

## **PRIONS**



# **Endogenous Brain Lipids Inhibit Prion Amyloid Formation In Vitro**

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**ABSTRACT** The normal cellular prion protein (PrPC) resides in detergent-resistant outer membrane lipid rafts in which conversion to the pathogenic misfolded form is believed to occur. Once misfolding occurs, the pathogenic isoform polymerizes into highly stable amyloid fibrils. In vitro assays have demonstrated an intimate association between prion conversion and lipids, specifically phosphatidylethanolamine, which is a critical cofactor in the formation of synthetic infectious prions. In the current work, we demonstrate an alternative inhibitory function of lipids in the prion conversion process as assessed in vitro by real-time quaking-induced conversion (RT-QuIC). Using an alcohol-based extraction technique, we removed the lipid content from chronic wasting disease (CWD)-infected white-tailed deer brain homogenates and found that lipid extraction enabled RT-QuIC detection of CWD prions in a  $2$ -log<sub>10</sub>-greater concentration of brain sample. Conversely, addition of brain-derived lipid extracts to CWD prion brain or lymph node samples inhibited amyloid formation in a dose-dependent manner. Subsequent lipid analysis demonstrated that this inhibitory function was restricted to the polar lipid fraction in brain. We further investigated three phospholipids commonly found in lipid membranes, phosphatidylethanolamine, phosphatidylcholine, and phosphatidylinositol, and found all three similarly inhibited RT-QuIC. These results demonstrating polar-lipid, and specifically phospholipid, inhibition of prion-seeded amyloid formation highlight the diverse roles lipid constituents may play in the prion conversion process.

**IMPORTANCE** Prion conversion is likely influenced by lipid interactions, given the location of normal prion protein (PrPC) in lipid rafts and lipid cofactors generating infectious prions in in vitro models. Here, we use real-time quaking-induced conversion (RT-QuIC) to demonstrate that endogenous brain polar lipids can inhibit prionseeded amyloid formation, suggesting that prion conversion is guided by an environment of proconversion and anticonversion lipids. These experiments also highlight the applicability of RT-QuIC to identify potential therapeutic inhibitors of prion conversion.

**KEYWORDS** prions, real-time quaking-induced conversion

**T**he normal cellular prion protein (PrPC) is intimately associated with the outer lipid bilayer of the plasma membrane. PrPC is located within detergent-resistant lipid rafts and anchored to the outer membrane through a C-terminal glycophosphatidylinositol (GPI) anchor [\(1](#page-10-0)[–](#page-10-1)[3\)](#page-10-2). This cellular location is believed to be crucial for the conformational misfolding that creates the infectious pathogenic isoform of prion diseases ( $PrP<sup>RES</sup>$ ) [\(4,](#page-10-3) [5\)](#page-10-4). The  $PrP<sup>C</sup>$  pathogenic conformational change to  $PrP<sup>RES</sup>$  has been shown to occur at the cell surface, and disruption of lipid rafts, with the accompanying dispersal of PrPC, prevents prion infection in cultured neurons [\(6](#page-10-5)[–](#page-10-6)[8\)](#page-10-7). Additionally, studies using recombinant PrP<sup>C</sup> to create de novo infectious prion have identified lipids as a cofactor facilitating the pathogenic conversion [\(9\)](#page-10-8). An important finding in

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understanding in vitro prion conversion was the observation that phosphatidylethanolamine (PE) in particular has been isolated as an efficient cofactor of the conversion process for every animal species prion examined [\(10\)](#page-10-9).

Real-time quaking-induced conversion (RT-QuIC) is an amyloid-seeding assay that uses prion amyloid oligomers or fibrils as the seed to initiate amyloid formation and elongation from recombinant PrP<sup>C</sup> (rPrP<sup>C</sup>) substrate, which is detected by thioflavin T (ThT) binding and fluorescence [\(11,](#page-10-10) [12\)](#page-10-11). Similar to other assays using rPrP<sup>C</sup>, amyloid conversion in RT-QuIC is influenced by cofactors and inhibitors present in the test sample milieu. Previous reports (personal and multiple investigators' observations) have consistently demonstrated that higher concentrations of brain homogenate are unable to seed the RT-QuIC reaction, due to presumed inhibitors of the amyloid formation reaction [\(12](#page-10-11)[–](#page-10-12)[14\)](#page-10-13). To analyze brain homogenates for PrPRES seeding activity, samples must be diluted to  $10^{-3}$  or  $10^{-4}$  for initial RT-QuIC detection to achieve a linear dilution range (e.g., from  $10^{-4}$  to  $10^{-7}$ ), consistent with the removal of reaction inhibitors. The identification of these endogenous amyloid formation inhibitors present in certain sample types may not only enhance PrPRES detection by RT-QuIC, but illuminate biologic features of the prion conversion process.

Through the development of methods to detect prion-seeding activity in fixed paraffin-embedded tissues using RT-QuIC (FPE RT-QuIC), we were able to detect amyloid-seeding activity at higher sample concentrations,  $10^{-1}$  and  $10^{-2}$  dilutions, than previously possible for brain homogenates [\(15\)](#page-10-14). We then endeavored to identify the components of brain homogenate responsible for inhibiting the RT-QuIC amyloid formation reaction. Here, we demonstrate that endogenous lipids in brain homogenate inhibit prion-seeded RT-QuIC amyloid formation in vitro. Our data suggest prion conversion in vitro is guided by a balance of proconversion and anticonversion lipids.

#### **RESULTS**

**Identification of lipids as inhibitors of prion-seeded amyloid formation.** Our experiments performed during development of the FPE RT-QuIC method demonstrated that RT-QuIC amyloid seeding was achieved at higher seed concentrations of fixed paraffin-embedded (FPE) samples than had been previously reported using conventional frozen brain to prepare homogenates [\(15\)](#page-10-14). Amyloid seeding in FPE brain-derived samples had a linear detection range extending from  $10^{-1}$  to  $10^{-7}$ , whereas non-FPE frozen brain homogenate samples displayed a linear range extending from  $10^{-4}$  to  $10^{-8}$ , likely due to inhibitors at high concentrations and consistent with published literature [\(Fig. 1A\)](#page-2-0) [\(12,](#page-10-11) [13\)](#page-10-12). In contrast, comparable assay of retropharyngeal lymph node homogenates did not inhibit amyloid formation at high tissue concentrations and successfully seeded RT-QuIC amyloid formation [\(Fig. 1B\)](#page-3-0). These observations indicated that a component of brain homogenates not present to the same degree in lymph node homogenates could inhibit prion-seeded amyloid formation and that the FPE sample preparation protocol was capable of removing this inhibitor.

We then analyzed each component of the FPE RT-QuIC protocol to determine which was responsible for the removal of RT-QuIC reaction inhibitors. To assess the effects of tissue fixation on RT-QuIC amyloid-seeding ability, an unfixed, frozen sample of chronic wasting disease-positive (CWD<sup>+</sup>) obex was fixed in paraformaldehyde-lysine-periodate (PLP) fixative for 48 h prior to homogenization. The PLP CWD<sup>+</sup> brain and standard unfixed frozen brain homogenates were further treated with either a combination of xylene and ethanol or ethanol alone prior to seeding the RT-QuIC [\(Fig. 2A\)](#page-3-0).  $\text{CWD}^+$ PLP-fixed brain homogenate [\(Fig. 2A,](#page-3-0) green) displayed amyloid formation kinetics comparable to those of  $CWD^+$  unfixed, frozen brain homogenate [\(Fig. 2A,](#page-3-0) purple), characterized by the usual inhibition of amyloid formation at  $10^{-1}$  dilution and lower rates of amyloid formation at  $10^{-2}$  dilution, indicating PLP fixation did not remove RT-QuIC reaction inhibitors. However, treatment of both PLP-fixed and unfixed frozen brain homogenates with both xylene and ethanol steps created similar kinetic curves and enabled prion-seeded amyloid formation at  $10^{-1}$  and  $10^{-2}$  dilutions [\(Fig. 2A,](#page-3-0) black and red) that was indistinguishable from that of  $CWD^+$  FPE brain homogenate [\(Fig. 2A,](#page-3-0)



<span id="page-2-0"></span>**FIG 1** RT-QuIC dilutional series of FPE and frozen tissue homogenates. (A) RT-QuIC dilutional series of FPE and frozen brain homogenate samples. The FPE protocol allowed prion-templated RT-QuIC amyloid formation with higher sample seed concentrations, extending the linear range of detection from  $10^{-1}$  to 10<sup>-7</sup>, while inhibitors in higher concentrations of brain homogenates prevented amyloid formation (yellow box). The data are displayed as means and standard errors of the mean (SEM) from 2 experiments with 8 replicates. (B) RT-QuIC dilutional series of FPE and frozen lymph node homogenate samples. In contrast to brain (A), higher concentrations of frozen lymph node homogenates were able to seed the RT-QuIC reaction, similar to FPE lymph node homogenates (yellow box), allowing detection at all dilutions examined, and displayed a linear range from  $10^{-2}$  to  $10^{-6}$ . The data are displayed as means and SEM from 2 experiments with 8 replicates.

blue). To determine which solvent, xylene or ethanol, was most responsible for removing inhibitors, unfixed  $\text{CWD}^+$  brain homogenate was treated with a series of ethanol dilutions. Ethanol treatment produced the highest rate of amyloid formation and displayed a linear dilution range from  $10^{-1}$  to  $10^{-3}$  [\(Fig. 2A,](#page-3-0) orange), and a dilutional series confirmed that the ethanol solvent did not alter amyloid formation kinetics [\(Fig.](#page-3-0) [2B\)](#page-3-0). To evaluate the sample protein recovery following ethanol treatment, we measured the protein concentration of brain homogenate before and after precipitation by a bicinchoninic acid (BCA) assay. Approximately 20 to 40% of the protein was recovered following ethanol precipitation (an average of 2 ethanol precipitations and 6 samples).

Since alcohols are known classic lipid solvents, we hypothesized that brain-derived lipids were inhibiting the RT-QuIC amyloid formation reaction [\(16\)](#page-10-15). To test this hypothesis, we added a commercial preparation of total brain lipid extract to  $\text{CWD}^+$  ethanolprecipitated brain samples approximately equal to physiologic lipid concentrations in brain [\(17\)](#page-10-16). The addition of commercial lipids inhibited amyloid formation in a dosedependent manner, with 6% commercial lipids in chloroform-methanol solvent completely inhibiting all sample dilutions tested and 3% commercial lipids inhibiting amyloid formation only at the  $10^{-1}$  dilution [\(Fig. 3A\)](#page-4-0), confirming that brain-derived lipids can inhibit the RT-QuIC amyloid formation reaction. The negative control  $($ chloroform-methanol solvent $)$  displayed minor inhibition at the  $10<sup>-1</sup>$  dilution but did not abolish prion-seeded amyloid formation.

The detection of amyloid formation in RT-QuIC relies on thioflavin T binding amyloid and subsequent fluorescence. To ensure that the lack of RT-QuIC fluorescence signal following the addition of lipids was due to inhibition of seeded amyloid formation and not inhibition of thioflavin T binding, we analyzed the RT-QuIC reaction products shown in [Fig. 3A](#page-4-0) by Western blotting for prion-templated proteinase K (PK)-resistant amyloid material. Replicates from the  $10^{-1}$  dilution-seeded reactions were pooled and



<span id="page-3-0"></span>**FIG 2** RT-QuIC detection of prion amyloid seeds following different solvent treatments. (A) RT-QuIC prion detection following FPE protocol solvent treatments. CWD+ brain homogenate prion seeding showed inhibition at  $10^{-1}$  and  $10^{-2}$  dilutions. PLP fixation of a CWD<sup>+</sup> sample showed inhibition at  $10$ -to-1 dilution. Treatment of CWD+ brain homogenate and PLP-fixed CWD+ brain homogenate with xylene and ethanol solvents allowed amyloid seeding at all dilutions, comparable to the FPE CWD+ sample. CWD+ brain homogenates treated only with ethanol allowed prion-seeded detection at all dilutions and had the highest rates of amyloid formation. The data are displayed as means and SEM from 2 experiments with 8 replicates. (B) RT-QuIC dilutional series following alcohol treatment. Ethanol treatment removed brain homogenate inhibitors at high concentrations and allowed prion-seeded amyloid formation from  $10^{-1}$ to  $10^{-7}$ . The data are displayed as means and SEM from 2 experiments with 8 replicates.

treated with 10  $\mu$ g/ml PK solution prior to Western blotting. PK-resistant material was observed only in the CWD<sup>+</sup> chloroform-methanol solvent-seeded reaction [\(Fig. 3B\)](#page-4-0), which corresponded to the positive fluorescence signal detected by RT-QuIC. The lack of PK-resistant RT-QuIC products confirmed that total brain lipids inhibited prionseeded amyloid formation and not the detection of amyloid structures.

Next, we assessed the ability of extracted brain lipids to inhibit prion-seeded RT-QuIC amyloid formation in lymph node homogenates that did not contain the same inhibitors. First, we extracted brain lipids from CWD-negative white-tailed deer brain homogenate and added them to ethanol-precipitated CWD<sup>+</sup> brain protein. This produced prion-seeded amyloid formation kinetics similar to those with frozen CWD brain homogenates [\(Fig. 4A\)](#page-5-0). We then added extracted deer brain lipids to ethanolprecipitated CWD<sup>+</sup> retropharyngeal lymph node samples. Prion-seeded amyloid formation in the lymph node treated with extracted deer brain lipids was inhibited at  $10^{-1}$ dilution, whereas the ethanol-precipitated and frozen homogenate of the same lymph node displayed amyloid seeding at the same dilution [\(Fig. 4B\)](#page-5-0). These results further demonstrated that brain-derived lipids could suppress prion-seeded amyloid formation in RT-QuIC.

**Polar lipids are responsible for inhibition of prion-seeded amyloid formation.** We used acetone precipitation to divide endogenous brain lipids into polar and neutral/nonpolar fractions and tested these classes for RT-QuIC inhibitor activity. Ethanol-precipitated CWD<sup>+</sup> brain seeds treated with acetone-extracted polar lipids were inhibited at the  $10^{-1}$  concentration [\(Fig. 5A\)](#page-6-0) but displayed amyloid formation with additional dilution. In contrast, treating the same  $CWD^+$  brain seeds with the neutral/nonpolar lipid fraction resulted in amyloid formation at all dilutions, albeit with a lower formation rate at the  $10^{-1}$  dilution. To confirm these results, CWD<sup>+</sup> brain seeds were treated with commercially prepared polar lipids at physiologic brain concentra-



<span id="page-4-0"></span>FIG 3 Total brain lipid extracts inhibit prion-seeded amyloid formation. (A) RT-QuIC of CWD<sup>+</sup> ethanolprecipitated seeds with commercial total brain lipid extracts. The addition of total brain lipids to ethanol-precipitated CWD<sup>+</sup> brain inhibited RT-QuIC in a dose-dependent manner. The lipid delivery solvent, chloroform-methanol, had a minimal effect on the RT-QuIC reaction. The data are displayed as means and SEM from 2 experiments with 8 replicates. (B) Western blot of RT-QuIC reaction products from 10<sup>-1</sup> seed concentration. The Western blot of RT-QuIC products from the experiment shown in panel A detected only PK-resistant prion-seeded amyloid material from samples seeded with CWD<sup>+</sup> brain– chloroform-methanol solvent (arrow). This result corresponded to the fluorescence observed at this seed dilution (green line, panel A).

tions. The addition of commercial polar lipids inhibited prion-seeded amyloid formation in a dose-dependent manner, with 5% polar lipids showing complete inhibition at all dilutions and with 0.5% inhibiting only the  $10^{-1}$  concentration of prion seeds [\(Fig. 5B\)](#page-6-0), indicating that polar lipids contain the majority of lipid amyloid-forming-inhibitory properties in brain lipid extracts.

**Phospholipids inhibit CWD prion-seeded amyloid formation.** Deleault et al. identified the phospholipid phosphatidylethanolamine as a cofactor in the generation of synthetic infectious prions [\(10\)](#page-10-9). To investigate the potential of phospholipids to induce or inhibit prion-seeded amyloid formation in RT-QuIC, we added 1% solutions of commercially prepared PE, phosphatidylcholine (PC), and phosphatidylinositol (PI) to  $\textsf{CWD}^+$  or  $\textsf{CWD}^-$  ethanol-precipitated brain seeds. All three phospholipids inhibited prion-seeded amyloid formation at the  $10^{-1}$  concentration, and dilution to  $10^{-3}$ restored the conversion reaction [\(Fig. 6\)](#page-6-1). Addition of PE, PC, or PI to recombinant Syrian hamster PrPC (SHrPrP) in unseeded RT-QuIC reactions did not induce amyloid formation (data not shown). These results suggest phospholipids may be the polar lipid component responsible for RT-QuIC inhibition.

## **DISCUSSION**

 $PrP^C$ , like other GPI-anchored surface proteins, resides in lipid rafts within the outer leaflet of the cell membrane, a location that has been shown to be essential for the prion conversion process [\(2,](#page-10-1) [18,](#page-10-17) [19\)](#page-10-18). Lipid raft microdomains are enriched in sphingolipids and cholesterol to maintain structural integrity and coalesce signaling molecules [\(20\)](#page-10-19). Studies have shown that alterations in these components, such as disrupting cellular cholesterol homeostasis or treatment with the enzyme filipin, reduced surface PrP<sup>C</sup> and resulted in decreased formation of PrPRES [\(21](#page-10-20)-[23\)](#page-10-22). In contrast to cholesterol, sphingomyelin depletion in neuroblastoma cell membranes caused an increase in PrPRES through an unknown mechanism [\(24\)](#page-10-23). The membrane lipid environment has been shown to directly promote prion propagation by destabilizing the C-terminal domain, facilitating PrPRES conversion and fibril formation [\(25,](#page-10-24) [26\)](#page-10-25). These studies



<span id="page-5-0"></span>**FIG 4** Deer brain lipids can be extracted and inhibit RT-QuIC. (A) Ethanol precipitation removes white-tailed deer brain lipids. The ethanol extraction protocol was used to remove lipids from CWD<sup>-</sup> brain homogenate. The removed lipids were added to ethanol-precipitated CWD<sup>+</sup> brain homogenate (green) and inhibited the reaction at  $10^{-1}$  and  $10^{-2}$  dilutions with amyloid formation kinetics comparable to those with 10% brain homogenate (blue). The data are displayed as means and SEM from 2 experiments with 8 replicates. (B) Total brain lipids inhibit lymph node-seeded RT-QuIC. Brain lipids extracted from CWD<sup>-</sup> brain homogenate were added to ethanol-precipitated lymph node (LN) prion seeds (green). The addition of lipids inhibited RT-QuIC prion-seeded amyloid formation at Change text to 10<sup>-1</sup> dilution where complete inhibition was not present in the initial lymph node homogenate (red). The data are displayed as means and SEM from 2 experiments with 8 replicates.

highlight the important role lipids play in prion propagation at a cellular level. Prion diseases also alter lipid homeostasis at the whole-organism level. A transgenic-mouse model of scrapie has shown alterations in lipid compositions in the brain in terminal disease [\(27\)](#page-10-26).

The GPI anchor is equally important in the PrP<sup>C</sup> conversion process, as it facilitates PrPC interactions with lipids and supports PrPRES propagation. Cell culture and transgenic-mouse studies have established that the C-terminal GPI anchor is not required for PrPRES formation but is necessary for PrPRES propagation between cells and for cytopathology [\(28\)](#page-10-27). Altering the location of  $PrP<sup>C</sup>$  from the cell surface to the transmembrane domain prevents  $PrP^C$  conversion [\(5,](#page-10-4) [29,](#page-10-28) [30\)](#page-10-29). In in vivo studies, GPI anchorless PrPRES formed large amyloid accumulations in mice without the formation of smaller oligomer and fibril forms [\(31\)](#page-10-30). Thus, the GPI anchor appears to play an important role in the propagation of prion disease.

Interestingly, bacterially produced recombinant prion protein used as the substrate in RT-QuIC and some protein misfolding cyclic amplification (PMCA) experiments lacks posttranslational modifications, including the GPI anchor, and the conversion products displayed variable but generally lower infectivity [\(32](#page-10-31)[–](#page-10-32)[34\)](#page-10-33). Currently, it is unclear whether RT-QuIC can generate infectious prions; further study is needed to investigate how the structure of the recombinant protein substrate may alter the prion-seeded amyloid fibrils produced in RT-QuIC [\(35\)](#page-10-34).

Many of the lipid-protein interactions implicated in prion diseases mirror those described in the pathogenesis of amyloid- $\beta$  (A $\beta$ ) aggregation in Alzheimer's disease. As with PrPC, the amyloid- $\beta$  precursor protein (APP) is an integral plasma membrane protein, although APP contains a transmembrane domain instead of a GPI anchor [\(36,](#page-10-35) [37\)](#page-10-36). The lipid environment surrounding APP and the secretase enzymes that perform its



<span id="page-6-0"></span>**FIG 5** Polar lipids inhibit prion-seeded amyloid formation. (A) Acetone fractionation of total brain lipid extracts. Acetone was used to fractionate total brain lipids into polar lipids, contained in the pellet, and nonpolar lipids, contained in the supernatant. The addition of the pelleted lipid fraction to ethanolprecipitated CWD<sup>+</sup> seeds inhibited RT-QuIC at  $10^{-1}$  dilution, whereas addition of the acetone supernatant resulted in only minor inhibition of RT-QuIC at the same dilution. The data are displayed as means and SEM from 2 experiments with 8 replicates. (B) Commercial polar lipids inhibit RT-QuIC. Adding commercially prepared polar lipids to ethanol-precipitated CWD<sup>+</sup> seeds caused inhibition of amyloid formation in a dose-dependent manner with complete absence of amyloid formation at a 5% lipid concentration and no inhibition at a 0.5% lipid concentration. The data are displayed as means and SEM from 2 experiments with 8 replicates.

posttranslational processing impact the form of  $AB$  produced at the plasma membrane, and while APP is not a permanent resident, when located in lipid rafts it is more likely to be cleaved by  $\gamma$ -secretase and result in amyloidogenic forms [\(38](#page-10-37)[–](#page-11-0)[41\)](#page-11-1). The influence of the lipid raft location on A $\beta$  formation is also determined by cholesterol, and an increase in cholesterol shifts toward A $\beta$  aggregations [\(42,](#page-11-2) [43\)](#page-11-3). Similar to the influence on the prion conversion process, membrane lipids can also destabilize the  $\mathsf{A}\beta$  conformational structure and induce the protein to acquire an additional  $\beta$ -sheet, which increases fibrillization and aggregation [\(44,](#page-11-4) [45\)](#page-11-5). With the similarities in proamyloid protein-lipid interactions in prion and Alzheimer's diseases, it would be interesting to



<span id="page-6-1"></span>**FIG 6** Phospholipids inhibit prion-seeded amyloid formation. The phospholipids PE, PC, and PI inhibit prion-seeded amyloid formation. The addition of 1% phospholipid solutions containing PE, PC, or PI to ethanol-precipitated CWD+ seeds caused complete inhibition at  $10^{-1}$  dilution and allowed amyloid formation following dilution to 10<sup>-3</sup>. The data are displayed as means and SEM from 2 experiments with 8 replicates.

investigate whether the inhibitory lipid function we have identified in the RT-QuIC model can cross protein species.

Not only does the lipid bilayer influence protein misfolding, it may also contribute to prion pathology, as toxic nonfibrillar prion oligomers have been shown to directly interact with membrane lipids [\(46,](#page-11-6) [47\)](#page-11-7). Proposed mechanisms of toxicity include prion oligomer membrane insertion as pores or channels, similar to  $A\beta$  in Alzheimer's disease pathology [\(47,](#page-11-7) [48\)](#page-11-8); detergent-like activity, similar to islet amyloid precursor protein in diabetes pathology [\(49\)](#page-11-9); and prion fibrillization on the surfaces of lipid rafts, leading to a functional loss of membrane domain organization [\(50\)](#page-11-10). These toxic interactions appear to depend on the composition of the lipid bilayer. The ability of amyloid- $\beta$  to form pores and fragment lipid bilayers depends on the presence of gangliosides [\(48\)](#page-11-8). Studies altering the content of anionic cellular membrane lipids induced a switch in prion oligomer membrane interactions from micelle formation to increased formation of fibrils on lipid microdomains [\(50\)](#page-11-10). Membrane lipids, specifically PE, have been shown to act as a cofactor in prion protein conversion in vitro by facilitating protein structural changes [\(10,](#page-10-9) [51\)](#page-11-11). Taken together, these studies and the data presented illustrate a variety of roles for lipids in the prion conversion process and suggest that the composition of the lipid environment may be a crucial component of prion pathology.

In contrast to studies describing the stimulatory effect of PE on prion conversion, we found the addition of phospholipids, including PE, inhibited RT-QuIC amyloid formation [\(10\)](#page-10-9). One potential explanation is the inherent differences in the PMCA and RT-QuIC assays used in the experiments. Investigations of the amyloid products produced by PMCA sonication have described a diverse population of conformers, including small oligomers, which may be more infectious than large aggregates [\(32,](#page-10-31) [52\)](#page-11-12). Examinations of RT-QuIC products have demonstrated amyloid fibrils; however, full characterization of the sizes and types of fibrils remains to be done [\(35,](#page-10-34) [53,](#page-11-13) [54\)](#page-11-14). A second difference between the present studies and those of Deleault et al. is the sequence of the recombinant protein used as the assay substrate [\(10,](#page-10-9) [12\)](#page-10-11). The recombinant protein used in our RT-QuIC experiments lacks the N-terminal domain, in addition to posttranslational modifications, and previous studies have shown that the N-terminal domain can influence prion conversion [\(55\)](#page-11-15). Further investigations into how lipids interact with PrPC in RT-QuIC would be helpful in understanding these different assay results.

Investigations of potential prion disease therapeutics have identified molecules that abolish or limit prion conversion, similar to our observations following the addition of lipids to RT-QuIC seeded reactions, and can provide insight into potential mechanisms of action. Glycosaminoglycans and the azo dye Congo red mechanistically decrease PrPRES formation by competitive inhibition. Both have been shown to bind PrPC and to decrease its availability for PrPRES interaction and prion conversion [\(56,](#page-11-16) [57\)](#page-11-17). Congo red has also been shown to hyperstabilize prion amyloid fibrils, which prevents fragmentation and seeded amyloidogenesis [\(58,](#page-11-18) [59\)](#page-11-19). Our Western blotting data [\(Fig. 4\)](#page-5-0) show a lack of PK-resistant RT-QuIC products, which suggests that polar lipids interfere with the prion conversion process; however, the exact mechanism by which conversion is inhibited requires further investigation.

Our experiments highlight a potential exciting use of RT-QuIC to investigate molecules that can alter prion conversion kinetics. Currently, investigations into potential therapeutics are limited to cell culture assays and costly animal bioassays [\(60\)](#page-11-20). A modified PMCA technique using recombinant protein, as well as other amyloid-seeding assays, have previously been used in a limited number of prion conversion cofactor investigations [\(10\)](#page-10-9). We show that the different alcohol-based solvents used to deliver lipids did not themselves alter RT-QuIC amyloid formation kinetics. Additional study is needed to establish the robustness of real-time conversion methodology when used with a variety of delivery solvents or compounds. However, the ease and highthroughput nature of RT-QuIC can facilitate widespread screening for molecules that inhibit prion amyloid formation [\(61\)](#page-11-21).

In summary, we have demonstrated that endogenous brain polar lipids can inhibit prion amyloid conversion in vitro. This appears to be the first identification of an

inhibitory (or possibly regulatory) function of lipids and suggests prion conversion is a balance of proconversion and anticonversion lipid environments. Future experiments aim to identify which class of endogenous lipids or individual lipids contain the inhibiting function, how lipid moieties may influence which cells are permissive to prion infection, and whether the lipid environment can play a role in the generation of prion strains.

#### **MATERIALS AND METHODS**

**Cervid tissue samples.** Brain and lymph node samples were harvested from white-tailed deer experimentally inoculated intranasally with CWD<sup>+</sup> brain, or CWD<sup>-</sup> brain as a negative control [\(62\)](#page-11-22). Deer were cared for and experimental studies were carried out in strict accordance with Colorado State University Institutional Animal Care and Use Committee-approved protocols. All CWD+ animals were allowed to progress to terminal disease prior to euthanasia and necropsy. At necropsy, each tissue sample was collected with individual, single-use, prion-free instruments to avoid cross-contamination and divided into sections for freezing at -80°C until use or fixation. Ten percent (wt/vol) tissue homogenates in  $1 \times$  Dulbecco's phosphate-buffered saline (DPBS; Life Technologies) were prepared using zirconium oxide beads and a Blue Bullet Blender (Next Advance) tissue homogenizer.

**Recombinant Syrian hamster PrPC protein substrate purification.** Purification of the recombinant, truncated (residues 90 to 231) SHrPrP used as the substrate in RT-QuIC was performed as previously described [\(15,](#page-10-14) [63\)](#page-11-23). Escherichia coli BL21 Rosetta (Novagen) containing the truncated protein construct was cultured from a glycerol stock at 37°C in lysogeny broth (LB) medium with the selection antibiotics kanamycin and chloramphenicol to express SHrPrP until the culture optical density at 600 nm (OD<sub>600</sub>) reached at least 2.5. E. coli cell lysis was carried out using Bugbuster reagent supplemented with Lysonase (EMD Biosciences) according to the manufacturer's recommended protocol. Inclusion bodies were harvested by centrifugation at 15,000 rpm and dissolved in solubilization buffer (8 M guanidine hydrochloride, 100 mM  $Na<sub>2</sub>HPO<sub>4</sub>$ ) prior to application to nickel-nitrilotriacetic acid (Ni-NTA) flow resin (Qiagen) that had been previously equilibrated with denaturation buffer (6 M guanidine hydrochloride, 100 mM Na<sub>2</sub>HPO<sub>4</sub>, 10 mM Tris, pH 8.0). The Ni-NTA resin–SHrPrP was loaded onto an XK16-60 column (GE Healthcare) and purified using Bio-Rad Duoflow fast protein liquid chromatography (FPLC). To induce protein refolding, a gradient from denaturation buffer to refolding buffer (100 mM Na<sub>2</sub>HPO<sub>4</sub>, 10 mM Tris, pH 5.5) was applied. Refolding was followed by a gradient from refolding to elution buffer (100 mM Na<sub>2</sub>HPO<sub>4</sub>, 10 mM Tris, 0.5 M imidazole), and fractions from the elution peak were pooled and dialyzed against two 4-liter changes of buffer (20 mM NaH<sub>2</sub>PO<sub>4</sub>, pH 5.5) overnight. The final protein concentration was calculated by measuring the  $A_{280}$  and using a coefficient of extinction of 25,900 in Beer's law (absorbance = coefficient  $\times$  length  $\times$  concentration). The purified SHrPrP was stored at 4°C until use.

**RT-QuIC.** RT-QuIC was performed as previously described [\(63,](#page-11-23) [64\)](#page-11-24). Tissue homogenates and ethanolprecipitated samples with lipids were diluted in 0.1% sodium dodecyl sulfate (SDS)-1 $\times$  PBS to the desired concentration. The RT-QuIC reaction was performed by adding 2  $\mu$ I of diluted sample to a buffer containing 20 mM NaH<sub>2</sub>PO<sub>4</sub>, 320 mM NaCl, 1.0 mM EDTA, 1 mM ThT, and 0.1 mg/ml SHrPrP in one well of a black, optical-bottom, 96-well plate (Nunc). RT-QuIC experiments were carried out in a BMG Labtech Polarstar fluorometer with cycles of 1 min of shaking (700 rpm; double orbital) followed by 1 min of rest, repeated for 15 min. ThT fluorescence was read (excitation, 450 nm; emission, 480 nm; gain, 1,700) at the conclusion of each 15-min shake/rest cycle, and each well was measured with 20 flashes per well, with an orbital average of 4. Each RT-QuIC experiment was performed for a minimum of 100 cycles. RT-QuIC amyloid formation was determined to be positive if the fluorescence exceeded a threshold determined to be 5 standard deviations above the average baseline fluorescence. RT-QuIC amyloid formation rates were calculated as the inverse of the lag time before fluorescence reached the threshold described above.

**Lipid extraction from brain homogenates.** Lipids were extracted from 10% brain homogenates using a modification of the method of Folch et al. [\(65,](#page-11-25) [66\)](#page-11-26). Briefly, 100  $\mu$ l of a 10% brain homogenate was incubated with 900  $\mu$ l of 100% ethanol at room temperature for 5 min. Following incubation, brain homogenate-alcohol solutions were centrifuged at 15,000 rpm for 5 min to precipitate proteins. The ethanol supernatant was saved, and the alcohol extraction process was repeated. The pooled ethanol supernatants were dried under a stream of nitrogen gas prior to resuspension in 100  $\mu$ l of a chloroform-methanol solution (2:1) to maintain the original concentration [\(Fig. 7A\)](#page-9-0). Extracted lipids in the chloroform-methanol solvent were added to the precipitated proteins from tissue samples [\(Fig.](#page-9-0) [7B\). Commercially purchased total brain lipid extract \(porcine\), polar brain lipid extract \(porcine\), and the](#page-9-0) [phospholipids phosphatidylethanolamine \(brain; porcine\), phosphatidylcholine \(brain; porcine\), and](#page-9-0) [phosphatidylinositol \(liver; bovine\) \(Avanti Polar Lipids\) were dissolved in chloroform-methanol solvent](#page-9-0) [\(2:1\) immediately prior to use to create the desired weight/volume concentration and added to](#page-9-0) [ethanol-precipitated tissue samples.](#page-9-0)

[The protein concentrations of brain and lymph node samples before and after ethanol precipitation](#page-9-0) [were compared using BCA assays \(Pierce BCA Protein Assay kit; Thermo Scientific\). The BCA assays were](#page-9-0) [performed according to the manufacturer's instructions, with each sample and standard tested in](#page-9-0) [triplicate, and optical density was measured with an Opsys MR microplate reader \(Dynex Technologies\).](#page-9-0)

**Isolation of polar lipids.** Total brain lipid extracts were separated into polar and neutral/nonpolar fractions by acetone precipitation. An approximately 20 $\times$  to 30 $\times$  volume of 100% acetone was used to suspend dried total lipid extracts and incubated on ice for 1 h. The acetone-lipid mixture was centrifuged at 15,000 rpm for 5 min to pellet polar lipids. The entire procedure was repeated, and the acetone



<span id="page-9-0"></span>**FIG 7** Overview of methods. (A) Lipid extraction from 10% brain homogenate. Brain homogenate was treated with 100% ethanol (EtOH), and the proteins were pelleted by centrifugation. The ethanol supernatant and its dissolved contents were removed and dried under a stream of nitrogen gas. (B) Sample preparation for RT-QuIC. Dried alcohol extracts were resuspended in chloroform-methanol solvent. The resuspended extracts were combined with alcohol-precipitated proteins (A) for use in the RT-QuIC assay.

supernatants were combined. The lipid pellets and acetone supernatants were dried under a stream of nitrogen gas prior to resuspension in chloroform-methanol solvent (2:1) in volumes equivalent to that of the starting material to maintain physiologic concentrations. Acetone -fractionated lipids were added to ethanol-precipitated proteins to seed the RT-QuIC reaction, as previously described.

**FPE RT-QuIC.** FPE tissue blocks were processed, and proteins were extracted as previously described [\(15\)](#page-10-14). Briefly, a microtome (Leica) was used to cut 8- to 10- $\mu$ m-thick paraffin-embedded tissue-wax curls from paraffin blocks. The tissue-wax curls were treated sequentially with xylene to remove the paraffin, with a series of graded alcohol washes (100%, 95%, and 70%) to rehydrate the tissue sections, and with a final  $1\times$  PBS wash to remove any remaining solvents, with a 5-min centrifugation at 15,000 rpm to pellet tissue pieces between the wash steps. Rehydrated FPE tissue samples were homogenized in  $1\times$ PBS to create a standard 10% (wt/vol) concentration, using a bead homogenizer as described above. FPE homogenates were diluted in RT-QuIC dilution buffer (0.1% SDS-1 $\times$  PBS) to the desired concentration prior to RT-QuIC analysis.

**Western blotting of RT-QuIC products.** Protease-resistant amyloid products of the RT-QuIC reaction were detected by Western blotting. The RT-QuIC products were collected at the completion of the assay by washing each well with the RT-QuIC reaction buffer and combining replicates seeded by the same sample. Nine microliters of collected RT-QuIC products was digested with PK at a final concentration of 1  $\mu$ g/ml and incubated at 37°C for 30 min with shaking, followed by 45°C for 10 min with shaking. Samples were mixed with reducing agent-LDS sample buffer (Invitrogen), heated at 95°C for 5 min, and then electrophoresed through a NuPAGE 10% Bis-Tris gel (Invitrogen) at 135 V for 1.5 h. The proteins were transferred to a polyvinylidene difluoride (PVDF) membrane using the Transblot Turbo system (Bio-Rad) following the manufacturer's instructions. The membrane was loaded into a prewetted SNAP i.d. blot holder (Millipore) and then sequentially blocked with blocking buffer (blocker casein in Tris-buffered saline [TBS] [Thermo-Scientific] and 0.1% Tween 20 [Sigma]) for 3 min and probed with the antibody BAR224 (Caymen Chemical) conjugated to horseradish peroxidase (HRP) and diluted to 0.2  $\mu$ g/ml in blocking buffer for 10 min. The antibody was removed by vacuuming through the membrane using the SNAP i.d. system (Millipore), and the membrane was washed three times with 30 ml wash buffer (50% blocker casein in TBS, 50%  $1\times$  TBS, 0.1% Tween 20) with continuous vacuuming. The membrane was developed with ECL Plus Western blotting detection reagents (GE) and viewed on a luminescent image analyzer (LAS-3000; GE).

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