

# Exceedingly small iron oxide nanoparticles as positive MRI contrast agents

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Medical imaging is routine in the diagnosis and staging of a wide range of medical conditions. In particular, magnetic resonance imaging (MRI) is critical for visualizing soft tissue and organs, with over 60 million MRI procedures performed each year worldwide. About one-third of these procedures are contrast-enhanced MRI, and gadolinium-based contrast agents (GBCAs) are the mainstream MRI contrast agents used in the clinic. GBCAs have shown efficacy and are safe to use with most patients; however, some GBCAs have a small risk of adverse effects, including nephrogenic systemic fibrosis (NSF), the untreatable condition recently linked to gadolinium (Gd) exposure during MRI with contrast. In addition, Gd deposition in the human brain has been reported following contrast, and this is now under investigation by the US Food and Drug Administration (FDA). To address a perceived need for a Gd-free contrast agent with pharmacokinetic and imaging properties comparable to GBCAs, we have designed and developed zwitterion-coated exceedingly small superparamagnetic iron oxide nanoparticles (ZES-SPIONs) consisting of ~3-nm inorganic cores and ~1-nm ultrathin hydrophilic shell. These ZES-SPIONs are free of Gd and show a high T<sub>1</sub> contrast power. We demonstrate the potential of ZES-SPIONs in preclinical MRI and magnetic resonance angiography.

exceedingly small iron oxide nanoparticles | renal clearance | gadolinium-free positive MR contrast agent | preclinical magnetic resonance imaging

MRI signal arises from the excitation of low-energy nuclear spins, which are formed in a permanent magnetic field, by applying radiofrequency pulses followed by the measurement of the spin relaxation processes (i.e., T<sub>1</sub> recovery or T<sub>2</sub> decay) (1, 2). Different chemical environments as well as water concentration result in different signal strengths and therefore provide contrast between fat, tissue, and bones. Paramagnetic compounds can be used to enhance the contrast of MR images by promoting relaxation of water near the compound. MRI contrast agents are classified as either T<sub>1</sub> (i.e., positive) or T<sub>2</sub> (i.e., negative). Radiologists strongly prefer T<sub>1</sub> contrast agents because T<sub>2</sub> contrast shows as darkened areas, which can be difficult to distinguish from internal bleeding, air–tissue boundaries (3), or other susceptibility artifacts, resulting in less accurate patient diagnosis. We also note that progress has been made to generate positive contrast by artificially turning dark and susceptibility-related negative contrast bright (4). Moreover, T<sub>1</sub> relaxation times in animal tissues are generally much longer than their T<sub>2</sub> relaxation times, meaning that the relaxivity of the T<sub>1</sub> contrast agent can be smaller than that for a T<sub>2</sub> agent to obtain the same amount of change in image intensity. All gadolinium (Gd)-based contrast agents (GBCAs) (5–9) used in the clinic today are T<sub>1</sub> contrast agents (10), whereas GBCAs still have a small risk of adverse effects including nephrogenic systemic fibrosis (11, 12) and Gd deposition in the human brain (13–16).

Superparamagnetic iron oxide nanoparticles (SPIONs) are single-domain magnetic iron oxide particles with hydrodynamic diameters (HDs) ranging from single nanometers to >100 nm (17–19). SPIONs can be monodisperse and coated by biologically compatible ligands, are chemically and biologically stable, and are generally nontoxic in vivo (20). However, commercially available SPION contrast agents are composed of polydisperse inorganic cores with large HD, ranging from ~16 to ~200 nm. Generally, large SPIONs function as T<sub>2</sub> contrast agents, whereas small SPIONs have limited T<sub>2</sub> activity and therefore are potential T<sub>1</sub> contrast agents. In addition, due to their large HD, existing SPIONs (21) prevent efficient renal clearance after i.v. administration, greatly differing from GBCA elimination pathways. As a result, large HD SPIONs predominately accumulate in the body (22) and can cause a persistent negative contrast over several weeks or months, which prevents repeated imaging studies and limits the clinical management of patients. Furthermore, current SPION formulations are almost quantitatively metabolized and absorbed into the iron pool with the potential of

## Significance

Gadolinium (Gd)-based contrast agents (GBCAs) are currently the mainstream clinical MRI contrast agents. Some GBCAs have shown a long-term toxicity—nephrogenic systemic fibrosis (NSF)—and Gd depositions in the brain. The NSF has triggered a Food and Drug Administration (FDA) black-box warning and a contraindication of some GBCAs. The finding of Gd depositions led to an ongoing FDA investigation to monitor their possible long-term adverse effects. Here, we present T<sub>1</sub>-weighted contrast-enhanced MR imaging and angiography using zwitterion-coated exceedingly small superparamagnetic iron oxide nanoparticles (ZES-SPIONs) in mice and rats. Renal clearance and biodistribution results further demonstrate that ZES-SPIONs are qualitatively different from previously reported SPIONs. This work may open up opportunities to develop exceedingly small SPIONs that show effective T<sub>1</sub> contrast as Gd-free alternatives to GBCAs.

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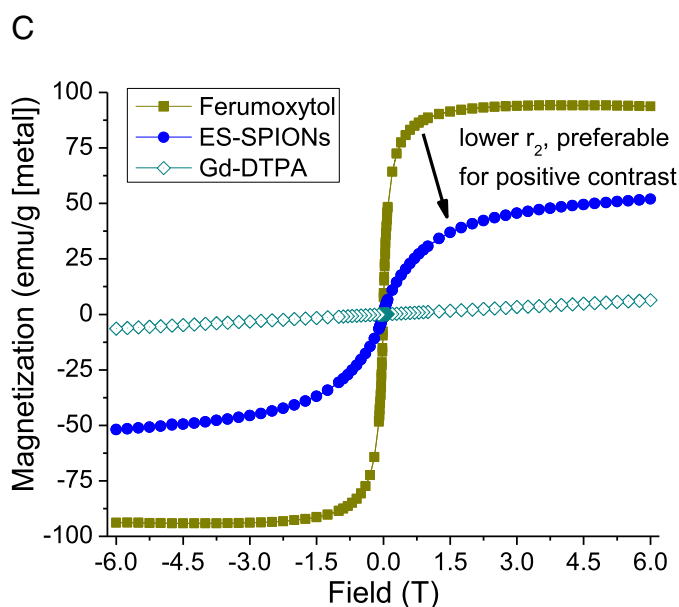
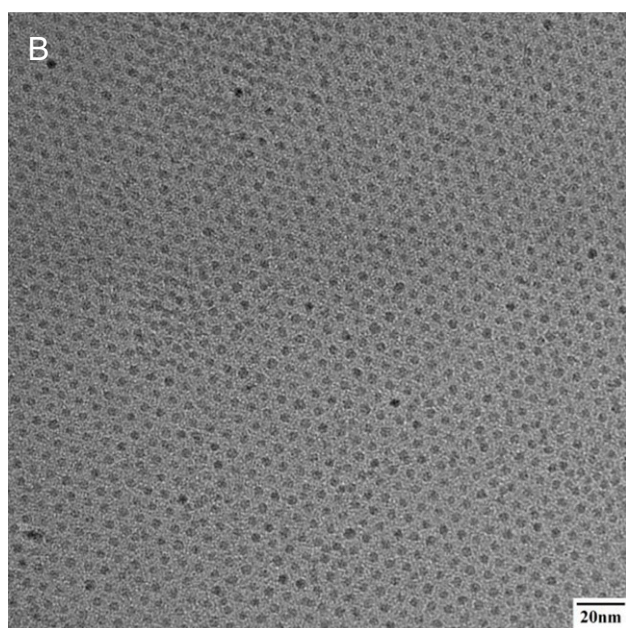
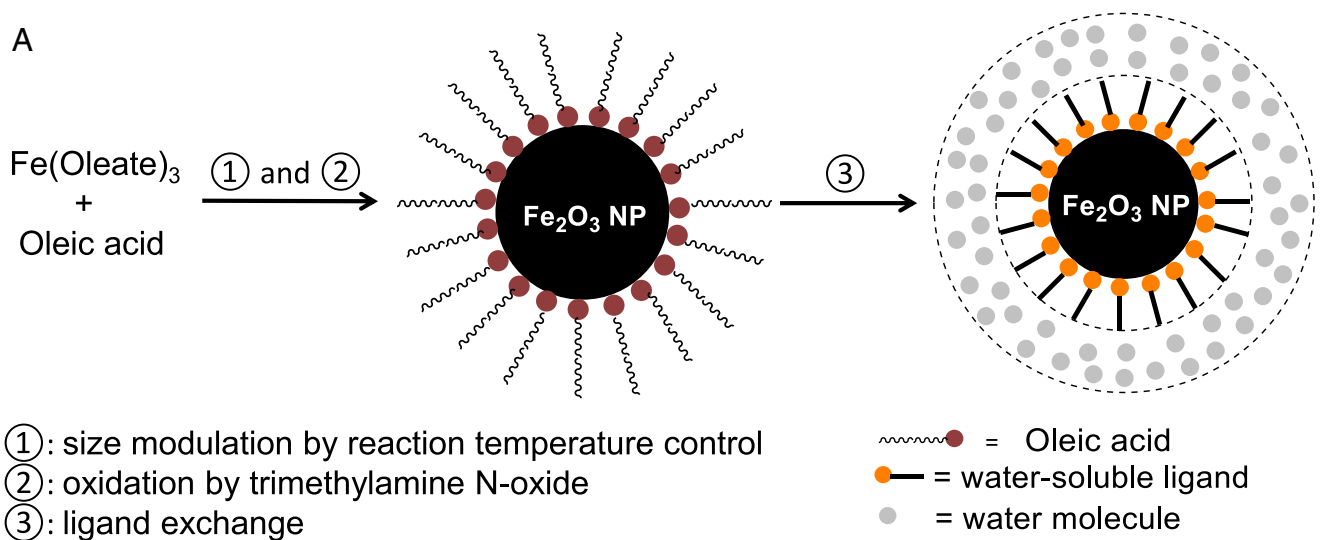
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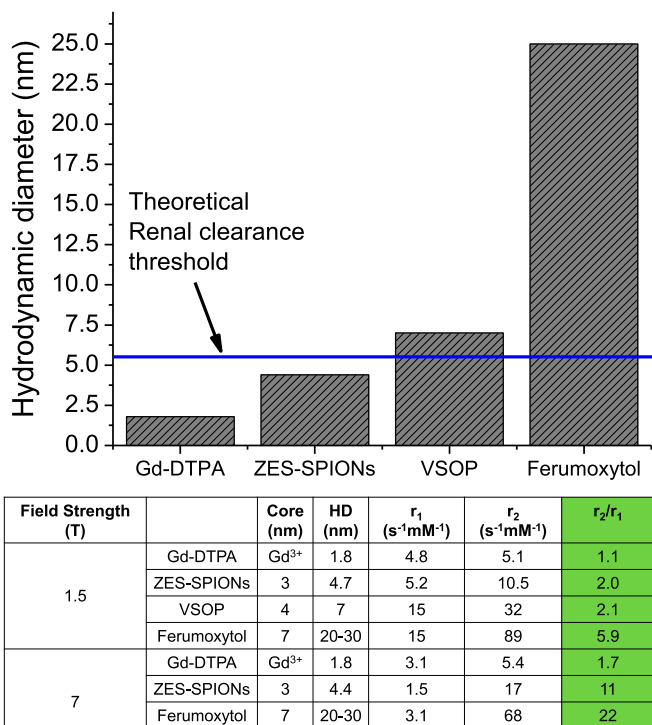
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**Fig. 1.** (A) Rationally designed synthetic route of ZDS-coated SPIONs, (B) HR-TEM images of SPIONs with  $\sim 3.0$ -nm inorganic core diameter, and (C) SQUID curves of 3-nm ES-SPIONs, ferumoxytol (Feraheme), as well as Gd-DTPA (Magnevist).

clinical side effects from iron overload (22). We note that the development and production of existing SPION-based MRI contrast agents, including Resovist, Feridex, Combidex, Supravist, Clariscan (21), and Gastromark (23, 24), has largely ceased. Hence, there is a perceived need for developing Gd-free SPIONs that are exceedingly small for  $T_1$ -weighted MRI and as a potential substitute for GBCAs. In contrast to previous large HD SPIONs, and to address the perceived need for a Gd-free positive contrast agent, we have designed zwitterion-coated exceedingly small superparamagnetic iron oxide nanoparticles (ZES-SPIONs) with two considerations: (i) optimizing  $T_1$  contrast and (ii) enabling renal clearance. Optimizing  $T_1$  contrast (25) for SPIONs translates into minimizing the ratio  $r_2/r_1$  while preserving an absolute  $r_1$  value similar to GBCAs, where  $r_2$  and  $r_1$  are the transverse and longitudinal relaxivities, respectively (26). We achieve this by using the less magnetic maghemite ( $\text{Fe}_2\text{O}_3$ )

structure, which shows a lower magnetization at clinical strength (1.5 T) applied magnetic fields (27, 28), as opposed to the magnetite ( $\text{Fe}_3\text{O}_4$ ) structure (29), and this translates into a correspondingly low  $T_2$  effect (30, 31). To enable renal clearance, ZES-SPIONs must have a HD below  $\sim 5.5$  nm and show minimal nonspecific interactions (i.e., minimal biofouling) in vivo (32), which renders ZES-SPIONs as ideal candidates for future targeted imaging applications. Most existing SPIONs described for biomedical applications (21) have an HD greater than 7 nm. Hence, there is a perceived need for developing Gd-free SPIONs that are exceedingly small for  $T_1$ -weighted MRI and enhanced renal clearance as potential substitutes for GBCAs. Here, we show that ZES-SPIONs as  $T_1$  contrast agents are indeed qualitatively different from existing SPIONs (21) and indeed approach the performance properties of GBCAs.



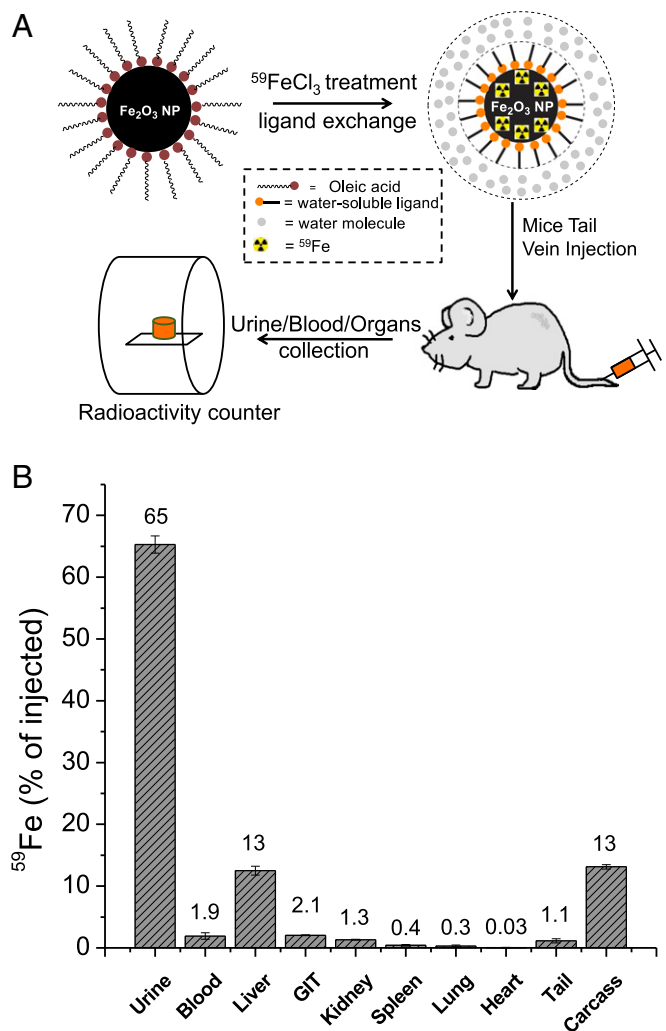
**Fig. 2.** HD and T<sub>1</sub> contrast power of different contrast agents (ferumoxytol, Feraheme; Gd-DTPA, Magnevist; VSOP, very small iron oxide nanoparticles; ZES-SPIONs, zwitterion-coated exceedingly small iron oxide nanoparticles).

Our SPIONs were synthesized from the thermal decomposition of Fe(oleate)<sub>3</sub> in the presence of oleic acid and in solvent mixtures rationally designed for tuning their boiling point. This is followed by oxidation with trimethylamine N-oxide (Fig. 1A) (33). The oxidation step ensures particles with a maghemite structure. Syntheses of SPIONs with a range of ~2.5- to ~7.0-nm inorganic core diameters were produced with narrow size distribution by adjusting the solvent mixture boiling point, using mixtures of 1-tetradecene (TDE), 1-hexadecene (HDE), and 1-octadecene (ODE), keeping both the concentration of precursors and growth time constant (Fig. S1) (34, 35). Fig. 1B shows a high-resolution transmission electron microscopy (HR-TEM) image of ~3.0-nm SPIONs. Relaxivity results at 7 T show that this size provides good T<sub>1</sub>-weighted MRI signal (Table S1). We characterized the magnetic behavior of ~3.0-nm SPIONs coated in native ligands at room temperature (298K) using a superconducting quantum interference device (SQUID) and compared it to the commercially available and US Food and Drug Administration (FDA)-approved ferumoxytol (Feraheme), which consists of 3- to 10-nm mixed magnetite/maghemite cores [confirmed by X-ray powder diffraction (XRD) in Fig. S2]. In Fig. 1C, the superparamagnetism of our ~3-nm SPIONs at room temperature is confirmed by the absence of a hysteresis loop near zero field. Fig. 1C also shows that Gd-DTPA (Magnevist) has a small magnetization (M), desired for T<sub>1</sub>-weighted MRI. In the range of clinical magnetic field strengths (1.5–3 T), Fig. 1C shows that the M of magnetite-containing ferumoxytol is 94 emu/g [Fe], whereas the M of our ~3-nm SPIONs is only 35 emu/g [Fe]. Assuming the magnetic volume/field gradient and water-SPION interaction are largely unchanged, this low M would yield a reduced r<sub>2</sub> relaxivity and an enhanced T<sub>1</sub>-weighted MRI signal, a strategy that has been successfully used for doped ferritin-based SPIONs (36).

After synthesizing the above inorganic core SPIONs, the native hydrophobic oleic acid coating was exchanged with a zwitterionic dopamine sulfonate (ZDS) that we have previously developed and

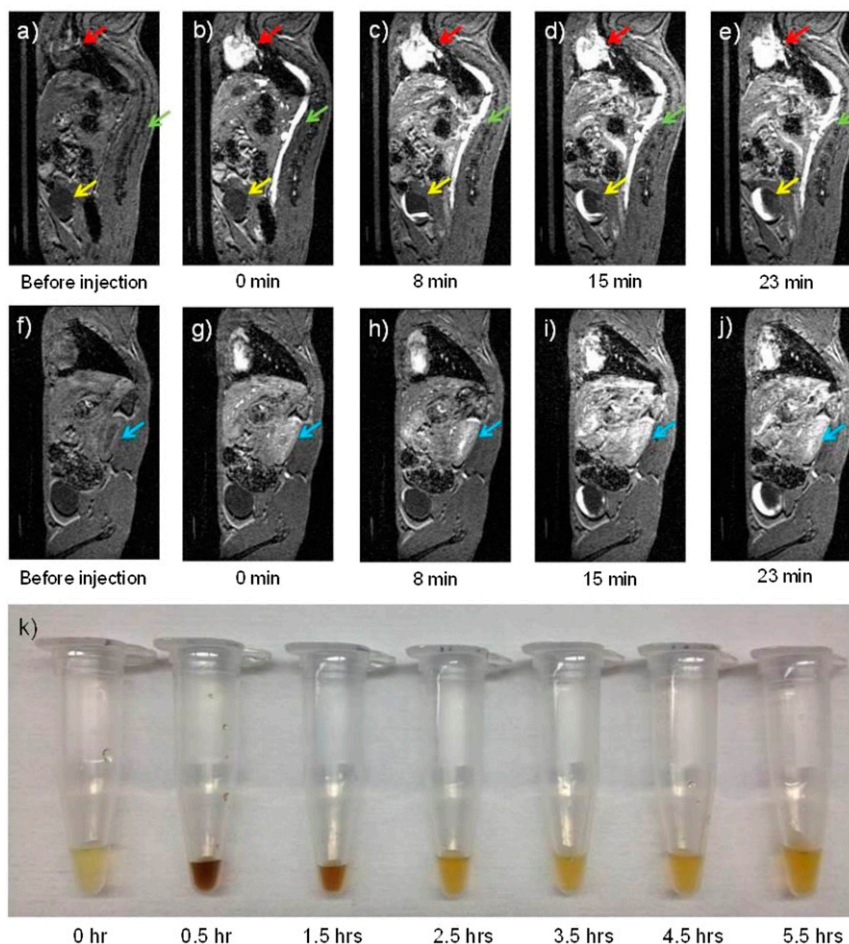
described (35, 37). Our prior studies have demonstrated that ZDS-coated SPIONs show small HDs, low nonspecific interactions in vitro with cells and in vivo in mice, offering the opportunity for specific labeling, and stability with respect to time, pH, and salinity. Moreover, ZDS-coated SPIONs can retain the magnetic properties of as-synthesized hydrophobic SPIONs, making them useful for MRI. The biocompatibility of ZDS was also confirmed by other research groups on several types of nanoparticles (10, 38, 39). Fig. S3 shows the result of using HPLC with a size exclusion column to determine the HD of ~3-nm core particles coated with ZDS (ZES-SPIONs), giving an average HD of 4.7 nm.

To quantitatively evaluate (40) the T<sub>1</sub> contrast power of ZES-SPIONs and differentiate it with previously reported agents, we compare the r<sub>1</sub> and r<sub>2</sub> values of ZES-SPIONs and other types of T<sub>1</sub> contrast agents (3, 30, 41). The data for ferumoxytol (42, 43), very-small iron oxide nanoparticles (VSOPs) (44), as well as Gd-DTPA (Magnevist) (24, 45) are either measured or taken from the published literature. As shown in Fig. 2, at 1.5 T, which is the field strength of most clinical MRI scanners, ZES-SPIONs with a 3-nm



**Fig. 3.** (A) Schematic of mouse biodistribution study using <sup>59</sup>Fe-labeled ZES-SPIONs, and (B) the percentages of <sup>59</sup>Fe-labeled ZES-SPIONs that stay in urine, blood, and organs, compared with the total amount of <sup>59</sup>Fe-labeled ZES-SPIONs injected (GIT, gastrointestinal tract). After 24 h following injection, 12.5 ± 0.7% of the injected <sup>59</sup>Fe-labeled ZES-SPIONs remained in the liver. The combination of blood, spleen, kidney, lung, gastrointestinal tract, heart, carcass, and tail had less than 25% of the injected <sup>59</sup>Fe-labeled ZES-SPIONs.





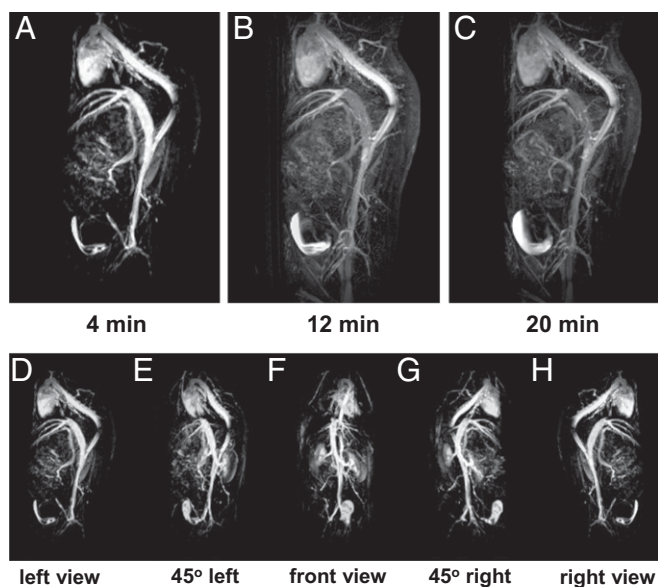
**Fig. 4.** (A–E)  $T_1$ -weighted MR images of a mouse injected with ZDS-coated exceedingly small SPIONs (ZES-SPIONs) at 7 T. Time points underneath each image: the time after ZES-SPIONs injection: (A–E) one sagittal slice showing the heart (red arrow), the vena cava (green arrow), and the bladder (yellow arrow), and (F–J) another sagittal slice showing the kidney (blue arrow); (K) urine samples from mice taken at different time points after injection showing renal clearance of ZES-SPIONs in vivo. Before the injection of ZES-SPIONs, the heart (red arrow), the vena cava (green arrow), and the bladder (yellow arrow) do not show appreciable positive contrast. After injection, the heart and the vena cava display high positive contrast immediately after injection. At 8 min after injection, the bladder displays some positive contrast, indicating an excretion of urine containing ZES-SPIONs. With the increase of time postinjection, Fig. 4 D and E shows that the positive contrast region of the bladder increases, suggesting an accumulation of urine with ZES-SPIONs.

inorganic core and a 4.7-nm HD have an  $r_1$  of  $5.2 \text{ s}^{-1} \cdot \text{mM}^{-1}$  and  $r_2$  of  $10.5 \text{ s}^{-1} \cdot \text{mM}^{-1}$ , leading to an  $r_2/r_1$  of 2.0, which is three times smaller than the  $r_2/r_1$  of the commercially available SPION-based ferumoxytol. The  $r_2/r_1$  of ZES-SPIONs is slightly lower and therefore slightly better than that of VSOP (44), a state-of-the-art SPION-based  $T_1$  contrast agent. The  $r_2/r_1$  of our ZES-SPIONs is more preferable than that of other SPION-based MRI contrast agents including Feraheme, Resovist, Feridex, Combidex, Supravist, Clariscan, and others (3, 8, 9, 21, 46, 47). Furthermore, as shown in Fig. 2, the  $r_2/r_1$  of ZES-SPIONs at 1.5 T is within a factor of 2 to that of gadolinium-based chelates (GBCAs) such as Gd-DTPA. Crucially, not only do our ZES-SPIONs show a more promising  $r_2/r_1$  than previous SPIONs, but they are also smaller and qualitatively different; unlike previous SPION-based  $T_1$  contrast agents, the HD of ZES-SPIONs falls below the effective, expected renal clearance cutoff (i.e., the glomerular filtering threshold) of  $\sim 5.5 \text{ nm}$  as detailed below (32). The HD of ZES-SPIONs is 4.7 nm, which is approximately two times smaller than the HD of VSOP, and approximately six times smaller than the HD of ferumoxytol, respectively (Fig. 2).

To assess the in vivo stability of our ZES-SPION formulation, we designed and performed a biodistribution experiment using  $^{59}\text{Fe}$  radioisotope-labeled ZES-SPIONs. As shown in Fig.

3A, ES-SPIONs were first labeled with  $^{59}\text{Fe}$  (48) and then ligand exchanged with ZDS. The resulting radioactive ZES-SPIONs were analyzed by gel filtration chromatography (GFC) equipped with a size exclusion column, which showed the simultaneous elution of high radioactivity and ZES-SPIONs, indicating the successful incorporation of  $^{59}\text{Fe}$ . The  $^{59}\text{Fe}$ -labeled ZES-SPIONs were i.v. injected into mice. After 4 and 24 h, the urine and feces were collected and separated, and the  $^{59}\text{Fe}$  concentration was measured by a radioactivity counter. As reported in Fig. 3B,  $65 \pm 1.4\%$  of the injected  $^{59}\text{Fe}$ -labeled ZES-SPIONs was renally cleared (most of it within 4 h). Organs and blood were collected 24 h postinjection, and the  $^{59}\text{Fe}$  activity was measured to determine the biodistribution. Fig. 3B shows that, 24 h after injection,  $13 \pm 0.70\%$  of the injected  $^{59}\text{Fe}$  remained in the liver. However, the combination of blood, spleen, kidney, lung, gastrointestinal tract, heart, and tail had around 12%. The remaining carcass had around 13% of the injected  $^{59}\text{Fe}$ . These results suggest that the majority of ZES-SPIONs are cleared through the renal route.

To further visualize renal clearance, our ZES-SPIONs were i.v. injected into mice and their urine was collected at different time points. Fig. 4K shows normal urine color before injection. At 30 min and 1.5 h postinjection, the urine becomes dark brown, which is characteristic of ZES-SPIONs elution. After 2.5 h postinjection,



**Fig. 5.** (A–C)  $T_1$ -weighted magnetic resonance angiography (MRA) of a mouse injected with ZES-coated exceedingly small SPIONs (ZES-SPIONs) at 7 T. The time points beneath each image are the time after injection of the ZES-SPIONs. (D–H) Five different perspectives of the MRA, which are extracted from the 3D scan, at the 4-min mark. A clear positive contrast of the heart and blood vessels are seen, and this positive contrast fades in time while the signal from the bladder increases, consistent with a renal excretion pathway.

the urine returns to its normal yellow color, indicating that the particle excretion happens mostly within the first 2.5 h, which is in agreement with the radioactive biodistribution data. Moreover, we performed relaxivity measurements on the ZES-SPIONs that were renally cleared (Table S2). The results show that the ZES-SPIONs in urine have an  $r_2/r_1$  of 1.9, very close to the  $r_2/r_1$  of ZES-SPIONs in PBS before injection. Together, these results indicate that ZES-SPIONs clear through the kidney efficiently as particles and their MR contrast power remains largely unchanged.

Next, we demonstrate the preclinical potential of our ZES-SPIONs as positive contrast agent for MR imaging (49, 50) in an animal model. We used a MRI scanner to image mice injected with ZES-SPIONs at a concentration of 0.2 mmol [Fe]/kg, comparable to the concentrations of GBCAs (~0.1–0.25 mmol [metal]/kg) administered in the clinic. The  $T_1$ -weighted MR images of one of the mice are shown in Fig. 4 and in Movies S1–S3. Fig. 4A shows a sagittal slice before the injection of ZES-SPIONs. Before injection the heart (red arrow), the vena cava (green arrow) and the bladder (yellow arrow) do not show appreciable positive contrast, as expected. Fig. 4B shows that the heart and the vena cava display strong positive contrast immediately after injection. Fig. 4C shows that, at 8 min after injection, the bladder displays some positive contrast, indicating an excretion of ZES-SPIONs. With the increase of time postinjection, Fig. 4D and E show that the positive contrast in the bladder increases, suggesting an accumulation of ZES-SPIONs (see Movies S1–S3 and Fig. S4 for additional rat and mouse MRI data).

Fig. 4F–J show a different sagittal slice at the same time points. Fig. 4F shows the absence of contrast before injection for the kidney (blue arrow). Immediately after injection, the kidney displays strong positive contrast enhancement. With increasing time postinjection, Fig. 4G–J demonstrates continuing positive contrast enhancement in the kidney (Fig. S5A). These results suggest that our ZES-SPIONs can clear through the kidney at a rate that is consistent with the timescales used in multiphase dynamic imaging. Previously reported SPIONs have all have

HDs that are larger than 5.5 nm, whereas the ZES-SPIONs here have a qualitatively smaller HD of 4.7 nm, which is smaller than the glomerular filtering threshold.

We further demonstrate the future preclinical potential of our ZES-SPIONs in  $T_1$ -weighted magnetic resonance angiography (MRA), an important clinical use of  $T_1$ -weighted contrast (51). Fig. 5A–C shows MRA of a mouse injected with ZES-SPIONs at different time points. Due to the strong  $T_1$  contrast and a circulation time that is sufficiently long, the blood vessels in this MRA study can be imaged with a spatial resolution of ~0.2 mm. Fig. 5A–C shows strong positive contrast of the heart and blood vessels, which fades in time while the signal from the bladder increases, again consistent with a renal excretion pathway. The application of ZES-SPIONs as a blood pool agent can be further described by comparing signal-to-noise ratios (SNRs) in the vascular system and the less perfused tissues. Fig. 5D–H shows different spatial perspectives of the MRA extracted from a three-dimensional (3D) scan (see Movies S4 and S5 for the full 3D scan). Here, contrast-to-noise ratio (CNR) between blood in the vena cava and muscle tissue increases from 4 (before injection) to 55 (after injection). The initial SNRs were 13 for blood and 9 for muscle, respectively; and after ZES-SPION administration, the SNRs were 65 and 10, respectively, showing a relative signal enhancement of fivefold in blood and essentially no pronounced signal enhancement in muscle. We note here also that the longer circulation times (the half-life in blood is ~19 min, which was measured by monitoring the  $T_2^*$  signal over time as shown in Fig. S5B) of ZES-SPIONs relative to the very rapid clearance of some Gd-based contrast agents such as Gd-DTPA (~2 min blood half-life) may provide an advantage in angiography. Moreover, the blood half-life of ZES-SPIONs is comparable to that of Gadofosveset [Ablavar; ~23 min (52)], a type of GBCA used for angiography. In addition, our future efforts will be geared toward the development of targeted formulations based on the presented ZES-SPIONs, such as by using thiol-maleimide conjugation strategies.

In summary, our results demonstrate that ZES-SPIONs have a small enough HD to show kidney clearance, and that their  $T_1$  contrast power is high enough that these particles can be used for MRA and conventional positive MRI contrast. This is an example of a class of Gd-free MRI contrast agents that could be used for MRA in a way that is similar to the GBCAs. Furthermore, unlike existing SPION-based MRI contrast agents, which exhibit prolonged contrast and a potential for iron overload, the pharmacokinetic properties of ZES-SPIONs are such that long-term contrast changes may be avoided, and the iron dose that remains in the body can be kept in a safe range. This material system can be the basis for developing positive Gd-free MRI contrast agents as alternatives to GBCAs in the clinic.

## Materials and Methods

Chemicals were obtained from Sigma-Aldrich and used as received unless specified. Air-sensitive materials were handled under dry nitrogen atmosphere with oxygen levels <0.2 ppm in an Omni-Lab VAC glove box. All solvents were purchased from EMD Biosciences and spectrophotometric grade. TEM images and energy-dispersive X-ray spectroscopy (EDX) of the SPIONs were obtained with a JEOL 200CX electron microscope operated at 120 kV and a JEOL 2010 electron microscope operated at 200 kV.  $\zeta$ -Potential measurements were performed on a Malvern Instruments Nano-ZS90. Magnetization measurements were performed on a Quantum Design MPMS-XL SQUID. Mice for urine study were acquired from Charles River Laboratories International, and they were housed in the Division of Comparative Medicine at Massachusetts Institute of Technology in an Association for Assessment and Accreditation of Laboratory Animal Care-accredited facility. All mice were studied in accordance with approved institutional protocols at Massachusetts Institute of Technology and University Medical Center Hamburg-Eppendorf. Mice and rats were anesthetized by either i.p. injection of ketamine and xylazine or inhalation of isoflurane and oxygen gas. Additional experimental details about synthesis, characterizations, relaxivity measurements, and MR imaging are provided in Supporting Information.



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