

# Chemistry at the protein-mineral interface in L-ferritin assists the assembly of a functional $(\mu^3$ -oxo)Tris[ $(\mu^2$ -peroxo)] triiron(III) cluster

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X-ray structures of homopolymeric L-ferritin obtained by freezing protein crystals at increasing exposure times to a ferrous solution showed the progressive formation of a triiron cluster on the inner cage surface of each subunit. After 60 min exposure, a fully assembled ( $\mu^3$ -oxo)Tris[( $\mu^2$ -peroxo)( $\mu^2$ -glutamato-κO:κO')](glutamatoκΟ)(diaquo)triiron(III) anionic cluster appears in human L-ferritin. Glu60, Glu61, and Glu64 provide the anchoring of the cluster to the protein cage. Glu57 shuttles incoming iron ions toward the cluster. We observed a similar metallocluster in horse spleen L-ferritin, indicating that it represents a common feature of mammalian L-ferritins. The structures suggest a mechanism for iron mineral formation at the protein interface. The functional significance of the observed patch of carboxylate side chains and resulting metallocluster for biomineralization emerges from the lower iron oxidation rate measured in the E60AE61AE64A variant of human L-ferritin, leading to the proposal that the observed metallocluster corresponds to the suggested, but yet unobserved, nucleation site of L-ferritin.

L-ferritin | metallocluster | nucleation site | biomineralization | X-ray

wenty-four-mer ferritins are ubiquitous iron-biomineralizing nanocage proteins. In mammals, they are generally heteropolymers composed by two different types of subunits, the heavy H and the light L (183 and 175 amino acids, respectively, in the human chains). The subunits self-assemble to form a hollow structure with a central cavity capable of accommodating thousands of iron atoms in the form of an oxoferric biomineral (1, 2) (Fig. 1A). The relative ratios of the two types of subunits in the 24-mers vary in different tissues; ferritins in iron storage organs, such as liver and spleen, are richer in L-subunits whereas those with fast iron metabolism, such as brain and heart, are richer in H-subunits (3). The H-subunit contains a ferroxidase center, composed by the so-called Fe1 and Fe2 sites, capable of rapidly oxidizing  $Fe^{2+}$  to  $Fe^{3+}$  (4, 5); a relatively low number of amino acid ligands characterize the two sites. In the human H-subunit, Glu62 acts as a bridging ligand between the two metals; the metal at Fe1 is also bound to His65 and monodentate Glu27 whereas the metal at Fe2 binds bidentate Glu107 (4). Accessory transient metal sites (Fe3, Fe4, and, in some cases, Fe5) have been identified by X-ray crystallography in the proximity of the ferroxidase site, and they have been demonstrated to play a key role in the reaction turnover (4, 6). L-subunits lack the ferroxidase site whereas a number of other residues are conserved with respect to the H-subunit (homology 53% between human L- and H-chains (Fig. 1B) (7). Consequently, iron incorporation in nanocages rich in L-subunits is much slower. Nevertheless, even homopolymeric L-ferritins are able to biomineralize iron. The proposed mechanism involves the presence of a putative nucleation site on the inner cage surface of L-subunits. In several studies, the role of residues Glu57, Glu60, Glu61, and Glu64 (human H-chain aligned numbering) (Fig. 1B) for an efficient biomineralization was inferred by site-directed mutagenesis or chemical modifications (8, 9). Nonphysiological metal ions like Cd<sup>2+</sup> have been observed bound to the corresponding glutamates of the above-mentioned human Glu residues in several mammalian L-ferritins (10-14) whereas the structure with iron of these homopolymeric L-ferritins has not yet been reported.

Here, we describe a structural study of iron binding to human and horse L-ferritins (HuLf and HoLf, respectively) where we observe the ferritin-mediated assembling of a trinuclear iron cluster on the inner surface of L-ferritin cages, with a scaffold provided by Glu60, Glu61, and Glu64 ligands. The presence of these residues facilitates the biomineralization process, as demonstrated by different kinetics of biomineral formation between recombinant WT homopolymeric HuLf and its triple variant E60AE61AE64A. All together, these results provide direct evidence of the glutamate-bound triiron cluster as the mineral nucleation site in L-ferritins. The cluster structure is unprecedented in biological systems although it shows striking structural similarities to a synthetic hexanuclear iron cluster proposed about 20 years ago as a possible model of a ferritin biomineral (15).

### Results

# Structural Studies on Iron-Free HuLf and HoLf: Overall Structures.

Crystals of iron-free HuLf were exposed to a concentrated ferrous ammonium sulfate (Mohr's salt) solution and frozen after 15, 30, and 60 min of diffusion of Fe<sup>2+</sup> ions into the crystals. The same experimental approach was used to characterize the iron-loaded state of HoLf ferritin. The structures of HuLf and HoLf before iron exposure were determined as reference structures. They

## **Significance**

Iron is an essential element in biology but has limited bio-availability. Ferritins are 24-mer iron-storage nanocage proteins that concentrate iron in their inner compartment as a bioavailable iron oxide biomineral. In L-type subunits, abundant in ferritins from organs involved in long-term iron storage, the biomineralization has been proposed to proceed through nucleation events involving iron(II) oxidation at the inner cage surface. Here, we demonstrate the nature and structural features of these nucleation sites. Structures captured during iron uptake show that the formation of the iron biomineral proceeds via the assembly of a tri-nuclear iron cluster, anchored to the protein through glutamic acid side chains, and involving oxo and peroxo ligands that are produced during the iron(II) oxidation by dioxygen.

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Data deposition: The atomic coordinates and structure factors have been deposited in the Protein Data Bank, www.pdb.org (PDB ID codes 5LG8 and 5LG2 for Hulf and Holf, respectively).

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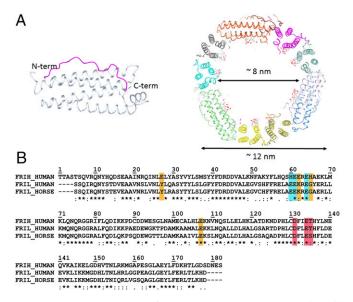


Fig. 1. Ferritin main structural features and sequence alignment. (A Left) Schematic representation of the four-helix bundle subunit: Helices III and I are solvent-exposed and linked by a long loop (magenta); helices II and IV locate on the inner cage surface; a fifth short helix at the C terminus is tilted 60° with respect to the bundle axis. (Right) Section of the human L-ferritin (HuLf) cage. The trinuclear iron clusters sprout into the 8-nm cavity, surrounded by the protein shell of 12 nm external diameter. (B) Alignment of amino acid sequences of human H-ferritin (HuHf), HuLf, and horse spleen L-ferritin (HoLf) (FRIH\_HUMAN, FRIL\_HUMAN, and FRIL\_HORSE, respectively), performed by Clustal Omega. All sequences are depleted of the initiator methionine. Shown in cyan are the residues binding the metal cluster in L-ferritin; in orange, the iron-binding amino acids in the ferroxidase site of the catalytically active H-subunit and the corresponding amino acids in the L-chains of HuLf and HoLf (both lacking the ferroxidase site); and, in magenta, the amino acids in the conserved pore responsible for iron entry.

show the typical quaternary structure of maxi-ferritins, consisting of the 24-subunit assembly to form a hollow cage. The asymmetric unit in both structures contains a single protein chain, representing the spatial and time average of all of the molecular subunits found in the crystals. Each ferritin subunit shows the characteristic four-helix bundle tertiary structure completed by a fifth helix (Fig. 1A) (13, 16). The protein models are almost complete, with the exception of the two initial and the three final residues of HoLf and the two starting residues in the HuLf sequence. The structure of the purified horse spleen ferritin is that of an L-chain homopolymer.

Several cadmium ions have been observed bound to both ironfree HuLf and HoLf, in the threefold axis channel, on the twofold axis, and on the internal surface of the protein shell, but none on the fourfold axis channel (*SI Channels and Metal Ions Binding Sites*) (17, 18). In the iron-free structures of both L-type ferritins, two Cd<sup>2+</sup> ions are coordinated by Glu57 and Glu60, and by Glu61 and Glu64, respectively.

L-Ferritin Subunits Provide the Scaffold for a Trinuclear Peroxo-Bridged Cluster. Despite several structures of HuLf and HoLf, ferritins have been determined in complex with different metal ions (13, 16, 19), and no structural observation of iron binding to the mineralization site has been reported in the literature, the only iron(III) ion reported in HoLf being bound to an exogenous ligand (20). To the goal of obtaining insights into the ferritin biomineralization process, we have obtained the crystal structures of the iron-loaded HuLf and HoLf cages. Besides observing the expected iron ions in the access threefold channels (SI Channels and Metal Ions Binding Sites), we could monitor iron binding inside the cavity. Iron binding to the inner cage surface

was achieved with the involvement of the carboxylic side chains of three glutamic acids: namely Glu60, Glu61, and Glu64 in HuLf and the corresponding residues in HoLf (Figs. 2 and 3). Three iron ions are coordinated to the above carboxylate side chains, generating an oxo-centered trinuclear cluster (Fig. 2). The anomalous difference maps show that the triiron cluster is formed at 30 min of iron exposure (the 15-min structure does not show any iron atom bound), but the best defined ligand set of the iron ions appears in the structures obtained after 60 min (Fig. 3). Fourier difference maps of both HuLf and HoLf show the presence of an atom in the middle of the iron cluster that has been interpreted as an oxide anion forming a  $\mu^3$ -oxo bridge (Fig. 3 B and D and SI Structural Features of the Metal Cluster). In the 60-min structure of HuLf (1.98 Å resolution), the oxide anion is located almost centrally in the plane formed by the three iron ions, with coordination distances in the 1.8- to 2.0-Å range, all identical at  $2\sigma$  significance level (Figs. 2 and 3B and Table S1). The coordination displayed by the iron ions in the cluster is a distorted octahedral geometry. The carboxylate groups of Glu60, Glu61, and Glu64 symmetrically bridge the three iron couples (Fig. 2) on the same side of the cluster. On the opposite side, each pair of iron ions is connected by an elongated electron density compatible with a diatomic molecule. The observed densities have been interpreted as being due to three peroxide anions generating a second series of bridges (Fig. 3B). The arrangement of the three carboxylates, the three iron ions, and the three peroxides follows an almost regular threefold symmetry centered on the oxide anion. A sixth ligand is present in the basal plane of each iron ion: a water molecule for Fe1 and Fe2, and an oxygen from the carboxylate group of Glu57 (monodentate) for Fe3. Glu57 bridges a nearby fourth iron aqua-ion present at lower occupancy (about 50%). A likely explanation of the described arrangement of the iron ions in this site is that we have detected a  $(\mu^3$ -oxo)Tris[ $(\mu^2$ peroxo)( $\mu^2$ -glutamato-κO:κO')](glutamato-κO)(diaquo)triiron(III) anion. Remarkably, the L-ferritin cluster shows the same structure of the analogous portion present in a synthetic hexanuclear iron(III) cluster reported as a model of the ferritin mineral core (a detailed structural comparison is reported in SI Structural Features of the Metal Cluster and Table S1) (15). The striking similarity to that model compound supports the presence of iron ions in the ferric state resulting in an overall trinegative charge of the assembly in HuLf, which can provide the driving force to attract new iron(II) ions to promote oxidation and biomineralization, as exemplified by the observed fourth iron ion approaching the cluster via Glu57.

The similarity between the trinuclear iron cluster in L-ferritin and the above model extends also to spectroscopic properties. The UV-vis spectrum of the model compound is characterized by the absence of any spectral feature between 500 and 800 nm and the presence of poorly defined shoulders (at 408, 456, and 534 nm) superimposed on a broad underlying tail (15). In HuLf, a broad shoulder at 490 nm is present that forms in the crystals after soaking times corresponding to those of the formation of the trinuclear cluster observed by us in crystal structures of HuLf and HoLf (Fig. S1). Such a feature is absent in the spectra of HuHf crystals exposed to Fe<sup>2+</sup> for the same time.

The comparison with the iron-free HuLf structure reveals that the formation of the oxo-centered trinuclear iron cluster occurs without modification of the protein fold, but with a rearrangement of the glutamate side chains involved in iron coordination. The Cd<sup>2+</sup> ions present in the same site in the iron-free structure are displaced by iron. Upon formation of the iron cluster, the carboxylate of Glu57 shifts by ~2.5 Å (and rotates on the  $\beta$ -carbon by 60°) whereas the carboxylate of Glu60 moves by about 1.3 Å (and rotates on the  $\gamma$ -carbon by 50°). The formation of the cluster induces also the rearrangement of the side chains of several surrounding residues. In particular, the hydrophilic side chains of Arg68 and Glu140 contribute to stabilize the cluster through the

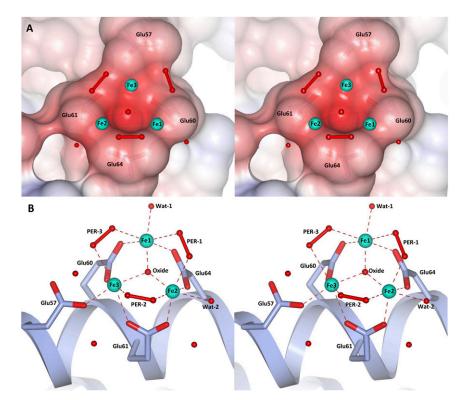


Fig. 2. Different stereoviews of the trinuclear iron binding site in HuLf. (A) Electrostatic surface representation of the trinuclear cluster binding site. Iron ions and water molecules are represented as cyan and red spheres, respectively. Peroxide molecules are shown as red ball-and-stick models. (B) Structure of the oxo-centered trinuclear iron cluster. Coordinating glutamates are highlighted as sticks. Iron ions, water, and peroxide molecules are represented as in A. Coordination bonds to iron ions are shown as dashed red lines; coordination distances and angles are reported in Table S1. Two different orientations are proposed in A and B to better appreciate the structural features of the protein site and metal cluster.

formation of a network of water-mediated interactions involving Glu61 and the water molecule indicated as WatL in Fig. S2. The structures of HoLf exposed to an iron salt solution for the same time intervals confirmed the formation of the oxo-centered trinuclear iron cluster in the mineralization site of L-type ferritins (Fig. 3 C and D and Table S1). Only two peroxide anions can be modeled bridging the Fe1-Fe2 and Fe2-Fe3 couples (Fig. 3D). No density is present in the omit map in correspondence to the third peroxide observed in HuLf. Only an elongated maximum is found close to Fe1 and incoming Fe4 that has been interpreted as a water molecule. The lower resolution of this structure (2.22 Å) does not provide a satisfying modeling of all aqua-ligands that should complete the iron coordination in the cluster. However, the arrangement of the three iron ions in the cluster and of the incoming fourth iron ion, at lower occupancy, is almost superimposable with that present in HuLf (Fig. 3 A and C), which confirms that the formation of such clusters is a general feature of L-subunits and suggests its functional relevance.

Assessing the Functional Relevance of the Trinuclear Iron Cluster. The crystal structure indicates the key role of Glu60, Glu61, and Glu64 to act as template for the formation of the cluster. Our functional working hypothesis was that substituting these negatively charged glutamate residues with nonpolar alanine could alter the biomineralization process. To prove the functional role of the residues linking the triiron cluster to the protein matrix, we designed and produced the triple mutant E60AE61AE64A. The protein yield was 30 mg/L, meaning that these multiple mutations did not affect the expression efficiency. Moreover, the typical quaternary structure was maintained as demonstrated in size exclusion chromatography experiments (Fig. S3). A comparative kinetic analysis of the formation of ferric biomineral between WT HuLf and its variant E60AE61AE64A was performed

spectrophotometrically. Spectral changes of A<sub>350nm</sub> (Materials and Methods) were monitored over time, following the addition to protein solutions of different numbers of Fe<sup>2+</sup> ions (3 to 18 Fe<sup>2+</sup> per subunit) in 200 mM 3-(N-morpholino)propanesulfonic acid (MOPS), 200 mM NaCl, pH 7 (Fig. 4). The same measurements were repeated also in the absence of the protein to observe the contribution of spontaneous ferrous ion oxidation. In the absence of ferritin, precipitation of iron-oxo species was clearly observed through a decrease of the A<sub>350nm</sub>; the effect was stronger at higher concentrations of  $Fe^{2+}$  (Fig. 4 C and D, blue curves). Differently, in the presence of HuLf, either WT or E60AE61AE64A variant, the iron was maintained in a soluble form, and the A<sub>350nm</sub> reached a plateau at incubation times that were dependent upon the number of added Fe<sup>2+</sup> equivalents (Fig. 4, red and green curves). The initial velocity of Fe<sup>2+</sup> oxidation was more rapid in the presence of WT HuLf with respect to the E60AE61AE64A variant, thus demonstrating a direct role of the mutated residues in the iron oxidation kinetics and therefore attributing a functional significance to the trinuclear iron cluster that forms at their site. From the expansion of the initial reaction rate (center graphs in Fig. 4 A-D), the differences between the WT and the E60AE61AE64A variant cages are clearly visible, accounting for reductions of the initial reaction rates by 33%, 55%, 68%, and 70% at 3, 6, 9, and 18 Fe per subunit ratios, respectively. The behavior of the E60AE61AE64A variant was always closer to that of the iron oxidation in the absence of ferritin rather than to that of the WT L-ferritin.

## Discussion

It is generally accepted that, in ferritin cages lacking ferroxidaseactive subunits, the core biomineral formation proceeds via a few key steps. The iron entry into the cage cavity proceeds through

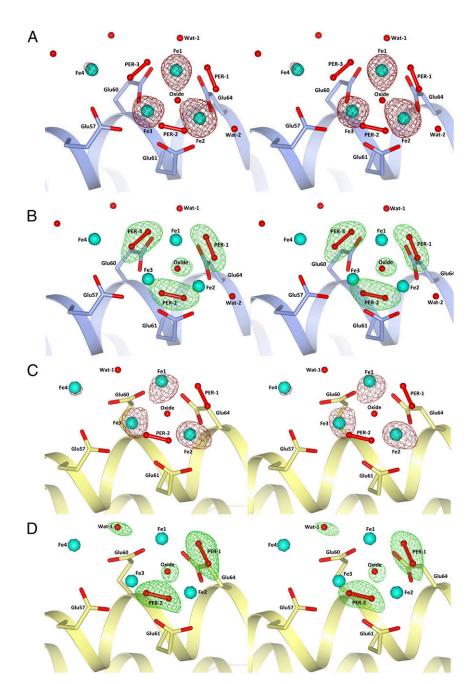


Fig. 3. Stereoviews of the iron cluster in HuLf and HoLf. (A) Iron ions (cyan spheres) in HuLf are surrounded by the anomalous difference map (dark-red mesh) contoured at 4.0  $\sigma$ . (B) Omit map (green mesh) in HuLf contoured at 3.0  $\sigma$  of peroxide and oxide anions involved in iron coordination. In both HuLf pictures: light-blue schematic, helix II; light-blue sticks, residues involved in iron coordination. (C) Iron ions (cyan spheres) in HoLf are surrounded by the anomalous difference map (dark-red mesh) contoured at 5.0  $\sigma$ . (D) Omit map (green mesh) in HoLf contoured at 3.0  $\sigma$  of peroxide and oxide anions and the water molecule involved in iron coordination. In both HoLf pictures: yellow schematic, helix II; yellow sticks, residues involved in iron coordination.

the iron channels at the threefold symmetry axes (Fig. 5) and is followed by oxidation at specific, yet unobserved, nucleation sites that facilitate the subsequent growth of the mineral (2, 4, 21, 22). Using X-ray crystallography, we detected iron bound at inner cage sites of L-subunits of recombinant homopolymeric human ferritin in the form of  $(\mu^3$ -oxo)Tris[ $(\mu^2$ -peroxo)( $\mu^2$ -glutamato- $\kappa O$ : $\kappa O$ ')](glutamato- $\kappa O$ )(diaquo)triiron(III) anion; a very similar arrangement was here observed in HoLf. The protein ligands to iron are provided by Glu60, Glu61 and Glu64 whereas Glu57 seems to be involved in shuttling additional iron ions toward the cluster. The peroxo cluster was fully formed in HuLf after 60 min of Fe<sup>2+</sup> diffusion through the crystals whereas, in the lower

resolution structure of HoLf at the same diffusion time, only two fully formed peroxide bridges could be modeled. The functional role to the observed trinuclear iron cluster emerged from the comparative kinetic analysis of the ferritin-mediated iron oxidation reaction of WT and E60AE61AE64A variant HuLf cages. The three mutated residues had a clear role in accelerating the oxidation reaction at low iron contents. These results allowed us to propose the three iron-carboxylate cluster as the site for the iron mineral nucleation site in L-ferritins. Indeed, the observed metallocluster seems to be a general characteristic of animal L-type ferritins because it is found also in HoLf crystals. The chemical features of the observed triiron cluster partially confirm

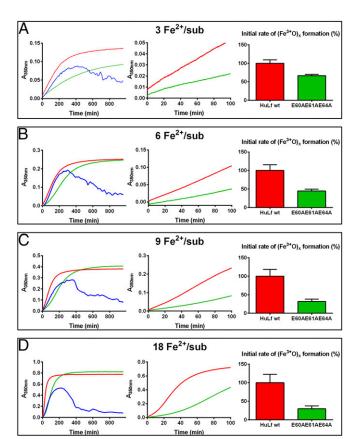


Fig. 4. Kinetic measurements in WT and E60AE61AE64A HuLf variant. Kinetics of oxo-ferric species formation followed spectrophotometrically as the change in absorbance at 350 nm over 16 h (960 min). Different concentrations of Fe<sup>2+</sup> were incubated, at room temperature, in 200 mM MOPS, 200 mM NaCl, pH 7 buffer with 25  $\mu M$  protein subunits of WT HuLf (red curves) and triple mutant E60AE61AE64A (green curves) or without protein (blank, blue curves). Panels reflect addition of (A) 3 Fe2+ ions per subunit, (B) 6 Fe2+ ions per subunit, (C) 9 Fe<sup>2+</sup> ions per subunit, (D) 18 Fe<sup>2+</sup> ions per subunit. In the left graphs, the curves were recorded over 960 min, and the expansion of the curves during the first 100 min are provided in the central graphs, to highlight the differences between WT and triple mutant E60AE61AE64A. The bar plots of the right graphs provide the percent reduction in ferric-oxo species formation rate in the triple mutant with respect to the 100% rate assumed for the WT; rates were calculated from the linear fitting of the first 30 min (3 to 9 Fe<sup>2+</sup> per subunit) and 15 min (18 Fe<sup>2+</sup> per subunit).

previous proposals about the nature of biomineral precursors. The observed L-ferritin trinuclear cluster can be considered as a portion of the hexanuclear synthetic cluster discussed in *Results*, which was proposed to represent a ferritin biomineral model (15). Other authors have suggested that an oxo-centered trinuclear iron cluster, which forms spontaneously on the surface of class Ib ribonucleotide reductase R2 protein from Corynebacterium ammoniagenes in crystals subjected to iron soaking, could mimic an early stage in the mineralization of iron in ferritins (23). In this case, however, the bridging ligands were provided by six carboxylates whereas no peroxide anions were detected (23).

In analogy with the ribonucleotide reductase case, in L-ferritins, the presence of three adjacent Glu residues at positions 60, 61, and 64 is perfectly suited to provide cooperative binding of iron in a trinuclear center. In H-type subunits, like human H-ferritin (HuHf), this ideal arrangement of carboxylate side chains is disrupted by replacement of Glu60 with a His, with the concomitant increase in the conformational freedom of the Glu61 side chain (6). Also, Glu57 is replaced by His in HuHf (Fig. 1B). Consistently, the biomineralization reaction in H-ferritin cages does not require a nucleation site (24, 25), and His57 and Glu61 are involved in controlling the access of ferrous ions to the ferroxidase site (6); the reaction at the ferroxidase site is much faster than in L-subunits, with time scales for the iron oxidation in homopolvmeric H-cages of <1 s. Even with a low number of H-subunits (1 to 2 per cage), the reaction rate is dominated by the catalytic oxidation of iron occurring at the ferroxidase sites. The formation of ferric clusters of high nuclearity in ferroxidase-active (H or H') subunits has been inferred from Mössbauer data (26–28) and NMR data (29, 30), but these clusters have never been detected by time-lapse anomalous crystallography approaches. This observation supports the occurrence of a different iron mineralization process in ferroxidase-active subunits, leading to spatially disordered clusters that escape detection by X-ray crystallography. The observed peroxide ligands in the L-ferritin cluster might result from the initial oxidation of ferrous iron bound to the nucleation site and by the excess reductant ( $Fe^{2+}$ ) present in solution (31). The formation of a peroxide-complex in L-ferritins supports a mechanism for the mineral growth in the absence of the ferroxidase catalytic site, where the reaction between glutamate-bound Fe<sup>2+</sup> and dioxygen provides the Feperoxide anionic catalyst able to attract and oxidize incoming Fe<sup>2+</sup> aqua-ions. This mechanism is consistent with the previous proposal (31) that, at iron load up to 500 Fe per cage, hydrogen peroxide is involved in iron oxidation whereas, at higher Fe/ protein ratios, the core biomineralization occurs via iron deposition directly on the biomineral surface (crystal growth model). The peroxide-driven reaction could be relevant in the context of the proposed ferritin-mediated detoxification reaction involving both Fe(II) and H<sub>2</sub>O<sub>2</sub> (31). In vivo, this reaction is important to attenuate harmful Fenton chemistry under conditions of iron overload. In vitro, it becomes the dominant one due to the lack of the protective role exerted by catalase, which could disproportionate H<sub>2</sub>O<sub>2</sub> produced upon iron oxidation. Timelapse crystallography shows here once more (4, 6, 32) its merit in capturing reaction intermediates within ferritin cages, thus leading to the identification of functional iron-binding sites and to a dynamic picture of their population by iron ions.

### **Materials and Methods**

Protein Preparation. The plasmid encoding WT HuLf (33) was transformed into Escherichia coli BL21(DE3)-pLysS-competent cells. The protein was expressed and purified following a homemade protocol developed for HuHf (34) with some modifications [17 °C with 0.2 mM isopropyl  $\beta$ -D-1-thiogalactopyranoside (IPTG) for 48 h in rich medium Luria Bertani (LB)]. The subunit mass was analyzed by MALDI mass spectrometry. The retention volume obtained in the size exclusion chromatography demonstrated the 24-mer formation (Fig. S3). The E60AE61AE64A HuLf variant was expressed and purified as for WT; mutations were verified by MALDI peptide fingerprint analysis.

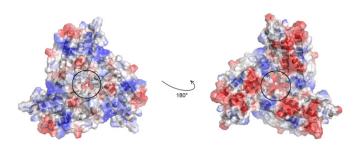


Fig. 5. The properties of the threefold ion channel in ferritin. Electrostatic surface representation of a trimer of L-ferritin subunits where three monomers (gray schematic) come in contact generating a threefold channel responsible for iron entry. The external (Left) and the internal (Right) views of the pore circled with black lines show the negatively charged environment, due to the presence of conserved Asp131, Glu134, and Thr135 side chain residues. In HoLf, in position 135, there is a Ser, which is highly similar to Thr.

HoLf samples were obtained by purification of the commercially available protein.

Details on proteins' preparation, purification, initial characterization, and mineralization are provided in *SI Materials and Methods*.

**UV-Vis Measurements.** The rate of the biomineralization reaction in solution was determined spectrophotometrically upon addition of variable numbers of Fe<sup>2+</sup> (3 to 18 Fe<sup>2+</sup> per subunit). The characteristic absorbance at 490 nm was measured in HuLf crystals. Experimental details are provided in *SI Materials and Methods*.

**Crystallography.** A series of L-ferritin structures were determined by soaking HuLF and HoLf ferritin crystals with a freshly prepared  $[(NH_4)_2Fe(SO_4)_2]^46H_2O$  solution for exposure times of 15 to 60 min, followed by flash freezing in liquid nitrogen. The procedure, detailed in *SI Materials and Methods*, follows with some modifications an established protocol that already allowed us to characterize iron oxidation in the ferroxidase site of human H- and

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Rana catesbeiana H'-type ferritins (4, 6). Data collection, structure solution, and refinement procedures are given in *SI Materials and Methods* and in Tables S2 and S3. The final coordinates and structure factors for 60-min iron-loaded HuLf and HoLf have been deposited in the Protein Data Bank under the accession codes 5LG8 and 5LG2, respectively.

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