

**Keywords:** histone deacetylase inhibitor; angiogenesis; clear-cell renal cell carcinoma

# Combination of the histone deacetylase inhibitor vorinostat with bevacizumab in patients with clear-cell renal cell carcinoma: a multicentre, single-arm phase I/II clinical trial

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**Background:** Class II histone deacetylase (HDAC) inhibitors induce hypoxia-inducible factor-1 and -2 $\alpha$  degradation and have antitumour effects in combination with vascular endothelial growth factor (VEGF) inhibitors. In this study, we tested the safety and efficacy of the HDAC inhibitor vorinostat and the VEGF blocker bevacizumab in metastatic clear-cell renal cell carcinoma (ccRCC) patients previously treated with different drugs including sunitinib, sorafenib, axitinib, interleukin-2, interferon, and temsirolimus.

**Methods:** Patients with up to two prior regimens were eligible for treatment, consisting of vorinostat 200 mg orally two times daily  $\times$  2 weeks, and bevacizumab 15 mg kg<sup>-1</sup> intravenously every 3 weeks. The primary end points were safety and tolerability, and the proportion of patients with 6 months of progression-free survival (PFS). Correlative studies included immunohistochemistry, FDG PET/CT scans, and serum analyses for chemokines and microRNAs.

**Results:** Thirty-six patients were enrolled, with 33 evaluable for toxicity and efficacy. Eighteen patients had 1 prior treatment, 13 patients had 2 prior treatments, and 2 patients were treatment naïve. Two patients experienced grade 4 thrombocytopenia and three patients had grade 3 thromboembolic events during the course of exposure. We observed six objective responses (18%), including one complete response and five partial responses. The proportion of patients with PFS at 6 months was 48%. The median PFS and overall survival were 5.7 months (confidence interval (CI): 4.1–11.0) and 13.9 months (CI: 9.8–20.7), respectively. Correlative studies showed that modulation of specific chemokines and microRNAs were associated with clinical benefit.

**Conclusions:** The combination of vorinostat with bevacizumab as described is relatively well tolerated. Response rate and median PFS suggest clinical activity for this combination strategy in previously treated ccRCC.

Targeted therapies against the vascular endothelial growth factor (VEGF) signalling pathway have provided significant clinical benefit for patients with clear-cell renal cell carcinoma (ccRCC) (Heng *et al*, 2013; Mittal and Rini, 2013). The genetic and epigenetic silencing of the *Von Hippel-Lindau* gene and consequent stabilisation of the hypoxia-inducible factor-1 and -2 $\alpha$  (HIF-1 $\alpha$  and

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HIF-2 $\alpha$ ) are associated with the distinctive sensitivity of ccRCC to VEGF signalling pathway inhibitors (Shen and Kaelin, 2013). However, acquired resistance to antiangiogenics remains a major hurdle. The progression-free survival (PFS) and overall survival (OS) of patients with metastatic ccRCC is limited in duration, and eventually disease progression occurs (Rini, 2011). Several potential mechanisms have been identified in preclinical models of drug resistance, including hypoxia-driven alternative factors generated by tumour cells, proangiogenic activity of stroma and immune cells, and epithelial-to-mesenchymal transition (Hammers *et al*, 2010; Huang *et al*, 2010).

Hypoxia-induced growth factors are potential targets for therapeutic intervention. By concomitant blockade of HIFs and VEGF, 'vertical' inhibition of this angiogenic axis may exert effective vascular targeting and an antitumour effect (Kaelin, 2004). Several strategies aimed to affect HIFs have been developed (Rapisarda *et al*, 2009; Kummur *et al*, 2011; Jeong *et al*, 2014). Histone deacetylase (HDAC) inhibitors have been reported to have pleiotropic antiangiogenesis activity, including inhibition of HIFs (Qian *et al*, 2006b; Ellis *et al*, 2009). Class II HDACs, HDAC4, and HDAC6, associate with HIFs and stabilise the protein (Qian *et al*, 2006a). In the presence of HDAC inhibition, HIFs undergo acetylation and degradation via a Von Hippel-Lindau-independent but proteasome-dependent mechanism. Consequently, preclinical evidence has demonstrated that the combination of HDAC and VEGF receptor tyrosine kinase inhibition may achieve a greater antiangiogenic and antitumour effect than either agent alone (Qian *et al*, 2004).

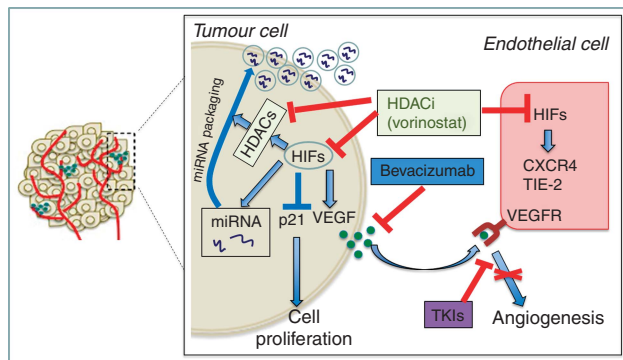
Bevacizumab is a humanised monoclonal antibody that neutralises VEGF with a long half-life of 17–21 days. Bevacizumab in combination with interferon- $\alpha$  has been approved for the treatment of advanced kidney cancer (Rini *et al*, 2008). As a single agent, this monoclonal antibody generally has shown a mild toxicity profile, making this drug suitable for combination therapies. In a subset of patients with metastatic renal cell carcinoma who were previously on VEGFR tyrosine kinase inhibitors, bevacizumab treatment as a single agent produced a median PFS of 4.4 months and a median OS of 19.4 months. The overall response rate (ORR) was 9.5%, and 52% patients had stable disease. Furthermore, in patients previously treated with VEGF and mammalian target of rapamycin (mTOR) inhibitors, the median PFS was 4.4 months and OS was 13.2 months (Turnbull *et al*, 2013).

Vorinostat is a small-molecule inhibitor of HDAC that binds directly in the enzyme active site in the presence of a zinc ion (Marks, 2007). Vorinostat targets most human Class I (related to the yeast transcriptional regulator Rpd3) and Class 2 (similar to the yeast Hda1) enzymes and has been approved for the treatment of cutaneous T-cell lymphomas (Olsen *et al*, 2007).

Preclinical results provide evidence that a pan-HDAC inhibitor may exert its antiangiogenic activity by impairing critical pathways in both tumour and endothelial cell compartments (Figure 1). Combination therapies with agents that target endothelial cells to block angiogenesis and HDAC inhibitors to prevent tumour adaptation to the resulting hypoxia by downregulating angiogenesis-related gene expression represents a rational therapeutic strategy in ccRCC. In this study, we evaluated the safety and efficacy of combining the HDAC inhibitor vorinostat with the VEGF inhibitor bevacizumab in patients with previously treated ccRCC.

## MATERIALS AND METHODS

**Study design and objectives.** This was a multi-institutional, phase I/II clinical trial conducted at the Sidney Kimmel Comprehensive



**Figure 1. Proposed rationale for the combination of HDAC inhibitors and anti-VEGF therapies.** Vorinostat inhibits HDACs and HIF and regulates the secretion of microRNA, growth factors, apoptotic, invasion and metastatic markers, and cytokines in renal cell carcinoma. Combination with VEGF inhibitors enhances the antitumour effects of HDAC inhibitors.

Cancer Center (SKCCC) at Johns Hopkins (Baltimore, MD, USA), the University of Wisconsin Carbone Cancer Center (Madison, WI, USA) and the Peninsula General Hospital (Salisbury, MD, USA). The phase I portion was conducted according to a de-escalation design starting with full dose vorinostat and bevacizumab (200 mg *per os* twice a day for 14 days and bevacizumab 15 mg kg<sup>-1</sup> intravenously, respectively, every 21 days). The primary end point of the phase I portion was to determine the safety and tolerability of vorinostat in combination with bevacizumab in patients with metastatic ccRCC. The phase II was conducted according to a Simon's two-stage, non-randomised, single-arm design. The primary efficacy end point of the phase II portion of the trial was the proportion of patients with 6 months of PFS receiving the combination therapy. For each patient, the time of progression was recorded.

**Patient eligibility.** Patients were required to have histologically confirmed metastatic or unresectable renal cell carcinoma with a clear-cell phenotype. Written informed consent, approved by the Institutional Review Board at each participating site, was obtained from all patients. During the completion of the phase I study, the eligibility criteria was changed to allow prior systemic treatments ( $\leq 2$ ) for metastatic disease, including immunotherapy, receptor tyrosine kinase inhibitor therapy, mTOR inhibitors, chemotherapy, and investigational therapy. Prior palliative radiation to metastatic lesion(s) was permitted, provided there was at least one measurable and/or evaluable lesion(s) that had not been irradiated and treatment completed  $\geq 4$  weeks before registration. Patients were required to have measurable disease, defined as at least one lesion that could be accurately measured in at least one dimension as  $> 20$  mm with conventional techniques or as  $> 10$  mm with spiral CT scan (RECIST criteria; Therasse *et al*, 2000). ECOG performance status  $\leq 1$  and life expectancy of  $\geq 6$  months were required. Normal organ and marrow function was required, including leukocyte count  $> 3000/\text{mm}^3$ , absolute neutrophil count  $> 1500/\text{mm}^3$ , platelets  $> 100\,000/\text{mm}^3$ , total bilirubin  $< 1.5 \times$  laboratory upper limit of normal, AST/ALT  $\leq 2.5 \times$  laboratory upper limit of normal, creatinine  $< 1.5 \times$  laboratory upper limit of normal, or measured creatinine clearance of  $> 50$  ml min<sup>-1</sup> per 1.73 m<sup>2</sup>, PT/INR  $< 1.5$ , and urine protein  $< 1+$ . Patients on anticoagulants had to be without any active bleeding or pathological conditions that carried high risk of bleeding (e.g. tumour involving major vessels or known varices), and were required to have INR in the range of 2–3 on a stable dose of warfarin or low-molecular-weight heparin. As HDAC inhibitors

and bevacizumab are known to be teratogenic in animals, women of child-bearing potential were required to agree to use adequate contraception (hormonal or barrier method of birth control; abstinence) before study entry and for the duration of study participation. Patients with true papillary, sarcomatoid features without any clear-cell component, chromophobe, oncocytoma, collecting duct tumours, and transitional cell carcinoma were not eligible. Patients who were receiving other investigational agents or had been previously treated with bevacizumab, VEGF-Trap, or HDAC inhibitors, including valproic acid, were excluded. Patients with known CNS metastases or imaging abnormality indicative of CNS metastases were not included. Patients who had an active second malignancy other than non-melanoma skin cancers and had not completed their anticancer therapy or had  $\geq 30\%$  risk of relapse were not eligible. Patients with uncontrolled intercurrent illness including, but not limited to, ongoing or active infection, symptomatic congestive heart failure (New York Association Class II, III, or IV), angina pectoris requiring nitrate therapy, recent myocardial infarction (in past 6 months), cardiac arrhythmia, history of CVA within 6 months, hypertension (defined as blood pressure of  $\geq 160$  mm Hg systolic and/or  $\geq 90$  mm Hg diastolic on medications), history of peripheral vascular disease, or psychiatric illness/social situations that would limit compliance with study requirements, were ineligible. HIV-positive patients receiving combination antiretroviral therapy were ineligible because of the potential for pharmacokinetic interactions with vorinostat and increased risk of lethal infections. Patients who had a major surgical procedure, open biopsy, or significant traumatic injury within 28 days before day 1 of therapy or were anticipating the need for major surgical procedures during the course of the study or had core biopsy within first 7 days of therapy were excluded. Patients with a history of abdominal fistula, gastrointestinal perforation, or intra-abdominal abscess within 28 days before receiving treatment were also excluded. Other exclusion criteria included left ventricular ejection function  $< 45\%$ , evidence of bleeding diathesis or coagulopathy, presence of any serious or non-healing wound, ulcer or bone fracture, and history of allergic reactions to compounds of similar chemical or biologic composition as vorinostat or hypersensitivity to Chinese hamster ovary cell products or other recombinant human antibodies.

**Pre-treatment evaluation.** Before treatment initiation patients had a complete history and physical examination, evaluation of ECOG performance status, CBC, coagulation profile, comprehensive metabolic profile, EKG, MUGA scan, urinalysis, and serum pregnancy test. The imaging for tumour characterisation and spread included CT, ultrasound, PET scan, bone scan, and MRI. The pathological confirmation needed to be, at least, in the form of either core needle biopsy or fine-needle aspirate. Baseline evaluations were conducted within 1 week before the start of therapy. Scans and x-rays were performed within 4 weeks before the start of therapy and were repeated every 6 weeks.

**Treatment.** Treatment was administered in 3-week (21 days) cycles. In each cycle, vorinostat was administered orally using 100 mg capsules preferably with food (200 mg twice daily from days 1 to 14), whereas bevacizumab (15 mg kg<sup>-1</sup> in 100 ml normal saline) was given as intravenous infusion on day 1 of each cycle. The choice of 14 days of vorinostat with 7 days off therapy was based on previous evidences that continuous dosing of HDAC inhibitors induces significant fatigue. The 21-day dosing of bevacizumab was chosen based on previous studies in colon cancer patients, suggesting that this drug can be dosed either every 2 or 3 weeks because of its long half-life. Patients were evaluated after every two-cycle period (6 weeks) for disease progression by CT scan, and for toxicity, treatment discontinuation, and need for alternative forms of treatment after each cycle. The treatment was continued until disease progression, intercurrent illness that

prevented further administration of treatment, unacceptable adverse event(s), or patient decided to withdraw from the study. Patients were followed at 4 weeks after last dose of study drugs for toxicity evaluation in the clinic, and then every 3 months or until death, whichever occurred first. Patients removed from the study for unacceptable adverse events or continued to experience adverse events attributable to the study drug at the end of study visit were followed until resolution or stabilisation of the adverse events.

**Dose modifications.** The starting dose of vorinostat was 200 mg orally twice a day (dose level 1) from days 1 to 14. If dose-limited toxicity (DLT), defined as any grade 3 or 4 toxicity or any toxicity unresponsive to supportive care or for which treatment had been delayed for  $> 2$  weeks, occurred during the first cycle (first 21 days) at dose level 1, patient dose level was de-escalated to dose level 0 (100 mg twice a day). The dose of bevacizumab was 15 mg kg<sup>-1</sup> intravenously on day 1, every 21 days. There was no dose reduction for bevacizumab. If DLT was attributed to bevacizumab, the patient had to come off study.

**Toxicity and response evaluation.** Toxicities were recorded as per CTCAE v3 and were summarised using descriptive statistics. In the phase II, the patient clinical responses were evaluated using the RECIST criteria. The primary efficacy end point of the phase II portion of the trial was the proportion of patients with 6 months of PFS defined as no evidence of either clinical or anatomic progression by imaging studies. For some of the correlative studies, patients were classified as Responders if they achieved an objective response, and Progressors if they had progressive disease as best response.

**Enzyme-linked immunoabsorbent assay of VEGF.** Secreted VEGF levels were determined in the serum of patient samples before and after treatment using the Quantikine ELISA human VEGF Immunoassay Kit (Minneapolis, MN, USA) as per the procedure described by the manufacturer (R&D Systems, Minneapolis, MN, USA). Vascular endothelial growth factor levels were compared before and after the treatment. The blood samples were collected at baseline, 48–72 h after the first infusion of bevacizumab, right before the third infusion of bevacizumab (pre-C3), and at the end of treatment.

**Immunohistochemical detection of HIFs.** Immunohistochemical analysis of HIF-1 $\alpha$  and -2 $\alpha$ , VEGF, and carbonic anhydrase-IX (CAIX) were performed as described previously (Chintala *et al*, 2010, 2012). A score system (0 vs +) was applied based on the percentage of cells stained (0  $< 10\%$  vs  $> 10\%$ ). Respective isotype-matched negative controls were used in place of primary antibodies. Percent positive cases were determined from the total evaluable tumours ( $n = 18$ ).

**Luminex  $\times$  MAP technology for protein analysis.** Multiplex Luminex Kit (EMD Millipore, Billerica, MA, USA) human circulating cancer biomarker panel 1 was used to determine serum levels of secreted growth factors (VEGF, FGF2, and HGF), apoptotic markers (sFAS-L and TRAIL), invasion and metastatic markers (SDF and OPN), and cytokines (IL-8) in patients before and after treatment according to the protocols specified by manufacturer.

**Circulating microRNA analysis.** MicroRNA was isolated from serum samples using the miRNeasy Mini Kit (Qiagen, Germantown, MD, USA) according to the protocols specified by manufacturer. Serum samples analysed for miRNAs were collected at baseline and pre-C3. Briefly, 50  $\mu$ l of serum sample was mixed with 190  $\mu$ l of QIAzol lysis reagent with carrier MS2 RNA, incubated for 5 min, and 50  $\mu$ l of chloroform was added and further incubated for 2 min. Contents were centrifuged at 12 000 g for 15 min at 40 °C and the upper aqueous phase was transferred to a microcentrifuge tube. Ethanol was added to the aqueous phase,

mixed well, and transferred to a RNeasy Mini spin column (Qiagen) on a QiaVac Manifold and washed with 500 µl of RWT buffer, followed by three times RPE buffer. Spin column was transferred to collection tube centrifuge at 15 000g for 2 min at room temperature, transferred to new collection tube, and air dried for 1 min. RNA was eluted by adding 50 µl of RNase-free water on the membrane and centrifugation at 15 000g for 1 min at room temperature. Quantitative RT-PCR was performed to determine the expression of miRNA using the Exiqon serum/plasma Focus microRNA PCR panel with specific miRNA primers in triplicate using Roche Light Cycler 480 (Indianapolis, IN, USA) according to the protocol described by manufacturer (Exiqon, Woburn, MA, USA). MicroRNA Ready-to-use PCR, Human panel I + II, V4.M and 752 human microRNA, miRcurry LNA Universal RT microRNA PCR (Exiqon) were used for analysis. Normalisation of Exiqon miRNA panels were carried out according to the Exiqon Manual using the interplate calibrator. SYBR Green was used to acquire the signal and for quality control of each plate. GenEx Software (Exiqon) was used to normalise the plates and eliminate run-to-run variation when comparing multiple plates. Data were presented as individual triplicate runs and as averages of triplicates. Confirmation of microRNA 605 expression in patients samples of serum was done by quantitative RT-PCR using TaqMan Small RNA Assays kit (Applied Biosystems-ThermoFisher Scientific, Carlsbad, CA, USA). MicroRNA 605 transcription kit was used to prepare the cDNA and PCR was performed using the TaqMan 2X Universal PCR Master Mix, with AmpErase UNG kit (Applied Biosystems-ThermoFisher Scientific) according to the protocol described by manufacturer.

**Statistical considerations.** The proportion of patients with 6 months of PFS was calculated with exact 95% confidence intervals (CIs). Based on the original design to enroll treatment-naïve patients, the sample size of 36 patients treated at the recommended phase II doses gave an 85% power to distinguish a proportion of 0.6 from the null value of 0.4, using Simon's two-stage design with a one-sided test of proportion and an  $\alpha$ -level of 0.1. An interim analysis was performed after the first 26 patients were observed for 6 months with  $\leq 14$  patients who progressed. The overall and progression free survival are summarised for the evaluable patients ( $n = 33$ ) using standard Kaplan–Meier (KP) methods. The median survival times and 6-month survival rates were estimated based on the KP curve, with corresponding 95% CIs obtained using the log–log method. All analysis were conducted in SAS v.9.3 (SAS, Cary, NC, USA). The survival time was calculated from the date of first treatment until the date of death or last follow-up. The PFS time was calculated from the date of the first treatment until the date of progression/death or last follow-up.

## RESULTS

**General.** The clinical trial opened in March 2006 and the last patient was accrued on September 2009. Thirty-six patients were accrued, and 33 were evaluable for safety and efficacy. Eighteen patients had one prior treatment, 13 patients had 2 prior treatments, and 2 patients were treatment naïve. Prior treatments included sunitinib, sorafenib, axitinib, interleukin 2, interferon  $\alpha$ , and temsirolimus. The patient characteristics are summarised in Table 1.

**Safety and tolerability.** In the phase I portion, 8 patients were enrolled and no DLTs were observed. Vorinostat 200 mg *per os* twice a day for 14 days and bevacizumab 15 mg kg<sup>-1</sup> intravenously every 21 days were the recommended phase II doses. Two patients were taken off study during cycle 2, one due to unrelated stridor and another due to grade 4 thrombocytopenia. Two out of the remaining six patients received dose reductions primarily due to

**Table 1. Patient characteristics**

Characteristics	No.	%
<b>Age (years)</b>		
Median	62.7	
Range	34–82	
<b>Sex</b>		
Male	30	91
Female	3	9
<b>ECOG PS</b>		
0	11	33
1	22	67
<b>Tumour histology</b>		
Clear cell	23	70
Mixed/clear-cell predominant	8	24
Mixed/papillary predominant	2	6
Prior nephrectomy	31	94
Prior radiotherapy	10	30
<b>Prior systemic therapy</b>		
Sunitinib	28	85
Sorafenib	5	15
Cytokine therapy	10	33
<b>No. of prior systemic treatments</b>		
0	2	6
1	18	54.5
2	13	39.5
<b>MSKCC risk groups</b>		
Good	10	30
Intermediate	20	60
Poor	3	10
Abbreviations: ECOG = Eastern Cooperative Oncology Group; MSKCC = Memorial Sloan Kettering Cancer Center; PS = performance status.		

fatigue. Dose reductions during the phase I portion were after at least three cycles or more. One patient was ultimately taken off the study at cycle 8 because of grade 3 pulmonary embolism and hemothorax after starting warfarin treatment. During the phase II portion, fatigue (grade 1) was the most commonly occurring adverse effect (61%), followed by nausea (48%), pain (48%), anorexia (45%), diarrhoea (36%), and elevated creatinine (36%; grade 1). Grade 3–4 toxicities (6%) included thrombocytopenia, a thromboembolic event, and fatigue. The adverse effect profile is outlined in Table 2. Overall, 10 patients discontinued treatment due to toxicities, including two patients who had related SAEs (grade 4 thrombocytopenia and pulmonary embolism).

**Clinical efficacy.** The treatment effect of vorinostat and bevacizumab combination is depicted in Figure 2. The median PFS and overall OS were 5.7 months (CI: 4.1–11.0) and 12.9 months (CI: 9.8–20.7), respectively. The PFS and OS rates at 6 months were 48.6% and 83.8%, respectively. The majority of patients had some tumour shrinkage. Among the patients with no clinical benefit, there were also the two treatment-naïve patients. We observed six objective responses (18%), including one complete response (prior sunitinib treatment) and five partial responses. Nineteen patients (67%) had stable disease (12–84 weeks), including two patients with confirmed objective response for more than 2 years.

**Immunohistochemistry studies.** To assess whether the HIF status was associated with response to the combination of vorinostat and bevacizumab, we analyzed the archived tissues from the original nephrectomy specimens when available (18 patients). Marker positivity was defined as  $\geq 10\%$  cellular staining. Immunohistochemical staining for HIF-1 $\alpha$  was positive in 33% (6 out of 18 specimens), whereas it was positive in 67% (12 out of 18 specimens) for HIF-2 $\alpha$  and 72% (13 out of 18 specimens) for

**Table 2. Summary of adverse events (AEs)**

AE event	≤Grade 2 (%)	Grade 3 (%)	Grade 4 (%)	Total (%)
Fatigue	17 (52)	3 (9)	0	20 (61)
Nausea	16 (48)	0	0	16 (48)
Pain	16 (48)	0	0	16 (48)
Anorexia	14 (42)	1 (3)	0	14 (45)
Diarrhoea	11 (33)	1 (3)	0	12 (36)
Creatinine	12 (36)	0	0	12 (36)
Haemorrhage	8 (24)	1 (3)	0	9 (27)
Hyperglycaemia	8 (24)	1 (3)	0	9 (27)
Hyperkalaemia	7 (21)	1 (3)	0	8 (24)
Vomiting	8 (24)	0	0	8 (24)
Platelets	5 (15)	0	2 (6)	7 (21)
Haemoglobin	7 (21)	0	0	7 (21)
Weakness	7 (21)	0	0	7 (21)
Alkaline phosphatase	4 (12)	1 (3)	0	5 (15)
Dizziness	4 (12)	1 (3)	0	5 (15)
Hypercalcaemia	4 (12)	1 (3)	0	5 (15)
Dehydration	5 (15)	0	0	5 (15)
Headache	5 (15)	0	0	5 (15)
Abdominal pain	3 (9)	1 (3)	0	4 (12)
DVT/PE	0	3 (9)	0	3 (9)
Hypertension	2 (6)	1 (3)	0	3 (9)
Albumin	3 (9)	0	0	3 (9)
Neutropenia	3 (9)	0	0	3 (9)
ALT	1 (3)	1 (3)	0	2 (6)
Pneumonia	1 (3)	1 (3)	0	2 (6)
AST	1 (3)	1 (3)	0	2 (6)
Bilirubin	1 (3)	1 (3)	0	2 (6)
Confusion	1 (3)	1 (3)	0	2 (6)
Hypocalcaemia	1 (3)	1 (3)	0	2 (6)
Dyspnoea on exertion	2 (6)	0	0	2 (6)

Abbreviations: ALT = alanine aminotransferase; AST = aspartate transaminase; DVT = deep vein thrombosis; PE = pulmonary embolism.

VEGF (Figure 3A). The positive staining for CAIX was 93% (13 out of 14 specimens). No clear association with clinical response was observed.

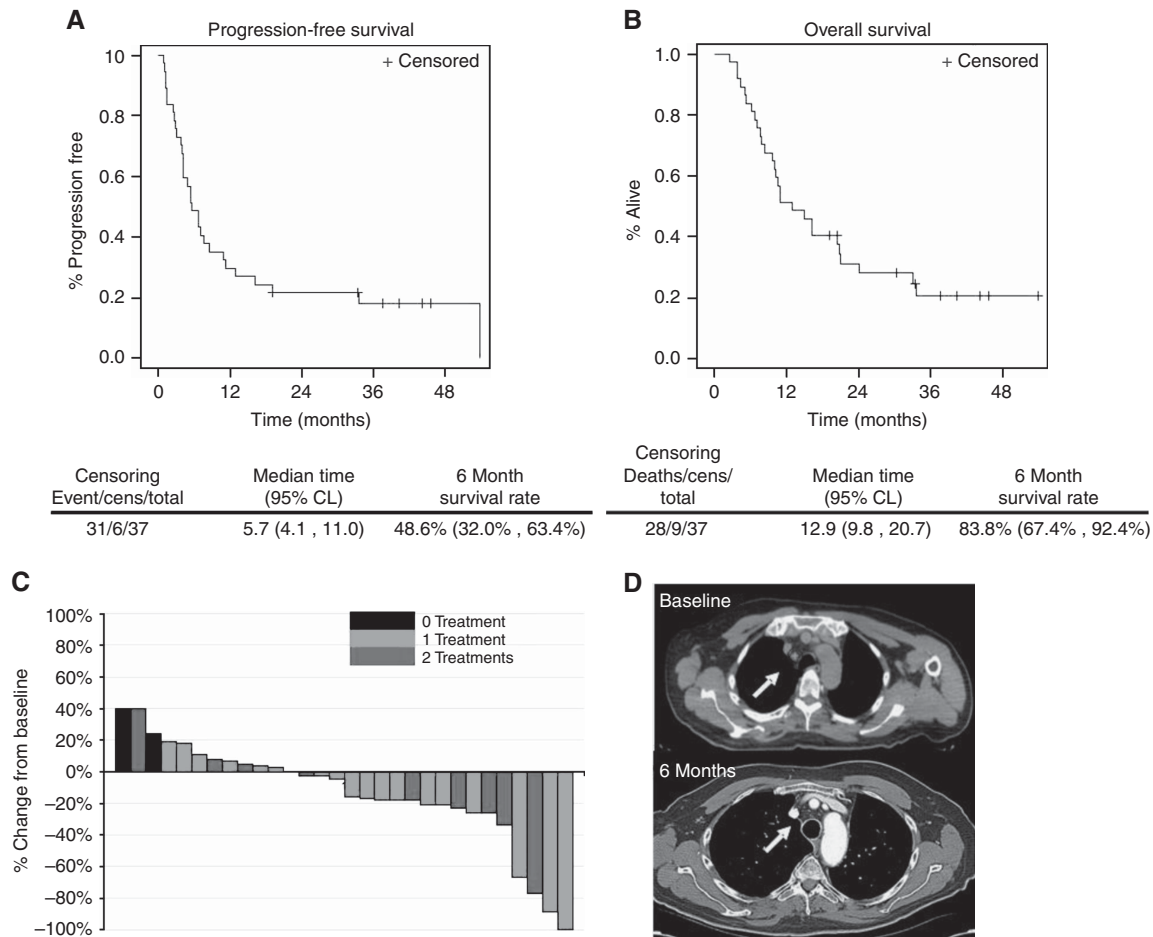
**Modulation of serum chemokines.** To determine potential secreted biomarkers predictive of response, we evaluated serum levels of secreted growth factors (VEGF, FGF2, and HGF), invasion and metastatic markers (SDF and OPN), and cytokines (IL-8). While we observed a significant decrease in serum VEGF, not plasma VEGF, in all of the patients following treatment, there was no clear association between biological and clinical outcome (Figures 3B and C). Next, to analyse other chemokines and soluble markers, we grouped patients as Responders (those who achieved objective response by RECIST) and Progressors (those who had progressive disease as best response by RECIST). The data presented in Figure 4A show the downregulation of secreted FGF2, SDF, OPN, and IL-8 in the group of patients who achieved an objective response (three Responders), as compared with the patients who had progressive disease as best response (four Progressors). These results suggest the potential role of circulating chemokines as predictors of response in ccRCC patients.

**Modulation of circulating miRNA.** MiRNA deregulation in ccRCC has been reported (Khella *et al*, 2013). A recent study has shown a significant downregulation of miRNA 451 in ccRCC patient serum (Redova *et al*, 2012). Thus, in search of potential biomarkers predictive of response, we isolated miRNA from serum samples collected pre- and post-treatment and determined the expression of circulating microRNAs. As shown in Figure 4B, the baseline levels in the Responders group (three patients) showed differential expression of selected miRNA as compared with the Progressors group (four patients). We observed a downregulation of *miR.20a*, *miR.142.3p*, *miR.154*, *miR.199a.5p* and *miR.let.7b* and an upregulation of *miR.99a*, *miR.605*, *miR.485.3p*, *miR.365*, and *miR.451*. To evaluate the effect of vorinostat and bevacizumab treatment on miRNA, we assessed the expression of these miRNAs in the Responders and Progressors groups, pre- and post-treatment. We observed a significant downregulation of *miR.142.3p*, *miR.154*, and *miR.199a.5p* and a significant upregulation of *miR.20a* and *miR.let.7b* with treatment in three patients classified as Responders (0.8–2.8 fold change). Interestingly, *miR.20a* and *miR.let.7b*, whose baseline expressions were down-regulated in the Responders group, were significantly upregulated after treatment, suggesting a potential role in the observed responses. The expression of *miR.605*, *miR.485.3p*, and *miR.365*, which was upregulated in the Responders group at baseline, was significantly downregulated following treatment. Additionally, the expression of *miR.451*, which was found to be upregulated in the Responders group at baseline, decreased after treatment. In the Progressors group (four patients), the expression of these miRNAs was reversed as compared with the Responders group. We confirmed higher levels of *miR.605* in Responders vs Progressors by Q-PCR (Figure 4C).

## DISCUSSION

Progressive disease following anti-VEGF therapies remains a major hurdle in the treatment of ccRCC. This study was originally designed to test the combination of bevacizumab and vorinostat in treatment-naïve patients, but the concurrent approval of sunitinib and sorafenib led to a change in the design by allowing up to two prior therapies. The original 6-month PFS rate of 0.60 was not met, but the primary end point was originally set with the assumption that patients were going to be treated in the first-line setting. However, the median PFS of 5.7 months and an ORR of 18% suggest that the combination of vorinostat and bevacizumab has clinical activity in patients with TKI-resistant ccRCC. No significant adverse events were observed to suggest overlapping toxicities with bevacizumab and vorinostat. Biological activity is also suggested by the modulation of specific chemokines and microRNAs. These observations support the concept that further investigation of the role of HDAC inhibition in the context of VEGF blockade should be considered.

Continuous VEGF inhibition appears to be important in inducing prolonged clinical response in ccRCC patients. The approval of axitinib has confirmed retrospective studies, suggesting that sequencing of TKIs can still induce disease control despite progression following front-line therapies with anti-VEGF therapies (Rini *et al*, 2011). The role of VEGF ligand blockade by bevacizumab in the second- and third-line setting has not been clearly defined. A report showed that bevacizumab treatment induced an ORR of 9% and a PFS of 4.4 months in previously treated ccRCC patients (Turnbull *et al*, 2013). We cannot rule out the possibility that our result may have been due to the bevacizumab alone, although this seems unlikely based on the historical ORR and PFS data with this drug. Phase II studies with combination of bevacizumab with either everolimus or



**Figure 2. Clinical benefit of vorinostat and bevacizumab in ccRCC patients.** (A) Progression-free survival, (B) overall survival, (C) best response to treatment, and (D) representative picture of an objective response (CR).

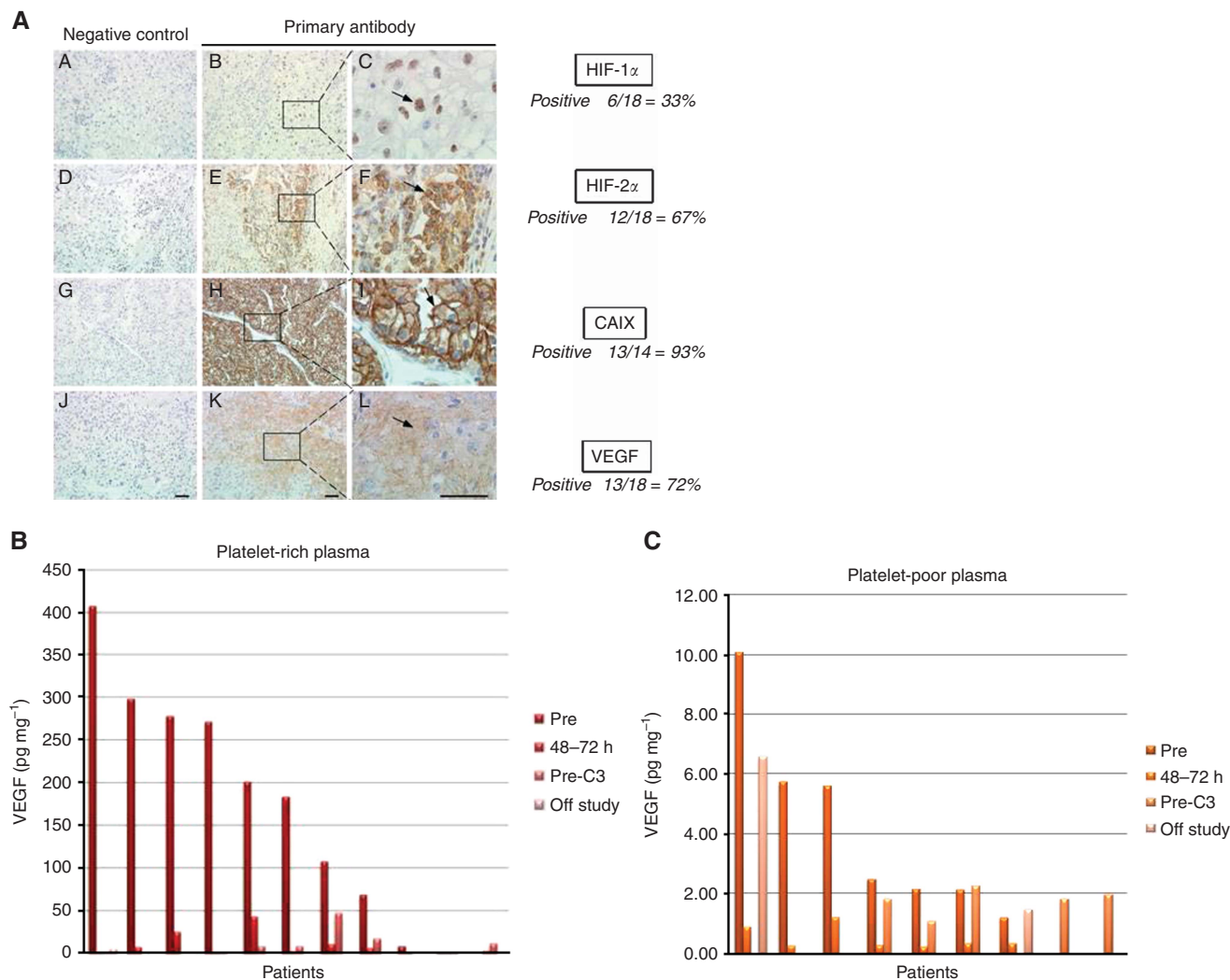
tamsirolimus have shown some evidence of clinical benefit following TKIs, although this was associated with toxicity (Harshman *et al*, 2013). TRC 105, an anti-endoglin antibody with the combination of bevacizumab produced clinical activity in several patients by reducing tumour volume. Two patients partial response by RECIST, and six patients remained with stable disease without significant toxicities in an anti-VEGF refractory population (Gordon *et al*, 2014). The recent approval of two additional TKIs, cabozantinib and lenvatinib (in combination with everolimus), in previously treated RCC patients with TKIs confirms the hypothesis that targeting alternative kinases to VEGFR is beneficial (Choueiri *et al*, 2015; Motzer *et al*, 2015). Based on our results, we believe that patients presenting progression after first-line TKI may get benefit by rational combination strategies with continuous VEGF blockade and sequential therapies with HDAC inhibitors.

The toxicity profile of the combination of vorinostat and bevacizumab appears to be acceptable. In previous phase I and phase II clinical trials testing vorinostat monotherapy, the recommended doses for continuous oral administration were 400 mg daily and 200 mg twice a day. The DLTs were non-haematologic (anorexia, dehydration, diarrhoea, and fatigue) and the most common haematologic adverse events were anaemia and thrombocytopenia, rapidly reversible following drug interruption. In our study, we observed similar vorinostat blood levels as reported with single agent (data not shown) and there were no overt overlapping toxicities between the two drugs. The most common side effect was fatigue but no DLTs were observed. Historically, the 400 mg four times a day dosing has been reported to be better tolerated than 200 mg twice a day in terms of fatigue in

other combination strategies and further development of vorinostat in combination with bevacizumab would benefit from single daily dosing.

Our correlative studies suggest that modulation of chemokines may be associated with response to treatments targeting the HIF/VEGF axis. Lack of increase in FGF, OPN, and IL-8 levels in a small subset of patients who achieved durable objective responses as compared with patients who did not respond to treatment confirms the role of alternative pathways in the potential mechanism of resistance to anti-VEGF therapies. Based on our immunohistochemistry studies, in a subset of patients, HIF-1 $\alpha$  and -2 $\alpha$  status in the primary tumours was not associated with response to anti-VEGF treatment. We observed a significant reduction in the platelet-derived VEGF but not in the plasma-derived VEGF, suggesting that quantitative analysis of this growth factor, and perhaps of other chemokines, should be performed in either platelet-enriched or serum samples rather than plasma samples (Verheul *et al*, 2007). However, the decrease in VEGF levels did not correlate with response. Interestingly, in our analysis patients with objective responses had low levels of platelet-derived VEGF at baseline. Large prospective studies with improved detection kits for VEGF will be critical to further elucidate the predictive role of chemokine levels in response and resistance to VEGF inhibitors. In addition, platelet-derived factors may be relevant in the search of new surrogate markers.

As shown also in other solid tumour types, histone modifier genes may have a role in ccRCC tumourigenesis (Dalglish *et al*, 2010). Recurrent mutations in histone methyltransferases and demethylases suggest that epigenetic changes driven by specific

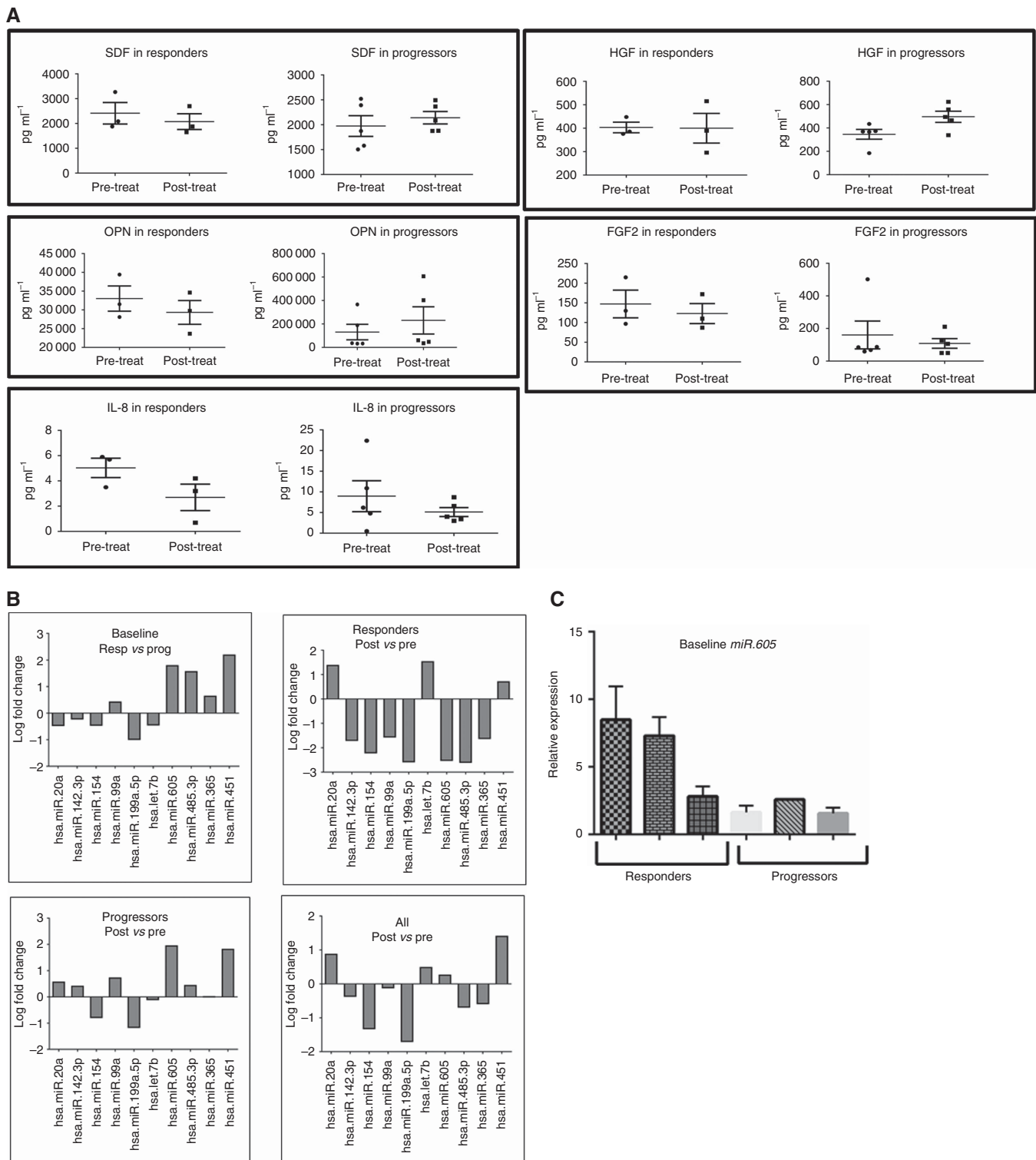


**Figure 3. Correlative studies.** (A) Representative pictures of immunohistochemistry for VEGF, HIF-1 $\alpha$ , HIF-2 $\alpha$ , and CAIX in archived tissues from nephrectomies with relative % expression are reported. (B) Representative serum and (C) plasma levels of VEGF levels at different time points are shown in the subset of patients where complete blood samples were available.

genetic alterations may represent new targets for therapeutic intervention in ccRCC. Specific histone modifier genes such as *SETD2* and *PBRM1* are most commonly altered in ccRCC and associated with poor prognosis (Hakimi *et al*, 2013). Data on the functional activity of the enzymes regulated by these genes remain to be elucidated. These observations suggest that ccRCC represents a suitable target for epigenetic therapies. In particular, reports have also shown that HDAC expression is altered in kidney cancer (Ramakrishnan *et al*, 2013, 2016). However, HDAC expression has not been correlated with response to selective/pan inhibitors. Despite the encouraging preclinical data, the clinical benefit of pan-HDAC inhibitors as single agents has been disappointing in the treatment of solid tumours, including ccRCC. A phase II study with panobinostat did not show meaningful clinical responses in 20 patients with metastatic ccRCC. All patients either progressed or stopped treatment before the 16-week reevaluation (Hainsworth *et al*, 2011). These results confirm that an effective development of epigenetic agents in solid tumours should not involve single-agent administration, but rather rational combination strategies by taking advantage of transcriptional and post-translational modifications induced by chromatin remodelling compounds.

The role of microRNAs in cancer biology represents an opportunity for developing novel biomarkers both as prognosticators and predictors. The epigenetic regulation of these non-

coding RNAs also represents a promising target for therapeutic interventions. Several microRNAs have been identified in ccRCC (Khella *et al*, 2013), and a miRNA-target interaction network has been proposed (Butz *et al*, 2015). A recent report has also suggested a potential predictor role of *miR-221/222* in ccRCC patients receiving sunitinib (Khella *et al*, 2015). In our analysis, despite the small sample size, modulation of specific circulating microRNAs was associated with tumour response. Interestingly, among the deregulated microRNAs, *miR-605* was upregulated in the Responders at baseline and was significantly downregulated following treatment. This microRNA has been involved in microvesicle trafficking and its modulation may suggest that release of specific growth factors/chemokines is associated with response to treatment. As microRNAs are epigenetically regulated in several tumour types, additional studies are necessary to determine the role of vorinostat and epigenetic agents in the observed modulation. Modulation of microRNAs including *miR-20a*, *142-3p*, *154*, *99a*, *199a*, *let7b*, *365*, and *451* by different HDAC inhibitors has been reported (Ali *et al*, 2015). Similar microRNAs were found altered with the treatment of vorinostat in our ccRCC patients (Figure 4B). Furthermore, vorinostat has been reported to specifically alter miRNA *20a*, *142-3p*, *199a*, *let7b*, and *365* in ovarian cancer cells (Balch *et al*, 2012), miRNA *142-3p* and *99a* in renal cancer cells (Schiffgen *et al*, 2013), *miR-let7b* in ras-



**Figure 4. Chemokines and miRNA.** (A) Differential modulation of serum chemokines in Responders vs Progressors. (B) differential modulation of serum miRNAs in Responders vs Progressors. (C) Baseline expression of circulating *miR-605* in serum Responders vs Progressors. Bands represent individual patients.

transformed thyroid cells (Borbone *et al*, 2013) and lung cancer cells (Lee *et al*, 2009), and *miR-20a* in acute myeloid leukaemia cells (Lepore *et al*, 2013) and liver cancer cells (Yang *et al*, 2015). Our findings on circulating microRNA and their modulation by vorinostat in ccRCC patients serum is quite interesting. In particular, we found that *miR-605* is elevated at baseline in the Responders and is downregulated with treatment in Responders as compared with Progressors, suggesting its tumour-suppressor

role (Figures 4A and C). Interestingly, *miR-605* has been reported to cross-talk with *p53* (Xiao *et al*, 2011), and phase I trial with vorinostat plus pazopanib has reported clinical benefit in patients with mutated *p53* colon carcinoma and sarcoma (Fu *et al*, 2015). Further testing is warranted to identify the molecular targets of these microRNAs in ccRCC to better understand the mechanism(s) of resistance/sensitivity to anti-VEGF therapies.



In summary, our results highlight that the combination of vorinostat and bevacizumab is safe, and further clinical investigation would be warranted to clarify whether this combination has greater efficacy vs bevacizumab alone. We recognise that our study has several limitations including the small sample size and the single-arm design. However, we are also encouraged from the results of a recently reported phase I study with the HDAC inhibitor abexinostat in combination with the VEGF TKI pazopanib showing 18% response rate in previously treated RCC patients (Aggarwal *et al*, 2016). Further analysis of patients responding to epigenetic therapies in the context of VEGF inhibition will identify the subset of ccRCC patients who may benefit from this combination therapeutic strategy.

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## CONFLICT OF INTEREST

The authors declare no conflict of interest.

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