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Pathogenesis of abdominal pain in bowel obstruction: Role of mechanical stress-induced upregulation of nerve growth factor in gut smooth muscle cells

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Abstract

Abdominal pain is one of the major symptoms in bowel obstruction (BO); its cellular mechanisms remain incompletely understood. We tested the hypothesis that mechanical stress in obstruction upregulates expression of nociception mediator nerve growth factor (NGF) in gut smooth muscle cells (SMC), and NGF sensitizes primary sensory nerve to contribute to pain in BO. Partial colon obstruction was induced with a silicon band implanted in the distal bowel of Sprague-Dawley rats. Colon-projecting sensory neurons in the dorsal root ganglia (DRG, T13 to L2) were identified for patch clamp and gene expression studies. Referred visceral sensitivity was assessed by measuring withdrawal response to stimulation by von Frey filaments (VFF) in the lower abdomen. Membrane excitability of colon-projecting DRG neurons was significantly enhanced, and the withdrawal response to VFF stimulation markedly increased in BO rats. The expression of NGF mRNA and protein was increased in a time-dependent manner (day 1 to day 7) in colonic SMC, but not in mucosa/submucosa of the obstructed colon. Mechanical stretch *in vitro* caused robust NGF mRNA and protein expression in colonic SMC. Treatment with anti-NGF antibody attenuated colon neuron hyper-excitability and referred hypersensitivity in BO rats. Obstruction led to significant increases of tetrodotoxin-resistant (TTX-r) Na⁺ currents and mRNA expression of Na_v1.8, but not Na_v1.6 and Na_v1.7 in colon neurons; these changes were abolished by anti-NGF treatment. In conclusion, mechanical stress-induced upregulation of NGF in colon SMC underlies the visceral hypersensitivity in BO through increased gene expression and activity of TTX-resistant Na⁺ channels in sensory neurons.

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Conflict of Interest

The authors report no conflict of interest.

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Keywords

Lumen distension; Visceral sensitivity; Mechano-transcription; Dorsal root ganglia; Sensory neurons

INTRODUCTION

Obstructive bowel disorders (OBD) are characterized by lumen distention due to mechanical or functional obstruction in the gut. OBD represent a significant health challenge in adults and children [32, 45]. Mechanical bowel obstruction (BO) is one of the most common causes of acute abdomen [29, 32, 45], and accounts for 300,900 hospital admissions per year in the US alone; the aggregate cost for hospital stay is more than \$2.7 billion annually, topping all other gastrointestinal (GI) conditions [29]. Abdominal pain and motility dysfunction are the main complaints in BO [33, 36, 42]. While surgical resolution is the treatment of choice for many patients with mechanical BO, about 43% of patients receive non-surgical conservative management [10, 46]. Abdominal pain is a major focus in conservative management, especially among those with inoperable or malignant obstruction [18, 34, 35]. Mechanical BO occurs in up to 25% of patients with colon cancer and 42% with ovarian cancer [33, 35]. High dose opioids are the primary analgesic treatment for BO-associated pain in such cases [18, 33–35]. However, opioids are known to further cause opioid-induced bowel dysfunction, i.e. constipation and narcotic bowel syndrome [14, 19]. In addition, distention-associated abdominal pain and discomfort are major symptoms in chronic functional obstruction, such as intestinal pseudo-obstruction and Hirschsprung's disease [8, 16, 30]. The mechanisms of distention-associated abdominal pain in mechanical and functional obstructions remain unknown, and no specific analgesics are available to target distention-associated pain.

Visceral sensitization is a well-recognized contributor to abdominal pain [1, 3, 12, 28]. The nerve endings of primary afferent neurons sense chemical and mechanical stimuli in the gut [5, 44] and transduce the signals to the neuronal cell body located in dorsal root ganglia (DRG), which relays the signals to the second order neurons in the spinal cord to initiate central processing of sensory information for perception [1, 3, 11, 12]. Several peripheral mediators including neurotrophins (NT), such as nerve growth factor (NGF) and brain derived neurotrophic factor (BDNF), may sensitize afferent neurons [9, 31, 52]. This mechanism of peripheral sensitization is critical to the development of abdominal pain [1, 3, 9, 11, 31, 52]. Recent studies found that the firing threshold of colon-projecting afferent neurons and the pain threshold to abdominal stimulation were decreased in colon obstruction mice [17]. These data suggest that visceral sensitivity is increased in BO. However, what accounts for the increased visceral sensitivity in obstruction remains largely unknown.

Mechanical distention is a cardinal feature in OBD [32, 36, 42, 45]. Mechanical stress was found to increase NGF expression in vascular smooth muscle cells (SMC) *in vitro* [7]. We tested a hypothesis in the present study that lumen distention associated mechanical stress induces gene expression (mechano-transcription) [22, 25, 27, 39, 50] of NGF in colonic SMC, and that mechanical stress-induced NGF from SMC sensitizes afferent neurons and

contributes to abdominal pain in OBD. We found that NGF expression in colonic smooth muscle was significantly up-regulated by mechanical stress in distended colon segment in a rat model of bowel obstruction and in the primary culture of rat colonic SMC *in vitro*. Peripheral treatment with anti-NGF antibody by intra-peritoneal injections attenuated visceral hypersensitivity in BO. We further investigated the cellular mechanisms of hypersensitivity in the colon-projecting DRG neurons in obstruction.

METHODS

Rat model of bowel obstruction

Sprague-Dawley male rats weighing 200–275 g, aged between 8 to 9 weeks, were purchased from Harlan Sprague Dawley (Indianapolis, IN). The rats were housed in a controlled environment (22°C, 12-h light-dark cycle) and allowed food and water *ad libitum*. The Institutional Animal Care and Use Committee (IACUC) at the University of Texas Medical Branch (UTMB) at Galveston approved all procedures performed on the animals.

The rat model of partial colon obstruction was prepared by following procedures described previously [22, 25, 39]. In brief, rats were anesthetized with 2% isoflurane inhalation by an E-Z Anesthesia vaporizer (Palmer, PA). After midline laparotomy, a distal colon segment 4 cm proximal to the end of colon was carefully exposed. A small mesenteric opening ($5 \times 5 \text{ mm}^2$) was made next to the exposed colon segment. A 3-mm wide medical grade silicon ring was placed around the colon wall through the small mesenteric opening. The size of the silicon ring (21 mm in length) was ~1–2 mm greater than the outer circumference of the colon when the colon segment was filled with fecal pellets, allowing partial obstruction. The procedure to implement the silicon ring was completed within 2 min. The sham control rats underwent the same surgical procedure except that the ring was removed immediately after the 2-min procedure. Rats were euthanized at different time points up to 7 days following partial obstruction. A 3-cm-long colon segment starting at 1 cm oral to the site of obstruction was collected as distended tissue, and a 2-cm-long colon segment starting at 0.5 cm aboral to the obstruction was taken as non-distended internal control. These tissues were used for histological, biochemical, and molecular studies.

In a separate experiment *in vivo*, anti-NGF antibody (20 $\mu\text{g}/\text{kg}$, i.p. daily) [9, 49] was administered to sham and BO rats starting on day 1. Rats were euthanized on day 7. Colon tissue and DRGs were isolated for further molecular and electrophysiological studies.

Colon tissue collection

The colon segments oral and aboral to the obstruction site were collected in fresh carbogenated Krebs buffer (in mmol/l: 118 NaCl, 4.7 KCl, 2.5 CaCl₂, 1 NaH₂PO₄, 1.2 MgCl₂, 11 D-glucose, and 25 NaHCO₃). The segments were cleansed, opened along the mesenteric border, and pinned flat in a petri dish with Sylgard base. The mucosal/submucosal (M/SM) and muscularis externa (ME) layers were separated by microdissection as described previously [22–27, 39, 50].

Collection of conditioned media and ex vivo study

To determine if stretch-induced mediators in colonic smooth muscle lead to the increase of afferent neuron excitability in BO, we developed an *ex vivo* study protocol as described previously [26] with modifications. In brief, muscle strips of 20 mg were isolated from the colon segment oral and aboral to BO (day 3), and from the sham controls. The strips were incubated in 1 mL of DMEM (+1% FBS) for 24 h, and the conditioned media were collected. Normal colon projecting DRG neurons were isolated from T13-L2 of naïve rats, and cultured for 24 h in DMEM(+1% FBS) in 1:2 dilution with the conditioned media in the presence of NGF neutralizing antibody (0.2 µg/mL) or control IgG, respectively. We then carried out patch clamp recordings of the cultured neurons to determine neuron cell excitability.

Primary culture of RCCSMC and in vitro stretch of RCCSMC in culture

Rat colonic circular SMCs (RCCSMC) were isolated as described previously [22, 38–41]. In brief, the circular muscle tissue pieces in $0.5 \times 0.5 \text{ cm}^2$ size were incubated in sterile HEPES buffer (in mmol/l: 120 NaCl, 2.6 KH_2SO_4 , 4 KCl, 2 CaCl_2 , 0.6 MgCl_2 , 25 HEPES, 14 glucose, and 2.1% essential amino acid mixture, pH 7.4) with 1.5 mg/ml collagenase (type II, 319 U/mg; Worthington, Freehold, NJ) and 1.0 mg/ml soybean trypsin inhibitor (Sigma-Aldrich) for 45 min at 31°C. At the end of digestion, tissue pieces were incubated in fresh buffer without digestion enzymes. The spontaneously dispersed cells were collected and cultured in DMEM supplemented with 10% fetal bovine serum in the presence of 100 U/ml of penicillin G, 100 µg/ml streptomycin sulfate, and 0.25 µg/ml amphotericin B (Invitrogen). The culture medium was changed every 3 days. Immunofluorescence staining showed that more than 95% of the cultured cells stained positive for smooth muscle-specific α -actin [22, 38–41].

Primary culture of RCCSMC was allowed to grow for 8–10 days until it was confluent. The cells were then seeded at 8×10^4 cells/well in six-well BioFlex culture plates coated with type I collagen (Flexcell, Hillsborough, NC), grown to ~80% confluence, and then subjected to DMEM/1% FBS for 24 h prior to stretch. Cells were subjected to stretch via a FX-4000 Flexercell Tension Plus System (Flexcell). This computer-regulated bioreactor applies multiaxial strain to cultured cells [22, 39]. Through vacuum pressure, cultured cells are deformed on flexible membrane plates. To mimic tonic lumen distention as in BO, cells were subjected to static, rather than cyclic, stretch at 18% elongation in all the experiments of this study. Cells incubated in parallel under identical conditions but without exposure to stretch served as controls.

Measurement of referred visceral sensitivity

Direct assessment of visceral sensitivity by measuring visceromotor response (VMR) to colorectal distension with a balloon [6, 23, 47, 51] is not feasible during colon obstruction. As visceral pain has the unique feature that a painful sensation is found in a referred somatic region, we measured referred visceral sensitivity in our model with Von Frey filament (VFF) test as described elsewhere [11, 17]. Rats were shaved in the abdomen, and a $3 \times 3 \text{ cm}^2$ area of the lower abdomen along the midline was marked for VFF test. Rats were kept in a translucent cage (3.5 in \times 7.0 in \times 3.5 in) for 30 min for pre-test adaptation and during VFF

test. The Von Frey filaments for each of the forces (0.1, 0.2, 0.5, 1.0, 2.0, 4.0 and 8.0 g) were applied to the marked lower abdomen 10 times (each for 2 seconds at 10-second interval) in an ascending order of forces. Care was taken to avoid touching the midline of the abdomen where incision was made during laparotomy operation. The numbers of withdrawal responses including sharp abdominal retraction, licking or scratching of the filament, or immediate movement or jumping were recorded.

Labeling of colon specific sensory neurons in DRG for patch clamp study and for mRNA detection

Colon specific neurons in DRG were labeled for patch-clamp recordings by injecting 1,1'-diiodyl-3,3,3',3'-tetramethylindocarbocyanine methanesulfonate (DiI, Invitrogen, Carlsbad, CA) into the colon wall as described previously [6, 23]. In brief, animals were anesthetized by 2% isoflurane with an E-Z anesthesia vaporizer. After a midline laparotomy, 5 μ l of DiI (50 mg/ml in methanol) was injected into the muscle layer of the gut wall at 6~8 sites of the colon segment (~4 cm in length) oral to obstruction in BO rats or the middle colon in sham controls. Animals were returned to normal housing until euthanasia for patch-clamp recordings 7~10 days after DiI injection.

To determine gene expression in colon specific neurons, cholera toxin B subunit (CTB, 40 μ g in 20 μ L PBS per rat) was injected to the colon wall (6 sites). After 7~10 days, rats were euthanized, and CTB-labeled colon specific DRG neurons were isolated by laser capture micro-dissection [6, 49]. The expression of mRNA for Na_v channels in these neurons were quantitated with real-time qPCR.

DRG neuron dispersion and patch-clamp study

DRG neurons from sham and obstruction rats were isolated as described previously [6, 23, 24, 48]. Briefly, rats were euthanized by decapitation. The spinal cord was removed and transferred to ice-cold, oxygenated fresh dissecting solution containing (in mmol/l) 130 NaCl, 5 KCl, 2 KH₂PO₄, 1.5 CaCl₂, 6 MgSO₄, 10 glucose, and 10 HEPES, pH 7.2 (osmolarity = 305 mosM). Thoracolumbar DRG (T13–L2) were obtained bilaterally. The ganglia were digested in dissecting solution containing collagenase D (~1.5 mg/ml; Roche, Indianapolis, IN) and trypsin (~1.2 mg/ml; Sigma, St. Louis, MO) at 34.5°C for 1.5 h. The samples were washed in enzyme-free solution and triturated repetitively with glass pipettes to obtain single cell suspension.

Cells were plated onto acid-cleaned glass coverslips and perfused with normal external solution containing (in mmol/L) 130 NaCl, 5 KCl, 2 KH₂PO₄, 2.5 CaCl₂, 1 MgCl₂, 10 HEPES, and 10 glucose, pH adjusted to 7.4 with NaOH (295–300 mOsM). Recording pipettes, pulled from borosilicate glass tubing, had resistance of 4–7 M Ω and filled with pipette solution containing (in mM): 100 KmeSO₃, 40 KCl, and 10 HEPES, pH 7.3 adjusted with KOH (290 mOsm). DiI-labeled small- to medium-sized DRG neurons (< 30 μ m in diameter) were accepted for analysis if they had a stable resting membrane potential (> –45 mV) and displayed overshooting action potentials. The small- to medium-sized neurons are involved in the transmission of nociception in rat colon [3, 5, 23]. Composition of the voltage-clamp solutions for isolating Na⁺ currents were (in mM): 55 NaCl, 80 Choline Cl, 1

CaCl₂, 1 MgCl₂, 0.1 CdCl₂, 10 HEPES, and 5 glucose, pH adjusted to 7.4 by using NaOH. The patch electrode was filled with the pipette solution containing (in mM): 110 CsCl, 1 MgCl₂, 11 EGTA, 10 NaCl, 10 glucose, and 10 HEPES (pH 7.3, adjusted with CsOH; 285–295 mOsm). DiI-labeled colon-specific DRG neurons (bright red) were identified by using a fluorescence microscope (Olympus, Tokyo, Japan) with a rhodamine filter (excitation 546 nm, barrier filter at 580 nm). Whole-cell current and voltage were recorded by a Dagan 3911 patch-clamp amplifier (Dagan, Minneapolis, MN) as described [6, 23]. Capacitive transients were corrected by using capacitive cancellation circuitry on the amplifier that yielded the whole-cell capacitance and access resistance. Up to 90% of the series resistance was compensated electronically. The currents were filtered at ~2–5 kHz and sampled at 50 or 100 μs per point. Data were acquired and stored on a Dell computer for later analysis by using pCLAMP 9.2 (Axon Instruments, Sunnyvale, CA).

Western blot

Colonic ME and M/S samples were homogenized on ice in lysis buffer supplemented with protease inhibitor cocktails (Sigma-Aldrich, St. Louis, MO) as described previously [32–36]. The compositions of lysis buffer are (in mmol/l) 20 Tris-HCl, pH 7.5, 150 NaCl, 1 EDTA, 1 ethylene glycol-bis(β-aminoethyl ether)-N,N,N',N'-tetraacetic acid, 2.5 sodium pyrophosphate, 1 β-glycerolphosphate, 1 Na₃VO₄, 1% Triton X-100, and 1 μg/ml leupeptin. After spinning at 12,000 g at 4°C for 15 min, the supernatant proteins were collected and resolved by a standard immunoblotting method [22–27, 39, 50]. Equal quantities (20 μg) of total protein were run on premade 4–12% Bis-Tris SDS-PAGE (Invitrogen, Carlsbad, CA). The primary antibody to NGF (1:200) was purchased from Santa Cruz (Santa Cruz, CA). β-actin antibody (1:5,000, Sigma) was used as loading control. The protein detection was performed using ODYSSEY Infrared Imaging System (LI-COR Biosciences, Lincoln, NE).

Immunohistochemistry study

Immunohistochemical staining of NGF protein was performed on formalin-fixed, paraffin-embedded colon segments (5–6 cm from the anus) isolated from rats in sham control and with obstruction, as described previously [39]. Sections at 4-μm thickness were blocked with 5% normal goat serum in PBS for 20 min at room temperature, and incubated with the rabbit anti-NGF antibody (1:200, Santa Cruz Biotech, CA) and a biotin-conjugated anti-rabbit secondary antibody (Vector Laboratories, Burlingame, CA). After being incubated with avidin-biotin complex (Vector kit, Vector Laboratories), the sections were stained in diaminobenzidine tetrahydrochloride with 0.03% hydrogen peroxide. As a negative control, sections of the same specimens were processed by the same method but omitting anti-NGF primary antibody.

Enzyme immunoassay of NGF

Rat colonic tissues (ME) were homogenized in cold PBS (in mmol/l 137 NaCl, 2.7 KCl, 10 Na₂HPO₄, KH₂PO₄, pH 7.4). NGF levels in the homogenates were measured with the NGF rat ELISA kit by following the manufacturer's protocols (Abcam, Cambridge, MA).

RNA preparation and quantitative RT-PCR

Total RNA was extracted from colon ME and M/SM tissues, and from CBT-labeled colon specific DRG neurons by using the Qiagen RNeasy kit (Qiagen, Valencia, CA). One microgram of total RNA was reverse-transcribed with the SuperScript III First-Strand Synthesis System (Invitrogen) for quantitative RT-PCR with the Applied Biosystems 7000 real-time PCR system (Foster City, CA) [22, 25, 27, 39, 50]. The assay IDs for TaqMan detection of rat NGF, Nav1.6, Nav1.7, Nav1.8, and Nav1.9 mRNAs are Rn01533872_m1, Rn00591020_m1, Rn00570506_m1, Rn00568393_m1, and Rn00570487_m1, respectively (Applied Biosystems). For relative quantification of mRNA expression, real-time qPCR was performed with 40 ng of cDNA for the target gene and for the endogenous control 18S rRNA (Part no. 4352930E, Applied Biosystems).

Statistical analysis

All data points are expressed as means \pm SEM. Statistical analysis was performed by analysis of variance with nonrepeated measures (by Student-Newman-Keuls test) for comparisons of multiple groups and Student's t-test for comparisons of two groups. A *P* value of 0.05 was considered statistically significant.

RESULTS

1) Colon projecting DRG neurons are sensitized in BO

To determine if afferent sensory nerves are sensitized in our model of partial colon obstruction, we recorded the electrophysiological properties of colon projecting DRG neurons (colon neurons, $< 30 \mu\text{m}$ in diameter) of T13 to L2 segment by patch clamp [6, 23, 51]. We found that cell excitability of the colon neurons was significantly augmented in BO on day 3 ($n = 5/26$, number of animals/number of neurons) and day 7 ($n = 5/31$), compared to sham controls ($n = 11/51$) (Fig. 1, Table 1). As shown in Fig. 1, both the resting membrane potential (RP) and rheobase were significantly decreased in BO at days 3 and 7 (both $P < 0.05$ vs. sham for RP and rheobase). The numbers of action potentials (AP) evoked by $3\times$ rheobase stimulation (for 0.3 s) were $2.1(\pm 0.25)$ and $3.8(\pm 0.32)$ -fold greater in BO (days 3 and 7, respectively) than in sham rats (for both, $P < 0.05$ vs. sham). The numbers of AP evoked by $2\times$ rheobase stimulation for 0.3 s were also increased in BO (Table 1). However, colon neurons did not exhibit hyper-excitability in rats with BO on day 1 post obstruction ($n = 6/57$, $P > 0.05$ vs. sham in RP, rheobase, and AP) (Fig. 1). BO did not significantly alter other electrophysiological characteristics of colon neurons including cell size (diameter), capacitance, input resistance, action potential amplitude, duration, threshold, and overshoot (Table 1).

2) Withdrawal response to VFF stimulation in the lower abdomen was increased in BO rats

Because animals with visceral pain exhibit referred somatic hyperalgesia, we measured rat withdrawal response to VFF stimulations (0.1 to 8 g) on the referred somatic region (lower abdomen) [26, 30]. We found that the withdrawal response to VFF stimulation was significantly increased in BO rats compared to sham control rats on days 3 and 7 (Fig. 2). The 8 g VFF stimulation evoked immediate response in $76.3 (\pm 14.2)\%$ and $80.3 (\pm 14.6)\%$ of

tests in BO rats on day 3 ($n = 7$, $P < 0.05$ vs. sham) and 7 ($n = 8$, $P < 0.05$ vs. sham), respectively, compared to 31.8 (± 7.4)% and 32.4 (± 7.8)% in day 3 and day 7 sham controls ($n = 8$) (Fig. 2).

3) Mechano-transcription of NGF in colonic SMC in BO rats

As previously reported [22, 39], partial obstruction in the distal colon led to marked distention of the colon proximal to the site of obstruction. The external circumference of the middle colon changed from 19.1 (± 0.5) mm in sham control (when filled with fecal pellets) to 30.6 (± 0.6) mm in rats with obstruction (day 7) ($n = 5$ rats in each group, $P < 0.01$). To determine if mechanical stress upregulates NGF expression in smooth muscle in obstruction, we compared the levels of NGF mRNA and protein in both muscularis externa and mucosa/submucosa tissues from sham and BO rats in the oral dilated and aboral non-dilated colon segments. Our results showed that NGF mRNA expressions in colonic muscularis externa were significantly increased in BO rats in the oral dilated segment ($P < 0.05$ vs. sham), but not in the non-dilated aboral segment ($P > 0.05$ vs. sham) (Fig. 3A), indicating that upregulation of NGF expression is due to mechanical stress in obstruction. The obstruction-associated upregulation of NGF mRNA and protein did not happen in the mucosa/submucosa layers ($P > 0.05$ vs. sham) (Fig. 3 B, C). Time course study showed that the expression of NGF mRNA in the muscularis externae was not significantly increased at 12 h of obstruction [1.49 (± 0.31)], compared to sham controls [1.0 (± 0.24)], $P > 0.05$, $n = 6$. However, both NGF mRNA and protein expression levels in colonic muscularis externae were increased on days 1, 3 and 7 ($n = 5$ or 6 for sham, and BO days 1, 3, 7) (Fig. 3 A–D). Quantitative EIA analysis showed that NGF protein levels in the muscle layer increased from 99.7 \pm 27.8 pg/mg in sham ($n = 6$) to 274.5 \pm 29.6 pg/mg of protein in obstruction (day 7, $n = 6$) ($P < 0.01$). Immunohistochemistry analysis in 4 sham and 4 BO samples (Fig. 3E) showed that NGF (in brown) was detectable only in the myenteric plexus in the muscularis externae of normal colon (a), but in the smooth muscle cells as well in BO (b).

4) In vitro stretch of primary culture of colonic SMC induced NGF mRNA and protein expression

To further determine if the expression of NGF in colonic SMC is inducible by mechanical stress, we applied 18% static mechanical stretch to primary culture of rat colonic SMC *in vitro* [22, 39]. We found that mechanical stretch increased NGF gene expression in a time dependent manner (Fig. 4). Compared to non-stretch control ($n = 6$), the stretched samples started to show a significant increase of NGF mRNA when stretched for 30 min or longer ($P < 0.05$ vs. non-stretch control) (Fig. 4A). The NGF mRNA (detected 3 h after stretch, $n = 6$) and protein (detected 24 h after stretch, $n = 5$) were increased by 2.2(± 0.14)-fold and 3.5(± 0.39) –fold (both $P < 0.05$ vs. non-stretch control), respectively, with the static stretch for 60 min (Fig. 4A and 4B).

5) Role of mechanical stress-induced SMC-derived NGF in afferent neuron sensitization: ex vivo study

In the *ex vivo* study, we found that DRG neuron excitability was enhanced significantly ($P < 0.05$ vs. sham control) by the treatment with the media collected from the muscle strips of the oral distended segment of BO rats, but not by media from sham controls or the aboral

non-distended segment of BO rats ($n = 4$ or 5 independent experiments, 13 to 18 neurons were recorded in each group) (Fig. 5). Moreover, the increased cell excitability was significantly attenuated by anti-NGF antibody ($0.2 \mu\text{g/mL}$) ($P < 0.05$ vs. obstruction control, $n = 13$ neurons in 4 independent experiments) (Fig. 5), suggesting that mechanical stress-induced smooth muscle-derived NGF plays a critical role in colon neuron sensitization in BO.

6) In vivo administration of anti-NGF antibody attenuated VHS in BO rats

To determine if mechanical stress-induced NGF in colonic SMC plays a role in visceral hypersensitivity in obstruction *in vivo*, we treated sham and BO rats with serum control and anti-NGF antibody ($20 \mu\text{g/kg}$, i.p., daily). VFF test was carried out and colon neuron excitability was studied on day 7. We found that anti-NGF treatment ($n = 7/38$) partly but significantly normalized colon neuron excitability ($P < 0.05$ vs. BO control) (Fig. 6A–C) and attenuated VFF-evoked withdrawal response in BO ($n = 8$ in BO control, and $n = 7$ in BO with anti-NGF treatment) (Fig. 6D).

7) Cellular mechanisms of colon neuron hyper-excitability in BO

To explore the molecular mechanisms of sensory neuron hyper-excitability in BO, we studied expression and activity of Na_v channels in colon neurons. To determine Na^+ channel activity, we recorded total Na^+ current, tetrodotoxin-resistant (TTX-r) and TTX-sensitive (TTX-s) Na^+ currents [3, 13]. Currents were evoked by stepwise depolarizations between -80 and 50 mV from a holding potential of -70 mV. Fast TTX-s Na_v was obtained by digital subtraction of slow TTX-r Na_v from the total Na^+ currents. We found that the total and TTX-r, but not TTX-s, Na^+ currents were significantly increased in BO rats ($n = 6/30$ in sham and BO) (Fig. 7A). However, anti-NGF antibody treatment ($n = 6/26$) almost completely blocked this effect, suggesting a critical role of NGF in Na^+ current changes in BO (Fig. 7A).

We also detected gene expression of Na^+ channel alpha subunits $\text{Na}_v1.6$, $\text{Na}_v1.7$, $\text{Na}_v1.8$, and $\text{Na}_v1.9$ [13] in colon projecting DRG neurons isolated by laser capture microdissection followed by qPCR detection. We found that the mRNA expression of $\text{Na}_v1.6$ and $\text{Na}_v1.7$ (responsible for TTX-s currents) is not altered in BO ($P > 0.05$, $n = 5$ sham and 4 BO rats). However, the mRNA expression of $\text{Na}_v1.8$ (produces TTX-r currents) is significantly increased by $1.8 (\pm 0.23)$ -fold in BO ($P < 0.05$ vs. sham). This increase was abolished with anti-NGF treatment ($n = 5$) (Fig. 7A and B). Although $\text{Na}_v1.9$ is considered to also contribute to TTX-r currents in DRG neurons [12], its mRNA expression was not altered in BO.

DISCUSSION

Abdominal pain is one of the primary symptoms in acute and chronic obstructions. In acute complete or complicated obstructions, surgical release is the treatment of choice; distention associated abdominal pain in these patients may disappear soon after surgical resolution. However, distension associated pain is a major concern in the conservative management for partial mechanical obstruction and in palliative treatments for inoperable and malignant

regulate gut SMC activity [37], our studies demonstrate that gut SMC may modulate sensory nerve activity through mechano-transcription of nociceptive mediators.

Mechanical stimulation may lead to immediate activation of sensory nerves [3, 11, 12] directly via mechanosensitive channels, i.e. certain members of transient receptor potential (TRP) family of ion channels, K^+ channels, Piezo channels [4, 15, 21]. This may be involved in nociceptive transmission in obstruction, especially in early hours of obstruction. However, our study suggests that the increase of sensory neuron excitability in obstruction did not result from a direct effect of mechanical stress on the neurons. First, dispersed DRG neurons were recorded in the patch clamp experiments hours after DRG were isolated from the body. Steps involved in dispersion and equilibration of neurons take 3 to 4 hr. Second, our *ex vivo* study used the conditioned medium from muscle strips of sham and obstruction rats to incubate DRG neurons isolated from naïve rats before the neurons were recorded. These neurons were completely off any direct effect of mechanical stress associated with obstruction. Nevertheless, augmented excitability was found only in the neurons incubated with conditioned medium derived from the distended muscle strips, not in neurons incubated with media from sham rats or from non-distended colon. Importantly, the enhanced neuron excitability was attenuated by anti-NGF antibody. These data suggest that DRG neurons are sensitized by mediators released from stretched colon muscle strips, and that NGF is a key molecule from the smooth muscle which is involved in the sensitization of the DRG neurons. What other mechanisms are involved in visceral hypersensitivity in BO remains to be determined. As mechanosensitive TRP channels, K^+ channels, Piezo channels are expressed in DRG sensory neurons [4, 15, 21], it would be of interest to investigate whether the mechanosensitive channels' expression and function are altered in obstruction, and if so, whether these changes contribute to DRG neuron hyper-excitability and visceral hypersensitivity in BO.

Our time course study showed that colon neuron excitability was significantly augmented at days 3 and 7, but not affected at day 1 of obstruction (Fig. 1). The lack of changes of cell excitability on day 1 of obstruction may be attributed to the time lag between mechano-transcription of NGF in colon SMC and the changes of gene expression and channel function in DRG neurons secondary to peripheral increase of NGF. We found that NGF expression did not increase until 24 h after obstruction. It will certainly take more time for colon smooth muscle-derived NGF to act on nerve endings, be transported to neuron cell body, and further regulate gene expression in DRG neurons [3, 31].

We further investigated the cellular mechanisms of sensory neuron hyper-excitability in BO. In the present study, we focused on voltage-gated Na^+ channels (Na_v), as neuron cell excitability is determined in large part by Na_v [3, 13]. Ten pore-forming subunits (α -subunits) of Na_v have been identified ($Na_v1.1$ to $Na_v1.9$) [13]. TTX-s currents are produced mainly by channels with $Na_v1.6$ and $Na_v1.7$; and TTX-r channels include these with $Na_v1.8$ and $Na_v1.9$ in DRG neurons. We found that the total and TTX-r Na^+ current activities are significantly increased, but TTX-s Na^+ current remain unchanged in obstruction. These changes in Na_v function may be due at least partly to gene expression of the respective α -subunits, as studies on laser capture microscopy isolated colon projecting DRG neurons suggest that TTX-r $Na_v1.8$ was significantly up-regulated in obstruction, whereas the

expression of Na_v1.6, Na_v1.7, and Na_v1.9 was not altered. More importantly, anti-NGF treatment completely abolished the changes of Na_v currents and gene expression, suggesting that NGF-dependent enhancement of Na⁺ currents is, at least partly, through up-regulation of Na_v1.8 gene expression in colon neurons.

In summary, our study demonstrates that mechano-transcription of NGF in colonic smooth muscle plays a critical role in visceral hypersensitivity in bowel obstruction, and this may be through the increased gene expression and activity of TTX-r Na⁺ channel (i.e. Na_v1.8) in colon neurons. Thus, peripheral inhibition of mechano-transcription of NGF and central modulation of Na_v 1.8 channel may represent potential therapeutic strategies in the management of distension associated abdominal pain in OBD.

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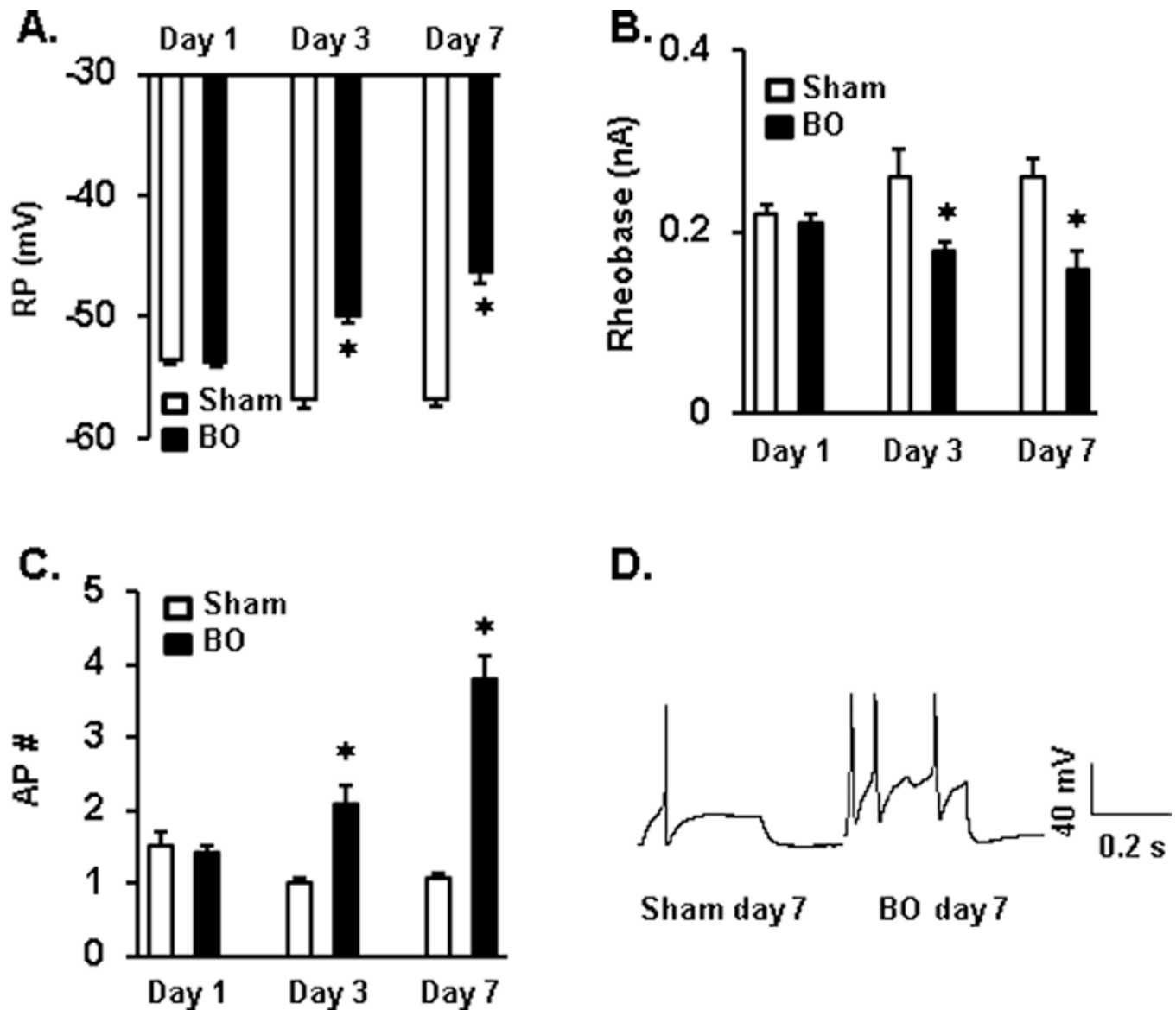
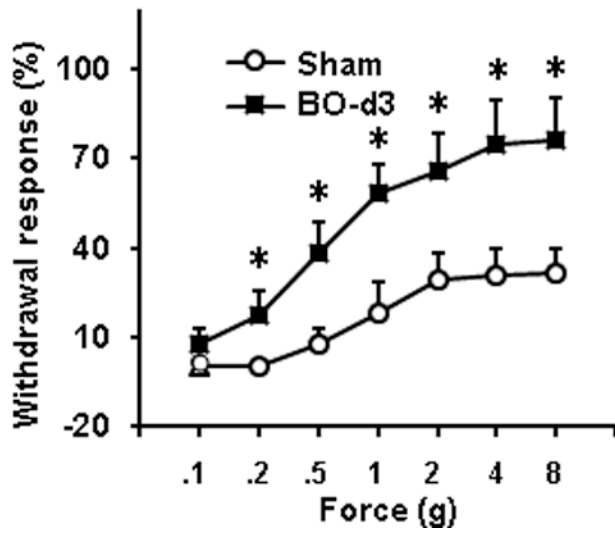


Fig. 1. Patch clamp study on colon projecting DRG neurons. The colon-specific DRG neurons were highly excited in rats with bowel obstruction (BO) on day 3 and day 7, with decreased resting membrane potential (A) and rheobase (B), and increased number of action potentials in response to stimulation of 3× rheobase (C). The neuron excitability was not significantly changed 1 day after obstruction. The panel insert (D) shows representative tracing of patch clamp recordings in sham and BO (day 7). $n = 11/51$ (numbers of rats/neurons) in sham; $n = 6/57$ for BO day 1; $n = 5/26$ for BO day 3; $n = 5/31$ for BO day 7. * $P < 0.05$ vs. sham of the group.

A. VFF test in BO day 3



B. VFF test in BO day 7

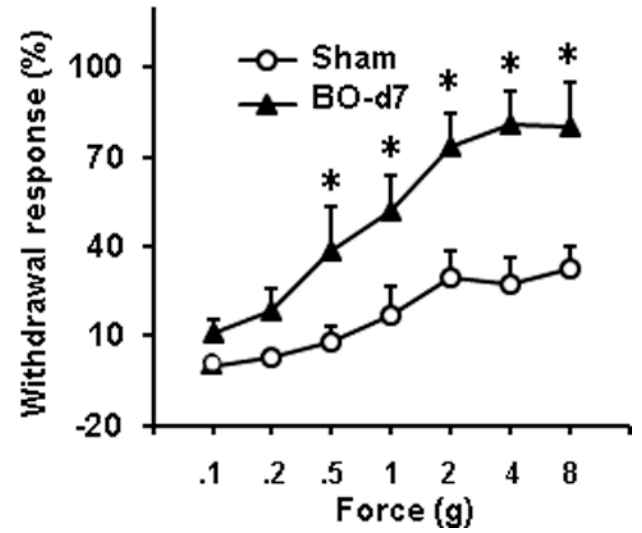
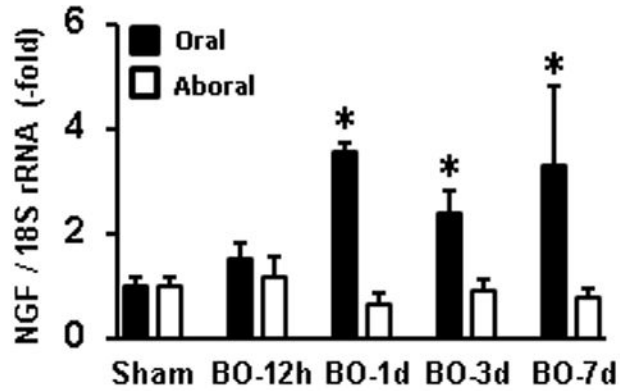


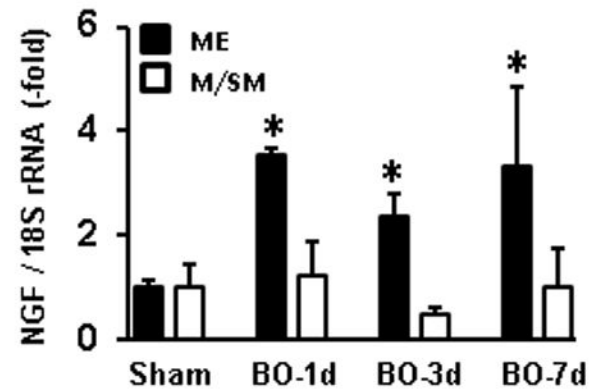
Fig. 2.

VFF test showed that the referred sensitivity to mechanical stimulation to abdominal wall was significantly increased in obstruction (BO) on day 3 (A) and day 7 (B). $n = 8$ for sham and BO day 7; $n = 7$ for BO day 3. $*P < 0.05$ vs. sham.

A. NGF mRNA in ME: oral vs. aboral



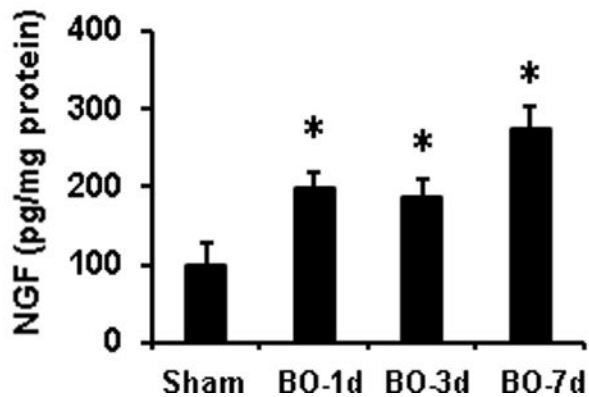
B. NGF mRNA in colonic ME and M/SM



C. Western blot detection of NGF expression in colonic ME (left) and M/SM (Right)



D. NGF production (EIA)



E. Immunohistochemical staining of NGF

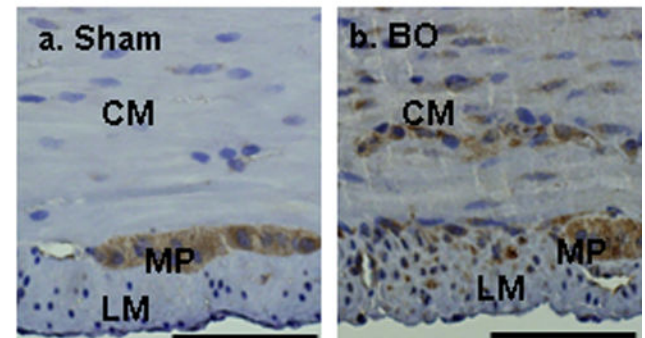
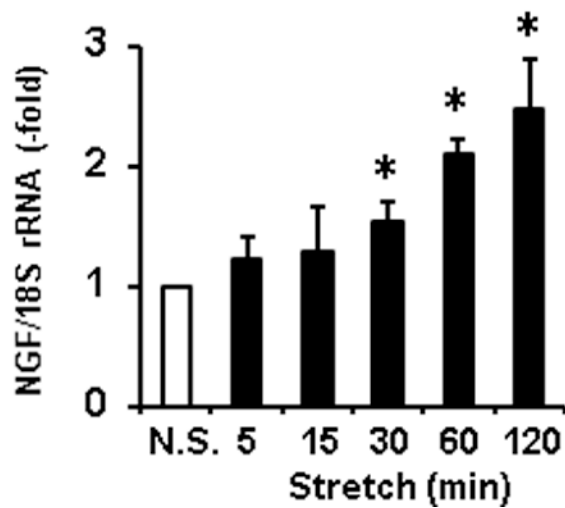


Fig. 3.

Expression of NGF mRNA and protein in the colon in bowel obstruction (BO) detected by qPCR (A, B), Western blot (C), enzyme immunoassay (EIA, D), and immunohistochemistry (E). Note that NGF expression was up-regulated in the distended oral, but not non-distended aboral segment (A, $n = 5$ each group). The increased NGF expression in the distended colon occurred in the muscularis externa (ME), but not mucosa/submucosa layer (M/SM) (B–D, $n = 5$ or 6 in each group). Immunohistochemical staining of NGF (in brown, E) in the ME of sham colon (a) and in BO (day 7, b). Bar, 50 μm . CM, circular muscle; LM, longitudinal muscle; MP, myenteric plexus. Images are representative of 4 sham and 4 BO samples. * $P < 0.05$ vs sham.

A. Effect of stretch on NGF mRNA expression



B. Effect of stretch on NGF protein expression

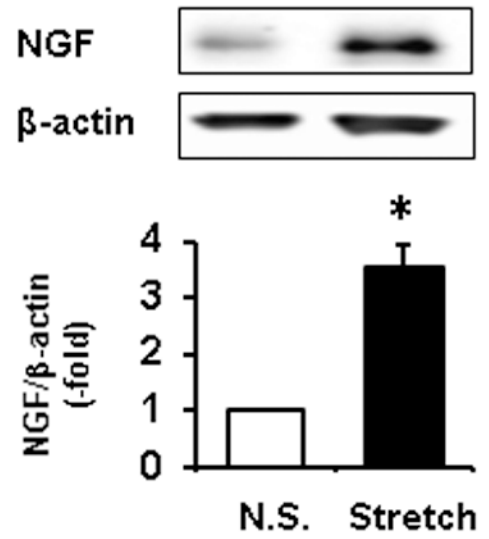


Fig. 4. Effect of mechanical stretch on NGF expression in primary culture of rat colonic SMC. (A) Expression of NGF mRNA started to increase significantly when cells were stretched at 18% elongation for 30 min. All the samples were harvested in 3 h after the start of stretch. (B) Stretch induced expression of NGF protein in cultured rat colonic SMC. To detect NGF in western blot study, cells were stretched at 18% for 60 min, and samples were harvested 24 h later. $n = 5$ or 6 experiments for each time point or group. * $P < 0.05$ vs non-stretch (N.S.).

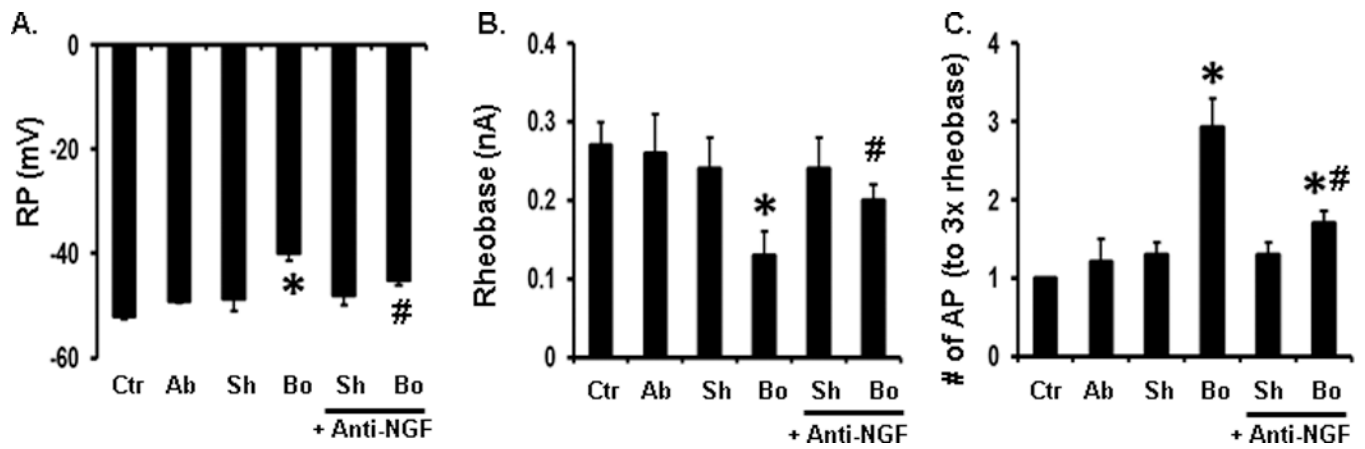


Fig. 5. Effects on DRG neuron excitability of conditioned media collected from different sources of smooth muscle tissue. Shown are patch clamp results of RP (A), rheobase (B), and AP (C). Note that the conditioned media from the obstructed (Bo) oral segment increased DRG neuron excitability, but the media control (Ctr), or media from the aboral segment (ab) or sham (sh) tissues did not. Neutralization of NGF with specific anti-NGF antibody partially blocked the effect of the Bo media. Conditioned media were pooled from 4 sham and 4 obstruction rats. $n = 4$ or 5 independent experiments, and 13 to 18 neurons were recorded in each group. * $P < 0.05$ vs. sh control, # $p < 0.05$ vs. Bo.

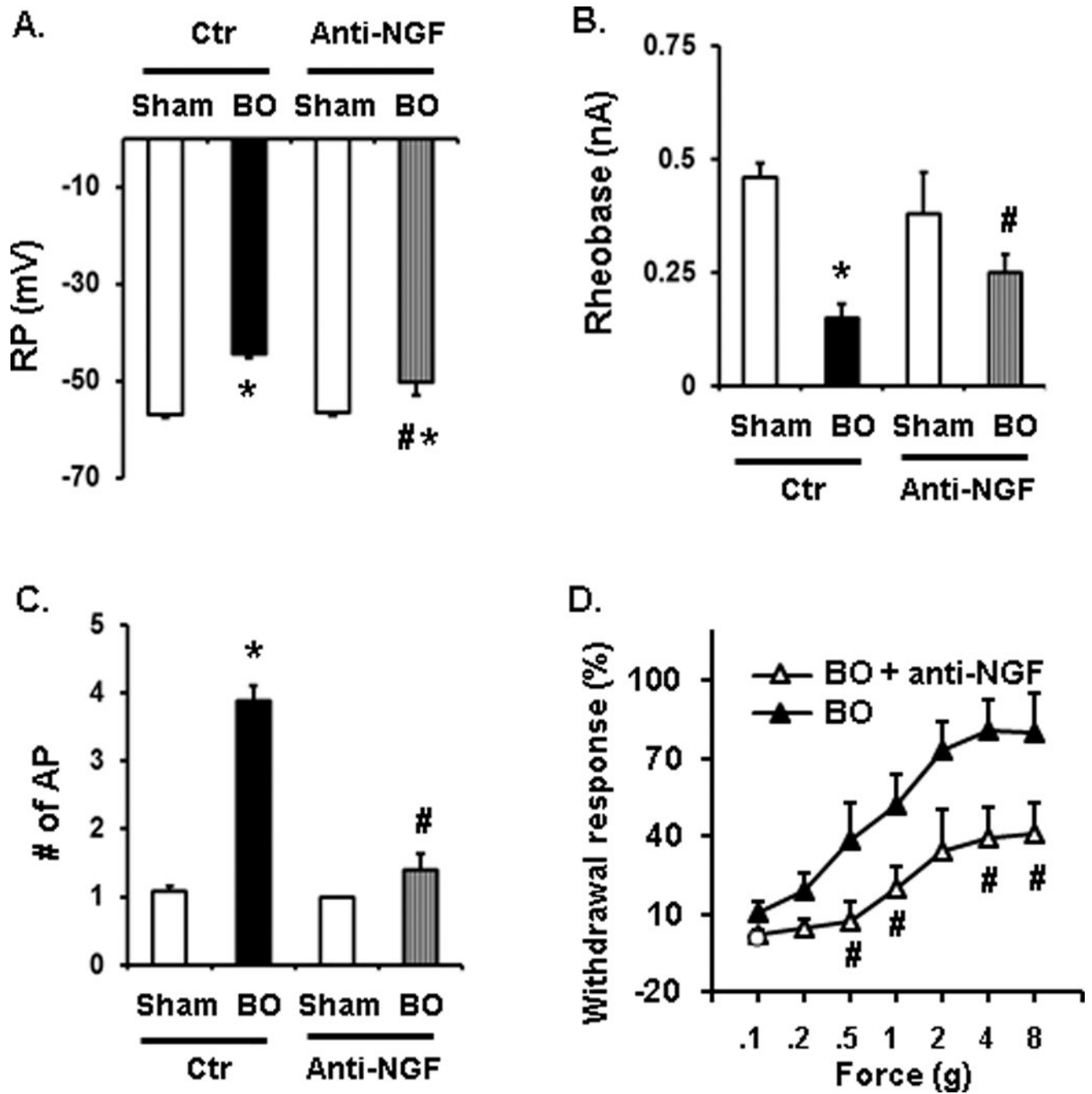


Fig. 6. Beneficial effect of anti-NGF antibody administration on afferent neuron excitability (A–C, patch clamp studies) and referred sensitivity to abdominal stimulation (D, VFF test) in bowel obstruction (BO, day 7). For patch clamp studies, $n = 6/19$ and $7/38$ for anti-NGF treated sham and BO (day 7). For VFF tests, $n = 8$ in BO and 7 in BO with anti-NGF treatment. * $P < 0.05$ vs. sham in the group; # $p < 0.05$ vs. BO (day 7).

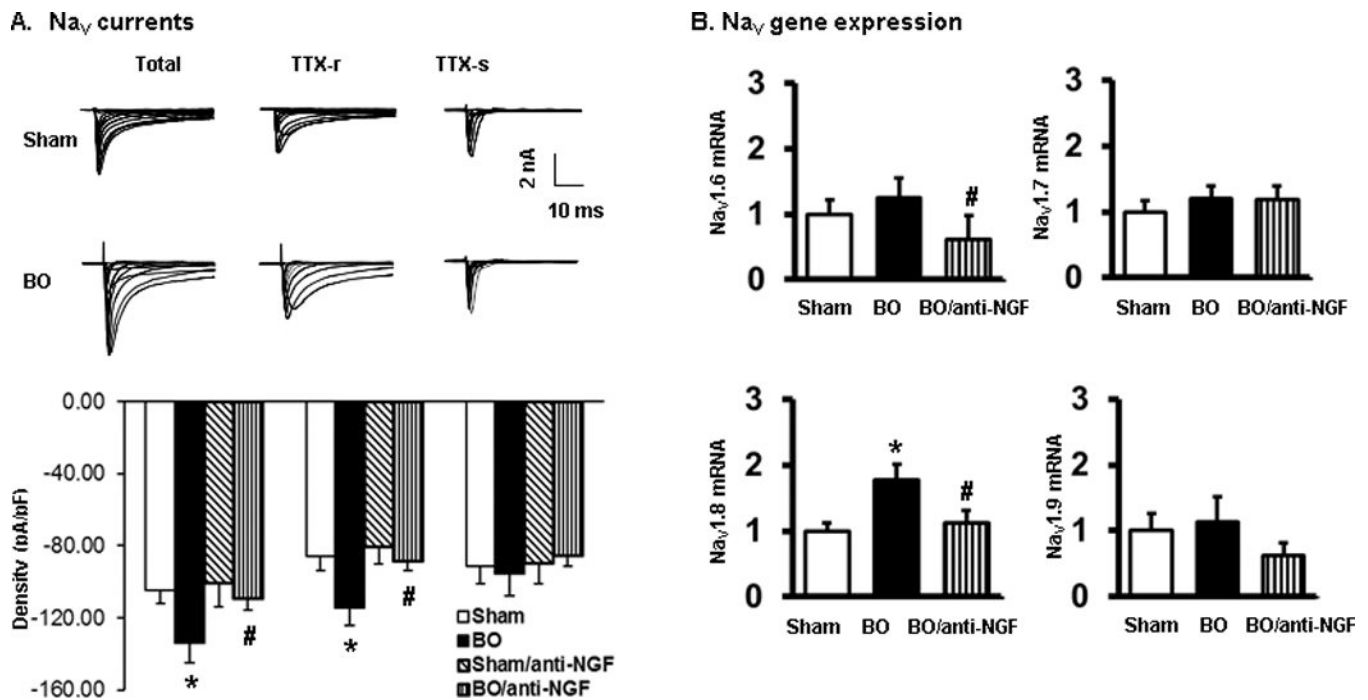


Fig. 7.

Na_v currents and gene expression of colon projecting DRG neurons in BO (day 7). **A**, Na_v currents. Top panel shows representative traces of Na_v currents in sham and BO (day 7). Bottom panel shows the summarized peak Na_v current density including total, TTX-resistant (TTX-r), and TTX-sensitive (TTX-s) currents in sham and BO rats without and with anti-NGF antibody administration. $n = 6/30$ sham, $n = 6/30$ BO, $n = 4/10$ in sham with anti-NGF, and $n = 6/26$ in BO treated with anti-NGF. * $P < 0.05$ vs. sham. # $P < 0.05$ vs. BO. **B**, Expression of Na_v1.6, Na_v1.7, Na_v1.8 and Na_v1.9 mRNAs in colon projecting DRG neurons isolated by laser capture microdissection followed by qPCR detection. $n = 4$ or 5. * $P < 0.05$ vs. sham. # $P < 0.05$ vs. BO.

Changes of cell membrane electrical properties of colon projecting DRG neurons in bowel obstruction

Table 1

Shown here are parameters of cell membrane electrical properties other than shown in Fig. 1.

	Size (μm)	Cm (pF)	Rin (M Ω)	AP (2 \times rheobase) (# in 300 ms)	Threshold (mV)	Amplitude (mV)	Overshoot (mV)	Duration (ms)
Sham	28.1 \pm 0.64	50.3 \pm 1.49	446.5 \pm 26.07	1.1 \pm 0.03	-32.1 \pm 1.19	95.6 \pm 2.34	44.5 \pm 1.98	2.6 \pm 0.13
BO	1 d	27.2 \pm 0.60	514.3 \pm 30.14	1.2 \pm 0.05	-32.9 \pm 1.04	91.1 \pm 1.79	43.7 \pm 1.98	2.4 \pm 0.08
	3 d	27.3 \pm 0.75	451.4 \pm 42.92	1.5 \pm 0.10 *	-32.0 \pm 1.23	91.4 \pm 3.11	42.7 \pm 3.05	2.6 \pm 0.09
	7 d	28.5 \pm 0.68	450.5 \pm 30.01	2.2 \pm 0.15 *	-30.2 \pm 1.81	92.9 \pm 3.44	45.2 \pm 2.92	2.7 \pm 0.18

Size, neuron diameter; Cm, cell capacitance; Rin, input resistance; AP, action potential; Threshold, AP threshold; Amplitude, AP amplitude; Overshoot, AP overshoot; Duration, AP duration. Neurons recorded in each group: n = 11/51 (numbers of rats/neurons) in sham; n = 6/57 for BO day 1 (1 d); n = 5/26 for BO day 3 (3 d); n = 5/31 for BO day 7 (7 d). Data is expressed as mean \pm SEM.

* $P < 0.05$ vs. sham.