

Cross-cultural regularities in the cognitive architecture of pride

Daniel Sznycer^{a,b,1}, Laith Al-Shawaf^{c,d}, Yoella Bereby-Meyer^e, Oliver Scott Curry^f, Delphine De Smet^g, Elsa Ermer^h, Sangin Kim^a, Sunhwa Kimⁱ, Norman P. Li^j, Maria Florencia Lopez Seal^k, Jennifer McClung^l, Jiaqing O^j, Yohsuke Ohtsubo^m, Tadeq Quillien^a, Max Schaubⁿ, Aaron Sell^o, Florian van Leeuwen^p, Leda Cosmides^a, and John Tooby^q

^aCenter for Evolutionary Psychology, Department of Psychological and Brain Sciences, University of California, Santa Barbara, CA 93106-9660; ^bDepartment of Psychology, Arizona State University, Tempe, AZ 85287-1104; ^cDepartment of Psychology, Bilkent University, 06800 Bilkent, Ankara, Turkey; ^dCollege of Life Sciences, Institute for Advanced Study Berlin, 14193 Berlin, Germany; ^eDepartment of Psychology, Ben-Gurion University of the Negev, Beer-Sheva 84105, Israel; ^fInstitute of Cognitive and Evolutionary Anthropology, University of Oxford, Oxford OX2 6PN, United Kingdom; ^gDepartment of Interdisciplinary Study of Law, Private Law, and Business Law, Ghent University, B-9000 Ghent, Belgium; ^hDepartment of Neurology, School of Medicine, University of Maryland, Baltimore, MD 21201; ⁱGongneung Welfare Center, Nowon-gu, Seoul 01851, Republic of Korea; ^jSchool of Social Sciences, Singapore Management University, Singapore 178903; ^kFacultad de Psicología, Universidad Nacional de Córdoba, 5000 Córdoba, Argentina; ^lInstitut de Biologie, Université de Neuchâtel, CH-2000 Neuchâtel, Switzerland; ^mDepartment of Psychology, Graduate School of Humanities, Kobe University, Kobe 657-8501, Japan; ⁿDepartment of Political and Social Sciences, European University Institute, 50014 Florence, Italy; ^oSchool of Criminology and Criminal Justice, Griffith University, Mount Gravatt, QLD 4122, Australia; ^pDepartment of Political Science, Aarhus University, DK-8000 Aarhus, Denmark; and ^qCenter for Evolutionary Psychology, Department of Anthropology, University of California, Santa Barbara, CA 93106-3210

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Pride occurs in every known culture, appears early in development, is reliably triggered by achievements and formidability, and causes a characteristic display that is recognized everywhere. Here, we evaluate the theory that pride evolved to guide decisions relevant to pursuing actions that enhance valuation and respect for a person in the minds of others. By hypothesis, pride is a neurocomputational program tailored by selection to orchestrate cognition and behavior in the service of: (i) motivating the cost-effective pursuit of courses of action that would increase others' valuations and respect of the individual, (ii) motivating the advertisement of acts or characteristics whose recognition by others would lead them to enhance their evaluations of the individual, and (iii) mobilizing the individual to take advantage of the resulting enhanced social landscape. To modulate how much to invest in actions that might lead to enhanced evaluations by others, the pride system must forecast the magnitude of the evaluations the action would evoke in the audience and calibrate its activation proportionally. We tested this prediction in 16 countries across 4 continents ($n = 2,085$), for 25 acts and traits. As predicted, the pride intensity for a given act or trait closely tracks the valuations of audiences, local (mean $r = +0.82$) and foreign (mean $r = +0.75$). This relationship is specific to pride and does not generalize to other positive emotions that coactivate with pride but lack its audience-recalibrating function.

pride | valuation | decision-making | emotion | culture

Our hominin ancestors evolved in a harsh and challenging world characterized by high rates of mortality, high variance in food acquisition (1), a high incidence of disease and injury (2), and attacks by humans and nonhumans (3). Modern conditions that buffer such risks (e.g., stored food, police) were absent, and to a zoologically unusual degree, our ancestors relied on the other members of the groups they lived in for the assistance necessary for survival and reproduction. For example, provisioning the injured with food—typical among humans—is entirely lacking in nonhuman primates, who starve when incapacitated instead. In humans, natural selection strongly favored the evolution of adaptations in individuals to induce others to help them.

In general, there are two families of social tools organisms have available for influencing others' choices: first, they can conditionally inflict costs—aggression; and second, they can bestow (or withhold) benefits—altruism. The first causes individuals to be respected (or feared). The second causes individuals to be valued. It might be advantageous to put weight on another's welfare (i) because the individual is formidable and could inflict costs if

not propitiated, or (ii) because the individual's actions or existence make positive fitness contributions to the valuer, which would be degraded or lost if assistance was not given. For convenience, here we call these two components “respect” (for formidability) and “valuation” (for positive fitness contributions). Being respected or favorably valued by others were resources, and selection on our ancestors would have shaped human social emotions to promote access to these resources. More precisely, our ancestors' survival and reproduction sensitively depended on the extent to which other group members placed weight on their welfare in making decisions—that is, the degree to which others traded off or sacrificed their own welfare for the welfare of the recipient (e.g., to keep food for oneself or share it with one or more specific persons).

Because nonhumans are far more limited in the kinds of assistance they can render each other, almost all nonhuman negotiation is based on aggression. Differences in the ability to inflict costs (formidability or resource holding power) led to adaptations for the advertisement of formidability and adaptations for assessing own and others' formidability (4). In group-living species, dominance hierarchies emerge from patterns of prudent deference to

Significance

Cross-cultural tests from 16 nations were performed to evaluate the hypothesis that the emotion of pride evolved to guide behavior to elicit valuation and respect from others. Ancestrally, enhanced evaluations would have led to increased assistance and deference from others. To incline choice, the pride system must compute for a potential action an anticipated pride intensity that tracks the magnitude of the approval or respect that the action would generate in the local audience. All tests demonstrated that pride intensities measured in each location closely track the magnitudes of others' positive evaluations. Moreover, different cultures echo each other both in what causes pride and in what elicits positive evaluations, suggesting that the underlying valuation systems are universal.

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¹To whom correspondence should be addressed. Email: dsznycer2@gmail.com.

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to buffer against devaluation if the negative information does spread (22). Pride serves analogous functions with respect to positive information that leads to enhanced valuation or respect. We note that human pride and its obverse, shame, are evolutionarily derived from regulatory systems for dominance and submission (5, 7, 8), and various aspects of those emotions (e.g., the displays) are homologous to those of simians (5). For example, receiving a pride display may elicit submission, whereas receiving a shame display terminates aggression; thus, these conjugated systems reduce overt conflict and further attacks (5, 62) (for a nonhuman example, see ref. 63).

The decision-making architecture of a social organism should evaluate and integrate two kinds of payoffs to regulate behavior adaptively: (i) the direct payoff of the potential action (e.g., the value of foraging for a food item), and (ii) the social valuation payoff [e.g., showing bandmates that one is a skilled forager (64)]. According to the advertisement–recalibration theory, the anticipated feeling of pride is the readout of the estimated social valuation payoff, which must be added to the direct payoff to get the full value of a candidate course of action. (Given its role in planning, this feeling may occur even in the absence of an audience.) For the organism to adaptively modulate how much effort and risk to invest in actions whose benefits lie in the changed evaluations of others, the pride system must forecast the magnitude of the evaluations the action would evoke in the audience and calibrate its activation proportionally. The underactivation of pride leads to maladaptive choices where (i) the acts with high social payoffs are insufficiently pursued, (ii) achievements or desirable traits are insufficiently advertised and, hence, trigger less upward valuation recalibration in the audience, and (iii) the individual does not take advantage of the extent to which others value her. Conversely, an overactivation of pride yields diminishing or even negative returns, because beneficial courses of action are overpursued, and, moreover, audiences' evaluations become less favorable to the individual, because others are designed to resist and devalue excessive advertisement and entitled actions that exceed the individual's actual social value (65–67). [Given the self-interest bias, some opportunistic status overclaiming may be expected (68), although repeated interactions in naturalistic contexts will constrain such excessive claims.] To balance these competing demands, pride should deploy in lockstep with the valuation that is prevalent in audiences drawn from the individual's (local) social ecology. Indeed, because decisions about actions must be made in advance of observing feedback about one's actions, pride feelings should forecast, and track in intensity, the magnitude of others' evaluative recalibrations for a given act or trait (22). We test this basic design feature in 16 countries across 4 continents.

Study 1

To test the prediction that the intensity of felt pride tracks the valuations of local audiences, we recruited 1,458 participants from the United States, Canada, the United Kingdom, France, Belgium, The Netherlands, Switzerland, Italy, Turkey, Israel, India, Singapore, the Philippines, South Korea, Japan, and Australia. Inattentive participants were excluded from analyses, leaving a total effective sample of 1,348 (Studies 1a–1p). We created 25 scenarios in which someone's acts, traits, or circumstances might lead them to be viewed positively. The scenarios were designed to elicit reactions in a wide range of evolutionarily relevant domains, such as social exchange, skills, aggressive contests, mating, parenting, and leadership.

Participants completed one of two between-subjects conditions: an “audience” condition and a “pride” condition. Participants in the audience condition were asked to provide their reactions to 25 scenarios involving a third party: an individual other than themselves who is of the same sex and age as the participant (e.g., “She is trustworthy,” “She has many unique skills,” “She is physically attractive”). Participants in the audience condition were asked to “indicate how you would view [someone of your same sex and age]

if they were in those situations,” using scales ranging from 1 (I wouldn't view them positively at all) to 7 (I'd view them very positively). These ratings provide a measure of the degree to which members of a given population would value the individual described in the scenarios.

In the pride condition, a different set of participants was asked to “indicate how much pride you would feel if you were in those situations” (i.e., in each of the 25 scenarios; e.g., “You are trustworthy,” “You have many unique skills,” “You are physically attractive”), with scales ranging from 1 (no pride at all) to 7 (a lot of pride). The stimuli in the audience and pride conditions were identical on a scenario-by-scenario basis, the only difference being the perspective from which the events are described.

If, as argued above, a human-universal grammar of social value exists, then this hypothesis raises the expectation—in contrast to traditional anthropological expectation—that many things that are viewed as socially valuable, and hence pride-eliciting, will be shared across cultures rather than unique to each culture. If pride is an adaptation for recalibrating the valuations of local audiences, and some values are universally held (i.e., by local and foreign audiences), then the intensity of pride these scenarios elicit in a given country should track the degree of valuation they elicit in the other countries.

Within-Country Results. First, we report the valuation and pride results for each country. Full text of the scenarios and descriptive statistics are provided in *SI Appendix, Table S2 a–p*.

There is widespread agreement on how valuation-enhancing these situations are relative to one another: mean intraclass correlation across the 16 countries: ICC (2,n) = 0.95 (*SI Appendix, Table S3*). Participants agree also about the extent to which they would feel pride in these situations: mean ICC (2,n) = 0.92 (*SI Appendix, Table S3*). To test the main prediction that pride tracks audience valuation, we calculated, for each scenario, the mean pride ratings provided by participants in the pride condition, and the mean valuation ratings provided by participants in the audience condition. Pride and valuation means are highly correlated with one another within each country, with a mean $r = 0.82$ (SD = 0.05; minimum $r = 0.72$; maximum $r = 0.90$; $N r$ values = 16); P values = 10^{-9} – 10^{-4} (Fig. 1 and diagonal values in *SI Appendix, Table S4*). Scenario 11 (pride condition: “You get into a fight in front of everybody, and you completely dominate your opponent with punch after punch, until your opponent is knocked out”) is a low outlier in various samples—perhaps because these samples come from pacified populations (69). Excluding this scenario from analysis does not substantially change the pride–valuation correlations, however, mean $r = 0.77$ (SD = 0.09; minimum $r = 0.55$; maximum $r = 0.88$; $N r$ values = 16); P values = 10^{-7} –0.005. All reported correlations remain significant after applying a false-discovery rate (FDR) correction (70) of $P < 0.05$, unless otherwise noted. Recall that the pride and valuation ratings originate from different sets of participants. Consequently, these high correlations cannot be attributed to participants matching their pride and valuation ratings.

Between-Country Results. Some actions, traits, and situations elicit valuation in some cultures but not others (64, 71). However, if the machinery for computing the social value of others is species-typical, then there will be situations that provoke valuation, and elicit pride, across cultures (33, 41). To test for between-country agreement in valuation, in pride, and in the pride–valuation link, we computed the extent to which the mean valuation ratings and the mean pride ratings are correlated across countries. Supporting the hypothesis of a species-wide grammar of social value, there is a high degree of between-country agreement on the extent to which a given situation would elicit positive valuation: mean $r = 0.90$ (SD = 0.06; minimum $r = 0.73$; maximum $r = 0.98$; $N r$ values = 120); P values = 10^{-17} – 10^{-4} (*SI Appendix, Table S5*). There is also high

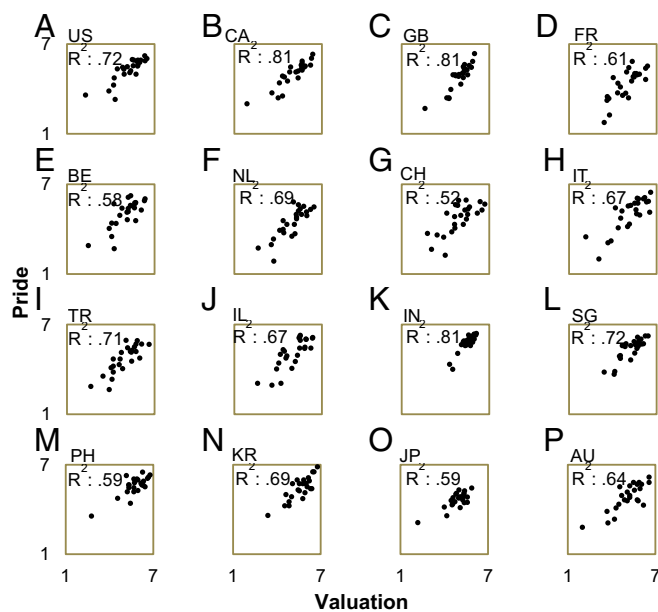


Fig. 1. Studies 1a–1p. Scatter plots: pride as a function of valuation. Each point represents the mean valuation rating and mean pride rating of one scenario. Valuation and pride ratings were given by different participants ($n = 25$ scenarios; effect size: R^2 linear). (A) United States (US). (B) Canada (CA). (C) United Kingdom (GB). (D) France (FR). (E) Belgium (BE). (F) The Netherlands (NL). (G) Switzerland (CH). (H) Italy (IT). (I) Turkey (TR). (J) Israel (IL). (K) India (IN). (L) Singapore (SG). (M) Philippines (PH). (N) South Korea (KR). (O) Japan (JP). (P) Australia (AU).

between-country agreement on the extent to which a given situation would elicit pride: mean $r = 0.81$ ($SD = 0.11$; minimum $r = 0.51$; maximum $r = 0.97$; N r values = 120); P values = 10^{-14} – 0.009 (*SI Appendix, Table S6*). Furthermore, as predicted, the pride elicited in each of the 16 countries is positively correlated with the valuations from the other 15 countries: mean $r = 0.75$ ($SD = 0.09$; minimum $r = 0.48$; maximum $r = 0.93$; N r values = 240); P values = 10^{-10} – 0.017 (off-diagonal values in *SI Appendix, Table S4*). Note that the proportion of variance in pride accounted for by the valuations of foreign audiences (mean: 56%) is close to that accounted for by the valuations of local audiences (mean: 67%). Excluding scenario 11 from analysis does not substantially alter the between-country pride–valuation correlations: mean $r = 0.69$ ($SD = 0.13$; minimum $r = 0.29$; maximum $r = 0.90$; N r values = 240); P values = 10^{-8} – 0.17 ; 222 of these 240 correlations (92.5% of them) remain significant at FDR $P < 0.05$.

Study 2

If it is pride, in particular, that aims to recalibrate audiences, then audience valuation should be tracked more closely by pride than by other emotions that are positive and arousing (as pride is) but not designed for recalibrating audiences. To evaluate this prediction, we conducted a follow-up study in the United States and India (Studies 2a and 2b; $n = 361$). There were five between-subjects conditions: one audience condition assessing valuation and four emotion conditions: pride, excitement, amusement, and happiness. Excitement, amusement, and happiness were chosen because these three emotions often coactivate with pride and, like pride, are positive and arousing (41, 72–74).

The scenarios, as well as the descriptive statistics for each scenario and each country, are provided in *SI Appendix, Table S7 a and b*.

Pride tracked audience valuation, and it did so better than amusement, excitement, and happiness did. The extent to which a scenario would elicit valuation in an audience positively predicted the intensity of pride participants would feel when imagining themselves

in that scenario [$r(23) = 0.77$, $P = 10^{-5}$ (India); $r(23) = 0.81$, $P = 10^{-6}$ (United States)]. Valuation and amusement correlated in India [$r(23) = 0.58$, $P = 0.003$] but not in the United States [$r(23) = 0.02$, $P = 0.92$]. Valuation and excitement correlated marginally in India [$r(23) = 0.36$, $P = 0.07$] but did not correlate in the United States [$r(23) = 0.14$, $P = 0.51$]. Valuation and happiness correlated in India [$r(23) = 0.76$, $P = 10^{-3}$] and the United States [$r(23) = 0.72$, $P = 10^{-4}$]. We note that pride correlated with excitement [United States: $r(23) = 0.47$, $P = 0.018$; India: $r(23) = 0.66$, $P = 0.0003$], with happiness [United States: $r(23) = 0.88$, $P = 10^{-8}$; India: $r(23) = 0.77$, $P = 10^{-5}$], and with amusement in India [$r(23) = 0.66$, $P = 0.0003$], although not in the United States [$r(23) = 0.19$, $P = 0.36$]. Recall that the valuation, pride, amusement, excitement, and happiness ratings originated from different participants.

To more clearly assess the associations between the emotions and valuation, we regressed valuation simultaneously on pride, amusement, excitement, and happiness. Pride continued to predict valuation even after controlling for the other three emotions [$\beta = 0.59$, $P = 0.004$ (India); $\beta = 0.86$, $P = 0.007$ (United States)]. Amusement did not display unique associations with valuation [$\beta = 0.07$, $P = 0.72$ (India); $\beta = 0.04$, $P = 0.84$ (United States)]. Excitement negatively predicted valuation; significantly in India ($\beta = -0.47$, $P = 0.012$) and marginally in the United States ($\beta = -0.35$, $P = 0.06$). Happiness uniquely and positively predicted valuation after controlling for the other three emotions; in India ($\beta = 0.57$, $P = 0.015$) but not in the United States ($\beta = 0.12$, $P = 0.68$). Given the intercorrelations between our predictor variables, we examined the variance inflation factor (VIF) associated with each predictor to assess potential multicollinearity. All VIFs for both analyses were less than 6.6 and thus did not exceed the commonly accepted maximum of 10 (75).

In sum, the match between audience valuation and pride is specific; it does not generalize to amusement, excitement, or happiness, even when the latter coactivate with pride.

If pride recalibrates audience valuation to augment one's welfare, and fitness, then pride should be tuned specifically to the valuations of those who, upon receiving information revelatory of gains in one's social value or formidability, would impact one's welfare—local audiences. Pride will track the valuations of foreign audiences, but only to the extent that foreign and local audiences agree in their valuations. When they disagree, the relationship between pride and foreign valuation should dissolve. To test this prediction, we conducted a follow-up study in the United States and India using scenarios constructed to elicit (i) similar levels of pride in the United States and India, (ii) more pride in the United States, or (iii) more pride in India—the latter two types of scenarios were based on an anthropological report (76) and advice from bicultural informants (*SI Appendix, 2. Study S1. Pride and Culture-Specific Valuation and Tables S8 and S9*; $n = 266$). As predicted, pride tracked the valuation of foreign audiences when the valuations of foreign and local audiences were correlated, but it failed to track foreign audiences for scenarios that led to different evaluations in the United States and India.

Discussion

These findings support the hypothesis that pride is an adaptation for cost-effectively promoting increases in others' valuations or respect for the individual. In particular, we showed that pride in the individual closely tracks the valuations of audiences in the individual's social ecology. Furthermore, pride is specific to audience valuation: Emotions that coactivate with pride, such as happiness and excitement, do not track audience valuation uniquely and reliably. These data suggest that pride, rather than other positive emotions, is distinctively involved in enhancing social valuation. Further evidence to demonstrate domain-specificity is needed, however.

The intensity of pride in prospect tracks audience evaluations, even though those ratings originate from different sets of individuals. For pride to track evaluations, the pride system must possess

accurate information about the degree to which the local audience will evaluate individuals as a function of their acts or traits. Considerations of parsimony suggest that both are informed by a common underlying architecture of social valuation.

The cross-cultural agreement on pride, valuation, and their interrelationship is noteworthy. Nonevolutionary views conceptualize cultures as being richly different from each other (77). If this hypothesis were true, then what cultures value and what makes members of different cultures proud should be substantially different. Indeed, pride has been argued to heavily rely on culture-specific schemas (55, 57, 78). One application of this argument is that in collectivist cultures such as Japan, where the self is construed as an interdependent entity, people do not strive to maintain a positive view of the self; they do not “self-enhance” (79). Instead, people strive to be modest, save face, and improve themselves (80) to harmoniously fit in the collective (81). Consistent with this view, Japan has the third-lowest pride grand mean and the lowest valuation grand mean—although we note that ratings of pride and valuation may not be directly comparable across countries (79). However, the relative pride elicited by the 25 scenarios among the Japanese, and in the other collectivist samples, substantially tracked how positively people in other countries would view individuals in those scenarios, whether those countries were individualist or collectivist [e.g., the United States vs. South Korea (82)]. These data are unlikely if people in East-Asian or collectivist cultures truly lack self-enhancement (83). However, if (i) pride is a human-universal adaptation designed to increase the valuation or respect conferred by members of one’s local social ecology, and (ii) there is a species-wide architecture of social valuation, drawing on a species-typical array of evaluative adaptations for mating, social exchange, skills, and so on, then there ought to be robust similarities from culture to culture in pride, valuation, and their relationship. This view explains not only the high degree of within-culture consistency but also the between-culture consistency that we predicted and found.

The current results help to locate pride within a functionally interlinked architecture of social emotions that also includes shame, anger, and gratitude. Although each of these emotions has different hypothesized evolved functions, they all depend on an underlying evolved welfare–tradeoff psychology (21). Briefly, under the welfare–tradeoff framework (84, 85), the function of shame is to limit information-triggered reductions in the weight placed on one’s welfare by others; the function of anger is to incentivize others to place a higher weight on one’s welfare when that weight is deemed insufficiently low; the function of gratitude is to consolidate a higher level of cooperation when the system detects that an unexpectedly high weight has been put on one’s welfare; the function of pride, as argued above, is to motivate the individual to both achieve and advertise traits or acts so that others place a higher weight on his or her welfare.

People dislike the social subordination that sometimes follows others’ increases in status, and in rivalrous zero-sum settings the mere success of others is experienced as a grievance (86, 87). Occasionally, pride overactivates and causes an excessive sense of entitlement. Perhaps for these reasons, pride has long been deemed potentially problematic, even a sin (30). However, an evolutionary–functional analysis suggests a different view: This emotion is the expression of an evolved system that promotes the

pursuit of socially valued courses of action and facilitates the gains in valuation that make those actions worth pursuing.

Methods

The study procedures were approved by the institutional review boards at the University of California, Santa Barbara; the Ben-Gurion University of the Negev; Griffith University; Singapore Management University and the Graduate School of Humanities, Kobe University; the Research Ethics Committee, Faculty of Economics and Business, University of Groningen; the Departmental Research Ethics Committee, Anthropology, University of Oxford; and the Ethics Board, Bilkent University. All of the participants completed electronic informed consent.

Study 1.

Samples for Study 1. We collected data from 1,458 participants in the United States (Study 1a), Canada (Study 1b), the United Kingdom (Study 1c), France (Study 1d), Belgium (Study 1e), The Netherlands (Study 1f), Switzerland (Study 1g), Italy (Study 1h), Turkey (Study 1i), Israel (Study 1j), India (Study 1k), Singapore (Study 1l), Philippines (Study 1m), South Korea (Study 1n), Japan (Study 1o), and Australia (Study 1p). The numbers of participants were 120 (United States), 29 (Canada), 86 (United Kingdom), 168 (France), 89 (Belgium), 60 (The Netherlands), 59 (Switzerland), 47 (Italy), 131 (Turkey), 105 (Israel), 120 (India), 135 (Singapore), 39 (Philippines), 37 (South Korea), 200 (Japan), and 33 (Australia). On average, 6% of each sample was excluded from analyses due to failure to correctly respond to an attention check. One Italian participant may have taken the study twice; removing that presumptive data leaves the results virtually unchanged. Participants were recruited via Amazon Mechanical Turk (AMT) or other survey companies (United States, Canada, United Kingdom, India, Philippines, and Japan), subject pool announcement and other types of communications to students (France, Belgium, The Netherlands, Italy, Israel, Singapore, and Australia), and social networks (The Netherlands, Switzerland, Turkey, and South Korea). For demographic information and effective sample sizes, see *SI Appendix, Table S1*.

Measures. The 25 scenarios are shown in *SI Appendix, Table S2 a–p*. Participants were randomly assigned to either the audience condition or the pride condition. Participants indicated their sex at the outset and the scenarios were sexed appropriately. The order in which the scenarios were presented was random across participants. The stimuli were presented in English (United States, Canada, United Kingdom, India, Singapore, Philippines, and Australia), French (France and Switzerland), Dutch (Belgium and The Netherlands), Italian (Italy), Turkish (Turkey), Hebrew (Israel), Korean (South Korea), and Japanese (Japan).

Study 2.

Samples for Study 2. AMT was used to recruit 203 participants in the United States (Study 2a). One of the participants was removed from analyses due to failure to correctly respond to an attention check, leaving an effective sample size of 202 (120 females), with a mean age of 38 y ($SD = 13$). AMT was used to recruit 158 participants in India (Study 2b). Eleven of them were removed from analyses due to failure to correctly respond to an attention check, leaving an effective sample size of 147 (50 females), with a mean age of 33 y ($SD = 9$).

Measures. Studies 2a and 2b had five between-subjects conditions: one audience condition assessing valuation and four emotion conditions: pride, amusement, excitement, and happiness. The scenarios were the same as in Studies 1a–1p. The stimuli were presented in English in the United States and India.

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