

John P. Driver,<sup>1</sup> Jeremy J. Racine,<sup>2</sup> Cheng Ye,<sup>1</sup> Deanna J. Lamont,<sup>2</sup> Brittney N. Newby,<sup>3</sup> Caroline M. Leeth,<sup>2</sup> Harold D. Chapman,<sup>2</sup> Todd M. Brusko,<sup>3</sup> Yi-Guang Chen,<sup>4</sup> Clayton E. Mathews,<sup>3</sup> and David V. Serreze<sup>2</sup>

## Interferon-γ Limits Diabetogenic CD8<sup>+</sup> T-Cell Effector Responses in Type 1 Diabetes

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Type 1 diabetes development in the NOD mouse model is widely reported to be dependent on high-level production by autoreactive CD4<sup>+</sup> and CD8<sup>+</sup> T cells of interferon- $\gamma$ (IFN- $\gamma$ ), generally considered a proinflammatory cytokine. However, IFN- $\gamma$  can also participate in tolerance-induction pathways, indicating it is not solely proinflammatory. This study addresses how IFN-y can suppress activation of diabetogenic CD8<sup>+</sup> T cells. CD8<sup>+</sup> T cells transgenically expressing the diabetogenic AI4 T-cell receptor adoptively transferred disease to otherwise unmanipulated NOD.*IFN*- $\gamma^{null}$ , but not standard NOD, mice. Al4 T cells only underwent vigorous intrasplenic proliferation in NOD.IFN- $\gamma^{null}$  recipients. Disease-protective IFN- $\gamma$ could be derived from any lymphocyte source and suppressed diabetogenic CD8<sup>+</sup> T-cell responses both directly and through an intermediary nonlymphoid cell population. Suppression was not dependent on regulatory T cells, but was associated with increased inhibitory STAT1 to STAT4 expression levels in pathogenic Al4 T cells. Importantly, IFN- $\gamma$  exposure during activation reduced the cytotoxicity of human-origin type 1 diabetes-relevant autoreactive CD8<sup>+</sup> T cells. Collectively, these results indicate that rather than marking the most proinflammatory lymphocytes in diabetes development, IFN- $\gamma$  production could represent an attempted limitation of pathogenic CD8<sup>+</sup> T-cell activation. Thus, great care should be taken when designing possible diabetic intervention approaches modulating IFN- $\gamma$  production.

Interferon- $\gamma$  (IFN- $\gamma$ ) is a crucial cytokine in various immune responses produced by multiple cell types (1,2) and has long

been considered a contributor to autoimmune type 1 diabetes (T1D). This paradigm is partly based on reports IFN-y expression correlates with disease progression in BB rats (3), NOD mice (4), and humans (5), and pharmacologically blocking this cytokine can inhibit diabetes (6,7). Numerous immunomodulatory protocols also reportedly inhibit diabetes development in NOD mice by skewing cytokine production by pathogenic T cells from a Th1 (including IFN- $\gamma$ ) to Th2 profile (reviewed in Ref. 8). However, other evidence indicates IFN- $\gamma$  can exert nonredundant immunoregulatory roles suppressing at least some components of diabetes development. This includes a report diabetes is inhibited in IFN- $\gamma$ -treated NOD mice (9). Treatment of NOD mice with syngeneic antigen-presenting dendritic cells (DCs) matured ex vivo with IFN-y also reportedly inhibits diabetes development (10). Furthermore, the ability of some nonspecific immunostimulatory agents, including complete Freund's adjuvant and Bacillus Calmette-Guérin vaccine, to inhibit diabetes onset in NOD mice requires IFN- $\gamma$  production (11–13). Immunological tolerance-induction mechanisms, such as indoleamine 2,3-dioxygenase (IDO) production by DCs as well as eliciting activation-induced cell death (AICD) responses by autoreactive T cells, also require IFN- $\gamma$  (14–16). Genetic ablation of IFN- $\gamma$  or its receptor also has little effect on diabetes development in NOD mice (11,17-19). Such contradictory effects complicate determination of the overall contribution of IFN-y to diabetes development.

One potential explanation for the above collective findings might be that IFN- $\gamma$  exerts supportive, suppressive, or neutral effects on diabetes development in a manner

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J.P.D. and J.J.R. contributed equally to this work.

<sup>&</sup>lt;sup>1</sup>Department of Animal Sciences, University of Florida, Gainesville, FL

<sup>&</sup>lt;sup>2</sup>The Jackson Laboratory, Bar Harbor, ME

<sup>&</sup>lt;sup>3</sup>Department of Pathology, Immunology and Laboratory Medicine, College of Medicine, University of Florida, Gainesville, FL

<sup>&</sup>lt;sup>4</sup>Department of Pediatrics, Medical College of Wisconsin, Milwaukee, WI

Corresponding author: John P. Driver, jdriver@ufl.edu, or David V. Serreze, dave. serreze@jax.org.

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C.M.L. is currently affiliated with the Virginia Polytechnic Institute and State University, Blacksburg, VA.

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both under temporal control and influenced by tissue microenvironment differences. If this theory is correct, then measuring IFN- $\gamma$  expression by T cells as a surrogate for their diabetogenic activity is an oversimplification not accounting for the diverse, possibly including disease-protective, effects of this cytokine. Indeed, our current work indicates diabetic interventions focused on suppressing IFN- $\gamma$  production could, in some circumstances, actually promote pathogenic CD8<sup>+</sup> T-cell responses.

### **RESEARCH DESIGN AND METHODS**

#### Mice

NOD/ShiLtDvs mice were maintained in a specific pathogen-free research colony. NOD mice lacking IFN- $\gamma$  (NOD.*IFN*- $\gamma^{null}$ ), its receptor (NOD.*IFN*- $\gamma R^{null}$ ), all T cells (NOD.*TCRa*<sup>null</sup>), CD8<sup>+</sup> T cells (NOD.*CD8*<sup>null</sup>), B cells (NOD.*IgH*<sup>null</sup>), and T and B lymphocytes (NOD.*Rag1*<sup>null</sup>, NOD.*scid*), as well as a stock transgenically expressing the T-cell receptor (TCR) from the diabetogenic AI4 CD8<sup>+</sup> T-cell clone plus carrying an inactivated *Rag1* gene (NOD.*Rag1*<sup>null</sup>.*AI4*), have been described (11,18,20–25).

### AI4 T-Cell Transfer of Diabetes

Recipient mice that did or did not receive a preconditioning 600-cGy irradiation dose were injected i.v. with  $1 \times 10^7$ NOD.Rag1<sup>null</sup>.AI4 splenocytes or  $1 \times 10^6$  magnetic beadpurified (Miltenyi Biotec) AI4 T cells to induce diabetes. One experiment analyzed NOD.scid recipients also receiving  $3 \times 10^6$  CD4<sup>+</sup> purified NOD or NOD.*IFN*- $\gamma^{null}$  splenic T cells. Other experiments analyzed NOD  $Rag1^{null}$ and NOD.Rag1<sup>*null*</sup>.IFN- $\gamma R^{null}$  recipients receiving AI4 T cells and purified splenic CD4<sup>+</sup> T cells from NOD or NOD.IFN- $\gamma R^{null}$ donors. In other studies, NOD.Rag1<sup>null</sup>.AI4 splenocytes were infused into NOD.IFN- $\gamma^{null}$  recipients combined with 2  $\times$  $10^7$  splenocytes from indicated donors or NOD splenocytes depleted of T and/or B cells by magnetic beads. Another study used NOD mice receiving three biweekly i.p. injections from 6 weeks of age of 250 µg regulatory T cell (Treg)-depleting CD25 specific antibody (PC61) or an irrelevant rat IgG. One week after treatment initiation, recipients were injected i.v. with 1 imes 10<sup>7</sup> NOD.Rag1<sup>null</sup>.AI4 splenocytes. Diabetes development was assessed by monitoring of glycosuria onset with Ames Diastix (Bayer Diagnostics Division, Elkhart, IN). To assess AI4 T-cell activation, NOD.*Rag1<sup>null</sup>AI4* splenocytes were prelabeled with 2.5 mmol carboxyfluorescein succinimidyl ester (CFSE). After 4 or 8 days, viable AI4 T cells from spleens and pancreatic lymph nodes (PLNs) were identified by flow cytometry using a combination of CFSE, antibodies against CD8 (53-6.7) and CD3 (145-2C11), and a previously described clonotypic tetramer (26) (Supplementary Fig. 1). Expression of T-cell surface markers was assessed using CD44-(IM7.8.1) and CD62L-specific (MEL-14) antibodies.

### PCR Analysis of IFN- $\gamma$ mRNA Expression

Splenocytes from unmanipulated NOD mice or those injected i.v. 3 days previously with  $2 \times 10^7$  NOD.*Rag1*<sup>*null*</sup>. *AI4* splenocytes were stained and sorted by an FACSAria

instrument (BD Biosciences, San Jose, CA) using the following gating: CD4<sup>+</sup> T cells (CD8<sup>-</sup>CD4<sup>+</sup>), B cells (B220<sup>+</sup> CD19<sup>+</sup>CD3<sup>-</sup>), and host-type CD8<sup>+</sup> T cells (CD8<sup>+</sup>CD4<sup>-</sup>TCRVa8<sup>-</sup>). cDNA was generated using an RNeasy kit (74004; Qiagen). Primer sequences are as follows: IFN- $\gamma$  forward (5'-ACTGGCAAAAG GATGGTGAC-3') and reverse (5'-TGAGCTCATTGAATG CTT-3'); and 18sRNA forward (5'-CCGCAGCTAGGAA-3') and reverse (5'-CGAACCTCCGACT-3'). Samples and primers were combined with Power SYBR Green PCRMaster Mix (4367659; Applied Biosystems) and acquired on an Applied Biosystems ViiA7 Real Time PCR System (Life Technologies).

### **Treg Activity and STAT Expression Analyses**

Viable stained cells were detected using LSR II or FACSCalibur flow cytometers (BD Biosciences). Data were analyzed using FlowJo software (Tree Star, Palo Alto, CA). A previously described flow cytometry assay (27) assessed the ability of NOD and NOD.*IFN*- $\gamma^{null}$  Tregs to inhibit CD4<sup>+</sup>CD25<sup>-</sup> T-cell proliferation in vitro. To assess intracellular STAT expression, extracellular antigens were stained prior to fixation with BD Cytofix/Cytoperm (BD Biosciences) for 10 min at 37°C and then incubated for 30 min at 4°C with BD Perm Buffer III (BD Biosciences). Previously validated STAT antibodies (28) were purchased from BD Biosciences: STAT1 (AF647-conjugated 1/STAT1) and STAT4 (unconjugated 8/STAT4 followed by allophycocyanin-conjugated Anti-Mouse A85-1). Transferred AI4 T cells were identified using FITC-CD8 $\alpha$  (53-6.72) antibody and phycoerythrin-labeled YAIENYLEL/H-2D<sup>b</sup> tetramer (NIH Tetramer Core Facility, Atlanta, GA).

## Human CD8<sup>+</sup> T-Cell Transduction and Cell-Mediated Lysis Assays

CD8<sup>+</sup> T cells were enriched from whole blood of five healthy human subjects using the RosetteSep Enrichment kit (STEMCELL Technologies, Vancouver, British Columbia, Canada). Cells were stained with CD8 (clone SK1; BioLegend), CD45RA (clone HI100; BioLegend), and CD45RO (clone UCHL1; BioLegend) and sorted for naive CD8<sup>+</sup> T cells (CD8<sup>+</sup>CD45RA<sup>+</sup>CD45RO<sup>-</sup>) using an FACSAria III (BD Biosciences). CD8<sup>+</sup> T cells were plated at 2.5  $\times$  10<sup>5</sup>/well in 1 mL complete RPMI 1640 (10% heat-inactivated FCS, GE Healthcare; 2 mmol L-glutamine, Thermo Fisher Scientific; 5 mmol sodium pyruvate, Cellgro; 5 mmol nonessential amino acids, Life Technologies; 5 mmol HEPES, Cellgro; 50 mg/mL penicillin/streptomycin, Gemini Bio Products; and 50 µmol 2-mercaptoethanol, Sigma-Aldrich), activated with Human T-Activator CD3/CD28 Dynabeads (Thermo Fisher Scientific), and cultured with or without human recombinant IFN- $\gamma$  (1,000 U/mL; R&D Systems). At 48 h, cells were transduced with lentivirus produced as previously described (29) encoding either HLA-A\*02-01-restricted islet-specific glucose-6-phosphatase catalytic subunit-related protein (IGRP)-autoreactive or irrelevant MART-1-specific TCRs (pCCL.IGRPopt.eGFP or LV.Mart1.TCR.RK, respectively) (30-32). Transductions were conducted in the presence of protamine sulfate (8 µg/mL; Sigma-Aldrich) and spinnoculated for 30 min at 32°C and 1,000  $\times$  g. Complete media and interleukin (IL)-2 (PeproTech) were added and cells incubated at 37°C in 5% CO<sub>2</sub>  $\pm$  IFN- $\gamma$  and IL-2 (100 U/mL) every other day until day 9. Cells were then washed and cryopreserved in 90% FCS/10% DMSO prior to use.

IGRP- or MART-1–specific CD8<sup>+</sup> T cells were added, in triplicate, at a series of effector-to-target (E:T) ratios to wells containing 10,000 HLA-A\*0201<sup>+</sup> class I–positive human BetaLox5 (BL5) target cells. To enhance their sensitivity to CD8<sup>+</sup> T cell–mediated lysis, BL5 target cells were pre-exposed to 1,000 U/mL IFN- $\gamma$  for 24 h and washed before use in the cytotoxicity assay. Target cells were preloaded with <sup>51</sup>Cr as previously described (33). Target cell lysis was assessed after overnight incubation by measuring <sup>51</sup>Cr release using a Wallac Wizard  $\gamma$  counter (PerkinElmer). Percentage specific lysis was calculated as follows:

$$\label{eq:specific Lysis} \begin{split} \% \text{ Specific Lysis} &= \text{Experiment} \frac{\# \textit{Release}}{(\# \textit{Release}) + (\# \textit{Lysate})} \\ &- \text{Spontaneous} \frac{\# \textit{Release}}{(\# \textit{Release}) + (\# \textit{Lysate})} \end{split}$$

#### RESULTS

#### Nonirradiated IFN- $\gamma$ -Deficient, but Not Intact, NOD Mice Are Susceptible to Al4 T Cell-Induced Diabetes

NOD mice preconditioned by sublethal irradiation rapidly develop diabetes after infusion with splenocytes from a NOD stock transgenically expressing a TCR derived from the pathogenic AI4 CD8<sup>+</sup> T-cell clone and also homozygous for the Rag1<sup>null</sup> mutation (NOD.Rag1<sup>null</sup>.AI4) (34). Without irradiation, standard NOD mice are entirely resistant to AI4 T cell-induced diabetes. However, nonirradiated NOD mice genetically deficient for *IFN-* $\gamma$  (NOD.*IFN-* $\gamma^{null}$ ) are fully susceptible to AI4-mediated diabetes (Fig. 1A). Analysis before overt disease development revealed significantly greater accumulation of proliferating AI4 T cells in the PLNs of otherwise unmanipulated NOD.*IFN*- $\gamma^{null}$ than NOD mice (Fig. 1B and C). Activated AI4 T cells also accumulated in the spleens of mutant, but not wild-type, recipients by 8 days posttransfer (Fig. 1D). Thus, IFN- $\gamma$  reduces the frequency of activated AI4 T cells in vivo.

## IFN- $\gamma$ Production by Any Lymphocytes Inhibits Al4 T-Cell Activation

We tested what host cell types produce IFN- $\gamma$ -suppressing activity of diabetogenic AI4 T cells transferred into otherwise unmanipulated standard NOD recipients. Initially, we compared IFN- $\gamma$  mRNA transcript levels in different splenocyte populations in standard NOD mice injected or not 3 days previously with AI4 T cells. Transferred AI4 T cells increased IFN- $\gamma$  mRNA expression in host-type CD4<sup>+</sup> T cells (Fig. 2A). Host-type B cells and CD8<sup>+</sup> T cells in unmanipulated NOD mice expressed baseline levels of IFN- $\gamma$  mRNA transcripts remaining unchanged following AI4 T-cell infusion (Fig. 2A). We next tested whether IFN- $\gamma$ -intact or –deficient CD4<sup>+</sup> T cells differentially affected the ability of cotransferred AI4 T cells to induce diabetes in lymphopenic NOD.*scid* recipients. Compared with those infused with AI4 T cells alone, diabetes development was, respectively, accelerated and suppressed in NOD.*scid* recipients also receiving IFN- $\gamma$ deficient or –intact CD4<sup>+</sup> T cells (Fig. 2*B*). AI4 T cell–induced diabetes was slower in NOD.*scid* recipients coengrafted with IFN- $\gamma$ -deficient CD4<sup>+</sup> T cells than NOD.*IFN*- $\gamma^{null}$  hosts receiving these pathogenic effectors (Fig. 1*A*). This is likely because of comparatively smaller numbers of IFN- $\gamma$ -deficient CD4<sup>+</sup> T cells in NOD.*scid* recipients.

IFN- $\gamma$  converts CD4<sup>+</sup>CD25<sup>-</sup> effector T cells to immunosuppressive FoxP3<sup>+</sup> Tregs in several settings (35,36). Thus, we hypothesized Tregs may suppress the activity of AI4 T cells infused into standard, but not IFN-ydeficient, NOD mice. Both the frequency and total numbers of CD4<sup>+</sup>CD25<sup>+</sup>FoxP3<sup>+</sup> Tregs were unexpectedly greater in IFN-y-deficient than standard NOD mice, although with no differences in FoxP3 expression levels (Fig. 2C). On a per-cell basis, Tregs from NOD and NOD. IFN- $\gamma^{null}$  mice equally suppressed activation of conventional or IFN-y-deficient NOD CD4<sup>+</sup>CD25<sup>-</sup> T cells in vitro (Fig. 2D). Finally, NOD.Rag1<sup>null</sup>.AI4 splenocytes were transferred into NOD mice treated biweekly with a Tregdepleting anti-CD25 or rat IgG control antibody. Despite efficiently depleting CD4<sup>+</sup>CD25<sup>+</sup> T cells, anti-CD25 treatment failed to break the resistance of nonirradiated NOD mice to AI4 T-cell transfer (Fig. 2E). These collective results indicated Tregs are not the CD4<sup>+</sup> T-cell population mediating IFN-y-dependent inhibition of diabetogenic AI4 T cells.

Subsequent studies assessed what immunological cell populations other than Tregs mediate IFN-y-dependent suppression of diabetogenic CD8<sup>+</sup> T cells. AI4 T cells were infused into NOD.IFN- $\gamma^{null}$  recipients along with NOD splenocytes lacking various lymphocyte populations (Supplementary Fig. 2 and Table 1). As controls, NOD.*IFN*- $\gamma^{null}$  recipients injected with AI4 T cells and either total NOD.*IFN*- $\gamma^{null}$  or standard NOD splenocytes were, respectively, entirely susceptible and resistant to diabetes development (Table 1). AI4 recipients coinfused with NOD splenocytes lacking either CD4<sup>+</sup> or CD8<sup>+</sup> T cells or B cells were diabetes resistant. However, NOD splenocytes lacking all three lymphocyte subsets failed to inhibit AI4 T cell-induced diabetes. These results indicated IFN-y produced by any lymphocyte population blocks diabetogenic AI4 T-cell activity. Subsequent experiments supporting this conclusion found AI4 T cells induce diabetes when infused into B and T cell-deficient NOD.Rag1<sup>null</sup> mice, but not NOD stocks capable of producing at least one lymphocyte population (Table 2). As described previously, IFN-y mRNA transcripts were detected in B cells and CD8<sup>+</sup> T cells in nonirradiated NOD mice, but did not further increase in those infused with AI4 T cells. Hence, baseline levels of IFN- $\gamma$  produced by B cells and CD8<sup>+</sup> T cells in nonirradiated NOD mice appear sufficient to suppress the diabetogenic activity of



**Figure 1**—IFN- $\gamma$ -deficient but not standard NOD mice develop Al4 T cell-induced T1D. *A*: Diabetes development in female NOD and NOD.*IFN-\gamma^{null}* mice injected i.v. at 6 weeks of age with 1 × 10<sup>7</sup> NOD.*Rag1<sup>null</sup>*.*Al4* splenocytes. Survival curves compared by log-rank test. *B* and *C*: In vivo proliferation and activation of CFSE-labeled NOD.*Rag1<sup>null</sup>*.*Al4* T cells in PLNs of NOD and NOD.*IFN-\gamma^{null}* mice. *B*: CFSE dilution of Al4 T cells in PLNs of NOD and NOD.*IFN-\gamma^{null}* mice at 3 days posttransfer. Representative histograms are shown in the left panel, and mean fluorescence intensity (MFI) of CFSE staining of Al4 T cells is shown in the right panel. C: The frequency of Al4 CD8<sup>+</sup> T cells among live PLN cells at 3 days posttransfer. *D*: CFSE dilution and activation of Al4 T cells in spleens of NOD and NOD.*IFN-\gamma^{null}* mice at 8 days posttransfer. Represent the mean ± SE of three mice per treatment. *B–D* represent results from a single experiment. \**P* < 0.05 determined by one-way ANOVA.

subsequently introduced AI4 T cells. It should be noted the frequency of IL-17A– and IL-17F–positive T cells capable of counteracting IFN- $\gamma$  effects did not differ in NOD and NOD.*IFN*- $\gamma^{null}$  mice (Supplementary Fig. 3).

# IFN- $\gamma$ Directly and Indirectly Inhibits Diabetogenic Al4 T Cells

We tested whether IFN- $\gamma$  directly suppresses AI4 T-cell activity. NOD.*Rag1*<sup>null</sup>.*AI4* splenocytes, containing both



**Figure 2**—IFN- $\gamma$ –producing CD4<sup>+</sup> T cells suppress diabetogenic CD8<sup>+</sup> T cells through mechanisms that do not involve quantitative or functional variations in Tregs. *A*: Quantitative PCR analysis of IFN- $\gamma$  mRNA expression by host-type CD4<sup>+</sup> and CD8<sup>+</sup> (V $\alpha$ 8<sup>-</sup>) T cells and B cells purified from spleens of NOD mice 3 days postadoptive transfer with 2 × 10<sup>7</sup> NOD.*Rag1<sup>null</sup>*.*Al4* splenocytes (post-AT) or untreated NOD mice (untreated). Results represent the mean ± SE of three samples per treatment. *B*: Diabetes incidence for female NOD.*scid* mice injected at 6–8 weeks of age with 1 × 10<sup>7</sup> NOD.*Rag1<sup>null</sup>*.*Al4* splenocytes in the presence or absence of 3 × 10<sup>6</sup> CD4<sup>+</sup> T cells purified from NOD or NOD.*IFN-\gamma^{null}* donors. *C*: Frequencies, numbers, and mean fluorescence intensity (MFI) of FoxP3 antibody staining of splenic CD4<sup>+</sup>CD25<sup>+</sup>FoxP3<sup>+</sup> Tregs in NOD and NOD. *IFN-\gamma^{null}* mice. Results represent the mean ± SE of five mice per treatment. *D*: Crisscross cultures were established to assess the ability of CD4<sup>+</sup>CD25<sup>+</sup> Tregs from NOD and NOD.*IFN-\gamma^{null}* mice to suppress the anti-CD3–stimulated proliferation of CD4<sup>+</sup>CD25<sup>-</sup> effectors from both strains (assessed by flow cytometic detection of CFSE dilution). *E*: Beginning at 6 weeks of age, NOD female mice received three biweekly i.p. injections with the Treg-depleting CD25-specific PC61 antibody or a rat IgG1 isotype control. One week after the first treatment, mice in both groups were injected i.v. with 1 × 10<sup>7</sup> NOD.*Rag1<sup>null</sup>*.*Al4* splenocytes and subsequently monitored for diabetes. Survival curves compared by log-rank test. \**P* < 0.05 determined by one-way ANOVA, \*\**P* < 0.01 determined by unpaired *t* test. Teff, effector T cell; WT, wild type.

AI4 T cells and myeloid lineage-derived cells, were transferred into either nonirradiated standard NOD mice or a stock lacking the *IFN*- $\gamma$  receptor (NOD.*IFN*- $\gamma R^{null}$ ). Although NOD.*IFN*- $\gamma R^{null}$  recipients produce IFN- $\gamma$ , only donor splenocytes can respond to this cytokine. Like standard NOD mice, the NOD.*IFN*- $\gamma R^{null}$  stock was resistant

Table 1—AI4 T cell–induced dia	betes in NOD. <i>IFN-<math>\gamma^{\prime\prime\prime\prime}</math></i>	" mice is blocked by coil	nfusing recipients with	splenocytes from standard
NOD mice individually lacking	T or B cells, but not b	ooth lymphocyte subtype	s	

Source of splenocytes coinjected with  $1\,\times\,10^7$ 

NOD.Rag1<sup>null</sup>.Al4 splenocytes into

NOD.IFN-γ <sup>null</sup> recipients*	Fraction diabetic	Percent diabetic	$\chi^2 P$ value†
NOD. <i>IFN-</i> $\gamma^{null}$	25/25	100	_
NOD	0/10	0	<0.001
NOD.IgH <sup>null</sup>	0/5	0	<0.001
NOD. $TCR\alpha^{null}$	1/5	20	<0.001
NOD.CD8 <sup>null</sup>	0/5	0	<0.001
NOD CD8-depleted	0/4	0	<0.001
NOD CD4-depleted	0/4	0	<0.001
NOD CD8- and CD4-depleted	0/4	0	<0.001
NOD CD8-, CD4-, and B cell-depleted	8/10	80	0.05 > P > 0.02
NOD.Rag1 <sup>null</sup>	5/5	100	NS
NOD.scid	9/10	90	NS

\*Recipients were monitored for diabetes development for 3 weeks after adoptive transfer of splenocytes. †*P* values from  $\chi^2$  analyses comparing the frequency of diabetes between Al4 splenocyte–infused NOD.*IFN-\gamma^{null}* mice coinjected with NOD.*IFN-\gamma^{null}* splenocytes and splenocytes from other sources.

to AI4 splenocyte-induced diabetes (Fig. 3A). These results indicated IFN- $\gamma$  production by host or donor lymphocytes might either directly suppress diabetogenic AI4 T cells or may do so in a nonmutually exclusive indirect fashion by altering activities of a cotransferred myeloid population(s). To distinguish between these possibilities,  $1 \times 10^6$  purified (>90%) AI4 T cells were injected into NOD, NOD.*IFN*- $\gamma^{null}$ , and NOD.*IFN*- $\gamma R^{null}$  recipients subsequently monitored for diabetes. Purified AI4 T cells only induced diabetes in NOD.*IFN*- $\gamma^{null}$  recipients (Fig. 3B). These results indicated IFN- $\gamma$  could directly suppress AI4 T-cell diabetogenic activity.

The above results did not preclude the possibility IFN- $\gamma$  also partially suppresses AI4 T cells by functionally altering a host-type intermediary cell population. To test this

Table 2–Total of  $1 \times 10^7$  NOD.*Rag1<sup>null</sup>.Al4* splenocytes fail to transfer T1D into unmanipulated genetically modified stocks of NOD mice that lack T cells or B cells, but they efficiently induce disease in NOD.*Rag1<sup>null</sup>* mice lacking both cell types

Recipient*	Fraction diabetic	Percent diabetic	$\chi^2 P$ value†
NOD.IFN-γ <sup>null</sup>	5/5	100	_
NOD	0/5	0	<0.01
NOD.IgH <sup>null</sup>	0/5	0	<0.01
NOD.TCRa <sup>null</sup>	0/5	0	<0.01
NOD.CD8 <sup>null</sup>	0/6	0	<0.001
NOD.Rag1 <sup>null</sup>	7/7	100	NS

\*Recipients were monitored for diabetes development for 10 weeks after adoptive transfer of Al4 splenocytes. †*P* values from  $\chi^2$  analyses comparing the frequency of Al4 T cell-induced T1D between NOD.*IFN*- $\gamma^{null}$  mice and NOD, NOD.*IgH*<sup>null</sup>, NOD.*TCR* $\alpha^{null}$ , NOD.*CD8*<sup>null</sup>, and NOD.*Rag1*<sup>null</sup> stocks.

possibility, purified AI4 T cells were cotransferred with purified NOD CD4<sup>+</sup> T cells as a source of IFN- $\gamma$  into NOD.*Rag1*<sup>*null*</sup> recipients with an intact or ablated IFN- $\gamma$  receptor (latter stock designated NOD.Rag1<sup>null</sup>.IFN- $\gamma R^{null}$ ). Recipients were monitored for diabetes development over 70 days instead of 2 to 3 weeks because adoptive transfer of disease takes longer into lymphopenic NOD.*Rag1<sup>null</sup>* mice than lymphocytesufficient hosts. Diabetes developed at a significantly lower level in IFN- $\gamma R$  intact than deficient NOD.*Rag1*<sup>null</sup> recipients (Fig. 3C). These results demonstrated IFN- $\gamma$  also effects a host-origin nonlymphocyte population that indirectly suppresses diabetogenic CD8<sup>+</sup> T cells. Finally, we tested whether IFN-y suppresses AI4 T cells through effects on CD4<sup>+</sup> T cells. AI4 T cells were injected into NOD. Rag1<sup>null</sup> recipients with purified splenic CD4<sup>+</sup> T cells from NOD or NOD.*IFN*- $\gamma R^{null}$  donors. Diabetes developed at the same low rate in both groups of recipients (Fig. 3D), indicating that although they can produce AI4 T cell-inhibiting IFN- $\gamma$ , CD4<sup>+</sup> T cells do not respond to this cytokine in ways allowing them to suppress such pathogenic effectors. These collective results indicate IFN-y suppresses diabetogenic CD8<sup>+</sup> T cells both directly and through effects on nonlymphoid cells.

## Al4 T Cells in Diabetes-Resistant Hosts Upregulate STAT1

After eliminating possible contributions from multiple components of IFN- $\gamma$ -triggered signaling pathways (complete list noted in the DISCUSSION), we tested if inducing differing STAT1 and STAT4 expression levels in transferred AI4 T cells could contribute to their variable diabetogenic activity in the analyzed host types. This was done based on reports that elevated STAT1 to STAT4 expression levels suppresses T cell-proliferative capacity (28,37). AI4 T cells taken directly from the different recipients had no



**Figure 3**–IFN- $\gamma$  produced by T or B cells suppresses Al4 T cells through both direct and indirect mechanisms. *A*: Diabetes incidence in female NOD and NOD.*IFN-\gamma R^{null}* recipient mice injected i.v. at 6 weeks of age with 1 × 10<sup>7</sup> NOD.*Rag1<sup>null</sup>.Al4* splenocytes. *B*: Diabetes incidence in female NOD, NOD.*IFN-\gamma R^{null}*, and NOD.*IFN-\gamma^{null}* recipient mice injected i.v. at 6 weeks of age with 1 × 10<sup>6</sup> purified Al4 T cells. *C*: Diabetes incidence in female NOD.*Rag1<sup>null</sup>* and NOD.*Rag1<sup>null</sup>* and NOD.*Rag1<sup>null</sup>*.*IFN-\gamma R^{null}* recipient mice injected i.v. with 1 × 10<sup>6</sup> purified Al4 T cells and 2 × 10<sup>6</sup> purified NOD splenic CD4<sup>+</sup> T cells. *D*: Diabetes incidence in female NOD.*Rag1<sup>null</sup>* recipient mice injected i.v. with 1 × 10<sup>6</sup> purified Al4 T cells and 2 × 10<sup>6</sup> purified NOD splenic CD4<sup>+</sup> T cells. *D*: Diabetes incidence in female NOD.*Rag1<sup>null</sup>* and NOD.*Rag1<sup>null</sup>*. *Al4* splenocytes and 2 × 10<sup>6</sup> purified CD4<sup>+</sup> splenic T cells from NOD or NOD.*IFN-\gamma R^{null}* donors. Survival curves compared by log-rank test.

detectable differences in phosphorylated (p-)STAT1 or p-STAT4 (data not shown). However, total STAT1 expression was significantly higher in posttransferred AI4 T cells within standard NOD than NOD.*IFN*- $\gamma^{null}$  recipients (Fig. 4A) and *B*). STAT4 levels were similar in AI4 T cells posttransfer into both NOD than NOD.*IFN*- $\gamma^{null}$  recipients (Fig. 4A and B). In addition to the transferred AI4 T cells, STAT1, but not STAT4, expression was also higher in host-type NOD than NOD.*IFN*- $\gamma^{null}$  CD8<sup>+</sup> T cells (Fig. 4*C*). STAT1 levels remained similar in AI4 T cells prior to and after transfer into NOD. $IFN-\gamma^{null}$  recipients (Fig. 4D). Although not inducing diabetes in either otherwise unmanipulated NOD or NOD.IFN- $\gamma R^{null}$  recipients, infused AI4 T cells acquired even higher levels of STAT1, but not STAT4, expression in the latter environment (Fig. 4E). Such increased STAT1 expression by donor AI4 T cells was specifically induced by IFN-y signaling, as this did not occur among host-type NOD. IFN- $\gamma R^{null}$  $CD8^+$  T cells (Fig. 4F). Thus, an IFN- $\gamma$ -dependent increase in STAT1 but not STAT4 expression by AI4 T cells transferred into nonirradiated NOD and NOD.IFN- $\gamma R^{null}$ , but not NOD.*IFN*- $\gamma^{null}$ , recipients could explain why such effectors only elicit diabetes in the latter host type.

AI4 T cells transfer diabetes to preirradiated NOD mice (34). Thus, we hypothesized if a posttransfer elevation in STAT1 expression by AI4 T cells explains why these effectors fail to elicit diabetes development in otherwise unmanipulated NOD recipients, this should not occur in preirradiated hosts. Two days after transfer into 600-cGy-irradiated recipients, AI4 T cells expressed STAT1 at similar levels in NOD and NOD.*IFN*- $\gamma^{null}$  hosts (Fig. 4G). In contrast, AI4 T cells transferred into irradiated NOD.*IFN*- $\gamma R^{null}$  mice expressed higher total STAT1 levels than in NOD or NOD. IFN- $\gamma^{null}$  recipients (Fig. 4G), with no differences observed among the three groups for STAT4 (Fig. 4H). Hence, we tested whether NOD. *IFN*- $\gamma R^{null}$  recipients, after irradiation preconditioning, were also more resistant to AI4 T cell-mediated diabetes. AI4 T cells transferred diabetes to preirradiated NOD and NOD.IFN- $\gamma^{null}$  but not NOD.IFN- $\gamma R^{null}$  mice (Table 3). Collectively, these data indicate, at least under some adoptive transfer conditions, diabetogenic CD8<sup>+</sup> T cells can be functionally suppressed in an IFN- $\gamma$ dependent fashion through induction of elevated STAT1 expression.



**Figure 4**—Higher STAT1 but not STAT4 expression by transferred Al4 T cells is associated with the lesser ability of such effectors to induce diabetes in NOD and NOD.*IFN*- $\gamma^{R^{null}}$  than NOD.*IFN*- $\gamma^{null}$  recipients. *A*–C: Otherwise unmanipulated NOD or NOD.*IFN*- $\gamma^{null}$  recipients were injected with 1 × 10<sup>6</sup> Al4 T cells and analyzed for total STAT1 or STAT4 levels 2–7 days after transfer. *A*: Representative pattern (from day 4) of transferred CD8<sup>+</sup> tetramer<sup>+</sup> Al4 T cells from the indicated recipients showing STAT1 (left) or STAT4 (right) compared with fluorescence minus one (FMO) control stains. *B*: Quantification of STAT1 (left) or STAT4 (right) staining of splenic Al4 CD8<sup>+</sup> T cells after transfer into the indicated recipients. *C*: Endogenous CD8<sup>+</sup> tetramer<sup>-</sup> T cells from the indicated recipients were analyzed for mean fluorescence intensity (MFI) of STAT1 (left) or STAT4 (right) staining after transfer of Al4 CD8<sup>+</sup> T cells. *B* and *C* display combined data for days 2–7 posttransfer of

## IFN- $\gamma$ Directly Inhibits Human Diabetogenic CD8<sup>+</sup> T Cells

We also determined whether IFN- $\gamma$  could directly suppress human diabetogenic CD8<sup>+</sup> T cells in vitro. Purified CD8<sup>+</sup> T cells from five healthy individuals were transduced with lentiviral vectors encoding a TCR recognizing an HLA-A\*02-01–restricted epitope derived from the  $\beta$ -cell autoantigen IGRP (30). The transduction process requires activation of CD8<sup>+</sup> T cells using anti-CD3/CD28-coated Dynabeads (33) and was performed in both the presence and absence of IFN- $\gamma$ . CD8<sup>+</sup> T cells were thoroughly washed posttransduction to ensure all excess cytokine was removed. Flow cytometric analyses of EGFP expression confirmed equivalent efficiency of TCR transduction between IFN-y-treated and -untreated groups. CD8<sup>+</sup> T cells were added at a series of E:T ratios to <sup>51</sup>Cr-labeled HLA-A\*0201 class I-positive BL5 human β-cells used as targets (38,39). Control effectors were CD8<sup>+</sup> T cells transduced to express a MART-1-specific TCR recognizing an HLA-A\*02-01-restricted melanoma antigen not present in BL5 cells. Pre-exposure of the IGRP-specific CD8<sup>+</sup> T cells to IFN- $\gamma$  reduced their cytotoxic capacity especially at high E:T ratios (Fig. 5A). Lysis of  $\beta$ -cells by IGRP-specific CD8<sup>+</sup> T cells was antigen driven because MART-1-specific CD8<sup>+</sup> T cells had little effect on such targets (Fig. 5B). Hence, IFN- $\gamma$  can also directly suppress the activity of human IGRP-autoreactive CD8<sup>+</sup> T cells.

### DISCUSSION

Reducing circulating IFN- $\gamma$  has been suggested as a means to suppress diabetogenic CD8<sup>+</sup> T cells, ultimately mediating pancreatic  $\beta$ -cell destruction (8). However, IFN- $\gamma$  also has effects inhibiting autoimmunity, including inducing IDO expression by tolerogenic DCs (14,15). IFN- $\gamma$  is also required for eliciting AICD controlling the expansion and persistence of T cells (16). These mechanisms may explain why recombinant IFN- $\gamma$  (9) or DCs conditioned by this cytokine (10) can inhibit diabetes development in NOD mice. The present work demonstrates, at least under some conditions, that pathogenic CD8<sup>+</sup> T-cell activation is one component of diabetes development directly sensitive to IFN- $\gamma$  inhibition in both mice and humans. IFN- $\gamma$  from any lymphocyte source blocks diabetes induced by adoptively transferred AI4 T cells through a Treg-independent process. Surprisingly, B cells, not normally associated with IFN- $\gamma$  expression, were equally effective as CD8<sup>+</sup> or CD4<sup>+</sup>

T cells at suppressing diabetes induced by adoptively transferred AI4 T cells. The subset of B cells suppressing diabetogenic CD8<sup>+</sup> T-cell responses may resemble the previously described B effector 1 population known to express significant levels of IFN- $\gamma$  (2). Although it would require multiple generations of further breeding, it would ultimately be of value to assess whether IFN- $\gamma$  produced by transferred AI4 T cells themselves influences their differential ability to induce diabetes in unirradiated NOD and NOD.*IFN*- $\gamma^{null}$  recipients.

Lymphocyte-derived IFN-y at least in part directly suppresses diabetogenic CD8<sup>+</sup> T-cell activation. IFN- $\gamma$  also acted on one or more intermediary nonlymphoid cell types that in turn suppress diabetogenic CD8<sup>+</sup> T-cell responses. Although these intermediary cell types still await definitive identification, one good candidate is DCs, because when conditioned with IFN- $\gamma$  ex vivo they can, after adoptive transfer, suppress spontaneous diabetes in NOD mice (10). It should be noted we tested whether IFN- $\gamma$ -induced IDO production by DCs suppressed diabetogenic CD8<sup>+</sup> T cells in our model system. AI4 splenocytes were injected into standard NOD mice treated with or without the IDO inhibitor 1-methyl tryptophan. Inhibiting IDO did not alter the resistance of otherwise unmanipulated NOD mice to AI4 T cell-induced diabetes development, indicating IFN- $\gamma$ does not control the activation of such pathogenic effectors through this enzyme.

AI4 T cells transferred into nonirradiated NOD or NOD.*IFN*- $\gamma^{null}$  recipients also did not differ in expression of IL-7Rα, TIM-3, programmed cell death-1, GITR, CD25, or IFN- $\alpha$ R molecules associated with immunological activation or inhibition. Hence, pathways in which these molecules participate are unlikely to contribute to variable diabetes induction by AI4 T cells in these two host types. Fas and KLRG1 involved in apoptosis induction are also unlikely to reduce AI4 T cell-induced diabetes in NOD mice, as both molecules were upregulated equally on such effectors transferred into disease-susceptible NOD. $IFN-\gamma^{null}$ recipients. Furthermore, IFN- $\gamma$  added directly to a culture of AI4 T cells, DC, and an antigenic mimotope peptide failed to induce apoptotic death of such diabetogenic effectors as well as not altering their expression of granzyme A/B or perforin. Thus, it seems unlikely IFN- $\gamma$ elicits AICD-mediated elimination of transferred AI4 T cells in NOD recipients or diminishes expression of their cytolytic molecules.

Al4 T cells. *D*: Comparison of STAT1 expression by tetramer<sup>+</sup> Al4 donor T cells before and 2 days after transfer into otherwise unmanipulated NOD.*IFN*- $\gamma^{null}$  recipients. *E*: Otherwise unmanipulated NOD or NOD.*IFN*- $\gamma^{R^{null}}$  recipients were injected with 1 × 10<sup>6</sup> Al4 T cells and analyzed for STAT1 or STAT4 levels 2 days after transfer. Quantification of STAT1 (left) or STAT4 (right) staining of splenic Al4 CD8<sup>+</sup> T cells 2 days after transfer into the indicated recipient. *F*: Endogenous CD8<sup>+</sup> tetramer<sup>-</sup> T cells from the indicated recipients were analyzed for MFI of STAT1 (left) or STAT4 (right) staining 2 days after transfer of Al4 CD8<sup>+</sup> T cells. *D*-*F* display data from a single experiment. *G* and *H*: NOD, NOD.*IFN*- $\gamma^{null}$ , or NOD.*IFN*- $\gamma^{null}$  mice were irradiated (600 cGy) and injected with 1 × 10<sup>6</sup> Al4 T cells. Two days posttransfer, Al4 T cells were analyzed for STAT1 or STAT4 levels. Left panels: Histograms showing STAT1 (G) or STAT4 (*H*) expression of Al4 T cells from the indicated recipients compared with an FMO control. Right panels: Quantification of MFI of STAT1 (G) or STAT4 (*H*) staining from one of two experiments showing *n* ≥ 3 per group. *P* values calculated using Mann–Whitney analysis.

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Fraction diabetic							
Recipient*	Experiment 1	Experiment 2	Percent diabetic	$\chi^2 P$ value†			
NOD	2/4	4/5	67	0.2125			
NOD. <i>IFN-</i> $\gamma^{null}$	4/4	3/3	100	_			
NOD.IFN-γR <sup>null</sup>	0/4	0/4	0	0.0002			

Table 3-Total of 1 × 10<sup>7</sup> NOD.*Rag1<sup>null</sup>.Al4* splenocytes fail to transfer diabetes into irradiated NOD.*IFN*- $\gamma R^{null}$  recipients, but induce disease in NOD and NOD.*IFN*- $\gamma^{null}$  recipients

\*Recipients were monitored for 15 days after adoptive transfer of Al4 splenocytes. †*P* values from  $\chi^2$  analyses comparing the frequency of Al4 splenocyte–induced T1D between NOD.*IFN-\gamma^{null}* and NOD and NOD.*IFN-\gamma R^{null}*.

The ability of AI4 T cells to induce diabetes in NOD.*IFN*- $\gamma^{null}$ , but not standard NOD mice, was associated with greater proliferation of such effectors in the former



**Figure 5**—IFN- $\gamma$  exposure during activation reduces the cytotoxicity of human  $\beta$ -cell-reactive CD8<sup>+</sup> T cells. *A*: Specific lysis of BL5 human  $\beta$ -cell line target cells coincubated at different E:T ratios with HLA-A<sup>+</sup>02-01-restricted IGRP-specific CD8<sup>+</sup> T cells transduced in the presence or absence of 1,000 U/mL IFN- $\gamma$ . *B*: Specific lysis of BL5 target cells coincubated with nondiabetogenic MART-1-specific CD8<sup>+</sup> T cells transduced in the presence or absence of 1,000 U/mL IFN- $\gamma$  and washed before they were used in the cell-mediated lympholysis assays. *P* values calculated using a paired *t* test.

recipients. In early antiviral responses, the interplay between type I IFNs and STATs is an important checkpoint determining whether T-cell responses are stimulated or inhibited (28,37). IFN- $\alpha$  can elicit STAT1-dependent antiproliferative effects on T cells (37). However, a lymphocytic choriomeningitis infection model demonstrated STAT1 levels decrease in antigen-specific CD8<sup>+</sup> T cells that concordantly increase STAT4 expression. This allows virus-specific T cells to overcome the initial antiproliferative effects of IFN- $\alpha$  (28,37). Serum IFN- $\alpha$  was not detected in NOD or NOD.*IFN*- $\gamma^{null}$  recipients either before or after AI4 transfer. However, in the nonproliferative AI4 cells transferred into IFN-y intact NOD mice (Fig. 4A and B), we observed elevated total STAT1 expression levels by these effectors, a phenotype previously observed with Hep3B cells (40). We found no differences in p-STAT1 or p-STAT4 with or without stimulation in vitro with IFN- $\beta$ . AI4 T cells exhibited an IFN- $\gamma$ -dependent elevation in total STAT1 expression, but with unchanged STAT4 levels only when transferred into otherwise unmanipulated recipients in which such effectors failed to elicit diabetes development (NOD and NOD.*IFN*- $\gamma R^{null}$ ). Interestingly, STAT1 but not STAT4 expression was increased to a greater extent in AI4 T cells transferred into otherwise unmanipulated NOD. IFN- $\gamma R^{null}$  than NOD recipients. Furthermore, unlike the case for NOD recipients, transferred AI4 T cells also failed to induce diabetes in irradiation-conditioned NOD. $IFN-\gamma R^{null}$  mice. The resistance of NOD.*IFN*- $\gamma R^{null}$  mice under both transfer conditions to AI4 T cell-induced diabetes is likely because of higher IFN-y levels in this strain after immune stimulation compared with standard NOD mice (18), probably owing to lessened IFN-yR-mediated sequestration of this cytokine. Collectively, these results implicate an IFN-yregulated increase in STAT1 but not STAT4 expression levels as mechanistically contributing to inhibition.

Antibody blockade or IFN- $\gamma$  administration studies would affect both transferred AI4 and host-type cells. Thus, we posit the future creation of NOD.*Rag1<sup>null</sup>.AI4* mice also carrying inactivated IFN- $\gamma$ , IFN- $\gamma$ R, or STAT1 genes could help to further dissect pathways through which IFN- $\gamma$  modulates the activity of diabetogenic CD8<sup>+</sup> T cells. A complete loss of STAT1 impairs clonal expansion of antigen-specific CD8<sup>+</sup> T cells (41). Thus, there may be a narrow window of pathogenic STAT1 activity in CD8<sup>+</sup> T cells, and deviations from this range, both positively and negatively, might alter expansion of such effectors. Cells that are either STAT1 deficient, have inactive mutant forms of STAT1 $\alpha$ , or only express the STAT1 $\beta$  isoform are resistant to the antiproliferative effects of IFN- $\gamma$  (42). Therefore, although difficult to create, generating NOD.*Rag1<sup>null</sup>.AI4* mice expressing only a full-length  $\alpha$  or COOH-terminal–truncated  $\beta$  isoform of STAT1 could further help to unravel the seemingly contradictory roles of IFN- $\gamma$  and STATs in diabetogenic CD8<sup>+</sup> T-cell responses.

Our current results might appear to contradict a previous report showing the insulin-specific CD8<sup>+</sup> T-cell clone TGNFC8 transfers diabetes less efficiently to NOD. $IFN-\gamma^{null}$ than standard NOD mice (43). It is important to note the TGNFC8 clone is poorly suited to studying events controlling the initial in vivo activation of diabetogenic CD8<sup>+</sup> T cells. This is because the TGNFC8 clone must be preactivated in culture to adoptively transfer disease (44,45). Because activated virus-specific T cells were resistant to IFN- $\alpha$ -mediated tolerance [via prior TCR stimuli-mediated upregulation of STAT4 and downregulation of STAT1 (28)], the preactivation of TGNFC8 cells likely alters their ability to respond to the in vivo IFN-y-mediated protection we currently describe. In contrast, the current study used freshly isolated and initially naive AI4 T cells capable of activation and disease induction after adoptive transfer. Thus, they are subject to all effects controlling this process, including modulation by IFN- $\gamma$ .

Our collective findings indicate that the temporal timing of IFN- $\gamma$  signaling in relation to antigen-mediated activation of diabetogenic CD8<sup>+</sup> T cells may be key to whether they are pathogenically activated or suppressed. This raises a possible cautionary note that treating humans at risk for T1D with agents limiting or skewing IFN- $\gamma$  production may accelerate disease if significant numbers of autoreactive CD8<sup>+</sup> T cells are already present.

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Author Contributions. J.P.D. and D.V.S. directed the research and wrote the manuscript. J.J.R. designed, performed, and analyzed the experiments; interpreted the data; and wrote the manuscript. C.Y., B.N.N., and C.M.L. performed and analyzed the experiments and contributed to the discussion. D.J.L. and H.D.C. performed the experiments. T.M.B. and C.E.M. developed the cell-mediated lympholysis assay and contributed to the discussion. Y.-G.C. contributed to the discussion. J.P.D. and D.V.S. are the guarantors of this work and, as such, had full access to all the data in the study and take responsibility for the integrity of the data and the accuracy of the data analysis.

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