

Korean Journal of Family Medicine

Original Article

Knowledge, Current Status, and Barriers toward Healthcare Worker Vaccination among Family Medicine Resident Participants in a Web-Based Survey in Korea

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Background: We investigated the knowledge, status, and barriers toward healthcare workers receiving vaccinations among Korean family medicine residents. To date, a systematic study has not been conducted among medical practitioners examining these variables.

Methods: A web-based, anonymous, self-administered questionnaire was distributed to all 942 family medicine residents working in 123 training hospitals in Korea. A multiple logistic regression analysis was performed to investigate factors affecting vaccination completion.

Results: Korean family medicine residents (N=242, 25.7%) from 54 training hospitals (43.9%) participated in the survey. Only 24 respondents (9.9%) had correct knowledge on all the recommended vaccinations by the Korean Society of Infectious Diseases. The complete vaccination rates against hepatitis B virus and influenza were relatively high (69.4% and 83.0%, respectively), whereas they were relatively low against other infections (e.g., 16.5%–53.1%). The most common reason for not receiving a vaccination was the belief that there was little possibility of infection from the vaccine-preventable diseases.

Conclusion: Knowledge and vaccination coverage were poor among family medicine residents in Korea. Medical schools should provide vaccination information to healthcare workers as part of their mandatory curriculum. Further research should confirm these findings among primary care physicians and other healthcare workers.

Keywords: Health Personnel; Family Practice; Internship and Residency; Vaccination; Education, Medical



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INTRODUCTION

Healthcare workers (HCWs) are defined as all persons employed in a healthcare facility, including (but not limited to) physicians, nurses, pharmacists, paramedical, laboratory, administrative staff, and medical students.1) They may be exposed to and transmit vaccine-preventable diseases such as influenza, measles, rubella, and pertussis. Maintaining immunity in the HCW population helps prevent transmission of vaccine-preventable diseases between HCWs and patients. However, only a handful of studies have investigated overall immunization for HCWs.²⁻⁷⁾ In addition, these studies were performed in a few countries in Europe, 2-5) Australia, 6) and South America; 7) however, no studies have been conducted in the United States or Asia.

In Korea, HCW vaccination was established by the Korean Society of Infectious Diseases (KSID) for hepatitis A, hepatitis B, varicella, measles-mumps-rubella (MMR), diphtheria-tetanus-pertussis (DTP), and influenza (annually).8 Many studies in Korea have investigated HCWs' vaccination status for hepatitis A, hepatitis B, pneumonia, or influenza;9-12) however, no study has focused on overall recommended immunization for HCWs.

Family medicine doctors, as primary care physicians, are easily exposed to many infectious diseases. It is necessary for them to receive vaccinations for their own health and the health of their patients. Additionally, they must complete vaccinations before or during the early period of their resident training. However, there has been no systematic study on the knowledge or vaccination status recommended to HCWs among family medicine residents and doctors. Investigations on family medicine residents are even more important because they provide information on the recent education programs in medical schools and training hospitals.

This study was conducted (1) to investigate knowledge on HCW vaccination and the vaccination status among family medical residents in Korea, and (2) to identify the barriers against their immunization.

METHODS

A web-based, anonymous, self-administered questionnaire was distributed to all 942 family medicine residents working in 123 training hospitals in Korea in July 2014. We designed survey questions based on KSID's recommendation with reference to the Centers for Disease Control and Prevention in the United States. Preliminary survey questions were created in consultation with an advisory council (2 family medicine specialists and 1 infectious medicine specialist). After a pilot study with 20 family medicine residents in Korea, the final questionnaire was completed via the advisory council. The institute ethics committee approved the study. This study's procedure followed the guidelines of the Declaration of Helsinki. Informed consent was obtained from all participants.

The following data were collected from each resident: demographics and residency grade, living region, hospital training level, length of medical career in years, history of natural infection, knowledge and information source on vaccines recommended for HCWs, the number of vaccinations received, a serology test after hepatitis B vaccination, and barriers to vaccination. Based on the KSID recommendations, we further checked the MMR vaccination history using medical records or vaccination booklets.

Complete vaccination was defined as follows: 2 doses of hepatitis A vaccine, 3 doses of hepatitis B vaccine and a serology check for seroconversion, 2 doses for varicella vaccination for HCWs born after 1970, 2 doses of MMR for HCWs born after 1967, 1 dose of adult DTP vaccine (introduced in 2008 in Korea), and an influenza vaccine received during the past 12 months. Incomplete vaccination indicated an insufficient number of vaccinations, an incomplete vaccine (i.e., tetanusdiphtheria vaccine instead of tetanus-diphtheria-pertussis vaccine), or an unconfirmed hepatitis B surface antibody. Self-reported immunity against vaccine-preventable diseases was defined as either a history of natural infection leaving permanent immunity and/or a history of completed, up-to-date vaccination.

Frequencies and means were used for categorical and continuous variables, respectively. A multiple logistic regression analysis was applied to investigate factors significantly associated with HCWs' vaccination state, which included age, sex, residency grade, living region, hospital training level, years as a doctor, correct knowledge state for

Table 1. Participants' baseline characteristics (N=242)

Characteristic	No. (%)
Age (y) 26–30 31–34 ≥35	64 (26.4) 107 (44.2) 71 (29.3)
Sex Male Female	144 (59.5) 98 (40.5)
Residency grade First year Second year Third year	69 (28.5) 65 (26.9) 88 (36.4)
Living region Capital region Non-capital region	169 (69.8) 73 (30.2)
Hospital training level Secondary Tertiary	112 (46.3) 130 (53.7)
Length of medical career (y) 1–3 4–6 ≥7	102 (42.1) 94 (38.8) 46 (19.0)
Past history of vaccine-preventable disease* Hepatitis A Hepatitis B (carrier) Varicella Mumps Measles Rubella	5 (2.1) 2 (0.8) 63 (26.0) 15 (6.2) 2 (0.8) 9 (3.7)

^{*}No participant reported a history of diphtheria, tetanus, or pertussis.



each HCW vaccination, and an antibody test. For all statistical analyses, Stata software ver. 10.0 (Stata Co., College Station, TX, USA) was used. A P-value <0.05 was considered statistically significant.

RESULTS

1. Participants' Baseline Characteristics

Korean family medicine residents (N=242, 25.7%; 144 males and 98 females) from 54 training hospitals (43.9%) participated in the survey. Table 1 shows participants' baseline characteristics. The mean age of participants was 32.8 ± 3.8 years (range, 26 to 48 years). The majority of subjects (69.8%) were living in the capital region (Seoul, Incheon, or Gyeonggi-do). The highest frequency of the history of disease was varicella (26.0%, 63/242), followed by mumps (6.2%, 15/242), and rubella (3.7%, 9/242). No participants reported a past history of diphtheria, tetanus, or pertussis.

2. Information Source

Table 2 presents the information source regarding HCW vaccination. Of all participants, 73.9% (179/242) had ever been informed about HCW vaccination. Most of them had information from the resident training course (33.5%), medical college (31.1%), and job education in the training hospital (19.0%). Overall, only 56 subjects had been informed by medical colleges which corresponded to 23.1% of all participants.

3. Correct Knowledge about Vaccination

Only 24 HCWs (9.9%) answered correctly on all 6 KSID recommended vaccinations. Most HCWs were aware of the recommendations for

Table 2. Source of information about healthcare worker vaccination (N=179)*

Information source	No. (%)
Resident training course	60 (33.5)
Medical college study course	56 (31.3)
Job education in a training hospital	34 (19.0)
From a medical book, journal, or the Internet	12 (6.7)
Education outside the training hospital	7 (3.9)
From colleagues	5 (2.8)
Others	5 (2.8)

^{*}Non-respondents were excluded.

vaccination against hepatitis A, hepatitis B, and seasonal influenza (77.3%, 92.2%, and 89.2%, respectively); however, the percentage of correct answers for other vaccines were relatively low (51.2%–57.9%). Table 3 summarizes the correct knowledge about HCW vaccination based on KSID.

4. Complete and Incomplete Vaccination Rate

Table 4 shows participants' complete and incomplete vaccination rate based on KSID's recommendation. Carriers for hepatitis B virus, participants with past history for each viral disease, or non-respondents were excluded from the analysis. While the complete vaccination rates against hepatitis B and influenza were high (69.4% and 83.0%, respectively), that against DTP was the low (16.5%). More than half of all subjects (53.1%) had completed MMR vaccination; only 9.4% of respondents could prove vaccination status by medical records or vaccination record book.

5. Factors Affecting Vaccination Completion

Table 5 presents multivariate logistic regression analyses on the association between various factors and completed vaccination against target diseases. Compared with the <30-year-old group, the \geq 31 year-old groups showed a significantly lower vaccination rate (odds ratio [OR], 0.25; 95% confidence interval [CI], 0.09 to 0.67 in age of 31–34; OR, 0.31; 95% CI, 0.10 to 0.92 in age of 35 or more). Females showed a

 $\begin{tabular}{ll} \textbf{Table 3.} Correct knowledge about healthcare worker vaccination based on the Korean Society of Infectious Diseases (N=242) \end{tabular}$

Vaccination	Participants with correct answer		
Recommended			
Hepatitis B	223 (92.2)		
Influenza	216 (89.2)		
Hepatitis A	187 (77.3)		
Measles-mumps-rubella	140 (57.9)		
Tetanus-diphtheria-pertussis	137 (56.6)		
Varicella	124 (51.2)		
Not recommended			
Meningococcus	185 (76.4)		
Pneumococcus	161 (66.5)		
Correct answers to all recommended vaccinations	24 (9.9)		

Values are presented as number (%).

Table 4. Participants with complete and incomplete healthcare worker vaccination based on the Korean Society of Infectious Diseases recommendation*

	Influenza (n=200)	Hepatitis B (n=206)	Measles-mumps-rubella (n=213)	Hepatitis A (n=208)	Varicella (n=144)	Tetanus-diphtheria-pertussis (n=194)
Complete vaccination	166 (83.0)	143 (69.4)	113 (53.1)	84 (40.4)	42 (29.2)	32 (16.5)
Incomplete vaccination [†]	NA [‡]	62 (30.1)	66 (31.0)	41 (19.7)	73 (50.7)	45 (23.2)
No vaccination	34 (17.0)	1 (0.5)	34 (15.9)	83 (39.9)	29 (20.1)	117 (60.3)

Values are presented as number (%).

^{*}Participants with a history of each viral disease, carriers for the hepatitis B virus, or non-respondents were excluded from the analysis. †Incomplete vaccination indicates that participants with an insufficient number of vaccination, an incomplete vaccine (i.e., diphtheria-tetanus instead of tetanus-diphtheria-pertussis), or an unconfirmed hepatitis B surface antibody. †Not applicable due to ineffectiveness of previous vaccinations more than 6 months ago.



Table 5. Factors affecting completion of HCW vaccination for each vaccine-preventable disease

Variable	Hepatitis A (n=208)	Hepatitis B (n=206)	Varicella (n=144)	Measles-mumps-rubella (n=213)	Tetanus-diphtheria-pertussis (n=194)	Influenza (n=200)
Age (y)						
26–30	1	1	1	1	1	1
31-34	0.50 (0.23-1.11)	0.25 (0.09-0.67)	0.86 (0.97-2.52)	0.60 (0.28-1.30)	1.30 (0.46-3.71)	0.63 (0.20-1.98)
≥35	0.41 (0.16-1.05)	0.31 (0.10-0.92)	0.56 (0.13-1.53)	0.62 (0.25-1.52)	0.39 (0.09-1.72)	0.35 (0.10-1.22)
Sex						
Male	1	1	1	1	1	1
Female	0.92 (0.48-1.76)	2.54 (1.20-5.35)	0.48 (0.13-1.78)	0.50 (0.21-1.17)	0.45 (0.82-1.13)	0.71 (0.28-1.81)
Residency grade						
First year	1	1	1	1	1	1
Second year	0.71 (0.32-1.53)	0.58 (0.25-1.37)	1.55 (0.51-4.76)	1.46 (0.69-3.05)	0.64 (0.21-1.94)	2.54 (0.84-7.70)
Third year	0.64 (0.28-1.46)	0.94 (0.35-2.52)	1.02 (0.29-3.65)	1.33 (0.61-2.91)	1.05 (0.33-3.03)	2.68 (0.86-8.37)
Living region						
Capital region	1	1	1	1	1	
Non-capital region	1.13 (0.55–2.32)	1.77 (0.80–3.95)	0.60 (0.19–1.86)	0.62 (0.31–1.23)	1.32 (0.49–3.58)	0.43 (0.17–1.09)
Hospital training level						
Secondary	1	1	1	1	1	1
Tertiary	1.41 (0.74–2.67)	1.19 (0.60–2.35)	1.18 (0.47–3.02)	1.25 (0.68–2.31)	1.74 (0.70-4.30)	0.31 (0.12–0.76)
Length of medical career (y)						
1–3	1	1	1	1	1	1
4–6	2.03 (0.93–4.42)	1.85 (0.79–4.33)	0.58 (0.20–1.71)	0.84 (0.41–1.74)	0.85 (0.30–2.40)	0.46 (0.16–1.38)
≥7	1.15 (0.42–3.18)	1.32 (0.48–3.57)	0.40 (0.08–1.90)	1.07 (0.42–2.71)	0.26 (0.04–1.56)	0.45 (0.13–1.55)
Correct knowledge for each						
HCW vaccination No	1	1	1	1	1	1
Yes	2.10 (0.92–4.83)	0.72 (0.16–3.31)	3.64 (1.43–9.29)	1.71 (0.92–3.17)	3.95 (1.45–10.78)	4.20 (1.33–14.30)
100	2.10 (0.92-4.03)	0.12 (0.10-3.31)	3.04 (1.43–9.29)	1.71 (0.82–3.17)	3.90 (1.40-10.76)	4.20 (1.33-14.30)

Values are presented as adjusted odds ratio (95% confidence interval). Multivariate logistic regression analysis adjusted for all variables presented in the table. HCW, healthcare worker.

Table 6. Barriers that prevent vaccination for each HCW vaccination*

	Hepatitis A (n=90)	Hepatitis B (n=37)	Varicella (n=72)	Measles-mumps-rubella (n=70)	Tetanus-diphtheria-pertussis (n=98)	Influenza (n=48)
Little possibility of infection	36 (40.0)	13 (35.1)	29 (40.3)	39 (55.7)	42 (42.9)	17 (35.4)
Too busy	20 (22.2)	5 (13.5)	11 (15.3)	9 (12.9)	21 (21.4)	11 (22.9)
Too expensive	13 (14.4)	0	2 (2.8)	3 (4.3)	3 (3.1)	2 (4.2)
Fear of adverse effects	8 (8.9)	0	7 (9.7)	6 (8.6)	4 (4.1)	7 (14.6)
Belief that vaccine is not protective	3 (3.3)	3 (8.1)	2 (2.8)	3 (4.3)	5 (5.1)	6 (12.5)
Others	10 (11.1)	16 (43.2)	21 (29.2)	10 (14.3)	23 (23.5)	5 (10.4)

Values are presented as number (%).

HCW, healthcare worker.

significantly higher hepatitis B vaccination status than males did (OR, 2.54; 95% CI, 1.20 to 5.35). Respondents working in tertiary hospitals had a lower influenza vaccination rate than those in secondary hospitals did (OR, 0.31; 95% CI, 0.12 to 0.76). Those who had correct knowledge on the recommended vaccine showed a higher vaccination rate than those who had incorrect knowledge on varicella, DTP, and influenza (OR, 3.64; 95% CI, 1.43 to 9.29; OR, 3.95; 95% CI, 1.45 to 10.78; OR, 4.20; 95% CI, 1.33 to 14.30, respectively). A multiple logistic regression analysis revealed no associations between vaccination rate and residency grade, living region, or length of career as a doctor.

6. Barriers Preventing Each Vaccination

The most common reason for not completing vaccination was 'they have little possibility of infection' (35.1%-55.7% depending on each vaccine). The second most common barrier that prevented vaccination was that 'they are too busy.' These rates ranged from as low as 12.9% for MMR to 22.9% for influenza. Fourteen-point-four percent answered that 'it is too expensive to get vaccination' for hepatits A. Of the 48 subjects who did not complete the influenza vaccination, 7 (14.6%) stated 'concern about adverse reactions' for influenza vaccine. Table 6 summarizes the barriers that prevented vaccination for each HCW.

^{*}This question was confined to those who did not complete the HCW vaccination.

DISCUSSION

In this study, only 9.9% of participants had correct knowledge on HCW vaccinations recommended by the KSID. Compared to the level of correct knowledge on HCW vaccination, vaccination rates were relatively low, except for influenza and hepatitis B. The major cause for not completing vaccination was their belief that they have little possibility of infection by vaccine-preventable diseases.

Among vaccinations recommended for HCWs, vaccination against hepatitis A and B required 6 months; furthermore, for hepatitis B, an additional 6 months may be needed for revaccination according to the results of a serology test. Given the long period to complete vaccinations, education on HCW vaccination should be part of their training at medical schools. Unfortunately, only 23.1% of the participants had received this information in school. If possible, this information should be included in as part of the mandatory curriculum.

Of note, this study indicated that knowledge about HCW vaccinations was extremely low (9.9%). A similar tendency was reported in other countries: only 12.9% of HCWs in primary healthcare centers in Greece correctly named the 3 vaccines recommended for HCWs;¹³⁾ another study in a French hospital showed that only 25% of HCWs were able to list the 3 mandatory vaccines for HCWs.²⁾ Therefore, the public health authority of each country should pay attention to this issue and establish new continuing education programs on HCW vaccination.

Regarding complete vaccination rate, we found that influenza was the highest (83%); this was followed by hepatitis B, MMR, and hepatitis A (69.4%, 53.1%, and 40.4%, respectively); varicella and DTP were the lowest (29.2% and 16.5%, respectively). According to a 2003 study conducted at a university hospital in Korea, HCWs' hepatitis B antibody positive rate was similar (76.9%).¹⁰⁾ HCWs' self-reported vaccination rates against hepatitis B ranged from 40% to 95%, worldwide. 6,13) Despite the reported high rates of knowledge on HCW vaccination against hepatitis B (92.2%), only 69.4% completed hepatitis B vaccination based on KSID recommendations. Similarly, comparable discordance between belief and action was reported in a hospital in Australia, where only 18% of 269 HCWs were fully vaccinated despite their high (94%) rate of stated belief in the importance of full vaccination.⁶⁾ Likewise in Greece, despite high rates of knowledge about vaccination of HCW against hepatitis B and influenza (81.2% and 75.4%, respectively), almost half of the HCWs were not vaccinated against hepatitis B, and 60% had never received an influenza shot. 14) Globally, HCWs' voluntary compliance with influenza vaccination rarely exceeds 40%.³⁾ Our study, on the other hand, showed a high rate of knowledge and vaccination against influenza (89.2% and 83%, respectively). The high vaccination rate of influenza may have originated from a free vaccine supplied by the working hospital annually. This observation was in line with a previous study in Korea. 12)

Our data revealed that both knowledge and vaccination rate for varicella, DTP, and MMR were relatively low. The self-reported susceptibility rates against MMR, and varicella ranged from 12.7% to 18.9% in

other countries.¹⁵⁻¹⁷⁾ Given the seriousness of these viral illness in adulthood and the recent outbreaks of measles and pertussis in Korea,^{18,19)} the importance of these vaccines must be as equally emphasized as hapatitis A, hepatitis B, or influenza vaccines are. Notably, there were recent measles, mumps, and rubella epidemics in Europe and the United States;²⁰⁻²³⁾ therefore, vaccination against such diseases is of particular importance because of the increase in overseas travel to these countries.

Of these vaccinations, the complete vaccination rate against MMR (53.1%) may be incorrect. Historically, the MMR vaccine was introduced to Korea in 1980 and recommended at only one dose initially. Since 1997, the second dose was added at the age of 4–6 years. All respondents in this study were older than 6 years old. During medical school, most respondents learned that the national childhood immunization program recommends 2 doses of MMR vaccines; therefore, they might have confused their doses of MMR vaccine as two and incorrectly reported the number of MMR vaccines, which led to an overestimation of the MMR vaccination rate. Despite the additional MMR vaccination in women of childbearing age, it is still an important issue and warrants future investigation.

We evaluated the factors associated with complete vaccinations rates in the study group. Our data showed that the older age group (>30 years) had a significantly lower hepatitis B vaccination rate. A similar tendency was also noted in other Korean and foreign studies. ^{11,14)} Unexpectedly, respondents working in secondary hospitals, rather than tertiary hospitals, had a higher influenza vaccination rate. It is likely that residents in tertiary hospitals were busier and had more limited access to influenza vaccination than those in secondary hospitals did. This result was consistent with a previous study on influenza vaccination in a Korean tertiary hospital. ¹²⁾ Correct knowledge about HCW vaccination showed a higher vaccination rate among hepatitis A, varicella, DTP, and influenza. This requires more attention because they are modifiable factor. A recent study conducted in a tertiary hospital in Korea showed that a strong hospital campaign increased HCWs' influenza vaccination rate from 27% to 52%. ²⁴⁾

The most common reason for not completing a vaccination was that participants felt they had a small possibility of infection. This response suggested that most family medicine residents in Korea might have not properly understood the meaning of the recommended vaccination. Maintaining immunity among HCWs helps prevent transmission of vaccine-preventable diseases from them to patients. In addition, it provides self-protection. Contrarily, studies conducted in United States²⁵⁾ and Australia⁶⁾ indicated concerns about vaccine side effects as the most important barrier. 25,26) However, since our study only included doctors, the results are not entirely generalizable. Another main barrier that prevented vaccination is that doctors are too busy (this response ranged from 12.9% for MMR to 22.9% for influenza). Another Korean study supported this concept of being too busy (37.3% in all HCWs and 68.8% in doctors). 12) This indicates that there is time or spatial constraint to vaccination in the workplace. Hence, it may be a realistic and practical method for the hospital injection team to visit doctors' clinics and wards to directly perform the vaccinations. (2) Cost is another problem that prevents vaccination, especially for hepatitis A. Many studies demonstrated that the highest level of coverage is reached when the vaccine is provided free of charge after extensive education. 24,27,28)

An education program should be considered by public health authorities to increase HCWs' vaccination rate. The cost required for such a program is likely to be small compared with the cost of vaccinepreventable illnesses among HCWs and patients in terms of morbidity, mortality and lost productivity.

There were several limitations to this study. The immunization data was self-reported and not verified by vaccination booklets, medical records, or serology tests. Recall bias may have interfered with the representativeness of these results; those who were more interested in HCW vaccination or who did not complete the vaccination may have participated actively in the survey. The relatively low response rate was another limitation. In addition, the study sample was not evaluated for the representativeness of source population in terms of socio-demographic characteristics; however, the moderately large number of training hospitals used may compensate for this flaw.

Nevertheless, this is the first study that addressed the overall HCW vaccination rate of doctors in Asia and the only study that was conducted among family medicine residents in the world. In addition, we considered various factors associated with completed vaccination.

In conclusion, knowledge and vaccination coverage were poor among family medicine residents in Korea. The education program in medical schools should include teaching future HCWs about vaccinations as part of their mandatory curriculum. Further research is required to confirm these findings among primary care physicians and other healthcare workers.

CONFLICT OF INTEREST

No potential conflict of interest relevant to this article was reported.

ACKNOWLEDGMENTS

This study was supported by Wonkwang University in 2016.

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