

SYSTEMATIC REVIEW

Use of antipsychotics and risk of myocardial infarction: a systematic review and meta-analysis

Correspondence Professor Bing Ruan, Collaborative Innovation Center for Diagnosis and Treatment of Infectious Diseases, State Key Laboratory for Diagnosis and Treatment of Infectious Diseases, the First Affiliated Hospital, School of Medicine, Zhejiang University, Hangzhou, Zhejiang, China. Tel.: +86 571 8723 6585; Fax: +86 571 8723 6585; E-mail: hzruanbing@gmail.com

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Zheng-he Yu^{1*}, Hai-yin Jiang^{2*}, Li Shao², Yuan-yue Zhou^{3,4}, Hai-yan Shi² and Bing Ruan²

¹Department of Psychiatry, Hangzhou Seventh People's Hospital, Hangzhou 310013, PR China, ²Collaborative Innovation Center for Diagnosis and Treatment of Infectious Diseases, State Key Laboratory for Diagnosis and Treatment of Infectious Diseases, the First Affiliated Hospital, School of Medicine, Zhejiang University, Hangzhou, Zhejiang, 310003, China, ³Mental Health Institute, the Second Xiangya Hospital, Central South University, Changsha 410011 and ⁴Department of Child Psychiatry, Hangzhou Seventh People's Hospital, Hangzhou 310013, PR China

*Authors contributed equally to this work.

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AIM

There is emerging concern that antipsychotics may be associated with an increased risk of myocardial infarction (MI). A previous review identified five observational studies that did not provide an accurate estimate of the association between antipsychotic drug use and MI risk. More recent studies have produced variable results.

METHODS

We performed a systematic review and meta-analysis of observational studies to determine whether antipsychotic use affects the risk for MI. Our analysis included all observational studies that compared MI incidence among patients receiving antipsychotics vs. no treatment.

RESULTS

Nine observational studies were included in the analysis. The odds for developing MI were 1.88-fold higher (odds ratio (OR) 1.88, 95% confidence interval (CI) 1.39, 2.54) in antipsychotic users compared with individuals who had not taken antipsychotics. Subgroup analyses found an OR of 2.48 (95% CI 1.66, 3.69) among patients with schizophrenia and an OR of 2.64 (95% CI 2.48, 2.81) among short term (<30 days) antipsychotic users.

CONCLUSION

The findings of this meta-analysis support an increased risk of MI in antipsychotic drug users. The present systematic review expands previous knowledge by demonstrating an increased and more pronounced risk in short term users.

Introduction

Antipsychotic drugs are commonly prescribed for the treatment of schizophrenia, bipolar disorder, acute mania, depression, behavioural and psychological symptoms of dementia

and delirium [1–5]. The safety of these drugs has been questioned. Several different types of adverse events have been associated with antipsychotics such as tardive dyskinesia, neuroleptic malignant syndrome, pneumonia, diabetes and more [6–9].

Cardiovascular adverse events associated with the use of antipsychotics are well documented [10]. However, it remains controversial whether antipsychotic therapy is associated with an increased risk of myocardial infarction (MI). A number of epidemiologic cohort and case–control studies have investigated this possible association. The most recent systematic review [11] identified five observational studies that provided variable results. One study [12] with a large sample size reported no increased risk of MI in antipsychotic users, whereas four studies [13–16] with small events did. The inconsistent conclusions may be attributed to heterogeneity of these studies (sample size, exposure time, type of antipsychotics and so on). The data included by previous systematic reviews were limited to studies conducted before 2006. Many studies [17–20] have been published since, which allow for a more detailed analysis of the association between antipsychotic use and MI risk.

Given the high prevalence of antipsychotic use worldwide, it is important to determine whether there is a relationship between antipsychotics and the risk of MI. Therefore, the aim of this study was to conduct a systematic review and meta-analysis of all observational studies to estimate MI risk with antipsychotic medication use in adults.

Methods

Data sources and searches

We followed the guidelines published by the Meta-analysis of Observational Studies in Epidemiology (MOOSE) group [21] to complete the meta-analysis. We conducted a comprehensive literature search of the Cochrane Library, PubMed and Embase databases up to July 2015, using the following terms ‘antipsychotic agents’, ‘antipsychotic drugs’ and ‘antipsychotics’ AND ‘acute coronary syndrome’ and ‘myocardial infarction’. In addition, reference lists of the retrieved articles were hand-searched for further relevant articles.

Study selection

Abstracts were considered eligible for full manuscript data extraction if they fulfilled the following criteria: (1) a case-control or case–crossover or self-controlled case series (SCCS) or cohort study, (2) antipsychotics were compared with non-antipsychotics, (3) measurement of MI was a primary or secondary outcome and (4) risk estimates with confidence intervals (CIs) or sufficient information to calculate these values were included.

Data extraction and quality assessment

All data were extracted independently by two authors using predesigned electronic data extraction and a third author resolved any discrepancies before the final analysis. Raw data, unadjusted odds ratios (OR) or relative risks (RR) with 95% CIs and adjusted OR or RR with 95% CIs were recorded when possible. If a study reported more than one measure of MI, each measure was extracted separately (Table S1). The most adjusted estimate was included when a study reported more than one risk estimate. Two authors assessed the quality of the included studies based on the Newcastle-Ottawa Scale

(NOS), as recommended by the Cochrane Collaboration [22] (Table S2 and S3).

Outcomes assessed

The primary analysis focused on assessing the risk of MI among users of antipsychotics. We performed a *post hoc* sensitivity analysis by eliminating one study from the same database. We also ran a sensitivity analysis by including one estimate of study involved two study designs one at a time. In an attempt to explain possible heterogeneity between studies, we performed subgroup analyses based on study design (case–control, cohort, SCCS or case–crossover), type of antipsychotic (typical or atypical), diagnostic categories (schizophrenia, dementia or mood disorders) and exposure duration (30, 60 or 90 days). If one study involved two study designs, the estimates were respectively pooled in the subgroup analysis based on study design.

Data synthesis and analysis

STATA 10.0 software (StataCorp LP, College Station, TX, USA) was utilized for all statistical analyses. The Cochran Q chi-square test and the I^2 statistic were used to assess heterogeneity among studies [23]. I^2 values of $> 50\%$ or P values of < 0.05 for the Q-statistic were taken to indicate significant heterogeneity. Random effects models were used to analyze pooled effects when statistic heterogeneity existed. Otherwise, fixed effects models were used. The association between antipsychotic use and MI risk was estimated using ORs and corresponding 95% CIs generated from comparisons between cases and controls. Since the outcomes were relatively uncommon, ORs were considered approximations of RR. Publication bias of the studies included in the final analysis was analyzed using the Begg funnel plot and the Egger test [24].

Results

Search results

By searching the three databases using the keywords as well as the relevant reference sections, a total of 1428 potentially

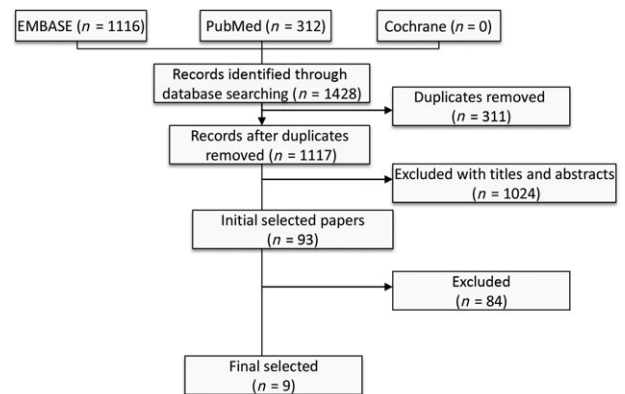


Figure 1

Flow chart of the studies considered and finally selected for review

Table 1

Characteristics of observational studies assessing the risk of myocardial infarction associated with exposure to antipsychotic drug

Study, year	Location, setting	Study design	Study period	Population characteristics	Total population	Astertainment of antipsychotic drug exposure	Case or outcome definition	High-quality
Thorogo-od et al. [13]	UK, hospital-based	Case-control	1986–1988	Women aged 16–39 years, died during 1986–1988 (cases were matched by age, marital status and general practitioner)	161 cases and 309 controls	Interviews with the general practitioners of the cases and patient records	Death certificates supplied by the Office of Population Censuses and Surveys, verified by copies of post mortem reports and relevant hospital records.	No
Penttinen & Valonen [14]	Finland, hospital-based	Case-control	1980–1992	NA (cases were matched by age, smoking habit, social status and county of residence)	83 cases and 249 controls	Patients records	Hospital discharge registries and copies of death certificates from the Finnish Statistics Bureau	No
Pratt et al. [15]	USA, population-based	Cohort	1993–1994	Patients > 18 years old, with a history of depression or dysphoria or no depression or dysphoria	8 cases in 71 antipsychotic drug users and 55 cases in 1551 non-antipsychotic drug users	Interview data on self-reported drug use assessed with colour photographs of pills.	Self-reported MI	No
Enger et al. [16]	USA, population-based	Cohort	1995–1999	Patients with schizophrenia, defined by a visit to a healthcare provider or inpatient hospital stay and an antipsychotic prescription (cases were matched by age, gender, date and health plan)	12 cases in 1920 antipsychotic drug user and 28 cases in 9600 no- antipsychotic drug users	Private Health Insurance Database	Private Health Insurance Database	Yes
Nakagawa et al. [12]	Denmark, population-based	Case-control	1992–2003	Aged 15 years and older and residents (cases were matched by age, gender and residence)	21 377 cases and 106 885 controls	Population-based prescription databases in the three counties	Hospital discharge registries in the three counties	Yes
Pariente et al. [17]	Canada, population-based	Cohort	2000–2009	Dementia patients aged 66 years and older	138 cases in 10 969 antipsychotic drug users and 126 cases in 10 969 no-antipsychotic drug users	Prescription database	A location of service at an emergency department	Yes
Lin et al. [18]	Taiwan, population-based	Case-crossover	1997–2009	Schizophrenic disorders, mood disorders, dementia patients aged 18 years and older	59 806 cases	Taiwan's National Health Insurance Research Database	Taiwan's National Health Insurance Research Database	Yes
Brauer et al. [19]	UK, population-based	Self-controlled case series	1999–2011	Schizophrenic disorders, mood disorders, dementia, and older	1 468 cases	Clinical Practice Research Datalink	MINAP-linked CPRD	Yes

(continues)

Table 1

(Continued)

Study, year	Location, setting	Study design	Study period	Population characteristics	Total population	Astertainment of antipsychotic drug exposure	Case or outcome definition	High-quality
		Case-control		other psychiatric patients aged 18 years and older	27 861 cases and 108 234 controls			
Wu <i>et al.</i> [20]	Taiwan, population-based	Case-crossover	1996–2007	Hospitalized schizophrenia or schizoaffective disorder; hospitalized bipolar disorder; at least three ambulatory instances of the above diagnoses patients	834 cases	Taiwan's National Health Insurance Research Database	Taiwan's National Health Insurance Research Database	Yes

eligible articles were identified. Of these, 1335 articles were excluded after reading the titles and abstracts and the remaining 93 articles underwent detailed full text evaluation. Nine observational studies [12–20] were eligible for inclusion and were assessed for quality. The number of studies that were excluded from the review and meta-analysis are shown in Figure 1.

Characteristics of included studies

The main characteristics of the studies included are shown in Table 1. The earliest study [13] began in 1992 and the most recent of the included studies [20] ended in 2015. Of the included studies, three [12–14] were case-control studies, two [15, 16] cohort studies and two [18, 20] case-crossover studies. One [17] study used SCCS and cohort study design and the remaining one [19] used SCCS and case-control study design. Seven [12, 15–20] of the studies identified patients from databases, while two [13, 14] used medical records or interview data. In terms of diagnostic categories, one study [17] evaluated patients with dementia only, four [16, 18–20] evaluated patients with schizophrenia, mood disorder or dementia and the others [12–15] included patients with any diagnosis.

On the basis of the methodologic quality assessment scores, six studies were of high quality and three were of low quality. The breakdown of each score is given in Table S2 and S3.

Main results

Upon meta-analysis of all included studies, the use of antipsychotics significantly increased the risk of MI (OR 1.88, 95% CI 1.39, 2.54, $P < 0.001$). There was, however, considerable heterogeneity observed across studies (I^2 98%, $P < 0.001$) (Figure 2). The sensitivity analysis showed no substantial change in pooled risk estimates upon exclusion of any single study from the same database or inclusion of one estimate from one study involved two study designs.

Subgroup meta-analyses

Table 2 presents the results of subgroup analyses. When studies were grouped by study design, significant associations were observed in case-control studies (OR 1.20, 95% CI 1.03, 1.40), SCCS studies (OR 1.62, 95% CI 1.34, 1.95), and case-crossover studies (OR 2.51, 95% CI 2.36, 2.67). Although this association was not significantly found (OR 2.42, 95% CI 0.89, 6.60), there was a trend toward an increase in MI risk in cohort studies.

In a subgroup analysis by type of antipsychotics, a significant association was observed among those using typical (OR 2.19, 95% CI 1.46, 3.28) or atypical (OR 1.72, 95% CI 0.96, 3.07) antipsychotic drugs. Only a few studies provided data on individual drugs. In one study, a significantly higher risk of MI was observed with amisulpride (OR 5.65, 95% CI 2.97, 10.76). Two studies found that antipsychotic drug use was associated with a dose-dependent increase in MI risk, but one study did not.

Grouping the studies by diagnostic categories revealed a significantly higher risk of MI among patients with schizophrenia (OR 2.48, 95% CI 1.66, 3.69) or dementia (OR 1.82, 95% CI 1.16, 2.84). However, no significant associations were

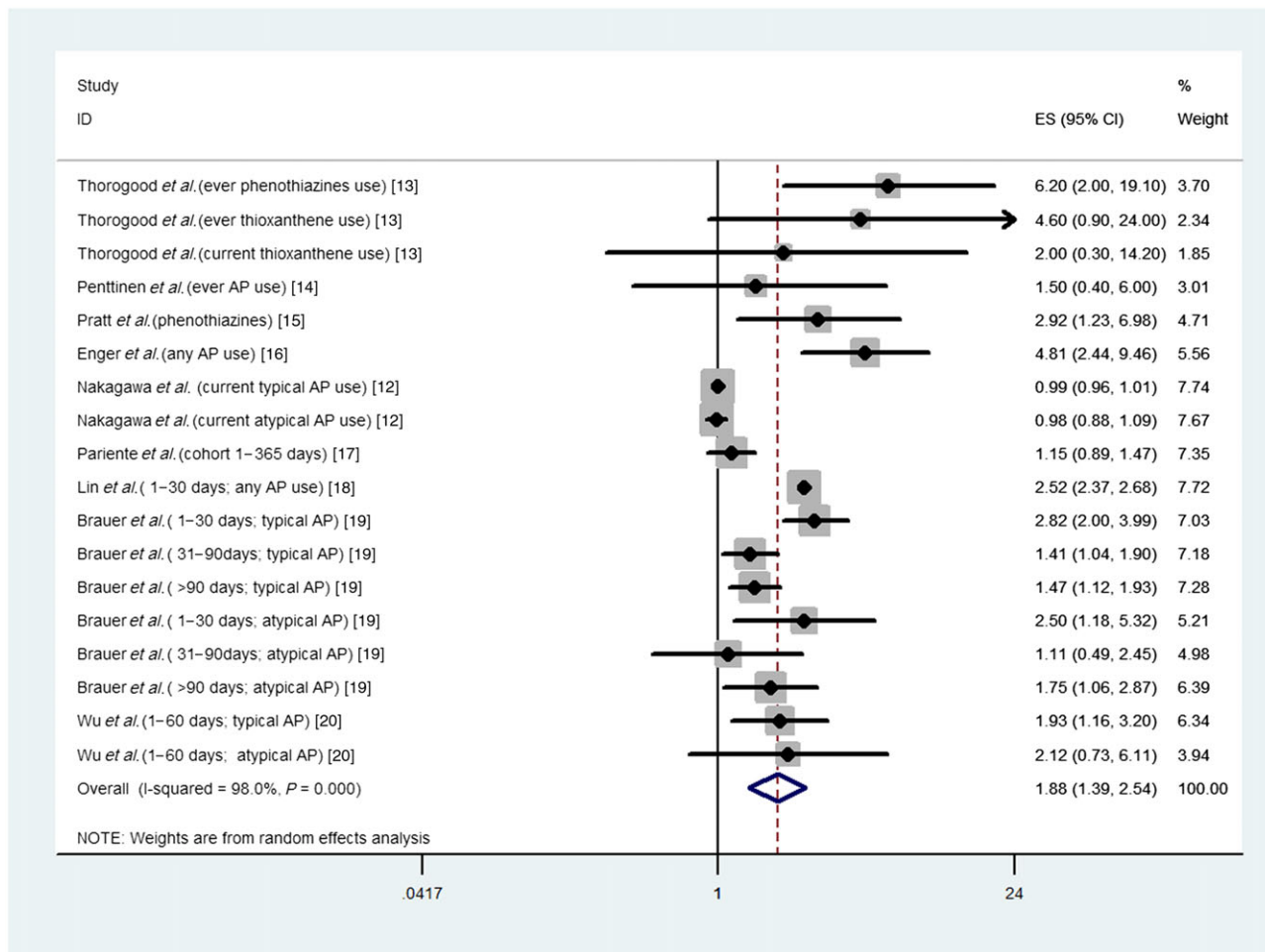


Figure 2

Relative risk of myocardial infarction in antipsychotic drug users

observed among patients with mood disorders (OR 1.66, 95% CI 0.86, 3.22).

When we grouped studies by exposure duration, the association between antipsychotic use and MI risk weakened over time, with ORs decreasing from 2.64 (95% CI 2.48, 2.81) to 1.59 (95% CI 1.17, 2.18) to 1.35 (95% CI 1.09, 1.67) from 30 to 60 to 90 days, respectively.

Publication bias

Although we observed no statistical evidence of publication bias (Begg's test, $P = 0.33$; Egger's test, P for bias = 0.74) (Figure 3), it should be noted that the funnel plot showed the distribution was deviated. The funnel plot revealed an apparent asymmetry that suggested the presence of a potential publication bias, a language bias, inflated estimates by a flawed methodologic design in smaller studies and/or a lack of publication of small trials with opposite results.

Discussion

This meta-analysis of current observational evidence suggests that antipsychotic medications are associated with a modest increase in the risk of MI. Most of the results of the subgroup analyses were consistent with the overall results. A more pronounced risk of MI was found among patients with schizophrenia or in patients with antipsychotic drug use within a 30 day period. As considerable heterogeneity was observed in the marked study, we can be less certain about this result.

Several explanations for the increased risk of MI with the use of antipsychotics are hypothesized, but the underlying mechanisms remain speculative. It is suggested that weight gain and metabolic syndrome induced by antipsychotic use could be risk factors for MI [25]. If such factors are involved, the risk would be expected to increase progressively with antipsychotic drug use duration. However, our analysis showed an acute decrease in MI risk after 30 days of use. A second plausible explanation refers to the finding that, in one study,

Table 2

Subgroup analysis for studies included in the analysis

Subgroup analysis	Number of studies	Number of estimates	Pooled OR (95% CI), I ² statistics (%), P value for the heterogeneity Q test
All estimates combined	9	21	1.88 (1.39, 2.54); I ² = 98%, P < 0.001
Elimating Lin <i>et al.</i>'s study [18]	8	20	1.65 (1.38, 1.97); I ² = 85.3%, P < 0.001
Elimating Wu <i>et al.</i>'s study [20]	8	19	1.85 (1.40, 2.46); I ² = 97.9%, P < 0.001
Study design			
Case-control	4	12	1.20 (1.03, 1.40); I ² = 79.4%, P < 0.001
Cohort	3	3	2.42 (0.89, 6.60); I ² = 88.8%, P < 0.001
SCCS	2	10	1.62 (1.34, 1.95); I ² = 55.2%, P = 0.017
Case-crossover	2	3	2.51 (2.36, 2.67); I ² = 0%, P = 0.565
Type of antipsychotic drugs			
typical	7	11	2.19 (1.46, 3.28); I ² = 98.4%, P < 0.001
atypical	5	7	1.72 (0.96, 3.07); I ² = 97%, P < 0.001
Diagnostic category			
Schizophrenia	3	3	2.48 (1.66, 3.69); I ² = 94.7%, P < 0.001
Mood disorder	2	2	1.66 (0.86, 3.22); I ² = 71.2%, P < 0.001
Dementia	3	7	1.82 (1.16, 2.84); I ² = 92.1%, P < 0.001
Exposure time			
1-30 days	3	4	2.64 (2.48, 2.81); I ² = 0%, P = 0.904
1-60 days	2	3	1.59 (1.17, 2.18); I ² = 0%, P = 0.447
1-90 days	3	7	1.35 (1.09, 1.67); I ² = 0%, P = 0.447

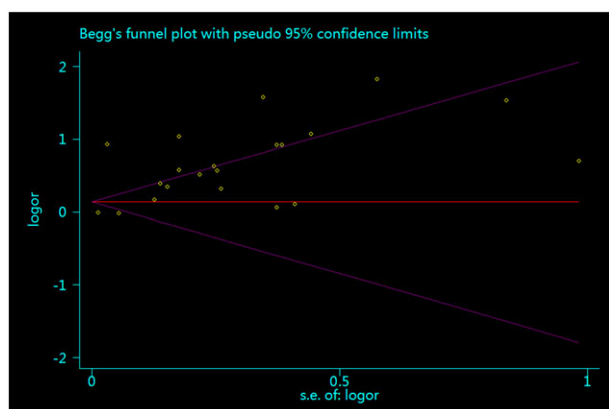


Figure 3

The Begg funnel plot and Egger test for identifying publication bias in a meta-analysis of observational studies

a highest increased risk for MI has been observed with antipsychotics having a high affinity for the D₃ receptor (amisulpride). Preclinical studies [26–28] demonstrated that aberrant D₃ receptor expression in the heart and peripheral vascular system may increase intimal permeability, vascular remodelling and atherosclerosis formation. Additionally, a recent meta-analysis [29] found a link between the use of antipsychotics and venous thromboembolism, suggesting that D₃ receptor systems may be involved in platelet aggregation and the secretion of procoagulant factors [30, 31]. Hence, antipsychotic use could predispose patients to the formation of acute thrombosis in stenotic coronary arteries,

contributing to MI. Finally, antipsychotic medicines have been shown to activate 5-HT_{2A} receptors at sites of coronary atherosclerosis [32], leading to thrombus formation and vascular contraction. Such an effect might play a role in the pathogenesis of MI.

Although the modifying effects of antipsychotics on MI are biologically plausible, the included studies have reported conflicting results, as reflected in the significant heterogeneity in our meta-analysis. This heterogeneity could not be explained by study design and quality. The existence of clinical heterogeneity would be expected to lead to some degree of statistical heterogeneity in the results. The inconsistent conclusions may be owing to differences in enrolment criteria and exposure definition. First, most of included patients were diagnosed with dementia, schizophrenia or affective disorders and these patients were at different risks of cardiovascular diseases. To minimize the heterogeneity, subgroup analyses based on diagnostic categories found different risks of MI among these patients. A highest risk seen in patients with schizophrenia may be explained by more use of co-medication and a worse underlying health state [33, 34]. Furthermore, lifestyle factors such as alcoholism and smoking are also associated with a higher risk of MI [35]. However, antipsychotic use was found to increase, but not significantly, the risk of MI in patients with affective disorders. This might be explained by direct cardioprotective effects of mood stabilizers which have been suggested in other research [36].

Second, the different degree of receptor binding affinity by antipsychotic medicines may have been a potential source of heterogeneity. Most of the included studies explored the effects of typical and atypical antipsychotics as a whole, and a similar risk of MI was found between them. However, only

one study [18] provided varied risk data of individual drugs, finding the highest MI risk in amisulpride users. Besides, it is of paramount relevance to understand if there are dose-dependent effects. It should be acknowledged that these concerns are not addressable by means of meta-analyses of aggregate data and, therefore, only tentative suggestions can be made. Three studies [12, 18, 20] evaluated the effect of dosage on the MI risk. Two studies [18, 20] found a positive association, while one [12] found no association. Hence, our results of individual or dosage of antipsychotic drugs on risk of MI may be limited by sample size and need further investigation to clarify this issue.

Third, definition of antipsychotic exposure was inconsistent across the included studies. In our subgroup analysis based on exposure time, there was 0% heterogeneity among studies. Our results expand on previous knowledge by demonstrating a substantial MI risk in short term users, thus suggesting an acute effect of antipsychotics. This finding is further reinforced by a relatively lower but significant risk observed in longer term users. Such lower risk observed in more long term antipsychotic users might be related to the effects of tolerance and cross-tolerance to antipsychotic drugs.

Although antipsychotic use is associated with a modestly increased risk of MI, the population impact of antipsychotic-associated MI is likely to be substantial because of the large number of users. Clinicians should ensure that antipsychotics are prescribed only for patients with a clear indication and be cautious when prescribing antipsychotics to patients who have an underlying increased MI risk. As antipsychotics are an effective intervention for some major psychiatric conditions, the relatively modest increased absolute risk of MI is unlikely to alter their benefit–risk balance when used appropriately. Nonetheless, all patients prescribed these medications should be monitored during the course of antipsychotic treatment if MI-related signs and symptoms are identified, considering the possibility of treatment withdrawal.

This systematic review and meta-analysis was limited by the inclusion of only observational studies, which are susceptible to confounding. Unfortunately, there have been no randomized controlled trials that evaluated the risk of MI with antipsychotic use. Such studies are usually underpowered to detect rare events. Second, there was evidence of heterogeneity for the association between antipsychotic use and MI risk. Thus, subgroup analyses were performed to examine the source of the heterogeneity, but the variables evaluated did not thoroughly explain the source of heterogeneity. When the exposure time period was taken into account, there was 0% heterogeneity among studies, suggesting that antipsychotic use has a time-dependent effect on MI risk. Different individual antipsychotic drugs may also have been a source of heterogeneity and this issue merits further exploration. Third, all included studies focused on adult patients. Given that there is an elevation in antipsychotic use among children and youth [37], more data about cardiovascular safety are needed in this population. Fourth, the Begg's test is known to lack power, reducing our ability to detect potential publication bias. Finally, we could not extract enough data to run a subgroup analysis based on concurrent drug use. Antidepressants are commonly prescribed concurrently

with antipsychotics for treatment of diverse psychiatric disorders. These drugs are considered to be associated with an increased risk of cardiovascular events [38]. Future studies should also investigate the risk of MI when antipsychotic medications are used together with these drugs.

Conclusion

In summary, the present meta-analysis suggests that antipsychotic use is significantly associated with MI risk, especially among patients with schizophrenia or with drug use during the first 30 days. Clinicians should ensure that antipsychotics are prescribed only for patients with clear indications.

Competing Interests

The authors declare no competing interests.

Contributors

ZHY and BR conceived the study and revised the manuscript critically for important intellectual content. ZHY and HYJ made substantial contributions to its design, acquisition, analysis and interpretation of data. LS, YYZ and HYS participated in the design, acquisition, analysis and interpretation of data. All authors read and approved the final manuscript.

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Supporting Information

Additional Supporting Information may be found in the online version of this article at the publisher's web-site:

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Table S1 All effect estimates extracted from the nine included studies

Table S2 Newcastle Ottawa Scale for assessment of quality of included studies: case-control studies

Table S3 Newcastle Ottawa Scale for assessment of quality of included studies: cohort studies