

# **HHS Public Access**

Author manuscript FEBS J. Author manuscript; available in PMC 2017 February 28.

Published in final edited form as: FEBS J. 2009 April ; 276(8): 2348–2358.

# **A Role of miR-27 in the Regulation of Adipogenesis**

**Qun Lin**1, **Zhanguo Gao**2, **Rodolfo M. Alarcon**1, **Jianping Ye**2, and **Zhong Yun**<sup>1</sup>

<sup>1</sup>Department of Therapeutic Radiology, Yale University School of Medicine, New Haven, CT 06510, USA

<sup>2</sup>Pennington Biomedical Research Center, Louisiana State University, 6400 Perkins Road, Baton Rouge, LA 70808, USA

# **Summary**

MicroRNAs (miRNAs) are involved in a plethora of important biological processes from embryonic development to homeostasis in adult tissues. Recently, miRNAs have emerged as a class of epigenetic regulators of metabolism and energy homoestasis. We have investigated the role of miRNAs in the regulation of adipogenic differentiation. In this report, we demonstrate that the *miR-27* gene family is down-regulated during adipogenic differentiation. Over-expression of miR-27 specifically inhibits adipocyte formation, without affecting myogenic differentiation. We also find that expression of  $miR-27$  results in blockade of expression of PPAR $\gamma$  and C/EBPa, the two master regulators of adipogenesis. Importantly, expression of  $miR-27$  is increased in fat tissue of obese mice and is regulated by hypoxia, an important extracellular stress associated with obesity. Our data strongly suggest that  $miR-27$  is a new class of adipogenic inhibitors and may play a role in the pathological development of obesity.

#### **Keywords**

adipocyte; differentiation; hypoxia; microRNA; obesity

# **Introduction**

MicroRNAs (miRNAs) have emerged as an important class of post-transcriptional regulators of metabolism in several cell types including β-cells, muscle cells and adipocytes (1). They appear to impinge upon diverse aspects of cellular responses to metabolic demands or stresses from invertebrates to vertebrates. A forward genetic screening in Drosophila melanogaster provided the first example that  $miR-14$  plays a critical role in the regulation of triacylglyceride metabolism in fruit flies  $(2)$ . By a similar approach,  $mR-278$  was recently identified as a potential regulator of energy metabolism in the fat body of fruit flies (3). In vertebrates, miR-375 and miR-376, both abundantly expressed in pancreatic β cells, are involved in the control of insulin secretion (4). Furthermore, the highly conserved miRNA,  $miR-1$ , has been found to exert significant influence on myogenic differentiation and muscle functions in invertebrates (5) as well as in mammals (6).

Correspondence: Zhong Yun, Ph.D., Department of Therapeutic Radiology, Yale University School of Medicine, 333 Cedar Street, HRT-313, New Haven, CT 06510, USA, Tel: 203-737-2183, Fax: 203-785-6309, zhong.yun@yale.edu.

Adipose tissue functions are essential to energy metabolism because it is not only an energy depot (7), but also a source of endocrine factors (8, 9). Adipocytes are derived from mesenchymal stem or progenitor cells via a lineage-specific differentiation process called adipogenesis. Adipogenic differentiation is accomplished by a cascade of three major transcriptional events characterized by the transcriptional induction of (1) the early genes: C/ EBPβ and C/EBPδ, (2) the determination genes:  $PPAR\gamma$  and C/EBPa, also regarded as master regulators of adipogenesis, and (3) adipocyte-specific genes such as fatty acid synthase and fatty acid binding proteins (10-12). Epigenetic regulation of adipose functions mediated by miRNAs has been emerging as an important mechanism in the study of energy metabolism and obesity. By comparing miRNA profiles, Kajimoto et al. have found differential profiles of miRNA expression between preadipocytes and mature adipocytes (13), suggesting a role for miRNAs in the regulation of adipogenic differentiation. Consistent with this notion, microarray analysis has identified two classes of miRNAs,  $miR-143$  and the  $miR-17/92$  cluster, that are moderately (2-3 fold) increased during adipogenic differentiation (14, 15). Inhibition of  $mR-143$  by an antisense oligonucleotide results in inhibition of adipogenesis *in vitro* (14), whereas over-expression of the *miR-17/92* cluster moderately increases adipocyte formation in vitro (15). Although these studies have provided evidence for a role of miRNAs in adipogenesis, there is still no evidence regarding expression of miRNAs in adipose tissues, especially their regulation associated with obesity.

Adipose tissue undergoes a dramatic expansion in obesity, which eventually results in adipose tissue dysfunction. Our studies have shown that obese tissue becomes hypoxic or oxygen-deficient, and hypoxia facilitates inflammatory responses in adipocytes (16, 17). We have also shown that hypoxia strongly inhibits adipogenic differentiation (18, 19). However, it remains to be determined whether miRNAs are differentially regulated or play a role under obese conditions in vivo.

In the current study, we have investigated the role of miRNAs in adipogenic differentiation using the mouse embryonic fibroblast-derived 3T3-L1 preadipocytes (20) and mouse bone marrow-derived OP9 mesenchymal stem/progenitor cells (21). We found that expression of the  $miR-27$  family genes ( $miR-27a$  and  $miR-27b$ ) was down-regulated upon adipogenic differentiation. Over-expression of  $miR-27$  resulted in robust and specific inhibition of adipogenic differentiation with the blockade of  $PPAR\gamma$  and  $C/EBPa$  expression. Importantly, miR-27 expression was elevated in adipose tissue of genetically obese ob/ob mice. We also found that the environmental stress, hypoxia, was involved in the regulation of  $miR-27$  expression. Our data suggest that the  $miR-27$  gene family is potentially an important class of negative regulators of adipogenesis and may play a role in the regulation of adipose functions associated with obesity.

# **Results**

#### **miR-27 inhibits adipogenic differentiation**

In order to investigate the role of miRNAs in the regulation of adipogenic differentiation, we performed a genome-wide microarray analysis of miRNA expression during adipogenic differentiation using the 3T3-L1 adipogenesis model. Our initial analysis revealed that the  $miR-27$  gene family, consisting of  $miR-27a$  and  $miR-27b$ , was down-regulated during

adipogenic differentiation (left panel, Fig. 1A). Consistent with the literature (15), genes of the  $miR-17/92$  cluster, including  $miR-17-5p$ ,  $miR-20$ , and  $miR-92$ , were increased during differentiation (right panel, Fig. 1A). We further investigated the kinetics of  $mR-27$ expression during adipogenesis using qRT-PCR. As shown in Fig. 1C & D, expression of both  $miR-27a$  and  $miR-27b$  decreased by  $20\%$  within the first 24 hr of adipogenic stimulation compared to preadipocytes (time  $= 0$ ) and remained at such reduced levels as differentiation progressed (6-day). These observations strongly suggest that miR-27 may negatively regulate adipogenic differentiation.

To investigate the role of miR-27 in adipogenesis, we transiently transfected 3T3-L1 preadipocytes with miRNA precursor molecules for miR-27a or miR-27b before adipogenic stimulation. The transfection efficiency approached 100% according to the uptake of a fluorescent small RNA duplex oligonucleotide control (siGLO Red, Dharmacon). Using qRT-PCR analysis, we found a >60-fold increase in mature  $miR-27a$  and  $miR-27b$  in the transfected preadipocytes. As shown in Fig. 2A, miR-27a, miR-27b or an equal molar mixture of  $miR-27a$  and  $miR-27b$  (miR27a/b) strongly inhibited adipogenic differentiation of 3T3-L1 preadipocytes, as demonstrated by a lack of intracellular fat accumulation. In contrast, the irrelevant miR control did not affect adipogenic differentiation. Quantitative analysis of intracellularly accumulated neutral lipids revealed statistically significant inhibition of adipocyte formation (Fig. 2B). Conversely, inhibition of the endogenous  $miR-27a$  or  $miR-27b$  using specific anti-miRs did not significantly affect adipogenesis (data not shown), suggesting that down-regulation of miR-27 is not sufficient to promote adipogenesis.

We performed a time course study to further gain insight into the role of  $mR-27$  during different stages of adipogenesis (Fig. 2C-E). Transfection of *miR-27a* or *miR-27b* before the adipogenic stimulation by IDM (Scheme #1) resulted in near complete inhibition of adipogenic differentiation. Transfection of  $mR-27a$  or  $mR-27b$  at the same time with the IDM treatment (Scheme #2) resulted in partial but significant inhibition of adipogenesis. In contrast, transfection of miR-27a or miR-27b did not have significant effects on adipogenesis when performed after 24 hr or 48 hr of IDM treatment (Schemes #3 and #4). These results suggest that  $miR-27$  exerts its inhibitory effects at or before the adipogenic commitment stage and that the IDM-induced genes appear to overcome the inhibitory effects of miR-27.

In order to ascertain that  $miR-27$  inhibits adipogenesis in general and its activity is not limited to the embryonic fibroblast-derived 3T3-L1 preadipocytes, we used the OP9 multipotent mesenchymal stem cell line derived from mouse bone marrow as an independent model of adipogenesis. OP9 cells undergo adipogenic differentiation when treated with the same adipogenic stimulants. As shown in Fig. 3A & B, transfection with  $mR-27a$  or miR-27b resulted in significant inhibition of adipogenic differentiation of OP9 cells. This observation demonstrates that  $mR-27$  has the potential to regulate the common essential genes or signal transduction pathways that regulate adipogenic differentiation of mesenchymal stem or progenitor cells from different tissue origins. To further determine whether  $miR-27$  inhibits adipogenesis specifically, we investigated the effect of  $miR-27$  on the myogenic differentiation of the C2C12 myoblast cells. As shown in Fig. 3C, formation

of myofibers was not adversely affected by  $miR-27$  over-expression, indicating that  $miR-27$ does not play an important role in myogenic differentiation. These results together illustrate a critical and specific role of miR-27 in the regulation of adipogenic differentiation.

#### **miR-27 prevents the induction of PPAR**γ **and C/EBP**<sup>α</sup>

In order to delineate the mechanisms by which  $miR-27$  inhibits adipogenic differentiation, we investigated the effect of  $miR-27$  on the expression of the well-defined key transcription factors of adipogenic differentiation, including  $PPAR\gamma$ ,  $C/EBPa$ , and  $C/EBP\beta$ . Their respective expression was determined in 3T3-L1 cells at the protein level using Western blot analysis on Day 1 and Day 4 of differentiation, a timeframe for observation of early genes and induction of C/EBPα and PPARγ. On Day 1, C/EBPβ was highly expressed, whereas C/EBP $\alpha$  and PPAR $\gamma$  were barely detectable, under control conditions (lanes 3 & 4, Fig. 4A). The expression of neither protein was affected by  $miR-27$  within the first day of adipogenic stimulation. As adipogenesis progressed for 4 days, both C/EBPα and PPARγ were strongly increased; whereas C/EBPβ level was reduced, in the control cells (lanes 7 & 8, Fig. 4A). In the miR-27 transfected cells, C/EBPα and PPARγ expression was completely blocked after 4 days of adipogenic stimulation (lanes  $5 \& 6$ , Fig. 4A). In contrast, levels of C/EBPβ protein were not significantly affected by miR-27 either on Day 1 or Day 4 compared to the controls. By analysis of mRNA expression using qRT-PCR, we found that  $miR-27a$  and  $miR-27b$  were able to strongly inhibit the transcriptional induction of  $PPAR\gamma$ within the first day of adipogenic stimulation (Day 1, Fig. 4B). Robust inhibition of both  $PPAR\gamma$  and  $C/EBPa$  mRNA took place within 2 days of treatment. In contrast, expression of C/EBPβ and C/EBP<sup>δ</sup>, the two early genes during adipogenesis, was not affected by miR-27a or miR-27b compared to controls (miR Ctrl and Positive control, Fig. 4B). These data suggest that  $miR-27$  inhibits adipogenic differentiation by blocking the transcription of the adipogenesis-determination genes  $PPAR\gamma$  and  $C/EBPa$  mRNA.

It is predicted that the PPAR $\gamma$  gene contains a putative binding motif for  $mR-27a$  and  $miR-27b$  [\(www.microRNA.org\)](http://www.microRNA.org). Because transcription of  $PPAR\gamma$  is induced within 48 hr of IDM-stimulation (12), we investigated whether  $mR-27$  could be down-regulated *PPAR* $\gamma$ expression in 3T3-L1 cells treated for 2 days with the adipogenic cocktail. The differentiating 3T3-L1 cells were transfected with miR-27a and miR-27b, respectively. PPARγ protein was detected at 24, 48 and 96 hr post-transfection. We found that approximately 100% transfection efficiency was achieved using siGLO Red as an indicator. Based on qRT-PCR analysis, a > 30-fold increase in mature  $miR-27a$  and  $miR-27b$  was found in the IDM-stimulated preadipocytes at 48 hr after transfection. As shown in Fig. 4C, transfection of  $miR-27a$  or  $miR-27b$  failed to markedly decrease levels of PPAR $\gamma$  protein at each time-point of observation compared to the respective miR controls. The effects of miR-27 on the expression of C/EBPα protein also appeared to be unremarkable. Consistent with these observations, adipocyte formation, as observed by accumulation of fat droplets, was not blocked by  $m\ddot{\textit{n}}$ -27 under these experimental conditions. On the other hand,  $miR-27a$  or  $miR-27b$  did not appreciably inhibit expression of  $PPAR\gamma$  and  $C/EBPa$  mRNA, as observed at 48 hr after miR-27 transfection in the 2-day old differentiating 3T3-L1 cells (Fig. 4D). These data suggest that  $miR-27$  may not directly repress PPAR $\gamma$  or C/EBPa mRNA. However,  $miR-27a$  appeared to repress the levels of  $PPAR\gamma$  and  $C/EBPa$  mRNA at

72 hr after transfection (Fig. 4D), suggesting that  $miR-27a$  may target a yet unknown gene or pathway that negatively regulates the transcription of  $PPAR\gamma$  and  $C/EBPa$  mRNA. Nonetheless, our data suggest that  $mR-27$  does not repress the level of PPAR $\gamma$  protein in committed preadipocytes under physiologically relevant conditions.

#### **Expression of miR-27 is elevated in obese mice**

In order to gain insight into the potential biologically relevant role of  $miR-27$  in the regulation of adipose tissue functions in vivo, we examined the expression of miR-27 in the genetically obese ob/ob mice. The expression of both miR-27a and miR-27b was significantly increased in the epididymal fat tissue from the  $ob/ob$  mice, compared to the genetically matched lean mice of the same gender and at the same age (Fig. 5A). It is worth mentioning that both  $miR-27a$  and  $miR-27b$ , although respectively located in chromosomes 8 and 13, are coordinately increased in obese tissue. In contrast, miR-17-5p, miR-20a and  $miR-92$ , miRNAs that are located in the same gene cluster appeared to be differentially regulated under obese conditions (Fig. 5B). These observations present the first evidence that obesity induces expression of a class of miR, such as  $m/R-27$ , that has the potential to negatively regulate adipose tissue functions.

#### **Hypoxia regulates miR-27 expression**

We and others have shown that hypoxia is a risk factor for adipose tissue malfunctions in obesity (17, 22). We have further shown that hypoxia inhibits adipogenesis (18, 19). The elevated miR-27 expression in the adipose tissue of  $ob/ob$  mice thus led us to hypothesize that hypoxia may play a role in the regulation of  $miR-27$  expression. To test this hypothesis, we examined expression of  $mR-27$  in differentiating preadipocytes under hypoxia. All hypoxia experiments were carried out at  $1\%$  O<sub>2</sub>, a hypoxic level of oxygenation similar to that found in obese mice (17). In preadipocytes, hypoxia increased  $mR-27a$  by approximately 2 fold and  $mR-27b$  by approximately 1.5 fold (Fig. 6A), consistent with observation that miR-27a expression was moderately increased by hypoxia in several cancer cell lines (23). During adipogenic differentiation under the control conditions (21%  $O_2$ ), expression of  $mR-27a$  and  $mR-27b$  was decreased after 24 hr of adipogenic stimulation (Fig. 6B & C). However,  $miR-27a$  and  $miR-27b$  remained at elevated levels under the hypoxic condition. This observation was further confirmed by miRNA microarray analysis (left panel, Fig. 6D). In comparison, the expression of the  $mR-17/92$  cluster ( $mR-17-5p$ ,  $miR-20$ , and  $miR-92$ ), the expression of which is increased during normoxic adipogenesis (Fig. 1C and (15), was strongly inhibited by hypoxia (right panel, Fig. 6C). These results are consistent with the notion that hypoxia inhibits adipogenesis.

# **Discussion**

In this report, we have identified  $miR-27a$  and  $miR-27b$  as a new class of adipogenic regulators that strongly inhibit adipogenesis. Although the gene loci of miR-27a and miR-27b are located in different chromosomes (for miR-27a: mouse chromosome 8 and human chromosome 19; for  $mR-27b$ : mouse chromosome 13 and human chromosome 9), our data reveal a concerted down-regulation of the  $miR-27$  gene family during adipogenic differentiation of mesenchymal progenitor cells. Consistent with our observation, an

independent study has found that  $mR-27a$  appears to be down-regulated upon adipogenic differentiation of 3T3-L1 preadipocytes (13). Our evidence indicates that the inhibitory effect of  $mR-27$  on adipogenic differentiation is specific. Both  $mR-27a$  and  $mR-27b$ inhibit adipogenic conversion of mesenchymal progenitor cells from different tissue origins, such as the bone marrow-derived OP9 cells and the embryo-derived fibroblastic 3T3-L1 cells. On the other hand, neither  $miR-27a$  nor  $miR-27b$  significantly affects myogenic differentiation. Interestingly, a very recent study has shown that down-regulation of miR-27 increases intracellular lipid accumulation in hepatic stellate cells (24). Together, these findings suggest a role of miR-27 in multiple metabolic pathways. However, because  $miR-27$  has the potential to target over three thousand genes, it is possible that  $miR-27$  can regulate many other biological processes. It has been shown that miR-27a plays a role in cell cycle regulation in breast cancer cells (25) and facilitates growth of gastric cancer cells (26). On the other hand, miR-27b has been shown to regulate the expression of cytochrome P450, a drug-metabolizing enzyme, in cancer cells (27). It is possible that the biological function of miR-27 is manifested in a cell-type dependent manner and/or under certain pathophysiological conditions.

As compared to other reported miRNAs that have been investigated in adipogenesis, the miR-27 genes exhibit the strongest function as a class of negative regulators of adipogenesis. Wang et al. have shown that expression of the  $miR-17/92$  cluster is moderately upregulated during adipogenesis (15). Over-expression of the  $miR-17/92$  cluster moderately enhances adipogenic conversion, but does not initiate adipogenic differentiation of mouse 3T3-L1 preadipocytes in the absence of adipogenic hormones (15). A moderate increase in miR-143 has also been found during late stage ( $\sqrt{7}$  days) of adipogenic differentiation of human preadipocytes (14). Treatment with antisense oligonucleotides against miR-143 decreases lipid accumulation in adipocytes (14). However, Kajimoto et al. have shown that antisense inhibition of upregulated miRNAs does not affect adipogenic differentiation of 3T3-L1 cells (13). These observations, nonetheless, suggest the existence of extensive crosstalk or functional overlap among different miRNA genes.

The  $miR-27$  genes appear to inhibit adipogenesis before preadipocytes become committed to terminal differentiation. The time course study (Fig. 2) has shown that  $miR-27a$  and miR-27b are capable of blocking adipogenic differentiation when introduced before or at the start of adipogenic stimulation by IDM. After 24 hr of IDM-stimulation, the  $miR-27$  genes fail to suppress adipogenesis. Because robust transcriptional induction of  $PPAR\gamma$  and  $C/$ EBPα generally occurs within 24-48 hr of adipogenic stimulation (11, 12, 28), our data suggest that the  $mR-27$  genes are not capable of preventing the committed,  $PPAR\gamma/C$ EBPα-expressing preadipocytes from the terminal differentiation. Nonetheless, our observations indicate that miR-27 genes function by blocking the transcriptional induction of PPARγ and C/EBPα or by preventing preadipocytes from entering the stage of adipogenesis determination or commitment. The transcriptional repression of  $PPAR\gamma$  and  $C/$  $EBPa$  appears to be specific because  $C/EBP\beta$  and  $C/EBP\delta$ , which are expressed before the induction of PPAR $\gamma$  and C/EBPa, are unaffected by  $miR-27a$  or  $miR-27b$ .

It is predicted by bioinformatics that the  $PPAR\gamma$  mRNA contains one putative binding site for  $miR-27a$  and  $miR-27b$  in its 3<sup>'</sup> untranslated region. Our data, however, have shown that

 $miR-27$  does not repress  $PPAR\gamma$  expression at the protein level, the gold-standard test for microRNA function, in maturing adipocytes. Because different miR-27-targeted genes have been identified in different cell types (24-27, 29), these observations suggest that the target recognition by microRNAs may be context dependent and/or cell-type specific. Alternatively,  $miR-27$  could not overcome the strong transcriptional activation of  $PPAR\gamma$ induced by IDM. Nonetheless, our data strongly suggest that the main mechanism by which  $miR-27$  inhibits adipogenesis is to prevent the transcriptional induction of  $PPAR\gamma$  in preadipcoytes before the adipogenic commitment stage.

The negative regulatory functions of  $miR-27a$  and  $miR-27b$  during adipogenesis prompted us to investigate whether the expression of miR-27a and miR-27b in adipose tissue is altered under pathological conditions. Using the epididymal fat tissue from the genetically obese ob/ob mice and the genetically matched lean mice, we have clearly demonstrated that the expression of both  $mR-27a$  and  $mR-27b$  is significantly increased in  $ob/ob$  mice (Fig. 5A). Although fat-derived primary stromal cells (also contain undifferentiated progenitor cells) have approximately 3-fold higher levels of  $mR-27a$  and  $mR-27b$  than primary mature adipocytes do, it is highly possible that both fat cells and stromal cells contribute to the overall increase of miR-27 in obese fat tissue, especially under stress conditions. Further investigation is warranted to clearly determine the contributions to miR-27 expression from different cell types and/or different types of cellular stresses in adipose tissue.

As compared to physiologically normal adipose tissues, obese fat tissues create dramatically different tissue microenvironments. We and others have found that obese fat tissues experience decreased tissue oxygenation or hypoxia (9, 17, 30). In this study, we have found that the expression of both  $miR-27a$  and  $miR-27b$  is maintained in preadipocytes under hypoxia (Fig. 6). This result is consistent with our previous findings that hypoxia inhibits adipogenesis (18, 31) and is also consistent with the finding that  $mR-27a$  expression is increased by hypoxia (23). However, it is worth noting that obese fat tissue does not only develop hypoxia, but also becomes inflammatory (8, 32). Inflammatory cytokines, such as TNFα, can also inhibit adipogenesis and adipocyte functions (33). It is highly likely that  $miR-27$  expression in obese mice is subjected to regulation by multiple *in vivo* stresses. Nonetheless, our finding suggests a potential role of miR-27 in impairment of adipose functions associated with genetic obesity.

In summary, we have identified  $miR-27$  as a new class of epigenetic regulators of adipogenesis. Our data have also presented a first example that obesity differentially regulates miRNA expression. The miR-27 genes may potentially play a role in the pathological progression of obesity-related diseases.

#### **Experimental procedures**

#### **Tissue culture, differentiation, and transfection**

Mouse 3T3-L1 preadipocytes, mouse bone marrow-derived OP9 cells, and mouse C2C12 myoblast cells were obtained from ATCC (American Type Culture Collections, Rockville, MD) and maintained in culture conditions recommended by ATCC. Briefly, 3T3-L1 cells were cultured in Dulbecco's modified Eagle's medium (DMEM) containing 10% calf serum.

OP9 cells were grown in αMEM containing 20% fetal bovine serum (FBS). C2C12 cells were maintained in DMEM containing 10% FBS.

Adipogenic differentiation was carried out according to our previously published protocol (18, 19), confluent 3T3-L1 or OP9 cells were stimulated for 2 days in the differentiation medium: DMEM containing 10% FBS and IDM (10 μg/ml Insulin, 1 μM Dexamethasone and 0.5 mM Isobutylmethylxanthine). Cells were then maintained in DMEM containing 10% FBS and 1 μg/ml Insulin. The medium was replaced every other day. Mature adipocytes were visualized by staining with a 60% Oil Red O solution. For quantitative analysis, the intracellularly absorbed Oil Red O was extracted in 100% isopropanol and optical density was measured at 510 nm (18, 19).

Myogenic differentiation of C2C12 myoblasts was induced at approximately 70% confluence in DMEM containing 2% horse serum, and the differentiation medium was replaced every other day (31). Myofiber formation was examined microscopically with or without hematoxylin staining.

In hypoxia experiments, 3T3-L1 cells were maintained in a hypoxia chamber (Invivo 400, Ruskinn Inc., Cincinnati, OH) constantly maintained at  $1\%$  O<sub>2</sub>. Culture medium was replaced every other day inside the chamber.

For miRNA transfection, 3T3-L1, OP9 or C2C12 cells were plated one day before transfection at a concentration such that cells could reach confluence on the day of transfection. MicroRNA molecules (miR-27a, miR-27b or the non-targeting miR control, Applied Biosystems/Ambion, Austin, TX) were incubated in a solution containing DharmaFECT3 (Dharmacon) and then added to the confluent monolayer. Transfection efficiency was monitored using a fluorescent RNA duplex oligonucleotide (siGLO Red, Dharmacon) and was found to approach 100%.

#### **Western blot analysis**

Cell lysates were prepared on ice using 25 mM HEPES buffer, pH7.4, containing 1% NP-40, 150 mM NaCl, 2 mM EDTA, and 2 mM PMSF. Equal amounts of protein were subjected to SDS-PAGE under reducing conditions and analyzed with the following primary antibodies: polyclonal rabbit anti-PPARγ, anti-C/EBPα, anti-C/EBPβ (Santa Cruz Biotechnologies), anti-PPARα (Zymed Laboratories), and mouse monoclonal anti-β-actin (Sigma Aldrich).

#### **Quantitative real-time PCR (qRT-PCR)**

Total cellular RNA was isolated with Trizol reagent (Invitrogen). For analysis of miRNA expression in adipose tissue, total RNA was prepared using Trizol from minced epididymal fat pads harvested from the genetically obese ob/ob mice (male, 12-week old) with the genetically matched wild-type mice as control. Mice were provided with easy access to food and water. Animal protocols were approved by the Institutional Animal Use Committee.

Quantification of miRNA was performed using either the TaqMan method with the small RNA sno202 as an internal control (TaqMan MicroRNA Reverse Transcription Kit and TaqMan Universal PCR Master Mix, Applied Biosystems, Foster City, CA) or the SYBR

Green method with 5S rRNA as the internal loading control (mirVana qRT-PCR miRNA Detection Kit, Applied Biosystems/ Ambion), according to the manufacture's recommended protocols.

Levels of mRNA were quantified in total cellular RNA using the SYBR Green method, with the two relatively stable endogenous genes UBC2 and 28S rRNA as controls for normalization. The following primers were used for PCR, and their specificities were validated by a single peak in their thermal dissociation curve. For  $C/EBPa$  (NM 007678), forward primer: 5′-CGCAA GAGCC GAGATA AAGC-3′; reverse primer: 5′-CGGTC ATTGT CACTG GTCAA CT-3′. For C/EBPβ (NM\_009883), forward primer: 5′-AAGCT GAGCG ACGAG TACAA GA-3′; reverse primer: 5′-GTCAG CTCCA GCACC TTGTG-3′. For C/EBP<sup>δ</sup> (NM\_007679), forward primer: 5′-TCCAC GACTC CTGCC ATGTA-3′, reverse primer: 5′- GCGGC CATGG AGTCA ATG-3′. For PPAR<sup>γ</sup> (NM\_011146), forward primer: 5′-GCCCA CCAAC TTCGG AATC-3′, reverse primer: 5′- TGCGA GTGGT CTTCC ATCAC-3′.

### **Acknowledgments**

We thank Lisa Cabral for excellent editorial assistance. QL is supported by a fellowship from the Oak Ridge Institute for Science and Education. RMA is a visiting scientist from the Air Force Research Laboratory, Brooks City-Base, TX 78235-5107, USA.

# **References**

- 1. Krutzfeldt J, Stoffel M. MicroRNAs: a new class of regulatory genes affecting metabolism. Cell Metab. 2006; 4:9–12. [PubMed: 16814728]
- 2. Xu P, Vernooy SY, Guo M, Hay BA. The Drosophila microRNA Mir-14 suppresses cell death and is required for normal fat metabolism. Curr Biol. 2003; 13:790–795. [PubMed: 12725740]
- 3. Teleman AA, Maitra S, Cohen SM. Drosophila lacking microRNA miR-278 are defective in energy homeostasis. Genes Dev. 2006; 20:417–422. [PubMed: 16481470]
- 4. Poy MN, Eliasson L, Krutzfeldt J, Kuwajima S, Ma X, Macdonald PE, Pfeffer S, Tuschl T, Rajewsky N, Rorsman P, Stoffel M. A pancreatic islet-specific microRNA regulates insulin secretion. Nature. 2004; 432:226–230. [PubMed: 15538371]
- 5. Sokol NS, Ambros V. Mesodermally expressed Drosophila microRNA-1 is regulated by Twist and is required in muscles during larval growth. Genes Dev. 2005; 19:2343–2354. [PubMed: 16166373]
- 6. Chen JF, Mandel EM, Thomson JM, Wu Q, Callis TE, Hammond SM, Conlon FL, Wang DZ. The role of microRNA-1 and microRNA-133 in skeletal muscle proliferation and differentiation. Nature genetics. 2006; 38:228–233. [PubMed: 16380711]
- 7. Klaus S. Adipose tissue as a regulator of energy balance. Current drug targets. 2004; 5:241–250. [PubMed: 15058310]
- 8. Qatanani M, Lazar MA. Mechanisms of obesity-associated insulin resistance: many choices on the menu. Genes Dev. 2007; 21:1443–1455. [PubMed: 17575046]
- 9. Trayhurn P, Wang B, Wood IS. Hypoxia in adipose tissue: a basis for the dysregulation of tissue function in obesity? The British journal of nutrition. 2008; 100:227–235. [PubMed: 18397542]
- 10. Rosen ED, Spiegelman BM. Molecular regulation of adipogenesis. Annu Rev Cell Dev Biol. 2000; 16:145–171. [PubMed: 11031233]
- 11. Rangwala SM, Lazar MA. Transcriptional control of adipogenesis. Annu Rev Nutr. 2000; 20:535– 559. [PubMed: 10940345]
- 12. Ntambi JM, Young-Cheul K. Adipocyte differentiation and gene expression. J Nutr. 2000; 130:3122S–3126S. [PubMed: 11110885]

- 13. Kajimoto K, Naraba H, Iwai N. MicroRNA and 3T3-L1 pre-adipocyte differentiation. RNA (New York, N Y. 2006; 12:1626–1632.
- 14. Esau C, Kang X, Peralta E, Hanson E, Marcusson EG, Ravichandran LV, Sun Y, Koo S, Perera RJ, Jain R, Dean NM, Freier SM, Bennett CF, Lollo B, Griffey R. MicroRNA-143 regulates adipocyte differentiation. J Biol Chem. 2004; 279:52361–52365. [PubMed: 15504739]
- 15. Wang Q, Li YC, Wang J, Kong J, Qi Y, Quigg RJ, Li X. miR-17-92 cluster accelerates adipocyte differentiation by negatively regulating tumor-suppressor Rb2/p130. Proc Natl Acad Sci U S A. 2008; 105:2889–2894. [PubMed: 18287052]
- 16. Pang C, Gao Z, Yin J, Zhang J, Jia W, Ye J. Macrophage Infiltration into Adipose Tissue May Promote Angiogenesis for Adipose Tissue Remodeling in Obesity. Am J Physiol Endocrinol Metab. 2008
- 17. Ye J, Gao Z, Yin J, He Q. Hypoxia is a potential risk factor for chronic inflammation and adiponectin reduction in adipose tissue of ob/ob and dietary obese mice. Am J Physiol Endocrinol Metab. 2007; 293:E1118–1128. [PubMed: 17666485]
- 18. Lin Q, Lee YJ, Yun Z. Differentiation arrest by hypoxia. J Biol Chem. 2006; 281:30678–30683. [PubMed: 16926163]
- 19. Yun Z, Maecker HL, Johnson RS, Giaccia AJ. Inhibition of PPAR gamma 2 gene expression by the HIF-1-regulated gene DEC1/Stra13: a mechanism for regulation of adipogenesis by hypoxia. Dev Cell. 2002; 2:331–341. [PubMed: 11879638]
- 20. Green H, Kehinde O. An established preadipose cell line and its differentiation in culture. II. Factors affecting the adipose conversion. Cell. 1975; 5:19–27. [PubMed: 165899]
- 21. Wolins NE, Quaynor BK, Skinner JR, Tzekov A, Park C, Choi K, Bickel PE. OP9 mouse stromal cells rapidly differentiate into adipocytes: characterization of a useful new model of adipogenesis. J Lipid Res. 2006; 47:450–460. [PubMed: 16319419]
- 22. Hosogai N, Fukuhara A, Oshima K, Miyata Y, Tanaka S, Segawa K, Furukawa S, Tochino Y, Komuro R, Matsuda M, Shimomura I. Adipose tissue hypoxia in obesity and its impact on adipocytokine dysregulation. Diabetes. 2007; 56:901–911. [PubMed: 17395738]
- 23. Kulshreshtha R, Ferracin M, Wojcik SE, Garzon R, Alder H, Agosto-Perez FJ, Davuluri R, Liu CG, Croce CM, Negrini M, Calin GA, Ivan M. A microRNA signature of hypoxia. Mol Cell Biol. 2007; 27:1859–1867. [PubMed: 17194750]
- 24. Ji J, Zhang J, Huang G, Qian J, Wang X, Mei S. Over-expressed microRNA-27a and 27b influence fat accumulation and cell proliferation during rat hepatic stellate cell activation. FEBS Lett. 2009; 583:759–766. [PubMed: 19185571]
- 25. Mertens-Talcott SU, Chintharlapalli S, Li X, Safe S. The oncogenic microRNA-27a targets genes that regulate specificity protein transcription factors and the G2-M checkpoint in MDA-MB-231 breast cancer cells. Cancer Res. 2007; 67:11001–11011. [PubMed: 18006846]
- 26. Liu T, Tang H, Lang Y, Liu M, Li X. MicroRNA-27a functions as an oncogene in gastric adenocarcinoma by targeting prohibitin. Cancer Lett. 2009; 273:233–242. [PubMed: 18789835]
- 27. Tsuchiya Y, Nakajima M, Takagi S, Taniya T, Yokoi T. MicroRNA regulates the expression of human cytochrome P450 1B1. Cancer Res. 2006; 66:9090–9098. [PubMed: 16982751]
- 28. Rosen ED, Walkey CJ, Puigserver P, Spiegelman BM. Transcriptional regulation of adipogenesis. Genes Dev. 2000; 14:1293–1307. [PubMed: 10837022]
- 29. Scott GK, Mattie MD, Berger CE, Benz SC, Benz CC. Rapid alteration of microRNA levels by histone deacetylase inhibition. Cancer Res. 2006; 66:1277–1281. [PubMed: 16452179]
- 30. Rausch ME, Weisberg S, Vardhana P, Tortoriello DV. Obesity in C57BL/6J mice is characterized by adipose tissue hypoxia and cytotoxic T-cell infiltration. International journal of obesity (2005). 2008; 32:451–463. [PubMed: 17895881]
- 31. Yun Z, Lin Q, Giaccia AJ. Adaptive myogenesis under hypoxia. Mol Cell Biol. 2005; 25:3040– 3055. [PubMed: 15798192]
- 32. Hotamisligil GS. Inflammation and metabolic disorders. Nature. 2006; 444:860–867. [PubMed: 17167474]
- 33. Cawthorn WP, Sethi JK. TNF-alpha and adipocyte biology. FEBS Lett. 2008; 582:117–131. [PubMed: 18037376]



#### A: Expression of miRNAs during adipogenesis: versus preadipocytes (Day 0)

#### **Fig 1.**

Decreased expression of miR-27 during adipogenic differentiation. 3T3-L1 preadipocytes were grown to confluence. Adipogenic differentiation was initiated by treatment with the differentiation cocktail containing insulin, dexamethasone and isobutylmethylxanthine (IDM), as described in EXPERIMENTAL PROCEDURES. Total cellular RNA was prepared at indicated time points. A. MicroRNA profile analysis was performed by LC Sciences, Houston, TX. Ratios were calculated as mean  $\pm$  SD from sextuplicate sampling. B & C. Expression of  $miR-27a$  and  $miR-27b$  was quantitatively assessed by SYBR Greenbased qRT-PCR. Data shown are averages of four independent experiments (mean  $\pm$  SD) and are analyzed using Student t-test (paired, 2-tailed). \*p < 0.01; \*\*p < 0.01, as compared to  $time = 0$ .



#### **Fig 2.**

Inhibition of adipogenic differentiation by miR-27. 3T3-L1 preadipocytes were grown to confluence and transfected with equal total amounts of each of the following miRNA molecules: miR-27a, miR-27b, miR-27a/miR-27b (1:1), miR control (Ctrl). Adipogenic differentiation was initiated at 24 hr post-transfection. Cells were fixed and stained with Oil Red O on Day 6 of differentiation (A). The amount of Oil Red O was quantified after extraction with isopropanol. Data shown in  $(B)$  are mean  $\pm$  sem of a triplicate experiment. For the time course study, miRNA transfection was indicated in relationship to the start of the IDM-treatment at Day 0. (C). Cells were fixed and stained with Oil Red O on Day 4 of differentiation  $(D)$ . Quantification of Oil Red O was shown in  $(E)$ . Positive = differentiated L1 cells without miRNA transfection. Negative = undifferentiated 3T3-L1 cells. The results shown were confirmed by more than three independent experiments.



#### **Fig 3.**

Specificity of miR-27 toward inhibition of adipogenesis. A. The bone marrow-derived mesenchymal progenitor cells, OP9, were grown to confluence, transfected with indicated miRNAs or left untransfected (Positive). Adipogenic differentiation was initiated at 24 hr post-transfection. Cells were fixed and stained with Oil Red O on Day 6 of differentiation. B. Data shown are mean  $\pm$  sem of a triplicate experiment. Positive = differentiated OP9 cells without miRNA transfection. One of three independent experiments is shown. C. C2C12 myoblast cells were transfected with indicated miRNAs or left untransfected (Positive). Myogenic differentiation was initiated at 48 hr post-transfection by maintaining the cells in culture medium containing 2% horse serum. Cells were fixed on day 4 of differentiation and stained with hematoxylin and eosin. One of two independent experiments is shown.



#### **Fig 4.**

Inhibition of expression of PPAR $\gamma$  and C/EBPa in preadipocytes by miR-27. A. 3T3-L1 preadipocytes were transfected with miRNAs and then induced at 48 hr to undergo differentiation as described in Fig. 2. Whole-cell lysates were prepared at indicated time points for Western blot analysis. One of three independent experiments is shown. B. 3T3-L1 cells were treated as described in (A). Total RNA was prepared at indicated times and subjected to qRT-PCR analysis. Data shown were mean  $\pm$  sem from three independent experiments. C. 3T3-L1 cells were subjected to the IDM-treatment for 2 days before transfection with indicated miRNA or left untransfected (Untreated). Whole-cell lysates were prepared at indicated time points for Western blot analysis. One of three independent experiments was shown. D. 3T3-L1 cells were treated as described in (C). Total RNA was prepared at indicated times and subjected to qRT-PCR analysis. Data shown were mean  $\pm$ sem from three independent experiments.



#### **Fig 5.**

Elevated expression of  $miR-27$  in  $ob/ob$  mice. A & B. Total RNA was prepared from epididymal fat pads harvested from ob/ob mice and genetically matched lean mice. Levels of miRNA expression were analyzed by TaqMan quantitative PCR. Data are mean ± sem from four individual mouse of each group and are analyzed using Student t-test (unpaired 2 tailed). A. \*p < 0.02, \*\*p < 0.01 (ob/ob vs. lean); B. \*p < 0.03, \*\*p < 0.002 (ob/ob vs. lean).



D: Effect of Hypoxia on miRNA Expression during Adipogenesis



#### **Fig 6.**

Regulation of miR-27 expression by hypoxia. A. Confluent 3T3-L1 preadipocytes were incubated overnight at 21% or 1%  $O_2$ . Levels of  $miR-27a$  and  $miR-27b$  were determined by quantitative RT-PCR. Data shown are mean  $\pm$  sem from three independent experiments. B, C & D. Confluent 3T3-L1 preadipocytes were subjected to adipogenic differentiation under the same conditions as described in Fig. 1. For hypoxia treatment, 3T3-L1 cells were placed in a hypoxia incubator at 1% O<sub>2</sub> immediately after addition of the IDM cocktail. The control was maintained in a standard incubator with  $21\%$  O<sub>2</sub>. The normoxia data are the same as shown in Fig. 1 and are included here for comparison. Expression of  $miR-27a$  and  $miR-27b$  at indicated time points was assessed by quantitative RT-PCR. Data shown in  $(B & C)$  are average of four independent experiments (mean  $\pm$  sem). D. MicroRNA profile analysis was performed by LC Sciences, Houston, TX. Ratios were calculated as mean ± sem from sextuplicate sampling.