# **ORIGINAL ARTICLE**



# NEPA, a fixed oral combination of netupitant and palonosetron, improves control of chemotherapy-induced nausea and vomiting (CINV) over multiple cycles of chemotherapy: results of a randomized, double-blind, phase 3 trial versus oral palonosetron

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#### Abstract

*Purpose* Antiemetic guidelines recommend co-administration of targeted prophylactic medications inhibiting molecular pathways involved in emesis. NEPA is a fixed oral combination of a new NK<sub>1</sub> receptor antagonist (RA), netupitant (NETU 300 mg), and palonosetron (PALO 0.50 mg), a pharmacologically distinct 5-HT<sub>3</sub> RA. NEPA showed superior prevention of chemotherapy-induced nausea and vomiting (CINV) compared

A prior publication reported the cycle 1 findings of this study [Aapro et al., *Annals of Oncology* 2014 NCT01339260]. This paper focuses on the findings in the multiple-cycle extension, data which was an oral presentation at both the ASCO and MASCC Annual Meetings in 2014.

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with oral PALO in a single chemotherapy cycle; maintenance of efficacy/safety over continuing cycles is the objective of this study.

Methods This study is a multinational, double-blind study comparing a single oral dose of NEPA vs oral PALO in chemotherapy-naïve patients receiving anthracycline/cyclophosphamide-based chemotherapy along with dexamethasone 12 mg (NEPA) or 20 mg (PALO) on day 1. The primary efficacy endpoint was delayed (25–120 h) complete response (CR: no emesis, no rescue medication) in cycle 1. Sustained efficacy was evaluated during the multicycle extension by calculating the proportion of patients with overall (0–120 h) CR in cycles 2–4 and by assessing the probability of sustained CR over multiple cycles.

Results Of 1455 patients randomized, 1286 (88 %) participated in the multiple-cycle extension for a total of 5969 cycles; 76 % completed  $\geq$ 4 cycles. The proportion of patients with an overall CR was significantly greater for NEPA than oral PALO for cycles 1–4 (74.3 vs 66.6 %, 80.3 vs 66.7 %, 83.8 vs 70.3 %, and 83.8 vs 74.6 %, respectively;  $p \leq 0.001$  each cycle). The cumulative percentage of patients with a sustained CR over all 4 cycles was also greater for NEPA (p < 0.0001). NEPA was well tolerated over cycles.

Conclusions NEPA, a convenient, guideline-consistent, fixed antiemetic combination is effective and safe over multiple cycles of chemotherapy.

**Keywords** Neurokinin-1 receptor antagonist · NEPA · Netupitant · Palonosetron · CINV · Multiple cycles



### Introduction

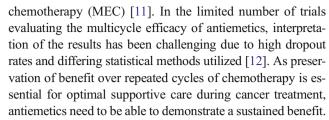
International guideline committees consistently recommend combination antiemetic regimens targeting multiple molecular pathways associated with emesis as the standard of care for prevention of chemotherapy-induced nausea and vomiting (CINV) [1, 2]. Antiemetic guidelines currently recommend a prophylactic combination of a 5-HT<sub>3</sub> receptor antagonist (RA), a neurokinin-1 (NK<sub>1</sub>) RA, and dexamethasone when administering highly emetogenic chemotherapy (HEC) or anthracycline-cyclophosphamide chemotherapy, as studies have shown a clear benefit with the addition of an NK<sub>1</sub> RA to the standard 5-HT<sub>3</sub> RA plus dexamethasone regimen in these settings [1, 2].

Unfortunately, adherence to antiemetic guidelines is suboptimal, despite continued research suggesting that guideline conformity improves CINV control for patients [3–5]. Consequently, even with effective agents available, many patients still suffer from CINV [6]. The supportive care community, in particular, continues to evaluate opportunities to reinforce and encourage implementation of guidelines into clinical practice, as well as monitor adherence.

Netupitant (NETU) is a new highly selective NK<sub>1</sub> RA which has been developed as an oral fixed combination with palonosetron (referred to as NEPA; AKYNZEO®). Palonosetron was specifically chosen as the 5-HT<sub>3</sub> RA for the NEPA combination because of its distinct pharmacological [7] and clinical [6] characteristics. Palonosetron is distinguished from the older 5-HT<sub>3</sub> RAs in the class with its unique receptor binding, its ability to inhibit the cross talk between the 5-HT<sub>3</sub> and NK<sub>1</sub> receptors, its ability to induce NK<sub>1</sub> receptor internalization and to work synergistically with NETU to enhance the inhibition of the substance P response, in addition to its distinctly better efficacy during the delayed (25–120 h) phase [7–9]. Consequently, it has the potential to enhance prevention of delayed CINV when used in combination with NETU. The NEPA combination also has the potential to improve guideline adherence by targeting two critical pathways involved in emesis with a convenient, single oral dose.

In a phase 2 single-cycle, dose-ranging study [10] in patients receiving HEC, the NEPA oral combination of NETU 300 mg + PALO 0.50 mg was shown to be superior to oral palonosetron during the delayed and overall (0–120 h) phases for all efficacy endpoints.

The current phase 3 study was designed to demonstrate superior prevention of CINV during cycle 1 with oral NEPA compared with oral palonosetron in patients receiving anthracycline-cyclophosphamide chemotherapy (and to evaluate NEPA's safety). This study was also designed to evaluate whether the efficacy (and safety) seen in cycle 1 would be preserved over continuing treatment cycles. In a previously reported phase 3 study, NEPA was shown to be well tolerated over multiple cycles of HEC and moderately emetogenic



The cycle 1 data has been previously reported by Aapro et al. [13]; a single oral dose of NEPA plus dexamethasone prior to chemotherapy resulted in superior complete response (no emesis, no rescue medication) rates during the delayed phase (primary endpoint) compared with oral palonosetron plus dexamethasone. The efficacy of NEPA was supported by consistent superiority over oral palonosetron for all secondary efficacy endpoints (i.e., no emesis, no significant nausea, complete protection) during both the delayed and overall phases. This publication reports the results of the multiple-cycle extension of this study.

# Materials and methods

## Study design

This study was conducted between April 2011 and November 2012 in accordance with GCP, ICH, Declaration of Helsinki principles, and local laws and regulations. Protocol approval was obtained from ethical review committees for each site, and written informed consent was obtained from each patient before enrollment. The study design has been described in detail in the cycle 1 publication [13]. After completion of cycle 1, patients had the option to participate in a multiplecycle extension, receiving the same treatment as assigned in cycle 1 for as long as they continued to fulfill the inclusion/ exclusion criteria. There was no pre-specified limit of the number of repeat consecutive cycles. Patients received one of the following two treatments: oral NEPA (NETU 300 mg/ PALO 0.50 mg) plus 12 mg dexamethasone or oral palonosetron 0.50 mg plus 20 mg dexamethasone, all given prior to chemotherapy each cycle.

# Eligibility criteria

Eligible patients were  $\geq$ 18 years, naïve to chemotherapy, and scheduled to receive their first course of an anthracycline/cyclophosphamide regimen for treatment of a solid malignant tumor. The chemotherapy consisted of either cyclophosphamide IV (500 to 1500 mg/m²) and doxorubicin IV ( $\geq$ 40 mg/m²) or cyclophosphamide IV (500 to 1500 mg/m²) and epirubicin IV ( $\geq$ 60 mg/m²). Patients were required to have an Eastern Cooperative Oncology Group (ECOG) performance status of 0, 1, or 2. Patients were not eligible if they were scheduled to receive (1) HEC from days 1 to 5 or MEC



from days 2 to 5 following chemotherapy, (2) radiation therapy to the abdomen or pelvis within 1 week prior to day 1 or between days 1 and 5, or (3) a bone marrow or stem cell transplant. Patients were not allowed to receive any drug with known or potential antiemetic efficacy within 24 h prior to day 1 and were excluded if they experienced any vomiting, retching, or mild nausea within 24 h prior to day 1. Patients were not to have had any serious cardiovascular disease history or predisposition to cardiac conduction abnormalities, with the exception of incomplete right bundle branch block. Because netupitant is a moderate inhibitor of CYP3A4, use of any CYP3A4 inducer within 4 weeks, use of a strong or moderate inhibitor within 1 week, or scheduled to receive CYP3A4 inhibitors, inducers, or certain substrates as concomitant medication were prohibited. For each cycle of the multiple-cycle extension, the investigator needed to consider it appropriate and not posing any unwarranted risk to the patient. There was to have been satisfactory study compliance in the preceding chemotherapy cycle, and patients were to be scheduled to receive the same chemotherapy regimen as cycle 1.

#### Assessments and statistical methods

From the start of chemotherapy infusion on day 1 through the morning of day 6 (0–120 h) of each cycle, patients completed a diary, capturing information pertaining to occurrence and timing of each emetic episode and rescue medication intake. Metoclopramide tablets were provided as rescue medication; however, the investigator was allowed to use an alternative rescue (excluding 5-HT<sub>3</sub> or NK<sub>1</sub> RAs, as well as palonosetron) at his/her discretion. The use of rescue medication for treatment of either nausea or vomiting was considered treatment failure. Severity of nausea was evaluated daily by patients in the diary by using a 100-mm horizontal visual analog scale (VAS). The left end of the scale (0 mm) was labeled as "no nausea," and the right end of the scale (100 mm) was labeled as "nausea as bad as it could be." No significant nausea was defined as a maximum score <25 mm.

The objective of the multiple-cycle extension was to compare the efficacy and safety of oral NEPA relative to oral palonosetron across multiple cycles of chemotherapy. The primary aim of the study was to demonstrate the superiority of NEPA over oral palonosetron based on the proportion of patients with a CR during the delayed (25–120 h) phase of cycle 1. In the multiple-cycle extension, the proportion of patients with CR and no significant nausea were prospectively defined efficacy endpoints, but no formal comparisons between groups were pre-specified. Thus, *p* values for the multiple-cycle extension should only be descriptively interpreted. CR, no emesis, and no significant nausea rates were compared by using a two-sided Cochran-Mantel-Haenszel (CMH) test including treatment, age class, and region as strata. A separate analysis of sustained CR evaluated the probability that a

patient would remain a complete responder over 4 cycles of chemotherapy. This analysis was performed by using Kaplan-Meier methods, and patients who did not sustain a CR were considered treatment failures. Treatment groups were compared via a log-rank test. As the majority of patients had completed their planned chemotherapy after 4 cycles of treatment (as expected in "standard" AC protocols), only 36 % of patients received a fifth cycle and 27 % a sixth cycle; therefore, efficacy data is only presented through cycle 4.

Safety was assessed primarily by a clinical review of treatment-emergent adverse events. The multiple-cycle extension summarized incidence rates for cycles 2–6, while cycle 1 was evaluated separately. Cardiac safety was evaluated by cardiac adverse events, electrocardiogram (ECG) changes (including QTc), cardiac troponin levels, and left ventricular ejection fraction (LVEF). During each cycle, ECGs were recorded predose and 5, 24, and 120 h post-dose. Troponin levels (cTnI) were measured pre-dose and 24 and 120 h post-dose of each cycle by using a standardized troponin assay (Siemens' ADVIA Centaur TnI-Ultra troponin assay). A threshold of 0.12 ng/mL was considered an "alert value" [14]. LVEF was assessed for all patients at visit 1 and at the end of the study. No formal comparisons were performed for the safety assessments.

## Results

A total of 1455 patients were randomized into the study. Of these, 1286 patients (88.4 %) entered the multiple-cycle extension, 167 patients did not enter the extension, and 4 patients did not receive the protocol-required chemotherapy or study drug in cycle 2 (Fig. 1). Patients participated in a total of 5969 chemotherapy cycles with 76 % of all patients (76 % NEPA, 77 % palonosetron) completing at least 4 cycles; 27 % of all patients completed 6 cycles.

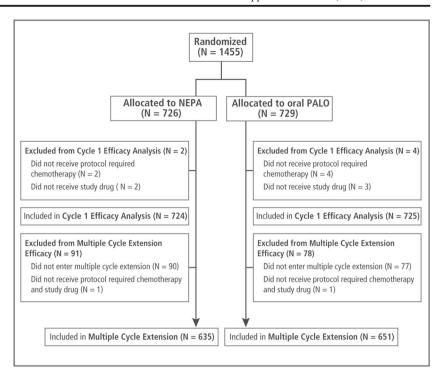
Baseline and disease characteristics and emetic risk factors for patients entering the multiple-cycle extension are listed in Table 1 and are similar to those reported previously for patients in cycle 1. Treatment groups were similar and consistent with a cancer population receiving the protocol-specified anthracycline-cyclophosphamide chemotherapy regimen. Almost all patients were female with breast cancer (98 %); the majority were white (78 %), and the median age was 54 years. All patients but one (99.9 %) were treated with cyclophosphamide plus an anthracycline (65 % doxorubicin and 35 % epirubicin). Doses of these chemotherapeutic agents were similar at baseline and remained consistent for subsequent cycles.

## Efficacy

The proportion of patients with an overall (0–120 h) CR was significantly greater for NEPA compared with oral



**Fig. 1** Consort diagram of the disposition of patients



palonosetron during cycle 1, and this was maintained in subsequent cycles (Fig. 2). The incremental benefit of NEPA over oral palonosetron in cycles 2–4 was greater than

that seen in cycle 1 (7.7 % in cycle 1, 13.6 % in cycle 2, 13.5 % in cycle 3, and 9.2 % in cycle 4). CR rates were similar for NEPA and oral palonosetron during the acute

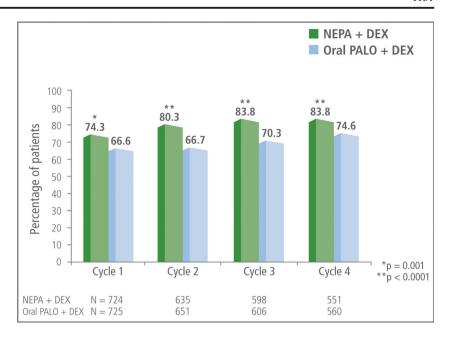
Table 1 Baseline and disease characteristics for patients participating in the multiple-cycle extension

Characteristic	NEPA + DEX (N = 635)	Oral PALO + DEX $(N = 651)$		
Gender (%)				
Female	98.3	98.0		
Male	1.7	2.0		
Median age (years)	54.0	54.0		
Ethnic group (%)				
White	77.3	79.0		
Asian	15.6	15.2		
Hispanic	6.6	5.4		
Black	0.2	0.2		
Other	0.3	0.3		
Cancer type (%)				
Breast	97.8	97.7		
Other	2.2	2.3		
ECOG performance status (%)				
0	68.7	68.5		
1	30.7	31.3		
2	0.6	0.2		
Alcohol consumption (%)				
No	80.9	81.3		
Occasionally	18.7	18.1		
Regularly	0.3	0.6		
Chemotherapy (%)				
Cyclophosphamide	99.8	100		
Doxorubicin	67.2	63.0		
Epirubicin	32.8	37.0		
Mean total dose (mg)				
Cyclophosphamide	987.7	986.4		
Doxorubicin	97.7	98.3		
Epirubicin	131.2	131.1		

NEPA netupitant/palonosetron, PALO palonosetron, DEX dexamethasone, ECOG Eastern Cooperative Oncology Group



Fig. 2 Overall (0–120 h) complete response (no emesis, no rescue medication) rates



phase but higher for NEPA compared with oral palonosetron during the delayed phase.

The percentage of patients who experienced a CR in cycle 1 and who sustained a CR over cycles 2–4 was significantly greater for NEPA than with oral palonosetron (p < 0.001, based on log-rank test) (Fig. 3). The absolute difference between NEPA and oral palonosetron in percentage of patients sustaining a CR continued to increase over time.

NEPA was also consistently more effective than oral palonosetron in preventing emesis and significant nausea over cycles 1–4 (Table 2). The percentage of patients who experienced no significant nausea in cycle 1 and who sustained this nausea

Fig. 3 Sustained overall (0–120 h) complete response over cycles 1–4: Kaplan-Meier curve of continued CR success rate. Patients who did not sustain a CR were considered treatment

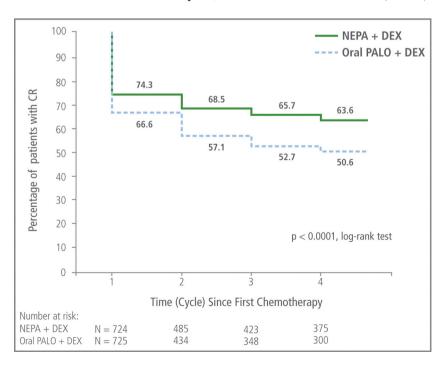
failures

control over cycles 2–4 was significantly greater for NEPA than oral palonosetron (p = 0.035, based on log-rank test) (Fig. 4).

# Safety

Adverse events

The overall incidence, type, frequency, and intensity of treatment-emergent adverse events were comparable between the two treatment groups during the multiple-cycle extension (Table 3). There was no increase in incidence rates of adverse events across cycles, whether treatment-related or not (Table 4).





**Table 2** Overall (0–120 h) no emesis and no significant nausea rates

% of patients (N = NEPA/PALO)	No emesis			No significant nausea <sup>b</sup>				
	NEPA + DEX	Oral PALO + DEX	Absolute difference	p value <sup>a</sup>	NEPA + DEX	Oral PALO + DEX	Absolute difference	p value <sup>a</sup>
Cycle 1 ( $N = 724/725$ )	79.8	72.1	7.7	< 0.001	74.6	69.1	5.5	0.020
Cycle 2 ( $N = 635/651$ )	85.5	73.7	11.8	< 0.0001	77.3	71.6	5.7	0.018
Cycle 3 ( $N = 598/606$ )	88.3	77.2	11.1	< 0.0001	78.4	73.3	5.1	0.034
Cycle 4 ( $N = 551/560$ )	87.3	79.5	7.8	0.0003	80.2	75.2	5.0	0.042

NEPA netupitant/palonosetron, PALO palonosetron, DEX dexamethasone

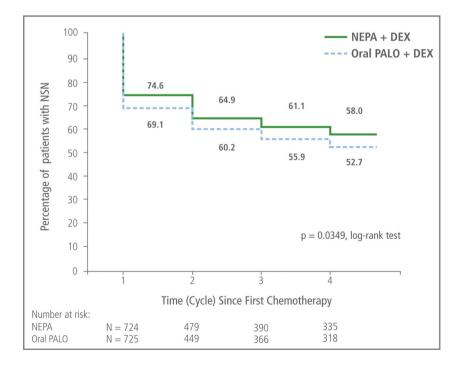
Among the patients reporting adverse events during the multiple-cycle extension, the majority (85 %) reported adverse events of mild/moderate intensity. Of the 98 (15 %) NEPA-treated patients who experienced a severe adverse event, only 1 patient had a severe event considered to be treatment-related. The most common treatment-related adverse events were headache (3.5 % NEPA, 2.8 % oral palonosetron) and constipation (2.0 % NEPA, 2.2 % oral palonosetron). There were no serious treatment-related adverse events during cycle 1 or during the multiple-cycle extension for either treatment group. There were also no treatment-related adverse events leading to discontinuation and no deaths for NEPA-treated patients.

## Cardiac safety

The percentage of patients with at least one adverse event classified as a cardiac disorder was similar for both groups in cycle

1 (2.6 % NEPA, 2.1 % oral palonosetron) and during the multicycle extension (5.0 % NEPA, 4.6 % oral palonosetron). The percent of patients with treatment-emergent ECG abnormalities was comparable between groups. The mean changes in QTcF were small and similar between groups and returned to baseline at 120 h. The percentage of patients with increases from baseline of >60 ms in QTcF were 0.7 and 1.1 % for NEPA and oral palonosetron, respectively, for cycle 1 and 1.5 and 2.6 % in the multiple-cycle extension. Similar proportions of patients had high troponin levels (i.e., >0.12 ng/mL) in cycle 1 (0.1 % NEPA vs 0.3 % oral palonosetron) and in the multicycle extension (3.4 % NEPA vs 2.9 % oral palonosetron). Of these, 0.4 % NEPA and 0.7 % oral palonosetron had troponin values greater than 0.50 ng/mL. In the majority of cases, the high values developed in cycles 5 and 6. Mean LVEF changes from screening to end of study were negligible and comparable between groups.

Fig. 4 Sustained overall (0–120 h) no significant nausea over cycles 1–4: Kaplan-Meier curve of continued nausea control. Patients who did not sustain nausea control were considered treatment failures





<sup>&</sup>lt;sup>a</sup> Pre-specified for cycle 1, post hoc for cycles 2-4; not adjusted for multiple comparisons

<sup>&</sup>lt;sup>b</sup> Defined as maximum nausea score <25 mm on 100-mm visual analog scale

**Table 3** Summary of most common (≥5 %) adverse events<sup>a</sup> during the multiple-cycle extension

% of patients with	NEPA + DEX (N = 635)	Oral PALO + DEX (N = 651)  36.6		
Neutropenia	35.6			
Alopecia	23.9	23.2		
Leukopenia	21.7	21.7		
Asthenia	11.0	10.6		
Headache	8.3	8.8		
Fatigue	7.7	7.5		
Anemia	7.4	6.3		
Hyperglycemia	7.1	6.6		
Diarrhea	5.2	3.2		
Decreased appetite	4.4	6.5		
Constipation	4.3	5.1		
Nausea	4.3	5.4		

NEPA netupitant/palonosetron, PALO palonosetron, DEX dexamethasone

## Discussion

The presence of CINV in the first cycle of chemotherapy has been established as a strong predictor of CINV in subsequent cycles [15, 16]. Therefore, the best available prophylactic antiemetics should be administered beginning at the first course of chemotherapy to maximize prevention of CINV from the start. All antiemetic guideline committees consistently suggest that combination regimens aimed at multiple molecular targets associated with emesis are now the standard of care for prevention of HEC and some types of MEC-induced CINV [1, 2].

Developed as the first antiemetic combination agent, NEPA presents a convenient approach to targeting what experts now believe are the two most important molecular targets (substance P/NK<sub>1</sub> and serotonin/5-HT<sub>3</sub>) associated with CINV [6]. In this study, NEPA was administered with a single dose of dexamethasone. This offers a simple single-day "triplet" regimen and could reduce side effects associated with multiple-day dosing of dexamethasone.

This study evaluated 1450 patients over a total of almost 6000 chemotherapy cycles. While historically, the high dropout rate in multicycle trials has created methodologic

challenges, in this study, 76 % of all patients completed at least 4 cycles of chemotherapy. The population selected included patients with solid tumors receiving an anthracyclinecyclophosphamide chemotherapy regimen. This combination has historically been considered a moderately emetogenic regimen but because it is commonly administered to (young) females with breast cancer (as was the case in this study), the emetogenic risk is substantially increased due to the additional patient-related risk factors [1, 2]. Consequently, the population evaluated in this study represents a group at significant risk for CINV. All antiemetic guidelines recommend NK<sub>1</sub> RA/5-HT<sub>3</sub>RA/dexamethasone prophylaxis in this setting with guideline committees now classifying anthracyclinecyclophosphamide regimens as HEC. However, if an NK<sub>1</sub> RA is not available, the Multinational Association for Supportive Care in Cancer (MASCC) recommends the use of palonosetron as the preferred 5-HT<sub>3</sub> RA [2].

While this study was conducted in a relatively homogenous population of predominantly white females, other studies in the NEPA program have demonstrated efficacy and safety in a broader population of patients receiving various types of emetogenic chemotherapy [10, 11].

 Table 4
 Incidence of adverse

 events across cycles

% of patients with adverse event	Treatment-emerg	gent	Treatment-relate adverse event	d
Cycle ( $N = NEPA/PALO$ )	NEPA + DEX	Oral PALO + DEX	NEPA + DEX	Oral PALO + DEX
Cycle 1 ( $N = 725/725$ )	76.0	69.9	8.1	7.2
Cycle 2 ( $N = 635/651$ )	65.0	61.4	6.5	4.5
Cycle 3 ( $N = 598/605$ )	57.4	53.2	3.5	3.5
Cycle 4 ( $N = 550/561$ )	46.4	39.0	4.0	1.2
Cycle 5 ( $N = 271/249$ )	40.6	39.8	2.6	0.8
Cycle 6 ( $N = 197/191$ )	31.0	30.9	1.5	0.5

NEPA netupitant/palonosetron, PALO palonosetron, DEX dexamethasone



<sup>&</sup>lt;sup>a</sup> All treatment-emergent adverse events whether deemed to be treatment-related or not

The data supporting the sustained efficacy benefit of NEPA over multiple cycles in this study is compelling for clinical practice. The NEPA benefit over oral palonosetron was maintained over multiple cycles for overall complete response rates and also for no emesis and no significant nausea in each cycle. These findings were consistent for all endpoints across the entire period of risk (0–120 h) for all four chemotherapy cycles.

Nausea remains a clinical challenge, and the nausea control rates were not as high as those for emesis. However, it is encouraging that treatment including NEPA resulted in a clinical benefit over oral palonosetron in preventing significant nausea over multiple cycles, as there have been no consistent findings to date supporting the role of other  $NK_1$  receptor antagonists in nausea control [17–21]. These results are supported by a prior phase 2 trial where NEPA resulted in superior nausea control over oral palonosetron in patients receiving highly emetogenic chemotherapy [10].

A complementary analysis offers perhaps a more rigorous approach to assessing preservation of efficacy in that it evaluates continued CR success over multiple cycles by censoring those patients who had emesis or more than mild nausea (i.e., CR failures); this approach was utilized previously in analyzing the sustained benefit of aprepitant over multiple cycles in a similar population of patients receiving AC chemotherapy [12]. In this study, the complementary analysis demonstrated significantly more NEPA-treated patients having continued CR success across cycles (log-rank test, p < 0.0001). It is notable that the incremental benefit of NEPA over oral palonosetron continued to increase across cycles with 13 % more NEPA-treated patients having continued CR by cycle 4. Similar results were seen for sustained nausea control (Fig. 4).

These findings are particularly impressive considering that NEPA (plus dexamethasone) was compared with and shown to be superior to oral palonosetron, the MASCC guideline-preferred 5-HT<sub>3</sub> RA (plus dexamethasone) in the setting when an NK<sub>1</sub> RA is unavailable. This suggests that the incremental benefit of the NEPA combination over an older 5-HT<sub>3</sub> RA might be greater. Future trials could be considered to explore this as well as evaluating how NEPA would perform against an aprepitant-containing regimen. According to the data generated thus far, NEPA showed slightly higher response rates than an exploratory aprepitant arm in both a single-cycle study in patients receiving highly emetogenic chemotherapy [10] and over multiple cycles in patients receiving either non-AC moderately or highly emetogenic chemotherapy [13].

Consistent with the safety findings previously reported in cycle 1 of this study [13] and in the HEC/MEC multiple-cycle trial [11], NEPA was well tolerated over multiple cycles of chemotherapy without evidence for increasing adverse events over time/cycles or cardiac safety concerns for either agent. There continued to be a low incidence of treatment-related adverse events, none of which led to discontinuation, and there were no serious treatment-related adverse events or deaths for NEPA-treated patients.



The results of this study demonstrate superiority of NEPA over oral palonosetron (both given with dexamethasone) in preventing CINV and sustained efficacy over multiple cycles of chemotherapy. As a novel antiemetic combining a new NK<sub>1</sub> RA with palonosetron (the guideline "preferred" 5-HT<sub>3</sub> RA), NEPA offers promising efficacy with guideline-consistent antiemetic prophylaxis and may represent an advance in antiemetic treatment options.

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## Compliance with ethical standards

**Conflict of interest** The authors have the following conflicts of interest to disclose:

Aapro: consultant for Helsinn Healthcare, Eisai, Tesaro, and Merck; research funding from Helsinn Healthcare; speaker's bureau for Helsinn Healthcare, Taiho, Eisai, Tesaro and Merck.

Karthaus: consultant for Helsinn Healthcare.

Schwartzberg: consultant for Helsinn Healthcare and Tesaro; research funding from Helsinn Healthcare.

Bondarenko: nothing to disclose.

Sarosiek: research funding from Helsinn Healthcare, Novartis, Parexel, Celltrion, Quintiles, Samsung, Lilly, Astra Zeneca, and GSK.

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Hansen: nothing to disclose.

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Rugo: research funding to University of California San Francisco from Eisai

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