

Recommendation of an Appropriate Medium for In Vitro Drug Susceptibility Testing of the Fish Pathogen *Tenacibaculum maritimum*

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Received 6 May 2004/Returned for modification 17 June 2004/Accepted 22 September 2004

In the present study, Anacker and Ordal agar, marine agar (MA), and *Flexibacter maritimus* medium (FMM) were compared with the dilute versions of Mueller-Hinton agar (DMHA) medium recommended by the National Committee for Clinical Laboratory Standards (NCCLS) for their use in disk diffusion tests with *Tenacibaculum maritimum* strains and to calculate the MICs of five drugs by the Etest method. Preliminary growth tests performed with 32 strains of this pathogen on each medium revealed that all strains failed to grow on DMHA, while the remaining media supported good growth of all isolates. In the susceptibility tests, which were carried out with the other three media, all strains were resistant to oxolinic acid and were highly susceptible to amoxicillin and trimethoprim-sulfamethoxazole, showing a good correspondence with the Etest values, which ranged from 0.064 to 0.75 and 0.006 to 1.5 µg/ml, respectively. Enrofloxacin and oxytetracycline produced significantly smaller inhibition zones and MICs on MA than on the other media assayed. However, fast, clear, and well-defined zones of inhibition were displayed for all strains at 24 h of incubation only on FMM by both the disk diffusion assay and Etest. In addition, FMM prepared with commercial sea salts instead of seawater was also suitable for bacterial isolation as well as for susceptibility testing. On the basis of these results, the use of FMM to determine the in vitro susceptibility of *T. maritimum* and its inclusion in a future revision of the NCCLS M42 report are recommended.

The rapid expansion of the aquaculture industry in the last decade has increased the losses caused by systemic bacterial infections in marine fish farming throughout the world. Although vaccination procedures are used to prevent the majority of bacterial diseases (15, 22, 27), at present a wide range of antimicrobial compounds are still essential for the control of clinical cases of infection in fisheries (29, 30, 31). Several methods of in vitro drug susceptibility testing of fish pathogens have been reported, including the disk diffusion assay, broth and agar dilution procedures (32), and most recently, the Etest method (6; M. Vilariño, J. L. Romalde, C. Ribao, A. E. Toranzo, and J. L. Barja, Abstr. XIX Congr. Nacional Microbiol., abstr. 139, 2003). Of these techniques, the agar disk diffusion method has been used since the 1960s and is the most widely used method in diagnostic laboratories because it is simple to perform, it presents a high degree of reliability in terms of standardization of the drug concentration, and a single bacterial isolate can be tested with a series of antimicrobials in one experiment (19).

The filamentous organism *Tenacibaculum maritimum* (formerly *Flexibacter maritimus*) (35) is the causative agent of marine flexibacteriosis, an important disease in fish farms around the world (4, 8, 10, 11, 13, 16, 23, 28, 38). Since the first reports of flexibacteriosis (18, 20), the use of nonselective and/or low-nutrient media, such as marine agar (MA) and Anacker and

Ordal agar (AOA) (3) prepared with seawater, has been advocated for the isolation of seawater-dependent, slow-growing *T. maritimum* isolates from infected fish. However, although both media support the growth of *T. maritimum* strains, another medium, named *Flexibacter maritimus* medium (FMM) (24), has been proposed to be the most appropriate for the successful isolation of this species from fish samples due to its ability to allow better growth of *T. maritimum* in comparison to the growth of heterotrophic halophilic bacteria, such as *Vibrio*, *Pseudomonas*, and *Aleromonas* species, which usually overgrow the plates. In addition, these three media have also been used for the routine drug susceptibility testing of this fastidious pathogen.

Although Alderman and Smith (1) reported a tentative set of antibiotic susceptibility test protocols for use with different bacteria pathogenic for fish, *T. maritimum* was not included in that guidance document. Recently, the National Committee for Clinical Laboratory Standards (NCCLS) (21) recommended the use of two versions of diluted Mueller-Hinton agar (DMHA), previously proposed for *Flavobacterium columnare* and *Flavobacterium psychrophilum*, as the best media for the routine susceptibility testing of *T. maritimum*. This was probably due to the inclusion of *T. maritimum* in the guidelines as a member of group III (gliding, flexing, and yellow-pigmented gram-negative bacteria), together with other phenotypically similar fish pathogens of the genera *Flavobacterium*. Unfortunately, the abilities of the strictly halophilic *T. maritimum* strains to grow on these Mueller-Hinton agar (MHA) variants have not been tested.

Therefore, the primary objective of the present study was to

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TABLE 1. *T. maritimum* strains used in this study

Bacterial isolate	Host species	Origin	Yr of isolation
LR2P	Sole (<i>Solea solea</i>)	Spain	1995
PC492.1	Sole (<i>Solea senegalensis</i>)	Spain	2001
PC503.1	Sole (<i>S. senegalensis</i>)	Spain	2001
PC504.1	Sole (<i>S. senegalensis</i>)	Spain	2001
PC528.1	Sole (<i>S. senegalensis</i>)	Spain	2002
PC529.1	Sole (<i>S. senegalensis</i>)	Spain	2002
AZ203.1	Sole (<i>S. senegalensis</i>)	Spain	2001
LgH35-O3 ^a	Sole (<i>S. senegalensis</i>)	Spain	2003
LgV1-04 ^a	Sole (<i>S. senegalensis</i>)	Spain	2004
ACC8.1	Sole (<i>S. senegalensis</i>)	Portugal	2003
PC424.1	Turbot (<i>Scophthalmus maximus</i>)	Spain	2000
PC460.1	Turbot (<i>S. maximus</i>)	Spain	2001
PC473.1	Turbot (<i>S. maximus</i>)	Spain	2001
LD12.1	Turbot (<i>S. maximus</i>)	Spain	2001
RM256.1	Turbot (<i>S. maximus</i>)	Spain	2002
RI93.1	Turbot (<i>S. maximus</i>)	Spain	2002
ACR104.1	Turbot (<i>S. maximus</i>)	Spain	2001
RM276.1	Turbot (<i>S. maximus</i>)	Spain	2004
JIP 24/99 ^b	Turbot (<i>S. maximus</i>)	Spain	1999
JIP 46/00 ^b	Turbot (<i>S. maximus</i>)	Spain	2000
ACC6.1	Turbot (<i>S. maximus</i>)	Portugal	2003
PC538.1	Gilthead sea bream (<i>Sparus aurata</i>)	Spain	2002
PC560.1	Gilthead sea bream (<i>S. aurata</i>)	Spain	2002
DOB102	Gilthead sea bream (<i>S. aurata</i>)	Spain	2002
PC868.1	Gilthead sea bream (<i>S. aurata</i>)	Spain	2003
DBA4a	<i>Seriola quinqueradiata</i>	Japan	1986
SSG33	<i>Salmo salar</i>	Spain	1993
JIP 32/99 ^b	Sea bass (<i>Dicentrarchus labrax</i>)	France	1999
LVDH 1577.01 ^b	Sea bass (<i>D. labrax</i>)	France	2003
NCIMB 2158	Sole (<i>S. solea</i>)	United Kingdom	1981
NCIMB 2153	Blackhead sea bream (<i>Acanthopagrus schlegelii</i>)	Japan	1976
NCIMB 2154 ^T	Japanese sea bream (<i>Pagrus major</i>)	Japan	1977

^a Supplied by M. A. Moriño, Department of Microbiology, University of Malaga, Malaga, Spain.

^b Supplied by J. F. Bernardet, Unité de Virologie et Immunologie Moleculaires, Institut National de la Recherche Agronomique, Jouy-en-Josas Cedex, France.

compare AOA, MA, and FMM with the officially recommended versions of DMHA medium prepared with distilled water or seawater for disk diffusion susceptibility testing with a collection of *T. maritimum* isolates. The possible replacement of seawater by commercial sea salts was evaluated with all the media used. Finally, the MICs of different drugs in the different media were determined by the Etest method.

MATERIALS AND METHODS

Bacterial strains. A total of 32 strains of *T. maritimum* were included in this study (Table 1). This collection comprises 29 strains isolated from seven different marine fish species that belong to the different serotypes and clonal lineages described for this pathogen (4, 5) and three reference strains (NCIMB 2153, NCIMB 2154^T, and NCIMB 2158) from the National Collection of Industrial and Marine Bacteria (NCIMB; Aberdeen, United Kingdom). Most of the strains

were collected from epizootic outbreaks during the last 10 years and were preserved by freezing them at -70°C in Cryo-bille tubes (AES Laboratory, Combourg, France). These strains were streaked on FMM and incubated at 24°C for 72 h. Before the assay, all bacterial strains were confirmed to be *T. maritimum* by biochemical testing, serological assays, and species-specific PCR (4, 5). As recommended in NCCLS document M42-R, reference strain *Escherichia coli* (ATCC 25922) from the American Type Culture Collection (ATCC; Manassas, Va.) was included for quality control in every test run and was grown on MHA plates (Difco Laboratories, Madrid, Spain) at 22 and 35°C for 16 to 20 h. Three *F. columnare* and two *F. psychrophilum* isolates were included as growth controls on each version of DMHA medium prepared with distilled water. These strains were routinely grown on tryptic soy agar (Difco) and modified AOA (36), respectively.

Test media. The NCCLS procedure (21) was carefully followed for the preparation of all media used in this study. Dilute 0.3% Mueller-Hinton broth (Difco) with 0.9% agar (Cultimed Panreac Química S.A., Barcelona, Spain) (DMHA) and DMHA supplemented with 5% fetal calf serum (FCS; Culek S.L., Madrid, Spain) were prepared as described by the NCCLS (21). Due to the halophilic characteristic of this bacterium, the two variants of DMHA were also prepared with seawater. FMM (0.5% peptone [Difco], 0.05% yeast extract [Oxoid Ltd., Basingstoke, England], and 0.001% sodium acetate [Sigma Aldrich Química, S.A., Madrid, Spain] supplemented with 1.5% agar [Cultimed]) and AOA (0.5% tryptone [Becton Dickinson and Co., Le Pont de Claix, France], 0.05% yeast extract [Oxoid], 0.02% sodium acetate, hydrated [Sigma], and 0.02% beef extract [Cultimed] supplemented with 1.5% agar) were prepared with seawater as the diluent, according to the original descriptions (3, 24). MA (Pronadisa, Madrid, Spain) was prepared according to the instructions of the manufacturer. In addition, to avoid dependence on the availability of natural seawater by most laboratories, as well as to facilitate standardization of the protocols, all media (except MA) were also prepared with commercial sea salts (Oxoid) (4%; wt/vol) dissolved in distilled water. All experiments were carried out with three different batches of media.

Antimicrobial disks. For disk diffusion testing, five chemotherapeutic agents used for the treatment of bacterial diseases in fish were selected. Commercial disks (Oxoid) with oxolinic acid (OA; 2 μg), amoxicillin (AMX; 25 μg), trimethoprim-sulfamethoxazole (SXT [1.25 μg /23.75 μg]; 25 μg), enrofloxacin (ENR; 5 μg), and oxytetracycline (OTC; 30 μg) were used as described for the NCCLS procedures (21).

Preparation of inoculum. Although all *T. maritimum* isolates were routinely cultured on FMM agar, the abilities of the strains to grow on all media were also examined by inoculating each strain directly on each medium. To evaluate if the initial medium used in the disk diffusion assays had any influence, three colonies grown on plates with each medium which supported good growth of the strains were used to prepare the starting inocula of all *T. maritimum* isolates. Bacterial suspensions were prepared in sterile 0.9% saline solution, and just before experimental use the absorbance at 625 nm was measured on a spectrophotometer and was adjusted to 0.08 to 0.10, as indicated in the NCCLS M42 report. Simultaneously, 10-fold dilutions were prepared and 0.1 ml of each of the different dilutions was spread onto each medium to determine the recoverability of the strains (expressed as the number of CFU per milliliter). The plates were incubated at 24°C for 48 to 72 h.

Disk diffusion testing. The NCCLS recommendations (21) for the disk diffusion assay protocol were strictly followed in the disk diffusion testing methodology used in this study. The diameter of each zone of inhibition was determined to the nearest millimeter after 24, 48, and, if necessary, 72 h of incubation. Reference strain *E. coli* ATCC 25922 was used for quality control throughout the study, as described above. All tests were carried out in triplicate, and the mean \pm standard deviation was calculated.

Etest method to determine MICs. To determine the MICs, the Etest method (AB Biodisk, Solna, Sweden) was performed according to the instructions in the manufacturer's package insert. Two strains of *T. maritimum* isolated from sole (strain PC503.1) and turbot (strain PC424.1), representing the two main serotypes described for this pathogen (4), together with all reference strains, were assayed on the same media used for the disk diffusion assay. The following drugs were tested: AMX, SXT, ENR, and tetracycline (an Etest strip of OTC was not commercially available). Antimicrobial agent concentrations ranged from 0.016 to 256 $\mu\text{g}/\text{ml}$ for all agents except SXT (1/19), whose concentrations ranged from 0.002 to 32 $\mu\text{g}/\text{ml}$. Three plates per isolate were incubated for up to 48 h at 24°C and examined for the formation of an elliptical zone of growth inhibition. The value printed on the strip edge at the intersection of the growth inhibition zone was recorded as the MIC for *T. maritimum*. To check the performance of the Etests, *E. coli* ATCC 25922 was included because the MICs for this strain on MHA are known; it was incubated at 22 and 35°C for 16 to 20 h.

TABLE 2. Comparison of the growth and recoverability of *T. maritimum* reference strains and isolates on each medium used for disk diffusion assays

Medium	<i>T. maritimum</i> reference strains (n = 3)			<i>T. maritimum</i> isolates (n = 29)		
	Growth by diffusion test ^a	Recoverability of inoculum (CFU/ml) ^b	Time (h) to measurement	Growth by diffusion test	Recoverability of inoculum (CFU/ml) ^b	Time (h) to measurement
MA	++	$(9.5 \pm 4.66) \times 10^7$	24	++	$(2.43 \pm 1.02) \times 10^7$	24
FMM	+++	$(4.54 \pm 0.9) \times 10^6$	24	+++	$(3.63 \pm 3.35) \times 10^6$	24
FMMSS	+++	$(2.3 \pm 0.3) \times 10^6$	24	+++	$(3.89 \pm 0.39) \times 10^6$	24
AOA	++	$(1.25 \pm 0.35) \times 10^6$	48	+	$(1.92 \pm 0.61) \times 10^6$	48
AOASS	++	$(1.79 \pm 0.48) \times 10^6$	48	+	$(1.68 \pm 0.012) \times 10^6$	48

^a +++, confluent and well-defined growth around the inhibition zones; ++, less well-defined growth and poorly clear inhibition zones; +, very poor growth.

^b Data are means \pm standard deviations for all replicates of each strain.

Statistical analysis. Differences between zone diameters on the different media compared were tested by applying one-way analysis of variance, with a *P* value of 0.05 indicating statistical significance (33).

RESULTS AND DISCUSSION

The available data on antimicrobial susceptibility testing of some species of fish bacterial pathogens showed that there is no consensus on the basal medium that should be used, giving the impression that an ideal medium for susceptibility testing of fish bacterial pathogens does not exist (12). Alderman and Smith (1) pointed out that there is a pressing need to establish the appropriate medium for some species, although the NCCLS frequently suggests the use of MHA and a modification of that medium for susceptibility testing of new species of fish pathogens; this is the situation with respect to *T. maritimum*. However, no studies have shown that halophilic bacteria like *T. maritimum* are able to grow on the proposed medium, DMHA, supplemented or not with FCS.

When preliminary growth tests with the 29 isolates and the 3 reference strains of *T. maritimum* were performed by inoculating each strain directly onto each medium tested, all *T. maritimum* strains afforded good growth on MA, AOA, and FMM, as well as the versions of AOA and FMM prepared with commercial sea salts (AOASS and FMMSS, respectively). As we expected, due to the known halophilic nature of this bacterium, DMHA, with and without FCS, prepared with distilled water did not support the growth of any of the *T. maritimum* strains tested after 7 days of incubation at 24°C. This finding suggests that the two versions of DMHA cannot be recommended for use for the routine disk diffusion susceptibility testing of *T. maritimum*. In contrast, each batch of DMHA supported the growth of all isolates of *F. columnare* and *F. psychrophilum* tested, showing that it is reliable for the in vitro susceptibility testing of both fish bacterial pathogens, as proposed by Hawke and Thune (17) and Bruun et al. (9), respectively. When each version of DMHA prepared with seawater or sea salts was tested, the *T. maritimum* strains presented no or scant and poorly defined growth.

With the knowledge that MA, AOA, and FMM, as well as the versions prepared with commercial sea salts, allowed the suitable growth of all *T. maritimum* isolates, only these media were used for comparative testing of the five antibacterial agents commonly used in aquaculture for the treatment of marine flexibacteriosis. In fact, these media have been routinely used for the isolation of *T. maritimum* strains from the

external lesions and internal organs of infected fish (2, 4, 10, 11, 34). Although both variants of FMM and AOA, as well as MA, were capable of providing suitable growth conditions for susceptibility testing, in the first 24 h, 36.36% of the *T. maritimum* isolates tested on AOA and AOASS grew too poorly to permit the measurement of zone diameters, and 48 h was required before the results could be read (Table 2). These results agree with the values of recoverability of *T. maritimum* on AOA and AOASS, which were less than those achieved on the other media tested (Table 2). Although the strains grew faster on MA than on AOA or AOASS, poorly defined zones around the disk were produced, leading to inaccuracies in estimations of the inhibition zone sizes. All *T. maritimum* strains displayed fast, clear, and well-defined zones of inhibition only on FMM and FMMSS after 24 h of incubation, even though the numbers of recoverable cells in the inoculum fell below the concentrations recommended by the NCCLS due to the fastidious growth of this microorganism (Table 2). In addition, these zones of inhibition remained stable during the incubation period. These advantages are convenient for rou-

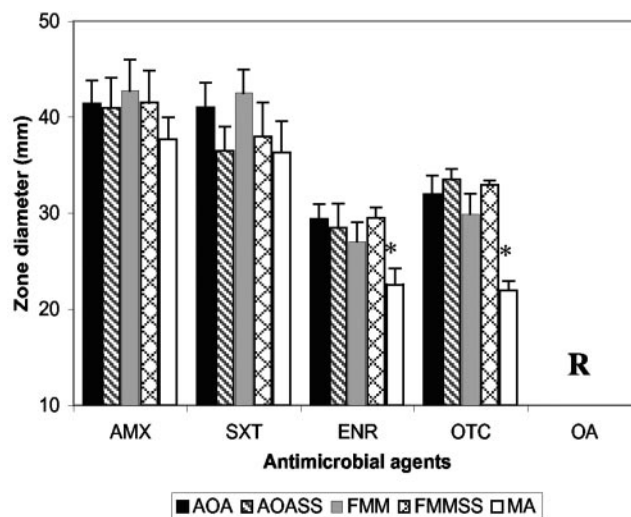


FIG. 1. Comparison of in vitro susceptibilities of 29 strains and 3 reference strains of *T. maritimum* after 48 h of incubation on five different media. All data are means \pm standard deviations of three replicates in which the starting inoculum consisted of strains grown on FMM. Asterisks, significant difference ($P < 0.05$); R, resistance on all media tested.

TABLE 3. MICs of four antimicrobial agents for two *T. maritimum* isolates and reference strains determined with five different agars by Etest method

Antimicrobial agent and medium	MIC (µg/ml)				
	<i>T. maritimum</i> isolates (n = 2)	<i>T. maritimum</i> NCIMB 2154 [†]	<i>T. maritimum</i> NCIMB 2153	<i>T. maritimum</i> NCIMB 2158	<i>E. coli</i> ATCC 25922 ^a
AMX					
MHA	NA ^b	NA	NA	NA	4.0–6.0
AOA	0.064–0.094	0.064–0.094	0.064	0.064	2.0–3.0
AOASS	0.094–0.125	0.064–0.094	0.125–0.19	0.094–0.19	3.0
FMM	0.094–0.75	0.125–0.19	0.064–0.094	0.125–0.19	1.5–3.0
FMMSS	0.064–0.125	0.064–0.094	0.125–0.19	0.094–0.125	2.0–4.0
MA	0.25	0.25–0.38	0.25	0.25	1.5–2.0
SXT^d					
MHA	NA	NA	NA	NA	0.047–0.064
AOA	0.064–1.5	0.012–0.016	0.008–0.016	0.006	0.25–0.36
AOASS	0.023–0.032	0.016	0.016	0.008–0.016	0.094–0.38
FMM	0.094–1.0	0.012–0.016	0.016	0.008–0.016	0.125–0.25
FMMSS	0.012–0.032	0.016	0.012–0.016	0.016–0.023	1.5–3.0
MA	0.023–0.25	0.016–0.032	0.032–0.064	0.023	0.19–0.38
ENR					
MHA	NA	NA	NA	NA	0.008–0.023
AOA	1.5–3.0	0.75–1.0	2.0	1.0–1.5	3.0–6.0
AOASS	0.5–1.0	0.5–0.75	0.75–1.0	0.5–0.75	0.75–1.0
FMM	1.0–1.5	1.0–1.5	0.75–1.0	0.75–1.0	3.0
FMMSS	0.5–1.0	0.38	0.75–1.0	0.5–0.75	1.0–1.5
MA	2.0–3.0	2.0	3.0	1.5–2.0	4.0–8.0
TC^e					
MHA	NA	NA	NA	NA	0.75–1.0
AOA	1.5	1.0	2.0–3.0	1.5–2.0	R ^c
AOASS	0.094–0.125	0.25–0.38	0.25–0.38	0.25–0.38	R
FMM	0.075–1.0	1.5	1.0–1.5	1.0	R
FMMSS	0.25–0.38	0.0094–0.125	0.25–0.38	0.25–0.38	R
MA	3.0–4.0	3.0	4.0	3.0	R

^a Range of MICs obtained after incubation at 22 and 35°C for 16 to 20 h.
^b NA, not applicable.
^c R, resistant.
^d SXT was used with trimethoprim and sulfamethoxazole at a ratio of 1/19.
^e TC, tetracycline.

tine aquaculture operations, since a fast decision on the appropriate treatment can be established (14, 29).

The results of the agar disk diffusion test obtained for all *T. maritimum* isolates suggested that the nature of the culture medium seems to affect the size of the inhibition zones for two of the five drugs analyzed (Fig. 1). Furthermore, the inhibition zone sizes for the 32 *T. maritimum* strains grown on MA with ENR and OTC were significantly lower ($P < 0.05$) than those on the other four media tested. This result is perhaps not

surprising due to the qualitative and quantitative differences in the composition of the MA in comparison with those of the oligotrophic media, mainly in the carbon and nitrogen sources, and the presence of excessive amounts of divalent cations, which are known to affect the susceptibility testing results obtained with tetracycline in other culture media, such as tryptone yeast extract salts agar (25, 26).

Regardless of the differences between MA and the remaining media, all *T. maritimum* strains were totally resistant to OA

TABLE 4. Comparison of in vitro susceptibility testing results for quality control strain *E. coli* ATCC 25922 using MHA and five other media for each antimicrobial agent tested^a

Antimicrobial agent	Inhibition zone diam (mm)					
	MHA	AOA	AOASS	FMM	FMMSS	MA
AMX	23 ± 1.19	24 ± 0	23.56 ± 2.73	31.33 ± 2.31	30.08 ± 2.42	27.33 ± 1.15
SXT	29.12 ± 1.55	0	0	0	0	0
ENR	37.87 ± 1.23	20 ± 0	19.06 ± 2.05	20.67 ± 1.15	19.23 ± 2.05	9.33 ± 1.15
OTC	23.75 ± 0.45	0	0	0	0	0
OA	22.67 ± 1.15	9.33 ± 1.15	9 ± 1.51	0	0	0

^a *E. coli* ATCC 25922 was incubated at 35°C for 16 to 20 h. All data are means ± standard deviations.

and showed susceptibility to AMX and SXT, as reported previously (4, 28), with mean inhibition zone sizes ranging from 36 to 43 mm, depending on the medium used. These findings showed a good overall correspondence with the Etest MICs obtained with AMX and SXT, which ranged from 0.064 to 0.75 and 0.006 to 1.5 µg/ml, respectively, as well as with the higher MICs of ENR and tetracycline recorded (Table 3). The MICs were difficult to compare with published results since the tests were done under conditions and with microbial agents different from those used in other studies. However, our MICs are similar to those previously reported for this bacterium by Baxa et al. (7) and Soltani et al. (34), who used agar dilution procedures. As occurred in the disk diffusion tests, FMM and FMSS provided the best bacterial growth; and consequently, the plates could be read and scored for the MICs after 24 h of incubation, with clear elliptical zones of growth inhibition of *T. maritimum* detected with the drugs tested.

On the other hand, the susceptibility of *E. coli* (ATCC 25922) grown on MHA under standard growth conditions (21) showed acceptable values for all drugs (Table 4). Furthermore, this control organism was also studied with all other media to see whether the pattern of susceptibility to each antimicrobial agent was static or medium dependent. The assays gave consistent results, with significant variations within antimicrobial agents on each type of medium; the *E. coli* strain was placed in the category of resistance to SXT, ENR, OTC, and OA when it was tested on FMM and AOA, as well as the versions of FMM and AOA prepared with commercial sea salts, and MA (Tables 3 and 4). These findings support the fact that the addition of the seawater or divalent cations to the growth medium reduces the diffusion of some drugs from the disks into the agar (26, 37).

In addition, it is important that when the starting inocula of *T. maritimum* were prepared on different media, no influence on the final results of the disk diffusion or Etest assays were detected (data not shown).

In conclusion, we recommend the use of FMM for the susceptibility testing of *T. maritimum* isolates. To avoid dependence on natural seawater, whose composition can vary among geographical areas, FMM prepared with sea salts is also suitable for bacterial isolation as well as for antibiogram procedures. In addition, we consider that the findings reported here must be taken into account in a future revision of NCCLS report M42.

ACKNOWLEDGMENTS

This work was supported in part by grants AGL2003-09307-C02-00 and PETRI95-0657.01.OP from the Ministerio de Ciencia y Tecnología of Spain. R. Avendaño-Herrera also thanks the BID-CONICYT programs of Chile for a research fellowship.

We thank M. Abuín for help with medium preparation. We are grateful to the donors for kindly supplying some of the strains used in this study.

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