

## CROSSTALK

**CrossTalk proposal: Skeletal muscle oxidative capacity is altered in patients with cystic fibrosis**

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Cystic fibrosis (CF) is an autosomal recessive disorder characterized by mutations in the cystic fibrosis transmembrane conductance regulator (CFTR) gene, which functions as an ATP-gated anion channel. Pulmonary dysfunction is the most common clinical manifestation of CF; however, there are many other systemic consequences that contribute to the shortened life expectancy in this population. Exercise intolerance has been shown to predict mortality in patients with CF independent of lung function. Despite the clinical importance for assessing exercise capacity, the mechanisms which lead to exercise intolerance in CF have yet to be elucidated. Although evidence suggests that the impaired expression of CFTR in skeletal muscle may be associated with abnormalities in muscle oxygenation and muscle metabolism, there are recent studies that have described a preserved muscle metabolism in patients with CF. Considering the available data, support of

a dysfunctional skeletal muscle oxidative metabolism in patients with CF is briefly discussed.

**Patients with CF exhibit intrinsic skeletal muscle limitations**

Numerous studies have described that patients with CF exhibit intrinsic skeletal muscle defects, independently of muscle mass, lung function, or physical activity status (de Meer *et al.* 1995; Moser *et al.* 2000; Sahlberg *et al.* 2005; Rosenthal *et al.* 2009; Troosters *et al.* 2009; Lamhonwah *et al.* 2010). In fact, even patients with CF who are competitive athletes show reductions in muscle strength and power compared to apparently healthy control athletes (Selvadurai *et al.* 2003). The manifestation of these skeletal muscle impairments in patients with CF has been closely related with the abnormal function of the CFTR in muscle tissue (Divangahi *et al.* 2009; Lamhonwah *et al.* 2010). The aforementioned studies have related a dysfunctional CFTR channel with an anomalous response to cell membrane polarization (Divangahi *et al.* 2009). In fact, CFTR channel dysfunction contributes to disturbed ion transport (Guo *et al.* 2014), thereby resulting in a reduction in action potential magnitude and impairment in skeletal muscle function.

**Patients with CF exhibit mitochondrial dysfunction**

Prevailing data in the literature have described how the impaired function of the CFTR protein in CF skeletal muscle is associated with different anomalies that are not observed in other respiratory

pathologies (Divangahi *et al.* 2009; Lamhonwah *et al.* 2010; Wells *et al.* 2011).

Among them, the existence of mitochondrial dysfunction has been confirmed in cells from patients with CF (Feigal & Shapiro, 1979; Shapiro *et al.* 1979; Feigal *et al.* 1982; Valdivieso *et al.* 2012). Such mitochondrial impairments have been related with alterations in mitochondrial morphology (i.e. mitochondrial shape) and mitochondrial energetic metabolism (i.e. electron transport chain) (Feigal & Shapiro, 1979; Shapiro, 1989; Antigny *et al.* 2009). Indeed, more than two decades ago, several studies described the existence of different contributors to mitochondrial dysfunctions in CF, including impairments in calcium homeostasis and the existence of an altered respiratory system (Feigal & Shapiro, 1979; Shapiro *et al.* 1979; Feigal *et al.* 1982; Shapiro, 1989). More recently, these same impairments were confirmed in CF (Antigny *et al.* 2009; Divangahi *et al.* 2009; Wells *et al.* 2011; Valdivieso *et al.* 2012) providing strong evidence for the existence of an impaired bioenergetics metabolism in this patient population.

**Patients with CF exhibit reduced skeletal muscle oxidative capacity**

There is compelling evidence at the cellular level that oxidative metabolism is diminished in CF. In this regard, several groups have described that patients with CF exhibit lower resting concentrations of ATP (Divangahi *et al.* 2009; Lamhonwah *et al.* 2010), which have been linked to a dysfunctional CFTR (Tu *et al.* 2010). Lower resting ATP coupled with significant reductions in ATP production during exercise (de Meer *et al.* 1995)

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may compromise muscle function and contribute to exercise intolerance. In turn, ATP depletion may also impact the opening–closing cycle and the stability of the CFTR channel (Quinton & Reddy, 1992; Hwang & Kirk, 2013). In addition, mitochondrial complex I, a key respiratory chain protein involved in the synthesis of ATP, is positively regulated by the CFTR protein and its expression is reduced in CF (Shapiro *et al.* 1979; Dehecchi *et al.* 1988; Valdivieso *et al.* 2007; Valdivieso *et al.* 2012). Additionally, downregulation of the mitochondrial protein C1SD1, a modulator of the oxidative capacity of the cell, has been also reported in CF (Taminelli *et al.* 2008).

Different methods have been employed to examine the functionality of mitochondrial metabolism *in vivo*.  $^{31}\text{P}$  magnetic resonance spectroscopy ( $^{31}\text{P}$ -MRS) has been widely used in different populations as a non-invasive technique to assess skeletal muscle oxidative capacity through monitoring the recovery rate after exercise of phosphocreatine (PCr). Evaluations of energetic metabolism with  $^{31}\text{P}$ -MRS have documented abnormalities in the PCr recovery time of patients with CF compared to controls (de Meer *et al.* 1995; Wells *et al.* 2011). In addition, our group has used near infrared spectroscopy (NIRS) to assess the rate of recovery of skeletal muscle oxidative metabolism of the vastus lateralis in patients with CF (Erickson *et al.* 2015). The NIRS technology is methodologically similar to  $^{31}\text{P}$ -MRS (Ryan *et al.* 2013), and validation studies have shown strong correlations between NIRS measured rate constants and  $^{31}\text{P}$ -MRS rate constants as well as with state 3 respiratory rates from muscle biopsies (Ryan *et al.* 2014). NIRS offers an accessible, inexpensive and reproducible evaluation of mitochondrial capacity (a combination of mitochondrial function and mitochondrial number). Our findings indicate that patients with CF exhibit a 15% reduction in skeletal muscle oxidative metabolism compared with apparently healthy, demographically matched controls (Erickson *et al.* 2015). Although the assessment of mitochondrial metabolism with NIRS does not allow the differentiation between a reduction in mitochondrial number and/or mitochondrial dysfunction, our data support previous reports of impaired mitochondrial bioenergetics in patients with CF. It is important to note that, possible vascular manifestations may impact the supply of oxygen to the exercising muscles. Despite the existence

of both conduit (Poore *et al.* 2013) and microvascular (Rodriguez-Miguel *et al.* 2016) endothelial dysfunction in patients with CF, unpublished data from our lab indicates a similar NIRS response at rest providing evidence that NIRS is unaffected by vasculopathies.

#### The impact of disease severity on skeletal muscle function in patients with CF

Advancing age is often associated with disease severity and constitutes a key factor in the progression of the CF pathology. Reductions in muscle blood flow as well as changes in muscle fibre type towards an anaerobic metabolism have been closely associated with age-related exercise intolerance in other populations. Accordingly, our group identified a significant inverse relationship between age and skeletal muscle oxidative metabolism in patients with CF, which was not observed in control subjects (Erickson *et al.* 2015). Bearing in mind that muscle bioenergetics may be reduced in CF by approximately 2.5% per year and the impact that this drop may have on exercise capacity, it is important to consider the role of age in the evaluation of mitochondrial bioenergetics in this specific patient population.

Chronic inflammation, a common phenotype in patients with CF, has also been associated with mitochondrial dysfunction. In particular, the overexpression of the proinflammatory cytokine interleukin-1 $\beta$ , commonly elevated in patients with CF, seems to be involved in both modulation of CFTR expression (Cafferata *et al.* 2000) and reduction of the mitochondrial complex I activity (Lopez-Armada *et al.* 2006). Although no spontaneous inflammation in CF has been described previously (Becker *et al.* 2004; Stoltz *et al.* 2010), prevailing data indicate that an impaired CFTR protein upregulates the expression of nuclear factor  $\kappa\text{B}$ , which is also directly involved in the reduction of oxidative metabolism with an overall reduction in cellular energy (Remels *et al.* 2013).

The elevated levels of reactive oxygen species (ROS), a common phenotype observed in patients with CF, also directly impact mitochondrial function. An excessive production of ROS promotes damage in the mitochondrial DNA and disturbs homeostasis within the electron transport chain homeostasis, thereby disrupting oxidative phosphorylation metabolism (Escames *et al.* 2012). In

addition, CFTR knockout mice show a decrease in the expression of peroxiredoxin 6, an antioxidant enzyme also involved in the control of mitochondrial oxidative metabolism (Trudel *et al.* 2009). Oxidative damage and the associated mitochondrial dysfunction may also result in a disturbed autophagy mechanism: a natural regulatory process to recycle unnecessary or dysfunctional cellular components. In fact, CFTR dysfunction seems to alter autophagy regulation (Luciani *et al.* 2010), which appears to mediate an important role in the maintenance of mitochondrial oxidative metabolism (Guo *et al.* 2011).

In summary, data from multiple *in vitro* and *in vivo* studies provide compelling evidence to support the existence of mitochondrial dysfunction, impaired mitochondrial bioenergetics and altered skeletal muscle oxidative capacity in patients with cystic fibrosis. The dysfunctional CFTR as well as the elevated oxidative stress and systemic inflammation seem to contribute to the impaired muscle function, all of which may significantly impact exercise capacity and quality of life in CF.

#### Call for comments

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## Additional information

### Competing interests

None declared.