

BASIC RESEARCH PAPER

## MitoQ regulates autophagy by inducing a pseudo-mitochondrial membrane potential

Chao Sun<sup>a,b,c</sup>, Xiongxiang Liu<sup>a,b,c</sup>, Cuixia Di<sup>a,b,c</sup>, Zhenhua Wang<sup>d</sup>, Xiangquan Mi<sup>e</sup>, Yang Liu<sup>a,b,c</sup>, Qiuyue Zhao<sup>a,b,c</sup>, Aihong Mao<sup>a,b,c</sup>, Weiqiang Chen<sup>a,b,c</sup>, Lu Gan<sup>a,b,c</sup>, and Hong Zhang<sup>a,b,c,f</sup>

<sup>a</sup>Institute of Modern Physics, Chinese Academy of Sciences, Lanzhou, China; <sup>b</sup>Key Laboratory of Heavy Ion Radiation Medicine of Chinese Academy of Sciences, Lanzhou, China; <sup>c</sup>Key Laboratory of Heavy Ion Radiation Medicine of Gansu Province, Lanzhou, China; <sup>d</sup>College of Life Sciences, Yantai University, Yantai, China; <sup>e</sup>College of Life Sciences, Lanzhou University, Lanzhou, China; <sup>f</sup>Collaborative Innovation Center of Radiation Medicine of Jiangsu Higher Education Institutions, Suzhou, China

### ABSTRACT

During the process of oxidative phosphorylation, protons are pumped into the mitochondrial intermembrane space to establish a mitochondrial membrane potential (MMP). The electrochemical gradient generated allows protons to return to the matrix through the ATP synthase complex and generates ATP in the process. MitoQ is a lipophilic cationic drug that is adsorbed to the inner mitochondrial membrane; however, the cationic moiety of MitoQ remains in the intermembrane space. We found that the positive charges in MitoQ inhibited the activity of respiratory chain complexes I, III, and IV, reduced proton production, and decreased oxygen consumption. Therefore, a pseudo-MMP (PMMP) was formed via maintenance of exogenous positive charges. Proton backflow was severely impaired, leading to a decrease in ATP production and an increase in AMP production. Excess AMP activates AMP kinase, which inhibits the MTOR (mechanistic target of rapamycin) pathway and induces macroautophagy/autophagy. Therefore, we conclude that MitoQ increases PMMP via proton displacement with exogenous positive charges. In addition, PMMP triggered autophagy in hepatocellular carcinoma HepG2 cells via modification of mitochondrial bioenergetics pathways.

### ARTICLE HISTORY

Received 13 July 2016  
Revised 19 December 2016  
Accepted 30 December 2016

### KEYWORDS

autophagy; energy metabolism; MitoQ; proton displacement; pseudo-MMP



### Introduction

The mitochondrion is a double-membrane-bound organelle. Protein complexes in the inner membrane (NADH dehydrogenase, cytochrome c reductase, and cytochrome c oxidase) transfer protons ( $H^+$ ), and the incremental production of energy is used to pump protons back into the intermembrane space.<sup>1</sup> A strong electrochemical gradient is established across the inner membrane as the proton concentration increases in the intermembrane space. Protons can return to the matrix through the ATP synthase complex, and their potential energy is used to synthesize ATP from ADP and inorganic phosphate.<sup>2</sup> Therefore, the MMP is used to maintain the cellular energy supply, which is essential for normal physiological processes.<sup>3,4</sup>


MitoQ consists of a triphenylphosphonium ( $TPP^+$ ) cation moiety covalently attached to the ubiquinone moiety of the endogenous antioxidant CoQ10 via a 10-carbon aliphatic carbon chain.<sup>5</sup> The positive charge of  $TPP^+$  allows cation accumulation within the mitochondria; cation transport is driven by the large transmembrane potential ( $\Delta\Psi_m$ ) (150–180 mV), this transmembrane potential is generated by the proton gradient formed during the transfer of an electron to oxygen. Recent studies have shown that MitoQ and several structural and functional analogs of MitoQ (MitoCP,  $TPP^+$  conjugated to 3-carboxyproxyl nitroxide; mitovitamin E,  $TPP^+$  conjugated to vitamin E) selectively

accumulate in the mitochondria and consequently induce greater toxicity in cancer cells and inhibit tumor growth in vitro and vivo.<sup>6–8</sup> However, the mechanisms associated with the toxic effect of MitoQ in cancer cells are unclear.

Autophagy is the natural, tissue-destructive mechanism that degrades unnecessary or dysfunctional cellular components. PRKAA/AMPK (AMP-activated protein kinase) is involved in the regulation of autophagy.<sup>9</sup> Under normal physiological conditions, binding of ATP to AMPK keeps the kinase activity low. When energy depletion occurs in cells, the AMP:ATP ratio increases, the AMP levels increase, and the exchange of AMP for ATP increases the kinase activity 5-fold.<sup>10</sup> The activated AMPK inhibits MTOR via phosphorylation, and activates TSC2 (tuberous sclerosis 2), a negative regulator of MTOR,<sup>11</sup> leading to increased formation of autophagosomes and autophagy flux. AMPK positively regulates autophagy in mammalian cells, which is consistent with the adverse effect of AMPK on MTOR signaling.<sup>12</sup> Autophagy controls various physiological processes, including adaptation to starvation, degradation of aberrant structures, turnover of damaged organelles, tumor suppression, and programmed cell death.<sup>13,14</sup> The aim of this study was to investigate the induction of autophagy by MitoQ by generating exogenous positive charges and interfering with MMP, identify the relationship between changes in mitochondrial

**CONTACT** Hong Zhang  [zhangh@impcas.ac.cn](mailto:zhangh@impcas.ac.cn)  Key Laboratory of Heavy Ion Radiation Medicine of Chinese Academy of Sciences, Institute of Modern Physics, Lanzhou 730000, P.R. China.

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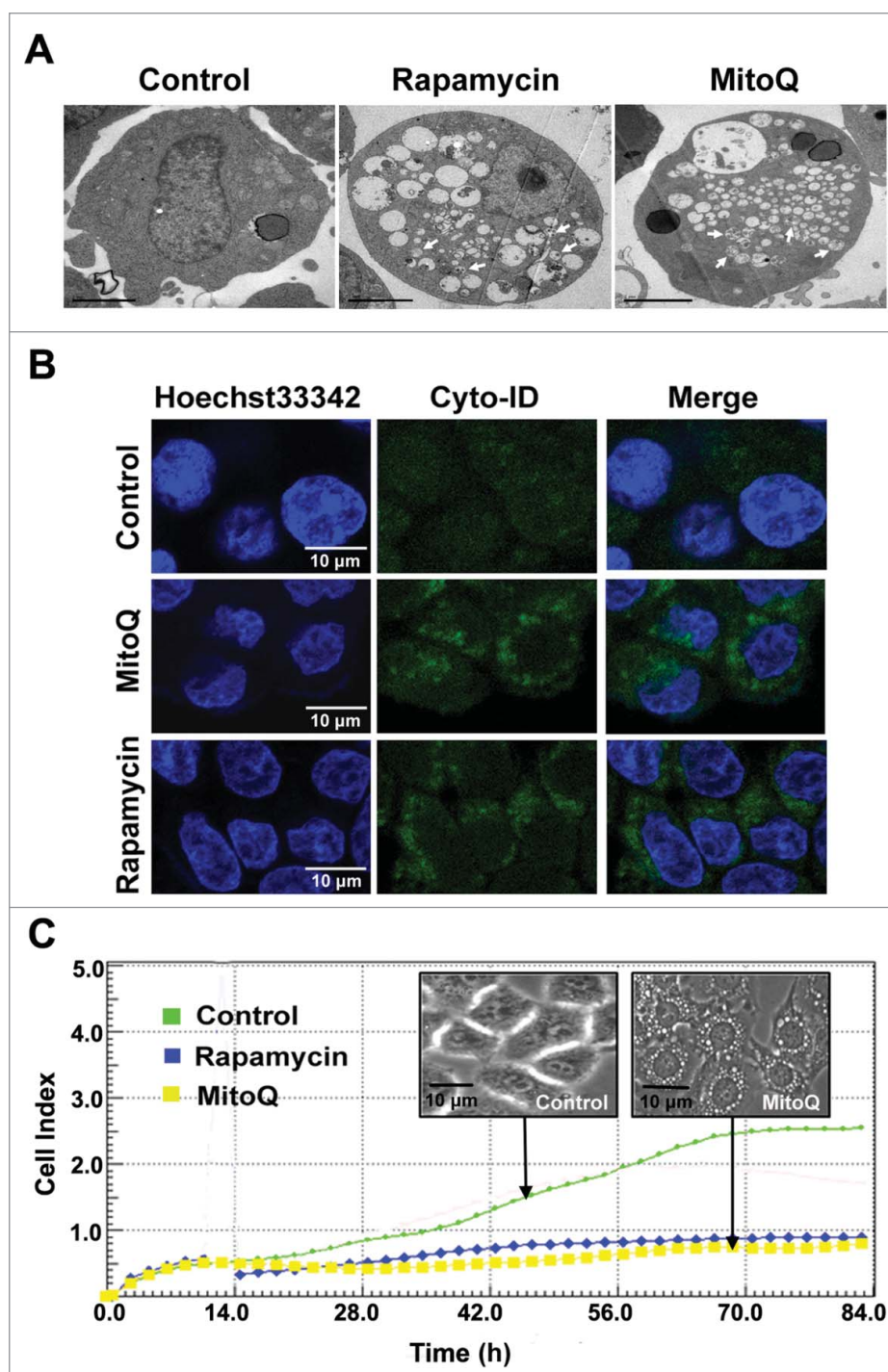
bioenergetics and cytotoxicity in cancer cells, and evaluate the effect of MitoQ on autophagy.

## Results

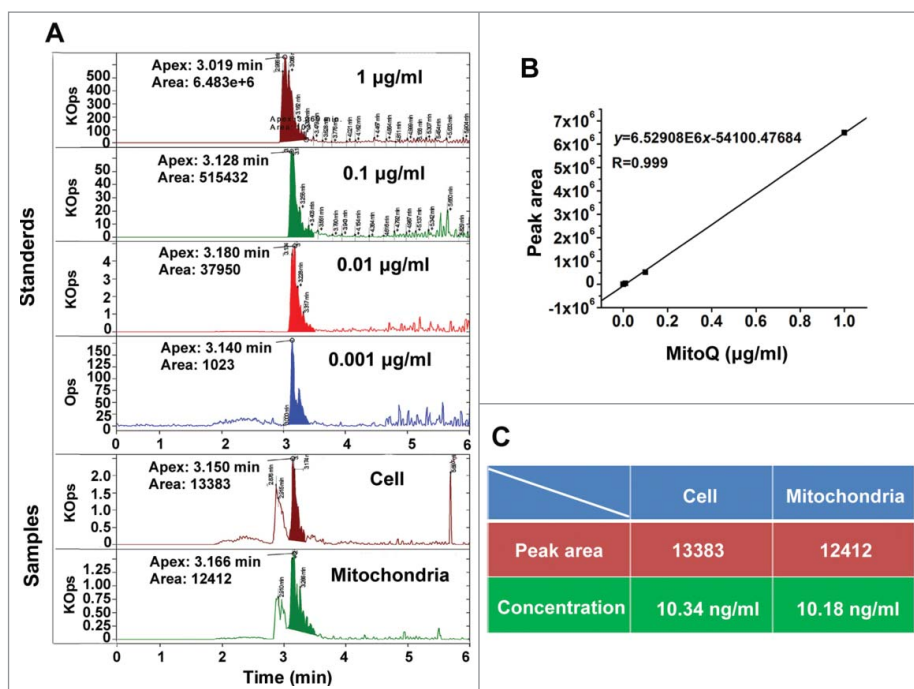
### *MitoQ induces autophagy in HepG2 cells and inhibits cellular proliferation*

Autophagy can be seen by an increase of autophagosomes in cells. As shown in Figure 1A, after 2 h treatment, 1  $\mu$ M MitoQ

caused the accumulation of large cytoplasmic vacuoles in HepG2 cells. Cyto-ID, a recently developed cationic amphiphilic tracer dye, labels autophagic compartments with minimal staining of lysosomes, suggesting that it is a specific autophagy marker. As shown in Figure 1B, no or very weak Cyto-ID fluorescence was detected in the control group whereas treatment with MitoQ for 2 h increased the signal of Cyto-ID (green fluorescence). The strength of induction of autophagy by MitoQ was similar to that of rapamycin (an autophagy inducer). In addition, the redistribution of GFP-LC3



**Figure 1.** Effects of MitoQ on autophagy and proliferation in HepG2 cells. (A) Transmission electron microscopy was used to study the formation of autophagic vacuoles after 2 h of treatment with MitoQ (scale bar: 2  $\mu$ m). The arrows point to autophagosomes. (B) The Cyto-ID dye specifically labeled the autophagic compartments with minimal staining of lysosomes and endosomes. (C) Cell index values were determined every 2 h using an RT-CES system for up to 84 h.



**Figure 2.** Quantitative analysis of the targeted effect of MitoQ in mitochondria. (A) HPLC-MS chromatograms corresponding to MitoQ. (B) Standard curve of MitoQ in the concentration range of 0.001–1.000 µg/ml. (C) List of sample statistics. Cell group: after treatment of HepG2 cells with MitoQ, the lysis solution of whole cells was detected. Mitochondria group: after treatment of HepG2 cells with MitoQ, the lysis solution of isolated mitochondria was detected.

from a diffusive cytosolic to a punctate autophagosome-associated pattern was also observed after treatment with MitoQ (Fig. S1). The effect of MitoQ on the proliferation of HepG2 cells was determined for up to 84 h using an RT-CES system (real-time cell electronic sensing). MitoQ (1 µM) significantly inhibited cell growth (Fig. 1C), but not induce obvious apoptosis (Fig. S2). This observation demonstrated that the inhibition of proliferation was not apoptosis-dependent, but potentially involved the induction of autophagy.

### MitoQ is selectively enriched in mitochondria of HepG2 cells

To assess the targeting of MitoQ to mitochondria, the concentrations of MitoQ were respectively measured in whole cells and mitochondria isolated from HepG2 cells by high performance liquid chromatography-tandem mass spectrometry (HPLC-MS). The HPLC-MS calibration curves were obtained using MitoQ standards at the concentrations of 1, 10, 100, and 1000 ng/ml (Fig. 2B). Treatment of HepG2 cells with MitoQ for 1 h resulted in a >90% enrichment of MitoQ in mitochondria (MitoQ in isolated mitochondria: 10.18 ng/ml; MitoQ in whole cells: 10.34 ng/ml) (Fig. 2A and C).

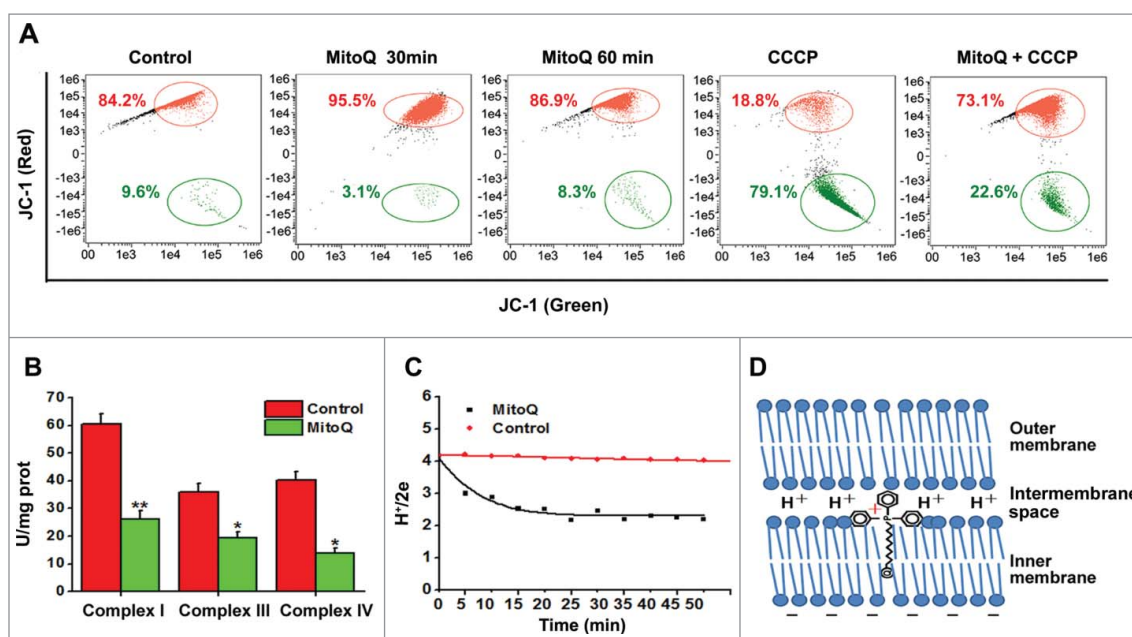
### MitoQ induces a pseudo-mitochondrial membrane potential (PMMP)

As shown in Figure 3D, MitoQ was primarily adsorbed to the inner mitochondrial membrane, whereas its cationic moiety remained in the intermembrane space.<sup>15,16</sup> After treatment of HepG2 cells with MitoQ for 30 min, the red fluorescence intensity of the cyanine dye JC-1 (a probe for mitochondrial membrane potential) increased by 11.3% whereas the green

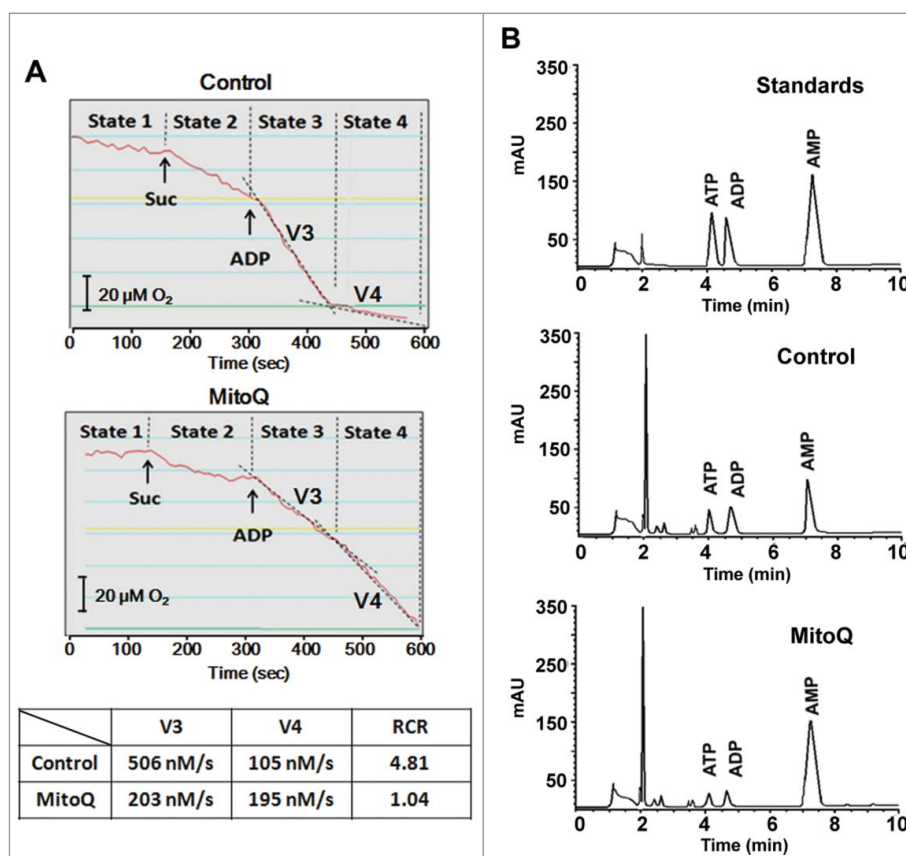
fluorescence intensity of JC-1 (corresponding to the monomeric dispersed form) decreased by 6.5% compared with the control group (Fig. 3A). The results demonstrated that the positive charges of MitoQ enhanced MMP ( $\Delta\Psi_m$ ). Meanwhile, the activities of respiratory chain complexes I, III, and IV (Fig. 3B) and the proton pumping rates (Fig. 3C) were inhibited by MitoQ. Furthermore,  $\Delta\Psi_m$  returned to a steady-state when the cells were pretreated with MitoQ for 60 min (Fig. 3A). At this point, considering the inhibition of the respiratory chain complexes, we propose that  $\Delta\Psi_m$  was maintained by the positive charges of MitoQ but not by mitochondrial protons. To verify this hypothesis, 10 µM carbonyl cyanide m-chlorophenyl hydrazone (CCCP), a proton ionophore,<sup>17</sup> was used to dissipate  $\Delta\Psi_m$  via transport of protons across the inner mitochondrial membrane. We observed that pretreatment with MitoQ for 1 h followed by CCCP significantly increased MMP compared with treatment with CCCP alone (Fig. 3A). Therefore, a PMMP was formed by maintaining positive charges corresponding to MitoQ in the intermembrane space.

### PMMP induced the abnormal energy supply in HepG2 cells

To further investigate the effect of MitoQ-induced PMMP on energy metabolism, mitochondrial respiration and ATP levels were measured using a Clark oxygen electrode and HPLC. The ratio of state 3 and state 4 (respiratory control ratio [RCR]) is an index used to assess respiratory chain function and oxidative phosphorylation. Treatment of HepG2 cells with MitoQ for 1 h decreased the RCR from 4.81 to 1.04 (Fig. 4A). Moreover, this treatment increased the AMP peak area and markedly decreased the ATP peak area compared with a control group (Fig. 4B). These results indicate that PMMP impairs mitochondrial respiratory function and blocks the energy supply.



**Figure 3.** Generation of pseudo-mitochondrial membrane potential (PMMP) by MitoQ. (A) Fluorescence of HepG2 cells stained with JC-1 was determined by flow cytometry. (B) The activities of respiratory chain complexes related to proton production were detected using commercial kits. (C) After different treatments with MitoQ, the rates of proton pumping were measured with a fast-responding pH electrode system. (D) Schematic diagram of MitoQ on the mitochondrial membrane. All data are presented as mean  $\pm$  SEM from 3 independent experiments. \* $P < 0.05$ , \*\* $P < 0.01$  vs. control.

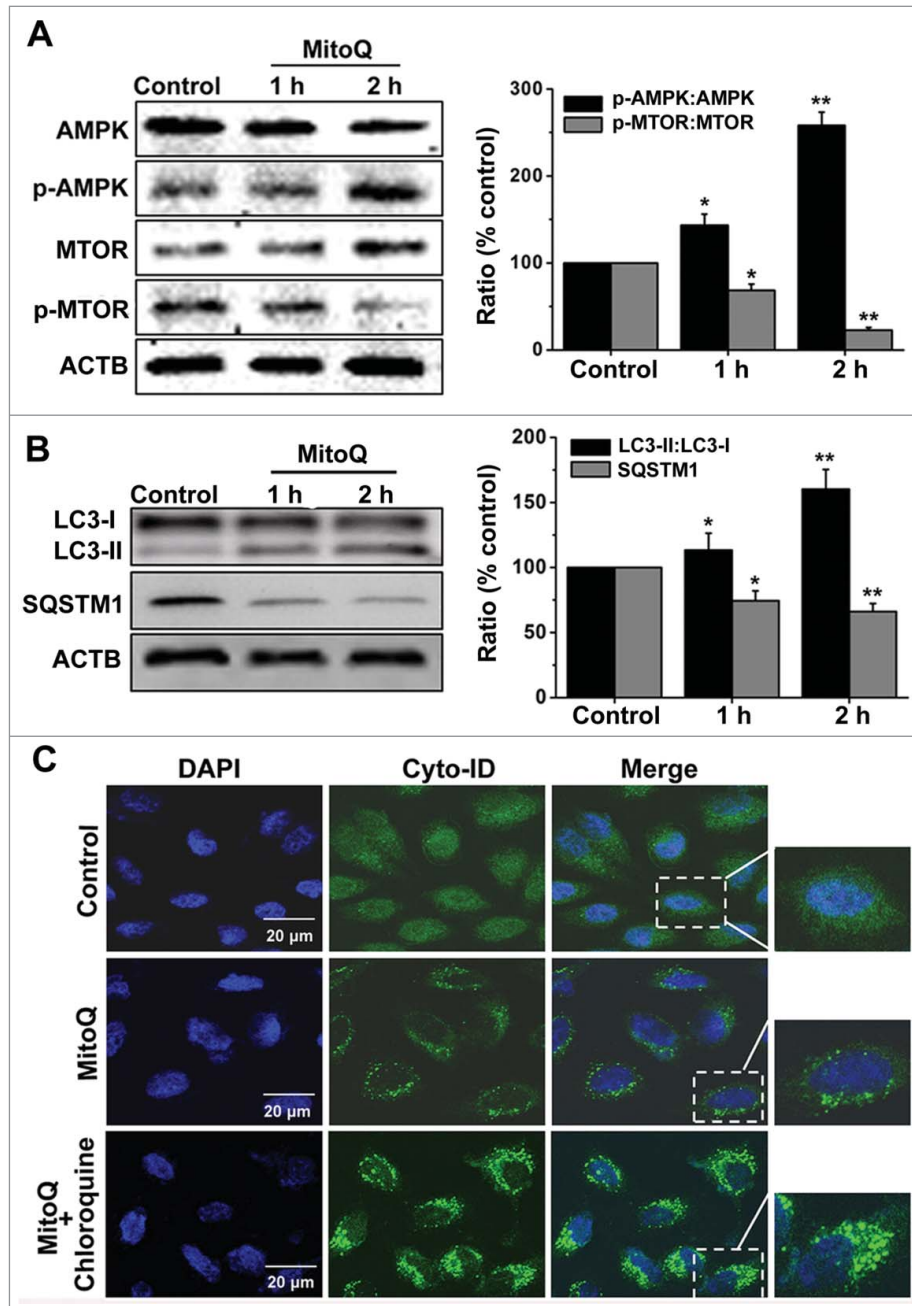


**Figure 4.** Effects of PMMP induced by MitoQ on energy metabolism in HepG2 cells. (A) After treatment with 1  $\mu$ M MitoQ, a Clark oxygen electrode was used to measure oxygen consumption. (B) The adenylates AMP, ADP, and ATP were determined by HPLC. The AMP, ADP, and ATP standards were used to calibrate the system. The retention time was expressed in minutes and signal intensity was measured at 260 nm and expressed in arbitrary units of absorption.

### MitoQ promotes autophagic flux via the AMPK-MTOR pathway

AMPK is an energy sensor, and therefore its activity is associated with energy metabolism levels and autophagy. The western blotting results indicated that 1  $\mu$ M MitoQ treatment significantly enhanced the phosphorylation of AMPK in HepG2 cells and effectively activated AMPK (Fig. 5A). In addition, the phosphorylation of MTOR was markedly downregulated (Fig. 5A). MAP1LC3/LC3 (microtubule-associated protein 1 light chain 3) is directed to the phagophore during autophagosome formation and has been used as an autophagy marker.<sup>18</sup> The SQSTM1/p62 protein serves as a link between LC3 and

ubiquitinated substrates. SQSTM1 becomes incorporated within the completed autophagosome and is degraded in autolysosomes;<sup>19</sup> SQSTM1 accumulates when autophagic flux is inhibited, and decreased levels can be observed when autophagic flux is induced. Figure 5B showed that MitoQ resulted in the conversion of LC3-I to LC3-II (corresponding to autophagy induction), and reduced the level of SQSTM1 in a time-dependent manner. Furthermore, the combination of MitoQ and 10  $\mu$ M chloroquine (an alkalinizing agent that blocks autophagosome fusion with the lysosome) increased the Cyto-ID fluorescence in HepG2 cells compared with treatment with MitoQ alone (Fig. 5C), indicating that MitoQ promoted autophagic flux via the AMPK-MTOR pathway. Finally, compound C (an



**Figure 5.** Effects of PMMP induced by MitoQ on the AMPK-MTOR-autophagy pathway. (A) The phosphorylation of AMPK and MTOR were analyzed by western blotting. (B) The conversion of LC3-I to LC3-II was measured by western blotting. ACTB was used as a loading control. (C) The Cyto-ID assay measured changes in autophagic flux. All data are presented as mean  $\pm$  SEM from 3 independent experiments. \* $P < 0.05$ , \*\* $P < 0.01$  vs. control.

AMPK inhibitor) could effectively suppress AMPK activation, the conversion of LC3-I to LC3-II and autophagic flux induced by MitoQ (Fig. S3).

## Discussion

As the energy power plants of cells, mitochondria generate ATP by using the proton electrochemical gradient potential, which is generated by serial reduction of electrons through the respiratory electron transport chain.<sup>20</sup> The reductive transfer of electrons through respiratory chain complexes I–IV in the inner mitochondrial membrane provides the energy necessary to transport protons against their concentration gradient across the inner mitochondrial membrane, resulting in a net accumulation of  $H^+$  in the intermembrane space, and the transported protons return to the mitochondrial matrix through the  $F_1$ - $F_0$  ATP-synthase complex, thus producing ATP.<sup>2</sup> The total force that transports protons into the mitochondria is the MMP ( $\Delta\psi/m$ ).<sup>21</sup> The results of the present study indicate that MitoQ is adsorbed to the inner mitochondrial membrane; however, its cationic moiety remains in the intermembrane space, resulting in the addition of a large number of positive charges. The balance of  $\Delta\psi/m$  was maintained by MitoQ attenuating the activity of respiratory chain complexes I, III, and IV (which are associated with proton generation) (Fig. 3B) and decreasing the proton pumping rate (Fig. 3C). Furthermore, the positive charges in MitoQ replaced protons in the establishment of the electrochemical gradient across the inner membrane. In this instance, however, proton backflow was severely impaired, resulting in the decreased production of ATP (Fig. 4B). This distinct MMP could not maintain a normal energy supply and therefore was designated “pseudo-MMP” (PMMP). This study is the first to hypothesize about PMMP and helped elucidate the mechanisms used by lipophilic cation drugs to induce PMMP.

Mitochondria as an antitumor target have attracted considerable attention in recent years. Mitochondrial inhibitors have been reported to possess antitumor activity. Interestingly, most mitochondrial inhibitors are lipophilic cation drugs. For example, a report in *Science* indicates that the mitochondrial dye Rh123, which inhibits mitochondrial oxidative phosphorylation, exhibits anti-carcinoma activity in mice.<sup>22</sup> In 2014, a paper in *Nature Communications* also reported that VLX600 (a new lipophilic cation molecule) reduced mitochondrial respiration, leading to bioenergetic catastrophe and tumor cell death.<sup>23</sup> Metformin is a commonly prescribed antidiabetic drug that inhibits mitochondrial complex I. However, metformin also inhibits tumor formation in diabetic patients.<sup>24,25</sup> Metformin exists as a cation at physiological pH and weakly targets mitochondria.<sup>23</sup> Thus, the inhibitory effects of these drugs on mitochondria may be related to PMMP. By using the PMMP hypothesis, the antitumor mechanism of lipophilic cation drugs could be revealed more deeply.

MitoQ, as a mitochondrial targeting antioxidant, has attracted much attention by researchers. The approximately 1000-fold greater concentration of MitoQ within mitochondria increases its effectiveness in preventing mitochondrial oxidative damage compared with untargeted antioxidants such as coenzyme Q10. Cases of Parkinson disease are being treated with MitoQ in phase II clinical trials; however, in these trials MitoQ

was generally not beneficial likely due to irreversible neuronal damage that had occurred by the time the patients were diagnosed and entered into the trials.<sup>26</sup> The mechanisms associated with MitoQ toxicity are unclear. In the present study, we found that MitoQ blocked mitochondrial respiratory function (Fig. 4A) and impaired energy metabolism via induction of PMMP (Fig. 4B). Starvation induced excessive autophagy via the AMPK-MTOR signaling pathway (Fig. 5) and effectively inhibited cell proliferation (Fig. 1C), and this mechanism might be the cause of cytotoxicity of MitoQ. Furthermore, autophagy and PMMP induced by MitoQ also have been preliminarily proved in human promyelocytic leukemia cells (HL-60) in addition to HepG2 cells (Fig. S4).

Current chemotherapies often cause significant morbidity and enhance toxic side effects. Many of the chemotherapeutic drugs are potently cytotoxic to neoplastic and normal cells, although newer targeted therapies developed for specific cancer phenotypes may potentially increase the efficacy and decrease toxic side effects. A major objective in cancer chemotherapy is to enhance tumor cell cytotoxicity without causing undue cytotoxicity in normal cells. In this context, Rao et al. found that MitoQ was 30-fold more cytotoxic to breast cancer cells than to healthy mammary cells.<sup>8</sup> Similarly, Cheng reported that Mito-ChM and Mito-ChMAc (structural and functional analogs of MitoQ) exhibit selective antiproliferative and cytotoxic effects in multiple cancer cells but not in noncancerous cells.<sup>7</sup> Studies that investigated different types of cancer cells found a higher mitochondrial transmembrane potential in these cells compared with normal cells.<sup>27,28</sup> Therefore, the targeting of cancer cell mitochondria with MitoQ should be prioritized; the cytotoxicity induced by PMMP in cancer cells is stronger than in normal cells. If this hypothesis is confirmed, MitoQ will be a promising anticancer drug. In addition, PMMP may be a potential target of selective antitumor agents. These investigations are currently underway in our laboratory.

## Methods and materials

### Cell culture

Human liver cancer cell line HepG2 cells were cultured in Dulbecco's modified Eagle's medium (Gibco, 11995065), with 1% penicillin/streptomycin (Gibco, 15140122) and 10% fetal bovine serum (TransGen Biotechnology, FS101-02). Cell cultures were performed in a 5%  $CO_2$  atmosphere at 37°C. MitoQ was synthesized by Vosun Chemical (444890-41-9). Rapamycin was purchased from Calbiochem (553210), compound C was from Abcam (ab120843) and CCCP was from Sigma-Aldrich (C2759).

### Confocal microscopy

To visualize autophagic vacuoles and monitor autophagic flux in live cells, confocal microscopy was used. HepG2 cells were grown in glass-bottom dishes (NEST, 801001), and then treated with 1  $\mu$ M MitoQ for 2 h, with cells treated with 50 nM autophagy inducer rapamycin for 6 h as positive controls. Thereafter, cells were treated with the nuclear dye Hoechst 33342 (Beyotime Biotechnology, C1022) and the autophagy detection

kit Cyto-ID<sup>®</sup> green dye (Enzo Life Sciences, ENZ-51031-K200) at 37°C for 15 min.<sup>29</sup> Confocal images were acquired using a Zeiss LSM-700 confocal microscope (Carl Zeiss, Jena, Germany) equipped with a Plan-Apo 40 × 1.3 NA oil-immersion objective. Images were edited with Photoshop.

### Transmission electron microscopy

The ultrastructural analysis of autophagy was performed with transmission electron microscopy.<sup>30</sup> Briefly, cells were fixed with 4% glutaraldehyde (Sigma-Aldrich, G5882) and post-fixed in 1% osmium tetroxide (Sigma-Aldrich, 75633) at 4°C. The samples were then washed again, dehydrated with graded alcohol and embedded in Epon-Araldite resin (Electron Microscopy Sciences, 14900). Ultrathin sections with 50-nm thickness were obtained. Sections were then stained with uranyl acetate and lead citrate. A JEM-1220 TEM (JEOL, Tokyo, Japan) was used to observe autophagosomes.

### In vitro cell proliferation analysis

The rate of cellular proliferation was analyzed with an RT-CES system (ACEA Bioscience, San Diego, CA, USA). Cells were grown on the surfaces of microelectronic sensors, which are composed of circle-online electrode arrays and are integrated into the bottom surfaces of the microtiter plate. Changes in cell number were monitored and quantified by detecting sensor electrical impedance. Cell index values obtained on the RT-CES system were quantitatively correlated with the cell numbers.<sup>31</sup> HepG2 cells were harvested after different treatments and seeded into a 16-well strip at a density of  $1 \times 10^3$  cells/well. The sensor devices were placed into the 5% CO<sub>2</sub> incubator and the cell index value was determined every 2 h automatically by the RT-CES system for up to 84 h.<sup>32</sup>

### Detection of respiratory chain complexes activities

After treatment with 1 μM MitoQ for 1 h, HepG2 cells were collected and washed twice with cold phosphate-buffered saline (HyClone, SH30256.01). Cells were immediately pulverized with an ultrasonic cell crusher (VCX130PB, SONICS, Newtown, CT, USA). After determining the amount of total protein in the mixture, we detected intracellular respiratory chain complex I (Suzhou Comin Biotechnology, FHTA-2-Y), complex III (Suzhou Comin Biotechnology, FHTC-2-Y), and complex IV (Suzhou Comin Biotechnology, FHTD-2-Y) according to the instructions for the reagent kits.

### Determination of mitochondrial membrane potential ( $\Delta\Psi_m$ )

Changes in the mitochondrial membrane potential were studied by staining with the cationic dye JC-1. After incubation with 10 μM JC-1 (Sigma-Aldrich, T4069) staining solution at 37°C in the cell incubator for 15 min, HepG2 cells were washed with JC-1 staining buffer 2 times and then analyzed using a flow cytometer (FlowSight, Amnis, Seattle, WA, USA). In the normal mitochondria, JC-1 aggregates to form a polymer in the mitochondrial matrix, and the polymer emits a strong red

fluorescence (Ex = 585 nm, Em = 590 nm). In contrast, in the presence of unhealthy mitochondria, due to the decline or loss of the mitochondrial membrane potential, JC-1 monomers just can be present in the cytoplasm, resulting in a green fluorescence (Ex = 514 nm, Em = 529 nm).<sup>33</sup>

### Measurement of H<sup>+</sup>/2e

Mitochondria were extracted from HepG2 cells using an Isolation kit (Beyotime Biotechnology, C3601), according to the manufacturer's instructions. Purified mitochondria were suspended in 0.25 M sucrose (Sangon Biotech, A610498), 1 mM EGTA, 5 mM Tris, pH 7.4 at 0°C.

Proton pump rate and H<sup>+</sup>/2e determinations were carried out using the K<sub>3</sub>Fe(CN)<sub>6</sub> pulse method.<sup>34,35</sup> Mitochondria (2 mg/ml) were suspended in 6 ml of 220 mM mannitol (Sangon Biotech, A100122), 70 mM sucrose, 2 mM HEPES, 50 mM KCl, 4 mM MgCl<sub>2</sub>, 2 μM rotenone (Sigma-Aldrich, R8875), 2 mM KCN, 5 mM succinate (Sangon Biotech, A100165), pH ~7.35–7.40, 25°C. Then, 0.1 mM K<sub>3</sub>Fe(CN)<sub>6</sub> (Sigma-Aldrich, 244023) used as an electron acceptor was added to the mixture to start the chemical reaction. Electron transport rates were measured in a 557 double-beam spectrophotometer (PerkinElmer, Waltham, MA, USA). Proton ejection was measured with a PHM84 fast-responding pH electrode system (Radiometer Medical, Copenhagen, Denmark). 100 nM of standard HCl was used to calibrate the system.

### HPLC-MS analysis

The enrichment of MitoQ in mitochondria was performed using an EVOQ Qube LC-TQ system (Bruker Daltonics, Fremont, CA, USA). The cells were treated with MitoQ, then collected and divided into 2 equal parts, one for whole cell's homogenate, the other for isolation of mitochondria that were homogenized; the 2 homogenates had equal volumes and were extracted twice with the mixture of methylene chloride and methanol (the ratio of methylene chloride to methanol was 2:1), containing 2 mM butylated hydroxytoluene (Sigma-Aldrich, W218405). After drying, the residue was dissolved with cold methanol containing 2 mM butylated hydroxytoluene.

The chromatographic separation was performed with a Bruker liquid chromatography system, using an injection volume of 10 μL, and a reverse phase C18 column (2.1 mm × 150 mm, 3.5-μm particle size, WAT106005, Waters, Milford, MA, USA) maintained at 33°C. The separation followed gradient elution where solvent A was water containing 0.1% formic acid, and solvent B was acetonitrile also containing 0.1% formic acid. The gradient elution time was 10 min per sample with MitoQ showing a retention time close to 3 min.<sup>7</sup> The mass spectrometer used electrospray ionization in the positive mode.

### Mitochondrial respiration

Oxygen consumption was determined in HepG2 cells at 37°C with a Clark oxygen electrode (Oxytherm, Hansatech Instruments, Norfolk, UK).<sup>36</sup> Briefly, Cells were resuspended in 1 ml

of buffer (20 mM HEPES, 10 mM MgCl<sub>2</sub>, 250 mM sucrose, pH 7.4) and then permeabilized with digitonin (0.01%; Sigma-Aldrich, D141). After incubation for 1 min at room temperature, the cell suspension was diluted with 8 ml of buffer. The cells were pelleted and resuspended in respiration buffer (20 mM HEPES, 250 mM sucrose, 2 mM KH<sub>2</sub>PO<sub>4</sub>, 10 mM MgCl<sub>2</sub>, pH 7.4). 10 mM succinate was added as substrate to start state 2 respiration. Then, 1 mM ADP was added in respiration buffer to start state 3 respiration. When ADP was exhausted, mitochondria entered state 4 respiration. Respiratory control ratio corresponded to the ratio of state 3 and state 4 oxygen uptake rate.

### Adenylates determination

Samples were pulverized with an ultrasonic cell crusher and extracted with 0.4 M HClO<sub>4</sub>. The system was kept cold in an ice bath and after 20 min samples were centrifuged at 15,000 g at 4°C for 10 min. The supernatant was immediately neutralized with 4 M K<sub>2</sub>CO<sub>3</sub> and incubated on ice for 30 min. The resulting supernatant was centrifuged again under the same conditions, and the final supernatant was kept on ice to be injected into the HPLC equipment within the subsequent 3 h.

The adenylates (AMP, ADP and ATP) were determined by HPLC with a reverse phase C18 column (4.6 × 250 mm, 5-μm particle size, 990967-902, Agilent Technologies, Santa Clara, CA, USA). The quantifications were performed using gradient elution with a mobile phase containing 35 mM NaH<sub>2</sub>PO<sub>4</sub>, 6 mM tetrabutylammonium; mobile phase:acetonitrile gradient 95:5 to 75:25. Detection: 210 nm for 0–10 min.<sup>37</sup> The analytical concentration of adenylates was estimated by comparison of the area of the sample with that of standards (10 μM).

### Western blot analysis

Cells were lysed in RIPA buffer (Beyotime Biotechnology, P0013C). Proteins were separated by 10% SDS-PAGE and transferred to a methanol-activated PVDF membrane (Bio-Rad, 1620177). The antibodies used were as follows: anti-PRKAA/AMPKα (Cell Signaling Technology, 2532), anti-p-PRKAA/AMPKα (Cell Signaling Technology, 2535), anti-MTOR (Cell Signaling Technology, 2972), anti-p-MTOR (Cell Signaling Technology, 2971), anti-LC3B (Cell Signaling Technology, 2755), anti-SQSTM1/p62 (Cell Signaling Technology, 5144) and ACTB/β-actin (Cell Signaling Technology, 4967) antibody at 4°C overnight. After 1-h incubation with HRP-conjugated secondary antibody (Proteintech, SA00001-2), membranes were washed 3 times for 15 min each with phosphate-buffered saline. Data were presented as relative protein level normalized to ACTB, and the ratio of control samples was taken as 100%.

### Statistical analysis

Data are presented as means ± SEM from at least 3 independent experiments and evaluated by analysis of variance (ANOVA) followed by Student Newman-Keuls test. Values of  $P < 0.05$  were considered statistically significant.

### Abbreviations

AMPK	AMP-activated protein kinase
CCCP	carbonyl cyanide m-chlorophenyl hydrazone
GFP	green fluorescent protein
HLPC-MS	liquid chromatography-tandem mass spectrometry
MMP	mitochondrial membrane potential
MTOR	mechanistic target of rapamycin
PMMP	pseudo-mitochondrial membrane potential
RCR	respiratory control ratio
RT-CES	real-time cell electronic sensing
SQSTM1	sequestosome 1
TPP <sup>+</sup>	triphenylphosphonium

### Disclosure of potential conflicts of interest

No potential conflicts of interest were disclosed.

### Funding

This work was supported by grants from the Key Program of National Natural Science Foundation of China (U1432248), National Key projects of Research and Development (2016YFC0904600), the National Natural Science Foundation of China (11505245), the Western Talents Program of the Chinese Academy of Sciences (Y460040XB0).

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