162–168. [PubMed: 25978483]
- 32. Degenhardt L, Stockings E, Patton G, Hall WD, Lynskey M. The increasing global health priority of substance use in young people. Lancet Psychiatry. 2016; 3:251–264. [PubMed: 26905480]
- Squeglia LM, Gray KM. Alcohol and Drug Use and the Developing Brain. Curr Psychiatry Rep. 2016; 18:46. [PubMed: 26984684]
- Chambers RA, Taylor JR, Potenza MN. Developmental neurocircuitry of motivation in adolescence: a critical period of addiction vulnerability. Am J Psychiatry. 2003; 160:1041–1052. [PubMed: 12777258]
- 35. Hall HI, An Q, Tang T, Song R, Chen M, Green T, et al. Prevalence of Diagnosed and Undiagnosed HIV Infection--United States, 2008–2012. MMWR Morb Mortal Wkly Rep. 2015; 64:657–662. [PubMed: 26110835]

- 36. Landovitz RJ. Preexposure Prophylaxis For HIV Prevention: What We Know and What We Still Need to Know for Implementation. Top Antivir Med. 2015; 23:85–90. [PubMed: 26200708]
- Grant RM, Lama JR, Anderson PL, McMahan V, Liu AY, Vargas L, et al. Preexposure chemoprophylaxis for HIV prevention in men who have sex with men. N Engl J Med. 2010; 363:2587–2599. [PubMed: 21091279]

Highlights

- Little known on drug use patterns in people with HIV versus the general population
- Use of data from the National Survey on Drug Use and Health (2005–2014)
- Increased drug use in HIV-infected population in nationally representative sample
- Drug use can affect HIV disease progression, care, and adherence to treatment

Table 1

Selected characteristics of participants living without and with HIV/AIDS age 18 and older (N=377,787). Data from the 2005 to 2014 National Survey on Drug Use and Health, United States. Percentages are weighted to be nationally representative.

	Tota N =	Total sample N = 377787	HIV-L	HIV-uninfected N = 377239	IH	HIV-infected N=548	
Characteristics	Z	Wt % (SE)	Z	Wt % (SE)	z	Wt % (SE)	P-value
Sex							
Male	175197	48.1	174790	48.0	407	80.1	<0.0001
Female	202590	(0.13)	202449	(0.13)	141	(2.2)	
		51.9 (0.13)		52.0 (0.13)		19.9 (2.2)	
Age							
18–25	178024	14.6	177898	14.7	126	5.7 (0.7)	
26–34	58034	(60.0)	57950	(0.0)	84	15.6	< 0.0001
35-49	80984	15.8	80743	15.8	241	(2.0)	
50+	60745	(60.0)	60648	(0.09)	76	41.4	
		27.5 (0.13)		27.5 (0.13)		(2.9) 37.3	
		42.0 (0.18)		42.1 (0.18)		(2.8)	
Race/ethnicity							
Non-Hispanic White	241855	58.0	241598	68.1	257	51.5	
Non-Hispanic Black	46083	(0.19)	45896	(0.18)	187	(3.7)	<0.001
Hispanic	57964	11.5	57870	11.4	94	29.2	
Other	31885	(0.13)	31875	(0.13)	10	(3.3)	
		13.9 (0.13)		13.9 (0.13)		18.8 (2.6)	
		6.6 (0.10)		6.6 (0.10)		0.5~(0.4)	
Education							
Less than high school	294313	71.2	293897	71.2	416	67.0	0.226
High school graduate or more	83474	(0.18)	83342	(0.18)	132	(3.6)	
		28.8 (0.18)		28.7 (0.18)		33.0 (3.6)	

nuscript	Author Manuscript	A		Author Manuscript	r Ma	Autho
	Tota N =	Total sample N = 377787	HIV-u=N	HIV-uninfected N = 377239	H	HIV-infected N=548
Characteristics	Z	Wt % (SE)	Z	Wt % (SE)	z	Wt % (SE
<\$19,000	94937	18.4	94707	18.3	230	40.1
\$20,000–39,000	130384	(0.14)	130214	(0.14)	170	(3.6)
\$40,000-74,000	60878	32.9	60820	32.9	58	29.7
\$75,000+	91588	(0.14)	91498	(0.140)	90	(2.7)
		17.4 (0.13)		17.5 (0.13)		11.2 (2.2)
		31.4 (0.20)		31.4 (0.20)		19.1 (3.2)
Marital status						
Currently married	139779	54.0	139722	54.0	57	14.1
Previously married	45350	(0.17)	45248	(0.17)	102	(2.3)
Never married	192658	19.8 (0.12)	192269	19.8 (0.12)	389	17.8 (2.2)
		26.3 (0.13)		26.2 (0.13)		68.1 (2.8)

< 0.0001

68.1 (2.8)

17.8 (2.2)

19.1 (3.2)

11.2 (2.2)

< 0.0001

P-value

N Wt % (SE)

Table 2

Drug use characteristics of participants living without and with HIV/AIDS age 18 and older (N=377,787). Data from the 2005 to 2014 National Survey on Drug Use and Health, United States. Percentages are weighted to be nationally representative.

	Tota N =	Total sample N = 377787		N = 377239		HIV-infected N=548	
Characteristics	Z	Wt % (SE)	z	Wt % (SE)	z	Wt % (SE)	P-value
Ever							
Cigarette	254248	68.7 (0.12)	253813	68.7 (0.12)	435	79.4 (2.4)	<0.0001
Any tobacco	274301	73.4 (0.11)	273850	73.4 (0.11)	451	83.3 (2.2)	0.0001
Alcohol	330728	87.5 (0.10)	330215	87.5 (0.10)	513	94.6 (1.5)	0.001
Marijuana	189121	44.6 (0.14)	188715	44.5 (0.14)	406	76.7 (2.4)	<0.0001
Cocaine	60337	15.9 (0.10)	69009	15.9 (0.10)	268	57.6 (3.0)	<0.001
Heroin	7230	1.78 (0.03)	7175	1.76 (0.03)	55	11.4 (2.1)	<0.0001
Hallucinogens	68278	15.8 (0.09)	68050	15.7 (0.09)	228	49.2 (3.1)	<0.001
Inhalants	37994	8.7 (0.08)	37790	8.6 (0.08)	204	42.7 (2.9)	<0.0001
Psychotherapeutics	96140	21.6 (0.09)	95890	21.5 (0.09)	250	47.4 (3.3)	<0.001
Any illegal drug use	209431	49.6 (0.13)	208981	49.6 (0.13)	450	83.8 (2.1)	<0.001
Past year							
Cigarette	139303	28.5 (0.13)	139001	28.4 (0.13)	302	50.9 (3.0)	<0.0001
Any tobacco	164607	34.5 (0.13)	164286	34.4 (0.13)	321	53.0 (3.0)	<0.001
Alcohol	283089	70.5 (0.15)	282675	70.5 (0.15)	414	75.5 (2.9)	0.098
Marijuana	72425	11.2 (0.08)	72215	11.1 (0.08)	210	34.2 (2.9)	<0.001
Cocaine	12849	2.0 (0.03)	12769	2.0 (0.03)	80	12.9 (2.0)	< 0.0001
Heroin	1574	0.24 (0.01)	1564	0.24 (0.01)	10	1.7 (1.0)	0.0002
Hallucinogens	13346	1.5 (0.02)	13303	1.5 (0.02)	43	5.3 (1.3)	<0.0001
Inhalants	3362	0.46 (0.02)	3298	0.44 (0.02)	64	9.9 (1.6)	<0.0001
Psychotherapeutics	35759	6.03 (0.06)	35655	6.01 (0.06)	104	16.1 (2.3)	<0.001
Any illegal drug use	89037	14.7 (0.10)	88753	14.7 (0.10)	284	46.1 (2.9)	<0.0001

	Author
-	Manuscript

Author Manuscript

HIV-uninfected HIV-infected N = 377239 N=548 N = 377239 N=548 N Wt % (SE) N Wt % (Sintropy (Sintropy Sintropy Si
.: 3772.39 .: 3772.39 Wt % (SE) 24.5 (0.13) 29.3 (0.13)

Total sample N = 377787

Characteristics	Z	Wt % (SE)	Z	Wt % (SE)	Z	Wt % (SE)	P-value
Cigarette	116544	24.6 (0.13)	116273	24.5 (0.13)	271	45.7 (3.1)	<0.0001
Any tobacco	136543	29.3 (0.13)	136258	29.3 (0.13)	285	47.3 (3.1)	<0.0001
Alcohol	222369	55.9 (0.15)	222024	55.8 (0.15)	345	61.9 (3.1)	0.056
Marijuana	43769	6.8 (0.06)	43618	6.7 (0.06)	151	24.9 (2.5)	<0.0001
Cocaine	4159	0.74 (0.02)	4121	0.73 (0.02)	38	7.3 (1.6)	<0.0001
Heroin	648	0.11 (0.007)	642	0.11 (0.006)	9	1.5(1.0)	<0.0001
Hallucinogens	3391	0.40 (0.01)	3376	0.40(0.01)	15	1.8 (0.67)	<0.0001
Inhalants	849	0.15(0.01)	815	$0.14\ (0.01)$	34	6.0(1.4)	<0.0001
Psychotherapeutics	14769	2.6 (0.04)	14715	2.5 (0.04)	54	8.8 (1.8)	< 0.0001
Any illegal drug use	52693	8.6 (0.07)	52489	8.6 (0.07)	204	36.0 (2.9)	<0.0001
Past year DSM-IV dependence							
Alcohol	18861	3.4 (0.04)	18817	3.4 (0.04)	44	6.1 (1.5)	0.018
Marijuana	7733	0.96 (0.02)	7708	0.95 (0.02)	25	2.9 (0.8)	<0.0001
Cocaine	1838	0.35 (0.01)	1809	0.34 (0.01)	29	4.6 (1.3)	<0.0001
Heroin	882	0.14 (0.008)	876	0.14~(0.008)	9	1.5(1.0)	<0.0001
Hallucinogens	360	0.04 (0.003)	356	0.04 (0.003)	4	0.24 (0.14)	0.0002
Inhalants	75	0.01 (0.002)	71	0.01 (0.002)	4	0.59 (0.35)	<0.0001

Addict Behav. Author manuscript; available in PMC 2018 May 01.

< 0.0001< 0.0001

2.8 (0.8) 10.2 (1.8)

0.63 (0.02) 1.8 (0.03)

4102 12745

0.64 (0.02) 1.8 (0.03)

Psychotherapeutics Any illicit drug

12812 4121

4 19 67

Table 3

Unadjusted and adjusted weighted binary logistic regression model for the association between HIV status and drug use. Data from the 2005 to 2014 National Survey on Drug Use and Health, United States.

Characteristics	Unadjusted OR (95% CI) (HIV+ vs. HIV-)	* Adjusted OR (95% Cl (HIV+ vs. HIV-)
Ever		
Cigarette	1.76 (1.32, 2.34)	1.63 (1.22, 2.17)
Any tobacco	1.80 (1.33, 2.44)	1.50 (1.10, 2.05)
Alcohol	2.51 (1.42, 4.44)	2.47 (1.40, 4.33)
Marijuana	4.09 (3.15, 5.33)	3.58 (2.75, 4.66)
Cocaine	7.19 (5.64, 9.16)	5.49 (4.10, 7.35)
Heroin	7.21 (4.75, 10.95)	3.84 (2.47, 5.98)
Hallucinogens	5.18 (4.07, 6.61)	4.55 (3.37, 6.14)
Inhalants	7.92 (6.27, 10.00)	6.85 (5.12, 9.15)
Psychotherapeutics	3.29 (2.53, 4.26)	3.11 (2.31, 4.18)
Any illegal drug use	5.26 (3.89, 7.12)	4.62 (3.39, 6.29)
Past year		
Cigarette	2.61 (2.06, 3.30)	2.15 (1.67, 2.77)
Any tobacco	2.15 (1.70, 2.72)	1.59 (1.24, 2.05)
Alcohol	1.29 (0.95, 1.74)	1.33 (0.93, 1.90)
Marijuana	4.15 (3.24, 5.32)	3.16 (2.41, 4.16)
Cocaine	7.24 (5.13, 10.21)	4.56 (3.16, 6.58)
Heroin	7.17 (2.17, 23.63)	3.64 (1.08, 12.25)
Hallucinogens	3.60 (2.15, 6.02)	3.76 (2.28, 6.22)
Inhalants	24.75 (16.99, 36.06)	14.69 (9.90, 21.79)
Psychotherapeutics	3.01 (2.16, 4.18)	2.73 (1.93, 3.86)
Any illegal drug use	4.98 (3.96, 6.26)	3.98 (3.07, 5.16)
Past month		
Cigarette	2.59 (2.03, 3.31)	2.09 (1.63, 2.68)
Any tobacco	2.17 (1.71, 2.76)	1.63 (1.29, 2.06)
Alcohol	1.28 (0.99, 1.66)	1.21 (0.90, 1.63)
Marijuana	4.60 (3.54, 5.99)	3.31 (2.49, 4.40)
Cocaine	10.70 (6.68, 17.15)	5.27 (3.25, 8.55)
Heroin	14.54 (4.06, 52.03)	6.36 (1.80, 22.44)
Hallucinogens	4.59 (2.16, 9.76)	4.04 (1.86, 8.80)
Inhalants	45.40 (27.94, 73.77)	16.94 (10.22, 28.06)
Psychotherapeutics	3.70 (2.39, 5.71)	3.09 (1.95, 4.90)
`Any illegal drug use	5.98 (4.68, 7.64)	4.45 (3.39, 5.82)

Past year DSM-IV dependence

Characteristics	Unadjusted OR (95% CI) (HIV+ vs. HIV-)	* Adjusted OR (95% CI) (HIV+ vs. HIV-)
Alcohol	1.86 (1.10, 3.12)	1.17 (0.69, 1.99)
Marijuana	3.12 (1.80, 5.41)	2.31 (1.32, 4.06)
Cocaine	14.00 (7.88, 24.86)	6.01 (3.22, 11.21)
Heroin	11.02 (2.97, 40.91)	5.19 (1.39, 19.31)
Hallucinogens	6.32 (2.09, 19.17)	5.74 (1.84, 17.94)
Inhalants	70.66 (22.29, 224.02)	64.29 (14.60, 283.20)
Psychotherapeutics	4.43 (2.50, 7.87)	3.95 (2.17, 7.20)
Any illicit drug	6.14 (4.16, 9.07)	4.34 (2.87, 6.57)

* Adjusted for sex (reference = female), age (reference = 50+), race/ethnicity (reference = non-Hispanic white), education (reference = high school graduate or more), total family income (reference = \$75,000+), marital status (reference = currently married)

Author Manuscript

Table 4

Past year illegal drug use of participants living without and with HIV/AIDS age 18 and older (N=377,787) stratified by sex, age, and race/ethnicity. Data from the 2005 to 2014 National Survey on Drug Use and Health, United States. Percentages are weighted to be nationally representative.

	HIV-1	HIV-uninfected N = 377239	IH	HIV-infected N=548	
Strata	z	Wt % (SE)	z	Wt % (SE)	P-value
Sex					
Male	48218	17.7 (0.2)	231	50.6 (3.4)	<0.0001
Female	40535	11.9 (0.1)	53	28.2 (5.0)	<0.0001
Age					
18–25	61236	35.1 (0.2)	<i>6L</i>	62.7 (6.2)	<0.0001
26–34	12699	22.0 (0.3)	53	57.9 (7.9)	<0.0001
35-49	11054	13.1 (0.1)	114	48.2 (4.6)	<0.0001
50+	3764	5.8 (0.1)	38	36.4 (6.5)	<0.0001
Race/ethnicity					
Non-Hispanic White	58238	14.9 (0.1)	142	49.8 (4.4)	<0.0001
Non-Hispanic Black	11405	16.4 (0.3)	86	41.9 (5.4)	<0.0001
Hispanic	11626	13.5 (0.2)	47	43.2 (7.3)	<0.0001